INFERENCE OF CELL TYPE COMPOSITION FROM HUMAN BRAIN TRANSCRIPTOMIC

DATASETS ILLUMINATES THE EFFECTS OF AGE, MANNER OF DEATH, DISSECTION,

AND PSYCHIATRIC DIAGNOSIS

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Abstract

Psychiatric illness is unlikely to arise from pathology occurring uniformly across all cell types in affected brain regions. Despite this, transcriptomic analyses of the human brain have typically been conducted using macro-dissected tissue due to the difficulty of performing single-cell type analyses with donated post-mortem brains. To address this issue statistically, we compiled a database of several thousand transcripts that were specifically-enriched in one of 10 primary cortical cell types in previous publications. Using this database, we predicted the relative cell type composition for 833 human cortical samples using microarray or RNA-Seq data from the Pritzker Consortium (GSE92538) or publicly-available databases (GSE53987, GSE21935, GSE21138, CommonMind Consortium). These predictions were generated by averaging normalized expression levels across transcripts specific to each cell type using our R-package *BrainInABlender* (validated and publicly-released: https://github.com/hagenaue/BrainInABlender). Using this method, we found that the principal components of variation in the datasets strongly correlated with the neuron to glia ratio of the samples. This variability was not simply due to dissection – the relative balance of brain cell types appeared to be influenced by a variety of demographic, pre- and post-mortem variables. Prolonged hypoxia around the time of death predicted increased astrocytic and endothelial gene expression, illustrating vascular upregulation. Aging was associated with decreased neuronal gene expression. Red blood cell gene expression was reduced in individuals who died following systemic blood loss. Subjects with Major Depressive Disorder had decreased astrocytic gene expression, mirroring previous morphometric observations. Subjects with Schizophrenia had reduced red blood cell gene expression, resembling the hypofrontality detected in fMRI experiments. Finally, in datasets containing samples with especially variable cell content, we found that controlling for predicted sample cell content while evaluating differential expression improved the detection of previously-identified psychiatric effects. We conclude that accounting for cell type can greatly improve the interpretability of transcriptomic data.

1. Introduction

The human brain is a remarkable mosaic of diverse cell types stratified into rolling cortical layers,

arching white matter highways, and interlocking deep nuclei. In the past decade, we have come to

recognize the importance of this cellular diversity in even the most basic neural circuits. At the same time,

we have developed the capability to comprehensively measure the thousands of molecules essential for

cell function. These insights have provided conflicting priorities within the study of psychiatric illness: do

we carefully examine individual molecules within their cellular and anatomical context or do we extract

transcript or protein en masse to perform large-scale unbiased transcriptomic or proteomic analyses? In

rodent models, researchers have escaped this dilemma by a boon of new technology: single cell laser

capture, cell culture, and cell-sorting techniques can provide sufficient extract for transcriptomic and

proteomic analyses. However, single cell type analyses of the human brain are far more challenging (1–3)

– live tissue is only available in the rarest of circumstances and intact single cells are difficult to

dissociate from post-mortem tissue without intensive procedures like laser capture microscopy.

Therefore, to date, the vast majority of unbiased transcriptomic analyses of the human brain have

been conducted using macro-dissected, cell-type heterogeneous tissue. On Gene Expression Omnibus

(GEO) alone, there are at least 63[*] publicly-available macro-dissected post-mortem human brain tissue

datasets, and many others are available to researchers via privately-funded portals (Stanley Medical

Research Institute, Allen Brain Atlas, CommonMind Consortium). These datasets have provided us with

novel hypotheses (e.g., (4,5)), but often a relatively small number of candidate molecules survive analysis

despite careful sample collection, and interpreting molecular results in isolation from their respective

cellular context can be exceedingly difficult. At the core of this issue is the inability to differentiate

between (1) alterations in gene expression that reflect an overall disturbance in the relative ratio of the

different cell types comprising the tissue sample, and (2) intrinsic dysregulation of one or more cell types,

indicating perturbed biological function.

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[*] As of 9-14-2017

In this manuscript, we present results from an easily accessible solution to this problem that

allows researchers to statistically estimate the relative number or transcriptional activity of particular cell

types in macro-dissected human brain transcriptomic data by tracking the collective rise and fall of

previously identified cell type specific transcripts. Similar techniques have been used to successfully

predict cell type content in human blood samples (6–9), as well as diseased and aged brain samples (10–

12). Our method was specifically designed for application to large, highly-normalized human brain

transcriptional profiling datasets, such as those commonly used by neuroscientific research bodies such as

the Pritzker Neuropsychiatric Research Consortium and the Allen Brain Institute.

We took advantage of a series of newly available data sources depicting the transcriptome of

known cell types, and applied them to infer the relative balance of cell types in our tissue samples. We

draw from seven large studies detailing cell-type specific gene expression in a wide variety of cells in the

forebrain and cortex (2,13–18). Our analyses include all major categories of cortical cell types (17),

including two overarching categories of neurons that have been implicated in psychiatric illness (19):

projection neurons, which are large, pyramidal, and predominantly excitatory, and interneurons, which

are small and predominantly inhibitory (20). These are accompanied by three prevalent forms of glia that

make up the majority of cells in the brain: oligodendrocytes, which provide the insulating myelin sheath

for axons (21), astrocytes, which help create the blood-brain barrier and provide structural and metabolic

support for neurons (21), and microglia, which serve as the brain's resident macrophages and provide an

active immune response (21). We also incorporate vascular cell types: endothelial cells, which line the

interior surface of blood vessels, and mural cells (smooth muscle cells and pericytes), which regulate

blood flow (22). We included progenitor cells because they are widely implicated in the pathogenesis of

mood disorders (23). Within the cortex, these cells mostly take the form of immature oligodendrocytes

(17). Finally, the primary cells found in blood, erythrocytes or red blood cells (RBCs), carry essential

oxygen throughout the brain. These cells lack a cell nucleus and do not generate new RNA, but still

contain an existing, highly-specialized transcriptome (24). The relative presence of these cells could

arguably represent overall blood flow, the functional marker of regional neural activity traditionally used

in human imaging studies.

To characterize the balance of these cell types in psychiatric samples, we first demonstrate that our

method of summarizing cell type specific gene expression into a single metric ("cell type index") can

reliably predict relative cell type balance in a variety of validation datasets. Then we discover that the

predicted cell type balance of samples can explain a large percentage of the variation in macro-dissected

human brain microarray and RNA-Seq datasets. This variability is driven by pre- and post-mortem

subject variables, such as age, aerobic environment, and large scale blood loss, in addition to dissection.

Finally, we demonstrate that our method enhances our ability to discover and interpret psychiatric effects

in human transcriptomic datasets, uncovering previously-documented changes in cell type balance in

relationship to Major Depressive Disorder and Schizophrenia and potentially increasing our sensitivity to

detect genes with previously-identified relationships to Bipolar Disorder and Schizophrenia in datasets

that contain samples with highly-variable cell content.

2.   Methods

2.1 Compiling a Database of Cell Type Specific Transcripts

To perform this analysis, we compiled a database of several thousand transcripts that were

specifically-enriched in one of nine primary brain cell types within seven published single-cell or purified

cell type transcriptomic experiments using mammalian brain tissues (2,13–18). These primary brain cell

types included six types of support cells: astrocytes, endothelial cells, mural cells, microglia, immature

and mature oligodendrocytes, as well as two broad categories of neurons (interneurons and projection

neurons). We also included a category for neurons that were extracted without purification by subtype

("neuron_all"). The experimental and statistical methods for determining whether a transcript was

enriched in a particular cell type varied by publication (**Table 1**), and included both RNA-Seq and

microarray datasets. We focused on cell-type specific transcripts identified using cortical or forebrain

samples because the data available for these brain regions was more plentiful than for the deep nuclei or

the cerebellum. In addition, we artificially generated a list of 17 transcripts specific to erythrocytes by

searching Gene Card for erythrocyte and hemoglobin-related genes (http://www.genecards.org/).

In all, we curated gene expression signatures for 10 cell types expected to account for most of the

cells in the cortex. Our final database included 2499 unique human-derived or orthologous (as predicted

by HCOP using 11 available databases: http://www.genenames.org/cgi-bin/hcop) transcripts, with a focus

on coding varieties. We have made this database publicly available within **Suppl. Table 1**. An updateable

version is also accessible within our R package (https://github.com/hagenaue/BrainInABlender) and as a

downloadable spreadsheet (https://sites.google.com/a/umich.edu/megan-hastings-hagenauer/home/cell-

type-analysis).

