

1 **Bioengineered intestinal muscularis complexes with long-term**
2 **spontaneous and periodic contractions**

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18

19 **Abstract:** Although critical for studies of gut motility and intestinal regeneration, the *in vitro*
20 culture of intestinal muscularis with peristaltic function remains a significant challenge. Periodic
21 contractions of intestinal muscularis result from the coordinated activity of smooth muscle cells
22 (SMC), the enteric nervous system (ENS), and interstitial cells of Cajal (ICC). Reproducing this
23 activity requires the preservation of all these cells in one system. Here we report the first serum-
24 free culture methodology that consistently maintains spontaneous and periodic contractions of
25 murine and human intestinal muscularis cells for months. In this system, SMC expressed the
26 mature marker myosin heavy chain, and multipolar/dipolar ICC, uniaxonal/multipolar neurons
27 and glial cells were present. Furthermore, drugs affecting ENS, ICC or SMC altered the
28 contractions. Combining this method with scaffolds, contracting cell sheets were formed with
29 organized architecture. With the addition of intestinal epithelial cells, this platform enabled at
30 least 9 types of cells from mucosa and muscularis to coexist and function. The method constitutes
31 a powerful tool for mechanistic studies of gut motility disorders and the regeneration of full-
32 thickness engineered intestine.

33 In the small intestine, the mucosa processes partially digested food and absorbs nutrients while
34 the muscularis actuates the peristaltic flow to transport luminal content aborally. Gut motility is
35 central to its digestive and absorptive function. The intestinal muscularis contains various types
36 of cells: of these, smooth muscle cells, the enteric nervous system (ENS)^{1,2}, and the pacemaker
37 interstitial cells of Cajal (ICC)³ are three important players involved in the development of gut
38 motility. Recent studies on intestinal tissue engineering have highlighted the importance of
39 regenerating the functional intestinal muscularis⁴⁻⁹. A variety of systems derived from different
40 cell sources, including pluripotent stem cells (PSC)⁴⁻⁶, embryonic stem cells (ESC)⁷ and primary
41 tissue^{8,9}, have been established to accomplish this goal and different contractile activities were
42 developed in these systems. Notably, spontaneous contractions have been generated in culture
43 systems that contained both ICC and smooth muscle cells^{4,6,10-13}. In addition, electrical-induced
44 neurogenic contractions were also successfully produced^{4,5,8} when ENS was introduced into
45 culture. In one of the most recent studies, both spontaneous contractions and electrical-induced
46 neurogenic contractions were developed in a PSC-based culture system⁴.

47 All of these approaches have substantially advanced the study of intestinal diseases and intestinal
48 regeneration, yet contractions similar to those observed in native tissue have not been generated
49 in reported *in vitro* culture systems. Freshly isolated intestinal muscle strips can display high-
50 frequency, continuous, spontaneous and periodic contractions with distinct physical
51 movements^{14,15} (**Supplementary Video 1**). In this study, we sought to reproduce this type of
52 contraction in cell culture by developing a serum-free culture methodology for intestinal
53 muscularis cells (IMC).

54 IMC are cells isolated from the intestinal smooth muscle layers. As the cell source, IMC are
55 accessible from patients and contain specific cell types involved in gut motility. Current primary
56 cultures of IMC have significant limitations such that contractions of IMC *in vitro* have been
57 transient. The traditional medium for IMC culture is a serum-containing medium^{8,13,16}, in which
58 smooth muscle cells rapidly de-differentiate and lose their contractility¹⁷⁻¹⁹ while ICC¹¹ and ENS¹³
59 do not survive in long term. The most common and already commercialized methods to re-
60 differentiate smooth muscle cells are to reduce the amount of serum and to add heparin in
61 culture^{20,21}. However, media developed through those methods are designed only for smooth
62 muscle cell monoculture and lack essential nutrients for other cells including neurons and ICC in
63 IMC. Various protocols have been developed to specifically culture primary smooth muscle cells²²,
64 ICC^{11,12}, or ENS²³--or two of the three²⁴ in combination--but a single culture medium that
65 preserves all three in one system for an extended period is still lacking. In this study, we
66 developed such culture media and restored the spontaneous, rhythmic contractile function of
67 IMC.

68 Intestinal tissue engineering²⁵⁻²⁷ and strategies of intestinal replacement require regeneration of
69 both functional epithelium and muscularis under defined serum-free conditions. When
70 combined with the culture technology of epithelium²⁸⁻³¹, the new media here can support not
71 only cells from muscularis, but also at least 9 cell types from both mucosa and muscularis. While
72 epithelium-muscularis co-cultures have been described in other systems^{4,6,7,32,33}, this is the first
73 primary-cell based epithelium-muscularis co-culture that has spontaneous, periodic contractions.

74 **Results**

75 **From culture medium of mucosa to that of muscularis**

76 We tested several medium formulations used to culture other muscle cells and also examined
77 the medium used for intestinal epithelial cell culture²⁸⁻³¹ (EC medium) for the development of
78 co-culture platforms. Interestingly, we found that EC medium supported the culture of IMC, with
79 the appearance of the neural network but without spontaneous contractions (**Supplementary**
80 **Fig. 1**). We hypothesized that the EC medium could be modified into a new formulation suitable
81 for IMC culture. We systematically removed one or more components of the EC medium,
82 assessed the resultant effects on cultured IMC contractility and discovered that epidermal
83 growth factor (EGF, a well-known stimulator of cell growth) in the EC medium prevented the IMC
84 regular contractions (**Supplementary Table 1-2, Note 1**). Upon removal of EGF, cultured IMC
85 displayed striking spontaneous contractility (**Supplementary Table 1-2, Note 1, Video 2**). In
86 contrast to the traditional serum-containing medium^{8,13,16} (hereafter “serum medium”) for IMC
87 culture, this new muscularis medium does not contain serum and has chemically defined
88 molecules added, including B27, N2, N-acetylcysteine, Noggin, R-spondin1, and Y27632
89 (**Methods**).

90 **Long-term spontaneous and periodic contractions of murine IMC**

91 The muscularis medium potently supported the spontaneous periodic contractions of IMC for
92 over two months. Murine IMC formed interconnected cell clusters in the muscularis medium, a
93 morphology different from that observed in the traditional serum medium (**Fig. 1a**). Without any
94 externally applied stimuli, most clusters initiated visible spontaneous contractions within 7 days,
95 as indicated by the distinct change of the clusters’ physical sizes under microscope

96 **(Supplementary Video 3)**. The contraction was a coordinated activity of a group of cells,
97 indicating the possible involvement of gap junction coupling **(Supplementary Video 2-3)**. We
98 recorded the visibly distinct contractions using video microscopy. Regions of interest (ROIs) on
99 the contracting clusters were selected. The contraction-relaxation cycles of the cells caused
100 periodic changes of intensity in the selected ROIs. The frequency of the intensity change
101 represented the frequency of contractions, which was quantified through custom MATLAB
102 scripts. By day 21, contractions were faster and more regular than contractions at day 7 **(Fig. 1b,**
103 **Supplementary Fig. 2, Video 2-3)**. Specifically, at day 28, the distribution of contraction periods
104 of IMC clusters was not significantly different than that of fresh muscle strips (Kolmogorov–
105 Smirnov test, $p > 0.05$, **Fig. 1b-c, Supplementary Video 1-3)**. The contractions of IMC clusters
106 resembled those of native tissue and persisted for at least 56 days, with contraction periods
107 clustering around 2-5 seconds (>50%, **Fig. 1b-c, Supplementary Video 1-3)**. We further observed
108 that passaged IMC in the muscularis medium also generated similar contractions
109 **(Supplementary Video 4)**. The muscularis medium was always effective, whether or not IMC
110 were filtered prior to seeding **(Supplementary Video 5)**. In contrast, cells in the serum medium
111 remained static **(Fig. 1c, Supplementary Video 6)**.

112 **Maintenance of mature smooth muscle cells, ICC, neurons and glia**

113 Mature smooth muscle cells, ICC, neurons and glia all thrived in the muscularis medium as shown
114 by immunofluorescence. The protein marker myosin heavy chain (MHC) is expressed only when
115 smooth muscle cells are mature^{18,19}. Smooth muscle cells in the muscularis medium showed
116 intense expression of MHC and displayed features associated with the mature phenotype, such

117 as the typical fusiform shape and bundled microfilaments, indicating they were maintained at a
118 differentiated, contractile state (**Fig. 2a, b**).

119 The muscularis medium also effectively sustained ICC (c-Kit⁺) which demonstrated different
120 morphologies. Some of the c-Kit⁺ cells were dipolar, a morphology reminiscent of the shape of
121 intramuscular ICC; some of the c-Kit⁺ cells were multipolar, similar to the morphology of
122 myenteric ICC³⁴ (**Fig. 2a, c**). Multipolar c-Kit⁺ cells connected to each other and formed networks
123 (**Fig. 2a, c**).

124 The immunofluorescence of β -tubulin III³⁵ and GFAP^{23,36} demonstrated that IMC in the muscularis
125 medium contained numerous neurons and glial cells (respectively). Together these cells
126 reconstituted key elements of ENS^{1,34}, including ganglia-like structures, thick connective nerve
127 strands out from the ganglia-like structures, and individual nerve fibers probably innervating
128 smooth muscle cells (**Fig. 2a, d-f**). Again, neurons and glial cells with different morphologies were
129 observed in the muscularis medium. We observed both uniaxonal neurons (similar to Dogiel type
130 I morphology) and multipolar neurons (similar to Dogiel type II morphology) (**Fig. 2d**). In addition,
131 we were able to pinpoint four morphologically distinct subsets of glial cells² (**Fig. 2e**).

132 Different cell types were closely associated with each other (**Fig. 2f**) in the muscularis medium.
133 Ganglia-like structures, ICC networks, and mature smooth muscle cells together formed
134 periodically contracting intestinal muscularis complexes among the sheet of serosal mesothelial
135 cells (**Fig. 2f-g**). Over 2,000- μ m-long neurites (**Fig. 2d**), along with processes from glial cells, built
136 large networks to connect these contracting intestinal muscularis complexes.

