

1 **Dynamic response to initial stage blindness in visual system development**

2 Erping Long^{1*}, Xiayin Zhang^{1*}, Zhenzhen Liu¹, Xiaohang Wu¹, Xuhua Tan¹, Duoru Lin¹,
3 Qianzhong Cao¹, Jingjing Chen¹, Zhuoling Lin¹, Dongni Wang¹, Xiaoyan Li¹, Jing Li¹,
4 Jinghui Wang¹, Wangting Li¹, Haotian Lin^{1#}, Weirong Chen^{1§}, Yizhi Liu^{1§}

5 ¹State Key Laboratory of Ophthalmology, Zhongshan Ophthalmic Center, Sun Yat-sen
6 University, Guangzhou 510060, China

7 *Co-first authors

8 [§]Co-senior authors

9 [#]**Editorial Correspondence:**

10 Prof. Haotian Lin
11 Zhongshan Ophthalmic Center, Sun Yat-sen University
12 Xian Lie South Road 54#
13 Guangzhou, China, 510060
14 Telephone: +86-13802793086
15 Fax: +86-020-87333271

16 E-mail address: gddlht@aliyun.com

17 **Key words:** Visual system development; plasticity; sensitive periods; retina malleability

18 **SUMMARY STATEMENT**

19 The follow-up investigation of a group of human infants, who experienced initial stage
20 blindness before the removal of bilateral cataracts, revealed that retinal development is
21 associated with environment influences and its malleability might be a potential basis of
22 plasticity.

23 **ABSTRACT**

24 Sensitive periods and experience-dependent plasticity have become core issues in visual
25 system development. Converging evidence indicates that visual experience is an indispensable
26 factor in establishing mature visual system circuitry during sensitive periods and the visual
27 system exhibits substantial plasticity when facing deprivation. The mechanisms that underlie
28 the environmental regulation of visual system development and plasticity are of great interest
29 but need further exploration. Here, we investigated a unique sample of human infants who
30 experienced initial stage blindness (beginning at birth and lasting 2 to 8 months) before the
31 removal of bilateral cataracts. Retinal thickness, axial length, refractive status, visual grating
32 acuity and genetic integrity were recorded during the preoperative period or at surgery, and
33 then during follow-up. The results showed that the development of the retina is malleable and
34 associated with external environment influences. Our work supported that the retina might
35 play critical roles in the development of the experience-dependent visual system and its
36 malleability might partly contribute to the sensitive period plasticity.

37

38 INTRODUCTION

39 Visual experience from external environment is crucial to the development of the entire visual
40 system (Lewis and Maurer, 2005; Hooks and Chen, 2007). Previous evidence supported that
41 abnormal visual experience causes dramatic functional deficits, but visual system can retain
42 its plasticity and has potential to recover, at least in part, after visual deprivation during or
43 even beyond classical sensitive period in adulthood (Maurer et al., 1999; Morishita and
44 Hensch, 2008; Jeon et.al., 2012). Therefore, the mechanisms that underlie the regulation of
45 visual system sensitive periods are currently of great interest. Although evidence from
46 researches revealed that sensitive periods of the visual cortex are activated by distinct
47 mechanisms (Hooks and Chen, 2007), insufficient attention has been paid to other main
48 components of the visual system before and following initial stage blindness (Mutti et al.,
49 2009; Wang et al., 2015), such as eyeball development. The underlying mechanisms of both
50 the environmental regulation of visual system development and plasticity need further
51 understandings.

52 Up to now, three main factors have been thought to hinder research progress on the
53 environmental regulation of visual system development and its plasticity. First, although
54 evidence obtained from natural deprivation models occurring in human has contributed direct
55 understanding of cortex plasticity (Heering et al., 2016; Grady et al, 2014; Guerreiro et al.,
56 2016), human-level investigations of environmental effects on retina and other components of
57 visual system are still limited. The results of animal studies cannot necessarily be generalized
58 to human and may even differ from the results obtained from human (Smith et al., 2014).
59 Second, the evaluation metrics of development often fail to assess the entire visual system. In
60 addition to the development of visual cortex, different parts of the eyeball often present
61 distinct developmental patterns (Wallman and Winawer, 2004; Liu et al., 2007; Qin et al.,
62 2013; Schaeffel and Wildsoet, 2013); therefore, it is important to integrate them to explore the
63 experience-dependent plasticity of the visual system as a whole. Third, genetic effects are
64 difficult to be excluded from the analysis. Previous studies have shown that genes play a key
65 role in the visual development, as any deficiency of these genes may lead to varying degrees

66 of visual dysplasia (Azuma et al., 1999; Barbieri et al., 1999; Hallonet et al., 1999;
67 Minoshima et al., 1999; Lundwall et al., 2015), presenting a challenge for determining the
68 genetic influence on visual development.

69 In this study, we followed a group of human infants who experienced initial stage blindness
70 (beginning at birth and lasting 2 to 8 months) before the removal of bilateral cataracts. Having
71 access to this rare population provides a unique opportunity to investigate the effect of
72 form-deprivation on human visual system development. In addition, we examined four critical
73 indicators, namely, retinal thickness (RT), axis length (AL), refractive status and visual
74 grating acuity, to systematically investigate visual system development and its plasticity
75 during the sensitive period. Here, the development of RT is accompanied by fluctuations in
76 retinal functions: receiving and translating visual information in the visual pathway. We can
77 infer the development of retinal function via RT measurement, due to the significant
78 correlation between retinal structure and retinal cell function (Rolle et al., 2016).
79 Measurement of AL and refractive status can provide valuable assays for the dynamic
80 emmetropization process after birth (Pennie et al., 2001). Moreover, grating acuity may be
81 recorded as a valuable metric for the overall visual assessment of infants and young children
82 (Skoczinski and Norcia, 1999). All included children had no family history of visual
83 impairment to mimic the environmental manipulation processes following initial stage
84 blindness. Whole exome sequencing was used to identify all of the potential genomic
85 deficiencies associated with visual development. The present work may serve as a valuable
86 reference for future studies of visual system development and provides a fresh paradigm for
87 understanding the developmental process from the clinicians' perspective.

88 **RESULTS**

89 **Longitudinal assessment protocol**

90 The study pipeline is presented in Figure 1. Four critical indicators were measured: 1) RT for
91 functional development of the retina for receiving and translating visual information, 2) AL
92 for investigating holistic eye emmetropization during initial stage blindness, 3) refractive

93 status for the dynamic emmetropization process after surgery, and 4) visual grating acuity for
94 the assessment of the overall visual system development. In addition, we use whole exome
95 sequencing to determine whether the children had genomic deficiencies for visual
96 development.

