

1 **Metabolic changes of the host-pathogen environment in a**  
2 ***Cryptosporidium* infection**

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4 Running title: **Metabolism of *Cryptosporidium* infections**

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## 33 Abstract

34 *Cryptosporidium* is an important gut microbe whose contributions towards infant and  
35 immunocompromise patient mortality rates are steadily increasing. Current techniques for  
36 diagnosing, curing or simply understanding the biology of the parasite are few and far between,  
37 relying on a combination of *in-silico* predictions modelled on a varied and unique group of  
38 organisms and medical reports. The development of an *in-vitro* culture system, using COLO-  
39 680N cells, has provided the *Cryptosporidium* community with the opportunity to expand its  
40 toolkit for investigating this disease. One area in particular that is sorely overlooked is the  
41 metabolic alterations upon infection. Existing research is extremely limited and has already  
42 shown that significant variation can be found between the metabolome of different infected  
43 host species. Using a <sup>1</sup>H Nuclear Magnetic Resonance approach to metabolomics, we have  
44 explored the nature of the mouse gut metabolome as well as providing the first insight into the  
45 metabolome of an infected cell line. Through a combination of Partial Least Squares  
46 Discriminant Analysis and predictive modelling, we exhibit new and potentially game  
47 changing insights into the effects of a *Cryptosporidium parvum* infection, while verifying the  
48 presence of known metabolic changes. Of particular note is the potential contribution of host  
49 derived taurine to the diuretic aspects of the disease previously attributed to a solely parasite  
50 based alteration of the gut environment. This practical and informative approach can spearhead  
51 our understanding of the *Cryptosporidium*-host metabolic exchange and thus provide novel  
52 targets for tackling this deadly parasite.

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54

## 55 Introduction

56 Cryptosporidiosis is a disease characterised by prolonged episodes of intense diarrhoea and is  
57 the second largest cause of diarrhoeal disease and death in infants across Africa and South Asia  
58 (Checkley et al. 2014, Kotloff et al. 2013, Striepen 2013, Wanyiri et al. 2014). It is also amongst  
59 one of the highest medically important diseases of the immunocompromised, especially HIV  
60 positive patients who are at 75-100% risk of contracting the disease depending on the  
61 geographical area (Shirley et al. 2012, Wanyiri et al. 2014). The pathogens responsible are  
62 parasites belonging to the apicomplexans, the *Cryptosporidium* species, of which *C. parvum* is  
63 typically the more likely (Caccio 2005, Leoni et al. 2006, Widmer and Sullivan 2012, Wielinga  
64 et al. 2008). Infection occurs when an individual ingests the oocysts of the parasite, often  
65 swallowing a contaminated water source. Water treatment options are limited to filtering,  
66 which is generally not possible at an industrial scale and UV treatment, which is both expensive  
67 and rarely available prior to the outbreak. Failing this, treatment is typically rehydration,  
68 although one drug has been shown to be effective, the broad spectrum anti-parasitic  
69 Nitazoxanide (Doumbo et al. 1997). However, the drug is far from ideal and displays a range  
70 of undesirable side effects including cytotoxicity and nausea, as well as being limited to use in  
71 cases where the patients are immunocompetent (Domjahn et al. 2014, Hussien et al. 2013,  
72 Manjunatha et al. 2016, Sparks et al. 2015).

73 Until recently, a significant barrier to research into cryptosporidiosis has been the absence of a  
74 combined long-term *in vivo* culturing system and comprehensive model of host parasite  
75 interactions in addition to a heavy reliance on antibody based detection both in the scientific  
76 and the medical field (Briggs et al. 2014, Checkley et al. 2014, Domjahn et al. 2014, Girouard  
77 et al. 2006, Karanis and Aldeyarbi 2011, Leitch and He 2012, Muller and Hemphill 2013,  
78 Striepen 2013). Recent papers have attempted to rectify this by proposing improved or entirely  
79 novel techniques for culturing the parasite *ex-vivo* in tissue cultures, using the cultured cancer

80 cells as host cells (Morada et al. 2016, Muller and Hemphill 2013). A recent study identified  
81 that infections of COLO-680N cell cultures produced a longer term and higher production  
82 volume culture of the parasite compared to previously existing *in-vitro* cultures (Miller et al.  
83 2017). These advances have allowed higher in depth microscopy-based studies and even  
84 promise to provide a solution to developing a genetic engineering platform for the parasite.  
85 However, beyond microscopy and localisation studies, the knowledgebase of the host parasite  
86 interaction remains largely undeveloped (Manjunatha, et al. 2015, Sponseller et al. 2014,  
87 Striepen 2013, Wilhelm and Yarovinsky 2014).

88 One area lacking study is metabolomics. Only two peer-reviewed publications have explored  
89 the concept of the infection metabolome, one on mice and the other on human faecal samples,  
90 both showing a clear relation between infection and change in metabolite levels (Ng Hublin et  
91 al. 2013, Ng Hublin et al. 2012). While working on different sample sources, each identified  
92 the hexadecanoic acid as a significant contributor to the change in the metabolome during  
93 infection. Previous studies noticed a number of metabolites, mainly amino acids, decreased in  
94 relative abundance in infected mice faeces compared to an increase seen previously in humans  
95 (Ng Hublin et al. 2012). This was explained to be most likely due to the inherent variation  
96 between the different host species metabolomes, as highlighted by Saric et al. in 2008 and  
97 highlights a pressing need for further and wider reaching studies into the metabolome of  
98 *Cryptosporidium* infections as well as the development and application of different techniques  
99 beyond the Gas Chromatography Mass Spectrometry (GC-MS) used in those papers (Ng  
100 Hublin et al. 2013, 2012, Saric et al. 2008).

101 <sup>1</sup>H Nuclear Magnetic Resonance (NMR) metabolomics is a powerful alternative to GC-MS for  
102 metabolic screening. <sup>1</sup>H NMR is a simpler method that allows for a comparatively lossless  
103 analysis of metabolites, with fewer steps between sample recovery and analysis (Bezabeh et al.  
104 2009, Hong et al. 2010, Jacobs et al. 2008, Saric, et al. 2008, Wu et al. 2010). This translates  
105 to a more reliable result in terms of quantification and reproducibility. As such, NMR has  
106 already seen use in analysing the profile of *Plasmodium falciparum*, although the metabolome  
107 of the apicomplexan parasite as a whole is almost entirely unexplored (Sengupta et al. 2016).  
108 Here, we show a novel method of analysing cryptosporidiosis-induced changes in infected mice  
109 guts metabolomes, using a <sup>1</sup>H NMR approach. In addition, we have applied the same NMR  
110 based methodology to the *in vitro* infected COLO-680N cell cultures, in order to explore the  
111 similarities and differences displayed between *in-vivo* and *in-vitro* models and identify  
112 potential cross-species markers of infection.

113

## 114 **Materials and Methods**

### 115 *Cryptosporidium*

116 Three isolates of *C. parvum* were used in this study. The reference strain *C. parvum* Iowa II  
117 was obtained from Bunch Grass Farm in the United States, isolated from infected calves. The  
118 human isolate *C. parvum* Weru strain was supplied courtesy of Dr Martin Kváč of the Institute  
119 of Parasitology Biology Centre CAS, Czech Republic. The Weru strain was originally isolated  
120 from an infected human patient and subsequently maintained by passing through SCID mice.  
121 The final isolate used was the human isolate of *C. hominis*, supplied courtesy of Prof. Rachel  
122 Chalmers from the *Cryptosporidium* Reference Unit, Singleton Hospital of NHS Wales.

### 123 *Tissue culture*

124 75 cm<sup>2</sup> monolayers of COLO-680N were infected and maintained as per the protocols outlined  
125 in Miller *et al.* 2016, using all three isolates of *Cryptosporidium*. A control group was also  
126 established, following the same protocols as the infections, absent oocysts.

### 127 *Animals and infection*

128 For this study, seven day old BALB/c mice were infected at the Institute of Parasitology,  
129 Biology Centre CAS using pre-established protocols detailed in Meloni and Thompson,  
130 totalling three mice per condition (Meloni and Thompson 1996). Three separate groups were  
131 used, one infected with 100,000 oocysts of *C. parvum* Iowa II, another group was infected with  
132 100,000 oocysts of the *C. parvum* Weru isolate and the final group were given a PBS control.  
133 The groups were kept physically separate and never allowed to interact. Infection was monitored  
134 from Day-1 post-infection by aniline-carbol-methyl violet staining of faecal smears staining  
135 of faecal smears, in addition to an antigen based strip test (Milacek and Vitovec 1985),  
136 RIDA®QUICK Cryptosporidium, supplied by R-Biopharm. At ten days post-infection, the  
137 mice were euthanized by cervical dislocation and decapitation. This study was carried out in  
138 accordance with Act No 246/1992 Coll. of the Czech Republic. The protocol was approved by  
139 the Committee for Animal Welfare of Biology Centre Czech Academy of Science and the  
140 veterinary administration authorities with regards to the animal experiments.

### 141 *Sample preparation for NMR*

142 Animal samples were retrieved from the contents of the ileum and surrounding intestinal  
143 structure by dissecting out the area of interest and washing through with three ml 100% ethanol  
144 at room temperature via syringe inserted into the opening, collecting the wash through.

145 Collected samples were then centrifuged for three minutes at 10,000 g, the supernatant  
146 discarded and the pellet weights recorded. The samples were then suspended by vortex in two  
147 ml of 75 % ethanol then transferred to a new tube and an additional five ml of 75% ethanol  
148 added.

149 Two ml of two mm diameter glass beads were added to the samples and agitated by vortex for  
150 30 seconds before incubating the samples for three minutes at 80°C. The samples were vortexed  
151 for a further 30 seconds or until the sample was completely homogenised. Tissue culture  
152 samples were collected by draining the media, adding six ml of ethanol at 80°C to the culture  
153 flask and scraping the cells off the surface by cell scraper, decanting the mixture of lysed cells  
154 into 15 ml polyethylene tubes.

155 The samples were then decanted into two ml tubes, retaining the glass beads in the falcon tubes.  
156 The beads were washed with an additional two ml of 80°C, 75% ethanol and again the liquid  
157 was decanted into sterile two ml tubes, retaining the glass beads in the tube.

158 Cell debris and general detritus were removed from the samples by centrifugation at 16,000 g  
159 for 10 minutes and the supernatant transferred to new, sterile two ml microcentrifuge tubes.  
160 The samples were then dried via Rotorvac overnight at 40°C, suspended in 330 µl double  
161 distilled water and centrifuged at 2,500 g for 10 minutes. The supernatant for the samples were  
162 recombined into a single 1.5 ml microcentrifuge tube per original samples and frozen at -20 °C  
163 until the day before NMR analysis. Twenty-four hours prior to analysis, the sample tubes were  
164 placed into a freeze drier until completely desiccated. For NMR analysis, the samples were  
165 suspended in one ml of deuterated water and spiked with the sodium salt of the calibration  
166 control compound 3-(Trimethylsilyl)-1-propanesulfonic acid (DSS) to a final concentration of  
167 20 mM and a tested pH of 7.5.

### 168 *NMR protocol and analysis*

169 Samples were analysed using a 4-channel Bruker Avance III 14.1 T NMR spectrometer (600  
170 MHz  $^1\text{H}$ ) equipped with a 5 mm QCI-F cryoprobe. For controls: six separate, uninfected 25  
171  $\text{cm}^2$  COLO-680N 100% confluent monolayer cultures were analysed in addition to three  
172 uninfected BALB/c mice. Infected samples consisted of six 25  $\text{cm}^2$  COLO-680N 100%  
173 confluent monolayers in addition to three Iowa infected BALB/c and three Weru infected  
174 BALB/c mice. One dimension NMR datasets were acquired with a pulse repetition rate of 5 s  
175 over 128 scans, preceded by eight equilibrating dummy scans and suppression of the residual  
176 Deuterium Oxide solvent (HDO) resonance using presaturation. Processed NMR  
177 spectrographic datasets were produced by Topspin 3.2 and analysed using Chenomx NMR  
178 Suite version 8.2. Partial Least Squares Discriminant Analysis (PLS-DA) of the Chenomx data  
179 were generated with the freely available Microsoft Excel Add-in “multi-base 2015” by  
180 Numerical Dynamics, Japan (Mutlibase for Microsoft Excel 2015). Pathway predictions were  
181 produced by the MetaboAnalyst 3.0 web tool, using a hypergeometric test and relative-  
182 betweenness centrality against *Homo sapiens* and *Mus musculus* databases for the tissue culture  
183 and mouse models respectively (Xia et al. 2015).

