

A Framework of All Discovered Immunological Pathways and Their Roles for

Four Specific Types of Pathogens and Hypersensitivities

Running title: A Framework of Host Immunities

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Abstract

Tfh initiates four eradicable immunities. Treg initiates four tolerable immunities.

TH1/TH1-like is immunity for intracellular bacteria/protozoa and type 4 delayed type

hypersensitivity. TH1 includes M1 macrophage, Tc1 CD8 T cell, IFN γ CD4 T cell,

ILC1, iNKT3, and IgG3 B cell. TH1-like includes M2 macrophage, suppressive CD8

T cell, IFN γ /TGF β CD4 T cell, regulatory iNKT cells, and IgA1 B cell. TH2/TH9 is

immunity for helminths and type1 IgE mediated hypersensitivity. TH2 includes iEOS

eosinophil, basophil/MCct mast cell, IL-4 CD4 T cell, ILC2, iNKT2, and IgE/IgG4 B

cell. TH9 includes rEOS eosinophil, basophils/mast cell MCt, IL-9 CD4 T cell,

regulatory iNKT cells, and IgA2 B cell. TH22/TH17 is immunity for extracellular

bacteria/fungi and type 3 immune complex hypersensitivity. TH22 includes N1

neutrophils, IL-22 CD4 T cell, ILC3, iNKT17, and IgG2 B cell. TH17 includes N2

neutrophils, IL-17 CD4 T cell, regulatory iNKT cells, and IgA2 B cell. TH $\alpha\beta$ /TH3 is

immunity for viruses and type 2 antibody dependent cytotoxic hypersensitivity. TH $\alpha\beta$

includes NK1 natural killer cell, Tc2 CD8 T cell, IL10 CD4 T cell, ILC10, iNKT10,

and IgG1 B cell. TH3 includes NK2 natural killer cell, suppressive CD8 T cell, IL-

10/TGF β CD4 T cell, regulatory iNKT cells, and IgA1 B cell.

Background of host immunities

Many host immunological pathways have been discovered, such as traditional TH1/TH2, TH3, TH17, TH22, Tfh, Treg, TH9, and Tr1 (TH $\alpha\beta$). These identified pathways are not logically organized. In this study, I propose a detailed and complete picture regarding host immunological pathways (Fig. 1).

The traditional TH1/TH2 paradigm was proposed by Dr. Mosmann in 1986 [1]. TH1 was thought to provide host immunity against viruses and intracellular bacteria. TH2 provides host immunity against multicellular parasites (helminthes). In my PhD thesis, I proposed a new TH $\alpha\beta$ immunological pathway against viruses derived from traditional TH1 immunity [2]. TH1 immunity focuses on intracellular bacteria and protozoa. TH3 immunity and Tr1 immunological pathways were identified after TH1 and TH2 [3, 4]. Recently, additional immune responses have been discovered, including TH17, TH22, Tfh, Treg, and TH1-like immunological pathways [5-8].

Initiatory immune response

Follicular helper T cells (Tfh) are believed to be key helper cells for B-cell germinal centers in lymph nodes. Tfh cells are characterized by IL-21-producing T cells [9]. BCL6 is a key transcription factor for Tfh. TGF β with an STAT5 signal can constrain the differentiation of IL-21-producing helper T cells [10]. IL-21 production

is related to STAT1 and STAT3 activation. IL-21 production is also related to STAT5 activation because immunosuppressive prolactin can cause STAT5a to suppress BCL6 expression [11]. However, STAT5b can upregulate BCL6 [12]. STAT5a and STAT5b have distinct target genes in immune responses [13]. The transcription factor that induces Tfh should be STAT5b. BCL6 is important in Tfh development [14, 15]. Tfh can induce B-cells to start producing the IgM antibody and IL-21 also helps to B cell isotype switch to IgG [16, 17]. Besides protein antigen recognized by B cells and T cells, lipid antigens also are recognized by NKT cells. The subtype iNKTfh plays a role in immunity of follicular helper T cells [18]. Thus, T lymphocytes are the first to initiate adaptive host immunity [19-21]. Different STAT proteins regulate different immunological pathways. If the infection tends to be eradicable, the host immunological pathways mentioned in the following text are generated with other cytokines.

