Longitudinal development of hippocampal subregions from childhood to adulthood

Running head: Development of hippocampal subregions

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Research Highlights

- Distinct hippocampal subregions develop in differential ways from childhood to adulthood
- Subiculum, CA1, ML and fimbria showed nonlinear trajectories with initial volume increases, while parasubiculum, presubiculum, CA2/3, CA4 and GC-DG showed linear volume decreases
- Boys had larger hippocampal subregion volumes than girls, but there were no sex differences in the development of subregion volumes
- Higher level of general cognitive ability was associated with greater CA2/3 and CA4 volumes and ML development

Abstract

Detailed descriptions of the development of the hippocampus promise to shed light on the neural foundation of development of memory and other cognitive functions, as well as the emergence of major mental disorders. The hippocampus is a heterogeneous structure with a well characterized internal complexity, but development of its distinct subregions in humans has remained poorly described. Here, we analyzed magnetic resonance imaging (MRI) data from a large longitudinal sample (270 participants, 678 scans) using a novel state-of-the-art automated segmentation tool and mixed models to delineate the development of hippocampal subregion volumes from childhood to adulthood. We also investigated whether subregion volumes and development were sexually dimorphic and related to general cognitive ability. Nonlinear developmental trajectories with early volume increases were observed for subiculum, cornu ammonis (CA) 1, molecular layer (ML) and fimbria. In contrast, parasubiculum, presubiculum, CA2/3, CA4 and the granule cell layer of the dentate gyrus (GC-DG) showed linear volume decreases. Sex differences were found for most subregion volumes, but not for their development. Finally, general cognitive ability was positively associated with CA2/3 and CA4 volumes, as well as with ML development. In conclusion, hippocampal subregions appear to develop in diversified ways across adolescence, and specific subregions link to general cognitive level.

Keywords: adolescence; brain development; general cognitive ability; hippocampus; MRI; subfields

Introduction

Knowledge of the development of the human hippocampus from childhood to adulthood is important for understanding the neural foundation of development of cognitive functions, including episodic memory (Ghetti & Bunge, 2012; Østby, Tamnes, Fjell, & Walhovd, 2012). Moreover, it may offer insight into the origin and ontogeny of major mental disorders including schizophrenia and depression, which frequently emerge in adolescence (Lee, Heimer, et al., 2014; Whiteford et al., 2013), and for which the hippocampus appears to be a key node in the underlying distributed brain networks (Schmaal et al., 2016; van Erp et al., 2016). Numerous magnetic resonance imaging (MRI) studies have investigated cross-sectional age-related differences or longitudinal changes in hippocampal volume in children and adolescents. The hippocampus is however not a uniform structure, but contains anatomically and functionally distinct regions (Amaral & Lavenex, 2007). It is thus possible that different hippocampal subregions develop differently. Using a large longitudinal sample of 270 participants with 678 scans in the age-range 8-28 years and a novel state-of-the-art automated segmentation tool, we aimed to characterize the development of hippocampal subregion volumes from childhood to adulthood. We also investigated whether hippocampal subregion volumes and development were sexually dimorphic and related to general cognitive ability.

There is consensus that hippocampal volume increases during childhood (Brown et al., 2012; Gilmore et al., 2012; Hu, Pruessner, Coupe, & Collins, 2013; Swagerman, Brouwer, de Geus, Hulshoff Pol, & Boomsma, 2014; Uematsu et al., 2012). Results for the adolescent period have been more variable. Several cross-sectional studies (Koolschijn & Crone, 2013; Muftuler et al., 2011; Yurgelun-Todd, Killgore, & Cintron, 2003; Østby et al., 2009) and some earlier longitudinal studies (Mattai et al., 2011; Sullivan et al., 2011) found no significant age effects. More recent longitudinal studies have found volume increase (Dennison et al., 2013), decrease (Tamnes et al., 2013), or a slightly quadratic inverted U-shaped trajectory (Narvacan, Treit, Camicioli, Martin, & Beaulieu, 2017; Wierenga et al., 2014). The latter finding is also supported by both a recent multisite longitudinal developmental

study including three independent cohorts (Herting et al., 2017) and a large cross-sectional lifespan study (Coupe, Catheline, Lanuza, Manjon, & Alzheimer's Disease Neuroimaging Initiative, In press).

