Optogenetic Control of RhoA Reveals Zyxin-mediated Elasticity of Stress Fibers

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Abstract

The mechanics of the actin cytoskeleton regulates cell morphogenesis during essential physiological

processes. While cellular contractility is known to be largely RhoA-dependent, the process by which

localized biochemical signals are translated into cell-level responses is not well understood. Here we

combine optogenetic control of RhoA in space and time, live cell imaging and traction force microscopy

to investigate the dynamics of actomyosin-based force generation in adherent fibroblasts. Local

activation of RhoA not only stimulates local recruitment of actin and myosin, but also leads to

increased traction forces outside the activation region that rapidly propagate across the cell via stress

fibers and drive actin flow towards the region of heightened RhoA. Surprisingly, the flow reverses

direction when local RhoA activation stops. We identify zyxin as a regulator of stress fiber mechanics,

as stress fibers are fluid-like without flow reversal in its absence. These experimental data are used to

constrain a physical model, which demonstrates that stress fibers are elastic-like, even at time scales

exceeding turnover of constituent proteins. Such molecular control of actin mechanics likely plays

critical roles in regulation of morphogenic events.

Introduction

A diverse array of essential physiological processes, ranging from the subcellular to the multicellular,

depend on the spatial and temporal regulation of contractile forces[1-4]. This regulation drives changes in

cell shape[5,6] and mediates interactions with the extracellular environment [7,8]. Changes in contractility

can furthermore alter gene expression[9] and impact development[10,11]. The molecular machinery

required for generating contractile forces is well conserved and dominated by the actin cytoskeleton,

myosin II activity and associated regulatory proteins[4,12,13]. Specifically, actin filaments dynamically

organize into distinct contractile architectures, including the cortex and stress fibers [14,15]. Contractile

forces are transmitted across the cell by actin arrays and ultimately to the extracellular matrix by focal

adhesions[12,13,16,17].

The regulation of cellular force transmission is controlled by the mechanical properties of actomyosin

assemblies. Cellular mechanics has been explored extensively both experimentally[14,18-20] and

theoretically[21-23]. The current understanding is that, at time scales up to those of typical kinetic

processes, the actin cytoskeleton behaves like an elastic solid. Such elasticity enables rapid force

transmission across the cell and reversible deformations to preserve cytoskeletal architecture. In

contrast, at longer time scales, it is thought that dynamic processes make the cytoskeleton

predominately like a viscous fluid, enabling cytoskeletal flows and remodeling. These dynamic

processes including exchange of proteins from the cytosol and are typically on the order of tens of

seconds in structures like the cortex[24,25] and on the order of a minute in stress fibers[26]. The molecular

regulation underlying the competition between elastic and viscous processes in cells is not well

understood.

Cellular contractility is largely controlled by the activity of the small GTPase RhoA[27,28], which in

adherent cells is preferentially active at the cell periphery[29,30]. RhoA regulates contractility through the

promotion of actin polymerization and myosin light chain phosphorylation via the downstream

effectors Diaphanous-related formins and Rho-associated Kinase (ROCK), respectively. RhoA activity is

required for stress fibers and focal adhesions[27,28]. Little, however, is known about how small changes in

activity can regulate cell contractility, actin architecture and adhesion.

Optogenetics has been used before to control cell migration and cell forces[31-34]. Here we have used an

optogenetic probe to locally activate RhoA in adherent fibroblasts. Plasma membrane recruitment of

the RhoA specific guanine exchange factor (GEF) LARG induces local RhoA activation[6,35-37]. Local

activation of RhoA leads to an increase in actin polymerization and myosin activity in the region of

activation, but it does not stimulate *de novo* stress fiber formation or changes in focal adhesion

morphology. We find that exogenous RhoA activation leads to an immediate increase in both the local

and global contractility of the cell, followed by a rapid relaxation after GEF recruitment is stopped. The

local increase in stress fiber contractility drives an actomyosin flow towards regions of increased RhoA

activity. Surprisingly, these flows reverse direction as soon as GEF recruitment ceases. Using physical

modeling, we show this behavior is consistent with stress fibers behaving as predominately elastic-like

over time scales much longer than minutes. We find that zyxin is necessary for this elasticity; in its

absence, stress fibers become predominately fluid-like even at second time scales. These results

suggest that stress fiber mechanics is sensitive to small changes in composition, which has significant

implications for regulation of force transmission and cytoskeletal organization.

Results

Spatiotemporal control of RhoA and its downstream effectors

To spatially and temporally control contractility in adherent cells, we adapted a previously established

optogenetic probe[6,35] to act on the RhoA signaling pathway (Figure 1a). During stimulation by blue

light, a cytosolic fusion protein, photo-recruitable GEF (prGEF), consisting of tandem PDZ domains

fused to the DH domain of the RhoA specific GEF LARG[6], is recruited to the plasma membrane where it

activates RhoA (Figure 1b). To illustrate the local recruitment of prGEF we tagged it with the

fluorophore mCherry and imaged an NIH 3T3 fibroblast expressing the constructs on a glass coverslip

(Figure 1c). A digital micromirror device was used to spatially control the illumination of the blue

activating light (orange box, Figure 1c), and was pulsed before each image acquisition during the

recruitment period. Recruitment of the prGEF to the activation region was rapid and reversible upon

extinguishing the stimulating blue light (Figure 1c,d and Supplementary Movie 1).

To investigate whether recruitment of the prGEF resulted in activity of proteins downstream of RhoA,

we tracked the dynamics of actin and myosin light chain (MLC) during recruitment (Figure 1e-g). Both

actin and myosin accumulated in the activation regions, resulting in an increase in fluorescence

intensity during the 15 min activation period (Figure 1e-g and Supplementary Movies 2-3).

