Ecological drivers of jellyfish blooms – the complex life history

of a cosmopolitan medusa (*Aurelia aurita*)

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Running head Drivers of jellyfish blooms

Summary

1. Jellyfish blooms are conspicuous demographic events with significant ecological

and socio-economic impact. Despite worldwide concern about an increased

frequency and intensity of jellyfish mass occurrences, predicting their booms and

busts remains challenging.

2. Forecasting how jellyfish populations may respond to environmental change

requires taking into account their complex life histories. Metagenic life cycles,

which include a benthic polyp stage, can boost jellyfish outbreaks via asexual

recruitment of pelagic medusae.

3. Here we present stage-structured matrix population models with demographic

rates of all life stages of the cosmopolitan jellyfish *Aurelia aurita* s. l. for different

environments. We investigate the life stage-dynamics of such complex

populations to illustrate how changes in medusa density depend on non-medusa

stage dynamics.

4. We show that increased food availability is an important ecological driver of

jellyfish mass occurrence, as it can shift the population structure from polyp- to

medusa-dominated. Projecting populations for a winter warming scenario

additionally enhanced the booms and busts of jellyfish blooms.

5. We identify demographic key variables that control the intensity and frequency of

jellyfish blooms in response to anthropogenic drivers such as habitat

eutrophication and climate change. By contributing to an improved understanding

of mass occurrence phenomena, our findings provide perspective for future

management of ecosystem health.

Key-words biodemography, environmental change, jellyfish blooms, matrix model,

population structure

Introduction

The diversity, productivity and resilience of marine ecosystems worldwide are threatened

by an imbalance in the ecological parameters regulating population outbreaks. Mass

occurrences of micro- and macroalgae, cnidarians, ctenophores, gastropods, echinoderms,

tunicates and fish appear with increased frequency, intensity and geographical

distribution (Breithaupt, 2003; Enevoldsen, 2003; Fabricius, Okaji, & De'Ath, 2010;

Haddad Junior, Virga, Bechara, Silveira, & Morandini, 2013; Maji, Bhattacharyya, & Pal,

2016; Shiganova et al., 2001; Turner, 1994; Vargas-Ángel, Godwin, Asher, & Brainard,

2009). Despite being a widespread phenomenon which may serve as an indicator for

marine ecosystem degradation, mass occurrence is poorly understood and challenging to

predict (Van Dolah 2000). Jellyfish blooms are a prominent example for outbreaks in

which the population density of one life stage, the medusa, shows distinct peaks over

broad temporal and regional scales (Lucas, Graham, & Widmer, 2012). Jellyfish

populations, i.e. aggregations of the medusa stage, have increased in numerous coastal

regions around the world over recent decades (Brotz, Cheung, Kleisner, Pakhomov, &

Pauly, 2012). Such increase has lasting ecological, economic and social implications.

Jellyfish blooms can trigger trophic cascades in pelagic food webs due to their severe

predatory impact on a broad spectrum of zooplankton species and fish larvae

(Richardson, Bakun, Hays, & Gibbons, 2009; Riisgård, Andersen, & Hoffmann, 2012;

Schneider & Behrends 1994, 1998). Further, jellyfish mass occurrences can interfere with

human activities such as tourism, fisheries, aquaculture and power production (Purcell,

2012; Purcell, Uye, & Lo, 2007). Concern about a global rise in jellyfish populations is

widespread (Sanz-Martín, Pitt, Condon, Lucas, Novaes de Santana, & Duarte, 2016), as

jellyfish outbreaks are thought to be favored by anthropogenic influences; in particular

overfishing, eutrophication, habitat modification, species translocation and climate

change (Purcell, 2012; Richardson, Bakun, Hays, & Gibbons, 2009).

Species that form jellyfish blooms are primarily found within the cnidarian taxon

Scyphozoa and feature complex life histories (Hamner & Dawson, 2009). Their

metagenic life cycles typically include a pelagic, sexually reproducing medusa and a

benthic, asexually reproducing polyp stage (Lucas, Graham, & Widmer, 2012). Such life

cycles facilitate mass occurrence and are characterized by high stage-specific plasticity to

changing environmental conditions (e.g. Fu, Shibata, Makabe, Ikeda, & Uye, 2014;

Gröndahl, 1989; Hamner & Jenssen, 1974; Liu, Lo, Purcell, & Chang, 2009). Although

the development of medusa populations is directly linked to survival rates of the planula,

polyp and ephyra stage (Lucas, 2001), information on the demographic rates of bloom-

forming jellyfish has remained scarce (Xie, Fan, Wang, & Chen, 2015). Quantifying

demographic rates of all stages in the life cycle of species showing mass occurrence is

thus fundamental to identify the environmental variables causing changes in population

dynamics and structure.

