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2 **Multiple Geographical Origins of Environmental Sex Determination enhanced the**
3 **diversification of Darwin's Favourite Orchids**

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22 **Running head:** Origin and effect of sexual plasticity on Catasetinae diversification

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26 **Abstract [148 words]:**

27 Environmental sex determination (ESD) – a change in sexual function during an
 28 individual life span driven by environmental cues – is an exceedingly rare sexual
 29 system among angiosperms. Because ESD can directly affect reproduction
 30 success, it could influence diversification rate as compared with lineages that
 31 have alternative mating systems. Here we test this hypothesis using a solid
 32 phylogenetic framework of Neotropical Catasetinae, the angiosperm lineage
 33 richest in taxa with ESD. We assess whether gains of ESD are associated with
 34 higher diversification rates compared to lineages with alternative systems while
 35 considering additional traits known to positively affect diversification rates in
 36 orchids. We found that ESD has evolved asynchronously three times during the
 37 last ~5 Myr. Lineages with ESD have consistently higher diversification rates
 38 than related lineages with other sexual systems. Habitat fragmentation due to
 39 mega-wetlands extinction, and climate instability are suggested as the driving
 40 forces for ESD evolution.

41 **Key words:** Sexual plasticity, reproduction, historical biogeography,
 42 Orchidaceae, diversification

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49 **Introduction**

Angiosperms have evolved a rich array of sexual systems that are unevenly distributed across lineages^{1,2}. About 90% of angiosperms produce male and female reproductive organs in the same flower²⁻⁴. A small fraction of genera (i.e. 7%) include dioecious species, which bear sexes on separate individuals⁵. One unusual sexual system is referred to as labile sex expression, and involves changes in sex expression linked to environmental and phenotypic interactions⁶. A regular form of labile sex expression is the recurrent alternation of functionally male and female flower production over reproductive seasons⁵ (e.g. duodichogamy in *Acer*⁶). However, a more extreme form of labile sexual expression is environmental sex determination (ESD), where an individual can change its sex in response to environmental variables such as sunlight and temperature^{3,6,7}. Therefore, plants with ESD can produce male, female or bisexual flowers either on the same individual or in separate individuals depending on specific environmental conditions⁸. ESD is a rare sexual system in angiosperms and has so far been reported for only *ca* 450 species in three families⁵. Several authors proposed that habitat heterogeneity afforded by fragmentation may provide conditions where ESD would be beneficial⁷⁻⁹. Given the differential demand of resources by male (e.g. pollen production) and female (e.g. seed production) sex functions, ESD would enable the optimization of resource reallocation to either sex function in response to specific site characteristics.

Orchids, with about 25,000 species, are among the most species-rich families of flowering plants on earth¹⁰⁻¹². They are well known for their diversity of reproductive systems¹³, but these remain poorly understood^{14,15}. The vast majority of Orchidaceae produce male and female reproductive organs in

75 the same flower¹⁶. Indeed, orchid flowers exhibit an extreme case of
 76 hermaphroditism in the plant kingdom because of the fusion of male and female
 77 organs into a gynostemium^{17,18}. An exception to this rule however are the
 78 Catasetinae, a Neotropical orchid lineage containing 354 species^{19,20}. Because of
 79 their striking sexual systems (i.e. ESD, protandry, adichogamy) and the diversity
 80 of pollination syndromes (e.g. male euglossine-bee pollination, oil bee
 81 pollination)^{21,22}, Catasetinae have long attracted the attention of botanists and
 82 naturalists²³. However, we still know little about the origin and evolution of
 83 ESD in this lineage.

84 Catasetinae includes eight genera, namely *Catasetum*, *Clowesia*,
 85 *Cyanaeorchis*, *Cynoches*, *Dressleria*, *Galeandra*, *Grobya* and *Mormodes*, and
 86 most of the diversity is found in Central America and Amazonia regions²⁴. Sex
 87 expression in Catasetinae, as in several other plant lineages with ESD, is
 88 regulated by ethylene production. The pioneer work of Gregg²⁵ documented the
 89 role of sunlight exposure and ethylene synthesis on sex determination in
 90 *Cynoches* and *Catasetum*. She convincingly demonstrated that ethylene
 91 concentrations are about two- to 100-fold higher in inflorescence apices that are
 92 fully exposed to sunlight compared with those kept in shade. Consequently,
 93 inflorescences with higher ethylene concentration usually produce female
 94 flowers, whereas those with lower levels produce male flowers²⁵.

95 To date, about one third of the Catasetinae (i.e. *ca* 100 species) are
 96 known to have ESD. Therefore, the group provides a unique opportunity to
 97 study its evolutionary context in a phylogenetic framework. A recent study
 98 provided strong support for three independent origins of sexual plasticity in
 99 Catasetinae^{14,26}. ESD evolved in *Catasetum*, *Cynoches* and *Mormodes*, always

100 from a protandrous ancestor. Protandry, in turn, was found to be the ancestral
 101 condition in the so-called core Catasetinae (*Catasetum*, *Clowesia*, *Cycnoches*,
 102 *Dressleria* and *Mormodes*). ESD could be a switch in the evolution of dioecy
 103 (i.e. spatial separation of sexes)²¹, as observed in other plant lineages with sexual
 104 plasticity such as *Fuchsia* and *Hebe*^{27–29}.

105 It is still unclear whether the independent origins of ESD occurred
 106 synchronously and under the same environmental conditions in a single
 107 biogeographical region or evolved asynchronously in different regions, possibly
 108 under different environmental conditions. It also remains elusive whether
 109 lineages with ESD are associated with higher diversification rates compared
 110 with hermaphroditic lineages. In view of its rarity, we hypothesise that ESD
 111 could be a disadvantageous system leading to lower diversification rates.
 112 Alternatively, ESD could be evolutionarily unstable and could thus represent a
 113 transitional state rather than a stable reproductive system.

114 The extremely high orchid diversity is thought to be related with the
 115 evolution of novel traits and the invasion of novel environments³⁰, possibly
 116 confounding analysis of the effects of ESD in orchid diversification. Therefore,
 117 we also investigated the impact of epiphytism^{10,31} and male euglossine-bee
 118 pollination^{21,30} on the diversification dynamics of Catasetinae. Epiphytism and
 119 male euglossine-bee pollination are traits that occur in all ESD species of
 120 Catasetinae, but these traits are shared with some Catasetinae species that have
 121 alternative reproductive systems²⁴ (see *Methods*). Therefore, it is possible that
 122 these traits might have influenced the diversification of the subtribe, yet their
 123 specific contribution to diversification rates are still unknown.