Interestingly, local activation of RhoA did not lead to *de novo* stress fiber assembly in the activation

region (Figure 1e and Supplementary Movie 2). At the end of the activation period, fluorescence

intensities of both actin and myosin returned to baseline levels. These results indicate that exogenous

RhoA activation via LARG recruitment is not sufficient to maintain elevated RhoA activity and the

concomitant increases in local actin and myosin concentrations. To confirm that local activation of

RhoA was acting on actin and myosin through its downstream effectors, formin and ROCK, the

experiments were repeated in the presence of either SMIFH2, a pan formin inhibitor[38], or Y-27632, a

Rho-associated Kinase inhibitor (Figure 1h). Local recruitment of actin and MLC were significantly

inhibited by the presence of SMIFH2 and Y-27632, respectively. These results illustrate that RhoA

activity and recruitment of its downstream effectors can be spatially and temporally controlled via

light.

Adhesion morphology is unperturbed by local RhoA activity

Previous work has suggested that focal adhesion formation and maturation are tension dependent

processes driven by increased RhoA activity at adhesion sites [27,28,39]. To test these hypotheses we

examined how local RhoA activation affected traction forces and focal adhesions. Cells expressing

mCherry-vinculin, a marker of focal adhesions, were plated on polyacrylamide gels coated with

fibronectin and traction stresses were measured via Traction Force Microscopy (Figure 2a,b and

Supplementary Movie 4)[40,41]. During local activation of RhoA, traction stresses increased at focal

adhesion sites, on a similar timescale to that of myosin localization (Figure 1g). Despite the increased

force, the total number of adhesions remained essentially constant (Figure 2c). Individual adhesion

morphology and vinculin intensity were also unaffected, despite large increases in stress at a majority

of previously established adhesion sites during local RhoA activation (Figure 2d & Supplementary Fig.

S1). Too much illumination, however, results in adhesion failure and detachment from the substrate

(Supplementary Fig. S2). As the adhesions and stress fibers are fully formed already in these cells, the

lack of change in adhesion morphology is consistent with previous results showing that adhesion size

and tension are correlated during the initial growth phase of the adhesion[42], and that adhesion

maturation is driven by proximal actin stress fiber assembly[43].

To determine the effect of local RhoA activation on the overall contractility of the cell, we used traction

force microscopy to measure the total strain energy, which reflects the amount of mechanical work

done by the cell on its environment[44]. Activation induced a rapid increase in both traction stresses and

strain energy (Figure 2b,c). At the end of the activation period, the strain energy decreased to their

original baseline values (Figure 2c). Interestingly, traction stresses were mostly seen to increase at the

cell periphery, where traction stresses were already established, and in areas immediately adjacent to

the activation region. No change was seen in the activation area itself (Figure 2b). This suggests that

locally generated forces balance within the activation region and only unbalanced forces at the edge of

this region are turned into productive traction forces. Thus, a local increase of tension leads to globally

distributed traction forces at pre-existing focal adhesions.

Cells maintain a contractile set point

That cells return to a similar baseline contractility following a period of exogenous RhoA activation is

consistent with previously established ideas of tensional homeostasis[44-47]. To explicitly probe this

behavior, we performed a series of local activations of different sizes on a single cell (Figure 2e and

Supplementary Movie 5). After measuring the strain energy at an initial steady state, a cell was

exposed to three 15 min periods of local RhoA activation of increasing size with relaxation periods

between each activation (Figure 2e,f). The strain energy increased concomitant with the size of the

activation region. During activation, both local stresses immediately surrounding the activation region,

and long-range stresses at the cell periphery could be seen to increase (Figure 2e). Following each

activation, the strain energy returned to the initial baseline level (Figure 2f).

To elucidate the underlying mechanical principles, we built a physical model that would capture this

physical response. We constructed a model of the cell as a continuum of contractile elements in series,

each with one elastic and one viscous element in parallel (Figure 2g). Such a model is known as an

"active Maxwell fluid" and is used here because we are interested in long time scales, when the system

is expected to flow[21,25,48]. Contractility was assumed to increase with an exponentially plateauing ramp

in the activated region, consistent with the observed accumulation profiles for actin and myosin

(Figure 1g), and the substrate was represented as an elastic spring coupled to the cell by a friction

element. The model parameters for the elastic modulus, viscosity, friction and contractility were found

by fitting the model to the strain energy data, while the value of the substrate stiffness was fixed. This

procedure resulted in a curve in good agreement with the experimental data (Figure 2f).

We find that both the viscous and elastic elements are necessary to accurately capture the behavior of

the system over the whole time course of ramping, plateau and relaxation. The ratio of viscosity to

elasticity defines a viscoelastic relaxation time of approximately 60 minutes; this time scale determines

the transition from when the cytoskeleton behaves predominately elastic-like (< 60 min) to

predominately fluid-like (> 60 min). Our results thus indicate that stress fibers are predominantly

elastic on the scale of tens of minutes, despite proteins within the stress fiber turning over on

timescales of tens of seconds[15]. This strong elastic behavior is also consistent with the immediate

increase in cell traction stresses at the cell periphery (Figure 2b,e) upon local activation of RhoA in the

center of the cell.

Stress fibers contract independent of the background network

To investigate the cytoskeletal architectures that give rise to this strong contractility, we tracked

myosin dynamics during local RhoA activation. In the steady state, as new actomyosin is polymerized

and incorporated into stress fibers, there is a retrograde flow of actomoysin from the periphery

towards the cell center[15,17]. Using particle image velocimetry (PIV)[49,50] we measured both the local

direction and magnitude of myosin flow. We found that myosin flow rates along the stress fiber

increased as myosin accumulated in the activation region creating a local contraction, and that this

flow was directed along the orientation of the stress fibers spanning the activation region (Figure 3a,b,

Supplementary Fig. S3, and Supplementary Movie 6). The flow direction was independent of the

activation region geometry, with the direction always being determined by the stress fiber orientation

(Supplementary Movie 7).

