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**Identification of the primary peptide inhibitor contaminant of  
fibrillation and toxicity in synthetic Amyloid- $\beta$ 42**

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31

## 32 **Abstract**

33 Understanding the pathophysiology of Alzheimer disease has relied upon the use of  
34 amyloid peptides from a variety of sources, but most predominantly synthetic peptides  
35 produced using t-butyloxycarbonyl (Boc) or 9-fluorenylmethoxycarbonyl (Fmoc)  
36 chemistry. These synthetic methods can lead to minor impurities which can have  
37 profound effects on the biological activity of amyloid peptides. Here we used a  
38 combination of cytotoxicity assays, fibrillation assays and high resolution mass  
39 spectrometry (MS) to identify impurities in synthetic amyloid preparations that inhibit  
40 both cytotoxicity and aggregation. We identify the A $\beta$ 42 $\Delta$ 39 species as the major  
41 peptide contaminant responsible for limiting both cytotoxicity and fibrillation of the  
42 amyloid peptide. In addition, we demonstrate that the presence of this minor impurity  
43 inhibits the formation of a stable A $\beta$ 42 dimer observable by MS in very pure peptide  
44 samples. These results highlight the critical importance of purity and provenance of  
45 amyloid peptides in Alzheimer's research in particular, and biological research in  
46 general.

47

## 48 **Introduction**

49 Since introduction of the amyloid hypothesis of AD over 20 years ago[1], an  
50 overwhelmingly large literature has accumulated, cementing the central importance of  
51 A $\beta$ 42 in the mechanism of the disease [2,3,4,5,6,7]. Due to its causal role in AD, the  
52 A $\beta$ 42 peptide is a favored tool to model the disease mechanisms and phenotypes.  
53 Synthetically derived A $\beta$ 42 (sA $\beta$ 42) has been widely used in animal models and cell

54 culture systems to aid in understanding the biological targets and pathological  
55 mechanisms of AD. The sA $\beta$ 42 is also heavily used for *in vitro* characterization of the  
56 basic biophysical properties which imbue A $\beta$ 42 with such unique and toxic potency.  
57 While the synthetic peptide has unquestionably proven to faithfully recapitulate much  
58 disease-relevant molecular and physiological pathology, data generated in these  
59 models notably suffer from poor reproducibility[8]. Because of its extreme propensity to  
60 aggregate in solution, harsh conditions are typically employed in the handling of A $\beta$ 42 to  
61 keep it soluble for use in various assays. These include concentrated urea, strong base,  
62 guanidine and even organic solvents such as hexafluoro-2-isopropanol (HFIP). However,  
63 no single method is standard in the field. Seeding further variability, numerous  
64 conflicting methods are used in quantifying A $\beta$ 42 concentration, including ELISA,  
65 Absorbance 280, and BCA assays. Beyond these complications in handling A $\beta$ , it is  
66 now becoming evident that the source and purity of the peptide can have major impacts  
67 on its performance in functional assays [8,9]. While sA $\beta$ 42 is widely available from many  
68 manufacturers and has been used ubiquitously for many years, peptides produced via  
69 recombinant methods in bacteria are now emerging as an interesting alternative.  
70 Previous studies indicated that sA $\beta$  peptide contains impurities that alter its  
71 neurotoxicity and ability to aggregate[9]. Here we have validated those findings and  
72 extended the line of questioning to determine the identity of the contaminants which  
73 appear to inhibit the toxic activities of A $\beta$ 42. Through both discovery-oriented and  
74 candidate-based approaches, we have found that a failed valine-valine coupling at  
75 position 39-40 in A $\beta$ 42 produces a truncated peptide that co-purifies with full-length  
76 A $\beta$ 42 and is a potent inhibitor of its aggregation and cytotoxic activity. These results

77 mandate that future assays using sA $\beta$ 42 should ensure that this impurity is removed and  
78 we propose that this truncated A $\beta$  derivative, and analogues thereof, merits further  
79 investigation in bioassays to characterize its potentially therapeutic properties against  
80 Alzheimer's disease.

