

1 **Methyl donor deficient diets cause distinct alterations in lipid metabolism but are poorly**
2 **representative of human NAFLD**

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21 **Running Title:** Methyl donors and lipid metabolism in NAFLD

22

23 **Keywords:** Non-alcoholic fatty liver disease, Triglycerides, Methyl donor, Methionine, Choline,
24 Lipid

25

26 **Summary statement:** We used transcriptional profiling of methyl donor restricted rodents to examine
27 effects on methyl donor and lipid biology. We report novel mechanisms for lipid accumulation in this
28 model and describe significant disparity between both dietary interventions and human disease.

29 **Abstract**

30 Non-alcoholic fatty liver disease (NAFLD) is a global health issue. Dietary methyl donor restriction is
31 used to induce a NAFLD/non-alcoholic steatohepatitis (NASH) phenotype in rodents, however the
32 extent to which this model reflects human NAFLD remains incompletely understood. To address this,
33 we undertook hepatic transcriptional profiling of methyl donor restricted rodents and compared these
34 to published human NAFLD datasets.

35 Adult C57BL/6J mice were maintained on control, choline deficient (CDD) or methionine/choline
36 deficient (MCDD) diets for four weeks; the effects on methyl donor and lipid biology were
37 investigated by bioinformatic analysis of hepatic gene expression profiles followed by a cross-species
38 comparison with human expression data of all stages of NAFLD.

39 Compared to controls, expression of the very low density lipoprotein (VLDL) packaging
40 carboxylesterases (*Ces1d*, *Ces1f*, *Ces3b*) and the NAFLD risk allele *Pnpla3* were suppressed in
41 MCDD; with *Pnpla3* and the liver predominant *Ces* isoform, *Ces3b*, also suppressed in CDD. With
42 respect to 1-carbon metabolism, down-regulation of *Chka*, *Chkb*, *Pcty1a*, *Gnmt* and *Ahcy* with
43 concurrent upregulation of *Mat2a* suggests a drive to maintain S-adenosylmethionine levels. There
44 was minimal similarity between global gene expression patterns in either dietary intervention and any
45 stage of human NAFLD, however some common transcriptomic changes in inflammatory, fibrotic
46 and proliferative mediators were identified in MCDD, NASH and HCC.

47 In conclusion, this study suggests suppression of VLDL assembly machinery may contribute to
48 hepatic lipid accumulation in these models, but that CDD and MCDD rodent diets are minimally
49 representative of human NAFLD at the transcriptional level.

50

51

52 **Introduction**

53 Non-alcoholic fatty liver disease (NAFLD) is the predominant cause of chronic liver disease in the
54 developed world with an estimated prevalence of between 20-68% ¹. The accumulation of hepatic fat
55 in the form of triglycerides and other lipid species in NAFLD has two major clinical consequences.
56 Firstly, a subgroup of patients with hepatic steatosis will progress to an inflammatory hepatitis,
57 hepatic cirrhosis and in some cases hepatocellular carcinoma (HCC) ². Secondly, almost all patients
58 with NAFLD also exhibit hepatic insulin resistance, which can associate with impaired glucose
59 uptake, increased gluconeogenesis and type 2 diabetes, possibly as a direct consequence of the
60 increased hepatic lipid load ^{1,3,4}. Together these conditions are responsible for significant morbidity
61 and mortality and represent a substantial burden for health resources ⁵.

62

63 The molecular mechanisms underpinning NAFLD pathology are incompletely understood and as such
64 there is a need for accurately representative rodent models in which to investigate this common
65 disease and to trial novel therapeutics. Given the association of NAFLD with human obesity, the use
66 of high fat diet feeding in rodents remains a popular model in which to investigate mechanisms.
67 However whilst high fat feeding generates a NAFLD-like picture, the disadvantages with this model
68 include the protracted time required to induce even mild non-alcoholic steatohepatitis (NASH), the
69 lack of malignant transformation to HCC even with prolonged exposure, and the variation in the
70 histological and transcriptional changes due to the behavioural characteristics of mice in social groups
71 ⁶⁻⁸. Thus, a number of alternative models have been employed. In rodents, dietary restriction of the
72 methyl donors methionine and/or choline rapidly and reliably induces a spectrum of liver injury
73 histologically similar to human NAFLD, within weeks of instigation ^{9,10}. Although the precise
74 biological mechanisms responsible for the predictable phenotypic changes are poorly understood, the
75 histological similarity to human steatosis (choline deficient diets; CDD) and NASH (methionine and
76 choline deficient diets; MCDD) means that these models have been used in mechanistic and
77 therapeutic studies for a number of years ¹¹⁻¹³. Since impaired metabolism of the key methyl donor S-
78 adenosylmethionine (SAMe) is a well documented feature of chronic liver disease regardless of
79 aetiology ¹⁴⁻¹⁶, there may be common molecular mechanisms which may present an opportunity for

80 therapeutic intervention. Although a number of transcriptional changes have been reported during the
81 progression of human NAFLD, no detailed transcriptional comparisons have been performed to
82 identify similarities or differences between human disease and the CDD and MCDD models of
83 NAFLD, despite their widespread use. In this study we set out firstly to dissect potential mechanisms
84 underpinning the development of liver pathology in CDD and MCDD models by mapping pathways
85 of lipid and one-carbon metabolism, and secondly to evaluate their potential usefulness as models of
86 human disease. To address these aims we have examined in detail the transcriptional profiles in liver
87 from mice maintained on CDD and MCDD and compared these with published human NAFLD
88 transcriptome data series.

89

90 **Materials and Methods**

91 *Animals*

92 All experiments were carried out under a UK Home Office licence and with local ethical committee
93 approval. Adult C57BL/6J mice (Charles River, Tranent, UK) were maintained under controlled
94 conditions in social groups of 5 animals per cage. A 12-hour light cycle (07.00h to 19.00h) and twelve
95 hour dark cycle was implemented throughout. The temperature was maintained at 22°C +/- 2°C.
96 Mice were maintained on control, CDD or MCDD diets (Dyets, Bethlem, PA) for 4 weeks and then
97 killed and tissues collected and used for histology or snap-frozen and stored at -80C. Diet composition
98 can be found in Supplementary Table 1.

99

100 *Histology staining, triglyceride and SAME quantification*

101 Livers were removed and sections were fixed in methacarn solution (methanol:chloroform:glacial
102 acetic acid; ratio 6:3:1) and mounted in paraffin blocks prior to staining with haematoxylin and eosin
103 or picosirius red. Hepatic triglyceride concentration was determined by spectrophotometric analysis
104 (BioVision, Milpitas, USA) as previously described ¹⁷. Image analysis for fibrosis content was
105 performed in ImageJ (<http://imagej.nih.gov/ij/>). SAME was quantified by matrix-assisted laser
106 desorption ionization mass spectrometry imaging (MALDI-MSI) using the 12T SolariX MALDI-
107 FTICR-MS (Bruker Daltonics, MA, US) as previously described ¹⁸.

108

109 *Reverse transcription and qPCR*

110 RNA was extracted from snap frozen liver tissue using the RNeasy kit (Qiagen, Manchester, UK).
111 800ng of RNA was DNase treated using Promega RQ1 DNAase (Promega, Southampton, UK) and
112 reverse transcribed with the High Capacity cDNA Reverse Transcription Kit (Life Technologies,
113 Paisley, UK). Quantitive real time PCR was performed using Roche Universal Probe Library assays
114 or TaqMan qPCR assays (Life Technologies, Paisley, UK) (Supplementary Table 2) using the Roche
115 Lightcycler 480 and associated software (Roche, West Sussex, UK). Gene expression is displayed
116 relative to mean of three housekeeping genes (Gapdh, Ppia, Ldha).

117

118 *Transcript analysis*

119 RNA labelling was performed on 500ng RNA using the Illumina Total Prep RNA amplification kit
120 (Life Technologies, Paisley, UK) and subsequently hybridised to Illumina Mouse-ref6 expression
121 bead arrays as per the manufacturer's instructions, at the Edinburgh Clinical Research Facility,
122 Western General Hospital, Edinburgh, UK. Intensity data were generated using a HiScan array
123 scanner (Illumina, San Diego, USA) and analysed using iScan Illumina software. Data analysis and
124 generation of plots were performed in RStudio (<http://www.rstudio.com>) with R version 3.1.2. Data
125 import, quality control, normalisation and between array adjustment was performed using Lumi
126 package and differential expression was determined using Limma package (Bioconductor.org).
127 Unsupervised clustering was performed using Euclidean distance. Where multiple probes mapped to
128 the same gene, the median result was used. Data have been uploaded to EBI-Array Express, accession
129 number E-MTAB-3943.

