Severe infections emerge from the microbiome by adaptive evolution

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Abstract

Bacteria responsible for the greatest global mortality colonize the human microbiome far more frequently than they cause severe infections. Whether mutation and selection within the microbiome precipitate infection is unknown. To address this question, we investigated *de novo* mutation in 1163 *Staphylococcus aureus* genomes from 105 infected patients with nose-colonization. We report that 72% of the infections emerged from the microbiome, with infecting and nose-colonizing bacteria showing systematic adaptive differences. We found 3.6-fold, 2.9-fold and 2.8-fold enrichments of protein-altering variants in genes responding to *rsp*, which regulates surface antigens and toxicity; *agr*, which regulates quorum-sensing, toxicity and abscess formation; and host-derived antimicrobial peptides, respectively. These adaptive signatures were not observed in healthy carriers and differed from prevailing species-level signals of selection, suggesting disease-associated, short-term, within-host selection pressures. Our results show that infection, like a cancer of the microbiome, emerges through spontaneous adaptive evolution, raising new possibilities for diagnosis and treatment.

Introduction

Communicable diseases remain a leading cause of global mortality, with bacterial pathogens among the greatest concern[1]. However, many of the bacteria imposing the greatest burden of mortality, such as *Staphylococcus aureus*, are frequently found as commensal components of the body's microbiome[2]. For them invasive disease is a relatively uncommon event that is unnecessary[3,4], and perhaps disadvantageous[5], for onward transmission. Genomics is shedding light on important bacterial traits such as host-specificity, toxicity and antimicrobial resistance[6-10]. These approaches offer new opportunities to understand the role of genetics and within-host evolution in the outcome of human interactions with major bacterial pathogens[11].

Several lines of evidence support a plausible role for within-host evolution influencing the virulence of bacterial pathogens. Common bacterial infections, including *S. aureus*, are often associated with colonization of the microbiome by a genetically similar strain[12]. Genome sequencing suggests that bacteria mutate much more quickly than previously accepted, and this confers a potent ability to adapt, for example evolving antimicrobial resistance *de novo* within individual patients[13,14]. Opportunistic pathogens infecting cystic fibrosis patients have been found to rapidly adapt to the lung environment, with strong evidence of parallel evolution across patients[15-19]. However, the selection pressures associated with antimicrobial resistance and opportunistic infections of cystic fibrosis patients may not typify within-host adaptation in common commensal pathogens that have co-evolved with humans for thousands or millions of years[20,21].

Candidate gene studies have demonstrated that certain regions, notably quorum-sensing systems such as the *S. aureus* accessory gene regulator (*agr*), mutate particularly quickly *in vivo* and in culture[22]. The *agr* operon encodes a pheromone that coordinates a shift at higher cell densities from production of surface proteins promoting biofilm formation to production of secreted toxins and proteases promoting inflammation and dispersal[23]. Mutants typically produce the pheromone but no longer respond to it[24]. The evolution of *agr* has been variously ascribed to directional selection[25], balancing selection[26], social cheating[27] and life-history trade-off[28]. However, the role of *agr* mutants in disease progression remains unclear, since they are frequently sampled from both asymptomatic carriage and severe infections[24].

Whole-genome sequencing case studies add weight to the idea that within-host evolution could alter disease propensity. In one persistent *S. aureus* infection, a single mutation was sufficient to permanently activate the stringent stress response, reducing growth, colony size and experimentally measured disease severity[29]. In another patient we found that bloodstream bacteria differed from those initially colonizing the nose by several mutations including loss-of-function of the *rsp* regulator[30]. Functional follow-up revealed that the *rsp* mutant expressed reduced toxicity[31], but maintained the ability to cause disseminated infection[32]. Unexpectedly, we found that bloodstream-infecting

bacteria exhibit lower toxicity than nose-colonizing bacteria in general[31]. These results
raise the question: does *de novo* mutation and selection within the microbiome
contribute systematically to severe infection?

We addressed this question by investigating the genetic variants arising from within-
patient evolution of *S. aureus* sampled from 105 patients with concurrent nose
microbiome colonization and blood or deep tissue infection. We annotated variants to
test for systematic differences between colonizing and invading bacteria. We discovered
several groups of genes showing significant enrichments of protein-altering variants
indicating adaptive evolution. Similar enrichments were not observed in asymptomatic
carriers, nor between unrelated bacteria, indicating they reflect disease-associated,
within-host selection pressures. Our results reveal that adaptive evolution of genes
involved in toxicity, abscess formation, cell-cell communication and bacterial-host
interaction is associated with the transformation of commensal constituents of the
microbiome into invasive infections, providing new insights into the mechanisms of
disease in a major pathogen.

Results

Infecting bacteria are typically descended from the patient's microbiome

We identified 105 patients suffering severe *S. aureus* infections admitted to hospitals in
Oxford and Brighton, England, for whom we could recover contemporaneous nose
swabs from admission screening. Of the 105 patients, 55 had bloodstream infections, 37
had soft tissue infections and 13 had bone and joint infections (Table 1). The infection
was most often sampled on the same day as the nose, with an interquartile range of 1
day earlier to 2 days later (Table S1).

Infection sites	Relation of colonizing to infecting bacteria		
	Unrelated (≥1104 variants)	Closely related (≤66 variants)	
		Zero shared genotypes	One shared genotype
Bloodstream	4	43	8
Soft tissue	4	23	10
Bone & joint	2	8	3
Total	10	74	21

Table 1. Distribution of infection types and relatedness of nose-colonizing and infecting *S. aureus* among 105 patients
revealed by genomic comparison.