Citation	Subjects	Tissue	Purification Method	Platform	Stringency	Derived Cortical Cell Type Indices	Transcripts/ Orthologs
Cahoy et al., *J Neuro,* 2008.	Young transgenic mice	Forebrain	Fluorescent cell sorting using antibodies to deplete non-specific cell types	Affymetrix microarray	>20 Fold Enrichment	Astrocyte_All	73
						Neuron_All	80
						Oligodendrocyte_All	50
Zhang et al., *J Neuro,* 2014	Young transgenic mice	Cortex	Fluorescent cell sorting using antibodies to deplete non-specific cell types	RNA-Seq	Top 40 transcripts with >20 Fold Enrichment	Astrocyte_All	40
						Endothelial_All	40
						Microglia_All	40
						Mural_Pericyte	40
						Neuron_All	40
						Oligodendrocyte_Myelinating	40
						Oligodendrocyte_Newly-Formed	39
						Oligodendrocyte_Progenitor Cell	40
Zeisel et al., *Science,* 2015	Juvenile mice	Somatosensory cortex and CA1 hippocampus	Unbiased capture of single cells from whole tissue cell suspension	RNA-Seq	Enriched with 99.9% posterior probability	Astrocyte_All	240
						Endothelial_All	353
						Microglia_All	436
						Mural_All	155
						Neuron_Interneuron	365
						Neuron_Pyramidal_Cortical	294
						Oligodendrocyte_All	453
Darmanis et al., PNAS, 2015	Adult human epileptic patients	Anterior temporal lobe	Unbiased capture of single cells from whole tissue cell suspension	RNA-Seq	"Top 20" enriched transcripts	Astrocyte_All	21
						Endothelial_All	21
						Microglia_All	21
						Neuron_All	21
						Oligodendrocyte_Mature	21
						Oligodendrocyte_Progenitor Cell	21
Doyle et al., *Cell,* 2008	Young transgenic mice	Cortex, striatum, cerebellum, spinal cord, basal forebrain, and brain stem	Capture of translated mRNA from specific cell types labeled in transgenic mice using translating ribosome affinity purification (TRAP)	Affymetrix microarray	Top 25 enriched transcripts determined by iterative rank comparisons	Astrocyte_All	25
						Neuron_CorticoSpinal	25
						Neuron_CorticoStriatal	25
						Neuron_CorticoThalamic	25
						Neuron_Interneuron_CORT	25
						Neuron_Neuron_CCK	25
						Neuron_Neuron_PNOC	24
						Oligodendrocyte_All	25
						Oligodendrocyte_Mature	25
Daneman et al., *PLOS,* 2010	Young transgenic mice	Cortex	Fluorescent cell sorting using antibodies to deplete non-specific cell types	Affymetrix microarray	>20 Fold enrichment for endothelial, >8 fold enrichment for vasculature	Endothelial_All	49
						Mural_Vascular	50
Sugino et al., *Nature Neuro,* 2006	Transgenic mice	Cingulate and somatosensory cortices, basolateral amygdala, CA1-CA3 hippocampus, and dorsal LGN of the	Hand-sorting fluorescently-labeled cells followed by amplification	Affymetrix microarray	Enriched with p< 1.5E-11	Neuron_GABA	32
						Neuron_Glutamate	67
Gene card	Human	Human	Erythrocyte-related genes	Unknown	Unknown	RBC_All	17

Table 1. Thousands of transcripts have been identified as specifically-enriched in particular cortical cell types within published single-cell or purified cell type transcriptomic experiments. *The experimental and statistical methods for determining whether a transcript was enriched in a cell type varied by publication, and included both RNA-Seq and microarray datasets.*

2.2 *"BrainInABlender":* Employing the Database of Cell Type Specific Transcripts to Predict

Relative Cell Type Balance in Heterogenous Brain Samples

Next, we designed a method that uses the collective expression of cell type specific transcripts in

brain tissue samples to predict the relative cell type balance of the samples ("BrainInABlender"). We

specifically designed BrainInABlender to be compatible with large human brain transcriptional profiling

datasets such as those used by our research consortium (Pritzker) and the Allen Brain Institute, which

may lack full information about relative levels of expression within individual samples due to the

extensive normalization procedures used to combine data across batches or platforms. We have made our

method publicly-available in the form of a downloadable R package

(https://github.com/hagenaue/BrainInABlender).

In brief, BrainInABlender extracts the data from transcriptional profiling datasets that represent

genes identified in our database as having cell type specific expression in the brain (as curated by official

gene symbol). Prior to application of our method, the dataset should be in the format of expression-level

summary data (RNA-Seq: gene-level summary - CPM, RPKM or TPM; microarray: probe or probeset

summary), and should have received at least some basic preprocessing, including log(2) transformation,

normalization to eliminate technical variation, and standard quality control. Within BrainInABlender,

these data are then centered and scaled across samples (mean=0, sd=1) to prevent transcripts with more

variable signal from exerting disproportionate influence on the results. Then, if necessary, the normalized

data from all transcripts representing the same gene are averaged for each sample and re-scaled. Finally,

for each sample, these values are averaged across the genes identified as having expression specific to a

particular cell type for each reference publication included in the database of cell type specific transcripts.

This creates 38 cell type signatures derived from the cell type specific genes identified by the eight

publications ("Cell Type Indices"), each of which predicts the relative content for one of the 10 primary

cell types in our brain samples (**Figure 1**).

Later, during validation analyses (***Suppl. Section 7.2***), we found substantial support for simply

averaging these 38 publication-specific cell type indices within each of the primary categories to produce

ten consolidated primary cell-type indices for each sample. To perform this consolidation, we also

removed any transcripts that were identified as "cell type specific" to multiple primary cell type

categories (**Suppl. Figure 3**). These consolidated indices are included as output from BrainInABlender.

121   Please note that our method was specifically designed to tackle challenges present in our

microarray data, but we later discovered that it bears some resemblance to the existing method of

Population Specific Expression Analysis (PSEA, (10–12)). A more detailed discussion of the similarities

and differences between the techniques can be found in ***Suppl. Section 7.2.2.***

Figure 1. Predicting the relative cell type balance in human brain samples using genes previously-
identified as having cell type specific expression. Within macro-dissected brain tissue samples, variable
cell type balance is likely to influence the pattern of gene expression. To estimate this variability, we
extracted the data for genes that had been previously identified as having cell type specific expression in
*previous publications ("Database of genes with cell type specific expression", **Table 1**) and then*
averaged across the transcripts identified as specific to a particular cell type for each reference
publication in our database to create 38 different "Cell Type Indices" that predicted relative cell content
in each of the brain samples. Then, for many analyses in our paper, these publication-specific cell type
indices were averaged within their cell type category to produce consolidated cell type indices
representing each of the 10 primary cell types in the human cortex.

2.3 Validation of Relative Cell Content Predictions

We initially validated our method using publicly-available datasets from purified cortical cell

types (RNA-seq datasets GSE52564 and GSE6783), artificial mixtures of cells produced *in silico* by

sampling from within these datasets, and microarray data from samples containing artificially-generated

mixtures of cultured cells from P1 pups (Affymetrix Rat Genome 230 2.0 Array dataset GSE19380;

further detail: *Suppl. Sections 7.1.1- 7.1.2*). For each of these analyses, we examined the correlation

between the cell type indices outputted by BrainInABlender and the documented cell content of the

samples.

Next, we wanted to see whether the cell content predictions produced by BrainInABlender could

also correctly reflect relative cell type balance in human post-mortem samples. To test this, we applied

our method to a large human post-mortem Agilent microarray dataset (841 samples) spanning 160 cortical

and subcortical brain regions from the Allen Brain Atlas (http://human.brain-map.org/microarray/search,

December 2015, (25)). This dataset was derived from high-quality tissue (absence of neuropathology,

pH>6.7, post-mortem interval<31 hrs, RIN>5.5) from 6 human subjects (26). The tissue samples were

collected using a mixture of block dissection and laser capture microscopy (27). After applying

BrainInABlender, we compared the outputted cell type index results between selected brain regions

known to contain relatively more (+) or less (-) of a particular cell type using Welch's t-test (further

detail: *Suppl. Section 7.1.4)*.

2.4 Predicting Relative Cell Content in Transcriptomic Data from Macro-Dissected Human

Cortical Tissue from Psychiatric Subjects

Next, we profiled cell type specific gene expression in several large psychiatric human brain

microarray datasets. The first was a large Pritzker Consortium Affymetrix U133A microarray dataset

derived from high-quality human post-mortem dorsolateral prefrontal cortex samples (final n=157

subjects), including tissue from subjects without a psychiatric or neurological diagnosis ("Controls",

n=71), or diagnosed with Major Depressive Disorder ("MDD", n=40), Bipolar Disorder ("BP", n=24), or

Schizophrenia ("Schiz", n= 22). The severity and duration of physiological stress at the time of death was

represented by an agonal factor score for each subject (ranging from 0-4, with 4 representing severe

physiological stress (28,29)). We measured the pH of cerebellar tissue to indicate the extent of oxygen

deprivation experienced around the time of death (28,29) and calculated the interval between the

estimated time of death and the freezing of the brain tissue (the postmortem interval or PMI) using

coroner records. Our current analyses began with subject-level summary gene expression data

(GSE92538).

