

**Exosomes from Nef expressing monocytic cells restrict HIV-1
replication in infected cells through the assembly of stress granules**

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Short Title: Nef exosomes and HIV-1 replication

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Abstract

Exosomes are membranous vesicles secreted from almost all types of cells, carry proteins and nucleic acids and function as vehicles for intercellular communication. Cells infected with HIV-1 or expressing the viral Nef protein secrete more exosomes than uninfected cells or those not expressing this protein. We used stably transfected, Nef-expressing U937 human monocytic cells and exosomes purified from these cells to study their effects on HIV-1 infected and uninfected CD4⁺ T-cells. The Nef exosomes inhibited virus production from HIV-1 infected CD4⁺ T-cells, but caused activation induced cell death in uninfected bystander cells. Mutations in its conserved Arginine residues and in the secretion-modification-region failed to secrete Nef into exosomes. Cell lines expressing these mutant Nef proteins did not deliver it to the target CD4⁺ T-cells, and exosomes prepared from these mutant Nef-expressing cells also did not inhibit virus production. Nef exosomes inhibited virus production by inducing the assembly of stress granules in HIV-1 infected cells, which sequestered increased amounts of gag mRNA. This is a novel mechanism wherein we show the effects of exosomes on the assembly of stress granules and viral translational repression.

Key words: Nef, exosomes, HIV-1, Stress granules

1 **Introduction**

2 The human immunodeficiency virus (HIV) continues to be a major public health
3 threat, with an estimated 35 million people living with the infection [1]. The
4 development of antiretroviral drugs is a major advance, which has improved the
5 duration as well as quality of life following HIV infection. Although therapeutic use
6 of these drugs can reduce the viral load in infected individuals to below detection
7 levels, they cannot clear the infection. Viral latency poses the biggest challenge to
8 HIV eradication [2]. During the latent phase, HIV remains integrated in the genome
9 of infected cells, but does not replicate actively and can therefore stay hidden from the
10 host immune system. Multiple signals, which are not fully understood, or
11 discontinuation of therapy may result in active transcription and viral replication [3-
12 5]. The mechanisms of latency include transcriptional regulation of viral replication
13 and microRNA (miRNA)-mediated posttranscriptional regulation of viral mRNA
14 translation and/or degradation [5-7].

15 Exosomes are 30-100 nm vesicles produced by the inward invagination of endosome
16 membranes in multivesicular bodies (MVBs), which fuse with the plasma membrane
17 to release exosomes into the extracellular space [8, 9]. These are secreted from almost
18 all cell types and are present in many biological fluids including blood, saliva, breast
19 milk, urine and semen [10-13], and have been proposed as biomarkers for several
20 types of cancers [10, 14] kidney dysfunction [15] and liver disease [16]. Exosomes
21 contain many biologically active molecules including proteins, messenger RNAs
22 (mRNAs), miRNAs and lipids, and are suggested to be important for cell-to-cell
23 communication [17-19]. For example, alpha interferon (IFN- α) treated
24 nonparenchymal liver cells, which are resistant to hepatitis B virus (HBV) secrete

25 exosomes that can transfer virus resistance to HBV permissive hepatocytes [20]. The
26 tumor suppressor protein PTEN is exported through exosomes and can perform its
27 function in target cells [21]. Exosomes produced from HIV-1 infected cells contain
28 the transactivation response (TAR) element and exposure of naïve cells to these
29 exosomes increases their susceptibility to HIV-1 infection [22]. The HIV-1 genome is
30 also secreted into exosomes from infected cells, and the region responsible for this
31 transfer was located at the 5' end of the p17^{Gag} open reading frame. The exosomal
32 secretion of miR29 in HIV-1 infection increases upon opiate abuse; this reduces the
33 expression of platelet-derived growth factor-beta in recipient cells and plays an
34 important role in HIV-associated neurological disorders [23].

35 The HIV-1 genome encodes the prototypic retroviral proteins (Gag, Pol and Env), two
36 regulatory proteins (Tat and Rev) and four accessory proteins (Nef, Vif, Vpr and
37 Vpu). Of these, the Nef protein is expressed early in the viral life cycle and is secreted
38 into exosomes, which are found in the blood circulation of infected individuals [24].
39 Motifs in the Nef protein that are required for its packaging into exosomes have been
40 mapped to a stretch of four arginine residues (amino acids 17-22) and the sequence
41 VGFPV (amino acids 66-70) named as the secretion modification region (SMR) [25].
42 Earlier work from our laboratory has shown the Nef protein expressed to interact with
43 the miRNA silencing machinery in human monocytic U937 cells and to be packaged
44 into exosomes [26]. It also alters the mRNA and miRNA profile of exosomes [27].
45 While exosomes containing Nef were shown to cause the activation-induced death of
46 bystander CD4⁺ T cells [28], their effects on HIV-1 infected cells have not been
47 explored. We show here that Nef-containing exosomes inhibit viral replication in
48 infected CD4⁺ T cell lines through a post-transcriptional mechanism that involves
49 stress granule formation and translational suppression of viral mRNAs. This further

50 emphasizes the dual effects of Nef in optimizing the cellular environment for viral
51 replication and persistence.