Eradicable immune responses

TH1 immunity is driven by IL-12 and is the host immunity against intracellular bacteria or protozoa. The main effector cells of TH1 immunity are stimulatory macrophages (M1), IFN γ -secreting cytotoxic CD8 T cells (CD28⁺ Tc1), IFN γ -secreting CD4 T cells, iNKT1 cells, and IgG3-producing B-cells [22, 23]. The

initiation of eradicable immunity also needs the help of innate lymphoid cells to produce initial cytokines to drive to different immunological pathway. For TH1 immunity, the key innate lymphoid cells are ILC1[24]. The key transcription factor for TH1 immunity is STAT4. T-bet also plays a vital role in the TH1 immunological pathway. TH1 immunity against self-antigen is type 4 delayed-type hypersensitivity, such as type 1 diabetes mellitus.

TH2 immunity is driven by IL-4. TH2 provides immunity against extracellular parasites (helminthes). The main effector cells of TH2 immunity are eosinophils (iEOS), basophils/connective tissue mast cells (MCtc, mast cell tryptase, and chymase), IL-4/IL-5-secreting CD4 T cells, iNKT2 cells, ILC2, and IgG4/IgE-producing B-cells [25]. IgG4 activates eosinophils, and IgE activates mast cells, such as in acute anaphylaxis [26]. The function of IgG4–eosinophil is to activate eosinophil-mediated cellular immunity against parasites or insects. The function of IgE–mast cells is to expel helminths or insects through a physiological mechanism. Mast cells activated by IgE can release histamine, which causes bronchoconstriction, vomiting/nausea, rhinorrhea, skin itchiness, stomach acidification, increased local vascular permeability, or increased bowel movement. These actions can all help to expel helminths or insects physiologically. The key transcription factor for TH2 immunity is STAT6. GATA3 also plays a vital role in the TH2 immunological

pathway. TH2 immunity against self-antigen is a type 1 immediate allergy, such as food/drug allergy or urticaria .

TH $\alpha\beta$ is distinguished from traditional TH1 immunity [2]. TH $\alpha\beta$ immunity is against viruses and was called Tr1 cell by a few previous researchers[4]. TH $\alpha\beta$ immunity is driven by IFN α /b or IL-10. The main effector cells of TH $\alpha\beta$ immunity are IL-10-producing stimulatory NK cells (CD56–CD16 + NK1 cells), IL-10/IL-27-secreting CD4 T cells, IL-10-secreting cytotoxic CD8 T cells (CD28+ Tc2), iNKT10 cells, ILC10, and IgG1-producing B-cells [22, 27-30]. The CD27 molecule is important for virus immunity. The key transcription factors for TH $\alpha\beta$ immunity are STAT1 and STAT2[31]. TH $\alpha\beta$ immunity against self-antigen is a type 2 antibody-dependent cytotoxic hypersensitivity, such as an acute stage of myasthenia gravis. IL-10 is not merely an immunosuppressive cytokine; it can also have potent stimulatory effects on NK cells, CTLs, and B-cells [32].

TH22 is the host innate immunity against extracellular bacteria and fungi. TH22 is driven by IL-6 or TNF α [33]. The main effector cells for TH22 immunity are PMNs (N1), IL-22-secreting CD4 T cells, complements, pentraxins, iNKT17 cells, ILC3, and IgG2-producing B-cells [6]. The key transcription factor for TH22 is STAT3. AP1 and CEBP are also important transcription factors. TGF β can suppress IL-22 to skew to TH17 immunity [[34]]. TH22 against self-antigen is a type 3 immune-complex and

complement-mediated hypersensitivity, such as the Arthus reaction. The extracellular or intracellular locations of protozoa or fungi mainly decide the host immunological pathways.

Four IgG subtypes fit the four types of acute immunological pathways. Murine IgG antibodies also have four subclasses. The following correlation exists between murine and human IgG subtypes: Human IgG1 \leftrightarrow Murine IgG2a; Human IgG2 \leftrightarrow Murine IgG3; Human IgG3 \leftrightarrow Murine IgG2b; and Human IgG4 \leftrightarrow Murine IgG1 [35]. hIgG1/mIgG2a works against viral antigens; hIgG2/mIgG3 works against bacterial antigen, especially polysaccharides; hIgG3/mIgG2b works against intracellular bacteria; and hIgG4/mIgG1 works against parasite antigens [36-38]. It is also worth noting that the immune response against fungus or protozoa is mainly based on intracellular or extracellular. Extracellular fungus such as *Candida* spp or *Aspergillus* spp usually trigger TH22 immunity, but intracellular fungus such as *Histoplasma* spp will trigger TH1 immunity.

