RNA Stores Tau Reversibly in Complex Coacervates

Xuemei Zhang[1,4], Neil A. Eschmann[2], Yanxian Lin[3], Hongjun Zhou[1,4], Jennifer Rauch[1,4], Israel Hernandez[1,4], Elmer Guzman[1,4], Kenneth S. Kosik[*,1,4], Songi Han[*,2,3,5]

[1] Molecular, Cell and Developmental Biology, University of California Santa Barbara, Santa Barbara, CA 93106, USA.

[2] Department of Chemistry and Biochemistry, University of California Santa Barbara, Santa Barbara, CA 93106, USA.

[3] Biomolecular Science and Engineering, University of California Santa Barbara, Santa Barbara, CA 93106, USA.

[4] Neuroscience Institute, University of California Santa Barbara, Santa Barbara, CA 93106, USA.

[5] Department of Chemical Engineering, University of California Santa Barbara, Santa Barbara, CA 93106, USA.

*Correspondence to: kenneth.kosik@lifesci.ucsb.edu; songi@chem.ucsb.edu

Competing interests

The authors declare no competing financial interests.

Contributions

K.S.K. and S.H. designed experiments; X.Z. did the PAR-iCLIP experiments, the *in vitro* RNA-protein binding assays; E.G. sequenced the DNA libraries; H.Z. performed bioinformatics

analysis; J.R. did ITC experiments; N.A.E., Y.L. and J.R. did the RNA-Tau *in vitro* droplet

formation; N.A.E. did EPR and DEER experiments; I.H. did sarkosyl fractionation; Y.L. and

H.Z., contributed to manuscript preparation; X.Z., K.S.K. and S.H. wrote the manuscript.

Abstract

Non-membrane bound organelles that behave like liquid droplets are widespread among

eukaryotic cells. Their dysregulation appears to be a critical step in several neurodegenerative

conditions. Here we report that Tau protein, the primary constituent of Alzheimer neurofibrillary

tangles, can form liquid droplets and therefore has the necessary biophysical properties to

undergo a liquid-liquid phase separation (LLPS) in cells. Consonant with the factors that induce

LLPS, Tau is an intrinsically disordered protein that electrostatically complexes with RNA to

form droplets that can be tuned by salt concentration and temperature and exhibit low interfacial

tension. Uniquely, the pool of RNAs to which Tau binds in living cells are tRNAs. This phase

state of Tau is held in 1:1 charge balance across large blocks of the protein and the nucleic acid

and forms optimal complexes at multiple RNA:Tau mass ratios. These features define a complex

co-acervate in which undergo free diffusion in their interior, despite the high concentration of

protein, and rapid exchange with their exterior environment. Counter to most closely packed

protein assemblies, the condensed phase state of Tau is not associated with changes in local Tau

conformations as verified by distance measurements across a pair of spin labels by pulsed dipolar

spectroscopy. In contrast, fibrillar states of Tau are accompanied by large changes in local Tau

conformations. Importantly, prolonged residency within a droplet results in the emergence of

detectable beta-structure by thioflavin labeling, suggesting that the droplet state can incubate Tau

and pre-dispose it toward beta sheet structures typical of insoluble Tau fibrils.

Introduction

Inclusions consisting of the Tau protein occur in many neurological conditions with

Alzheimer's disease the most prominent among them. Normally, Tau is in a kinetic equilibrium

between a microtubule bound and free state. Under disease conditions Tau self-assembles into

fibrils that eventually lead to highly insoluble polymeric inclusions known as neurofibrillary

tangles. The underlying biophysical basis for the transition of Tau from a microtubule-associated

protein to an insoluble fibril is unknown. However, a clue comes from the observation that

polyanions, such as heparin, promote Tau fibrillization [1]. Although less effectively, RNA can

also induce Tau fibrillization [2, 3], and unlike heparin, RNA is present intracellularly, making it

accessible to interact with Tau.

Our experiments began with the finding that Tau can bind RNA in living cells and

interestingly Tau-RNA binding shows selectivity for tRNAs. This observation along with the

known categorization of Tau as intrinsically disordered and its ability to spread from cell to cell

in a manner that resembles prions [4, 5], suggested that Tau might share additional properties

with other RNA binding proteins involved in neurodegeneration. These proteins include FUS [6],

TDP-43 [7], C9ORF72 [8, 9], hnRNPA2B1 and hnRNPA1 [10, 11] all of which can undergo

liquid-liquid phase-separation from the surrounding aqueous medium into droplets *in vitro*.

These highly protein dense structures, known in the chemical literature as complex coacervates

[12, 13], establish a liquid liquid phase state (LLPS) associated with (1) increasing protein

concentration, (2) tuning the salt concentration and temperature, (3) the presence of RNA

complexed to an intrinsically disordered protein and (4) low interfacial tension to promote fusion.

A consensus property of a complex coacervate is high internal fluid dynamics rooted in low

cohesive energy between the polyelectrolyte complexes and weakly bound water constituting the

fluid [13, 14]. Complex coacervate chemistry has facilitated bio-inspired coating, wet adhesion

and engulfment [15-17].

Here we show that Tau-RNA complexes have all the properties of a complex coacervate.

When multiple Tau molecules weakly bind RNA and overall charge matching is achieved

between the polycation, Tau, and polyanion, RNA, Tau undergoes condensation and phase

separation into micrometer sized droplets. Remarkably, within this liquid phase-separated state

Tau maintains internal segment mobility and a compact conformation between two spin labels

around the core region of Tau known as PHF6(*) despite the molecular crowding associated with

coacervation. In contrast, this region undergoes irreversible fibrillization in the presence of a

different polyanion, heparin, which induces full extension of Tau monomers and packs

monomers into β-sheet assemblies. The spontaneous and reversible droplet formation suggests

that Tau is held in a low energy-barrier fluid state between dilute solution and complex

coacervate condensate with the free energy difference toggled by interactions mediated by ions.

However, prolonged residence in this phase state begins to induce β-sheet formation suggesting

that the highly condensed phase state of Tau is a precursor to fibril formation.

Results

Tau binds RNA in living cells

RNA binding to Tau in living cells was examined by PAR-iCLIP using the human Tau-

specific antibody, HJ 8.5, in HEK 293T cells, human iPSC-derived neurons and retinoic acid-

differentiated neuroblastoma SH-SY5Y cells. The HEK 293T cells expressed wild type full-

length human Tau (4R2N), mutant Tau (P301L-4R2N) or mutant Tau fused to CFP (P301L,

4R1N) (Fig. 1a-b, Fig. S1, Fig. S2a-c). iPSC-derived neurons were derived from carriers of

4R2N Tau (Fig. 1c), P301L Tau or a risk variant for progressive supranuclear palsy, A152T. The

SH-SY5Y cells expressed both Tau and the short isoform of MAP2 called MAP2c [18] (Fig.