#### 184 *Indirect Fluorescence Assays*

185 COLO-680N cultures were seeded onto Lab-Tek, two well, Permanox chamber slides (Sigma  
186 Aldrich, Cat No. Z734640) and allowed to reach 70% confluence before infecting, following  
187 previously published protocols (Miller et al. 2017). At seven days post infection the media was  
188 aspirated from the cultures and washed twice with 1 x PBS. Fresh, pre-warmed RPMI-1640  
189 (Sigma Aldrich, Cat. No R8758) (1% Antibiotic/Antimycotic) containing 200 nM  
190 ThermoFisher Mitotracker Red CMXRos (Molecular probes; Cat. No M7512), was added to  
191 the wells and incubated in the dark at 37°C for 45 minutes. The media was removed and  
192 replaced with further pre-warmed RPMI-1640 (1% Antibiotic/Antimycotic), containing 3.5%  
193 formaldehyde, for 15 minutes at 37°C as per the manufacturer’s protocol. The cells were then  
194 briefly permeabilised with 0.2% Triton-x100 in 1x PBS for 10 minutes, washed twice with 1x  
195 PBS and four drops of SporoGlo™ or Crypt-a-glo™ (WATERBORNE, INC) added, with  
196 incubation at 37°C for a further 45 minutes. The final sample was then washed three times with  
197 PBS, dried and Fluoroshield™ with DAPI (Sigma Aldrich, Cat. No F6057) was added before  
198 applying a glass coverslip and sealing. Slides were visualised by fluorescence microscopy  
199 using an Olympus IX82 or Zeiss Elyra P1 confocal microscope.

#### 200 *Electron microscopy images*

201 Aclar disks of tissue culture were infected and prepared for EM according to the protocols  
202 detailed in Miller et al. 2017.

#### 203 *Ethics*

204 All animals involved in the experiments were treated and cared for by trained members of staff  
205 according to the standards set out by Directive 2010/63/EU regarding Legislation for the  
206 protection of animals used for scientific purposes.

207

208

## 209 **Results**

#### 210 *Mice faecal sample extractions*

211 Faecal samples from infected and uninfected mice were monitored using aniline-carbol-methyl  
212 violet staining (**Figure 1**) to determine validity of the control and progress of infection.  
213 Samples from both control and infected mice were taken at ten days post infection.

214 The spectra produced by the NMR showed clear distinctions between the infected and  
215 uninfected mice, as well as distinctions between the different strains of infections (**Figure 2a**).  
216 Several metabolites were readily distinguishable prior to the metabolomics analyses, including  
217 indicators of phosphorylation; creatine and creatine phosphate (**Figure 2b**), taurine (**Figure**  
218 **2c**) and lactate (**Figure 2d**). Processing the data from the mice guts (n=9) via the Chenomx  
219 Nmr Suite version 8.2 platform produced a list of 151 compounds that were extrapolated from  
220 the spectra (**Figure 3**). Statistical analysis of the data, with freely available Microsoft Excel  
221 Add-in “multi-base 2015”, by Partial Least Squares Discriminant Analysis (PLS-DA)  
222 determined significant separation of the three conditions, (uninfected control, *C. parvum* Iowa  
223 II and *C. parvum* Weru infections), whilst maintaining group cohesion (**Figure 4a**). The  
224 loading values of the variable compound contributions (**Figure 4b**), suggest certain metabolites  
225 were more significant to the separation of the groups than others. The presence of L-alanine  
226 and valine, two common amino acids, agrees with the previous literature and 2-oxoisocaproate  
227 is a component of the valine/leucine/isoleucine biosynthetic pathways reports (Ng Hublin et al.  
228 2013, Ng Hublin et al. 2012).

229 MetaboAnalyst 3.0 based analysis of the metabolites proposed that a number of amino acid  
230 biosynthesis pathways could be altered during the course of an infection, such as the glycine,  
231 valine and taurine pathways. In addition, the mice infections displayed possible changes to  
232 other metabolic pathways (**Figure 5a**) as those pathways furthest from the x, y axis intercept,  
233 representing both the overall completeness of the pathways and number of contributing  
234 detected metabolites respectively. The pathways identified in the manner, and the compounds  
235 discovered by the NMR demonstrated that infections caused changes in at least the valine  
236 (**Figure 5c**), glycine (**Figure 5d**) and taurine amino (**Figure 5e**) acid biosynthetic pathways, in  
237 addition to several sugar pathways (**Figure 5b, f, g**).

#### 238 *Cell culture sample extractions*

239 Extrapolated NMR data from COLO-680N (n=18) metabolite extractions, demonstrated clear  
240 differences between the each strain and species of *Cryptosporidium* used (**Figure 6**). As with  
241 the mice samples, differences between creatine, creatine phosphate, taurine and lactate  
242 (**Figures 6b-d**) were readily visible in the raw spectra. Chenomx analysis produced a list of  
243 161 total compounds of varying concentrations across samples (**Figure 7**). The PLS-DA  
244 generated by the same statistical analysis as before, produced ample separation of the  
245 *Cryptosporidium*-infected and uninfected cultures, (**Figure 8a**). Furthermore, the separation of  
246 the individual infection groups suggests that differences between both *Cryptosporidium* species  
247 and within individual strains of *C. parvum*, may illicit different metabolic responses in cell  
248 cultures. The loading scores plot of the PLS-DA showed a number of amino acids contributed  
249 heavily to the separations, as well lactate, several fatty acid derivatives and taurine (**Figure**  
250 **8b**).

251 Metabolic pathway fitting via MetaboAnalyst 3.0 revealed that amino-acid biosynthesis  
252 pathways for glycine, alanine and arginine were influenced by infection. These were in addition  
253 to taurine, pantothenate and CoA biosynthetic pathways as shown in **Figure 9a**. As with  
254 **Figures 5a-g**, the graph shows a combination of how much of a pathway is completed by data  
255 from the NMR, as well as simply how many metabolites were detected. Among other pathways,  
256 perhaps the most significant detections were glycine (**Figure 9b**), taurine (**Figure 9c**) alanine

257 (Figure 9d) and arginine (Figure 9g) amino acid pathways as well as, potentially the synthesis  
258 and degradation of ketones (Figure 9e) and pantothenate and CoA biosynthesis (Figure 9f).

259 *Comparison of mice faecal and COLO-680N metabolome changes*

260 MetaboAnalyst data from Figure 5 and Figure 9, demonstrate that a number of altered  
261 pathways are shared between the mice and tissue culture metabolites, particularly taurine and  
262 amino acid metabolic pathways. Taurine is involved in a number of roles, including bile acid  
263 conjugation, osmoregulation, membrane integrity and protection against oxidative free  
264 radicals. Glycine synthesis was also shown to be affected to a large degree and is involved with  
265 numerous and diverse cellular functions including purine synthesis, basic protein construction  
266 and provides the building blocks for porphyrins (Denis and Daignan-Fornier 1998, Marver et  
267 al. 1966). All of these pathways have a direct or indirect impact on the host's mitochondrial  
268 energetic activity.

269 To investigate the cellular role of host mitochondria during infection, we employed an Indirect  
270 Fluorescence Assay (IFA) approach to determine if the mitochondria of the host cells were  
271 responding to *Cryptosporidium* infection (Figure 10). Our results demonstrate that on multiple  
272 occasions, the host mitochondria were shown to congregate in larger densities near the  
273 *Cryptosporidium* infection (Figures 10). Transmission Electron Microscopy images of  
274 infected cells also show abnormal host's mitochondrial congregation around the  
275 parasitophorous vacuole (Figure 11).

276

## 277 Discussion

278 Solution-state <sup>1</sup>H NMR offers a novel approach to metabolomics that is especially useful where  
279 sample volume sizes are particularly small (Jacobs et al 2008, Novak et al. 2006, Wu, et al.  
280 2010). Although GC-MS holds an advantage for detecting low-levels of metabolites with  
281 unique mass signatures, for the purpose of determining the change in metabolite quantities,  
282 NMR provides a viable alternative (Bezabeh et al. 2010, Jacobs et al 2008, Saric et al. 2008,  
283 Sengupta et al. 2016, Wu et al 2010). Initial analysis of our data showed a clear distinction  
284 between the metabolic fingerprints of infected and uninfected samples, even between infections  
285 of different strains of the parasite (Figure 4).

286 Of particular importance is the degree to which these results, both from the *in-vitro* and *in-vivo*,  
287 agree with the previous literature. Our study also demonstrates that metabolic compounds L-  
288 alanine, isoleucine and succinic acid (succinate) were detected as contributors to the variance  
289 between the sample conditions that indicated infection. Moreover, even though valine was not  
290 detected in the uninfected controls, it was visible in the infected samples and in agreement with  
291 previous reports (Ng Hublin et al. 2013, Ng Hublin et al. 2012).

292 The predictive fits of the metabolic pathways highlighted a remarkable selection of pathways  
293 including several involved in amino acid biosynthesis, sugar metabolism, CoA biosynthesis  
294 and taurine biosynthesis. Of the predicted metabolic pathways, which have been previously  
295 shown to be influenced by infection, there are several whose presence should have been  
296 projected, such as the amino acid biosynthesis pathways for alanine and glycine as the previous  
297 reports had already highlighted their potential involvement reports (Ng Hublin et al. 2013, Ng  
298 Hublin et al. 2012).

299 As a parasite, *Cryptosporidium* is dependent on host derived biosynthetic pathways for  
300 survival. For example, *C. parvum* is incapable of producing the majority of amino acids *de-*  
301 *novo*, instead relying heavily on the import of host metabolites via active channelling

302 (Abrahamsen et al. 2004). The biosynthetic pathway for glycine, threonine and serine was  
303 upregulated, in both cell culture and animal experimentations, with particularly high levels of  
304 glycine detected. Both *C. parvum* and *C. hominis* are incapable of manufacturing these amino  
305 acids *de novo*, instead relying on scavenging host serine and glycine, utilising serine and  
306 glycine hydroxymethyltransferases to convert one to the other when needed (Abrahamsen et  
307 al. 2004, Doyle et al. 1998). The reliance on host amino acids could provide a novel method  
308 for combating the infection, based upon previous studies that identified other amino acid  
309 metabolic chains as potential targets (Clark 1999, Doyle et al. 1998). For example, glycine  
310 reuptake inhibitors (GRIs) that are often used in treating schizophrenia, could be utilised to  
311 partially starve the parasite of the metabolite.

312 In addition to the amino acid biosynthesis pathways, it is also apparent that taurine synthesis is  
313 also implicated in the metabolic profile of the disease as shown in the presented analyses;  
314 taurine has frequently been used in the past as an agent for inducing excystation for *in-vitro*  
315 cultures as sodium taurocholate (Feng et al. 2006, Gold et al. 2001, Kar et al. 2011, King et al.  
316 2012). In the host, taurine has a number of roles, those relevant to the cell types involved  
317 include: cell membrane integrity, osmoregulation and adipose tissue regulation. Previous  
318 metabolomic studies of faecal samples from *Cryptosporidium*-infected patients revealed  
319 increased taurine concentrations, explained by the characteristic decline in gut absorption as a  
320 result of villi malformation by the parasite (Goodgame et al. 1995, Kapembwa et al. 1990).  
321 However, an even greater increase in taurine levels was observed in the infected COLO-680N  
322 cell cultures, wherein malabsorption is not an applicable explanation. In addition to the  
323 pathways and the relevant metabolites featured in **Figures 5** and **9**, there were also a number  
324 of potentially important metabolites not represented. Similarly observed, was an increase in the  
325 abundance of adenosine derivatives (AMP, ADP and ATP); all showed increased abundance  
326 in infected cells and mice in *C. parvum* Iowa II infections, along with a similar increase in  
327 creatine levels in *C. parvum* Weru infections. This heavily implicates a role for the host  
328 mitochondria in the context of infection as each species and strain used lacks the creatine kinase  
329 needed to produce creatine phosphate, which typically operate in localisation with  
330 mitochondria. Levels of pyruvate in *C. hominis* cell and pantothenate in *C. parvum* Iowa II  
331 infections suggest a role for oxidatative phosphorylation. This is of particular interest as it has  
332 been established that the *C. parvum* genome contains a sequence for a potential pantothenate  
333 scavenging protein (Augagneur et al. 2013). Moreover, the further increase in lactate levels  
334 detected in *C. hominis* cell cultures and *C. parvum* Iowa II mouse infected samples, compared  
335 to the controls, indicate a strong contribution from anaerobic pathways most likely from the  
336 host. This suggests that more ATP is being produced than the oxidative capacity of the host  
337 mitochondria can maintain, producing a net increase in lactate as the oxygen debt increases.  
338 This holds particular interest as a theory of *Cryptosporidium*'s targets of parasitism include  
339 ATP production pathways, similarly to the intracellular rhizarian *Mikrocytos mackini* (Burki et  
340 al. 2013).

341 These data suggest that *C. parvum* and *C. hominis* infections may be directly or indirectly  
342 inducing an increase in host mitochondrial activity. If factual, this would result in a large  
343 number of oxygen free radicals being produced by the metabolic machinery. Consequently,  
344 cell(s) would respond with a matching increase in the synthesis of antioxidants such as taurine,  
345 which also sees increases during infection (Giris et al. 2008, Green et al. 1991, Zhang et al.  
346 2004). Support for this hypothesis can be seen in the way host mitochondria appear to  
347 congregate around the *Cryptosporidium* infection (e.g. parasitophorous vacuole) (**Figures 10**  
348 and **11**). Nevertheless, taurine also plays another role within cells, for example as a diuretic.  
349 Taurine is involved in the maintenance of the ionised forms of magnesium and potassium  
350 within the cell, producing a diuretic effect that may contribute towards the characteristic water-

351 loss of a patient with cryptosporidiosis (Kapembwa et al. 1990, Lin et al. 2016, Niggli et al.  
352 1982, Yu et al. 2016). Furthermore, it has been found that taurine levels influence production  
353 of short chained fatty acid, another aspect of host biology theorised to be scavenged by *C.*  
354 *parvum* and *C. hominis* (Guo et al. 2016, Seeber and Soldati-Favre 2010, Yu et. 2016). The  
355 detection of a rise in taurine levels *in-vitro* further suggest that the increase in taurine typically  
356 detected in cryptosporidiosis patients' stool, is more than simply the result of the guts decrease  
357 in absorptive qualities. It is likely that the intra-cellular role of taurine in this disease has been  
358 overlooked and that the pathophysiology of this disease is more complicated than currently  
359 understood, and extends beyond simple villi degradation.