52 **Materials and Methods**

53 **Cells**

54 The J1.1 and U1 cells were obtained from NIH AIDS Reagent Bank and maintained
55 in RPMI containing 10% fetal bovine serum (FBS). The U937/Nef-EYFP and
56 U937/EYFP stable cell lines were reported previously [26] and were maintained in
57 RPMI containing 10% FBS and 350 ng/ml Puromycin. The HEK293T and TZM-bl
58 cells were maintained in DMEM containing 10% FBS. The U937/Nef(4R/4A)-EYFP
59 and U937/Nef(VGFPV)-EYFP stable cell lines were generated in the laboratory. For
60 this, mutations within the *nef* gene were first generated in the pMSCV-Nef-EYFP
61 plasmid background [24] at Mutagenex Inc, NJ, USA. Retroviruses expressing
62 Nef(4R/4A)-EYFP and Nef(VGFPV)-EYFP were generated by cotransfection of
63 HEK293T cells with 2 µg of the transfer plasmid, 1 µg of pGag-Pol and 0.5 µg of
64 pVSVg in a T25 flask using the calcium phosphate method. The culture supernatants
65 were collected after 36 hr and used as the source of recombinant retroviruses. Human
66 monocytic U937 cells were washed with RPMI, starved for 90 min without serum and
67 then transduced with 500 µl of culture supernatants per 1×10^6 cells. After a 4 hr
68 adsorption step, the cells were washed and kept in complete medium for 48 hr prior to
69 the addition of 350 ng/ml Puromycin. The cells were split every 48 hr and those
70 surviving after 5 passages were used for the analysis. The clones were sorted for the
71 EYFP positive population using a Becton Dickinson Aria Cell Sorter in the Central
72 Facility of the National Institute of Immunology, New Delhi, India. The sorted clones
73 were cultured for 4-5 passages and checked for purity and EYFP expression using a

74 Cyan-ADP flow cytometer (Beckman Coulter). Data was analyzed using Summit 4.3
75 software. Characterization of Nef function in the U937/Nef(4R/4A)-EYFP and
76 U937/Nef(VGFPV)-EYFP stable cell lines was done by flow cytometry for the
77 surface expression of CD4, MHC I, CD80 and CD86, with CD54 as a negative
78 control (data not shown).

79 **Antibody and plasmid constructs**

80 Murine anti-p24 monoclonal antibody (hybridoma supernatant) was obtained from
81 NIH AIDS Reagent Bank. APC or PE labeled antibodies for CD80 (13-0809), CD81
82 (17-0819), CD54 (13-0549) and MHC-1 (17-9876) were obtained from eBiosciences.
83 Anti-GFP (6556) antibody was purchased from Abcam. Antibodies for phospho-
84 eIF2 α (3597) and eIF2 α (9722) were from Cell Signaling, and those for G3BP1
85 (HPA004052) and APOBEC3G (HPA001812) were from Sigma. The G3BP1-GFP
86 expression plasmid was a kind gift from Dr. Jomon Joseph [29]. The p24 ELISA kit
87 was obtained from the NIH AIDS Reagent Bank.

88 **Transfection**

89 The HEK293T and TZM-bl cells were transfected using the JetPrime transfection
90 reagent according to the manufacturer's protocol. The cells were seeded in 12-well
91 plates and transfected with 200 ng of the G3BP1-GFP plasmid. For transfection of
92 J1.1 cells a Nucleofection kit (Lonza) was used according to the manufacturer's
93 protocol.

94 **Culture and analysis of J1.1 cells**

95 For the coculture of J1.1 cells with U937/EYFP, U937/Nef-EYFP or Nef mutant cell
96 lines, 0.5×10^6 cells/ml each of J1.1 cells and the U937 stable cell line were mixed in 5

97 ml RPMI containing 10% FBS. Supernatants were harvested from the mixed culture
98 at different time points and analyzed for p24 levels by Western blot or ELISA, and
99 the cells were analyzed by flow cytometry. For preparing conditioned media,
100 U937/EYFP and various U937/Nef-EYFP stable cell lines were seeded at a density of
101 0.5×10^6 cells/ml in RPMI containing 10% FBS for 72hr. Cultures were centrifuged at
102 1,000 xg for 10 min to remove cells and the cell-free media were diluted 1:1 with
103 fresh RPMI containing 10% FBS. These were used as conditioned media to grow J1.1
104 cells.

105 **Purification and characterization of exosomes**

106 Exosomes were purified from culture supernatants by multiple rounds of
107 centrifugation as described earlier [26]. In brief, the U937 stable cell lines were
108 cultured in RPMI containing 10% FBS from which contaminating exosomes and
109 microvesicles had been removed by centrifugation as described earlier [24]. The cells
110 were cultured at a density of 0.5×10^6 cells/ml for 72 hours. These were removed by
111 centrifugation at 1,000 xg for 10 min, and the supernatants (S1) were then centrifuged
112 at 15,000 xg to remove cell debris and other aggregates. The clarified supernatants
113 were then centrifuged at 100,000 xg to pellet exosomes. The exosomal pellet was
114 washed with ice cold PBS and resuspended in 100 μ l PBS for further analysis by flow
115 cytometry and Western blotting. To purify exosomes for live cell experiments, the
116 ultracentrifugation step was substituted by ultrafiltration. Briefly, 15 ml of the culture
117 supernatants from EYFP or Nef-EYFP cell lines were concentrated through 100,000
118 MWCO amicon filters (Millipore) to a final volume of 200 μ l. Flow cytometric
119 analysis of exosomes was carried out as described elsewhere [30]. Briefly, 10 μ g of
120 purified exosomes were coated on 4 μ m aldehyde/sulfate latex beads (Invitrogen) in

121 PBS overnight at 4°C followed by blocking with 100 mM glycine. The coated beads
122 were washed with PBS/0.5% BSA and resuspended in 0.5 ml of the same. From this,
123 10 µl of the coated beads were used for flow cytometric analysis of exosomal protein
124 markers.

125 **Fluorescence imaging**

126 The formation of stress granules was analyzed by confocal microscopy. Cells (J1.1,
127 HeLa or HEK293T) were transfected with the G3BP1-GFP expression plasmid. After
128 24 hr, the transfected cells were treated with purified exosomes or conditioned media
129 from control or Nef-expressing U937 cells. Following 48 hr of exposure, the cells
130 were washed with RPMI, fixed in 4% paraformaldehyde and mounted using antifade
131 containing DAPI (Invitrogen, Carlsbad, CA, USA). Images were acquired using a
132 Nikon A1/R confocal microscope at 60X magnification.