The cytoskeleton of a strongly adherent cell is typically thought to be a 2D material comprised of stress

fibers embedded in an isotropic cortex[41,51,52]. Since flows induced by local RhoA activation appear to

track the orientation of the stress fibers (Figs. 3a,b and S2), we sought to address the relative

contractile contributions of the stress fibers and the actin networks. We therefore built a 2D discrete

model analogous to the 1D continuum model described above (Figure 3c). The model consists of a

triangular mesh with the contractile elements again connected in parallel to the viscous and elastic

elements, with lines of increased contractility representing the stress fibers. Using a simple rectangular

cell, we first verified that, without stress fibers, this model recapitulates the results from the one-

dimensional continuum model (Figure 3d). Similar to the 1D model above, the contractile components

in a region in the center of the cell were slowly increased with an exponentially plateauing ramp. The

parameters were then adjusted so that the model both qualitatively and quantitatively recapitulated

the expected flow patterns of the 1D continuum model (Figure 3d).

To explore the relative contributions of the background mesh and the stress fibers, we considered two

test cases: (1) If both the mesh and the stress fibers contained contractile elements, the stress fibers

pinched inward transverse to their orientation during local activation (Figure 3e); and (2) when

contractile elements were only included in the stress fibers (as depicted in Figure 3c), the cytoskeletal

flow was restricted to directions along the stress fiber (Figure 3f), consistent with our experimental

results (Figure 3a-b, Supplementary Fig. S3, and Supplementary Movies 6-7). Since transverse

deformations were never seen in experiments, it is clear that the stress fibers must be the

predominant contractile elements observable at this resolution which respond to local RhoA-induced

contractions. Furthermore, this result illustrates that it is appropriate to think of a stress fiber as a one-

dimensional contractile element with viscous and elastic components embedded in a passive

viscoelastic network.

Stress fibers flow due to local RhoA induced strain

Having identified the stress fiber as the main contractile unit responding to exogenous RhoA activation,

we next sought to address whether stress fibers undergo deformation during contraction. Since stress

fibers can be considered as 1D structures, we analyzed myosin flow along the fiber using kymographs.

A kymograph drawn along a single stress fiber illustrates that myosin puncta flowed from both ends

towards the activation regions when RhoA was activated locally (Figure 4a-b, Supplementary Fig. S5).

Similarly, a kymograph drawn by projecting the flow speed along the stress fiber from the velocity field

created by our PIV analysis illustrates even more clearly how cytoskeletal flow was perturbed by local

RhoA activation. Flow of myosin from both ends of the stress fiber reoriented towards the recruitment

regions and increased from ~1 nm/s on average to more than 3 nm/s during activation (Figure 4c and

Supplementary Fig. S5). Strikingly, the flow was also seen to reverse direction, flowing away from the

recruitment region and towards the cell periphery, during the relaxation period following the local

activation (Figure 4b,c). This flow reversal is reminiscent of the restoring force in elastic objects that

restores its original shape after removal of external force (e.g. recoil of an elastic band after stretch). In

active systems, flow reversal could also arise from spatial variations in tension. Specifically, this would either require the myosin stress within the activation region to fall below its pre-activation level or increased myosin activity distal to the activation site. However, we do not observe such changes in actomyosin density, indicating a passive elastic-like element may be sufficient in describing this recoil.

We next developed a protocol to measure the magnitude of the stress fiber displacement during these periods of contraction and relaxation (Figure 4d). The displacement in a given fiber was determined by measuring the relative position of puncta along the fiber following 15 minutes of local RhoA activation and 15 minutes after it ceased. During contraction, puncta on either side of the activation region contracted on average ~3 µm from their original position before relaxing back to ~1 µm from their original position (Figure 4d). The relaxation response across many stress fibers from multiple cells could be further clustered into two groups, one which exhibited strong reversal (~80% of the original position) and one which exhibited little to no reversal (~25% of the original position) (Figure 4d).

To determine whether stress fibers were stretching due to the local contraction, we used cells expressing mApple-α-actinin, an actin crosslinker which localizes to well defined puncta on stress fibers (Figure 4e and Supplementary Movie 8). We created kymographs of α-actinin flow during local activation of RhoA and tracked paths of individual puncta (Figure 4f). The velocity of individual puncta was determined from the slope of the tracks in the kymograph and plotted as a function of distance from the activation zone (Figure 4g). Puncta along the stress fiber moved at similar speeds, indicating that, in general, the stress fiber was translating as a rigid rod during the local contraction (Figure 4g). Where present, changes in velocity between neighboring puncta were abrupt (blue arrow Fig 4g), suggesting points of structural failure along a fiber. These results indicate that the strain induced in the stress fiber is restricted to the local contraction in the activation region and discrete sites of extension in regions outside the activation region.

By fitting the experimental kymographs to both our 1D continuum and 2D discrete models, we show that similar flow patterns emerge naturally from the mechanics of the system (Figure 4h). The high elasticity of the stress fiber, specifically the ratio of elasticity to viscosity, is sufficient to recapitulate

the flow profiles that were seen during both RhoA activation and relaxation. Furthermore, the

parameters found from the kymograph fitting process were consistent with the parameter values

found when fitting the strain energy (Table 2).