360 Lastly, these results alone provide a promising method of determining infections via a possible  
361 comparative <sup>1</sup>H NMR of patient and reference biopsies. This method offers an alternative  
362 approach in the medical field, where current methods of diagnosis are reliant on separate  
363 methods to achieve the same result as NMR, with infections detected by laborious and often  
364 inaccurate microscopy and strain typing dependant on successful PCR.

365 In conclusion, we have demonstrated for the first time that the use of <sup>1</sup>H NMR in the context  
366 of both medical and scientific applications is indispensable in the fight against  
367 cryptosporidiosis. With the application of a more user-friendly and reproducible approach of  
368 metabolomics, through the <sup>1</sup>H NMR methodology described in this paper, it will now be easier  
369 for the *Cryptosporidium* community to further explore the remaining aspects of the disease  
370 metabolome in patients' samples. Future experiments would be best approached by increasing  
371 the number of strains analysed both *in-vitro* and *in-vivo* to test the relevant proposed  
372 hypotheses. Additionally, elucidating the more pathogenic influences of taurine biosynthesis  
373 in the pathobiology of cryptosporidiosis is critical. With these data, a metabolomics based  
374 method of diagnosing and treating the disease could become a reality.

375

## 376 **Abbreviations**

377 NMR: Nuclear Magnetic Resonance

378 DSS: 3-(Trimethylsilyl)-1-propanesulfonic acid, sodium salt

379 PCA: Principal component analysis

380 PLS-DA: Partial Least Squares Discriminant Analysis

381 UV: Ultraviolet

382 HIV: Human Immunodeficiency Virus

383 GC-MS: Gas Chromatography-Mass Spectrometry

384 HDO: Deuterium Oxide

385 IFA: Indirect Fluorescence Assay

386 PCR: Polymerase Chain Reaction

387 DAPI: 4',6-diamidino-2-phenylindole

388 PBS: Phosphate-buffered saline

389 EM: Electron microscopy

390 SCID: Severe Combined Immunodeficiency Disease

391 ATP: adenosine triphosphate  
392 AMP: adenosine monophosphate  
393 ADP: adenosine diphosphate  
394 CoA: Coenzyme A  
395 GRIs: glycine reuptake inhibitors

396  
397

### 398 **Declarations**

399 The authors have declared that the research was conducted in the absence of any commercial  
400 or financial relationships that could be construed as a potential conflict of interest

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569

570

## 571 **Figure legends**

### 572 **Figure 1: Staining of *Cryptosporidium* in faecal samples**

573 Aniline-carbol-methyl violet stain of a faecal smear taken from a mouse in the infection group.  
574 The abundant presence of *Cryptosporidium* (arrows) indicates that the infection has been  
575 successful; and that the animal is producing oocysts.

576

### 577 **Figure 2: NMR Spectra of mice models of infection**

578 **a.** Stacked NMR Spectra produced from faecal samples of the control mice (green), or either  
579 the Iowa II (blue) or Weru (purple) groups. **b.** Direct comparisons of the spectra revealed

580 several clearly identifiable differences, including differences in creatine and creatine phosphate  
581 levels. **c.** Levels of taurine were substantially lower in the control or *C. parvum* Weru samples  
582 compared to *C. parvum* Iowa II. **d.** Lactate levels were also much higher in *C. parvum* Iowa II  
583 infected mice compared to the barely detectable levels in the control mice or *C. parvum* Weru  
584 infected groups.

585

### 586 **Figure 3: Mice Experiment Metabolites**

587 All the metabolites identified by  $^1\text{H}$  NMR analysis in infected and uninfected mice were  
588 explored via PLS-DA statistical analysis. The colour coded heat map represents the  
589 significance to which each individual metabolite contributed to the identity of the sample  
590 groups, with more significant contributors tending towards green and less reliable contributors  
591 tending towards red.

592

### 593 **Figure 4: PLS-DA and loading plot of mice model NMR results**

594 **a.** PLS-DA statistical analysis of the information provided by the Chenomx screening produced  
595 clear groupings, separating the controls (green), *C. parvum* Iowa II infections (blue) and *C.*  
596 *parvum* Weru infections (purple). As the grouping areas, indicated by the areas highlighted, do  
597 no overlap, it can be said that the separation between the infection conditions represent clear  
598 differences in the metabolome, which correspond to the *C. parvum* strain. **b.** The loading biplot  
599 of the PLS-DA analysis shows many of the compounds identified by Chenomx contributed  
600 towards the separation and groupings. Those on the outer most edges, for example alanine,  
601 sarcosine, lactate and lactulose, had some of the greatest influence on the amount of separation  
602 as determined by the PLS-DA.

603

### 604 **Figure 5: Metabolic pathways detected in mouse model NMR samples**

605 **a.** Data analysed by MetaboAnalyst 3.0, utilising all compounds which displayed some degree  
606 of change as a result of infection, produced a graph of pathways most heavily impacted (x axis)  
607 and pathways containing the most amount of the given compounds (pathway impact: y-axis),  
608 with statistical significance of the predicted pathways increasing as the colour ranges from  
609 yellow (low) to red (high). Six pathways were chosen to be of particular interest by their  
610 position on the graph, with metabolites present in the experimental samples highlighted in red,  
611 including: **b.** pentose and glucuronate interconversions, valine, **c.** leucine and isoleucine  
612 biosynthesis, **d.** glycine serine and threonine metabolism, **e.** taurine and hypotaurine  
613 metabolism, **f.** galactose metabolism and **g.** starch and sucrose metabolism.

614

### 615 **Figure 6: Cell Culture infection NMR spectra**

616 **a.** Stacked NMR Spectra produced from the COLO-680N control cultures (green), or either the  
617 *C. parvum* Iowa II (blue), *C. parvum* Weru (purple), or *C. hominis* groups. Direct comparisons  
618 of the spectra revealed several clearly identifiable differences, including, again, differences in  
619 creatine and creatine phosphate (**b.**), taurine (**c.**) and lactate (**d.**) levels. Noticeably, taurine  
620 levels were almost undetectable in *C. hominis* or *C. parvum* Weru infections.

621

## 622 **Figure 7: COLO-680N Experiment Metabolites**

623 All the metabolites identified by <sup>1</sup>H NMR analysis in infected and uninfected cells were  
624 explored via PLS-DA statistical analysis. The colour coded heat map represents the  
625 significance to which each individual metabolite contributed to the identity of the sample  
626 groups, with more significant contributors tending towards green and less reliable contributors  
627 tending towards red.

628

## 629 **Figure 8: PLS-DA and loading plot of COLO-680N - infected cells NMR results**

630 **a.** PLS-DA statistical analysis of the information provided by the Chenomx screening produced  
631 clear groupings, separating the controls (green), *C. parvum* Iowa II infections (blue), *C. parvum*  
632 Weru infections (purple) and *C. hominis* infections (red). As the grouping areas do not overlap  
633 the separation between the infection conditions again indicates that metabolome differences  
634 can be at least in part explained by different *Cryptosporidium* strains/species. **b.** The loading  
635 biplot of the PLS-DA analysis shows lactate as a significant contributor to variation, as seen  
636 before in **Figure 2b**, in addition to taurine and myo-inositol among others.

637

## 638 **Figure 9: Metabolic pathways detected in cell cultures' NMR samples**

639 **a.** Data analysed by MetaboAnalyst 3.0, utilising all compounds which displayed some degree  
640 of change as a result of infection, produced a graph of pathways most heavily impacted (x axis)  
641 and pathways containing the most amount of the given compounds (pathway impact: y-axis),  
642 with statistical significance of the predicted pathways increasing as the colour ranges from  
643 yellow (low) to red (high). Six pathways were chosen to be of particular interest by their  
644 position on the graph, with metabolites present in the experimental samples highlighted in red,  
645 including: glycine, serine and threonine metabolism (**b.**), taurine and hypotaurine metabolism  
646 (**c.**), Alanine, aspartate and glutamate metabolism (**d.**), synthesis and degradation of ketones  
647 (**e.**), pantothenate and CoA biosynthesis (**f.**) and arginine and proline metabolism (**g.**).

648

## 649 **Figure 10: Indirect Fluorescence Assay of infected cell cultures**

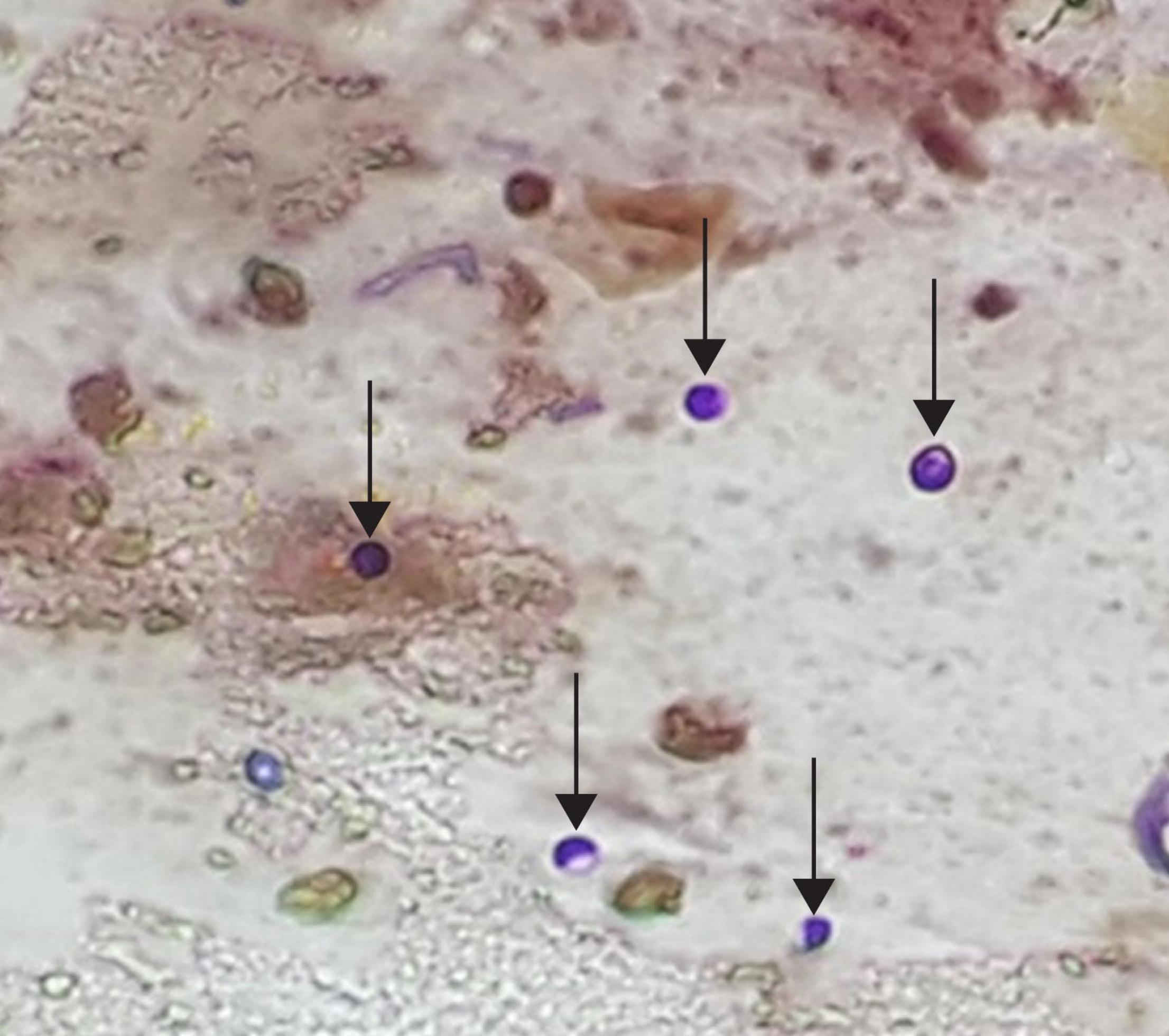
650 **a.** Fluorescence microscopy showing the staining of infected COLO-680N culture with Sporoglo  
651 (green), MitoTracker CMXRos (red) and DAPI nuclear stain (blue). From the figure we  
652 could observe an obvious mitochondrial “clumping” and polarisation towards areas of  
653 infection, suggesting that the presence of the parasite within a host cell affects the positioning  
654 of host mitochondria. **b.** Confocal microscopy showing the localisation of Crypt-a-glo (green),  
655 MitoTracker (red) and DAPI (blue) in a 3D rendering of 31 individual, 0.16 µm thick sections,  
656 overlapping with a final representative thickness of 4.8 µm. The images are rotated around the  
657 x-axis, from 0° to 80°, showing a COLO-680N cell infected with *C. parvum* (green). Individual  
658 images of the stainings were captured in different angles, to show the infection on a three-  
659 dimensional level. A whole video showing a 360° rotation of the three-dimensional z-stack of  
660 the image is found as an animation in **Video 1**. **c.** Confocal microscopy showing the localisation  
661 of Crypt-a-glo (green), MitoTracker (red) and DAPI (blue) in a 3D rendering of 55 individual,  
662 0.16 µm thick sections, overlapping with a final representative thickness of 8.6 µm. The images  
663 are rotated around the x-axis, from 0° to 80°, showing a COLO-680N cell infected with *C.*  
664 *parvum* (green). Individual images of the stainings were captured in different angles, to show  
665 the infection on a three-dimensional level. A whole video showing a 360° rotation of the three-

666 dimensional z-stack of the image is found as an animation in **Video 2. d**. Confocal microscopy  
667 showing the localisation of Crypt-a-glo (green) and MitoTracker (red) in a 3D rendering of 51  
668 individual, 0.16  $\mu\text{m}$  thick sections, overlapping with a final representative thickness of 8.0  $\mu\text{m}$ .  
669 The images are rotated around the x-axis, from  $0^\circ$  to  $70^\circ$ , showing mitochondria surrounding  
670 an intracellular stage of with *C. parvum* (green). Individual images of the stainings were  
671 captured in different angles, to show the infection on a three-dimensional level. A whole video  
672 showing a  $360^\circ$  rotation of the three-dimensional z-stack of the image is found as an animation  
673 in **Video 3**.