130

131 *Pathway Analysis*

132 Gene Ontology and pathway enrichment was performed using the GOSTats package
133 (Bioconductor.org). Investigation of fat handling was performed by interrogating relevant pathways of
134 lipid metabolism and insulin signalling from the Kyoto encyclopedia for genes and genomes (KEGG)
135 module database (<http://www.genome.jp/kegg/module.html>). KEGG module sets 'M00003
136 gluconeogenesis', 'M00086 beta-Oxidation, acyl-CoA synthesis', 'M00083 Fatty acid biosynthesis,
137 elongation' and 'mmu_M00089 Triacylglycerol biosynthesis', 'mmu00071 Fatty acid degradation',
138 and KEGG pathways 'Fat Digestion and Absorption' and 'Insulin Signalling Pathway' and
139 'Glycerolipid Metabolism' were used. In addition, the family of carboxylesterase (Ces) genes were
140 analysed due to their recently discovered role in triglyceride hydrolysis¹⁹⁻²¹. Finally, to dissect the
141 link between lipid metabolism and one carbon metabolism, relevant mediators were analysed and
142 mapped to known biochemical pathways.

143

144

145

146 *Cross species comparison*

147 A comparison of transcriptional data from both CDD and MCDD was made with published human
148 expression sets of normal liver, simple steatosis and NASH (GSE48452, E-MEXP-3291), and HCC
149 (GSE638980)²²⁻²⁴. Data sets were retrieved from the ArrayExpress archive
150 (<http://www.ebi.ac.uk/arrayexpress/>). Predicted gene orthologues were determined using *homologene*
151 via the Hugo Gene Nomenclature Committee server (<http://www.genenames.org>). For all human
152 NASH, HCC and all mouse data sets, a transcriptional threshold of 1.5 with an adjusted p value of
153 <0.05 was applied. For human steatosis gene sets alone, the fold change transcriptional threshold was
154 reduced to 1.2 to allow comparison with the relatively mild transcriptional derangement observed.
155 All genes found to be dysregulated at each stage of human NAFLD were then examined in the CDD
156 and MCDD data sets to determine if expression was altered, and if so, what was the direction of
157 change. Genes dysregulated in human and mouse models were then depicted in scatter plot analyses
158 with linear regression used to compare data sets.

159

160 *Statistics*

161 Animal model and qPCR statistical analysis was performed using Prism GraphPad software
162 (GraphPad Software Inc.). Data were routinely analysed for outliers, normalisation and sphericity
163 where required. Non-parametric data were either log transformed or a non-parametric test used as
164 indicated.

165

166 **Results**

167 *Phenotype*

168 Mice on CDD gained significantly less weight than animals on a control diet whereas MCDD fed
169 mice lost weight from the outset, consistent with previous observations^{17,25} (Figure 1A). At the end of
170 the experiment, hepatic triglyceride content was significantly higher in both CDD and MCDD groups
171 compared to controls, but there was no significant difference between the two interventions (Figure
172 1B). MCDD liver weights were lower in MCDD fed mice but not CDD (Figure 1C). Histological
173 analysis revealed severe hepatic steatosis in both groups (Figure 1D) with a significant increase in
174 hepatic fibrosis in the MCDD group (Figure 1E).

175

176 *Gene Expression Changes*

177 Next we carried out analysis of the transcriptome in control, CCD or MCDD mouse livers, each n=4.
178 This approach allowed us to interrogate ~18,000 transcripts per mouse liver and analysis of total
179 datasets revealed a number of transcriptional differences between animals. Unsupervised clustering of
180 the 500 most variable transcripts between all animals was sufficient to cluster into the different dietary
181 interventions (Figure 2A). Both interventions induced a >1.5-fold differential expression in multiple
182 transcripts when corrected for multiple testing (adjusted P value <0.05, Benjamini-Hochberg test)
183 (Figure 2B-D). The top 100 up- and down-regulated genes in each group are shown in Supplementary
184 Tables 3 and 4. Of the 234 genes differentially expressed in CDD, 194 (82.4%) were also
185 differentially expressed in MCDD. The additional restriction of methioine over and above choline
186 induced the differential expression of a further 1032 transcripts (Figure 2B).

187

188 Transcripts showing at least a 2-fold change were segregated into up-regulated and down-regulated
189 gene lists and examined for over-representation within all detected transcripts on the array platform.
190 GO-terms for lipid, sterol, fatty acid and organic acid biosynthesis were markedly over-represented in
191 the list of suppressed genes. Over-expressed pathways in CDD mice included 'immune system
192 process' and 'inflammatory response'. Up-regulated pathways in mice on the MCDD diet included

193 'positive regulation of mitotic cell cycle' and 'negative regulation of cell cycle arrest' (Supplementary
194 Figure 1).

195

196 The most up-regulated genes in CDD mice included immune mediators (*Gpnmb*, *Ly6d*); fibrosis
197 mediators (*Mmp12*, *Mmp13*); and the detoxification enzymes *Gsta1* and *Gsta2* and the microsomal
198 enzyme *Cyp4a14*. The most suppressed genes in CDD included lipid synthesis genes (*Sqle*, *Elovl3*,
199 *Elovl6*, *Aacs*, *Acly*, *Acss2*, *Acacb*), the endopeptidase inhibitor *Serpina4-ps1* and the multifunctional
200 triglyceride metabolism enzyme *Pnpla3*. Whilst these genes were similarly differentially expressed in
201 MCDD mice, volcano plots revealed considerably more severe transcriptional derangement in MCDD
202 compared with CDD, both in the number and fold change of differentially expressed genes (Figures
203 2C and 2D). Additional genes up-regulated in MCDD included the mitotic proteins *Cdc20*, *Nupr1*, the
204 metalloproteinase *Adam32*, the inflammatory mediator *Slpi* and the aldo-ketoreductase *Akrb7*.

205

206 qPCR validation of array findings was performed for known mediators of lipid uptake (*Lpl*), putative
207 contributory genes to hepatic fat accumulation in NAFLD (*Scd1*, *Aacs*, *Fasn*, *Mlxipl*, *Acs11*) and
208 hepatic fibrogenesis (*Mmp12*), and *Pdk1* which is an important link between insulin signaling and
209 HCC. In addition we analysed gene expression of four members of the *Ces* family due to their
210 functional role in triglyceride hydrolysis. Gene expression by qPCR was consistent with array
211 findings for all genes (Figures 3A and B).

212

213 *Lipid Pathway Analysis*

214 We then proceeded to examine pathways of lipid uptake, synthesis and disposal. Differentially
215 expressed genes in relevant KEGG pathways in either group are depicted in Figure 4. Expression
216 changes were generally greater in MCDD than CDD although they occurred in the same direction.
217 Previous studies have suggested an increase in lipid uptake with MCDD, with upregulation of some of
218 the FATP/solute carrier family 27 genes in association with increased sequestration of isotope labelled
219 fatty acids^{17,26}, however we noted only the down-regulation of the fatty acid translocase *Scla27a5*
220 (FATP5) with no change in the other FATP isoforms. We did identify marked upregulation of

221 lipoprotein lipase, a key mediator in triglyceride hydrolysis from lipoproteins. In keeping with the
222 gene ontology analysis, the global picture suggests suppressed hepatic lipid synthesis. Perturbed genes
223 in pathways of fatty acid biosynthesis initiation, Acyl-CoA synthesis, fatty acid elongation and
224 cholesterol synthesis were almost universally down-regulated.

225

226 We then examined dominant pathways of hepatic fatty acid fate (triglyceride synthesis, β -oxidation,
227 oxidation and peroxisomal oxidation). These were found to be relatively unaffected, apart from an
228 upregulation of the phosphatidic acid phosphatases *Pap2a* and *Pap2c* (which convert phosphatidic acids
229 to diacylglycerol) and the peroxisomal fatty acid elongation enzyme *Elov11* in MCDD. The Cyp4a
230 family of enzymes broadly catalyse the microsomal (ω) oxidation of saturated and unsaturated fatty
231 acids and have reported to be upregulated by dietary and drug-induced hepatic inflammation ²⁷⁻²⁹.
232 Interestingly, isoforms of Cyp4a enzymes demonstrated marked bi-directional differential expression
233 with Cyp4a12a and Cyp4a12b strongly suppressed in CDD and MCDD whilst Cyp4a14 was
234 upregulated by 4-fold with both diets. Other microsomal oxidation Cyp450 isoforms (Cyp4a10,
235 Cyp4a32, Cyp4a29, Cyp4a30b) were unchanged. Cyp2e, which has previously been reported to be
236 upregulated in MCDD was also unchanged ²⁹. In keeping with the theory of impaired very-low-
237 density lipoprotein (VLDL) secretion in NAFLD ^{17,30}, endoplasmic reticulum (ER)-associated
238 mediators of triglyceride hydrolysis and VLDL assembly (*Pnpla3*, *Mttp* and the carboxylesterase
239 enzymes: *Ces1d*, *Ces1f*, *Ces3b*) were markedly suppressed in MCDD, with *Pnpla3* also suppressed in
240 CDD. Interestingly, expression of the *Ces1b* isoform was clearly up-regulated in both groups, in
241 contrast to the other members of this class. *Apoa4*, a lipid binding protein involved in the expansion
242 and secretion of VLDL particles was significantly induced. Finally, two key intermediaries in hepatic
243 insulin signal transduction (*Irs2* and *Pdk1*) were also down-regulated.