97 AL measurements and baseline visual acuity (VA) evaluations were conducted before surgery
98 (Figure 1a) (Pennie et al., 2001; Mutti et al., 2005). The dense and total cataracts hindered
99 their preoperative RT measurement; consequently, the first RT measurement was conducted
100 immediately following the cataract removal during the surgery (Figure 1b). Longitudinal
101 assessments for RT, refraction measurements and VA were conducted postoperatively at 1
102 week, 1 month, 3 months, 6 months and then every 6 months thereafter (Figure 1c). The final
103 VA was included in the analysis. Each type of examination was conducted by a single
104 experienced examiner who was blind to the results of previous assessments to minimize
105 potential bias. None of the assessments were mandatory when the infants were uncooperative
106 or showed poor compliance, and these missing data were excluded. All the available data
107 were included into analysis to ensure the fair representation of our study population (Table
108 S1).

109 **Retinal development during initial stage blindness**

110 To determine whether the retina shows responsiveness to external environment influences
111 following initial stage blindness, we first used spectral domain optical coherence tomography
112 (SD-OCT) to measure the RT of our patients at surgery. Ten healthy retinas as controls group
113 were measured using the same procedures. A total of 56 retinas in cataract group (mean age,
114 3.5 months; range from 2 to 8 months) and 10 healthy retinas in control group (mean age, 4
115 months; range from 3 to 8 months) were ultimately included in this analysis.

116 The results revealed that the full-layer RT was thicker in the patients than in the control group
117 during the initial stage blindness (5 retinal areas, $P=0.012$), and the differences were
118 significant in the central fovea of the macula (Full layer in area 3: cataract vs. normal:
119 201.86 ± 22.12 vs. 176.30 ± 13.39 , $P=0.002$). Moreover, the results also showed a thickening

120 tendency of the inner layer of the retina of cataract group (5 retinal areas, $P=0.036$) and the
121 differences were significant in the central fovea of the macula (Inner layer in area 3: cataract
122 vs. normal: 65.43 ± 12.45 vs. 55.70 ± 5.59 , $P=0.026$) (Figure 2a). The inner retina layer,
123 containing the nerve fiber layer and ganglion cell layer, may be responsible for functional
124 responses during the initial stage blindness.

125 **Retinal dynamic development following initial stage blindness**

126 Then, we further investigate the dynamic changes in RT after surgery following the initial
127 stage blindness. Four of the representative patients available with continuous follow-up
128 records are presented (Figure 3a). As shown in Figure 3b, RT of our patients all experienced a
129 slight decrease during the first week after surgery and a tendency to continuously increase
130 during the following year. The dynamic RT changes during the first postoperative week might
131 be mainly caused by the onset of vision while the continuously developmental tendency later
132 demonstrates the retinal malleability.

133 We then evaluated the long-term retinal development by comparing the RT acquired during
134 surgery with the RT at last follow up among all patients with available records. As shown in
135 Figure 4a, all subjects showed a substantial RT increase at last follow up (mean age, 33
136 months; range from 20 to 49 months). Meanwhile, the RT in a group of 14 healthy retinas
137 (mean age, 36 months; range from 21 to 47 months) was measured for comparison (Figure
138 4b). The RT values of the patients showed no significant differences with those of the control
139 group in 5 retinal areas ($P=0.77$) and in each retinal area (5 regions from temporal to nasal
140 respectively, cataract vs. control: 274.25 ± 21.62 vs. 266.64 ± 18.05 , $P=0.41$; 280.13 ± 20.52 vs.
141 291.29 ± 16.62 , $P=0.20$; 224.13 ± 14.62 vs. 231.61 ± 30.26 , $P=0.53$; 299.75 ± 14.46 vs. 302 ± 23.28 ,
142 $P=0.81$; 302.88 ± 14.71 vs. 297.93 ± 27.77 , $P=0.66$). These results indicated that, although our
143 patients exhibited individual differences in the growth of the retina throughout the
144 longitudinal assessment, the retinal development of our patients ultimately reached a normal
145 level.

146 **AL development**

147 We used all the available pre-surgery AL data from 30 eyes to investigate holistic eye
148 emmetropization during initial stage blindness. To determine the normal rate of AL
149 development, the referenced curve-fitting value of the age-matched normal distribution range
150 was used for comparison (1 month: 17.00 ± 0.40 , 95%CI: 16.916-18.484, 99%CI:
151 16.670-18.730; 3 months: 19.03 ± 0.58 , 95%CI: 17.893-20.167, 99%CI: 17.536-20.524; 9
152 months: 20.23 ± 0.64 , 95%CI: 18.976-21.484, 99%CI: 18.581-21.879) (Pennie et al., 2001;
153 Mutti et al., 2005). As shown in Figure 2b, the pre-surgery AL of our population was
154 distributed mainly in the normal curve range. Therefore, the AL development before the onset
155 of vision in our samples was considered to be similar to the normal level.

156 **Refractive dynamic development following initial stage blindness**

157 Refractive status was evaluated following the onset of vision. All of the refractive changes of
158 64 eyes are presented in Figure 5a. Normal emmetropization of refractive media is generally
159 considered to be 3 to 6 diopters during the first four years after birth. Refractive changes less
160 than 3 diopters are considered undergrowth, whereas refractive changes of more than 6
161 diopters are considered overgrowth (Liu et al., 2016). The results showed that the majority of
162 our patients (54 eyes, 84.4%) exhibited normal refractive development following initial stage
163 blindness.

164 **Visual grating acuity assessment**

165 To ensure the overall visual functional development of our population, Teller VA cards were
166 used to assess the visual grating acuity of 60 eyes after surgery. The final visual acuity was
167 used for the analysis. A normal distribution of monocular grating acuity and a referenced
168 prediction limit were used (Mayer et al., 1995). Our subjects showed improvements observed
169 in visual acuity (Figure 5b) and the mean acuity of our patients is below normal mean value
170 and begins to fall outside the normal range around 2 years of age (Figure 5c).

171 **Genetic integrity of visual system development**

172 Visual system development and maturation should be considered in the context of interactions

173 between the environment and heredity. All of the included patients had no family heredity.
174 Furthermore, no similar disease history (amblyopia or visual dysplasia) was observed in their
175 immediate family members. Sampling investigation using whole exome sequencing was
176 conducted for 7 children and their parents to confirm whether these children had the genomic
177 deficiencies for visual system development. We sequenced the coding regions and all
178 exon-intron boundaries for the 1679 known genes associated with human visual development.
179 However, we found no direct relationships between filtered mutations and visual impairment
180 according to the standard guidelines for the interpretation of sequence variants (Richards et al.,
181 2015).

