Evolution of passwords for cost-free honest signalling between symbionts and hosts

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Running title: Password signalling in mutualisms

Abstract

Honest communication between potential partners with conflicting interests is generally thought to require costly signals. Costly signalling can explain partner choice when it is possible to link a strategic cost to an individual's quality, like in mate choice. However, in mutualisms, it is usually impossible to link a cost to the likelihood that a potential partner will behave cooperatively in the future. In fact, signals like Nod factors in rhizobial bacteria, which form symbioses with leguminous plants, are evidence of cost-free, honest signals in situations of potential conflict. How can such a signalling system evolve? We use a population-genetics model to show that a cost-free, honest signal can evolve when the receiver is under *soft selection*, which is when high juvenile mortality does not lead to a corresponding reduction in fitness, a common occurrence in many species. Under soft selection, senders evolve increasingly complex messages of identity, a system akin to a password or a lock and key. Thus, a symbiont can signal that it shares a coevolutionary history with a potential host, and if that history is mutualistic, then the host can believe that the symbiont is mutualistic. Password signalling might also explain the acquisition of some defensive symbionts and the evolution of complex species-recognition signals in mate choice.

Key words: evolutionary game theory, legume, horizontal transmission, mate choice, microbiome, mutualism, Nod factor, partner choice, partner fidelity feedback, rhizobia, signalling, defensive symbiosis, vertical transmission

"...Say now Shibboleth: and he said Sibboleth: for he could not frame to pronounce it right. Then they took him, and slew him...." — Judges 12:6, King James Version

Introduction

A 'mechanism-design' problem in mutualisms

Let us think of communication between symbionts and hosts as a signalling problem. While both mutualistic and parasitic partners have an incentive to enter a host, parasites decrease a host's fitness. Hence, interests are not aligned, similar to what is found in mate choice, where males of both high and low quality have an incentive to mate, and females have an incentive to choose high-quality males. The host faces a 'mechanism-design' problem: how to design a signalling system in which a mutualistic symbiont can uniquely identify itself as a mutualist to a host. In other words, a symbiont must be able to signal its 'mutualistic identity' (i.e. that the signaller will be reliably 'nice' to the host).

The difficulty with using the classic mechanism of costly signals (Grafen 1990; Maynard Smith and Harper 2003) is that it is not readily apparent how a mutualistic nature can be correlated with the strategic cost that is required for the maintenance of honest signalling in situations of non-aligned interests. Costly signalling is arguably possible in a few cases like big, symmetrical flowers, in which a signal of vigour *per se* can honestly signal that the flower is likely carrying high amounts of rewards. But in most mutualisms, the mere demonstration that a symbiont is *vigorous* does not demonstrate that the symbiont will also

behave mutualistically in the future (Edwards and Yu 2007). Thus, a strategic cost does not
seem to provide a good explanation for honest signalling in mutualisms.

Nonetheless, evolution is exceedingly clever and seems to have solved this mechanism-
design problem for Nod factors in legume-rhizobia symbioses (Oldroyd 2013). When the root
of a leguminous plant perceives Nod factor from rhizobial bacteria, the root initiates a
signalling cascade that results in the formation of an 'infection thread' to allow the bacteria to
colonize the host plant. All sorts of bacteria would benefit from gaining entry to a root, so
there is a strong temptation for pathogens to counterfeit Nod factor. Nonetheless, only
rhizobial bacteria appear to make Nod factors that are successfully recognised by the plant to
initiate signalling and infection events.

There are three general theoretical classes of honest signalling. We can rule out the 'costly,
honest' signal explanation of Nod factor, since there is no obvious *strategic* cost (additional
to the mere cost of producing the necessary molecules [Maynard Smith and Harper, 2003]) to
Nod factor. That is, Nod factor is not a bundle of ammonium molecules, serving as evidence
that the bacterium is capable of fixing nitrogen. We can also exclude 'cheap talk' signalling
(Crawford and Sobel 1982), which requires shared (partially aligned) interests between
signaller and receiver individuals, such as occurs between kin. But in horizontally transmitted
mutualisms, host and symbiont are different species and disperse separately, erasing shared
interests. The third class, 'verifiable information,' requires that the signal be true on its face.
In biology, verifiable-information signals exist within the concept of the *index* (Maynard
Smith and Harper 2003). For instance, claw marks high up on a tree trunk are a self-evident,
and thus believable, signal of a tiger's large size. For Nod factor to be an index, it would need
to be a unique by-product of the same biochemical pathway that leads to the quality being
sought (nitrogen fixation), so that the mere presence of Nod factor would indicate a
mutualistic symbiont, but this is not the case. Nod factor can, in principle, be synthesized by
non-nitrogen-fixing rhizobial bacteria, which would appear to rule out verifiable-information
signals as well, but we will show how Nod factor can be included in this class.

Cost-free, honest signals: passwords and Nod factors

To start, we propose that Nod factors be thought of as 'password signals,' cost-free messages
of arbitrarily high complexity that can honestly convey identity. The idea that Nod factors
serve as passwords arises naturally from the many descriptions of Nod factors as chitin-based
chains adorned with multiple 'decorations' that vary across rhizobial species (**Figure 1**) and
the portrayal of Nod factors and Nod-factor receptors acting in a 'lock-and-key' manner
(Parniske and Downie 2003), such that different Nod factors are accepted by different plant
species (Perret et al. 2000), leading to a high degree of species-specificity in rhizobia-
hostplant associations.

Nod factors are famously variable in structure, with a lipochitooligosaccharide (LCO)
backbone of three to five N-acetylglucosamine residues to which multiple different
"decorations" can be added, e.g. addition of an acetyl, methyl, sulphate, or sugar moiety
(**Figure 1**).