244

245 *One Carbon Metabolism*

246 Given the importance of choline and methionine as methyl donors, we then proceeded to examine the
247 expression of genes important in one-carbon metabolism. There were striking changes in the
248 expression of genes associated with choline, methionine and phosphatidylcholine (PC) metabolism in

249 both interventions, broadly in the same direction (Figure 5A). Two pathways demonstrated significant
250 down-regulation of key enzymes in MCDD: including genes important in the synthesis of PC from
251 choline (*Chkb*, *Pcyt1a*) and in the conversion of SAME to homocysteine (*Gnmt*, *Ahcy*). Furthermore,
252 the expression of enzymes that contribute to the clearance of methionine, SAME and S-
253 adenosylhomocysteine (*Mthfd1*, *Gnmt*, *Achy*, *Dnmt3b*) were suppressed in both groups. In MCDD
254 mice, there was also marked upregulation of expression of *Mat2a*, an enzyme necessary for the
255 synthesis of SAME from methionine. In the light of these results, we measured SAME concentrations
256 in each group using MALDI-MSI. This demonstrated a significant reduction in SAME in MCDD mice
257 with no change in CDD (Figure 5B). A summary of pathways showing changes in enzyme expression
258 is shown in Figure 5C.

259

260 *Comparison With Human NAFLD Data Sets*

261 We then proceeded to compare our transcriptional findings with large published expression sets of
262 three stages of NAFLD: simple steatosis, NASH and HCC²²⁻²⁴ (Figure 6). While a number of
263 microarray studies have been performed in NAFLD³¹⁻³³ we selected data sets from Ahrens *et al* and
264 Lake *et al* (GSE48452, E-MEXP-3291) due to the detailed patient and histological descriptors
265 (including Kleiner NAFLD activity (NAS) score) confirming NAFLD stage^{22,23}. In addition, these
266 data sets include all three NAFLD stages and control samples in the same data series reducing assay
267 variation and are directly available from the ArrayExpress repository. This allowed direct comparison
268 of obese subjects with simple steatosis (n=22, NAS score <3), and patients with NASH (n = 24, NAS
269 score 3-5) with well characterised controls (n = 37). Details of subject numbers and arrays used are in
270 Supplementary Table 5. There are no current data sets available from exclusively NAFLD-induced
271 HCC. We therefore used a large data set of mixed Hepatitis C and alcohol-induced HCC samples
272 (n=228), which are directly compared with cirrhotic liver samples (n=168). In this way we aimed to
273 identify the transcriptional changes associated with HCC malignant transformation and compare these
274 with our findings in murine methyl donor deficiency.

275

276 The CDD and MCDD transcriptomes demonstrated very limited similarity to all stages of human
277 NAFLD. Only 2 (3%) of genes identified as dysregulated in human steatosis were also dysregulated
278 in CDD livers (Fig. 6A and B). 26 (40%) of genes identified as dysregulated in human steatosis were
279 also altered in MCDD mice, however changes in expression of the most commonly dysregulated
280 genes were not in the same direction and there was no significant correlation on linear regression
281 analysis ($P = 0.9$) (Fig. 6C). There was a greater but still comparatively small overlap in dysregulated
282 gene sets from human NASH studies and CDD and MCDD mice (39 (2.8%) and 143 (10.4%)
283 respectively (Fig. 6D). Those transcripts that were dysregulated in NASH and CDD or MCDD mice
284 did demonstrate a weak but significant correlation in terms of directional change ($P < 0.01$, $R^2 0.150$ for
285 CDD and $P < 0.001$, $R^2 0.129$ for MCDD) (Fig. 6E and F). Upregulated transcripts common to both
286 CDD mice and NASH were almost exclusively involved in inflammatory (*Lgals3*, *Cd52*, *Clec7a*) and
287 malignant processes (*Tm4sf4*, *S100A11*, *GpnmB*). These genes were also upregulated in MCDD and
288 NASH, in which there were additional changes in fibrosis regulators (*Lum*, *Osbpl3*, *Col6a3*, *Tgfb1*,
289 *Tmsb10*, *Tpm1*) and oncogenes (*Golm1* and *Emp1*). Down-regulated genes common to CDD, MCDD
290 and NASH were overrepresented in the GO terms “GO:0006629 Lipid metabolic process” and
291 included the master lipid regulator *Mlxipl* and the lipid synthesis enzymes *Acat2*, *Agpat2*, *Lss*, *Acacb*
292 and *Mvd*.

293

294 When comparing the transcriptome of each dietary intervention to HCC, there was again only
295 minimal overlap in perturbed transcripts (81 (1.6%) in CDD and 333 (7.6%) in MCDD) (Fig. 6G).
296 There was no correlation in terms of directional change between CDD and HCC (Fig. 6H).
297 Overlapping transcripts between MCDD mice and HCC did show a weak and highly significant
298 agreement in direction of transcriptional change ($R^2 0.085$, $P < 0.0001$, Fig. 6I). Genes which were
299 dysregulated in both MCDD and CDD datasets and in HCC were overrepresented in GO terms
300 ‘GO:0000278 mitotic cell cycle’, ‘GO:0007599 Haemostasis’ and ‘GO:0070373 negative regulation
301 of ERK1 and ERK2 cascade’ and include putative HCC oncogenes *Cdc20*, *Osgin1* and *Cdk1*.

302

303 **Discussion**

304 It is widely assumed that the steatosis induced by CDD and MCDD results from impaired export of
305 VLDLs, which are required for triglyceride clearance from hepatocytes, perhaps because deficiency
306 of choline and methionine results in an inability to synthesise the major lipid bilayer component
307 phosphatidylcholine (PC) required for VLDL synthesis^{30,34}. Our study supports the concept that both
308 decreased PC synthesis and impaired VLDL secretion may play a role in the hepatic pathology in
309 these models and suggest a potential role for the carboxylesterase (Ces) enzymes in mediating the
310 reduction in VLDL secretion.

311

312 The importance of reduced hepatic lipid clearance in MCDD is supported by studies demonstrating i)
313 reduced clearance of radiolabelled hepatic fatty acids, ii) a decrease in serum VLDL concentrations
314 and iii) reduced serum triglyceride accumulation in the context of the peripheral lipase inhibitor
315 tyloxalol^{17,26}. Additionally, increased hepatic sequestration of radiolabelled fatty acids and increased
316 incorporation of ¹⁴C into hepatic triglycerides suggest that increased lipid uptake and/or increased *de*
317 *novo* lipogenesis may also occur with MCDD^{17,26,34}. These effects have not been reported in rodents
318 exposed to CDD alone^{17,35}; indeed *ex vivo* studies using primary hepatocytes isolated from rats
319 maintained on CDD has shown that the presence of methionine is sufficient to maintain normal levels
320 of PC synthesis and VLDL export into culture media³⁴ and similar experiments in mouse primary
321 hepatocytes demonstrated only a minor reduction in triglyceride export and no change in
322 apolipoprotein secretion in choline deficient media⁹. These findings may be due to the presence of an
323 accessory pathway for PC synthesis which is only present in liver, where in the absence of choline,
324 PC can be directly synthesised from phosphatidylethanolamine (PE) by the enzyme
325 phosphatidylethanolamine N-methyltransferase (PEMT) using methionine as a methyl donor. Indeed
326 ~30% of PC is synthesised in this way in rodent liver³⁶.

