A generalized quantitative antibody homeostasis model: regulation of B-cell development by BCR saturation and novel insights into bone marrow function

József Prechl

Diagnosticum zrt, 1046 Attila út 126. Budapest, Hungary

MTA-ELTE Immunology Research Group, at Eötvös Loránd University, 1113 Pázmány Péter s. 1/C, Budapest, Hungary

jprechl@diagnosticum.hu

In a pair of articles we present a generalized model for the homeostatic function of clonal humoral immune system. Our model assumes that the essence of antibody homeostasis is to maintain a balance between the saturation of B-cell receptors (BCR) by antigen and the saturation of antigen by antibodies. In this paper we describe the cycles of B-cell expansion and differentiation driven by BCR engagement maintenance.

The fate of a B cell is determined by the signals it receives via its antigen receptor at any point of its lifetime. Starting with the expression of the surrogate light chain B cells go through several cycles of activation, proliferation, survival, antibody production all governed by BCR engagement. B cells move around to find a niche with antigens providing survival signal via the BCR. When they receive stronger-than-survival signals (antigen abundance) they produce antibodies or expand, their progeny competing for BCR mediated survival by different mechanisms in each niche. These include heavy chain production by rearrangement, light chain production by rearrangement, heavy chain class switching and affinity maturation. Transient downregulation of BCR is observed when cells cycle or receive other survival signals. By using this framework, free antigen concentration and apparent affinity as dimensions, for each niche we identify the mechanism of B1 cell development and we argue that bone marrow is more than a source of developing B cells but is rather the first organ to respond to antigen. This antigen is self at the early stages of life but includes non-self in adulthood.

Keywords: B1 cell, marginal zone B cell, selection, self-reactivity, bone marrow, affinity, B-cell antigen receptor

The GQM applied to B-cell homeostasis

B cells are lymphocytes, "cells of the lymph", which are present in the blood as part of the mononuclear cell fraction of white blood cells. They are produced in the bone marrow and are found throughout the body, reaching various tissues and organs via the blood and the lymphatics. B cells are defined by their ability to rearrange the genetic loci coding the surface immunoglobulin (Ig) of the B-cell antigen receptor (BCR) complex and by their ability to secrete antibodies in later stages of their development. Surface or membrane Ig is composed of a heavy and a light chain that are linked by disulphide bonds in a L-H-H-L stoichiometry. The BCR complex contains in addition to the sIg various transmembrane and intracellular molecules that modulate signaling via the BCR. This signaling is vital for all B cells from the moment of their commitment, since these signals drive survival, differentiation or death of the cell. The generalized quantitative model (GQM) assumes that in order to deliver functional signals to the B cells the saturation of the BCR by antigen should be regulated. Saturation is a function of the affinity of sIg and antigen and concentration of these two. The concentration of potential antigens spans several orders of magnitude if we consider self antigens (mM to pM range in the blood (1)) and can also be high locally for foreign antigens. The complete absence of BCR engagement as well as the complete saturation of BCR would indicate inability to respond to changes (Fig.1). The best sensitivity to changes in antigen concentration could be achieved by keeping saturation of BCR around 50%. This is the central tenet of GQM: B cells die, survive, proliferate and differentiate to keep their BCR partially saturated (Fig 1 b and c). We shall use the concentration of free antigen $[Ag]_{free}$ and apparent affinity KD to map the fate of differentiating and responding B cells. The advantage of using these two parameters is that key factors determining these events can be better separated than by using BCR engagement alone. Concentration of free antigen refers to the antigen concentration after equilibrium has been reached with respect to binding to the sIg of the B cells. Higher affinity interactions require less antigen for the same extent of BCR engagement, while low affinity interactions require more antigen (Fig.1). It is important to note that we shall be looking at compartments, that is, niches: anatomical locations that are characterized by the presence of particular antigens, particular cells, particular molecules, all that in a defined and more or less confined space and volume. The ranges we use for the two dimensions reflect the following properties. B cells recognize and also discriminate antigen within an affinity range of KD=10^{-6}–10^{-10} M (2). We extended this range because beyond the kinetic properties of the interaction the composition of the BCR, the signalosome, the signaling machinery also influence the outcome of BCR engagement, resulting in different (higher or lower) apparent affinities. Thus, by apparent affinity we refer to the global effects of BCR engagement, determined by affinity and the aforementioned factors. The upper value of antigen concentration was chosen because the upper limit of concentration for macromolecules is in the millimolar range in molecularly crowded environments. In fact, the apparent affinity of interactions under conditions of molecular crowding, like an immunological synapse, may be higher than that observed dilute conditions (3). The lower value shown represents 10 antigen molecules in 10 nanoliters, which we arbitrarily chose as a volume potentially sampled by a single B cell.