81

## 82 **Results**

83

### 84 **Synthetic A $\beta$ 42 Exhibits Reduced Toxicity**

85 Motivated by reports of divergent functional properties between recombinant and  
86 synthetic A $\beta$ 42[9], we sought to directly compare their cytotoxic potency. Samples of  
87 synthetic and recombinant A $\beta$ 42 were prepared as a monomer by solubilizing in  
88 hexafluoroisopropanol (HFIP) and re-drying to film under inert gas flow. The films were  
89 re-solubilized in 10 mM NaOH to prevent aggregation and diluted into culture medium  
90 immediately prior to application. The concentration of each peptide sample was  
91 determined by BCA assay in a method that has been independently verified by SDS-  
92 PAGE, UV-Vis spectroscopy and amino acid analysis. The popular pheochromocytoma-  
93 derived cell line PC12 was used in a toxicity assay because it is known to express many  
94 neuronal proteins and is easily amenable to high throughput bioassays. A concentration  
95 series of recombinant and synthetic peptide as well as the NaOH vehicle was prepared  
96 and applied to cells for 24 hours. At the endpoint, a standard MTT viability assay was  
97 performed (**Error! Reference source not found.**). We found that recombinant A $\beta$ 42  
98 was potentially toxic to the neuron-like PC12 cells, inducing measurable toxicity as low as  
99 25 nM with an apparent LD<sub>50</sub> of 190 nM. In contrast, the toxicity of the synthetic peptide  
100 was significantly lower, with an apparent LD<sub>50</sub> of 280 nM.

101

102 **Fig 1: Recombinant A $\beta$ 42 is more cytotoxic than synthetic A $\beta$ 42.** MTT survival  
103 assay after 24h of peptide treatment at indicated concentrations. Averages from two  
104 experiments and six replicates. Error bars represent SEM. A pairwise T-test across all  
105 dose series gave a p=0.004 comparing the synthetic (SYN) and recombinant (REC), a  
106 p=0.001 comparing REC and vehicle (VEH), and a p=0.06 comparing SYN to VEH.

107

### 108 **Synthetic A $\beta$ 42 Exhibits Qualitatively Different Fibrillation Characteristics**

109 The aggregation behavior of A $\beta$ 42 is well documented and highly investigated, but the  
110 relationship between this behavior and the protein's acute cytotoxicity is not entirely  
111 clear. Therefore, negative stain electron microscopy was used to determine if there  
112 were structural correlates of the reduced toxicity displayed by sA $\beta$ 42. Accordingly,  
113 rA $\beta$ 42 and sA $\beta$ 42 stocks at 10  $\mu$ M were diluted to 1  $\mu$ M in phosphate buffered saline  
114 (PBS pH 7.4) to induce aggregation. Samples were removed for imaging after 60  
115 minutes and analyzed by negative stain electron microscopy (**Error! Reference**  
116 **source not found.**). Both samples show aggregation into fibrils however the rA $\beta$ 42  
117 shows longer fibrils with little branching. In contrast the sA $\beta$ 42 displayed shorter more  
118 branched clumps of fibrils

119

120 **Fig 2: Recombinant A $\beta$ 42 displays more uniform fibril formation than synthetic**  
121 **A $\beta$ 42.** Negative stain EM analysis of recombinant A $\beta$ 42 (left) versus synthetic A $\beta$ 42  
122 (right).

123

124 **Synthetic A $\beta$ 42 exhibits quantitatively different fibrillation dynamics**

125 After observing qualitative differences in the morphology of aggregating fibrils of r A $\beta$ 42  
126 and sA $\beta$ 42, we sought to determine if differences might also exist in the quantitative  
127 dynamics of fibrillation. To this end we performed a standard fluorescence-based assay  
128 to track the kinetics of aggregation in real-time. Thioflavin T (ThT) is a benzothiazole  
129 dye that binds specifically to fibrillar A $\beta$  and has been used for many years as a marker  
130 in histological identification of A $\beta$  plaques in brain tissue. ThT binds an interaction  
131 surface unique to A $\beta$  fibrils whereupon its fluorescence emission is greatly enhanced<sup>109</sup>.  
132 Thus an increase in ThT signal represents increased binding to fibrils and is therefore a  
133 direct readout for aggregation. Using the ThT dye assay, we observed distinct  
134 aggregation dynamics between rA $\beta$ 42 and sA $\beta$ 42 (**Error! Reference source not**  
135 **found.**). The kinetics of aggregation is set apart by two features of the fluorescent  
136 traces. Firstly, the lag time to reach the half-maximal signal,  $t_{1/2}$ , is about 10% longer in  
137 the sA $\beta$ 42 reaction indicating alterations to the early aggregation steps. Secondly, the  
138 fast-phase aggregation trajectory is less steep for the sA $\beta$ 42. Together with the EM  
139 data, this indicates that the more highly branched fibrils observed in the synthetic  
140 sample form with reduced kinetics when compared to the more linear fibrils of  
141 recombinant peptide (**Error! Reference source not found.2**).

142

143 **Fig 3: Aggregation of Recombinant, Synthetic and Mixed A $\beta$ 42.** ThT fluorescence  
144 trace of A $\beta$ 42 aggregation. REC is recombinant and SYN is synthetic A $\beta$ 42.

