

1 **Acute stress induces long-lasting alterations in the**
2 **dopaminergic system of female mice**

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53 **Abstract**

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55 Stress is a risk factor for many neuropsychiatric disorders, and the mesolimbic dopamine (DA)
56 pathway is a crucial node of vulnerability. Despite the high prevalence of stress-related
57 neuropsychiatric disorders in women, preclinical knowledge on the impact of stress on neural
58 circuitry has predominantly been acquired in males. Here, we examine how a non-social stressor
59 impacts the effect of DA neurotransmission on social and reward-related behaviors in female
60 mice. Acute stress exposure attenuated the anti-social effects of photoinhibiting ventral tegmental
61 area (VTA) DA neurons and transformed photoactivation of these cells into an anti-social signal.
62 Fast-scan cyclic voltammetry (FSCV) revealed an enhancement in optogenetically-induced DA
63 release after stress. 60 days after stress, mice showed distinct patterns of intra-cranial self-
64 stimulation of VTA DA neurons. Our results reveal the impact stress exerts on females and show
65 that neural and behavioral changes induced by acute stress exposure are still present months
66 later.

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70 **Introduction**

71 Stressors, or threats to an organism's physical or psychological homeostasis, recruit a
72 constellation of compensatory processes aimed at mitigating harm (Chrousos, 2009; Gold, 2015).
73 While these immediate physiological and cognitive responses may be adaptive, stress exposure,
74 when chronic or severe, can cause long-lasting alterations in brain structure and function, which
75 can translate into maladaptive behaviors later in life (Chetty et al., 2014; Koenig et al., 2011; Mah
76 et al., 2016; McEwen et al., 2015; Schneiderman et al., 2005). For example, stress is associated
77 with a number of negative outcomes experienced in adulthood, including an increased risk in the
78 development of several neuropsychiatric disorders (e.g., addiction, depression, anxiety, and
79 schizophrenia) (Mah et al., 2016; Piazza and Le Moal, 1998; Solomon, 2017). Although stress
80 and mental health disorders appear to be consistently linked, the effects of stress on subsequent
81 disease-relevant behaviors have been distressingly understudied in females (Goel and Bale,
82 2009).

83 Considerable evidence suggests that the neurochemical basis of many neuropsychiatric
84 disease states involves a disruption of dopamine (DA) signaling (Nestler and Carlezon, 2006;
85 Piazza and Le Moal, 1996; Russo and Nestler, 2013). While the mesolimbic DA system is
86 historically thought to underlie appetitive motivation and reward-related processes (Schultz, 1998;
87 Wightman and Robinson, 2002; Wise, 2008), there is a growing body of evidence for DA
88 involvement in both acute and prolonged stress responses (Imperato et al. 1992; Di Chiara,
89 Loddo, and Tanda 1999; Saal et al. 2003; Campi et al. 2014; See (Holly and Miczek, 2016) for
90 extensive review of the current literature). For example, several studies have reported enhanced
91 DA neurotransmission during or immediately following stress exposure (Abercrombie et al., 1989;
92 Badrinarayan et al., 2012; Imperato et al., 1992; Mantz et al., 1989; Thierry et al., 1976; Tidey
93 and Miczek, 1996), and prior stress experience potentiates evoked DA release in response to
94 subsequent stress or electrical stimulation (Di Chiara et al., 1999; Yorgason et al., 2013, 2016).
95 Further, stress exposure also increases drug abuse vulnerability, drug seeking, and relapse
96 following abstinence (Dube et al., 2003; Koob and Volkow, 2016; Shaham et al., 2003; Sinha,
97 2008; Yorgason et al., 2016), and it is hypothesized that stress sensitizes the mesolimbic
98 dopaminergic system, thereby potentiating the rewarding properties of drugs of abuse (Johnston
99 et al., 2016; Lemos et al., 2012; Piazza and Le Moal, 1998; Saal et al., 2003). Despite this rich
100 literature, it is yet unknown how the stress-induced changes in DA signaling can alter disease-
101 relevant behaviors at different points in time following an acute stress exposure.

102 The effects of stress on DA and DA-modulated behaviors have been well characterized in
103 the male rodent brain (Cao et al., 2010; Chaudhury et al., 2013; Tye et al., 2013; Valenti et al.,

104 2012; Yorgason et al., 2013, 2016). However, there is limited knowledge of how stress affects the
105 female brain, despite evidence that sex strongly influences an individual's response to
106 environmental challenges (Cahill, 2006; Gruene et al., 2015; Taylor et al., 2000; Trainor, 2011).
107 Considering females exhibit higher sensitivity to stress (Carpenter et al., 2017; Dalla et al., 2005;
108 Handa et al., 1994; Lin et al., 2008), a higher prevalence for mood disorders (Bale and Epperson,
109 2015; Bangasser and Valentino, 2014; Bangasser and Wicks, 2017; Kessler, 2003), and
110 addiction-relevant behavior (Anker and Carroll, 2011; Calipari et al., 2017), it appears that this
111 understudied population is particularly at risk for maladaptive, stress-induced physiological and
112 behavioral alterations. Nonetheless, few studies have examined the basic characteristics of DA
113 signaling in females, and even fewer have also examined its interaction with stress (Campi et al.,
114 2014; Holly et al., 2012; Shimamoto et al., 2015; Trainor, 2011).

115 Impairments in social behavior represent a hallmark feature in a number of
116 neuropsychiatric diseases, including depression, anxiety and schizophrenia. Although many
117 factors contribute to the development of mood disorders, as stated above, stress can trigger the
118 onset and increase the risk for the development of these disorders (Mah et al., 2016; Piazza and
119 Le Moal, 1998; Solomon, 2017). Stress, especially when chronic, can reduce social motivation
120 and interactions in a variety of tests (Sandi and Haller, 2015), however a challenge is that many
121 of the studies examining the effects of stress on social behavior use a social defeat stressor (Cao
122 et al., 2010; Chaudhury et al., 2013; Krishnan et al., 2007), leaving the question of whether non-
123 social stressors can alter social behavior unanswered.

124 In this study, we demonstrate long-lasting changes in DA-modulation of social interaction,
125 and provide the first *in vivo* characterization of phasic DA release, following non-social stress in
126 female mice. We further investigated the consequences of these stress-induced alterations on
127 reward- and anxiety-related behaviors.

128

129 **Results**

130

131 **5-day forced swim stress alters the effect of VTA DA neuron inhibition on social interaction**

132 To determine whether stress changes the influence of DA neuron inhibition on social
133 interaction, female tyrosine hydroxylase (TH)::Cre mice underwent a 5-day forced swim stress
134 exposure either 7 days before testing ("recent stress") or ~60 days before testing ("remote stress")
135 in adulthood (mice were ~P97-99 during behavioral testing; Figure 1A-B). To enable
136 photoinhibition of VTA DA neurons, we injected an adeno-associated viral (AAV) vector carrying
137 a double-inverted open reading frame (DIO) construct allowing for cre-dependent expression of

138 Halorhodopsin (eNpHR3.0) fused to enhanced yellow fluorescent protein (eYFP) and implanted
139 an optical fiber above the VTA (Figure 1C and Figure 1-figure supplement 1A-C).

140 To assay social behavior, mice were tested on a 2-day social interaction paradigm. Here,
141 an unfamiliar young female was introduced into the cage of the experimental mouse and VTA DA
142 neuron activity was inhibited in the experimental mouse during one testing session
143 (counterbalanced for order) (Figure 1D). Consistent with previous reports (Gunaydin et al 2014)
144 photoinhibition of VTA DA neurons reduced social interaction times in non-stressed controls
145 (Figure 1 E-G). However, photoinhibition after recent and remote stress exposure did not induce
146 the same decrease in social interaction (Figure 1E-G). We also replicated a subset of these
147 experiments in dopamine transporter (DAT)::Cre mice (Figure 1F inset and Figure1-figure
148 supplement 1C-D). To test whether optically-induced changes in social interaction following stress
149 are restricted to the social realm or are more generalizable, mice were also tested in a novel
150 object assay (Figure 1H). While stress experience recently increased novel object exploration
151 relative to non-stress mice, VTA DA photostimulation did not alter novel object exploration in any
152 group (Figure 1I-K). Other behaviors executed during social interaction and novel object
153 exploration, e.g. digging and rearing, remained unaltered by both photostimulation as well as
154 stress exposure (Figure 1-Figure supplement 1E-F).

155 To determine whether other factors, such as general anxiety level or locomotor alterations,
156 contributed to the reduction in social interaction behavior, we also tested mice in the elevated plus
157 maze as well as an open field assay (Calhoon and Tye, 2015; Carola et al., 2002; Pellow et al.,
158 1985). We did not detect differences between the effect of photoinhibition nor stress exposure
159 on anxiety-related behaviors (Figure 1-figure supplement 1G) and locomotion (Figure 1-figure
160 supplement 1H-I) did not produce detectable differences between stress exposures and
161 photostimulation.

162

163 **Following stress, photostimulation of VTA DA neurons becomes an anti-social signal**

164 A new cohort of TH::Cre female mice was injected with AAV-DIO-ChR2-eYFP and an optic fiber
165 was positioned over the VTA (a subset of these experiments were replicated in DAT::Cre mice
166 Figure 2-figure supplement 1A-D). Stress exposure did not affect baseline social interaction levels
167 and phasic photostimulation of VTA DA neurons in non-stressed females did not significantly alter
168 social interaction time (Figure 2A-C). However, photostimulation significantly reduced interaction
169 time in both recently- and remotely-stressed mice (Figure 2A-C), demonstrating a long-lasting,
170 stress-induced impact. The stress-induced changes of dopaminergic activation on behavior were
171 specific to social interaction, as photoactivation did again not modulate the effects of stress

172 exposure on novel object exploration (Figure 2D-F), digging and rearing behaviors (Figure 2-
173 figure supplement 1E-F, anxiety-related behaviors (Figure 2-figure supplement 2G), or locomotion
174 (Figure 2-figure supplement 2H-I). Recent stress exposure did, however, increase novel object
175 exploration in recently stressed mice relative to non-stressed mice, independent of photoinhibition
176 (Figure 2D).

177 Importantly, dynamic changes during adolescence that influence fear extinction have been
178 reported (Pattwell et al., 2012). We next investigated whether the differences in the remote stress
179 group were related to the duration of time between stress exposure and testing or the
180 developmental stage during initial stress exposure. Thus, we included another group of mice
181 wherein the initial stress exposure was delivered in adulthood rather than adolescence, and kept
182 the duration of 60 days constant. We found that there was no difference between groups wherein
183 the stress exposure period was delivered during adolescence (P28-32) and adulthood (P86-90;
184 Figure 2-figure Supplement 2J). Although we did not experimentally deliver stress to the age-
185 matched controls (adulthood, non-stress group) we cannot rule out the possibility that there was
186 accumulation of stress across the lifetime of these animals.