To discover *de novo* mutations within and between the nose microbiome and infection
site, we whole-genome sequenced 1163 bacterial colonies, a median of 5 per site. We
detected single nucleotide polymorphisms (SNPs) and short insertions/deletions
(indels) using combined reference-based mapping and *de novo* assembly
approaches[30,33,34]. We identified 35 distinct strains, defined by multilocus sequence type
(ST), across patients (Table S1). As expected[12], colonizing and infecting bacteria were
usually extremely closely related (95 patients), sharing the same ST and differing by at

most 66 variants. Unrelated colonizing and infecting bacteria (10 patients) differed by at least 1104 variants – usually many more – and typically possessed distinct STs (e.g. Fig. 1a). After excluding variants differentiating unrelated STs, we catalogued 1322 *de novo* mutations within the 105 patients.

In patients with closely related strains, the within-patient population structure was always consistent with a unique migration event from the nose-colonizing microbiome to the infection site, or occasionally, vice versa. Infecting and colonizing bacteria usually formed closely-related but distinct populations with no shared genotypes (74/95 patients, e.g. Fig. 1b), separated by a mean of 5.7 variants. There was never more than one identical genotype between nose-colonizing and infecting bacteria, (21/95 patients, e.g. Fig. 1c), indicating that the migration event from one population to the other involved a small number of founding bacteria[35,36]. In such patients, the shared genotype likely represents the migrating genotype itself. Population structure did not differ significantly between infection types (p = 0.38, Table 1). Genetic diversity in the nose (mean pairwise distance, π = 2.8 variants) was similar to that previously observed in asymptomatic nasal carriers[33] (Reference Panel I, π = 4.1, p = 0.13), but was significantly lower in the infection site (π = 0.6, p = $10^{-10.0}$), revealing limited diversification post-infection.

In most patients the infection appeared to be descended from the nose microbiome. We used sequences from other patients and carriers (Reference Panel II) to reconstruct the most recent common ancestor (MRCA) for the 95/105 (90%) patients with related nose-colonizing and infecting bacteria. We thereby distinguished wild type from mutant alleles). In 49 such patients, we could determine the ancestral population. The nose microbiome was likely ancestral in 39/49 (80% of patients with related strains, or 72% of all patients) because all infecting bacteria shared *de novo* mutations in common that distinguished them from the MRCA, whereas nose-colonizing bacteria did not. In 16 of those, confidence was high because both mutant and ancestral alleles were observed in the nose, confirming it as the origin of the *de novo* mutation (e.g. Fig. 1d). Conversely, in 10/49 patients, bacteria colonizing the microbiome were likely descended from blood or deep tissue infections (20% of patients with related strains, or 18% of all patients) (e.g. Fig. 1f). Confidence was high for just three of those patients, and they showed unusually high diversity, suggestive of persistent infections (Supplementary data, P063, P072, P093).

Protein-truncating mutants are over-represented within infected patients

To help identify variants that could increase the propensity of bacteria colonizing the nose microbiome to infect the blood and deep tissue, we reconstructed within-patient phylogenies and classified variants by their position in the phylogeny. Sequencing multiple colonies per site enabled us to classify variants into those representing genuine differences *between* nose-colonizing and infection populations (*B*-class), transient variants within the nose-*colonizing* microbiome population (*C*-class) and transient

variants within the *disease*-causing infection population (*D*-class). We hypothesized that B-class variants would be most enriched for virulence-altering variants, if such variants occur (Fig. 1g).

We cross-classified variants by their predicted functional effect: synonymous, non-synonymous or truncating within protein-coding sequences, or non-coding (Table 2, Table S2). As expected, the prevailing tendency of selection within patients was to conserve protein sequences, with d_N/d_S ratios indicating rates of non-synonymous change 0.55, 0.68 and 0.63 times that expected under neutral evolution for B, C and D-class variants respectively.

Phylogenetic position	Number of variants (Neutrality index)				
	Synonymous	Non-synonymous	Protein truncating	Non-coding	Total
Patients with severe infections (*n*=105)					
Between colonization and disease (B-class)	93	265 (1.1)	**39 (3.1)**	140 (1.2)	537
Within colonization (C-class)	93	325 (1.3)	<u>**59 (4.7)**</u>	145 (1.3)	622
Within-disease (D-class)	26	82 (1.2)	**15 (4.3)**	40 (1.3)	163
Total	213	672 (1.2)	<u>**113 (3.9)**</u>	325 (1.3)	1322
Asymptomatic carriers[33] (Reference panel I, for comparison, *n*=13)					
Within colonization (C-class)	37	97	5	45	184

Table 2. Cross-classification of variants within patients by phylogenetic position and predicted functional effect, and comparison to asymptomatic carriers. Neutrality indices[37] are defined as the odds ratio of mutation counts relative to synonymous variants in patients versus asymptomatic carriers (Reference Panel I). Those significant at $p < 0.05$ and $p < 0.005$ are emboldened and underlined respectively

In a longitudinal study of one long-term carrier, we previously reported that a burst of protein-truncating variants punctuated the transition from asymptomatic carriage to invasive infection[30]. Here we found a 3.9-fold over-abundance of protein-truncating variants of all phylogenetic classes in infected patients compared to asymptomatic carriers (Reference Panel I, $p = 0.002$, Table 2), supporting the conclusion that loss-of-function mutations are disproportionately associated with evolution within infected patients. This may reflect a reduction within patients in the efficiency with which selection removes deleterious protein-truncating mutations.

Quorum sensing and cell-adhesion proteins exhibit adaptive evolution between colonizing and infecting bacteria

We hypothesized that variants associated with differential propensity to cause or perpetuate invasive infection would be enriched among the protein-altering B-class variants between the nose and infection site (Fig. 1g). Therefore we aggregated mutations by genes in our reference genome (MRSA252) and tested each gene for an excess of non-synonymous and protein-truncating B-class variants, taking into account the length of the gene. Aggregating by gene was necessary because 1318/1322 variants were unique to single patients. The two exceptions involved non-coding variants arising in two patients each, one B-class variant 130 bases upstream of *azlC*, an azaleucine

resistance protein (SAR0010), and one D-class variant 88 bases upstream of *eapH*1, a
secreted serine protease inhibitor[38] (SAR2295).