145

146 **Mutations within the A $\beta$ 42 Glycine Zipper Motif Alter Fibrillation and Toxicity**

147 We have observed that the ability of A $\beta$ 42 to aggregate correlates with its toxicity. This  
148 correlation has been noted before[9,10,11], however it is not clear by what mechanism  
149 the tendency toward fibrillation would drive toxicity. To further explore this connection,  
150 we assayed if manipulations which impact aggregation behavior could also alter toxicity.  
151 For this experiment we utilized the G37L mutant of the A $\beta$ 42 peptide. This mutation  
152 disrupts the glycine zipper motif (**Fig 4**) that is important for the normal homo-  
153 oligomerization of A $\beta$ 42[10,12]. It has been observed that the G37L mutant peptide can  
154 act as a dominant negative in an aggregation assay[9,10,13]. Thus, we performed a 1:1  
155 mixing experiment between wild-type and G37L A $\beta$ 42 and applied this peptide to PC12  
156 cells in the same toxicity experiment as above (**Error! Reference source not**  
157 **found.**). We found that the G37L peptide exhibited a protective effect from A $\beta$ 42  
158 toxicity (**Fig 5**). This result supports the claim that features of A $\beta$ 42 involved in  
159 oligomerization are also important in toxicity.

160

161 **Fig 4: Sequence and Features of Human A $\beta$ 42.** Sequence of human A $\beta$ 42 peptide.  
162 Histidine residues highlighted in yellow. Glycine 37 highlighted in blue. Valine 39  
163 highlighted in red. Purple bar indicates sequence derived from the transmembrane  
164 domain of APP. Blue curved lines indicated glycine zipper motif.

165

166 **Fig 5: A $\beta$ 42 G37L Protects from Toxicity as Dominant Negative.** Wild-type  
167 recombinant A $\beta$ 42 was mixed in an equimolar ratio with A $\beta$ 42 G37L. PC12 cells were  
168 treated for 24 hours and viability was assayed by MTT. Bars represent 6 replicates.  
169 Error bars represent SEM. A pairwise T-test across all dose series gave a p=0.06

170 comparing the recombinant (REC) and recombinant doped with the G37L mutant (REC  
171 + G37L).

172

173 From multiple manufacturers, a typical lot of commercial A $\beta$ 42 peptide is stated as  
174 >95% pure. Assuming these numbers are accurate, two distinct scenarios could explain  
175 the disparity in aggregation dynamics and toxicity between recombinant and synthetic  
176 A $\beta$ 42. One possibility is that some contaminant in the recombinant peptide is  
177 responsible for its comparatively enhanced toxicity and aggregation behavior. If it were  
178 possible to identify this contaminant and add it to the synthetic A $\beta$ 42, increased  
179 performance of the synthetic peptide would be expected. The other possibility is that a  
180 minority product present in the synthetic peptide is inhibiting its natural aggregation and  
181 toxicity. To distinguish between these possibilities, a doping experiment was performed  
182 in which a small amount (5% mole fraction) of synthetic peptide was added to the  
183 recombinant peptide and subjected to aggregation analysis by ThT fluorescence. If a  
184 contaminant of the recombinant peptide were responsible for its enhanced aggregation  
185 behavior compared to the synthetic peptide, then no change in dynamics would be  
186 expected; but if an inhibitor of aggregation were present in the synthetic peptide, it  
187 should still be able to produce a measurable effect even diluted 20 fold. Strikingly, we  
188 observed that only 5% of the synthetic peptide was sufficient to perturb the normal  
189 dynamics of A $\beta$ 42 aggregation (**3**). Both the time to  $t_{1/2}$  and slope of rapid aggregation  
190 phase indicate that the dynamics of aggregation have indeed been altered by the  
191 minority species present in the synthetic peptide. In contrast, 5% doping of recombinant  
192 A $\beta$ 42 into the synthetic peptide was not able to improve aggregation behavior (**Error!**



193 **Reference source not found.**), again suggesting the sA $\beta$ 42 contains an inhibitor of  
194 aggregation. We next used this doping strategy to assess toxicity of A $\beta$ 42 mixtures in  
195 PC12 cells. In agreement with our ThT data, just a small dose of synthetic peptide was  
196 capable of reducing the toxicity of the recombinant peptide by a measurable amount  
197 (**Fig**), further confirming the potency of the inhibitory species present in the synthetic  
198 A $\beta$ 42 preparation.

199  
200 **Fig 6: Synthetic A $\beta$ 42 Contains a Potent Inhibitor of Toxicity.** MTT toxicity assay of  
201 PC12 cells treated with recombinant A $\beta$ 42  $\pm$  5% synthetic A $\beta$ 42. Assay performed in  
202 triplicate, error bars represent SEM. A pairwise T-test across all dose series gave a  
203  $p=0.007$  comparing the recombinant (REC) and recombinant doped with 5% synthetic  
204 (REC + SYN).