182 **DISCUSSION**

183 Visual experience is thought to mediate and drive visual system development. Infants are born
184 with rudimentary visual capabilities and require sufficient visual experience early in life to
185 reach optimal levels of visual functioning as adults (Lewis and Maurer, 2009). However, each
186 year, millions of infants worldwide suffer from visual deprivation. These populations face the
187 risk of irreversible amblyopia and numerous vision impairments (d'Almeida et al., 2013;
188 Mansouri et al., 2013; Lin et al., 2016). Thus, it is important to investigate the mechanisms of
189 environmental regulation of visual system development and its experience-dependent
190 plasticity, which may provide further evidence to develop a comprehensive method for
191 assessing the visual recovery potential in blind children.

192 Various components of the eyeball have been shown to undergo periods of
193 experience-dependent development, with evidences from both human and non-human animal
194 experiments indicating that prolonged deprivation of form vision leads to increased AL and
195 myopia (Fledelius et al., 2014; Lin et al., 2016). Moreover, initial stage blindness also
196 influences the functional and morphological maturation of the retina, including its synaptic
197 density and bipolar cell structure (Tian and Copenhagen, 2001). However, little is known
198 about how these diverse parts of the visual system are interrelated and interact with each
199 other.

200 In summary, our findings demonstrate that retina is malleable and associated with external
201 environment influences. Laties AM and colleagues once posited that the retina may
202 participate in the postnatal regulation of eye growth to minimize refractive error (Stone et al.,
203 1990; Laties AM, 1991). Recent studies have shown that the axial overgrowth and myopia
204 caused by visual form deprivation can be manipulated by altering peripheral retinal defocus
205 (Benavente-Pérez et al., 2014). In addition, early retinal changes are reflected in
206 retinotopically specific plasticity, which can be assessed by visual cortical thickness
207 (d'Almeida et al., 2013; Mateus et al., 2016). Both neurochemical and immunocytochemical
208 experiments in chickens and monkeys suggest that definable retinal neurons participate in the
209 regulatory pathway controlling eye growth (Laties AM, 1991). All these lines of evidence
210 suggest that the retina may act as an intact connection to the anterior segment optic system as
211 well as the visual cortex during early visual development (sketch map shown in Figure 6a).
212 The “bridge” role of the retina may be functionally consistent with that of dopamine receptors,
213 which are thought to regulate synapse formation, synaptic transmission, and light adaptation
214 in the experience-dependent development of the retina (He et al., 2013; Tian et al., 2015).

215 It is well known that during sensitive periods, the visual system is vulnerable to the harmful
216 effects of deprivation but still has the potential to recover. This recovery potential, called
217 plasticity, is a crucial factor in establishing mature circuitry (Hooks and Chen, 2007). We
218 found that the retina has a latent thickening tendency during initial stage blindness, which
219 might be presumed to reflect an attempt to functionally compensate for the insufficient visual
220 stimulation and to prepare for the potential following signal penetration (sketch map shown in
221 Figure 6c). Previous studies indicated that during initial stage blindness the increasing
222 expression of amacrine cells is triggered, with nerve growth factors and brain-derived
223 neurotropic factors also involved to induce retinal light adaptation and contrast enhancement
224 (Kim and von, 2016). All these functional responses might be involved in our dynamic
225 procedure. After surgery, retinal compensation was found to be disappeared, and the
226 development of retina was gradually recovering. This commutation activity of the retina
227 might partly explain its recovery potential during sensitive periods. Retina may presumably
228 extend to the decompensation stage during long-term visual deprivation accompanied with

229 abnormal development of anterior segment optic system and visual cortex, thereby leading to
230 irreversible visual impairments (sketch map shown in Figure 6b).

231 Our study has three implications. First, the visual system development should be considered
232 as a whole, with the retina acting as a bridge that connects the external environment with each
233 visual system component, from the anterior segment optic system to the visual cortex. Second,
234 the intrinsic reason that accounts for visual plasticity might be a compensation process, as the
235 dynamic changes of RT in our study reflect functional adaptation in response to the initial
236 stage blindness. Third, we tentatively propose that RT might be used as a direct and sensitive
237 indicator of abnormal visual stimulation as well as plasticity, which may provide an
238 opportunity to develop a novel method for assessing visual recovery potential in blind
239 children.

240 The results of our study should be cautiously interpreted within the context of two main
241 limitations. First, our study primarily measures the effects of initial stage blindness on the
242 retina but not the brain. Vision is a collaborative function of the retina and the brain.
243 Therefore, dramatic changes of visual cortex correlated with the retina might be detected if
244 the brain was investigated as well, which might account for the reason why part of our
245 patients have lags in visual function development. Second, we used two control groups for the
246 comparison of RT at surgery and at the last follow up. Although an age and number matched
247 parallel group of control is a better choice for comparison, measuring the retinal thickness
248 using SD-OCT is not necessary for a healthy child and therefore it is impractical to set a
249 parallel control group for such a long-term follow-up study.

250 Previous studies reported that the fellow eye of unilateral congenital cataract patients, which
251 likely has a normal retina, shows deficits in various aspects of vision (Lewis et al. 1992).
252 Therefore, potential factors including biased interocular competition might influence the
253 plasticity as well, which remains to be investigated in the future. Moreover, additional
254 long-term and complete records are needed to investigate the effect of age, which could
255 explain why the VA of our patients begins to fall outside of normal range around 2 years of
256 age, as reported in a previous study (Lewis et al. 1995). Meanwhile, future researches on

257 visual cortex examination and additional measures for peripheral retinal thickness will
258 provide further understanding of visual system development.

259 **MATERIALS AND METHODS**

260 **Study population**

261 In total, thirty-nine individuals registered with the Childhood Cataract Program of the Chinese
262 Ministry of Health (CCPMOH) (Lin et al., 2015) were recruited between January 2010 and
263 March 2011 from Zhongshan Ophthalmic Center (ZOC), one of the largest eye hospitals in
264 China (Dolgin, 2015). All participants were born with dense and total bilateral cataracts,
265 diagnosed (mean age, 2.9 months; range from 1 to 7.5 months) and underwent surgery for
266 bilateral cataract removal (mean age, 3.5 months; range from 2 to 8 months) at an early age.
267 The first prescription of glasses was assigned to the participants at 1 week after surgery. All
268 the prescription changes in glasses were decided by experienced optometrists. Our
269 participants completed their follow-ups at mean age of 37.8 months, ranged from 20 to 49
270 months. Apart from their history of cataracts, all individuals were healthy (e.g., no metabolic
271 diseases, mental retardation or central nervous diseases) and had no history of inherited
272 diseases.