We found a significant excess of five protein-altering B-class variants representing a
58.3-fold enrichment in *agrA*, which encodes the response regulator that mediates
activation of the quorum sensing system at high cell densities ($p=10^{-7.5}$, Fig. 2a, Table 3).
The *clfB* gene encoding clumping factor B, which binds human fibrinogen and loricrin[39],
showed an excess of five protein-altering B-class variants, representing a 15.9-fold
enrichment that was marginally significant after multiple testing correction ($p=10^{-4.7}$).

Previously we identified a truncating mutation in the transcriptional regulator *rsp* to be
the most likely candidate for involvement in the progression to invasive disease in one
long-term nasal carrier[30]. Although we observed just one variant in *rsp* among the 105
patients (3.9-fold enrichment, $p=0.27$), we found it was a non-synonymous B-class
variant resulting in an alanine to proline substitution in the regulator's helix-turn-helix
DNA binding domain. In separately published experiments[32], we demonstrated that this
and the original mutation induce similar loss-of-function phenotypes which, like *agr*
loss-of-function mutants, express reduced toxicity, but maintained an ability to persist,
disseminate and cause abscesses *in vivo.*

We found no significant enrichments of protein-altering variants among D-class
variants, but we observed a significant excess of six protein-altering C-class variants in
pbp2 which encodes a penicillin binding protein involved in cell wall synthesis (19.0-
fold enrichment, $p=10^{-6.0}$, Fig. S1a). Pbp2 is an important target of β-lactam antibiotics[40],
revealing adaption – potentially in response to antibiotic treatment – in the nose
populations of some patients.

Genes modulated by virulence regulators and antimicrobial peptides show
adaptive evolution between colonizing and infecting bacteria

To improve the sensitivity to identify adaptive evolution associated with invasive
infection, we developed a gene set enrichment analysis (GSEA) approach in which we
tested for enrichments of protein-altering B-class variants among groups of genes. GSEA
allowed us to detect signatures of adaptive evolution in groups of related genes that
were not apparent when interrogating individual genes.

We grouped genes in two different ways: by gene ontology and by expression pathway.
First, we obtained a gene ontology for the reference genome from BioCyc[41], which
classifies genes into biological processes, cellular components and molecular functions.
There were 552 unique gene ontology groupings of two or more genes. We tested for an
enrichment among genes belonging to the ontology, compared to the rest that did not.

Second, we obtained 248 unique expression pathways from the SAMMD database of
transcriptional studies[42]. For each expression pathway genes were classified as up-
regulated, down-regulated or not differentially regulated in response to experimentally

manipulated growth conditions or expression of a regulatory gene. For each expression
pathway, we tested for an enrichment in genes that were up- or down-regulated
compared to genes not differentially regulated.

The most significant enrichment for protein-altering B-class variants between nose and
infection sites occurred in the group of genes down-regulated by the cationic
antimicrobial peptide (CAMP) ovispirin-1 ($p=10^{-7.8}$), with a similar enrichment in genes
down-regulated by temporin L exposure ($p=10^{-6.9}$ Fig. 2c). Like human CAMPs, the
animal-derived ovispirin and temporin compounds inhibit epithelial infections by killing
phagocytosed bacteria and mediating inflammatory responses[43]. In response to
inhibitory levels of ovispirin and temporin, *agr*, surface-expressed adhesins and
secreted toxins are all down-regulated. Collectively, down-regulated genes showed 2.7-
fold and 2.8-fold enrichments of adaptive evolution, respectively. Conversely, genes up-
regulated in response to CAMPs, including the *vraSR* and *vraDE* cell-wall operons and
stress response genes[43], exhibited 0.4-fold and 0.7-fold enrichments (i.e. depletions),
respectively (Table 3). Thus, genes undergoing adaptive evolution are strongly inhibited
by the CAMP-mediated immune response.

Gene group	No. protein-altering B-class variants		Cumulative length of genes (kb)		Enrichment		Significance ($-\log_{10} p$)
Locus							
agrA	5		0.7		58.27		**7.53**
clfB	5		2.6		15.87		4.70
Total	289		2363.8				
BioCyc Gene Ontology							
Cell wall	18		30.9		5.01		**7.03**
Cell adhesion	13		17.2		6.44		**6.47**
Pathogenesis	31		112.5		2.41		4.44
Total	288		2359.3				
	Down-regulated	Up-regulated	Down-regulated	Up-regulated	Down-regulated	Up-regulated	
SAMMD Expression Pathway							
Ovispirin-1	40	7	121.2	142.9	2.65	0.39	**7.80**
Temporin L	42	14	125.1	156.1	2.78	0.74	**6.85**
rsp	27	1	61.1	13.7	3.61	0.60	**6.35**
agrA (RN27)	9	30	41.0	85.0	1.83	2.94	**5.57**
VISA-vs-VSSA (Mu50 vs N315)	0	17	0	34.4		3.95	**5.23**
VISA-vs-VSSA (Mu50 vs Mu50-P)	0	17	0	36.7		3.70	**4.90**
VISA-vs-VSSA (isolate pair 2)	14	3	26.9	59.7	4.06	0.39	4.71
Total	275		2093.5				

Table 3. Genes, gene ontologies and expression pathways exhibiting the most significant enrichments or depletions of
protein-altering B-class variants separating nose microbiome and infection site bacteria. Enrichments below one
represent depletions. The total number of variants and genes available for analysis differed by database. A $-\log_{10} p$-
value above 4.8 was considered genome-wide significant (in bold).

Genes belonging to the cell wall ontology showed the second most significant
enrichment for adaptive evolution ($p=10^{-7.0}$). Genes contributing to this 5.0-fold
enrichment included the immunoglobulin-binding *S. aureus* Protein A (*spa*), the serine
rich adhesin for platelets (*sasA*), clumping factors A and B (*clfA, clfB*), fibronectin binding

protein A (*fnbA*) and bone sialic acid binding protein (*bbp*). The latter four genes
contributed to another statistically significant 6.4-fold enrichment of adaptive protein
evolution in the cell adhesion ontology ($p=10^{-6.5}$, Fig. 3). Therefore, there is a general
enrichment of surface-expressed antigens undergoing adaptive evolution.

