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FRONT MATTER

Title

Full: Climate-driven shifts in sediment chemistry enhance methane production in northern lakes

Short: Enhanced methane production in lakes

Authors

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One-sentence summary: Production of methane from lakes is at least 400-times lower when sediments receive forest- as opposed to macrophyte-derived (*Typha latifolia*) litterfall.

Abstract

Freshwater ecosystems are a major source of methane (CH₄), contributing 0.65 Pg (in CO₂ equivalents) yr⁻¹ towards global carbon (C) emissions and thereby offsetting ~25% of the terrestrial carbon sink. Most CH₄ emissions come from littoral sediments, where large quantities of plant material are decomposed. As climate change is predicted to shift plant community composition, and thus change the quality of inputs into detrital food webs, this can affect CH₄ production and have far-reaching consequences for global C emissions. Here we find that variation in polyphenol availability from decomposing organic matter underlies large differences in CH₄ production in lake sediments. Production was at least 400-times higher from sediments

38 composed of macrophyte litter compared to terrestrial sources (coniferous and deciduous), which
39 we link to the inhibition of methanogenesis by polyphenol leachates. Applying our estimates to
40 projected northward advances in the distribution of *Typha latifolia*, a widespread and dominant
41 macrophyte, we find that CH₄ production could increase by at least 73% in the lake-rich Boreal
42 Shield ecozone solely due to increases in this one macrophyte species. Our results now suggest
43 that earth system models and carbon budgets should consider the effects of plant communities on
44 sediment chemistry and ultimately CH₄ emissions at a global scale.

45

46 MAIN TEXT

47 48 Introduction

49 Lentic freshwater ecosystems are a major source of methane (CH₄), contributing 0.65 Pg
50 (in CO₂ equivalents) yr⁻¹ towards global carbon (C) emissions and accounting for an estimated 6
51 to 16% of natural CH₄ emissions as compared to 1% from the oceans (1). Freshwater CH₄
52 emissions are enough to offset an estimated ~25% of the terrestrial carbon sink in CO₂
53 equivalents (2). Within individual lakes, up to 77% of CH₄ emissions can come from production
54 in littoral sediments, where warm temperatures and accumulated organic matter (OM) promote
55 methanogen activity and ebullition (3–5), and shallow waters and wave action facilitate rapid
56 diffusion (6, 7).

57 In northern (temperate and boreal) lakes, which account for most of the planet's ice-free
58 freshwater (8, 9), rates of CH₄ emission from littoral sediments are known to vary by at least three
59 orders of magnitude (3), leaving considerable uncertainty to be explained in regional and global C
60 budgets. In general, emissions are highest where littoral zones are covered with macrophytes (3),
61 and plant-related CH₄ fluxes remain one of the least-understood components of the global
62 methane budget (10). Emergent aquatic plants can directly transport CH₄ to the atmosphere
63 through aerenchyma cells, but this cannot explain all of the variability observed within vegetated
64 littoral zones (7, 11, 12), nor can differences in sediment temperature and OM content (13).
65 Another explanation is that the activity of sediment microbial communities is inhibited, to varying
66 degrees, by the breakdown of different OM sources (14), resulting in variation in the production
67 of CH₄ in littoral sediments.

68 Water-soluble polyphenol compounds from plant litter have specifically been shown to
69 bind to and inactivate extracellular enzymes and exert toxicity in methanogens (15, 16). These
70 compounds build-up in anaerobic soils and sediments because oxygen limitation restricts phenol
71 oxidase activity and dark conditions prevent photodegradation (15, 17). In this way, the buildup

72 of polyphenolic compounds may act similar to a ‘latch’, suppressing CH₄ production and holding
73 in place large quantities of C in lake sediments that would otherwise be released as CH₄. Oxygen
74 limitation plays a similar role in sequestering CO₂ in peatlands by restraining phenol oxidase
75 activity (17), and rates of CH₄ production have been related to peat chemical composition (18).