Here, we use the common jellyfish *Aurelia aurita* s. l. (Linnaeus, 1758) to explore the

demographic structure and environmental drivers underlying mass occurrence of a

cosmopolitan jellyfish species. We quantify demographic rates of all life stages of *A.*

aurita (larvae, polyps, ephyrae and medusae), i.e. survival, stage-transitions and

fecundity, based on experimental and field data. Using these demographic rates, we

parameterize stage-structured population models to project the life cycle of jellyfish

populations for low and high food levels relating to prey availability in two contrasting

temperate water systems. We further predict the impact of a winter warming scenario on

the demographic dynamics of *A. aurita*. Our results provide novel insights into the

development of metagenic jellyfish populations under increased food levels and increased

winter temperatures. Such information is essential to assess the boosting potential of

environmental drivers on species showing mass occurrence and provides a milestone for

identifying and managing demographic irregularities in marine ecosystems.

Materials and Methods

Study organism

The common jellyfish *A. aurita* s.l. (Scyphozoa, Cnidaria) belongs to an ubiquitous,

cosmopolitan genus with several species and subspecies (Dawson, 2003). *Aurelia aurita*

is well-studied and occurs in a variety of coastal and shelf sea environments, particularly

in northwestern Europe, the Black Sea, Japan and parts of North America (Lucas, 2001).

Its life history, i.e. individual stage-trajectory, is subject to a complex life cycle (Fig. 1a)

which involves pelagic medusae that reproduce sexually and benthic polyps that

reproduce asexually. After sexual maturation, medusae produce large numbers of planula

larvae (Ishii & Takagi, 2003), which spend 12 h to 1 week in the water column (Lucas,

2001) before they settle and metamorphose into polyps on suitable hard substrate (Holst

& Jarms, 2007; Keen, 1987). Polyps reproduce asexually by several modes, including i)

the production of well protected chitin-covered resting stages called podocysts (Arai,

2009), ii) budding of new polyps (Ishii & Watanabe, 2003), and iii) the release of ephyrae

through polydisc strobilation. After asexual propagation, polyps remain in the polyp stage

and the development of ephyrae into sexually mature medusae closes the life cycle

(Lucas, Graham, & Widmer, 2012).

Data collection

We cultivated planula larvae (L), polyps (P), ephyrae (E) and medusae (M) of *A. aurita* in

the laboratories of the Marine Biological Research Centre, Kerteminde (Denmark)

between August 2013 and November 2014. We set up separate experimental series for

each life stage using filtered (38 µm) seawater at constant salinity (20 PSU) and with

water temperature following seasonal variability of the local temperate climate zone (5-

22 °C). We fed all life stages, except the planula larvae, with low or high amounts

(corresponding to a ratio 1:10) of two-day old *Artemia salina* nauplii and regularly

exchanged the seawater in our cultivation containers. We adjusted the fed biomass of *A.*

salina (2.55 µg C ind.$^{-1}$; Vanhaecke & Sorgeloos, 1980) to the size-specific energy

demands of each life stage.

We obtained planula larvae from female medusae that were collected in two

contrasting Danish water systems from June to September 2013 – the fjord system

Kerteminde Fjord/Kertinge Nor and the major water system Limfjorden – where

zooplankton prey biomasses are <1–100 µg C L^{-1} (Nielsen, Pedersen, & Riisgård, 1997)

and >10–1000 µg C L^{-1}, respectively (Møller & Riisgård, 2007). Directly after the release

of planulae, we transferred the larvae individually to multi-well (200 µL) containers

(initial number of individuals, l_{L0} = 960 ind.). During daily counts, we determined the

number of living larvae (l_{LL}, ind. day^{-1}) and the number of larvae that had completed

metamorphosis into polyps (l_{LP}, ind. day^{-1}) until all planulae had metamorphosed into

polyps or had died after ~50 days. From August 2013, we cultivated polyps of *A. aurita*

in the laboratory. To do so, we initially added planulae, released by female medusae from

Kertinge Nor, to small (50 mL) seawater containers with floating polystyrene substrate

plates to facilitate settlement. After 24 h, we removed all but one newly settled polyp per

substrate plate and replaced the seawater in the containers. We subsequently raised and

cultivated the individual polyps under low or high food conditions (l_{P0} = 100 ind.) of 1 or

10 µg C ind.$^{-1}$ day^{-1} (cf. Kamiyama, 2011). To maintain the initial polyp cohorts, we

instantly removed any buds of the "mother" polyps from substrate plates. During the

whole experimental period of 12 months, no excystment of polyps from podocysts was

observed. Each week we counted the number of live polyps (l_{PP}, ind. week^{-1}) as well as

the number of buds (N_{PP}, ind. week^{-1}) and ephyrae per polyp (N_{PE}, ind. week^{-1}). From

January 2014, we individually transferred ephyrae, which were released by polyps under

low and high food level, to seawater flasks (250 mL) with constant water movement and

air supply, and reared them continuously under either low or high food conditions (l_{E0} =