133 **Results**

134 **Exosomal Nef reduces HIV-1 replication in infected CD4+ T cell line**

135 To evaluate the effects of exosomes produced from Nef-expressing monocytic cells
136 on HIV-1 infected CD4+ T cells, we have used U937 cells stably expressing the Nef-
137 EYFP fusion protein (or EYFP as a control) [26], and J1.1 cells, which are Jurkat
138 cells latently infected with HIV-1. We first evaluated virus production from J1.1 cells
139 as a function of time when these cells were co-cultured with U937/Nef-EYFP or
140 U937/EYFP cells and. Equal volumes of the culture supernatants were collected at
141 each time and analyzed for HIV-1 in the culture medium by Western blotting for p24.
142 The result showed lower levels of HIV-1 from J1.1 cells that were cocultured with
143 U937/Nef-EYFP compared to U937/EYFP cells (Fig.1A). To confirm this was not

144 due to activation of J1.1 cells by the control U937/EYFP cells and increased virus
145 production, we also cultured J1.1 cells alone. Equal volumes of the supernatants were
146 collected at each time and analyzed by Western blotting for p24. We detected similar
147 levels of virus in the culture supernatants of J1.1 cells alone or J1.1 cells co-cultured
148 with U937/EYFP and decreased virus production in case of U937/Nef-EYFP co-
149 culture (Fig. S1). The levels of virus secreted in the culture media were quantitatively
150 estimated using a p24 ELISA. There was around 50% reduction in virus production
151 from J1.1 cells co-cultured with U937/Nef-EYFP compared to U937/EYFP cells (Fig.
152 1B). To learn if this effect was due to physical contacts between the U937 and J1.1
153 cells or due to secretory factor(s), we used cell-free conditioned media from
154 U937/Nef-EYFP or U937/EYFP cells to culture J1.1 cells. There was reduced
155 intracellular viral replication and secretion in J1.1 cells treated with conditioned
156 media from U937/Nef-EYFP compared to U937/EYFP cells (Fig. 1C and Fig. S1),
157 suggesting that secretory factor(s) might mediate this effect. Conditioned media from
158 U937/Nef-EYFP cells had no significant effects on the viability (Fig. S2A) or
159 proliferation (Fig. S2B) of J1.1 cells. Similar results were also obtained when U1
160 cells, which are U937 cells that are latently infected with HIV-1, were either co-
161 cultured or treated with conditioned media from U937/Nef-EYFP cells (Fig. S3).

162 The effects of conditioned media suggested that secretory factor(s) from Nef-
163 expressing cells mediate the down modulation of HIV-1 production from J1.1 cells.
164 Since Nef is also secreted in exosomes [27], it is plausible that these effects are
165 mediated through exosomes. We therefore isolated exosomes from the culture
166 supernatants of U937/Nef-EYFP and U937/EYFP cells (Fig. S4A), and characterized
167 the purified exosomes for surface markers with flow cytometry (Fig. S4B). Secretion
168 of the Nef protein in exosomes was confirmed by Western blotting (Fig. 1D).

169 Exosomes produced from Nef-expressing CD4⁺ T cells were shown earlier to cause
170 apoptosis in bystander CD4⁺ T cells [28]. To functionally characterize our exosome
171 preparation, we isolated peripheral blood lymphocytes (PBLs) from donor blood,
172 treated these with exosomes from U937/Nef-EYFP or U937/EYFP cells and checked
173 for apoptosis by flow cytometry for Annexin V staining (Fig. S4C) and
174 immunoblotting for PARP cleavage (Fig. S4D). The results showed that exosomes
175 secreted from U937/Nef-EYFP cells induced apoptosis in bystander CD4⁺ T cells.
176 We also tested if these exosomes induced apoptosis in HIV-1 infected J1.1 cells by
177 analyzing the cleavage of procaspase 3 to caspase 3. Surprisingly, no induction of
178 apoptosis was observed in HIV-1 infected cells treated with conditioned media from
179 U937/Nef-EYFP cells (Fig. S5A). The interaction of Nef with CXCR4 is also
180 reported to be important for inducing apoptosis in bystander CD4⁺ T cells [31]. We
181 therefore quantified CXCR4 levels in J1.1 cells and found no difference compared to
182 the parent Jurkat cell line (Fig. S5B).

183 To determine if Nef exosomes or some other secretory component(s) are responsible
184 for reduced viral replication in J1.1 cells, we treated J1.1 cells with exosomes or the
185 exosome-free (EF) fraction from U937/Nef-EYFP and U937/EYFP culture
186 supernatants. The result showed decreased virus production from J1.1 cells only when
187 these were treated with Nef exosomes but not with the exosome-free fraction (Fig.
188 1E). These results confirm that exosomes produced from Nef-expressing cells inhibit
189 virus production in infected CD4⁺ T cells.

190 **The exosomal delivery of Nef to HIV-1 infected CD4⁺ T cells is important for**
191 **inhibiting viral replication**

192 Since Nef is secreted in exosomes, we asked whether the effects on viral replication
193 are linked to the presence of Nef in exosomes. To determine the role of Nef, we
194 generated U937 based cell lines that stably expressed two Nef mutants that are
195 compromised for secretion into exosomes [25]. These include the Nef-4R/4A mutant
196 with arginine to alanine changes at positions 17, 19, 21 and 22, and the Nef-VGFPV
197 mutant in which residues in the SMR region (amino acids 66-70) were changed to
198 alanine. Flow cytometry (data not shown) and Western blotting were used to confirm
199 the expression and exosomal exclusion of these mutant Nef-EYFP fusion proteins
200 (Fig. 2A).

201 Flow cytometry was then used to analyze the delivery of wild type and mutant Nef
202 proteins into J1.1 cells via exosomes. The J1.1 cells were cultured with U937 cells
203 stably expressing Nef-EYFP, Nef4R/4A-EYFP, Nef-VGFPV-EYFP or just EYFP.
204 After fixing, the mixed cell population was gated for the U937 and J1.1 cell
205 populations (Fig. S6), and the latter quantified for the EYFP signal. The results
206 showed about 30-40% of J1.1 cells co-cultured with U937/EYFP or U937/Nef-EYFP
207 cells to be positive for the EYFP signal, but this reduced about 8- to 10-fold for J1.1
208 cells co-cultured with either U937/Nef4R/4A-EYFP or U937/Nef-VGFPV-EYFP
209 cells (Fig. 2B). These results directly indicate that Nef is efficiently transferred from
210 U937 cells to J1.1 cells through exosomes. We then looked at the effects of mutant
211 Nef proteins on down modulation of viral replication in J1.1 cells. Both Nef mutants
212 that were compromised for secretion into exosomes and transfer into J1.1 cells also
213 did not show reduced HIV-1 production from J1.1 cells, either on co-culture with
214 U937 stable cell lines or when conditioned media from U937 stable cell lines were
215 used to treat J1.1 cells (Fig. 2C).