137 Compared with the muscularis medium, expressions of MHC, c-Kit, and GFAP were either low or
138 totally absent in the traditional serum medium (**Fig. 2a**). The expression of β -tubulin III existed at
139 the early time point in the serum medium but dramatically decreased with time (**Fig. 2a**).

140 The gene expression patterns examined by quantitative real-time RT-PCR further support the
141 presence of these various cell types. During the two-month culture, IMC in the muscularis
142 medium had consistently higher gene expression of mature smooth muscle cells (*Myh11*), ICC (*c-*
143 *Kit*), neurons (*Tubb3*, *Rbfox3*) and glial cells (*S100 β* , *Gfap*) than in traditional serum medium (**Fig.**
144 **3a**). In both muscularis and serum media, cultured IMC maintained α -smooth muscle actin
145 (*Acta2*), a marker that appears in both mature and synthetic smooth muscle cell phenotypes²¹
146 (**Fig. 3a**). In addition, the platelet-derived growth factor receptor alpha-positive (PDGFR α^+) cell is
147 another important cell type fundamental to the pacemaker activities in the intestine³. IMC in the
148 muscularis medium expressed high level of *Pdgfra*, suggesting the successful preservation of
149 PDGFR α^+ cells in the muscularis medium (**Fig. 3a**). Furthermore, different enteric neuronal
150 markers (*Vip*, *Th*, *Calb1*, *Chat*, *Nos1*, **Fig. 3b**) were detected in the muscularis medium, indicating
151 notable neuronal diversity in the system.

152 **Role of ICC, neural networks and muscle in contractile activity**

153 To ascertain whether the neural network, ICC and smooth muscle cells contributed to the
154 contractions observed in the muscularis medium, several drugs targeting each were tested in
155 culture. The contractions were altered accordingly when smooth muscle cells were affected by
156 adding carbachol or sodium nitroprusside (SNP), suggesting the involvement of functional
157 smooth muscle cells in the contractile activity. The typical concentration of carbachol, a

158 cholinergic agonist, in murine intestinal smooth muscle studies ranges from 0.1 to 100 μM ³⁷⁻³⁹.
159 Here we tested the effects of carbachol at 10 and 50 μM . Similar to previous observations^{13,40-42},
160 the addition of carbachol caused a tonic contraction (> 1 minute, **Supplementary Video 7a** (IMC,
161 short version for a quick view of the effect), **7b** (IMC, full version)). The effects of carbachol on
162 IMC were similar to its action on muscle strips (**Supplementary Video 7a-b, 8** (muscle strips)). In
163 contrast to carbachol, the smooth muscle relaxant SNP, a nitric oxide (NO) donor^{40,43}, reduced
164 the frequency of the contractions in a dose-dependent manner with an IC_{50} value of 24 μM (**Fig.**
165 **4a-b, Supplementary Video 9**). At the typical concentration, 100 μM ^{4,15,40}, about 80-100% of the
166 contractions were abolished (**Fig. 4a, Supplementary Video 9**).

167 The Ca^{2+} -activated Cl^- channel, Anoctamin 1 (ANO 1), is essential to the pacemaker activity of
168 ICC⁴⁴. To determine whether the periodic contractions in the muscularis medium were ICC-
169 dependent, we blocked ANO 1 channel by niflumic acid (300 μM ⁴⁴, a concentration effective for
170 murine intestine), which resulted in the inhibition of IMC contractions (**Fig. 4c, Supplementary**
171 **Video 10** (IMC)-**11** (muscle strips)).

172 In addition, smooth muscle contractions result from intracellular Ca^{2+} oscillations⁴⁵. A functional
173 ICC network produces periodic Ca^{2+} pulses to effect the contractile pattern⁴⁵. To further examine
174 the participation of ICC in the observed contractions, we loaded a fluorescent Ca^{2+} indicator into
175 cultured IMC to visualize the intracellular Ca^{2+} . Fluorescence intensity change caused by
176 intracellular Ca^{2+} flux was recorded and quantified using a customized MATLAB script. The highest
177 fluorescence intensity represented the highest Ca^{2+} level. We observed spontaneous and periodic
178 Ca^{2+} oscillations of the contracting cell clusters in the muscularis medium (**Fig. 4d, Supplementary**
179 **Video 12-13**). During contraction, the physical movements of cells followed the influx of Ca^{2+} with

180 a short delay (0.03-0.27 seconds, **Supplementary Video 12**). The Ca^{2+} flux also propagated from
181 one part of the cultured IMC to another (**Supplementary Video 13**). Correlated contracting
182 clusters experienced the influx of Ca^{2+} one by one (**Fig. 4e, Supplementary Video 13**). These
183 results support the role of ICC in the spontaneous contractions of IMC in the muscularis medium.
184 Next, to assess whether the contractions depended on neural signals, we applied the neural
185 blocker tetrodotoxin (TTX) to IMC in the muscularis medium. TTX blocks neural signals by binding
186 to the voltage-gated Na^+ channels⁴. It has been shown before that TTX at a concentration ≤ 10
187 μM can block the electrical or chemical-induced neurogenic contractions^{4,39}, but not the ICC-
188 involved spontaneous contractions^{15,46}. The spontaneous contractions of cultured IMC in the
189 muscularis medium and fresh muscle strips continued after the administration of $10 \mu\text{M}$ TTX, but
190 the frequency of the contractions was decreased (**Fig. 4f, Supplementary Fig. 3, Video 14 (IMC)-**
191 **15 (muscle strips)**). At $400 \mu\text{M}$, TTX terminated the contractions of cultured IMC but not fresh
192 muscle strips (**Fig. 4f, Supplementary Fig. 3, Video 14-15**). The spontaneous contractions of
193 muscle strips were severely disrupted when the concentration of TTX reached at 1 mM
194 (**Supplementary Fig. 3, Video 15**). The decrease of the contraction frequency with TTX at $10 \mu\text{M}$
195 and the full suppression of the contractions at $400 \mu\text{M}$ indicated that contractions of IMC cultured
196 in the muscularis medium likely involved neurogenic activities.

197 **Periodically contracting IMC sheets with scaffolds**

198 The IMC culture in the muscularis medium can be combined with other technologies for
199 application in intestinal tissue engineering. For instance, IMC grown on tissue culture plastic did
200 not form the aligned microarchitecture of the native intestinal muscle. To guide IMC to form

201 more organized structure, we incorporated an aligned electrospun poly-caprolactone (PCL) sheet
202 into the culture system. The PCL sheets seeded with IMC periodically moved due to IMC
203 spontaneous contractions (**Fig. 5a, Supplementary Video. 16**). MHC⁺ smooth muscle cells and β -
204 tubulin III⁺ neuronal plexus lined up along with the PCL fiber structure, while the ICC formed a
205 rudimentary network (**Fig. 5b-c**).

206 **Muscularis medium supported both epithelium and IMC**

207 Additionally, when incorporating this method with the culture technology²⁸ of intestinal
208 epithelium, we found that the muscularis medium can support the co-culture of both epithelium
209 and functional IMC (**Methods, Fig. 6a**). In conventional EC medium, the growth of epithelium
210 required exogenous EGF²⁸. Without exogenous EGF and matrigel, almost no epithelial cells from
211 the crypts could proliferate (**Fig. 6b**). Interestingly, when directly co-cultured with IMC, even
212 without exogenous EGF and matrigel, epithelium in the muscularis medium did proliferate (Ki67⁺
213 cells, **Fig. 6b**), suggesting IMC could mediate the proliferation pattern of epithelium. In direct co-
214 culture, the epithelium contained a variety of cell types including enterocytes (*Vil1*), goblet cells
215 (*Muc2*), enteroendocrine cells (*ChgA*), Paneth cells (*Lyz1*) and the epithelial stem cells (*Lgr5*, **Fig.**
216 **6c, Supplementary Fig. 4a**). Immunofluorescence showed the co-expression of chromogranin A
217 (*Chga*), Mucin 2 (*Muc 2*), lysozyme (*Lyz*) and villin (*Vil*, **Fig. 6d**). IMC in direct co-culture continued
218 to contract and expressed various markers of normal muscularis (**Fig. 6e, Supplementary Fig. 4b**).
219 Immunofluorescence further confirmed the presence of mature smooth muscle cells and the
220 network of ICC (**Fig. 6f**). Neurons and glial cells in direct co-culture retained the histotypic
221 organization of the enteric ganglia-like structures, with interconnecting strands and dense mesh

222 of outgrowing processes (**Fig. 6f**). In addition, serosal mesothelial cells also existed in co-culture
223 (**Supplementary Fig. 5**).

224 IMC contractions also persisted in direct co-culture (**Supplementary Video 17**). Epithelial cells
225 mechanically interacted with IMC. Driven by the stress gradient, epithelial cells in direct co-
226 culture were periodically stretched by the contracting IMC that pulled the adjacent cells toward
227 themselves (**Fig. 6g, Supplementary Video 17**). The stress gradient was reflected by the non-
228 uniform displacements within one epithelial cluster (**Fig. 6h**). The degree of strain was affected
229 by the size of the epithelial structures and their relative location to the contracting IMC.