273 **Ethical approval**

274 The research protocol was approved by the Institutional Review Board/Ethics Committee of
275 Sun Yat-sen University (Guangzhou, China). Informed written consent was obtained from at
276 least one family member of each participating child, and the tenets of the Declaration of
277 Helsinki were followed throughout the study. To allow confidential evaluation using a
278 slit-lamp, a SD-OCT imaging system, an A scan, a retinoscopy and the Teller VA card during
279 our study, this trial was registered with the Clinical Research Internal Management System of
280 ZOC.

281 **IVue OCT for RT measurements**

282 We used an SD-OCT system (iVue SD-OCT; Optovue, Inc., Fremont, CA, USA) to evaluate
283 RT. The protocol of iVue OCT consists of 12 radial scans of 3.4 mm in length (452 A scans
284 each) and 6 concentric ring scans ranging from 2.5 to 4.0 mm in diameter (587 to 775 A
285 scans each), all centered on the optic disc. All of the images were reprocessed with a
286 three-dimensional/video baseline. The parameters measured by the software included the
287 optic disc, optic cup, neuroretinal rim, nerve head volume, cup volume, rim volume, cup-disc
288 area ratio, horizontal cup-disc ratio, and vertical cup-disc ratio. The protocol also generates a
289 polar thickness map, measured along a circle of 3.45 mm in diameter and centered on the
290 optic disc. The procedure provides the average in the temporal, superior, nasal, inferior
291 quadrants and the overall average along the entire measurement circle. The peripheral,
292 para-central and central RTs from the temporal to nasal area were used here in the final
293 analysis.

294 **A scan for AL measurements**

295 Before surgery, a contact A scan (B-SCAN-Vplus /BIOVISION, Quantel Medical, France)
296 was used for AL measurements. The A scan unit was equipped with a 10 MHz transducer
297 probe, and the velocities were set as follows: 1,641 m/s for the cornea and lens and 1,532 m/s
298 for the aqueous and vitreous humor. Applanation ultrasound was performed after the
299 instillation of one drop of topical anesthetic (0.5% Alcaine, Alcon, USA) to the lower
300 conjunctiva. Each eye was measured 10 times, and the mean measurements were used for the
301 final analysis.

302 **Refraction and VA measurement**

303 All refractions were conducted using objective retinoscopy and cycloplegia. The spherical
304 equivalent power was included in the analysis. All of the monocular best-corrected visual
305 grating acuity was measured with glasses using a complete set of Teller VA Cards (Stereo
306 Optical Company, Inc., IL, USA) (Mayer et al., 1995). The set consisted of 15 cards with
307 gratings ranging in spatial frequency from 0.32 cycles/cm to 38 cycles/cm in half-octave steps
308 as well as a low vision card and a blank gray card. Luminance was kept above 10 candelas/m²

309 by utilizing overhead diffuse fluorescent lighting and a spotlight directed towards the ceiling;
310 in addition, the contrast of the cards is approximately 60–70%. Infants were assessed
311 according to a standard procedure in the operation manual (Cavallini et al., 2002; Ciocler and
312 Dantas, 2013). The order of testing eyes (right/left) was randomized across children.

313 **Exome-capture sequencing and variant calling**

314 Genomic DNA was extracted from blood using a QIAGEN DNeasy Blood and Tissue Kit
315 (QIAGEN, USA) according to the manufacturer's protocol. Isolated genomic DNA from
316 blood was captured by Roche's Nimblegen SeqCap EZ Human Exome v2.0 library using
317 in-solution hybridization and PCR to enrich the exomes before sequencing. Illumina HiSeq
318 X10 was used to perform next-generation sequencing to evaluate differences in mutations.
319 The sequencing reads of each sample were aligned to the human reference genome hg19
320 assembly using Burrows-Wheeler Aligner (Li and Durbin, 2009), SAMtools and Picard tools.
321 The 1679 known genes associated with human visual development were collected for genetic
322 analysis (Table S2). The snps and indels were detected by HaplotypeCaller according to the
323 instructions. ANNOVAR were used to annotate all the variants. Variants with a frequency
324 more than 1% in dbSNP, 1000 genome, ESP6500 or the in-house database were excluded.
325 PolyPhen-2, SIFT and MutationTaster were used to predict the effect protein function of
326 amino acid substitution. In addition to de novo mutations, compound heterozygous mutations
327 and homozygous mutations were considered based on the recessive model. However, we
328 found no direct relationships between filtered mutations and visual impairment according to
329 the standards and guidelines for the interpretation of sequence variants. (Richards et al., 2015)

330 **Statistical analysis**

331 Mixed ANOVA were used to compare RT differences (5 retinal areas) between cataract and
332 control groups. An independent-sample t-test was used to compare RT differences between
333 cataract and control groups in each retinal area. The Bonferroni method was used to correct
334 alpha for multiple t-test ($\alpha'=\alpha/m$, $\alpha =0.05$ and m is the number of hypotheses). All statistical
335 tests were two-tailed, and a P -value below 0.05 or corrected alpha was considered statistically

336 significant. All statistical analyses were performed using SPSS software, v. 18 (SPSS, Inc.,
337 Chicago, IL, USA).

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341 **COMPETING INTERESTS**

342 The authors declare no competing interests.

343 **AUTHOR CONTRIBUTIONS**

344 H.T.L., E.P.L. and X.Y.Z. designed the study; E.P.L., X.Y.Z., Z.Z.L., X.H.W., X.H.T., D.R.L.,
345 Q.Z.C., J.J.C., Z.L.L., X.Y.L., J.L., D.N.W., J.H.W., W.T.L., L.X.L., W.R.C. and Y.Z.L.
346 performed the research. E.P.L. and X.Y.Z. analyzed the data. H.T.L., E.P.L. and X.Y.Z.
347 co-wrote the manuscript, and all authors discussed the results and commented on the paper.