S2d). Strong binding of Tau to RNA was observed in all cells, as indicated by ^{32}P-labeled RNA

bands corresponding to immunoprecipitated and cross-linked Tau-RNA complexes (Fig. 1a-c,

lanes 2; Fig. S2a, lane 2). The radioactive Tau-bound RNA band was found to run as 30-100 nt

(data not shown). PAR-iCLIP experiments with varying RNase concentrations did not shift the

^{32}P-labeled band, nor change its intensity (lanes 2-3 in Fig. S2b). These experiments indicate that

in contrast to most known RNA-binding proteins that bind to RNA as a smear over a range of

sizes, Tau binds specifically and dominantly to small RNAs or RNA fragments.

Because small RNAs are abundant and may engage in non-specific interactions, we

performed multiple confirmatory controls (Fig. S2b lanes 1, 4 and S2c lanes 3, 4), including

immunoprecipitation in HEK cells without Tau expression, without Tau antibody to rule out non-

specific binding and without UV exposure to eliminate the possibility that Tau-RNA complexes

formed *in vitro* after cell lysis. Various disease mutations of Tau had no effect on the binding to

RNA in either the HEK cells or the human iPSC-derived neurons. Although Tau and MAP2 are

highly homologous in their proline rich and microtubule binding domains, MAP2 did not bind

RNA (Fig. S2d, lane 3).

To identify the RNA types crosslinked to Tau, DNA libraries were prepared from the

immunoprecipitated radiolabeled bands and sequenced. In all experiments, the controls

consistently showed relatively few total reads and very few uniquely aligned reads (Fig. S2e-f).

We analyzed the distribution of Tau-bound RNA from the human genome by defining eight

regions: exons, introns, lincRNAs, snRNAs, rRNAs, miRNAs, tRNAs and intergenics. In Tau-

expressing HEK cells, tRNAs were overwhelmingly the highest category of RNA crosslinked to

Tau (Fig. 1d). Endogenous Tau in hiPSC-derived neurons also bound tRNAs; however,

background RNA from introns and intergenics were relatively abundant as well (Fig. 1e).

Background RNA sequences are common in all CLIP studies, particularly for atypical RNA

binding proteins [19]. Despite the abundance of tRNAs in cells however, background reads from

CLIP experiments consistently show a paucity of tRNAs. Correcting for background reads by

dividing the percentage of Tau-bound RNA by the percentage of nucleotides of each category in

the genome demonstrated a selective enrichment of tRNAs (Fig. 1f-g). The specific tRNA

species crosslinked to Tau overlapped extensively between HEK and hiPSC-derived neuron

samples. Of 625 annotated tRNA loci in the human genome, 462 tRNA genes crosslinked to Tau

in HEK cells with 79% of them observed in all four Tau CLIP samples and 94% in at least two

samples. In the hiPSC-derived neurons, all 231 tRNA genes identified were also observed in the

HEK cells and 119 of these were verified in at least two Tau CLIP samples. The distribution of

the cross-linked tRNAs in HEK and hiPSC-derived neurons differed from the distribution of the

total tRNAs. This difference indicated that the tRNAs selected by the CLIP experiment were not

randomly drawn from the total tRNA pool (Fig. S3a-b). Among the most differentially selected

tRNAs by CLIP was tRNA^{Arg} (Fig. S3c).

PAR-iCLIP can identify the cross-linked sites in the tRNAs. tRNA sequences extend

from the most 3' nucleotide of the tRNA to the covalently cross-linked site where the sequencing

terminates. In both HEK cells and hiPSC-derived neurons, the crosslink site was predominantly

located within the anti-codon loop (Fig. 2a-b, Fig. S4), followed by the T loop and in the D-loop,

both with far smaller frequencies. Overall there was a preference for single-strand segments of

tRNA as crosslink sites.

Tau-RNA Binding Affinity and Stoichiometry

A gel shift assay using recombinant wild type full-length human Tau (4R2N) induced a

shift in unacetylated tRNA^{Lys} (Fig. 3a), yielding a dissociation constant (K_d) for 4R2N Tau

binding to tRNA of 460 ± 47 nM (Fig. 3b). The derived Hill coefficient was 2.8, implying

cooperative binding of multiple Tau proteins to tRNA [20]. Isothermal titration calorimetry (ITC)

experiments independently confirmed the affinity of Tau binding to tRNA to yield $K_d = 735 \pm$

217 nM and 372 ± 9 nM for 4R2N and K18 Tau, respectively (Fig. 3c). The dissociation constant

for 4R2N Tau binding to a 43 nucleotide random RNA sequence still yielded a $K_d = 832 \pm 94$ nM

with a Hill coefficient of 2.6 according to a gel shift assay, suggesting that Tau effectively binds

RNA non-specifically *in vitro*, although there may be differences in binding affinity.

Our *in vitro* observation further suggested that Tau binds RNA in two stages, first

forming a protein dimer-RNA (P_2R) complex followed by a protein multimer-RNA ($P_{2n}R$)

complex, consistent with a two-stage RNA binding model reported for the protein AUF1 [21]

and hnRNP A1 [22]. The ITC titration experiments showed that both 4R2N and K18 Tau interact

with tRNA with the stoichiometry of a protein dimer (Fig. 3c, $n = 0.52 \pm 0.04$), while the gel

shift assay showed multiple bands corresponding to high molecular weight protein-RNA

complexes. These include a faster migrating band representing P_2R complexes populated at

lower Tau:tRNA molar ratio and a slower migrating band representing $P_{2n}R$ complexes

populated at higher Tau:tRNA molar ratios (Fig. 3d-e). The fraction of bound Tau (from the low

or high bands) was plotted as a function of Tau:tRNA molar ratios (Fig. 3f), and compared to the

theoretical binding saturation curves for 1:1 to 6:1 binding stoichiometries (Fig. 3f). At lower

Tau:tRNA molar ratios, Tau and RNA form complexes at a ~2:1 ratio, while at higher Tau:tRNA

molar ratios, Tau and tRNA form complexes at ratios up to 6:1. We conclude that tRNA is

capable of binding multiple Tau proteins in a multi-step process. Judging by the absence of

higher stoichiometric signatures in the ITC measurement that is less sensitive to binding events

associated with small changes in heat, Tau:tRNA complexes that exceed a ratio of 2:1 must rely

on weak interactions.