216 **Nef exosomes induce markers of translational repression and assembly of stress**
217 **granules in target cells**

218 To understand the mechanism(s) underlying the effects of Nef exosomes on HIV-1
219 replication, we first tested if these affect HIV-1 LTR activity. For this, J1.1 cells were
220 transfected with a HIV-1 LTR-luciferase reporter construct, and these were either co-
221 cultured or treated with conditioned media from U937/Nef-EYFP or U937/EYFP
222 cells. After 48 hr, the cells were analyzed for HIV-1 LTR driven luciferase activity.
223 No significant differences in luciferase activities were observed in either condition
224 between Nef and control exosomes (Fig. S7A and S7B). We also quantified gag
225 mRNA levels in J1.1 cells upon treatment with conditioned media or exosomes from
226 U937/Nef-EYFP or U937/EYFP cells and found no significant differences (Fig. S7C
227 and S7D). These observations suggested post-transcriptional regulation of HIV-1
228 replication by Nef-containing exosomes. To check the role of miRNAs in
229 posttranscriptional regulation of gag mRNA we examined miRNA-mediated silencing
230 of HIV-1 mRNA. For this, J1.1 cells were transfected with plasmid pMIR-Report-
231 Nef3'UTR [32], which carries the HIV-1 nef-3'UTR downstream of the luciferase
232 reporter gene; the plasmid pMIR-Report that lacked the nef-3'UTR was used as a
233 control. The transfected cells were treated with exosomes purified from U937 cells
234 that stably expressed either wild type or mutant Nef-EYFP fusion proteins or EYFP.
235 There were no significant differences in luciferase activities in J1.1 cells treated with
236 any of the exosomes (Fig. S7E).

237 We then explored the possibility of translational suppression of viral mRNAs. For
238 this, we first checked phosphorylation of the eukaryotic translation initiation factor
239 alpha (eIF2 α), which is an indicator of translation arrest [33]. There was increased

240 phosphorylation of eIF2 α in J1.1 cells following treatment with exosomes containing
241 Nef compared to control exosomes (Fig. 3A). It is reported that phosphorylation of
242 eIF2 α may lead to the assembly of stress granules, which are sites for the translational
243 repression of selected mRNAs [34]. Under such conditions the expression of G3BP1,
244 a marker of stress granules, increases and helps in their assembly. The J1.1 cells
245 treated with Nef exosomes also showed increased levels of G3BP1 compared to cells
246 treated with control exosomes (Fig 3A). Stress granules sequester selective
247 populations of mRNAs leaving out those mRNAs whose products are needed to
248 overcome stress. We did not observe any reduction in the levels of Hsp70, a
249 molecular chaperone that is needed to resolve cellular stress (Fig 3A).

250 Furthermore, we tested the assembly of stress granules by first transfecting a G3BP1-
251 GFP reporter construct in J1.1 cells followed by treatment with exosomes from Nef-
252 EYFP, mutant Nef-EYFP and EYFP cell lines. Stress granule assembly was observed
253 in J1.1 cells treated with exosomes from U937/Nef-EYFP cells, but not from control
254 cells or those that express mutant Nef proteins (Fig. 3B and Fig. S8). Similar results
255 were obtained in HeLa cells transfected with the G3BP1-GFP reporter followed by
256 treatment with different exosome populations (Fig 3B). To ascertain if gag mRNA is
257 increasingly associated with stress granules resulting in attenuated translation, we
258 immunoprecipitated stress granule and quantified the levels of gag mRNA in the
259 precipitates. Stress granules were immunoprecipitated with anti-G3BP1 antibodies,
260 total RNA associated with stress granules was isolated and gag RNA was quantified
261 by qRT-PCR. Higher levels of gag RNA were found to be associated with stress
262 granules in J1.1 cells treated with Nef exosomes compared to control exosomes (Fig.
263 3C).

264 The restriction factor APOBEC3G (A3G) is shown to bind HIV-1 mRNA and
265 sequester it to stress granules [35]. We also found the levels of A3G to be upregulated
266 in J1.1 cells treated with Nef exosomes (Fig. 4A), suggesting that increased levels of
267 A3G might be responsible for sequestering viral mRNA into stress granules. Since
268 A3G is also packaged in virus particles and reduces HIV-1 replication in the next
269 round of infection, we checked if increased levels of A3G have any effect on the
270 replicative ability of virions produced from J1.1 cells following their exposure to Nef
271 exosomes. For this, we took equal amounts of p24 released from J1.1 cells treated
272 with Nef or control exosomes, and checked their infectivity on TZMbl cells. Virions
273 released from J1.1 cells treated with Nef exosomes were about three-fold less
274 infectious than those released from cells treated with control exosomes (Fig. 4B).

275 **Discussion**

276 Several reports have established the secretion of Nef into exosomes from HIV-1
277 infected T cells, monocytes and dendritic cells as well as from cells expressing Nef
278 alone [25, 27, 28]. Nef alters membrane trafficking, increases the proliferation of
279 MVBs and enhances its own secretion in exosomes [36-38]. An earlier study has
280 shown that Nef secreted in exosomes causes activation-induced cell-death in
281 bystander (uninfected) CD4⁺ T cells [28]. However, the effect of Nef exosomes on
282 infected cells has not been studied. Here we analyzed the effects of Nef exosomes on
283 the HIV-1 infected J1.1 CD4⁺ T cell line. Our results show that exosomal Nef
284 reduces viral replication in infected cells, and that these effects are linked to the
285 secretion of Nef into exosomes and its transfer to J1.1 cells. We further show that
286 exosomal Nef does not affect proviral transcription or miRNA-mediated post-
287 transcriptional silencing of viral mRNA, but results in increased assembly of stress

288 granules in recipient cells, implying that Nef exosomes attenuate the translation of
289 viral mRNAs in infected cells. We found decreased production of the viral Gag
290 proteins (p55 and p24) from infected J1.1 cells upon co-culture with Nef-U937 cells
291 or treatment with culture supernatant. The factor in culture supernatants responsible
292 for reduced virus replication in infected cells was found to be exosomes. These
293 nanovesicles have been reported to play important roles in intercellular
294 communication by transporting proteins, mRNAs and miRNAs to recipient cells [39].
295 Exosomes produced from HIV-1 infected cells carry the entire viral genome,
296 implicating their role in the spread of infection [40].