33 ind.). Food levels for ephyrae were 10 or 100 µg C ind.$^{-1}$ day^{-1}, and corresponded to

the minimum energy demands for maintenance of a 'standard' ephyra with 8 mm inter-

rhopalia diameter (Båmstedt, Lane, & Martinussen, 1999; Bengtson, Leger, & Sorgeloos,

1991; Eckert, Randall, & Augustine, 1988; Frandsen & Riisgård, 1997), or the 10-fold

carbon load, respectively. Each week we counted the number of surviving ephyrae (l_{EE},

ind. week^{-1}) and the number of ephyrae that had completed transition to medusa (l_{EM}, ind.

week^{-1}); the latter we defined by the presence of fully developed intermediate lappets and

the final closure of adradial clefts. We performed these counts for 8 months until all

ephyrae had either developed into medusae or had died. We continuously tracked all

newly transitioned medusae from February/March 2014, and additional sexually mature

females collected in Kertinge Nor from September 2014, in individual aquaria (1 L) with

constant air supply. We kept the medusae under low (l_{M0} = 16 ind.) or high food levels

(l_{M0} = 33 ind.) which resembled complete starvation, i.e. 0 µg C ind.$^{-1}$ day^{-1}, or >1000 µg

C ind.$^{-1}$ day^{-1}, with the latter covering the 10-fold energy demands of a 'standard' 50 mm

umbrella diameter medusa (Olesen, Frandsen, & Riisgård, 1994; Goldstein & Riisgård,

2016). We recorded the survival of medusae (l_{MM}, ind. day^{-1}) daily until all individuals in

the low food treatment had died after 9 months; at that time all medusae in the high food

treatment were still alive. We estimated the daily release of planula larvae by female

medusae during the reproductive period (N_{ML}, ind. day^{-1}) using the field observation-

based relationship $N_{ML} = 0.087 \times 160.8 \times e^{0.029d}$ (Goldstein & Riisgård, 2016), where

average umbrella diameters (d, mm) of 40 mm and 200 mm reflected low and high food

conditions.

Estimating stage-specific demographic rates

We used the experimental data to parameterize age-stage-structured matrix population

models. For these models, we used discrete time steps of one month to estimate survival,

stage transitions and fecundity of the stages L, P, E and M between age x and age $x+1$.

Individuals in each life stage i have a certain monthly probability to survive in their

current stage (t_{ii}), or to transition to another stage j (t_{ij}) or to produce offspring of stage j

(F_{ij}). Each stage has its unique survival rate (t_{LL}, t_{PP}, t_{EE}, t_{MM}, month^{-1}) and stage

transitions are possible from larva to polyp (t_{LP}, month^{-1}) or from ephyra to medusa (t_{EM},

month^{-1}). Fecundity includes asexual reproduction of polyps by budding (F_{PP}, ind. ind.$^{-1}$

month^{-1}) or release of ephyrae (F_{PE}, ind. ind.$^{-1}$ month^{-1}), and sexual reproduction of

medusae by the release of planula larvae (F_{ML}, ind. ind.$^{-1}$ month^{-1}; Fig. 1b).

Since our empirical data was either based on daily (L, M) or weekly records (P, E),

we first estimated monthly demographic rates for each life-stage i under low and high

food conditions, respectively. To convert any of the daily or weekly transition

probabilities and fecundities to monthly rates, we assumed that individuals that died

during a given month, had died halfway during this month, i.e. they survived throughout

half the month on average. This assumption is needed since both transition and fecundity

rates between subsequent time steps depend on survivorship within each monthly time

step, as for instance, a medusa might still release larvae before its death within a given

month. Some ephyrae completed transition to the medusa stage within less than a month

after they were released by a polyp. We therefore corrected the monthly release of

ephyrae by polyps not only for daily survivorship of ephyrae, but also for the transition

probability to the medusa stage within a given month. For converting the daily release of

planula larvae into monthly fecundity of medusae, we assumed a sex ratio of 1:1. Further

details on estimating monthly stage-specific demographic rates of *A. aurita* are available

from the Supporting Information (Appendix S1 & S2).

Monthly stage-structured matrix population model

Our matrix population model describes the transitions of each life stage taking place

during each projection interval, as defined by monthly stage-specific demographic rates

for each of the 12 month of a year. Age is determined by month, and the final stages are

polyp, ephyra and medusa. Since larval transition to the polyp stage was very fast (within

days or hours), we linked the monthly transition from larva to polyp stage to fecundity of

medusae ($F_{ML} \times t_{LP}$) to build the basic structure of an irreducible monthly stage-structured

matrix model (Fig. 1c). Using our empirical datasets on all demographic rates of *A. aurita*

under low and high food conditions, respectively, we constructed monthly stage-

structured submatrices A_x (3×3) of the following structure:

$$
A_x = \begin{pmatrix} t_{PP} + F_{PP} & 0 & F_{ML} \times t_{LP} \\ F_{PE} & t_{EE} & 0 \\ F_{PE} \times t_{EM} & t_{EM} & t_{MM} \end{pmatrix},
$$

223 where x denotes the age in months. With the 12 monthly submatrices (cf. Appendix S3:

