

1 Evolutionary mysteries in meiosis

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16 epigenetic resetting, asymmetrical meiosis, meiosis fairness, crossover interference, hotspots,
17 heterochiasmy.

18

19 Abstract

20 Meiosis is a key event of sexual life cycles in eukaryotes. Its mechanistic details have been
21 uncovered in several model organisms, and most of its essential features have received
22 various and often contradictory evolutionary interpretations. In this perspective, we
23 present an overview of these often “weird” features. We discuss the origin of meiosis
24 (origin of ploidy reduction and recombination, two-step meiosis), its secondary
25 modifications (in polyploids or asexuals, inverted meiosis), its importance in punctuating
26 life cycles (meiotic arrests, epigenetic resetting, meiotic asymmetry, meiotic fairness) and
27 features associated with recombination (disjunction constraints, heterochiasmy,
28 crossover interference and hotspots). We present the various evolutionary scenarios and
29 selective pressures that have been proposed to account for these features, and we
30 highlight that their evolutionary significance often remains largely mysterious. Resolving
31 these mysteries will likely provide decisive steps towards understanding why sex and
32 recombination are found in the majority of eukaryotes.

33

34 Introduction

35 In eukaryotic sexual life cycles, haploid cells fuse to give rise to diploids, before diploid
36 cells are converted back to haploids in a process known as meiosis. Meiosis reduces a

37 cell's chromosome number by half, whilst also creating new allele combinations
38 distributed across daughter cells through segregation and recombination. This genetic
39 reshuffling reduces genetic associations within and between loci and is thought to be the
40 basis of the success of sexual reproduction. Mechanistic studies of meiosis have been
41 carried out in different fields, such as cell biology, genetics and epigenetics, encompassing
42 a wide range of eukaryotes. However, these studies rarely focus on the evolutionary
43 significance of meiotic mechanisms, rather mentioning them in passing and often in a
44 simplified manner. In evolutionary biology studies, meiosis is often simplified and
45 represented by random assortment of chromosomes and recombination maps expressing
46 the probability of recombination events between ordered loci, with little attention to the
47 molecular and cellular details. While these simplifications are legitimate and useful in
48 many cases, the wealth of mechanistic findings being uncovered points to a considerable
49 number of evolutionary puzzles surrounding meiosis that have yet to be resolved. Indeed,
50 in the following perspective, we will show that close scrutiny of almost every aspect of
51 meiosis will reveal “weird” features that constitute evolutionary mysteries.

52

53 1. The origins of meiosis

54 The origin of meiosis through gradual steps is among the most intriguing evolutionary
55 enigmas [1,2]. Meiosis is one of the ‘major innovations’ of eukaryotes that evolved before
56 their subsequent radiation over one billion years ago [3–5]. Extant eukaryotes share a set
57 of genes specifically associated with meiosis, implying that it evolved only once before
58 their last common ancestor [6,7]. Identifying the selective scenario that led to its early
59 evolution is difficult, but clues can be obtained by determining (i) which mitotic cellular
60 processes were re-used in meiosis (e.g. DNA repair through homologous recombination
61 and possibly reduction), (ii) which selective steps were involved in the assembly of the
62 full cellular process, and (iii) why different forms of meiosis were perhaps less successful.

63

64 1.1 The origin of ploidy reduction

65 A form of reductional cell division (a.k.a. ‘proto-meiosis’) probably evolved in early
66 asexual unicellular eukaryotes. Two scenarios for this have been proposed. The first is
67 that diploidy accidentally occurred by replication of the nuclear genome without
68 subsequent cell division (“endoreplication”) [8–12], and that returning to haploidy was
69 selected for to correct this. Because either haploidy or higher ploidy levels may be
70 favoured in different ecological situations [13,14], a variant of this scenario is that a proto-
71 meiosis–endoreplication cycle evolved to switch between ploidy levels [5]. The resulting

72 life cycle may have resembled modern ‘parasexual’ fungi in which diploid cells lose
73 chromosomes in subsequent mitotic divisions, leading to haploidy via aneuploid
74 intermediates [15]. Many other modern eukaryotes also increase and decrease their
75 ploidy somatically, depending on growth stage or specific environmental stimuli [16]. The
76 second scenario is that proto-meiosis evolved in response to the fusion of two haploid
77 cells (“syngamy”), as in standard modern eukaryotic sexual life cycles. Syngamy may have
78 been favoured because it allows recessive deleterious mutations to be masked in diploids
79 [1,12]. A difficulty with this idea is that such masking may not be sufficient to favour
80 diploidy in asexuals [17]. In a variant of this scenario, early syngamy evolved as a result
81 of ‘manipulation’ by selfish elements (plasmids, transposons) to promote their horizontal
82 transmission [18]. In support of this view, mating-type switching (which can allow
83 syngamy in haploid colonies) has evolved multiple times in yeasts and involves
84 domesticated mobile genetic elements [19].

85

86 1.2 The origin of homologue pairing and meiotic recombination

87 Meiosis requires the correct segregation of homologues, which is achieved by homologue
88 pairing at the beginning of prophase I (Fig. 1). This homology search is mediated by the
89 active formation of numerous DNA double-strand breaks (DSBs) followed by chiasmata
90 formation, but less well-known mechanisms of recombination-independent pairing also
91 exist [20]. Non-homologous centromere coupling is also often observed at this stage, but
92 the functional and evolutionary significance of this coupling is elusive [21]. In many
93 species, chromosome pairing is further strengthened by ‘synapsis’, which is the formation
94 of a protein structure known as the synaptonemal complex [22] and the pairing of
95 homologous centromeres [21]. Chiasmata are then resolved as either crossovers
96 (hereafter ‘COs’) resulting in the exchange of large chromatid segments, or non-
97 crossovers (‘NCOs’), where both situations cause gene-conversion events [23]. The
98 synaptonemal complex then disappears, and homologues remain tethered at CO positions
99 and centromeres. The precise function of the synaptonemal complex is not entirely
100 understood [20]; one possibility is that it may serve to stabilise homologues during CO
101 maturation. Some pairing mechanism must be advantageous to ensure proper
102 segregation of homologues, but the origins and selective advantage of extensive pairing,
103 synapsis, gene conversion and recombination remain poorly understood [24].