	Acyl	R₁	R₂	R₃	R₄	R₅	R₆	n
Nod factors	C16, C18, C20 (varying degrees of saturation; between 0 and 4 double bonds)	H, S, Ac, Fuc, MeFuc, AcFuc, AcMeFuc, SMeFuc	H, Ara	H, OH, Ac, Fuc	H, Ac, Cb	H, OH, Cb	H, Me	-1, 0, 1, 2, 3
Myc factors	C16:0, C16:1, C16:2, C18:0, C18:1 (N.B. non-LCO Myc factors have also been described; see Genre *et al.* 2013)	H, S	H	OH	H	OH	H	1, 2

Fig. 1. Structures of Nod and Myc factors. A. The major Nod factor produced by
Sinorhizobium meliloti consists of four N-acetylglucosamine residues (black) and a C16:2
acyl group (green). This lipochitooligosaccharide (LCO) backbone is further decorated with
sulphate (red) and acetyl (blue) groups. **B**. Generalised structure of Nod and Myc factors. The
table shows some of the major decorations and length variants that have been characterised to
date. **Ac:** acetyl, **Ara:** arabinosyl, **Cb:** carbamoyl, **Fuc:** fucosyl, **H:** hydrogen, **Me:** methyl,
OH: hydroxyl, **S** sulphate, **AcFuc:** acetylated fucose, **MeFuc:** methylfucose, **AcMeFuc:**
acetylated methylfucose, **SmeFuc:** sulphated methylfucose. Figure adapted from Perret et al.
(2000), Wais et al. (2002), and Miller and Oldroyd (2011).

The set of Nod factor decorations varies across rhizobial species and biovars, as does the
length of the LCO backbone and the acyl (fatty-acid) chain added to the non-reducing
terminus. These degrees of freedom give rhizobia the capacity to produce a multitude of Nod-
factor variants (Miller and Oldroyd 2011). For instance, if each of 7 positions on the LCO
backbone can have one of three possible decorations (including no decoration), there are $3^7 =$
2,187 possible variants, not counting length variation in the LCO backbone and acyl chains.
The genetic architectures of Nod factors and Nod-factor-receptor genes both appear to favour
rapid diversification. Known Nod-factor receptor genes are found in tandem arrays, and this
might allow rapid evolution of these genes via recombination (Parniske and Downie 2003).
Similarly, the diversity of *nod* genes allows rhizobia to add multiple and different decorations
to the LCO backbone and to simultaneously produce multiple different Nod factor molecules
(Miller and Oldroyd 2011).

However, what are the conditions under which passwords evolve via natural selection? Let us
say that a bacterial lineage has co-evolved with a plant and that during this time, the
symbiosis has progressed from an ancestral state of close association at the root surface (e.g.
the plant root secretes carbohydrate compounds into its immediate surroundings and captures
ammonium by diffusion and/or active transport) to the more intimate state of endosymbiosis,
via the formation of an infection thread and root nodule. The benefit of evolving
endosymbiosis is increased efficiency of nitrogen fixation in an oxygen-free environment,
and the exclusion of free-riders is a possible additional benefit. *Nod*-gene duplication and
mutation allowed rhizobia to evolve Nod factors of greater and greater complexity (more
decorations added to the LCO chain). Nod factor does not have to be costly, except in the
trivial sense that it needs some energy to be synthesized, and indeed Nod factor does not
seem to have a *strategic* cost. However, Nod factor does need to be uniquely recognizable,
which could explain why it is complex.

During the evolution of Nod factor, we assume that the host plant also had ancestral
physiological mechanisms for shedding or withdrawing resources from worthless roots that
have failed to take up fixed nitrogen (Partner Fidelity Feedback PFF, Weyl et al. 2010) or had
even evolved punishment (Host Sanctions HS, Kiers et al. 2003). Either way, *rhizobial*
lineages with the correct Nod factor have been subjected to selection for nitrogen fixation
and against pathogenicity. The usefulness of passwords is that they can truthfully signal that
a bacterial lineage shares a co-evolutionary history with a host lineage, and if that history is
mutualistic, then the plant is selected to engage in symbiosis with bearers of the password.
Thus, passwords signal a particular evolutionary history (an 'identity'), and since that history
is written into the bacterial symbiont's genome, the genome enforces a particular behaviour.

This is what a person does with a password on a bank website: he credibly signals to the
bank that they share a specific history of transactions, and if those transactions have been
acceptable to the bank, there is a good chance that the person will continue to act acceptably,
so the bank should allow continued transactions. (Passwords are an alternative to repeated
games. By definition, players of repeated games build up interaction histories with other
players and thus need to recognize individuals in order to apply the correct history to each
player, but with passwords, it is possible for a member of a host lineage to recognize a
member of a specific symbiont lineage, even if that pair of individuals has never met.)

For a password to be a reliable signal of identity, the password needs to be complex.
Otherwise, a password that identifies one lineage could easily be evolved *de novo* by other
lineages. Thus, our challenge becomes one of explaining why there is directional selection for
signal complexity. We also need to explain 'strictness' in receivers, where strict means that
the receiver rejects passwords with (too many) errors. It is the combination of a sufficiently
complex signal and a sufficiently strict receiver that renders it essentially impossible for
parasites to evolve a working password *de novo*.

Passwords can evolve under soft selection

In the context of mutualistic interactions, the process we envisage leading to the evolution of
cost-free but still honest signalling is the following. Consider a population of hosts

harbouring only mutualistic symbionts. *Mutations in the symbionts* lead to a slightly different
(simpler or more complex) password or to a parasitic phenotype. We assume that double
mutations are negligible, meaning that a symbiont will not simultaneously evolve a new
password and a newly parasitic phenotype. We also let *mutations in the hosts* lead them to
accept a slightly different (simpler or more complex) password. Hosts accepting the original
password will therefore accept both mutualistic and the new mutant parasitic partners, but
hosts with mutations that cause them to accept a different password will reject parasitic
symbionts, which still use the original password under the assumption that double mutations
are negligible.

Mutant *hosts* will have higher fitness than the resident hosts if the benefit of avoiding
parasites is higher than the cost of the difficulty of finding the rarer partners carrying the right
mutant password (i.e. some mutant hosts fail to find a symbiont partner). If this is the case,
mutant *symbionts* with the slightly different (simpler or more complex) passwords will also
have higher fitness, because mutualistic symbionts with the original password suffer some of
the cost of PFF or HS triggered by the co-colonising parasitic mutants (because the host
expends energy to trigger PFF or HS and because of the opportunity cost of mutualists having
lost out on colonisation opportunities to parasites). Then, we must only explain why the
mutant symbionts with the more complex password have higher fitness than the mutants with
the simpler password. We will show that, *provided that the hosts undergo soft selection*, the
hosts that mutated to accept the more complex passwords have a selective advantage, and as
a result, the signallers that mutated to slightly more complex passwords will also have a
selective advantage. Repeating this scenario over time leads to increasingly complex
passwords that are honest and cost-free.