224 Figs. S1 & S2), we constructed yearly population projection matrices A (36×36; time

225 step = 1 month):

$$A = \begin{pmatrix}
\cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & A_{12} \\
A_1 & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot \\
\cdot & A_2 & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot \\
\cdot & \cdot & A_3 & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot \\
\cdot & \cdot & \cdot & A_4 & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot \\
\cdot & \cdot & \cdot & \cdot & A_5 & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot \\
\cdot & \cdot & \cdot & \cdot & \cdot & A_6 & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot \\
\cdot & \cdot & \cdot & \cdot & \cdot & \cdot & A_7 & \cdot & \cdot & \cdot & \cdot & \cdot \\
\cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & A_8 & \cdot & \cdot & \cdot & \cdot \\
\cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & A_9 & \cdot & \cdot & \cdot \\
\cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & A_{10} & \cdot & \cdot \\
\cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & A_{11} & \cdot
\end{pmatrix}$$

.

In some months, we observed no survivorship of ephyrae or medusae, which would lead to reducible matrices (Caswell, 2001); we therefore included a small transition probability $c = 1 \times 10^{-10}$ as placeholder (Appendix S3: Figs. S1 & S2). Our results were robust to this assumption.

Adjusting matrix parameters to environmental change

We constructed yearly projection matrix models for the jellyfish population under low and high food conditions. Since our transition probabilities from larva to polyp were unrealistically high due to the sheltered laboratory environment (as an important microzooplankton component, planula larvae are highly subject to predation under natural conditions), we calibrated the larva to polyp transition (t_{LP}) to a level that resulted in a stationary population (i.e. characterized by constant population size over time) under low food conditions. We applied the same level of calibration as for the low food condition to the projection matrix model for high food conditions, leaving us with a rapidly growing population.

We parameterized additional projection matrix models to investigate the potential

effects of winter warming under low and high food conditions. A predicted winter

warming trend will likely increase present water temperatures from 5–10 °C and thus

benefit the production of *A. aurita* ephyrae by extended strobilation periods and enhanced

ephyra release per polyp (Holst, 2012). Our winter warming scenario included 1.8-fold

increased ephyra production (i.e. $F_{PE} \times 1.8$) during strobilation periods that we extended

by one month (i.e. mean F_{PE} of proceeding and subsequent month). We additionally

adjusted the corresponding probabilities for ephyra survival and transition from ephyra to

medusa (i.e. t_{EE} and t_{EM} of subsequent month). With these modified matrices (Appendix

S3: Figs. S1 & S2), we investigated the demographic effects of a predicted winter

warming trend on *A. aurita* populations under low and high food conditions.

Computing demographic parameters and population projection

We analyzed our population projection matrices using R version 3.1.3 (R Core Team,

2015) and compared the demographic dynamics of *A. aurita* under low and high food

levels, and in combination with a winter warming trend. We used R packages 'popbio'

(Stubben & Milligan, 2007) and 'popdemo' (Stott, Hodgson, & Townley, 2012) to

compute population growth rate λ (dominant eigenvalue), stable stage distribution (right

eigenvector **w** corresponding to the dominant eigenvalue; i.e. proportions of individuals

in each stage remain constant on the long-term), reproductive value *R* (left eigenvector **v**

corresponding to the dominant eigenvalue; i.e. expected lifetime reproduction of an

individual in stage *i*), the net reproductive rate R_0 (i.e. average number of offspring by

which an individual will be replaced during its lifetime), the generation time (i.e. average

age at which an individual has produced the average number of offspring, R_0), the life

expectancy e_0 (i.e. mean time to death), and the sensitivity of λ to perturbations of the

matrix elements (only elements >0 are considered). We further performed life-table

response experiment (LTRE) analysis (Caswell, 1996; Tuljapurkar & Caswell, 1997)

with focus on the sensitivity of λ to perturbations in stage-specific transitions when

comparing low and high food levels.

Results

Demographic dynamics of the common jellyfish under increased food levels

The metagenic life cycle of *A. aurita* (Fig. 1a) was resembled by cyclic (imprimitive)

structure of our matrix model, expressing annual peak and pit dynamics in projected

population density (Fig. 2a). The calibrated population growth rate $\lambda = 1.63$ month^{-1} for

10-fold increased food availability indicated 346-fold yearly increase in population size

relative to the calibrated stationary stable population with $\lambda = 1$ month^{-1} under low food

conditions. Such differences in growth rate due to changes in food availability provide

high leverage for population booms and busts. Similar to low food levels, the projection

matrix under high food availability showed cyclic annual structure with typical peak and

pit dynamics in projected population density, but life cycle amplitudes were much

increased (Fig. 2b).