By substituting BCR for Ab in the general equation defining equilibrium dissociation constant KD:

$$KD = \frac{[Ab][Ag]}{[AbAg]}$$

We derive

$$KD = \frac{[BCR][Ag]}{[BCRAg]}$$

showing that KD=[Ag] when [BCR]=[BCRAg]. For the moment we neglect questions of avidity and regard [BCR] as the concentration of paratope and [Ag] as the concentration of epitope.

We assume that B cells have a "comfort zone" in our map, this comfort zone is defined by a line where $[Ag]_{free}$ = KD, which is the line representing 50% saturation of the BCR (Fig 1). Cells receive tonic signals in the comfort zone adjusting cell cycle to G0 phase, becoming resting, quiescent, long-lived cells. Within certain limits B cells can keep themselves in or return to this zone by controlling overall BCR numbers, simply achieved by their death or proliferation. Cell death results in lower BCR numbers and increase in $[Ag]_{free}$, whereas proliferation leads to increased BCR numbers and a consequent decrease in $[Ag]_{free}$ due to binding to the cells. Alternatively, cells can change the real affinity of the interaction by generating new VH or VL domains and by mutating VH or VL domain sequences. Apparent affinity changes when cells modulate the number of BCRs, their distribution on the cell surface, the quality of signals delivered by the BCR itself or by co-receptors (2nd signals). These signals counteract cell death signals delivered via the Fas receptor family (4). With these general considerations in mind we can start to take a fresh look at the events of B-cell differentiation. Unless stated otherwise we will be looking at human physiology. We shall now take a look at the different niches of B cell development step-by-step.

The bone marrow

B cells are generated from precursors in the bone marrow (5). Hematopoetic stem cells give rise to pro-B cells, which are considered commited to becoming B cells once they express Pax-5 (6). Pre-BI cells rearrange their VDJ segments and enter our landscape by expressing a pre-BCR composed of a surrogate light chain (SLC) and a heavy chain. The SLC has been shown to bind to glycans (7) or glycan binding lectins (8) and thereby guide the recognition properties of the newly born pre-BCR. It is not known whether a ligand is required for the preBCR signaling but our GQM assumes so. Glycans abundantly present in the glycocalyx and membrane glycoproteins are good candidate ligands. The glycocalyx displays self-identity beyond the genetic and proteomic information and can be considered the ultimate phenotype of the cell (9) and is therefore a prime candidate for laying the foundations of the B-cell repertoire. Interestingly, analysis of IgM binding to different types of glycans revealed that blood group determines reactivity against glycans other than the blood group antigens (10), pointing towards a genetically determined, glycan-mediated selection of IgM producing cells. Selection requires the pairing of the rearranged heavy chain to SLC and potentially the ability to promote binding of the pre-BCR to its ligand. The SLC will thereby guide the pre-BCR by binding to molecules generally present on the cell surface. Successful binding translates to increased apparent affinity in our map (Fig 2) and will trigger proliferation of the cells in order to return them to their comfort zone. Indeed cycling pre-BII cells, called large pre-BII, emerge at this point. These cells start rearranging their light chain VJ segments, leading to the expression of a BCR. Again we assume that the newly formed BCR has ligands in the microenvironment. Considering that proliferation is a sequence of repeated divisions the resulting cells

form clumps and are in contact with each other mostly. Can these newly formed cells themselves provide ligands for the pre-BCR and the BCR?

