Genetic diagnosis of Mendelian disorders via RNA sequencing

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Abstract

Across a large variety of Mendelian disorders, ~50-75% of patients do not receive a genetic diagnosis by whole exome sequencing indicative of underlying disease-causing variants in non-coding regions. In contrast, whole genome sequencing facilitates the discovery of all genetic variants, but their sizeable number, coupled with a poor understanding of the non-coding genome, makes their prioritization challenging. Here, we demonstrate the power of transcriptome sequencing to provide a confirmed genetic diagnosis for 10% (5 of 48) of undiagnosed mitochondrial disease patients and identify strong candidate genes for patients remaining without diagnosis. We found a median of 1 aberrantly expressed gene, 5 aberrant splicing events, and 6 mono-allelically expressed rare variants in patient-derived fibroblasts and established disease-causing roles for each kind. Private exons often arose from sites that are weakly spliced in other individuals, providing an important clue for future variant prioritization. One such intronic exon-creating variant was found in three unrelated families in the complex I assembly factor TIMMDC1, which we consequently established as a novel disease-associated gene. In conclusion, our study expands the diagnostic tools for detecting non-exonic variants of Mendelian disorders and provides examples of intronic loss-of-function variants with pathological relevance.

Despite the revolutionizing impact of whole exome sequencing (WES) on the molecular genetics of Mendelian disorders, ~50-75% of the patients do not receive a genetic diagnosis after WES[1–6]. The disease-causing variants might be detected by WES but remain as variants of unknown significance (VUS, Methods) or they are missed due to the inability to prioritize them. Many of these VUS are synonymous or non-coding variants that may affect RNA abundance or isoform but cannot be prioritized due to the poor understanding of regulatory sequence to date compared to coding sequence. Furthermore, WES covers only the 2% exonic regions of the genome. Accordingly, it is mostly blind to regulatory variants in non-coding regions that could affect RNA sequence and abundance. While the limitation of genome coverage is overcome by whole genome sequencing (WGS), prioritization and interpretation of variants identified by WGS is in turn limited by their amount[7–9].

With RNA sequencing (RNA-seq), limitations of the sole genetic information can be complemented by directly probing variations in RNA abundance and in RNA sequence, including allele-specific expression and splice isoforms. At least three extreme situations can be directly interpreted to prioritize candidate disease-causing genes for a rare disorder. First, the expression level of a gene can lie outside its physiological range. Genes with expression outside their physical range can be identified as expression outliers, often using a stringent cutoff on expression variations, for instance using the Z-score[10] or statistics at the level of whole gene sets[11,12]. The genetic causes of such aberrant expression includes rare variants in the promoter[13] and enhancer but also in coding or intronic regions[10]. Second, RNA-seq can reveal extreme cases of allele-specific expression (mono-allelic expression), whereby one allele is silenced, leaving only the other allele expressed. When assuming a recessive mode of inheritance, genes with a single heterozygous rare coding variant identified by WES or WGS analysis are not prioritized. However, mono-allelic expression of such variants fits the recessive mode of inheritance assumption. Detection of mono-allelic expression can thus help re-prioritizing heterozygous rare variants. Reasons for mono-allelic expression can be genetic. A pilot study validated compound

heterozygous variants within one gene as cause of TAR syndrome, where one allele is deleted
and the other harbors a non-coding variant that reduces expression[14]. Mono-allelic expression
can also have epigenetic causes such as X-chromosome inactivation or imprinting on autosomal
genes, possibly by random choice[15,16]. Third, splicing of a gene can be affected. Aberrant
splicing has long been recognized as a major cause of Mendelian disorders (reviewed in ref. [17–
19]). However, the prediction of splicing defects from genetic sequence is difficult because
splicing involves a complex set of cis-regulatory elements that are not yet fully understood.
Some of them can be deeply located in intronic sequences[20] and are thus not covered by WES.
Hence, direct probing of splice isoforms by RNA-seq is important, and has led to the discovery
of multiple splicing defects based on single gene studies: skipping of multiple exons (exon 45-
55)[21] and creation of a new exon by a deep intronic variant in *DMD*[22], intron retention in *LMNA*
caused by a 5' splice site variant[23], and skipping of exon 7 in *SMN1* caused by a variant in a
splicing factor binding site[24]. Altogether, RNA-seq promises to be an important complementary
tool to facilitate molecular diagnosis of rare genetic disorders. However, no systematic study to
date has been conducted to assess its power.

Here, we established an analysis pipeline to systematically detect instances of i) aberrant
expression, ii) aberrant splicing, and iii) mono-allelic expression of the alternative allele to
complement whole exome sequencing based genetic diagnosis. We considered applying our
approach on patients diagnosed with a mitochondrial disorder for three reasons. First,
mitochondrial diseases collectively represent one of the most frequent inborn errors of
metabolism affecting 2 in 10,000 individuals[25]. Second, the broad range of unspecific clinical
symptoms and the genetic diversity in mitochondrial diseases makes molecular diagnosis
difficult and WES often results in variants of unknown significance. As a consequence of the bi-
genomic control of the energy-generating oxidative phosphorylation (OXPHOS) system,
mitochondrial diseases may result from pathogenic mutations of the mitochondrial DNA
(mtDNA) or nuclear genome. More than 1,500 different nuclear genes encode mitochondrial
proteins[26] and causal defects have been identified in approximately 300 genes and presumably
more additional disease-associated genes still awaiting identification[27]. Third, since the diagnosis
often relies on biochemical testing of a tissue sample, fibroblast cell lines are usually available
from those patients. Moreover, for many patients, the disease mechanisms can be assayed in
epidermal fibroblast cell lines even though the disease may manifest in different tissues[28]. This
allows rapid demonstration of the necessary and sufficient role of candidate variants by
perturbation and complementation assays[29]. This also indicates that disease-causing expression
defects, if any, should be detectable in these cell lines.

Results

We performed RNA-seq on 105 fibroblast cell lines from patients with a suspected
mitochondrial disease including 48 patients for which whole exome sequencing based variant
prioritization did not yield a genetic diagnosis (Fig. 1, Methods). After discarding lowly
expressed genes, RNA-seq identified 12,680 transcribed genes (at least 10 reads in 5% of all
samples, Methods, Supplementary Data 1). We systematically prioritized genes with the
following three strategies: i) genes with aberrant expression level[11–13], ii) genes with aberrant
splicing[22,30], and iii) mono-allelic expression of rare variants[14] (Fig. 1) to estimate their disease

association. All strategies are based on the comparison of one patient against the rest. We
assumed the causal defects to differ between patients, which is reasonable for mitochondrial
disorders with a diversity of ~300 known disease-causing genes (Supplementary Data 2).
Therefore, the patients serve as good controls for each other.