230 **Contractions of human IMC & human epithelium-IMC co-culture**

231 To realize the full potential of our new IMC system, we next investigated the capability of the
232 muscularis medium for human cells. We noted that N-acetyl-L-cysteine (Nac), one component in
233 the muscularis medium, can protect neurons against apoptosis⁴⁷ but induces apoptosis of
234 smooth muscle cells⁴⁸. Though Nac in the muscularis medium did not bring substantial damage
235 of murine smooth muscle cells; for human smooth muscle cells, Nac considerably limited their
236 survival and consequently attenuated human IMC contractility (**Supplementary Fig. 6**). Upon
237 removal of Nac, human fetal and postnatal IMC in this new medium (human muscularis medium)
238 formed similar muscularis complexes with visible, spontaneous and periodic contractions (**Fig.**
239 **7a-b; Supplementary Fig. 7, Video 18**). The periods of contractions for human fetal IMC clustered
240 around 10-30 seconds at day 14 and 10-40 seconds at day 28 (**Fig. 7a-b**), which was similar to
241 those of human fetal muscle strips (**Supplementary Video 18-19**). In addition, compared with
242 previous serum-containing media, the human muscularis medium also strongly supported the

243 growth of mature smooth muscle cells, ICC, neurons and glial cells (**Fig. 7c-e**). In this medium,
244 mature smooth muscle cells distributed throughout the whole culture area; neurons and glia
245 again co-localized to form structures reminiscent of the native myenteric plexus; network formed
246 by multipolar ICC were associated with the ganglia-like structures; while dipolar ICC resided along
247 with the smooth muscle cells (**Fig. 7c-d**). Directly co-cultured human epithelium and IMC also
248 survived in human muscularis medium (**Fig. 7f-g**). IMC exhibited rhythmic contractions with
249 epithelium attached on top (**Supplementary Video 20**).

250 **Discussion**

251 Both human and murine IMC cultured in our serum-free media (muscularis medium and human
252 muscularis medium) possess many features that are not achievable under conventional serum-
253 containing conditions. Contractions of IMC in traditional serum cultures are transitory and
254 irregular^{5,6,41}, relying on external stimuli^{5,41}. In contrast, contractions of murine and human fetal
255 IMC in our media are 1) spontaneous (no stimulation), 2) periodic, 3) long-term, 4) with distinct
256 physical movements and 5) with a frequency closely resembling that of native smooth muscle
257 (murine at day 28; human fetal from day 14 to day 28; **Fig. 1b-c, Fig. 7a, Supplementary Video 1-**
258 **3, 18-19**). For human postnatal IMC, contractions in the human muscularis media are
259 spontaneous, periodic, usually lasts for over 3 weeks, but slower than those associated with fetal
260 IMC. Researchers have shown that the frequency of contractions will increase when temperature
261 is raised¹⁰. In this report, all the contraction frequency tests, both for IMC and muscle strips, were
262 conducted at room temperature (22°C to 25°C). Cells and tissues may contract faster at 37°C.

263 For an extended period, all critical cell populations from intestinal muscularis, including mature
264 smooth muscle cells, “ENS” and ICC, not only survived but retained their histotypic morphology.
265 The discovery of neurons, glia and ICC with different morphologies implies that the (human)
266 muscularis media can preserve the microenvironment for regional specialization. Furthermore,
267 the formation of “ENS” that shares many common features with the native myenteric plexus
268 suggests that the muscularis media can also maintain the unique cell-cell associations within
269 intestinal muscularis complexes. The inability of reverting intestinal smooth muscle cells into the
270 mature phenotype *in vitro* has been often discussed in the literature^{17,18,49}. Here we reverted
271 non-contractile smooth muscle cells to the mature contractile phenotype by culturing them in
272 the (human) muscularis media. Studies have suggested that neuron-smooth muscle cell
273 interactions are essential for developments of both smooth muscle and ENS⁵. The acquisition of
274 maturity for smooth muscle cells, “ENS” and ICC in the (human) muscularis media may be a result
275 of the close connectivity among these cells.

276 The serum-free muscularis media also offer a defined environment for mechanistic studies
277 (**Supplementary Note 2, Video 21**). In the muscularis medium, different components in
278 combination displayed a potent synergistic effect on IMC contractility. While simpler
279 formulations of serum-free media can be used, the efficiency of periodic contractions was
280 reduced (**Supplementary Note 1**). In particular, we observed a marked decline of *c-Kit* expression
281 when noggin, R-spondin1 and Y27632 were omitted (**Supplementary Fig. 8**), suggesting pathways
282 controlled by these three components may modulate the growth and maturation of ICC.

283 In combination with other biotechnologies, the applications of the method were substantially
284 extended. Particularly, with scaffolds, IMC can grow into the tissue model with more organized

285 architecture. With the culture technology of intestinal epithelium, the method supported at least
286 9 (human) or 11 (murine) different types of cells, including the Lgr5⁺ stem cells, enterocytes,
287 goblet cells, enteroendocrine cells, Paneth cells, smooth muscle cells, ICC, PDGFR α ⁺ cells, neurons,
288 glial cells and serosal mesothelial cells (**Fig. 6-7, Supplementary Fig. 5**). Our culture system may
289 serve as a platform for more complex and comprehensive studies of other cell types as well. In
290 addition, peristalsis normally results in periodic waves of both muscularis and mucosa. The active
291 mechanical factor is crucial to normal tissue physiology but always missing in traditional culture
292 systems. Although the architecture of the co-culture requires further optimization, our co-culture
293 system has recapitulated the cyclic mechanical strains by the natural contraction of IMC and re-
294 established this coupled mechanical relation between epithelium and muscularis. Previous
295 studies have provided many effective approaches for achieving the correct architecture of
296 epithelium-muscularis co-culture^{4,32,33,50}, which can be adapted to further improve our co-culture
297 system.

298 In summary, this is the first report of a platform that successfully maintains long-term
299 spontaneous and periodic contractions of primary-cultured IMC in defined, serum-free
300 conditions. The method can be broadly used and may ultimately assist in the full-thickness
301 regeneration of functional intestine when in combination with other various technologies such
302 as biomaterials and specific primary cell-based or pluripotent stem cell-based methods. The
303 serum-free cultures described here can potentially become the model of choice for many studies
304 related to intestine, and other organs containing muscle layers. The ability to support rhythmic
305 contractions of human IMC may eventually translate this approach to clinical applications.

306 **Methods**

307 **Mice and human specimens.** Pregnant mice were obtained from Charles River Laboratories
308 (Wilmington, MA) to give birth to wild-type (C57BL/6) pups. Mice expressing green fluorescent
309 protein (GFP, C57BL/6-Tg(Actb-EGFP)1Osb/J) from a colony managed by the Division of
310 Laboratory Animal Medicine at UCLA were also used for specific experiments. Intestinal smooth
311 muscles were isolated from 3 to 7-day-old mice. Intestinal crypts were isolated from 6-week-old
312 mice. All animal studies were approved by Animal Research Committee and Office of Animal
313 Research Oversight as animal protocol number 2005-169. All efforts were made to minimize
314 animal pain and suffering. For human materials, de-identified healthy small intestine tissues from
315 discarded surgical samples of infant or teenager patients were obtained through the Department
316 of Pathology Translational Pathology Core Laboratory. Fourteen to 18-week-old fetal bowels
317 were obtained upon the written informed consent from each patient. All human studies were
318 performed with appropriate Institutional Review Board approval.

319 **IMC isolation.** IMC isolation was performed using previously published protocols¹³. Intestines
320 were removed and placed on ice in Hank's Buffered Saline Solution lacking magnesium and
321 calcium (HBSS, Life Technologies, Carlsbad, CA) with 1x antibiotic-antimycotic (ABAM, Invitrogen,
322 Carlsbad, CA). Intestinal muscles containing both longitudinal and circular muscle layers were
323 carefully stripped off from the intestine using forceps and collected in HBSS buffer with 1x ABAM
324 in 15 ml conical tubes on ice. Muscle strips in 15 ml conical tubes were then centrifuged at 1,000
325 rpm for 5 minutes. Next, muscles were digested into single cells (IMC) by 1 mg/ml collagenase
326 from *Clostridium histolyticum*, Type XI (Sigma, St. Louis, MO) in HBSS at 37°C for 30 minutes.

327 After the digestion, 10 ml DMEM, low glucose, GlutaMAX™ Supplement, pyruvate (Life
328 Technologies, Carlsbad, CA) with 10% fetal bovine serum (FBS, Invitrogen) and 1x ABAM was
329 added to terminate the process. The cells were pelleted by centrifugation at 1,000 rpm for 5
330 minutes and re-suspended in serum medium prior to culture. IMC isolation from the human
331 tissue followed the same methods used for mice. For all experiments, samples were randomly
332 assigned to different experimental groups.

333 **Cell culture.** Three different culture media were used in this study: the conventional serum
334 medium; the muscularis medium and the human muscularis medium. The conventional serum
335 medium was DMEM with 10% fetal bovine serum (FBS, Invitrogen) and 1x ABAM. The muscularis
336 medium consists of Advanced DMEM/Ham's F-12 (Invitrogen) with N2 (Invitrogen), B27
337 (Invitrogen), 1 mM N-acetylcysteine (Nac, Sigma), 10 mM HEPES (Invitrogen), 2 mM GlutaMAX
338 (Invitrogen), 100 ng/mL recombinant murine Noggin (Stemgent, Cambridge, MA), 1 µg/mL
339 recombinant human R-spondin1 (R&D Systems, Inc., Minneapolis, MN), 10 µM Y27632
340 (Peprotech, Rocky Hill, NJ) and ABAM. The human muscularis medium was made by subtracting
341 Nac from the muscularis medium. For murine IMC, IMC in serum medium were plated onto the
342 24-well culture plates (Corning, Corning, NY) with a density of 320,000 cells/well (or 48-well
343 plates at 160,000 cells/well). IMC in all the conditions were cultured in a 37°C incubator with 10%
344 carbon dioxide. Media were changed every other day. For culture using (human) muscularis
345 media, IMC were first pre-cultured in serum medium for 2 days to allow cells to attach and grow,
346 then transferred to (human) muscularis media. For passaging IMC, media were removed and 500
347 µL TrypLE™ Select Enzyme (Life technologies) was added into each well on 24-well plates for a 5-
348 minute incubation at 37°C. After the incubation, 500 µl DMEM with 10% FBS was added to each

349 well. The content in each well was well mixed and collected in Eppendorf tubes. A 28 gauge
350 syringe (Fisher) was used to break up the cell clusters and the mixture was centrifuged for 5
351 minutes at 1000 rpm. The supernatant was discarded. The pellet was resuspended into serum
352 medium and directly placed onto a new well-plate for 2-day pre-incubation then transferred to
353 the muscularis medium. For cells cultured in totally serum-free conditions, 10% FBS in the serum
354 medium in the pre-incubation was replaced by 10% (10 g/100 ml) bovine serum albumin, Fraction
355 V (BSA, Fisher Scientific, Pittsburgh, PA) and cells were pre-incubated for 4 days instead of 2 days.
356 In most cases, IMC were unfiltered. For the experiment testing whether or not the muscularis
357 medium was effective on filtered IMC, IMC were filtered by a 70 micron nylon filter (Corning,
358 Corning, NY)¹³.