Tau phase-separates in the presence of RNA

Mixing of 4R2N or Δtau187 (similar to K18, see Methods section) constructs with tRNA

(25 kDa), poly(A) RNA (66~660 kDa) or poly(U) RNA (800~1000 kDa) reliably produced a

turbid solution under a wide range of Tau:RNA mass ratios and salt concentrations (Fig. 4a-e and

Fig. S5a-e). According to bright-field microscopy (Fig. 4a), droplets formed and phase separated

from the bulk aqueous phase with a clearly visible and highly spherical boundary. Tau droplets

were capable of merging into a single droplet with the complete and nearly instantaneous loss of

any boundary at the fusion interface, indicating that the droplets are fluidic with a relatively low

interfacial tension (a series of snapshots capturing the fusion of two droplets are shown in Fig.

4a). Confocal microscopy images of fluorescence-labeled Tau verify that Tau is exclusively and

homogenously contained within the droplet (Fig. 4b).

Tau-RNA droplets form a complex coacervate phase

Droplet formation follows from the mixing of two oppositely charged biopolymers at a given

pH—Tau and RNA. Systematic increase in the salt concentration decreased the number of Tau-

RNA droplets that eventually disappeared when the salt concentration was increased to 100 mM

or higher (Fig. 4c-d, Fig. S5a left panel). Droplet formation was maximal at Δtau187:tRNA

molar ratios of 8:1, Δtau187:poly(A) RNA molar ratios from 33:1 to 330:1 and Δtau187:poly(U)

RNA ratios from 267:1 to 333:1 (estimated from the molecular weight of RNAs, see Fig. S5c).

Remarkably, each of these stoichiometries converge to a Δtau187:tRNA charge ratio of ~1:1,

irrespective of the RNA type (Fig. 4e, Fig. S5a right panel). Droplet formation was also

observed with full length Tau 4R2N and RNA, but was less robust than with Δtau187, possibly

due to the additional negative charges at the N-terminal segment of Tau 4R2N that would

diminish the electrostatic association between Tau and RNA. However, at pH 6 where the net

charge of Tau 4R2N is similar to Δtau187, droplets reliably formed, though yielding lower

number densities, and were exquisitely sensitive to salt concentration (Fig. S5e). Even at NaCl

concentrations as low as 10 mM, the droplets dissolved. In cellular environments however,

additional factors—charged co-constituents or posttranslational modifications of Tau—may

strengthen Tau-RNA associations, rendering droplet formation more favorable at higher ionic

strengths. Together, these observations show that droplet formation is dominated by electrostatic

complexation between oppositely charged polyelectrolytes, while the shielding of their excess

charge (by the tuning of Tau:RNA ratio) is critical to form an extended assembly constituting the

droplets. From this we conclude that Tau-RNA droplet formation follows a complex

coacervation mechanism, initiated through non-specific complexation of oppositely charged

polyelectrolytes and driven by the further association of these polyelectrolyte complexes to form

a macroscopic fluid phase by relying on weak electrostatic attractions tuned by salt concentration

[23]. A crucial observation is that complex coacervate droplet formation is spontaneous and fully

reversible through the tuning of salt concentration and Tau:RNA ratios. The convergence of

different Tau constructs toward the shared property of complex coacervation with different RNA

species present at a common charge ratio of ~1:1 leads us conclude that complex coacervate-

driven droplet formation is an intrinsic property of Tau in the presence of RNA.

Tau in condensed droplets is in a solution state

Within a condensed complex coacervate, held together by non-specific and weak electrostatic

interactions, we expect the polyelectrolyte constituents to maintain their hydration layer and

remain dynamic [14, 24]. To spectroscopically track Tau exclusively from within the condensed

phase we first positively verified by confocal fluorescence imaging that Δtau187 was exclusively

localized within the droplet (Fig. 4b). This allowed us to characterize the droplet-internal protein

properties. First, continuous wave electron paramagnetic resonance (cw EPR) spectral line shape

analysis of singly spin labeled Δtau187 at cysteine site 322, Δtau187/322C-SL, diluted with

diamagnetically labeled Δtau187/322C-DL (see Methods), was used to compare the protein side

chain dynamics and degrees of freedom of the tethered spin label of Δtau187 in dilute solution

state (Fig. 4 red, f-h), in the droplet state associated with poly(A) RNA (blue, f) and tRNA (green,

g) and upon addition of the Tau aggregation inducer, heparin (black, h). Remarkably, the EPR

lineshape of Δtau187/322C-SL within the droplet phase was indistinguishable from the dilute

solution state (Fig. 4f vs. 4g). In contrast, the EPR line shape dramatically broadened within

minutes of adding heparin—a highly effective aggregation inducer of Tau [1, 25] (Fig. 4f vs. 4h).

This finding demonstrates that the condensation of Δtau187 to high protein concentration alone

does not effectively induce dehydration and aggregation of Tau, and that Tau remains dynamic

and hydrated and retains protein dynamical properties as found in solution state, despite forming

long-range associations with RNA in a highly condensed fluid phase.

To determine whether Tau assumes altered protein conformations in the complex

coacervate phase compared to the dilute solution phase, we compared the PHF6 and PHF6[*]

hexapeptide regions of Tau under these conditions. These regions of the Tau sequence pack into

the β-sheet core once fibrils are formed of Tau [26]. Previously, we identified that both the PHF6

and PHF6[*] hexapeptide regions of Tau undergo a dramatic opening from a compact to a fully

extended local conformation within minutes of adding heparin, well before fibril formation is

seen and remain extended as insoluble fibrils are formed (unpublished data). These local distance

measurements of the regions flanking the PHF6[(*)] regions offer a powerful tool to compare the

conformational state of Tau in dilute solution, droplet and aggregation-induced states. We

prepared a Δtau187 G272C/S285C-SL$_2$ construct that was doubly MTSL-labeled at sites 272 and

285 (see Methods) to access the distances across the PHF6[*] hexapeptide region by double

electron-electron resonance (DEER) spectroscopy. Surprisingly, the distances flanking the

PHF6* region remained unchanged from dilute solution state to when Tau was condensed into a

concentrated complex coacervate phase in association with poly(A) RNA and tRNA (Fig. 4i and

j). This contrasts with the effect of heparin on Tau that markedly extended the segment distances

(from ~3 to ~4 nm) between the labels, within minutes of heparin addition, corresponding to the

extended conformation that the PHF6[(*)] segment adopts in insoluble fibrils when neatly stacked

in β-sheets (Fig. 4k).