Regulatory immune responses

Treg is the host immune inhibitory mechanism [39] and is driven by IL-2 and TGF β . The main effector cells for Treg are the TGF β -producing CD4 T cells, FOXP3 regulatory iNKT cells, and IgA-producing B-cells[40]. The key transcription factor

for the Treg pathway is STAT5, especially STAT5a. However, both STAT5a and STAT5b play nonredundant roles in Treg generation [41]. They may act sequentially with STAT5b activation first in Tfh signaling. STAT5b and STAT5a combined signaling induces Treg generation. The combination of Treg and the aforementioned four immunological pathways is important to shift adaptive immunity to tolerable immunity. During initial infection, acute-stage fierce cytokines can rapidly kill pathogens and infected cells or tissues. However, if the pathogen infects numerous cells in a tissue, such as the liver, killing the infected cells would completely destroy the organ [42]. Thus, a regulatory T cell STAT5 signal combined with TH1/TH2/TH22/TH α β would allow the generation of CD4 T cells with less fierce cytokines [41]. TH1-like/TH9/TH17/TH3 immunological pathways are generated during chronic infection. IgA1 and IgA2 are the two types of IgA antibodies. IgA1 is the dominant IgA antibody in serum, whereas IgA2 is the dominant IgA in mucosa. TGF β can induce IgA1 or IgA2 depending on the lymphoid follicle location [43]. In GUTs or Peyer's patch, IgA2 is the dominant IgA antibody produced in the GI mucosa. In the lymph nodes of other body locations, IgA1 is the dominant IgA antibody produced. However, IgA1 is especially related to viral protein antigens, whereas IgA2 is especially related to bacterial antigens, such as LPS. The heavy-chain locus sequence of B-cell antibodies is IgM, IgD, IgG3, IgG1, IgA1, IgG2, IgG4,

IgE, and IgA2. B-cells double-express IgM and IgD. IgG3, IgG1, and IgA1 comprise the first group for cellular immunity. IgG2, IgG4, IgE, and IgA2 can be viewed as the second group for humoral immunity. The gene sequence order is important, and it affects the time sequence of the isotype switch. IL-13 is a profibrogenic Treg-related cytokine related to TGF β signaling.

Tolerable immune responses

TH1-like cells (nonclassic TH1) are initiated by TGF β (STAT5 signaling) and IFN γ (STAT4 signaling). TH1-like cells with Foxp3 + regulatory character have been identified [8]. TH1 helper cells and TH1-like cells are closely related [44]. TH1-like cells are chronic host immunity of the TH1 immune response. Thus, these cells could be related to chronic inflammation, such as long-term tuberculosis infection. The effector cells of TH1-like immunity include suppressive macrophages (M2), suppressive CD8 T cells (CD28-CD8+Treg), IgA1-producing B-cells, regulatory iNKT cells, and IFN γ /TGF β -producing CD4 T cells [23, 28]. TH1-like immunity induces type 4 delayed-type hypersensitivity, such as Crohn's disease.

TH9 cells are driven by IL-4 (STAT6 signaling) combined with TGF β (STAT5 signaling) [45-47]. Thus, TH9 cells are closely related to the TH2 immunological pathway. The cells are characterized by the IL-9-secreting CD4 T cell. TH9 cells are

important under a chronic allergic condition, such as asthma. Thus, TH9 helper cells are chronic T helper cells related to TH2 immunity. The effector cells of TH9 immunity include regulatory eosinophils, basophils/mucosal mast cells (MCt, mast cell tryptase), IL-9-producing CD4 T cells, regulatory iNKT cells, and IgA2-producing B-cells [48]. TH9 immunity induces type1 allergy, including asthma [25].

TH17 cells are driven by IL-6/IL-1 combined with TGF β [5]. Thus, TH17 cells are closely related to the TH22 immunological pathway. TH17 cells are characterized by the IL-17-secreting CD4 T cell. TH17 cells are important in chronic immune-complex-mediated diseases, such as rheumatic arthritis. The TH17 helper cell is the chronic T helper cell related to TH22 immunity. TGF β with STAT5 can suppress the acute IL-22-producing cells and enhance the chronic IL-17-producing cells [34].

Because of the role of TGF β in TH17 immunity, regulatory IL-17-producing cells are noted. The effector cells of TH17 immunity include regulatory neutrophils (N2), IL-17-producing CD4 T cells, regulatory iNKT cells, and IgA2-producing B-cells [49, 50]. TH17 immunity induces type 3 immune-complex hypersensitivity, including ulcerative colitis].