359 **Isolation of intestinal crypts.** Murine intestinal crypts were isolated by a previously reported
360 method²⁹. Murine intestinal tissue was removed from the animal and cut open in cold phosphate
361 buffered saline (PBS, Life Technologies). With mucosa surface facing up, the excess mucoid
362 material was scrapped by the tweezer tips. Next the specimen was washed several times until
363 the solution remained clear. The specimen then was cut into approximately 1 cm² pieces,
364 transferred into 30 ml of 2.5 mmol/L EDTA in PBS and incubated for 30 minutes at 4°C. At the end
365 of incubation, 15 ml supernatant was discarded with intestinal fragments settled at the bottom
366 of the tube. 15 ml of cold PBS was added into the tissue and the total 30 ml solution with tissue
367 was vortexed for 3 seconds x 10 times. After the fragments settled down at the bottom, the
368 supernatant was collected and saved on ice (Crypt fraction 1). 15 ml of PBS was added into the
369 tissue again and the process was repeated six times (Crypt fraction 1-6). Samples then were
370 centrifuged at 100 rcf for 2 minutes. About 13 ml of the supernatant was discarded and the

371 pellets were resuspended in the rest of the solution with the addition of 10% FBS. The purity of
372 crypt fractions was examined under microscope. Several fractions were pooled together based
373 on the need of experiments. The pooled sample were purified by the combination of a 100- μ m
374 and a 70- μ m filters (BD Biosciences, Bedford, MA). Next the crypts were spun at 100 rcf for 2
375 minutes and resuspended at a density of 300 crypts in 25 μ l Matrigel (BD Biosciences). The crypts
376 with Matrigel were placed onto the 48-well culture plates. Matrigel was allowed to polymerize
377 at 37 °C for 15 minutes. Isolation of human crypts was conducted in a similar way except that
378 instead of 2.5 mM EDTA, 16 mM EDTA with 1 mM Dithiothreitol was used in this procedure.
379 Murine epithelium at Passage 0 to 1 and human epithelium from adult patients at Passage 11 to
380 12 were used for co-culture. For all experiments, samples were randomly assigned to different
381 experimental groups.

382 **Intestinal epithelium and IMC co-culture.** IMC were cultured in the muscularis medium for 21
383 days before adding epithelial cells. For passaged epithelial cells, epithelial cells/Matrigel with
384 culture media were removed from the wells and collected into Eppendorf tubes. The
385 cells/Matrigel were quickly spun for 3 seconds x 3 times. Upon removal of the supernatant, 500
386 μ l TrypLE™ Select Enzyme was added to digest the Matrigel for 5 minutes at 37 °C. After the
387 digestion, 500 μ l DMEM with 10% FBS was added to each tube. The content in each tube was
388 well mixed, and quickly spun for 3 seconds x 3 times. The supernatant was discarded. The pellet
389 was resuspended into the muscularis medium (murine cells) or human muscularis medium (human
390 cells) and directly placed onto the cultured IMC. For fresh crypts, crypts were resuspended into
391 the muscularis medium (murine cells) or human muscularis medium (human cells) and directly
392 placed onto the cultured IMC after isolation. For each well on a 24-well plate, about 500 units of

393 epithelial structures or crypts were seeded on IMC. Co-culture was maintained in a 37°C
394 incubator with 5% carbon dioxide for 4 days. IMC (for 25 days) alone or epithelium alone with
395 Matrigel (for 4 days) in the muscularis (murine cells) or human muscularis (human cells) medium
396 were also cultured in the same condition as controls. For the image on the right in **Fig. 6b**,
397 epithelium alone was cultured for 4 days in the muscularis medium without Matrigel.

398 **Contractile assessment.** Contractions of IMC were analyzed using video microscopy. IMC formed
399 contracting cell clusters when cultured in the (human) muscularis media. Fluorescence (for GFP⁺
400 IMC) and phase contrast (for non-GFP IMC) videos of the cultured cell clusters or fresh muscle
401 strips were recorded by a camera connected to the Olympus IX71 or IX73 (the updated version)
402 microscope with CellSens software (Olympus, Center Valley, PA) at room temperature (22°C to
403 25°C). Each video was acquired at 40x magnification which captured an area of about 3.7 mm²
404 for 30 to 40 seconds. Multiple areas of one sample were examined. Every periodically moving cell
405 cluster captured in videos was analyzed. Based on our previous work¹³, custom MATLAB
406 programs (**Supplementary Code 1** (for fluorescence video), **Code 2-3** (for phase contrast video))
407 were written to measure the frequency of contractions. Regions of interest (ROIs) on the
408 contracting cell clusters were first selected. The contraction-relaxation cycles of the cells caused
409 a periodical change of intensity in the selected ROIs. We measured the frequency of the intensity
410 change. For GFP⁺ cells, in the contracted state, the size of the cluster became smaller while the
411 number of cells in each cluster remained the same, leading to an increase of the cell density, and
412 subsequently fluorescently brighter cell clusters, i.e. an increase of the fluorescence intensity in
413 ROIs (**Supplementary Fig. 9a**). When cells were relaxed, the size of cell clusters extended, the
414 density of the cells decreased, and the clusters became dim, i.e. a decrease of the fluorescence

415 intensity in ROIs (**Supplementary Fig. 9a**). If cells were not contracting, no obvious intensity
416 change could be detected. For non-GFP cells, contractions were recorded under phase contrast
417 mode (black and white). In contrast to GFP⁺ cells, non-GFP cell clusters in contraction state
418 demonstrated a more compact and darker formulation than that in relaxation state, leading to a
419 decrease in intensity (darker image, **Supplementary Fig. 9b**). In some rare cases, ROIs were
420 selected at the periphery of contracting clusters and intensity in these ROIs changed when the
421 cell clusters contracted to reveal the background underneath (**Supplementary Fig. 9c**). The
422 averaged intensity value within ROIs for each frame was calculated and compared to that from
423 the first frame in each stack to generate a normalized intensity profile. A Fast Fourier Transform
424 (FFT) was performed on the average intensities for each region of interest in the temporal domain.
425 Contraction frequency was then identified as the frequency response with the largest magnitude,
426 the period of contractions as the reciprocal of the identified frequency. Programs were carefully
427 written to acquire the sufficient sensitivity and a good signal/noise ratio for detecting the
428 differences of the intensity among each frame. If necessary, histogram equalization was used to
429 suppress image noises and eliminate environmental illuminations prior to the FFT.

430 **Intracellular Ca²⁺ imaging.** IMC were cultured in the muscularis medium for 28 days. Then
431 calcium flux was visualized using the Fluo-4 Direct™ Calcium Assay Kit^{13,51} (Thermo Fisher
432 Scientific) following the product protocol. Briefly, Fluo-4 AM calcium indicator was loaded in
433 culture and incubated first at 37°C for 30 minutes, then at room temperature (22°C to 25 °C) for
434 30 minutes. The calcium indicator expressed increased fluorescence when binding to calcium.
435 The highest fluorescence intensity represented the highest Ca²⁺ level. Fluorescence intensity
436 change caused by intracellular Ca²⁺ flux was recorded using video microscopy at room

437 temperature (22°C to 25 °C) and ROIs were selected. The frequency of fluorescence intensity
438 change within the ROIs was quantified using custom MATLAB script (**Supplementary Code 1**).

439 **Immunofluorescence.** Prior to immunostaining, culture media were removed and samples were
440 washed once by PBS. For MHC, β -tubulin III, GFAP, GFP, Chga, Vil, Muc 2, Lyz, Ki67 and cytokeratin,
441 samples in plastic well-plates were fixed by directly adding formalin (Fisher Scientific) and
442 incubated for 25 min at room temperature. Samples then were washed by PBS twice for 5 min
443 each and permeabilized with 0.5% Triton X-100 (Sigma, diluted in PBS) for 5 min. After washing
444 in PBS again, samples were incubated in a blocking solution of 4% goat serum (Vector
445 Laboratories, Burlingame, CA) with 2% BSA in PBS for 1 hour at room temperature. Next, samples
446 were incubated with primary antibodies overnight at 4°C, rinsed, and incubated with
447 fluorescently-conjugated secondary antibodies for 2 hours at room temperature. All the
448 antibodies were diluted into the blocking solution. The antibodies used were listed in
449 **Supplementary Table 3**. For staining of c-Kit, IMC were cultured on the glass chamber slides
450 (Fisher Scientific, seeding density: 250,000 cells/chamber) and fixed by acetone (Fisher Scientific)
451 for 30 min at 4°C. Samples then were washed by PBS for three times for 5 min each and incubated
452 in the blocking solution of 5% goat serum with 0.1% Triton-X in PBS for 1 hour at 4°C. Next
453 samples were then incubated with primary antibody (**Supplementary Table 3**) overnight at 4°C,
454 rinsed, and incubated with a fluorescently-conjugated secondary antibody (**Supplementary**
455 **Table 3**) for 2 hours at room temperature. The primary and secondary antibodies were diluted in
456 a solution with 5% goat serum in PBS. For phalloidin staining, Alexa Fluor® 488 phalloidin (A12379,
457 Life Technologies, 1: 40) was added with the secondary antibodies. After the incubation of
458 secondary antibodies, samples were washed in PBS for 3 times, each 5 min, and one drop of DAPI

459 (P36962, Life Technologies) was then added into each well or slide chamber to visualize the
460 nucleus of the cells. Images were taken by the Olympus IX71 or IX73 microscope with CellSens
461 software. Confocal images were taken by Inverted Zeiss LSM 880 Laser Scanning Confocal
462 Microscope (Zeiss, Oberkochen, Germany) at Stanford Cell Science Imaging Facility.