205  
206 **IDENTIFICATION OF A $\beta$  INHIBITORS**  
207 Our data indicate that a potent inhibitor of both the aggregation (**Error! Reference**  
208 **source not found.**) and toxicity (**Fig 6**) of A $\beta$ 42 exists as a minority product present in  
209 the commercially obtained synthetic peptide. This finding has wide implications due to  
210 the ubiquitous use of synthetic A $\beta$ 42 in AD research. However, due to the recent  
211 commercial availability of recombinant A $\beta$ 42, it may not be necessary to improve upon  
212 commercial synthesis and purification to avoid these inhibitory contaminants. Instead,  
213 these unknown inhibitors may prove valuable as a starting point for the rational design  
214 of molecules for therapeutic intervention in AD. Furthermore, these inhibitors serve as a

215 unique and novel tool for probing the relationship between A $\beta$ 42 aggregation and  
216 toxicity.

217 We began our study of the contaminants of synthetic A $\beta$ 42 by optimizing a  
218 chromatographic method for both purification and analysis. We found conditions under  
219 which we could elute peaks of recombinant A $\beta$ 42 from a C8 reverse-phase column in a  
220 mobile phase of acetonitrile with TFA as a counter ion. We then used this method to  
221 analyze the synthetic A $\beta$ 42 sample for the presence of contaminants. The same sharp  
222 main peak existed, however a number of additional minor peaks were observed. There  
223 was a distinct peak that eluted just before the main peak, as well a significant shoulder  
224 on both the leading and trailing edges of the main peak (**Fig 7**).

225

226 **Fig 7: HPLC Analysis of Recombinant and Synthetic A $\beta$ 42.** RP-HPLC of  
227 recombinant and synthetic A $\beta$ 42 reveals contaminants in synthetic preparation. 10  $\mu$ g of  
228 each peptide sample was loaded. Fractions collected from synthetic sample are  
229 indicated 1, 2 and 3 by dashed lines.

230

231 We also analyzed both recombinant and synthetic peptide samples by MALDI-TOF  
232 mass spectrometry (**Fig 8**). This analysis revealed that the synthetic peptide sample  
233 contains a diverse collection of contaminants; however due to their relatively low  
234 abundance no specific identifications from this MALDI-TOF cocktail were possible. Most  
235 of the contaminants appear within approximately 400 mass units of the main peak,  
236 corroborating previous suggestions [6] that they may be byproducts of synthesis related

237 to the majority product. A loss or addition of one to three residues would result in  
238 truncated or augmented peptides consistent with the observed sizes of contaminants.

239

240 **Fig 8: MALDI Mass Spectra of A $\beta$ 42 Samples.** MALDI-TOF spectra reveal major  
241 contaminants in synthetic A $\beta$ 42 sample.

242

243 It has been reported that synthetic A $\beta$ 42 contains a significant fraction (>1%) of D-  
244 histidine that is suggested to be the functionally relevant contaminant in the synthetic  
245 material[6]. The traditional reverse-phase chromatographic methods used to purify A $\beta$ 42  
246 would be incapable of resolving peptides epimerized at any of the three histidine  
247 residues in A $\beta$ 42. Racemized peptide would also be indistinguishable by mass  
248 spectrometry, making it very difficult to assay for this contaminant with commonly used  
249 tools. To directly test if an A $\beta$ 42 histidine racemate was capable of recapitulating the  
250 aggregation inhibition imparted by the synthetic peptide, we obtained a sample of  
251 racemized peptide for ThT assay. The peptide was synthesized using a standard solid  
252 phase Fmoc-protected method, but at positions 6, 13 and 14 a 50:50 mixture of L- and  
253 D-histidine enantiomers was applied. Thus, a mixture of A $\beta$ 42 molecules representing  
254 every possible combination of histidine stereochemistry was yielded (noted below as  
255 A $\beta$ 42-HIS). The A $\beta$ 42-HIS was doped into recombinant A $\beta$ 42 at 5% mole fraction, a  
256 much higher concentration than might normally appear in the synthetic peptide, and  
257 aggregation was monitored by ThT fluorescence (**Fig 9**). We found that even this large  
258 dose of A $\beta$ 42-HIS produced a minor alteration in the recombinant peptide's velocity of  
259 aggregation. Therefore, we conclude that although A $\beta$ 42-HIS may be capable of

260 inhibiting A $\beta$ 42 aggregation, it alone is not sufficient to illicit effects of the magnitude  
261 observed. Therefore, we believe that other as yet undiscovered inhibitors in synthetic  
262 A $\beta$ 42 must exist.

263

264 **Fig 9: A $\beta$ 42 Mutation Aggregation Kinetics.** ThT fluorescence was used to assay  
265 aggregation dynamics of 5% A $\beta$ 42-HIS mixed into recombinant A $\beta$ 42 (REC + HIS) or  
266 5% A $\beta$ 42 $\Delta$ 39 (REC +  $\Delta$ 39).