187

188 **DA receptor signaling in the NAc is necessary for VTA DA-mediated anti-social effects in** 189 **stressed mice**

190 To verify whether DA transmission within the NAc is required to mediate the effects of VTA
191 photostimulation on social interaction, we bilaterally infused a D1-type and D2-type DA receptor
192 antagonist cocktail in the NAc prior to photostimulation (Figure 3A and Figure 3-figure supplement
193 1A-B). DA receptor blockade in the NAc attenuated the light-induced anti-social effects observed
194 after stress exposure (Figure 3B-C). These findings are consistent with our hypothesis that DA
195 transmission from the VTA to the NAc is necessary to induce the changes seen in social
196 interaction upon light stimulation. Although we observed a significant increase of locomotion upon
197 light stimulation in our vehicle-treated mice (Figure 3D), this was not correlated with light-induced
198 changes in social interaction (Figure 3E). Likewise, no correlation was observed between
199 changes in locomotion (Δ locomotion) and changes in social interaction (Δ social) in drug-treated
200 females (Figure 3F). Thus changes observed in locomotion do not appear to modulate the
201 changes observed in social interaction behavior.

202

203 **Stress facilitates optically-induced DA-release in NAc over prolonged periods of time**

204 To investigate possible long-term alterations in DA neurotransmission due to stress exposure, we
205 performed *in vivo* fast-scan cyclic voltammetry (FSCV) to monitor DA release within the NAc

206 evoked by optical stimulation of VTA DA neurons (Figure 4A and Figure 4-figure supplement 1A-
207 B). Optical stimulation (8 pulses at 30 Hz, 5 ms pulses, 20 mW of 473 nm laser light) of VTA DA
208 neurons induced greater extracellular DA ([DA]) release in the NAc of both recently and remotely
209 stressed mice, compared to non-stressed controls (Figure 4B-D). DA reuptake, measured as tau,
210 was not effected in any of the treatment groups (Figure 4E) and was independent of peak release
211 (Figure 4F). With higher intensity photostimulation (90 pulses at 30 Hz, 5 ms pulses, 20 mW of
212 473 nm laser light) a similar pattern of DA release differences between groups was observed
213 (Figure 4G-I); however again no detectable differences in reuptake were observed (Figure 4J-K).
214 Importantly, DA release followed the phasic stimulation parameters (8 pulses at 30 Hz, every 5
215 seconds) used during behavioral experiments (Figure 4-figure supplement 1C).

216 To examine how stress-induced alterations in DA signaling influence the ability of VTA DA
217 photostimulation to serve as a primary reinforcer (Witten et al., 2011), we assessed the effects of
218 optically-stimulated DA release on response rate to intracranial self-stimulation (ICSS) of VTA DA
219 neurons. Interestingly, the remote stress group showed significantly different ICSS performance
220 relative to the non-stress group, reflected as either increased or decreased nosepoke responding
221 for photostimulation, depending on the stimulation parameters (Figure 4L-M). Specifically, while
222 all treatment groups showed robust self-stimulation, remotely-stressed mice made significantly
223 more nose-poke responses for light-stimulation of 8 pulses at 30Hz for each nosepoke when
224 compared to non-stressed mice (Figure 4L). In contrast, when nosepokes were paired with 90
225 pulses at 30 Hz, remotely-stressed mice made significantly fewer nosepoke responses relative to
226 non-stressed mice (Figure 4M). These data are consistent with the notion that the relationship
227 between DA and behavior is nonlinear.

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232 Discussion

233 We investigated how 5 days of stress exposure affects optical manipulation of DA cell
234 bodies residing in the ventral tegmental area (VTA) during social behaviors as well as DA
235 neurotransmission over prolonged periods of time. Specifically, photoinhibition of VTA DA
236 neurons during a social interaction assay resulted in an anti-social effect in non-stressed control
237 females, an effect that was blocked in stressed females. Conversely, prior stress experience
238 resulted in an anti-social effect during photoactivation of VTA DA neurons, an effect that was
239 attenuated by intra-NAc DA receptor blockade. Importantly, these effects appear to be specific to
240 the social domain because VTA DA manipulations did not differentially alter novel object
241 exploration, general anxiety levels, or locomotion. Further, both remotely and recently stressed
242 mice exhibited amplified peak DA release in the NAc produced by optical stimulation of VTA DA
243 neurons *in vivo*. To assess the impact of stress-evoked alterations in DA signaling on reward-
244 relevant behaviors, we examined how optical activation of VTA DA neurons affects social
245 interaction and intra-cranial self-stimulation (ICSS). Considering that VTA DA neurons have been
246 implicated in social reward, our social data alone may suggest that stress attenuates the
247 reinforcing properties of VTA DA activation. However, remotely stressed individual exhibited
248 higher ICSS response rates compared to non-stressed controls when stimulated with a low
249 intensity, but a lower response rate when stimulated with a higher intensity. This suggests that
250 stress may alter DA-mediated reinforcement in a stimulus-dependent manner.

251 DA neurotransmission regulates motivated behaviors (Wightman and Robinson, 2002).
252 Phasic DA release in the NAc signals unconditioned reward delivery (Aragona et al., 2008; Day
253 et al., 2007; Roitman et al., 2008), reward-predictive cues (Roitman et al., 2004) and promotes
254 reward-seeking (Phillips et al., 2003). As such, we investigated the effects of stress-induced
255 alterations in phasic DA release on reward-related behaviors. We first examined the effects on
256 social interaction since affiliative social interaction is sex-specific (Bergan et al., 2014; Dulac and
257 Kimchi, 2007), stress-sensitive, and recruits the mesolimbic DA pathway (Campi et al., 2014;
258 Chaudhury et al., 2013; Gunaydin et al., 2014; Krishnan et al., 2007; Robinson et al., 2002). Here,
259 we found that stress produces social avoidance upon phasic VTA DA stimulation in both recently
260 and remotely stressed females, an effect which relied upon DA receptor activation in the NAc.
261 Previous work has shown a similar decrease in social interaction after administration of a high
262 dose of DA-receptor agonist into the NAc of female mice (Campi et al., 2014) as well as a negative
263 correlation between VTA firing rate and social interaction time in male mice (Cao et al., 2010).
264 Together with our data this suggests that amplified dopaminergic activity promotes social
265 avoidance. This theory can be consolidated with our results employing halorhodopsin-induced

266 inhibition of VTA DA neurons during our social interaction task. Here, stress exposure prevented
267 the social aversion optically triggered under non-stress conditions.

268 Our results go beyond previous literature in several ways, and highlight the exquisite
269 sensitivity of the female dopaminergic system to stress. Further, our novel non-social stress
270 paradigm did not significantly alter baseline responses to social interaction. Many studies report
271 social avoidance after chronic social defeat stress, a model that has great relevance to humans
272 (Cao et al., 2010; Chaudhury et al., 2013; Krishnan et al., 2007; Trainor et al., 2011). Acute social
273 isolation produces a rebound of social interaction upon reintroduction to social agents in rats
274 (Niesink and Van Ree, 1982; Panksepp and Beatty, 1980; Varlinskaya et al., 1999). Consistent
275 with our results (Figure 1I and Figure 2D), chronic social isolation of rats has produced greater
276 sensitivity to novelty in addition to changes in dopaminergic function in the NAc (Lapiz et al.,
277 2003). This study complements existing studies by examining social interaction following an
278 acute *non-social* stress exposure, tackling a distinct condition with equal relevance to the human
279 condition. Indeed, our data are consistent with reports that non-social stressors do not affect later
280 social behavior, while social stressors decrease social behavior (Venzala et al., 2013). The type,
281 duration and severity of stressors should also be considered, as not all stressors are the same
282 (Valenti et al., 2012).

283 Our findings demonstrate the nonlinearity of the relationship between dopamine release
284 and reward-related behavior. As the interval between stress and testing increased, the
285 enhancement in dopamine release was greater (Figure 4 A-K). However, the relationship
286 between the interval between stress and testing was dependent on the stimulation parameters,
287 as remotely stressed animals had increased responding in ICSS for 8 pulses per response, but
288 decreased responding in ICSS for 90 pulses per response (Figure 4 L and M). We speculate that
289 these findings have relevance to the striking comorbidity of addiction and neuropsychiatric mood
290 disorders (Brady and Sinha, 2005; Kessler et al., 1994), both of which are potentiated by stress.
291 Cocaine users, for example, show diminished emotional engagement, have fewer social contacts,
292 and have difficulty feeling empathy (Preller et al., 2014). Thus, stress-induced neuroadaptations
293 in the reward system may alter reward processing such that the motivational value of drug, or in
294 our case optical stimulation, is enhanced whereas the value of nondrug rewards, such as social
295 interaction, is reduced (Volkow et al., 2011).

296 Indeed, stress induces similar long-term adaptations within the VTA-NAc pathway as seen
297 after chronic drug abuse (Nestler 2006; Saal 2003; Ortiz 1996). Likewise, our new 5-day swim
298 stress appears to induce long-lasting adaptations in the VTA-NAc pathway that sensitizes
299 individuals to subsequent manipulations of this system and contributes to behavioral

300 abnormalities. It is also interesting to note that the only difference observed between our two
301 stress groups (recent vs. remote) was intra-cranial self-stimulation response rates for VTA DA
302 photostimulation. Considering stress-evoked elevations in drug self-administration dissipate
303 within 24 hours and then re-emerges after a time interval of days to weeks (Haney et al., 1995;
304 Logrip et al., 2012; Lowery et al., 2008), it is possible that the differential reward sensitivity we
305 observed between stress groups may result from a similar stress-mediated time course.

306 Our results are consistent with a vast literature showing that stressors alter the mesolimbic
307 DA pathway and DA-mediated behaviors (Cabib and Puglisi-Allegra, 1996; Cao et al., 2010;
308 Chaudhury et al., 2013; Di Chiara et al., 1999; Fone and Porkess, 2008; Imperato et al., 1992;
309 Kalivas and Duffy, 1995; Krishnan et al., 2007; Laman-Maharg and Trainor, 2017; Tidey and
310 Miczek, 1996; Valenti et al., 2012). For example, animals who experience early life stress exhibit
311 behavioral hyperactivity in response to DA agonists (Brake et al., 2004; Lovic et al., 2006;
312 Matthews and Robbins, 2003), suggesting stress induces a hyperdopaminergic state. Indeed,
313 stress amplifies electrically- and stress-evoked phasic DA release (Brake et al., 2004; Karkhanis
314 et al., 2016; Yorgason et al., 2013, 2016), but does not alter resting basal DA levels (Di Chiara et
315 al., 1999; Luine, 2002). However, as previously mentioned, many of these studies were conducted
316 in male rodents despite clear sex-dependent physiological and behavioral responses to stress
317 (Gruene et al., 2015; Ter Horst et al., 2009; Trainor, 2011). In contrast to male rodents, females
318 exhibit enhanced basal DA level in adulthood after early life stress (Afonso et al., 2011;
319 Shimamoto et al., 2011; Thomas et al., 2009) and show potentiated psychomotor responses to
320 DA agonists (Thomas et al., 2009). Although other variables (e.g., type, duration, and severity of
321 the stressor, time since stress experience, etc.) may contribute to the observed differences,
322 conclusions are difficult to draw given the paucity of literature examining neurochemical changes
323 in the female brain following stress.