Under low food conditions, the overall population density (taking into account all life

stages) increased to a peak during spring and summer and thereafter decreased to low

densities during autumn and winter. Under high food levels, peak density and dynamics

differed significantly compared to low food conditions, by showing two distinct maxima

in population density, one during spring and one during autumn, each followed by a

subsequent minimum in summer and winter (Figs. 2a–b). The convergence time to stable

stage (i.e. the damping ratio) of our modelled *A. aurita* population was 59 months (~5

years) under low food conditions and only 3 months, i.e. reduced by a factor 20, for the

high food population. The stable stage distribution under low food availability was vastly

dominated by polyps (~0.94) that survived throughout the year. Ephyrae and medusae

accounted for comparatively small fractions of the population (0.04 and 0.02,

respectively) and showed typical seasonal patterns. The latter included release of ephyrae

during April/May and their survival into September. Only few ephyrae transitioned to the

medusa stage under low food conditions, so that medusae were present from June to

December and contributed only marginally to restocking polyp densities by the release of

planula larvae during autumn and winter (Fig. 2c). Under high food supply, the stable

stage distribution of the *A. aurita* population was characterized by less polyps (0.76)

compared to low food conditions. Medusae played a more pronounced role (0.2) under

high food levels and ephyrae accounted for a small fraction of the overall population

(0.04) due to faster transition to the medusa stage. Compared to a year-round standing

stock of polyps under low food conditions, the stable stage distribution under high food

levels was characterized by lower proportions of polyps, which were predominant from

September to March. Ephyrae were released in March/April, and medusae dominated the

A. aurita population from April to June under high food levels. In autumn, the release of

planula larvae restocked the polyp fraction (Fig. 2d).

Our findings illustrate a shift from polyp-dominated towards medusa-dominated *A.*

aurita populations under increased food conditions. The reproductive value was low for

ephyrae (0.03) under low food conditions, and sexual reproduction of medusae

contributed only about half as much (0.42) to future generations as the asexually

reproducing polyp stage (1; the reproductive values are scaled for January). The

importance of the medusa stage under high food conditions was reflected in a

reproductive value that increased to 0.27 for ephyrae and to 9.13 for medusae (note

scaling to 1 for polyps in January). A net reproductive rate of 1 indicated that each polyp

is replaced by 1 new polyp at the end of its life under low food conditions which resulted

in long generation times of (200 months) ~16.7 years. Under high food levels, the net

reproductive rate increased to 57 polyps replacing each polyp at the end of its life,

highlighting the production of increased numbers of offspring compared to low food

conditions (F_{PP}: 1.3-fold increase ind. $^{-1}$ year^{-1}, F_{PE}: 36-fold increase ind.$^{-1}$ year^{-1}, F_{ML}:

104-fold increase ind.$^{-1}$ year^{-1}). Due to an increased net reproductive rate, high food

conditions boosted the average time between two consecutive generations to 8 months.

Life expectancy of polyps, estimated as the mean time to death, was 33 years under low

food conditions, while ephyrae and medusae revealed much shorter life expectancies of 2

and 3 months, respectively. In consensus with a more pronounced impact of the medusa

stage on population structure under high food levels, life expectancy of polyps decreased

to 7 years, while the length of ephyra and especially medusa lives extended to 3 and 8

months, respectively.

Sensitivity analysis generally highlighted a strong influence of survival rates and less

pronounced effects of fecundity on the growth of jellyfish populations. Under low food

conditions, population growth was most sensitive to changes in polyp survival (t_{PP}), with

constantly high sensitivity of 0.08 (relative maximum value in the sensitivity matrix)

throughout the months of the year (Fig. 2e). In addition, λ showed increased sensitivity of

0.02 to changes in ephyra production (F_{PE}) from March to May. The overall sensitivity of

λ increased under high compared to low food levels. Under high food conditions, changes

in polyp survival affected λ particularly from October to April, with sensitivities of

0.06−0.13. In contrast to low food levels however, λ was most sensitive to changes in

medusa survival under high food levels, with sensitivity remaining high, ranging within

0.07−0.16 from April to October, and reaching a maximum of 0.32 from June to July

(Fig. 2f). We further detected sensitivities of λ in the range 0.02−0.03 for perturbations in

ephyra production from March to May under high food conditions. Differences in the

sensitivity of λ between food treatments were expressed by the results of our life table

response experiment (LTRE) analysis. High food availability led to 7.7−13.6 % increased

sensitivity for the transition probabilities from polyp to medusa stage (i.e. F_{PE} and t_{EM})

from March to May. Further, increased food conditions enhanced sensitivity for medusa

survival during April by 7.7 % and for polyp production via sexual reproduction of

medusae (i.e. F_{ML} and t_{LP}) from August to December by 5.1−6.8 % (Table 1).