TH3 cells are driven by IL-10 and TGF β [51, 52]. Thus, TH3 cells are closely related to the TH α β immunological pathway. These cells also produce IL-10 and TGF β . Thus, TH3 helper cells are important to chronic antibody-dependent cellular

cytotoxic hypersensitivity. TH3 cells are the chronic helper T cells corresponding to the TH $\alpha\beta$ helper cells. The TH3 immune effector cells include IL-13-producing regulatory NK cells (CD56 + CD16–NK2 cells), IL-10- and TGF β -secreting CD4 T cells, suppressive CD8 T cells (CD28-CD8+ Treg), regulatory iNKT cells, and IgA1-producing B-cells [28, 29, 53, 54]. IgA1 is produced in serum and works against viral protein antigens. TH3 immunity induces type 2 antibody-dependent cytotoxic hypersensitivity, including a chronic stage of SLE.

Concluding remarks

The summary diagram includes complete pictures of the $4 \times 2 + 2$ immunological pathways (Table 1). The TH1, TH2, TH22, and TH $\alpha\beta$ eradicable immune responses correspond to the TH1-like, TH9, TH17, and TH3 tolerable immune responses, respectively, and match the four types of hypersensitivity. The detailed immune response against different pathogens and allergy/hypersensitivity can be clearly understood.

Authorship

The author, Wan-Chung Hu, fully contributes to the concept, literature search, writing, and final approval of this manuscript.

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Conflict of Interest Disclosure

The author declare there is no conflict of interest

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Figure legends

Fig 1. Summary diagram of host immunological pathways. In the middle, the Tfh side (follicular help T cell) initiates initiatory immunity and the Treg side (regulatory T cells) initiates regulatory immunity. Eradicable TH1 and tolerable TH1-like (Th1L), eradicable TH2 and tolerable TH9, eradicable TH22 and tolerable TH17, and eradicable TH $\alpha\beta$ and tolerable TH3 are related along diagonal lines.



Table 1. Summary of host immunological pathways

Immune pathways	Driven cytokine, ILs	Transcription factor	Effector cells	CD4 T cells	B cells	NKT cells	Pathogen	Autoimmune
Initiatory								
Tfh	IL-21	STAT1, STAT3, STAT5B		IL-21 CD4 T cells	IgM/G B cells	iNKTfh	Acute infection	
Eradicable immunities								
TH1	IL-12, ILC1	STAT4	Macrophage(M1), CTL(Tc1)	IFN γ CD4 T cells	IgG3 B cells	iNKT1	Intracellular bacteria & protozoa	Type 4 DTH
TH2	IL-4, ILC2	STAT6	Eosinophil(iEOS), basophil, mast cells(MCct)	IL-4 IL-5 CD4 T cells	IgG4/IgE B cells	iNKT2	Helminths & insects	Type 1 allergy
TH22	IL-1, ILC3	STAT3	Neutrophils(N1)	IL-1, TNF α , IL-22 CD4 T cells	IgG2 B cells	iNKT17	Extracellular bacteria & fungi	Type3 Immune complex
TH α β	IL-10 IFN α β ,ILC10	STAT1 STAT2	NK cells(NK1), CTL(Tc2)	IL-10 CD4 T cells	IgG1 B cells	iNKT10	viruses	Type 2 ADCC

Immune pathways	Driven cytokine, ILs	Transcription factor	Effector cells	CD4 T cells	B cells	NKT cells	Pathogen	Hypersensitivities
Regulatory								
Treg	TGFβ	STAT5A, STAT5B		TGFβ CD4 T cells	IgA B cells	Regulatory iNKT	Chronic infection	
Tolerable immunities								
TH1like	IL-12, TGFβ	STAT4, STAT5	Macrophage(M2), CD8 Treg	IFNγ/TGFβ CD4 T cells	IgA1 B cells	Regulatory iNKT	Intracellular bacteria & protozoa	Type 4 DTH
TH9	IL-4, TGFβ	STAT6, STAT5	Eosinophil(rEOS), basophil, mast cells(MCt)	IL-9 CD4 T cells	IgA2 B cells	Regulatory iNKT	Helminths & insects	Type 1 allergy
TH17	IL-6, TGFβ	STAT3, STAT5	Neutrophils(N2)	IL-17 CD4 T cells	IgA2 B cells	Regulatory iNKT	Extracellular bacteria & fungi	Type3 immune complex
TH3	IL-10, TGFβ	STAT1 STAT2 STAT5	NK cells(NK2), CD8 Treg	IL-10/TGFβ CD4 T cells	IgA1 B cells	Regulatory iNKT	viruses	Type 2 ADCC