One of the markers of early B cell forms in the bone marrow is CD93, a receptor for the collagen-like stalk of C1q. C1q binds to all sorts of molecules, recognizing charge and structure. It also efficiently binds to IgM in immune complexes. The recently described IgM receptor, FcmuR, is also expressed by CD19 positive cells in human bone marrow(11). Furthermore in the mouse, FcmuR has been shown to be required for B-cell development (12). A simple – and by Occam's razor most likely - possibility to provide a feedback to newly forming IgM producing cells is to display target molecules on the cells themselves. We suggest that **pre-BI and pre-BII cells display antigens for each other by capturing C1q and IgM via their respective receptors**. These captured C1q and IgM molecules will thus provide their bound antigens as ligands for the BCR and mediate selection of the emerging repertoire. This proposition does not actually contradict the observed cell-autonomous pre-BCR signaling (13), since no other cell type is required for signaling, pre-BI cells can stimulate each other via glycans displayed on the cell surface.

Selection events have long been associated with the modulation of self-reactivity. Developing B cells in the bone marrow are known to be deleted if they show aggressive self-binding. What is not known however how self-molecules get into the bone marrow (except for those present on the developing cells) and how they are presented to the developing cells. Let us slightly rephrase the rules of selection: instead of stressing the deletion of highly reactive cells, which is nevertheless very important, let us state that **cells with low-affinity binding to self are selected here**. With this in mind we can now accept that IgM molecules with low affinity to self will do actually bind self-antigens because of their very high concentration of self-antigen. Thus, IgM molecules captured on the developing cells via FcmuR and C1qR will be carrying self-molecules. These molecules can serve as ligands for the pre-BCR and BCR. Cells with inappropriate affinity to self will rearrange alternate chains (second VH or another kappa or lambda VH) until they reach their comfort zone or will die otherwise.

It is also important to contemplate on the diversity of the molecules displayed via C1q and IgM on the developing cells. Of the potential hundreds of different proteins, thousands of splice variants and glycoforms (1) any and many may bind to these capture molecules. There is no antigen selection or antigen accumulation here, a great diversity of molecules will be displayed. Competing pre-BII small cells will therefore have to find epitopes that are shared by all these different antigens in order to receive survival signals via the BCR. The successful rearrangement of the light chain variable region, the successful paring of the light chain is now followed by a binding checkpoint. **Selection pressures in the microenvironment of pre-BII cell favor polyspecificity** in the sense that binding to shared epitopes or similar epitopes is an advantage. This flexibility is endowed by charge-dependent and hydrogen bonding interactions, which will allow association with the target but may not provide sufficient strength for stable binding, resulting in low-affinity interactions. Sequences of heavy chain hypervariable loops from germline antibodies are nearly optimal for such conformational diversity (14).

Molecular abundance is thus defining factor for immunological self. Everything abundantly present during the development of the system is self immunologically. The developing immune system learns to identify all available molecules by generating a diversity of receptors and selecting those capable of

recognizing this immunological self. Elimination of B-cell clones that strongly react with self is a wrong description of the events. In fact clones that react with self with a given low affinity are selected at this point. This is of key importance, since cells passing this checkpoint will actually do react with self with the selected affinity range. While **in the embryonic and fetal stage of development immunological self is restricted to genetic self**, **after birth immunological self is extended to other molecules abundantly present in the organism**, which are not necessarily the products of self-genes. This results in a shift of characteristic autoreactivity observed before birth to a more modest self-reactivity after birth.

Immature and transitional B cells leave the bone marrow and search for locations for further differentiation.

The blood

Immature B cells exit the bone marrow entering the circulation. Immature B cells arriving into the spleen start changing their phenotype as described in the next section. But there are two cells types that cannot be properly accounted for in terms of differentiation, B1 cells and marginal zone B cells. The former shows an activated phenotype, is dominant during embryonic development, regarded as a source of natural antibodies, and responds to thymus independent antigens. The latter is very well characterized by its anatomical location, is also responsive to TI antigens and to mitogenic stimuli in general.