76 Here we show that the production of CH₄ in northern lakes can vary by at least 400-times
77 because of differences in sediment chemistry related to sources of plant litterfall. We predict that
78 sediments will differ in concentration of methanogenesis-inhibiting polyphenols according to
79 incoming sources of OM. To test the effects of these differences in sediment chemistry on CH₄
80 production in lakes, we compared natural sediments amended with OM from three widespread
81 sources in north-temperate watersheds that would be expected to vary in polyphenol content:
82 mixed coniferous forest litter (CON), mixed deciduous forest litter (DEC), and litter from a
83 ubiquitous emergent macrophyte, *Typha latifolia* (TYP). The sediments were mixed at 20% OM
84 to approximate the average concentrations found in littoral zones of northern lakes (19), and
85 incubated in controlled conditions to control other effects, such as temperature, light exposure,
86 and differences in ambient water quality, which confound observational studies. As northern
87 watersheds are expected to experience a shift in forest composition (20, 21) and an increase in
88 emergent macrophyte growth in lakes (22, 23), these findings present an additional mechanism to
89 increased mineralization and permafrost thaw (24, 25) by which climate change can enhance CH₄
90 emission from northern lakes.

91

92 **Results and Discussion**

93 After 150 days of laboratory incubation, CH₄ production was over 400-times higher on
94 average from *Typha latifolia* (TYP) sediments than from mixed-coniferous (CON) sediments,
95 almost 2,800-times higher than from mixed-deciduous (DEC) sediments, and 1400-times higher
96 than un-amended controls with 0.3% OM (CTR). In contrast, the CON and DEC treatments did

97 not significantly differ from CTR, suggesting that methanogenesis was inhibited in the sediments
98 amended with forest litter (Fig. 1). Our estimated CH₄ production rates for a 150-day growing
99 season ranged from averages of 2.63 mg m⁻² to 7.22 × 10³ mg m⁻² amongst the DEC-, CON-, and
100 TYP-amended sediments. These production rates were comparable on a per-area basis to the
101 range and variability of emissions measured in-situ in littoral zones of northern lakes (3),
102 reflecting the close relationship between production and emission in shallow waters (7). We also
103 found comparable patterns when repeating the experiment with sediments of 10 and 40% OM
104 (Supplementary Fig. S1). A lack of differences in CO₂ production rates amongst the amended
105 sediments further suggested that inhibition of methanogenesis and not microbial activity in
106 general was responsible for variation in CH₄ production (Supplementary Fig. S2).

107 We took two approaches to test the hypothesis that inhibition of methanogenesis was
108 occurring in the lake sediments amended with forest-derived OM (CON- and DEC-treatments).
109 Firstly, we measured the relative abundance of methanogens using qPCR targeting the *mcrA* gene
110 and found on average 1.72 × 10² and 1.33 × 10⁴ fewer *mcrA* copies in the CON and DEC
111 sediments, respectively, compared to the TYP sediments (Fig. 2). These relative abundances
112 mirrored patterns of CH₄ production in Fig. 1, suggesting that suppression of methanogen growth
113 was related to decreased production of CH₄. Although relative abundance of the *mcrA* gene that
114 we assayed does not entirely equate with specific activity of methanogen communities, there is
115 strong evidence linking it with CH₄ production both here (i.e. Figs. 1-2) and in previous studies
116 (26, 27).

117 The second approach we took to test for inhibition of methanogenesis was to conduct a
118 parallel set of incubations where we added a small quantity of a methane-rich sediment ‘spike’ to
119 our treatments at the start of the experiment. Concurrent with our hypothesis of inhibition by
120 plant-derived compounds, there was no change in CH₄ production in the DEC or CON sediments
121 with the spike added, but CH₄ production doubled in the TYP sediment, and increased most

122 strongly in the un-amended control sediments (Fig. 1). The inhibition of CH₄ production in
123 sediments composed of forest-derived compared to macrophyte-derived OM now offers a new
124 mechanism to explain previously described observations in lakes wherein most of the CH₄
125 emissions come from littoral zones covered with macrophytes (3).