124 The limited knowledge on the evolutionary dynamics of ESD in orchids
 125 stems partly from the lack of well-sampled species-level phylogenies⁵. This is
 126 particularly true for Catasetinae, in which previous studies did not attain even
 127 taxon sampling, thus leaving species-rich clades dramatically underrepresented
 128 (e.g. *Catasetum*; see^{32–34}). In the current study, we generate the first densely
 129 sampled phylogeny of Catasetinae. We combine data on species distribution and
 130 a wide range of comparative phylogenetic methods to reconstruct the
 131 evolutionary history of ESD. We then infer the biogeographic history of
 132 Catasetinae, test whether their ESD lineages have higher diversification rates
 133 than non-ESD lineages, while accounting for the possible contribution of other
 134 traits to orchid diversification. We also investigate whether past and modern
 135 climate niche preferences of lineages with ESD are divergent from non-ESD
 136 lineages.

137

138 **Results**

139 *Phylogeny and molecular dating of Catasetinae*

140 Our DNA matrix included a total of 282 species, of which 132 belonged
 141 to Catasetinae (i.e. ~37% of the extant diversity of the subtribe; Tab. S1).
 142 Analyses based on Maximum Likelihood (ML) and Bayesian inference (BI)
 143 recovered similar topologies. However, they revealed several conflicting
 144 positions of species in the nuclear and plastid trees with bootstrap percentage
 145 values (MLBS) ≥ 75 and/or posterior probabilities (PP) ≥ 0.95 (Fig. S1-S2).
 146 Figure 1 and Figure S3 show the ML trees inferred from concatenated nuclear
 147 and non-conflicting plastid sequences, respectively. Here, after exclusion of

148 conflicting positions from the DNA matrices (see *Methods* and Appendix S1 for
149 a detailed explanation on incongruence handling), almost all backbone nodes of
150 the phylogeny achieved $MLBS \geq 75$ and $PP > 0.95$ support.

151 Divergence time estimates performed under a Bayesian relaxed clock
152 model yielded a mean Coefficient of Variation (CV) value for branch-specific
153 substitution rates of 0.73, indicating substantial among-branch rate
154 heterogeneity, confirming that the use of a relaxed molecular clock is
155 appropriate. Mean ages and the associated 95% credibility intervals obtained
156 under the relaxed clock model for all nodes are provided in Figure S4. The
157 dating analyses showed that (i) the Catasetinae and Eulophiinae+Cyrtopodiinae
158 shared a common ancestor in a time interval ranging from the early Miocene to
159 the early Oligocene ($25.93 \text{ Ma} \pm 5 \text{ Myrs}$), and (ii) the diversification of the
160 Catasetinae most recent common ancestor (MRCA) started around $19.5 \text{ Ma} \pm 4$
161 Myrs during the early Miocene.

162

163 *Geographical origin of ESD and biogeographical history of Catasetinae*

164 Table S4 provides ML statistics for six biogeographical models as
165 inferred using BIOGEOBEARS. The best fitting model was BayArea, including
166 founder-event speciation (J parameter; $\text{LnL}_{\text{best model}} = -860.3$ vs $\text{LnL}_{\text{second best}}$
167 $\text{model} = -875.5$; $\text{AIC}_{\text{best model}} = 1727$ vs $\text{AIC}_{\text{second best model}} = 1757$; Tab. S4). This
168 model estimated south-eastern South America as the most likely ancestral area
169 of Catasetinae (Fig. 2; Fig. S5). The same region was supported as the ancestral
170 area of *Cyanaeorchis* and *Grobya*. In contrast, *Galeandra* and *Catasetum*
171 inhabited larger areas between Amazonia+Guiana Shield+south-eastern South

172 America and Amazonia+south-eastern South America, respectively. The origins
173 of *Clowesia* and *Cynchoes* were estimated to be in Amazonia, whereas the
174 remaining lineages of Catasetinae (i.e. *Dressleria*, *Mormodes*) originated in
175 Central America (Fig. 2; Fig. S5).

176

177 *Origin, climate niche and evolutionary dynamics of ESD*

178 Ancestral character estimation analysis under the best model (i.e. single
179 transition rate) identified three independent gains of environmental sex
180 determination, without any losses (Fig. 2; Fig. S6). ESD first evolved during the
181 early Pleistocene to late Miocene (5 Ma \pm 3 Myrs) at the MRCA of *Cynchoes* in
182 the Amazonia region (Fig. 2; Fig. S5). Subsequently, two gains of ESD occurred
183 towards the Pleistocene to Pliocene (3 Ma \pm 1 Myrs) and the Pleistocene (1 Ma
184 \pm 1 Myrs) in Amazonia – south-eastern South America and Central America
185 regions, respectively. These gains took place at the MRCAs of *Catasetum* and a
186 small clade of *Mormodes* species restricted to Central America and Northern
187 Andes, respectively (Fig. 2; Fig. S5, S6). Lineages with ESD further diversified
188 mostly in lowland areas (i.e. Amazonia, Choco, south-eastern South America,
189 Central America, Guiana Shield. Two episodic colonisations from Central
190 America towards Northern Andes were recovered.

191 Bioclimatic variables for 1372 georeferenced occurrences of Catasetinae
192 were adequately captured by the first two axes of a principal component analysis
193 (PCA) (47.9% and 23.6%, respectively). The first PCA axis received
194 contributions from all bioclimatic variables except BIO 3 (isothermality), BIO 4
195 (temperature seasonality), BIO 7 (temperature annual range), BIO 15

(precipitation seasonality), and altitude (Fig. S7). The second PCA axis mostly discriminated dry/hot environments, but also included contributions from BIO 15 (precipitation seasonality; Fig. S8). Therefore, discriminations between particular environments were not detected (Fig. S7-S9), as bioclimatic variables representing precipitation and temperature contributed similar amounts of variance to PCA axes 1 and 2 (**Fig. S7, S8**). Overall, the ordination of climatic niche space of lineages based on the bioclimatic variables indicated no evidence for general ecological segregation between lineages with and without ESD (**Fig. S9a**).

To further assess the apparent lack of climatic niche differentiation between ESD and non-ESD taxa, we excluded all auto-correlated variables (see *Methods*), and performed a non-metric dimensional analyses (NMDS) based on altitude, BIO 15 (precipitation seasonality), BIO 18 (precipitation of warmest quarter) and BIO 19 (precipitation of coldest quarter). Similarly, we found extensive overlaps between climatic niches of ESD and non-ESD lineages (Fig. S9b). However, climatic niche differentiation analysis using present-day bioclimatic variables are not directly informative of the climate niche preferences of ancestral lineages in which ESD arose. Thus, we performed ancestral character estimation analyses of twenty bioclimatic variables to assess whether ancestors having evolved ESD and those with alternative sexual systems diverged in their climatic niche preferences. We found that ancestral mean values of all bioclimatic variables were consistently similar between ancestors that independently evolved ESD and contemporary lineages with other sexual systems (Fig. 3). More importantly, ancestral mean bioclimatic values of lineages with and without ESD revealed little variation through time (Fig. S10).