The *rsp* regulon showed the most significant enrichment among gene sets defined by
response to individual bacterial regulators ($p=10^{-6.4}$). Genes down-regulated by *rsp* in
exponential phase[44], including surface antigens and the urease operon, exhibited a 3.6-
fold enrichment for adaptive evolution, while up-regulated genes showed 0.6-fold
enrichment. So whereas *rsp* loss-of-function mutants were rare *per se*, genes up-
regulated in such mutants were hotspots of within-patient adaptation during invasion.
Since expression is a prerequisite for adaptive protein evolution, this implies there are
alternative routes by which genes down-regulated by intact *rsp* can be expressed and
thereby play an important role within patients other than direct inactivation of *rsp*.

Loss-of-function in *agr* mutants represent one alternative route, since they exhibit
similar phenotypes to *rsp* mutants, with reduced toxicity and increased surface antigen
expression, albeit reduced ability to form abscesses[32]. We found significant 2.9-fold and
1.8-fold enrichments respectively of genes both up- and down-regulated by *agrA* during
stationary phase[45], underlining the influence of adaptive evolution on both secreted and
surface-expressed proteins during infection ($p=10^{-5.6}$). We further found 3.7 to 4.0-fold
enrichment among genes – including agrA – up-regulated in expression changes induced
by mutations conferring vancomycin-intermediate *S. aureus* (VISA) ($p=10^{-5.6}$ and $p=10^{-5.2}$).
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Several genes contributed to multiple evolutionary signals, particularly cell-wall
anchored proteins involved in adhesion, invasion and immune evasion[39], including *fnbA*,
clfA, *clfB*, *sasA* and *spa*. These multifactorial, partially overlapping signals suggest a large
target for selection in adapting to the within-patient environment (Fig. 3). The fact that
we observed no comparable significant enrichments in C-class and D-class protein-
altering variants (Fig. S1) indicates that these evolutionary patterns are associated
specifically with invasion.

**Adaptive evolution is evident in both the nose and infection site during severe
infections**

Having identified adaptive evolution differentiating nose-colonizing and disease-causing
bacteria, we next asked whether the mutant alleles were preferentially found in the nose
or infection site. We used sequences from other patients or carriers (Reference Panel II)
to reconstruct the genotype of the MRCA of colonizing and infecting bacteria
respectively in each patient. This allowed us to sub-classify B-class variants by whether
the mutant allele was found in the nose-colonizing bacteria (B_C-class) or the disease-
causing bacteria (B_D-class). *A priori*, we had expected the enrichments of adaptive
evolution to be driven primarily by mutants occurring in the disease-causing bacteria
(B_D-class). But instead we found that the most significantly enriched gene sets were

driven by mutant alleles occurring both in colonizing and infecting bacteria (Fig. S2).
This indicates there are common selection pressures in the nose and infection site in
severely infected patients, leading to convergent evolution across body sites.

The group of genes showing the strongest disparity in signal of enrichment among B_D-
class vs B_C-class variants was the pathogenesis ontology. Genes involved in pathogenesis
were near genome-wide significance in B_D-class variants, showing a 3.1-fold enrichment
($p = 10^{-4.6}$) and a statistically insignificant 1.7-fold enrichment in B_C-class variants
($p=0.13$). B_D-class mutants driving this differential signal arose in toxins including
gamma haemolysin and several regulatory loci implicated in toxicity and virulence
regulation (*rot*, *sarS* and *saeR*). Therefore most, but not all, drivers of adaptive evolution
within severely infected patients are as likely to favour mutants in nose-colonizing
bacteria as infecting bacteria.

321 Signals of invasion-associated evolution are specific to infected patients and differ
322 from prevailing signatures of selection

Two lines of evidence show that the newly discovered signatures of within-host
adaptive evolution are unique to evolution in infected patients. To test the robustness of
our conclusions against the alternative explanation that our approach merely detects
the most rapidly evolving proteins, we searched for similar signals in alternative
settings: evolution within asymptomatic carriers, and species-level evolution between
unrelated bacteria.

There was no significant enrichment of protein-altering variants in any gene, ontology
or pathway among 235 variants identified from 10 longitudinally sampled
asymptomatic nasal carriers (Reference Panel III, Fig. S3, Table S3). To address the
modest sample size, we performed goodness-of-fit tests, focusing on the signals most
significantly enriched in patients. We found significant depletions of protein-altering
variants in carriers relative to patients in the *rsp*, *agr* and *sarA* regulons ($p=10^{-4.0}$) and
the pathogenesis ontology ($p=10^{-3.2}$, Table S4).

Nor were the relative rates of non-synonymous to synonymous substitution (d_N/d_S)
higher between unrelated *S. aureus* (Reference Panel IV) in the genes that contributed
most to the signals associated with invasion within patients: *agrA*, *agrC clfA*, *clfB*, *fnbA*
and *sasA*. Although synonymous diversity was somewhat higher than typical in these
genes, the d_N/d_S ratios showed no evidence for excess protein-altering change in these
compared to other genes (Fig. S4). Accordingly, incorporating this locus-specific
variability of d_N/d_S into the GSEA did not affect the results (Fig. S5). Taken together
these lines of evidence show that the ontologies, pathways and genes significantly
differentiated between colonizing and infecting bacteria are a signature specific to
evolution within infected patients, and are not repeated in asymptomatic carriers or
species-level evolution.

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Discussion

We have discovered that common, life-threatening infections of *S. aureus* are frequently
descended from bacteria colonizing the human microbiome. These infections are
associated with repeatable patterns of bacterial evolution driven by within-patient
mutation and selection. The strongest signatures of adaptation occurred in genes
responding to cationic antimicrobial peptides and the virulence regulators *rsp* and *agr*.
Such genes mediate toxicity, abscess formation, immune evasion and bacterial-host
binding. Adaptation within both regulator and effector genes reveals that multiple,
alternative evolutionary paths are associated with the transition from microbiome
colonization to invasive infection.