297 Stress granules are cytoplasmic bodies assembled in eukaryotic cells under different
298 environmental stress conditions including oxidative stress, hypoxia and infection. The
299 formation of stress granules leads to the translational arrest of select mRNAs and to
300 enhance the translation of mRNAs that are involved in relieving stress [33]. Many
301 reports have shown high levels of oxidative stress in patients with HIV-1 infection
302 [41-44]. However, the cause of systemic oxidative stress in HIV-1 infected
303 individuals has not been identified. We show that Nef exosomes induce the
304 phosphorylation of eIF2 α in J1.1 cells, which is a key signal for the assembly of stress
305 granules that are sites of translational suppression of selected mRNAs [45]. Exosomal
306 Nef attenuated virus production from infected cells not due to effects on HIV-1
307 transcription or miRNA-mediated translational repression, but due to the increased
308 assembly of stress granules. In support of this, RNA immunoprecipitation showed
309 increased association of gag mRNA with stress granules in infected cells that were
310 exposed to Nef exosomes. The anti-HIV restriction factor, APOBEC3G selectively
311 binds and shuttles HIV-1 mRNA between stress granules and polysomes [35]. We

312 found increased levels of A3G in J1.1 cells treated with Nef exosomes and virions
313 produced from these cells showed reduced infectivity.

314 **Conclusion**

315 This study describes a novel function for Nef that is secreted in exosomes. The
316 limitation of our data is that we cannot distinguish whether this is a direct effect of
317 Nef or some other factor that is co-transported into exosomes with Nef. In either case,
318 instead of the expected Nef-mediated activation of infected cells and increased viral
319 replication, we found exosomal Nef to attenuate viral replication. This might be a
320 viral strategy to limit the activation-induced death of infected cells, and thus aid in
321 viral persistence.

322 **Author's contribution**

323 MYA performed most of the experiments, with help from HI and ZA. NK generated
324 the U937 stable cell lines expressing mutant Nef proteins. MYA and SJ analyzed and
325 interpreted the data, and wrote the manuscript.

326 **Conflict of interest and funding**

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456

457 **Figure Legends**

458

459 **Figure 1: Exosomes from Nef-expressing cells inhibit virus production from**
460 **infected cells.** (A) J1.1 cells were co-cultured with U937/EYFP cells (lanes J1.1-
461 YFP) or U937/Nef-EYFP cells (lanes J1.1-Nef). The culture supernatants were
462 collected at different times and analyzed by Western blotting for p24. (B) The
463 coculture supernatants from J1.1 and either U937/Nef-EYFP cells (J1.1-Nef) or
464 U937/EYFP cells (lanes J1.1-YFP) were quantified with ELISA for p24 levels.
465 Results are shown as mean of three independent experiments, each with triplicate
466 measurements (* $p < 0.05$). (C) J1.1 cells were cultured in conditioned media from
467 U937/EYFP cells (lanes J1.1-YFP) or U937/Nef-EYFP cells (lanes J1.1-Nef) for 72
468 hr. Cells and supernatants were harvested and analyzed for intracellular p24/p55 and
469 p24, respectively. Beta-actin served as a loading control for cell lysates. (D)
470 Exosomes were purified from U937/EYFP or U937/Nef-EYFP cells and Western
471 blotting was carried out with anti-GFP antibodies; the EYFP and Nef-EYFP are
472 indicated. (E) J1.1 cells were treated with exosome-free media or exosomes from
473 U937/EYFP cells (lanes J1.1-YFP) or U937/Nef-EYFP cells (lanes J1.1-Nef) for 72
474 hr, and p24 in the culture supernatants was analysed by Western blotting.

475 **Figure 2: Exosomal secretion of the Nef protein and its delivery into target cells.**

476 (a) U937 cell lines that stably expressed the two Nef mutants (4R/4A and VGFPV)
477 were generated. The expression of wild type and mutant Nef proteins in the cell

478 lysates and exosomes purified from these cell lines were evaluated by Western
479 blotting with anti-GFP antibodies; the EYFP and Nef-EYFP are indicated. Beta-actin
480 served as a loading control. Exosomes were also marked by Western blotting for Alix.
481 (B) Delivery of the Nef protein through exosomes was analyzed by coculturing J1.1
482 cells with U937 cells stably expressing EYFP, Nef and the two Nef mutants followed
483 by flow cytometry for EYFP in J1.1 cells. The J1.1 and U937 cell populations were
484 separated based on forward scatter as shown in Supplementary Figure 6. The numbers
485 indicate percent J1.1 cells positive for EYFP. (C) J1.1 cells were either cocultured
486 with or treated with conditioned media (CM) from U937/EYFP, U937/Nef-EYFP,
487 U937-Nef(4R/4A)-EYFP or U937-Nef(VGFPV)-EYFP cells. The culture
488 supernatants were collected after 72 hr and analyzed for p24 by Western blotting.