327 In our study, detailed analysis of the expression of genes in *de novo* lipogenesis pathways in CDD and
328 MCDD strongly suggest an appropriate compensatory response to the high hepatic triglyceride
329 content, with a clear suppression of key mediators of fatty acid synthesis and elongation and

330 cholesterol synthesis (Figure 7). This supports the concept that impaired lipid clearance rather than
331 impaired *de novo* lipogenesis is responsible for the hepatic fat accumulation that occurs with both
332 diets. Consistent with this, the expression of the Ces enzymes (Ces1d, Ces1f, Ces3b) was markedly
333 suppressed in MCDD and the expression of the liver predominant Ces isoform, Ces3b, was also
334 suppressed in CDD. These enzymes are important regulators of VLDL lipid packaging and assembly
335 in the hepatic endoplasmic reticulum (ER), and as such a reduction in expression would be expected
336 to result in reduced hepatic lipid clearance²⁰. Mice lacking liver specific Ces3 (also known as
337 triacylglycerol hydrolase) have a reduction in circulating VLDL triglycerides and cholesterol levels
338 on a standard chow diet with altered hepatic lipid droplet morphology^{20,37}. Furthermore, Ces1
339 overexpression in mice reduces hepatic triglyceride content and plasma glucose levels whereas liver
340 specific knock-down results in increased hepatic triglyceride¹⁹. Whilst it is unclear why the
341 expression of these genes is suppressed in the presence of an increased hepatic lipid load (notably in
342 MCDD), we suggest that these models may present an opportunity for investigating the mechanism of
343 action of these important hepatic lipid clearance enzymes and the screening of therapeutics that
344 exploit these molecular targets. The expression of Patatin-like phospholipase domain containing 3
345 (Pnpla3) was also suppressed in both CDD and MCDD models. The human PNPLA3^{I148M} variant is
346 strongly associated with human NAFLD³⁸; humans homozygous for the PNPLA3^{I148M} allele are
347 reported to have ~73% more hepatic triglyceride when compared with matched heterozygote controls,
348 and both *in vivo* and *in vitro* studies suggest that this is due to impaired triglyceride hydrolysis and
349 VLDL export³⁹⁻⁴². Thus, Pnpla3 suppression may also contribute to triglyceride accumulation in
350 methyl donor deficiency.

351 Dissection of the interacting pathways involved in choline, methionine and PC metabolism in these
352 models provides further insights into the mechanisms by which the murine liver responds to dietary
353 choline and methionine deficiency. Whilst choline has a major role as a substrate for PC synthesis³⁶,
354 the essential amino acid methionine is also necessary for the methylation of a large variety of
355 substrates including DNA, proteins and lipids and for the synthesis of polyamines, and it is also
356 crucial for normal hepatocyte function⁴³. Both substrates are important for the maintenance of hepatic

357 SAME levels, which are normally tightly regulated to maintain normal hepatic function ¹⁵, and the
358 direction of transcriptional changes with choline and methoinine deficiency strongly suggest a drive to
359 maintain hepatic SAME concentrations. The down-regulation of Chkb and Pcyta which are involved
360 in the synthesis of PC from choline, coupled with the upregulation of methionine adenosyl-transferase
361 (Mat2a), which synthesises SAME from methionine, suggest a forward drive to maintain SAME
362 levels. The concurrent down-regulation of Gnmt and Ahcy (which metabolise SAME and SAH
363 respectively) may act as a further cellular buffer to maintain SAME concentrations ⁴⁴. Nevertheless,
364 despite these changes, we found reduced levels of hepatic SAME in MCDD mice in agreement with
365 other studies ⁴⁵, suggesting an inability to maintain SAME levels with severe deficiency of both
366 substrates. Thus, the cumulative effect of the observed transcriptional changes in MCDD mice is
367 directed at maintaining SAME concentrations at the expense of PC synthesis, with the potential to
368 result in decreased VLDL synthesis. Further evidence in support of the importance of SAME
369 deficiency in the pathogenesis of liver disease in MCDD mice is supported by the fact that the
370 deleterious effects of MCDD diets can be rescued by the administration of SAME ⁴⁶.

371

372 Whilst there are some clear biological similarities between the hepatic pathology induced by methyl
373 donor deficiency in rodents and human NAFLD/NASH ^{47-49,35,50}, there are also a number of major
374 differences. In humans, NAFLD is closely associated with obesity and insulin resistance, whereas in
375 rodents, CDD results in profound hepatic steatosis without insulin resistance ^{17,51} and MCDD causes
376 an inflammatory steatohepatitis with fibrogenesis and significant weight loss with an *increase* in
377 peripheral insulin sensitivity ^{30,52}. Our transcriptomic analysis also suggests that CDD and MCDD
378 produce a hepatic phenotype which is markedly dissimilar to human NAFLD in terms of lipid
379 handling. Whereas human NAFLD is associated with an upregulation of genes important in *de novo*
380 lipogenesis (FASN, MLPXL, ACACA, SREB-1c) ^{53,54}, this is either not seen, or indeed the reverse is
381 observed in mice maintained on CDD/MCDD diets. Furthermore, although some findings in human
382 NASH support the concept that NAFLD may result at least in part in from an inability to synthesise
383 PC ^{55,56}, none of the genes dysregulated in the one carbon metabolism pathways of interest in
384 CDD/MCDD were also altered in the human simple steatosis or NASH data sets. Although SAME

385 depletion is a feature of human NAFLD and correlates with severity of disease in NAFLD biopsies,
386 and oral SAME preparations are currently under review as a treatment for chronic liver disease ^{14,16},
387 mediators of SAME metabolism were not altered the human sterosis or NASH datasets. Some
388 enzymes important in SAME metabolism were dysregulated in the human HCC data (upregulated
389 AHCY (LogFC 0.58); down-regulated BHMT (logFC-1.35), GNMT (LogFC -1.05) and MAT1a
390 (logFC -0.97)), however these did not reflect the changes seen in the mouse model apart from a
391 similar change in the expression of GNMT.

392

393 In conclusion, our data suggest a novel alternative mechanism for methyl donor deficient liver injury
394 involving impaired VLDL particle assembly due to suppression of key triglyceride hydrolysis
395 proteins. Although these CDD and MCDD models are widely used for the study of NAFLD, their
396 translational impact in studies of NAFLD/NASH is likely to be limited by fundamental differences in
397 the global transcriptional profiles between these models and human disease states. Our data do
398 suggest that MCDD may be a useful model for studying the development of HCC secondary to the
399 premalignant inflammatory steatohepatitis NASH. We suggest that there remains an urgent need for
400 novel, more representative models of the full spectrum of NAFLD pathology.

401

402 **Acknowledgements/grant support**

403 Our thanks go to the the Edinburgh Clinical Research Facility Genetics Core, Western General Hospital,
404 Edinburgh, UK for technical expertise with microarray processing.

405

406 **Funding:** MJL is supported by a Wellcome Trust PhD Fellowship as part of the Edinburgh Clinical
407 Academic Track scheme (102839/Z/13/Z). AJD was supported by a Scottish Senior Clinical
408 Fellowship (SCD/09). RRM is supported by the Medical Research Council. Work in RRM's lab is
409 also supported by grants from IMI-MARCAR, the MRC and the BBSRC. Research leading to these
410 results is partly funded by the Innovative Medicine Initiative Joint Undertaking (IMI JU) under grant
411 agreement number 115001 (MARCAR project). URL: <http://www.imi-marcar.eu/>. JAR was funded
412 by a Wellcome Trust Research Training Fellowship (WT092494/Z/10/Z). SMA received funding
413 from the Medical Research Council (G0801924)

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- 547

548 **Figure Legends**

549 **Fig. 1. Body weight and hepatic lipid content.** A) In comparison with control animals, mice on
550 CDD gain less weight whereas those on MCDD lose weight. B) Hepatic liver triglyceride content was
551 increased on both CDD and MCDD diets. C) Liver weight was reduced in MCDD fed mice but not
552 CDD. D) Liver histology from control, CDD and MCDD mice. H+E = Hematoxylin and Eosin
553 staining showing marked macrovesicular steatosis in both CDD and MCDD mice (white arrows). PSR
554 = Picosirius Red stain staining for new collagen formation showing increased periportal and
555 interstitial fibrosis in MCDD animals (black arrows). In MCDD liver stained with PSR, insert at
556 higher magnification shows increased fibrosis more clearly. E) Quantified fibrosis content (PSR
557 positive staining as a percentage of entire image). n = 10 per group for all figures. * P < 0.05 ** P <
558 0.01 (one way ANOVA with Tukey post hoc test versus control animals). Error bars = +/- SEM

559

560 **Fig. 2. Differential gene expression.** A) Transcript profiles of each dietary intervention were
561 sufficiently consistent to cluster by Euclidean distance. B) Venn diagram demonstrating high degree
562 of overlap in dysregulated transcripts (≥ 2 fold change) in each group and the direction of
563 transcriptional change. C and D) Volcano plots demonstrating transcriptional changes in CDD (C) and
564 MCDD (D) mice. Dotted lines and blue colour represent adjusted P values < 0.05 and two fold
565 differential expression change.