324 Our testing schedule allowed for the assessment of the consequences of recently and
325 remotely experienced stress. We observed amplification of peak evoked DA release in recently
326 stressed females. Additionally, our 5-day stressor experienced remotely evoked a remarkably
327 similar pattern of DA neurotransmission dynamics in females as ~50 days of social isolation in
328 males (Yorgason et al., 2016). Our data indicate that even a relatively short stressor can produce
329 profound and long-lasting changes in the female DA system. While several studies report
330 enhanced DA neurotransmission in males during or immediately following various stressors
331 (Abercrombie et al., 1989; Di Chiara et al., 1999; Imperato et al., 1992; Saal et al., 2003; Tidey
332 and Miczek, 1996), the long-term consequences we observed in females after several days of
333 forced swim stress has not been observed in males (Lemos et al., 2012).

334 When taken together with previous work (Duchesne et al., 2009; Lemos et al., 2012), our
335 data suggest that the female mesolimbic DA pathway may be more sensitive to stress, and may
336 therefore exhibit stress-induced DA alterations that do not lead to behavioral impairments in
337 males. While this is tempting to speculate in the light of female vulnerability to neuropsychiatric
338 disorders (e.g., anxiety, depression, and addiction) (Kessler, 2003; Kessler et al., 1994), there are
339 several differences in key variables between these studies (stressor type, duration, and the
340 neurochemical recording preparation). Future studies should investigate stress-induced DA
341 neurotransmission patterns in identical experimental conditions in both sexes.

342 In addition to the careful consideration of experimental conditions, we also wish to
343 emphasize the heterogeneity of the dopaminergic system. For example, acute social isolation
344 increases subsequent social interaction and potentiates dorsal raphe nucleus DA neurons
345 (Matthews et al., 2016), which points to the heterogeneity of the DA system. Even within the VTA,
346 there is substantial heterogeneity in the function of DA neurons (Lammel et al., 2011, 2012).
347 Another caveat is that not all transgenic mouse lines show the same expression patterns, which
348 is why we included both TH::Cre and DAT::Cre mouse lines, which show distinct expression
349 patterns in the VTA (Lammel et al., 2015; Stuber et al., 2015).

350 In summary, we find that stress experience can produce long-lasting alterations in the
351 mesolimbic DA system and promote behavioral adaptations revealed upon stimulation of this
352 system in females. Although stress-induced circuit adaptations were often not visible at baseline,
353 their effects became unmasked when the system was pushed to its limits. This fits with a model
354 adapted from Shansky and Lipps (Shansky and Lipps, 2013) wherein an optimal level of DA
355 neuron activity promotes social interaction whereas both sub- and supra-optimal levels of DA
356 neurotransmission would reduce social interaction (Arnsten, 1997, 2009; Yerkes and Dodson,
357 1908). These findings highlight the sensitivity of the female DA system to stress and could have
358 relevance for this population's increased susceptibility for neuropsychiatric disorders and
359 addiction.

360

361 **Material and Methods**

362

363 **Animals**

364 Female heterozygous tyrosine hydroxylase (TH)::IRES-Cre transgenic mice were used for all ex-
365 periments. A subset of experiments was repeated in female heterozygous dopamine transporter
366 (DAT)::Cre transgenic mice. At ~P21 all mice were transported from the breeding facility to the
367 experimental facility and were housed on a reverse 12 hour light/dark cycle with food and water
368 *ad libitum* for the rest of the experimental timeline. All mice were group-housed in pairs of 2-5.
369 Mice were randomly assigned to an exposure group (non-stress, recent stress, or remote stress)
370 and mice housed together were always subjected to the same exposure. Remote stress was
371 performed between P28 and P32 and recent stress between P86 and P90. Behavioral testing
372 occurred around P97 (Figure 1A). An additional subgroup of females (n=10) were exposed to
373 adult remote stress between P86-P90. Those mice were then tested around P155 together with
374 a small cohort of non-stressed mice (n=8). All mice were naïve before any experimental proce-
375 dure. No animals were reused from other studies. All experimental protocols were approved by
376 the MIT Institutional Animal Care and Use Committee in accordance with National Institutes of
377 Health guidelines.

378

379 **Stereotaxic virus injection and optical fiber implantation**

380 Mice (~ 8-9 weeks of age) were anesthetized with isoflurane (5% for induction, 1.5-2% after) and
381 placed in a stereotaxic frame on a heat pad. A 10 μ l Nanofil syringe with a 33 gauge beveled
382 microinjection needle was used to infuse virus with a microsyringe pump and its controller. Virus
383 was infused at a rate of 100 nl per min. Following infusion, the needle was raised 50 μ m and then
384 kept in place for an additional 10 min before being slowly withdrawn. All stereotaxic coordinates
385 are relative to bregma. For photoactivation, voltammetry and pharmacological experiments, mice
386 were unilaterally injected at two sites in the VTA (-3.2 to -3.25 mm anteroposterior (AP); 0.35 mm
387 mediolateral (ML); -4.25 and -4.1 mm dorsoventral (DV)) with a total of 1.4 μ l of virus (AAV₅-EF1a-
388 DIO-ChR2(H134R)-eYFP; UNC Viral Core; Chapel Hill, NC). An optical fiber (200-300 μ m core,
389 0.22-0.37 numerical aperture [NA], Thorlabs, Newton, NJ, USA) was unilaterally implanted over
390 the ventral tegmental area (VTA; -3.25 mm AP; 0.35 mm ML and -3.75 mm DV) and secured to
391 the skull using a base layer of adhesive dental cement (C&B Metabond; Parkell, Edgewood, NY)
392 followed by a second layer of cranioplastic cement (Ortho-Jet; Lang Dental, Wheeling, IL). For
393 photoinhibition experiments the same amount of virus (AAV₅-EF1a-DIO-eNpHR3.0-eYFP; UNC
394 Viral Core; Chapel Hill, NC), was injected at two sites in the VTA (-3.25 mm AP; 0.00 to 0.015

395 mm ML; -4.25 and -4.1 mm DV). The optical fiber was positioned between the 2 hemispheres
396 medially above the VTA (-3.25 mm AP; 0.00 mm ML and -2.5 to -3.5 mm DV) and secured in the
397 same way as above.

398

399 Animals for pharmacological manipulations were, after 4 weeks of viral expression, additionally
400 implanted with bilateral guide cannulae (5 mm, PlasticsOne, Roanoke, VA) over the nucleus ac-
401 cumbens (+1.35 mm AP; ± 0.6 mm ML and -3.0 mm DV). Cannulae were secured in the same
402 way as above. The incision was closed with sutures and mice were given a subcutaneous injec-
403 tion of Meloxicam (1.5mg/kg) and saline (~1 ml) prior to recovery under a heat lamp. All behavioral
404 experiments were conducted 4-6 weeks after surgery.

405

406 **Swim stress**

407 We intensified a modified forced swim stress paradigm previously shown to produce escalating
408 immobility across sessions indicative of intensified expression of behavioral despair (Porsolt
409 1977; McLaughlin et al 2003, Bruchas et al 2007) and modulated responses in the dopaminergic
410 system (Lemos et al 2012). Mice in the recent and remote stress group were subjected to 5 day
411 swim stress in which they were exposed to a 15 min swim session on day 1, 3, and 5 and four
412 swim sessions of 6 min each separated by 6 min of rest on day 2 and 4 (Figure1B). Water tem-
413 perature was maintained at 24 ± 1 °C. After removal from water, mice were returned to their
414 homecage and allowed to recover under a heat lamp for 30 min. 6 mice in the recent stress group
415 underwent a 2 day forced swim stress instead of the described 5 days. Difference score values
416 of these animals were not significantly different and all mice were pooled into the recent stress
417 group subsequently.

418

419 **Fast-Scan-Cyclic Voltammetry (FSCV)**

420 TH::Cre mice, which had received an injection of AAV₅-EF1a-DIO-ChR2(H134R)-eYFP in the
421 VTA, as described above, were given at least 4 weeks for viral expression before recording
422 experiments. Each carbon-fiber electrode used was pre-calibrated in known concentrations of DA
423 (250 nM, 500 nM, and 1 μ M) in flowing artificial cerebral spinal fluid. Calibration data were used
424 to convert *in vivo* signals to changes in DA concentration using chemometric, principal component
425 regression, and residual analyses (Badrinarayan et al., 2012) using a custom LabView program
426 (provided by R. Keithley). Anesthetized *in vivo* FSCV experiments were conducted similar to those
427 previously described (Matthews, 2016; Nieh et al., 2016). Briefly, mice were anesthetized with
428 urethane (1.5 g/kg; IP) and placed in a stereotaxic frame. Craniotomies were performed above

429 the NAc (+1.4 mm AP; 0.7 mm ML), VTA (-3.25 mm AP; 0.35 mm ML), and contralateral cortex.
430 An Ag/AgCl reference electrode was implanted in the contralateral cortex and a 300 μm optical
431 fiber was implanted above the VTA (-3.75 mm DV). Both implants were then secured to the skull
432 with adhesive cement (C&B Metabond; Parkell, NY, USA). A glass-encased carbon fiber
433 electrode ($\sim 120 \mu\text{m}$ in length, epoxied seal) was lowered into the NAc (DV: -2.8 mm from brain
434 surface) for electrochemical recordings. Electrodes were allowed to equilibrate for 20 min at 60
435 Hz and 10 min at 10 Hz. Voltammetric recordings were collected at 10 Hz by applying a triangular
436 waveform (-0.4 V to +1.3 V to -0.4 V, 400 V/s) to the carbon-fiber electrode versus the Ag/AgCl
437 reference. Electrodes were lowered in 200 μm steps until a change in current $>1.0 \text{ nA}$ (minimum
438 criteria for recording) was evoked by optical stimulation of the VTA using 8 or 90 pulses of 473
439 nm light (20 mW, 5 ms pulse duration) at 30 Hz, delivered via a DPSS laser and controlled using
440 a Master-8 pulse generator. Data were collected using Tarheel CV (Chapel Hill, NC, USA) in 60s
441 files with the stimulation (8 p or 90 p) onset occurring 5 s into the file. Files were collected with a
442 60 s inter-recording interval and background subtracted at the lowest current value prior to
443 stimulation onset. Light-evoked signals maintained characteristic cyclic voltammograms for DA,
444 with oxidation and reduction peaks at $\sim +0.65 \text{ V}$ and $\sim -0.2 \text{ V}$, respectively. In order to sample DA
445 release in several subregions of the NAc, 1-3 recordings locations (separated by $>200 \mu\text{m}$) were
446 acquired per mouse within the same DV track. Locations which supported less than 1.0 nA of
447 optically evoked change in current were discarded.
448 Following recordings, mice were transcardially perfused with 4% PFA and processed using im-
449 munohistochemical techniques (described below). Evoked DA release was quantified by calcu-
450 lating the peak evoked release and area under the curve (10 s starting at stimulation onset; i.e.,
451 5-15 s) for each recording. The time constant τ was defined as the time to clear two-thirds of
452 the evoked DA signal and was used as a measure of DA reuptake. 2 recordings sites from remote
453 stress mice were excluded from reuptake analysis, due to no baseline return. Data were analyzed
454 using a custom LabView program (provided by R. Keithley) and Demon Voltammetry and Analysis
455 software (Wake Forest University).

456 **Behavioral assays**

457 All behavioral tests were performed at least 4 weeks following viral injection to allow sufficient
458 time for transgene expression. Mice were tested during the dark phase and allowed to acclimate
459 to the behavioral testing room for at least 1 h prior to testing. Mice were handled and connected
460 to an optical patch cable for at least 3 days before being subjected to any behavioral assay. All

461 behavioral tests were recorded by a video camera located directly above the respective arena.
462 The EthoVision XT video tracking system (Noldus, Wageningen, Netherlands) was used to track
463 mouse location, velocity, and movement of head, body, and tail. All measurements displayed are
464 relative to the center of the mouse body.