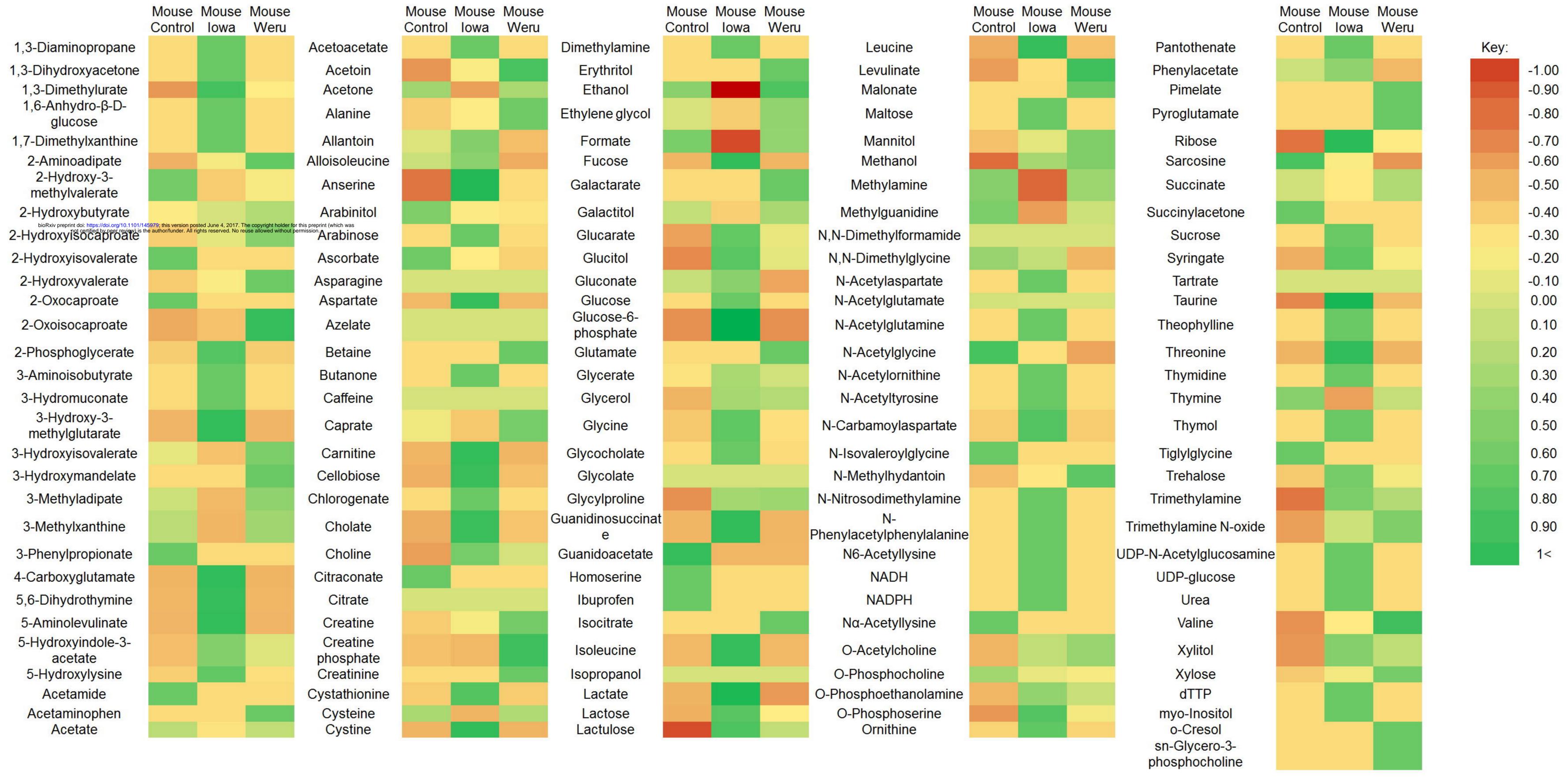
674

675 **Figure 11: Electron microscopy of *Cryptosporidium* infected host cells.**

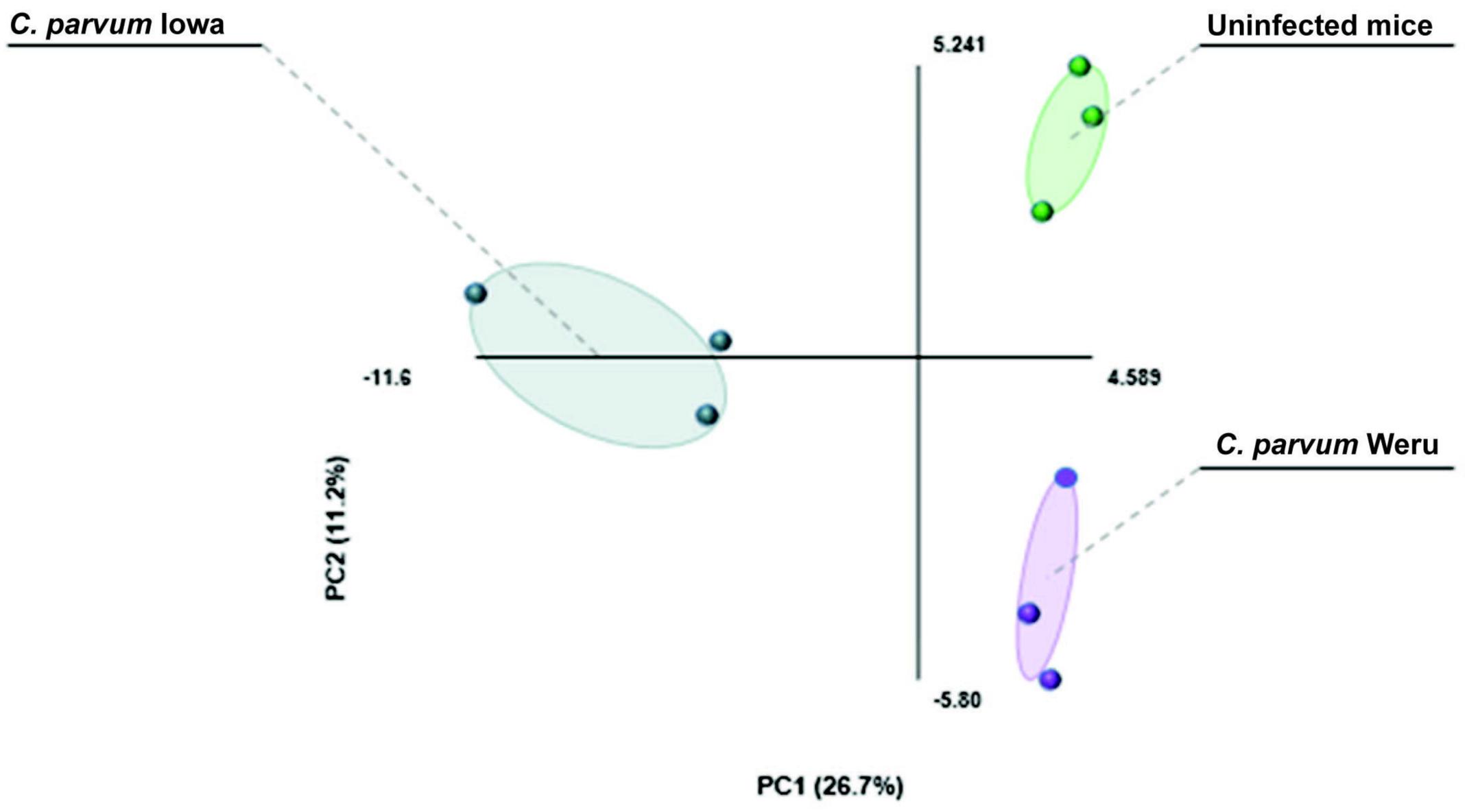
676 **a.** Infection of a host cell by *C. parvum*. Mitochondria of the host cell appear to closely  
677 associate with the parasitophorous vacuole surrounding the parasite, while cytoskeletal  
678 structures appear to be associated with the organelles. **b.** Cartoon of image a. demonstrating  
679 the presence of mitochondria, cytoskeleton, nuclear material and *Cryptosporidium*.