463 **Quantitative real-time RT-PCR.** RNA was isolated from cultured IMC, freshly isolated muscle
464 strips or crypts (as the control) with a Qias shredder (Qiagen, Germantown, MD) and RNeasy kit
465 (Qiagen). Quantitative real-time RT-PCR was carried out with QuantiTect Probe RT-PCR kit
466 (Qiagen) on the 7500 Real Time PCR System (Applied Biosystems, Invitrogen). Relative expression
467 was calculated based on the $\Delta\Delta C_t$ method with *Gapdh* as reference. For human markers, *MYH11*,
468 *C-KIT*, *TUBB3*, *GFAP* and *GAPDH*, real-time RT-PCR was performed with qScript™ One-Step SYBR®
469 Green qRT-PCR Kit (Quanta Biosciences, Beverly, MA). Validated primers and probes used here
470 were listed in **Supplementary Table 3**.

471 **Pharmacological Responses.** Prior to the tests, IMC were cultured in muscularis medium for 28-
472 35 days. Carbachol (Thermo Fisher Scientific), SNP (Sigma), and tetrodotoxin citrate (Tocris,
473 Bristol, United Kingdom) were dissolved in distilled water as stock solution. Niflumic acid (Sigma)
474 were dissolved in dimethyl sulphoxide (DMSO, ATCC, Manassas, VA). Prior to testing,
475 experiments were done to show that the solvents have little effect on the mechanical behavior
476 of cells and muscle strips. Dilutions were directly administrated into the bath medium. Each
477 concentration for all drugs was non-cumulatively applied to individual samples (n = 3 biologically
478 independent samples for each concentration). Carbachol was applied while recording video since
479 the effect of carbachol was immediate. IMC with SNP, TTX and niflumic acid were incubated for
480 3 mins⁵², 5 mins⁴ and 15 mins⁴⁴ (respectively) at 37°C, a time enough to obtain stable responses

481 and videos were taken immediately after the incubation to record any change of cell contractility.
482 For calculating the IC₅₀ value of SNP, an area that contained about 10 cell clusters for each sample
483 was recorded before and after the 3-min application of SNP. For each cell cluster present in each
484 video, we counted the number of contractions of the same clusters within one minute (COM)
485 before (set as control) and after the administration of SNP. The inhibition effect on the
486 contraction frequency was expressed as percent decrease of COM from control.

487 **Electrospun Scaffold.** 11% (w/w) Poly-caprolactone (PCL, Durect Lactel, Cupertino, CA) in
488 1,1,1,3,3,3-Hexafluoro-2-propanol (HFIP, Sigma) was prepared 1-day prior to electrospinning and
489 well mixed. A customized electrospinning set was built in the lab with a syringe pump, a high
490 voltage supplier and a rotating mandrel as the collector. The mandrel was 3 mm in diameter. The
491 rotating speed was 3000 rpm. The experiment was conducted at 13.5 kV and the target volume
492 for each scaffold was 0.15 mL. The scaffold was removed from the mandrel and cut into the size
493 of a well of a 48-well plate. Scaffolds were coated by the neutralized collagen (Advanced
494 BioMatrix, Carlsbad, CA) prior to cell seeding. The seeding density on each scaffold was 1 million
495 per scaffold.

496 **Statistics.** All the results were present as mean values \pm standard deviations with n indicating the
497 number of biologically independent samples. Differences between groups were evaluated using
498 one-way analysis of variance (ANOVA) and Tukey's post hoc method of multiple comparisons. For
499 two-group comparison, tests for data variance were first performed. The two-tailed Student's t-
500 test was used for two groups with equal variances. While the Student's t-test with Welch's
501 correction was used for groups with unequal variances. Frequency counts were conducted in
502 OriginPro 2015 (Student Version, OriginLab Corp, Northampton, MA) for histograms showing the

503 distribution of contraction periods at each time point. Differences between distributions were
504 determined by the two-sided Kolmogorov–Smirnov test. A p -value <0.05 was treated as
505 statistically significant. Based on the concentration-inhibition curve, the IC_{50} value (the
506 concentration that caused 50% relaxation/contraction) of SNP was obtained by fitting the data
507 to the sigmoidal dose–response model. All the statistical studies were carried out using OriginPro
508 2015 or 2016. Graphs were drawn using GraphPad Prism 6 (GraphPad Software Inc., San Diego
509 CA).

510 **Code Availability.** Supplementary Code 1-3.

511 **Data Availability.** The authors declare that all data supporting the findings of this study are
512 available within the paper and its supplementary information files.

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631 **Additional references in Methods:**

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638

639 **Acknowledgments**

640 This research was supported by US National Institutes of Health (NIH) grant R01 DK083119 to
641 J.C.Y.D. and Q.W. was supported by a scholarship from China Scholarship Council (CSC). We also
642 thank S.Y. Lewis and J. Wang for providing human intestinal epithelial cells and the RNA of human
643 crypts; X. Guo, A. Liu and X. Bao for helpful suggestions and critical reading of the manuscript; K.
644 Ding and Z. Wang for scientific discussions; all the staff of the Division of Laboratory Animal
645 Medicine at UCLA; V. Ciobanu and his team at Department of Pathology and Laboratory Medicine,
646 David Geffen School of Medicine at UCLA and staff at Ronald Reagan UCLA Medical Center for
647 providing human tissue.

648 **Author contributions**

649 Q.W. and J.C.Y.D. conceived of and designed the experiments, interpreted results, and wrote the
650 manuscript with contributions from other authors. Q.W. performed all the experiments and data
651 analysis except as noted below. K.W. and C.M.W. wrote the MATLAB code for frequency analysis.
652 K.W. also performed the optical flow analysis for videos of co-culture and human samples. R.S.S.
653 assisted the culture of human fetal intestinal muscularis cells, performed the RT-PCR of human
654 fetal samples and provided technical assistance of figure preparation. P.L. assisted the isolation
655 of crypts and provided helpful advice on co-culture experiments. A.T. helped culture of human
656 cells. M.G.M. and C.M.W. edited the manuscript.

657 **Competing Financial Interests**

658 The authors declare no competing financial interests.

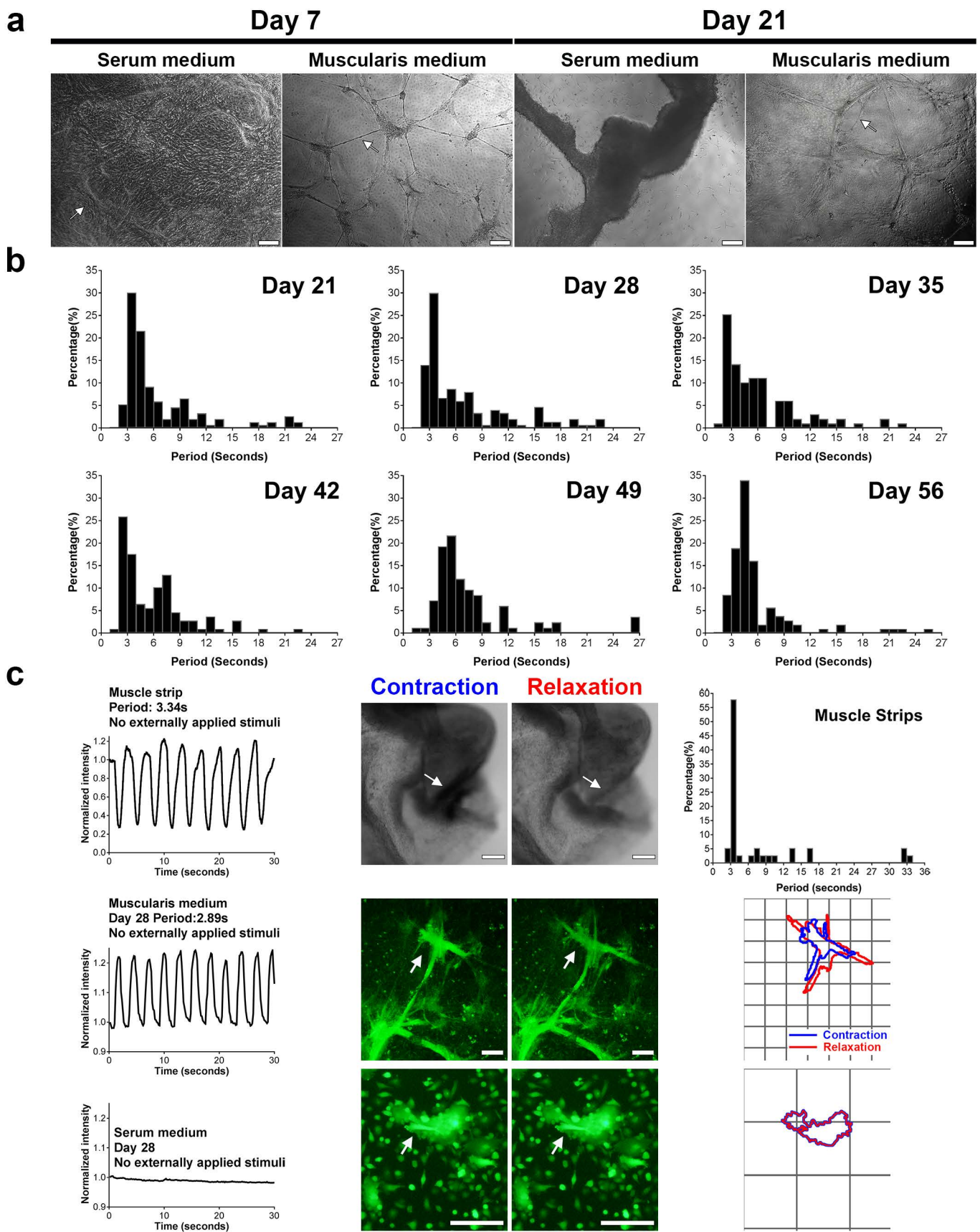


Figure 1 | IMC in the muscularis medium exhibit long-term periodic and spontaneous contractions (no stimulation). **(a)** Representative phase contrast images of IMC in serum and muscularis media at day 7 and 21. Arrow in the first image points to the hill-and-valley pattern. Arrow in the second image indicates neurites-like connections between clusters. Arrow in the last image points to partially detached cell clusters. Scale bars, 200 μm . **(b)** Distributions of contraction periods of IMC in the muscularis medium at 21 (153, 4; N = 153 cell clusters from n = 4 biologically independent samples), 28 (173, 6), 35 (99, 3), 42 (108, 3), 49 (83, 3) and 56 (106, 3). No externally applied stimuli. See distributions for day 7 and 14 in **Supplementary Fig. 2**. **(c)** Typical recordings of spontaneous periodic contractions (left), shape changes (arrow, middle) and outlines (right; grid, 100 μm) of the IMC clusters in the muscularis medium and the serum medium at day 28 as well as the recording (left) and shape changes (arrow, middle) of the contracting spot on the muscle strip. For the outline image of IMC in the serum medium: the blue line is thicker than the red line. Top right image shows the distribution of contraction periods of muscle strips (N = 38 spots from n = 9 animals). Scale bars, 100 μm .