566

567 **Fig. 3. CDD and MCDD induce changes in the hepatic expression of genes important in lipid**
568 **metabolism and storage.** (A) Microarray analysis and (B) qPCR validation of selected genes
569 important in lipid transport, *de novo* lipogenesis, fibrogenesis, triglyceride hydrolysis and insulin
570 signalling. (A) Adjusted P value < 0.05 (FDR) for all samples except those marked σ . (B) * = P < 0.05
571 versus control, one-way ANOVA with Bonferroni post hoc analysis. Error bars = +/- SEM

572

573 **Fig. 4. Heatmap depiction of expression changes in KEGG pathways of lipid transport, lipid**
574 **synthesis and degradation and insulin signalling.** Up- and down-regulated genes in each dietary

575 intervention versus control animals are demonstrated by colour key. Pathways of lipid and cholesterol
576 synthesis are globally suppressed.

577

578 **Fig. 5. CDD and MCDD induce changes in the hepatic expression of genes important in one-**
579 **carbon metabolism.** (A) Transcriptional changes in one-carbon metabolism enzymes induced by
580 CDD and MCDD diets (* = adjusted P value < 0.05, Benjamini – Hochberg analysis). (B) SAME
581 levels as measured by MALDI analysis. (* = P< 0.01 one-way ANOVA with Bonferroni post hoc
582 analysis). C) Metabolic interactions between methionine cycle, phosphatidylcholine synthesis and
583 DNA methylation. Grey (CDD) and black (MCDD) arrows depict expression changes in each
584 pathway. PE=phosphatidylethanolamine, PC=phosphatidylcholine, SAH=S-adenosylhomocysteine,
585 SAME = S-adenosylmethionine. Adapted from Li and Vance 2008.

586

587 **Fig. 6. Cross-species comparison of CDD and MCDD transcriptional changes with human**
588 **stages of NAFLD.** Venn diagrams showing common and distinct dysregulated gene orthologues
589 between CDD and MCDD livers and human hepatic steatosis (A), human NASH (D) and human HCC
590 (G). Scatter plots demonstrate Log₂ fold change in common dysregulated orthologues between CDD
591 and MCDD mouse livers and corresponding orthologues in human steatosis (B+C), human NASH
592 (E+F) and human HCC (H+I). Trend line, P value and R² value calculated by linear regression
593 analysis.

594

595 **Fig. 7. Transcriptional dysregulation mapped to pathways of lipid transport and metabolism in**
596 **hepatocytes.** Arrows demonstrate direction of transcriptional change in CDD (hatched) and MCDD
597 (grey) diets. *Pnpla3* and *Ces* suppression suggest impaired packaging of lipid into VLDL particles on
598 the surface of the ER (black star), which may represent a novel site of lipid accumulation.

599

600

601 **Supplementary Figure 1. Gene Ontology analysis of CDD and MCDD mouse liver.**

602 Overrepresented pathways of up (black) and down (hatched) dysregulated genes in CDD (A+B) and

603 MCDD (C+D) mouse liver microarray analysis.

604

605

606 **Supplementary Table 1** Dietary constituents

607

608 **Supplementary Table 2** Primer sequences

609

610 **Supplementary Table 3** Top 100 differentially expressed genes in CDD mice versus control animals.

611

612 **Supplementary Table 4** Top 100 differentially expressed genes in MCDD mice versus control

613 animals.

614

615 **Supplementary Table 5** Details of subject numbers and arrays used from human studies

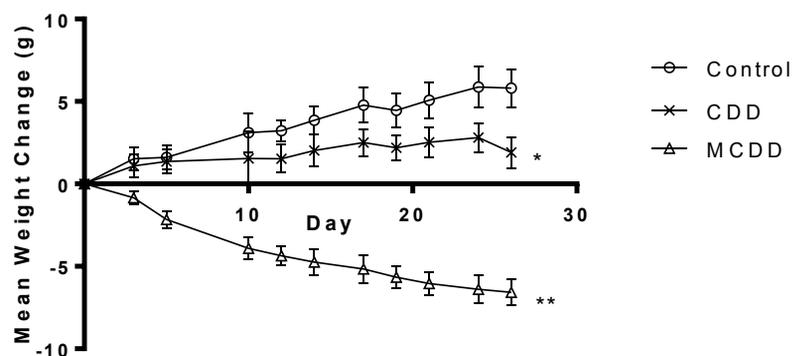
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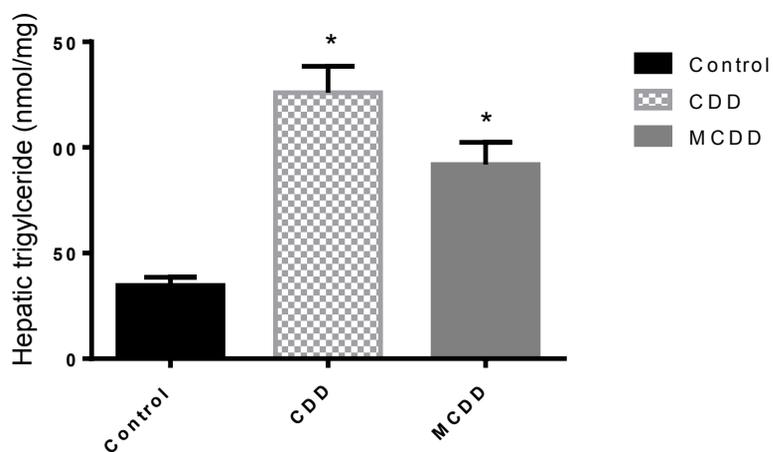
Figure 1

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A



B



C

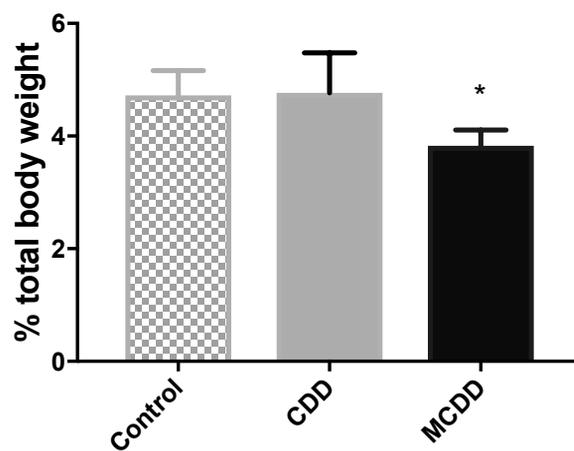


Figure 1

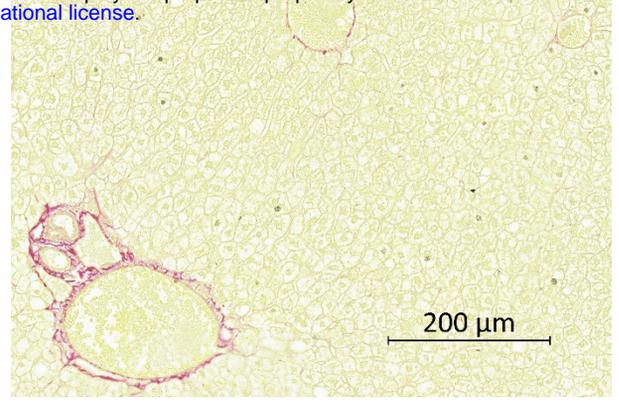
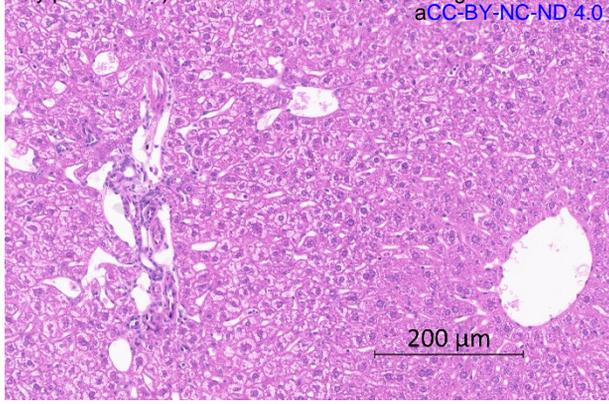
H+E