126 Measurements of the biochemical composition of decomposing OM support our
127 conclusion that the inhibition of methanogenesis was caused by polyphenols from the forest-
128 derived OM. Fluorescence excitation-emission matrices of OM in sediment porewater across all
129 the treatments revealed the presence of a protein-like fluorescence component that was associated
130 with water-soluble polyphenolic leaf leachates (28, 29), in addition to the ubiquitous tryptophan-
131 and tyrosine-like components (Supplementary Fig. S3). Relative concentration of this water-
132 soluble polyphenol component was lowest in the porewater of the TYP sediments, highest in the
133 DEC sediments, and undetectable in the un-amended CTR sediments. We further found that CH₄
134 production decreased with relative polyphenol concentration across all the amended sediment
135 types and OM concentrations, suggesting that suppressed methanogenesis in CON and DEC
136 sediments was related to water-soluble polyphenols (Fig. 3). These polyphenol leaf leachates
137 were likely inhibiting methanogenesis by reducing enzyme and methanogen activity through
138 direct toxicity (16, 30), pH depression, and/or other chemical effects (15, 31). Reduction of
139 methanogenesis can also occur through increased availability of thermodynamically-favourable
140 pathways in sediments (e.g. sulfate reduction), but we did not detect the presence of sulfate
141 reducing bacteria in the sediments (below PCR detection limits; Supplementary Table S1) and so
142 it is likely that sulfate was limiting and/or depleted during the 150-day incubation (30).

143 As sediments amended with TYP produced so much more CH₄ than forest litter (CON and
144 DEC), our findings may have far-reaching implications for global carbon cycling. For example,
145 species distribution models (SDMs) predict more favourable climatic conditions for the growth of
146 TYP and other emergent macrophytes in boreal lakes in the coming decades (23, 32). To consider

147 the implications for CH₄ emissions, we overlaid SDMs produced by Natural Resources Canada
148 using published methods (21) onto the Boreal Shield, an ecozone with relatively homogenous
149 underlying geology and plant communities similar to those in our incubations. By then relating
150 projected occurrence to colonization of suitable lake habitat, we found that the number of lakes
151 likely to be colonized by *T. latifolia* could increase by 1.7 to 2.5 times between 2041 and 2070
152 (Supplementary Table S2). Assuming no changes other than macrophyte spread, we estimated
153 that the increase in *T. latifolia* alone could elevate CH₄ production across Boreal Shield lakes by
154 at least 73% during a 150-day growing season (Supplementary Table S2, Fig. 4). Of course, these
155 estimates are heavily caveated by several assumptions. For example, climate-driven changes in
156 other factors, such as temperature, oxidation potential, and increased forest litterfall production,
157 will certainly influence CH₄ production from lake sediments, and all production may not
158 necessarily result in emissions (1). We have also not accounted for aerenchymal transfer, which
159 may further enhance emissions where TYP is present, nor differential mixing of forest-derived
160 OM in sediments resulting from expected shifts in deciduous forest cover (33). However our
161 rough calculation is intended to emphasise that lake sediment chemistry is sufficiently important
162 that it should be considered in earth system models, or at the very least in lake carbon budgets
163 (34).

164 Methane production in freshwater ecosystems has recently been recognized as an
165 important component of global C cycles (2). Here we have discovered a new mechanism by
166 which plant-related shifts in sediment chemistry under a changing climate can increase methane
167 production in lakes. This mechanism can account for the observed variability in CH₄ emission
168 that has been reported both across and within lakes (2, 3), and should enable more precise models
169 and C budgets in northern watersheds.

170

171 **Materials and Methods**

172 *Experimental Design*

173 We amended natural sediments with three different sources: senescent coniferous (CON)
174 and deciduous (DEC) litterfall from a transitional/mixed forest stand (Central Ontario:
175 44°7'22.3"N, 79°30'23.7"W), and senescent *Typha latifolia* (TYP) from Ramsey Lake (in
176 Sudbury, Canada: 46°28'19.8"N 80°58'19.2"W). The CON mix consisted of *Pinus resinosa* and
177 *Pinus strobus*, and the DEC mix consisted primarily of *Acer rubrum*, *Acer saccharum*, *Betula*
178 spp., *Populus tremuloides*, *Ulmus americanum*, *Quercus rubra*, and *Quercus alba*. All OM was
179 oven dried for 12 h at 60 °C, ground, and sieved to retain only the fine particulate organic matter
180 (FPOM) fraction (≤ 1 mm).