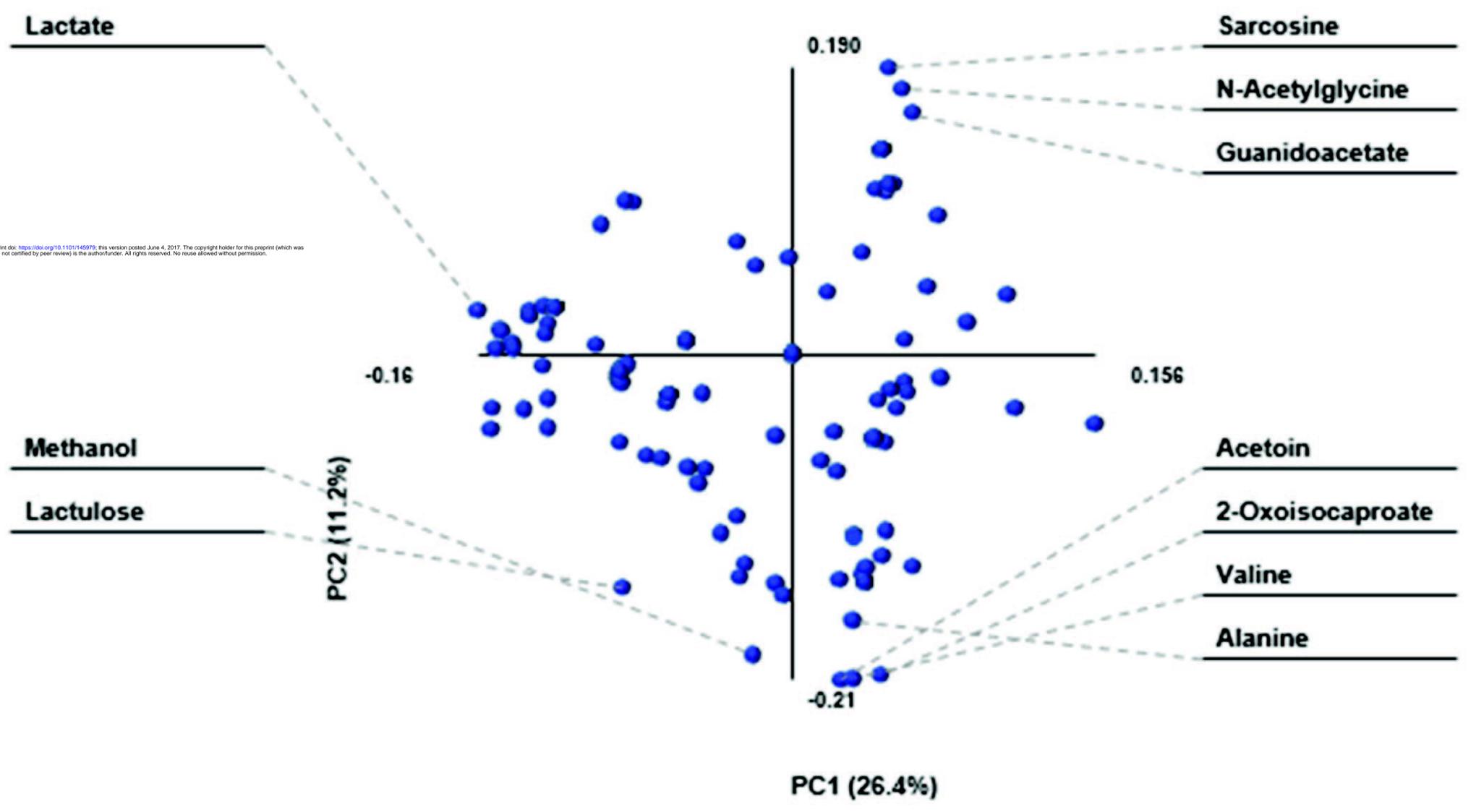


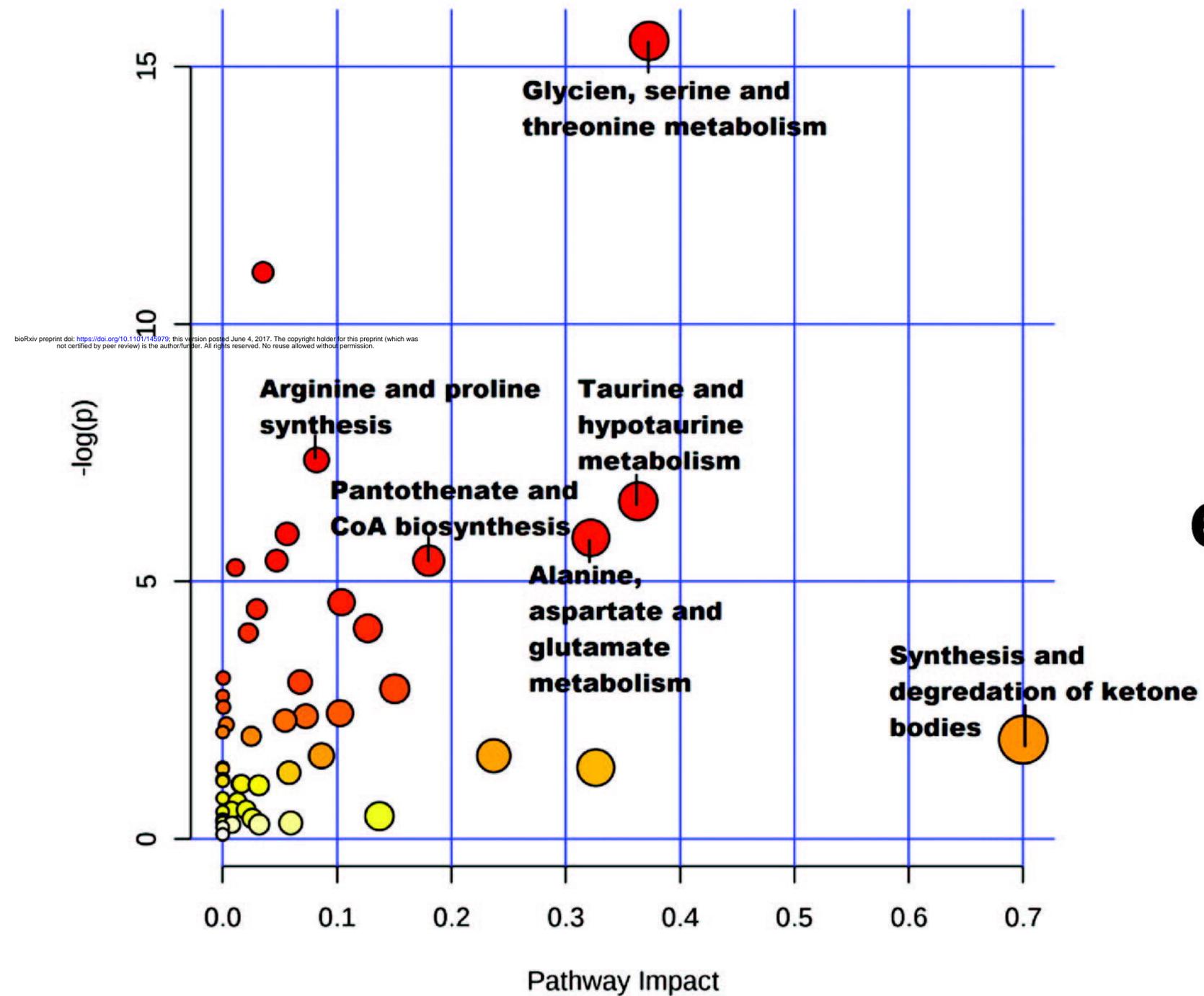
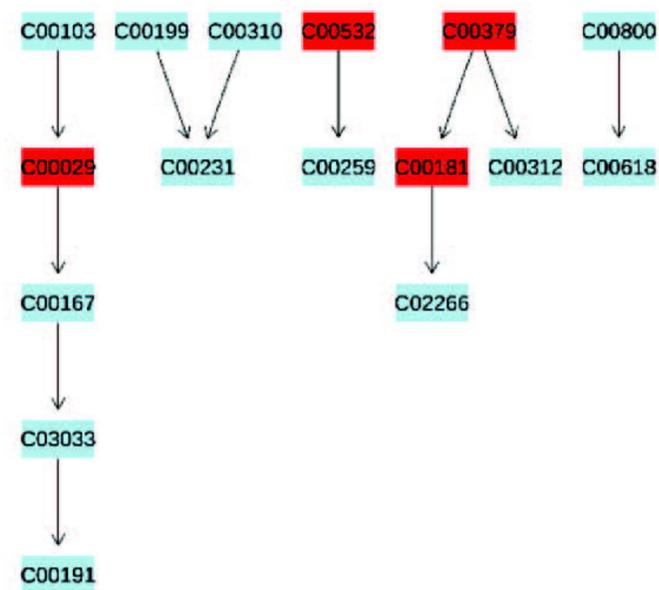
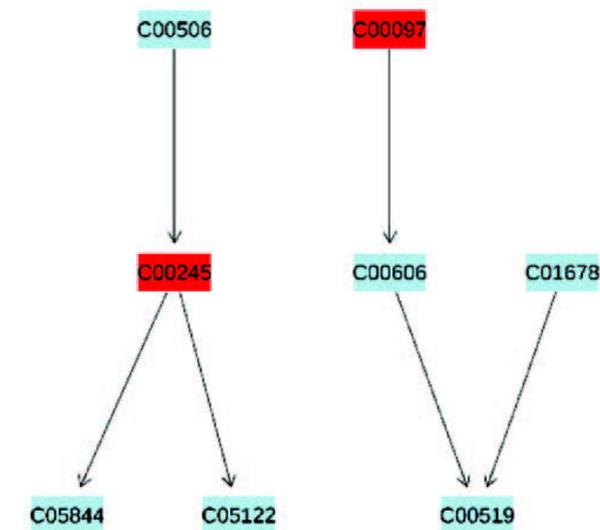
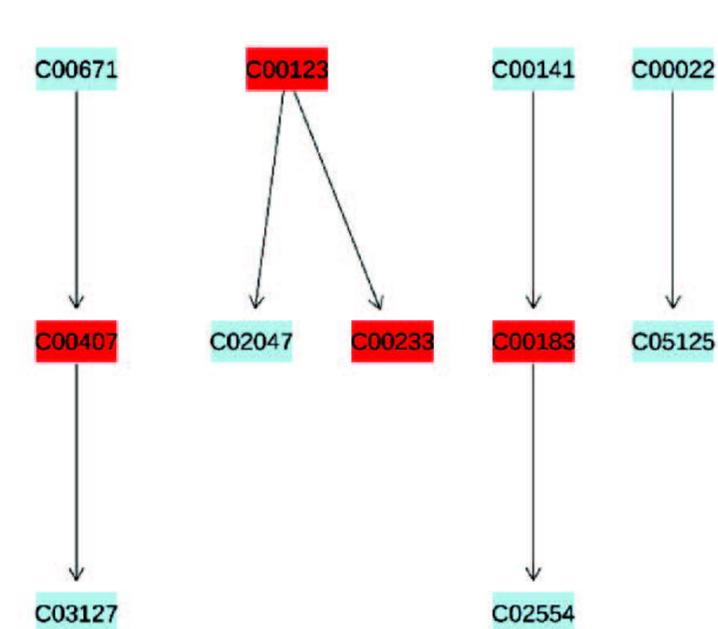
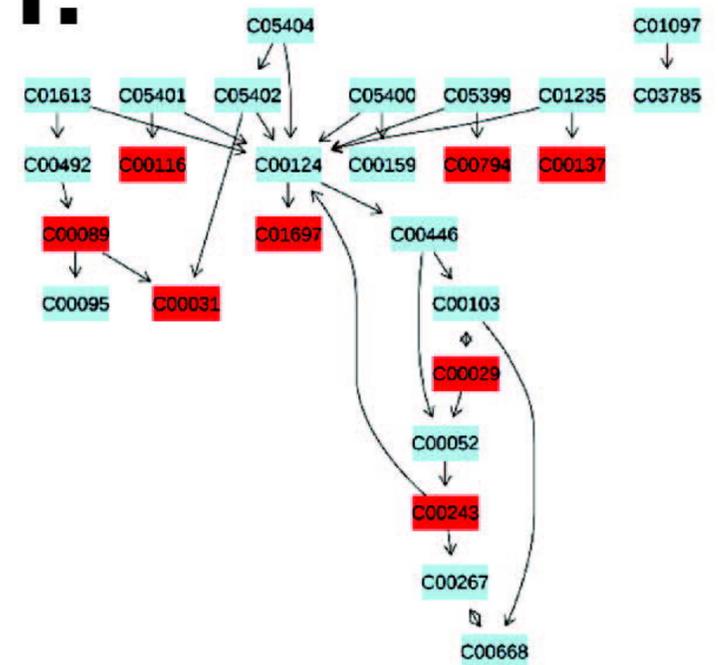
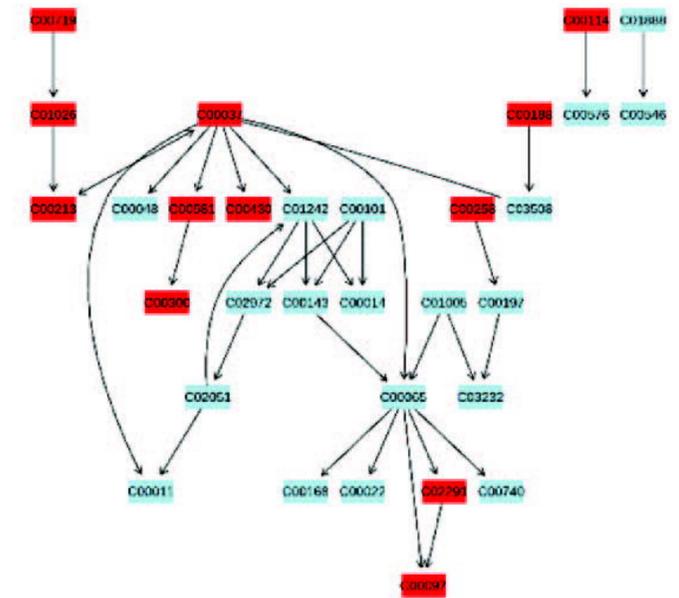
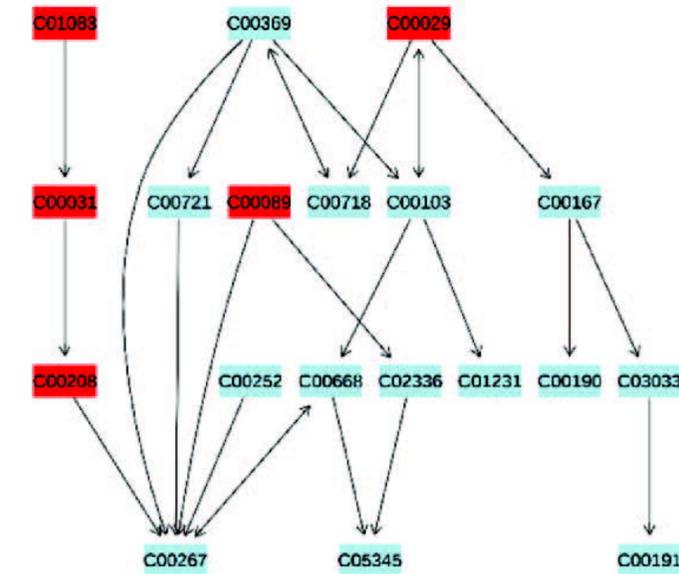