The critical, non-intuitive step in this scenario is the contribution of *soft selection* (Buchholz
1922; Wallace 1981; Klekowski 1988) (**Figure 2**). Soft selection occurs when juveniles are
produced in excess of available carrying capacity for adults. For instance, a plant produces
many more seeds than there are patches in the environment to support adults, and as a result,
juvenile populations are unavoidably bottlenecked by this exogenous mechanism, or to put it
another way, when a parent loses some fecundity, its fitness remains virtually unaffected,
since some offspring would have died no matter what. Since all offspring contain *de novo*
mutations, which, if non-silent, are more likely to be deleterious than beneficial, soft-selected
lineages evolve genes that are hypersensitive to mutation (i.e. antirobust); that is, soft-
selected genes evolve to suffer large losses in function after mutation, causing the offspring
that carry more mutations to be much more likely to die, which reduces competition with
their more fortunate siblings that carry fewer mutations. Parental fitness benefits more from
this filtering out of mutated offspring than is lost to reduced fecundity, since most offspring
are destined to die anyway in a soft-selection scenario.

In what follows, we use a population-genetics model to show that soft selection leads to the
evolution of more complex passwords. We stick with the scenario in which the signaller is a
bacterium and the receiver is a host plant, but the model applies in general to partner choice.

Figure 2. Soft selection leads to antirobustness. Alleles x_1 and x_2 have the same fitness.

However, x_1's mutants x_3 happen to have lower fitness than do x_2's mutants x_4 ($z_3 > z_4$, so $(1-$

$\mu z_3) < (1-\mu z_4)$), and hence, x_1 is less robust than is x_2. If there is a juvenile selection stage, x_3

mutants are more likely to be eliminated before the adult stage; if juvenile selection does not

cause a loss of fecundity (because only a small fraction of the progeny goes on to the adult

stage anyway), the adult progeny of x_1 (M) will have a selective advantage over the adult

progeny of x_2, and x_1 will increase in frequency.

Model

Consider a population of nitrogen-fixing rhizobial bacteria producing a password composed

of separate elements *a, b, c,* etc. and allow each of these elements to arise or disappear in a

stepwise fashion by a mutation that can add or remove one element (a mutation is denoted by

adding or removing a letter from the password). For simplicity of notation, the order of the

elements does not matter; that is, passwords of increasing complexity are denoted by *a, ab,*

abc,..., etc., and *ab=ba, abc=acb,* etc. Note also that any element of a password can mutate

(e.g. *abc → tbc → tbu*), but we ignore these scenarios here because our focus is on the origin

of complexity *per se*, which we are representing by a longer password. In other words, we

focus on explaining how to get from passwords of low to high complexity ($a \rightarrow abcde$), and

we ignore the diversification of passwords (*abcde → uewix*). Our way of denoting more

complex passwords mimics the idea that Nod factor has evolved complexity by the

proliferation of additional *nod* genes that have added more "decorations" to the basic LCO

backbone (Miller and Oldroyd 2011).

In each generation, a fraction μ_P of the population produces a simpler password, and a

fraction μ_P produces a more complex password. For instance, in a population of bacteria

sending password *ab*, some mutants will send the password *a*, and some will send the

password *abc*. Bacteria can also evolve to be parasitic by failing to export fixed nitrogen to

the host plant. Hence, the population will also have a fraction μ_D of parasitic *ab** bacteria.

Assuming that double mutations are rare, we ignore *a** and *abc** mutants.

Finally, we denote plants that accept a given password by capital letters; each plant type only

accepts its own corresponding bacterium type (*AB* accepts only *ab* and *ab**; *A* accepts only

a; *ABC* accepts only *abc*). This assumption of strictness in the plants is here made only for

explanatory convenience, and we explicitly model the evolution of strictness in the next

section. We start with a population fixed on *AB* plants and *ab* bacteria, with a low frequency

of mutants *ABC, A, abc, a,* and *ab**.

Signaller (Bacteria)

Selection coefficients s_i against the different bacterial types *i* in the **adult phase** are as

follows (See **Appendix**).

$s_{ab}>0$ because *AB* plants can be colonized by *ab* and *ab** bacteria. *ab* bacteria suffer some

fitness loss due to *ab**'s cheating, as a consequence of the costs of host response against *ab**

(direct costs of nodule senescence via HS or PFF in mixed nodules, indirect costs of

senescence due to plant expenditure of energy, and opportunity costs of the plant failing to

have hosted *ab* bacteria in all nodules, which were excluded via competition with *ab**

bacteria for limited colonization opportunities).

$s_{ab*}>0$ for the same reasons as above. If the plant reacts indiscriminately against *ab* or *ab**,

then $s_{ab*}<s_{ab}$, since *ab** do not pay the cost of nitrogen fixation. If HS or PFF is preferentially

targeted toward *ab**-inhabited nodules, then $s_{ab*}>s_{ab}$.

$s_{abc}=0$ because there is no costly host response by *ABC* plants, since there are no *abc**

bacteria. Strictly, $s_{abc} = 0$ when *abc* and *ABC* have zero additional difficulty in finding each

other, relative to *ab* and *AB* finding each other. The assumption is reasonably upheld under

soft selection because *ABC* plants make many *ABC* seedlings, which sample the bacterial

population, and only some need to pick up *abc* bacteria. Note that this is an origin scenario

for *abc* passwords, so a successful colonization of *ABC* plants only has to happen once in

history for *abc* bacteria to start to be selected.

$s_a=0$ for the same reason that $s_{abc}=0$. There is no costly host response by A plants since there

are no *a** bacteria in the population, due to our assumption of no double mutations.

In the simplest scenario, if we assume that there is no juvenile selection during the dispersal

stage and that the (rare) mutant *a* and *abc* symbionts find their partners with no loss of

fecundity, it is trivial to show that simple and complex passwords (*a* and *abc*) have the same

fitness, which is greater than that of *ab* and *ab**, and that *a* and *abc* will have the same

frequencies (0.5) at equilibrium, driving *ab* and *ab** to extinction.

Of course, in a general scenario, there can be selection during dispersal, and rare types will be

less likely to find the appropriate host, resulting in loss of fecundity. The juvenile selection

coefficients z_i against the different bacterial types *i* measure the degree of selection against

each allele i in the dispersal phase (during which the symbionts must find a suitable host).