181 We mixed the FPOM with a “base inorganic sediment” (0.3% OM, determined by loss-on-
182 ignition at 500°C for two hours) to create final OM concentrations (by dry-weight) of 20% across
183 the three amendments (CON, DEC, TYP). We used 20% to approximate typical OM
184 concentrations found in littoral zones of northern lakes (19) (and confirmed in a nearby lake (35))
185 but we also measured CH₄ production with 10 and 40% OM to confirm similarity of patterns
186 across conditions. The base sediment was collected from the shoreline of Geneva Lake (near
187 Sudbury, Canada: 46°45'27.2"N, 81°33'19.8"W) away from *T. latifolia* beds and direct inputs of
188 forest-derived OM and was sieved to exclude particles larger than 2 mm. We distributed the
189 mixed sediments into 250 mL mason jars equipped with rubber septa, with four replicate jars per
190 each %OM and amendment type combination. An estimated 70% of methane production occurs
191 in the top 5 cm of saturated soils (36), so we filled the jars to a depth of 4.5 cm (allowing room
192 for expansion), before saturating them with TOC-scrubbed A10 MilliQ water (EMD Millipore
193 Corp., Darmstadt, Germany). We also created replicated control jars containing only base
194 sediment, otherwise constructed and treated in the same manner.

195 We duplicated the 20% OM experimental setup with a “methane-rich spike”. The spike
196 consisted of replacing 5% of the base sediment with sediment from the top 5 cm of a littoral site

197 in Ramsey Lake previously known to have high rates of methane production. Amendments of
198 CON, DEC, TYP were adjusted for the 2.8% OM content of the spike sediment to ensure final
199 OM concentrations of 20% (dry-weight).

200

201 *CH₄ and CO₂ Production*

202 We incubated the sediments and periodically collected headspace samples to measure CH₄
203 and CO₂ production over 150 days, representative of the length of a growing season in the Boreal
204 Shield. The sediments were incubated in a BioChambers SPC-56 growth chamber in the dark at
205 20.5°C. At the start of the incubations, headspace air in each jar was replaced four times with N₂
206 using a vacuum manifold to ensure anaerobic conditions and removal of atmospheric CO₂ and
207 CH₄. We collected headspace gas on days 5, 10, 15, 31, 60, 91, 120, and 150 by homogenizing 10
208 mL of N₂ into headspace prior to extracting a 10 mL gas sample by syringe. The total volume
209 removed was quantified and used to correct headspace volume throughout the incubation. Both
210 CH₄ and CO₂ were detected as CH₄ using a SRI 8610C gas chromatograph (0.5 mL sample loop,
211 105°C column temperature), and production was calculated at the end of 150 days, adding back
212 the portions that were removed and expressing totals as mg m⁻² of dry sediment given an area of
213 28.3 cm² for each jar.

214

215 *Relative Polyphenol Concentration*

216 To measure relative polyphenol concentration, we collected porewater from each jar after
217 the 150-day incubations and filtered the samples through 0.5 µm glass fiber filters. Samples were
218 acidified to pH < 2 with HCl, and stored in airtight vials at ~4°C. Fluorescence EEMs (excitation-
219 emission matrices) were generated using an Agilent Cary Eclipse Fluorescence
220 Spectrophotometer in ratio (S/R) mode with a 1 cm path-length cuvette. EEMs were generated
221 from excitation and emission intensities (EX: 250 to 450 nm in 5 nm steps, EM: 300 to 600 nm in

222 2 nm steps) that were adjusted for inner-filter effects with absorbance as measured with an
223 Agilent Cary 60 UV-Vis Spectrophotometer. All EEM sample correction and PARAFAC
224 modelling was done in Matlab R2015b according to the methods outlined in ref. (37).