104 Most evidence suggests that homologous recombination evolved long before meiosis, as
105 it occurs in all domains of life and involves proteins that share strong homology [25,26].
106 One hypothesis is that meiotic pairing and extensive homologous recombination in

107 meiosis evolved to avoid the burden and consequences of non-allelic ectopic
108 recombination in the large genomes of early eukaryotes, which presumably had many
109 repetitive sequences [9,27,28]. Such sequences may have been related to the spread of
110 retrotransposons in early eukaryotes, of which many types are very ancient in
111 eukaryotes, but absent in bacteria and archaea [29]. A second possibility is that
112 recombination arose by the spread of self-promoting genetic elements exploiting the
113 machinery of DNA repair and associated gene conversion [30]. Another hypothesis is that
114 pairing and recombination initially arose as a way to repair mutational damage caused by
115 increased oxidative stress due to rising atmospheric oxygen or endosymbiosis [7,31–33].
116 This scenario presupposes that DNA maintenance is inefficient in the absence of meiosis;
117 however, prokaryotes (including archaea) have efficient repair mechanisms that involve
118 recombination, but not meiosis [9]. In addition, this scenario does not fit well with the
119 observation that a large number of DSBs are actively generated at the onset of meiosis
120 [1,34].

121

122 1.3 The origin of two-step meiosis

123 A particular feature of meiosis is that it starts with chromosome doubling (S phase, see
124 Fig. 1) before meiosis occurs (Fig. 2A). For ploidy reduction, the initial steps appear
125 superfluous [35]. A simpler single-step cell division, without the initial DNA replication
126 phase, could in principle achieve ploidy reduction (Fig. 2B). Recombination may not be a
127 crucial difference between one- and two-step meiosis, as both can involve COs, even if
128 with one CO, the two meiotic products carry recombinant chromosomes in one-step
129 meiosis, whereas only two out of four are recombinant in two-step-meiosis [36]. Three
130 hypotheses have been proposed to account for two-step meiosis. The first postulates that
131 two-step meiosis better protects against particular selfish genetic elements (SGEs) that
132 increase their transmission frequencies by sabotaging the meiotic products in which they
133 do not end up (known as ‘sister killers’, distinct from the ‘sperm killers’ discussed below)
134 [37]. In a two-step meiosis, there is uncertainty as to whether the reductional division is
135 meiosis I or II, meaning that the sabotage mechanism has a much reduced efficacy.
136 Microsporidia and red algae show specific modifications to meiosis that increase such
137 uncertainty even more [38]. However, such sister killers are hypothetical, and theoretical
138 studies based on assumptions about how different killers might act suggest that this
139 mechanism does not inevitably promote the development of a two-step meiosis [39]. The
140 second hypothesis is that sexual species with one-step-meiosis would be vulnerable to
141 invasion by asexual mutants, and have thus gone disproportionately extinct in the past.

142 Contrary to one-step meiosis, most automictic modifications of two-step meiosis involve
143 a loss of heterozygosity with each generation (see section 2.3), which would cause
144 expression of recessive and partially recessive deleterious mutational effects, and reduce
145 the fitness of newly emerging asexual mutants [36]. Finally, a third hypothesis posits that
146 a one-step-meiosis is more complex and thus less likely to evolve than a two-step-meiosis
147 [9]. Mitotic and meiotic cell cycles start similarly with DNA replication in response to
148 increasing cyclin-dependent kinase (CDK) activity. Two-step meiosis can be achieved
149 simply by modulating CDK activity at the end of a cell cycle to add a second division event
150 [40]. In contrast, a one-step meiosis would require extensive modification of the mitotic
151 cycle. Despite earlier suggestions of its presence in some basal eukaryotes (protists)
152 [8,41], there are presently no firm indications that one-step meioses exist in nature
153 [38,42], although inverted meiosis (see below) is genetically similar to mitosis followed
154 by single-step meiosis.

155

156 2. Secondary modifications of meiosis

157 Meiosis is remarkably conserved across eukaryotes. Nevertheless, in many species,
158 variants exist that may offer insights into the evolutionary origins and mechanistic
159 constraints of meiosis. Here, we discuss three of these modifications: meiosis in
160 polyploids, inverted meiosis and meiosis in asexual organisms.

161

162 2.1 Meiosis and polyploidy

163 Polyploidy is surprisingly common in eukaryotes given the considerable problems it
164 poses to meiosis [43–45]. In diploids, homologous chromosomes recognise each other
165 and align to form bivalents during Prophase I, but when there are three or more
166 chromosomes with sufficient homology, these chromosomes may all align to varying
167 degrees, forming multivalents. This can occur when all chromosome sets originate from
168 the same species (autopolyploidy), but also when polyploidy is a result of hybridisation
169 (allopolyploidy). Multivalent formation is often associated with mis-segregation of
170 chromosomes (Fig. 2C) as well as chromosomal rearrangements arising from
171 recombination within multivalents, leading to reduced fertility and low-fitness offspring
172 [e.g. 46,47,48]. These problems may be compounded in allopolyploids because
173 recombination homogenises partially differentiated chromosomes, thereby further
174 increasing the likelihood that they will pair [the ‘polyploid ratchet’: 46].

175

176 Given these detrimental effects, the existence of successful polyploid species and lineages
177 indicates that natural selection can often promote transitions from multi- to bivalents that
178 will then segregate as in diploids (compare Figs. 2C & D) [e.g. 50,51]. However, how such
179 transitions are achieved at the molecular level remains a mystery. Part of the answer
180 seems to be a reduction in the number of COs, since multivalents can only form with at
181 least two COs per chromosome [51–53]. This mechanism seems particularly important in
182 autopolyploids and may be achieved through increasing CO interference (see section 4.2
183 for definition) [54]. Several candidate genes that may affect such modifications have been
184 identified in the autotetraploid *Arabidopsis arenosa* [51,55]. In allopolyploids, there is
185 evidence for genes that have been selected to strengthen the preferential pairing of
186 homologous (i.e. of the same origin, rather than ‘homeologous’) chromosomes, including
187 *ph1* in hexaploid wheat [56]. This preferential pairing can also be achieved through
188 reducing CO numbers, specifically those between homeologues; this could indirectly
189 produce an increase in CO numbers and hence recombination rates between homologues
190 [43]. Intriguingly, because most extant organisms have a history of polyploidy, many
191 features of ‘standard’ meiosis such as CO interference may have been shaped by the
192 problems involved in multivalent segregation.

193

194 Polyploidy with odd numbers of chromosome sets poses an even greater problem
195 because aneuploid gametes are generally produced [e.g. 57]. However, there are some
196 plant species where solutions to even this problem have evolved, and where odd-number
197 polyploidy appears to persist in a stable manner. In these species, the problem of unequal
198 segregation during meiosis is solved through exclusion of univalents in one sex but
199 inclusion in the other, leading, for example, to haploid sperm and tetraploid eggs in
200 pentaploid dog roses [58].

201

202 2.2 Inverted meiosis

203 In normal meiosis, homologous chromosomes are separated during meiotic division I, whereas
204 sister chromatids are separated during meiosis II. Why meiosis generally follows this order is
205 unknown, but interestingly, in some species meiosis takes place in the reverse order (Fig. 2E),
206 including some flowering plants [59–61], mites [62], true bugs [63], and mealybugs [64]. All
207 species with this ‘inverted’ meiosis described to date seem to have holocentric chromosomes
208 (i.e. the kinetochores are assembled along the entire chromosome, rather than at localised
209 centromeres). Inverted meiosis is viewed as a possible solution to specific problems of
210 kinetochore geometry in such meiosis [65]. Yet, intriguing as they are, these systems provide
211 little insight into why inverted meiosis is absent or very rare in monocentric species.