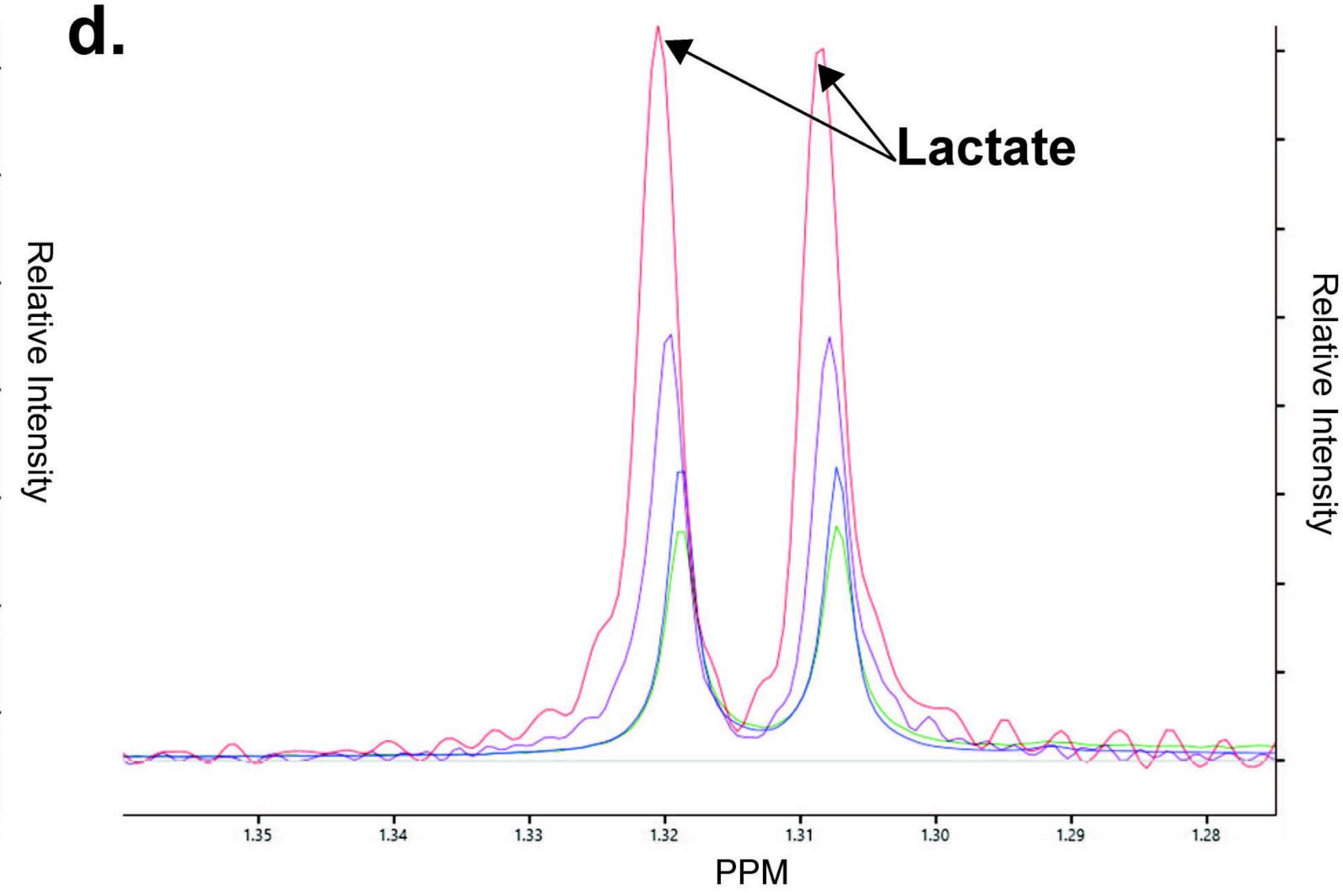
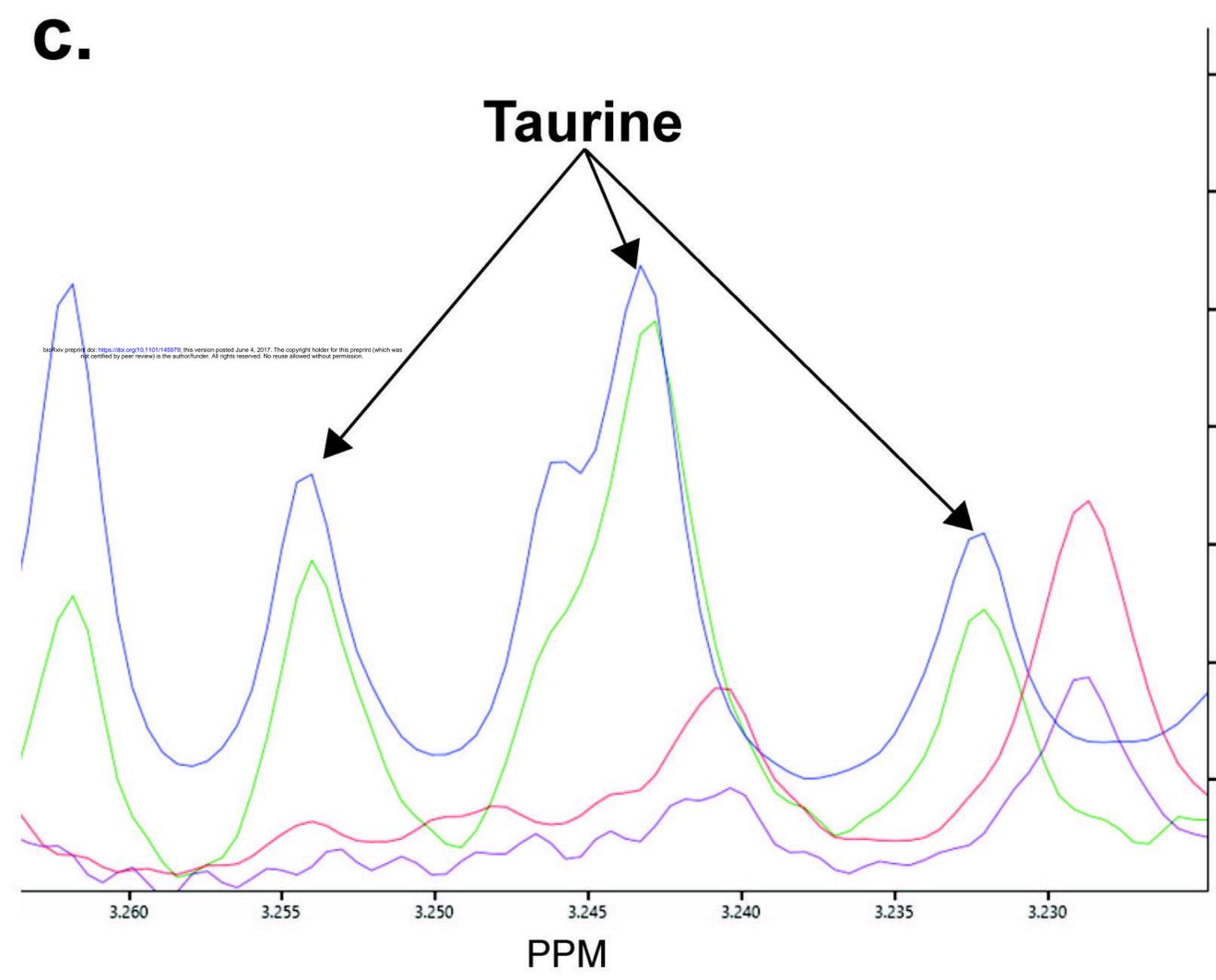
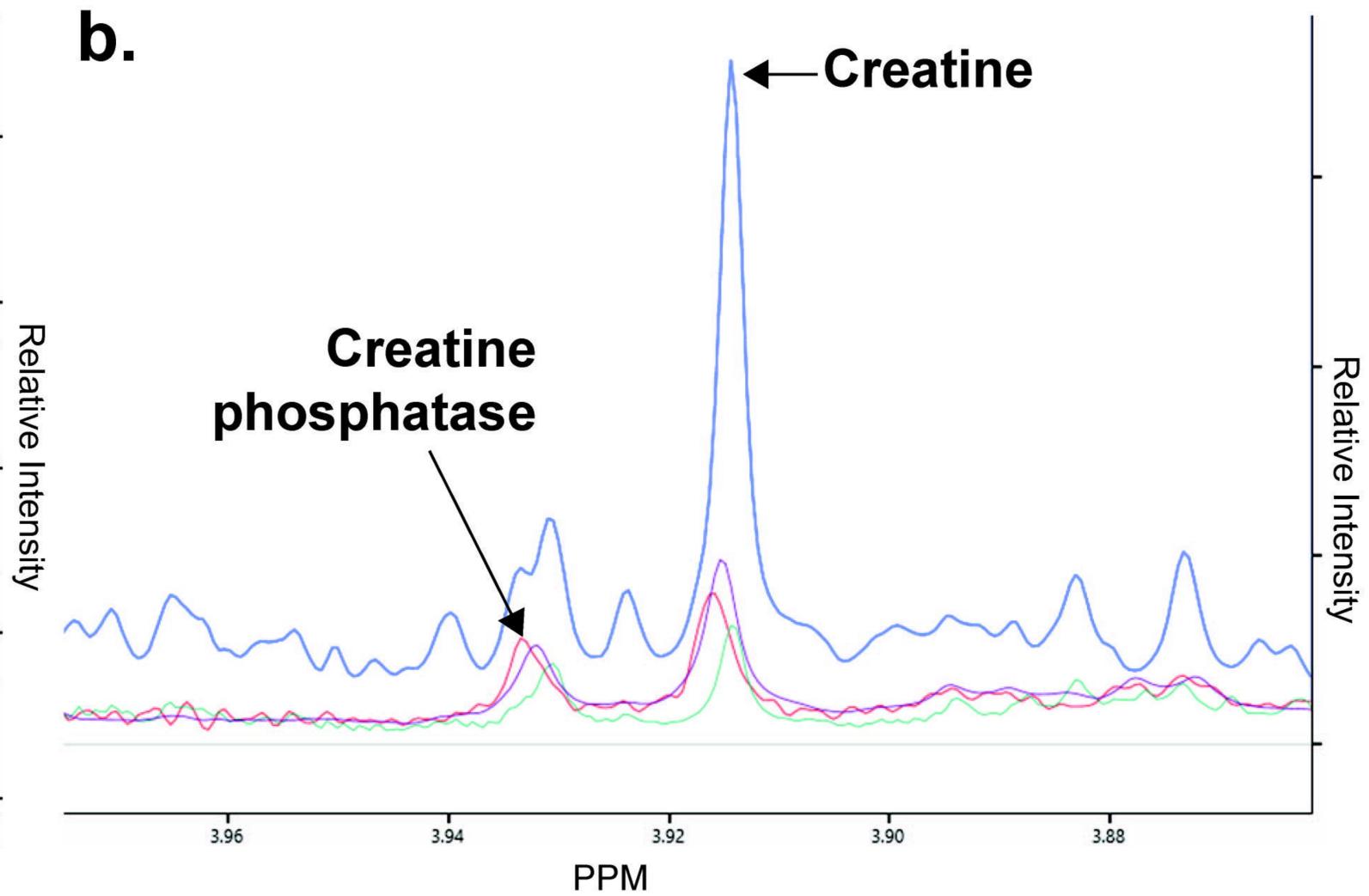
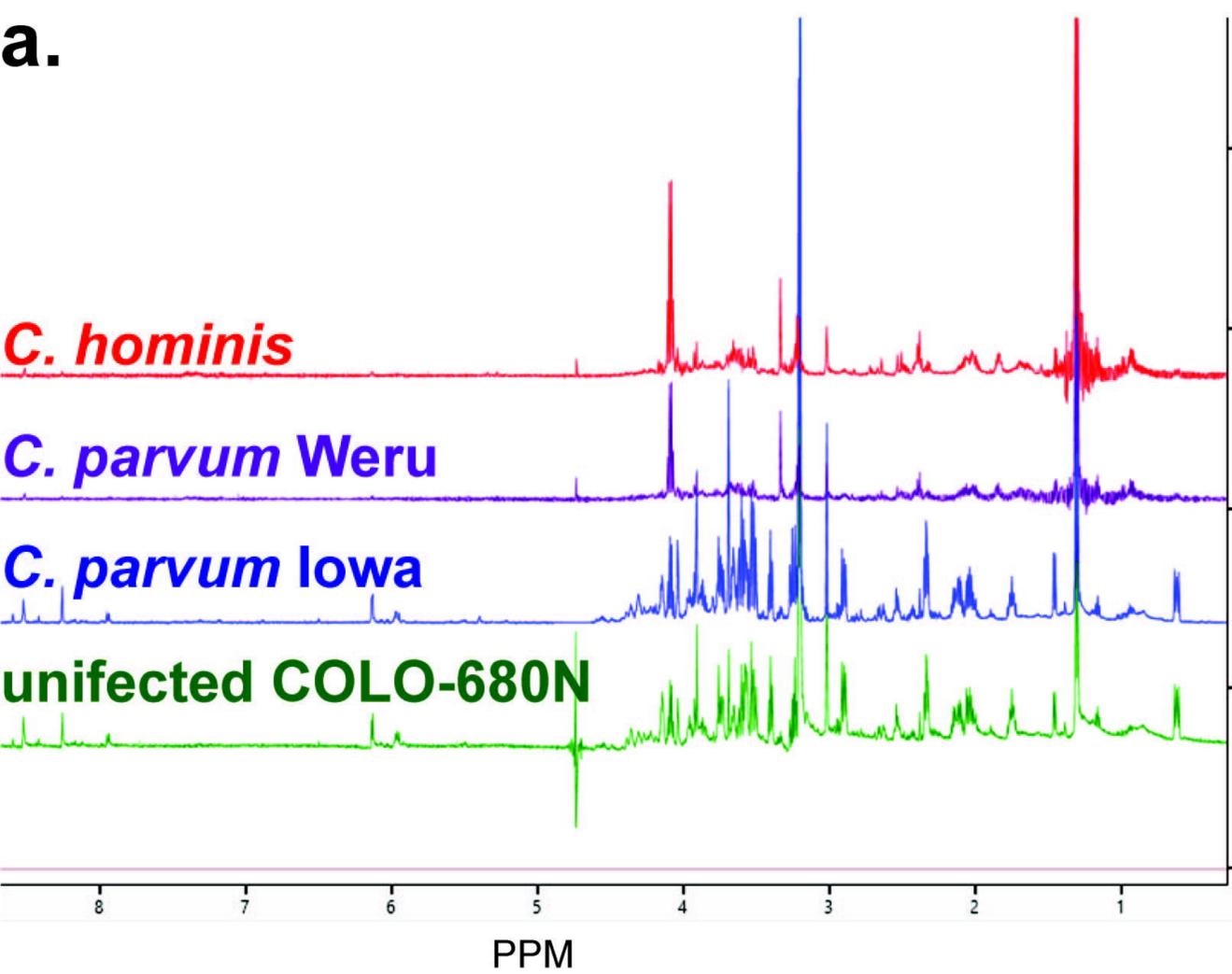
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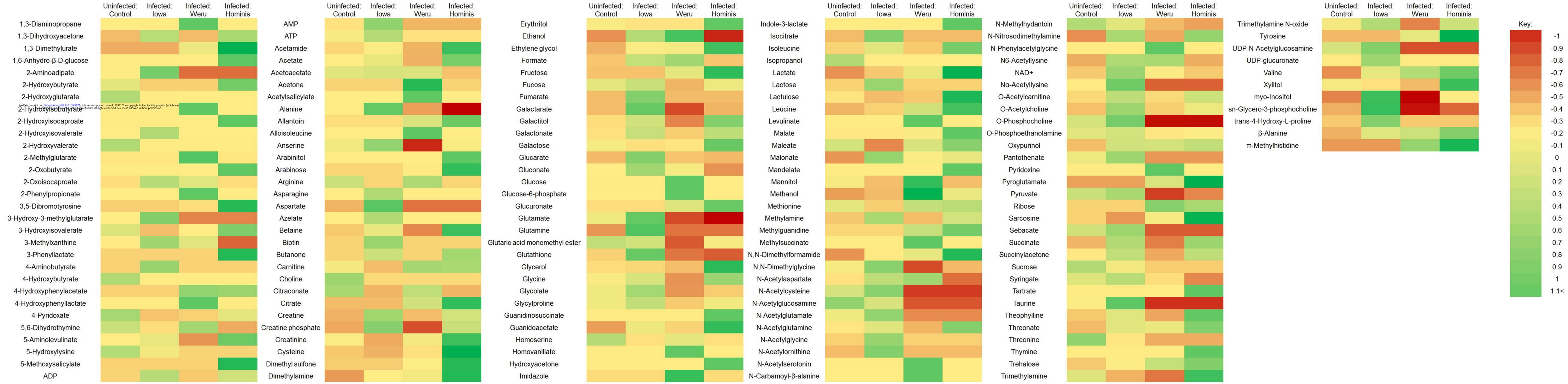