We determined the replicability of our results using three smaller publicly-available post-mortem

human cortical Affymetrix U133Plus2 microarray datasets (GSE53987 (30), GSE21935 (31), GSE21138

(32), **Table 2.**). These datasets were selected because they included both psychiatric and control samples,

and provided pH, PMI, age, and gender in the demographic information on the GEO website

(https://www.ncbi.nlm.nih.gov/geo/). To control for technical variation, the sample processing batches

were estimated using the microarray chip scan dates extracted from the .CEL files and RNA degradation

was estimated using the R package AffyRNADegradation (33).

Finally, we also explored replicability within the recently-released large CommonMind

Consortium (CMC) human dorsolateral prefrontal cortex RNA-seq dataset (34); downloaded from the

CommonMind Consortium Knowledge Portal (https://www.synapse.org/CMC; final n=514 subjects). We

predicted the relative cell type content of these samples using a newer version of BrainInABlender (v2)

which excluded a few of the weaker cell type specific gene sets (15).

In general, the full preprocessing methods for these datasets can be found in ***Suppl. Section 7.1.***

The code for all analyses in the paper can be found at https://github.com/hagenaue/ and

https://github.com/aschulmann/CMC_celltype_index.

Microarray:

GEO Accession #	Published?	Brain Bank	Brain Region	Sample Size (no outliers)	Subjects per group (no outliers)	AVE pH (+/- SD)	AVE Age (+/- SD)	AVE PMI (+/- SD)	% Female
GSE92538	*Current paper:* Hagenauer (2018)	Pritzker Consortium: UC-Irvine	BA9/BA46	**337** (multiple replicates/ subject)	**157:** 71 CNTRL, 24 BP, 40 MDD, 22 SCHIZ	**6.8** (+/-0.3)	**52** (+/-15)	**24** (+/-9)	**27%**
GSE53987	Lanz et al. (2015)	PITT	BA46: *grey matter*	**66**	**66:** 18 CNTRL, 17 BP, 17 MDD, 14 SCHIZ	**6.6** (+/-0.3)	**46** (+/-10)	**20** (+/-6)	**45%**
GSE21935	Barnes et al. (2011)	CCHPC	BA22	**42**	**42:** 19 CNTRL, 23 SCHIZ	**6.3** (+/-0.3)	**70** (+/-19)	**8** (+/-5)	**45%**
GSE21138	Narayan et al. (2008)	MHRI	BA46: *grey matter*	**54**	**54:** 27 CNTRL, 27 SCHIZ	**6.3** (+/-0.2)	**45** (+/-17)	**40** (+/-13)	**17%**

RNA-Seq:

Public Data Release	Published?	Brain Bank	Brain Region	Sample Size (all)	Subjects per group (all)	AVE pH (+/- SD)	AVE Age (+/- SD)	AVE PMI (+/- SD)	% Female
Synapse.org	Fromer et al. (2016)	CommonMind Consortium: MSSM, PENN, PITT	BA9 / BA46 (PITT: *grey matter)*	**621**	**603:** 285 CNTRL, 263 SCZ, 47 BP, 8 AFF	**6.5** (+/- 0.3)	**65** (+/- 18) (binned 90+)	**17** +/- 11	**41%**

Table 2. We examined the pattern of cell-type specific gene expression in five post-mortem human
cortical tissue datasets that included samples from subjects with psychiatric illness. *Abbreviations:*
CTRL: control, BP: Bipolar Disorder, MDD: Major Depressive Disorder, SCHIZ: Schizophrenia, GEO:
Gene Expression Omnibus, BA: Brodmann's Area, PMI: Post-mortem interval, SD: Standard Deviation,
Brain Banks: UC-Irvine (University of California – Irvine), PITT (University of Pittsburgh), CCHPC
(Charing Cross Hospital Prospective Collection), MSSM (Mount Sinai Icahn School of Medicine), MHRI
(Mental Health Research Institute Australia), PENN (University of Pennsylvania)

3.5 Examining the Relationship Between Predicted Cell Content Derived from Transcriptional

Profiling Data and Clinical/Biological Variables

We next set out to observe the relationship between the predicted cell content of our samples and

a variety of medically-relevant subject variables. To perform this analysis, we first examined the

relationship between seven relevant subject variables and each of the ten consolidated cell type indices in

the Pritzker prefrontal cortex dataset using a linear regression model that allowed us to simultaneously

control for other likely confounding variables:

Equation 1:

Cell Type Index= $\beta 0 +\beta 1*$(Brain pH)+$\beta 2*$(Agonal Factor)
$+\beta 3*$(PMI)+$\beta 4*$(Age)+$\beta 5*$(Sex)+$\beta 6*$(Diagnosis)+ $\beta 7*$(Exsanguination)+ ε

We then examined the replicability of these relationships using data from the three smaller

publicly-available human post-mortem microarray datasets (GSE53987, GSE21935, GSE21138). For

these datasets, we initially lacked detailed information about manner of death (agonal factor and

exsanguination), but were able to control for technical variation within the model using statistical

estimates of RNA degradation and batch (scan date):

Equation 2:

Cell Type Index= $\beta_0 +\beta_1$*(Brain pH)+β_2*(PMI)+β_3*(Age)+β_4*(Sex)+β_5*(Diagnosis)+
β_6*(RNA Degradation)+ β_7*(Batch, *when applicable*)+ ϵ

We evaluated replicability by performing a meta-analysis for each variable and cell type combination

across the four microarray datasets. To do this, we applied random effects modeling to the respective

betas and accompanying sampling variance derived from each dataset using the *rma.mv()* function within

the *metafor* package (35). P-values were corrected for multiple comparisons following the Benjamini-

Hochberg method (FDR or q-value; (36)).

Finally, we characterized these relationships in the large CMC RNA-seq dataset. For this dataset, we

had some information about manner of death but lacked knowledge of agonal factor or exsanguination.

We controlled for technical variation due to dissection site (institution) and RNA degradation (RIN):

Equation 3:

Cell Type Index= $\beta_0 +\beta_1$*(Brain pH)+β_2*(PMI)+β_3*(Age)+β_4*(Sex)+β_5*(Diagnosis)+
β_6*(RNA Degradation)+ β_7*(Institution)+ β_8*(MannerOfDeath)+ϵ
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3.6 Characterizing Psychiatric Gene Expression using Differential Expression Models that Include

Either Standard Co-variates or Cell Type Indices

To determine whether controlling for variability in cell type balance in the dataset could improve our

ability to detect differential expression related to psychiatric illness, we compared differential expression

results within the human psychiatric datasets that were derived from linear regression models of

increasing complexity, including a simple base model containing just the variable of interest ("Model 1"),

a standard model controlling for traditional co-variates ("Model 2"), and a model controlling for

traditional co-variates as well as each of the cell type indices ("Model 5"). We also used two reduced

models that only included the most prevalent cell types (Astrocyte, Microglia, Oligodendrocyte,

Neuron_Interneuron, Neuron_Projection; (21)) to avoid issues with multicollinearity. The first of these

models included traditional co-variates ("Model 4"), whereas the second model excluded them ("Model

3") (**Equation 4**).

Equation 4: A model of gene expression for each dataset, colored to illustrate the subcomponents
evaluated during our model comparison (#M1-M5). *The base model (intercept and variable of interest)*
is presented in green, traditional subject variable covariates are blue, the cell type indices for the most
prevalent cell types are red, and the remaining cell type indices are purple. Model components unique to
each dataset are underlined.

The Pritzker microarray dataset:
Gene Expression (Probeset Signal) =
$\beta 0 + \beta 1$*(The variable of interest: Diagnosis)
$+\beta 2$*(Brain pH)+ $\beta 3$*(PMI)+ $\beta 4$*(Age)+ $\beta 5$*(Sex)+ $\beta 6$*(Agonal Factor)+
+ $\beta 7$*(Astrocyte)+$\beta 8$*(Oligodendrocyte)+$\beta 9$*(Microglia)+$\beta 10$*(Interneuron)+$\beta 11$*(ProjectionNeuron)
+$\beta 12$*(Endothelial)+$\beta 13$*(Neuron_All)+$\beta 14$*(Oligodendrocyte_Immature)+$\beta 15$*(Mural)+$\beta 16$*(RBC)+ ε