225 Five PARAFAC components were validated by a split-half method (37), explaining 98.7%
226 of the variation in the EEMs. Components C1 and C2 were comparable to common humic-like
227 components, with maximum excitation/emission intensities of (310/414 nm) and (345/462 nm)
228 respectively. C3 was similar to the common tryptophan protein-like component (280/354 nm),
229 and C4 the common tyrosine protein-like component (270/306 nm). Component C5 (275/318 nm)
230 was identified as a protein-like component that is associated with leaf litter polyphenol leachates
231 (28, 29) (Supplementary Fig. S3). Therefore, relative polyphenol leachate concentration was
232 estimated as the product of proportional C5 fluorescence and total dissolved organic carbon
233 (DOC) concentration in sediment porewater, as measured on a Shimadzu TOC-5000A in FPOC
234 mode.

235

236 *Methanogen Suppression*

237 To compare the relative abundance of methanogens between samples, DNA was first
238 extracted in duplicate using the MoBio PowerSoil kit (MoBio, Carlsbad, CA, USA). qPCR was
239 then carried out in triplicate on pooled DNA extractions to characterize better the communities
240 from the 4 sediment replicates of the CTR and each OM type mixed at 10, 20 and 40%
241 concentration. The *mcrA* gene was targeted using mlasF (5'-
242 GGYGGTGTMGDDTTCACMCARTA-3') and mcrA-rev (5'-
243 CGTTCATBGCGTAGTTVGGRTAGT-3') primers as in ref. (26). Reaction conditions were: a 5-
244 minute initial denaturation at 95 °C, followed by 45 cycles of 95 °C for 15 seconds, 55 °C for 30
245 seconds, and 72 °C for 30 seconds. Then a final denaturation for 1 minute at 95 °C, 30 seconds at
246 42 °C and 95 °C for 30 seconds. The qPCR was done using Biorad's iTaq Universal SYBR Green

247 Supermix on an Agilent Technologies Stratagene Mx3005P. A standard curve was generated by
248 serially diluting an extracted band from amplified eDNA and run in triplicate along with the
249 samples generating an $R^2 = 0.999$ and efficiency of 97.2%. Dissociation curves indicated a pure
250 product, which was confirmed on a 1.5% agarose gel. eDNA was quantified and purity was
251 checked (260/280 nm ratio) using a Take3 spectrophotometry system on a Synergy HI microplate
252 reader (BioTek, Winooski VT, USA). Dissociation curves indicated a pure product, which was
253 confirmed on a 1.5% agarose gel. The results were calculated by averaging the triplicate Ct
254 values, and abundances were standardized relative to the control and expressed per dry weight of
255 sediment normalized for extraction efficiency. Suppression of methanogens could also be caused
256 by sulfate reducing bacteria (SRB). To test for this, we used PCR to target the SRB-specific *dsrA*
257 gene and 16S rRNA deep sequencing to evaluate their abundance (see Supplementary Methods
258 S1).

259

260 *Ecosystem-scale Emissions*

261 We estimated the impact of increased *T. latifolia* occurrence on CH₄ production during the
262 growing season by applying our estimated production rates (mg m⁻²) to current and projected
263 aerial cover (m²) for Boreal Shield lakes. Surface areas were obtained from the Global Lakes and
264 Wetlands Database (GLWD) (8) for waterbodies between 0.1 and 1,000 km² in size and located
265 within the Boreal Shield (spatially delineated by the National Ecological Framework for Canada
266 (38) as an area of 1.8 million km² located between ca. 45°N and 60°N characterized by underlying
267 Precambrian bedrock). For each lake, we extracted current and projected probability of
268 occurrence of *T. latifolia* from Natural Resources Canada MaxEnt raster data, which was
269 developed by combining species occurrence data with actual climate data (for current estimates)
270 and with climate models (GCMs) (21, 32). We used projected MaxEnt occurrences for the
271 timeframe of 2041-2070 incorporating uncertainty by using five climate models [canESM2,

272 hadGEM2-ES, CESM1(CAM5), MIROC-ESM-CHEM, and composite-AR5] each with three
273 future emission scenarios (RCP 2.6, 4.5 and 8.5).