PSR

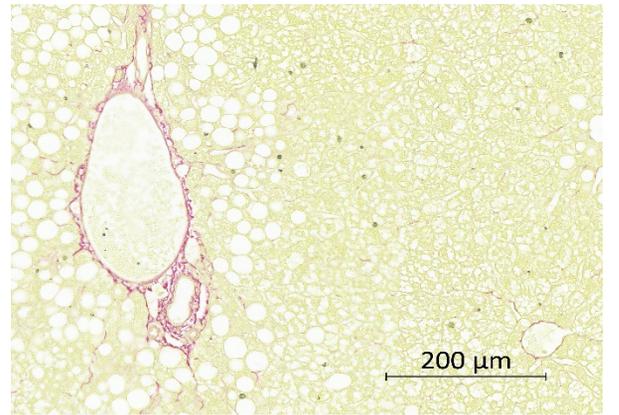
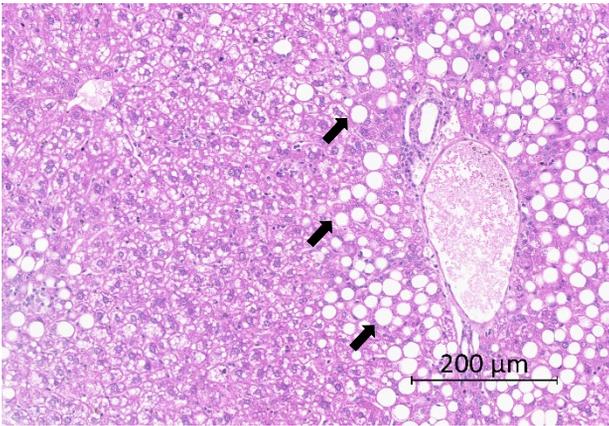
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D

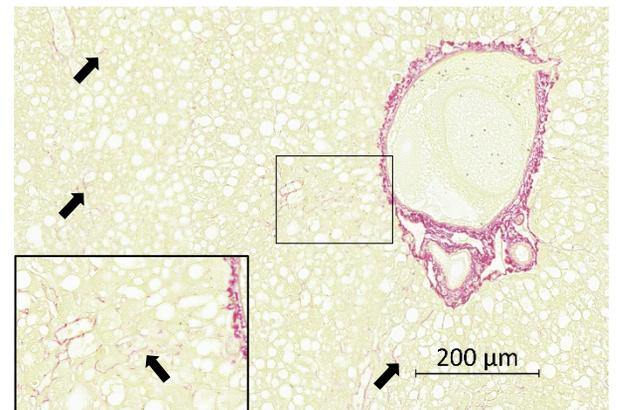
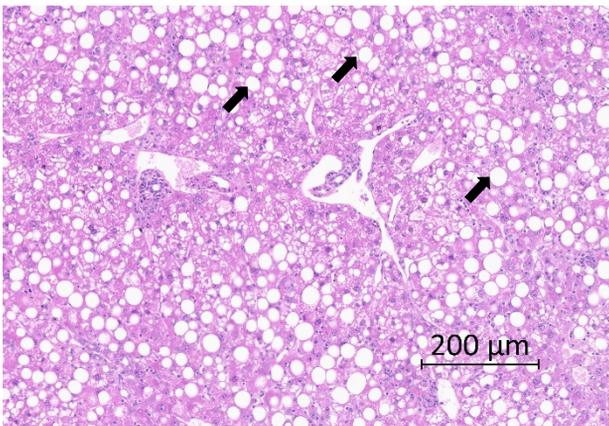
CON



CDD



MCDD



E

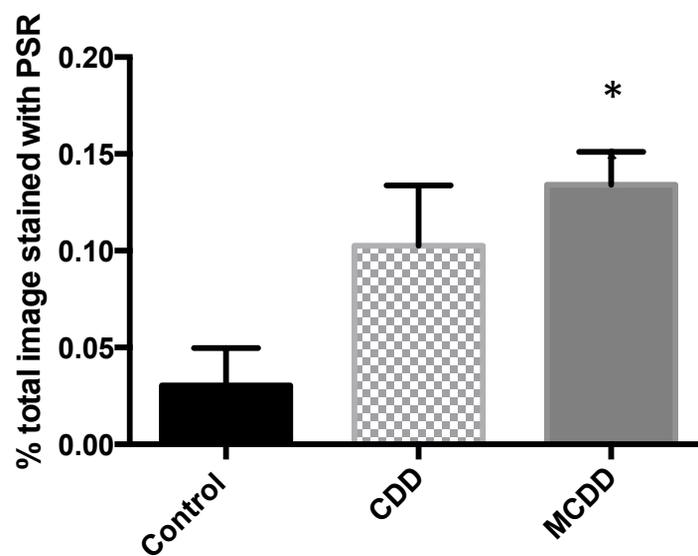


Figure 2

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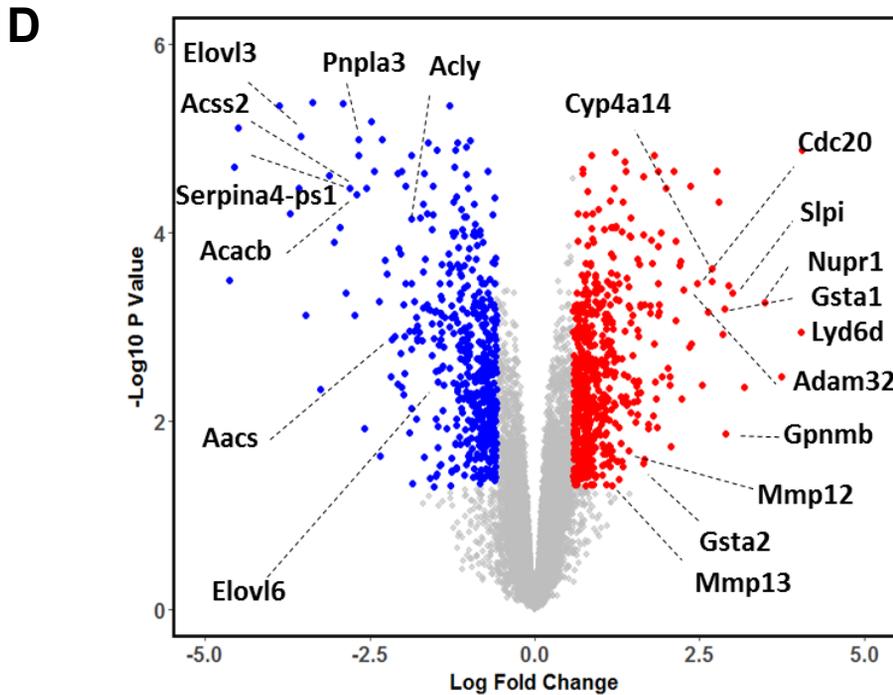
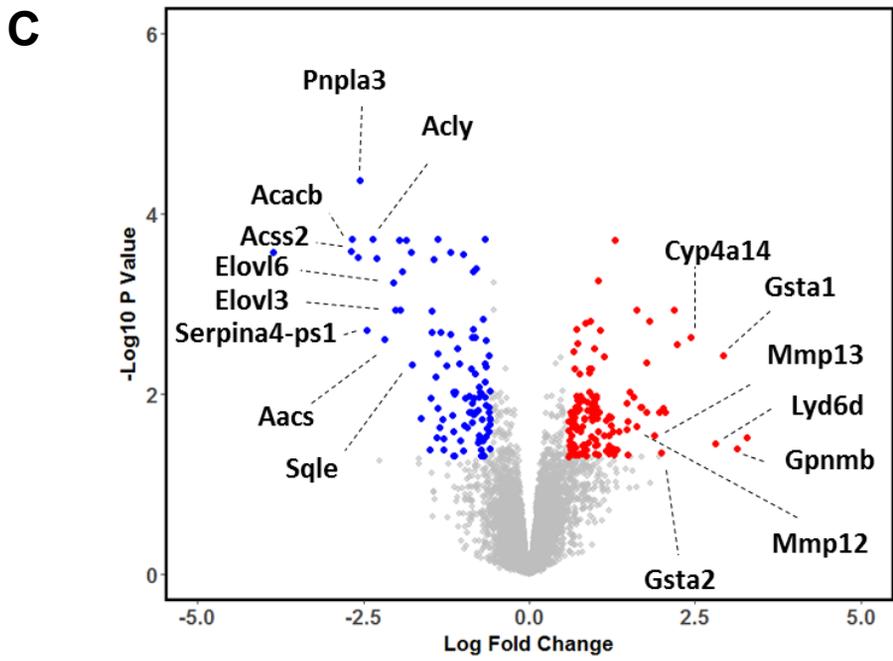
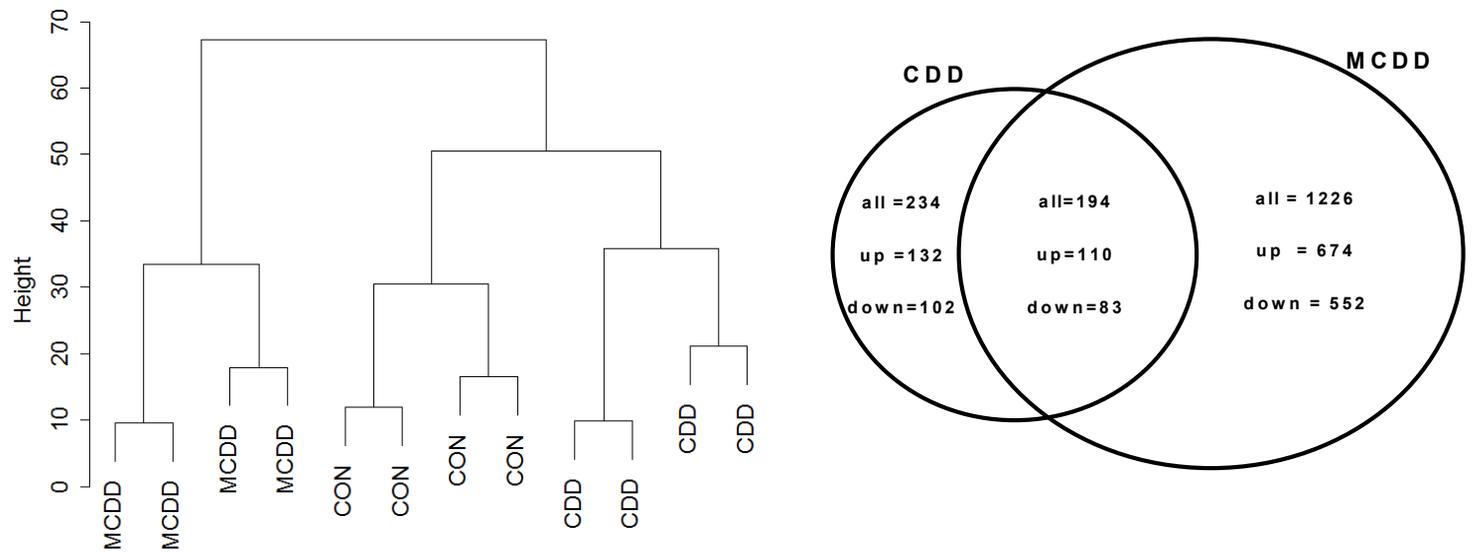


