

Principles that govern competition or co-existence in Rho-GTPase driven polarization.

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Abstract Rho-GTPases are master regulators of polarity establishment and cell morphology. Positive feedback enables concentration of Rho-GTPases into clusters at the cell cortex, from where they regulate the cytoskeleton. Different cell types reproducibly generate either one (e.g. the front of a migrating cell) or several clusters (e.g. the multiple dendrites of a neuron), but the mechanistic basis for uni-polar or multi-polar outcomes is unclear. The design principles of Rho-GTPase circuits are captured by reaction-diffusion models based on conserved aspects of Rho-GTPase biochemistry. Some such models display rapid winner-takes-all competition between clusters, yielding a unipolar outcome. Other models allow prolonged co-existence of clusters. We derive a “saturation rule” general to all relevant models that governs the timescale of competition, and thereby predicts whether the system will generate uni-polar or multi-polar outcomes. We suggest that the saturation rule is a fundamental property of the Rho-GTPase polarity machinery, regardless of the specific feedback mechanism.

Introduction

Complex cell morphologies arise, in part, through the specialization of cortical domains (e.g., the apical and basal domains of epithelial cells, or the front and back of migratory cells). Elaboration of such domains involves the local accumulation of active Rho-family GTPases, which regulate cytoskeletal elements to promote specific downstream events, such as vesicle trafficking, membrane deformation, or directed growth (*Caceres et al., 2012; Etienne-Manneville and Hall, 2002; Yang, 2008*). For some cells, it is vital to establish a single specialized domain (e.g. the front of a migrating cell), whereas others require the establishment of multiple domains simultaneously (e.g. the dendrites of a neuron) (*Dotti et al., 1988; Wu and Lew, 2013*). The mechanistic basis for specifying uni- or multi-polar outcomes remains elusive.

Rho-family GTPases switch between GTP-bound active and GDP-bound inactive forms (*Figure 1A*). Active GTPases are tethered to the inner surface of the plasma membrane, where diffusion is slow. In contrast, inactive GTPases are preferentially bound by guanine nucleotide dissociation inhibitors (GDIs), which extract the bound GTPase to the cytoplasm, where their diffusion is comparatively fast. Activated GTPases can promote local activation of cytosolic GTPases via positive feedback. This generates a membrane domain with concentrated active GTPase, concomitantly depleting the cytosolic GTPase pool (*Figure 1B*). Synthesis and degradation of GTPases occurs on a slow

41 timescale compared to activation and inactivation (for example, in budding yeast the Rho-GTPase of
42 Cdc42 polarizes within 2 minutes but has a half-life of more than 20 hours) (*Gladfelter et al., 2001*;
43 *Howell et al., 2009*; *Wedlich-Soldner et al., 2004*). Thus, the general dynamics of the system can be
44 captured by mass-conserved activator-substrate (MCAS) models, with a slowly-diffusing activator
45 and a rapidly-diffusing substrate (*Figure 1C*) (*Goryachev and Pokhilko, 2008*; *Mori et al., 2008*;
46 *Otsuji et al., 2007*). Such models can generate local peaks of activator, reflecting the establishment
47 of a polarized concentration profile of active GTPase (*Figure 1D*).

48 Proposed MCAS models differ primarily in the formulation of the positive feedback mechanism.
49 One set of models yields Turing instability (*Goryachev and Pokhilko, 2008*; *Otsuji et al., 2007*), where
50 positive feedback is sufficient to amplify molecular-level fluctuations leading to peak formation.
51 Classically, Turing systems can generate single or multiple peaks (*Gierer and Meinhardt, 1972*;
52 *Turing, 1952*), depending on whether the size of the modeled domain is larger than a characteristic
53 wavelength dependent on the reaction and diffusion parameters. However, even when multiple
54 peaks emerge from the homogeneous state, most of the peaks in Turing-type MCAS models
55 eventually disappear through a process called “competition”, leaving a single large peak as the
56 winner (*Howell et al., 2012*; *Otsuji et al., 2007*; *Wu et al., 2015*). *Otsuji et al. (2007)* reasoned
57 that competition arose due to mass-conservation, and further suggested that this might be a
58 general behavior of Turing-type MCAS models. In biological systems, competition-like behavior
59 was observed during polarity establishment in yeast cells, where it was suggested to underlie the
60 growth of only one bud per cell cycle (*Howell et al., 2012, 2009*; *Wu et al., 2015*).

61 Another set of models relies on bistable reaction kinetics to produce “wave-pinning” behavior
62 (*Beta et al., 2008*; *Mori et al., 2008, 2011*; *Ozbudak et al., 2005*). Such models can generate mem-
63 brane domains with separate phases of uniform high or low activator concentrations connected
64 by a sharp “wavefront”. The wave front spreads laterally but eventually stops (gets pinned) due to
65 depletion of the cytoplasmic substrate, forming stable flat-topped mesa-like concentration profiles.
66 In the absence of spatial cues, wave-pinning models can generate multiple mesas when initiated
67 by random fluctuations (*Mori et al., 2008*). Multiple mesas in the wave-pinning model appear to
68 be “meta-stable” (*Jilkine and Edelstein-Keshet, 2011*; *Mori et al., 2011*) and do not readily exhibit
69 competition.

70 An attractive hypothesis for why some cells are uni-polar and others multi-polar would be that
71 these behaviors arise from differences in the biochemical mechanisms of positive feedback, yielding
72 competition in Turing-type or meta-stability in wave-pinning models. However, some Turing-type
73 MCAS models appear to switch to multi-polarity when domain size (*Jilkine and Edelstein-Keshet,*
74 *2011*; *Otsuji et al., 2007*) or protein amount (*Howell et al., 2012*) is increased. Thus, it could be that
75 parameter values (protein concentration, catalytic activity, cell size, etc.) rather than regulatory
76 feedback mechanisms dictate whether uni- and multi- polar outcomes are observed.

77 Here, we investigate the transient multi-peak scenario, and show that both wave-pinning and
78 Turing-type models are capable of generating uni- or multi-polar outcomes. The switch between uni-
79 and multi-polarity is primarily dictated by a “saturation rule” that is general to MCAS models: Every
80 biologically relevant model has an innate saturation point that sets the maximum local Rho-GTPase
81 concentration. When peaks form such that peak concentrations are well below this saturation
82 point, competition is effective and multi-polar conditions resolve rapidly to a uni-polar steady state.
83 However, if the GTPase concentration in two or more peaks approaches the saturation point, then
84 competition becomes ineffective, and the peaks become meta-stable. Because the saturation rule
85 does not depend on the specifics of the biochemical reactions, our results yield general and testable
86 predictions.

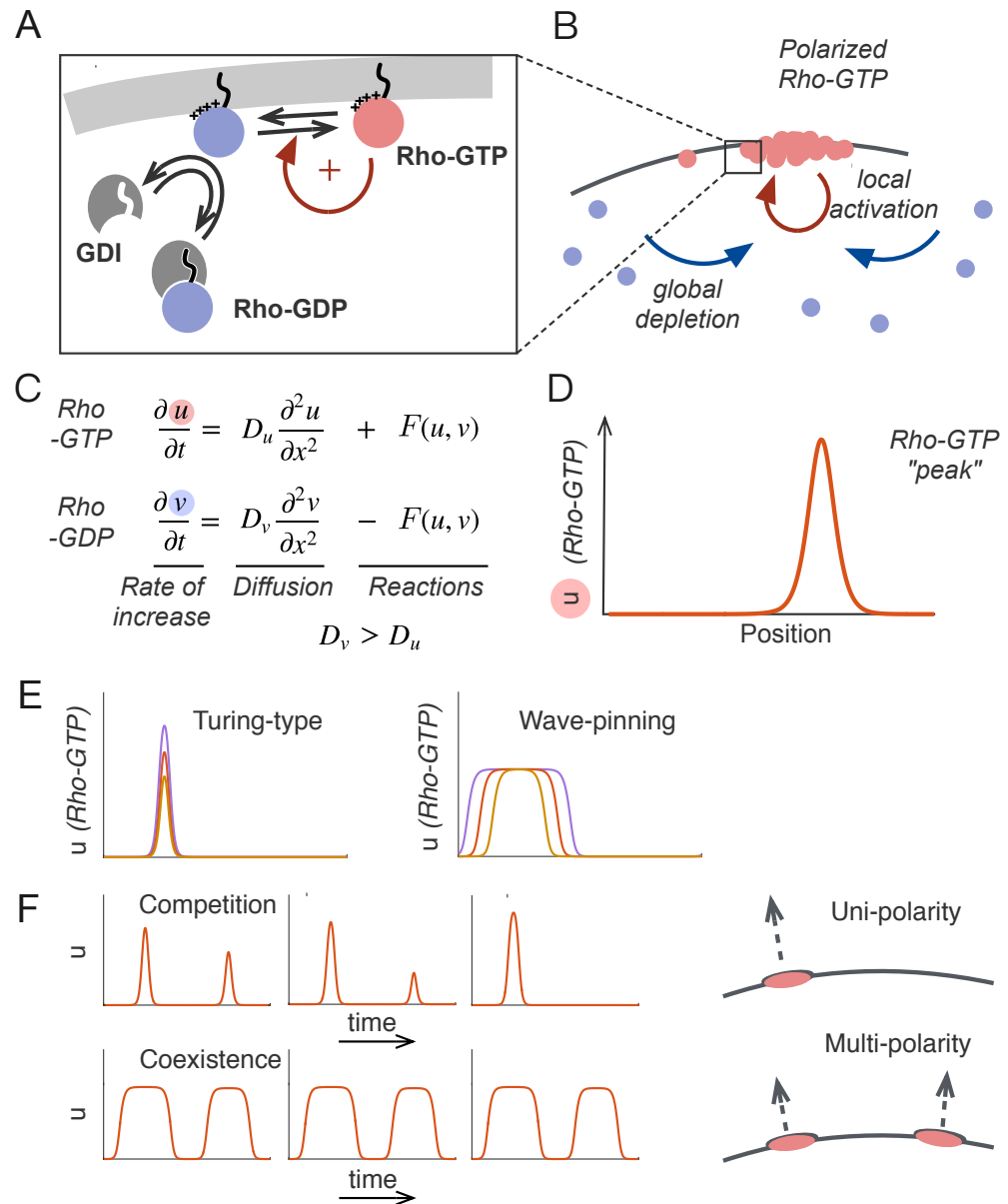


Figure 1. Polarity establishment and competition in mass conserved activator-substrate (MCAS) models.

A) Rho-GTPases are tethered to the plasma membrane by prenylation. The inactive GDP-bound form, or “substrate”, is preferentially bound by the GDI, masking the prenyl group and extracting the substrate to the cytoplasm. The active GTP-bound form, or “activator”, promotes local activation of more substrate, yielding positive feedback. B) Local activation via positive feedback and depletion of the substrate in the cytosol generates an activator-enriched domain on the cortex. C) The interconversions of Rho-GTPases between active and inactive forms can be modeled as a system of two reaction-diffusion equations governing the dynamics of the slowly-diffusing activator u and the rapidly-diffusing substrate v . The model is mass-conserved: generation of u is precisely matched by consumption of v (and vice versa) in the reaction term $F(u, v)$. D) MCAS models generate peaks in the profile of u , representing concentrated active Rho-GTPase on the membrane. E) Turing-type models (Equation 4) can generate sharp peaks of different heights, while wave-pinning models (Equation 5) can generate flat-topped mesas of different width, when total Rho-GTPase content M increases. $M = 4, 6, 10$ for Turing-type model and $M = 30, 40, 50$ for wave-pinning model. F) When two peaks of unequal size form in Turing-type models, they compete rapidly and resolve to a single peak, whereas two mesas of unequal size in Wave-pinning models are meta-stable. Parameter values are $a = 1 \mu\text{m}^2$, $b = 1 \text{s}^{-1}$ and $D_u = 0.01 \mu\text{m}^2\text{s}^{-1}$, $D_v = 1 \mu\text{m}^2\text{s}^{-1}$ for both models, and $k = 1 \mu\text{m}^2$ for wave-pinning model. All models were simulated on domain size $L = 10 \mu\text{m}$.

87 Results

88 MCAS model behaviors

89 Two-species MCAS systems consist of two partial differential equations (PDEs), governing the
90 dynamics of a slowly diffusing activator (GTP-bound GTPase at the membrane) u , and a rapidly
91 diffusing substrate (GDP-bound GTPase in the cytoplasm) v . In one spatial dimension, these systems
92 take the general form:

$$\frac{\partial u}{\partial t} = D_u \frac{\partial^2 u}{\partial x^2} + F(u, v) \quad (1a)$$

$$\frac{\partial v}{\partial t} = D_v \frac{\partial^2 v}{\partial x^2} - F(u, v) \quad (1b)$$

93 where the dynamics of u and v are governed by a diffusion term and a reaction term, $F(u, v)$. To
94 reflect the different compartments (membrane and cytoplasm) populated by the different species,
95 the diffusion constant of u , D_u , is typically two orders of magnitude smaller than D_v , so that u
96 spreads much more slowly than v . $F(u, v)$ describes the biochemical interconversions between u
97 and v .

$$F(u, v) = f(u)v - g(u) \quad (2)$$

98 For GTPases, the inactive form of the GTPase v is converted to the active form u through the
99 action of guanine nucleotide exchange factors (GEFs) $f(u)$, while u is converted to v through the
100 action of GTPase activating proteins (GAPs) $g(u)$. The functions $f(u)$ and $g(u)$ take into account
101 potential positive feedback mediated by the active GTPase. Because the inactive GTPase is not
102 thought to participate in biochemical reactions other than as a substrate to produce active GTPase,
103 under the assumption of mass action kinetics v appears only in the activation term. As the model
104 assumes only the exchange between u and v , but not synthesis or degradation of either, the system
105 is mass-conserved, so that the total abundance of the GTPase $M = \int (u + v) dx$ is a constant over
106 time.