274 We then used the range in the probability of occurrence data to estimate a range in
275 projected suitable habitat and thus proportional coverage within Boreal Shield lakes. Suitable
276 emergent macrophyte habitat (shallow littoral) areas are not widely available, so we used
277 published regressions indicating a maximum of 28% of lake area to be covered by emergent
278 macrophytes, on average, for Boreal lakes in our size range (39). We then estimated coverage as
279 the product of the probability of occurrence and 28% of the total lake areas that were widely
280 available across the Boreal from the GLWD. Thus, a probability of occurrence of 1 meant all
281 suitable habitat, or 28% of total lake area, was covered in a given lake. We then calculated total
282 CH₄ production as the product of the rate of production (mg m⁻²) in our incubation study and
283 coverage by *T. latifolia* (m², current and projected), propagating uncertainty from climate models
284 and scenarios along with variation in our CH₄ production estimates. Estimates were scaled up to
285 100% of the sediment profile assuming our 5 cm surficial sediments represented 70% of total
286 production (36) and presented in CO₂ equivalents (1 kg CH₄ = 25 kg CO₂) to maintain
287 consistency with global emission estimates in ref. (2).

288

289 *Statistical Analysis*

290 To compare production rates across OM type, we performed a one-way ANOVA in R
291 3.3.0 (40). The ANOVA included the effect of type and its interaction with the methanogen spike
292 with the baseline (intercept) group adjusted to compare significance among groups. The ANOVA
293 was repeated for 10, 20, and 40% OM separately. We then fit a log-log model in R 3.3.0 (32) to
294 test for an effect of relative polyphenol concentrations on CH₄ production. All spatial analyses
295 were also done with R v. 3.3.0 (40).

296

Supplementary Materials

Methods S1. PCR detection and 16S rRNA sequencing libraries for sulfate reducing bacteria.

Fig. S1. CH₄ production in 10 (A) and 40% (B) amendments.

Fig. S2. CO₂ production in amended sediments.

Fig. S3. Five dissolved organic matter PARAFAC components identified in sediment porewater.

Table S1. PCR results for sulphate reducing bacteria (SRB).

Table S2. Production estimates from Boreal Shield lakes for a 150-day growing season.

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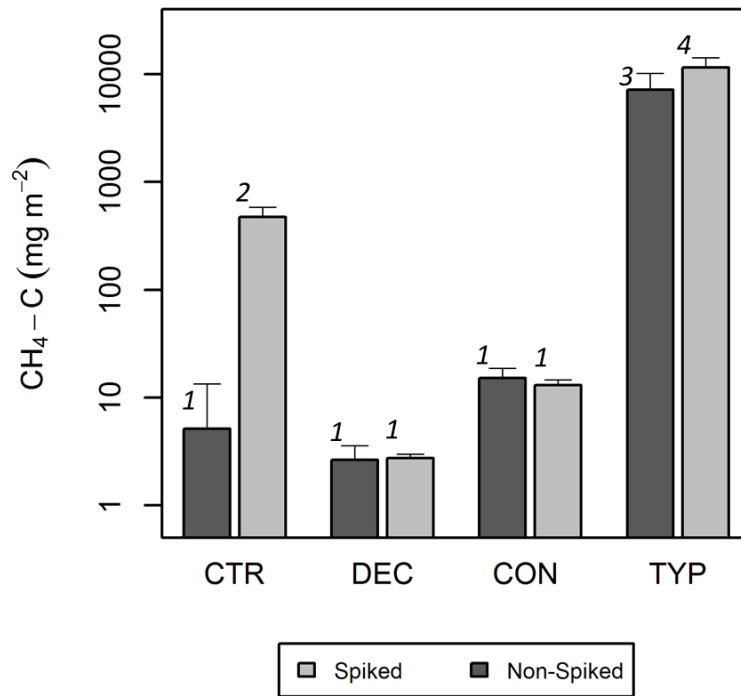
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439 Sequence Read Archive under BioProject PRJNA347436.