Interestingly, we observed a low-level Thioflavin T (ThT) signal under Tau-poly(U)

RNA droplet forming conditions (see Fig. S5f) that gradually increased with time over 12 hours.

This ThT signal was nearly entirely diminished at increased salt concentration at which Tau-

RNA associations are weakened and droplets are resolved. Still, the ThT intensity from the Tau-

RNA droplet samples, even after three days of incubation, was significantly smaller (less than

5%) compared to what was observed in the presence of the aggregation-inducing heparin under

similar charge ratio and mass concentration at any incubation time (Fig. S5f). Since ThT

intensity is commonly used as an assay to map β-sheet content, we suggest that droplet formation

through association with RNA increases the aggregation propensity of Tau *in vitro*, even while

the Tau-RNA complexes are held together by fully reversible weak interactions.

Exogenous tRNA can induce sarkosyl insolubility of Tau

To determine whether Tau-RNA complexes have the potential for pathological

interactions *in vivo*, hiPSC-derived neurons with a P301L mutation or wild type were transfected

with 20U tRNA per 1.2 million cells. Cell lysates (input) were prepared in a high salt/high

sucrose buffer, followed by fractionation in a 1% sarkosyl buffer. Transfection in the absence of

nucleic acids (mock) or addition of tRNA to the mock lysate (mock + tRNA) were used as

controls. Cells transfected with tRNA accumulated sarkosyl insoluble Tau, whereas cells without

added tRNA or when tRNA was added to the lysis buffer did not increase Tau in the insoluble

fractions (Fig. 5). The increase in sarkosyl-insoluble Tau populations occurred in both wild-type

and P301L Tau-containing cells when infected with tRNA.

Discussion

Tau can bind RNA in two stages, mediated by (i) strong binding at a Tau:RNA molar

ratio of 2:1 with nanomolar dissociation constants and (ii) weak association between Tau

multimers and RNA to form higher order complexes. Although Tau lacks a recognizable RNA-

binding motif, it bound tRNA as its dominant partner *in vivo*. Furthermore, Tau was found to

spontaneously phase separate upon non-specific complexation with RNA into dense protein

droplets, whose formation was reversibly and sensitively tunable by salt concentrations, as well

as the Tau:RNA ratios. Crucially, the optimal Tau:RNA molar ratios range from 8:1 to 330:1,

which varies among different RNA species. Remarkably, all higher order complexes converge to

a common Tau:RNA charge ratio of ~1:1, leading us to conclude that Tau-RNA droplet

formation is driven by electrostatic interactions underlying complex coacervation, in which

oppositely charged polyelectrolytes associate into extended assemblies held together by weak

electrostatic interactions and condense to a macroscopic fluid phase [14, 17, 27].

Crucially, Tau complexed with RNA in the highly condensed droplet state maintains the

dynamical and conformational signature of free Tau in solution state according to cw EPR and

DEER analysis around the β-sheet forming PHF6(*) segment of Tau, implying that small

changes in the free energy of Tau accompany its condensation to the droplet phase. At the same

time, a low-level ThT signal was observed from the Tau-RNA droplet samples after extensive

incubation time, though significantly weaker compared to from Tau solutions *en route* to fibrils

as initiated by the addition of heparin. Nevertheless, the implication that Tau droplets have some

propensity toward soluble β-sheet complexes suggests that complexation with RNA under

droplet forming conditions may be on pathway to fibrils. Consistent with this finding, tRNA

increased sarkosyl insolubility of Tau *in vivo*. We conclude that dynamic and free Tau species

are stored in the concentrated droplet state that, on the one hand is predisposed to convert to

fibrils, and on the other hand can spontaneously and reversibly dissolve into solution at increased

salt concentration. This previously unrecognized droplet phase state contrasts with that of Tau

following incubation with the polyanion, heparin, in which an irreversible transformation to

fibrils occurs and a large intra-Tau conformational change is observed in solution state preceding

fibril formation.

RNA generally promotes complex coacervation whereas heparin effectively promotes

fibrillization of Tau. The distinguishing effects between RNA (a polyphosphate) and heparin (a

polysulfate) on Tau—coacervation versus fibrillization—may be an operational principle of Tau-

polyanion association. Weak associations between multiples of Tau and RNA is consistent with

the consensus property of a coacervate phase in which the hydration layer of the polyelectrolyte

constituents remains intact, ensuring fluidity of the condensed phase, as well as reversibility

between the dilute and condensed phase [14]. The Tau droplet state fits this biochemical portrait,

so that Tau can reversibly and rapidly switch between the dilute solution and the dense droplet

state, while involving minimal rearrangement of hydration water and protein conformations. The

spontaneous complex coacervation from synthetic polyelectrolyte constituents can be entropy-

driven according to several studies [6, 23, 28-30]. We found that Tau-RNA complex

coacervation was enhanced at elevated temperatures, consistent with an entropy-driven reaction

(data not shown). In fact, the observation of solution state-like protein conformational dynamics

of Tau in the coacervate phase implies that the free energy penalty due to lowering of protein

configurational entropy from protein ordering is minimal in the droplet state, and thus the cost

for an entropy-driven complex coacervation reaction, paid by salt and/or water release, is small.

Given this insight, we conclude that the transformation to insoluble aggregates from Tau droplets

should be energetically more favorable than from dilute solution state, given the elevated protein

concentration in the complex coacervate phase. Along these lines ten Wolde and Frenkel [31]

have proposed that condensed liquid droplets serve as a "metastable crucible" to lower free

energy barriers for crystal nucleation, while the discovery of the involvement of nucleic acids in

coacervation-driven phase separation dates back to 1949 by Bungenberg de Jong [15]. Here, we

identify a new state of Tau in which soluble Tau is reversibly stored in concentrated complex

coacervate droplets, readily bioavailable for cellular functions or vulnerable to pathological

aggregation depending on the environmental cues at hand.