Effects of a predicted winter warming trend

For our winter warming scenario with extended strobilation periods and increased ephyra

release, population growth rates of *A. aurita* increased to 1.01 and 1.73 per month under

low and high food conditions, corresponding to 1.1- and 730-fold yearly increases in

population size, respectively. Winter warming led to stronger variability in inter-annual

population structure in both food treatments, expressed by more distinct peaks and pits in

population density (Figs. 2a−b) due to a general trend towards more medusae and less

polyps. Under low food levels, the stable population structure of *A. aurita* predicted for

winter warming consisted of more ephyrae (0.12) and medusae (0.04), and less polyps

(0.84; Fig. 2c). In relative terms, we observed 2.7 % more medusae, 7.9 % more ephyrae

and 10.6 % less polyps per year as a consequence of winter warming. Under high food

levels, increased winter temperatures resulted in a stable stage distribution with 17.6 %

more medusae, while the proportions of ephyrae and polyps decreased by 1.8 % and 15.8

%, respectively. An earlier onset of strobilation periods in the scenario and fast transition

of ephyrae caused significant proportions of medusae to be already present from February

(Fig. 2d).

Winter warming caused substantial changes in reproductive rates and generation times

of the projected jellyfish populations; these changes were particularly pronounced under

low food conditions. The reproductive value of ephyrae was magnified to 8.53, while the

relative contribution to the number of offspring by medusae decreased to near zero for the

low food population. Winter warming in combination with high food levels decreased

reproductive values of both ephyrae and medusae to 0.18 and 7.43, respectively. Under

low food conditions, increased winter temperatures raised the net reproductive rate to

1.75 polyps replacing each polyp during its life time, corresponding to a relative increase

by 75.1 %. Under high food conditions, the net reproductive rate increased to 80.9 as a

consequence of the warming trend, indicating a relative increase by 42.1 %. The winter

warming scenario shortened the generation time to 9.3 years under low food conditions,

corresponding to a difference of 7.4 years due to increased winter temperatures, while

generation times were shortened by only 9 days under high food conditions. Winter

warming increased life expectancy of ephyrae by 12 and 19 days, respectively, whereas

life expectancy of polyps and medusae remained unchanged under both low and high

food levels.

Discussion

We reveal the demographic dynamics and life history shifts underlying jellyfish blooms

and show that the intensity and frequency of jellyfish booms and busts is subject to

specific ecological triggers. We quantify how the typical boom and bust dynamics

characterizing jellyfish blooms are significantly enhanced by natural variations in the

food regime. While the combined effects of environmental change, including a predicted

winter warming, may further boost the intensity and frequency of jellyfish outbreaks,

increased food availability shows great potential to shift the predominant mode of

reproduction from asexual to sexual. We suggest this latter shift from polyp- to medusa-

dominated populations as a key mechanism causing jellyfish outbreaks. Our findings

support previous studies which have pointed out metagenic life cycles as an ultimate

driver of boom and bust population dynamics (Brotz, Cheung, Kleisner, Pakhomov, &

Pauly, 2012; Hamner & Dawson, 2009; Pitt, Welsh, & Condon, 2009). Our results also

confirm the predicted seasonal pattern in jellyfish abundance by a recent food web model

for semi-enclosed temperate ecosystems (Schnedler-Meyer, Kiørbøe, & Mariani, 2018).

Considering jellyfish blooms as highly sensitive indicators for ocean degradation

(Schrope, 2012), the present insights may provide fundamental knowledge regarding the

health of marine ecosystems worldwide.

The demographic dynamics behind jellyfish blooms

Our findings suggest food availability as a major constraint for the intensity and

frequency of jellyfish blooms, confirming that food availability limits the development of

ephyrae (Fu, Shibata, Makabe, Ikeda, & Uye, 2014) and the survivorship and fecundity of

medusae (Goldstein & Riisgård, 2016). Prey removal has previously been suggested as a

highly efficient management strategy in reducing the population size of cubomedusae

(Bordehore et al., 2015). Yet, to our knowledge, we present the first comprehensive

quantitative study of how increased food availability can trigger demographic changes in

a common scyphozoan jellyfish population. Such changes include enhanced boom and

bust dynamics and shorter generation times. We show that jellyfish blooms are a natural

consequence of complex life cycles and emphasize the key role of benthic polyps in

ensuring long-term survival (Boero et al., 2008; Lucas, Graham, & Widmer, 2012),

particularly when food is scarce. Extended polyp life-spans along with reduced rates of

asexual reproduction under low food levels further suggest a trade-off between survival

and reproduction (Stearns, 1976). In the common jellyfish, increased food levels are

associated with boosted population growth rates and dramatic life history shifts, as

expressed by longer-lived medusae with enhanced release of planula larvae, increased

ephyra production, as well as faster and more successful development of ephyrae into

medusae. Our study provides insight into the consequences of habitat eutrophication in

context with jellyfish blooms, as investigated food levels are motivated by eutrophic to

hypereutrophic conditions (cf. Riisgård, Jensen, & Rask, 2008) in our study areas

Kerteminde Fjord/Kertinge Nor (Nielsen, Pedersen, & Riisgård, 1997; Olesen, Frandsen,

& Riisgård, 1994) and Limfjorden (Møller & Riisgård, 2007; Riisgård, Madsen, Barth-

Jensen, Purcell, 2012).