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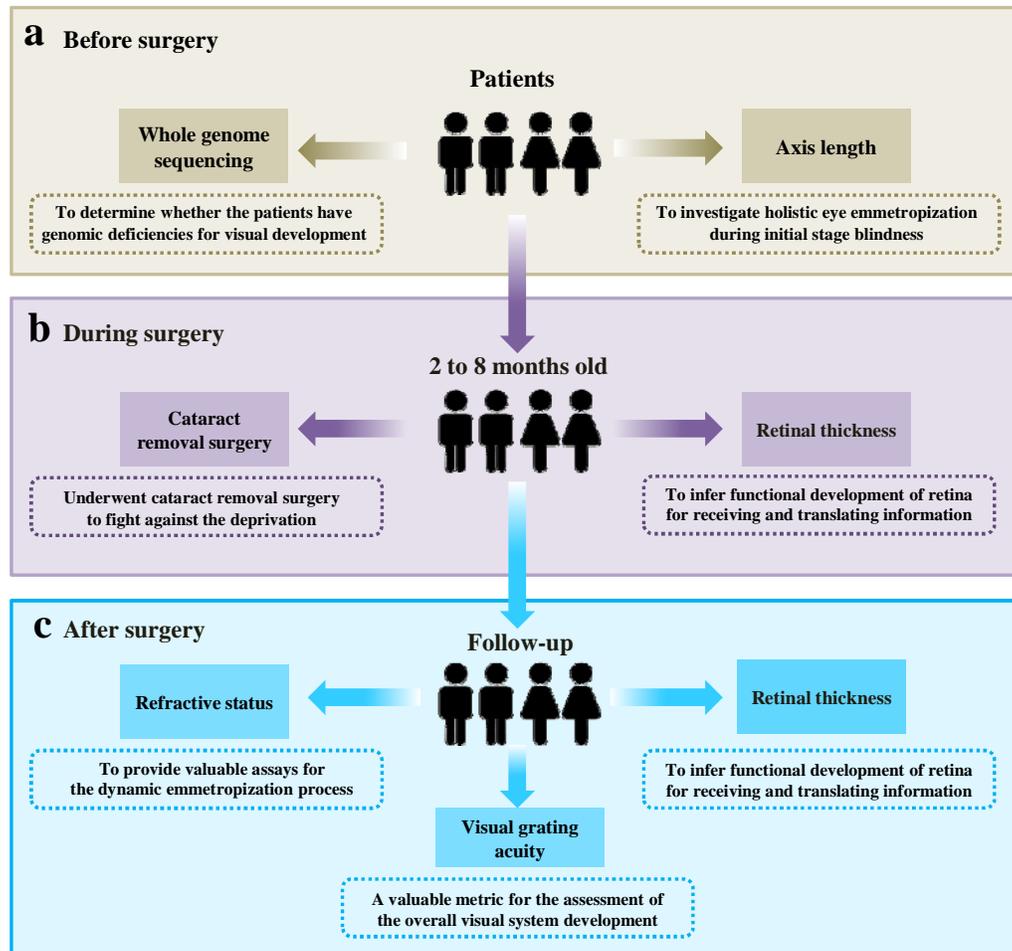
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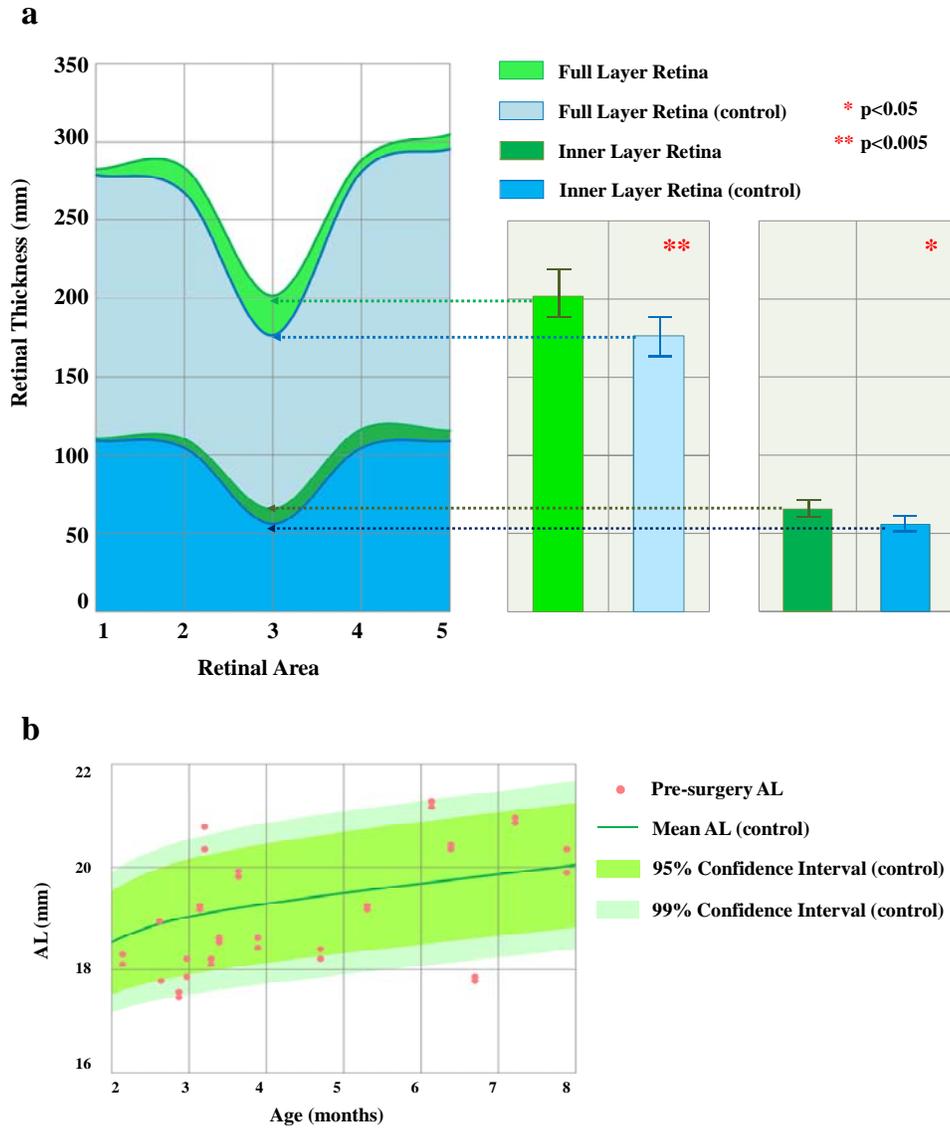
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462 **FIGURE LEGENDS**