Blood is a unique environment being a fluid tissue. Antigens present in the blood plasma represent probably the whole proteome and glycome, with extreme variations in concentrations and extreme diversity of molecules (1). Some of these molecules are dominantly present in blood, others are result of leakage from the tissues. During embryonic life only self-molecules will be present in blood. Once an individual is born and exposed to the outside world, especially to the settling microbiome, non-self molecules will also be present. Immature B cells entering the circulation will be suspended in this fluid tissue, testing their BCRs against nearly all possible molecules present in the body (Fig 3). They will react with these antigens with a range of affinities bringing a range of potential outcomes. A fraction of them will engage their BCR just to the extent of inducing modest cycling, in an attempt to reduce $[Ag]_{free}$. But unlike in solid tissues, where local antigen concentrations can decrease by increasing absolute BCR numbers, in a fluid with a vast volume roughly 5 liters antigen concentrations will not change at all. In a solid tissue cellular transport, diffusion rates, mechanical barriers slow down the replacement of antigen. In the blood the change in $[Ag]_{free}$ due to a single cell division is negligible if anything. Therefore these cells will keep replenishing themselves by remaining in an activated state (G1 phase of the cell cycle), dividing from time to time and adjusting their co-receptor set to be able to receive 2nd signals for survival and differentiation. B1 cells are thought to be a self-replenishing population with significant self-reactivity and responsiveness to danger signals. We propose that **B1 cells develop from immature cells in the blood by being able to derive just the proper amount of survival and activation signals due to the combination of their apparent affinity and the amount of specific antigen present in blood** (Fig 3). Indeed B1 cells spontaneously produce antibodies which are presumably the source of natural antibodies (15), as discussed in our accompanying paper (Prechl et al.). Taking into account that the pre-BCR is selected for glycan reactivity it may not be surprising that antibodies secreted by B1 cells show

preference for binding glycans (16). In fact autoreactivity of natural antibodies can be at least partially attributed to their glycan binding properties (16,17).

An alternative solution for cells showing strong reactivity to blood borne antigens is to modulate their BCR-derived signals. These activated cells may soften BCR signaling and look for niches with somewhat lower concentrations of their specific antigen and with plenty of survival and differentiation signals. Marginal zone B cells downregulate an important co-receptor, CD19, and are found near sources of antigen: splenic marginal zone, subcapsular sinus in lymph nodes, tonsillar epithelium, subepithelial dome of Peyer's patches. We therefore assume that **marginal zone B cells represent a memory B cell population of the immature B cells.** Their specialized niches provide access of cells to a set of antigens necessary for their survival. These cells can be quickly and efficiently recruited for fast immune responses thanks to their location and reactivity (release of suppressed BCR activity).

The lymphoid follicles

Transitional B cells enter the spleen, which based on their phenotype and function they are subdivided into transitional 1 and 2 cells. T1 cells are susceptible to BCR-triggered apoptosis, T2 cells are closer in phenotype to the follicular B2 cells that are formed in the end from transitional cells. Transitional B cells have not been selected in the blood to become B1 cells and need to adjust to the world outside the bone marrow. These cells acquire a different set of receptors capable of binding immune complexes: they lose C1qR and express CR2 instead (5), retain FcmuR expression but also express FcgRII (ref) thereby attaining the ability to bind IgG-bound antigen. The local concentration of antigen for selection in the lymphoid follicle will be different: the pool of antigens presented here is generated by CR1, CR2, FcgRII, FceRII bound immune complexes. Transitional B cells express BCR at high density rendering them sensitive to cell death but downregulate BCR expression upon becoming follicular B2 cells. IgD expression is upregulated in follicular BII cells but disappears upon activation. Even though the exact role of surface IgD is not known, its characteristic and limited appearance in BII cells suggests it may have to do with providing survival signals for keeping these cells in the quiescent G0 state.

The diversity and concentration of antigens presented in the periphery, in addition to the presenting set of molecules, will largely depend on the environment of the host. Expression of FcmuR on the follicular B cells ensures that a set of antigens similar to those in the bone marrow will be displayed in the spleen at least, an organ that captures blood borne antigens just as the bone marrow. This is expected to provide a comfort zone of BCR signaling to the newly arriving T1 cells. The spleen is a likely place for the differentiation of transitional B cells into mature follicular B2 cells. Elsewhere, such as the lymph nodes and mucosa-associated follicles, self-antigens will be mostly supplemented by foreign, previously not encountered antigens. BCR engagement may fall outside of the comfort zone and trigger adjustment events. Surviving transitional B cells will become follicular B2 cells at the end of the differentiation phase, having found their comfort zone of BCR engagement, and circulate in the body homing from follicle to follicle in search of activation signals.