107 Generation of a GTPase-enriched domain in MCAS models occurs through positive feedback
108 leading to local accumulation of the activator, u , and concomitant depletion of the substrate, v .
109 Locally depleted v is quickly resupplied from the whole cytoplasm due to its high mobility, resulting
110 in a global depletion of v . This reduces the net rate, $F(u, v)$, at which fresh u is generated (**Equation 2**),
111 impeding further growth of the u -enriched domain, and the system reaches a steady state. At
112 steady state, reaction and diffusion must be balanced at all local positions x :

$$0 = D_u \frac{\partial^2 u}{\partial x^2} + F(u, v) \quad (3a)$$

$$0 = D_v \frac{\partial^2 v}{\partial x^2} - F(u, v) \quad (3b)$$

113 Given a total protein content M , these equations govern the steady state peak shape $u(x)$ and
114 substrate level $v(x)$ for a single peak in an MCAS model (Further discussed in **Box 1** and Methods
115 section).

116 Positive feedback can occur through $f(u)$ (i.e. active GTPase locally stimulates GEF activity) or $g(u)$
117 (i.e. active GTPase locally inhibits GAP activity). Examples of feedback via GEF activation include the
118 simple Turing-type model $f(u) = au^2$, $g(u) = bu$, Goryachev's simplified model $f(u) = au^2 + cu$, $g(u) = bu$
119 (**Goryachev and Pokhilko, 2008**), and Mori's wave-pinning model $f(u) = \frac{au^2}{1+ku^2}$, $g(u) = bu$ (**Mori et al.,**
120 **2008**). Examples of feedback via GAP inhibition include $f(u) = 1$, $g(u) = \frac{bu}{(1+u)^2}$, which resembles
121 model I in (**Otsuji et al., 2007**). To illustrate the behaviors of different MCAS models, we simulated
122 examples of Turing-type and wave-pinning MCAS models:

$$F(u, v) = au^2v - bu \quad (4)$$

$$F(u, v) = \frac{au^2}{1 + ku^2}v - bu \quad (5)$$

123 With the appropriate choice of parameters, the Turing-type model (**Equation 4**) yields a peak
124 given any spatial perturbation of the homogeneous steady state, while the wave-pinning model
125 (**Equation 5**) requires a supra-threshold perturbation to destabilize the homogeneous state. The
126 Turing-type model yields a sharp peak at steady state, while the wave-pinning model yields a flat-
127 topped mesa (**Figure 1E**). Simulations with greater total amounts of GTPase M yield higher peaks in
128 the Turing-type model, but broader mesas (with the same peak height) in the wave-pinning model
129 (**Figure 1E**), and simulations initiated with two unequal peaks yield rapid competition in the Turing-
130 type model but apparent co-existence in the wave-pinning model (**Figure 1F**). These behaviors
131 are all consistent with previous reports (**Mori et al., 2008, 2011; Otsuji et al., 2007; Ozbudak et al.,**
132 **2005**). To understand these different behaviors, we first revisit the basis for competition.

133 **Competition between peaks arises from a difference in the ability of unequal peaks** 134 **to recruit cytoplasmic GTPase.**

135 When two unequal peaks are present in the same domain, each peak recruits GTPase from
136 the cytoplasm, thereby globally depleting cytoplasmic GTPase. As exchange of GTPase between
137 each peak and the cytoplasm is dynamic, the two peaks are effectively recruiting GTPase from one
138 another. If the larger peak (the one that contains more GTPase) recruits GTPase more effectively, it
139 will grow at the expense of the smaller peak, eventually yielding a uni-polar outcome (**Figure 2A,**
140 **scenario 1**). If instead, the smaller peak recruits GTPase more effectively, then it will grow while
141 the larger peak shrinks, eventually yielding two equal peaks, as observed in some more complex
142 models (**Howell et al., 2012**) (**Figure 2A, scenario 2**). If two unequal peaks recruit GTPase equally,
143 then the two unequal peaks would simply coexist (**Figure 2A, scenario 3**).

144 To understand how these considerations play out for different peaks, we need to know which
145 peak will recruit more GTPase. To assess how much GTPase would be recruited to a specific peak,
146 consider first the Turing-type model (**Equation 4**) in the limit $D_v \rightarrow \infty$. This model combines a
147 quadratic (in u) activation term with a linear inactivation term (**Figure 2B**). Thus, for a fixed value
148 of v , there are two values of u at which activation and inactivation balance each other precisely
149 (i.e. fixed points of the net activation curve $F(u, v)$, **Figure 2C**). Given the concentration profile of a
150 peak (**Figure 2D, upper panel**), $F(u, v)$ determines whether any given location on the membrane will
151 gain GTPase from the cytoplasm or lose GTPase to the cytoplasm (**Figure 2D, lower panel**). At the
152 trough in **Figure 2D** (u_{\min}), u approaches the lower fixed point of $F(u, v)$, yielding no net gain or loss of
153 GTPase. On the lower flanks of the peak, u values lie between the two fixed points, and inactivation
154 outpaces activation, so there is a net loss of u (**Figure 2B, C and D**). When u rises above the higher
155 fixed point of $F(u, v)$, up until the top of the peak (u_{\max}), there is net recruitment of GTPase from
156 the cytoplasm (**Figure 2B, C, and D**). At steady state, the net loss from u_{\min} to the higher fixed point
157 (blue area in **Figure 2B, C**) is balanced by the net recruitment from the higher fixed point to u_{\max}
158 (red area in **Figure 2B, C, Box 1**). Additionally, diffusion from the center of the peak to the flanks
159 balances these flows of GTPase, requiring a sharp-topped peak (where negative $\frac{\partial^2 u}{\partial x^2}$ counteracts net
160 recruitment at the center: **Equation 3**) (**Figure 2D**). We could generate a larger peak by increasing
161 the total GTPase content (M) of the system: positive feedback would then drive more GTPase into
162 the peak, so u_{\max} would increase to yield greater net activation in the center of the peak, resulting in
163 more severe depletion of cytoplasmic v and hence shifting $F(u, v)$ (**Figure 2E**). At steady state, the
164 red and the blue areas (though each larger than for the smaller peak) would once again be equal.

221 Now consider a scenario in which two unequal peaks are present in the same domain. Both
222 peaks would grow until cytoplasmic v becomes sufficiently depleted. In the limit where $D_v \rightarrow \infty$, v
223 will reach this concentration, v^* , throughout the cytoplasm shared by both peaks. Therefore, the
224 same net reaction curve will apply to both peaks, but they will have a different u_{\max} (**Figure 2F**). The
225 overall recruitment or loss of GTPase for each peak $u(x)$ sharing a common v^* is given by:

$$\int F(u, v^*) dx \quad (9)$$

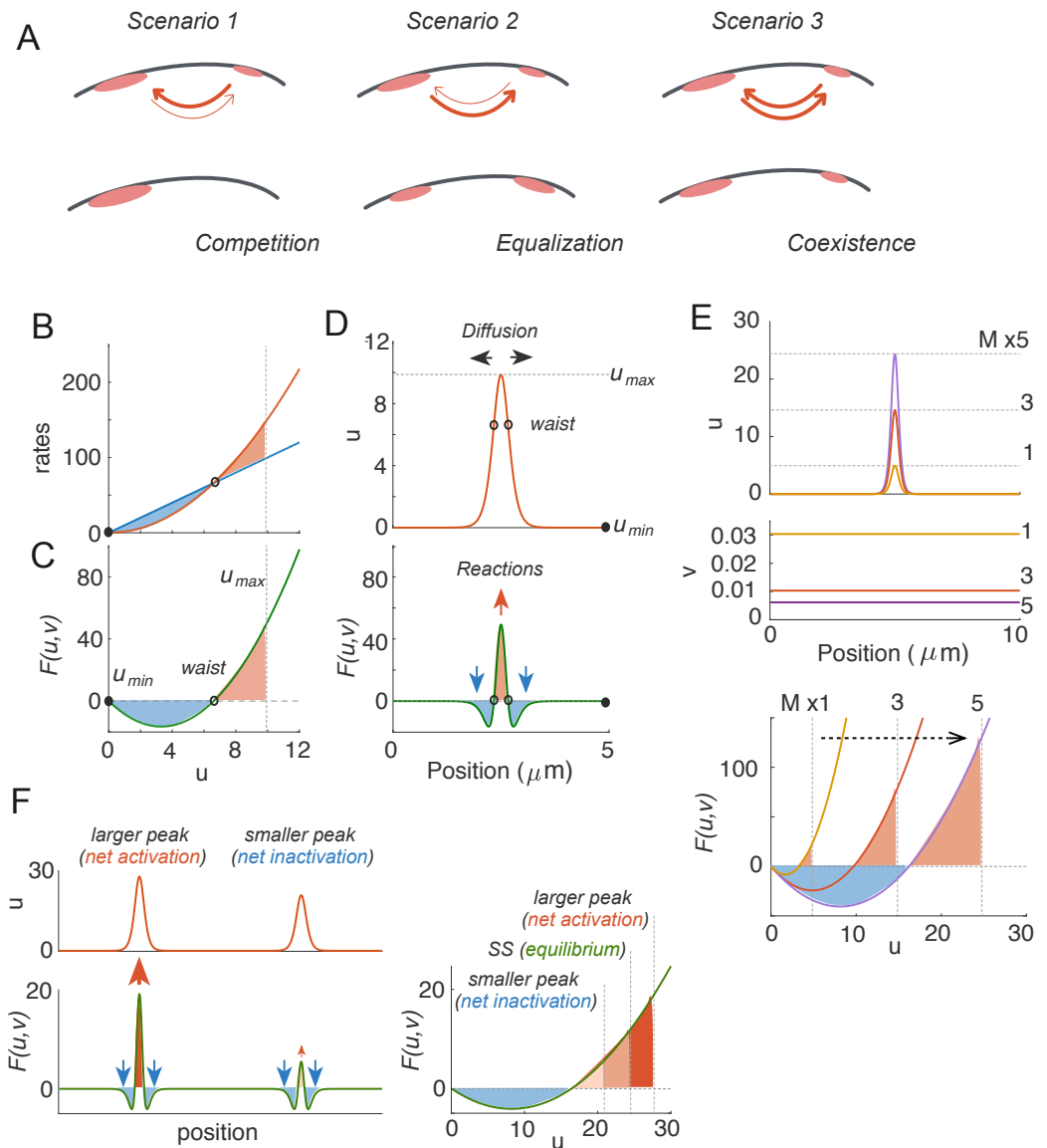


Figure 2. The basis for competition.

A) Possible outcomes when there are two unequal clusters of Rho-GTPase in the same cell. Scenario 1: competition occurs if larger clusters recruit GTPase more efficiently than smaller clusters. Scenario 2: equalization occurs if smaller clusters recruit GTPase more efficiently than larger clusters. Scenario 3: co-existence occurs if both clusters recruit GTPase equally well. B-F: Turing-type model with $D_v \rightarrow \infty$. B) Rate balance plot: activation and inactivation rates are balanced at two fixed points of $F(u, v)$. Filled circle indicates stable fixed point, and empty circle indicates unstable fixed point. C) Net activation (shaded red) and net inactivation (shaded blue) from the trough (u_{\min}) to the top (u_{\max}) of the peak must be balanced at steady state (**Box 1**). This determines the peak height (u_{\max}). D) Net activation at the center of the peak is balanced by diffusion, which drives GTPase towards the flanks, where there is net inactivation. E) If total GTPase content is raised, the model generates higher peaks (larger u_{\max}), accompanied by more severely depleted v , which lowers $F(u, v)$ such that the blue and red shaded areas are once again balanced. F) When two peaks are present, they share the same v and hence the same $F(u, v)$ curve. The larger peak will always have excess net activation, and the smaller peak will always have excess net inactivation, so competition is inevitable. Parameter values used: $a = 1 \mu\text{m}^2$, $b = 1 \text{s}^{-1}$ and $D_u = 0.01 \mu\text{m}^2\text{s}^{-1}$, $D_v = \infty$. All models were simulated on domain size $L = 10 \mu\text{m}$.

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Box 1. Intuitive description of the steady state solutions by analogy to Newtonian physics.

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A steady state is reached when the three fluxes, diffusion, activation (conversion of v to u) and inactivation (conversion of u to v), reach equilibrium at all spatial positions (**Equation 3**). To satisfy this condition, the total difference between the activation and inactivation curves (area shaded from the bottom to the top of the peak in **Figure 2B-E**) is zero. This can be understood as follows.

First, at steady state, we can rewrite **Equation 3a** in the form

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$$-F(u, v) = D_u \frac{d^2 u}{dx^2} \quad (6)$$

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In the general scenario $D_v < \infty$, $v = -D_u/D_v + q$ (**Equation 11**), where q is a constant representing the basal substrate level. In the limit $D_v \rightarrow \infty$, $v = q$.