212

213 It is conceivable that a reverse order of divisions would make meiosis more vulnerable to
214 exploitation by meiotic drive or sister killer SGEs, but to the best of our knowledge, there is
215 currently neither theoretical nor empirical support for this idea. Another possibility is that
216 meiosis I tends to be reductional because it allows for DSB repair by sister chromatid exchange
217 in arrested female meiosis [66]. Alternatively, the order of meiotic divisions could merely be a
218 ‘frozen accident’, i.e., a solution that has been arrived at a long time ago by chance, and that
219 reversal is difficult (at least with monocentric chromosomes). However, a recent paper
220 investigating human female meioses in unprecedented detail casts doubt on this view [67]. The
221 careful genotyping of eggs (or embryos) and polar bodies at many markers indicated that
222 surprisingly often, chromosomes followed an ‘inverted meiosis’ pattern of segregation, even
223 though this led to aneuploidies in ~23% of cases. The question of why one order of meiotic
224 divisions is almost universal therefore remains unresolved.

225

226 2.3 Meiosis modifications and loss of sex

227 Many organisms have abandoned canonical sexual reproduction, reproducing asexually
228 by suppressing or modifying meiosis and producing diploid eggs that can develop without
229 fertilisation. This raises two connected mysteries: why are some types of modifications
230 much more frequent than others, and how can mitotic (or mitosis-like) asexual
231 reproduction (“apomixis” or “clonal parthenogenesis” in animals, “mitotic apomixis” in
232 plants) evolve from meiosis? Examples of meiosis-derived modes of asexual reproduction
233 include chromosome doubling prior to meiosis (“endomitosis” or “pre-meiotic
234 doubling”), fusion of two of the four products of a single meiosis (“automixis” in animals,
235 “within-tetrad mating” in fungi), and suppression of one of the two meiotic divisions
236 (included under “automixis” or “meiotic apomixis”, depending on the author; see [68–74]
237 for detailed descriptions of these processes).

238

239 Two particularly common modes of asexuality are the suppression of meiosis I, and
240 automixis involving fusing meiotic products that were separated during meiosis I
241 (“central fusion”, Fig. 2F). Both are genetically equivalent and lead to reduced
242 heterozygosity when there is recombination between a locus and the centromere of the
243 chromosome on which it is located. Most other forms of meiosis-derived asexual
244 reproduction lead to a much stronger reduction in offspring heterozygosity [75–79], and
245 it has been hypothesised that the reduced fitness of homozygous progeny explains the
246 rarity of these other forms [71,78,80]. Indirect support comes from the observation that
247 species with regular asexual reproduction usually do so by central fusion or suppression

248 of meiosis I, often accompanied by very low levels of recombination, thus maintaining
249 heterozygosity. In contrast, species that only rarely reproduce asexually show a wider
250 variety of asexual modes and higher levels of recombination [1,71,73,81,82]. Nonetheless,
251 this hypothesis cannot explain some observations, for instance the rarity of pre-meiotic
252 doubling with sister-chromosome pairing, which would also efficiently maintain
253 heterozygosity [71]. Perhaps evolving a mechanism that ensures exclusive sister-pairing
254 (i.e. the complete absence of non-sister pairing) is difficult, though it seems to occur in
255 some lizard species [83]. In addition, such a system would make it difficult to repair DSBs
256 occurring before doubling (as both sister chromatids would have the same DSBs) [71].

257

258 The question of how a mitotic asexual mutant can invade a sexual species is at the heart
259 of the debate on the evolutionary maintenance of sex, as this is what is investigated in
260 most theoretical models, and is the situation where the cost of sex is most evident [1].
261 However, unless meiosis can be entirely bypassed (e.g. as with vegetative reproduction),
262 secondary asexuality is likely to evolve via modification of meiosis, keeping much of the
263 cell signalling and machinery intact [65,76,80,81, see also section 3]. Indeed, detailed
264 cytological and genetic investigations in several asexual species thought to reproduce
265 clonally by mitotic apomixis have uncovered remnants of meiosis [73,86–88]. In *Daphnia*,
266 meiosis I is aborted mid-way and a normal meiosis II follows. Hence, clonality in *Daphnia*
267 is meiotically derived [86]. This should lead to loss of heterozygosity in centromere-distal
268 regions, but if recombination is fully suppressed the genetic outcome resembles mitosis.
269 Importantly, this suggests a possible stepwise route to evolution of mitosis-like
270 asexuality. Rare automixis (spontaneous development of unfertilised eggs) occurs in
271 many species [1,81]. If this becomes more common, forms of automixis maintaining
272 heterozygosity in centromere regions might be selectively favoured and recombination
273 suppressed, eventually leading to meiosis-derived asexuality with the same genetic
274 consequences as mitosis [84,85,89–91]. Indeed, in *Arabidopsis*, meiosis can be
275 transformed to genetically resemble mitosis, but modification of several genes is needed
276 to achieve this [92–94]. In angiosperms, there is also the difficulty to overcome the
277 absence of endosperm fertilization to achieve proper seed development, which further
278 stresses that meiosis-derived asexuality is unlikely to evolve in a single step. To fully
279 understand the evolutionary maintenance of sex, we may therefore need to understand
280 the selection pressures acting in the intermediate stages, which probably involve loss of
281 heterozygosity, and thus inbreeding depression [77,80]. In many cases, the initial
282 evolution of asexuality may thus resemble the evolution of self-fertilisation, and several

283 traits may pre-exist (such as low recombination rates) that make the successful transition
284 to asexuality more likely in some taxa.

285

286 3. Meiosis punctuates life cycles

287 Meiosis is a key step in sexual life cycles, as well as some asexual life cycles derived from
288 sexual ancestors. In multicellular eukaryotes, where meiosis is tightly associated with
289 reproduction (unlike in many protists), meiosis is also a cellular and genetic bottleneck
290 at the critical transition between the diploid and the haploid phases.

291

292 3.1 Meiosis timing and arrest

293 In early haploid eukaryotes, meiosis probably quickly followed endomitosis or syngamy.
294 Today, multicellular eukaryotes exhibit a variety of life cycles in which the haploid or
295 diploid phase may predominate. The duration of the different phases was perhaps
296 initially controlled in part by the timing of meiosis -- for instance, a multicellular, extended
297 diploid phase likely evolved by postponing meiosis. However, in metazoans, life cycles are
298 mostly determined by the extent of somatic development within each phase rather than
299 by the timing of meiosis, which can be halted or postponed. In animals, where haploid
300 mitosis is suppressed, syngamy immediately follows meiosis. Furthermore, specific cells
301 are 'destined' at an early stage to eventually undergo meiosis (a.k.a. germline), whereas
302 this cell fate is determined much later in fungi, plants and some algae.