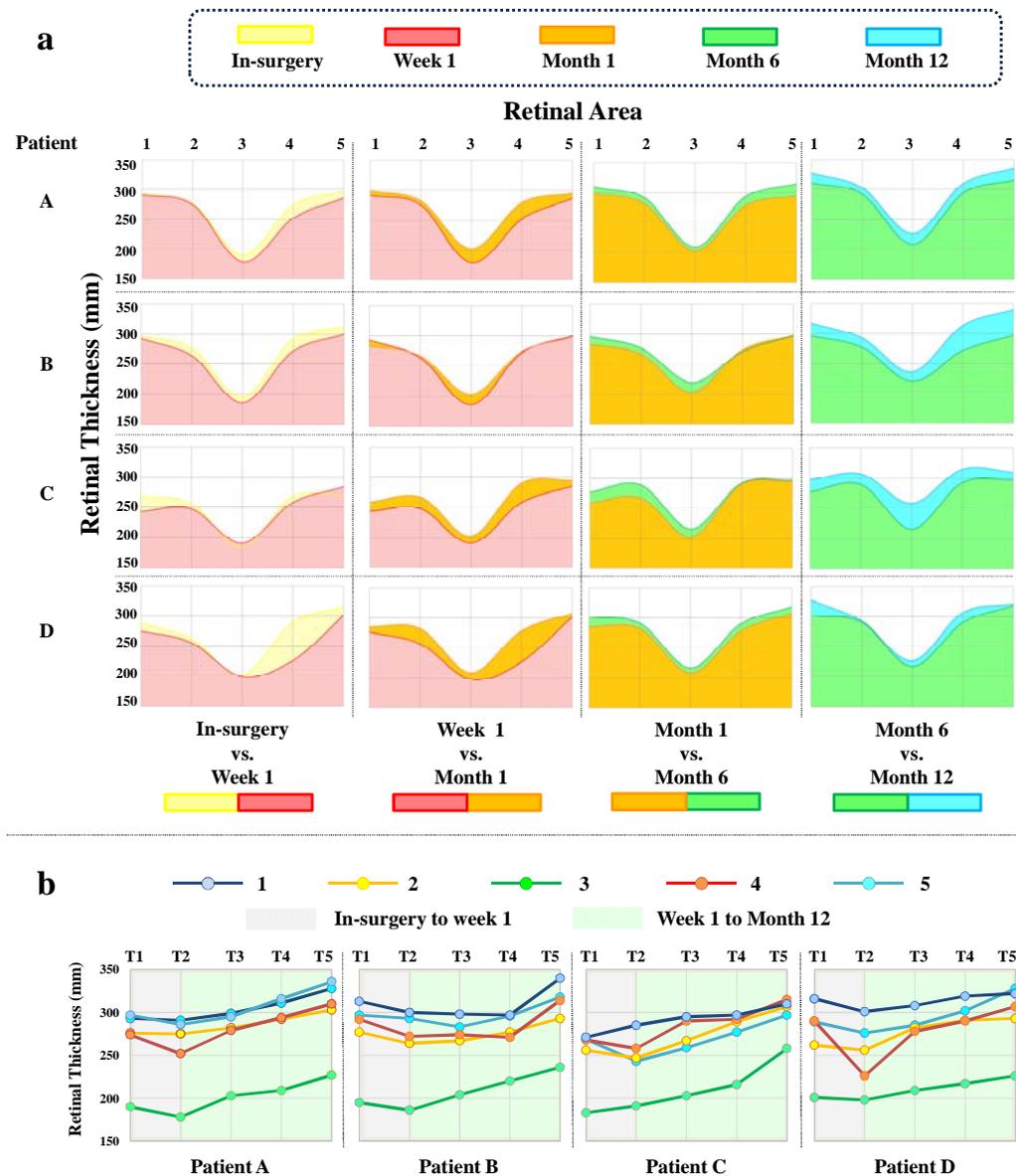
463

464 **Figure 1. Pipeline for the investigation of initial stage blindness in children.** a, AL
465 measurements and whole exome sequencing were conducted prior to surgery. b, The first RT
466 measurement was conducted immediately following cataract removal during the surgery. c,
467 Longitudinal assessments consisting of RT, refraction and VA measurements were conducted
468 postoperatively at 1 week, 1 month, 3 months, 6 months and every 6 months thereafter. (Notes:
469 AL=axial length; RT=retinal thickness; VA=visual acuity).



470

471 **Figure 2. RT during surgery and pre-surgery axis length of cataract eyes compared with**
 472 **those of normal controls. a,** The RT of cataract eyes (full layer and inner layer in retinal area
 473 3, central fovea of the macula) were compared to those of normal controls and were found to
 474 be thicker in our patients. **b,** The control reference values were used to generate the normal
 475 AL range. The pre-surgery AL of our population was distributed mainly in the normal curve
 476 range; therefore, the AL development in our sample was considered similar to the normal
 477 level. (Notes: Bar graphs represent standard deviation; RT=retinal thickness; retina area
 478 1=temporal peripheral area; 2=temporal para-central area; 3=central fovea of the macula;
 479 4=nasal para-central area; 5=nasal peripheral area; AL=axial length).



480

481 **Figure 3. Dynamic developmental pattern of the retina following initial stage blindness.**

482 **a**, Continuous retinal changes of four representative patients with complete RT follow-up

483 records are presented. During the first week after surgery, the RT underwent a slight thinning.