This equation (**Equation 6**) has the same form as Newton's second law $F = ma$, where $-F(u, q)$ is analogous to the force, D_u is analogous to the mass, u is analogous to the position, and "x" is analogous to time. The relationship between the "force" and the "position" (u) is governed by $-F(u, q)$. Equivalent to this equation is the condition for conservation of energy,

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$$H = \int D_u \frac{d^2 u}{dx^2} du + \int F(u, v) du \quad (7a)$$

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$$= E_k + \Phi(u, q) \quad (7b)$$

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where the constant H is the total energy and the kinetic and potential energies are defined by the relations

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$$E_k = \frac{1}{2} D_u \left(\frac{du}{dx} \right)^2, \quad F(u, q) = \frac{\partial \Phi(u, q)}{\partial u}$$

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respectively.

A	
Newton Physics	MCAS steady states
t	time x
$x(t)$	trajectory $u(x)$
m	mass D_u
$F(x) = m \frac{\partial^2 x}{\partial t^2}$	force $-F(u, q) = D_u \frac{\partial^2 u}{\partial x^2}$
$\Phi(x) = -\int F(x) dx$	Potential Energy $\Phi(u, q) = \int F(u, q) du$
$H = \Phi(x) + E_k$	Energy Conservation $H = \Phi(u, q) + E_k$

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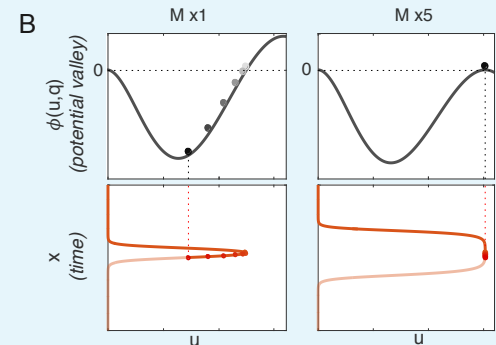
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The **concentration profile** $u(x)$ is now analogous to the **spatiotemporal trajectory** of a ball rolling under gravity on a 1D potential valley defined by $\Phi(u, q)$ (B, left panel; Video 1). When the ball is at the left edge of the valley, which corresponds to the bottom of a concentration profile (u_{\min}), it has maximum potential energy and zero kinetic energy. As the ball rolls down, potential energy transforms into kinetic energy, until it reaches the bottom of the valley, where it has maximal kinetic energy and minimal potential energy. This corresponds to the waist of the peak in the concentration profile, where the slope of u (du/dx) is steepest. The ball slows down as it rolls up the other side of the valley, and eventually stops at a position analogous to the top of the concentration peak (u_{\max}).



205 Due to energy conservation, the ball must reach the same level at the right edge as at the
206 left edge of the valley. Since Φ is the integral of $F(u, v)$, energy conservation in the Newtonian
207 analogy demands that the area between the activation curve and the inactivation curve from
208 the bottom to the top of the peak sums up to zero. This has been referred to as the "**wave-**
209 **pinning condition**" (*Mori et al., 2008*), but applies to other MCAS models as well.
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$$212 \int_{u_{\min}}^{u_{\max}} F(u, q) du = 0 \quad (8)$$

214 With the Newtonian analogy, it follows that the flat top of a mesa corresponds to the ball
215 staying at u_{\max} for a long "time" x . This only occurs when the ball has just enough energy to
216 reach the top of the potential valley (local maximum of Φ) on the right, where the force on the
217 ball ($F(u, q)$) approaches zero (B, right panel; Video 2). Therefore, the conditions for a mesa to
218 occur are 1) that $F(u, q)$ has a third fixed point, and 2) that the substrate level q is low enough
219 so the top of the potential valley (local maximum of Φ) reaches the same potential as the left
220 edge of the valley, which means that u_{\max} approaches the third fixed point of $F(u, q)$.

226 The higher the u_{\max} of a peak, the larger the overall recruitment, demonstrating that the larger
227 peak has a stronger "recruitment power" than the smaller peak (*Figure 2F*). Thus, in a scenario with
228 unequal peaks in the same domain, the larger peak experiences a net gain of GTPase, while the
229 smaller peak experiences a net loss, further exacerbating the inequality between the two peaks
230 until the smaller peak is eliminated. The Turing model (*Equation 4*) with $D_v \rightarrow \infty$ always competes
231 to yield a uni-polar endpoint (scenario 1 in *Figure 2A*).

232 The argument above requires only mass-conservation and non-linear positive feedback, which
233 is a core requirement for polarization in general (*Gierer and Meinhardt, 1972*). Therefore, it would
234 seem that all MCAS models should compete, regardless of the specific $F(u, v)$. To verify this, we
235 generated steady states with two symmetric peaks in a domain, and performed linear stability
236 analysis to show that such steady states are unstable (See Methods section, *Figure 9*). Perturbations
237 that destabilize the steady state yield either competition between the peaks or merging of the peaks.
238 Here we focus on competition. Our analysis in the limit of $D_v \rightarrow \infty$ indicates that given sufficient
239 time, two peaks will always compete to produce a single peak. This result does not depend on the
240 form of $F(u, v)$.

241 **Competition slows down dramatically due to saturation.**

242 If competition (scenario 1 in *Figure 2A*) applies to all MCAS models, then why did we not observe
243 competition in simulations of the Wave-pinning model (*Figure 1G*)? In contrast to the Turing-type
244 model (*Equation 4*), the reaction term of the Wave-pinning model (*Equation 5*) has saturable positive
245 feedback, introducing a third fixed point in $F(u, v)$ (*Figure 3A*). When the total protein content in
246 the system is small, u_{\max} does not approach this fixed point (*Figure 3B*). Under these conditions,
247 sharp-topped peaks compete with each other to yield a uni-polar outcome, as with the Turing-type
248 model (*Figure 3C*). But when protein content of the peak is increased, u_{\max} approaches the third
249 fixed point, and the net activation rate $F(u, v)$ at the top of the peak approaches zero (*Figure 3B*).
250 To satisfy the steady-state condition (*Equation 3a*), $\frac{\partial^2 u}{\partial x^2}$ must also approach zero. In other words,
251 the top of the peak must broaden to become a flat-topped mesa. Once this occurs, increasing M
252 only negligibly increases u_{\max} , and instead of developing higher peaks the model develops broader
253 mesas with comparable u_{\max} (*Figure 3B*). We shall call this maximum value the "saturation point"
254 (u_{sat}) of the model.

255 When u_{\max} approached the saturation point u_{sat} , simulations with two flat-topped peaks did not
256 show obvious competition (*Figure 3D*). Applying a drastic perturbation in which 50% of the GTPase
257 in one peak was transferred to the other led to a rapid adjustment with both peaks returning to an
258 almost identical u_{\max} but with different peak widths, after which the unequal peaks co-existed for

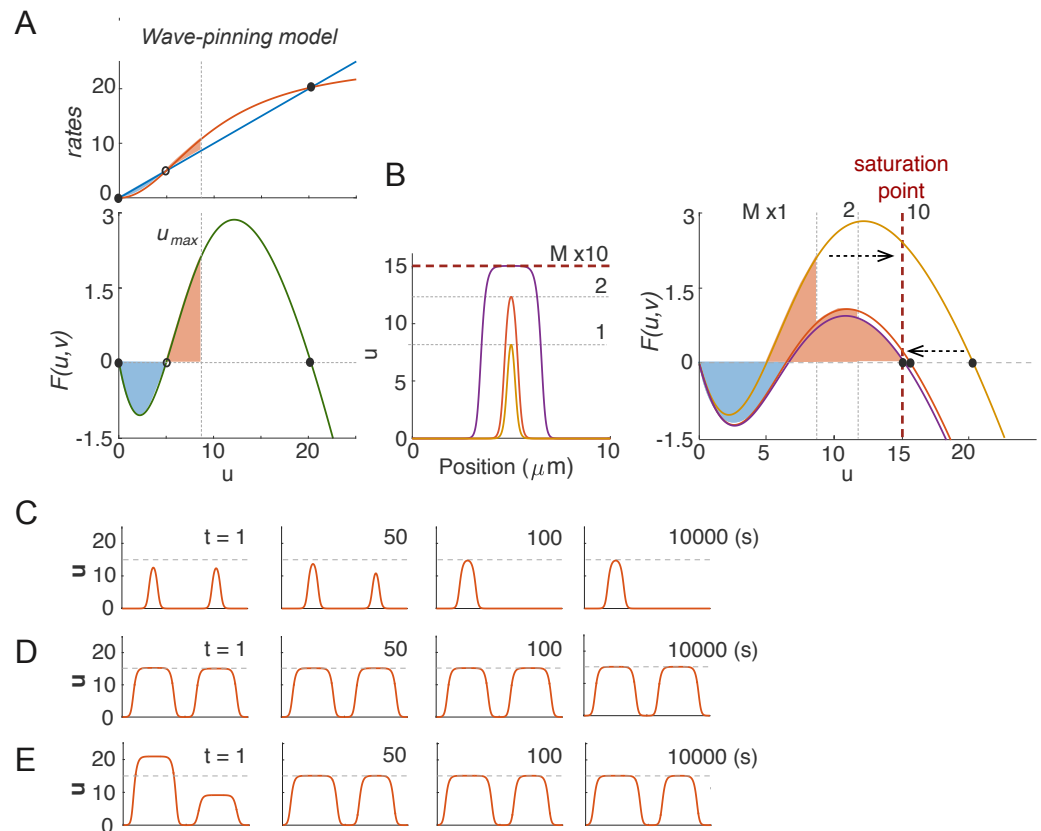


Figure 3. Competition in Wave-pinning models.

A) The wave-pinning model has a saturable activation term, introducing a third fixed point in $F(u, v)$. Dashed line indicates u_{sat} . Circles indicate stable (filled) and unstable (empty) fixed points. B) As total GTPase levels M increase, the peaks get higher until u_{max} reaches the saturation point (the third fixed point), after which peaks broaden into mesas. C) With $M = 40$, two identical peaks were perturbed by 1% at $t = 0$ s. The resulting competition led to a single-peak steady state within 100 s. D) With $M = 200$, the same 1% perturbation did not result in noticeable competition in 10000 s. E) Starting from the same two-peak steady state as in D, we introduced a large 50% perturbation. The two mesas quickly evolved back to the original u_{max} , and then persisted for 10000 s. $k = 0.01 \mu\text{m}^2$. Other parameters same as **Figure 2**.

259 prolonged simulation times (**Figure 3E**) (Note that the two peaks did not “equalize”: they retained
 260 unequal total GTPase content.) Thus, the same model can yield rapid competition or competition
 261 so slow as to yield prolonged co-existence, simply as a result of varying the total amount of GTPase
 262 in the system.

263 To investigate more broadly how model parameters might influence the timescale of competition
 264 between peaks, we simulated competition between two unequal peaks in the Wave-pinning model,
 265 in the limit with $D_v \rightarrow \infty$. If we start with a two-peak steady state and noise, the two peaks will
 266 eventually resolve to one, given sufficient time. As a measure of competition time that should be
 267 insensitive to the precise degree of the noise, we tracked the time it took for unequal peaks with
 268 active GTPase content ratio 3:2 to evolve to a content ratio of 99:1. Parameter changes caused
 269 dramatic changes in competition times, color coded on a log scale in **Figure 4A**. Notably, increasing
 270 M always led to slower competition (**Figure 4A**, left panel). As discussed above, increasing GTPase
 271 content causes u_{max} to approach the saturation point. Defining a saturation index in terms of how
 272 closely u_{max} at the two-peak steady state approached the saturation point ($(u_{sat} - u_{max})/u_{sat}$), we found
 273 that the effects of varying parameters on the saturation index closely paralleled the parameter

274 effects on the timescale of competition (**Figure 4A**, right panel). A similar congruence was observed
275 using peak width as a different measure of how closely the system approaches saturation (**Figure 4-**
276 **Figure supplement 1**). These findings suggest that a large majority of the variation in competition
277 times can be explained simply by the degree to which peaks in the model approach the saturation
278 point.

279 If we plot competition time against u_{\max} normalized to the saturation point, all of the simulations
280 with different parameter values display one of two clearly distinct behaviors (**Figure 4B**). Parameter
281 changes can alter GTPase content in the peaks (**Figure 4A,B**, point 1 vs 2), the saturation point (point
282 3 vs 4), or the shapes of the peaks (point 5 vs 6). In all cases, whenever u_{\max} is not close to saturation,
283 competition occurs rapidly. Conversely, as u_{\max} approaches the saturation point, competition slows
284 sharply and the two-peak situation becomes meta-stable, resembling the co-existence scenario 3 in
285 **Figure 2A**.

286 The basis for the drastically slowed competition in simulations with peaks close to saturation
287 can be intuitively understood in terms of each peak's "recruitment power" (**Equation 9**). When peaks
288 approach saturation, unequal peaks differ in width but have almost identical u_{\max} and hence only a
289 negligible difference in recruitment power (**Figure 4C**). At the flat tops of the peaks, $F(u, v) = 0$, so
290 the peak tops (of any width) do not contribute to overall recruitment. For that reason, the extra
291 GTPase in a broader peak does not give it a significant advantage over the narrower peak, and the
292 driving force for competition is negligible.

293 Analysis of the eigenvalues from linear stability analysis of this system shows that the timescale
294 of competition slows exponentially as the peaks increase in width. This conclusion, again, is general
295 to all MCAS models and can be applied to all formulations $F(u, v)$ that allow a third fixed point (See
296 methods section, **Figure 9**).

297 **Local cytoplasmic depletion also leads to saturation and slow competition.**

298 When cytoplasmic diffusion is finite ($D_v < \infty$), a saturation point emerges even if there is no
299 explicit saturation in the reaction term. With finite D_v , increasing M in the Turing-type model
300 (**Equation 4**) yields flat-topped peaks that become broader as M increases (**Figure 5A**), similar to
301 that seen with the wave-pinning model (**Equation 5**).