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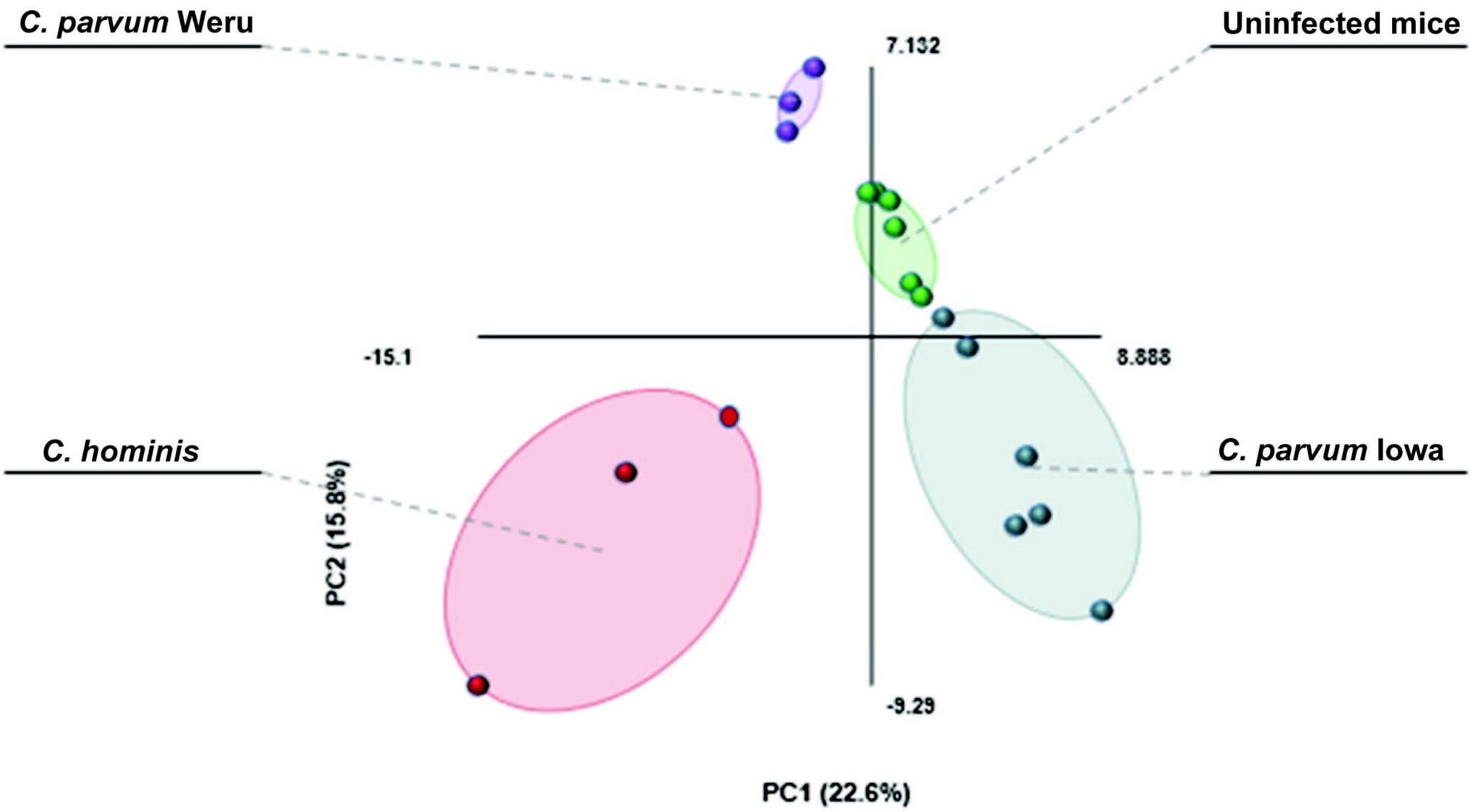