The degree of soft selection $\phi_B = M/N$ (where N is the number of offspring before juvenile
selection and M is the maximum number of individuals that can go on to the adult phase)
measures the buffering effect of soft selection. When $\phi_B = 1$, selection is hard, and losses
during the dispersal phase result in reduced fitness. At the other extreme, when $\phi_B = 0$,
selection is soft, and any loss during the dispersal phase is fully recouped, resulting in no loss
of fecundity.

To account for difficulty of finding rare hosts, we assume that there is no juvenile selection
against the common alleles ab and $ab*$ but that the alleles with new passwords a and abc are
less likely to find the appropriate but rare host (A and ABC). Therefore, $z_{ab} = z_{ab*} = 0$ and z_a,
$z_{abc} > 0$. However, once the a and abc types have found a host, there is no selection against
them in the adult phase, whereas there is selection in the adult phase against $ab*$, which also
induces selection against ab (as we outline above: $ab*$ elicits nodule senescence in plants
and compete for nodules, both of which therefore reduce fitness for ab as well).

Figure 3 shows the parameter space in which selection in the juvenile phase makes complex
passwords increase in frequency. Complex passwords (abc) evolve as long as selection
against the rare type during dispersal is lower (approximately) than selection against cheating
mutants $ab*$ (and especially if selection occurs against ab as well) in the adult phase. Note
that the degree of soft selection ϕ_B is largely irrelevant (left vs. right columns, Figure 3); that
is, soft selection is not necessary for the complex password to evolve. Increasing μ_D and
reducing μ_P increases the frequency of the abc allele. However, lower μ_D and higher μ_P
enable the abc allele to increase in frequency for higher values of z_{abc}.

The complex password evolves even if there is mortality in the juvenile (dispersal) phase for
the mutant passwords a *and* abc; the abc allele increases in frequency (and may go to
fixation) if $z_a > z_{abc}$. If $z_a = z_{abc}$, a and abc have frequency 0.5 at equilibrium (the exact z_a/z_{abc}
ratio is rather irrelevant, unless $\phi_B = 0$).

In this scenario, both the simpler password a and the more complex password abc have an
advantage against the original password because selection against $ab*$ and ab in the adult
phase offsets the loss of fecundity in the juvenile phase ($z_i > 0$, due to the difficulty in finding
an appropriate host). Whether a or abc prevails is determined by whether the coefficients of
juvenile selection for the two types are different, which depends on the rarity (hence on the
fitness) of the respective hosts. If ABC plants increase in the population, then abc bacteria
will have an advantage over a ($z_a > z_{abc}$), and selection will lead to more complex passwords.
So now we have to explain why ABC plants evolve, rather than A plants.

In other words, so far, we have simply recovered the well-known finding that selection
induced by parasites induces diversity in a population. We are left to explain why this
diversity leads directionally to increased signal complexity. Our solution in the next section
will invoke soft selection.

Figure 3. Frequency of the complex password (symbiont) at equilibrium. The equilibrium frequency of *abc* as a function of its coefficient of juvenile selection (z_{abc}). The black curve shows the equilibria for $\mu_D=10^{-2}$, $\mu_P=10^{-3}$, $s_{ab*}=0.9$, $s_{ab}=0.2s_{ab*}$, $z_a=2z_{abc}$ and for $\phi_B=0$ (right: no loss of fecundity in the juvenile phase) or $\phi_B=1$ (left: full loss of fecundity in the juvenile phase). The grey curves show the equilibria for other values of the parameters. There is no selection in the *adult* phase against *a* and *abc* ($s_a=s_{abc}=0$) and no selection in the *juvenile* phase against *ab* and *ab** ($z_{ab}=z_{ab*}=0$).

However, before going on, it is possible to outline a simpler but perhaps less general scenario
for the evolution of password signalling. It might be the case that $s_a > 0$ (i.e. a suffers a fitness
cost) if there are a^* bacteria in the population, which elicit PFF response in plants, and this
response harms a, as in the argument for ab having $s_{ab} > 0$. This could occur if a passwords are
simple enough that they can be evolved *de novo* by parasitic bacteria. In this case, it seems
obvious that *abc* will go to evolutionary fixation, as long as the benefit of being a pathogen is
not greater than the cost of PFF. Then, *ABC* plants will increase simply because they accept
only *abc* bacteria, whereas *A* and *AB* plants accept some pathogenic bacteria (a^* and ab^*).

In the following, let us retain the more conservative assumption that $s_a = 0$ (i.e. parasites
induce diversity in the host, but this diversity is not biased towards higher or lower
complexity). The next part of our explanation is to show why hosts evolving to accept higher
complexity symbionts (*ABC*) have a selective advantage over hosts evolving to accept lower
complexity symbionts (*A*).

Receivers (Hostplants)

Let us consider a locus with four alleles: *ABC, A, ABC**, *A***, coding for the receiver's
recognition system. We only need to model two types (*A* and *ABC*) and their nonsense or
missense mutants (*A**, *ABC**):

• Allele *ABC* always accepts password *abc*
• Allele *ABC** is a missense mutant of allele *ABC*
• Allele *A* always accepts password *a*
• Allele *A** is a missense mutant of allele *A*

The key assumption is that a mutant of A (A^*) will be more likely to still accept its password
a than a mutant of allele *ABC* (ABC^*) will accept its password *abc*. In other words, we posit
that allele A is *robust* to mutation and that allele *ABC* is *antirobust* to mutations. Note that
robustness is unrelated to viability. *A* and *ABC* have exactly the same fitness (since *abc* and *a*
bacteria have the same effect on the plant's fitness); it is their mutants (A^* and ABC^*) that
have different fitnesses.

The mechanism behind our assumption could simply be that an *ABC* receiver system is
necessarily made up of more numerous or complex molecules that interact with each other,
since password *abc* is physically more complex than password *a*. Thus, even a mutation of
'small effect' in one component of *ABC* might prevent the *abc* signal molecule from fitting
properly in the other component(s) of *ABC* and thus prevent the different receptor molecules
from interacting correctly with each other to trigger a signalling cascade. A complexly
interacting receptor is also more likely to be a strict receiver, since even a small change in the
Nod factor would cause it fit differently in one or more of the receptor's molecules and thus
interfere with the interaction of those molecules.