The signatures of within-patient adaptation that we found differed from prevailing
signals of selection at the species level. This discordance means that infection-associated
adaptive mutations within patients are rarely transmitted, and argues against a
straightforward host-pathogen arms race as the predominant evolutionary force acting
within and between patients. Instead, it supports the notion of a life-history trade-off
between adaptations favouring colonization and infection distinct from those favouring
dissemination and onward transmission. As such, invasive disease may be analogous to
cancer in multicellular organisms, representing an ever-present risk of mutations in the
microbiome favoured by short-term selection but ultimately incidental or damaging to
the bacterial reproductive life cycle.

The existence of signatures of adaptive substitutions associated with invasive disease
raises the possibility of developing new diagnostic techniques and personalizing
treatment to the individual patient's microbiome. The ability of genomics to characterize
the selective forces driving adaption within the human body in unprecedented detail
provides new opportunities to improve experimental models of disease. Ultimately, it
may be possible to develop therapies that utilize our new understanding of within-
patient evolution to target the root causes of invasive disease from the bacterial
perspective.

Materials and methods

Patient sample collection. 105 patients with severe *S. aureus* infections for whom the organism could be cultured from both admission screening nasal swab and clinical sample were identified from the microbiological laboratories of hospitals in Oxford and Brighton, England. This study design builds in robustness to potential confounders by matching disease-causing and nose-colonizing bacteria within the same patients. Clinical samples comprised blood cultures (*n* = 55) and pus, soft tissue, bone or joint samples (*n* = 50). The bacteria sampled and sequenced from one patient ('patient S', P005 in this study) have been previously described[32]. Five individuals had both blood and another culture-positive clinical sample; we focus analysis on the blood sample. Nasal swabs were incubated in 5% NaCl broth overnight at 37C, then streaked onto SASelect agar (BioRad) and incubated overnight at 37C. We picked five colonies per sample (twelve during the pilot phase involving nine patients), streaked each onto Columbia blood agar and incubated overnight at 37C for DNA extraction. Clinical samples were handled according to the local laboratory standard operating procedure for pus, sterile site and blood cultures. When bacterial growth was confirmed as *S. aureus*, the primary culture plate was retrieved, and multiple colonies were picked. These were streaked onto Columbia blood agar and incubated overnight at 37C for DNA extraction. Sequencing multiple colonies per site allowed us to distinguish genuine genetic differences between nose-colonizing and disease-causing bacteria from transient variants.

Reference Panels. For comparison to the patient-derived isolates, we collated previously described samples from other sources to construct four Reference Panels: I. A collection of 131 genomes capturing cross-sectional diversity in the noses of 13 asymptomatic carriers[33], arising from the same Oxfordshire carriage study (BioProject PRJEB2881). II. A compilation of 95 unrelated samples from a carriage study of *S. aureus* in Oxfordshire[48] (BioProject accession number PRJEB255), 145 sequences from a study of within-host evolution of *S. aureus* in 3 individuals[30] (BioProject PRJEB2892) and 909 sequences from nasal carriage and bloodstream infection used in a study of whole genome sequencing to predict antimicrobial resistance[49] (BioProject PRJEB6251). We used these samples to improve our reconstruction of ancestral genotypes in each patient. III. A collection of 237 genomes from longitudinal samples from 10 patients[33,50], (BioProject PRJEB2862) arising from the same Oxfordshire carriage study. We used these to compare evolution within patients and asymptomatic carriers. IV. A collection of 16 previously-published high-quality closed reference genomes, comprising unrelated isolates mainly of clinical and animal origin: MRSA252 (Genbank accession number BX571856.1), MSSA476 (BX571857.1), COL (CP000046.1), NCTC 8325 (CP000253.1), Mu50 (BA000017.4), N315 (BA000018.3), USA300_FPR3757 (CP000255.1), JH1 (CP000736.1), Newman (AP009351.1), TW20 (FN433596.1), S0385 (AM990992.1), JKD6159 (CP002114.2), RF122 (AJ938182.1), ED133 (CP001996.1), ED98 (CP001781.1), EMRSA15 (HE681097.1)[51-63]. We used these to contrast species-level evolution to within-patient evolution.

Whole genome sequencing. For each bacterial colony, DNA was extracted from the
subcultured plate using a mechanical lysis step (FastPrep; MPBiomedicals, Santa Ana,
CA) followed by a commercial kit (QuickGene; Fujifilm, Tokyo, Japan), and sequenced at
the Wellcome Trust Centre for Human Genetics, Oxford on the Illumina (San Diego,
California, USA) HiSeq 2000 platform, with paired-end reads 101 base pairs for 9
patients in the pilot phase, and 150 bases in the remainder.

Variant calling. We used Velvet[64] to assemble reads into contigs *de novo*, and Stampy[65]
to map reads against two reference genomes: MRSA252[51] and a patient-specific
reference comprising the contigs assembled for one colony sampled from each patient's
nose. Repetitive regions, defined by BLASTing[66] the reference genome against itself,
were masked prior to variant calling. To obtain multilocus sequence types[67] we used
BLAST to find the relevant loci, and looked up the nucleotide sequences in the online
database at http://saureus.mlst.net/.

Bases called at each position in the reference and those passing previously
described[30,33,68] quality filters were used to identify single nucleotide polymorphisms
(SNPs) from Stampy-based mapping to MRSA252 and the patient-specific reference
genomes. We used Cortex[34] to identify SNPs and short indels. Variants found by Cortex
were excluded if they had fewer than ten supporting reads or if the base call was
heterozygous at more than 5% of reads.