Zyxin is recruited to sites of strain on stress fibers

In order to probe the underlying molecular basis of this elasticity, we sought to identify stress fiber-

associated proteins that could contribute to the recoil behavior. Zyxin has been previously established

as a mechanosensitive protein that dynamically localizes to sites of strain along stress fibers[53,54], in

addition to focal adhesions[55]. Using cells expressing mCherry-zyxin, we monitored zyxin activity during

RhoA activation (Figure 5a and Supplementary Movie 9). Zyxin recruitment was consistently observed

in a small population of focal adhesions outside of the local activation region (Figure 5b). Surprisingly,

we found that zyxin also accumulated along stress fibers in the region of local activation (Figure 5c,d).

Given the myosin accumulation and direction of flow, this suggests that zyxin might be recruited to

both sites of compression and extension. Paxillin, another mechanosensitive LIM domain protein that

responds to stress [56,57], behaved similarly to zyxin (Supplementary Fig. S4).

Zyxin is required for stress fibers to behave elastically

To further explore the role of zyxin in stress fiber mechanical behavior we used mouse embryonic

fibroblast cells derived from zyxin$^{-/-}$ mice[58]. Despite the loss of zyxin, these cells form actin stress fibers

and focal adhesions and are highly contractile[59]. When we locally activated RhoA in the zyxin$^{-/-}$ cells,

myosin accumulated in the activation region (Figure 5e and Supplementary Movie 10). This

accumulation drove a contractile flow into the local activation area that was indistinguishable from

wild type cells, indicating that loss of zyxin did not impede myosin activity. Upon stopping the GEF

recruitment in zyxin$^{-/-}$ cells, cytoskeletal flow returned to pre-activation rates, consistent with the

reduced local contraction, but did not reverse direction (Figure 5e-f,i, Supplementary Fig. S5, and

Supplementary Movie 10). Expression of EGFP-zyxin in this cell line restored the flow reversal (Figure

5g-i, Supplementary Fig. S5 and Supplementary Movie 11). Together these results indicate that zyxin is

required for the flow reversal occurring after local RhoA activation ends.

Using the kymographs produced in the zyin$^{-/-}$ and zyxin$^{-/-}$+EGFP-zyxin cells, we again fit the data to our

mechanical model (Figure 5j-l, Supplementary Fig. S6). For the zyxin$^{-/-}$ cells, we found the viscoelastic

relaxation time reduced to 1 sec, indicating that the stress fibers are predominately fluid-like at all

physiological time scales. Rescue of the zyxin$^{-/-}$ cells with EGFP-zyxin resulted in parameter fits that

were consistent with the NIH 3T3 fibroblast data. Zyxin is thus important for maintaining the

qualitative mechanical response of stress fibers, ensuring they are predominately elastic at ~1 hr time

scales.

Discussion

This study demonstrates that the mechanical behavior of adherent cells is strongly shaped by stress

fibers and their ability for rapid force transmission even in the face of molecular turnover and flow.

Using an optogenetic probe to locally activate RhoA via recruitment of the DH domain of LARG, a RhoA

specific GEF, we find that we can stimulate a local contraction in stress fibers due to an increased

accumulation of actin and myosin in the activation area (Figure 6, 1). This local contraction causes a

tension gradient at the boundaries of the activation region and a flow towards it (Figure 6, 2). The flow

of myosin and α-actinin increases the strain both on the interface coupling the stress fiber to the

adhesion and in the activation region, leading to recruitment of the mechanosensitive protein zyxin

(Figure 6, 3). When local activation of RhoA is stopped, the system relaxes to the pre-activation state,

mainly driven by elastic energy accumulated in the strained regions, and results in a transient

cytoskeletal flow of material away from the local activation region (Figure 6, 4).

This elastic behavior is dependent on zyxin. Previous reports have shown that zyxin localizes along the

stress fiber at the interface of the adhesion[60,61]. This positioning suggests that previously reported

zyxin mediated stress fiber repair mechanisms[56,59] are also occurring at the adhesion interface as actin

is assembled and is incorporated into the stress fiber while under tension. The localization of zyxin to

potential sites of compression, however, is novel. While it is known that the LIM domain of zyxin is

sufficient for localization[62], the exact mechanism through which zyxin recognizes sites of strain remains

unknown.

These data further illustrate that RhoA activity and its downstream effectors are tightly regulated by

the cell. We see no evidence that RhoA activation alone leads to *de novo* stress fiber formation or

adhesion maturation. Instead these processes likely result from concurrent changes in cytoskeletal

architecture[43,63]. More interestingly, the data suggest cells regulate total RhoA activity to maintain a

constant homeostasis[44-47]. Specifically, the relaxation kinetics of the downstream effectors match the

kinetics of the optogenetic probe[35], thus indicating that there is no positive feedback loop whereby

production of RhoA•GTP alone is sufficient to promote further activation of RhoA. To sustain a given

contractile state, therefore, the cell must actively regulate and maintain a specific RhoA•GTP

concentration.

By using an optogenetic approach to perturb the local mechanical balance within the cell, we were

able to probe the material properties of the cytoskeleton in ways previously inaccessible. It is

instructive to consider our results within the context of other approaches that probe stress fiber

mechanics. One such method is the cyclic stretch of an elastic substrate, in which Rho-activation is

involved in reorienting the cell and its stress fibers away from the direction of stretch[64]. It has been

argued that the reorientation response might result from a homeostatic set point, that is either

passive[65] or active[66] in nature, which is consistent with our experimental results. Another interesting

comparison can be made with severing of stress fibers via laser ablation[53,67-69]. In severing experiments,

the mechanical stability of the fiber is compromised while myosin activity on the remaining portion

remains unchanged, thus driving a large contraction over seconds. By contrast, we probe the response

to small perturbations in tension along an intact stress fiber over tens of minutes. As a result of the

differences between the two setups, these experiments are probing different types of stress fiber

mechanical response. In contrast to severing experiments, where sarcomeres have been reported to

collapse to a minimal length following a reduction in tension[68], we do not see changes in the spacing of

the sarcomeric structure of crosslinkers in the fiber during the increase in tension driven by local RhoA

activation. Our experiments thus probe the homeostasis of the system, while severing probes the

limits of stability. Interestingly, it has been reported previously that sarcomere size in stress fibers

fluctuates on a 20 min time scale[70], which might be related to the 50 min viscoelastic time scale

revealed by our model results. Future insights could be derived from fluctuation analysis during

optogenetic activation.