Indicated by our life table response experiment analysis, which showed high

sensitivities for the fecundity of medusae combined with the transition from larvae to

polyps, an increased natural mortality risk is especially likely for the planktonic planula

stage (cf. Lucas, 2001). A transition probability of 0.001 month^{-1} from larva to polyp that

matches well previous estimates for *A. aurita* (Xie, Fan, Wang, & Chen, 2015) was found

during calibration of our presented matrix models for low and high food conditions. Our

resulting stable population under low food levels (λ = 1 month^{-1}) is comparable to the

local *A. aurita* jellyfish population in the semi-enclosed fjord system Kerteminde

Fjord/Kertinge Nor, which has remained unchanged over the last 24 years (Goldstein &

Riisgård, 2016; Nielsen, Pedersen, & Riisgård, 1997; Olesen, Frandsen, & Riisgård,

1994; Riisgård, Barth-Jensen, & Madsen, 2010). The rapid growth potential we show for

our calibrated jellyfish population under constantly high food (optimum) conditions

however is in contrast to rather low abundances of *A. aurita* medusae observed in open

coastal waters (Goldstein & Riisgård, 2016; Möller, 1980) or in Limfjorden (Hansson,

Moeslund, Kiørboe, & Riisgård, 2005; Møller & Riisgård, 2007). In Limfjorden, *A.*

*aurit*a may currently experience the process of being outcompeted by the invasive

ctenophore *Mnemiopsis leidyi* (Riisgård, Goldstein, Lundgreen, & Lüskow, 2015). This

implies additional factors regulating polyp, ephyra and medusa density in less protected

ecosystems. According to our matrix projection for high food levels, a pronounced

increase in polyp mortality to 0.3 day^{-1} (cf. Xie, Fan, Wang, & Chen, 2015, Table 1

therein; i.e. a survivorship of 2.3×10^{-5} month^{-1}) would decrease population growth rates

only marginally from 1.63 month^{-1} to 1.44 month^{-1}. In contrast, reduced medusa survival

to 0.1 month^{-1} (corresponding to a mortality of 0.07 day^{-1}; Xie, Fan, Wang, & Chen,

2015) or alternatively, a lowered transition probability from ephyra to medusa stage to

0.0001 month^{-1}, would result in remarkably decelerated population growth rates of $\lambda =$

1.10 month^{-1} and 1.09 month^{-1}, respectively. Since population growth of *A. aurita* is less

dependent on the survival of benthic polyps under increased food levels, our above-

mentioned estimates and the results of our life table response experiment analysis suggest

that besides successful metamorphosis of planula larvae, transition from ephyra to

medusa stage and survival of medusae are the most critical parameters for the

development of jellyfish blooms in exposed coastal regions.

Besides prey abundance, food quality, intra- and inter-specific competition, predation,

substrate availability, hydrodynamic currents and extreme environmental conditions

(Arai, 2005; Chi, Mueller-Navarra, Hylander, Sommer, & Javidpour, 2018; Hansson,

1997; Hernroth & Gröndahl, 1985; Johnson, Perry, & Burke, 2001; Kakinuma, 1975;

Lucas, Graham, & Widmer, 2012; Xie, Fan, Wang, & Chen, 2015) should be considered

as important constraints for the development of jellyfish blooms. In particular, population

density-dependent mechanisms controlling individual size (Goldstein & Riisgård, 2016;

Lucas, 2001; Riisgård, Barth-Jensen, & Madsen, 2010; Schneider & Behrends, 1994)

could play a major role for the demography of *A. aurita*. Size-structure should hence be

taken into account for future population models (cf. Bordehore et al., 2015) to evaluate

the importance of size-specific traits for the development of jellyfish blooms. Although

the temporal and spatial patterns of abundance in each life stage may vary according to

jellyfish species (Lucas, Graham, & Widmer, 2012; Scorrano, Aglieri, Boero, Dawson, &

Piraino, 2016) and subspecies (Lucas, 2001), our observations on the common jellyfish

are likely not unique. We hope they will help to reveal general trends in population stage

structure and dynamics of metagenic scyphozoans in response to variable food supply.

Winter warming and jellyfish blooms

Warm temperature can lead to enhanced asexual reproduction and has therefore been

associated with increased numbers of medusae for most temperate scyphozoan species

(Purcell, 2005). Our findings support that increased water temperature can boost the

booms and busts of jellyfish blooms (Richardson, Bakun, Hays, & Gibbons, 2009; Xie,