221 Trait-dependent diversification rate analysis supported a model with free
 222 speciation rates in lineages with and without ESD ($\text{LnL}_{\text{best model}} = -248.85$;
 223 $\text{AICc}_{\text{best model}} = 506.035$ vs. $\text{LnL}_{\text{null model}} = -262.41$; $\text{AICc}_{\text{null model}} = 531.022$, Tab. 1;
 224 Tab. S5). Under the best model, speciation rates were ~1.6-fold higher in
 225 lineages with ESD, while extinction rates were modelled under the same
 226 parameter (Fig. S11a; Tab. 1). We confirmed the robustness of these results
 227 through our tailored data simulations (see *Methods*), that generated an
 228 expectation about the distribution of ΔAIC values obtained from randomly
 229 reshuffled trait data (see *Extended Materials and Methods* of Appendix S1). The
 230 distribution of simulated ΔAIC did not overlap empirical AIC values. This
 231 suggests that our trait-dependent analysis is not biased by type I error (Fig.
 232 S14a).

233

234 *Evolutionary dynamics of male euglossine-bee pollination and epiphytism*

235 Binary-state dependent diversification analyses of male euglossine-bee
 236 pollination and epiphytism supported models with free speciation rates and
 237 equal extinction and transition rates (M_2 ; see *Methods*), and free speciation and
 238 transition rates but equal extinction rates (M_6), respectively. Both models
 239 recovered slightly higher speciation rates for male euglossine-bee pollination
 240 (2.13 events/Myr; Fig. S12; Tab. 1; Tab. S6), and epiphytism (1.56 events/Myr;
 241 Fig. S13; Tab. 1; Tab. S7) than for lineages with alternative reproductive
 242 systems (1.82 events/Myr; Tab. S6) and plant habit (1.27 events/Myr; Tab. S7).
 243 Analysis of simulated data confirmed the robustness of real data analysis results
 244 for male euglossine-bee pollination. The distribution of ΔAIC values from real
 245 data and simulated data did not overlap: $\Delta\text{AIC}_{\text{simulated}}$ was centred towards 30

units while the $\Delta\text{AIC}_{\text{real data}}$ was estimated at 9 (Fig. S14b). Analysis of simulated data for epiphytism did not reach convergence, hence the veracity of binary-state dependent diversification analysis on the real data set could not be evaluated.

Discussion

Forest fragmentation as the context for the multiple geographical origins of ESD

Orchids have a rich variety of reproductive systems³⁵, of which hermaphroditism is the most widespread in the family^{16,35}, reflecting the angiosperm-wide pattern². The Catasetinae, however, have evolved three reproductive systems (i.e. adichogamy, dichogamy, and ESD¹⁴), thus providing a unique opportunity to investigate biotic and abiotic factors shaping the evolution of these sexual systems. By relying on a solid phylogenetic framework, divergence time estimations, and ancestral character estimation, our study demonstrates the independent temporal and geographic origins of ESD in Catasetinae. More importantly, it reveals for the first time an apparent positive correlation between gains of sexual plasticity and higher speciation rates. However, our analyses show that other traits (i.e. male euglossine-bee pollination^{21,30}, and perhaps epiphytism³⁰), may also have positively contributed to the diversification of the Catasetinae.

Ancestral area estimation analyses suggest that sexual plasticity first originated in the Amazonian region during the late Miocene (5 Ma \pm 3 Myrs), a period preceded by the disappearance of large aquatic systems that dominated Amazonia from 17 to 7 Ma³⁶. Such aquatic environments, known as Pebas Lake

270 and Acre Systems, ranged from the drainage of western Amazonia to the
 271 Caribbean coast of Venezuela^{37,38} and prompted the fragmentation of pre-
 272 existing forests. The disappearance of Pebas and subsequent aquatic systems
 273 towards the late Miocene gave rise to flood-plains with a patchy vegetation
 274 dominated by palms, ferns and grasses^{38,39}.

275 The late Miocene vegetation changes in the Amazonian region may also
 276 be related to the global cooling subsequent to the mid-Miocene Climatic
 277 Optimum (~15 Ma). These climate changes might have promoted forest
 278 fragmentation by range expansions and contractions of species due to dramatic
 279 temperature changes^{37,40,41}. An example of the effect of drastic temperature
 280 changes on vegetation ranges is the peculiar *Campos Rupestres* in Brazil. There,
 281 dry periods provided the optimal conditions for vegetation to expand, allowing
 282 species to expand their distribution ranges, and subsequently occupy larger
 283 areas. Succeeding wetter periods would have prompted the contraction of
 284 distribution ranges, leading to the formation of isolated vegetation patches^{42,43}.
 285 As a result, species like the orchids *Sarcoglottis caudata* and *Liparis beckeri*
 286 now occupy very restricted ranges, whereas other taxa have a disjunctive
 287 distribution, e.g. *Vellozia virgata*.

288 Sexual plasticity has been regarded as an adaption to patchy
 289 environments^{7,8,44}, and this might have explanatory power for the gains of sexual
 290 plasticity in Catasetinae. The existence of patchy forests towards the end of the
 291 late Miocene in South America and vegetation changes in Central America
 292 might have facilitated the evolution of ESD by leading individuals to invest
 293 different amounts of resources to male and female gamete production. Resource

294 reallocation to either function might thus have taken place as a function of an
295 individual's specific site characteristics^{9,44}.

296 In a seminal paper, Zimmerman⁴⁵ provided evidence towards the biased
297 sex expression in *Catasetum viridiflavum*. In this species, female plants are more
298 frequently distributed in open canopies whereas male plants often grow in closed
299 canopies. Plants growing in open canopies are longer exposed to sunlight
300 irradiation, thus favouring accumulation of energetic resources (i.e. plant
301 biomass) that are later reallocated to female flower and fruit production⁴⁵. The
302 latter process requires considerable amounts of energy⁴⁶ because of the massive
303 number of seeds produced in a single capsule (see below). Sunlight irradiation
304 appears to be the main ecological variable driving male/female flower
305 production ratio in Catasetinae^{25,45}. However, how other variables tied to
306 resource constrains and patch quality (e.g. substrate type⁴⁵, orchid-mycorrhiza
307 interactions⁴⁷) affect sex ratios in the Catasetinae deserves further research.

308 *ESD, epiphytism and male euglossine-bee pollination enhanced*
309 *diversification in Catasetinae*

310 The overwhelmingly low frequency of lineages with ESD compared to
311 the vast majority of hermaphrodite angiosperms⁵ could suggest that sexual
312 plasticity is a disadvantageous mating system or that it is evolutionary unstable.
313 However, our study shows that Catasetinae clades with ESD have higher
314 speciation rates than those with other sexual systems (i.e. adichogamy,
315 protandry; Fig. S11). Here, the overarching comparison of speciation rates
316 obtained from all analysed traits revealed a greater contribution of ESD
317 evolution to the diversification dynamics of Catasetinae (rates ~1.6-fold higher
318 than in lineages with other sexual systems). In contrast, the evolution of

319 epiphytism (~1.2-fold higher) and male euglossine-bee pollination (~1.17-fold
320 higher) affected diversification in the Catasetinae, but to a lesser extent.