303

304 The timing of meiosis in the germline of animals has been intensively investigated.
305 Whereas male meiosis occurs continuously, female meiosis usually stops twice (Fig. 1).
306 These 'meiotic arrests' are under the control of various factors that are not completely
307 identified across animals [95–97]. Arrest 1 occurs in prophase I during early development
308 and can last years until sexual maturity. The timing of arrest 2 is more variable (ranging
309 from metaphase I in many invertebrates, to metaphase II in vertebrates and G1 phase
310 after meiosis II in some echinoderms), and may have evolved to prevent the risk of
311 premature parthenogenetic cleavage of oocytes or inappropriate DNA replication before
312 fertilisation [97,98]; this is supported by the fact that this arrest is usually released by
313 fertilisation. However, the evolutionary significance of its precise timing in diverse groups
314 is not well understood. Three ideas have been put forward to explain arrest 1 [66]. First,
315 its occurrence at prophase I may allow the repair of accidental DSBs by sister chromatid
316 exchange during long periods between arrests 1 and 2. Second, if arrest 1 was to occur
317 during an earlier mitotic division within the germline, this might decrease the variance in

318 the number of deleterious mutations among gametes within individuals, which may be
319 detrimental if some defective gametes or early embryos can be eliminated and replaced
320 during reproduction. Third, it may be easier to prevent uncontrolled proliferation in a
321 non-dividing meiotic oocyte, as once the cell starts the meiotic cell division, it cannot
322 engage in further mitotic divisions. Arrest 1 may thus have evolved to control (and
323 minimise) the number of possibly wasteful and mutagenic mitotic divisions in the female
324 germline. Similar meiotic arrests in plants are unknown. Plants seem to completely lack
325 strict mechanisms to arrest the meiotic cell division. Contrary to animals and fungi that
326 may arrest the cell cycle and abort meiosis once DSBs are not repaired, plants will
327 progress through meiosis irrespective of such major defects [40].

328

329 3.2 Meiosis and epigenetic reset

330 Meiosis and syngamy represent critical transitions between haploid and diploid phases
331 in each generation. It has been suggested that a primary function of meiosis is to allow for
332 epigenetic resetting in eukaryotes [99]. For instance, metazoan development is under the
333 control of many epigenetic changes (cytosine methylation and chromatin marks) that are
334 irreversibly maintained throughout life and must be reset twice each generation (at the n
335 $\rightarrow 2n$ and $2n \rightarrow n$ transitions). This ensures proper development, the acquisition of parent-
336 specific imprints, and may allow for mechanisms limiting the maximal number of possible
337 successive mitoses (“Hayflick limit”, reducing tumour development [99]). Some loci
338 escape these resets, which can lead to transgenerational epigenetic inheritance [100].
339 This occurs much less frequently in animals than in plants (e.g. in *Arabidopsis*,
340 demethylation is largely restricted to asymmetric CHH methylation sites, and contrary to
341 mouse, does not occur on most symmetric CG and CHG methylation sites) [100]. Although
342 the $2n \rightarrow n$ resetting occurs at or very close to meiosis in some cases (in female meiosis in
343 animals), its timing may not be strictly tied to meiosis. For instance, it occurs pre-
344 meiotically in the male germ line of animals (as shown in mice) or post-meiotically in male
345 plant gametophytes (as shown in *Arabidopsis*) [100].

346

347 The evolutionary significance of these timing differences are poorly understood. Meiosis
348 may simply not be the optimal time for epigenetic resetting. Many epigenetic pathways
349 repress the activity of transposable elements (TEs), and so resetting epigenetic marks
350 exposes the genome to mobilisation of these elements, which may be particularly
351 detrimental when producing gametes. In addition, meiosis may be specifically vulnerable
352 to TE activity for several reasons [101,102]. These include (i) deficient synapsis and
353 repair due to the reshuffling of the meiotic machinery towards TE-induced DSBs; (ii)

354 ectopic recombination among TEs; and (iii) interference with synapsis due to TE
355 transcriptional activity. Alternative TE silencing mechanisms, such as those involving
356 small RNAs, may have evolved to ensure proper TE control during epigenetic resetting.
357 For example, these mechanisms involve piRNA and/or endo-siRNA in mammal male and
358 female germlines, respectively [103], and transfer of siRNA from the central cell to the
359 egg cell in plant female gametophytes [104]. It is also possible that stringent synapsis
360 checkpoints evolved, in part, to prevent the formation of defective gametes due to TE
361 activity, along with other possible causes of meiotic errors.

362

363 3.3 Meiosis asymmetry

364 Symmetrical meiosis results in four viable gametes, whereas asymmetrical meiosis
365 results in a single gamete. Symmetrical meiosis is ancestral and is found in male meiosis
366 in animals, seed plants, 'homosporous' species (e.g. mosses, many ferns) and isogamous
367 eukaryotes. Asymmetrical meiosis, on the other hand, has evolved multiple times, and
368 occurs in female meiosis in animals, seed plants and some ciliates. The selective scenarios
369 underlying the evolution of meiotic asymmetry are unresolved. In some cases, such as in
370 ciliates, there is no requirement for four meiotic products, as sex occurs by the
371 cytoplasmic exchange of haploid micronuclei ("conjugation"). In other cases,
372 asymmetrical meiosis in females results in a large oocyte full of resources, which may
373 favour the production of a single cell rather than four [66,105,106]. However, females
374 could also achieve this symmetrically by undergoing fewer meioses. Therefore, it is
375 possible that asymmetrical meiosis allows better control of resource allocation to oocytes,
376 as symmetrical meiosis may not ensure an even distribution of resources across four
377 meiocytes; one difficulty here is that it is not clear why female control of resource
378 allocation would be more efficient among meiocytes derived from the same or different
379 meiosis. A solution may be that meiocytes must compete for resources during meiosis, so
380 that a symmetrical female meiosis is vulnerable to SGEs that bias resource allocation in
381 their favour, possibly by killing other products of meiosis [106]. Asymmetrical meiosis
382 may therefore have evolved to suppress such costly competition within tetrads [107], but
383 as discussed in the next section, it also opens the possibility of new conflicts [106]. Hence,
384 the evolution of asymmetrical female meiosis is a question that remains not entirely
385 resolved.