302 To understand this behavior, recall that at steady state, **Equation 3** must hold. Adding **Equa-**
303 **tion 3a** and **Equation 3b**, integrating and enforcing the periodic boundary condition yields a linear
304 relationship between u and v , regardless of the reaction term:

$$v = -\frac{D_u}{D_v}u + q \quad (10)$$

305 where q is a constant over space that represents the baseline cytoplasmic level of v , due to global
306 depletion of substrate GTPase. This reflects the fact that in addition to global substrate depletion,
307 activation due to positive feedback depletes v locally under a peak of u , creating a "dip" in the
308 concentration of the cytoplasmic GTPase v that corresponds to the peak of u in a linear manner
309 (**Figure 5B**).

310 Local depletion results in an emergent saturation effect, because substituting **Equation 10** into
311 the reaction term of the Turing type model (**Equation 4**) gives:

$$F(u, q) = au^2 \left(-\frac{D_u}{D_v}u + q \right) - bu \quad (11)$$

312 This new reaction term $F(u, q)$ is a cubic in u , and can have three fixed points (**Figure 5C**). The upper
313 fixed point reflects the u concentration at which local depletion of v precisely balances the net
314 recruitment of u , yielding an emergent saturation point. Thus, even when there is no saturation
315 inherent in the reaction term of the model, local depletion of v under the peak acts to limit local
316 production of u , introducing a saturation effect. Given sufficient total mass M , u_{\max} approaches this
317 saturation point, resulting in a flat-topped peak for reasons described above with the wave-pinning

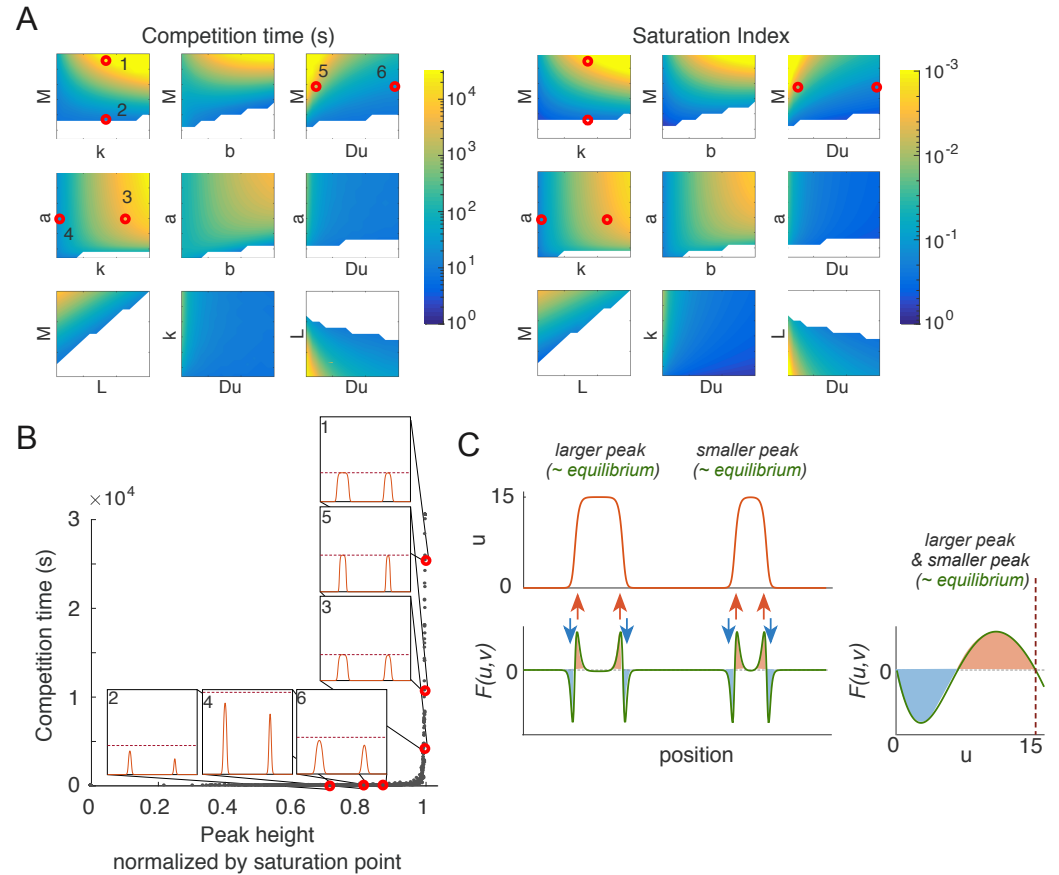


Figure 4. Saturation is a major contributor to differences in competition times.

A) Competition time and saturation are tightly correlated. Competition time (s) is shown in color (note log scale). Saturation index is defined here as $(u_{\text{sat}} - u_{\text{max}})/u_{\text{sat}}$, and colored in inverse log scale (smaller saturation index indicates peaks are closer to saturation). Basal parameters: $a = 1 \mu\text{m}^2\text{s}^{-1}$, $b = 1 \text{s}^{-1}$, $k = 0.01 \mu\text{m}^2$ and $D_u = 0.01 \mu\text{m}^2\text{s}^{-1}$, $D_v = \infty$, $M = 40$, $L = 20 \mu\text{m}$. Each color plot represents a 15-fold parameter variation from 0.2x \sim 3x of the basal parameter value. White regions indicate parts of parameter space where polarized states collapse to homogeneous states. Numbered red dots correspond to the simulations illustrated in the inset of panel B). B) Each of the simulations performed for panel A) is plotted as one dot. Competition time (Y axis) is plotted against peak height u_{max} normalized to the saturation point u_{sat} for that simulation (X axis). Inset graphs indicate starting conditions for the selected simulations with parameters indicated by red dots in A). C) When two mesas coexist, they share the same $F(u, v)$ curve and almost the same u_{max} . Thus, the wider peak has a negligible recruitment advantage over the narrower one.

Figure 4-Figure supplement 1. Peak width, ℓ_{mesa} , is a robust indicator of saturation over a broad range of system parameters. Data points collected from simulations in **Figure 4A**.

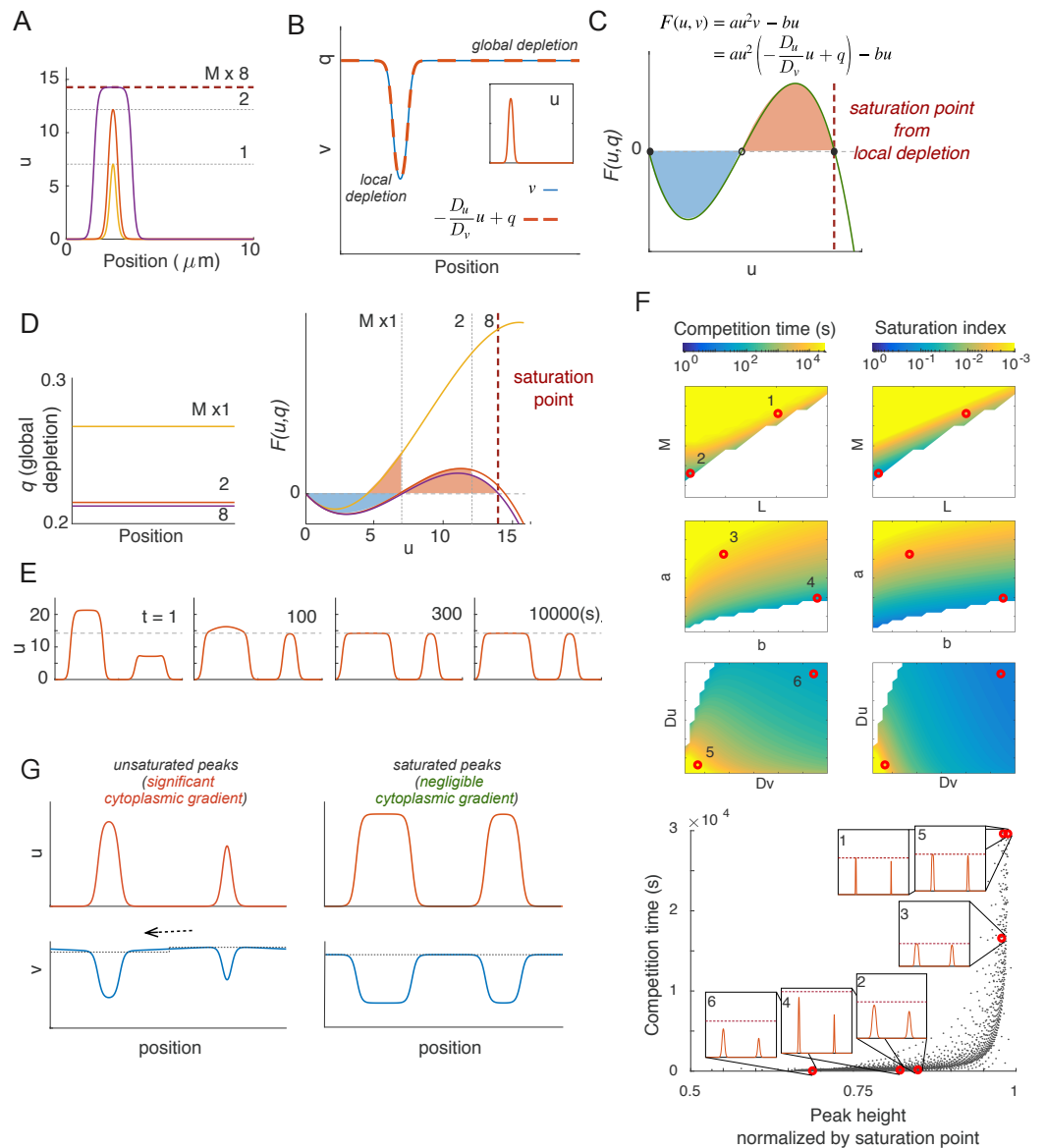


Figure 5. Local substrate depletion leads to saturation and slow competition.

A) Turing-type model with $D_v < \infty$ displays a transition between sharp peaks and flat-topped mesas with increased M . B) Local depletion of v in the cytoplasm beneath the peak results in a linear relationship between the concentration profile of v and u . Inset indicates u profile. C) The effect of local depletion transforms the reaction term of the Turing-type model from a quadratic $F(u, v)$ to a cubic $F(u, q)$, yielding a third fixed point. D) The cubic reaction term $F(u, q)$ results in a behavior similar to that of the wave-pinning model: When M is low, q is high, and the peak is sharp; when M increases, depletion of cytoplasmic substrate makes $F(u, q)$ drop, and u_{\max} eventually approaches a saturation point. E) Peaks saturated by local depletion are meta-stable. F) Saturation index correlates with competition timescale. Simulations and display as in **Figure 4A,B**. Parameter variations in a vs b and D_u vs D_v consist of 30×30 simulations each of $0.1 \times \sim 3 \times$ the basal parameter values. Parameter variations in M vs L consists of 15×15 simulations of $0.2 \sim 3 \times$ basal parameter values. Basal parameters are as in **Figure 4A**, except that $D_v = 1 \mu\text{m}^2 \text{s}^{-1}$. Graph shows all simulations plotted as in **Figure 4B**, with illustrative simulations corresponding to numbered red dots. G) When D_v , the basal cytoplasmic substrate concentration underneath each peak (shown in dashed lines) quickly reaches a quasi-steady state with the peak. The stronger the recruitment power of the peak, the lower the basal cytoplasmic substrate level. This creates a cytoplasmic gradient when two peaks have different recruitment power, resulting in a cytoplasmic flux towards the larger peak. The gradient becomes negligible when both peaks are saturated, resulting in meta-stable peaks.

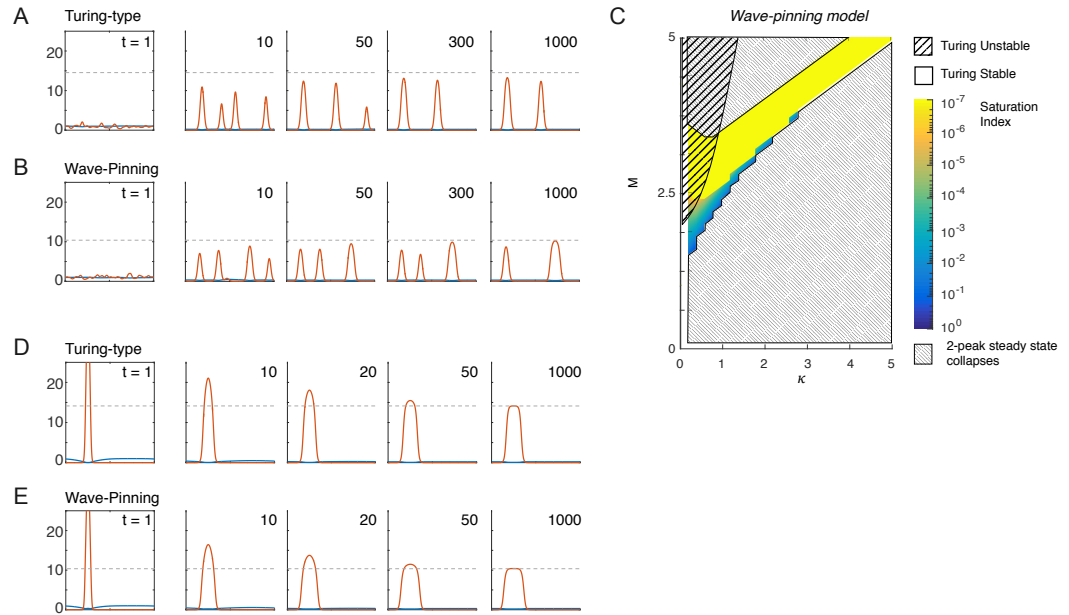


Figure 6. Turing instability and wave-pinning behavior in both the Turing-type and the Wave-Pinning models.