267

268 Using RP-HPLC (**Fig 7**) and mass spectrometry (**Fig 8**), we observed many  
269 contaminating minority products in synthetic A $\beta$ 42. To determine if any of these  
270 possessed inhibitory activity, synthetic A $\beta$ 42 samples were fractionated by RP-HPLC  
271 and then assayed for inhibition of aggregation using the ThT assay. Specifically, the  
272 main peak of synthetic A $\beta$ 42 was isolated from the contaminating material that eluted on  
273 either side of it, yielding fractions labeled 1, 2 and 3 (**Fig 7**). As before, fractions were  
274 doped into recombinant A $\beta$ 42 at 5% wt/wt for the aggregation assay. Significant  
275 changes in aggregation dynamics were not observed in recombinant peptide doped with  
276 fractions 2 and 3, but we found that fraction 1 contained extremely potent inhibitory  
277 activity (**Fig 10**). It is important to note that this fraction was still a complex mixture;  
278 therefore, it remains unclear whether its inhibitory activity is caused by a single or  
279 multiple species. Without further analysis by more sensitive methods such as tandem  
280 MS-MS, it is impossible to ascertain the identity of the active agents isolated in fraction  
281 1, although based on the MALDI-TOF experimental results (**Fig 8**) we suspect them to  
282 be related peptides. With the quantity of relevant contaminants available for study being

283 extremely limiting we were prompted us to adopt a candidate-based approach towards  
284 identification of A $\beta$ 42 activity inhibitors.

285 **Fig 10: Contaminant is Potent Inhibitor of Aggregation.** HPLC fraction 1 and 3 was  
286 doped into recombinant A $\beta$ 42 at 5% wt/wt and aggregation was assessed by ThT  
287 fluorescence. Fraction 1 contained a potent inhibitor of A $\beta$ 42 aggregation.

288         There are several sequence features which are known to pose challenges to  
289 standard solid phase peptide synthesis methods, and therefore can inform rational  
290 prediction of peptide synthesis byproducts for a given target. Highly hydrophobic  
291 aggregation-prone sequences such as found in A $\beta$ 42 are known to be particularly  
292 difficult to generate[14]. Traditional synthesis methods proceed from the carboxy-  
293 terminus towards the amino-terminus coupling a single amino acid at a time each  
294 followed by a round of deprotection. Given that the carboxy-terminal  $\frac{1}{3}$  of A $\beta$ 42 is  
295 derived from the transmembrane helix of APP (**Fig 4**), early steps in the synthesis of  
296 A $\beta$ 42 are particularly susceptible to aggregation of the nascent peptide chain[14].  
297 Peptide aggregation competes with binding of synthesis reagents including deprotection  
298 agents and subsequent amino acid residues. Because of the iterative nature of the  
299 synthesis process, if either deprotection or coupling fails for a particular molecule in one  
300 round, that molecule may well participate in future rounds of synthesis, yielding a final  
301 peptide lacking only a single amino acid. In addition to these challenges, valine to valine  
302 coupling reactions, which are used in A $\beta$ 42 synthesis, are known to be of lower  
303 efficiency[15] than other peptide couplings in general. These facts led us to predict that

304 omission of valine 39 (hereinafter A $\beta$ 42 $\Delta$ 39) generated a putative byproduct of  
305 synthesis that could be responsible for the observed inhibitory activity. This hypothesis  
306 is supported by the presence of a peak mass observed by MALDI mass spectrometry  
307 approximately 100 Da below the main peak. Additionally, the HPLC fraction containing  
308 the inhibitory activity eluted slightly before A $\beta$ 42, indicating slightly reduced  
309 hydrophobicity that is also consistent with deletion of a valine residue.

310 Absolute mass resolution by MALDI-TOF is inversely correlated with analyte  
311 mass[16], and therefore the 3% difference in mass of A $\beta$ 42 $\Delta$ 39 from the total peptide  
312 would prove difficult to resolve using solely this method. Digestion of the sample with  
313 trypsin would generate a C-terminal fragment A $\beta$ 42 29-42 (**Fig 4**). A $\beta$ 42 29-42 has an  
314 expected mass of approximately 1270 Da which would shift to 1171 Da upon deletion of  
315 Val 39, a change of nearly 10% which would be more readily resolved. Therefore, this  
316 combinatorial method of enzymatic digestion and subsequent MALDI-TOF analysis was  
317 performed in order to reveal putative A $\beta$ 42 $\Delta$ 39 contaminants. Digestion was carried out  
318 on synthetic A $\beta$ 42 overnight at 37 °C. The resultant peptides were  
319 desalted/concentrated with a C<sub>4</sub> reversed-phase ZipTip and eluted in acetonitrile and  
320 analyzed by MALDI-TOF.