386

387 3.4 Fairness of meiosis

388 A striking feature of meiosis is its apparent fairness: under Mendel's first law of
389 inheritance, each allele has a 50% chance of ending up in any given gamete. However,

390 there are many SGEs that increase their chances above 50% by subverting the mechanism
391 of meiosis. These SGEs fall into two classes. The first class is killer SGEs, which kill cells
392 that have not inherited the element. In principle, such killers could operate during meiosis
393 (the hypothetical 'sister killers' as discussed above), but the numerous killer SGEs that
394 have been identified so far operate postmeiotically, e.g. by killing sibling sperm [108–
395 111]. The second class consists of meiotic drivers that exploit the asymmetry of female
396 meiosis discussed in the previous section. These elements achieve transmission in excess
397 of 50% by preferentially moving into the meiotic products that will eventually become
398 the eggs or megaspores [109,112]. There is a similarity between this kind of meiotic drive,
399 where alleles preferentially go where resources are (i.e. the egg), and SGEs expressed
400 later and biasing resource allocation in their favour [113]. Parents make decisions of
401 allocations to offspring before the "meiotic veil of ignorance", whereas offspring compete
402 for resources "from behind the veil" [114,115]. These genetic conflicts (between parent
403 and offspring and between paternally and maternally derived alleles) are likely at the
404 origin of parental imprints that differentially occur at male and female meiosis on some
405 genes controlling embryo growth [114].

406

407 SGEs that undermine the fairness of meiosis provide explanations for otherwise puzzling
408 observations. Perhaps most strikingly, centromere DNA regions often evolve rapidly, in
409 contrast to what one would expect given their important and conserved function in
410 meiosis. Henikoff *et al.* [116] therefore proposed that expansion of repeat sequences in
411 centromeric DNA produces a "stronger" centromere, with increased kinetochore binding,
412 which exhibits drive towards the future egg during meiosis I and consequently spreads in
413 the population. Some of the best support for this hypothesis comes from a female meiotic
414 driver in the monkeyflower *Mimulus guttatus* [117]. Although conclusive evidence for a
415 direct centromere function of this element is lacking, it is physically associated with large
416 centromere-specific satellite DNA arrays [118]. Female meiotic drive may also explain
417 rapid karyotype evolution and the distribution of meta- vs. acrocentric chromosomes
418 [112] because Robertsonian fusion chromosomes (fusions of two acrocentric
419 chromosomes into one metacentric) can behave like meiotic drivers and segregate
420 preferentially into the future egg during meiosis I [119].

421

422 Other features of meiosis may be adaptations to suppress killer or meiotic drive SGEs.
423 Such adaptations are expected, because these elements are generally costly for the rest of
424 the genome [e.g. 108,120]. Defence against killer elements can be achieved by limiting
425 gene expression. Accordingly, meiotic sex chromosome inactivation (MSCI, starting at

426 pachytene of prophase I, see Fig. 1) has been proposed to have evolved to control sex
427 chromosome meiotic drive elements [121], and more generally this same principle may
428 explain limited gene expression during meiosis and in its haploid products, as well as
429 sharing of RNA and proteins among these cells. There is also evidence for rapid evolution
430 and positive selection in the DNA-binding regions of centromere-associated proteins,
431 which accords with the expectation of selection for countermeasures to limit preferential
432 segregation of centromere drive elements towards the egg [106,116]. The evolution of
433 holokinetic chromosomes may be an extreme form of defence against centromere drive
434 [106].

435

436 4. Meiosis and recombination

437 A ubiquitous feature of meiosis is the exchange of genetic material between homologous
438 chromosomes. Whilst we have discussed arguments on its origin (see section 1.2), the
439 maintenance of recombination is even more debated [122–124]. Here, we do not review
440 this question, but discuss the evolutionary significance of patterns of recombination
441 variation within and across species, as these present many mysteries connected to the
442 functioning of meiosis.

443

444 4.1 The number of crossovers per chromosome: constrained or not?

445 In many species, the number of COs per bivalent appears to follow highly constrained
446 patterns, showing little variation compared to the variation of chromosome sizes,
447 themselves spanning several orders of magnitude [125]. Within species, the correlation
448 between genetic map length (in cM, with 50 cM being equivalent to 1 CO per bivalent) and
449 physical length (in megabases, Mb) per chromosome is very strong ($R^2 > 0.95$) [126–131],
450 and often has an intercept of ~ 50 cM, consistent with occurrence of one obligate CO per
451 bivalent. There is direct evidence indicating that bivalents lacking a CO have an increased
452 probability of non-disjunction, resulting in unviable or unfit aneuploid offspring
453 [132,133]. Indeed, COs establish physical connections between homologues, promoting
454 accurate disjunction by providing the tension needed for the bipolar spindle to establish
455 [134–136]. Therefore, this constraint has likely led to the evolution of regulation of CO
456 numbers per bivalent across the eukaryotes [137,138]. However, the reasons underlying
457 the evolutionary persistence of this constraint are not well understood. In several species
458 [e.g., *Arabidopsis*, 139], the intercept is less than 50cM, but the smallest chromosome is at
459 least 50cM, thus still consistent with one obligate CO. More decisively, many species are
460 achiasmate (i.e. have an absence of recombination) in one sex [140], with alternative

461 mechanisms to ensure proper disjunction of achiasmate bivalents [141,142]. This
462 indicates that COs are not always obligatory and are maintained for reasons other than
463 ensuring proper disjunction.

464

465 In addition to the obligate CO, additional CO events can occur within bivalents. The strong
466 cM-Mb relationship within species indicates that the number of surplus COs correlates
467 strongly with physical chromosome size (see above). However, the rate at which surplus
468 COs are added per Mb (i.e. the slope of the correlation) varies strongly between species
469 [125,131,143]. This may be partly explained by selection for different CO rates in different
470 species [144–146]. The strong correlations observed within most species may be
471 explained by variation in trans-acting factors, such as the locus *RNF212* and its protein,
472 which affects the propensity for DSBs to form surplus COs [147,148]; indeed, the
473 identification of loci affecting variation in CO rates indicates the potential for rapid
474 evolution of CO rates within and between species [149].

475

476 A further constraint on bivalent disjunction may exist: the separation of different
477 bivalents on the meiotic spindle may need to be collectively synchronised to avoid
478 aneuploidy. If the number of COs correlates with the amount of tension exerted on the
479 homologues, then a tight control of excess COs may minimise disjunction asynchrony.
480 This hypothesis may explain the observation that some disjunction problems in humans
481 occur in a global manner without involving effects driven by specific chromosomes [150–
482 152]. Generally high CO numbers are, on the other hand, not necessarily problematic with
483 respect to proper disjunction [153,154].