Where physically clustered variants with the same pattern of presence/absence across
genomes were found, these were considered likely to represent a single evolutionary
event: tandem repeat mutation or recombination. These were de-duplicated to a single
variant to avoid inflating evidence of evolutionary events in these regions.

Variant annotation and phylogenetic classification. Maximum likelihood trees were
built to infer bacterial relationships within patients[69]. To prioritize variants for further
analysis, they were classified according to their phylogenetic position in the tree: B-class
(between colonization and disease), C-class (within colonizing population) and D-class
(within disease population). Variants were cross-classified by their predicted functional
effect based on mapping to the reference genome or BLASTing to a reference allele:
synonymous, non-synonymous or truncating for protein-coding sequences, or non-
coding.

Where variation was found using a patient-specific reference, these variants were
annotated by first aligning to MRSA252 using Mauve[70]. If no aligned position in
MRSA252 could be found, additional annotated references were used. Where variation
was found using Cortex only, the variant was annotated by first locating it by comparing
the flanking sequence to MRSA252 and other annotated references using BLAST.
MRSA252 orthologs were identified using geneDB[71] and KEGG[72].

Reconstructing ancestral genotypes per patient. We constructed a species-level
phylogeny for all bacteria sampled from the 105 patients together with Reference Panel

II (unrelated asymptomatic carriage isolates and bacteraemia isolates) using a two-step
neighbour-joining and maximum likelihood approach, based on a whole-genome
alignment derived from mapping all genomes to MRSA252. We first clustered
individuals into seven groups using neighbour-joining[73], before resolving the
relationships within each cluster by building a maximum likelihood tree using RAxML[74],
assuming a general time reversible (GTR) model. To overcome a limitation in the
presence of divergent sequences whereby RAxML fixes a minimum branch length that
may be longer than a single substitution event, we fine-tuned the estimates of branch
lengths using ClonalFrameML[75]. We used these subtrees to identify, for each patient, the
most closely related 'nearest neighbour' sampled from another patient or carrier. We
employed this nearest neighbour as an outgroup, and used the tree to reconstruct the
sequence of the MRCA of colonizing and infecting bacteria for each patient using a
maximum likelihood method[76] in ClonalFrameML[75]. This in turn allowed us to identify
the ancestral (wild type) and derived (mutant) allele for all variants mapping to
MRSA252. For variants not mapping to MRSA252, we repeated the Cortex variant calling
analysis, including the nearest neighbour, and identified the ancestral allele as the one
possessed by the nearest neighbour. This approach allowed us to identify ancestral
versus derived alleles for 97% of within-patient variants. We used the reconstructions
of the within-patient MRCA sequences and identity of ancestral vs derived alleles to sub-
categorize B-class variants into those in which the mutant allele was found in the
colonizing population (B_C-class) versus the disease-causing population (B_D-class). 521
(97%) of B-class variants were typeable, and in 281 (54%) of these, the mutant allele
was found in the disease population. This allowed us to test for differential enrichments
in these two sub-classes.

Mean pairwise genetic diversity. Separately for the nose site and infection site of each
patient, we calculated the mean pairwise diversity π as the mean number of variants
differing between each pair of genomes. We compared the distributions of π between
patients and Reference Panel II (13 cross-sectionally sampled asymptomatic carriers)
using a Mann-Whitney-Wilcoxon test.

Calculating d_N/d_S ratio. For assessing the d_N/d_S ratio within patients, we adjusted the
ratio of raw counts of total numbers of non-synonymous and synonymous SNPs by the
ratio expected under strict neutrality. We estimated that the rate of non-synonymous
mutation was 4.9 times higher than that of synonymous mutation in *S. aureus* based on
codon usage in MRSA252 and the observed transition:transversion ratio in non-coding
SNPs.

The Neutrality Index. To compare the relative d_N/d_S ratios between two groups of
variants we computed a Neutrality Index as R_1/R_2 where R_1 and R_2 were the ratio of
counts of non-synonymous to synonymous variants in each group respectively[37]. We
compared B, C and D-class variants within patients to C-class patients within Reference
Panel I (13 cross-sectionally sampled asymptomatic carriers). A Neutrality Index in

excess of one indicates a higher d_N/d_S ratio in the former group. We used Fisher's exact
test to evaluate the significance of the differences between the groups.

Gene enrichment analysis. To test for significant enrichment of variants in a particular
gene, we employed a Poisson regression in which we modelled the expected numbers of
de novo variants across patients in any gene j as $\lambda_0 L_j$ under the null hypothesis of no
enrichment, where λ_0 gives the expected number of variants per kilobase and L_j is the
length of gene j in kilobases. We compared this to the alternative hypothesis in which
the expected number of variants was $\lambda_i L_i$ for gene i, the gene of interest, and $\lambda_1 L_j$ for any
other gene j. Using R[77], we estimated the parameters λ_0, λ_1 and λ_i from the data by
maximum likelihood and tested for significance via a likelihood ratio test with one
degree of freedom. This procedure assumes no recombination within patients, which
was reasonable since we found little evidence of recombination in this study or
previously[33], including no within-host genetic incompatibilities, and we removed
physically clustered variants associated with possible recombination events. We
analysed all protein-coding genes in MRSA252, testing for an enrichment of variants
expected to alter the transcribed protein (both non-synonymous and truncating
mutations). These tests were also applied to synonymous mutations and no enrichments
were found.