We thus look for evidence that the Nod-factor receptor complex is composed of multiple
molecules that need to interact with each other in order to trigger a proper signalling cascade.
As it happens, there is considerable empirical support for this model (Oldroyd 2013). The
Nod-factor receptor complex is made up of two separately produced receptor-like kinases

(NFR1 and NFR5, using *Lotus japonicus* nomenclature), each of which carries extracellular
LysM motifs that bind to the *N*-acetylglucosamine backbone of the Nod-factor backbone
(Broghammer et al. 2012). The two receptor-like kinases heterodimerise *in vivo* (Madsen et
al. 2011), and *mutation in either of the two kinases prevents rhizobial infection* (Radutoiu et
al. 2003). Importantly, NFR5 is a non-functional kinase (this is known because it lacks
essential protein subdomains), and thus, *NFR5 can act only via its interaction with NFR1*
(Madsen et al. 2011). The activated NFR1/5 complex then appears to activate a third
receptor-like kinase (SYMRK), which is necessary for downstream propagation of the
infection pathway (Radutoiu et al. 2003). Finally, Morieri et al. (2013) have shown that the
removal of just one acetyl group decoration from the *Sinorhizobium meliloti* Nod factor is
enough to prevent calcium influx in its host, *Medicago truncatula*, and this failed influx
prevents the initiation of an infection thread. Morieri *et al*. propose a model in which *only the*
correct Nod factor is able to bring about "cooperative interactions" between receptor
proteins "such that the resulting interaction alters the kinase activity or specificity of the
receptor complex", triggering the calcium influx that is needed for successful infection-thread
initiation. In short, the Nod factor receptor is clearly a machine of many interdependent parts,
and thus, of many points of failure.

The evidence that an *A* receptor would be more robust to mutation is sparser, because all
known Nod-factor receptors (and Nod factors) are complex (Perret et al. 2000; Madsen et al.
2011; Miller and Oldroyd 2011; Broghammer et al. 2012). However, the Myc factors
produced by arbuscular mycorrhizal (AM) fungi are structurally simpler (Maillet et al. 2011),
and multiple, distantly related plant species will enter into symbiosis with the same AM
fungal genotype, despite the reasonable expectation that the Myc receptor complexes from
different plant lineages have mutated during plant diversification. However, because Myc-
factor receptors are not yet characterised, it is not yet possible to rule out the alternative
hypothesis that individual plant species produce multiple, species-specific Myc receptors.

Now, the evolution of password complexity requires that *ABC* increase in frequency over *A*.
The question therefore is: why should *ABC* increase in frequency, given that alleles *ABC* and
A are neutral? If anything, it seems that allele *A* should increase, since it is more robust to
mutation and will therefore have a higher rate of back mutations from allele A^*, whereas
allele ABC^* is less likely to survive and will provide fewer back mutants to *ABC* (Wagner et
al. 1997; Hermisson et al. 2002; de Visser et al. 2003).

We can see this effect in **Figure 4** left column, where we assume the standard hard-selection
scenario in which juvenile mortality reduces adult fitness ($z_{A*}=z_{ABC*}=0$). The frequency (f_A)
of the robust allele *A* increases, provided that the selection coefficient s_{ABC*} against the
defective mutant ABC^* is high enough (approximately higher than the mutation rate). If
selection is too weak compared to the mutation rate, the differential amount of back
mutations (to *ABC* and *A* from *AB*) is negligible, and the two alleles *A* and *ABC* maintain the
same frequencies. If selection is strong enough, however, with no soft selection, the robust
allele *A* increases in frequency over *ABC* because it receives more back mutations from A^*
than *ABC* receives from ABC^*.

Figure 4. Frequency of the four types of receiver (host) at equilibrium. Equilibrium frequencies (f_A, f_{ABC}, f_{A*}, f_{ABC*}) of the four receptor alleles as a function of selection, with hard selection (left, z_i=0) or with soft selection (right, z_i=s_i); ϕ_P=1, s_{A*}/s_{ABC*}=1/10; s_A=s_{ABC}=0; μ_S=10^{-4}, μ_P=10^{-7}; s_{A*} and s_{ABC*} are selection coefficients against dysfunctional A and ABC alleles, which arise with probability μ_S. The horizontal axis in the two bottom panels is logarithmic, to highlight the equilibrium frequencies with weak selection.

However, *with soft selection*, antirobust alleles increase in frequency over robust alleles (**Figures 4, 5, Appendix 1**). In fact, if the selection coefficients are high enough, the antirobust allele *ABC* can go to fixation. Strong selection is necessary, but not high mutation rates. Contrary to the evolution of robustness, the magnitude of the mutation rate does not make any relevant difference to the evolution of anti-robustness because the driving force is not the rate of back mutation, but the soft-selection process that eliminates the non-functional *ABC* mutants (Otto and Hastings 1998). Lower rates of mutation to non-functional *ABC* mutants do enable complex passwords to evolve for lower levels of soft selection (**Figure 5**).

The fraction of complex passwords at equilibrium increases as the ratio between the mutation rates for passwords and the mutation rate to defective alleles decreases (**Figure 5**), because if the mutation rate to defective alleles is too high, the advantage derived from soft selection is offset by partial loss of fecundity. A similar effect is observed for z_i/s_i (**Figure 5**), because when juvenile selection is stronger, defective alleles are more easily eliminated from the offspring (hence, the original antirobust allele is more likely to increase in frequency). The

influence of s_{ABC*}/s_{A*} is more complex, as it depends on the value of z_{ABC*} (**Figure 5**). Note

that soft selection can lead to an increase in the complex (antirobust) allele even if

complexity itself has a cost (z_{ABC} >0).

Figure 5. Frequency of the antirobust recognition system (host) at equilibrium.

Equilibrium frequency of *ABC* as a function of its coefficient of juvenile selection (z_{ABC}). The

black curve shows the equilibria for parameter values ϕ_P=0, s_{ABC*}/s_{A*}=10, s_i/z_i =1, μ_S=10^{-2},

μ_S/μ_P=50. The grey curves show the equilibria for other values of the parameters. There is no

selection in the adult phase against *A* and *ABC* (s_A=s_{ABC}=0) and no selection in the juvenile
phase against *A* (z_A= 0).