321  
322 After significant optimization of desalting conditions and matrix/spotting  
323 parameters we were able to identify the expected four trypsin digestion peaks for  
324 fragment AA1-5, observed mass 638.21 (Calc. 637.29); fragment AA6-16, observed  
325 mass 1337.23 (Calc 1337.60); fragment AA17-28, observed mass 1324.79 (Calc.  
326 1325.67); and fragment AA29-42, observed mass 1271.55 (Calc. 1269.76). We did not

327 observe any peaks corresponding to partial digestion indicating that the reaction had  
328 gone to completion. Disappointingly, the 29-42 peptide of interest, containing A $\beta$ 42 $\Delta$ 39,  
329 was found to ionize very poorly by MALDI, leading to very weak signal. We did not see  
330 evidence of a peak near 1153Da although we considered this uninformative as the  
331 A $\beta$ 42 $\Delta$ 39 would represent only a very small fraction of the already weak signal from the  
332 29-42 fragment.

333

334 To overcome the sensitivity hurdles of MALDI-TOF in the identification of potential  
335 contaminants, we turned to ESI-Orbitrap mass spectrometry analysis on both  
336 recombinant and synthetic A $\beta$ 42 (**Fig 11**). This data confirmed the presence of the  
337 many contaminating species in synthetic A $\beta$ 42 observed by MALDI MS and HPLC. The  
338 ESI-Orbitrap data allowed us to resolve individual peaks out of the shoulder present on  
339 the A $\beta$ 42 peak seen by MALDI MS from approximately 4200 Da to 4500 Da.  
340 Importantly, a peak of 4417.25 Da was observed, consistent with the presence of  
341 A $\beta$ 42 $\Delta$ 39. Based on this finding, we proceeded with direct evaluation of A $\beta$ 42 $\Delta$ 39 as an  
342 inhibitor of A $\beta$ 42 aggregation. Also of note was the presence of a peak in the  
343 recombinant sample of A $\beta$ 42 dimer, M/Z 1290.52. This indicates not only that small  
344 oligomers can form under the inhibitory conditions used (1% NH<sub>4</sub>OH), but that these  
345 oligomers can remain intact through electrospray ionization, trapping and detection. The  
346 absence of this peak in the synthetic sample appears to serve as further evidence of its  
347 reduced ability to aggregate.

348

349 **Figure 11:** ESI-Orbitrap MS of Synthetic and Recombinant A $\beta$ 42. Top panel, ESI-  
350 Orbitrap MS analysis of recombinant A $\beta$ 42 show the presence of a dimeric species at  
351 1290.52 M/Z and the lack of the A $\beta$ 42 $\Delta$ 39 peptide at 1472.42 M/Z. Bottom panel, ESI-  
352 Orbitrap MS analysis of synthetic A $\beta$ 42 showing the clear presence of the A $\beta$ 42 $\Delta$ 39  
353 peptide at 1472.42 M/Z and many other contaminating species but undetectable levels  
354 of the 1290.52 M/Z dimer species.

355

356 Finally, to directly test if A $\beta$ 42 $\Delta$ 39 was capable of inhibiting A $\beta$ 42 aggregation kinetics,  
357 we obtained the modified peptide, mixed it into recombinant A $\beta$ 42 at 5% mole fraction,  
358 and assayed aggregation by ThT fluorescence. We observed a remarkable inhibition  
359 with a near two-fold increase of  $t_{\frac{1}{2}}$  from 17.9 minutes (A $\beta$ 42) to 30.5 minutes (A $\beta$ 42 $\Delta$ 39)  
360 (**Fig 9**). This shift was reminiscent of the effect imparted by the HPLC fraction 1 (**Fig 10**)  
361 further corroborating that A $\beta$ 42 $\Delta$ 39 is the major active component of that fraction.

362

## 363 **DISCUSSION**

364 We have found that synthetic manufacturing of A $\beta$ 42 generates contaminating  
365 byproducts that inhibit A $\beta$ 42 aggregation. We have also identified A $\beta$ 42 $\Delta$ 39 as a potent  
366 agent of this inhibition. To a lesser extent, another suggested contaminant, A $\beta$ 42-HIS,  
367 also exhibited some inhibition of aggregation. Previously observed variability in assays  
368 utilizing A $\beta$ 42 can most readily be ascribed to the primary contaminants observed in  
369 synthetically prepared A $\beta$ 42. Although A $\beta$ 42 is particularly prone to synthetic  
370 contaminants arising from coupling inefficiencies, the potential for minor impurities to  
371 alter both the biophysical and biological properties of synthetically prepared peptides



372 should be born in mind regardless of the peptide being investigated. Finally, and most  
373 intriguingly, the observed correlation between A $\beta$ 42 toxicity and aggregation kinetics,  
374 suggests that A $\beta$ 42 $\Delta$ 39 and perhaps A $\beta$ 42-HIS may exhibit neuroprotective activity in  
375 AD models. Future, cell-based assays will reveal whether treatment with A $\beta$ 42 $\Delta$ 39 or  
376 A $\beta$ 42-HIS can serve to attenuate A $\beta$ 42 toxicity, possibly yielding an important new class  
377 of compounds for therapeutic intervention in Alzheimer's disease.