465 Social Interaction assay: Social Interaction in the homecage was examined as previously de-
466 scribed (Felix-Ortiz and Tye, 2014; Felix-Ortiz et al., 2016; Gunaydin et al., 2014). All cagemates
467 were temporarily moved to a holding cage and the experimental mouse was allowed to explore
468 its homecage freely for 1 min (habituation). A novel young (3-5 weeks of age) female C57BL/6
469 mouse was then introduced into the cage and the two mice were then allowed to interact freely
470 for 3 min (test session). Each experimental mouse underwent two social interaction tests sepa-
471 rated by 24 hours, with one intruder paired with optical stimulation and a different one with no
472 stimulation. Groups were counterbalanced for order of light stimulation. All behaviors were video
473 recorded and analyzed by 2 experimenters blind to the testing condition using ODLog software
474 (Macropod software). Individual results were then averaged. The overall score of social interaction
475 was defined as any period of time in which the experimental mouse was actively investigating the
476 intruder, including behaviors such as face or body sniffing, anogenital sniffing, direct contact, and
477 close following (<1 cm). Nonsocial behaviors were also represented in an overall exploration
478 score, which included cage exploration, rearing, digging, and self-grooming. Animals that had a
479 social interaction score of less than 5 s were excluded from further analysis.

480 Novel object exploration: The novel object test was performed exactly like the social interaction
481 assay. Instead of a young intruder, either a figurine or an equivalently sized Lego figure was
482 introduced to the mouse's homecage and total time spent investigating the object over 3 min was
483 quantified. Objects were thoroughly cleaned with 70% ethanol in between tests. Each experi-
484 mental mouse underwent two novel object investigation tests separated by 24 hours, with one
485 trial paired with optical stimulation and one with no stimulation, counterbalanced for order of light
486 stimulation and object.

487 Elevated plus maze assay: The elevated plus maze was made of grey plastic and consisted of
488 two open arms (30 x 5 cm) and two enclosed arms (30 x 5 x 30 cm) extending from a central
489 platform (5 x 5 cm). The maze was elevated 75 cm from the floor. Individual mice were connected
490 to the patch cable and allowed 2 min on the lid of the homecage for recovery from handling before
491 the 10 min session was initiated. Each session was divided into two 5 min epochs with only the
492 second epoch with light stimulation.

493 Open field test: Individual mice were connected to the patch cable and placed in the center of the
494 open field (53 x 53 cm) at the start of the session. The open field test consisted of a 10 min session

495 with two 5 min epochs in which the mouse was permitted to freely investigate the chamber. Stim-
496 ulation was given only during the second epoch.

497 Intracranial self-stimulation: A subset of mice was food restricted for 14-18 h prior to testing to
498 facilitate behavioral responding. Immediately before the start of the session, mice were connected
499 to a patch cord and placed in standard Med-Associates (St. Albans, VT, USA) operant chambers
500 equipped with an active and inactive nose-poke directly below two cue lights as well as audio
501 stimulus generators and video cameras. A 1 hour optical self-stimulation session began with the
502 onset of low volume white noise and illumination of both nose pokes. Each active nose poke
503 performed by the mouse resulted in optical stimulation of VTA cell bodies (either 8 or 90 pulses,
504 30 Hz, 5 ms pulse duration). Concurrently, the cue-light above the respective port was illuminated
505 and a distinct tone was played (1 kHz and 1.5 kHz counterbalanced), providing a visible and
506 auditory cue whenever a nosepoke occurred. Both active and inactive nosepoke time-stamp data
507 were recorded using Med-PC software and analyzed using custom-written MATLAB scripts
508 (Mathworks; Natick, MA).

509

510 **Laser delivery**

511 For optical manipulations during behavioral assays, the laser was first connected to a patch cord
512 with a pair of FC/PC connectors in each end (Doric; Québec, Canada). This patch cord was con-
513 nected through a fiber-optic rotary joint (Doric; Québec, Canada), which allows free rotation of the
514 fiber, with another patch cord with a side of FC/PC connector and a ferrule connection on the
515 other side that delivers the laser via a chronic optic fiber. Phasic activation of VTA cell bodies
516 consisted of 30 Hz bursts of eight 5 ms pulses of 473 nm light delivered every 5 sec at a light
517 power output of 10-20 mW of blue light generated by a 100 mW 473 nm DPSS laser (OEM Laser
518 Systems; Draper, UT), delivered via an optical fiber. Inhibition of VTA cell bodies was performed
519 with 593 nm light delivered constantly at a light power output of 1 mW of yellow light, generated
520 by a 593 nm DPSS laser. Laser output was manipulated with a Master-8 pulse stimulator
521 (A.M.P.I.; Jerusalem, Israel). Onset of laser light was determined by behavioral hardware.

522

523 **Monitoring of estrous cycle**

524 After behavioral testing each day, a vaginal swab was collected using a cotton tipped swab (Pu-
525 ritan Medical Products Company; LLC Guilford, ME) wetted with saline (Byers et al., 2012). The
526 cells were spread on a microscope slide. Slides were air dried and stained with 500 μ l of Accustain
527 (Accustain, Sigma-Aldrich, St. Louis, MO) for approximately 45 s. Slides were then rinsed with
528 water, coverslipped, and examined under a light microscope in order to determine the stage of

529 the estrous cycle phase via vaginal cytology. For a subset of mice, unstained vaginal lavage
530 specimens were used to determine the estrous cycle (Marcondes et al., 2002).

531

532 **Pharmacology**

533 D1- (SCH-23390; 3.1 mM, Sigma-Aldrich, St. Louis, MO) and D2- (Raclopride; 2.89 mM, Sigma-
534 Aldrich, St. Louis, MO) receptor antagonists were dissolved in sterile saline (0.9% NaCl) freshly
535 each day. ~ 10 minutes before the start of the behavioral assay, 0.4 μ l of the DA receptor antag-
536 onist cocktail or vehicle (sterile saline) was infused into the NAc via dual internal infusion needles
537 connected to a 10 μ l microsyringe, inserted into the bilateral guide cannula. The flow rate was
538 kept at 100 nl per min and regulated by a syringe pump (Harvard Apparatus, MA). Infusion nee-
539 dles were withdrawn 2 min after the infusion had finished. Testing of females took place over 4
540 consecutive days, each day a mouse only received one drug-light pairing counterbalanced for
541 order.

542

543 **Immunohistochemistry and confocal microscopy**

544 All mice were anesthetized with sodium pentobarbital and then transcardially perfused with ice-
545 cold phosphate-buffered saline (PBS) followed by 4% paraformaldehyde (PFA) in PBS (pH 7.3).
546 Extracted brains were post-fixed in 4% PFA overnight and then transferred to 30% sucrose in
547 PBS until equilibration. 50-60 μ m-thick coronal sections were sliced using a sliding microtome
548 (HM430: Thermo Fisher Scientific, Waltham, MA) and stored in PBS at 4°C until processed for
549 immunohistochemistry. Free-floating sections were blocked for 1 hr at room temperature in Triton
550 0.3%/PBS and 3% normal donkey serum. Primary antibody (chicken anti-TH 1:1000; AB39702,
551 Millipore, Temecula, CA) was incubated for 24 hrs at 4°C in Triton 0.3%/PBS and 3% normal
552 donkey serum. Sections were then washed 4 times for 10 min each with PBS and incubated with
553 secondary antibody (Cy3 or Alexa-647 donkey anti-chicken 1:1000; 703-605-155 Jackson Imm-
554 noResearch Laboratories, Inc., West Grove, PA) and a DNA specific fluorescent probe (DAPI:
555 4',6-Diamidino-2-Phenylindole, 1:50,000) for 2 hrs at room temperature. Sections were washed
556 again for 4 x 10 min with PBS followed by mounting on microscope slides with PVA-DABCO.
557 Fluorescence images were acquired using an Olympus FV1000 confocal laser scanning micro-
558 scope using a 10x/0.40 NA or a 40x/1.30 NA oil-immersion objective. Mice without viral expres-
559 sion or mistargeted fiber placements were excluded from further analysis.

560

561 **Statistics**

562 Sample sizes are based on past experience and similar to those presented in related literature.
563 There was no predetermined calculation. Statistical analyses were performed using commercial
564 software (GraphPad Prism, GraphPad Software, Inc, La Jolla, CA; MATLAB, Mathworks, Natick,
565 MA or SPSS, IBM, Armonk, NY). Group comparisons were made using repeated measures anal-
566 ysis of variance (ANOVA), including one-, two-, or three-way ANOVAs as indicated. Post-hoc
567 tests were corrected for multiple comparisons using Dunnett's post-hoc tests to compare means
568 from experimental stress exposed groups (recent or remote) to non-stressed controls, or using
569 Sidak's post-hoc tests when appropriate. P-values reported reflect values corrected for the multi-
570 ple comparisons using these methods. Single variable comparisons were detected with two-tailed
571 paired or unpaired Student t-tests. Correlations were calculated using Pearson correlations. A
572 Grubb's test was performed on individual data sets to identify outliers. Significance thresholds are
573 noted as * $p \leq 0.1$, * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$. All data are shown as mean \pm SEM.