Once normalized for technical biases, sex, and biopsy site (Supplementary information and
Supplementary Fig. 1), the samples typically presented few aberrantly expressed genes (median
of 1, Fig. 2a, Supplementary Table 1) with a large effect ($|Z\text{-score}| > 3$) and significant
differential expression (Hochberg adjusted P-value < 0.05). Among the most aberrantly
expressed genes across all samples, we found 2 genes encoding mitochondrial proteins, *MGST1*
(one case) and *TIMMDC1* (two cases) to be significantly down-regulated (Fig. 2b-d and
Supplementary Fig. 2). For both genes, WES did not identify any variants in the respective
patients, no variant is reported to be disease-associated, and no case of potential bi-allelic rare
variant is listed in our in-house database comprising more than 1,200 whole-exomes from
mitochondrial patients and 15,000 WES dataset available to us from different ongoing research
projects. To evaluate the consequences of diminished RNA expression at the protein level, we
performed quantitative proteomics in a total of 31 fibroblast cell lines (including these three
patients, and further 17 undiagnosed and 11 diagnosed patients, Methods, Supplementary Table
2, Supplementary Data 3) from a second aliquot of cells taken at the same time as the RNA-seq
aliquot. Normalized RNA and protein expression levels showed a median rank correlation of
0.59, comparable to what has been previously reported[31,32] (Supplementary Fig. 3). Patient
#73804 showed ~2% of control MGST1 level whilst the lack of detection of TIMMDC1 in both
patients (#35791 and #66744) confirmed an even stronger effect on protein expression,
indicating loss of function (Fig. 2e and Supplementary Fig. 4). MGST1, a microsomal
glutathione S-transferase, is involved in the oxidative stress defense[33]. Consequently, the loss of
expression of MGST1 is not only a likely cause of the disease of this patient, who suffers from
an infantile-onset neurodegenerative disorder similar to a recently published case with another
defect in the reactive oxygen species (ROS) defense system (Supplementary Information)[34], but
also suggests a treatment with antioxidants. Both TIMMDC1 patients presented with muscular
hypotonia, developmental delay, and neurological deterioration, which led to death in the first 3
years of life (Supplementary Information). Consistent with the described function of TIMMDC1
as a respiratory chain complex I assembly factor[35,36], we found isolated complex I deficiency in
muscle (Supplementary Fig. 2), and globally decreased levels of complex I subunits in
fibroblasts by quantitative proteomics (Fig. 2e and Supplementary Fig. 2) and western blot (Fig.
2f). Re-expression of *TIMMDC1* in these cells increased complex I subunit levels (Fig. 2f).
These results not only validate TIMMDC1-deficiency as disease causing but also provide
compelling evidence for an important function of TIMMDC1 in complex I assembly.
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We identified aberrant splicing events by testing for differential splicing in each patient
against the others, using an annotation-free algorithm able to detect also novel splice sites
(Methods, median of 5 abnormal events per sample, Fig. 3a). Among the 175 aberrant spliced
genes detected in the undiagnosed patients, the most abundant events were, apart from
differential expression of isoforms, exon skipping followed by the creation of new exons (Fig.
3b). Two genes encoding mitochondrial proteins, *TIMMDC1* and *CLPP,* which were among the
20 most significant genes, caught our attention (Supplementary Table 3). Out of 136 exon-
junction reads overlapping the acceptor site of *CLPP* exon 6 for patient #58955, 82 (percent
spliced in[37] $\Psi = 60\%$) skipped exon 5, and 14 ($\Psi = 10\%$) showed a 3'-truncated exon 5, in

striking contrast to other samples (Fig. 3c). The likely genetic cause of these two splice defects is
a rare homozygous variant in exon 5 of *CLPP* affecting the last nucleotide of exon 5 (c.661G>A,
p.Glu221Lys 1.2×10^{-5} frequency in the ExAC database[38], Supplementary Fig. 5). Both detected
splice defects result in truncated CLPP and western blots corroborated the complete loss of full-
length CLPP (Supplementary Fig. 5). Our WES variant filtering reported this variant as a VUS
and classified *CLPP* as one among 30 other potentially bi-allelic affected candidate genes
(Supplementary Table 1). Since the variant was of unknown significance, the patient remained
without genetic diagnosis. The loss of function found by RNA-seq and confirmed by Western
blotting now highlights clinical relevance of the variant within *CLPP*. *CLPP* encodes a
mitochondrial ATP-dependent endopeptidase[39] and CLPP-deficiency causes Perrault
syndrome[40,41] (OMIM #601119) which is overlapping with the clinical presentation of the patient
investigated here including microcephaly, deafness, and severe psychomotor retardation
(Supplementary Information). Moreover, a study recently showed that Clpp-/- mice are deficient
for complex IV expression[42], in line with complex IV deficiency of this patient (Supplementary
Fig. 5).
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Split read distribution indicated that both TIMMDC1-deficient patients expressed almost
exclusively a *TIMMDC1* isoform with a new exon in intron 5 (Fig. 3d). This new exon
introduces a frameshift yielding a premature stop codon (p.Gly199_Thr200ins5*, Fig. 3e).
Moreover, this new exon contained a rare variant (c.596+2146A>G) not listed in the 1,000
Genomes Project[7,8]. Whole genome sequencing demonstrated that this variant is homozygous in
both patients (Fig. 3e), the only rare variant in this intron and close to the splice site (+6 of the
new exon). We could not identify any rare variant in the promoter region or in any intron-exon
boundary of *TIMMDC1*. Additionally, when testing six prediction tools for splicing events, this
deep intronic rare variant is predicted by SpliceAid2[43] to create multiple binding sites for splice
enhancers. Together with the correctly predicted new acceptor and donor sites by SplicePort[44]
(Feature generation algorithm score 0.112 and 1.308, respectively) this emphasizes the influence
of this variant in the creation of the new exon. Besides, the four other tools predicted no
significant change in splicing[45–48]. We further discovered an additional family in our in-house
WGS database (consisting of 36 patients with a suspected mitochondrial disorder and 232 further
patients with unrelated diseases) carrying the same homozygous intronic variant. In this family
three affected siblings presented with similar clinical symptoms although without a diagnosis of
a mitochondrial disorder (Fig. 3e, Supplementary Fig. 2). Two siblings died before the age of 10.
A younger brother (#96687), now 6 years of age, presented with muscle hypotonia, failure to
thrive and neurological impairment (Supplementary Information), similar to the patients
described above. Western blot analysis confirmed TIMMDC1-deficiency (Fig. 2f) and impaired
complex I assembly, which was restored after re-expression of *TIMMDC1* (Fig. 2g). The
discovery of the same intronic *TIMMDC1* variant in three unrelated families from three different
ethnicities provides convincing evidence on the causality of this variant for the TIMMDC1 loss-
of-function.
In almost all non-TIMMDC1-deficiency samples, we noticed a few split reads supporting
inclusion of the new exon (Fig. 3d), consistent with an earlier report that many cryptic splice
sites are not entirely repressed but active at low levels[49]. We set out to quantify this phenomenon
and to interrogate the frequency of private exons originating from weakly spliced exons,
independent of their possible association with disease. Consequently, we modeled the
distribution of Ψ for the 1,603,042 splicing events detected genome-wide in 105 samples as a