Gene set enrichment analysis. Since the number of genes outweighed the number of
variants detected, we had limited power to detect weak to modest enrichments at the
individual gene level. Instead we pooled genes using ontologies from the BioCyc
MRSA252 database[41] and expression pathways from the SAMMD database of
transcriptional studies[42]. The BioCyc database comprises ontologies describing
biological processes, cellular components and molecular functions. The SAMMD
database groups genes up-regulated, down-regulated or not differentially regulated in
response to experimentally manipulated growth conditions or isogenic mutations,
usually of a regulatory gene. After excluding ontologies or pathways with two groups,
one involving a single gene, and combining ontologies or pathways with identical
groupings of genes, we conducted 800 GSEAs in addition to the 2650 ontologies
comprised of individual loci. The number of groupings of genes was always two for
BioCyc (included/excluded from the ontology) and two or three for SAMMD (up-/down-
/un-differentially regulated in the experiment). Again we employed a Poisson regression
in which we modelled the expected numbers of variants in any gene j as $\lambda_0 L_j$ under the
null hypothesis of no enrichment where λ_0 gives the expected number of variants per
kilobase and L_j is the length of gene j in kilobases. We compared this to the alternative
hypothesis in which the expected number of variants was $\lambda_1 L_j$, $\lambda_2 L_j$ or $\lambda_3 L_j$ for gene j
depending on the grouping in the ontology/pathway. Using R, we estimated the
parameters λ_0, λ_1, λ_2 and λ_3 from the data by maximum likelihood and tested for
significance via a likelihood ratio test with one or two degrees of freedom, depending on
the number of groupings in the ontology/pathway. To account for the multiplicity of

testing, we adjusted the *p-value* significance thresholds from a nominal $\alpha = 0.05$ using
the Bonferroni method. This gave an adjusted threshold $10^{-4.8}$.

Longitudinal evolution in asymptomatic carriers. To test whether the patterns of
evolution we observed between colonizing and invading bacteria in severely infected
patients were typical or unusual, we analysed Reference Panel III (a collection of 10
longitudinally sampled asymptomatic carriers). Since natural selection is more
efficacious over longer periods of time, the longitudinal sampling of these individuals
gave us greater opportunity to detect subtle evolutionary patterns in asymptomatic
carriers. We characterized variation in these carriers as in the patients. Given the
modest sample size and smaller number of variants detected in these individuals (235),
we performed GSEA to test for enrichments only in particular genes, ontologies and
pathways that were significantly enriched within patients, requiring less stringent
multiple testing correction.

omegaMap analysis. We estimated d_N/d_S ratios between unrelated *S. aureus* to
characterize the prevailing patterns of selection at the species level. We used Mauve[70] to
pairwise align 15 reference genomes against MRSA252, i.e. Reference Panel IV. This
allowed us to distinguish orthologs from paralogs in the next step in which we multiply
aligned all coding sequences overlapping those in MRSA252 using PAGAN[78]. After
removing sequences with premature stop codons, we analysed each alignment of
between two and 16 genes using a modification of omegaMap[79], assuming all sites were
unlinked. We previously showed this assumption, which confers substantial
computational efficiency savings, does not adversely affect estimates of selection
coefficients[80]. We estimated variation in d_N/d_S within genes using Monte Carlo Markov
chain, running each chain for 10,000 iterations. We assumed exponential prior
distributions on the population scaled mutation rate (θ), the transition:transversion
ratio (κ) and the d_N/d_S ratio (ω) with means 0.05, 3 and 0.2 respectively. We assumed
equal codon frequencies and a mean of 30 contiguous codons sharing the same d_N/d_S
ratio. For each gene, we computed the posterior mean d_N/d_S ratio across sites. This
allowed us to rank the relative strength of selection across genes in MRSA252, and to
account for differences in d_N/d_S, as well as gene length, in the GSEA. We achieved this by
modifying the expected number of variants in gene j to be $\lambda_0 \omega_j L_j$ under the null
hypothesis of no enrichment versus $\lambda_1 \omega_j L_j$, $\lambda_2 \omega_j L_j$ or $\lambda_3 \omega_j L_j$ under the alternative
hypothesis depending on the ontology or pathway, where ω_j is the posterior mean d_N/d_S
in gene j.

Ethical framework. Ethical approval for linking genetic sequences of *S. aureus* isolates
to patient data without individual patient consent in Oxford and Brighton in the U.K. was
obtained from Berkshire Ethics Committee (10/H0505/83) and the U.K. Health
Research Agency [8-05(e)/2010].

Accession numbers. (data to be uploaded). RNA-Seq data relating to isolate from P005
(aka 'patient S') previously submitted under BioProject PRJNA279958.

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Figure 1. Disease-causing *S. aureus* form closely related but distinct populations descended from microbiome-colonizing bacteria in the majority of infections. Bacteria sampled from the nose and infection site of 105 patients formed one of three population structures, illustrated with example haplotrees: **a)** Unrelated populations differentiated by many variants. **b)** Highly related populations separated by few variants. **c)** Highly related populations with one genotype in common. Reconstructing the ancestral genotype in each patient helped identify the ancestral population: **d)** Nose-colonizing bacteria ancestral. **e)** Ambiguous ancestral population. **f)** Disease-causing bacteria ancestral. **g)** Phylogeny illustrating the working hypothesis that variants differentiating highly related nose-colonizing and disease-causing bacteria would be enriched for variants that promote infection. In **a-f**, haplotree nodes represent observed genotypes sampled from the nose (white) or infection site (grey), with area proportional to genotype frequency, or unobserved intermediate genotypes (black). Edges represent mutations. Patient identifiers and sample sizes (*n*) are given. In **a-g**, edge colour indicates that mutations occurring on those branches correspond to B-class variants between nose-colonizing and disease-causing bacteria (blue), C-class variants among nose-colonizing bacteria (gold) or D-class variants among disease-causing bacteria (red). Black dashed edges indicate ancestral lineages.

Figure 2. Genes, ontologies and pathways enriched for protein-altering substitutions between nose-colonizing and disease-causing bacteria within infected patients. a) Significance of enrichment of 2650 individual genes. **b)** Significance of enrichment of 552 gene sets defined by BioCyc gene ontologies. **c)** Significance of enrichment of 248 gene sets defined by SAMMD expression pathways. Genes, pathways and ontologies that approach or exceed a Bonferroni-corrected significance threshold of α = 0.05 (red lines) are named.