574 **Acknowledgments**

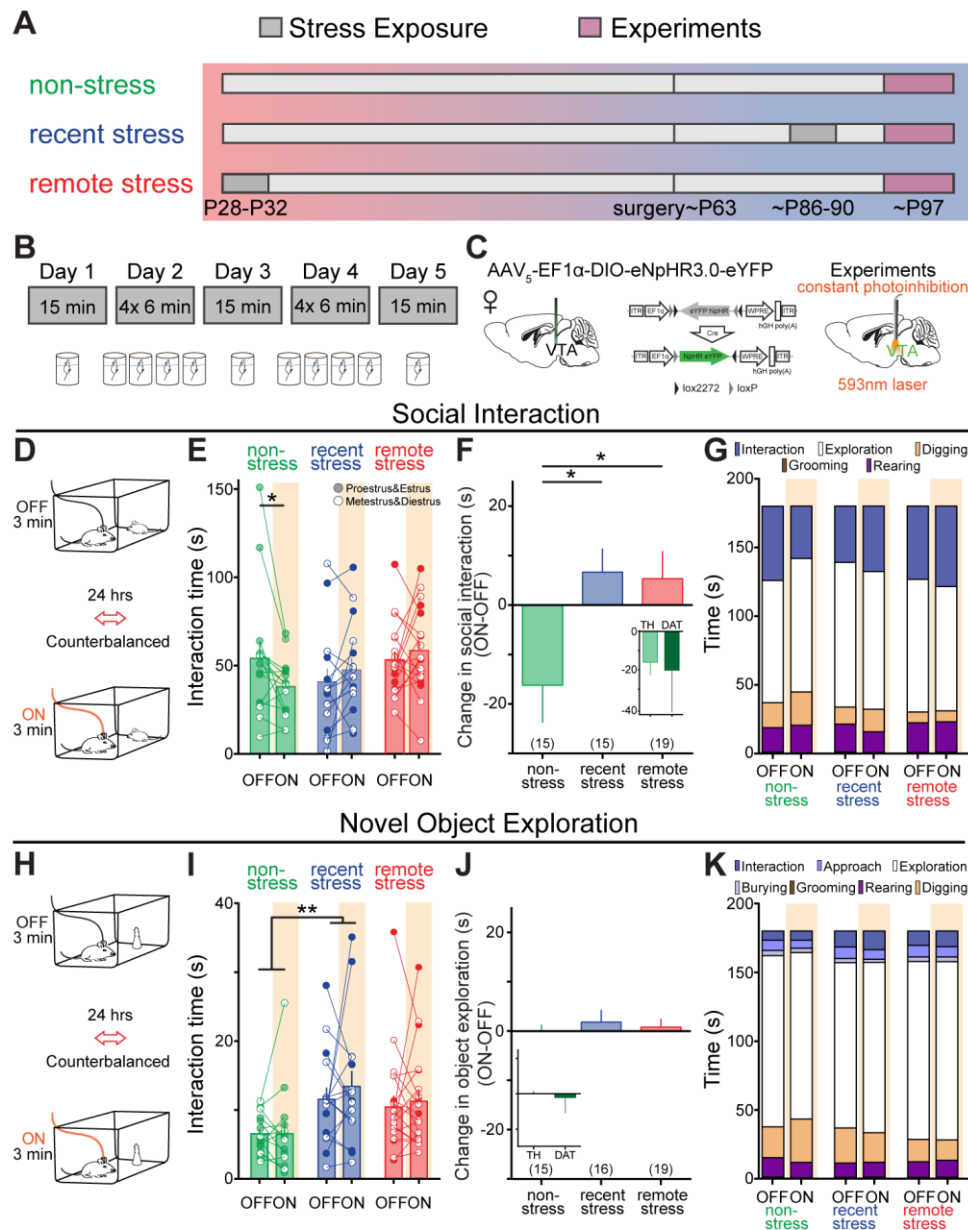
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589

590 **Author contributions**

591 R.W. and K.M.T. conceived and supervised the study. R.W., C.M.V.W., and K.M.T. contributed
592 to experimental design. R.W., A.S.Y., E.H.S.S., J.P.H.V., S.S., E.M.I., and K.M.F. executed and
593 analyzed behavioral experiments. R.W., C.M.V.W., and C.A.S. conducted and analyzed FSCV
594 recordings. R.W., A.S.Y., E.H.S.S., and C.A.S. performed stereotaxic surgeries. R.W., C.M.V.W.,
595 A.S.Y., E.H.S.S., J.P.H.V., S.S., E.M.I., K.M.F. performed immunohistochemistry. C.P.W. and
596 E.Y.K. contributed to data analysis. R.W., C.M.V.W., E.Y.K. and K.M.T. wrote the paper, all
597 authors contributed to editing the paper. The authors declare no competing financial interest.

598

Wichmann, Vander Weele, Yosafat et al. Figure 1



599

600 **Figure 1. Stress attenuates the effects of VTA DA neuron inhibition on social interaction.**

601 (A) Experimental timeline for mice in each exposure group. (B) Schematic of stress exposure
 602 paradigm, corresponding to grey boxes in (A). (C) VTA DA neurons were transduced with AAV₅-
 603 EF1 α -DIO-eNpHR3.0-eYFP and photoinhibited with constant yellow light (593 nm) delivered via
 604 an optical fiber implanted above the VTA. (D) Schematic of social interaction paradigm. (E)
 605 Photoinhibition of VTA DA neurons affected social interaction differently depending on prior stress
 606 exposure. There was a significant interaction of photostimulation and treatment in the social
 607 interaction assay (Two-way repeated measures ANOVA, main effect of stimulation: $F_{1,46}=0.159$,

608 p=0.692; main effect of stress exposure: $F_{2,46}=1.278$, $p=0.288$; light-by-stress exposure
609 interaction: $F_{2,46}=4.581$, $p=0.015$; Sidak's post-hoc test; * $p=0.033$). (F) Compared to its effects in
610 non-stressed mice, photoinhibition of VTA DA neurons was significantly less likely to decrease
611 social interaction (one-way ANOVA, $F_{2,46}=4.581$, $p=0.015$) in both recently (Dunnett's post-hoc
612 test; * $p=0.022$) and remotely (* $p=0.023$) stressed mice. Inset: There was no difference in the effect
613 of photostimulation on social interaction behaviors between non-stressed TH::Cre ($n=15$) and
614 DAT::Cre ($n=5$) mice (unpaired t-test, two-tailed; $t_{18}=0.311$, $p=0.759$). (G) Breakdown of mean
615 time spent engaging in social interaction, grooming, rearing, digging and cage exploration
616 behaviors during the social interaction task, for 3 min light-ON and light-OFF epochs grouped by
617 stress exposure. (H) Schematic of object exploration paradigm. (I) Novel object exploration was
618 not affected by photoinhibition (Two-way repeated measures ANOVA, main effect of light:
619 $F_{1,47}=0.68$, $p=0.413$; light-by-stress exposure interaction: $F_{2,47}=0.22$, $p=0.801$), though stress
620 exposure increased novel object exploration independent of VTA DA neuron photoinhibition (main
621 effect of stress exposure: $F_{2,47}=4.5$, $p=0.016$) after recent stress exposure (Sidak's post-hoc test,
622 ** $p=0.017$). (J) In contrast to social interaction, the effects of photoinhibition on novel object
623 exploration did not differ between the stress exposure groups (One-way ANOVA, $F_{2,47}=0.223$,
624 $p=0.801$). Inset: There was no difference in the effect of photoinhibition on social interaction
625 behaviors between non-stressed TH::Cre ($n=15$) and DAT::Cre ($n=5$) mice (unpaired t-test, two-
626 tailed; $t_{18}=0.718$, $p=0.482$). (K) Breakdown of mean time spent engaging in various behaviors
627 during the novel object exploration task, including novel object exploration, for 3 min light-ON and
628 light-OFF epochs, grouped by prior stress exposure. Numbers in brackets indicate number of
629 mice per group. Error bars indicate \pm SEM.

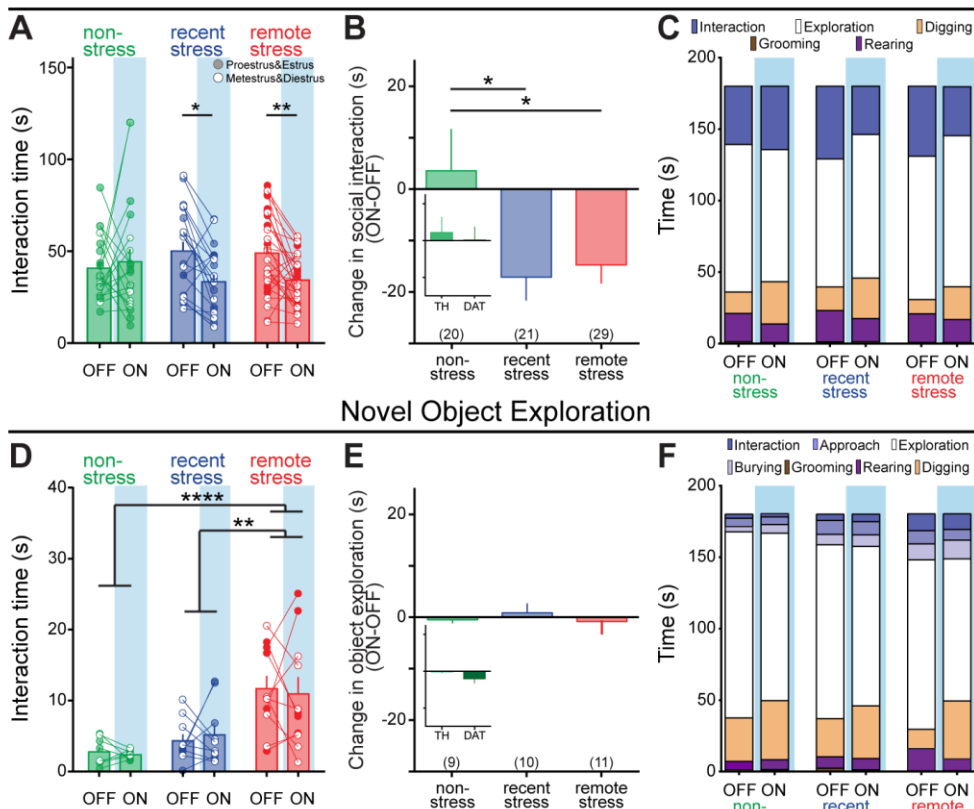
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Wichmann, Vander Weele, Yosafat et al. Figure 2
Social Interaction



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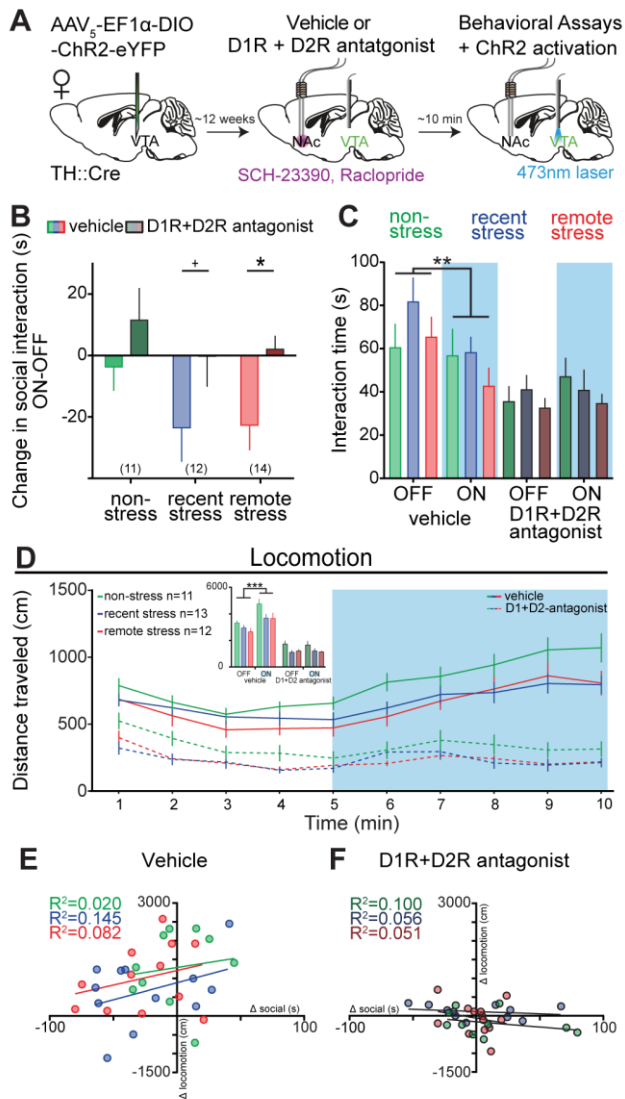
635 **Figure 2. Stress turns phasic VTA DA neuron activation into an anti-social signal.**