Figure 3

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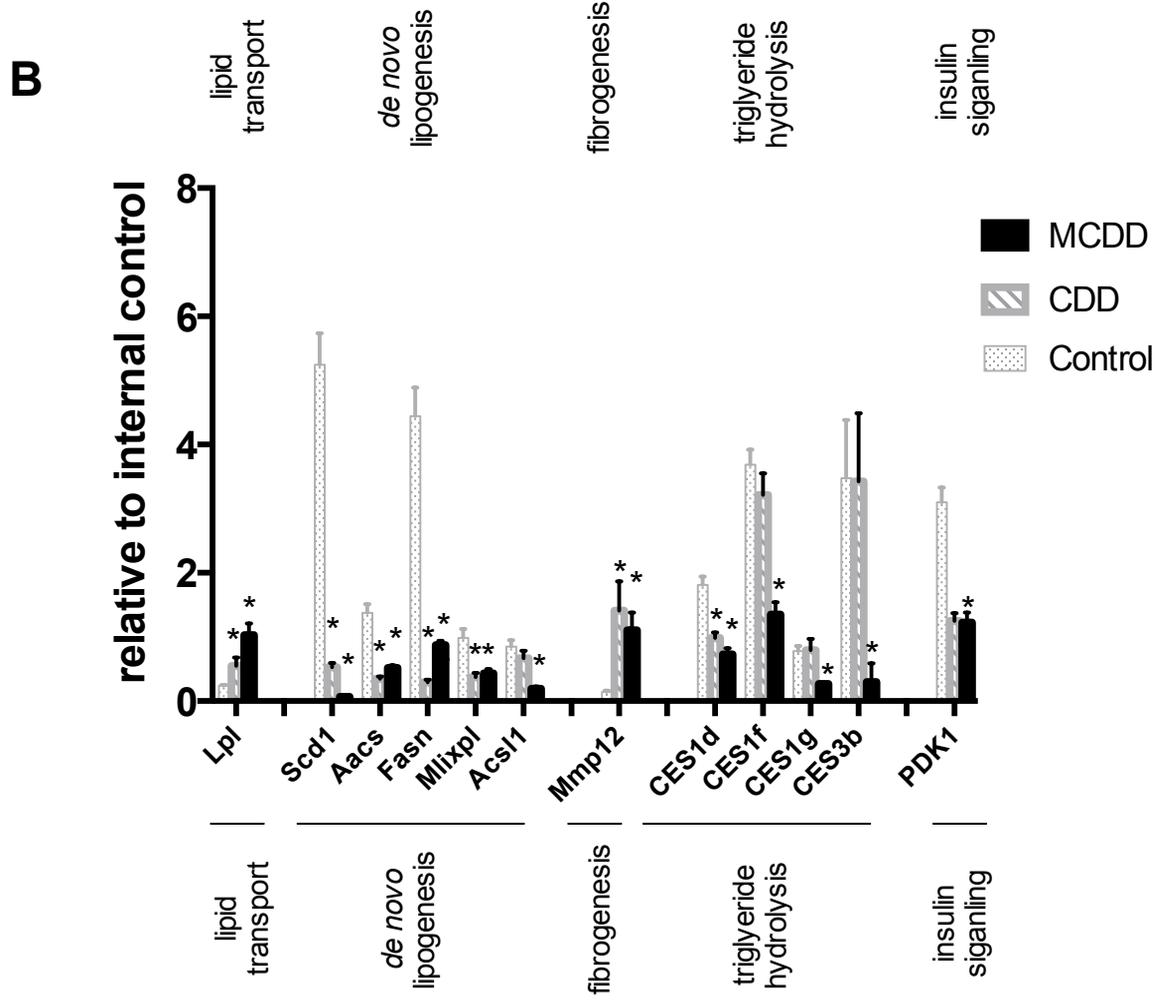
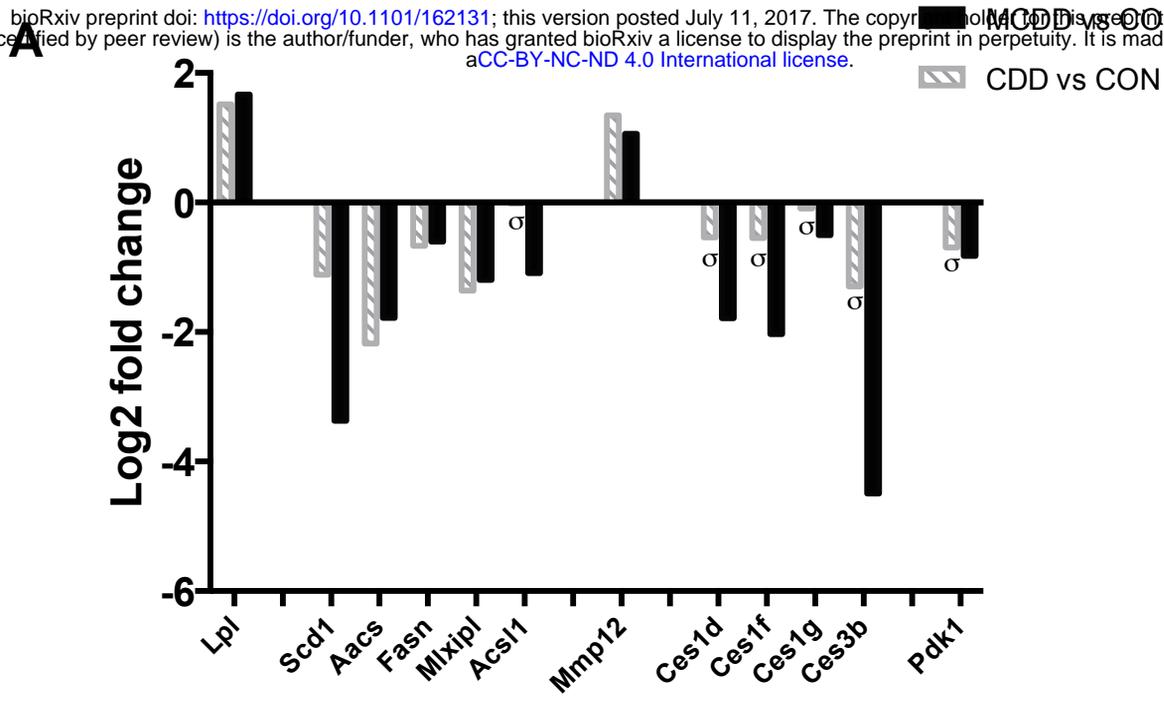