Contraction is driven by the local accumulation of myosin in the region of activation, but the origin of

the elastic-like recovery is less clear. We see no evidence of additional myosin accumulation in distal

portions of the stress fiber during the relaxation, suggesting that the recoil arises from zyxin-mediated

repair mechanisms within stress fibers. This is further supported by the fact that the zyxin$^{-/-}$ cells

exhibit identical contractile behavior, but none of the elastic recoil. Zyxin is known to recruit actin

polymerization factors like VASP and actin crosslinkers like alpha-actinin[59] and these interactions might

be essential to ensure mechanical integrity of stress fibers. The molecular detail of these protein

interactions under applied load remains an outstanding question.

Our experiments highlight the importance of defining the relevant timescales and perturbations when

describing a material as elastic or viscous. Given that typical turnover rates for proteins in the

cytoskeleton are on the order of tens of seconds[15,25,26], it is surprising that our model results suggest

that stress fibers have elastic-like properties on timescales of ~1 hour. The viscous behavior of cells is

typically associated with irreversible changes brought on through remodeling and dynamic activity of

proteins (e.g. cytoskeletal remodeling during migration)[21,71]. This has informed much of the active fluid

theoretical frameworks that have been developed[21]. Conversely, elasticity has typically been used to

describe cellular material properties without consideration of the dynamic activity of the

components[44,72,73] and has been used in understanding force generation[44] and mechanosensing[74]. Our

results suggest that active remodeling within the cytoskeleton can result in elastic-like properties of

time scales exceeding those of dynamics of internal components. Moreover, our results indicate that

very different viscoelastic time scales might co-exist in the same cell and even in the same cytoskeletal

structures. Finally, our results implicate an important role for zyxin in regulating transitions between

fluid-like and elastic-like behaviors. This has exciting implications for interpreting the underlying

physics of active cytoskeletal materials. The fact that this behavior can be controlled by the activity of a

single protein suggests intriguing potential mechanisms cells can use to regulate their mechanical

properties during morphogenesis and development.

Methods

Cell culture and transfection

NIH 3T3 fibroblasts (American Type Culture Collection, Manassas, VA) were cultured in DMEM media

(Mediatech, Herndon, VA) and supplemented with 10% FBS (HyClone; ThermoFisher Scientific,

Hampton, NH), 2 mM L-glutamine (Invitrogen, Caarlsbad, CA) and penicillin-streptomycin (Invitrogen).

Zyxin$^{-/-}$ and zyxin$^{-/-}$+EGFP-zyxin Mouse Embryonic Fibroblast cells were a gift of Mary Beckerle's lab

(University of Utah, Salt Lake City, UT) and cultured similarly to the NIH 3T3 fibroblasts[59]. Cells were

tested for mycoplasma and were free of contamination. All cells were transiently transfected via

electroporation 24 hrs prior to experiment using a Neon Transfection system (ThermoFisher Scientific).

Following transfection, cells were plated on glass coverslips and imaged the next day.

Drug treatments

Cells were treated with either the 10 µM SMIFH2 a pan-formin inhibitor[38] or 1µM of Y-27632 which

inhibits ROCK (ThermoFisher Scientific), for at least 30 minutes prior to imaging.

Plasmids

The optogenetic membrane tether consisting of Stargazin-GFP-LOVpep and prGEF constructs used are

previously described (Wagner 2016). prGEF-YFP was constructed in an identical manner to prGEF with

YFP replacing mCherry. This construct was used in experiments where the effects on various

downstream markers were visualized. To examine effects on the actin and myosin networks, we used

mApple-Actin and mApple-MLC constructs (gifts from M Davidson, University of Florida, Gainesville FL),

mCherry-Vinculin (gift from V Weaver, University of California at San Francisco, San Francisco, CA) and

mCherry-zyxin (gift from M Beckerle, University of Utah, Salt Lake City, UT).

Live cell imaging

Glass coverslips were placed in a Chamlide magnetic chamber (Live Cell Instrument, Seoul, Korea) in

culture media supplemented with 10 mM HEPES and 30µL/mL Oxyrase (Oxyrase Inc., Mansfield, OH)

and maintained at 37˚C. Cells were imaged on an inverted Nikon Ti-E microscope (Nikon, Melville, NY)

with a Yokogawa CSU-X confocal scanhead (Yokogawa Electric, Tokyo, Japan), and laser merge module

containing 491nm, 561nm, and 642nm laser lines (Spectral Applied Research, Ontario, Canada). Images

were collected on either a CoolSNAP HQ2 CCD (Roper Scientific, Trenton, NJ) or Zyla 4.2 sCMOS

Camera (Andor, Belfast, United Kingdom). Local recruitment using the optogenetic probe was

performed using a 405 nM laser coupled to a Mosaic digital micromirror device (Andor). Images were

collected using a 60x 1.49 NA ApoTIRF oil immersion objective (Nikon). All hardware was controlled

using MetaMorph Automation and Image Analysis Software (Molecular Devices, Sunnyvale, CA).