321 Our ancestral character estimation analysis does not reveal any loss of
322 ESD, suggesting that it is an evolutionary stable system in Catasetinae that has
323 been maintained for up to 5 million years. Nevertheless, diversification in
324 Catasetinae has also been prompted by the gain of traits that were earlier shown
325 to influence diversification rates of Neotropical orchids in general (i.e. male
326 euglossine-bee pollination²¹, epiphytism^{30,31}). Taken together, these findings
327 indicate that rate clad diversification is determined by several, potentially
328 interacting factors³⁰.

329 Vascular epiphytes are a key component of tropical forests⁴⁸, and orchids
330 account for 68% of the total vascular epiphyte diversity⁴⁹. Epiphytism has
331 evolved at least seven times since the Eocene in Orchidaceae⁵⁰, and might have
332 enhanced diversification by allowing colonization of new, largely unoccupied
333 habitats such as branches and trunks of angiosperms³⁰. In Catasetinae,
334 epiphytism occurs in all members of the three most speciose genera, namely
335 *Catasetum*, *Cynoches* and *Mormodes*^{24,51} (290 species altogether²⁰). It also
336 occurs in all species of *Grobya*²⁴ (five species), *Clowesia* (seven species) and six
337 of the eleven species of *Galeandra*⁵². Epiphytic species from such clades inhabit
338 in a wide array of ecosystems and biogeographical regions^{24,53,54}. Contrastingly,
339 terrestrial species are confined to species-poor clades with restricted distribution
340 such as *Dressleria* (twelve species), *Cyanaeorchis* (three species), and a clade of
341 five species nested in *Galeandra*^{24,52,55}.

342 Pollination by male euglossine-bee evolved independently three times in
343 Orchidaceae since the early Miocene²¹. It may have accelerated diversification

344 rates by promoting switches in pollinators via small changes in the chemical
 345 profile of the floral scent, or alternatively by changes in pollinarium placement
 346 sites, hence allowing reproductive isolation³⁰. Such pollination syndrome occurs
 347 in all species of *Catasetum*, *Clowesia*, *Cynoches*, *Dressleria* and *Mormodes*,
 348 which altogether make up ~85% of total species number in Catasetinae.
 349 Alternative pollination syndromes (e.g. oil-bee pollination²², food deception)
 350 occur in the remaining, species-poor genera of Catasetinae (i.e. *Cyanaeorchis*,
 351 *Galeandra*, *Grobya*). Taken together, our results point to a prominent role of
 352 ESD in the evolutionary dynamics of the Catasetinae, evidenced by speciation
 353 rates ~1.6-fold higher than in orchids without ESD. Nonetheless, we do not
 354 exclude the additional contributions of traits, such as euglossine-bee pollination
 355 and epiphytism.

356 The reliability of our diversification rate results is strongly dependent on
 357 the power and hypotheses testing ability of our trait-dependant diversification
 358 model (i.e. BiSSE). The BiSSE method is known to be affected by within-clade
 359 pseudoreplication⁵⁶, and sample size⁵⁷, issues that are inherent to the number of
 360 independent origins of the analysed traits, and the sampling proportion of the
 361 clade under study, respectively. Thus, extreme care must be used when
 362 interpreting the outcome of trait-dependant diversification analyses⁵⁷. However,
 363 by comparing different trait-diversification models with randomly reshuffled
 364 coding matrices in our simulations, and analysing other traits known to affect
 365 diversification rates in orchids, we have partially accounted for pseudo-
 366 replication bias. Indeed, our customized simulations revealed that BiSSE
 367 analyses of ESD and male euglossine-bee pollination are not affected by Type I
 368 errors. Nonetheless, diversification rate analyses can only account for the effects

369 of the traits here considered, hence we cannot entirely rule out that other
370 variables have additional effects⁵⁶.

371

372 *ESD, protandry and adichogamy share the same climatic niche in Catasetinae*

373 We have not detected significant differences in the ancestral and modern
374 climate niches between Catasetinae lineages with ESD and other sexual systems
375 (Fig. 3; Figs. S9-S10). Thus, particular temperature or precipitation regimes do
376 not appear to have favoured any of these lineages. Species with ESD that occur
377 often in habitats with longer sunlight exposure compared to species without
378 ESD, produce bigger pseudobulbs, female flowers and fruits^{45,58}. These species
379 also produce larger capsules than Catasetinae lineages with protandry or
380 adichogamy (e.g. *Cyanaeorchis*, *Clowesia*, *Dressleria*; Pérez-Escobar, pers.
381 obs.). For instance, the capsules of *Cynoches chlorochilon* produce on average
382 up to three times more seeds (3,770,000) than fruits of *Cymbidium tracyanum*
383 (850,000), an adichogamous species closely related to Catasetinae⁴⁶. Therefore,
384 under the same climatic niche, Catasetinae lineages with ESD might have
385 produced more offspring than lineages with other sexual systems. However,
386 additional data on fruit size and particularly on seed content for all Catasetinae
387 members are needed to statistically test such assumption.

388 Occurrence of ESD requires a heterogeneous habitat (e.g. fragmented
389 forest matrix), because under homogenous ecological conditions (e.g. forest
390 understory) plants with ESD will bear predominantly one sex form, and mating
391 success may thus be dramatically reduced. This highlights the important role of
392 climate instability and its effects on habitat heterogeneity since the Miocene

Climate Optimum in the evolution and maintenance of ESD. Nevertheless, it is likely that bioclimatic variables do not represent relevant environmental aspects of the niche in which ESD orchids occurs as compared with non-ESD lineages. Also, the climatic niche analyses pinpoint the explanatory power of variables with maximum variance, hence they will be mostly represented in PCA axes 1 and 2. However, such variables are not necessarily the most relevant and informative for our group of study. Therefore, even though ESD and non-ESD species niches largely overlap, ESD lineages might still be dependent on more specific ecological variables that are not necessarily captured by bioclimatic variables but that may yet be driven by climate (e.g. those operating on forest edge matrices⁵⁹, or affecting physiognomic properties of vegetation).

Conclusions

Environmental Sex Determination (ESD) in Catasetinae has long attracted and even confused⁶⁰ botanists and naturalists²³, and the evolutionary and biogeographic context for the evolution of this remarkable trait remained elusive before our study. Our results show that the evolution of ESD involved multiple gains in three biogeographical regions between late Miocene and late Pleistocene - geological periods that were marked by the extinction of pivotal aquatic environments and mega-wetlands^{36,39} and dramatic fluctuations in temperature⁶¹. Fragmentation of vegetation prompted by the demise of these aquatic systems in South America and by dramatic changes in temperature across the Neotropics might have fostered the evolution of sexual plasticity in Catasetinae. In spite of the extreme rarity of sexual plasticity among the rich array of angiosperm reproductive systems⁵, evolution of ESD in Catasetinae

appears to be correlated with higher speciation rates. Other traits such as male euglossine-bee pollination and epiphytism, however, also appear to have positively influenced the spectacular diversity of Catasetinae. This illustrates the difficulty in isolating the effect of one trait on diversification rates from effects of others. The genetic contribution of an individual to future generations is enhanced by ESD because it promotes the development of the sex most suited for specific environmental conditions (i.e. sunlight intensity in Catasetinae^{8,44}). We demonstrate that ESD-bearing Catasetinae inhabit the same climatic niche as their non-ESD relatives. Thus, plants with ESD might produce more offspring over plants having alternative sexual systems because of the increased opportunities for optimizing resource allocation to male and female function at each growing site.