A, B) Simulations of Turing-type (*Equation 4*) and Wave-Pinning model (*Equation 5*). u is indicated in red, v in blue. Dashed line indicates the saturation point. $M = 2$, $D_u = 0.01 \mu\text{m}^2\text{s}^{-1}$, $D_v = 1 \mu\text{m}^2\text{s}^{-1}$ for both models; $k = 0 \mu\text{m}^2$ for the Turing-type model and $k = 0.01 \mu\text{m}^2$ for the Wave-Pinning model. C) Behaviors of the Wave-Pinning model. Stability of the homogeneous steady state was calculated as in methods section. Saturation index was extracted from simulated 2-peak steady states, plotted in color in log scale. Uncolored regions indicate parameter spaces where the 2-peak steady state collapses to the homogeneous steady state. D,E) Both the Turing and the Wave-Pinning model can manifest wave-pinning behavior. Initial conditions for both simulations are $u = 0$, $v = M$, with a spike in u that triggers the wave. u is indicated in red, v in blue. Parameter values are the same as in A and B, except that $M = 2.6$.

318 model (*Figure 5D*). In this case, it is possible to derive a simple expression for the saturation point:

$$u_{\text{sat}} = \sqrt{\frac{2bD_v}{aD_u}} \quad (12)$$

319 As with saturation due to the wave-pinning reaction term, saturation by local depletion also slowed
 320 competition dramatically, leading to meta-stable peaks (*Figure 5E*). Exploration of a wide parameter
 321 range indicated that as with saturation via the reaction term, saturation due to local depletion of
 322 substrate is also a dominant contributor to the timescale of competition (*Figure 5F*).

323 When $D_v < \infty$, two unequal peaks no longer “see” the same level of substrate, v . Instead, the
 324 local v rapidly reaches a quasi steady-state with each peak (*Figure 5G*). When two unsaturated
 325 peaks coexist, the higher peak has a stronger recruitment power for reasons discussed in *Figure 2F*.
 326 This drives a greater depletion and hence lower baseline of v under the higher peak, generating a
 327 cytoplasmic v gradient that drives a flow of GTPase towards the higher peak, and hence competition
 328 (*Figure 5G*). In contrast, when two unequal but saturated peaks coexist, they have similar recruit-
 329 ment power, so there is a negligible cytoplasmic gradient, and competition occurs on a dramatically
 330 slower timescale.

331 Unifying Turing and Wave-pinning models

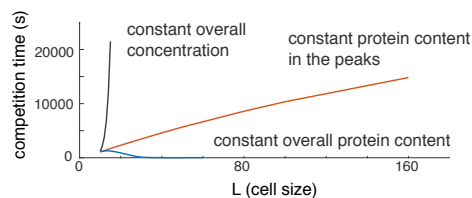
332 As the Turing-type and Wave-pinning models behaved similarly with regard to to competition
 333 and saturation, we revisited their behavior with regard to diffusion-driven instability and wave-like

334 spread. We first explored the behavior of simulations of the Wave-pinning (*Equation 5*) and Turing-
335 type (*Equation 4*) models starting from the homogeneous steady state with random noise for u .
336 In both cases, multiple peaks formed and then rapidly competed. As the winning peaks grew to
337 approach the saturation point, competition slowed dramatically (*Figure 6A*). Linear stability analysis
338 of the wave-pinning model (see Methods section) confirmed that there is a parameter regime in
339 which this model is Turing unstable (*Figure 6C*).

340 Wave-pinning dynamics are thought to depend on a bi-stable system (*Mori et al., 2008, 2011*).
341 As we showed that Turing-type models can exhibit bi-stability due to local depletion of cytoplasmic
342 substrate, they too should be able to manifest wave-pinning dynamics. Indeed, if we start a
343 simulation with one large spike of u and all other material as v , the spike triggers positive feedback
344 and expands in a wave-like manner. As the wave spreads, v is depleted, until eventually the
345 wave-pinning condition *Equation 8* is satisfied, and the wave stops when the top of the peak
346 corresponds to the saturation point u_{sat} of each model. This behavior is seen in both Turing-type
347 and Wave-pinning models without discernible qualitative differences.

348 In summary, MCAS models may exhibit Turing instability or Wave-pinning dynamics, and may
349 compete effectively or co-exist, depending on parameters. The "typical" behaviors of Turing and
350 Wave-pinning models simply represent behaviors of MCAS models in specific parameter subspaces.
351 This view is consistent with a recent review (*Goryachev and Leda, 2017*).

352 Effect of increasing distance between peaks



362 **Figure 7. Effect of domain size on competition time.**

363 Effect of expanding the domain size on
364 competition time. Gray: overall concentration was
365 set to constant as L increases (proportional
366 increase of total protein content in the system M ;
367 peaks saturate). Blue: overall protein content
368 constant (peaks shrink to feed the larger
369 cytoplasm). Red: protein content in the peaks is
370 maintained constant (identical peak shape).

371
372
373 L while adding the exact amount of GTPase required to fill the cytoplasm in the extended domain
374 so that the amount of GTPase *in the peaks* remained constant. This scenario allowed us to quantify
375 the effect of increasing distance between peaks without confounding changes in peak size. The
376 result was that competition became slower in a sub-linear manner with distance (*Figure 7*, red line).
377 Thus, distance between peaks can slow competition, but does so in a much more gradual manner
378 than the approach to saturation.
379

380 Other MCAS models also link competition timescale to saturation

381 Our analysis has focused on specific illustrative models, but many other forms of $F(u, v)$ in
382 *Equation 2* can also support polarization. For example, positive feedback strength may vary,

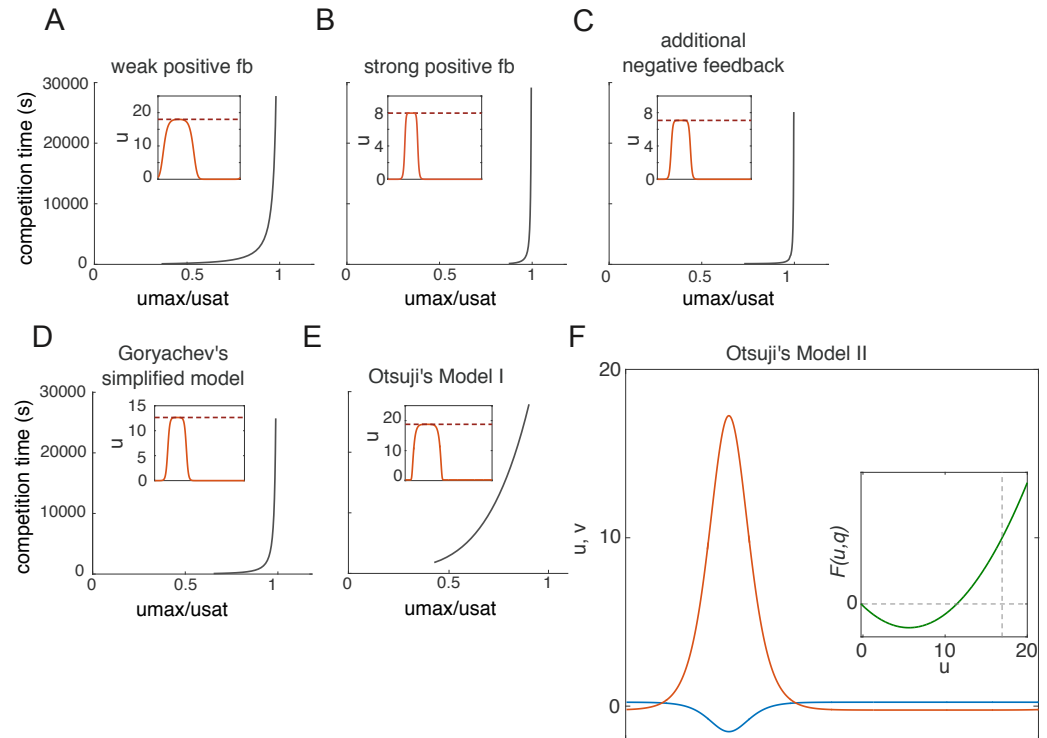


Figure 8. Other MCAS models also link competition timescale to saturation.

Competition time as a function of saturation for other MCAS models. Insets: peak shape upon reaching saturation. Red dashed lines indicate saturation point. A) weak positive feedback, $F(u, v) = u^{1.2}v - u$; B) strong positive feedback, $F(u, v) = u^3v - u$; C) additional negative feedback $F(u, v) = (u^2 - 0.01u^4)v - u$; D) Goryachev's simplified model $F(u, v) = (u^2 + u)v - u$ (Goryachev and Pokhilko, 2008); E) Otsuji's model 1 $F(u, v) = a_1v - a_1(u + v)/[a_2(u + v) + 1]^2$ with the original parameters described in (Otsuji et al., 2007). In each instance, competition time slows down dramatically as peaks saturate. F) In Otsuji's model 2 with the original parameters, $F(u, v) = a_1(u + v)[(D_u/D_v u + v)(u + v) - a_2]$ (Otsuji et al., 2007), saturation is avoided by allowing negative values of u or v .

383 yielding different exponents for the activation term (e.g. $f(u) = u^{1.2}$ with weak feedback, or $f(u) = u^3$
 384 with strong feedback). Or, positive feedback may operate by reducing inactivation rather than by
 385 increasing activation (e.g. $f(u) = 1, g(u) = u/(1 + u^2)$). Or, positive feedback may be accompanied
 386 by negative feedback, as proposed for the yeast polarity circuit (Howell et al., 2012; Kuo et al.,
 387 2014) (e.g. $f(u) = u^2 - cu^4$). As local cytoplasmic depletion is a universal mechanism of saturation,
 388 we would expect that competition time slows down as the system approaches saturation in all of
 389 these models. Indeed, all of these variations displayed a saturation point, leading to a transition
 390 from sharp peaks to mesas as M was increased. And in each case, the change in peak shape was
 391 accompanied by a dramatic slowing of competition (Figure 8A-E). This suggests that our findings
 392 are broadly applicable to MCAS models.

393 The only counterexample we have encountered so far is model II from Otsuji et al. (2007), where
 394

$$F(u, v) = a_1(u + v) \left[\left(\frac{D_u}{D_v} u + v \right) (u + v) - a_2 \right] \quad (13)$$

395 Unlike other reaction terms based on mass action kinetics (Equation 2), this reaction term is not
 396 dependent on v , but rather on the combined concentration of u and v . Thus, activation in this model
 397 is no longer restricted by v depletion as in the other models mentioned above, and v can assume
 398 negative values when u is high, avoiding saturation (Figure 8F). This eliminates the effect of local

399 depletion: When v is substituted with $-\frac{D_u}{D_v}u + q$, $F(u, q)$ is a curve lacking a third fixed point (and
400 hence lacking saturation). However, as concentrations of u or v cannot be negative in cells, this
401 model is not physiologically relevant.

402 Discussion

403 Competition between peaks obeys a “saturation rule”

404 Early studies on MCAS systems emphasized that different models can display different behaviors,
405 including Turing instability and wave-pinning dynamics. In the parameter regimes examined,
406 Turing-type model peaks displayed rapid competition, while wave-pinning model peaks co-existed,
407 suggesting that competition might be linked to model architecture. However, our findings do not
408 support a categorical distinction between model types. Indeed, a classical wave-pinning model can
409 exhibit Turing instability depending on parameters, and a classical Turing-type model can exhibit
410 wave-pinning behavior when the total GTPase amount is increased (**Figure 6**) (*Goryachev and Leda,*
411 **2017**).

412 Instead of categorizing MCAS models into different types, our findings lead us to propose that
413 the dynamics of competition between peaks obey a “saturation rule”. We suggest that competition
414 between activator peaks for the shared pool of cytoplasmic substrate (scenario 1 in **Figure 2A**)
415 is universal for all biologically relevant MCAS models. However, each model encodes a calcula-
416 ble, parameter-dependent saturation point, such that the peak activator concentration cannot
417 exceed that level at a polarized steady state. As the peak activator concentration approaches
418 the saturation point, the difference between unequal peaks in terms of their ability to recruit
419 cytoplasmic substrates becomes negligible, leading to dramatically slower competition and effective
420 co-existence between peaks (scenario 3 in **Figure 2A**). Varying parameters affects competition time
421 predominantly by affecting the degree to which competing peaks approach the saturation point.

422 Biological implications of the saturation rule

423 The models considered in this report represent a drastically simplified system compared to any
424 biological system. Three simplifying assumptions are particularly noteworthy. First, we considered
425 only a single spatial dimension, whereas cell membranes are two-dimensional and the cytoplasm
426 is three-dimensional. Higher dimensions introduce additional factors such as curvature (*Mori*
427 *et al., 2011; Ramirez et al., 2015*) that may also affect competition. Second, because polarization
428 phenomena often employ stable proteins and occur on rapid timescales compared to cell growth,
429 MCAS models assume a constant domain size and constant protein amount. This may not always
430 apply. Third, we modeled two-component systems, whereas all known polarity systems have
431 multiple components. More realistic multi-component models of the budding yeast polarity circuit
432 exist (*Goryachev and Pokhilko, 2008; Howell et al., 2009; Kuo et al., 2014; Wu et al., 2015*) and
433 preliminary simulations indicate that they too behave according to the saturation rule. However,
434 adding additional components can yield emergent behaviors not seen in the two-component
435 systems (*Marcon et al., 2016; Otsuji et al., 2010*). Thus, predictions of the saturation rule will need
436 to be tested experimentally to assess whether the insights derived from simple MCAS models are
437 translatable to biological systems.