We can compare the diversity of the molecules displayed in the follicle to that displayed in the bone marrow. Apart from the fact that the capture molecules themselves are different here, the principle is

the same: feedback about the sampled anatomical region is provided by the molecules produced by activated cells of the repertoire. In the splenic follicles blood borne antigen is displayed, so the diversity of antigens may be similar to that in the bone marrow. In case a systemic antigen concentration becomes sufficiently high a more focused response may arise. Particulate antigens captured in the marginal zone may be transferred to the follicle, again favoring focused responses. Elsewhere in the periphery, such as the lymph nodes, Peyer's patches and other mucosal sites, particular antigens may become dominant, in the case of an injury or infection. Competing B cells will therefore have to increase their survival signals via the BCR in the presence of limited antigen. Thus, **selection pressures in the microenvironment of follicular B cells favor monospecificity**, cells acquiring optimal BCR signaling by changing the composition and/or the affinity of the BCR complex. These events are described in the next two sections.

Extrafollicular responses and class switching

A fraction of the cells may die due to neglect if the same antigens are present here at lower concentrations. Other cells may engage their BCR with a higher apparent affinity, leading to activation and proliferation. Depending on the nature of the accompanying signals we can envisage several different outcomes. The simplest solution for the affected B cells is to divide as many times as required for reducing $[Ag]_{free}$ and thereby reducing BCR engagement. This is accompanied by blast formation and antibody production. This is the initiation phase of a primary immune response. In the presence of appropriate 2nd signals (danger recognition receptors, btk signaling molecule, cytokines) cells may further proliferate and thus require adjustment of BCR engagement by changes to apparent affinity. A **solution for improving BCR apparent affinity is the switching of the isotype of the surface immunoglobulin molecule**, since class switched BCR show increased sensitivity to engagement (18). This class switch is observed in the case of TI-3 responses, where myeloid cells provide contact and soluble signals for the B cell (19). The resulting BCR will be of IgA, IgG or IgE isotype but with a low to medium true affinity for the antigen.

Here we have to make a note on another function of the BCR, namely antigen uptake. High affinity and long lasting interactions with antigen trigger the internalization of the BCR complex leading to the transport of the antigen to the endolysosomal compartment (2). Here the antigen is enzymatically degraded and peptides and lipids may bind to molecules of the major histocompatibility complex, MHC class II or CD1. Presentation of peptides and lipids to cognate helper CD4 T cells or NKT cells, respectively, provides a special signal for differentiation and gene expression. These responses are called TD-1 and TD-2, referring to the dependence of T cell help. TD-2 responses lead to the formation of small germinal centers and minimal mutations. TD-1 responses are characterized by the development of germinal centers and extensive mutations that change not just the apparent but the true affinity of the BCR.

The germinal center

New non-self antigens entering a lymphoid follicle may react with BII cells with an unprecedented high affinity (Fig. 4). This interaction will trigger the proliferation of cells as discussed above, and also the kinesis of the cell, allowing it to move to the edge of the follicle and encounter T cells. Cognate interaction with a CD4 helper T cell will provide a 2nd signal allowing survival and also the expression of genes that control somatic hypermutation. Somatic hypermutation (SHM) is the process of generation of mutations mediated by enzymes involved in DNA repair processes. The result of the process is the accumulation of mutations during repeated cell divisions and a diversified protein sequence coding for the BCR. Most mutations decrease the affinity of the interaction with antigen, these cells die during the selection process that follows. Because of the repeated divisions availability of antigen, as expressed by $[Ag]_{free}$ has decreased, forcing the progeny of cells to compete. Cells with the highest affinity are therefore selected in the process for cycling and longevity (Fig 4). High affinity binders may become effector cells and start secreting antibody, or otherwise modulate the affinity of their BCR and become memory cells. This process, affinity maturation, increases the affinity of the BCR by replacing a flexible, conformationally diverse sequence with that of a more rigid conformation, showing better shape complementarity for the interaction with the targeted antigen (20,21). An increased usage of amino acids conferring rigidity (proline) and filling space (histidine, phenylanaline) is observed at the antibody-antigen interface in matured human antibody sequences (22). Increased affinity is endowed by a lock-and-key binding mechanism and van der Waal's interactions, which will allow slow dissociation from the target resulting in high-affinity interactions.