The CMC RNA-Seq dataset:
Gene Expression (Probeset Signal) =
$\beta 0 + \beta 1$*(The variable of interest: Diagnosis)
+$\beta 2$*(Brain pH)+$\beta 3$*(PMI)+ $\beta 4$*(Age)+ $\beta 5$*(Sex)+ $\beta 6$*(RIN)+$\beta 7$*(Institution)+ $\beta 8$*(CauseOfDeath)+
+ $\beta 9$*(Astrocyte)+$\beta 10$*(Oligodendrocyte)+$\beta 11$*(Microglia)+$\beta 12$*(Interneuron)+$\beta 13$*(ProjectionNeuron)
+$\beta 14$*(Endothelial)+$\beta 15$*(Neuron_All)+$\beta 16$*(Oligodendrocyte_Immature)+$\beta 17$*(Mural)+$\beta 18$*(RBC)+ ε
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The smaller microarray datasets (GSE53987, GSE21935, GSE21138):
Gene Expression (Probeset Signal) =
$\beta 0 + \beta 1$*(The variable of interest: Diagnosis)
+$\beta 2$*(Brain pH)+$\beta 3$*(PMI)+ $\beta 4$*(Age)+ $\beta 5$*(Sex)+ $\beta 6$*(RNADegradation)+
+ $\beta 7$*(Astrocyte)+$\beta 8$*(Oligodendrocyte)+$\beta 9$*(Microglia)+$\beta 10$*(Interneuron)+$\beta 11$*(ProjectionNeuron)
+$\beta 12$*(Endothelial)+$\beta 13$*(Neuron_All)+$\beta 14$*(Oligodendrocyte_Immature)+$\beta 15$*(Mural)+$\beta 16$*(RBC)+ ε

3.7 Functional Ontology with Cell Type Specific Gene Sets

We ran a series of analyses to evaluate how well we could distinguish between changes in cell type

balance in the tissue and changes in cell type specific functions. First, as a case study, we specifically

examined the relationship between age and the functional annotation for genes found in the Neuron_All

index in more depth. To do this, we evaluated the relationship between age and gene expression in the

Pritzker dataset using a standard model that controlled for traditional confounds ("Model 2") using the

signal data for all probesets in the dataset. We used "DAVID: Functional Annotation Tool"

(//david.ncifcrf.gov/summary.jsp, (37,38) to identify the functional clusters that were overrepresented by

the genes included in our neuronal cell type index (using the full HT-U133A chip as background), and

then determined the average effect of age (beta) for the genes included in each of the 240 functional

clusters. These functional clusters overrepresented dendritic/axonal related functions, so for a follow-up

analysis, in a manner that was blind to the results, we subsetted the results into 29 functional clusters that

were clearly related to dendritic/axonal functions and 41 functional clusters that seemed distinctly

unrelated to dendritic/axonal functions (**Suppl. Table 4**) and compared the average effect of age in these

two subsets using a Welch's t-test.

In the next analysis, we decided to make the process of differentiating between altered cell type-

specific functions and relative cell type balance more efficient. We used our cell type specific gene lists to

construct gene sets in a file format (.gmt) compatible with the popular tool Gene Set Enrichment Analysis

(GSEA, (39,40)) and combined them with two other commonly-used gene set collections from the

molecular signatures database (MSigDB: http://software.broadinstitute.org/gsea/msigdb/index.jsp,

downloaded 09/2017, "C2: Curated Gene Sets" and "C5: GO Gene Sets", **Suppl. Table 5**). Then we

tested the utility of incorporating our new gene sets into GSEA (fGSEA: (41)) using the ranked results

(betas) for the relationship between each subject variable and each probeset in the Pritzker dataset (as

evaluated using a standard model: "Model 2").

3.   Results & Discussion

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3.1 Validation of Relative Cell Content Predictions

Validation Using Datasets Derived from Purified or Cultured Cells: We initially validated our

method using publicly-available datasets from purified cell types (datasets GSE52564 and GSE6783;

(2,18) and *in silico* derived mixtures and found that the statistical cell type indices easily predicted the cell

type identities of the samples (***Suppl. Section 7.2.10***). Therefore, as further validation, we determined

whether relative cell type balance could be accurately deciphered from microarray data for samples

containing artificially-generated mixtures of cultured cells (GSE19380; (12)). We found that the

consolidated cell type indices produced by BrainInABlender strongly correlated with the actual

percentage of cells of a particular type included in the artificial mixtures (**Figure 2**, Neuron% vs.

Neuron_All Index: R^2=0.93, p=1.54e-15, Astrocyte% vs. Astrocyte Index: R^2=0.77, p=5.05e-09,

Microglia% vs. Microglia Index: R^2=0.64, p=8.2e-07), although we found that the cell type index for

immature oligodendrocytes better predicted the percentage of cultured oligodendrocytes in the samples

than the cell type index for mature oligodendrocytes (Mature: R^2=0.45, p=0.000179, Immature: R^2=0.81,

p=4.14e-10). We believe this discrepancy is likely to reflect the specific cell culture conditions used in the

original admixture experiment. Notably, the relationship between the consolidated cell type indices and

the actual percentage of each cell type included in the artificial mixtures was approximately linear, despite

the use of log(2)-transformed expression data.

Figure 2. Validation of Relative Cell Content Predictions. *A) Using a microarray dataset derived from samples that contained artificially-generated mixtures of cultured cells (GSE19380; (12)), we found that our relative cell content predictions ("cell type indices") closely reflected actual known content. However, note that the numeric values for the cell type indices do not convey an absolute proportion of cells of a particular type in the sample - simply whether a sample contains relatively more or less of the cell type of interest in comparison to other samples in the dataset. B) Our cell type indices also easily*

differentiated human post-mortem samples derived from brain regions that are known to contain
relatively more (+, red) or less (-, blue) of the targeted cell type of interest (all p<0.007). Results from the
middle frontal gyrus are included for comparison, since the rest of the paper primarily focuses on
prefrontal cortical data. (Bars: average +/-SE).

Validation Using a Dataset Derived from Human Post-Mortem Tissue: Next, we wanted to see

whether the cell content predictions produced by BrainInABlender correctly reflected relative cell type

balance in human post-mortem samples. To test this, we applied our method to a large cross-regional

human post-mortem microarray dataset (25), and extracted the results for a selection of brain regions that

are known to contain relatively more (+) or less (-) of particular cell types (the results for other regions

can be found in **Suppl. Table 2**). The results clearly indicated that our cell type analyses could identify

well-established differences in cell type balance across brain regions (**Figure 2,** (+) region vs. (-) region

for all cell types: *p<0.007*, Cohen's *d>*3.2). The choroid plexus had elevated gene expression specific to

vasculature (endothelial cells, mural cells, (42)). The corpus callosum and cingulum bundle showed an

enrichment of oligodendrocyte-specific gene expression (42). The central glial substance was enriched

with gene expression specific to glia and support cells, especially astrocytes. The dentate gyrus, which

contains densely-packed glutamatergic granule cells (43), was enriched for gene expression specific to

projection neurons. The highly GABA-ergic central nucleus of the amygdala (44) had a slight enrichment

of gene expression specific to interneurons. These results provide fundamental validation that our

methodology can accurately predict relative cell type balance in human post-mortem samples. Moreover,

these results suggest that the cell type indices are capable of generally tracking their respective cell types

in subcortical structures, despite the dependency of our method on cell type specific gene lists derived

from the forebrain and cortex.

3.8 Inferred Cell Type Composition Explains a Large Percentage of the Sample-Sample Variability

in Transcriptomic Data from Macro-Dissected Human Cortical Tissue

Using principal components analysis we found that the primary gradients of gene expression

variation across samples in all four of the cortical transcriptomic datasets strongly correlated with our

estimates of cell type balance. For example, while analyzing the Pritzker microarray dataset, we found

that the first principal component (PC1), which encompassed 23% of the variation in gene expression

across samples in the dataset, spanned from samples with high predicted support cell content to samples

with high predicted neuronal content. Therefore, a large percentage of the variation in PC1 (91%) was

accounted for by an average of the astrocyte and endothelial indices (p=2.2e-82, with a respective R^2 of

0.80 and 0.75 for each index analyzed separately) or by the general neuron index (p=6.3e-32, R^2=0.59).

The second notable gradient in the dataset (PC2) encompassed 12% of the variation overall, and spanned

samples with high predicted projection neuron content to samples with high predicted oligodendrocyte

content (with a respective R^2 of 0.62 and 0.42, and p-values of p=8.5e-35 and p=8.7e-20).

To confirm that the strong relationship between the top principal components of variation and our

cell type indices did not originate artificially due to cell type specific genes representing a large

percentage of the most highly variable transcripts in the dataset, we repeated the principal components

analysis after excluding all cell type specific transcripts from the dataset and still found these strong

correlations (**Figure 3;** PC1 vs. average astrocyte/endothelial index: R^2=0.89, p=1.1e-76; PC2 vs.

projection neuron index: R^2=0.65, p=1.6e-37). Indeed, individual cell type indices still better accounted

for the main principal components of variation in the microarray data than *all other major subject*

variables combined (pH, Agonal Factor, PMI, Age, Gender, Diagnosis; PC1: R^2=0.416, PC2: R^2=0.203).

Similarly, when examining the data for individual probesets, a linear model that included just the six

subject variables (**Equation 4**) accounted for an average of only 12% of the variation (R^2,

Adj.R^2=0.0692), whereas a linear model including the astrocyte and projection neuron indices alone

accounted for 17% (R^2, Adj.R^2=0.156) and a linear model including all 10 cell types accounted for an

average of 30% (R^2, Adj.R^2=0.255), almost one third of the variation present in the data for any particular

probeset. Therefore, a large percentage of the genes in our dataset seemed to be preferentially expressed

in relationship to particular cell types, even if their expression was not defined as strictly cell type specific

in our database.