438 The most obvious prediction stemming from the saturation rule is that systems should transition
439 between uni- and multi-polarity regimes as total GTPase contents change: lower levels should
440 yield uni-polarity, while higher levels sufficient to allow activator concentrations to approach the
441 saturation point should yield multi-polarity.

442 In the tractable budding yeast *Saccharomyces cerevisiae*, the master polarity regulatory GTPase,
443 Cdc42, becomes concentrated at polarity sites. Initial peaks of Cdc42 appear to compete on a 1
444 minute timescale to leave only one winning peak. Moderate overexpression of Cdc42 did not change
445 this behavior (*Howell et al., 2012*). Simultaneous overexpression of Cdc42 and its GEF blocked
446 polarization (*Ziman and Johnson, 1994*), presumably because active GTPase spread throughout the

447 cell cortex. This phenomenon has been explored in Turing models: when component concentrations
448 are too high, the system no longer polarizes, but instead evolves to a stable steady state with high
449 levels of activator uniformly distributed all over the surface (*Howell et al., 2012*).

450 One way to avoid uniform activation is to increase cell volume as well as total protein content in
451 parallel, maintaining overall concentrations unchanged, which is analogous to the gray line in
452 **Figure 6**. Yeast cells occur naturally as haploids and diploids, and cells with higher ploidy can be
453 constructed. It is also possible to block cytokinesis, generating larger cells due to failed cell division.
454 It appears that cell volume and total protein amount scale with ploidy for most proteins, so that total
455 protein concentrations remain generally unchanged. If we were to keep the activator and substrate
456 concentrations at the homogeneous steady state of an MCAS model constant, then a model with
457 a larger domain size would provide a larger pool of substrate, allowing greater local enrichment
458 of the activator, so that peak activator concentrations would approach the saturation point. This
459 predicts that as cells become larger they should eventually switch from uni- to multi-polarity.

460 For some filamentous fungi, like *Ashbya gossypii*, development proceeds through a cell enlarge-
461 ment process in which a single shared cytoplasm houses more and more nuclei. This provides a
462 natural system that samples a large range of cell sizes. Cell polarity in *A. gossypii* is thought to be
463 governed by the same Cdc42-centered circuit employed in *S. cerevisiae*, but these cells transition
464 from always having a single polarity site when they are small (following germination), to having
465 two (and then more) polarity sites as they grow larger, leading to hyphal branching (*Knechtle et al.,*
466 **2003**). Sporadic septation (division separating parts of a single large cell into two smaller ones)
467 can restore a single polarity site to the cell, but continued growth then leads to additional polarity
468 site(s) again. This behavior is consistent with a switch from uni- to multi-polarity according to the
469 saturation rule. A prediction for this system would be that reducing total content of polarity proteins
470 should delay the switch from uni-polar to multi-polar behavior, so that it would take a larger cell to
471 initiate a hyphal branch.

472 **Conclusions**

473 We have examined the behavior of a family of simplified mathematical models that capture key
474 aspects of the behavior of the Rho-GTPases that regulate the formation of cortical domains in cells.
475 Our analysis suggests that all biologically relevant models of this type (and there are several varieties)
476 display reproducible transitions in system behavior as parameters vary. In particular, each model
477 has a saturation point that depends on model parameters. With low amounts of GTPase, the system
478 forms sharp peaks of active GTPase, but as GTPase levels increase, the peak GTPase concentration
479 approaches the saturation point and the concentration profiles broaden into flat-topped mesas. If
480 there are two or more peaks of GTPase, the peaks will compete with each other until one emerges
481 as the single stable winner. However, the time scale of competition slows dramatically as the peaks
482 broaden, so in practice the systems transition from a situation with rapid cut-throat competition to
483 one in which competition is so languid that peaks co-exist on biologically relevant timescales. Local
484 depletion of the cytoplasmic substrate provides a mechanism of saturation that is universal to all
485 activator-substrate systems, so regardless of the specific biochemical feedback mechanism, a cell
486 that polarizes through local activation and substrate depletion should be able to switch between uni-
487 or multi-polar outcomes by regulating system parameters. The discovery of this intrinsic property
488 of the Rho-GTPase system suggests hypotheses testable in the context of various different cell
489 types.

490 **Methods**

491 **Model simulation**

492 Simulations of the MCAS models were done on MATLAB with parameters described in the
493 main text. All models were simulated on 1-dimensional domains with fixed spatial resolution of
494 500 grid points, except the simulations with long L , where number of grid points was increased

495 proportionately. The linear diffusion term was implemented by the implicit finite difference method,
 496 and the non-linear reaction term by the explicit Euler method every time step. For simulations in the
 497 limit $D_v \rightarrow \infty$, the mean of v was taken every time step. Simulations proceeded with adaptive time
 498 stepping according to relative error in the reaction term. The MATLAB code used for simulations is
 499 provided in Source Code Files.

500 Calculation of competition time

501 Simulations of competition is generally generated as follows: Two-peak steady states were
 502 first generated by simulating the evolution of the homogeneous steady state with an added sine
 503 wave. Perturbations were then introduced by increasing the amplitude of the concentration profiles
 504 $u(x) v(x)$ at regions that we call the first peak by a given percentage (e.g. a 20% increase), and
 505 decreasing the amplitude of the second peak by the same percentage (e.g. a 20% decrease). The
 506 resulting two unequal peaks were then allowed to compete.

507 For simulations used in **Figure 4A** and **Figure 5F**, we recorded the measurements of the peak
 508 height (u_{\max}) to calculate the saturation index, and the competition time. The steady state u_{\max} was
 509 obtained from the two-peak steady state. The two peaks were then perturbed by increasing the
 510 protein content of the left half-domain and decreasing the protein content of the right half-domain,
 511 so that each half has 60% and 40% of the original M , respectively. For more accurate measurements
 512 of the competition time, the two halves were first simulated individually to their own steady states
 513 in isolation. Upon the start of competition, the two half-domain were allowed to communicate
 514 through diffusion, and the competition time was calculated by measuring the resolution time of
 515 two unequal peaks from 60% and 40% at the beginning to 99% and 1%.

516 Non-dimensionalization of MCAS Models

517 We consider the mass-conserved activator-substrate (MCAS) model in a one-dimensional domain
 518 with periodic boundary conditions,

$$\frac{\partial u}{\partial t} = D_u \frac{\partial^2 u}{\partial x^2} + F(u, v) \quad (14a)$$

$$\frac{\partial v}{\partial t} = D_v \frac{\partial^2 v}{\partial x^2} - F(u, v) \quad (14b)$$

519 where the diffusion of v is much faster than u , as set by $D_v \gg D_u$.

520 This model is a mass-conserved version of an activator-substrate model, where u is the activator
 521 and v is the substrate. As the activator concentration u increases at certain locations, the substrate
 522 v is depleted at the same rate, therefore, the mass M is a constant conserved for all time,

$$M = \int_0^L (u + v) dx. \quad (15)$$

523 The reaction terms of these models, given by $F(u, v)$, generally contain a v -dependent activation
 524 term with nonlinear positive-feedback, and a v -independent inactivation term.

$$F(u, v) = f(u)v - g(u) \quad (16)$$

525 For example, the model proposed by **Mori et al. (2008)**. has an $f(u)$ with a saturable non-linear
 526 term and a linear $g(u)$,

$$F(u, v) = \left(k_0 + \frac{au^2}{K^2 + u^2} \right) v - bu \quad (17)$$

We assume negligible k_0 , and rewrite this system with dimensionless variables \tilde{u} , \tilde{v} , \tilde{x} , \tilde{t} , by scaling
 the length by the domain size L , and time by T and u and v by U ,

$$\tilde{x} = \frac{x}{L}, \quad \tilde{t} = \frac{t}{T}, \quad \tilde{u} = \frac{u}{U}, \quad \tilde{v} = \frac{v}{U}$$

527 yielding

$$\frac{\partial \tilde{u}}{\partial \tilde{t}} = \frac{D_u T}{L^2} \frac{\partial^2 \tilde{u}}{\partial x^2} + \tilde{F}(\tilde{u}, \tilde{v}) \quad (18a)$$

$$\frac{\partial \tilde{v}}{\partial \tilde{t}} = \frac{D_v T}{L^2} \frac{\partial^2 \tilde{v}}{\partial x^2} - \tilde{F}(\tilde{u}, \tilde{v}) \quad (18b)$$

where the nondimensionalized reaction terms are now

$$\tilde{F}(\tilde{u}, \tilde{v}) = \frac{T}{U} \left(a \frac{U^2 \tilde{u}^2}{K^2 + U^2 \tilde{u}^2} U \tilde{v} - b U \tilde{u} \right)$$

and the non-dimensional mass \tilde{M} is

$$\tilde{M} = \frac{M}{U} = \int_0^1 (\tilde{u} + \tilde{v}) d\tilde{x}$$

Setting the timescale and concentration scale as

$$T = \frac{1}{b}, \quad U = K \sqrt{\frac{b}{a}}$$

528 and dropping the tildes, puts the system into the form

$$\frac{\partial u}{\partial t} = \delta \frac{\partial^2 u}{\partial x^2} + F(u, v) \quad (19a)$$

$$\frac{\partial v}{\partial t} = r \delta \frac{\partial^2 v}{\partial x^2} - F(u, v) \quad (19b)$$

529 where

$$F(u, v) = \frac{u^2}{1 + \kappa u^2} v - u \quad (20)$$

and the dimensionless parameters are

$$\delta = \frac{D_u}{bL^2}, \quad r = \frac{D_v}{D_u}, \quad \kappa = \frac{U}{K} = \frac{b}{a}.$$

530 Setting κ to zero, we obtain a "Turing-type" system with

$$F(u, v) = u^2 v - u. \quad (21)$$

531 **Steady state solutions for the $D_v \gg D_u$ limit**

532 We first consider the simplified case where $r \rightarrow \infty$. The solutions u, v are expanded as regular
533 perturbation series with respect to inverse powers of r ,

$$v = v_0 + \frac{1}{r} v_1 + O(r^{-2}) \quad u = u_0 + \frac{1}{r} u_1 + O(r^{-2}), \quad (22)$$

534 and substituted into (19ab). The leading order equation for u_0 at $O(1)$ mirrors (19a),

$$\frac{\partial u_0}{\partial t} = \delta \frac{\partial^2 u_0}{\partial x^2} + F(u_0, v_0), \quad (23a)$$

535 while at $O(r)$, the leading order equation for v_0 becomes $v_{0,xx} = 0$. Subject to the periodic boundary
536 conditions, this forces v_0 to be spatially uniform, but it can depend on time, $v_0 = v_0(t)$. In order to
537 obtain an equation defining the evolution of v_0 we proceed to the next term in the expansion. At
538 $O(1)$ we find that in order for a solution for v_1 to exist, the inhomogeneous terms in the equation
539 must satisfy a solvability condition. Set by the Fredholm alternative theorem, this condition gives
540 the evolution for $v_0(t)$ in terms of the reaction rate averaged over the domain,

$$\frac{dv_0}{dt} = - \int_0^1 F(u_0, v_0) dx. \quad (23b)$$

541 This equation effectively describes the evolution of the average substrate concentration in the
542 well-mixed limit. Moving forward, we will drop the zero-subscripts and focus on solving this leading
543 order system.

544 At steady state, the solution $(u_{ss}(x), v_{ss})$ satisfies the system of equations

$$0 = \delta \frac{d^2 u_{ss}}{dx^2} + F(u_{ss}, v_{ss}) \quad (24a)$$

$$0 = - \int_0^1 F(u_{ss}, v_{ss}) dx \quad (24b)$$

and the constraint on the total mass

$$M = v_{ss} + \int_0^1 u_{ss} dx.$$

To understand the properties of the solutions it is helpful to integrate (24a) with respect to du to obtain

$$\begin{aligned} H &= \int \delta \frac{d^2 u_{ss}}{dx^2} du + \int F(u_{ss}, v_{ss}) du \\ &= \int \delta \frac{d^2 u_{ss}}{dx^2} \frac{du}{dx} dx + \int F(u_{ss}, v_{ss}) du \\ &= \frac{\delta}{2} \left(\frac{du_{ss}}{dx} \right)^2 + \int F(u_{ss}, v_{ss}) du \\ &= E_k + \Phi(u_{ss}, v_{ss}) \end{aligned} \quad (25)$$

where H is a constant and

$$E_k = \frac{\delta}{2} \left(\frac{du_{ss}}{dx} \right)^2 \quad \Phi(u_{ss}, v_{ss}) = \int F(u_{ss}, v_{ss}) du.$$

545 Solutions $u_{ss}(x)$ can be found that have any number of peaks, n , with corresponding spatial period
546 $P = \frac{1}{n}$. These steady states are spatially periodic multi-peak solutions, with all peaks being all
547 identical and are equally spaced within each solution (**Figure 9**-Figure supplement 1).