Fan, Wang, & Chen, 2015). Winter warming has pronounced effects on the growth of *A.*

aurita populations due to seasonal changes in population composition and structure. Our

winter warming scenario caused a general trend towards more medusae and less polyps

but did not reveal the potential to shift the population structure from polyp- to medusa-

dominated *A. aurita* populations as observed under increased food conditions. Winter

warming however can increase the net reproductive rate of temperate jellyfish

populations, particularly in regions with limited food availability. Due to enhanced

strobilation periods and increased numbers of released ephyrae per polyp (Holst, 2012),

warmer winter temperatures may thus shorten the generation time under low food

conditions drastically. Based on recent climate analyses, rises in sea surface temperature

by 5 °C are expected within the next 100 years (Belkin, 2009). Our results indicate a

maximum increase in jellyfish density by 2.75 during this hypothetical warming period,

while regionally observed increases in food level (1:10) are likely to boost jellyfish

proportions by a factor 12.3. Climate warming has previously been pointed out to benefit

the population size of temperate scyphozoan species, but not tropical or boreal species

(Holst, 2012; Purcell et al., 2012). Further taking into account that a cold trigger is

necessary to stimulate strobilation in many scyphozoans (Holst, 2012; Lotan, Fine, &

Ben-Hillel, 1994; Purcell, White, Nemazie, & Wright, 1999) and that more frequent and

long-lasting heatwave events may negatively affect the population dynamics of jellyfish

(Chi, Mueller-Navarra, Hylander, Sommer, & Javidpour, 2018), we suggest winter

warming may promote the outbreak potential of certain temperate scyphozoans but

should generally be considered a much less powerful driver of jellyfish blooms than

increased food availability.

Conclusions

Our study highlights that food availability drives and specifically shapes the booms and

busts of jellyfish blooms. We suggest that for most temperate scyphozoans predicted

changes in water temperature may cause less dramatic increases in jellyfish density than

already established food concentrations in several eutrophic regions around the world.

The importance of natural competitors and predators for keeping jellyfish blooms in

check needs further exploration, but our findings might serve as a promising starting

point. We conclude that a combination of environmental triggers, such as habitat

eutrophication, overfishing, artificial settlement substrates and climate change, can

promote jellyfish outbreaks severely. Our findings emphasize the fundamental

importance of an integral, quantitative view on jellyfish life histories. We believe such

perspective, comprising species-, life stage- and age-specific traits, is an inevitable

prerequisite in providing visions for future management of jellyfish blooms and other

mass occurrences.

Authors' contributions

US and JG conceived the ideas and designed the methodology, JG collected the data and

led the writing of the manuscript; JG and US analyzed the data. Both authors contributed

critically to the drafts and gave final approval for publication.

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Supporting Information

Additional Supporting Information is available online in the supporting information tab

for this article.

Tables

Table 1. *Aurelia aurita*. Life table response experiment (LTRE) analysis for the sensitivity of the population growth rate λ to changes in monthly transitions including survivorship t_{ii}, transition probability t_{ij} and fecundity $F_{ii/ij}$ of the stages larva (L), polyp (P), ephyra (E) and medusae (M) when comparing low and high food conditions (1:10).

Monthly transition	Sensitivity of λ					
	$t_{PP} + F_{PP}$	F_{PE}	t_{EE}	t_{EM}	t_{MM}	$F_{ML} \times t_{LP}$
Jan–Feb	0.00121	0	0	0.00007	0.00003	0
Feb–Mar	0.00238	0.00997	0	0	0.00005	0
Mar–Apr	0.00151	0.01068	0.00257	0.07712	0.00016	0
Apr–May	0.00081	0.00444	0	0.13628	0.07727	0
May–Jun	0.00072	0	0	0.01065	0	0
Jun–Jul	0.00049	0	0	0	0	0
Jul–Aug	0.00043	0	0	0	0.03890	0
Aug–Sept	0	0	0	0	0.02894	0.06808
Sept–Oct	0	0	0	0	0.00820	0.05629
Oct–Nov	0	0	0	0	0	0.05401
Nov–Dec	0.00649	0	0	0	0	0.05046
Dec–Jan	0.00484	0.00007	0	0	0.00001	0

Figures

Fig. 1. Life history of the common jellyfish *A. aurita* (Scyphozoa, Cnidaria). (a)

Metagenic life cycle with alternation of generations between the sexually reproducing

medusa and the asexually reproducing polyp stage. (b) Life cycle graph for *A. aurita*,

including transition probability *t*, fecundity *F* (solid arrows) and mortality † (broken

arrows) of all life stages, i.e. planula larva (L), polyp (P), ephyra (E) and medusa (M). (c)

Reduced life cycle graph for polyps, ephyrae and medusae considering fast (daily)

transition from larva to polyp stage.

Fig. 2. Population matrix model for *A. aurita* under low (upper panels) and high (lower panels) food conditions (1:10). (a–b)

Matrix projection over a 10-year period, standardized to the long-term effects of population growth rates λ = 1 month^{-1} and λ =

1.63 month^{-1}, respectively, for present temperature conditions (solid black lines) and for a predicted winter warming trend

(solid grey lines). (c–d) Stable stage distribution (i.e. relative, constant long-term proportions) of polyps (P), ephyrae (E) and

medusae (M) for present temperature conditions (black lines) and for a winter warming scenario (grey lines). (e–f) Sensitivity

of λ to changes in monthly stage transitions.