Materials and methods

Taxon sampling, DNA sequencing and phylogenetic analyses

Species names, geographical origins, voucher specimens, and GenBank accession numbers of sequences included in phylogenetic analyses are provided in Table S1. We built our alignment based on the molecular datasets of Whitten et al.³³, Salazar et al.⁵¹, Neubig et al.⁶², Bone et al.⁶³, and Pérez-Escobar et al.^{34,64}, and further generated 57 nuclear ribosomal and 25 plastid sequences for poorly sampled lineages such as *Catasetum*, *Dressleria* and *Grobya* (Tab. S1). Because the precise position of Catasetinae inside the tribe Cymbidieae was elusive^{33,55}, we also sampled selected representatives of closely related subtribes (i.e. Cyrtopodiinae, Dipodiinae, Eulophiinae, and Oncidiinae). Genomic DNA extraction, amplification, sequencing and alignment procedures are the same as

443 in Irimia et al.⁶⁵, Pérez-Escobar et al.¹⁴, and Bechteler et al.⁶⁶. For the newly
 444 sampled taxa, we sequenced nuclear ribosomal external and internal transcribed
 445 spacers (ETS and ITS, respectively), a fragment of the *Xdh* gene, and also a
 446 ~1500 bp fragment of the plastid gene *ycf1*, and the *trnS*–*trnG* intergenic spacer.
 447 Amplification settings and sequencing primers used for ITS, ETS, *Xdh*, *trnS*–
 448 *trnG*, and *ycf1* are specified in Table S2.

449 Loci were aligned using MAFFT 7.1⁶⁷ and were further manually checked,
 450 yielding a total matrix of 281 taxa and 8104 nucleotides (~24% parsimony informative
 451 sites). Congruence between nuclear and plastid datasets was assessed following Pérez-
 452 Escobar et al.³⁴, and using PACo⁶⁸ (Appendix S1). The procedure is available as a
 453 pipeline (<http://www.uv.es/cophylpaco/>) and was also employed to identify operational
 454 terminal units (OTUs) from the plastid dataset conflicting with the nuclear dataset
 455 (potential outliers detected by PACo are shown in Fig. S1-S2). A detailed explanation
 456 on PACo and a rationale on outlier handling is provided in the Extended Materials and
 457 Methods section of Appendix S1.

458 Phylogenetic analyses of separate and concatenated loci were carried out
 459 under maximum likelihood (ML) and Bayesian inference (BI), following Pérez-
 460 Escobar et al.^{14,34}, and Feldberg et al.⁶⁹. The best-fitting substitution models for
 461 ML and Bayesian analyses were obtained for each data partition using
 462 jModelTest v.2.1.6⁷⁰ (Tab. S3). Phylogenetic inference relied on the ML and BI
 463 approaches implemented in RAxML-HPC 8.2.4⁷¹ and MrBayes 3.2.2⁷²,
 464 respectively, and were carried out on the CIPRES Science Gateway computing
 465 facility⁷³. Maximum likelihood bootstrap supports (MLBS) were generated for
 466 the ML tree and MLBS $\geq 75\%$ considered as good support, and Bayesian

467 Posterior Probabilities (PP) ≥ 0.95 for the Bayesian majority rule consensus
468 topology were regarded as significant^{74,75}.

469

470 *Molecular clock dating*

471 Divergence time estimates were conducted using the Bayesian relaxed
472 clock approach of BEAST 2.1.3⁷⁶ with a concatenated nuclear+plastid subset of
473 the data obtained after the PACo analysis. Strict and uncorrelated lognormal
474 molecular clock models, both with pure-birth speciation models as
475 recommended for species level sampling⁷⁷, were compared to explore clock-
476 likeness of the data. For calibrating the relaxed clock model, there are few
477 fossils unambiguously assigned to Orchidaceae⁷⁸, and these are placed to
478 lineages very distantly related to Catasetinae (i.e. *Dendrobium*, *Earina*, both
479 Vandaeae). Recently, a new putative orchid fossil from the Dominican amber
480 (early - middle Miocene, 15-20 Ma) was described and assigned to the tribe
481 Cymbidieae⁷⁹. However, the author provided no evidence to unambiguously
482 assign such fossil to Cymbidieae or orchids in general. Secondary calibrations
483 are therefore the only option for dating the tree of Catasetinae. To this end, we
484 relied on the age estimates obtained from a fossil-calibrated global phylogeny of
485 Orchidaceae⁵⁰, which were set with normally distributed priors that reflected
486 uncertainty in the primary analysis⁷⁶. Settings for absolute age estimation are
487 detailed in the *Extended Materials and Methods* of Appendix S1.

488

489 *Ancestral areas estimation*

490 Species ranges were coded from the literature^{19,60} and from herbarium
491 specimens housed in the herbaria AMES, COL, F, M, MO, SEL, US, using the

492 R-package SpeciesGeoCoder⁸⁰. Distribution data were also obtained from own
 493 field observations. Biogeographical areas were defined considering putative
 494 areas of endemism of Catasetinae as well as species distributions observed in
 495 other plant lineages such as Rubiaceae³⁷ and Bromeliaceae⁸¹. We divided the
 496 geographical range of Catasetinae and outgroup taxa in eight biogeographic
 497 regions (see *Extended Materials and Methods* of Appendix S1 for a detailed
 498 description of coded areas): (1) Central America; (2) Guiana Shield; (3)
 499 Amazonia³⁷; (4) Chocó; (5) Northern Andes; (6) Central Andes; (7) South-
 500 eastern South America; and (8) Africa and Australasia. We used the R-package
 501 BIOGEOBEARS (Biogeography with Bayesian and Likelihood Evolutionary
 502 Analysis in R script⁸²) to estimate ancestral areas on the phylogeny of
 503 Catasetinae.

504

505 *Climatic niche analyses*

506 We mapped georeferenced collection records obtained from floras, GBIF
 507 database and herbarium specimens (mean of five specimens per species,
 508 maximum number of record per species set to ten), and they represent the known
 509 distribution of extant Catasetinae species included in our taxon sampling. To
 510 query GBIF database, we relied on the function *occ* of the R-package SPOCC⁸³.
 511 We further extracted corresponding values of altitude and 19 climatic variables
 512 (30 seconds resolution) reflecting temperature and precipitation regimes from
 513 the WorldClim database (available at: <http://www.worldclim.org/current>), using
 514 the function *extract* of the R-package RASTER⁸⁴. To characterise the climate-
 515 niche occupied by Catasetinae lineages with ESD or other sexual systems, we
 516 performed Principal Component Analysis (PCA) on the mean values of the 20

environmental variables of each species, using the default function *princomp* of the R (Fig. S7). We further explored the contribution of bioclimatic variables to axes with the most variance by plotting the loadings of every bioclimatic variable onto the axes (Fig. S8, S9).