484

485 4.2 Crossover interference

486 A CO in one position may strongly reduce the likelihood of another CO occurring in the
487 vicinity and/or on the same bivalent. This ‘crossover interference’ is widespread
488 [125,153,155,156], but its function and mechanistic basis remains largely unknown. In
489 many species, two classes of COs have been identified: Class I COs, which are sensitive to
490 interference; and Class II COs, which are not [157]. Class I COs are thought to play a major
491 role in ensuring obligate COs, and so interference may limit the frequency or variance of
492 COs, which may be important in ensuring proper disjunction [158]. For instance, as with
493 autopolyploids (see above), increased interference may limit the number of CO to just one
494 per chromosome, preventing aberrant multivalent segregation [54]. A variant of this idea
495 is that interference is a mechanism to avoid COs occurring in close proximity, which might

496 reduce cohesion between homologues [159] or slip and cancel each other out when they
497 involve 2 or 4 non-interlocking chromatids, resulting in no CO occurring [160]; however,
498 these mechanisms do not explain long-distance interference. A further suggestion is that
499 CO interference may be adaptive by breaking up genetic associations. First, adjacent COs
500 may be avoided because they cancel their effects on genetic associations [161]. Second, it
501 has been speculated that CO interference may reduce the chances of breaking up co-
502 adapted gene complexes (supergenes) [162]. Some support for the idea that CO
503 interference is not a purely mechanistic constraint comes from the fact that some species
504 lack interference [155] and, more importantly, that there is some evidence suggesting
505 that interference levels evolve in long-term evolution experiments in *Drosophila* [163].

506

507 4.3 Differences in recombination rates between the sexes

508 In many species, CO rates and localisation differ between male and female meioses, and
509 these differences can vary in degree and direction even between closely related species
510 [164–166]. The most extreme case is achiasmy, an absence of recombination in one sex,
511 nearly always the heterogametic sex [164]. This may have evolved either as a side effect
512 of selection to suppress recombination between the sex chromosomes [167,168], or as a
513 way to promote tight linkage without suppressing recombination on the X or Z
514 chromosomes [165]. More intriguing are the quantitative differences between males and
515 females, known as heterochiasmy, which are found in many taxa, but whose mechanistic
516 and evolutionary drivers are not yet fully understood. A number of explanations have
517 been proposed, relating to mechanistic factors such as differences in chromatin structure
518 [169–171], sexual dimorphism in the action of loci associated with CO rate [e.g. *RNF212*,
519 127,128,148], and evolutionarily widespread processes such as sperm competition,
520 sexual dimorphism and dispersal [164,172,173]. Some models point to a role of sex
521 differences in selection during the haploid phase [174]. Whilst a viable explanation in
522 plants [165], there is little empirical support for this in animals [173], where meiosis in
523 females is only completed after fertilisation (i.e. there is no true haploid phase), and
524 where only few genes are expressed in sperm. However, meiotic drive systems are often
525 entirely distinct between males and females [175] and may be a primary cause of haploid
526 selection [176]. These systems often require genetic associations between two loci (a
527 distorter and responder, or a distorter and a centromere in males and females,
528 respectively). These driving elements might thus be very important in shaping
529 heterochiasmy patterns [107]. Indeed, COs in female meiosis are located closer to
530 centromeres, which would be consistent with the view that this localisation evolved to

531 limit centromeric drive [177] (see also section 3.4). Similarly, meiotic drive in favour of
532 recombinant chromatids have been detected in human female meiosis [67], which may
533 limit centromere drive.

534

535 4.4 The localisation of COs and recombination hotspots

536 The localisation of recombination events differs between species. In many species,
537 recombination occurs in localised regions known as “recombination hotspots” of around
538 1-2kb in length [178–181], although some species (e.g., *C. elegans* and *Drosophila*) lack
539 well-defined hotspots [182,183]. There are at least two types of hotspots (Fig. 3). The first
540 type, probably ancestral, is found in fungi, plants, birds and some mammals; these
541 hotspots are temporally stable (up to millions of years) and concentrated near promoter
542 regions and transcription start sites [180,184–187]. The second type is likely derived, and
543 is found in other mammals, including mice and humans, where the positioning of hotspots
544 is determined by the zinc-finger protein PRDM9. This system differs in two respects from
545 the former: first, it appears to direct DSBs away from regulatory regions [188], and
546 second, mutations in the DNA-binding zinc-finger array change the sequence motif
547 targeted by the protein, leading to rapid evolution of hotspot positions over short time-
548 scales [189,190]. This system is not present in all mammals: in dogs, hotspots target
549 promoter regions [191], and the knock-out of Prdm9 in mouse makes recombination
550 target promoter regions instead, underlining its derived nature [188].

551

552 The evolutionary significance of both kinds of hotspots remains unclear. For the first type,
553 the positions of hotspots may be caused by chromatin accessibility in transcribed regions,
554 or, have evolved to favour recombination in gene rich regions (where it might be worth
555 reducing genetic association). However, this does not clearly account for their precise
556 location in regulatory regions. Another possibility might be that the co-occurrence of both
557 COs and gene conversion events (i.e. where resolution of DSBs without CO is achieved by
558 exchanging small segments of DNA) specifically in regulatory regions could repress
559 enhancer runaway, a mechanism that can lead to suboptimal expression levels [192]. The
560 evolutionary significance of the second kind of hotspot is similarly elusive. These hotspots
561 are self-destructing because the target sequence motifs are eroded by biased gene
562 conversion (BGC) during DSB repair [193]. This leads to a “hotspot paradox”: how can
563 hotspots and recombination be maintained in the long term in the face of BGC [194]? A
564 possible solution is that trans-acting factors like PRDM9 may mutate sufficiently fast to
565 constantly ‘chase’ new and frequent targets (hotspots), switching to new ones when these
566 targets become rare due to BGC [195]. This ‘Red Queen’ model does not require strong

567 stabilising selection on the number of COs, and closely mimics the pattern of hotspot
568 turnover observed in some cases [196]. However, this model does not explain how the
569 second kind of hotspots evolved in the first place, as when it arose proper segregation
570 was presumably already ensured by the first kind of hotspots (which, as seen in mice, are
571 still active). Also, it does not explain why PRDM9 action is self-destructing: there is no
572 necessity to induce DSBs exactly at the position of the target sequence for a trans-acting
573 factor. In fact, there is no logical necessity to rely on a target sequence to maintain one CO
574 per chromosome, as fixed chromosomal features could serve this purpose. It is worth
575 noting here that recruiting promoter sequences for this purpose (as found for hotspots of
576 the first kind) would be very efficient, as these sequences are highly stable and dispersed
577 in the genome on all chromosomes. There is also no evidence so far that targeted binding
578 motifs of PRDM9 correspond to some selfish genetic elements whose elimination would
579 be beneficial. Overall, while spectacular progress has been made recently in elucidating
580 hotspot mechanisms in detail (and patterns in recombination landscapes), there are still
581 major gaps in our understanding of their evolutionary significance.