Unless otherwise stated, cells were imaged in the 561 channel every 20 s for 45 min, with the first 15

min used to determine the steady state of the system, the second 15 min to perform local recruitment,

and the final 15 min to record any recovery. During recruitment a local region drawn in MetaMorph

was illuminated by the 405nm laser for 960 ms at a power < 1 μJ/s immediately prior to the acquisition

of each 561 image.

Local recruitment analysis

All data analysis was performed using MATLAB (Mathworks, Natick, MA). Regions of interest (ROIs)

were drawn to calculate the average intensity in the local recruitment region, a control area within the

cell but far away from the recruitment area, and a background area outside of the cell. The average

background intensity was subtracted from the control region and this curve was used to determine a

photobleaching correction. The photobleaching correction was then applied to the background

subtracted average intensity in the local recruitment region and normalized to the average value of the

first 15 min of the data.

Focal adhesion analysis

Images were thresholded and segmented to create binary masks using MATLAB. Adhesion masks were

filtered to exclude adhesions smaller than 0.4 μm^2 due to the inability to segment them consistently.

The binary mask was then used to calculate the total number and average fluorescence intensity of

adhesions in each frame. These masks were also used to calculate the average stress under the

adhesions. To calculate the percentage of adhesions which increased in intensity or stress during

activation, we compared the maximum intensity of the adhesion during activation to the intensity

immediately prior to activation. Adhesions were considered to have shown an increase in either

intensity or stress if the magnitude of the increase was greater than 10%.

Kymograph and local displacement analysis

Kymographs were created in MATLAB by drawing lines along stress fibers and averaging across a width

of 9 pixels. Local displacement was determined by locating a feature 5µm from the edge of the

activation zone in a kymograph immediately prior to activation. The location of this feature was then

tracked and recorded following the 15 minute period of activation, and then again following 15

minutes of relaxation.

Cytoskeletal flow analysis

Images were first corrected for bleaching and then filtered with a 3D Gaussian filter to remove noise.

Flow fields were calculated using an implementation of the Brox et al. optical flow algorithm[49,50] that

ensures spatial and temporal smoothness. Flow field kymographs were generated by projecting the

flow vectors onto the line defining the kymograph. To compare the direction of flow with the

organization of the cytoskeleton, the local orientation of actin fibers was extracted from the structure

tensor[75].

α-actinin spacing analysis

Kymographs were drawn as above. For each timepoint in the kymograph, local peaks in the linescan

were determined. Peaks were then connected to create tracks across the kymograph. Local velocity

was determined by isolating the section of the track during the activation period and fitting the

trajectory to a straight line. The fitted slope was taken as the velocity.

Traction force microscopy

Traction force microscopy was performed as described previously[40,41,44]. Briefly, polyacrylamide gels

embedded with 40-nm fluorescent microspheres (Invitrogen) were polymerized on activated glass

coverslips. The shear modulus of the gels used in these experiments was 8.6 kPa. Following

polymerization gels were washed with PBS and crosslinked with the extracellular matrix protein

fibronectin (Millipore, Billerica, MA) using the photoactivatable crosslinker sulfo-sanpah (Thermo

Fisher Scientific). Cells were plated and allowed to spread for at least 4 hours prior to imaging as

described above.

Following imaging, cells were removed from the substrate using 0.5% sodium dodecyl sulfate and a

reference image of the fluorescent beads in the unstrained substrate was taken. The image stack was

then aligned to correct for drift and compared to the reference image using particle imaging

velocimetry to create a displacement field with a grid spacing of 0.86 µm. Displacement vectors were

filtered and interpolated using the Kriging interpolation method. Traction stresses were reconstructed

via Fourier Transform Traction Cytometry[40,76], with a regularization parameter chosen by minimizing

the L2 curve[41]. The strain energy was calculated as one half the integral of the traction stress field

dotted into the displacement field[44].

Statistical analysis

All experiments were repeated a minimum of 3 times. Cells presented in figures are representative

samples of the population behavior. Box plots represent the 25th, 50th and 75th percentiles of the data.

Whiskers on the boxplot extend to the most extreme data points not considered outliers. Error bars

represent the standard deviation, except where noted otherwise. Statistical significance was

determined using independent two-sample Student's *t* tests of the mean to compare groups of data.

Statistical significance is indicated by asterisks: (*) represents a *p*-value < 0.05; (**) represents a *p*-

value < 0.01.

Code availability

Matlab analysis routines can be made available upon request to the corresponding author.

Data availability

The data that support the findings of this study are available from the corresponding author upon

reasonable request. Stargazin-GFP-LOVpep and prGEF plasmids are available on addgene.

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Author Contributions

P.W.O, E.K.W, M.G. and M.L.G conceived the study and designed the experiments. P.W.O and E.K.W. performed experiments. P.W.O. and M.L. performed data analysis. E.K.W. designed and cloned the molecular constructs. C.A.B., D.P., M.L. and U.S.S. conceived and designed the theoretical model. C.A.B. and D.P. performed simulations. P.W.O., M.G. U.S.S. and M.L.G. wrote the manuscript with feedback from all authors.

Competing Interests

The authors declare no competing financial interests.