Figure 3. Cell content predictions explain a large percentage of the variability in microarray data
derived from the human cortex. As an example, within the Pritzker dataset, even after excluding all data
from genes identified as cell type specific in our database, A) the first principal component of variation
(PC1) was strongly correlated with predicted "support cell" content in the samples (the average of the
astrocyte and endothelial indices). B) PC2 was strongly correlated with predicted projection neuron
content. Likewise, when applying a linear model to the data for each probeset, the R^2 values for each
probeset (illustrated in the histogram) tended to be much smaller when using a model that included C)
only the six subject variables, versus D) only the five most prevalent cortical cell types.

374   Within the other four human cortical tissue datasets, the relationships between the top principal

375   components of variation and the consolidated cell type indices were similarly strong (***Suppl. Section 3.8***),

376   despite the fact that these datasets had received less preprocessing to remove the effects of technical

377   variation. These results indicated that accounting for cell type balance is important for the interpretation

378 of post-mortem human brain transcriptomic data and might improve the signal-to-noise ratio in analyses

379 aimed at identifying psychiatric risk genes.

380 **3.9 Cell Content Predictions Derived from Transcriptional Profiling Data Match Known**

381  **Relationships Between Clinical/Biological Variables and Brain Tissue Cell Content**

382  We next set out to observe the relationship between the predicted cell content of our samples and a

383 variety of medically-relevant subject variables. This analysis uncovered many relationships that had been

384 previously-identified using other paradigms or animal models (**Figure 4, Suppl. Table 3**).

385  *Dissection:* First, as a proof of principle, we were able to clearly observe dissection differences

386 between institutions within the large CMC RNA-Seq dataset, with samples from University of Pittsburgh

387 having a predicted relative cell type balance that closely matched what would be expected due to their

388 gray matter only dissection method (Oligodendrocyte: β =-0.404, p=2.42e-11; Microglia: β=-0.274,

389 p=3.06e-05; Neuron_Interneuron: β=0.0916, p=0.0161; Neuron_Projection: β=0.145, p=2.31e-05; Mural:

390 β=0.170, p=2.14e-08; Endothelial: β=0.200, p=1.12e-05). In contrast, samples from University of

391 Pennsylvania were associated with lower predicted cell content related to vasculature (Endothelial: β=-

392 0.255, p=4.01-04; Mural: β=-0.168, p=4.59e-04; Astrocyte: β=-0.189, p=7.47e-03).

393  *Manner of Death:* Predicted cell type content was also closely related to manner of death. Within the

394 Pritzker dataset we found that subjects who died in a manner that involved exsanguination had a notably

395 low red blood cell index (β=-0.398; p=0.00056). Later, we were able replicate this result within

396 GSE21138 using data from 5 subjects who were also likely to have died in a manner involving

397 exsanguination (β=-0.516, p=0.052*trend, manner of death reported in suppl. in *(32)*).

398  The presence of prolonged hypoxia around the time of death, as indicated by either low brain pH or

399 high agonal factor score within the Pritzker dataset, was associated with a large increase in the endothelial

400 cell index (Agonal Factor: β=0.118 p=2.85e-07; Brain pH: β=-0.210, p=0.0003) and astrocyte index

401 (Brain pH: β=-0.437, p=2.26e-07; Agonal Factor: β=0.071, p=0.024), matching previous demonstrations

402 of cerebral angiogenesis, endothelial and astrocyte activation and proliferation in low oxygen

environments (45). Smaller increases were also seen in the mural index (Mural vs. Agonal Factor: β=

0.0493, p=0.0286). In contrast, prolonged hypoxia was associated with a clear decrease in all of the

neuronal indices (Neuron_All vs. Agonal Factor: β=-0.242, p=3.58e-09; Neuron_All vs. Brain pH:

β=0.334, p=0.000982; Neuron_Interneuron vs. Agonal Factor: β=-0.078, p=4.13e-05;

Neuron_Interneuron vs. Brain pH: β=0.102, p=0.034; Neuron_Projection vs. Agonal Factor: β=-0.096, p=

0.000188), mirroring the notorious vulnerability of neurons to low oxygen (e.g., (46)).

These overall effects of hypoxia on predicted cell type balance replicated in the smaller human

microarray post-mortem datasets (Astrocyte vs. Brain pH (meta-analysis: b=-0.459, p=2.59e-11):

GSE21138: β=-0.856, p=0.00661, GSE53987: β=-0.461, p=0.00812, Neuron_All vs. Brain pH (meta-

analysis: b= 0.245, p=7.72e-04), Neuron_Interneuron vs. Brain pH (meta-analysis: b=0.109, p=7.89e-03):

GSE21138: β=0.381134, p=0.0277), despite lack of information about agonal factor, and partially

replicated in the CMC human RNA-Seq dataset (Neuron_Interneuron vs. Brain pH: β=0.186, p=9.81e-

05). In several datasets, we also found that prolonged hypoxia correlated with a decreased microglial

index (Microglia vs. Brain pH: GSE53987: β=0.462, p=0.00603; CMC: β=0.286, p=4.66e-04).

Figure 4. Cell content predictions derived from microarray data match known relationships between
subject variables and brain tissue cell content. *Boxplots represent the median and interquartile range,*
with whiskers illustrating either the full range of the data or 1.5x the interquartile range. ***A.*** *Within the*
CMC dataset, cortical tissue samples that were dissected to only contain gray matter (PITT) show lower
predicted oligodendrocyte and microglia content and more neurons and vasculature (bars: β+/- SE,
red/blue: p<0.05). ***B.*** *Subjects who died in a manner that involved exsanguination had a notably low red*
blood cell index in both the Pritzker (p=0.00056) and Narayan et al. datasets (p=0.052*trend). ***C.*** *The*
presence of prolonged hypoxia around the time of death, as indicated by high agonal factor score, was
associated with a large increase in the endothelial cell index (p=2.85e-07) matching previous
demonstrations of cerebral angiogenesis, activation, and proliferation in low oxygen environments (45).
D. *High agonal factor was also associated with a clear decrease in neuronal indices (p=3.58e-09)*
mirroring the vulnerability of neurons to low oxygen (46). ***E.*** *Age was associated with a decrease in the*
neuronal indices (p= 0.000956) which fits known decreases in gray matter density in the frontal cortex in
aging humans (47). ***F****. Major Depressive Disorder was associated with a moderate decrease in astrocyte*
index (p= 0.0118), which fits what has been observed morphometrically (48). ***G.*** *The most highly-*
replicated relationships between subject variables and predicted cortical cell content across all five of the
post-mortem human datasets. Provided in the table are the T-stats for the effects (red=upregulation,
blue=downregulation), derived from a larger linear model controlling for confounds ***(Equation 1,***
Equation 2, Equation 3*), as well as the nominal p-values from the meta-analysis of the results across the*
four microarray studies, and p-values following multiple-comparisons correction (q-value). Only effects
that had a q<0.05 in either our meta-analysis or the large CMC RNA-Seq dataset are included in the
table. Asterisks denote effects that had consistent directionality in the meta-analysis and CMC dataset (*)
or consistent directionality and q<0.05 in both datasets (**). Please note that lower pH and higher
agonal factor are both indicators of greater hypoxia prior to death, but have an inverted relationship and
therefore show opposing relationships with the cell type indices.

444
Age: In the Pritzker dataset, age was associated with a moderate decrease in two of the neuronal

indices (Neuron_Interneuron vs. Age: β=-0.00291, p=0.000956; Neuron_Projection Neuron vs. Age: β=-

0.00336, p=0.00505) and this was strongly replicated in the large CMC RNA-Seq dataset (Neuron_All vs.

Age: β=-0.00497, p=2.27e-05; Neuron_Projection Neuron vs. Age: β=-0.00612, p=2.93e-13;

Neuron_Interneuron vs. Age: β=-0.00591, p=2.10e-10). A similar decrease in predicted neuronal content

was seen in all three of the smaller human post-mortem datasets (Neuron_All vs. Age (meta-analysis: b=-

0.00415, p=1.57e-03): GSE53987: β=-0.00722, p=0.0432, Neuron_Interneuron vs. Age (meta-analysis:

b=-0.00335, p=2.91e-06): GSE21138: β=-0.00494, p=0.0173, GSE21935: β=-0.00506, p=0.0172,

Neuron_Projection vs. Age (meta-analysis: b=-0.00449, p=1.61e-06): GSE53987: β=-0.0103,

p=0.000497, GSE21138: β=-0.00763, p=0.00386). This result mirrors known decreases in gray matter

density in the frontal cortex in aging humans (47), as well as age-related sub-region specific decreases in

frontal neuron numbers in primates (49) and rats (50).