Materials and Methods

Cell culture

A total of eight samples were used for PAR-iCLIP studies. Four samples were human embryonic

kidney (HEK 293T) cells that expressed either 4R2N (residues 1-441) wild type *tau* (one

sample), 4R2N *tau* harboring the P301L mutation (one sample), and 4R1N *tau* harboring the

P301L mutation fused to CFP (2 samples). Four samples were neurons derived from human

induced pluripotent stem cells (hiPSCs) obtained by reprogramming dermal fibroblasts with

virally transduced Yamanaka factors [32] that expressed wild type *tau*, two harboring a P301L

tau mutation (with and without fused CFP) and one harboring the A152T variant [33, 34]. The

hiPSC lines were karyotyped by Cell Line Genetics. Both wild type and P301L were normal

males (46XY). A152T displayed a balanced three-way translocation of chromosomes 1, 13 and 7,

which most likely occurred during the reprogramming process (46XY, t(1;13;7)

(q31.2;q21;q36.3). Pluripotent cells were maintained in feeder-free conditions and cultured in

BD Matrigel (BD Biosciences) coated six-well plates and fed with mTSER daily (Stemcell

Technologies). Neuroectoderm differentiation utilized dorsomorphin and SB431542 (Sigma-

Aldrich) for a week [35]. When neural-rosettes were clearly observable, the media was gradually

replaced with neuronal induction media containing Knockout DMEM F12 with N2, and

Glutamax 1X supplemented with laminin (Sigma-Aldrich) and maintained for an additional six

days with every other day feeding. Neuro-rosettes were microdissected, and grown as

neurospheres in the neuronal induction media supplemented with B27. Neurons were

differentiated from neurospheres by dissociating them into individual cells enzymatically with a

1/1 mixture of 0.25% trypsin / StemPro accutase (Thermo Fisher), and plated on Poly-L-

Ornithin/Laminin coated six well plates at a density of 200,000 cells per well. Neuron

differentiation and maturation were stimulated by the addition of 10 mM each of NT3, BDNF,

and GDNF (Preprotech) to the neuronal growth media containing Neurobasal, N2 supplement,

B27 Supplement and Glutamax. Neurons were fed twice per week by replacing half of the

conditioned media with pre-warmed supplemented fresh media, and underwent maturation for at

least five weeks. SH-SY5Y Neuroblastoma cells were plated as monolayers in DMEM/F12

medium with 10% FBS at 1x 10^6 per 10 cm dish, and the cells switched to neurobasal medium

the next day and differentiated for seven days using 10 µM retinoic acid.

Antibodies

The Tau antibodies used were Tau-5 (1 mg/ml, Abcam); HJ 8.5 and HJ 9.2 (4.5 mg/ml and 2.8

mg/ml, both HJ antibodies are gifts from Dave Holtzman, Washington University); PHF-1 (gift

from Peter Davis, Albert Einstein College of Medicine), MAP2 antibody (0.3 mg/ml,

Proteintech^{TM}); CDK5 rabbit antibody (0.2 mg/ml, Santa Cruz); GFP rabbit antibody (5 mg/ml,

Abcam); β-Actin (Sigma-Aldrich); mouse IgG$_1$ Alexa 680, (2 mg/ml, Invitrogen); mouse IgG

Alexa 680 (2 mg/ml, Invitrogen); rabbit IgG 800 (1 mg/ml, Odyssey).

PAR-iCLIP

Cells were treated with 4-thiouridine (4SU) (Sigma-Aldrich) for 1h at a final concentration of

500 µM at 37°C, rinsed with ice-cold 1x PBS and irradiated one time with 400 mJ/cm^2 of

365 nm UV light on ice. 4-SU can enhance the cross-linking efficiency especially for proteins in

the cytoplasm [36-38]. The cells were centrifuged and the pellet stored at -80°C. The major steps

of PAR-iCLIP are listed in Fig. S6 and detailed in the supporting information. CLIP experiments

require an antibody, which can effectively immunoprecipitate Tau under stringent high salt wash

conditions. HJ 8.5 [39] raised against human Tau efficiently depleted Tau. With a dissociation

constant of 0.3 pM, HJ 8.5 pulled down Tau under the high-stringency purification conditions of

CLIP and remained bound to Tau throughout the procedure. Control experiments with GFP or

CDK5 antibody for the lysate expressing those proteins, or with HJ 8.5 antibody for lysates

without expressing Tau were always done in parallel to rule out false positive binding caused by

the beads. After immunoprecipitation, the cross-linked RNA was radiolabeled, the protein

separated on an SDS-PAGE gel, and transferred to nitrocellulose membrane and blotted. The

RNA-protein complexes from CLIP experiments (Fig. 1a-c) were cut from the blot, and the RNA

extracted followed by reverse transcription for library preparation [36]. The ^{32}P-labeled RNA

band was run on a polyacrylamide Tris-Borate Urea (TBU) denaturing gel to demonstrate the

confirm the size of the complex.

Library preparation, deep sequencing and bioinformatics analysis of iCLIP

The iCLIP libraries contained an experimental and a random barcode, which allowed

multiplexing and the removal of PCR duplicates. After the barcodes were introduced, sample and

control from one set of experiments were mixed to remove batch-to-batch variation. Libraries

were sequenced on an Ion Torrent Proton. Fastx collapser from FASTX-Toolkit was used to

collapse reads and filter replicates resulting from the PCR based on the random barcode. Reads

were separated into samples by the barcodes at the 5` ends of reads. The reverse transcription

primers sequences at both ends of the reads were trimmed with Cutadapt [40]. After trimming

the barcodes, reads with 18 bps or more were kept and counted as total unique reads, and aligned

to the human genome (hg19) by Bowtie2 [41]. RseQC [42] was used to evaluate the quality of

sequencing and mapping reads. Alignments with scores equal or greater than ten were kept for

downstream analysis. Reads from these RNA pools were clustered by their alignments, and

Pyicos tools [43] were used to identify the significant clusters. Clusters with at least five reads

were retained and considered to contain target sites for RNA-Tau crosslinking. Gene models for

RefSeq mRNAs, tRNAs, rRNAs were downloaded from the UCSC genome browser. miRNAs

were downloaded from miRBase (release 20) and other categories of RNAs were download from

Ensemble (release 73). Cross-link sites were identified as the termination site of the sequencing

based on the iCLIP protocol [44]. Individual tRNA genes from the UCSC genome browser were

predicted by using tRNAscan-SE v.1.23. The secondary structure for each tRNA was obtained

from GtRNAdb (http://gtrnadb.ucsc.edu/).