Figure Captions

Figure 1

RhoA activity can be spatiotemporally controlled via an optogenetic probe. (**a**) Spatiotemporal control of RhoA activity is achieved using an optogenetic probe to recruit the RhoA specific GEF LARG to the plasma membrane. A LOVpep molecule is anchored to the membrane via fusion to the transmembrane protein Stargazin, while a protein consisting of tandem PDZ domains fused to the DH domain of LARG (prGEF) is distributed throughout the cytosol. Upon stimulation with 405nm light, the LOVpep undergoes a conformational change exposing a high-affinity binding site which drives the prGEF to the membrane where it can activate RhoA. When the activating light is removed, the LOVpep undergoes a thermodynamically driven refolding halting further recruitment of prGEF. (**b**) The RhoA signaling pathway. RhoA*GTP activates both Dia and ROCK, which in turn promote actin polymerization and myosin II activation, respectively. (**c**) Representative images of a 3T3 fibroblast expressing an mCherry-tagged version of prGEF. Upon local activation (top row – orange box) mCherry-prGEF rapidly accumulates in the activation region. Removal of the activating light (bottom row) results in the accumulated mCherry-prGEF dispersing back into the cytosol. (**d**) Quantification of the local intensity increase of mCherry-prGEF in the activation region of the cell shown in **c**. The activation period is indicated by a blue background. (**e-f**) Representative images of cells expressing either mApple-Actin (**e**) or mApple-Myosin Light Chain (**f**) prior to activation, following 15 minutes of activation in the region indicated, and following 15 minutes of relaxation. Both actin and myosin exhibit increases in intensity in the local region of activation. (**g**) Quantification of the local intensity increase of actin and myosin from the cells in **e-f**. Both signals begin increasing immediately upon RhoA activation, and dissipate as soon as the activating light is switched off. (**h**) Mean maximum intensity fold-increase of actin (n=6) or myosin (n=11) in regions of activation in control cells, or cells treated with 10 μM SMIFH2 (Dia inhibitor; n = 7) or 1μM Y-27632 (ROCK inhibitor; n=6). Inhibition of either Dia or ROCK results in reduced average increases in local intensity during RhoA activation. Time is min:sec.

Figure 2

Increased RhoA activity leads to increased cell contractility. (**a**) A cell expressing mCherry-Vinculin is

shown prior to activation, after 15 minutes of activation, and after 15 minutes of relaxation. The

activation region is indicated by the orange box. (**b**) The corresponding traction stress maps for the

time series shown in **a**. (**c**) A plot showing the strain energy versus time and the number of focal

adhesions versus time, with the activation period indicated by the blue background. The strain energy

begins to increase immediately upon activation, and begins to relax as soon as the activating light is

removed. In contrast, the number of focal adhesions remains relatively constant and does not respond

to the local increase in RhoA activity. (**d**) The average stress and fluorescence intensity of a

representative adhesion marked by the white box in **a**. Kymographs were generated by drawing a line

along the long axis of the adhesion. The activation period is indicated by the orange bar above the

kymograph. (**e**) A sequence of traction maps from a cell exposed to a series of activations in regions of

different size. Time is hr:min:sec. (**f**) A plot of the experimental (black line) and theoretical (red line)

strain energy vs time for the cell shown in **e**. The contractile response of the cell is proportional to the

size of the activation region and retreats to a baseline value following each activation period. (**g**) A

cartoon of the continuum model used to describe the cell in **e**. The model consists of a contractile

element (σ_m) in parallel to a viscous (η) and an elastic element (k), connected via a frictional elements

(γ) to an elastic substrate (k_M).

Figure 3

Stress fibers direct contractile flow. (**a**) Fluorescence time series of a cell expressing mApple-MLC

shown prior and after two separate periods of activation (orange boxes). (**b**) Flow fields of myosin

calculated from the images in **a**. Flow is always directed along the direction of the stress fibers. (**c**) A

two dimensional model of the cell was created using a triangular mesh of viscoelastic-cables (k, η)

connected at vertices viscously coupled (γ) to the environment. Stress fibers (blue line) consisting of

contractile (σ_m), viscous (η_{SF}) and elastic elements (k_{SF}) were embedded in the network. Using a

simplified rectangular cell with this network, local RhoA activation could be simulated by activating

force dipoles in network links in a region in the center of the cell. (**d**) To calibrate the 2D discrete

model, the average flow (white box in **c**), was measured and compared to the 1D continuum model

presented above. (**e-f**) The 2D discrete model was used to explore two contractile scenarios: (**e**)

contractile stress fibers (blue) embedded in a contractile mesh (grey); and (**f**) contractile stress fibers

embedded in a non-contractile background. If both the stress fibers and mesh are contractile, a

transverse contraction pinches together the stress fibers. If only the stress fibers contract, the flow

profile is restricted to the orientation of the fibers, mimicking the experimental results.

Figure 4

Stress fibers behave elastically. (**a**) Image showing a cell labeled with mApple-MLC. The activation

regions are indicated by the orange boxes. (**b**) A kymograph drawn along the stress fiber (green line in

a). During activation periods myosin flows towards the activation regions. (**c**) A kymograph created

from the same region as **b** using the flow maps determined previously. Flow was projected onto the

stress fiber and color coded to indicate speed and direction. This flow map illustrates that during

relaxation periods, myosin flow reverses direction away from the activation periods. (**d**) A

quantification of displacement of stress fibers during contraction and relaxation. Puncta ~5 μm from

the activation zone were tracked and measured following 15 minutes of activation, and again following

15 min of relaxation (n=41 from 4 cells). Puncta translated about 3 μm from their original position, and

relaxed to ~1 μm from their original position elastically. The relaxation response could be further

broken into two groups, one with a strong reversal (~80% of their original position) and one with a

weak reversal (~25% of their original position). (**e**) A cell transfected with mApple-α-actinin. The

activation area is indicated by the orange box. (**f**) A kymograph drawn along the direction indicated in

e, overlain with tracks of the individual α-actinin puncta during activation. (**g**) The velocity of individual

puncta along the stress fiber is measured from the slope of the tracks and plotted against the distance

from the activation region. Adjacent puncta all move at approximately the same speed. Sudden

changes in velocity (blue arrowhead) correlate with what appear to be site of mechanical failure along

the stress fiber and the appearance of new puncta. The black line represents the stress fiber from **f**,

while the grey lines are other stress fibers from the same cell. (**h**) A representative kymograph is fit to

both the 1D continuum and 2D discrete models. Both models are able to recapitulate the flow patterns

seen experimentally.