There was a consistent decrease in the immature oligodendrocyte index in relationship to age across

datasets (Oligodendrocyte_Immature vs. Age (meta-analysis: b=-0.00514, p=5.98e-11): Pritzker: β=-

0.00432, p=0.000354, GSE21138: β=-0.00721, p=5.73e-05, GSE53987: β=-0.00913, p=1.85e-05; CMC:

β=-0.00621, p=3.32e-25), which seems intuitive, but actually contradicts animal studies on the topic (51).

Since the validation of the immature oligodendrocyte index was relatively weak (***Suppl. Section 7.2***), this

result should perhaps be considered with caution.

In some datasets, there also appeared to be an increase in the oligodendrocyte index with age

(Oligodendrocyte vs. Age (meta-analysis: b=0.00343, p=2.74e-03): GSE21138, β=0.00957, p=0.00349)

which, at initial face value, seems to contrast with well-replicated observations that frontal white matter

decreases with age in human imaging studies (47,52,53). However, it is worth noting that several

histological studies in aging primates suggest that brain regions that are experiencing demyelination with

age actually show an *increasing* number of oligodendrocytes due to repair (51,54).

PMI: A prominent unexpected effect was a large decrease in the oligodendrocyte index with longer

post-mortem interval (Oligodendrocyte vs. PMI (meta-analysis: b=-0.00764, p=2.23e-05): Pritzker: β=-

0.00749, p=0.000474, GSE53987: β=-0.0318, p=0.000749; CMC: β=-0.00759, p=4.70e-05). Upon further

investigation, we found a publication documenting a 52% decrease in the fractional anisotropy of white

matter with 24 hrs post-mortem interval as detected by neuroimaging (55), but to our knowledge the topic

is otherwise not well studied. These changes were paralleled by a decrease in the endothelial index

(CMC: β=-0.00542, p=1.32e-04) and microglial index (CMC: β=-0.00710, p=5.15e-04) and increase in

the immature oligodendrocyte index (Oligodendrocyte_Immature vs. PMI (meta-analysis: b=0.00353,

p=4.81e-03): Pritzker: β=0.00635, p=0.000683) and neuronal indices (Neuron_All vs. PMI: Pritzker:

β=0.006997, p=0.000982; CMC: β=0.00386, p=0.0110; Neuron_Projection vs. PMI (meta-analysis:

b=0.00456, p=2.28e-03): Pritzker: β= 0.00708, p=1.64e-04; CMC: β=0.00331, p=0.00197). These results

could arise from the zero-sum nature of transcriptomics analysis: due to the use of a standardized

dissection size, RNA concentration, and data normalization, if there are large decreases in gene

expression for one common variety of cell type (oligodendrocytes), then gene expression related to other

cell types may appear to increase.

Psychiatric Diagnosis: Of most interest to us were potential changes in cell type balance in relation

to psychiatric illness. In previous post-mortem morphometric studies, there was evidence of glial loss in

the prefrontal cortex of subjects with Major Depressive Disorder, Bipolar Disorder, and Schizophrenia

(reviewed in (56)). This decrease in glia, and particularly astrocytes, was replicated experimentally in

animals exposed to chronic stress (57), and when induced pharmacologically, drove animals into a

depressive-like condition (57). Replicating the results of (48), we observed a moderate decrease in

astrocyte index in the prefrontal cortex of subjects with Major Depressive Disorder (meta-analysis:

b=0.132, p=5.88e-03, Pritzker: β =-0.133, p=0.0118, **Figure 4 F**), but did not see similar changes in the

brains of subjects with Bipolar Disorder or Schizophrenia.We also observed a decrease in red blood cell

index in association with Schizophrenia (CMC: β=-0.104, p=0.0141) which is tempting to ascribe to

reduced blood flow due to hypofrontality (58). This decrease in red blood cell content could also arise due

to psychiatric subjects having an increased probability of dying a violent death, but the effect remained

present when we controlled for exsanguination, and therefore is likely to be genuinely tied to the illness

itself.

General Discussion: Overall, these results indicate that statistical predictions of the cell content of

samples effectively capture many known biological changes in cell type balance, and imply that within

both chronic (age, diagnosis) and acute conditions (agonal, PMI, pH) there is substantial influences upon

the relative representation of different cell types.

The effect of hypoxia within our results is particularly worth discussing in greater depth. It has been

acknowledged for a long time that exposure to a hypoxic environment prior to death has a huge impact on

gene expression in human post-mortem brains (e.g., (28,29,59–61)). This impact on gene expression is so

large that up until recently the primary principal component of variation (PC1) in our data was assumed to

represent the degree of hypoxia, and was sometimes even removed before performing diagnosis-related

analyses (e.g., (62)). These large effects of hypoxia on gene expression were hypothesized to be partially

mediated by neuronal necrosis (63) and lactic acidosis (60). However, the magnitude of the effect of

hypoxia was still puzzling, especially when compared to the much more moderate effects of post-mortem

interval (even when ranging from 8-40+ hrs). Our current analysis provides an explanation for this

discrepancy, since it is clear from our results that the brains of our subjects are *actively compensating* for

a hypoxic environment prior to death by altering the balance or overall transcriptional activity of support

cells and neurons. The differential effects of hypoxia on neurons and glial cells have been studied since

the 1960's (64), but to our knowledge this is the first time that anyone has related the large effects of

hypoxia in post-mortem transcriptomic data to a corresponding upregulation in the transcriptional activity

of vascular cell types (45).

This connection is important for understanding why results associating gene expression and

psychiatric illness in human post-mortem tissue sometimes do not replicate. If a study contains mostly

tissue from individuals who experienced greater hypoxia before death (e.g., hospital care with artificial

respiration or coma), then differential expression analyses are likely to inadvertently focus on

neuropsychiatric effects in support cell types, whereas a study that mostly contains tissue from individuals

who died a fast death (e.g., myocardial infarction) will emphasize the neuropsychiatric effects in neurons.

That said, although both indicators of perimortem hypoxia (agonal factor and pH) showed similar strong

relationships with cell type balance, we recommend caution when interpreting the relationship between

pH and cell type in tissue from psychiatric subjects, as pH can indicate other biological changes besides

hypoxia. For example, there are small consistent decreases in pH associated with Bipolar Disorder even in

live subjects (65–67) and metabolic changes associated with pH are theorized to play an important role in

Schizophrenia (61). Therefore, the relationship between pH and cell type balance may be partially driven

by a third variable (psychiatric illness or treatment). It is also possible that changes in tissue cell content

could cause a change in pH (68).

3.10   It is Difficult to Discriminate Between Changes in Cell Type Balance and Cell-Type Specific

Function

Gray matter density has been shown to decrease in the frontal cortex in aging humans (47), and

frontal neuron numbers decrease in specific subregions in aging primates (49) and rats (50). However,

many scientists would argue that age-related decreases in gray matter are primarily driven by synaptic

atrophy instead of decreased cell number (69). This raised the question of whether the decline that we saw

in neuronal cell indices with age was being largely driven by the enrichment of genes related to synaptic

function in the index. More generally, it raised the question of how well cell type indices could

discriminate changes in cell number from changes in cell-type function.

We examined this question using two methods. First, as a case study, we specifically examined the

relationship between age and the functional annotation for genes found in the Neuron_All index in more

depth. We found that transcripts from functional clusters that seemed distinctly unrelated to

dendritic/axonal functions still showed an average decrease in expression with age ($T(40)=-2.7566$,

$p=0.008756$), but this decrease was larger for transcripts clearly associated with dendritic/axonal-related

functions ($T(28)=-4.5612$, $p=9.197e-05$; dendritic/axonal vs. non-dendritic/axonal: $T(50.082)=2.3385$,

$p=0.02339$, **Suppl. Figure 11**). Based on this analysis, we conclude that synaptic atrophy could be

partially driving age-related effects on neuronal cell type indices in the human prefrontal cortex dataset

but are unlikely to fully explain the relationship.

Next, we decided to make the process of differentiating between altered cell type-specific functions

and relative cell type balance more efficient. We used our cell type specific gene lists to construct gene

sets in a file format (.gmt) compatible with the popular tool Gene Set Enrichment Analysis (39,40). Then,

for the results from each subject variable within the Pritzker dataset, we compared the enrichment of the

effects within gene sets defined by brain cell type to the enrichment seen within gene sets for other

functional categories. In general, we found that gene sets for brain cell types tended to be the top result

(most extreme normalized enrichment score, NES) for each of the subject variables that showed a strong

relationship with cell type in our previous analyses (Agonal Factor vs.

"Neuron_All_Cahoy_JNeuro_2008": NES=-2.46, p=0.00098, q=0.012, Brain pH vs.

"Astrocyte_All_Cahoy_JNeuro_2008": NES=-2.48, p=0.0011, q=0.014, MDD vs.

"Astrocyte_All_Cahoy_JNeuro_2008": NES=-2.60, p=0.0010, q=0.017, PMI vs.