Estimating whole hippocampal volume may however mask regional developmental differences. Anatomically, the hippocampus is a unique structure consisting of a number of cytoarchitectonically distinct subregions, including the cornu ammonis (CA) subfields, the dentate gyrus (DG) and the subicular complex (Insausti & Amaral, 2012). The hippocampal formation also has a unique set of largely unidirectional, excitatory pathways along the transverse plane (Amaral & Lavenex, 2007). Despite this well characterized internal complexity, limits in image resolution and analysis tools have traditionally forced researchers studying the human hippocampus *in vivo* to model and measure it as a whole (but see (Insausti, Cebada-Sanchez, & Marcos, 2010)). In the last decade, novel protocols to segment the hippocampal subregions in structural MRI images have however been developed. Analysis of subregion within the hippocampus may unravel heterogeneous developmental patterns with differential functional relevance.

A pioneer study by Gogtay et al. (2006) using a surface model approach indicated different developmental changes in different subareas of the hippocampus, mainly with increases over time in posterior areas and decreases in anterior areas. This conclusion was partly supported by a study investigating age-related differences specifically in the head, body and tail of the hippocampus, finding an age-related increase in the volume of the body, in contrast to age-related decreases in the right head and tail (DeMaster, Pathman, Lee, & Ghetti, 2014)(see also (Schlichting, Guarino, Schapiro, Turk-Browne, & Preston, 2017)). Other studies have investigating the development of more clearly defined hippocampal subregions, including its specific subfields. In a large cross-sectional study of 244 participants 4-21 years, Krogsrud et al. (2014) found that most subregions showed age-related volume increases from early childhood until approximately 13-15 years, followed by little differences. For a subsample of 85 of the older participants (8-21 years) from this study, Tamnes et al. (2014)

performed a longitudinal follow-up. These results showed that change rates were significantly different across subregions, but that nearly all showed small volume decreases in the teenage years, which appeared to be greatest in mid-adolescence. Combined, these results fit with the observed inverted U-shaped trajectory for whole hippocampal volume. Based on manual segmentation of subfields in the body of the hippocampus in 39 participants 8-14 years, Lee et al. (2014) found age-related increases in the right CA1 and CA3/DG volumes into early adolescence. Finally, in a lifespan sample of 202 participants 8-82 years, Daugherty et al. (2016) performed manual tracing on slices in the anterior hippocampus body and found negative relationships with age during development for CA1/2 and CA3/DG volumes.

Together, these results suggest that hippocampal subregions may continue to change in subtle and diverse ways through both childhood and adolescence, but the available studies have major limitations. First, the samples sizes were mostly small (only (Krogsrud et al., 2014) included >100 children and adolescents). Second, only two of the previous studies had longitudinal data (Gogtay et al., 2006; Tamnes et al., 2014) and could investigate growth trajectories and detect individual changes. Third, two of the previous studies (Krogsrud et al., 2014; Tamnes et al., 2014) used an automated segmentation procedure (Van Leemput et al., 2009) for which the reliability and validity has later been challenged (de Flores et al., 2015; Wisse, Biessels, & Geerlings, 2014), and these results therefore have to be interpreted with caution. The other two studies of specific subregions (Daugherty et al., 2016; Lee, Ekstrom, et al., 2014) used manual tracing protocols (Ekstrom et al., 2009; Mueller et al., 2007) which yielded estimates of a smaller number regions measured only in the hippocampal body. Moreover, although manual segmentation certainly has its advantages, it is laborious and can be infeasible for large longitudinal studies, and also requires some subjectivity and is thus impervious to bias and variability (Schlichting, Mack, Guarine, & Preston, 2017). The manual methods are thus not optimal in the context of the increasing focus on larger samples to obtain

adequate statistical power (Button et al., 2013; Nord, Valton, Wood, & Roiser, 2017) and the importance of replication (Open Science Collaboration, 2015).

In the current study, we aimed to address these shortcomings by analyzing data from a large longitudinal study of 270 participants with 678 MRI scans in the age-range 8-28 years using a new automated longitudinal segmentation tool (Iglesias et al., 2015; Iglesias et al., 2016). More specifically, we aimed to characterize the development of hippocampal subregion volumes from childhood to adulthood. Additionally, we aimed to investigate whether hippocampal subregion volumes and development differs between girls and boys and are related to general cognitive ability, which previous studies have found to be related to cortical and white matter structure and development (Shaw et al., 2006; Tamnes et al., 2010; Walhovd et al., 2016).