## 378 **Materials and Methods**

379

### 380 **Materials**

381 Thioflavin T was purchased from Sigma-Aldrich. Recombinant A $\beta$ 42 was obtained from  
382 either AmideBio or rPeptide. Synthetic A $\beta$ 42 was purchased from Bachem and  
383 Anaspec. A $\beta$ 42 $\Delta$ 39 was purchased from Anaspec. All other chemicals were of analytical  
384 grade.

385

### 386 **HPLC analysis**

387 Samples were analyzed on an Agilent 1100 and fractions isolated using a 4.6  $\times$  250 mm  
388 reversed phase Vydac MS C8 column (Grace) using a two phase elution comprised of  
389 1% ACN + 0.1% trifluoroacetic acid (Buffer A) and 100% ACN + 0.1% trifluoroacetic  
390 acid (Buffer B) at 70°C. The elution profile was, 0–10 min; 0% B, 10–30 min linear  
391 increase to 80% B, with a constant flow rate of 0.8 ml/min and protein was detected at  
392 215 nm.

393

### 394 **Electron microscopy**

395 Samples for EM were prepared according similar to the methods of Komatsu[17].  
396 Briefly, a 2% w/v aqueous solution of uranyl acetate at pH 4.2 was filtered (0.2  $\mu$ m) to  
397 remove small precipitates and stored in foil covered container prior to use.  
398 Approximately 10 ng (3  $\mu$ L) of amyloid sample was place on a freshly glow discharged  
399 carbon film on a 300 mesh copper grid for 1 minute. The sample was blotted and then  
400 the uranyl acetate solution was applied for 30 seconds and then blotted and air dried.  
401 Images were recorded on side mounted CCD camera using a Phillips CM100 at 80 kV.

402

### 403 **ESI-Orbitrap Mass Spectrometry**

404 Amyloid Beta samples were reconstituted in pH 10 1%  $\text{NH}_4\text{OH}$  at 1 mg/mL.  
405 Samples were infused at 300 nl/min for nano-electrospray ionization and mass  
406 spectrometry analysis performed on a LTQ-Orbitrap (ThermoFisher). Survey scans  
407 were collected in the Orbitrap at 60,000 resolution (at  $m/z=300$ ). The maximum injection  
408 time for MS survey scans was 500 ms with 1 microscan and  $\text{AGC}= 1 \times 10^6$ . For LTQ  
409 MS/MS scans, maximum injection time for survey scans was 250 ms with 1 microscan  
410 and  $\text{AGC}= 1 \times 10^6$ . Peptides were fragmented by CAD for 30 ms in 1 mTorr of  $\text{N}_2$  with a  
411 normalized collision energy of 35% and activation  $Q=0.25$ .