The number of cell divisions in the germinal center has been shown to be regulated by the amount of antigen captured in the dark zone (23), which corresponds to BCR engagement in our model. Higher affinity clones returning for antigen will capture more antigen in the same microenvironment with a given antigen concentration, triggering more rounds of division (Fig 4). Heavy and light chain variable regions in affinity matured antibodies may contain up to 30 and 20 mutations, respectively (24). Repeated vaccinations in humans led to an average affinity of 1.0×10^{-9} M, ranging from 1.0×10^{-7} M to 2.0×10^{-12} M (24).

Back to the bone marrow - memory generation and antibody secretion

According to our GQM B cells with strongly engaged BCR have two options to reach their comfort zone: modulate BCR signals or decrease $[Ag]_{free}$ (Fig 5). A potential solution for decreasing BCR engagement is to look for lower affinity interactions. With the advance of the immune response the eliciting antigen may become so scarce that it cannot provide survival signals anyhow. So some **cells find niches with appropriate $[Ag]_{free}$ but not necessarily the eliciting antigen**. These memory B cells can use antigen that is more abundant than the antigen that triggered selection of the cell. This interaction will be of lower affinity but still might keep the cell in the comfort zone in a resting quiescent state. The sites where antigen from different sources is most abundant should be close to the sources of self antigen in blood, which is the extravascular sides of sinus endothelium in the spleen and bone marrow, the subcapsular sinus in lymph nodes, close to the tonsillar epithelium, and subepithelial dome of Peyer's patches –

where MZ B cells are found as well. Analysis of the IgG+ memory cell repertoire found low-affinity self reactivity of these cells(25), in accordance with out model.

So far we have only addressed the possibility reducing local $[Ag]_{free}$ by doubling BCR numbers via cell division. B cells actually take steps to decrease global $[Ag]_{free}$ by secreting a soluble form of the BCR, secreted antibodies. Secreted antibodies circulate in the blood and also reach extravascular sites where transport and permeability allows. Thus, circulating antibodies will cut the supply of antigen to the locale where B-cell response was initially triggered. Antibody secreting cells or ASC are also called plasmablast and plasma cell, representing different stages of differentiation and rates and lengths of antibody production.

Summary and lookout

We approached the sequence of events leading to humoral immune response with the assumption that availability of antigen and affinity of the surface antibody-antigen interaction together define BCR engagement and B cell fate. In order to remain responsive to changes of antigen concentration in the microenvironment B cells proliferate, die and modulate BCR signaling properties. This assumption led to the proposal that B-cell selection in the bone marrow is antigen dependent. Antigen is transported to the bone marrow by immune complexes and displayed there on the developing B cells themselves. Obviously such a process needs to be initiated by antibody production, otherwise there would be no immune complex formation. So B cells are raised to identify self, perhaps first identified by C1q and other innate molecules, later expanding the range of recognized molecules in a recursive process where novel targets are brought for recognition with a continuously growing and changing antibody repertoire. Similar events take place in the secondary lymphoid organ follicles, where IgM-mediated antigen display is extended to antibodies with switched isotypes. The combination of cell expansion and differentiation events in the bone marrow, in the blood, in the follicles and germinal centers can be visualized in our map and confirm previous observations on antigen-driven responses.

The overall picture that emerges from the GQM is that there is a bone marrow-mediated and bone marrow-regulated homeostatic immune response to the immunological self, mediated mainly by B1 cells and MZ B cells. This is a dynamic, fluctuating immunity empowered by the supply of immature B cells selected for low affinity self-reactivity in the bone marrow. Selection events in the bone marrow in turn are modulated by antigens transported to the bone marrow via blood by antibodies secreted into the blood. Immune responses mediated by secreted antibodies are discussed in our accompanying paper on circulating antibodies and their network interactions.

Competing interests

No competing interests were disclosed.