Materials and Methods

Procedure and participants

The current study was part of the accelerated longitudinal research project *Braintime* (Braams, van Duijvenvoorde, Peper, & Crone, 2015; Peters, Peper, Van Duijvenvoorde, Braams, & Crone, 2017; van Duijvenvoorde, Achterberg, Braams, Peters, & Crone, 2016) approved by the Institutional Review Board at Leiden University Medical Center. At each time-point (TP), informed consent was obtained from each participant or from a parent in case of minors. Participants received presents and parents received financial reimbursement for travel costs. The participants were recruited through local schools and advertisements across Leiden, The Netherlands. All included participants were required to be fluent in Dutch, right-handed, have normal or corrected-to-normal vision, and to not report neurological or mental health problems or use of psychotropic medication. An initial sample of 299 participants (153 females, 146 males) in the age range 8-26 years old was recruited. All participants were invited to participate in three consecutive waves of data collection approximately two years apart. General cognitive ability was estimated at TP1 and TP2 using two subtests from age-

appropriate Wechsler Intelligence Scales (WISC and WAIS); TP1: Similarities and Block Design; TP2: Picture Completion and Vocabulary; TP3: no measurement. All included participants had an estimated IQ ≥ 80.

The final sample for the current study consisted of participants who had at least one structural MRI scan that was successfully processed through both the standard and hippocampal subfield segmentation longitudinal pipelines of FreeSurfer and which passed our quality control (QC) procedure (see below). This yielded a dataset consisting of 270 participants (145, females, 125 males) with 678 scans (Table 1); 169 participants had scans from 3 TPs, 70 participants had scans from two TPs, and 31 participants had one scan. The mean number of scans per participants was 2.51 (SD = 0.69). The mean interval for longitudinal follow-up scans in the final dataset was 2.11 years (SD = 0.46, range = 1.55-4.43).

[Insert Table 1 about here]

Image acquisition

All scanning was performed on a single 3-Tesla Philips Achieve whole body scanner, using a 6 element SENSE receiver head coil (Philips, Best, The Netherlands) at Leiden University Medical Centre. T1-weighthed anatomical scans with the following parameters were obtained at each TP: TR = 9.8 ms, TE = 4.6 ms, flip angel = 8°, 140 slices, 0.875 mm × 0.875 mm × 1.2 mm, and FOV = 224 × 177 × 168 mm. Scan time for this sequence was 4 min 56 s. There were no major scanner hardware or software upgrades during the MRI data collection period. A radiologist reviewed all scans at TP1 and no anomalous findings were reported.

Image analysis

Image processing was performed on the computer network at Leiden University Medical Center. Whole-brain volumetric segmentation and cortical surface reconstruction was performed using FreeSurfer 5.3, a well-validated open-source software suite which is freely available (http://surfer.nmr.mgh.harvard.edu/). The technical details of this automated processing and the specific processing steps are described in detail elsewhere (Dale, Fischl, & Sereno, 1999; Fischl, 2012; Fischl et al., 2002; Fischl, Sereno, & Dale, 1999). Next, the images were processed using FreeSurfer 5.3's longitudinal stream (Reuter, Schmansky, Rosas, & Fischl, 2012). Specifically, an unbiased within-subject template space and image ("base") is created using robust, inverse consistent registration (Reuter, Rosas, & Fischl, 2010). Several processing steps, such as skull stripping, Talairach transforms, atlas registration, and spherical surface maps and parcellations are then initialized with common information from the within-subject template, significantly increasing reliability and statistical power (Reuter et al., 2012).

Detailed post-processing QC in the form of visual inspection focusing both on overall image quality and the accuracy of segmentations and reconstructed surfaces was then performed on all scans. Scans judged to be of poor quality were excluded and the remaining scans from that participant were reprocessed through the longitudinal pipeline to assure the quality of the within-subject template. This QC procedure was repeated until only acceptable scans were included in the longitudinal processing (note that single time points were also processed longitudinally). No manual editing was performed.

Finally, using FreeSurfer 6.0, the T1-weighthed images were processed using a novel automated algorithm for longitudinal segmentation of hippocampal subregions (Iglesias et al., 2015; Iglesias et al., 2016) (Figure 1). The procedure uses a computational atlas built from high resolution *ex vivo* MRI data, acquired at an average of 0.13 mm isotropic resolution on a 7-Tesla scanner, and an *in vivo* atlas that provides information about adjacent extrahippocampal structures (Iglesias et al., 2015).