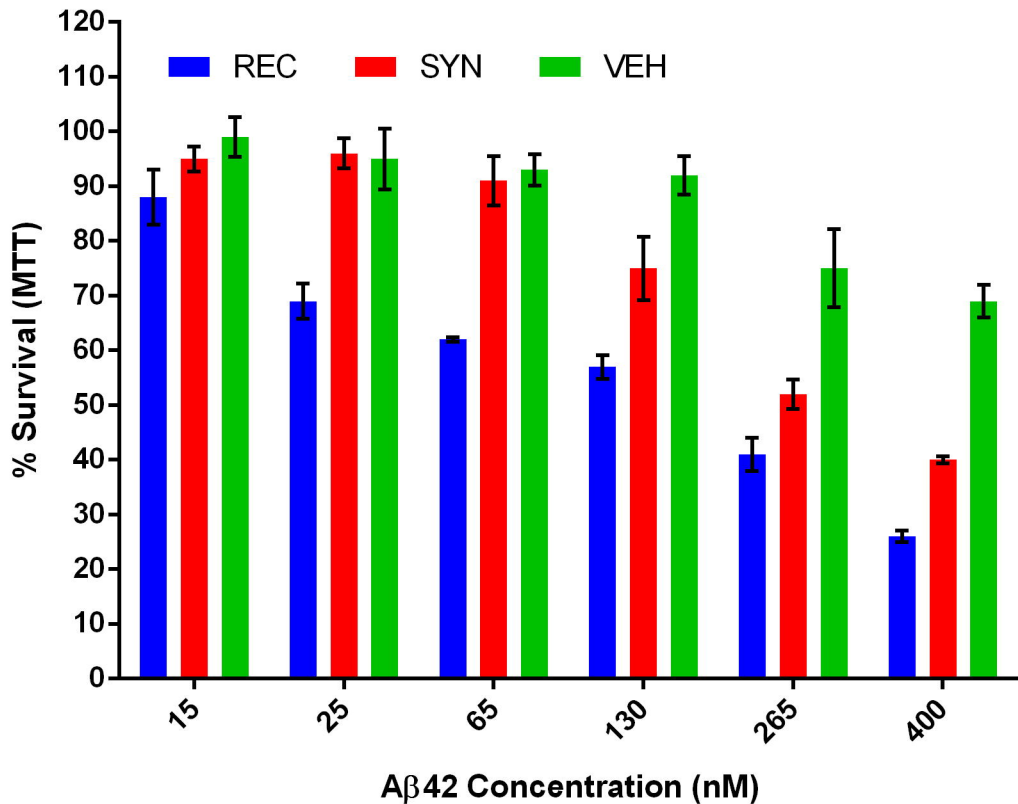
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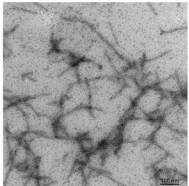
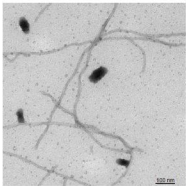
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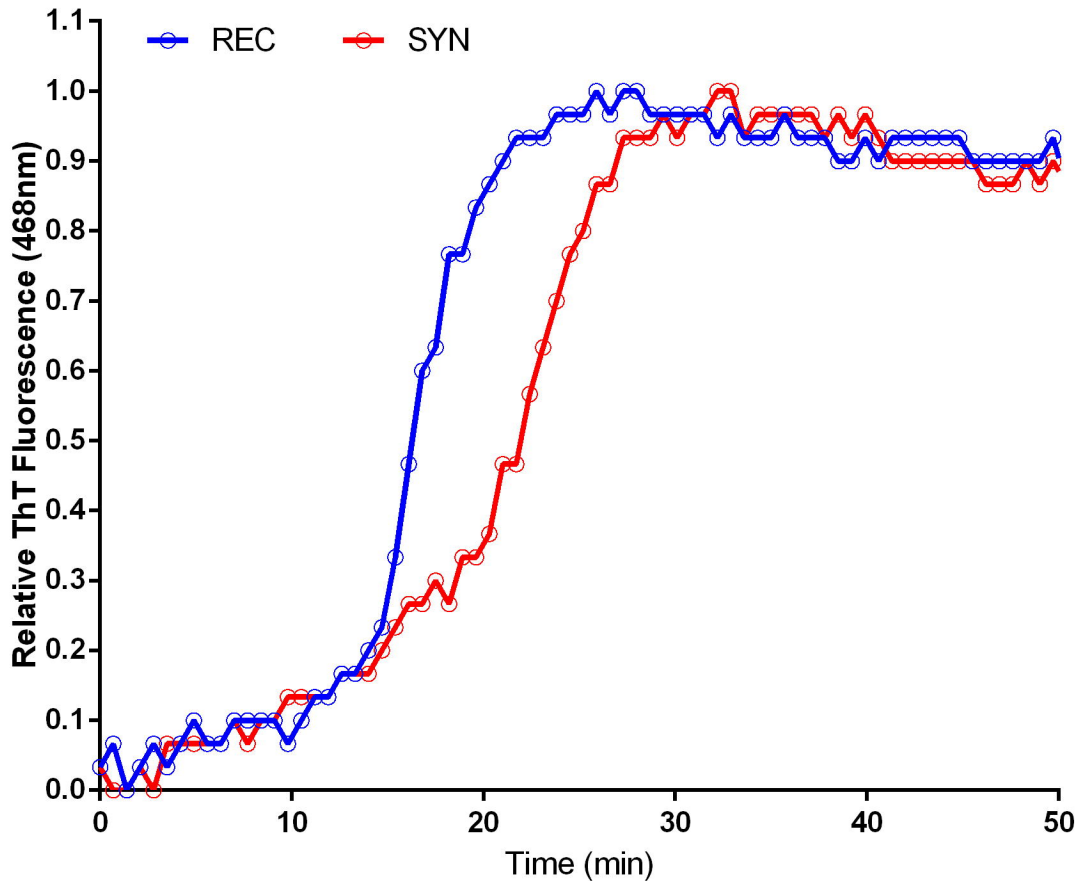
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DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVVIA

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- APP TMD
- ⋯ Trypsin Cleavage Site
- ⋯ Glycine Zipper Motif