"GO_OLIGODENDROCYTE_DIFFERENTIATION": NES=-2.42, p=0.00078, q=0.027; **Suppl. Table**

6). Similarly, the relationship between the effects of age and neuron-specific gene expression was ranked

#4, following the gene sets "GO_SYNAPTIC_SIGNALING",

"REACTOME_TRANSMISSION_ACROSS_CHEMICAL_SYNAPSES",

"REACTOME_OPIOID_SIGNALLING", but each of them was assigned a similar p-value (p=0.001) and

adjusted p-value (q=0.036). We conclude that it is important to consider cell type-specific expression

during the analysis of macro-dissected brain microarray data above and beyond the consideration of

specific functional pathways, and have submitted our .gmt files to the Broad Institute for addition to their

curated gene sets in MSigDB to promote this form of analysis.

3.11   Including Cell Content Predictions in the Analysis of Microarray Data Improves Model Fit

and Enhances the Detection of Diagnosis-Related Genes in Some Datasets

Over the years, many researchers have been concerned that transcriptomic analyses of

neuropsychiatric illness often produce non-replicable or contradictory results and, perhaps more

disturbingly, are typically unable to replicate well-documented effects detected by other methods. We

posited that this lack of sensitivity and replicability might be partially due to cell type variability in the

samples, especially since such a large percentage of the principal components of variation in our samples

were explained by neuron to glia ratio. Within the Pritzker dataset, we were particularly interested in

controlling for cell type variability, because dissection may have differed between technical batches that

were unevenly distributed across diagnosis categories (**Figure 5 A**). There was a similarly uneven

distribution of dissection methods across diagnosis categories within the large CMC RNA-Seq dataset. In

this dataset, the majority of the bipolar samples (75%) were collected by a brain bank that performed gray

matter only dissections (PITT), whereas the control and schizophrenia samples were more evenly

distributed across all three institutions (34).

We hypothesized that controlling for cell type while performing differential expression analyses

in these datasets would improve our ability to detect previously-documented psychiatric effects on gene

expression, especially psychiatric effects that were previously-identified within specific cell types, since

these effects should not be mediated by psychiatric changes in overall cell type balance. To test the

hypothesis, we first compiled a list of 130 strong, previously-documented relationships between

Schizophrenia or Psychosis and gene expression in particular cell types in the human cortex, as detected

by *in situ* hybridization or immunocytochemistry ((70–75) reviewed further in (19)) or by single-cell type

laser capture microscopy (**Suppl. Figure 12, Suppl. Table 7** (1,76,77)).

As a comparison, we also considered lists of transcripts strongly-associated with Schizophrenia

(78) and Bipolar Disorder (79) in meta-analyses of microarray data derived from human frontal cortical

tissue (**Suppl. Figure 12**, **Suppl. Table 7**). The effects of psychiatric illness on the expression of these

transcripts could be mediated by either psychiatric effects on cell type balance or by effects within

individual cells. Therefore, controlling for cell type balance while performing differential expression

analyses could detract from the detection of some psychiatric effects, but perhaps also enhance the

detection of other psychiatric effects by controlling for large, confounding sources of noise (*e.g.,*

dissection variability).

Next, we examined our ability to detect these previously-documented psychiatric effects using

regression models of increasing complexity (**Figure 5 B**), including a standard model controlling for

traditional co-variates (Model 2) and models controlling for cell type co-variates (Models 3-5).

A. **Diagnosis Effects May Be Partially Confounded By Dissection Variability**

Pritzker:	
Samples	Batch*
Control	All Batches
BP, MDD	1-4, 9-13
Schiz	5-8, 13-15

*Batches partially defined by subject cohort

CMC:	
Samples	Institution*
Controls	All (PITT, MSSM, PENN)
BP	PITT, MSSM
Schiz	All (PITT, MSSM, PENN)

*PITT was a grey matter only dissection

B.

	Model Complexity
M1	*Base Model:* Diagnosis Only
M2	*Standard Model:* Diagnosis + Traditional Co-variates
M3	Diagnosis + Most Prevalent Cell Types
M4	Diagnosis + Traditional Co-variates + Most Prevalent Cell Types
M5	Diagnosis + Traditional Co-variates + All Cell Types

C. All Expressed Genes: Model Fit Improves After Adding Cell Type

D. Genes with Previously-Identified Psychiatric Effects: Model Fit Improves After Adding Cell Type

E. Controlling for Cell Type Variability Enhances Detection of Psychiatric Effects in Some Datasets

Figure 5. Including Cell Content Predictions in the Analysis of Microarray Data Improves Model Fit
and Enhances the Detection of Previously-Identified Diagnosis-Related Genes in Some Datasets. A.
Diagnosis effects were likely to be partially confounded by dissection variability within the Pritzker and
*CMC datasets. **B:** We examined a series of differential expression models of increasing complexity,*
including a base model (M1), a standard model (M2), and three models that included cell type co-
*variates (M3-M5). **C-D.** Model fit improved with the addition of cell type (M1/M2 vs. M3-M5) when*
*examining either **C**. all expressed genes in the dataset (example from CMC: points= AVE +/-SE). **D.***
genes with previously-documented relationships with psychiatric illness in particular cell types (example
from Pritzker: BIC values for all models for each gene were centered prior to analysis. Boxes represent
*the median and interquartile range of the data). **E.** Evaluating the replication of previously-observed*
*psychiatric effects (**Suppl. Figure 12**) in three datasets (Pritzker, CMC, and Barnes) using a standard*
differential expression model (M2) vs. models that include cell type co-variates (M3-5). Letters (a vs. b, c
vs. d) denote significant model comparisons (Fisher's exact test: p<0.05). Top graphs: The percentage of
genes (y-axis: 0-1) replicating the direction of previously-documented psychiatric effects on cortical gene
expression sometimes increases with the addition of cell type to the model (p<0.05: Barnes (effects of
Schiz): M2 vs. M5, CMC (effects of Bipolar Disorder): M2 vs. M3). Middle graphs: The detection of
previously-identified psychiatric effects on gene expression (p<0.05 & replicated direction of effect)
increases with the addition of cell type to the model in some datasets (p<0.05, Barnes: M2 vs. M5,
Pritzker: M2 vs. M5) but decreases in others (p<0.05, CMC: M2 vs. M5, M3 vs. M5). Bottom graphs: In
*some datasets we see an enrichment of psychiatric effects (*p<0.05) in previously-identified psychiatric*
gene sets only after controlling for cell type (Barnes: M3, M4, Pritzker: M5, M3). For the CMC dataset,
*we see an enrichment using all models (*p<0.05).*

We found that including predictions of cell type balance in our models assessing the effect of

diagnosis on gene expression dramatically improved model fit as assessed by Akaike's Information

Criterion (AIC) or Bayesian Information Criterion (BIC). These improvements were largest with the

addition of the five most prevalent cell types to the model (M3, M4); the addition of less common cell

types produced smaller gains (M5). These improvements were clear whether we considered the average

model fit for all expressed genes (*e.g.,* **Figure 5 C**) or just genes with previously-identified psychiatric

effects (*e.g.,* **Figure 5 D**).

However, models that included cell type were not necessarily superior at replicating previously-

observed psychiatric effects on gene expression, even when examining psychiatric effects that were likely

to be independent of changes in cell type balance. For each model, we quantified the percentage of genes

replicating the previously-observed direction of effect in relationship to psychiatric illness, as well as the

percentage of genes that replicated the effect using a common threshold for detection (p<0.05). Finally,

we also looked at the enrichment of psychiatric effects (p<0.05) in each of the previously-documented

psychiatric gene sets in comparison to the other genes in our datasets (genes universally represented in all

three datasets- Pritzker, CMC, Barnes).

In general, we found that the two datasets that had the most variability in gene expression related

to cell type (Pritzker, Barnes) were more likely to replicate previously-documented psychiatric effects on

gene expression when the differential expression model included cell type covariates. For example, in the

Barnes dataset, adding cell type co-variates to the model increased our ability to detect effects of

Schizophrenia that had been previously documented within particular cell types or macro-dissected tissue

(**Figure 5E**, Fisher's exact test: M2 vs. M5, $p<0.05$ in both gene sets) and revealed an enrichment of

Schizophrenia effects in genes with previously-documented psychiatric effects in particular cell types

(Fisher's exact test $p<0.05$: M3 & M4). In the Pritzker dataset, adding cell type co-variates to the model

increased our ability to detect previously-documented effects of Schizophrenia in macrodissected tissue

(M2 vs. M5: $p<0.05$) and revealed a significant enrichment of Schizophrenia and Bipolar effects in genes

with previously-documented psychiatric effects in macro-dissected tissue (Fisher's exact test $p<0.05$:

Schizophrenia: M5, Bipolar: M3). This mirrored the results of another analysis that we had conducted

suggesting that controlling for cell type increased the overlap between the top diagnosis results in the

Pritzker dataset and previous findings in the literature as a whole (***Suppl. Section 7.3.4***).