To avoid spurious results arising from inclusion of correlated variables^{63,85}, we determined the Pearson's correlation coefficients between the variables and altitude and then included only variables with a Pearson's correlation coefficient <0.5, taking a single variable in correlated clusters. This way, we selected altitude, BIO 15 (precipitation seasonality), BIO 18 (precipitation of warmest quarter) and BIO 19 (precipitation of coldest quarter) as a set of maximally uncorrelated variables. We analysed these variables using the R-package VEGAN⁸⁶ to perform non-dimensional metric scaling analyses (NMDS) using the dataset of 1372 georeferenced herbarium specimens.

530

531 *Ancestral character estimation*

We coded for absence (state 0) and presence (state 1) of ESD in 131 species of Catsetinae, plus eight taxa of Cyrtopodiinae (see below). We sampled 68 of the 164 known species with ESD in Catsetinae (i.e. ~41% of the ESD diversity). Information on occurrence of ESD was obtained from the literature^{24,58,87}. We estimated the origin of ESD within Catsetinae using a stochastic character mapping approach implemented on a maximum likelihood framework for ancestral character estimation analysis (ACE) implemented by the function *make.simmap* in the R-package PHYTOOLS⁸⁸. Under this approach, we fitted single (ER), symmetrical (SYM), and asymmetrical

541 character transition rate models (ARD) and performed stochastic mapping on
542 1000 iterations using the maximum clade credibility tree derived from the
543 BEAST dating analysis (see above). Eight members of the Neotropical genus
544 *Cyrtopodium* were selected as outgroup taxa, and they exhibit hermaphroditic
545 flowers (i.e. no ESD).

546 To assess whether ancestors with ESD and those with alternative sexual
547 systems differed in their climatic niche preferences back in time, we performed
548 ACE analyses of the same nineteen bioclimatic variables plus altitude, obtained
549 from georeferenced occurrences (see *Climate niche analyses* section of
550 *Methods*). ACE of absolute mean values relied on a Maximum Likelihood
551 framework, and were performed on a phylogeny derived from the character
552 stochastic mapping analysis of ESD (using ER as transition rate model, see
553 *Results*). We then visualized the variation through time of all variables (**Fig. 3**),
554 using the function *phenogram* of the R-package PHYTOOLS⁸⁸. We also plotted
555 mean ancestral values and their corresponding 95% confidence intervals (CI)
556 estimated for every node of the Catasetinae phylogeny, using the R-package
557 GGPLOT2⁸⁹ (Fig. S10).

558

559 *Trait-dependent diversification analyses*

560 We tested whether lineages with ESD (state 1) had higher speciation rates
561 than hermaphroditic, monoecious clades (state 0). In addition, to tease apart the
562 contribution of biotic variables to Catasetinae diversification that are known to
563 positively influence diversification rates in orchids, we investigated the
564 evolutionary dynamics of male euglossine-bee pollination and epiphytism in the

subtribe. The former trait occurs in all species of the genera *Catasetum*,
Clowesia, *Cynoches*, *Mormodes* and *Dressleria*^{21,24,90}, while the latter occur in
all species of *Catasetum*, *Clowesia*, *Cynoches*, *Mormodes*, *Dressleria*²⁴, and
part of *Galeandra* species⁵². We relied on the Binary State Speciation and
Extinction (BiSSE) model⁹¹ to estimate diversification rates associated with each
trait. We used the R-package DIVERSITREE⁹¹ to perform eight diversification
models in the maximum likelihood framework on 100 randomly sampled dated
trees from the Bayesian divergence times analysis. We tested eight models with
different configurations of speciation, extinction, and transition rates between
characters. Detailed settings for binary-trait dependent diversification analyses,
and simulations to account for type I error biases⁹² are provided in Appendix S1.

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824

825 **Author contributions**

826 O.A.P.E., G.C., F.L.C., J.V. and J.H. designed research; A.M and E.S. collected
 827 samples; A.M., E.S. and O.P. performed the lab work; O.A.P.E., F.L.C., and G.C.
 828 performed all analyses; O.A.P.E., G.C., F.L.C., J.V., B.K., J.H., G.G., A.M., and E.S.
 829 wrote the manuscript.

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831 **Competing financial interest**

832 The authors declare no competing financial interest.

1 **Tables**

2 **Table 1.** Best models and parameter values of BiSSE analysis on lineages with ESD
3 vs. alternative sexual systems, epiphytism vs. other plant habits, and male euglossine-
4 bee pollination vs. other pollination systems.

5

6 **Figures**

7 **Fig. 1.** Best scoring ML tree of Catasetinae (B) and sister subtribes (i.e. Eulophiinae,
8 Dipodiinae, Oncidiinae, Cyrtopodiinae, Cymbidiinae; A) obtained from non-
9 conflicting concatenated nuclear and plastid loci. Node pie-diagrams indicate
10 Bootstrap percentage values (MLBS > 75), where fully black diagrams indicate
11 MLBS of 100. Asterisks represent BPP values higher than 0.95. Representatives of
12 each clade in Catasetinae (except *Cyanaeorchis*) are shown in pictures [inset:
13 *Catasetum*: *Ca. ochraceum*; *Clowesia*: *Cl. russelliana*; *Cycnoches*: *Cyc. lehmannii*;
14 *Dressleria*: *D. eburnea*; *Galeandra*: *Ga. macroplectron*; *Grobya*: *G. galeata*;
15 *Mormodes*: *M. punctata*]. Pictures by: O. Pérez and G. Gerlach.

16 **Fig. 2.** Chronogram of Catasetinae and sister subtribes obtained under a relaxed clock
17 model, applied to a non-conflicting, concatenated nuclear and plastid loci. Minimum
18 and maximum age intervals are provided in Fig. S4. Time scale is provided in million
19 years (Mya). Node charts correspond to ancestral areas estimated under the
20 BAYAREA+J model. The LCA of Catasetinae is indicated with a black star and gains
21 of ESD are indicated with red circles. Coded biogeographical areas are colour-coded
22 following inset map, and are shown in front of taxa names (grey colours indicate taxa
23 distributed in more than one biogeographical region). The approximate time span of
24 Pebas and Acre mega-wetlands³⁶ is indicated by a grey rectangle. Inset: Coded areas

used for biogeographical analysis. Geopolitical boundaries map generated by ArcMAP (<http://www.sri.com>) using political divisions and elevation data from DIVA-GIS (<http://www.diva-gis.org/data>). Climate curve of the last 17 Myr represented as a function of oxygen-isotope records⁶¹.