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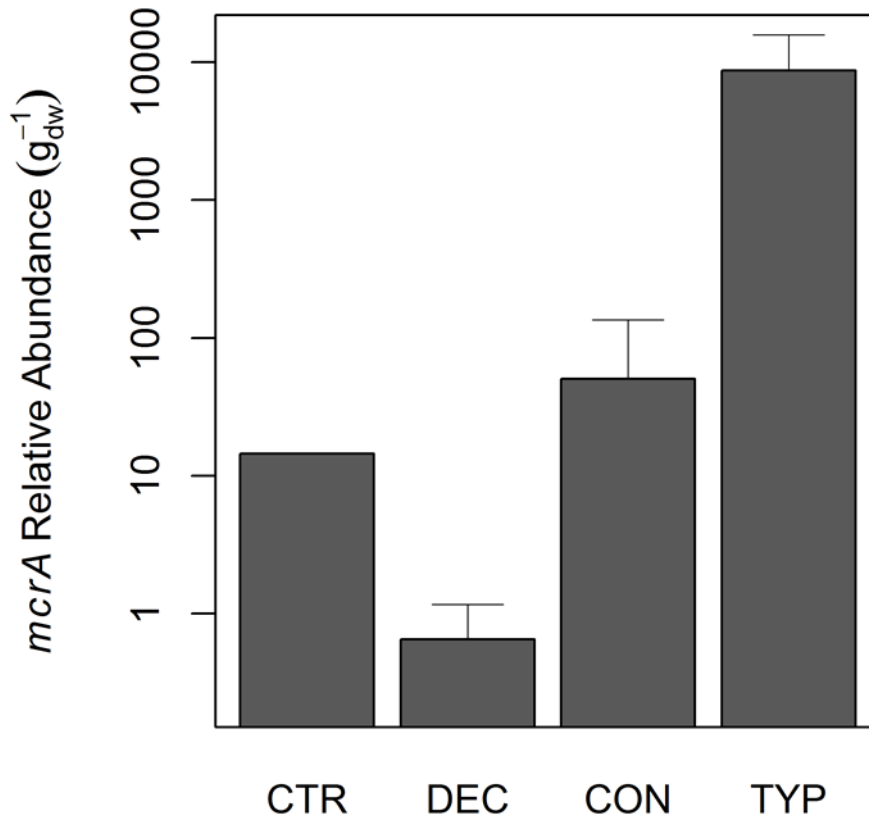
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442 **Figures and Tables**



443 **Fig. 1: CH₄ production in amended sediments.** Production over a 150-day growing season is
444 orders of magnitude higher in sediments amended with 20% organic matter from emergent
445 macrophyte (*Typha latifolia*; TYP) litter than deciduous (DEC) or coniferous (CON) forest litter.
446 CH₄ production increases further with addition of methanogen-rich sediment (i.e. spiked-
447 treatments) only in control (CTR) and TYP sediments. Different numbers (1-4) represent
448 significant differences ($p < 0.05$) among amendments (ANOVA $F_{7,24} = 39.47$). Results are
449 shown on a log scale because of large differences between TYP and the other amendments, and
450 error bars represent standard errors in production estimates.
451