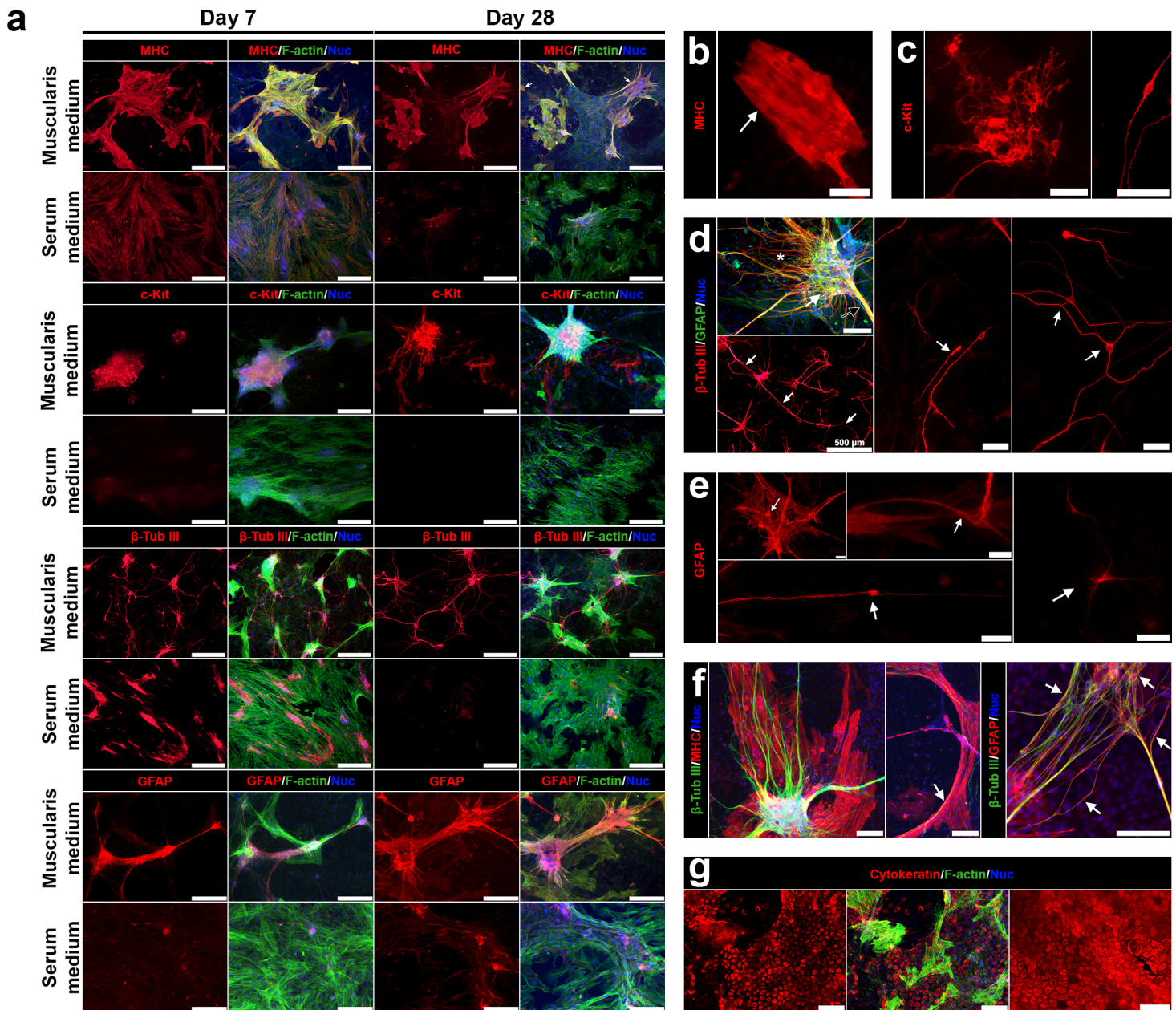


Figure 2 | The muscularis medium maintains mature smooth muscle cells, ICC, neurons and glial cells. (a) Immunofluorescence of MHC, c-Kit, β -tubulin III, and GFAP in the serum or muscularis media at d7 and d28. Nuclei (DAPI, blue) and F-actin (phalloidin, green). (b-e) Details of cells in the muscularis medium at day 28. (b) Filament bundles in contractile smooth muscle cells (arrow). (c) Multipolar ICC network (left) and dipolar ICC (right, day 21). (d) Key elements of ENS reproduced in the muscularis medium: ganglia-like structures (white arrow), thick neurite bundles (black arrow) and neural fibers (white asterisks), top left, scale bar, 100 μ m; neurites extend over 2,000 μ m (left bottom, arrows, scale bars, 500 μ m); and different types of neurons (middle and right). (e) Four different types of glial cells (arrows). (f) Close associations of smooth muscle cells, neurons and glial cells (arrows). (g) Serosal mesothelial cells (cytokeratin, red) in the muscularis medium at day 28 (left, middle) and in muscle strips (right). If not mentioned, scale bars, 200 μ m (a), 50 μ m (b-e) or 100 μ m (f-g).

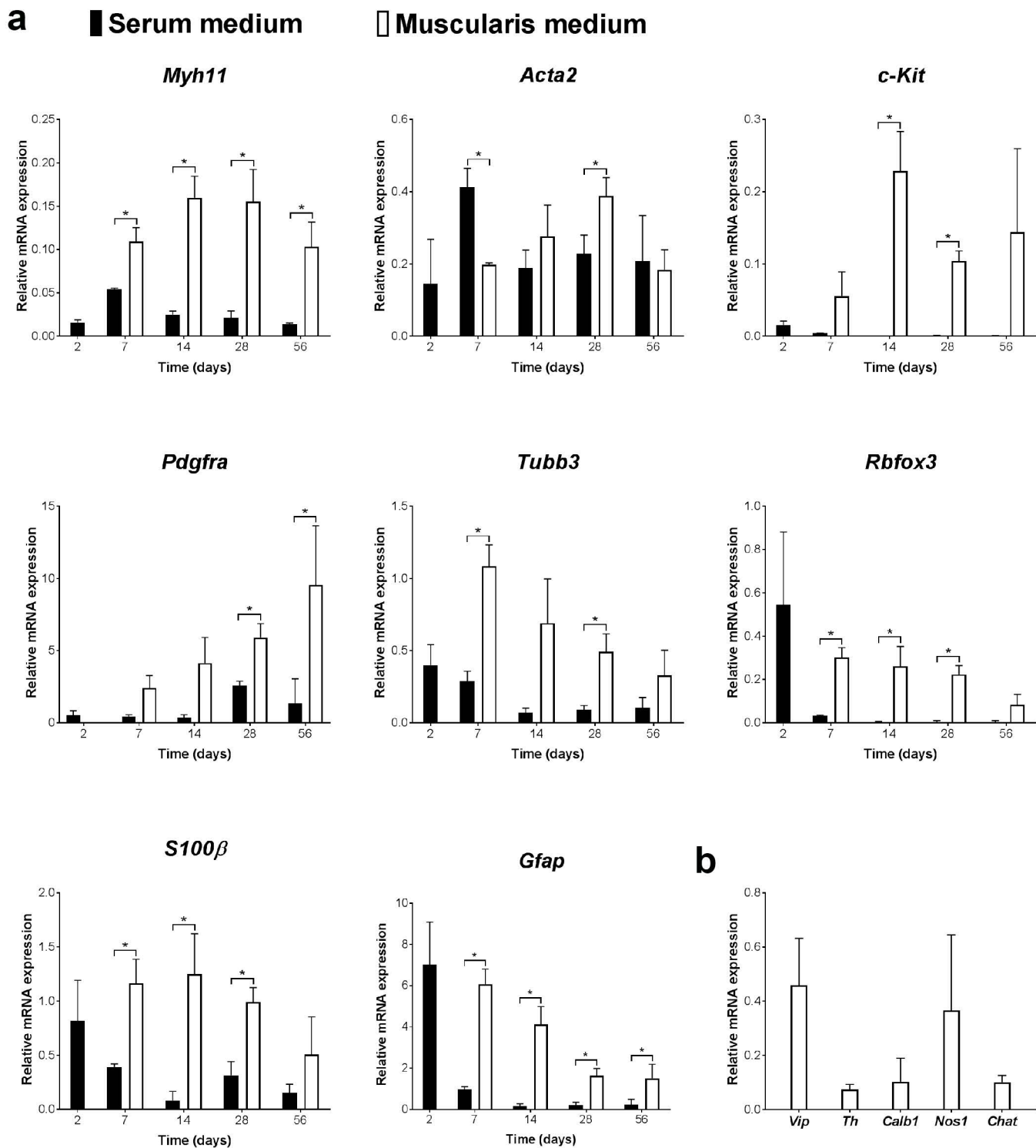


Figure 3 | The muscularis medium maintains various cell types at the gene level. (a) Relative mRNA expression of indicated markers in serum and muscularis media at day 2 (pre-incubation in the serum medium, **Methods**), 7, 14, 28 and 56, real-time RT-PCR. (b) Relative mRNA expression of various enteric neuronal markers in the muscularis medium at day 28, real-time RT-PCR. Control: muscle strips; housekeeping gene: *Gapdh*. Error bars, S.D. (n = 3 biologically independent samples). Two-tailed Student's t-test, **p* < 0.05.