548 The local extrema, u_{\min} and u_{\max} , occur where $du_{ss}/dx = 0$. A direct consequence of this is that for
549 a given value of H , the integral of $F(u, v)$ from u_{\min} to u_{\max} must be zero to satisfy (25). This condition
550 has been referred to as the **wave-pinning condition** (Mori et al., 2008), and is general to all MCAS
551 models,

$$\Phi(u_{\min}, v) - \Phi(u_{\max}, v) = 0. \quad (26)$$

552 There also exists a special value of the cytoplasmic concentration v , which we call v_{sat} at which

$$F(u_{\min}, v_{\text{sat}}) = F(u_{\max}, v_{\text{sat}}) = 0 \quad (27)$$

553 We refer to this condition as the **saturation condition**, which is crucial for later discussion of
554 competition time scale. At saturation, $u_{\min} = 0$ and we label the value of u_{\max} as u_{sat} , which is the
555 largest value of u_{\max} possible.

556 Stability Analysis of Multipeak Steady States

557 The key question of whether competition happens between two peaks can be answered math-
558 ematically by assessing the stability of the two-peak steady state solution $(u_{ss}(x), v_{ss})$. Consider
559 the multi-peak steady state when peak number $n = 2$, a steady state solution $(u_{ss}(x), v_{ss})$ has two
560 identical peaks centered at $x = \frac{1}{4}, x = \frac{3}{4}$. Each peak is reflectionally symmetric about its maximum
561 and the overall solution is also symmetric about $x = \frac{1}{2}$ (see **Figure 9**-Figure supplement 2.).

The stability of the two-peak solution is studied by assuming small perturbations of the form

$$u(x, t) = u_{ss}(x) + \epsilon U(x)e^{\lambda t} \quad v(t) = v_{ss} + \epsilon V e^{\lambda t}$$

562 where λ and $(U(x), V)$ satisfy the linearized eigenvalue problem

$$\delta \frac{d^2 U}{dx^2} + \partial_u F(u_{ss}(x), v_{ss}) U(x) + V \partial_v F(u_{ss}(x), v_{ss}) = \lambda U(x) \quad (28a)$$

$$- \int_0^1 \partial_u F(u_{ss}(x), v_{ss}) U(x) dx - V \int_0^1 \partial_v F(u_{ss}(x), v_{ss}) dx = \lambda V. \quad (28b)$$

563 The solution $(u_{ss}(x), v_{ss})$ is unstable if there exists at least one eigenvalue with $\text{Re}(\lambda) > 0$.

564 To approach this question it is sufficient to restrict attention to a particular form of eigenmode,
 565 one with $U(x)$ being antisymmetric with respect to $x = \frac{1}{2}$, namely $U(x + 1/2) = -U(x)$. Since $u_{ss}(x)$ is
 566 symmetric with respect to $x = \frac{1}{2}$, the integrand of the first integral in (28b) is antisymmetric and
 567 hence the integral on the whole domain must vanish. Consequently, for this type of eigenmode,
 568 $V = 0$ solves (28b) and the system reduces to

$$\delta \frac{d^2 U}{dx^2} + C(x)U(x) = \lambda U(x) \quad \text{where} \quad C(x) = \left. \frac{\partial F}{\partial u} \right|_{u_{ss}(x), v_{ss}}. \quad (29)$$

569 To solve (29) on the full domain $x \in [0, 1]$ with periodic boundary conditions, it is sufficient to
 570 solve the equation on a quarter domain, $x \in [0, \frac{1}{4}]$, with boundary conditions

$$U_1(0) = 0, \quad U_1'(\frac{1}{4}) = 0 \quad (30)$$

571 or

$$U_2'(0) = 0, \quad U_2(\frac{1}{4}) = 0. \quad (31)$$

572 The periodic function $U(x)$ is then constructed by extending $U_1(x)$ symmetrically with respect to
 573 $x = \frac{1}{4}$, $U_1(\frac{1}{2} - x) = U_1(x)$ (**Figure 9**-Figure supplement 3A), or by similarly extending $U_2(x)$ anti-
 574 symmetrically, $U_2(\frac{1}{2} - x) = -U_2(x)$ (**Figure 9**-Figure supplement 3B).

575 We give a shooting argument to show that there is a positive eigenvalue $\lambda_1 > 0$ for solutions
 576 having the form given by (30). Differentiating the steady state equation (24a) with respect to x , we
 577 obtain

$$\delta \frac{d^2 u'_{ss}}{dx^2} + \frac{\partial F}{\partial u} u'_{ss} = 0 \quad (32)$$

578 Therefore, $U(x) = u'_{ss}(x)$ solves (29) with $\lambda = 0$. Note that in this case $u'_{ss}(0) = U(0) = 0$ and
 579 $u''_{ss}(\frac{1}{4}) = U'(\frac{1}{4}) < 0$ (there is a finite curvature at u_{\max}) and hence the second condition in (30) is not
 580 satisfied. If $\lambda > \max(C(x))$, we can re-write (29) as $\delta U'' = (\lambda - C(x))U$, $U > 0$ and $U(x)$ will be monotonely
 581 growing and $U'(\frac{1}{4}) > 0$. Since we have constructed solutions achieving positive and negative values
 582 for $U'(\frac{1}{4})$, by continuity, there exists an eigenvalue in the range $0 < \lambda_1 < \max(C(x))$ that will yield
 583 an eigenmode satisfying (30) (**Figure 9**-Figure supplement 4B). Similarly, there exists a second
 584 eigenmode of the $U_2(x)$ (31) form with eigenvalue in the range $0 < \lambda_2 < \max(C(x))$ (**Figure 9**-Figure
 585 supplement 4B).

586 To summarize, there exist $\lambda_1, \lambda_2 > 0$, thus the two-peak steady state is not stable. Further,
 587 the eigenfunction U_1 corresponds to one peak growing and the other shrinking, i.e. competition
 588 (**Figure 9A**). The eigenvalue λ_1 corresponds to the timescale for competition. On the other hand,
 589 the eigenfunction U_2 corresponds to neighboring sides of each peak growing while the other sides
 590 shrink such that peaks merge with each other. The eigenvalue λ_2 corresponds to the timescale for
 591 merging (**Figure 9B**).

592 **The eigenvalues for competition and merging**

593 As two-peak steady states are always unstable, the distinction between competition and co-
 594 existence of two peaks (**Figure 3C-E**) does not reflect a change in stability, but rather, a change in
 595 the time scale on which competition occurs. As it has been reported that mesas are meta-stable,
 596 we inquired how the eigenvalues of competition and merging change with increasing width of the
 597 peaks in a two-peak steady state. We will show that

$$\lambda_{\text{compet}} \approx A_1 e^{-\sqrt{\frac{c}{\delta}} \ell_{\text{mesa}}} \quad \lambda_{\text{merge}} \approx A_2 e^{-\sqrt{\frac{c}{\delta}} \ell_{\text{valley}}} \quad (33)$$

598 where δ is the diffusion constant of u , and A_1, A_2, c are constants. ℓ_{mesa} and ℓ_{valley} are defined as in
 599 **Figure 9C** with $\ell_{\text{mesa}} + \ell_{\text{valley}} = \frac{1}{2}$. Our derivation proceeds in the following steps:

- 600 1. Approximate the steady state as a step function for $C(x)$ in (29), one segment of which is
 601 approximated using u_{\min} for and the other using u_{\max} . The two segments are connected with a
 602 mid-point boundary condition at $x = \ell$ (**Figure 9**-Figure supplement 4).

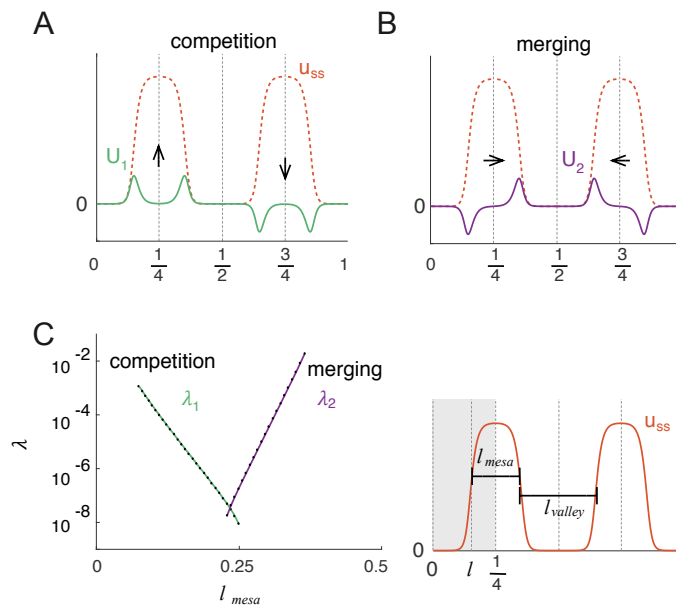


Figure 9. Linear Stability Analysis reveals two unstable modes: competition and merging.

The two eigenmodes U_1 and U_2 constructed from the linear stability analysis represents competition (A) and merging (B) of the two peaks in the full domain. C) The eigenvalue for competition λ_1 decreases exponentially with increasing peak width ℓ_{mesa} , and the eigenvalue for merging λ_2 increases exponentially with decreasing distance between peaks ℓ_{valley} . The eigenvalues for competition and merging were calculated by the shooting method for each steady state solution with varying M from 10 to 32 at an increment of 0.5. The lengths of the valley and the mesa are equivalent to 2ℓ and $\frac{1}{2} - 2\ell$, with ℓ defined as the position of half max.

Figure 9-Figure supplement 1. An MCAS system with a given set of parameters can yield solutions of different periodicities n .

Figure 9-Figure supplement 2. Construction of the two forms of the eigenmode $U(x)$ using even and odd extensions of the quarter-domain solutions $U_1(x)$ (A) and $U_2(x)$ (B) for a two-peak solution $u_{ss}(x)$.

Figure 9-Figure supplement 3. Schematic representations of the shooting method constructions for the λ_1 (shooting from $x = 0$ to $x = \frac{1}{4}$) (A), and the λ_2 (shooting from $x = \frac{3}{4}$ to $x = \frac{1}{2}$) eigenmodes (B), which represent competition and merging modes respectively.

Figure 9-Figure supplement 4. Construction of the approximate $U_1(x)$ eigenfunction using hyperbolic functions with a midpoint boundary condition (36) at position ℓ .

- 603 2. Calibrate the mid-point boundary condition using the translational eigenmode $U(x) = u'_{ss}(x)$, $\lambda =$
 604 0.
 605 3. Solve the approximated version of (29) for the competition eigenvalue subject to the competi-
 606 tion boundary condition (30) and the mid-point boundary condition calculated in the previous
 607 step.
 608 4. Similarly, solve (29) for the merging eigenvalue subject to the merging boundary condition
 609 (31).

610 **Approximating the steady state solution**

Without loss of generality, let $F(u, v)$ be the non-dimensionalized wave-pinning model (20),

$$F(u, v) = f(u)v - u \quad \text{where} \quad f(u) = \frac{u^2}{1 + \kappa u^2}.$$

611 For near-saturation two-peak solutions that have a mesa shape, v is chosen such that (27) is met,
 612 thus at $u = u_{\max}$,

$$F(u_{\max}, v) = 0 = f(u_{\max})v - u_{\max} \quad \implies \quad v = \frac{u_{\max}}{f(u_{\max})}. \quad (34)$$

613 We try to approximate the eigenvalue problem (29) on a quarter domain by a step function. The
 614 two segments $U(x)$ and $\tilde{U}(x)$ satisfy (29) with $u_{ss}(x)$ approximated by $u(x) = u_{\min}$ and $u(x) = u_{\max}$
 615 respectively. The length of U and \tilde{U} are the length of the valley $\ell = \frac{1}{2}\ell_{\text{valley}}$ and the width of the
 616 mesa $\tilde{\ell} = \frac{1}{4} - \ell = \frac{1}{2}\ell_{\text{mesa}}$, respectively. As $f'(u_{\min}) = 0$, we can re-write (29) into the step function

$$\begin{cases} \delta U'' = (\lambda + 1)U & 0 \leq x \leq \ell \\ \delta \tilde{U}'' = (\lambda + c)\tilde{U} & \ell \leq x \leq \frac{1}{4} \end{cases} \quad (35)$$

where

$$c = 1 - \frac{u_{\max} f'(u_{\max})}{f(u_{\max})}$$

617 with the **mid-point boundary conditions**

$$U(\ell) = \tilde{U}(\ell) \quad (36a)$$

$$\tilde{U}'(\ell) - \tilde{U}'(\ell) = \Gamma U_*(\ell) \quad (36b)$$

618 **Solving the mid-point boundary condition**

Since $U = u'_{ss}(x)$ is the translational eigenmode for $\lambda = 0$, we first use this solution and (35) to
 determine Γ in (36b). The piecewise solutions of (35) are given by

$$U(x) = \sinh(\sqrt{\frac{1}{\delta}}x) \quad \tilde{U}(x) = A \sinh(\sqrt{\frac{c}{\delta}}(\frac{1}{4} - x)),$$

619 and then (36) takes the form

$$\begin{aligned} \sinh(\sqrt{\frac{1}{\delta}}\ell) &= A \sinh(\sqrt{\frac{c}{\delta}}\tilde{\ell}) \\ \sqrt{\frac{1}{\delta}} \cosh(\sqrt{\frac{1}{\delta}}\ell) - \sqrt{\frac{c}{\delta}} A \cosh(\sqrt{\frac{c}{\delta}}\tilde{\ell}) &= \Gamma \sinh(\sqrt{\frac{1}{\delta}}\ell) \end{aligned}$$