The unbiased longitudinal segmentation relies on subject-specific atlases and the segmentations at the different TPs are jointly computed using a Bayesian inference algorithm (Iglesias et al., 2016). Compared with the previous algorithm developed by FreeSurfer (Van Leemput et al., 2009) the volumes generated by this new algorithm are more comparable with histologically based measurements of the subfields (Iglesias et al., 2015). It also provides a more comprehensive, fine-grained segmentation of the structures of the hippocampus. For each hemisphere, the following 12 subregions are segmented: parasubiculum, presubiculum, subiculum, CA1, CA2/3 (combined in the atlas due to indistinguishable MRI contrast), CA4, the granule cell layer of the DG (GC-DG), the molecular layer (ML), fimbria, the hippocampal fissure, the hippocampus-amygdala transition area (HATA), and the hippocampal tail (the posterior end of the hippocampus, which includes portions of the CA fields and DG undistinguishable with the MRI contrast). Test-retest reliability has been found to be high or moderate-to-high for all 12 subregions (Whelan et al., 2016), and to be further improved for nearly all the regions by use of the longitudinal pipeline (Iglesias et al., 2016). In addition to the subregions, a measure of whole hippocampus volume is obtained by adding up the volumes of the subregions (not including the hippocampal fissure). For each scan, volumetric estimates for each annotation was extracted and averaged across hemispheres. Additionally, we extracted measures of estimated intracranial volume (ICV) from an atlas-based spatial normalization procedure (Buckner et al., 2004). Note that as FreeSurfer 5.3's longitudinal pipeline assumes a constant ICV, the ICV measures for the current study were extracted from the cross-sectionally processed scans.

[Insert Figure 1 about here]

Statistical analysis

Statistical analyses were performed using IBM SPSS 24.0 (IBM Corporation) and R 3.3.3 (https://www.r-project.org/). To investigate developmental trajectories of volume of total

hippocampus and each of the 12 hippocampal subregions, and the effects of sex, we used mixed models, performed using the *nlme* package (Pinheiro, Bates, DebRoy, Sarkar, & R Core Team, 2017). All mixed models followed a formal model-fitting procedure. Preferred models had lower Bayesian Information Criterion (BIC) values. First, we ran an unconditional means model including a fixed and random intercept to allow for individual differences. Second, we then compared these models with three often used different growth models (linear, quadratic, and cubic (Casey, 2015)) that tested the grand mean trajectory of age using the polynomial function. Third, we added a random slope to the best fitting age model and tested whether this improved model fit. Fourth, to investigate sex differences in raw volume and volume change over time, we added sex as a main effect and an interaction effect, respectively, to the best fitting model and tested whether either of these improved model fit.

In a set of follow-up analyses, we added a linear growth model of ICV to the best fitting model and checked how this affected the significance for each of the age terms and sex. However, in our discussion we focus on the results for raw volumes as we were mainly interested in how subregion volumes change over time. Recent results show that global metrics, including ICV, continue to change in late childhood and adolescence (Mills et al., 2016), and controlling for these measures in longitudinal studies thus generates a fundamentally different research question of relative or coordinated change (Herting et al., 2017; Vijayakumar, Mills, Alexander-Bloch, Tamnes, & Whittle, 2017).

Finally, we investigated whether level of general cognitive ability could explain variance in hippocampal subregion volumes and/or development. For each participant we calculated an average general cognitive ability score across TP1 and TP2, yielding a subsample of 259 participants with 678 scans (11 participants only had MRI data included from TP3 where no IQ tasks were performed). We then added this general cognitive ability score (centered) to the best fitting model and checked the

significance for its main and age interaction terms. These results were corrected for multiple comparisons using a Bonferroni procedure adjusted for correlated variables (using the mean correlation between the 13 volumes) (http://www.quantitativeskills.com/sisa/calculations/bonfer.htm) (Perneger, 1998; Sankoh, Huque, & Dubey, 1997), yielding a significance level for α (2-sided adjusted) = .0144.

Results

Hippocampal subregion development

BIC values for the different unconditional means models and age models for the volume of the whole hippocampus and each hippocampal subregion are reported in Table 2. Model parameters for the best fitting models are reported in Table 3. Mixed model analyses on whole hippocampus volume showed a cubic developmental pattern. As shown in Figure 2, whole hippocampus volume increased in late childhood and early adolescence, followed by a slightly decelerating decrease in late adolescence and young adulthood.

[Insert Tables 2 and 3 about here]

[Insert Figure 2 about here]

Best fitting models for all hippocampal subregions are shown in Figure 3. For parasubiculum, presubiculum, CA2/3, CA4 and GC-DG, a linear age model fitted best, with steady volume decreases from late childhood to adulthood. For CA1, a quadratic age model with random slope fitted best, and the quadratic age model was also the best fit for fimbria. For both of these subregion volumes, development followed an inverse-u trajectory. For subiculum and ML volumes, development followed a cubic pattern similar to whole hippocampus volume; early increases, followed by decelerating decreases. Finally, for the three subregions the hippocampal fissure, HATA and the hippocampal tail, the random intercept model fitted better than any of the growth models.