Grant information

The author(s) declared that no grants were involved in supporting this work.

Acknowledgments

This paper is dedicated to the late Basel Institute for Immunology where I first learned about lymphocyte development and to Fritz Melchers who advised us to try to quantitate our microarray-generated antibody profiling data. I thank Dorottya Kövesdi for insightful discussions and for reading the manuscript.

Bibliography

1.   Anderson NL, Anderson NG. The human plasma proteome: history, character, and diagnostic prospects. Mol Cell Proteomics. 2002 Nov;1(11):845–867.

2.   Batista FD, Neuberger MS. Affinity dependence of the B cell response to antigen: a threshold, a ceiling, and the importance of off-rate. Immunity. 1998 Jun;8(6):751–759.

3.   Zhou HX, Rivas G, Minton AP. Macromolecular crowding and confinement: biochemical, biophysical, and potential physiological consequences. Annu Rev Biophys. 2008;37:375–397.

4.   Koncz G, Hueber AO. The Fas/CD95 Receptor Regulates the Death of Autoreactive B Cells and the Selection of Antigen-Specific B Cells. Front Immunol. 2012 Jul 25;3:207.

5.   Melchers F. Checkpoints that control B cell development. J Clin Invest. 2015 Jun;125(6):2203–2210.

6.   Nutt SL, Heavey B, Rolink AG, Busslinger M. Commitment to the B-lymphoid lineage depends on the transcription factor Pax5. Nature. 1999 Oct 7;401(6753):556–562.

7.   Bradl H, Wittmann J, Milius D, Vettermann C, Jäck HM. Interaction of murine precursor B cell receptor with stroma cells is controlled by the unique tail of lambda 5 and stroma cell-associated heparan sulfate. J Immunol. 2003 Sep 1;171(5):2338–2348.

8.   Gauthier L, Rossi B, Roux F, Termine E, Schiff C. Galectin-1 is a stromal cell ligand of the pre-B cell receptor (BCR) implicated in synapse formation between pre-B and stromal cells and in pre-BCR triggering. Proc Natl Acad Sci U S A. 2002 Oct 1;99(20):13014–13019.

9.   Maverakis E, Kim K, Shimoda M, Gershwin ME, Patel F, Wilken R, et al. Glycans in the immune system and The Altered Glycan Theory of Autoimmunity: a critical review. J Autoimmun. 2015 Feb;57:1–13.

10.   Muthana SM, Gildersleeve JC. Factors Affecting Anti-Glycan IgG and IgM Repertoires in Human Serum. Sci Rep. 2016 Jan 19;6:19509.

11.   Kubagawa H, Oka S, Kubagawa Y, Torii I, Takayama E, Kang DW, et al. Identity of the elusive IgM Fc receptor (FcmuR) in humans. J Exp Med. 2009 Nov 23;206(12):2779–2793.

12.   Choi SC, Wang H, Tian L, Murakami Y, Shin DM, Borrego F, et al. Mouse IgM Fc receptor, FCMR, promotes B cell development and modulates antigen-driven immune responses. J Immunol. 2013 Feb 1;190(3):987–996.

13.   Ohnishi K, Melchers F. The nonimmunoglobulin portion of lambda5 mediates cell-autonomous pre-B cell receptor signaling. Nat Immunol. 2003 Sep 1;4(9):849–856.

14. Babor M, Kortemme T. Multi-constraint computational design suggests that native sequences of germline antibody H3 loops are nearly optimal for conformational flexibility. Proteins. 2009 Jun;75(4):846–858.

15. Rothstein TL, Griffin DO, Holodick NE, Quach TD, Kaku H. Human B-1 cells take the stage. Ann N Y Acad Sci. 2013 May;1285:97–114.

16. Bovin N, Obukhova P, Shilova N, Rapoport E, Popova I, Navakouski M, et al. Repertoire of human natural anti-glycan immunoglobulins. Do we have auto-antibodies? Biochim Biophys Acta. 2012 Sep 1;1820(9):1373–1382.

17. Huflejt ME, Vuskovic M, Vasiliu D, Xu H, Obukhova P, Shilova N, et al. Anti-carbohydrate antibodies of normal sera: findings, surprises and challenges. Mol Immunol. 2009 Sep 1;46(15):3037–3049.