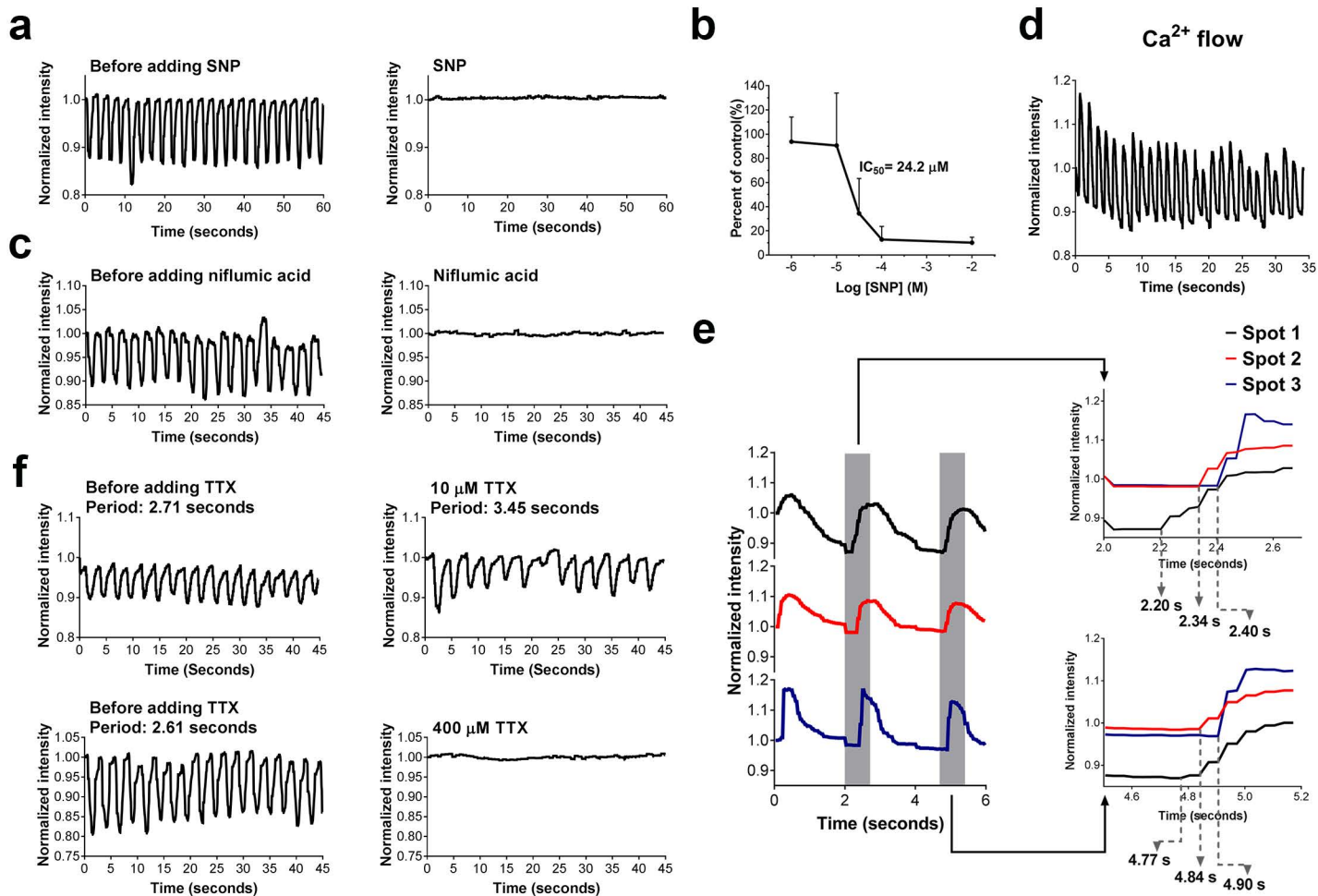


Figure 4 | Role of smooth muscle cells, ICC and the neural network in the observed contractile activities in the muscularis medium. **(a)** Representative recordings of the effects of 100 μM SNP on IMC cultured in the muscularis medium at d28 (**Supplementary Video 9**). **(b)** Concentration–response curve for frequency of the contractions in response to SNP. Error bars, S.D. (N = 42, 55, 36, 30, 42 cell clusters for -2, -4, -4.5, -5, -6 log [SNP] (M) respectively, each from n = 3 biologically independent samples). **(c)** Representative recordings of the effects of 300 μM niflumic acid on IMC cultured in the muscularis medium at d35 (**Supplementary Video 10-11**). **(d)** Representative recordings of the spontaneous periodic Ca^{2+} oscillations in the muscularis medium at d28 (**Supplementary Video 12**). **(e)** Ca^{2+} influx onset was propagated along correlated contracting spots (the first three contractions shown in **Supplementary Video 13**). **(f)** Representative recordings of the effects of 10 μM and 400 μM TTX on IMC cultured in the muscularis medium at d28 (**Supplementary Video 14-15**). See **Supplementary Fig. 3** for TTX effects on muscle strips.

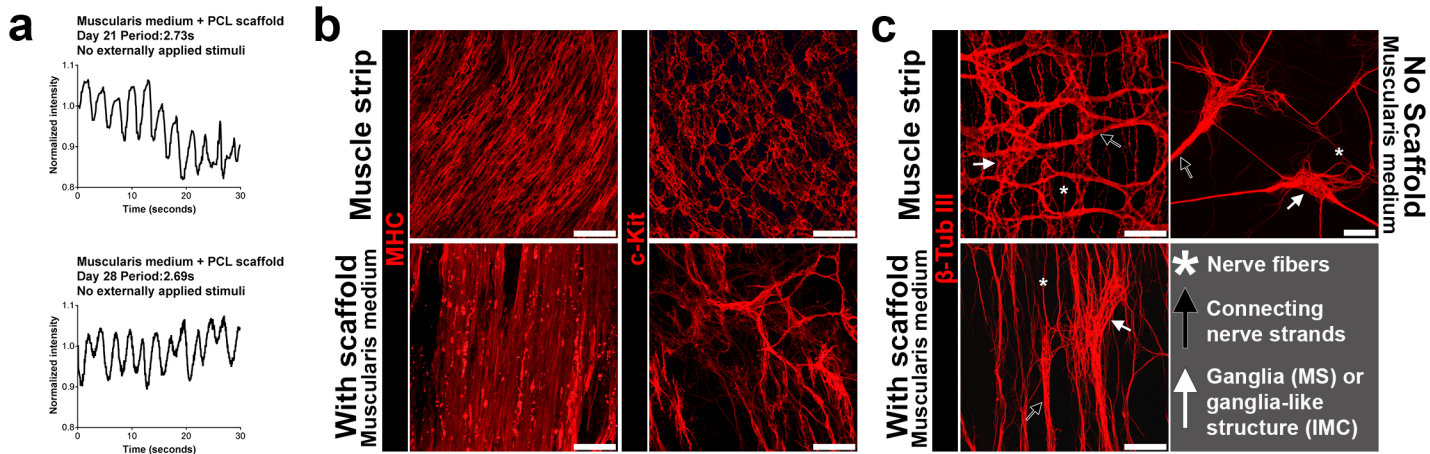


Figure 5 | Spontaneous and Periodic contractions of IMC sheets on aligned electrospun PCL scaffolds in the muscularis medium. **(a)** Typical recordings of spontaneous periodic contractions of IMC sheets on PCL scaffolds in the muscularis medium (**Supplementary Video 16**). **(b)** Top views of mature smooth muscle cells (MHC) and ICC networks (c-Kit) in muscle strips and in IMC cultured on PCL scaffold in the muscularis medium at day 28, showing microarchitecture of muscle and ICC (confocal images, for MHC staining on muscle strips, mainly circular muscle layer). **(c)** Top views of neurons (β -tubulin III) in muscle strips, IMC cultured on PCL scaffold and on culture plastic in the muscularis medium at day 28, showing aligned microarchitecture of neurons (confocal images for muscle strips and IMC on scaffolds). Key elements of myenteric plexus are pointed out: ganglia in muscle strips (MS) or ganglia-like structures in cultured IMC (white arrow), thick neurite bundles (black arrow) and neural fibers (white asterisks). Scale bars, 100 μ m.