582

583 5 Conclusions

584 The evolutionary significance of meiosis has often been interpreted in an oversimplified
585 manner, restricted mainly to the direct (DSB repair, proper disjunction) or indirect
586 (genetic associations) effects of meiotic recombination. Yet, many features of meiosis are
587 unlikely to be explained by effects of recombination alone, and the fields of cellular and
588 molecular biology are uncovering new meiotic features at high rate. One of the main take-
589 home messages of this review is that many, if not most features of meiosis are still
590 awaiting an evolutionary explanation. Nonetheless, the recent advances in all detailed
591 aspects of meiosis now offer the chance to investigate these questions in a far more
592 comprehensive manner. This will require continued dialogue between cell, molecular,
593 and evolutionary biologists [as advocated e.g. in 197], and perhaps also the realisation
594 that similarities between features may in fact have different evolutionary explanations
595 (e.g., different kinds of hotspots).

596 One of the most salient themes in most meiosis mysteries is the impact of genetic conflicts
597 and SGEs. As for the evolution of genome size and structure, their impact is probably
598 central [198], but in many cases, they remain hypothetical and difficult to demonstrate
599 and study directly: many SGEs reach fixation quickly and leave almost no visible footprint.
600 Showing that some meiotic features evolved to control SGEs represents an even greater
601 challenge. Indeed, if successful, such features would prevent these SGEs to spread, further

602 limiting their detection. In addition, demonstrating a role in SGEs control requires to rule
603 out that these features evolved for more mechanistic and simpler alternatives. This is
604 usually extremely difficult, as many *ad hoc* mechanistic constraints can be imagined.

605 Although meiosis is highly conserved in eukaryotes, deviations from the norm are
606 ubiquitous and may provide important insights into its evolution. This is already apparent
607 when considering model organisms (e.g., point centromeres in yeast, achiasmy in male
608 *Drosophila*, holokinetic chromosomes in *C. elegans*, fast evolving recombination hotspots
609 in mice and humans). However, the true diversity of meiotic features is likely to be
610 revealed only when considering non-model organisms, and unicellular eukaryotes appear
611 especially promising in this respect. Obtaining a clearer understanding of the
612 evolutionary significance of the myriad of meiotic features will certainly be crucial to
613 inspire and guide mechanistic investigations. Conversely, as often, "*all theory is grey, but*
614 *green is the tree of life*" [Goethe, Faust Part I], and the mysteries of meiosis call for new
615 developments of evolutionary theory, to make it less grey and more closely connected to
616 the biological details. Overall, all these mysteries tend to have been overshadowed by the
617 famous question of the maintenance of sex. However, resolving them might provide
618 decisive steps towards solving this major question of evolutionary biology.

619

620 Authors' Contributions

621 T.L. conceived and co-ordinated the review. All authors contributed to and approved this
622 manuscript.

623 Competing Interests

624 We have no competing interests.

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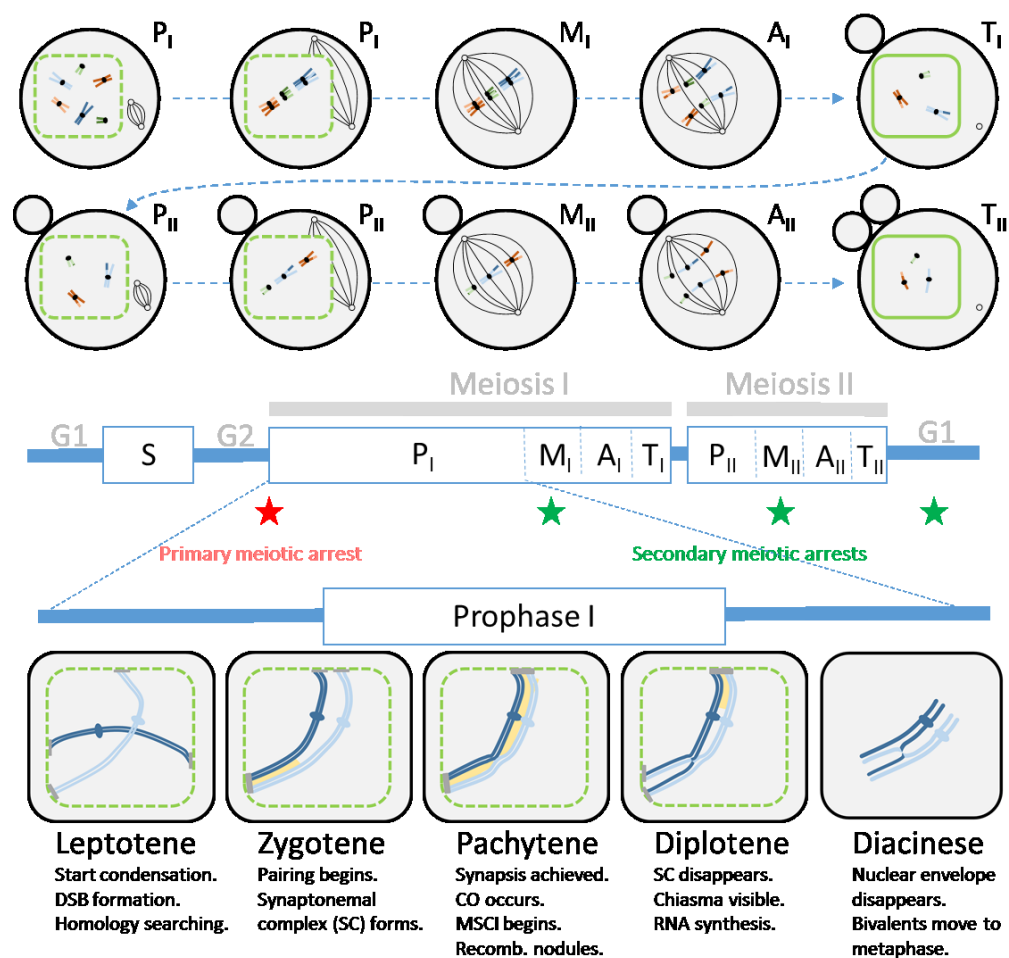
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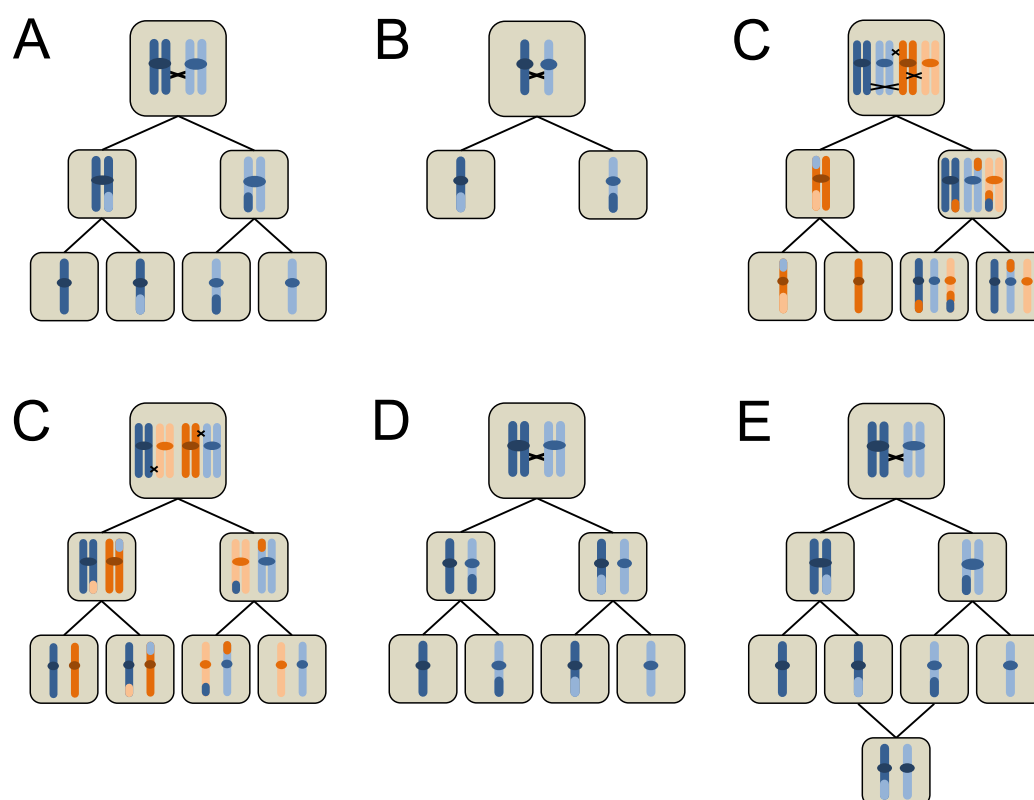
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983 Figure 1. Schematic representation of the different steps in standard meiosis. The top
984 panel illustrates the different phases of a typical female meiosis for each of the two
985 meiotic divisions: prophase (P, with early and late prophase distinguished), metaphase
986 (M), anaphase (A) and telophase (T). The nuclear membrane is indicated by the green
987 contour (dashed when it starts fragmenting). The small black circles represent
988 microtubule organizing centres and the black lines represent microtubules of the meiotic
989 spindle. First and second polar bodies are shown as grey circles next to the oocyte
990 (chromosomes inside the polar bodies are not shown). Homologous chromosomes are
991 represented with the same colour with slightly different shades (e.g. orange and light
992 orange). Homologues pair and segregate in meiosis I, then sister chromatids segregate in
993 meiosis II. The middle panel shows the meiotic cell cycle. The timing of the primary
994 meiotic arrest is indicated by a red star, while the timing of the most common secondary
995 arrests in different organisms is indicated by green stars (see section 3.1). The lower
996 panel indicates the important steps (DSB formation, crossing overs) occurring during
997 prophase I. The synaptonemal complex is shown in yellow. Chromatin condenses in
998 chromosomes throughout prophase I (only one pair of homologues is illustrated). In most