mixture of three components. The model classified splicing frequencies per splice site as strong
(20%, with Ψ > 5.3%), weak (16%, with 0.16% < Ψ < 5.3%), or background (64%, with Ψ <
0.16%, Methods, Fig. 3f and Supplementary Fig. 6). Strikingly, the majority (70%, 4.4-fold more
than by chance) of the 17 discovered private exons originated from weak splice sites (Fig. 3f
bottom). These data confirm that weakly spliced cryptic exons are loci more susceptible to turn
into strongly spliced sites than other intronic regions. These weak splicing events are usually
dismissed as 'noise' since they are only supported by few reads in a given sample. Our analysis
shows that they can be detected as accumulation points across multiple individuals. Hence, these
results suggest that the prioritization of deep intronic variants of unknown significances gained
through WGS could be improved by annotating weak splice sites and their resulting cryptic
exons.

As a third approach, we searched for mono-allelic expression (MAE) of rare variants. In
median per sample, 35,521 heterozygous SNVs were detected by WES, of which 7,622 were
sufficiently covered by RNA-seq to call MAE (more than 10 reads), 20 showed MAE (Hochberg
adjusted P-value < 0.05, allele frequency $\geq$ 0.8), of which 6 were rare variants (minor allele
frequency < 0.001, Methods, Fig. 4a). Amongst the 18 rare mono-allelic expressed variants in
patient #80256 was a VUS in *ALDH18A1* (c.1864C>T, p.Arg622Trp, Fig. 4b), encoding an
enzyme involved in mitochondrial proline metabolism[50]. This VUS had been seen in WES
compound heterozygous with a nonsense variant (c.1988C>A, p.Ser663*, Fig. 4b and
Supplementary Fig. 7). Variants in *ALDH18A1* had been reported to be associated with cutis laxa
III (OMIM #138250)[51,52], yet the patient did not present cutis laxa. Because of this inconsistent
phenotype and the unknown significance of the non-synonymous variant, the variants in
ALDH18A1 were not regarded as disease causing. However, RNA-seq-based aberrant expression
(Supplementary Fig. 7) and mono-allelic expression analysis prioritized *ALDH18A1* again. Our
systematically performed validation by quantitative proteomics revealed severe reduction down
to ~2% ALDH18A1 (Fig. 4c), indicating that the rare MAE variant affects translation or protein
stability. Metabolomics profile of blood plasma was in accordance with a defect in proline
metabolism (Fig. 4d) and the following changes in urea cycle. Patient fibroblasts showed a
growth defect that was rescued by supplementation of proline, validating impaired proline
metabolism as the underlying molecular cause (Fig. 4e). Our experimental evidence strongly
suggests that the two observed variants are causal. Moreover, a recent report[53] on *ALDH18A1*
patients extended the phenotypic spectrum to spastic paraplegia (OMIM #138250), which
resembles the symptoms of our patient (Supplementary information).

In another patient (#62346) we found borderline non-significant low expression of *MCOLN1*
with 10 of 11 reads expressing an intronic VUS (c.681-19A>C, Fig. 4f). This intronic variant
was detected as part of a retained intron, which introduced a nonsense codon (p.
Lys227_Leu228ins16*, Fig. 4f and Supplementary Fig. 8). When looking at the WES data we
could additionally identify a heterozygous nonsense variant (c.832C>T, p.Gln278*). The allele
with the exonic nonsense mutation was not expressed, most likely due to nonsense-mediated
decay. Mutations in *MCOLN1* are associated with mucolipidosis (OMIM #605248). The
symptoms of the patient were initially suggestive for mucolipidosis, but none of the enzymatic
tests available for mucolipidosis type 1, 2, and 3 revealed an enzyme deficiency in blood
leukocytes (Supplementary information). Moreover, *MCOLN1* was missed by our WES variant
filter since the intronic variant was not prioritized. Hence, the WES data could not be conclusive

about *MCOLN1*. In contrast, the RNA-seq data demonstrated two loss-of-function alleles in
MCOLN1 and therefore established the genetic diagnosis.

Discussion

Altogether, our study demonstrates the utility of RNA sequencing in combination with
bioinformatics filtering criteria for genetic diagnosis by i) discovering a new disease-associated
gene, ii) providing a diagnosis for 10% (5 of 48) of undiagnosed cases, and iii) identifying a
limited number of strong candidates. We established a pipeline for the detection of aberrant
expression, aberrant splicing and mono-allelic expression of rare variants, that is able to detect
significant outliers, i.e. a median of 1, 5, and 6, respectively. Overall, for 36 patients our pipeline
provides a strong candidate gene, i.e. a known disease-causing or mitochondrial protein-
encoding gene, like *MGST1* (Fig 5a, Supplementary Table 1). This manageable amount, similar
to the median number of 16 genes with rare potentially bi-allelic variants detected by WES,
allows manual inspection and validation by disease experts. While filtering by frequency is
highly efficient when focusing on the coding region, frequency filtering is not as effective for
intronic or intergenic variants identified by WGS. The loss-of-function character observed on
RNA level thus improved interpretation of VUS identified by genotyping.