Discussion

Passwords: an honest, verifiable-information signal

Game theory recognizes three classes of honest signalling models: costly signals, cheap talk,
and verifiable information. Passwords can be thought of as a variant of the verifiable-
information class. By virtue of their complexity and thus the low likelihood that they can
evolve *de novo*, they serve as signals of lineage identity that are self-evidently true, so long as
the receiver can recognise the password. In the context of horizontally transmitted
mutualisms, passwords can evolve to reliably signal a shared coevolutionary history, and a
coevolutionary history between mutualistic lineages strongly implies that the individual
sending the password is itself a mutualist or a recent descendent of a mutualist.

We emphasise that the role of signalling is only to allow the receiver to distinguish different
types, here, mutualistic and parasitic so that the receiver can associate preferentially with one
of them. The source of the natural selection for mutualistic types in the first place is some
form of partner fidelity feedback or host sanctions, and the source of parasitic types is
mutation. There is a superficial similarity of password signalling with green-beard signals
(Jansen and van Baalen 2006), which allow kin to identify each other, but green beards are a
within-species mechanism, and passwords can act between species. Green-beard signals can
also be simple, due to their linkage with cooperation loci.

In short, we argue that password signalling allows hosts to engage in successful Partner
Choice. As it happens, it has been shown experimentally that legume plants are able to
associate preferentially with 'more mutualistic' (nitrogen-fixing) rhizobial bacteria (Heath
and Tiffin 2009; Gubry-Rangin et al. 2010; Sachs et al. 2010). Importantly, these studies used
mutualistic and parasitic rhizobial bacteria that had been isolated from the same soil as the
host plant, and we predict that the rejected parasitic bacterial lineages used in these
experiments were producing Nod factors that had diverged from the mutualistic lineages that
were accepted.

Our proposed scenario for the evolution of password signalling derives from the observation
that plants are subject to a non-trivial degree of soft selection, since plants generally make
many more juveniles than can possibly grow into adults. As a result, juvenile mortality in
plants, due to some combination of failure to find bacterial symbionts and of selection against
missense mutations, does not result in fitness loss.

We then posit that mutations in the genes for complex Nod-factor receptors (*ABC*) are
inherently more likely to result in non-functional receptors than are mutations in the genes for
simple-signal receptors (*A*), because more complex Nod-factor receptors are likely
constructed from more interdependent parts. Thus, only fully functional *ABC*-receptors are
likely to be represented in adult plants, because *ABC*-mutant juveniles will have died due to

an inability to recruit rhizobia. In contrast, when the genes for *A*-type receptors mutate, the
receptors are more likely to retain some function because they are simple, and some of these
lower fitness mutants will thus be represented in the adult stage. Competition between *ABC*
and *A* adults will then favour *ABC*, and thus, complex rhizobial passwords (*abc*) will also be
favoured, and the system will evolve toward complex signals of identity. After enough
rounds, Nod factor will have evolved to a high enough degree of complexity that it will be
essentially impossible for a bacterium to evolve a working Nod factor *de novo*.

We also recall our first, and simpler, scenario for the evolution of complex signalling
passwords, which relies on the possibility that simple Nod factors can evolve *de novo* in non-
mutualistic bacteria (a*). In this situation, bacteria that evolve more complex passwords (*abc*)
are favoured over those that evolve simpler passwords (*a*), as the former will find themselves
in parasite-free hostplants, at least until *abc* bacteria evolve parasitic behaviour *abc**. This
scenario also relies on soft selection, in that many *ABC* juvenile plants will die before finding
a suitable *abc* partner, but as long as there are lots of *ABC* juveniles, some will be successful,
and these will form the next generation.

Limits to complexity in passwords

In either scenario, we expect a natural upper limit to the complexity of passwords because
there will be physical limits on the reliable functioning of complex-signal receptors ($s_{ABC} >$
0), and receptors that evolve beyond these limits will likely fail to perceive any symbionts,
which reduces the effect of soft selection (**Figure 5**). Thus, the evolution of complexity in
passwords cannot escape indefinitely from the evolution of parasitic genotypes within
rhizobial lineages. There must also be mechanisms to senesce nodules that have been
colonised by parasites (Kiers et al. 2003; Weyl et al. 2010). And of course, such mechanisms
were necessary to proliferate the mutualistic genotypes of rhizobia in the first place, or there
would have been no mutualistic lineages for the plant to recognise.

Once a combination of password signalling and selective nodule senescence has evolved,
mutualistic strains of rhizobia should grow to dominate soils. As a result, it is possible to
imagine situations where some hosts will evolve to relax the strictness of association or
evolve to accept multiple passwords. As one example, some leguminous tree species, and the
non-legume Cannabaceae plant genus *Parasponia*, are early-successional species that
colonise low-nutrient soils, and they can be colonised by multiple rhizobial genera, including
strains from different continents (Behm et al. 2014). Under such conditions, we expect that
the risk of being colonised by non-productive or even pathogenic bacteria is outweighed by
the benefit being able to fix nitrogen. It will be interesting to see if these species have
evolved multiple Nod factor receptors, or if their receptors are less strict (which should make
them more robust to mutation). Indeed, in *Parasponia andersonii*, it appears that the latter
might be true, because this species uses the same receptor for both Myc and Nod factors (Op
den Camp et al. 2011).

Myc factors, which consist of simple, almost entirely undecorated LCOs (Maillet et al. 2011),
provide an interesting counterexample to complex Nod factors. Why have AM fungi not
evolved complex passwords? Part of the answer is likely due to the fact that plants are

colonized by multiple AM fungal species, and by doing so, plants make the fungi compete for
plant carbon, thereby reducing the carbon cost of AM-provided phosphorous (Argüello et al.
2016). A plant that evolved a more complex receptor would reduce its diversity of fungal
partners and thus reduce the number of competing fungal suppliers. It is also possible that
each AM fungal genotype benefits from colonizing multiple plant species, if plants vary
temporally in the photosynthate that they are able to transfer to their fungal partners. An
individual AM fungus that evolved a more complex Myc factor recognised only by the rare
plant genotype that had also evolved a matching receptor would not be able to create to create
such networks.