489 **Figure 3: Nef exosomes induce stress granules assembly and sequestration of**
490 **HIV-1 gag mRNA in J1.1 cells.** (A) J1.1 cells were treated with conditioned media
491 from U937/EYFP cells (J1.1-YFP) or U937/Nef-EYFP cells (J1.1-Nef) for 72 hr. The
492 cell lysates were then analyzed for phosphor-eIF2 α , total eIF2 α , G3BP1 (stress
493 granule marker) and HSP70 levels by Western blotting. Beta-actin served as a loading
494 control. (B) J1.1 cells were transfected with the G3BP1-GFP plasmid and seeded in a
495 12-well plate, followed by treatment with exosomes purified from U937/EYFP,
496 U937/Nef-EYFP, U937-Nef(4R/4A)-EYFP or U937-Nef(VGFPV)-EYFP cells.
497 Assembly of stress granules (arrows) was checked by confocal microscopy. (C) Stress
498 granules were immunoprecipitated with anti-G3BP1 antibody and association of gag
499 mRNA with stress granules was analyzed by qRT-PCR. Left panel shows Western
500 blot of immunoprecipitation to confirm pull down of G3BP1. Input G3BP1 and actin
501 were used as control. Right panel shows the fold enrichment of gag mRNA in stress

502 granules. RNA was isolated from anti-G3BP1 immunoprecipitate by Trizol-
503 Chloroform and analyzed for gag mRNA by qRT-PCR (**p<0.005).

504 **Figure 4: J1.1 cells treated with Nef exosomes produce less infectious virus.** (A)

505 J1.1 cells were treated with conditioned media from U937/EYFP cells (J1.1-YFP) or

506 U937/Nef-EYFP cells (J1.1-Nef) for 72 hr. The cell lysates were then analyzed for

507 APOBEC3G levels by Western blotting. Beta-actin served as a loading control. (B)

508 Viruses in the culture media of J1.1 cells after treatment with conditioned media from

509 U937/EYFP cells (J1.1-EYFP) or U937/Nef-EYFP cells (J1.1-Nef) for 72 hr, were

510 assayed for infectivity on TZMbl cells and the values were normalized to p24 levels.

511 Results are shown as mean of three independent experiments, each with triplicate

512 measurements (*p<0.05).