We focused our analysis on one sample preparation pipeline, which has several advantages.
Based on our experience, expression outliers can only reliably be detected after extensive
normalization process. This needs information about all technical details starting from the
biopsy, growth of the cells, to the RNA extraction and library preparation. Usually not all this
information is available in published data sets. For detecting aberrant splicing such as new exons,
we would recommend not to mix different tissues because splicing can be tissue-specific. Mono-
allelic expression is the most robust of all criteria in this respect because it only relies on read
counts within a sample. Overall, we recommend not relying on a single sample being compared
to public RNA-seq datasets. Instead, RNA-seq should be included in the pipeline of diagnostic
centers in order to generate matching controls over time. The situation is similar for whole
exome and whole genome sequencing, where the control for platform-specific biases is
important.

Here, we included genetically diagnosed patients in our RNA-seq analysis pipeline to
increase the power for the detection of aberrant expression and aberrant splicing in fibroblast cell
lines. However, when applied to the 40 diagnosed cases with WES and RNA-seq available,
aberrant splicing detected 6 out of 8 cases with a causal splicing variant, mono-allelic expression
recovered 3 out of 6 patients with heterozygous missense variants compound with a stop or
frameshift variant, and aberrant expression recovered 3 out of 9 stop variants. Counterintuitively,
only one of the 9 frame-shift variants did lead to a detectable RNA defect, i.e. mono-allelic
expression of a near splice site intronic variant within a retained intron. The partial recovery of
stop and frameshift variants may reflect incomplete non-sense mediated decay. For none of the
14 genes where missense variants were disease causing, a RNA defect could be detected with our
pipeline. This is expected, since missense variants more likely affect protein function rather than
RNA expression (Supplementary table 4).

To our surprise, many newly diagnosed cases were caused by a defective splicing event,
which caused loss of function (Fig 5b), confirming the increasing role of splicing defects in both
Mendelian[54,55] and common disorders[30]. In the case of *TIMMDC1*, the causal variant was
intronic, and thus not covered by WES. Even when detected by WGS, such deep intronic
variants are difficult to prioritize from the sequence information alone. Here, we showed that
RNA-seq of large cohorts can provide important information about intronic positions that are
particularly susceptible to affect splicing when mutated. We showed that private exons often
arise from loci with weak splicing of about 1%. This suggests that rare variants affecting such
cryptic splice sites are more likely to affect splicing and that these can be detected as positions
with low yet consistent splicing. We reason that analysis of a RNA-seq compendium of healthy
donors across multiple tissues such as GTEx[56] could provide tissue-specific maps of cryptic
splice sites useful for prioritizing intronic variants.

Genetic disorders typically show specificity to some tissues, some of which might not be
easily accessible for RNA-sequencing. It is therefore natural to question whether transcriptome
sequencing of an unaffected tissue can help diagnosis. Here, we performed RNA-seq on patient
derived dermal fibroblast cell lines. The fibroblast cell lines are the byproducts of muscle
biopsies routinely undertaken in the clinic to biochemically diagnose mitochondrial disorders
with enzymatic assays. By using fibroblast cell lines we overcome the limited accessibility of the
affected tissues, which in the case of mitochondrial disorders are often high energy demanding
tissues like brain, heart, skeletal muscle or liver. It turns out that many genes with a
mitochondrial function are expressed in most tissues[57], including fibroblasts. Hence, extreme
regulatory defects such as loss of expression or aberrant splicing of genes encoding
mitochondrial proteins can be detected in fibroblasts, even though the physiological consequence
on fibroblasts might be negligible. This property might be true for other diseases: the tissue-
specific physiological consequence of a variant does not necessarily stem from tissue-specific
expression of the gene harboring the variant. In many cases, tissue-specificity might be due to
environmental or cellular context, or from tissue-specific expression of further genes. Hence,
tissue-specificity does not preclude RNA-seq of unaffected tissues from revealing the causative
defect for a large number of patients. Moreover, non-affected tissues have the advantage that the
regulatory consequences on other genes are limited and therefore the causal defects are more
likely to stand out as outliers[58].

Parallel to our effort, another study systematically investigated the usage of RNA-seq for
molecular diagnosis with a similar sample size, using muscle biopsies from rare neuromuscular
disease patients[55]. Analogously to our approach, not only exome sequencing-based VUS
candidates were validated, but also new disease-causing mechanisms identified using RNA-seq
data. Despite a few differences in the approach (expression outliers were not looked for, only
samples of the affected tissues were considered and using samples of healthy donors as controls),
the results are in line with ours whereby aberrant splicing also turns out to be a frequent disease-
causing event. Moreover, the success rate was even higher (35%) confirming the relevance of
using RNA-seq for diagnosis of Mendelian disorders.

In conclusion, we predict that RNA sequencing will become an essential companion of genome
sequencing to address undiagnosed cases of genetic disease.

Methods

Exome sequencing

Exome sequencing was essentially performed as described previously[59]. In brief, exonic regions were enriched using the SureSelect Human All Exon kit from Agilent (Supplemental Data 4) followed by sequencing as 100 bp paired-end runs on an Illumina HiSeq2000 and Illumina HiSeq2500 (AG_50MB_v4 and AG_50MB_v5 exome kit samples) or as 76 bp paired-end runs on the Illumina GAIIx (AG_38MB_v1 and AG_50MB_v3 exome kit samples).

Exome alignment and variant prioritization

Read alignment to the human reference genome (UCSC Genome Browser build hg19) was done using Burrows-Wheeler Aligner[60] (v.0.7.5a). Single-nucleotide variants and small insertions and deletions (indels) were detected with SAMtools[61,62](version 0.1.19). Variants with a quality score below 90, a genotype quality below 90, a mapping quality below 30, and a read coverage below 10 were discarded. The reported variants and small indels were annotated with the most severe entry by the Variant Effector Predictor[63] based on The Sequence Ontology term ranking[64]. The candidate variants for one patient are filtered to be rare, affect the protein sequence and potentially both alleles.

Variants are rare with a minor allele frequency < 0.001 within the ExAC database[38] and a frequency < 0.05 among our samples. Variants affect the protein, if they are a coding structural variant or their mutation type is one of *ablation*, *deletion*, *frame-shift*, *incomplete*, *start lost*, *insertion*, *missense*, *splice*, *stop gain*, *stop retain*, *unstart*, *unstop*. A potential biallelic effect can be caused by either a homozygous or at least two heterozygous variants in the same gene, whereas in latter case we assume that the heterozygous variants are on different alleles (Supplementary Fig. 9). This filter is designed for a recessive type disease model and does not account for a single heterozygous variant that could be disease-causing in a dominant way.