636 (A) Photoactivation of VTA DA neurons induced a significant effect stimulation and a treatment
 637 by stimulation interaction effect in the social interaction assay (Two-way repeated measures
 638 ANOVA, main effect of stimulation: $F_{1,67}=8.991$, $p=0.004$; main effect of stress exposure:
 639 $F_{2,67}=0.02$, $p=0.981$; light-by-stress exposure interaction: $F_{2,67}=4.041$, $p=0.022$). Both recent
 640 (Sidak's post-hoc test * $p=0.012$) and remote (** $p=0.008$) stress mice spend less time interacting
 641 during the light stimulation (ON) trial compared to the unstimulated (OFF) trial. (B) Compared to
 642 its effects in non-stressed controls, photoactivation of VTA DA neurons was more likely to
 643 decrease social interaction in both recently (Dunnett's post-hoc test, * $p=0.025$) and remotely
 644 (* $p=0.03$) stressed mice. Inset: There was no difference in the effect of photostimulation on social
 645 interaction behaviors between non-stressed TH::Cre ($n=20$) and DAT::Cre ($n=8$) mice (unpaired
 646 t-test, two-tailed; $t_{25}=0.289$, $p=0.775$). (C) Breakdown of mean time spent engaging in social
 647 interaction, grooming, rearing, digging and cage exploration behaviors during the social
 648 interaction task for 3 min light-ON and light-OFF epochs grouped by stress exposure. (D) In
 649 contrast to social interaction, novel object exploration was not affected by photoactivation or by

650 the interaction between light and stress exposure (Two-way repeated measures ANOVA, main
651 effect of light: $F_{1,27}=0.01$, $p=0.921$; interaction of light-by-stress exposure, $F_{2,27}=0.22$, $p=0.802$),
652 though remote stress exposure significantly increased novel object exploration (main stress
653 exposure effect: $F_{2,27}=14$, $p<0.0001$) compared to both non-stressed controls (Sidak's post-hoc
654 test; **** $p<0.0001$) and recently stressed mice (** $p=0.002$). (E) The effects of photostimulation on
655 novel object exploration did not differ between the stress exposure groups (one-way ANOVA;
656 $F_{2,27}=0.222$, $p=0.802$). Inset: There was no difference in the effect of photostimulation on novel
657 object exploration between non-stressed TH::Cre ($n=9$) and DAT::Cre ($n=8$) mice (unpaired t-test,
658 two-tailed; $t_{15}=1.572$, $p=0.137$). (F) Breakdown of mean time spent engaging in various behaviors
659 during the novel object exploration task for 3 min light-ON and light-OFF epochs, grouped by prior
660 stress exposure. Numbers in brackets indicate number of mice per group. Error bars indicate
661 \pm SEM.

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Wichmann, Vander Weele, Yosafat et al. Figure 3



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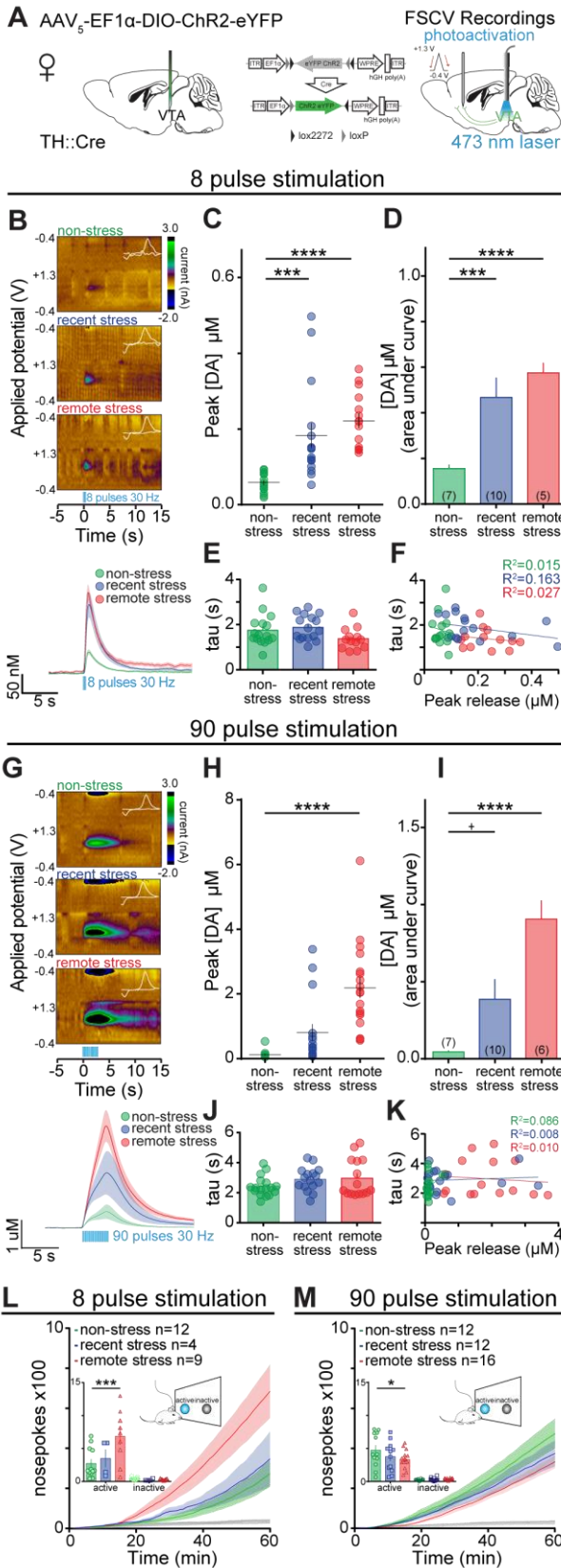
680 **Figure 3. Light-induced behavioral effects in stressed mice are blocked by intra-NAc DA-**
 681 **receptor blockade.**

682 (A) To test the role of dopamine in the effects of VTA photostimulation on social interaction,
 683 dopamine receptor antagonists (D1R: SCH23390, D2R: Raclopride) or vehicle (saline) were
 684 bilaterally infused into the NAc approximately 10 minutes prior to social interaction assays. (B)
 685 The effects of photoactivation were significantly different in the presence of dopaminergic
 686 antagonists (Two-way repeated measures ANOVA, main effect of drug, $F_{1,34}=14.78$, $p=0.0005$).
 687 Dopaminergic antagonists attenuated light-induced decreases in social interaction, measured as
 688 difference scores (ON-OFF), in recently (Sidak's post-hoc test, $+p=0.06$) and remotely ($*p=0.026$)
 689 stressed mice. (C) The effects of photostimulation differed based on infusion of dopaminergic
 690 antagonists (Three-way repeated measures ANOVA: main effect of drugs: $F_{1,34}=31.916$,

691 p=0.0005; drugs-by-photostimulation interaction $F_{1,34}=14.782$, $p=0.001$). Photostimulation of VTA
692 DA neurons significantly decreased social behavior after infusion of vehicle (** $p=0.003$), but not
693 after infusion of dopaminergic antagonists ($p=0.362$). (D) Photostimulation as well as drug
694 administration effected open-field locomotion. A three-way repeated measures ANOVA,
695 comparing 5 min epochs, revealed a main effect of drug treatment ($F_{1,30}=117.05$, $p=0.0005$),
696 stress exposure ($F_{2,30}=4.067$, $p=0.027$), and light stimulation ($F_{1,30}=25.952$, $p=0.0005$) as well as
697 a drug-by-light interaction ($F_{1,30}=40.780$, $p=0.0005$), but no other interactions (drug-by-stress
698 interaction: $F_{2,30}=0.284$, $p=0.755$; light-by-stress interaction: $F_{2,30}=0.278$, $p=0.759$; drug-by-light-
699 by-stress interaction: $F_{2,30}=1.972$, $p=0.157$). Upon pairwise comparison we observed that
700 photostimulation increased locomotion in all vehicle-treated groups (Sidak's post-hoc test;
701 *** $p=0.001$) however, no difference was detected in the drug-treated groups ($p=0.999$). (E-F)
702 Photostimulation effects on social interaction (Δ social, ON-OFF) did not correlate with
703 photostimulation effects on locomotion (Δ locomotion, ON-OFF) during neither (E) vehicle
704 treatment (Pearson's correlation: non-stressed: $r=0.142$, $p=0.697$; recently stressed: $r=0.381$,
705 $p=0.221$; remotely stressed: $r=0.287$, $p=0.366$) nor (F) drug treatment (Pearson's correlation: non-
706 stressed: $r=-0.317$, $p=0.373$; recently stressed: $r=-0.236$, $p=0.484$; remotely stressed: $r=-0.227$,
707 $p=0.456$). Numbers in brackets indicate number of mice per group. Error bars indicate \pm SEM.

708

Wichmann, Vander Weele, Yosafat et al., Figure 4



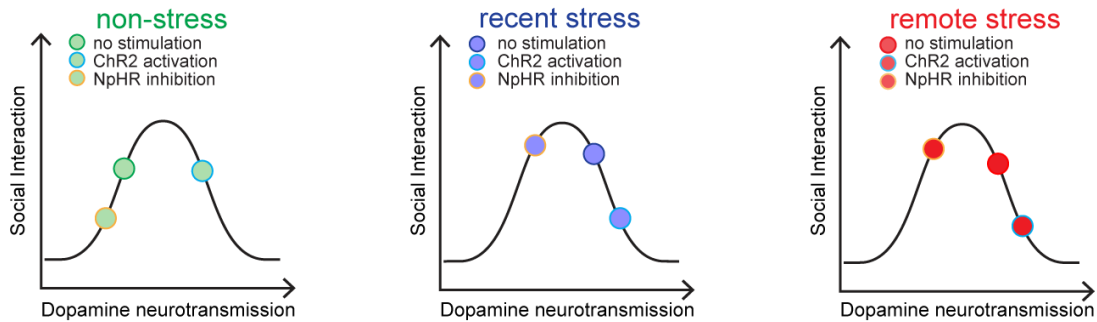
710 **Figure 4. Stress increases optically-induced DA-release in the NAc**