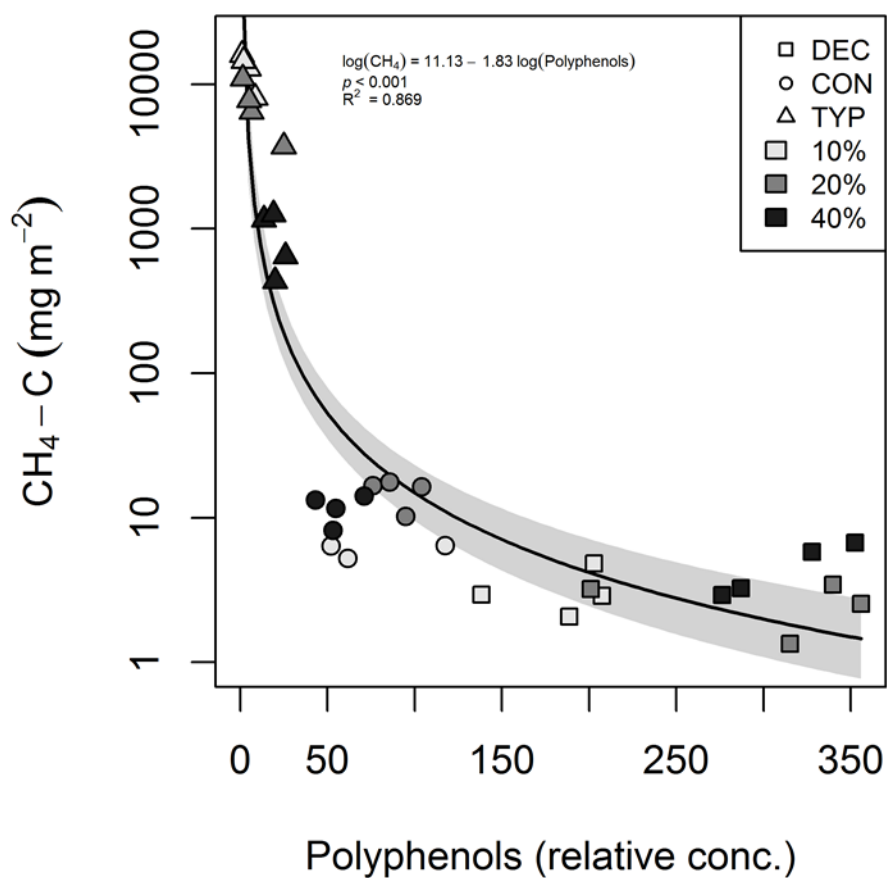
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454 **Fig. 2: Relative abundance of *mcrA* gene copies in amended sediments.** Relative abundance is
455 orders of magnitude higher in sediments amended with emergent macrophyte (*Typha latifolia*;
456 TYP) litter than deciduous (DEC) or coniferous (CON) forest litter and mirrors CH₄ production in
457 Fig. 1. DNA was pooled across replicates (n = 4 per %OM treatment) and expressed per gram
458 dry-weight (g_{dw}) of sediment normalized for extraction yield determined by qPCR. Error bars for
459 amendments represent standard error across %OM treatments.

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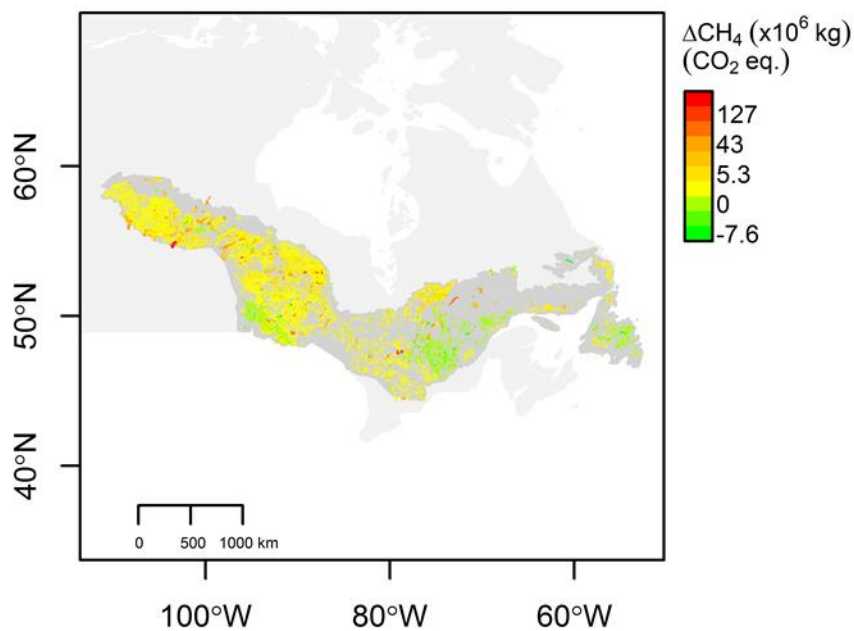
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462 **Fig. 3: CH₄ production in sediments declines with polyphenols.** The relationship is shown

463 across OM amendment type (DEC, CON, and TYP) and concentrations (10, 20, 40%).

464 Concentrations of polyphenols are relative and determined from fluorescence excitation-emission
465 spectroscopy.

466



467

468 **Fig. 4: Predicted increase in CH₄ production across the Boreal Shield.** An increase of at least

469 73% is predicted because of the greater probability of occurrence of *Typha latifolia* alone.

470 Estimated change in production is shown here as change in total kg of CH₄ (CO₂ equivalents)

471 from current (1971-2001) to future (2041-2070) over a 150-day growing season in each lake

472 under Composite-AR5 RCP 4.5 climate scenario.

473