Extensions to the model

Our model has some limitations. First, it only shows that more complex passwords will,
under certain conditions, increase in frequency over less complex passwords, without
explicitly showing that they will become more and more complex over time. Increasing
complexity, however, is obvious if we assume that more complex alleles arise by mutation
after the fixation of the complex password (i.e. *ABC* will increase in frequency over *AB*, then
ABCD will increase in frequency over *ABC*, and so on). If mutants arise before fixation, the
dynamics will be more complex, but the logic remains the same: more complex passwords
will have an advantage over less complex ones under soft selection. Second, our model does
not allow for the fitness of an allele being dependent on the proportions of its partner in the
population. It does, however, allow juvenile selection against rare alleles (the phase in which
partner choice occurs). While it might be interesting to analyse frequency-dependent, soft
selection coefficients, there seems to be no compelling reason why this should select against
signal complexity. Third, we have ignored the fact that, as alleles become more complex,
asymmetries in mutation rates may arise (e.g. mutations from *ABC* to *A* might be more likely
than mutations from *ABC* from *A*). Preliminary results with asymmetric mutation rates,
however, did not reveal significant differences in the results, as long as the differences are not
extreme.

Password signalling in mate recognition and defensive-symbiont acquisition

Soft selection occurs in practically all vascular plants, and also in many cryptogamic plants
and in animals (Buchholz 1922; Wallace 1981; Klekowski 1988; Archetti 2009). Although
detailed treatments are outside the scope of this paper, we hypothesise that password
signalling can evolve in other recognition systems. For example, polymorphic toxin systems
(PTS) comprise complex, multi-domain molecules that exhibit high levels of allelic diversity.
Hillman and Goodrich-Blair (2016) have proposed that eukaryotic hosts can directly identify
suitable defensive symbionts to acquire by sensing the PTS produced by those symbionts,
and they review evidence that hosts produce PTS-receptors that are specific to particular
symbiont lineages. Another possible class of password signals are post-mating recognition
systems in gametes, which could require either a complex or a simple signal to differentiate
conspecifics from heterospecifics. If the complex recognition system is more antirobust to
mutation, then gametes that have suffered mutation will die unmated. However, those that
survive will only have accepted conspecifics. In contrast, gametes that accept a simple signal

might be robust to mutation and thus accept heterospecifics, producing hybrids. Under the
twin assumptions that soft selection is acting (most juveniles die before achieving adulthood)
and that hybrids have lower fitness, there could be selection for a mate-recognition system
that requires a complex signal.

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Appendix

Plants

Consider a locus with four alleles: ABC, A, ABC^*, A^* (with frequencies $f_{ABC}, f_A, f_{ABC*}, f_{A*}$, respectively:

- Allele ABC always accepts password *abc*
- Allele ABC^* is a missense mutant of allele ABC
- Allele A always accepts password *a*
- Allele A^* is a missense mutant of allele A

We assume that alleles A and ABC can mutate to each other with the same probability μ_P and that each can mutate to dysfunctional alleles (respectively A^* and ABC^*) with probability μ_S. We assume that all alleles have the same total mutation rate, hence A^* and ABC^* have other mutants (A^0 and ABC^0) with frequency μ_P that have zero fitness -- see **Table A1.**

The recurrence equations for this system are:

$T \cdot f_{ABC}' = f_{ABC}(1-s_{ABC})(1-\mu_S-\mu_P)(1-z_{ABC})/\alpha_P + f_A(1-s_A)\mu_P(1-z_{ABC})/\beta_P + f_{ABC*}(1-s_{ABC*})\mu_S(1-z_{ABC})/\chi_P$

$T \cdot f_A' = f_{ABC}(1-s_{ABC})\mu_P(1-z_A)/\alpha_P + f_A(1-s_A)(1-\mu_S-\mu_P)(1-z_A)/\beta_P + f_{A*}(1-s_{A*})\mu_S(1-z_A)/\delta_P$

$T \cdot f_{ABC*}' = f_{ABC}(1-s_{ABC})\mu_S(1-z_{ABC*})/\alpha_P + f_{ABC*}(1-s_{ABC*})(1-\mu_S-\mu_P)(1-z_{ABC*})/\chi_P$

$T \cdot f_{A*}' = f_A(1-s_A)\mu_S(1-z_{A*})/\beta_P + f_{A*}(1-s_{A*})(1-\mu_S-\mu_P)(1-z_{A*})/\delta_P$

where T is a normalizing factor obtained by summing the right-hand side of the four above equations; α_P, β_P, χ_P, δ_P are normalizing factors of the offspring frequencies (see Table 1) ;

$\phi_P = M/N$ is the degree of soft selection, where N is the number of offspring before soft selection (the same for all alleles) and M ($<N$) is the maximum number of individuals that can go on to the adult phase after soft selection. N_i' is the number of offspring of an individual with allele i after soft selection:

$N_{ABC}' = N[(1-\mu_S-\mu_P)(1-z_{ABC})+\mu_P(1-z_A)+\mu_S(1-z_{ABC*})]$

$N_A' = N[(1-\mu_S-\mu_P)(1-z_A)+\mu_P(1-z_{ABC})+\mu_S(1-z_{A*})]$

$N_{ABC*}' = N[(1-\mu_S-\mu_P)(1-z_{ABC*})+\mu_S(1-z_{ABC})]$

$N_{A*}' = N[(1-\mu_S-\mu_P)(1-z_{A*})+\mu_S(1-z_A)]$

The effect of soft selection on offspring frequencies is that frequencies are normalized (because we are assuming no loss of viability) after juvenile selection by dividing them by the total frequencies of the surviving offspring (α_P, β_P, χ_P, δ_P as appropriate, see **Table 1**). Individuals with these normalized frequencies go on to the adult phase, where another round of (hard) selection occurs. Selection in the juvenile phase has no effect on fecundity if $z_i < 1-\phi$.

678   The equilibrium frequencies of the four alleles can be found by specifying the parameters

679   μ_S, μ_P, s_i and z_i for the system above and calculating the leading eigenvector. The situation

680   in which allele 1 is less robust than allele 2, is given by $s_{ABC*} > s_{A*} > 0$ and $z_{ABC*} > z_{A*} > 0$.