Variant of unknown significance

"A variation in a genetic sequence whose association with disease risk is unknown. Also called unclassified variant, variant of uncertain significance, and VUS." (see https://www.cancer.gov/publications/dictionaries/genetics-dictionary?cdrid=556493)

Cell culture

Primary patient fibroblast cell lines, normal human dermal fibroblasts (NHDF) from neonatal tissue (Lonza), and 293FT cells (Thermo Fisher Scientific) were cultured in high glucose DMEM (Life Technologies) supplemented with 10% FBS, 1% penicillin/streptomycin, and 200 μM uridine at 37 °C and 5% CO_2. All fibroblast cell lines have been tested negative for mycoplasma contamination.

RNA sequencing

Non-strand specific, polyA-enriched RNA sequencing was performed as described earlier[28]. Briefly, RNA was isolated from whole-cell lysates using the AllPrep RNA Kit (Qiagen) and RNA integrity number (RIN) was determined with the Agilent 2100 BioAnalyzer (RNA 6000 Nano Kit, Agilent). For library preparation, 1 µg of RNA was poly(A) selected, fragmented, and reverse transcribed with the Elute, Prime, Fragment Mix (Illumina). End repair, A-tailing, adaptor ligation, and library enrichment were performed as described in the Low Throughput protocol of the TruSeq RNA Sample Prep Guide (Illumina). RNA libraries were assessed for quality and quantity with the Agilent 2100 BioAnalyzer and the Quant-iT PicoGreen dsDNA Assay Kit (Life Technologies). RNA libraries were sequenced as 100 bp paired-end runs on an Illumina HiSeq2500 platform.

Processing of RNA sequencing files

RNA-seq reads were demultiplexed and mapped with STAR[65] (version 2.4.2a) to the hg19 genome assembly (UCSC Genome Browser build). In addition to the default parameters we detected gene fusions and increased sensitivity for novel splice junctions (chimSegmentMin=20, twopassMode="Basic"). Analysis was restricted to the 27,682 UCSC Known Genes[66] (genome annotation version hg19) of chromosomes 1 to 22, M, X, or Y. Per gene, reads that are paired with mates from opposite strands and that overlapped completely within the gene on either strand orientation were counted using the *summarizeOverlaps* function of the R/Bioconductor GenomicAlignments[67] package (parameters: mode=intersectionStrict, singleEnd=FALSE, ignore.strand=TRUE, fragments=FALSE). If the 95th percentile of the coverage across all samples was below 10 reads the gene was considered "not expressed" and discarded from later analysis.

Computing RNA fold changes and differential expression

Before testing for differential expression between one patient of interest and all others, we controlled for technical *batch effect*, *sex*, and biopsy site as inferred from the expression of *hox* genes (Supplementary information*,* Supplementary Data 1). We modeled the RNA-seq read counts $K_{i,j}$ of gene i in sample j with a generalized linear model using the R/Bioconductor DESeq2 package[68,69]:

$$K_{i,j} \sim NB\left(s_j \times q_{i,j}, \alpha_i\right)$$

$$\log_2(q_{i,j}) = \beta_i^0 + \beta_i^{condition}\mathbf{x}_{i,j}^{condition} + \beta_i^{batch}\mathbf{x}_{i,j}^{batch} + \beta_i^{sex}\mathbf{x}_{i,j}^{sex} + \beta_i^{hox}\mathbf{x}_{i,j}^{hox}$$

Where NB is the negative binomial distribution; α_i is a gene specific dispersion parameter; s_j is the size factor of sample j; β_i^0 is the intercept parameter for gene i. The value of $\mathbf{x}_{i,j}^{condition}$ is 1 for all RNA samples j of the patient of interest, thereby allowing for biological replicates, and 0 otherwise. The resulting vector $\beta_i^{condition}$ represents the log$_2$-fold changes for one patient against all others. Z-scores were computed by dividing the fold changes by the standard deviation of the normalized expression level of the respective gene. The *P*-values corresponding to the

419    $\beta_i^{condition}$ were corrected for multiple testing using the Hochberg family-wise error rate
420   method[70].

Detection of aberrant splicing

The LeafCutter[71] software was utilized to detect aberrant splicing. Each patient was tested
against all others. To adjust LeafCutter to the rare disease setting, we modified the parameters to
detect rare clusters, capture local gene fusion events and to detect junctions unique to a patient
(minclureads=30; maxintronlen=500,000; mincluratio=1e-5, Supplementary Data 5).
Furthermore, one sample was tested against all other samples (min_samples_per_group=1;
min_samples_per_intron=1). The resulting *P*-values were corrected for multiple testing using a
family-wise error rate approach[70].

The significant splice events (Hochberg adjusted *P*-value < 0.05) detected in the undiagnosed
patients were visually classified as exon skipping, exon truncation, exon elongation, new exon,
complex splicing (any other splicing event or a combination of the aforementioned ones) and
false positives (n=73, Fig 3b). However, due to LeafCutter's restriction to split reads it is
difficult to detect intron retention events, since in a perfect intron retention scenario no split-
reads are present.

For further analysis, only reads spanning a splice junction, so called split reads, were
extracted with a mapping quality of greater than 10 to reduce the false positive rate due to
mapping issues. Each splice site was annotated as belonging to the start or end of a known exon
or to be entirely new. For the reference exon annotation the GENCODE release 24 based on
GRCh37 was used[72]. The percent spliced in (Ψ) values for the 3' and 5' sites were calculated as
described earlier[37]:

$$\psi_5(D,A) = \frac{n(D,A)}{\sum_{A'} n(D,A')} \quad \text{and} \quad \psi_3(D,A) = \frac{n(D,A)}{\sum_{D'} n(D',A)}$$

Where *D* is a donor site and *A* is an acceptor site. *n(D,A)* denotes the number of reads
spanning the given junction. *D'* and *A'* represent all possible donor and acceptor sites,
respectively.