Fig. 3. Evolution of ESD in Catantariinae and ancestral climatic-niche preferences depicted as traitgrams obtained via ACE analyses of mean values of bioclimatic variables. In all panels, coloured circles denote independent origins of ESD (colour-coded by chronological order). Colour coded branches denote lineages estimated to have ESD. Grey branches denote lineages inferred to have evolved alternative sexual systems (i.e. no ESD). Lineages in which ESD has evolved are color-coded accordingly. (A) Topological position of ESD origins (for posterior probabilities, see Fig. S6) (B) Annual mean temperature (Bio 1); (C) Mean diurnal range (Bio 2); (D) Isothermality (Bio 3); (E) Temperature seasonality (Bio 4); (F) Maximum temperature of warmest month (Bio 5); (G) Maximum temperature of coldest month (Bio 6); (H) Temperature annual range (Bio 7); (I) Mean temperature of wettest quarter (Bio 8); (J) Mean temperature of driest quarter (Bio 9); (K) Mean temperature of warmest quarter (Bio 10); (L) Mean temperature of coldest quarter (Bio 11); (M) Annual precipitation (Bio 12); (N) Precipitation of wettest month (Bio 13); (O) Precipitation of driest month (Bio 14); (P) Precipitation seasonality (Bio 15); (Q) Precipitation of wettest quarter (Bio 16); (R) Precipitation of driest quarter (Bio 17); (S) Precipitation of warmest quarter (Bio 18); (T) Precipitation of coldest quarter (Bio 19); (U) Altitude (meters). Note the little divergence through time of ancestral mean bioclimatic variables between lineages having ESD, and those with alternative sexual systems.

Supplementary material

50 **Appendix S1.** Extended Materials and Methods, supplementary tables and figures.

1 **Table 1**

Trait	Model	logL ¹	AICc ²	μ ³ (0)	μ (1)	μ ratio (μ ₁ /μ ₀)	μ ⁴ (0)
ESD	<i>M</i> ₂	-248.854	506.035	1.253	2.024	1.614	-
Male euglossine-bee pollination	<i>M</i> ₂	-240.045	488.416	1.827	2.138	1.174	-
Epiphytism	<i>M</i> ₆	-253.720	517.931	1.276	1.56p	1.2507	-