711 (A) VTA DA neurons in TH::Cre female mice were transfected with AAV₅-EF1 α -DIO-ChR2-eYFP
712 and photostimulated with blue light (473 nm) delivered via optical fibers implanted above the VTA.
713 Anesthetized fast-scan cyclic voltammetry (FSCV) recordings were performed in the NAc while
714 DA release was evoked by photostimulation of VTA DA neurons in non-stressed (n=7 mice, n=16
715 recording sites), recently stressed (n=10 mice, n=16 recording sites), and remotely stressed (n=5,
716 n=15 recording sites) mice using blue light (473 nm, 30 Hz, 8 pulses, 20 mW, 5 ms pulse duration)
717 delivered via an optical fiber to the VTA. (B) Representative color plots suggest that VTA
718 photostimulation increased current at the oxidation potential for DA in recently and remotely
719 stressed mice relative to non-stressed mice. Differences between recently and remotely stressed
720 mice and non-stressed mice became apparent after signal conversion from evoked current to
721 changes in extracellular DA concentration ([DA]) (lower panel; mean \pm SEM). (C) The peak [DA]
722 evoked by optical activation of VTA DA neurons differed based on stress exposure (One-way
723 ANOVA, $F_{2,44}=14.66$, $p<0.0001$), with significantly greater peak DA concentrations in recently
724 (Dunnett's post-hoc test; *** $p=0.0005$) and remotely (**** $p<0.0001$) stressed mice compared to
725 non-stressed mice. (D) Quantification of [DA] as area under the curve revealed that light-evoked
726 DA release also differed based on stress exposure (one-way ANOVA, $F_{2,44}=14.37$, $p<0.0001$) and
727 was enhanced in recently (Dunnett's post-hoc test, *** $p=0.0007$) and remotely stressed
728 (**** $p<0.0001$) mice. (E) There were no significant differences in the rate of decay, measured as
729 tau, between groups (one-way ANOVA, $F_{2,42}=2.724$, $p=0.077$). (F) Analysis of the relationship
730 between tau and peak release for different stress exposures (Pearson's correlation; non-stress:
731 $r=-0.122$, $p=0.665$; recent stress: $r=-0.3661$, $p=0.163$; remote stress: $r=-0.165$, $p=0.591$) showed
732 no relationship between tau and release. (G) Representative color plots illustrating VTA
733 photostimulation increased current at the oxidation potential for DA in recently and remotely
734 stressed mice relative to non-stressed controls using a higher intensity stimulation paradigm (473
735 nm, 30 Hz, 90 pulses, 20 mW, 5 ms pulse duration). Differences between recently (n=10 mice,
736 n=16 recording sites) and remotely stressed (n=6 mice, n=18 recording sites) mice and non-
737 stressed controls (n=6 mice, n=14 recording sites) were also apparent in the average converted,
738 evoked concentrations of DA (lower panel; mean \pm SEM). (H) The peak extracellular DA
739 concentration ([DA]) evoked by optical activation of VTA DA neurons differed based on stress
740 exposure (one-way ANOVA, $F_{2,45}=16.82$, $p<0.0001$) with significantly greater peak [DA] in
741 remotely stressed mice compared to non-stressed controls (Dunnett's post-hoc test;
742 **** $p<0.0001$). (I) Quantification of [DA] as area under the curve revealed that light-evoked DA
743 release differed based on stress exposure (one-way ANOVA, $F_{2,45}=15.24$, $p<0.0001$) and was

744 enhanced in recently (Dunnett's post-hoc test, $*p=0.077$) and remotely stressed mice
745 ($****p<0.0001$) compared to non-stress controls. (J) There were no significant differences in the
746 rate of decay, measured as tau, between stress exposure groups (one-way ANOVA, $F_{2,45}=1.71$,
747 $p=0.192$). (K) There were no statistically significant correlations of tau and peak release in any of
748 the groups (Pearson's correlation; non-stress: $r=0.294$, $p=0.308$; recent stress: $r=0.091$, $p=0.737$;
749 remote stress: $r=-0.100$, $p=0.723$). (L) All groups showed robust intracranial self-stimulation for
750 photostimulation (8 pulses, 30Hz, 20mW, 5ms pulse) of VTA DA neurons. Significantly more nose
751 pokes were performed into the active versus the inactive nose-poke port. Performance differed
752 based on prior stress exposure (Two-way repeated measures ANOVA; main effect of
753 active/inactive nose-poke port: $F_{1,22}=34.62$; $p<0.0001$; effect of stress exposure: $F_{2,22}=4.654$,
754 $p=0.021$ and interaction of nose poke-by-stress exposure: $F_{2,22}=4.958$, $p=0.017$) with the remote
755 stress group performing more active nose-pokes compared to the non-stress group (Dunnett's
756 post-hoc test, $***p=0.0002$). (M) All groups additionally showed robust intracranial self-stimulation
757 for higher intensity photostimulation (90 pulses, 30Hz, 20mW, 5ms pulse) of VTA DA neurons.
758 Significantly more nose pokes were performed into the active versus the inactive nose-poke port.
759 Performance differed based on prior stress exposure (Two-way repeated measures ANOVA;
760 main effect of active/inactive nose-poke port: $F_{1,37}=127.4$; $p<0.0001$; effect of stress exposure:
761 $F_{2,37}=1.397$, $p=0.26$ and interaction of nose poke-by-stress exposure: $F_{2,37}=1.99$, $p=0.151$) with
762 the remote stress group performing less active nose-pokes compared to the non-stress group
763 (Dunnett's post-hoc test, $*p=0.025$). Color plot insets: cyclic voltammograms (CVs). Numbers in
764 brackets indicate number of mice per group. Error bars indicate \pm SEM.
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Wichmann, Vander Weele, Yosafat et al., Figure 5



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768 **Figure 5. Proposed model of interaction between stress, dopamine and social interaction.**

769 An optimal level of DA neuron activity is necessary and promotes social interaction. However,
770 sub- or supra-optimal levels of DA neurotransmission, induced by photoinhibition (orange-
771 rimmed circles) or photostimulation (blue-rimmed circles) in this study, causes a reduction in
772 social interaction.

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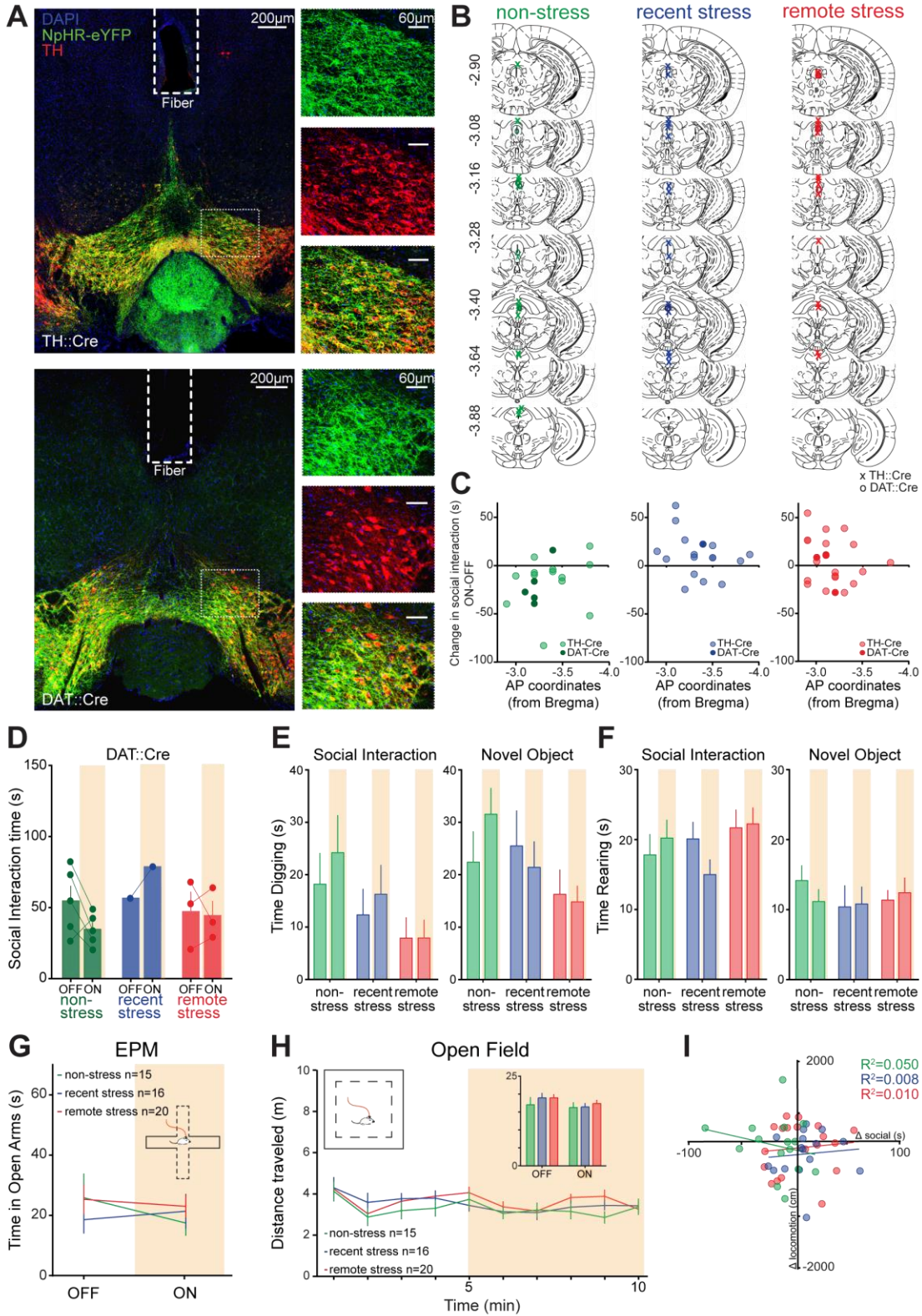
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Figure 1 - figure supplement 1