**a.****b.****e.****c.****f.****d.****g.**

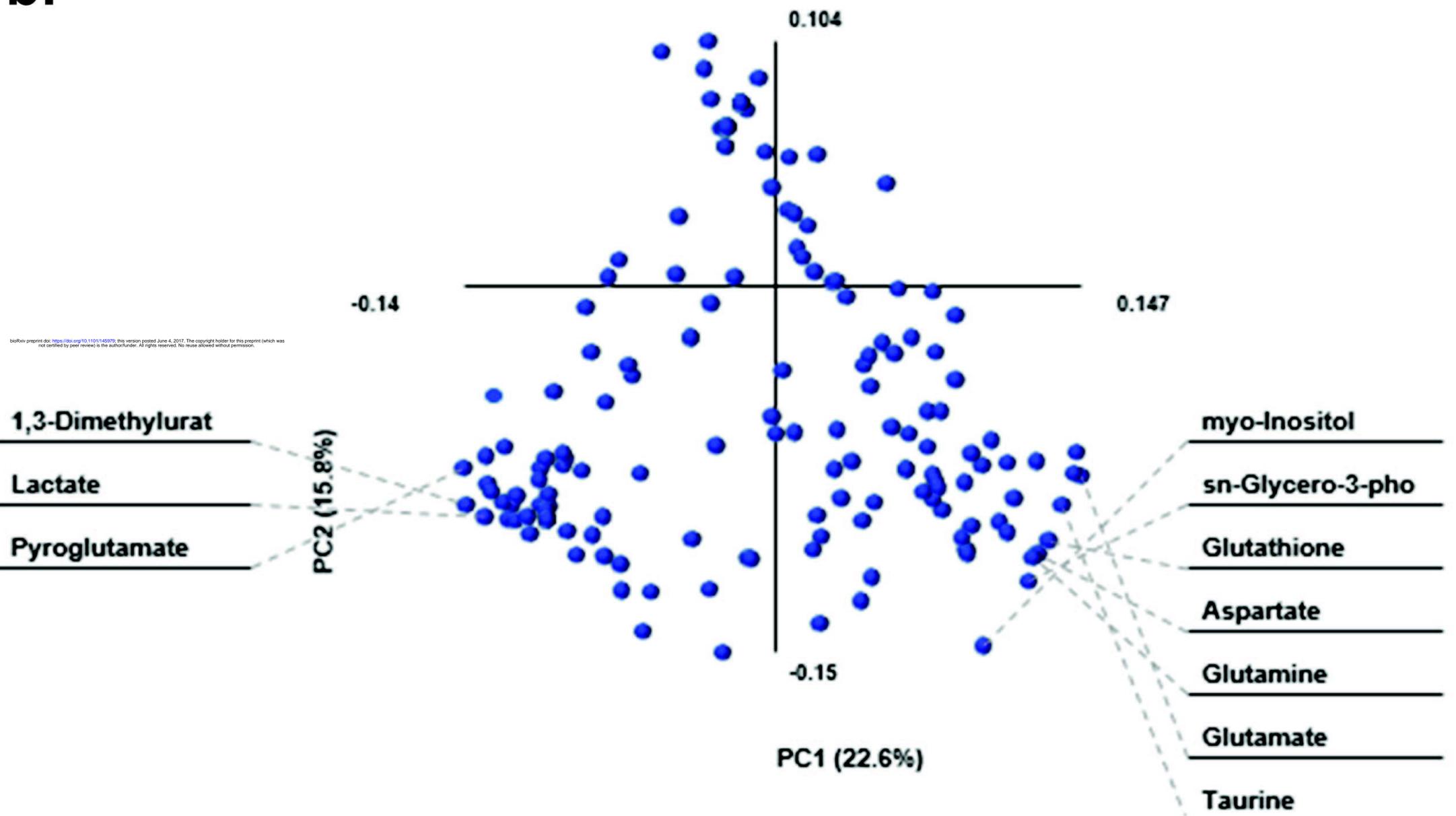


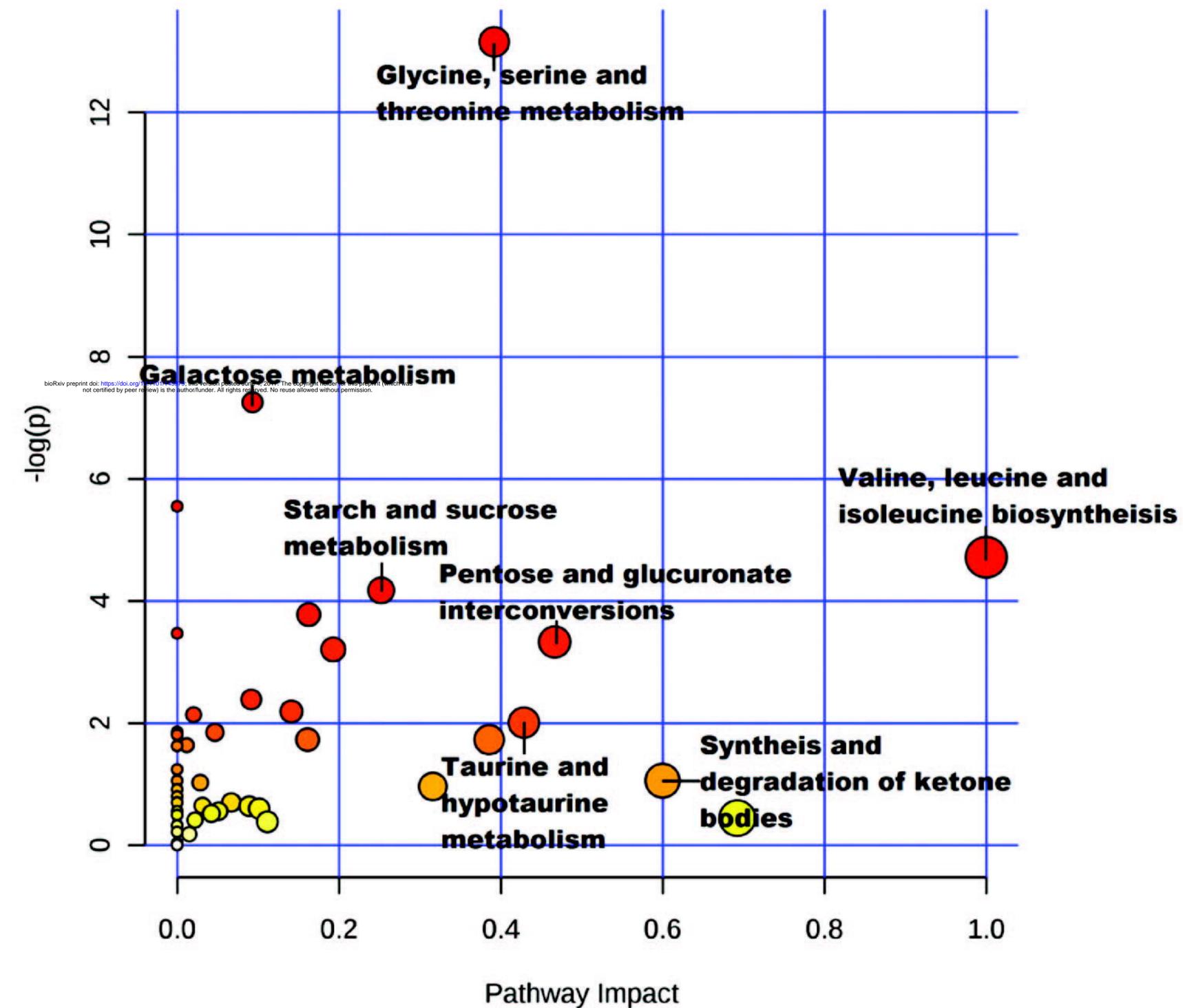
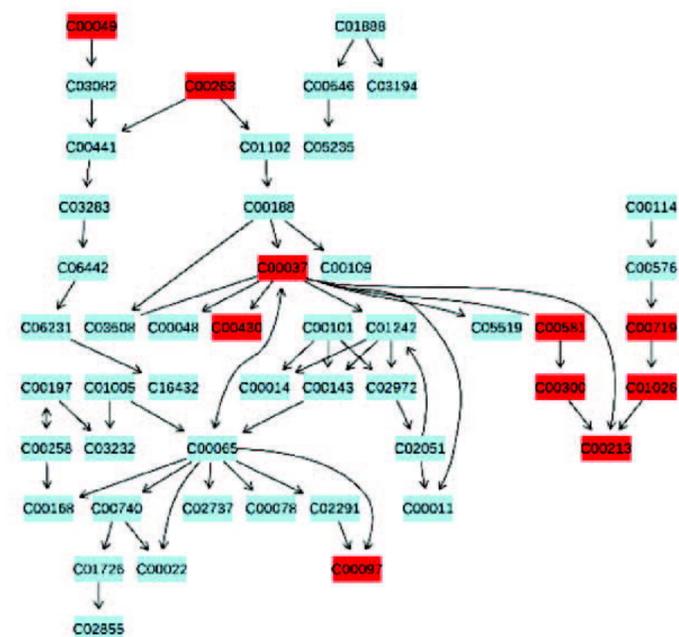
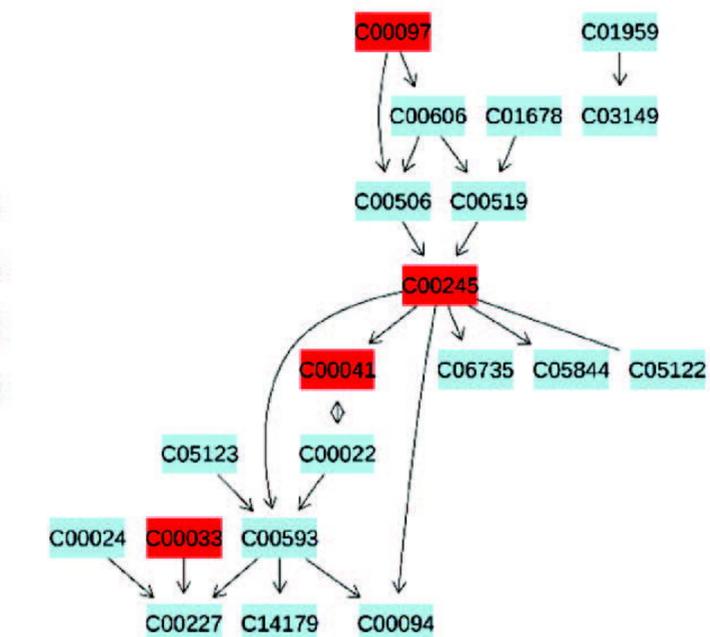
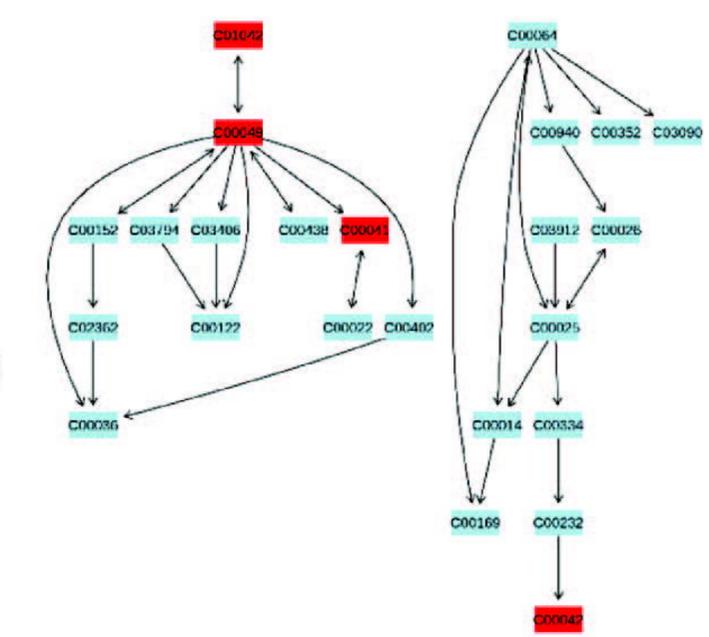
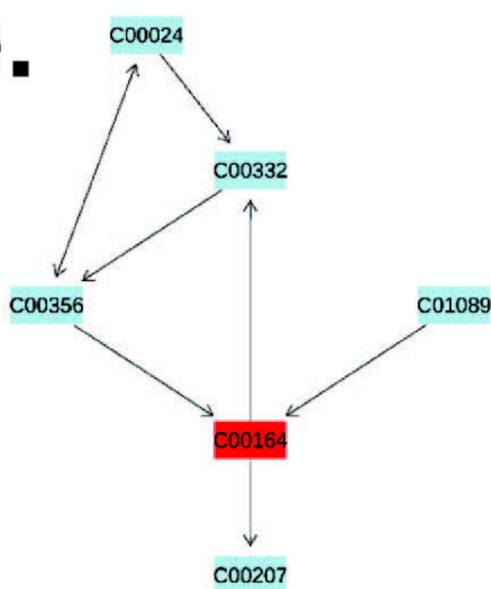
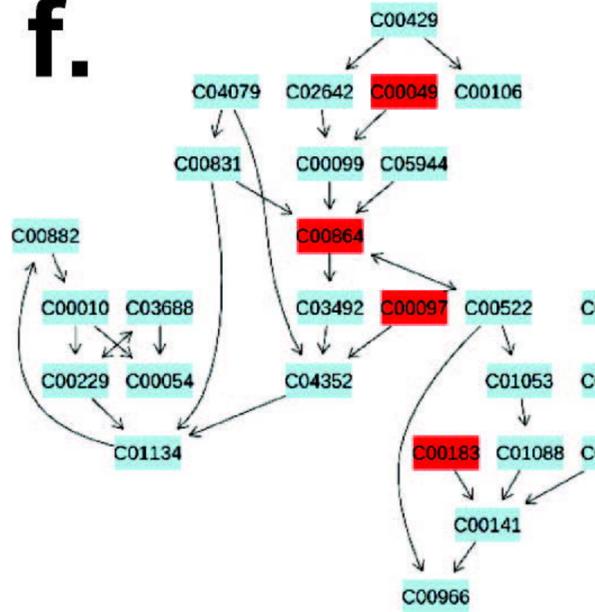
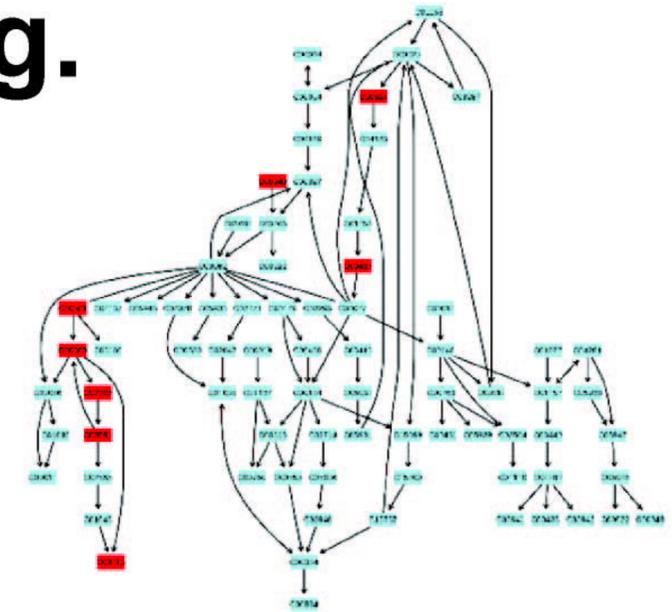


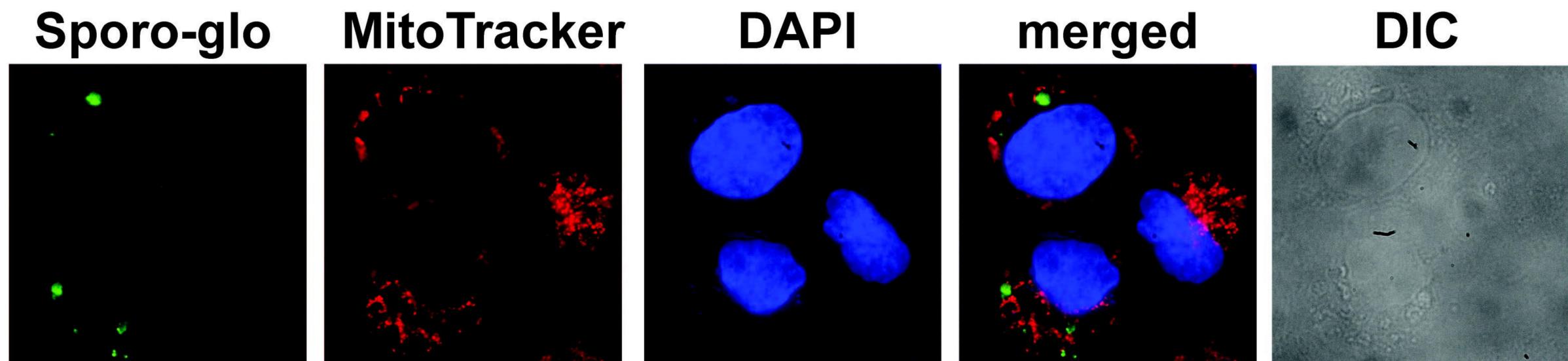
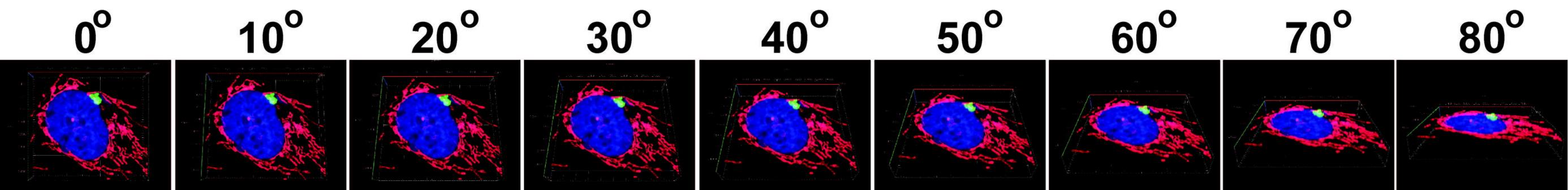
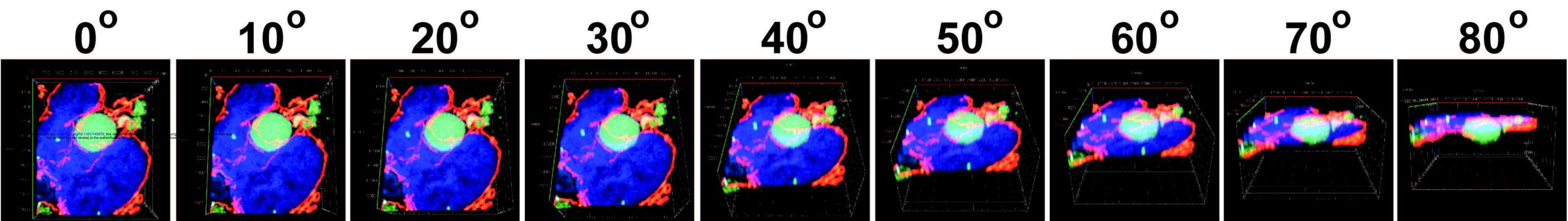
**a.**



**b.**



**a.****b.****c.****d.****e.****f.****g.**

**a.****b.****c.****d.**