2

3 ¹log Likelihood

4 ²Akaike Informative Criterion corrected

5 ³Speciation rates

6 ⁴Extinction rates

7 ⁵transition rates from state 0 to 1

8 ⁶transition rates from state 1 to 0

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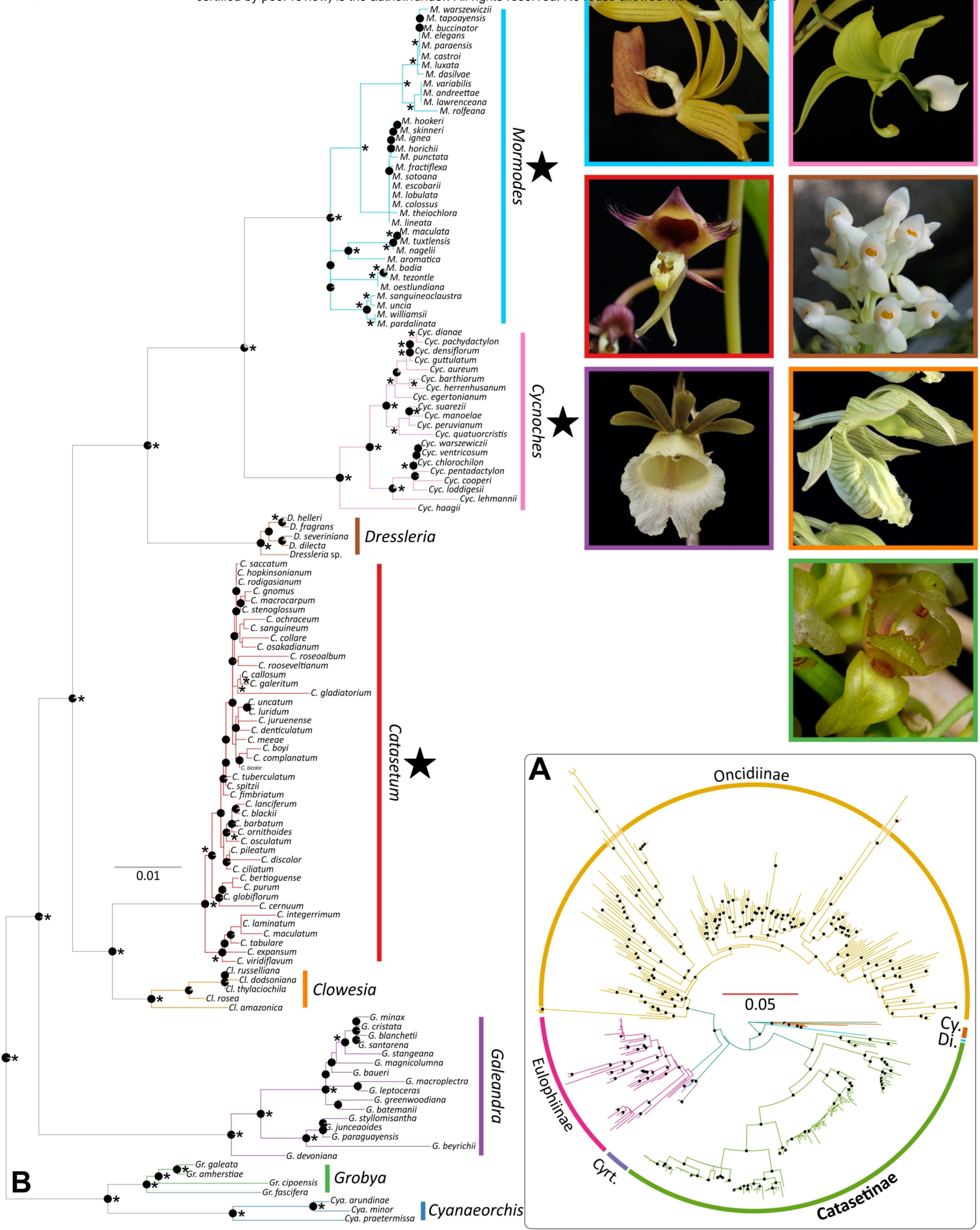
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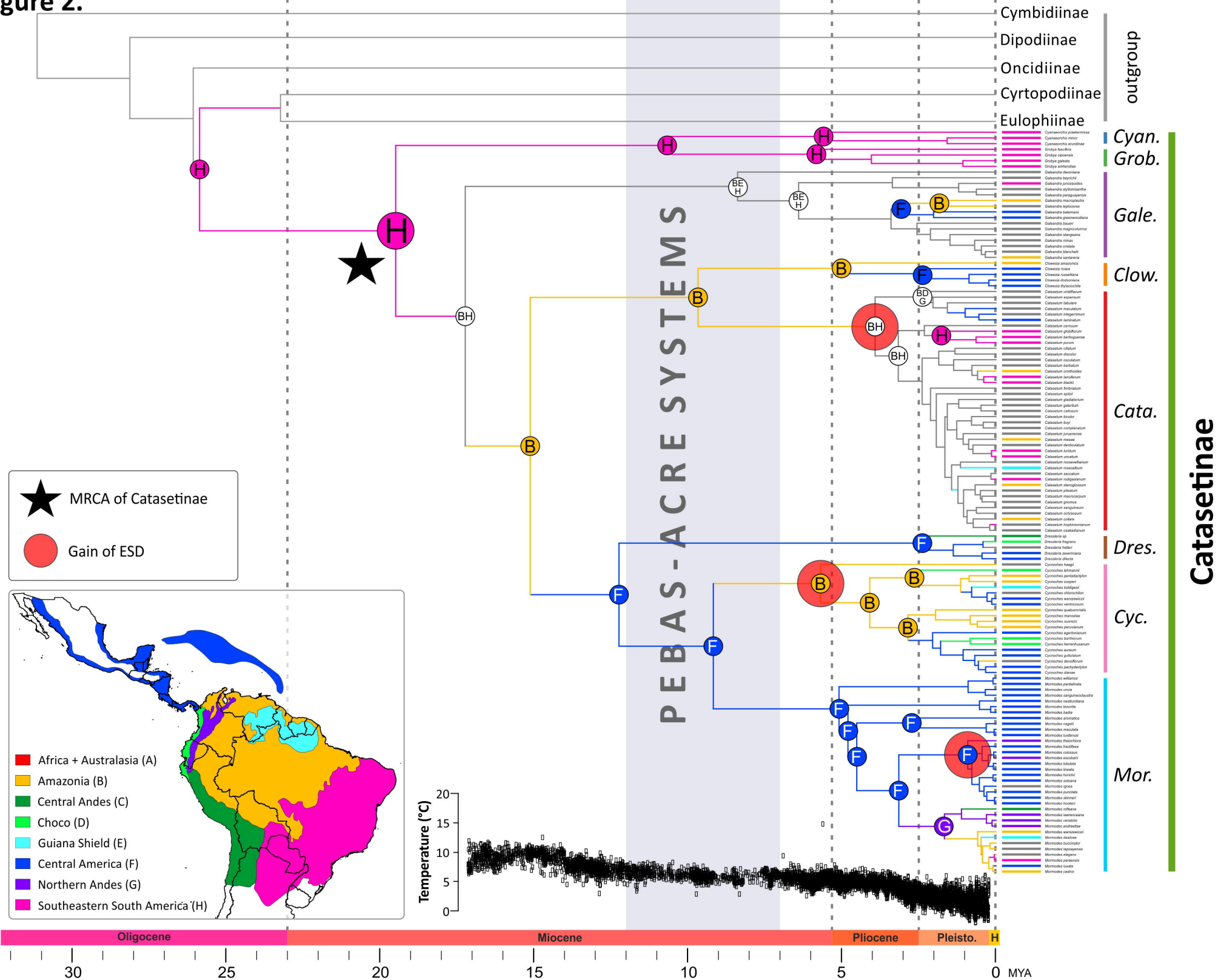
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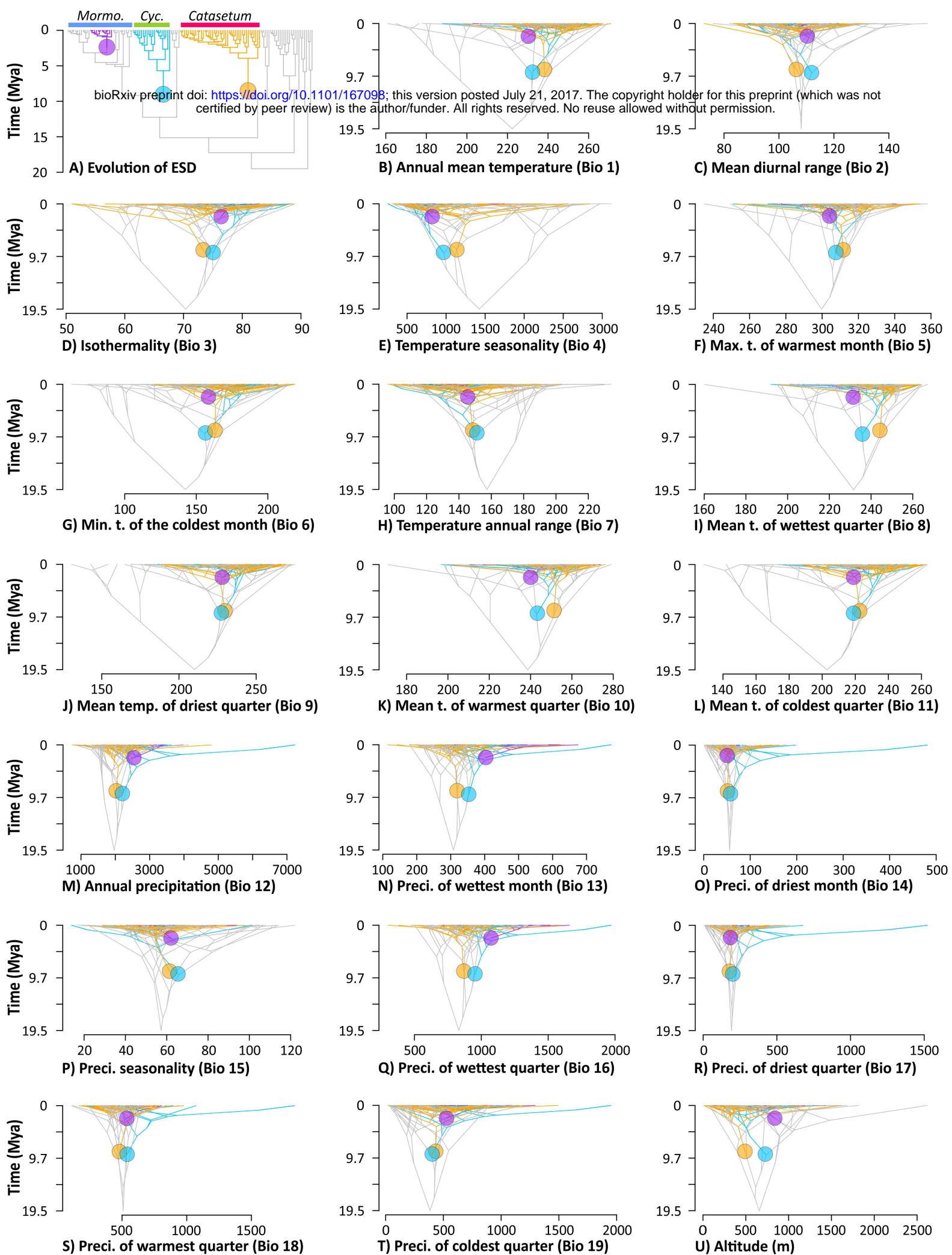
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Legends



First gain of ESD



Second gain of ESD



Third gain of ESD

Catasetum

Cycnoches

Mormodes