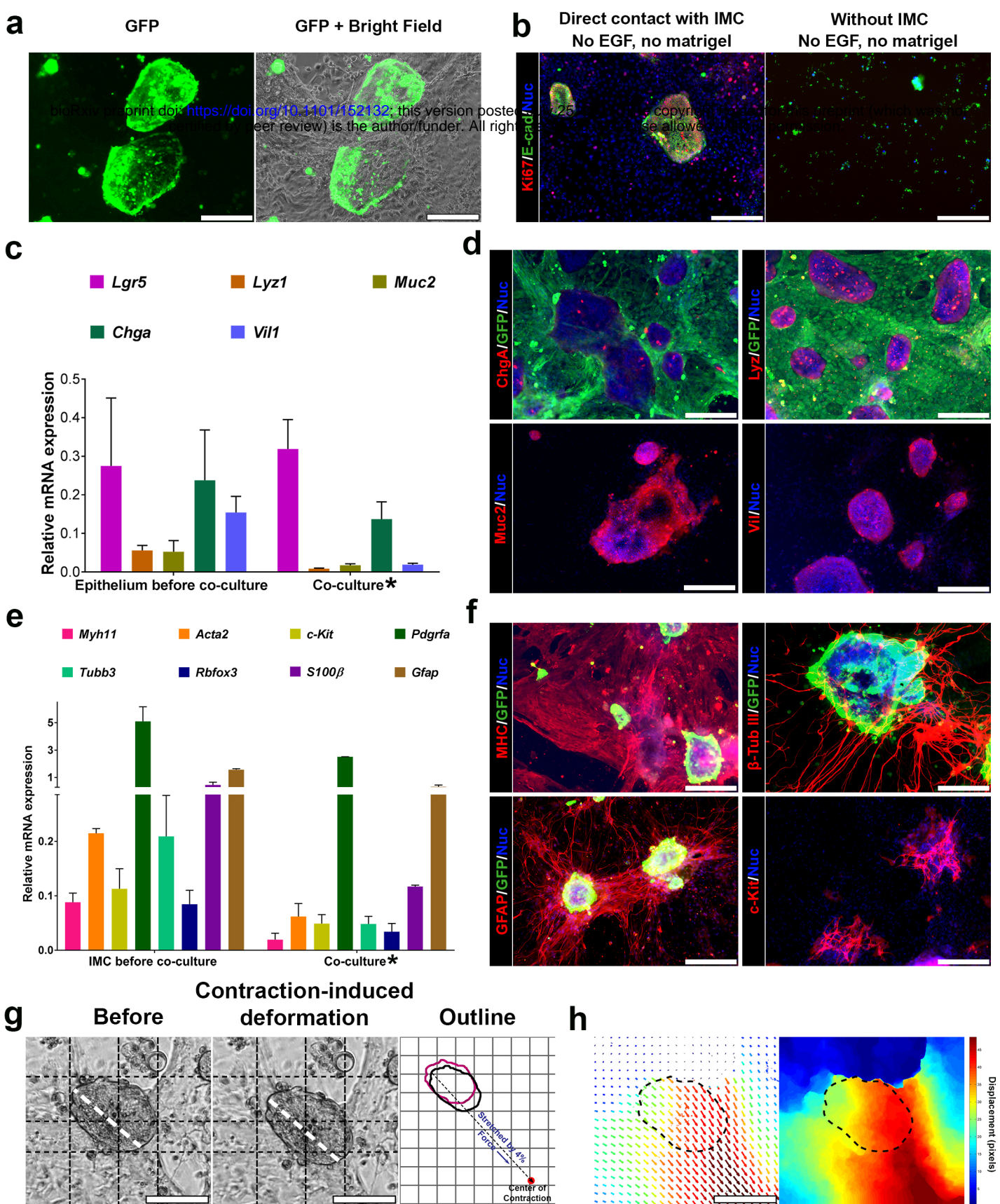


Figure 6 | Intestinal epithelium and functional IMC both survive in the muscularis medium. **(a)** GFP epithelium after 4-day co-culture with non-GFP IMC. **(b)** Proliferation (Ki67, red) of epithelium (E-cadherin, E-cad, green) when cultured alone or with IMC. **(c)** Relative mRNA expression of indicated epithelial markers of epithelium before co-culture and cells after 4-day co-culture*. **(d)** Immunofluorescence of ChgA, Lyz, Muc2, Vil and GFP for GFP IMC and non-GFP epithelium after 4-day co-culture. **(e)** Relative mRNA expression of indicated IMC markers of IMC before co-culture and cells after 4-day co-culture*. **(f)** Immunofluorescence of MHC, c-Kit, β -tubulin III, GFAP and GFP for GFP epithelium and non-GFP IMC after 4-day co-culture. **(g)** One representative epithelial cell cluster in co-culture (**Supplementary Video 17**) before (left) and after (middle) being stretched and the outlines (right image; before: magenta; after: black; grid, 50 μ m; dashed line indicates the direction of IMC contraction). **(h)** Optical-flow analysis of the same epithelial cell cluster in **(g)**. The direction and length of arrows represent the direction and magnitude of the displacement at each location. The heat map is to visualize the magnitude of displacement of each pixel as the epithelial cell cluster being stretched. Dashed line outlines the area of the epithelial cell cluster before being stretched. RT-PCR in **(c, e)**. Control: crypts **(c)**, muscle strips **(e)**; housekeeping gene: *Gapdh*. Error bars, S.D. ($n = 3$ biologically independent samples). Scale bars, 200 μ m **(a-b, d, f)**; 100 μ m **(g-h)**. DAPI (blue) for nuclei in **(b, d, f)**. *The mRNA level in co-culture was normalized to *Gapdh* expressed by all cells in co-culture. However, the epithelial or IMC markers were mainly expressed by epithelial cells or IMC respectively (**Supplementary Fig. 4**). Therefore the mRNA level showed here for co-culture is artificially lower.

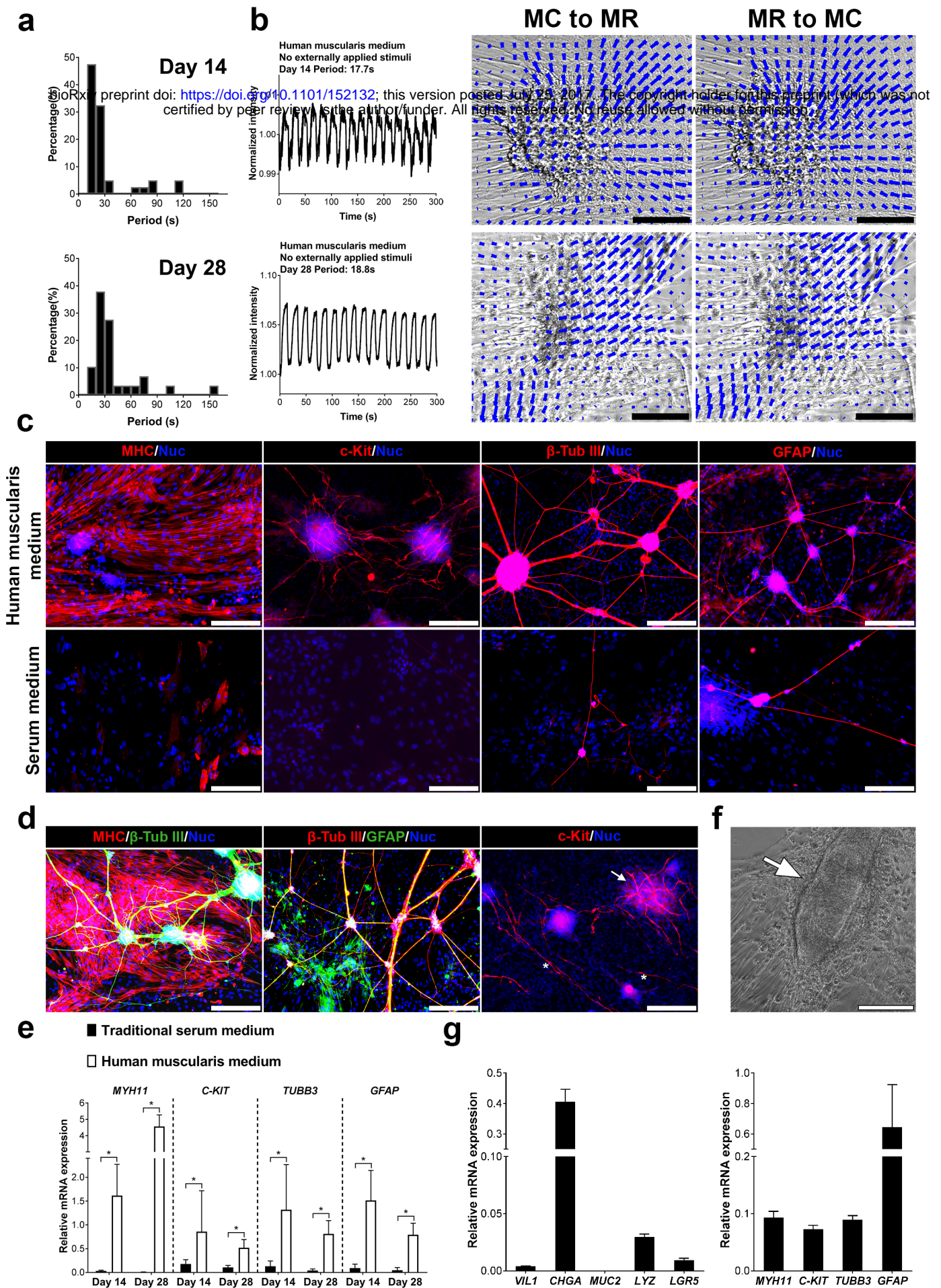


Figure 7 | Contractility and cellular maturation of human fetal IMC and human IMC-epithelium co-culture in the human muscularis medium. (a) Distributions of contraction periods of human fetal IMC in the human muscularis medium at day 14 (40, 3; N = 40 cell clusters from n = 3 independent biological samples) and 28 (29, 3). Spontaneous contractions (no stimulation). (b) Recordings of spontaneous periodic contractions of one cell cluster in the human muscularis medium at day 14 and 28 (left). Images (right) of the same cluster from maximum contraction state to maximum relaxation state (MC to MR) and vice versa (MR to MC). See **Supplementary Video 18**. The direction and magnitude of the displacement at each location are indicated by the direction and length of each blue vector. Scale bars, 100 μ m. (c) Immunofluorescence of MHC, c-kit, β -tubulin III, and GFAP in the human muscularis medium at day 28. (d) Mature smooth muscle cells and neurons (left); neurons and glial cells co-localized to form "ENS" (middle); multipolar ICC network (right, arrow) and dipolar ICC (right, asterisks). (e) Relative mRNA expression of indicated markers of human fetal IMC in the traditional serum and human muscularis media at day 14 and 28. Control: human fetal muscle strips; Housekeeping gene: *GAPDH*. Error bars, S.D. (n = 9 wells from 3 independent human samples). Two-tailed Student's t-test, **p* < 0.05. (f) IMC and human epithelium (arrow) in co-culture. (g) Relative mRNA expression of indicated epithelial or IMC markers of cells after 4-day co-culture. Control: Human crypts or human muscle strips, housekeeping gene: *GAPDH* (see note* in Fig. 6). Error bars, S.D. (n = 3 wells). Scale bars in (c-d, f), 200 μ m.