Classification of splice sites into background, weak and strong was done by modeling the
distribution of the ψ_5 and ψ_3-values with three components. Identifiability of the three
components was facilitated by considering three groups of junctions depending on previous
annotation of splice sites: 'no side is annotated', 'one side is annotated' and 'both sides are
annotated'. Specifically, the number of split reads *n(D,A)* of a junction conditioned on the total
number of reads $N(D,A) = \sum_{A'} n(D,A')$, for ψ_5, and $N(D,A) = \sum_{D'} n(D',A)$, for ψ_3, was
modeled as:

$$P\big(n(D,A)|N(D,A)\big) = \sum_{c\in\{bg,wk,st\}} \sum_{s=0,1,2} \pi_{s,c}\, BetaBin(\,n(D,A)|N(D,A),\alpha_c,\beta_c)$$

where *c* is the component index, *s* the number of annotated sites and BetaBin the beta-
binomial distribution. Hence, the components were modeled to have the same parameters α_c, β_c

in all three groups but their mixing proportions $\pi_{s,c}$ to be group-specific. Fitting was performed
using the expectation-maximization algorithm. For the initial step, the data points were classified
as background ($\psi < 0.001$), weak spliced ($\psi < 0.1$) and canonical ($\psi >= 0.1$). After convergence of
the clustering the obtained parameters were used to estimate the probability for each junction
side to belong to a given class.

Detection of mono-allelic expression

For mono-allelic expression analysis only heterozygous single nucleotide variants with only
one alternative allele detected from exome sequencing data were used. The same quality filters
were used as mentioned in the exome sequencing part, but no frequency filter was applied. To
get allele counts from RNA sequencing for the remaining variants the function *pileLettersAt*
from the R/Bioconductor package *GenomicAlignments*[67] was used. The data was further filtered
for variants with coverage of at least 10 reads on the transcriptome.

The DESeq2 package[68,69] was applied on the final variant set to estimate the significance of
the allele-specific expression. Allele-specific expression was estimated on each heterozygous
variant independently of others (i.e. without phasing the variants). For each sample, a
generalized linear model was fitted with the contrast of the coverage of one allele against the
coverage of the other alleles (*condition*). Specifically, we modeled $K_{i,j}$ the number of reads of
variant i in sample j as:

$$K_{i,j} \sim NB(s_j \times q_{i,j}, \alpha)$$

$$\log_2(q_{i,j}) = \beta_i^0 + \beta_i^{condition}\mathbf{x}_{i,j}^{condition}$$

Where NB is the negative binomial distribution; the dispersion parameter α was fixed for all
variants to $\alpha = 0.05$, which is approximately the average dispersion over all samples based on
the gene-wise analysis; s_j is the size factor of each condition; β_i^0 is the intercept parameter for
variant i. The value of $\mathbf{x}_{i,j}^{condition}$ is 1 for the alternative alleles and 0 otherwise. The resulting
$\beta_i^{condition}$ represents the $\log_2$-fold changes for the alternative allele against the reference allele.
The independent filtering by DESeq2 was disabled (*independentFiltering=FALSE*) to keep the
coverage outliers among the results. To classify a variant as mono-allelically expressed a cutoff
of $\left|\beta_i^{condition}\right| \geq 2$ was used, which corresponds to an allele frequency ≥ 0.8, and we filtered
Hochberg adjusted *P*-values to be smaller than 0.05.

Mass spectrometric sample preparation

We performed quantitative proteomics from a second aliquot of cells taken at the same time
as the RNA-seq aliquot. Mass spectrometric sample preparation was done as described earlier[73].
Briefly, cells were lysed in SDC lysis buffer (1% sodium deoxycholate, 10 mM TCEP, 40 mM
CAA, 100 mM Tris pH 8.5), boiled for 10 min at 95ºC, sonicated and diluted 1:1 with water for
LysC and trypsin digestion. The dilution buffer contained appropriate amounts of proteolytic
enzyme to ensure a ratio of 1:50 (µg enzyme / µg protein). Digestion was performed at 37°C
overnight. Peptides were acidified, loaded on SDB-RPS (poly-styrenedivinylbenzene) material
and eluted. Eluted peptides were collected in autosampler vials and dried using a SpeedVac

centrifuge (Eppendorf, Concentrator plus, 5305 000.304). Peptides were resuspended in buffer
A* (2% ACN, 0.1% TFA) and were sonicated (Branson Ultrasonics, Ultrasonic Cleaner Model
2510).

Mass spectrometric data acquisition

2 μg of peptides per sample were loaded for 100 min gradients separated on a 50 cm column
with 75 μm inner diameter in-house packed with 1.9 μm C18 beads (Dr. Maisch GmbH).
Reverse phase chromatography was performed at 50ºC with an EASY-nLC 1000 ultra-high
pressure system (Thermo Fisher Scientific) coupled to the Q Exactive HF[74] mass spectrometer
(Thermo Fisher Scientific) via a nanoelectrospray source (Thermo Fisher Scientific). Peptides
were loaded in buffer A (0.1% volume/volume formic acid) and eluted with a nonlinear gradient.
Operational parameters were real-time monitored by the SprayQC software[75]. Raw files were
analysed by the software MaxQuant[76] (version 1.5.3.2) and peak lists were searched against the
Homo sapiens Uniprot FASTA database (Version 2014/4) and a common contaminants database
(247 entries) by the Andromeda search engine[77]. Label-free quantification was done using the
MaxLFQ algorithm[78] (for detailed parameters see Supplementary Table 5) integrated into
MaxQuant.

Processing of proteome intensities

The LFQ intensities and gene names were extracted for 6,566 protein groups from the
MaxQuant output file *proteinGroups.txt*. For protein groups with more than one member, the
first member was chosen to represent the group as single protein with a distinct gene name
(similar to earlier studies[79]). MaxLFQ intensities of 0 actually represent non-quantified peaks
and were therefore replaced with missing values (NA). The 10 samples that had a frequency of
missing values higher than 50% were considered bad quality and were discarded. Furthermore,
proteins were discarded because they had no gene name assigned (n=198), were not the most
abundant among their duplicates (n=295), were not expressed in any sample (n=93), because
their 95th percentile was not detected (n=549), which was also considered as not expressed,
analogously to RNA filtering. Finally, 5,431 proteins and 31 samples were considered for further
analysis (Supplementary Data 3).

Computing protein fold changes and differential expression

519 Since the mass spectrometric measurements of all samples were done in a single run, no
520 technical artifacts could be found with a hierarchical clustering. Protein differential expression
521 for each patient compared to the others was tested using moderated T-test approach as
522 implemented in the R/Bioconductor limma package[80]. The transcriptome covariates for sex and
523 HOX effects were used in the linear model for normalization.