Figure 4

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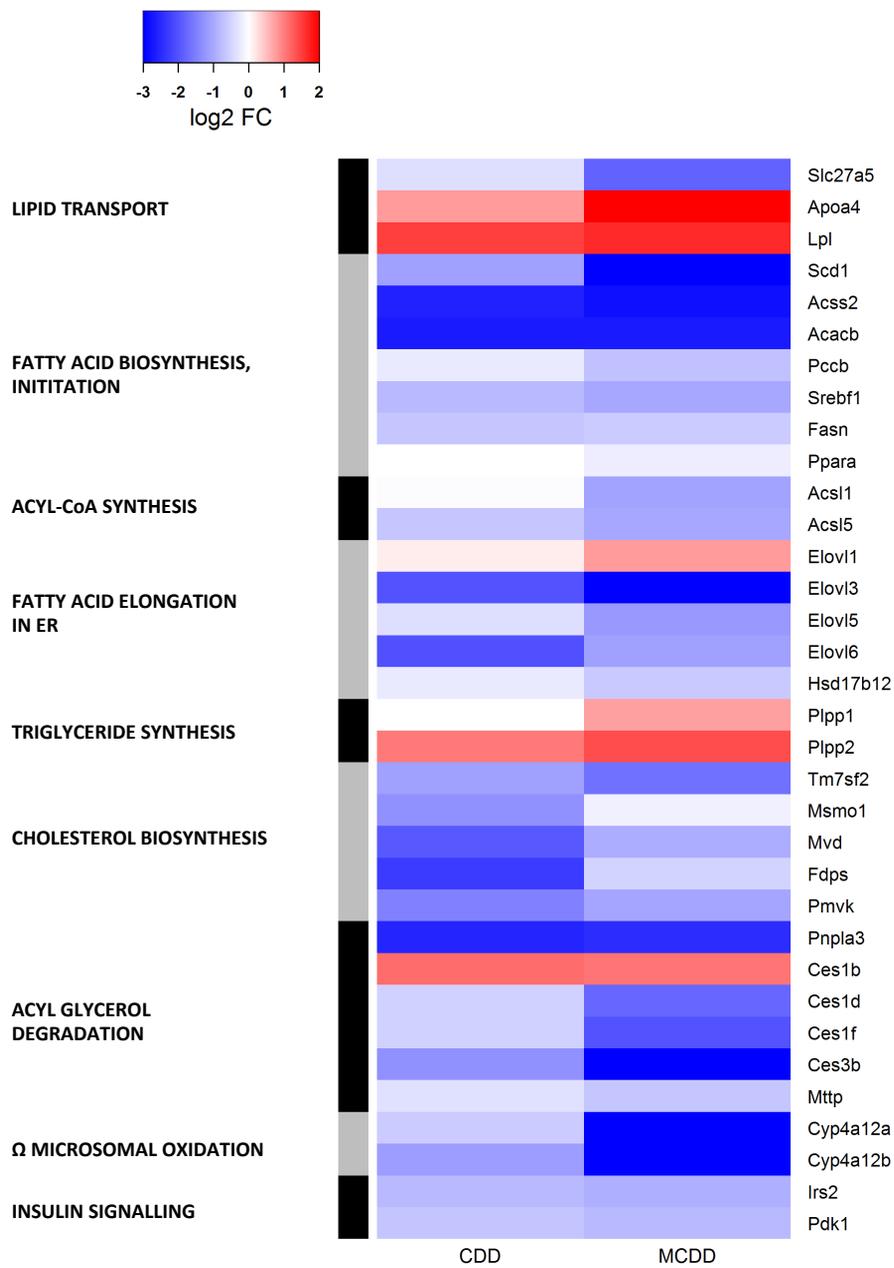
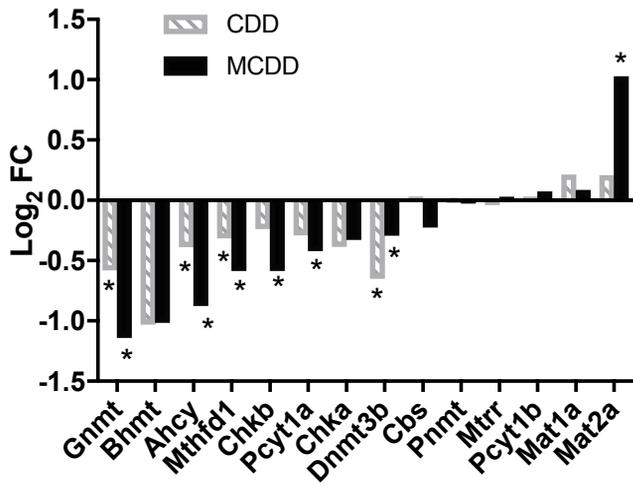


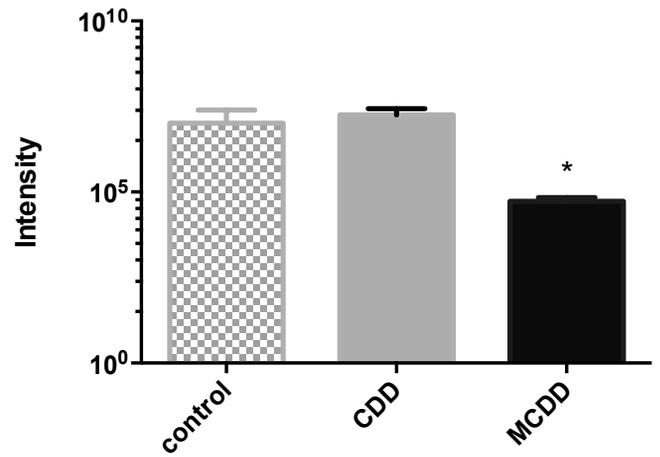
Figure 5

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A



B



C

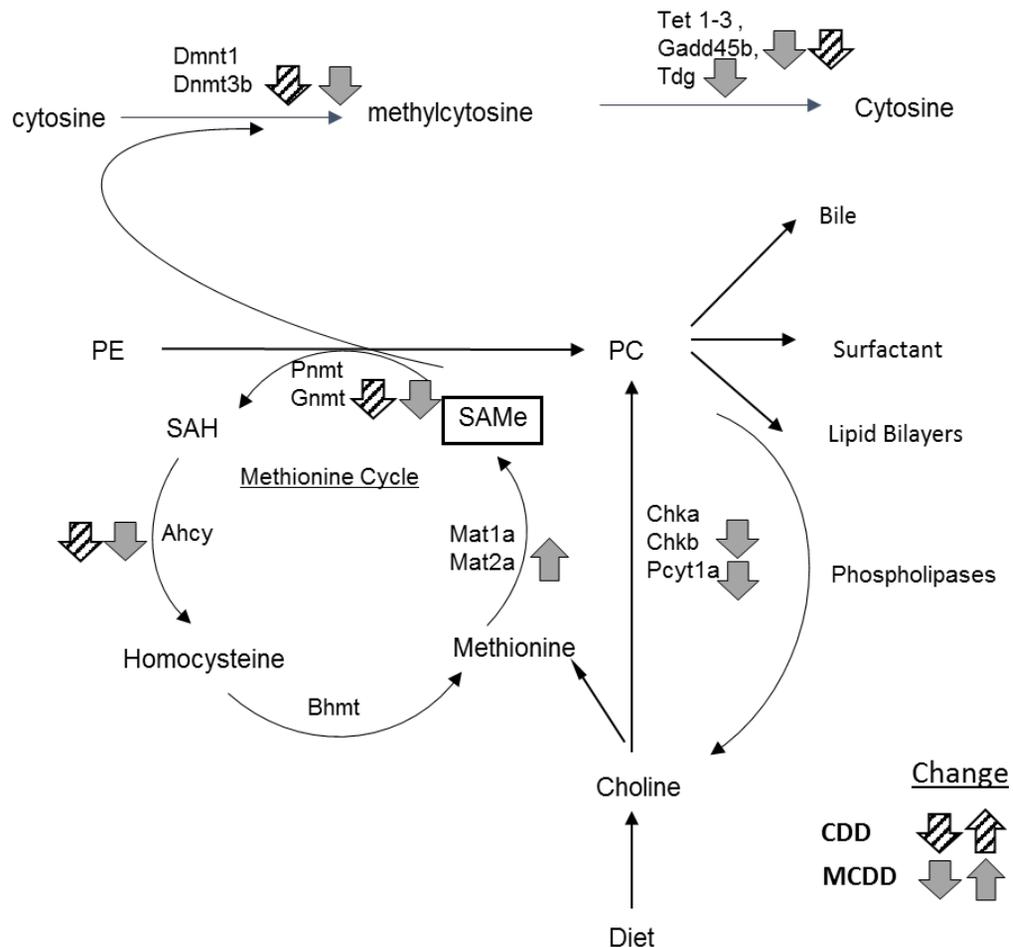


Figure 6

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