Figure 3. All genes contributing to the pathways and ontologies most significantly enriched for protein-altering substitutions between nose-colonizing and disease-causing bacteria. Every gene with at least one substitution between nose-colonizing and disease-causing bacteria and which was up- (red) or down- regulated (blue) in a significantly enriched pathway or a member of a significantly enriched ontology (blue) is shown. Above, the significance (-log₁₀ *p*-value) of the enrichment is shown. To the left, the number of altering (yellow/orange) and truncating (pink/red) B-class variants is shown, broken down by the population in which the mutant allele was found: nose (B_C; yellow/pink) or infection site (B_D; orange/red).

Table S1. List of all cultures included in the site, the site of infection (and any known source if bloodstream), number of isolates sequenced from each site, ST or CC by in silico MLST, number of variants found at each site and the mean pair-wise difference comparing isolates.

Table S2. List of all variants found within patients with *S. aureus* disease, location on shared reference (MRSA252), or position and reference genome name and accession number if variant could not be localised on MRSA252. Each variant is described by the alleles found, its location in gene, the predicted effect on gene product and the location of the variant on the phylogenetic tree.

Table S3. List of all variants found within long term asymptomatic carriers, location on shared reference (MRSA252), or position and reference genome name and accession number if variant was not localised on MRSA252. Each variant is described by the alleles found, its location in gene and the predicted effect on gene product.

Gene Ontology or Expression Pathway (Loci with protein-altering B_D-class variants within patients)	Number of variants*		*p*-value
	Within patients	Within carriers	
AgrA locus (SAR2126)	3/156	0/115	n.s.
Rsp transcriptional pathway (spa, SAR0143, clfA, SAR1014, SAR1745, ureA, ureG, SAR2427, fnbA, clfB, sasA, SAR2763)	16/147	0/109	0.0001 ***
SarA transcriptional pathway (SAR0109, spa, SAR0211, pyrAA, SAR1397, agrC, agrA, SAR2245, SAR2420, SAR2430, hlgB, fnbA, arcC, sasA, lip)	20/147	1/109 (agrC)	0.0001 ***
AgrA transcriptional pathway (spa, SAR0211, pyrAA, SAR1397, sucA, SAR1466, hemL, agrC, agrA, SAR2430, hlgB, hlgC, clfB, arcC, sasA, lip)	21/147	1/109 (agrC)	<0.0001 ***
Cell wall (spa, clfA, fnbA, clfB, sasA)	9/156	0/115	0.01 *
Cell adhesion (clfA, fnbA, clfB)	6/156	0/115	0.04 *
Pathogenesis (spa, SAR0115, SAR280, SAR0464, SAR0739, saeR, clfA, ebh, rot, SAR2035, SAR2448, hlgA, hlgB, fnbA, clfB, sasA)	21/156	2/115 (ebh)	0.0006**

Table S4. For all ontologies showing enrichment in within-patient B_D-class variants, we identified the genes with variants contributing to the signal. We counted the number of protein-altering variants in these genes within patients, and compared to the number in long-term asymptomatic carriers. P values calculated using Fisher's exact test. *Variant totals are different for SAMMD pathways (*rsp, agrA, sarA*) and Biocyc ontologies (cell wall, cell adhesion, pathogenesis) because pathway information is available for a different number of loci in each database.

Fig. S1. Genes, ontologies and pathways enriched for protein-altering transient variants within nose-colonizing and disease-causing bacteria. a) Significance of enrichment of 2650 individual genes. **b)** Significance of enrichment of 552 gene sets defined by BioCyc gene ontologies. **c)** Significance of enrichment of 248 gene sets defined by SAMMD expression pathways. C-class variants among nose-colonizing bacteria are coloured gold, D-class variants among disease-causing bacteria are coloured red. Genes, pathways and ontologies that approach or exceed a Bonferroni-corrected significance threshold of $\alpha = 0.05$ (red lines) are named.

Fig. S2. **Gene set enrichment analysis of B-class mutants occurring in the nose or the infection site**. Each point indicates the −log10 *p*-values of two tests for enrichment of protein-altering variants found among mutants in nose-colonizing bacteria vs disease-causing bacteria. The shape of each point represents the type of enrichment tested (squares: within 2650 genes in MRSA252, triangles: 552 Biocyc gene ontologies, circles: 248 SAMMD expression pathways). A line of 1:1 correspondence is plotted in red.

Fig. S3. Genes, ontologies and pathways enriched for protein-altering variants among longitudinally sampled asymptomatic nasal carriers. a) Significance of enrichment of 2650 individual genes. **b)** Significance of enrichment of 552 gene sets defined by BioCyc gene ontologies. **c)** Significance of enrichment of 248 gene sets defined by SAMMD expression pathways. Genes, pathways and ontologies that exceed a Bonferroni-corrected significance threshold of α = 0.05 (red lines) are named.

Fig. S4. Genes enriched for substitutions between nose-colonizing and disease-causing bacteria within patients are not the most rapidly evolving at the species level. An estimate of the d_N/d_S ratio between unrelated bacteria is shown for each gene, colour-coded by the number of protein-altering substitutions between nose-colonizing and disease-causing bacteria within patients. There was a negative Spearman rank correlation between d_N/d_S ratio and substitutions within patients ($\rho = -0.04$, $p = 0.02$).

Figure S5. **Gene set enrichment analysis is robust to species-level differences in d_N/d_S between genes**. For every locus, expression pathway and gene ontology, we estimated d_N/d_S between unrelated *S. aureus*. There was no relationship between d_N/d_S and enrichment of protein-altering substitutions between nose-colonizing and disease-causing bacteria in **a)** loci, **b)** ontologies nor **c)** pathways (non-significant correlations, $p > 0.05$). When we incorporated variability in d_N/d_S between genes in the gene set enrichment analyses, the results were robust for **d)** loci, **e)** ontologies and **f)** pathways, showing only small differences in significance (-$\log_{10}$ p-value) between the analyses that correct for locus length only (horizontal axes) and those that correct for locus length and d_N/d_S (vertical axes).