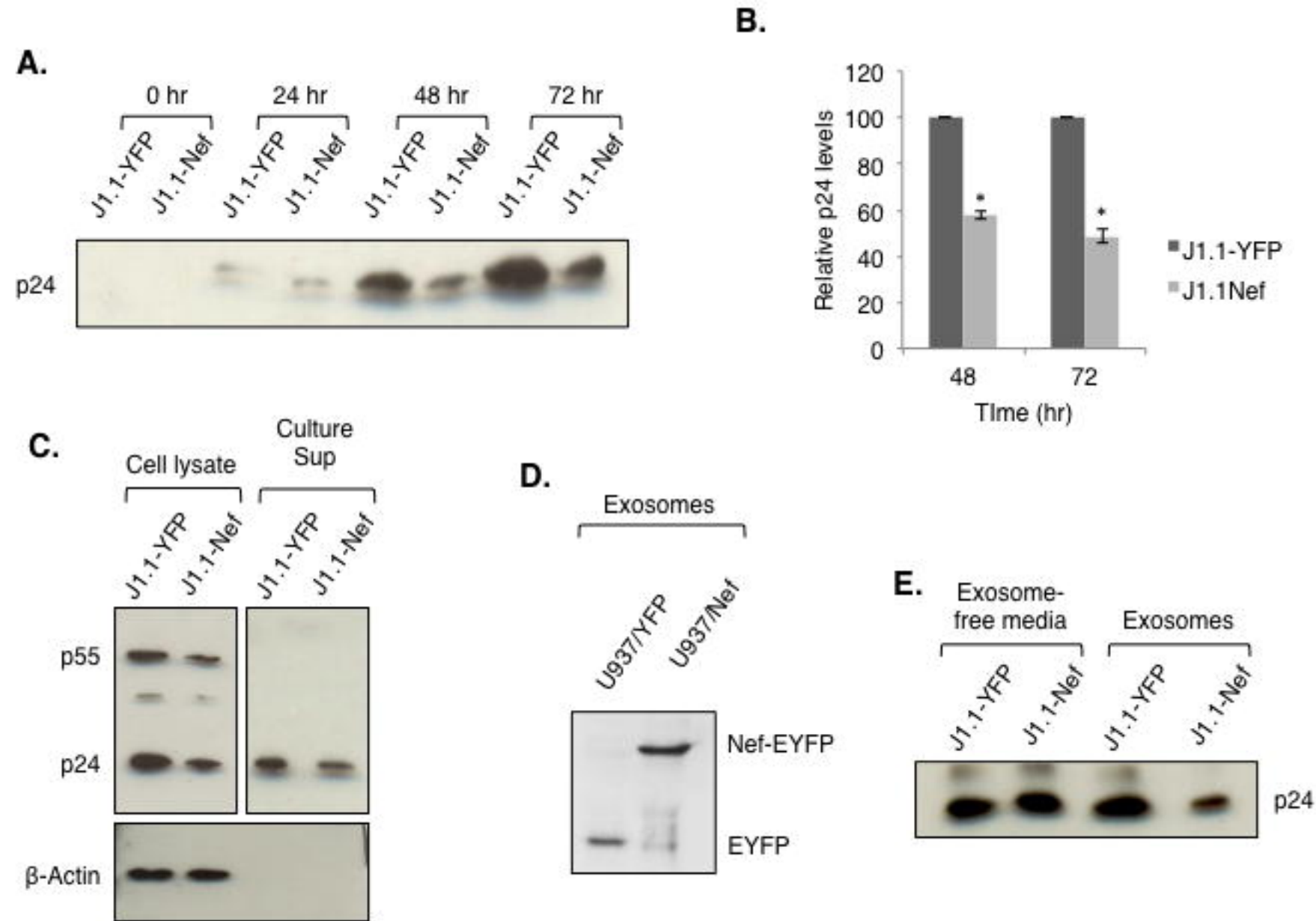


Figure 1

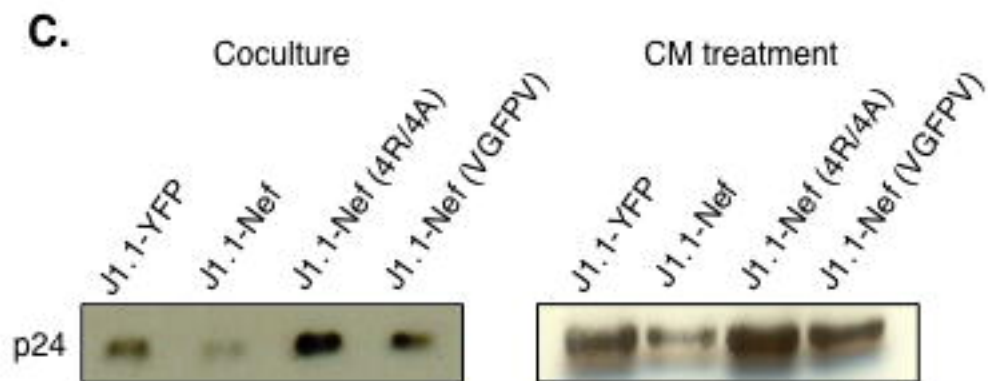
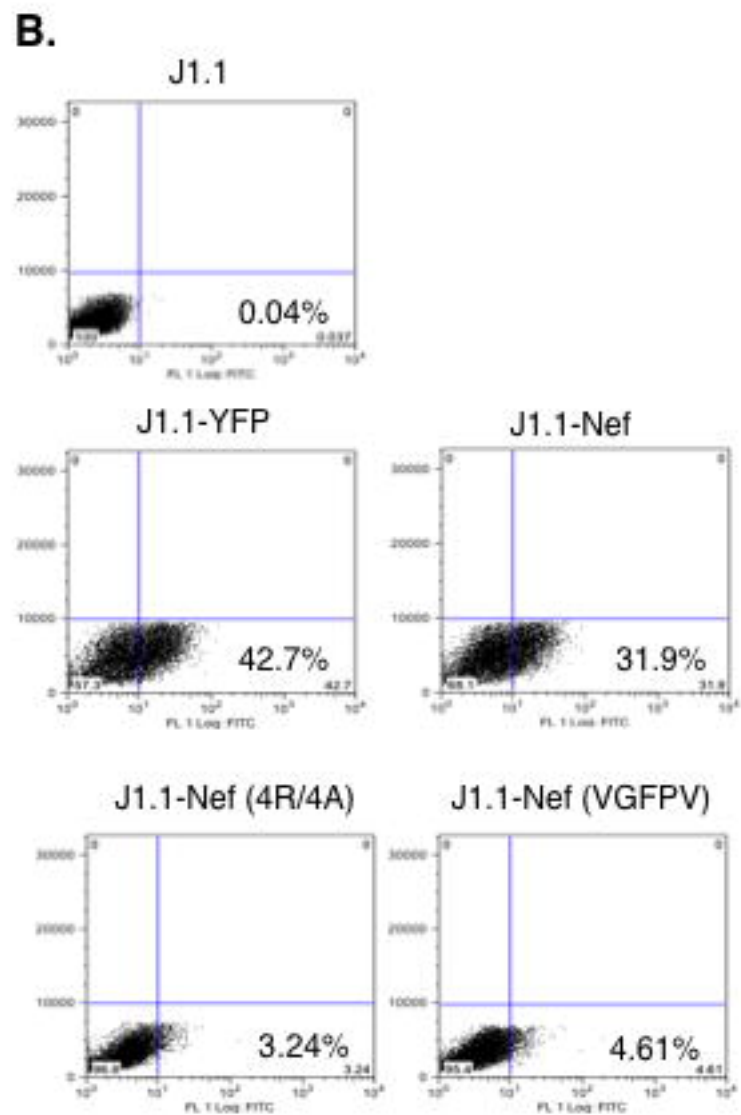
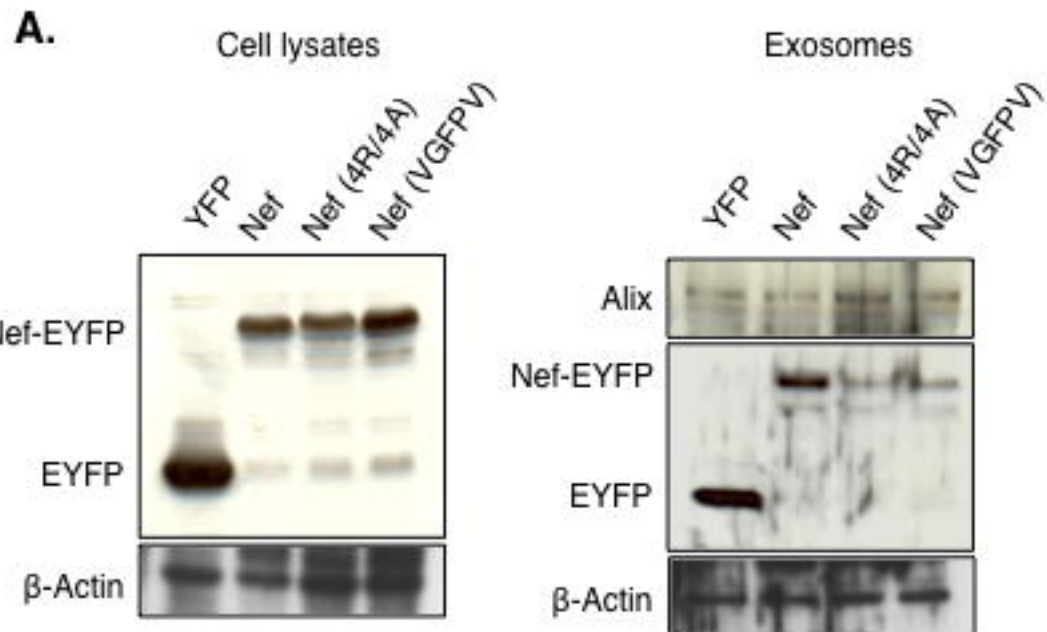