Deep sequencing and analyses of small RNA expression in HEK cells and hiPSC-derived

neurons

Small RNAs were extracted from HEK cells and hiPSC-derived neurons using miRNA isolation

kit (mirVana^{TM}. Library preparation was adapted from the Ion RNA-seq v2 (Thermo Fisher)

protocol. cDNAs with size range from 30-100 bp were selected and sequenced. Reads were

aligned to both human genomes and tRNA sequences. When mapping reads to tRNA sequences,

the Bowtie read aligner [45] protocol was used, in which a maximum of two mismatches were

allowed. Reads aligned to tRNAs were counted and analyzed with a custom Perl scripts.

Recombinant Tau and Tau fragments

Full length recombinant human 4R2N Tau, N-terminal truncated, microtubule binding domain

containing, K18 Tau (residues 244-372) and Δtau187 (residues 255-441 with a His-tag at the N-

terminus) were used for *in vitro* studies. Methods for expression and purification of all

recombinant Tau variants are detailed in the supplementary text. Two variants of Δtau187 were

prepared via site-direct mutagenesis: Δtau187/322C contains a C291S mutation, leaving only one

cysteine at site 322, and Δtau187G272C/S285C contains C291S, C322S, G272C and S285C

mutations, leaving two cysteines at sites 272 and 285).

RNA gel mobility shift assay

The gel shift assay was performed with recombinant full length 4R2N Tau and

chromatographically purified unacetylated yeast $tRNA^{Lys}$ (tRNA Probes) in 100 mM sodium

acetate buffer at pH 7.0. The molar concentration of $tRNA^{Lys}$ was accurately re-measured with

UV spectrophotometry after base-hydrolization to account for the hyperchromic effect from the

secondary and tertiary structure of tRNA [20]. RNA43 was purchased in a kit (Pierce) with the

sequence 5'-CCUGGUUUUUAAGGAGUGUCGCCAGAGUGCCGCGAAUGAAAAA-3' to

represent a random sequence. The hydrolyzed tRNA and RNA43 samples were then quantified

with UV spectrophotometry at 260 nm using an extinction coefficient of 0.025 $(\mu g/ml)^{-1}cm^{-1}$. For

the gel shift assay, protein was incubated with tRNA at 37℃ for 10 minutes in the presence of

0.5 mM EDTA, 0.5 mM $MgCl_2$, 2 U SUPERase• In™ RNase Inhibitor (Thermo Fisher), 0.01%

IGEPAL CA-630 (Sigma-Aldrich), and then applied to a TBE 8% Polyacrylamide Gel (Thermo

Fisher). After gel separation, tRNA was stained with SYBR Gold II (Thermo Fisher). For

quantitative analysis, the fraction of free and bound tRNA was quantified in ImageJ2 (National

Institute of Health).

Isothermal Titration Calorimetry (ITC) experiments

Full length Tau or the K18 Tau were dialyzed overnight into a specified buffer for ITC (20 mM

ammonium acetate, pH 7). tRNA (from Baker's yeast, Sigma-Aldrich) was re-suspended in the

ITC buffer and concentration determined using a Nanodrop 1000 (Thermo Scientific).

Experiments were run on a Nano ITC (TA Instruments), in which 300 μM tRNA was titrated (5

μl injections) into a 1 ml protein solution of 30 μM Tau. Data was analyzed using the

NanoAnalyze v3.6 software (TA Instruments). After substracting the heat generated by tRNA

titration into empty buffer, the experimental data was fitted with an Independent binding model.

Experiments were repeated in triplicates and standard error of the mean reported.

Spin labeling of Δtau187

To achieve labeling with paramagnetic or diamagnetic probes, the protein was dissolved in 6 M

guanidinium hydrochloride and labeled overnight at 4°C using a 20-fold molar excess of the spin

label (1-oxyl-2,2,5,5-tetramethylpyrroline-3-methyl) methanethiosulfonate (MTSL, Toronto

Research Chemicals) or the diamagnetic analog of MTSL (1-Acetoxy-2,2,5,5-tetramethyl-δ-3-

pyrroline-3-methyl) methanethiosulfonate (Toronto Research Chemicals). Excess label was

removed using a PD-10 desalting column (GE Healthcare) equilibrated in a 20 mM ammonium

acetate buffer at pH 7.0. The protein was concentrated using a 3 kDa centrifugal filter (Amicon

UFC800396). The final protein concentration was determined by UV-Vis absorption at 274 nm

using an extinction coefficient of 2.8 $cm^{-1}mM^{-1}$, calculated from extinction coefficient of

Tyrosine [46]. The two variants Δtau187/322C and Δtau187G272C/S285C were spin labeled

with paramagnetic MTSL probes at the one or two cysteine sites, and are respectively referred to

as Δtau187/322C-SL and Δtau187G272C/S285C-SL$_2$. In order to achieve spin dilution,

Δtau187/322C and Δtau187G272C/S285C were also labeled with the diamagnetic analogue of

MTSL probes, and are referred to as Δtau187/322C/322C-DL and Δtau187G272C/S285C-DL$_2$.

Images in Fig. 4a-b were taken using 400 μM Tau, 800 μg/ml poly(A) RNA and 30% glycerol in

20 mM ammonium acetate at pH 7.

Preparation of Tau-RNA complex coacervate

Droplets were formed in the 20 mM ammonium acetate buffer with NaCl concentration varying

between 0 and 100 mM and glycerol concentration from 0 to 50% v/v. Solutions of Δtau187 or

full length 4R2N Tau was mixed with tRNA (Baker's yeast, Sigma-Aldrich), poly(A) RNA or

poly(U) RNA (Sigma-Aldrich) at varying protein, RNA, NaCl and glycerol concentrations in a

0.6 ml Eppendorf tube. RNAs were weighted out as powder and the mass concentration was

calculated. The Tau:RNA mass ratio, the total concentration of Tau and RNA, as well as the

NaCl salt concentration were optimized to maximize droplet formation, while choosing a total

biopolymer density to avoid overlapping of droplets in the images to simplify the calculation of

droplet coverage. Microscopy images were acquired at 10 minutes after mixing. A concentration

of 19% v/v for the viscogen glycerol was determined to be an optimal concentration to ensure

cryoprotection for DEER measurements carried out at ~80 K, while also ensuring maximal

droplet formation at room temperature (Fig. S5b).

The charge of a peptide at a given pH was estimated by applying an algorithm adapted from

Innovagen's Peptide Property Calculator (http://pepcalc.com/). All residues were assumed to

have pKa values that are equivalent to the isolated residues (CRC Handbook of Chemistry and

Physics, 87th ed). Charges of the C-terminus or N-terminus were estimated as -1 and +1,

respectively at both pH 6.0 and pH 7.0. The processing code is made available as supplementary

files on the free web (https://github.com/yanxianUCSB/PeptideChargeCalculator).