18. Wan Z, Chen X, Chen H, Ji Q, Chen Y, Wang J, et al. The activation of IgM- or isotype-switched IgG- and IgE-BCR exhibits distinct mechanical force sensitivity and threshold. elife. 2015 Aug 10;4.

19. Vinuesa CG, Chang PP. Innate B cell helpers reveal novel types of antibody responses. Nat Immunol. 2013 Feb;14(2):119–126.

20. Wedemayer GJ, Patten PA, Wang LH, Schultz PG, Stevens RC. Structural insights into the evolution of an antibody combining site. Science. 1997 Jun 13;276(5319):1665–1669.

21. Manivel V, Sahoo NC, Salunke DM, Rao KV. Maturation of an antibody response is governed by modulations in flexibility of the antigen-combining site. Immunity. 2000 Nov 1;13(5):611–620.

22. Clark LA, Ganesan S, Papp S, van Vlijmen HW. Trends in antibody sequence changes during the somatic hypermutation process. J Immunol. 2006 Jul 1;177(1):333–340.

23. Gitlin AD, Shulman Z, Nussenzweig MC. Clonal selection in the germinal centre by regulated proliferation and hypermutation. Nature. 2014 May 29;509(7502):637–640.

24. Poulsen TR, Jensen A, Haurum JS, Andersen PS. Limits for antibody affinity maturation and repertoire diversification in hypervaccinated humans. J Immunol. 2011 Oct 15;187(8):4229–4235.

25. Tiller T, Tsuiji M, Yurasov S, Velinzon K, Nussenzweig MC, Wardemann H. Autoreactivity in human IgG+ memory B cells. Immunity. 2007 Feb;26(2):205–213.

Figure 1. Outlines of the GQM for BCR-mediated B-cell regulation.
A, Identical BCR engagement due to interactions with different apparent affinity is reached at different antigen concentrations. B, BCR engagement, as determined by apparent affinity and free antigen concentration at equilibrium, regulates B-cell survival. Green line indicates the comfort zone of the cells. C, Strategies for survival at BCR under- and overengagement.

Figure 2. Development of B cells in the bone marrow.
Pre-BI cells receive proliferation signals via the pre-BCR, entering several rounds of cells division. Cycling large pre-BII cells come rest when they lose SLC, and start rearranging their light chains. Pre-BI small cells forming a signaling fit BCR reach their comfort zone and survive as immature B cells, other rearrange another light chain locus or die. Immature B cells leave the bone marrow.

Figure 3. Differentiation of immature B cells in blood.
Circulating B cells that receive moderate supraoptimal BCR signals may differentiate into MZB cells and settle at antigen trapping sites, such as the marginal zone, or otherwise remain in a continuously activated state, dividing from time to time and secreting antibodies. Proliferating B1 cells may switch their heavy chain isotype in an attempt to increase apparent affinity of their BCR.

Figure 4. The generation of a germinal center.
BII cells recirculate between follicles in a quiescent state. Here Ag from the blood, lymph, and mucosa is presented by C4b, C3d (CR1, CR2)
IgG (FcgRII), IgE (FceRII). When encountering and antigen that engages BCR they start dividing. Presentation of antigen via the MHCII to cognate Th cells provides costimulatory signals and results in the generation of a germinal center. Centroblasts devide and accumulate mutations, leading to changes in the affinity of the BCR. Competition favors BCRs with higher affinity. Selected high affinity cells return to the dark zone several times, capturing more antigen and starting another cycle of divisions.

Figure 5. Generation of memory and antibody secreting cells.
Cycling cells can reach their comform zone by modulating their BCR signals and searching for a niche where a BCR ligand can provide survival signal. Until antigen concentration decreases these cells will continue to secrete antibodies and divide. Ideal sites for these cells, bone marrow perivascular niche, splenic marginal zone, lymph node subcapsular sinus, tonsillar epithelium, subepithelial dome of Peyer's patches are close to sources of antigen and are equipped with antigen presenting cells. Cells with similar BCR engagement may therefore reach two different states: memory by BCR signaling adjustment and ASC by cycling and exerting effector function.