999 species, telomeres attach to the nuclear envelope. The attachment plate is indicated by a
1000 grey bar. MSCI refers to meiotic sex chromosome inactivation (see section 3.4).

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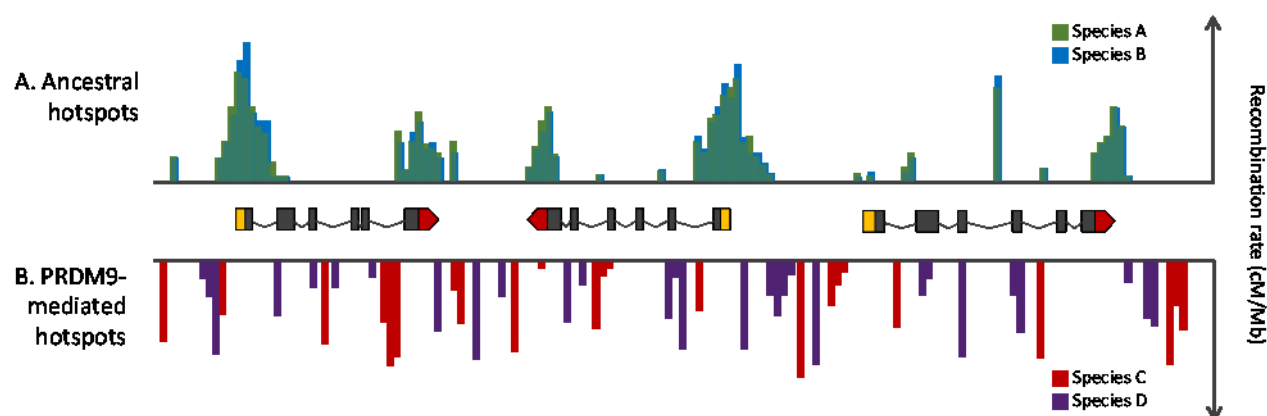
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Figure 2. Schematic representation of meiosis and some of its modifications. (A) Regular meiosis. Following DNA replication, homologous chromosomes are separated in the first meiotic division, whereas sister chromatids are separated in the second division. COs result in chromosomes in the final meiotic products that carry genetic material from both homologous chromosomes. (B) Hypothetical “one-step” meiosis, in which DNA replication before entering meiosis is suppressed and therefore only a single meiotic division is required. (C) Multivalent formation in a neo-tetraploid. Blue and orange chromosome pairs are assumed to be identical or very similar so that pairing can occur. Chiasmata of one chromosome with three other chromosomes leads to mis-segregation. (D) Bivalent formation in a tetraploid with exactly one CO per chromosome. Chromosomes may pair randomly (leading to polysomic inheritance), but segregation proceeds normally. (E) Inverted meiosis, in which sister chromatids are separated in the first division and homologous chromosomes in the second division. Note that although centromeres are shown here for clarity, all described species consistently using inverted meiosis are holokinetic (no centromeres). (F) Central fusion automixis, a mechanism of producing diploid eggs that can then develop parthenogenetically without fertilisation. As a consequence of COs, heterozygosity may be lost with this mechanism in regions distal to the centromere.

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1025 Fig. 3. Hypothetical genome sequence containing three genes showing the distribution of
1026 ancient recombination hotspots in most model species (A) compared to derived PRDM9-
1027 mediated recombination hotspots (B). Studies in fungi, plants, birds and dogs indicate
1028 that ancestral hotspots are stable over long evolutionary timescales (up to millions of
1029 years) and concentrate at promoter regions and transcription start sites (and at stop sites
1030 in some species). These start and stop sites for each gene are indicated in yellow and red
1031 blocks, with their introns and exons represented by lines and black blocks, respectively.
1032 PRDM9-mediated hotspots are found in some mammals, including humans and mice, and
1033 are directed away from promotor regions. The DNA-binding zinc-finger in the PRDM9
1034 protein targets specific sequence motifs; mutations in the zinc-finger array change the
1035 targeted motif, leading to rapid evolution of hotspot positions and an absence of hotspot
1036 conservation over short evolutionary time-scales (at the population and species level).
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