Bright-field microscopy of Tau-RNA droplets

Immediately after mixing Tau in a 0.6 ml Eppendorf tube with RNA under droplet forming

conditions (established above) and ensuring thorough mixing, 1 µl of this mixture was applied to

a microscope slide that is closed with a cover slide gapped by two layers of double-side sticky

tape to generate a liquid sample region with consistent thickness. The microscope slide was kept

at room temperature for 10 minutes with the cover slide facing down, during which the particles

within the liquid sample region settled down onto the surface of the cover slide. Images were

taken with a 12-bit CCD camera across the entire sample liquid region near the surface of the

cover slide using an inverted compound microscope (Olympus IX70). Before imaging, Köhler

illumination was applied and the focus close to the surface of the cover slide optimized to

enhance the contrast between the dark droplets and the bright background.

Confocal microscopy of Tau-RNA droplets

For confocal microscopy, Δtau187/322C was fluorescently labeled (Δtau187/322C-FL) with

Alexa Fluor 488 C_5 Maleimide (Thermo Fisher) at the same 322 site as Δtau187/322C-SL. 50

µM of Δtau187/322C-FL was mixed with 350 µM Δtau187/322C-SL at a 1:7 molar ratio in order

to prevent saturation. 800 µg/ml of poly(A) RNA was further added to this Tau solution,

resulting in droplet formation in the 20 mM ammonium acetate buffer and in the presence of 20

mM NaCl. 10 µL of the mixture was pipetted and put on a microscope slide with a cover slide

gapped by double-sided sticky tape. Confocal images were acquired using a spectral confocal

microscope (Olympus Fluoview 1000).

Droplet quantification from image analysis

To quantify the amount of droplet formed under the given experimental condition of interest,

images were taken by a 12-bit CCD camera of an inverted compound microscope (Olympus

IX70), and recorded in TIF format. With illumination and focus optimized, droplets settling on

the cover slide have lower intensity than their surrounding on the images. An image of the 20

mM ammonium acetate buffer was taken to calculate the average intensity to set as threshold in

order to classify different parts of the image into droplets and buffer. For each image, the area of

the droplets was divided by the total area of the image, generating a % droplet coverage value on

the cover slide. Droplets with eccentricity above 0.9 or equivalent diameter below 1 μm were

filtered out in order to reduce false reading. The MATLAB code is made available as

supplementary files on the free web (https://github.com/yanxianUCSB/DropletAnalysis).

Continuous wave (cw) Electron Paramagnetic Resonance (EPR)

Cw EPR relies on the anisotropy of nitroxide radical's Larmor frequency and hyperfine coupling

that makes its lineshape highly sensitive to the local dynamics, orientation and confinement of a

nitroxide-based spin label tethered to the protein. Cw EPR measurements were carried out with

Δtau187/322C-SL using a X-band spectrometer operating at 9.8 GHz (EMX, Bruker Biospin)

and a dielectric cavity (ER 4123D, Bruker Biospin). Samples were prepared by either mixing

200 μM Δtau187/322C-SL with 300 μM unlabeled Δtau187/322C (to generate 40% spin labeled

sample) or by using 500 μM Δtau187/322C-SL (100% labeled). Viscogen was added to the

sample to achieve either 19% v/v glycerol (for the droplet samples) or 30% v/v sucrose (for the

aggregated samples) matching the DEER conditions. Tau samples under droplet forming

condition were prepared by adding 1.5 mg/ml RNA, and Tau samples under aggregation-

inducing conditions prepared by adding 125 μM heparin (11 kDa average MW, Sigma-Aldrich).

A sample of 3.5 μL volume was loaded into a quartz capillary (VitroCom, CV6084) and sealed

at one end with critoseal and the other with beeswax, and then placed in the dielectric cavity for

measurements. Cw EPR spectra were acquired using 2 mW of microwave power, 0.3 gauss

modulation amplitude, 150 gauss sweep width and 25 scans for signal averaging.

Double Electron Electron Resonance (DEER)

DEER measurements were performed on a Q-band pulsed EPR spectrometer operating at 32

GHz (E580, Bruker Biospin) equipped with a QT2 resonator (measurements done by courtesy of

Bruker Biospin). Samples were prepared by mixing 50 μM Δtau187G272C/S285C-SL$_2$ with 500

μM analog-labeled Δtau187G272C/S285C-DL$_2$ at a 1:10 molar ratio to achieve spin-dilution and

avoid artifacts from unwanted inter-protein spin distances. For DEER, Tau samples under droplet

forming condition were prepared by adding 1.65 mg/ml RNA and ensuring 19% v/v glycerol

concentration, and Tau samples under aggregation-inducing conditions prepared by adding 137.5

μM heparin and ensuring 30% v/v sucrose concentration. 40 μL samples containing 550 μM

concentration of Tau were loaded into a quartz capillary (2.4 mm od x 2 mm id) and flash frozen

in liquid nitrogen after 20 minutes of incubation at room temperature. DEER measurements were

conducted using the dead-time free four-pulse DEER sequence at 80 K, using 22 ns (π/2) and 44

ns (π) observe pulses and a 30 ns (π) pump pulse. The raw DEER data was processed using

Gaussian fitting via DeerAnalysis2013 [47].

Quantification of fibril using Thioflavin T assay

18 μM Δtau187 was mixed with 100 μg/ml poly(U) RNA and incubated at room temperature at

presence of 4 μM Thioflavin T for over 3 days with or without additional 100 mM NaCl.

Fluorescence at 485 nm was measured via Infinite 200 Pro plate reader (Tecan).

Transfer RNA transfection

Neuronal cultures were transfected with 20U of bovine liver tRNA (Sigma-Aldrich) per six well

plate using lipofectamine 2000 transfection reagent (Thermo Fisher) following the

manufacturer's protocol. Control cells were transfected in equal conditions in the absence of

nucleic acid (Mock transfection). Mock transfected cells were lysed as described below, with or

without 20U tRNA added to the lysis buffer.