Figure 2

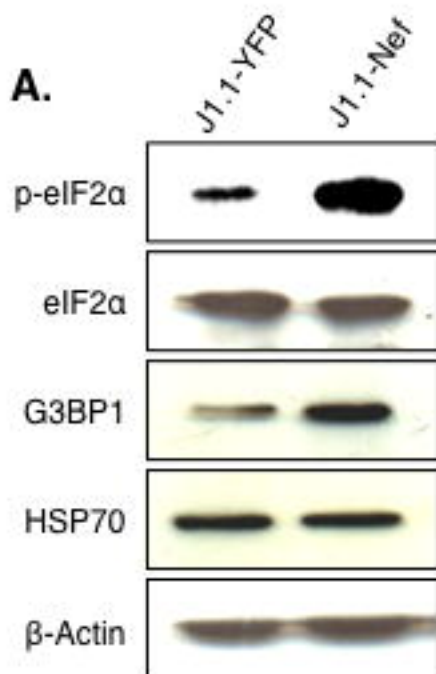
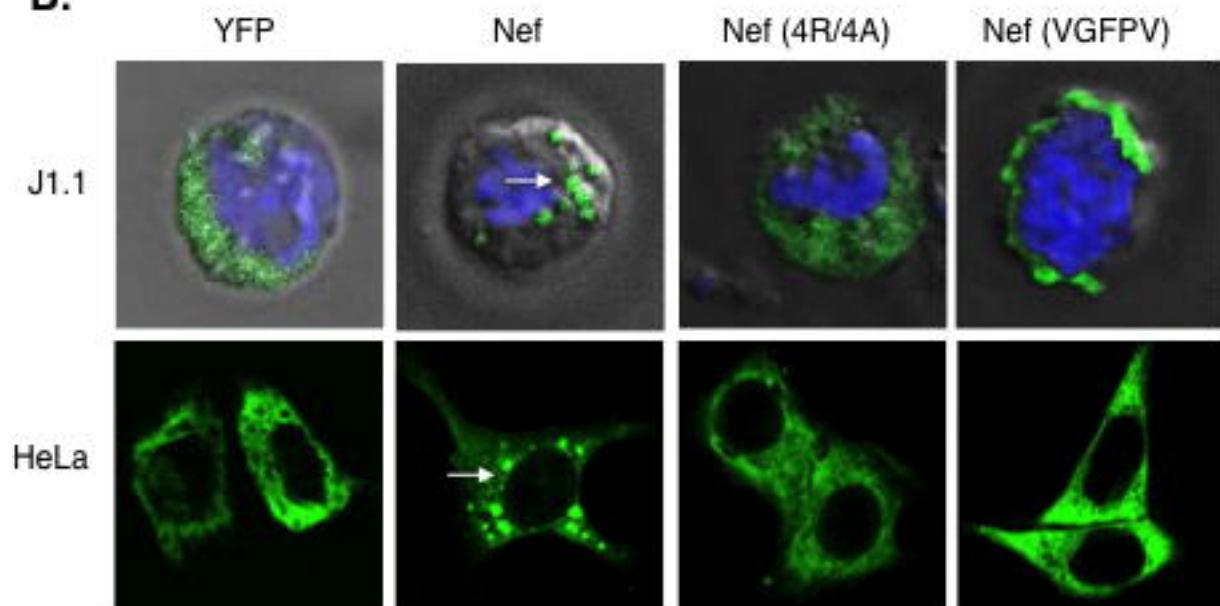
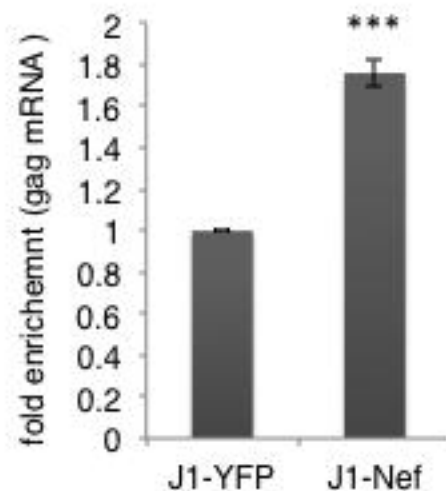
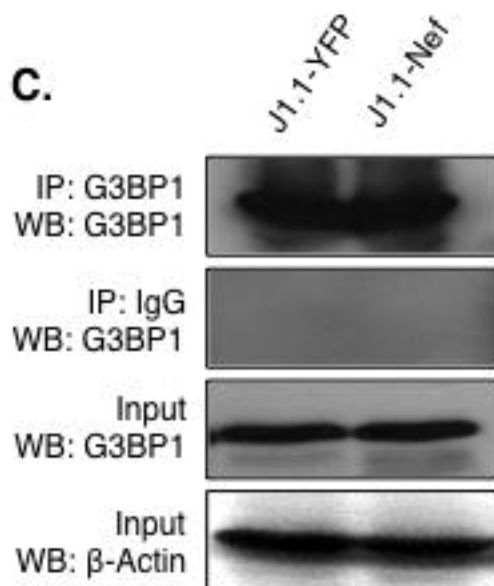
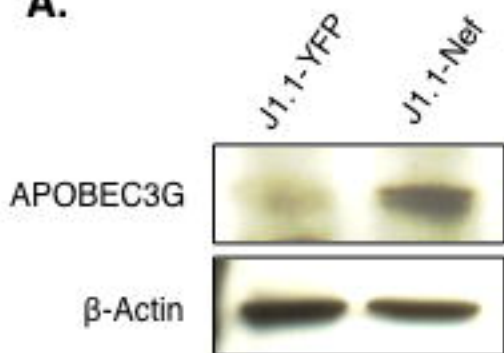
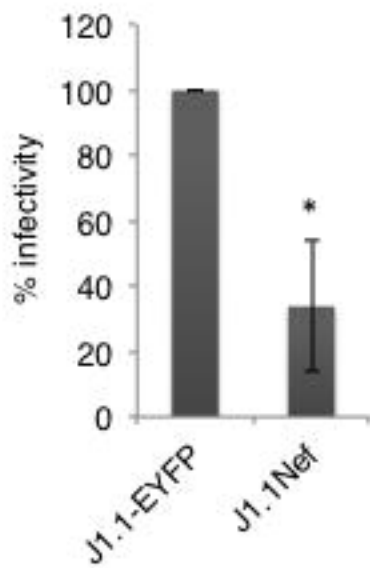
A.**B.****C.**

Figure 3

A.**B.****Figure 4**