Transduction and Transfection

Overexpression of *TIMMDC1* in fibroblast cell lines was performed by lentivirus-mediated
expression of the full-length *TIMMDC1* cDNA (DNASU Plasmid Repository) using the
ViraPower HiPerform Lentiviral TOPO Expression Kit (Thermo Fisher Scientific)[81]. *TIMMDC1*
cDNA was cloned into the pLenti6.3/V5-TOPO expression vector and cotransfected into 293FT

cells with the packaging plasmid mix using Lipofectamine 2000. After 24 h, the transfection mix
was replaced with high glucose DMEM supplemented with 10% FBS. After further 72 h, the
viral particle containing supernatant was collected and used for transduction of the fibroblast cell
lines. Selection of stably expressing cells was performed using 5 µg/mL Blasticidin (Thermo
Fisher Scientific) for 2 weeks.

Immunoblotting

Total fibroblast cell lysates were subjected to whole protein quantification, separated on 4-
12% precast gels (Lonza) by SDS-PAGE electrophoresis and semi-dry transferred to PVDF
membranes (GE Healthcare Life Sciences). The membranes were blocked in 5% non-fat milk
(Bio Rad) in TBS-T for 1 h and immunoblotted using primary antibodies against CLPP (Abcam,
ab56455), MCOLN1 (Abcam, ab28508), NDUFA13 (Abcam, ab110240), NDUFB3 (Abcam,
ab55526), NDUFB8 (Abcam, ab110242), TIMMDC1 (Abcam, ab171978), and UQCRC2
(Abcam, ab14745) for 1 h at RT or ON at 4°C. Signals were detected by incubation with HRP-
conjugated goat anti-rabbit and goat anti-mouse secondary antibodies (Jackson Immuno
Research Laboratories) for 1 h and visualized using ECL (GE Healthcare Life Sciences).

Blue native PAGE (BN-PAGE)

Fresh fibroblast cell pellets were resuspended in PBS supplemented with 0.25 mM PMSF
and 10 U/mL DNAse I and solubilized using 2 mg digitonin/mg protein. The mixture was
incubated on ice for 15 min followed by addition of 1 mL PBS and subsequent centrifugation for
10 min at 10000 g and 4°C. The pellet was resuspended in 1x MB (750 mM ε-aminocaproic
acid, 50 mM bis-Tris, 0.5 mM EDTA, pH 7.0) and subjected to whole protein quantification.
Membrane proteins were solubilized at a protein concentration of 2 µg/µL using 0.5% (v/v) *n*-
dodecyl-β-d-maltoside (DDM) for 1 h on ice and centrifuge for 30 min at 10000 g at 4°C. The
supernatant was recovered and whole protein amount was quantified. Serva Blue G (SBG) was
added to a final concentration of 0.25% (v/v) and 60 µg protein were loaded on NativePAGE 4-
16% Bis-Tris gels (Thermo Fisher Scientific). Anode buffer contained 50 mM Bis-Tris, pH 7.0,
blue cathode buffer contained 15 mM Bis-Tris, 50 mM Tricine, pH 7.0, 0.02% SBG.
Electrophoresis was started at 40 V for 30 min and continued at 130 V until the front line
proceeded 2/3 of the gel. Subsequently, blue cathode buffer was replaced by clear cathode buffer
not containing SBG (15 mM Bis-Tris, 50 mM Tricine, pH 7.0). Proteins were wet transferred to
PVDF membranes and immunoblotted using primary antibodies against NDUFB8 to visualize
complex I and UQCRC2 to visualize complex III.

Proline supplementation growth assay

We modified a method established earlier[51]. For the comparative growth assay, equal number
of cells (n=250) from patient and control were seeded in 96-well plates and cultured in DMEM
containing 10% of either normal or dialyzed FBS. Medium with normal FBS contains small
molecules, whereas medium with dialyzed FBS is free of molecules with a molecular weight
smaller than 10,000 mw (Proline-free medium). To confirm the effect of Proline deprivation,
DMEM containing dialyzed FBS was supplemented with 100 µM L-Proline to rescue the growth
defect. After paraformaldehyde fixation, nuclei were stained with 4',6-diamidino-2-phenylindole

(DAPI) and cell number was determined using a Cytation3 automated plate reader (BioTek,
USA).

Cellular ROS production

572 Intensity of hydroethidine (HEt) oxidation products as a measure of cellular ROS production
573 was quantified in living skin fibroblasts using epifluorescence microscopy as described
574 previously[82].

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Competing financial interests

783   The authors declare that they have no competing interests.

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787   Supplementary tables and R code to reproduce paper figures are available online at our
788 webserver (https://i12g-gagneurweb.in.tum.de/public/paper/mitoMultiOmics).

Figure Legends

Figure 1: Strategy for genetic diagnosis using RNA-seq

The approach we followed started with RNA sequencing of fibroblasts from unsolved WES
patients. Three strategies to facilitate diagnosis were pursued: Detection of aberrant expression
(e.g. depletion), aberrant splicing (e.g. exon creation) and mono-allelic expression of the
alternative allele (i.e. A as alternative allele). Candidates were validated by proteomic
measurements, lentiviral transduction of the wildtype (wt) allele or, in particular cases, by
specific metabolic supplementation.

Figure 2: RNA expression outlier detection and validation

(a) Aberrantly expressed genes (Hochberg corrected *P*-value < 0.05 and |Z-score| > 3) for
each patient fibroblasts.

(b) Gene-wise RNA expression volcano plot of nominal *P*-values (- $\log_{10}$ *P*-value) against Z-
scores of the patient #35791 compared against all other fibroblasts. Absolute Z-scores greater
than 5 are plotted at ±5, respectively.

(c) Same as (b) for patient #73804.

(d) Sample-wise RNA expression is ranked for the genes *TIMMDC1* (top) and *MGST1*
(bottom). Samples with aberrant expression for the corresponding gene are highlighted in red
(#73804, #35791, and #66744).

(e) Gene-wise comparison of RNA and protein fold changes of patient #35791 against all
other fibroblast cell lines. Subunits of the mitochondrial respiratory chain complex I are
highlighted (red squares). Reliably detected proteins that were not detected in this sample are
shown separately with their corresponding RNA fold changes (points below solid horizontal
line).