Sarkosyl insolube Tau isolation and western blotting

Separation of sarkosyl insoluble Tau was done as described in the literature [48, 49]. Briefly,

adherent neuronal cell cultures were lysed with an ice-cold high salt/high sucrose Tris HCl buffer

(0.8 M NaCl, 10% Sucrose, 10 mM Tris HCl pH 7.4) containing a 1X Protease Inhibitor Cocktail,

and a 1X Phosphatase Inhibitor Cocktail. Lysis proceeded at 4°C for 30 min before detachment

with a cell scraper, followed by mechanical dissociation using a micropipette. Immediately

afterwards, the lysates were centrifuged at 4°C 3000 x g for 15 min in a microcentrifuge. The

clear supernatants were collected and sampled (Input). Sodium lauroyl sarcosinate (Sigma-

Aldrich) was then added to the supernatants to a final concentration of 1%, followed by a brief

vortexing. Samples were incubated at 4°C with continuous rocking. Samples were then

centrifuged at 4°C for 2 h at 170000 x g in a Beckman Coulter 70.1 Ti rotor. Sarkosyl soluble

supernatants (Sol.) were collected. Sarkosyl insoluble (Ins.) pellets were resuspended in 2X

sample loading buffer (250 mM Tris HCl pH 6.8, 10% Glycerol, 10% SDS, 0.5% bromophenol

blue, 20 mM DTT) and heated to 95°C for 10 min. The previously collected input and the

sarkosyl soluble fractions were diluted with the same sample loading buffer, and heated under

similar conditions. Proteins were separated on a 10% SDS-PAGE, transferred to Nitrocellulose

membranes, and blotted with either PHF-1 or β–actin antibody.

Data availability

The data that support the findings of this study are available from the corresponding authors on

request.

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Fig. 1: Tau PAR-iCLIP in Tau expressing HEK cells and hiPSC-derived neurons. Phosphor

images in the blue frame display crosslinked ^{32}P-labelled RNA in the nitrocellulose blot. (a-c)

PAR-iCLIP with wild type Tau (a) or Tau P301L-CFP (b) and endogenous wild type Tau in

hiPSC-derived neurons (c) (lane 2 in a-c), PAR-iCLIP for GFP (lane 1 in a-b), CDK5 (lane 3 in c)

and no UV control (lane 1 in c). The antibodies anti-Tau HJ 8.5, anti-GFP and anti-CDK5 were

used for protein precipitation. No RNase was added. A small RNA signal was visible in the

absence of cross-linking in hiPSC-derived neurons (lane 1, c), suggesting a small portion of

602   RNA may associate with Tau *in vitro* after cell lysis. The RNA-protein complexes from CLIP

603   marked by a rectangle was cut from the blot for DNA library preparation. (d-e) % of Tau-CLIP

604   reads that mapped to eight human genome regions in HEK cells (d) and hiPSC-derived neurons

605   (e). (f-g) Enrichment of tRNA in Tau-CLIP of HEK cells (f) and hiPSC-derived neurons (g) as

606   discussed in text.

Figure 2

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Fig. 2: Enrichment of tRNA in PAR-iCLIP data. (a) CLIP cDNA reads for tRNA

chr15.tRNA4-ArgTCG are found in all CLIP samples and demonstrate a similar pattern of

crosslinking. (b) Analysis of crosslinked sites along tRNA secondary structure demonstrates the

anticodon preference, anticodon (colored red) designated as position 1-3 for alignment purpose.

The colored illustration of tRNA secondary structure is displayed as inset and below the x-axis in

1-D dimension.

616
617

Figure 3

Fig. 3: Tau tRNA binding by gel shift assay and ITC. (a) Direct titration experiment shows

full length protein Tau induces a mobility shift in tRNA^Lys. (b) The fraction of bound tRNA

plotted as a function of the monomeric Tau concentration and fit to the Hill equation, y = 1/ [1+

$(K_d / x)^n$. (c) Yeast tRNA was titrated into solutions of K18 Tau in an ITC experiment. The top

panels show the raw incremental-titration. The area under each peak is integrated and plotted

against the molar tRNA:Tau ratio and fitted to an independent binding model (the bottom panel).

(b-c) Standard error of the mean (SEM) is reported, n=3. (d) Stoichiometry shift assay varying

full length protein Tau:RNA molar ratio while tRNA in 2.6 μM. (e) Fraction of bound tRNA in d

is plotted over the molar Tau:tRNA ratio. (f) Fraction of bound Tau plotted as a function of

Tau:tRNA molar ratios and compared to the theoretical saturation binding curves (dotted

lines) with 1:1 to 6:1 protein:RNA molar stoichiometry.

Fig. 4: Tau and RNA forms droplet *in vitro*. (a) Bright field snapshots of droplets from

Δtau187 and poly(A) showing two droplets seamlessly fusing (highlighted with red circle). (b)

Confocal microscopy image of Δtau187 labeled with Alexa-488 in the droplets as in (a). c)

Representative bright-field images of Tau-RNA droplet with varying [NaCl]. d) Droplet

coverage with poly(A) or tRNA with varying [NaCl] and e) varying Δtau187: RNA charge ratios.

Δtau187:RNA in c-d were maintained at a charge ratio of 1.2:1 and a total mass concentration of

2 mg/ml. Error bars in (d) and (e) represent the standard deviation from n=3. (f-k) CW EPR

spectra obtained at room temperature of Δtau187 in droplets formed with 1.5 mg/ml poly(A)

RNA (f) and 1.5 mg/ml tRNA (g) is unaltered from solution before adding RNA. CW EPR line

shape upon adding 125 μM heparin (h) show dramatic line broadening. DEER of Δtau187-SL$_2$ in

droplets formed with 1.5 mg/ml poly(A) RNA (i) and 1.5 mg/ml tRNA (j), as well as upon

incubation with 137.5 μM heparin (k).

Figure 5

a

	Mock			Mock + tRNA			tRNA		
	Input	Sol.	Ins.	Input	Sol.	Ins.	Input	Sol.	Ins.

PHF-1

1　2　3　4　5　6　7　8　9

β-Actin

Loading control

b PHF-1

c β-Actin

Fig. 5: tRNA transfection accumulates sarkosyl insoluble Tau in hiPSC derived neurons. (a)

Cells transfected with tRNA but not cells transfected in the absence of nucleic acids (Mock, lane

3) present an evident accumulation of sarkosyl insoluble Tau (tRNA, lane 9). Addition of tRNA

to the lysis buffer is insufficient to increase the Tau present in the insoluble fractions (Mock +

tRNA, lane 6). (b-c) Quantification of PHF-1 Tau (b) and β-actin (c) level are shown. Error bar

represents standard error of the mean. * $p < 0.05$, n=5.

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