620 yielding

$$\Gamma = \frac{1}{\sqrt{\delta} \tanh(\sqrt{\frac{1}{\delta}}\ell)} - \frac{\sqrt{c}}{\sqrt{\delta} \tanh(\sqrt{\frac{c}{\delta}}\tilde{\ell})}. \quad (37)$$

621 Approximating the competition eigenvalue

622 To satisfy the **competition boundary condition** (30), the solutions U, \tilde{U} are chosen in (35) as

$$U = \sinh(\sqrt{\frac{\lambda+1}{\delta}}x) \quad \tilde{U} = A \cosh(\sqrt{\frac{\lambda+c}{\delta}}(\frac{1}{4} - x)). \quad (38)$$

623 Then midpoint boundary condition (36b) can be rewritten with Γ as

$$\begin{aligned} \sinh(\sqrt{\frac{\lambda+1}{\delta}}\ell) &= A \cosh(\sqrt{\frac{\lambda+c}{\delta}}\tilde{\ell}) \\ \sqrt{\frac{\lambda+1}{\delta}} \cosh(\sqrt{\frac{\lambda+1}{\delta}}\ell) - \sqrt{\frac{\lambda+c}{\delta}} A \sinh(\sqrt{\frac{\lambda+c}{\delta}}\tilde{\ell}) &= \Gamma \sinh(\sqrt{\frac{\lambda+1}{\delta}}\ell) \end{aligned}$$

624 This yields the equation

$$\sqrt{\frac{\lambda+1}{\delta}} \frac{1}{\tanh(\sqrt{\frac{\lambda+1}{\delta}}\ell)} - \sqrt{\frac{\lambda+c}{\delta}} \tanh(\sqrt{\frac{\lambda+c}{\delta}}\tilde{\ell}) = \frac{1}{\sqrt{\delta} \tanh(\sqrt{\frac{1}{\delta}}\ell)} - \frac{\sqrt{c}}{\sqrt{\delta} \tanh(\sqrt{\frac{c}{\delta}}\tilde{\ell})}. \quad (39)$$

625 After rearranging terms and making use of simplifications for small δ , this equation can be reduced
626 to

$$\frac{\lambda}{2} - \frac{\lambda}{2\sqrt{c}} + 2\sqrt{c}e^{-2\tilde{\ell}\sqrt{c/\delta}} \approx 0, \quad (40)$$

627 which finally yields

$$\lambda_{\text{compete}} \approx A_1 e^{-\sqrt{\frac{c}{\delta}}\ell_{\text{mesa}}} \quad \text{with} \quad A_1 = \frac{4c}{1 - \sqrt{c}}. \quad (41)$$

628 Approximating the merging eigenvalue

629 Similarly, to satisfy the **merging boundary condition** (31), the solutions U, \tilde{U} are chosen as

$$U = \cosh(\sqrt{\frac{\lambda+1}{\delta}}x) \quad \tilde{U} = A \sinh(\sqrt{\frac{\lambda+c}{\delta}}(\frac{1}{4} - x)) \quad (42)$$

630 Substituting these solutions into the midpoint boundary conditions (36b) yields

$$\begin{aligned} \cosh(\sqrt{\frac{\lambda+1}{\delta}}\ell) &= A \sinh(\sqrt{\frac{\lambda+c}{\delta}}\tilde{\ell}) \\ \sqrt{\frac{\lambda+1}{\delta}} \sinh(\sqrt{\frac{\lambda+1}{\delta}}\ell) - \sqrt{\frac{\lambda+c}{\delta}} A \cosh(\sqrt{\frac{\lambda+c}{\delta}}\tilde{\ell}) &= \Gamma \cosh(\sqrt{\frac{\lambda+1}{\delta}}\ell) \end{aligned}$$

This system of equations can then be reduced to the condition

$$\sqrt{\frac{\lambda+1}{\delta}} \tanh(\sqrt{\frac{\lambda+1}{\delta}}\ell) - \frac{\sqrt{\lambda+c}}{\sqrt{\delta} \tanh(\sqrt{\frac{\lambda+c}{\delta}}\tilde{\ell})} = \frac{1}{\sqrt{\delta} \tanh(\sqrt{\frac{1}{\delta}}\ell)} - \frac{\sqrt{c}}{\sqrt{\delta} \tanh(\sqrt{\frac{c}{\delta}}\tilde{\ell})}$$

Again, neglecting smaller terms in the limit that δ is small, we obtain

$$\frac{\lambda}{2} - 2e^{-2\ell/\sqrt{\delta}} - \frac{\lambda}{2\sqrt{c}} = 0$$

631 which finally yields

$$\lambda_{\text{merge}} \approx A_2 e^{-\sqrt{\frac{1}{\delta}}\ell_{\text{valley}}} \quad \text{with} \quad A_2 = \frac{4\sqrt{c}}{\sqrt{c} - 1}, \quad (43)$$

632 and recall that $\ell_{\text{valley}} = \frac{1}{2} - \ell_{\text{mesa}}$. We can numerically calculate two-peak steady-states over a range
633 of values for ℓ_{mesa} by varying the total mass M . The computed results for λ_{compete} and λ_{merge} for the
634 two-peak steady states confirm these analytical predictions (**Figure 9C**).

635 The width of a mesa is an indicator that perfectly correlates with how close to saturation a peak
636 is. Defining a saturation index as $(u_{\text{sat}} - u_{\text{max}})/u_{\text{sat}}$, and ℓ_{mesa} as normalized by $\sqrt{b/D_u}$, we find that two
637 peak steady states of the dimensional model (**Equation 5**) plotted in **Figure 4** collapse into a perfect
638 correlation, no matter what parameter we change (**Figure 4**-Figure supplement 1). The relationship
639 between ℓ_{mesa} shows that the wider the mesa, the more saturated the two peak steady states are,
640 and thus the less efficient competition will be.

641 **Turing stability of the Wave-pinning model**

642 We investigate the stability of the wave-pinning model below, and find that with appropriate
643 parameters, the Wave-pinning model is indeed Turing unstable.

The reaction term of the wave-pinning model (20) has three roots. One is the trivial solution, which is always Turing stable:

$$u = 0, \quad v = M \quad (44)$$

The non-trivial solutions can be obtained from

$$\frac{uv}{1 + \kappa u^2} - 1 = 0 \quad \rightarrow \quad (\kappa + 1)u^2 - Mu + 1 = 0.$$

644 This yields two solutions

$$u = \frac{M \pm \sqrt{M^2 - 4(\kappa + 1)}}{2(\kappa + 1)} \quad v = u - M \quad (45)$$

under the condition

$$M > \sqrt{4(\kappa + 1)}.$$

645 The condition for Turing instability in MCAS models reads as follows (*Mori et al., 2008; Rubinstein*
646 *et al., 2012*):

$$rF_u - F_v > 0 \quad (46)$$

where $r = D_v/D_u$ and F_u and F_v are the derivatives of $F(u, v)$ with respect to u ,

$$F_u = \frac{2uv}{(1 + \kappa u^2)^2} - 1, \quad F_v = \frac{u^2}{1 + \kappa u^2}.$$

Since the homogeneous steady states satisfy

$$\frac{uv}{1 + \kappa u^2} - 1 = 0$$

then condition (46) becomes

$$\frac{2r - u^2}{1 + \kappa u^2} - r > 0 \quad \rightarrow \quad 2r - u^2 > (1 + \kappa u^2)r.$$

647 Therefore, the Turing unstable condition in the non-dimensional system (19, 20) reads:

$$u^2 \left(\kappa + \frac{1}{r} \right) < 1. \quad (47)$$

648 In the Turing-type model at when k is small, the system is easily Turing unstable due to large ratio r
649 between the two diffusion constants.

650 **Author Contributions**

651 J.-G.C. and D.J.L. developed the concept of this article; J.-G.C. developed the model and conducted
652 the simulations; J.-G.C., T.C.E., T.P.W., and D.G.S. developed the formal mathematical analysis; J.-G.C.
653 and D.J.L. drafted the manuscript; All authors contributed in reviewing and editing the manuscript.

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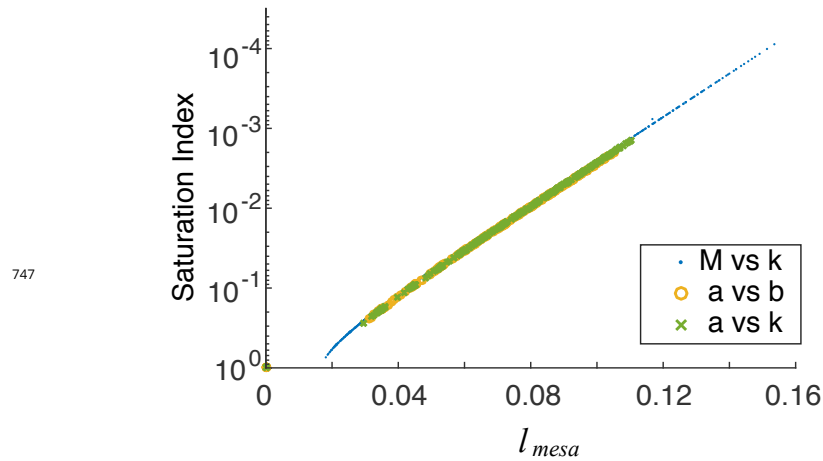


Figure 4-Figure supplement 1. Peak width, ℓ_{mesa} , is a robust indicator of saturation over a broad range of system parameters. Data points collected from simulations in **Figure 4A**.

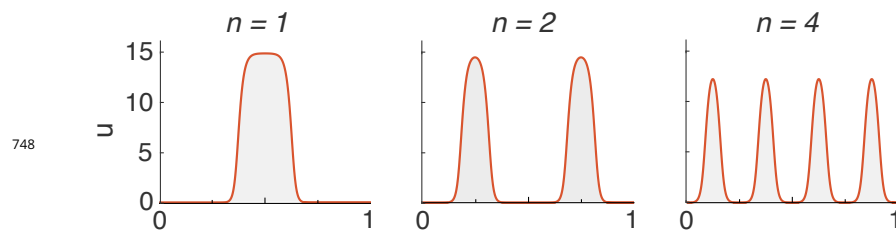


Figure 9-Figure supplement 1. An MCAS system with a given set of parameters can yield solutions of different periodicities n .

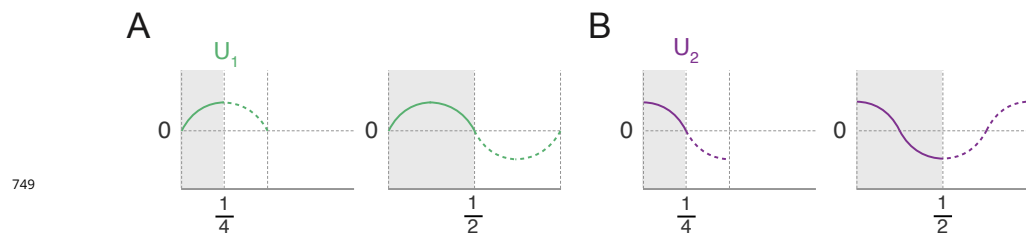


Figure 9-Figure supplement 2. Construction of the two forms of the eigenmode $U(x)$ using even and odd extensions of the quarter-domain solutions $U_1(x)$ (A) and $U_2(x)$ (B) for a two-peak solution $u_{ss}(x)$.

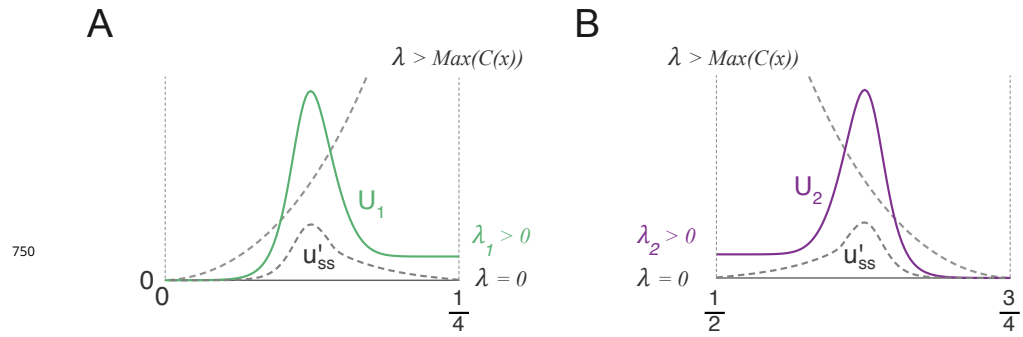


Figure 9-Figure supplement 3. Schematic representations of the shooting method constructions for the λ_1 (shooting from $x = 0$ to $x = \frac{1}{4}$) (A), and the λ_2 (shooting from $x = \frac{3}{4}$ to $x = \frac{1}{2}$) eigenmodes (B), which represent competition and merging modes respectively.

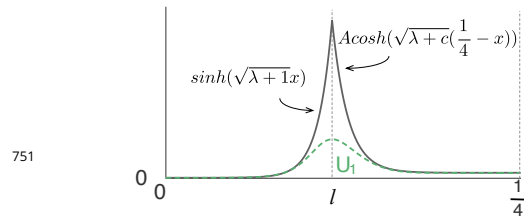


Figure 9-Figure supplement 4. Construction of the approximate $U_1(x)$ eigenfunction using hyperbolic functions with a midpoint boundary condition (36) at position l .