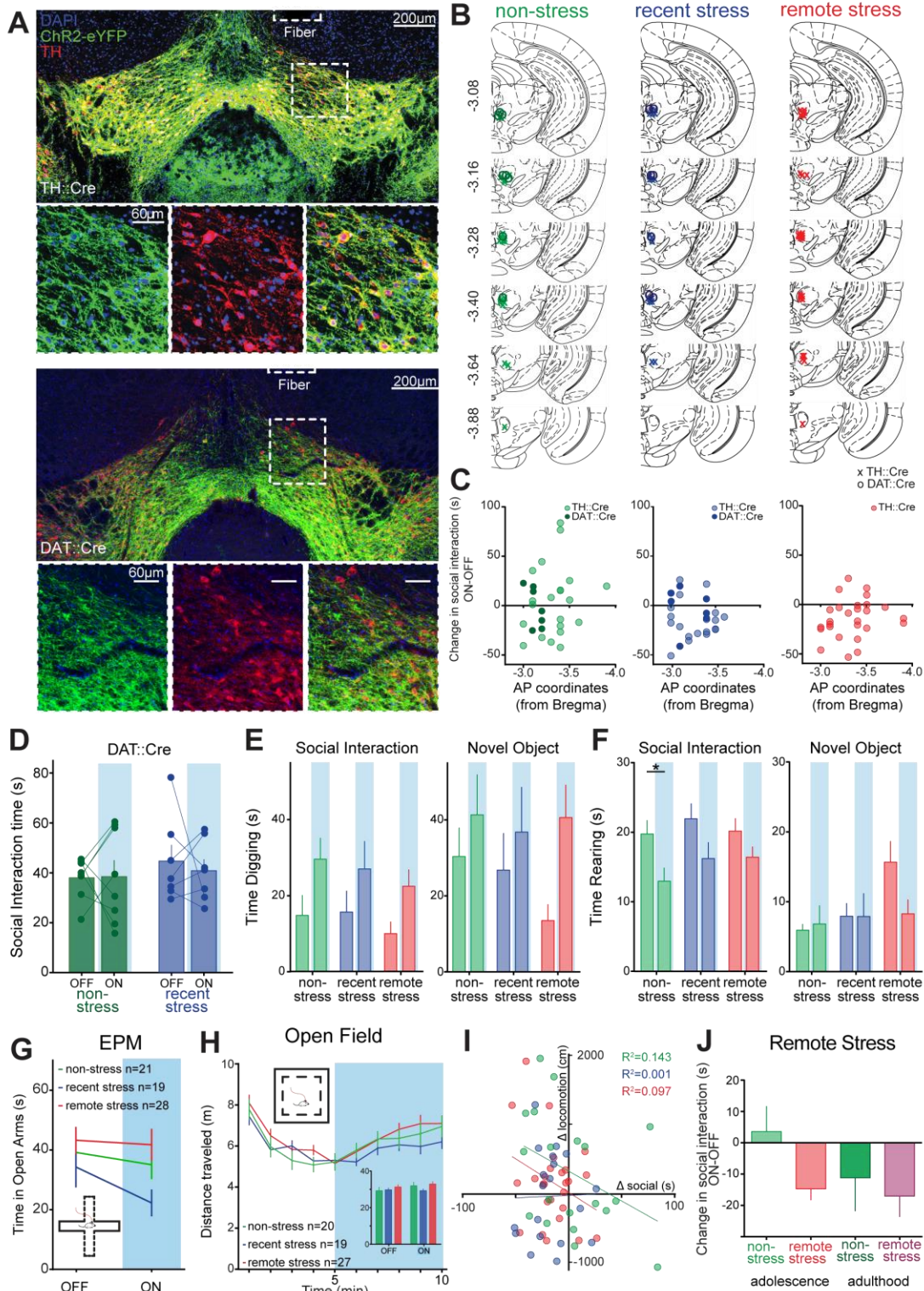


785 **Figure 1 – figure supplement 1**

786 (A) Confocal images of a 50 μm thick coronal section containing the VTA of a TH::Cre female
787 (upper panels) and a DAT::Cre female (lower panels) injected with AAV₅-EF1 α -DIO-eNpHR3.0-
788 eYFP (left). Thinly dotted white square: localization of the magnified images (40x; DAPI in blue;
789 eNpHR3.0-eYFP in green; TH in red). (B) Histologically verified optical fiber placements for all
790 subjects included in photoinhibition studies. Symbols represent termination of fiber tract for each
791 group. (C) Scatter-plot of anterior-posterior (AP) fiber placement, measured from bregma, vs.
792 social interaction difference scores (ON-OFF) in all mice included in this experiment. There was
793 no correlation between AP of fiber placement and social interaction in any of the experimental
794 groups. (D) Effect of photoinhibition of VTA DA neurons in DAT::Cre mice in the social interaction
795 assay. (E) There was no effect of light stimulation, stress exposure, or an interaction effect on the
796 time spend digging during either the social interaction (Two-way repeated measures ANOVA,
797 main effect of light: $F_{1,46}=1.110$, $p=0.722$; main effect of stress exposure: $F_{2,46}=2.396$, $p=0.102$;
798 light-by-stress exposure interaction: $F_{2,46}=0.328$, $p=0.722$) or the novel object exploration task
799 (Two-way repeated measures ANOVA, main effect of light: $F_{1,47}=0.181$, $p=0.673$; main effect of
800 stress exposure: $F_{2,47}=1.813$, $p=0.174$; light-by-stress exposure interaction: $F_{2,47}=1.880$,
801 $p=0.164$). (F) There was no effect of light stimulation, stress exposure, or an interaction effect on
802 the time spend rearing during either the social interaction (Two-way repeated measures ANOVA,
803 main effect of light: $F_{1,46}=0.189$, $p=0.666$; main effect of stress exposure: $F_{2,46}=1.046$, $p=0.360$;
804 light-by-stress exposure interaction: $F_{2,46}=1.838$, $p=0.171$) or the novel object exploration task
805 (Two-way repeated measures ANOVA, main effect of light: $F_{1,47}=0.083$, $p=0.774$; main effect of
806 stress exposure: $F_{2,47}=0.401$, $p=0.672$; light-by-stress exposure interaction: $F_{2,47}=0.469$,
807 $p=0.629$). (G) No significant effect of photoinhibition or stress exposure was observed on open
808 arm exploration in the elevated plus maze assay (Two-way repeated measures ANOVA, main
809 effect of light: $F_{1,48}=0.495$, $p=0.485$; main effect of stress exposure: $F_{2,48}=0.279$, $p=0.758$; light-
810 by-stress exposure interaction: $F_{2,48}=0.686$, $p=0.509$). (H) Photoinhibition of VTA DA neurons did
811 not produce a significant light-by-stress exposure interaction in open-field locomotion (Inset; two-
812 way repeated measures ANOVA comparing summed 0-5 min light-OFF vs. 5-10 min light-ON
813 locomotion by stress exposure interaction, $F_{2,48}=0.41$, $p=0.664$). (I) Photoinhibition effects on
814 social interaction (Δ social, ON-OFF) did not correlate with photoinhibition effects on locomotion
815 (Δ locomotion, ON-OFF) in any of the stress exposure groups (Pearson's correlation: non-
816 stressed: $r=-0.224$, $p=0.423$; recently stressed: $r=0.091$, $p=0.738$; remotely stressed: $r=0.100$,
817 $p=0.684$).

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Figure 2 - figure supplement 1



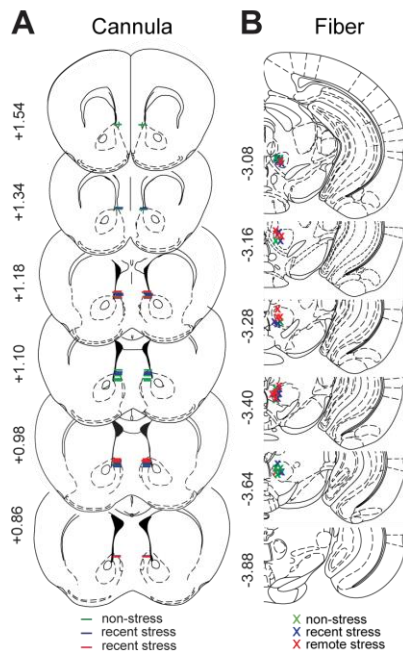
820 **Figure 2 – figure supplement 1**

821 (A) Confocal images of a 50 μm thick coronal section containing the VTA of a TH::Cre female
822 (upper panels) and a DAT::Cre female (lower panels) injected with AAV₅-EF1 α -DIO-ChR2-eYFP.
823 Thinly dotted white square: localization of the magnified images (40x; DAPI in blue; ChR2-eYFP
824 in green; TH in red). (B) Histologically verified optical fiber placements for all subjects included in
825 photostimulation experiment. Symbols represent termination of fiber tract for each group. (C)
826 Scatter-plot of anterior-posterior (AP) fiber placement, measured from bregma, vs. social
827 interaction difference scores (ON-OFF) in mice included in study. There was no correlation
828 between AP of fiber placement and social interaction in any of the experimental groups. (D) Effect
829 of photoactivation of VTA DA neurons in DAT::Cre mice in the social interaction assay. (E) There
830 was no effect of stress exposure, or an interaction effect on the time spend digging, however there
831 was a significant effect of light stimulation during both the social interaction (Two-way repeated
832 measures ANOVA, main effect of light: $F_{1,66}=16.82$, $p=0.0001$; main effect of stress exposure:
833 $F_{2,66}=0.685$, $p=0.508$; light-by-stress exposure interaction: $F_{2,66}=0.503$, $p=0.607$;) and the novel
834 object exploration task (Two-way repeated measures ANOVA, main effect of light: $F_{1,27}=18.34$,
835 $p=0.0002$; main effect of stress exposure: $F_{2,27}=0.274$, $p=0.763$; light-by-stress exposure
836 interaction: $F_{2,27}=2.318$, $p=0.119$). (F) There was no effect of stress exposure, or an interaction
837 effect on the time spend rearing, however there was a significant effect of light stimulation during
838 the social interaction (Two-way repeated measures ANOVA, main effect of light: $F_{1,66}=16.82$,
839 $p=0.0001$; main effect of stress exposure: $F_{2,66}=0.685$, $p=0.508$; light-by-stress exposure
840 interaction: $F_{2,66}=0.503$, $p=0.607$) but not the novel object exploration task (Two-way repeated
841 measures ANOVA, main effect of light: $F_{1,27}=1.843$, $p=0.186$; main effect of stress exposure:
842 $F_{2,27}=2.008$, $p=0.154$; light-by-stress exposure interaction: $F_{2,27}=2.769$, $p=0.081$). (G) No
843 significant effect of photoinhibition or stress exposure was observed on open arm exploration in
844 the elevated plus maze assay (Two-way repeated measures ANOVA, main effect of light:
845 $F_{1,65}=3.233$, $p=0.077$; main effect of stress exposure: $F_{2,65}=2.691$, $p=0.075$; light-by-stress
846 exposure interaction: $F_{2,65}=0.917$, $p=0.405$). (H) Photostimulation of VTA DA neurons did not
847 produce a significant light-by-stress exposure interaction in open-field locomotion (Inset: Two-way
848 repeated measures ANOVA comparing summed 0-5 min light-OFF vs. 5-10 min light-ON
849 locomotion by stress exposure interaction, $F_{2,63}=1.072$, $p=0.349$). (I) Photostimulation effects on
850 social interaction (Δ social, ON-OFF) did not correlate with photostimulation effects on locomotion
851 (Δ locomotion, ON-OFF) in any of the stress exposure groups (Pearson's correlation: non-stress:
852 $r=-0.378$, $p=0.111$; recent stress: $r=-0.023$, $p=0.926$; remote stress: $r=-0.311$, $p=0.122$). (J) Mice
853 remotely stressed during adulthood ($n=10$) did not differ in the effect of photoactivation on social

854 interaction compared to mice remotely stressed during adolescence (n=29) tested at the same
855 time (~P155; unpaired t-test: $t_{37}=0.312$, $p=0.757$).
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Figure 3- figure supplement 1

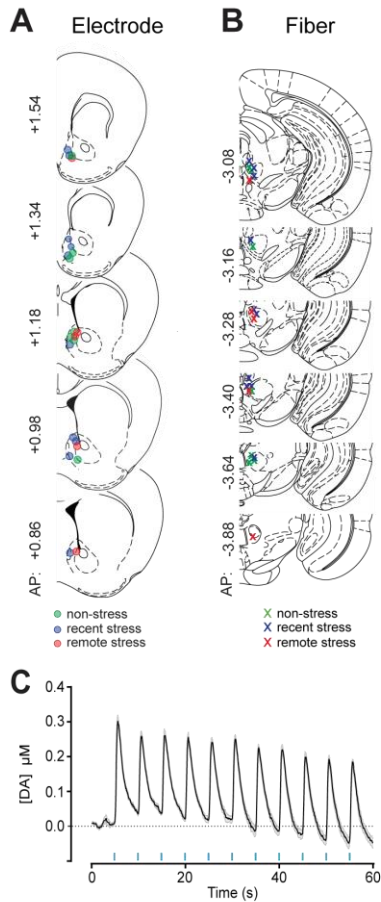


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Figure 3 – figure supplement 1

(A) Histologically verified cannulae and (B) optical fiber placements for all subjects included in pharmacology experiments. Symbols represent termination of bilateral cannulae (line) or fiber tract (x) for each stress exposure group.

Figure 4 - figure supplement 1



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874 **Figure 4 – figure supplement 1**

875 (A) Histologically verified carbon fiber electrode and (B) optical fiber placements for all subjects
876 included in the voltammetry experiments. Symbols represent termination of electrode (circle) or
877 optic fiber tract (x) for each stress exposure group. (C) Optical stimulation parameters (eight 5 ms
878 pulses of blue light delivered at 30 Hz every 5 s) employed during behavioral experiments caused
879 reliable DA release in the NAc.

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