Figure 5

Zyxin accumulates at sites of strain on stress fibers during local RhoA activation. (**a**) A NIH 3T3 expressing mCherry-zyxin. The activation region is indicated by the orange box. (**b**) A kymograph of a representative adhesion marked by the white box in **a**. (**c**) The average intensity of zyxin in the activation region. (**d**) A kymograph illustrating the local zyxin accumulation during activation along the green line shown in **a**. (**e**) A zyxin$^{(-/-)}$ MEF expressing mApple-MLC before activation, at peak activation, and following relaxation. Myosin accumulates as in 3T3s. (**f**) A kymograph of myosin intensity and flow speed drawn along the green line indicated in **e**. Zyxin$^{(-/-)}$ MEFS exhibit little to no elastic flow reversal. (**g**) A zyxin$^{(-/-)}$ MEF rescued with EGFP-zyxin and expressing mApple-MLC, during an activation sequence. (**h**) A kymograph of myosin and flow illustrating a strong elastic flow reversal along the line drawn in **g.** (**i**) Displacement analysis of the zyxin$^{(-/-)}$ (n=40 from 3 cells) and zyxin$^{(-/-)}$+EGFP-zyxin MEFs (n=18 from 3 cells). Without zyxin, cells do not exhibit an elastic response. (**j**) A kymograph representing the average fit of the continuum model to the zyxin$^{(-/-)}$ data. (**k**) A kymograph representing the average fit of the continuum model to the zyxin$^{(-/-)}$+EGFP-zyxin data. (**l**) The elastic (E) and viscous (η) parameters found from fitting the experimental kymographs to the continuum model (n=5 from 3 cells for condition). Without zyxin, the elasticity increases and the viscosity decreases.

Figure 6

Molecular and mechanical models of local RhoA activation in stress fibers. Molecular model: (1) Local recruitment of prGEF leads to activation of RhoA and accumulation of actin and myosin. The local increase in actin and myosin in turn stimulates a local contraction in the stress fiber. (2) The increased local contractility induces a flow of myosin and α-actinin along the stress fiber towards the activation region. (3) Increased flow induces higher strain at both the interface coupling the stress fiber to the focal adhesion and the activation region, resulting in recruitment of the mechanosensitive protein zyxin. (4) When local activation of RhoA stops, the flow reverses direction as the stress fiber relaxes elastically. Mechanical model: The stress fiber is represented as a contractile element in parallel to viscous and elastic elements. Upon local activation of RhoA, the contractile element inside the activation region is compressed, leading to extension of both the viscous and elastic elements outside

753   the region. As local activation stops, the energy stored in the elastic element allows it to relax back to

754   its original state, while the energy in the viscous element is lost.

Supplementary Movie Captions

Supplementary Movie 1

A NIH 3T3 fibroblast expressing mCherry-prGEF during a local activation of RhoA (from Figure 1c). Local activation area is indicated by the white box. Time is in min:sec.

Supplementary Movie 2

A NIH 3T3 fibroblast expressing mApple-Actin during local activation of RhoA (from Figure 1e). Local activation area is indicated by the white box. Time is in min:sec.

Supplementary Movie 3

A NIH 3T3 fibroblast expressing mApple-MLC during a local activation of RhoA (from Figure 1f). Local activation area is indicated by the white box. Time is in min:sec.

Supplementary Movie 4

A NIH 3T3 fibroblast expressing mCherry-vinculin during a local activation of RhoA (from Figure 2a) and the corresponding traction stress maps (from Figure 2b). Local activation is indicated by the white box. Time is in min:sec.

Supplementary Movie 5

Traction stress maps of a NIH 3T3 fibroblast during a series of local RhoA activations (from Figure 2e). Local activation is indicated by white boxes. Time is in hr:min:sec.

Supplementary Movie 6

A NIH 3T3 fibroblast expressing mApple-MLC during a local activation of RhoA and the corresponding cytoskeletal flow maps (from Figure 3a,b). Local activation is indicated by white boxes. Time is in hr:min:sec.

Supplementary Movie 7

A NIH 3T3 fibroblast expressing mApple-MLC during 3 sequential local activations of RhoA. Each

activation is the same area but of a different geometry. Local activation is indicated by white boxes.

Time is in hr:min:sec.

Supplementary Movie 8

A NIH 3T3 fibroblast expressing mApple-α-actinin during a local activation of RhoA (from Figure 4e).

Local activation is indicated by white boxes. Time is in min:sec.

Supplementary Movie 9

A NIH 3T3 fibroblast expressing mCherry-Zyxin during a local activation of RhoA (from Figure 5a). Local

activation is indicated by white boxes. Time is in min:sec.

Supplementary Movie 10

A zyxin$^{(-/-)}$ Mouse Embryonic Fibroblast expressing mApple-MLC during a local activation of RhoA (from

Figure 5e). Local activation is indicated by white boxes. Time is in min:sec.

Supplementary Movie 11

A zyxin$^{(-/-)}$+EGFP-zyxin Mouse Embryonic Fibroblast expressing mApple-MLC during a local activation of

RhoA (from Figure 5g). Local activation is indicated by white boxes. Time is in min:sec.

Figure 1

Figure 2

Figure 3

Figure 4

Figure 5

822 **Figure 6**

Pre
Activation

Molecular Model

Mechanical Model

Peak
Activation

Post
Activation

Activation Region Actin Myosin α-actinin Zyxin Focal Adhesion

Contractile
Element

Viscous
Element

Elastic
Element