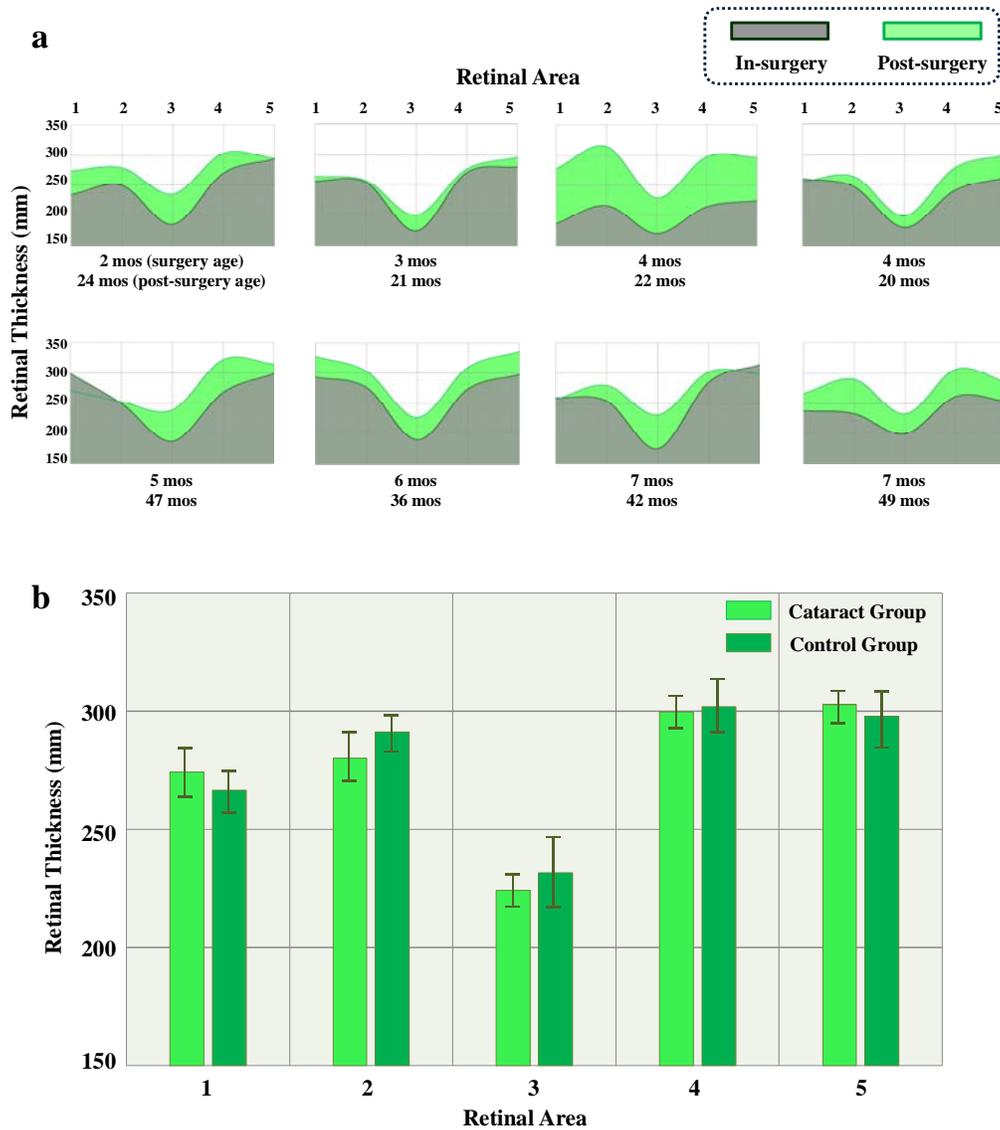
484 From postoperative week 1 to month 12, the RT exhibited dynamic development. **b**,

485 Developmental trend of RT is presented for each retinal area. (Notes: RT=retinal thickness;

486 retina area 1=temporal peripheral area; 2=temporal para-central area; 3=central fovea of the

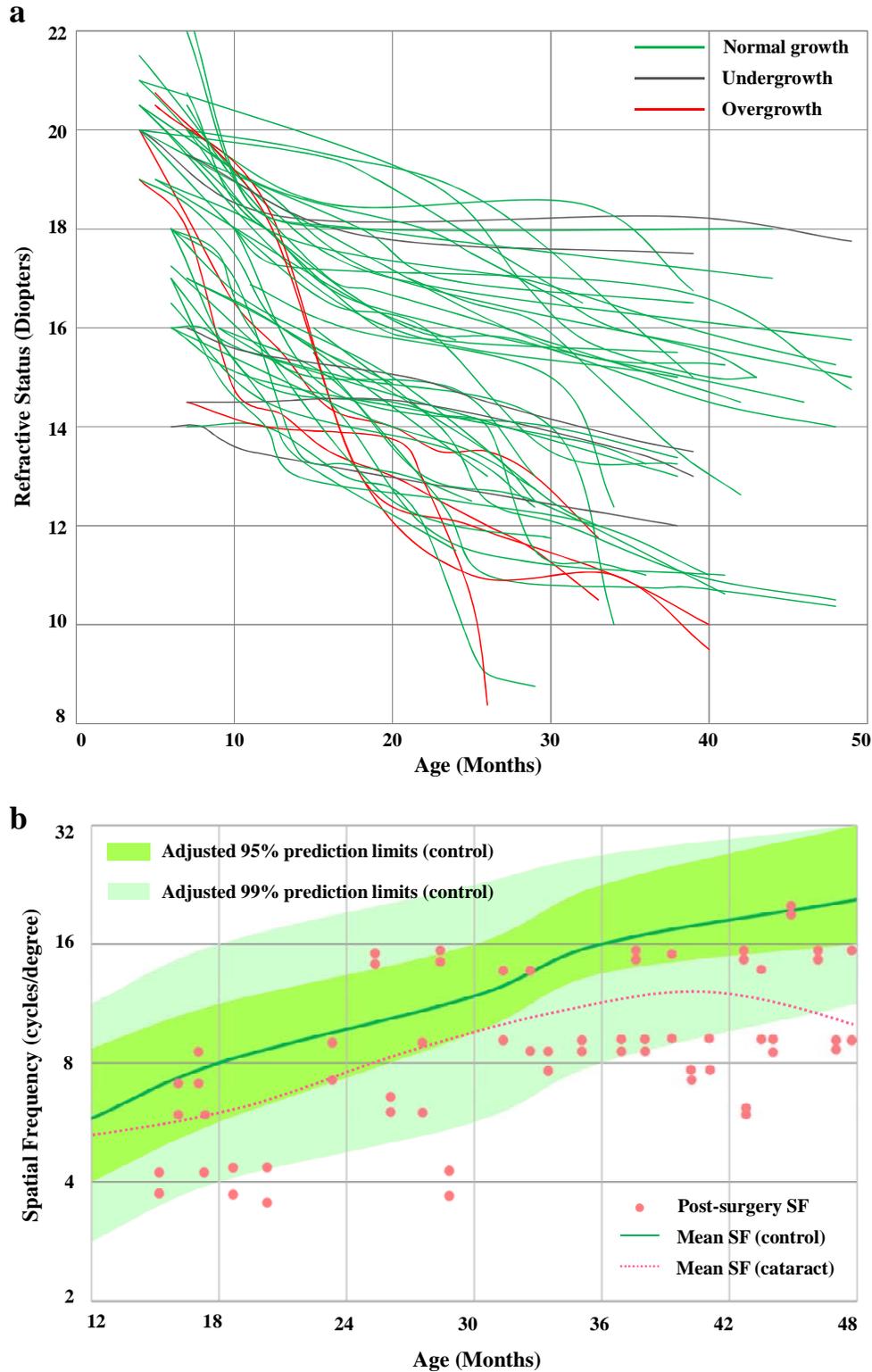
487 macula; 4=nasal para-central area; 5=nasal peripheral area; T1=in-surgery; T2=week 1;