In the large CMC RNA-Seq dataset, the rate of replication of previously-documented effects of

Schizophrenia was already quite high using a standard differential expression model containing traditional

co-variates (M2). Using a standard model, we could detect 27% of the previously-documented effects in

cortical cell types and 55% of the previously-documented effects in macro-dissected tissue (with a

replicated direction of effect and $p<0.05$). However, in contrast to what we had observed in the Pritzker

and Barnes datasets, controlling for cell type *diminished* the ability to detect effects of Schizophrenia that

had been previously-observed within particular cell types or macrodissected tissue in a manner that scaled

with the number of co-variates included in the model (M2 or M3 vs. M5: $p<0.05$ for both gene sets),

despite improvements in model fit parameters and a lack of significant relationship between

Schizophrenia and any of the prevalent cell types. Including cell type co-variates in the model did not

improve our ability to observe an enrichment of Schizophrenia effects in genes with previously-

documented psychiatric effects in macro-dissected tissue (all models showed enrichment, M2-M5:

Fisher's exact test p<0.05). Controlling for cell type slightly improved the replication of the direction of

previously-documented Bipolar Disorder effects (Fisher's exact test: M2 vs. M3: p<0.05) in a manner that

would seem appropriate due to the highly uneven distribution of bipolar samples across institutions and

dissection methods, but even after this improvement the rate of replication was still no better than chance

(48%), and, counterintuitively, the ability to successfully detect those effects still diminished in a manner

that seemed to scale with the number of co-variates included in the model (Fisher's exact test: M2 vs. M5,

p<0.05). In a preliminary analysis of the two smaller human microarray datasets that were derived from

gray-matter only dissections (GSE53987, GSE21138), the addition of cell type co-variates to differential

expression models clearly diminished both the percentage of genes replicating the previously-documented

direction of effect of Schizophrenia in particular cell types (Fisher's exact test: GSE21138: M2 vs. M4 or

M5: p<0.05, GSE53987: M2 vs. M4 or M5: p<0.05) and the ability to successfully detect previously-

documented effects (Fisher's exact test: GSE21138: M2 vs. M4 or M5: p<0.05).

General Discussion: We found that including cell type indices as co-variates while running

differential expression analyses helped improve our ability to detect previously-documented relationships

between psychiatric illness and gene expression in human cortical datasets that were particularly affected

by variability in cell type balance. This improvement was not seen in datasets that were less affected by

variability in cell type balance, despite improvements in model fit and a lack of strong multicollinearity

between diagnosis and the cell type indices. This finding was initially surprising to us, but upon further

consideration makes sense, as the cell type indices are multi-parameter gene expression variables.

Therefore, there is increased risk of overfitting when modeling the data for any particular gene. We

conclude that the addition of cell type covariates to differential expression models is only recommended

when there is a particularly large amount of variability in the dataset associated with cell type balance, or

when there is strong reason to believe that technical variation associated with cell type (such as

dissection) may be highly confounding in the result. We strongly recommend that model selection while

conducting differential expression analyses should be considered carefully, and evaluated not only in

terms of fit parameters but also validity and interpretability.

Regarding the importance of model selection for interpretability, it is worth noting that an

important difference between our final analysis methods and those used by some previous researchers

(*e.g.,* 10–12) was the lack of cell type interaction terms included in our models (*e.g.,* Diagnosis*Astrocyte

Index). Theoretically, the addition of cell type interaction terms should allow the researcher to statistically

interrogate cell-type differentiated diagnosis effects because samples that contain more of a particular cell

type should exhibit more of that cell type's respective diagnosis effect. Versions of this form of analysis

have been successful in other investigations (e.g., (11,12,80)) but we were not able to validate the method

using a variety of model specifications and our database of previously-documented relationships with

diagnosis in prefrontal cell types. Upon consideration, we realized that these negative results were

difficult to interpret because significant diagnosis*cell type interactions should only become evident if the

effect of diagnosis in a particular cell type is different from what is occurring in all cell types on average.

For genes with expression that is reasonably specific to a particular cell type (*e.g.,* GAD1, PVALB), the

overall average diagnosis effect may already largely reflect the effect within that cell type and the

respective interaction term will not be significantly different, even though the disease effect is clearly

tracking the balance of that cell population. In the end, we decided that the addition of interaction terms to

our models was not demonstrably worth the associated decrease in overall model fit and statistical power.

For public use we have released the full differential expression results for each dataset analyzed using the

different models discussed above **(Suppl. Table 8-Suppl. Table 12).**

4. Conclusion and Future Directions

In this manuscript, we have demonstrated that the statistical cell type index is a relatively simple

manner of interrogating cell-type specific expression in transcriptomic datasets from macro-dissected

human brain tissue. We find that statistical estimations of cell type balance almost fully account for the

top principal components of variation in microarray data derived from macro-dissected brain tissue

samples, far surpassing the effects of traditional subject variables (post-mortem interval, hypoxia, age,

gender). Indeed, our results suggest that many variables of medical interest are themselves accompanied

by strong changes in cell type specific gene expression in naturally-observed human brains. We find that

within both chronic (age, sex, diagnosis) and acute conditions (agonal, PMI, pH) there may be substantial

changes in the relative representation of different cell types. Thus, accounting for demography at the

cellular population level can be as important for the interpretation of microarray data as cell-level

functional regulation. This form of data deconvolution was useful for identifying the subtler effects of

psychiatric illness within our samples, divulging the decrease in astrocytes that is known to occur in

Major Depressive Disorder and the decrease in red blood cell content in the frontal cortex in

Schizophrenia, resembling known fMRI hypofrontality. This form of data deconvolution may also aid in

the detection of psychiatric effects while conducting differential expression analyses in datasets that have

highly-variable cell content.

These results touch upon the fundamental question as to whether organ-level function responds to

challenge by changing the biological states of individual cells or the life and death of different cell

populations. To reach such a sweeping perspective in human brain tissue using classic cell biology

methods would require epic efforts in labeling, cell sorting, and counting. We have demonstrated that

scientists can approximate this vantage point using an elegant, supervised signal decomposition exploiting

increasingly available genomic data. However, it should be noted that, similar to other forms of functional

annotation, cell type indices are best treated as a hypothesis-generation tool instead of a final conclusion

regarding tissue cell content. We have demonstrated the utility of cell type indices for detecting large-

scale alterations in cell content in relationship with known subject variables in post-mortem tissue. We

have not tested the sensitivity of the technique for detecting smaller effects or the validity under all

circumstances or non-cortical tissue types. Likewise, while using this technique it is impossible to

distinguish between alterations in cell type balance and cell-type specific transcriptional activity: when a

sample shows a higher value of a particular cell type index, it could have a larger number of such cells, or

each cell could have produced more of its unique group of transcripts, via a larger cell body, slower

mRNA degradation, or an overall change in transcription rate. In this regard, the index that we calculate

does not have a specific interpretation; rather it is a holistic property of the cell populations, the "neuron-

ness" or "microglia-ness" of the sample. Such an abstract index represents the ecological shifts inferred

from the pooled transcriptome. That said, our cell type indices do have real biological meaning - they can

be interpreted in a known system of cell type taxonomy. When single-cell genomic data uncovers new

cell types (e.g., the Allen Brain Atlas cellular taxonomy initiative (81)) or meta-analyses refine the list of

genes defined that have cell-type specific expression (e.g., (82)), our indices will surely evolve with these

new classification frameworks, but the power of the approach will remain, in that we can disentangle the

intrinsic changes of individual genes from the population-level shifts of major cell types.

Our work drives home the fact that any comprehensive theory of psychiatric illness needs to

account for the dichotomy between the health of individual cells and that of their ecosystem. We found

that the functional changes accompanying psychiatric illness in the cortex occurred both at the level of

cell population shifts (decreased astrocytic presence and red blood cell count) and at the level of intrinsic

gene regulation not explained by population shifts. A similar conclusion regarding the importance of cell

type balance in association with psychiatric illness was recently drawn by our collaborators (e.g.,(83))

using a similar technique to analyze RNA-Seq data from the anterior cingulate cortex. In the future, we

plan to use our technique to re-analyze many other large transcriptomic datasets with the hope of gaining

better insight into psychiatric disease. This application of our technique seems particularly important in

light of recent evidence linking disrupted neuroimmunity (84) and neuroglia (e.g., (48,57,85)) to

psychiatric illness, as well as growing evidence that growth factors with cell type specific effects play an

important role in depressive illness and emotional regulation (for a review see (23,86)).

In conclusion, we have found this method to be a valuable addition to traditional functional

ontology tools as a manner of improving the interpretation of transcriptomic results. For the benefit of

other researchers, we have made our database of brain cell type specific genes (**Suppl. Table 1**,

https://sites.google.com/a/umich.edu/megan-hastings-hagenauer/home/cell-type-analysis) and code for

conducting cell type analyses publicly available in the form of a downloadable R package

(https://github.com/hagenaue/BrainInABlender) and we are happy to assist researchers in their usage for

pursuing better insight into psychiatric illness and neurological disease.

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