(f) Western blot of TIMMDC1, NDUFA13, NDUFB3, and NDUFB8 protein in three
fibroblast cell lines without (#62346, #91324, #NHDF) and three with a variant in *TIMMDC1*
(#35791, #66744, #96687), and fibroblasts re-expressing *TIMMDC1* ("-T") (#35791-T, #66744-
T, #96687-T). UQCRC2 was used as loading control. MW, molecular weight; CI, complex I
subunit; CIII, complex III subunit.

(g) Blue native PAGE blot of the control fibroblasts re-expressing *TIMMDC1* (NHDF-T),
the control fibroblasts (NHDF), patient fibroblasts (#96687), and patient fibroblast re-expressing
TIMMDC1 (#96687-T). Immunodecoration for complex I and complex III was performed using
NDUFB8 and UQCRC2 antibodies, respectively. CI, complex I subunit; CIII, complex III
subunit.

Figure 3: Aberrant splicing detection and quantification

(a) Aberrant splicing events (Hochberg corrected *P*-value < 0.05) for all fibroblasts.

(b) Aberrant splicing events (n=175) grouped by their splicing category in undiagnosed patients
(n=48) after manual inspection.

(c) *CLPP* Sashimi plot of exon skipping and truncation events in affected and unaffected
fibroblasts (red and orange, respectively). The RNA coverage is given as the $\log_{10}$ RPKM-value
and the number of split reads spanning the given intron is indicated on the exon-connecting lines.
At the bottom the gene model of the RefSeq annotation is depicted. The aberrantly spliced exon
is colored in red.

(d) Same as in (c) for *TIMMDC1*. At the bottom the newly created exon is depicted in red
within the RefSeq annotation track.

(e) Coverage tracks (light red) for patients #35791, #66744, and #91324 based on RNA and
whole genome sequencing. For patient #91324 only WGS is available. The homozygous SNV
c.596+2146A>G is present in all coverage tracks (vertical orange bar). The top tracks show the
genomic annotation: genomic position on chromosome 3, DNA sequence, amino acid translation
(grey, stop codon in red), the RefSeq gene model (blue line), the predominant additional exon of
TIMMDC1 (blue rectangle), and the SNV annotation of the 1000 Genomes Project (each black
bar represents one variant).

(f) Percent spliced in (Ψ) distribution for different splicing classes and genes. Top:
Histogram giving the genome-wide distribution of the 3' and 5' Ψ-values based on all reads over
all samples. Middle: The shaded horizontal bars represent the densities (black for high density)
of the background, weak and strong splicing class, respectively (Methods). Bottom: Ψ-values of
the predominant donor and acceptor splice sites of genes with private splice sites (i.e found
dominant in at most two samples) computed over all other samples.

Figure 4: Detection and validation of mono-allelic expression of rare variants

(a) Distribution of heterozygous single nucleotide variants (SNVs) across samples for
different consecutive filtering steps. Heterozygous SNVs detected by exome sequencing (black),
SNVs with RNA-seq coverage of at least 10 reads (gray), SNVs where the alternative allele is
mono-allelically expressed (alternative allele frequency > 0.8 and Benjamini-Hochberg corrected
P-value < 0.05, blue), and the rare subset of those (ExAC minor allele frequency < 0.001, red).

(b) Fold change between alternative (ALT+1) and reference (REF+1) allele read counts for
the patient #80256 compared to total read counts per SNV within the sample. Points are colored
according to the groups defined in (a).

(c) Gene-wise comparison of RNA and protein fold changes of the patient #80256 against all
other patients' fibroblasts. The position of the gene *ALDH18A1* is highlighted. Reliably detected
proteins that were not detected in this sample are shown separately with their corresponding
RNA fold changes (points below solid horizontal line).

(d) Relative intensity for metabolites of the proline biosynthesis pathway (inlet) for the
patient #80256 and 16 healthy controls of matching age. Equi-tailed 95% interval (whiskers),
25th, 75th percentile (boxes) and median (bold horizontal line) are indicated. Data points
belonging to the patient are highlighted (red circles and triangles, if Student's *t*-test *P*-value <
0.05).

(e) Cell counts under different growth conditions for the normal human dermal fibroblast
(NHDF) and patient #80256. Both fibroblasts were grown in fetal bovine serum (FBS), dialyzed
FBS (without proline) and dialyzed FBS with proline added. Boxplot as in (d). *P*-values are
based on a two-sided Wilcoxon test.

(f) Intron retention for *MCOLN1* in patient #62346. Tracks from top to bottom: genomic
position on chromosome 19, amino acid translation (red for stop codons), RefSeq gene model,
coverage of whole exome sequencing of patient #62346, RNA-seq based coverage for patients

#62346 and #85153 (red and orange shading, respectively). SNVs are indicated by non-reference
colored bars with respect to the corresponding reference and alternative nucleotide.

Figure 5: Validation summary

(a) Discovery and validation of genes with RNA defects in newly diagnosed patients, i.e.
TIMMDC1 (n=2 patients), *CLPP*, *ALDH18A1*, and *MCOLN1*, and patients with strong
candidates, i.e. *MGST1*. The median number (± median absolute deviation) of candidate genes is
given per detection strategies. Dotted check, manual inspection not statistically significant.

(b) Schematic representation of variant causing splicing defects for TIMMDC1 (top, new
exon red box), CLPP (middle, exon skipping and truncation), and MCOLN1 (bottom, intron
retention). Variants are depicted by a red star.

Genetic diagnosis ◐ No genetic diagnosis after exome sequencing

1. Patient fibroblasts (n=105)

2. RNA sequencing

Aberrant expression   Aberrant splicing   Mono-allelic expression

3. Functional and biochemical validation

Proteomics   Complementation   Supplementation

m/z   wt

Genetic diagnosis ◐ No genetic diagnosis

New genetic diagnosis

a

		TIMMDC1	MGST1	CLPP	ALDH18A1	MCOLN1	Candidates per sample
Detected by	Aberrant expression	✓	✓	-	✓	✓ (dotted)	1± 1
	Aberrant splicing	✓	-	✓	-	✓ (dotted)	5± 3
	Mono-allelic expression	-	-	-	✓	✓ (dotted)	6± 3
Validated by	Proteomics/Western blot	✓	✓	✓	✓	-	
	Complementation	✓	-	-	-	-	
	Supplementation	-	-	-	✓	-	
	Disease associated variant detected	✓	-	✓	✓	✓	

b