488 T3=month 1; T4=month 6; T5=month 12).



489

490 **Figure 4. Endpoint development of the retina in patients compared with that in normal**
491 **controls. a,** The RT at the last follow up (green) was compared to the baseline RT during
492 surgery (grey). Increases of RT were observed in all representative patients. **b,** No significant
493 differences of RT in all five retinal area were observed between the patients and control
494 groups. (Notes: Bar graphs represent standard deviation; mos=months; retina area 1=temporal
495 peripheral area; 2=temporal para-central area; 3=central fovea of the macula; 4=nasal
496 para-central area; 5=nasal peripheral area).

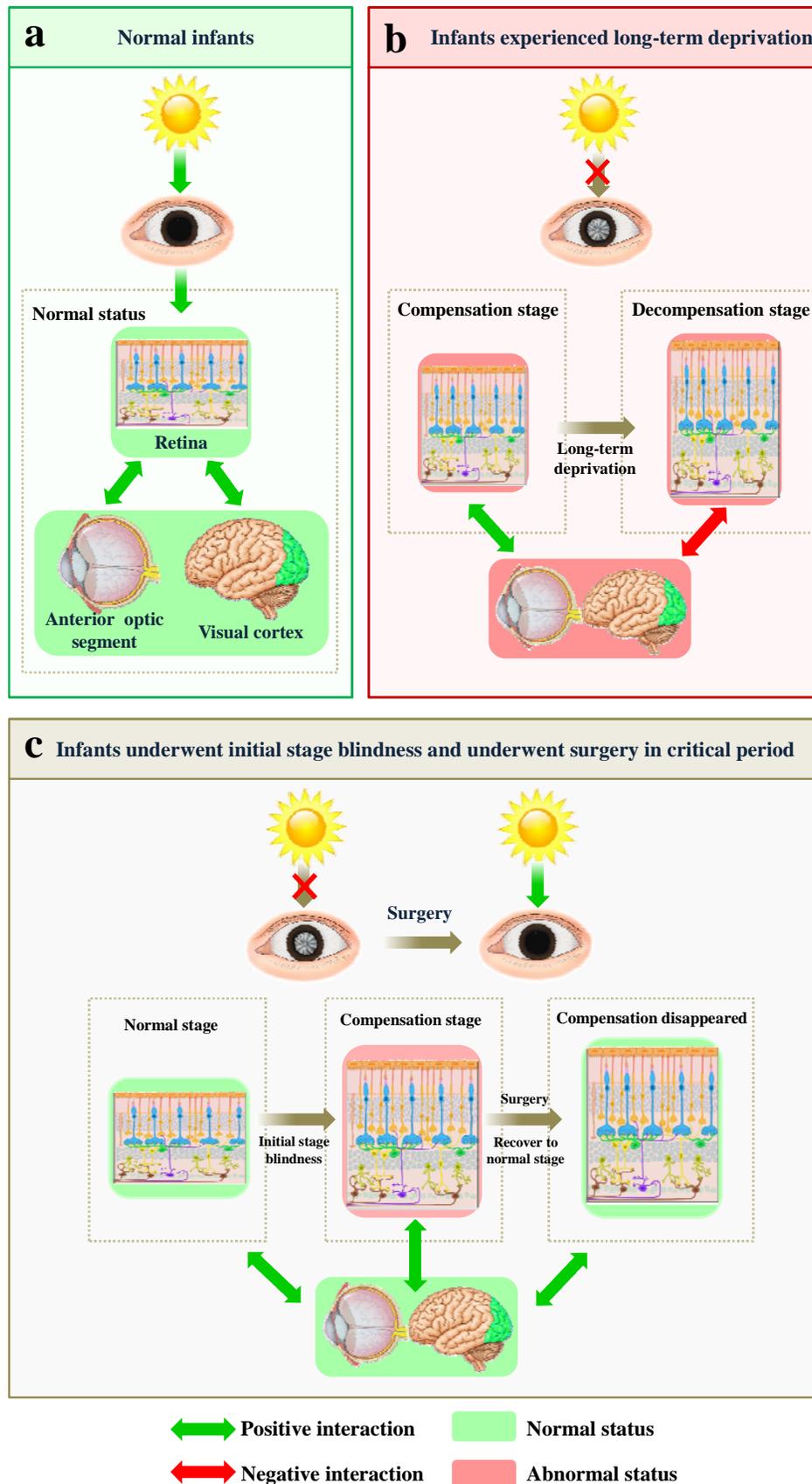


497

498 **Figure 5. Dynamic developmental pattern of the refractive status and visual grating**

499 **acuity following initial stage blindness. a, All refractive changes are presented. Refractive**

500 changes less than 3 diopters are considered undergrowth, refractive changes between 3
501 diopters to 6 diopters are considered normal growth, and refractive changes more than 6
502 diopters are considered overgrowth. The majority of our patients (54 eyes, 84.4%) exhibited
503 normal refractive development following initial stage blindness. **b**, A normal distribution of
504 the monocular grating acuity was referenced to evaluate our participants' visual acuity. Our
505 subjects showed improvements observed in visual acuity and the mean acuity of our patients
506 is below the normal mean and falls outside of 95% prediction limits from around 2 years of
507 age.



509 **Figure 6. The retina plays a crucial role in visual system development and the dynamic**
510 **changes of RT might account for sensitive period plasticity in humans. a,** The retina acts
511 as a bridge connecting the external environment and visual system components from the
512 anterior optic segment to the visual cortex. **b,** The retina will extend to
513 the decompensation stage when experiencing long-term deprivation, accompanied with the
514 anterior optic segment and visual cortex undergoing fluctuating changes, thus lead to
515 irreversible vision impairment. **c,** The retina accompanied with other visual system parts,
516 has a latent thickening tendency during initial stage blindness to functionally compensate for
517 the insufficient visual stimulations. As soon as the external signals reach the retina and visual
518 system successfully (after surgery), the compensation disappeared and returned to the normal
519 developmental tendency.

520 **Supplementary Information**

521 **Table S1. Overview of the clinical records for all included patients.**

522 **Table S2. Known genes associated with human visual development.**