682   **Table A1.** Offspring and fitness for the four plant types.

	fitness	offspring			
		f_{ABC}	f_A	f_{ABC*}	f_{A*}
f_{ABC}	$1-s_{ABC}$	$(1-\mu_S-\mu_P)(1-z_{ABC})/\alpha_P$	$\mu_P(1-z_A)/\alpha_P$	$\mu_S(1-z_{ABC*})/\alpha_P$	0
f_A	$1-s_A$	$\mu_P(1-z_{ABC})/\beta_P$	$(1-\mu_S-\mu_P)(1-z_A)/\beta_P$	0	$\mu_S(1-z_{A*})/\beta_P$
f_{ABC*}	$1-s_{ABC*}$	$\mu_S(1-z_{ABC})/\chi_P$	0	$(1-\mu_S-\mu_P)(1-z_{ABC*})/\chi_P$	0
f_{A*}	$1-s_{A*}$	0	$\mu_S(1-z_A)/\delta_P$	0	$(1-\mu_S-\mu_P)(1-z_{A*})/\delta_P$

$\alpha_P = (1-\phi_P)[(1-\mu_S-\mu_P)(1-z_{ABC})+\mu_P(1-z_A)+\mu_S(1-z_{ABC*})]+\phi_P$ [1]

$\beta_P = (1-\phi_P)[(1-\mu_S-\mu_P)(1-z_A)+\mu_P(1-z_{ABC})+\mu_S(1-z_{A*})]+\phi_P$ [1]

$\chi_P = (1-\phi_P)[(1-\mu_S-\mu_P)(1-z_{ABC*})+\mu_S(1-z_{ABC})]+\phi_P$ [1]

$\delta_P = (1-\phi_P)[(1-\mu_S-\mu_P)(1-z_{A*})+\mu_S(1-z_A)]+\phi_P$ (1)

Bacteria

Consider a locus with four alleles: *a*, *ab*, *abc*, *ab*[*], with frequencies f_a, f_{ab}, f_{abc}, f_{ab*},

respectively

•   Allele *ab* codes for a password of intermediate complexity

•   Allele *a* codes for a password of lower complexity

•   Allele *abc* codes for a password of higher complexity

•   Allele *ab*[*] codes for a password of intermediate complexity in a cheater bacterium

We assume that alleles *a* and *abc* can mutate to *ab* only among the alleles that can enter

plants but that the total mutation rate is the same for all alleles. Hence, *a* and *abc* also have

other mutants with frequency μ_P that produce either a password that has no match in the plant

population or a defective bacterium (and therefore zero fitness) – see **Table A2**.

The recurrence equations for this system are:

$T \cdot f_{ab}' = f_{ab}(1-s_{ab})(1-2\mu_P-\mu_D)(1-z_{ab})/\alpha_B + f_a(1-s_a)\mu_P(1-z_{ab})/\beta_B + f_{abc}(1-s_{abc})\mu_P(1-z_{ab})/\chi_B + f_{ab*}(1-$

$s_{ab*})\mu_D(1-z_{ab})/\delta_B$

$T \cdot f_a' = y_{ab}(1-s_{ab})\,\mu_P(1-z_a)/\alpha_B + f_a(1-s_a)(1-2\mu_P-\mu_D)(1-z_a)/\beta_B$

$T \cdot f_{abc}' = y_{ab}(1-s_{ab})\,\mu_P(1-z_{abc})/\alpha_B + f_{abc}(1-s_{abc})(1-2\mu_P-\mu_D)(1-z_{abc})/\chi_B$

$T \cdot f_{ab*}' = y_{ab}(1-s_{ab})\,\mu_D(1-z_{ab*})/\alpha_B + f_{ab*}(1-s_{ab*})(1-2\mu_P-\mu_D)(1-z_{ab*})/\delta_B$

Where α_B, β_B, χ_B, δ_B are normalizing factors of the offspring frequencies (see Table 2) and ϕ_B
$=m/n$ is the degree of soft selection, where n is the number of offspring before soft selection
(the same for all alleles) and m ($<n$) is the maximum number of individuals that can go on to
the adult phase after soft selection. n_i' is the number of offspring of an individual with allele i
after soft selection:

$n_{ab}' = n[(1-2\mu_P-\mu_D)(1-z_{ab})+\mu_P(1-z_a)+\mu_P(1-z_{abc})+\mu_D(1-z_{ab*})]$

$n_a' = n[(1-2\mu_P-\mu_D)(1-z_a)+\mu_P(1-z_{ab})]$

$n_{abc}' = n[(1-2\mu_P-\mu_D)(1-z_{abc})+\mu_P(1-z_{ab})]$

$n_{ab*}' = n[(1-2\mu_P-\mu_D)(1-z_{ab*})+\mu_D(1-z_{ab})]$

Table A2. The offspring and fitness of the four types of bacteria

freq.	fitness	offspring			
		f_{ab}	f_a	f_{abc}	f_{ab*}
f_{ab}	$1-s_{ab}$	$(1-2\mu_P-\mu_D)(1-z_{ab})/\alpha_B$	$\mu_P(1-z_a)/\alpha_B$	$\mu_P(1-z_{abc})/\alpha_B$	$\mu_D(1-z_{ab*})/\alpha_B$
f_a	$1-s_a$	$\mu_P(1-z_{ab})/\beta_B$	$(1-2\mu_P-\mu_D)(1-z_a)/\beta_B$	0	$-$
f_{abc}	$1-s_{abc}$	$\mu_P(1-z_{ab})/\chi_B$	0	$(1-2\mu_P-\mu_D)(1-z_{abc})/\chi_B$	0
f_{ab*}	$1-s_{ab*}$	$\mu_D(1-z_{ab})/\delta_B$	0	0	$(1-2\mu_P-\mu_D)(1-z_{ab*})/\delta_B$

720     $\alpha_B = (1-\phi_B)[(1-2\mu_P-\mu_D)(1-z_{abc})+\mu_P(1-z_a)+\mu_P(1-z_{abc})+\mu_D(1-z_{ab*})]+\phi_B$

721     $\beta_B = (1-\phi_B)[(1-2\mu_P-\mu_D)(1-z_a)+\mu_P(1-z_{ab})]+\phi_B$

722     $\chi_B = (1-\phi_B)[(1-2\mu_P-\mu_D)(1-z_{abc})+\mu_P(1-z_{ab})]+\phi_B$

723     $\delta_B = (1-\phi_B)[(1-2\mu_P-\mu_D)(1-z_{ab*})+\mu_D(1-z_{ab})]+\phi_B$