[Insert Figure 3 about here]

Sex effects on hippocampal subregion volumes and development

Both for whole hippocampus volume and for all subregions except the hippocampal fissure, adding sex as a main effect improved model fit (Table 2). In all these regions, boys on average had larger volume than girls (Table 3, Figures 2 and 3). However, adding sex as an interaction effect did not improve model fit for whole hippocampus volume or any of the hippocampal subregions. This indicates parallel developmental trajectories in girls and boys.

ICV adjusted results

In order to better be able to compare our results with some of the previous studies, we added a linear growth model of ICV to the best fitting model for whole hippocampus and each subregion volume (Table 4). ICV was significant for all regions except the hippocampal fissure, while the effect of sex was no longer significant in any region except for whole hippocampus and HATA. For the subregions, most of the age effects remained significant, with the exception of the linear age term for GC-DG and the cubic age term for subiculum and ML.

[Insert Table 4 about here]

General cognitive ability and hippocampal subregion volumes and development

To investigate whether level of general cognitive ability could explain variance in hippocampal volumes and/or development, we added this score as an interaction term to the best fitting model (Table 5). Significant positive main effects of general cognitive ability were found for two subregions: CA2/3 (B = 0.568, p = .004) and CA4 (B = 0.695, p =.001), such that higher level of performance was related to great volumes. Additionally, there was an uncorrected positive effect for GC-DG (B =

0.5138, p =.037). The results also revealed a significant quadratic age × general cognitive ability interaction for ML (B = -6.937, p =.012), and a similar uncorrected effect for subiculum (B = -4.569, p =.042) (Figure 4).

[Insert Table 5 about here]

[Insert Figure 4 about here]

Discussion

The current study of longitudinal development of hippocampal subregions from childhood to adulthood yielded three novel findings. First, the results showed heterogeneous developmental patterns across subregions, with nonlinear trajectories with early volume increases for subiculum, CA1, ML and fimbria, and linear volume decreases or no change in the other subregions. Second, boys showed larger volumes than girls for almost all hippocampal subregions, but boys and girls showed parallel developmental trajectories. Third, general cognitive ability was positively associated with CA2/3 and CA4 volumes and with ML development. These findings will be discussed in more detail in the following paragraphs.

Whole hippocampal volume increased in late childhood and early adolescence, followed by a slightly decelerating decrease in late adolescence and young adulthood, in agreement with accumulating evidence from other studies (Coupe et al., In press; Herting et al., 2017; Narvacan et al., 2017; Wierenga et al., 2014). Most importantly, however, distinct hippocampal subfields showed different developmental trajectories. Subiculum, CA1, ML and fimbria showed nonlinear trajectories with initial volume increases. In stark contrast, parasubiculum, presubiculum, CA2/3, CA4 and GC-DG showed linear volume decreases. Finally, the hippocampal fissure, HATA and the hippocampal tail showed no development across adolescence.

Direct comparisons between our developmental results and previous studies of specific hippocampal subregions (Daugherty et al., 2016; DeMaster et al., 2014; Krogsrud et al., 2014; Lee, Ekstrom, et al., 2014; Tamnes et al., 2014) are difficult, as the previous studies relied on small and/or cross-sectional samples of children and adolescents. Additionally, previous studies have used either an older automated segmentation procedure (Krogsrud et al., 2014; Tamnes et al., 2014) which likely systemically misestimated specific subregion volumes compared to histological classifications (Schoene-Bake et al., 2014) or manual segmentation with its limitations (Schlichting, Mack, et al., 2017). Our results appear to be consistent with the observed age-related increase in CA1 in the right hemisphere in late childhood and early adolescence in the study by Lee et al., but not consistent with the observed age-related increase in the right CA3/DG in the same study (Lee, Ekstrom, et al., 2014). Compared to the results by Daugherty et al., our results appear consistent with the observed negative age relationship for CA3/DG volume, but partly at odds with the observed negative age relationship for CA1/2 volume (Daugherty et al., 2016).

We were also interested in testing sex differences in trajectories of hippocampal development. Boys showed larger volumes than girls for all hippocampal subregions except the hippocampal fissure, but adding sex as an interaction term did not improve model fit for any region. Our results therefore do not indicate sexually dimorphic development of hippocampal subregion volumes. Early cross-sectional studies of whole hippocampal volume reported conflicting sex-specific age-related differences (Giedd et al., 1996; Suzuki et al., 2005), but larger or longitudinal studies have not found sexually dimorphic developmental trajectories (Dennison et al., 2013; Koolschijn & Crone, 2013; Wierenga et al., 2014). The present results are also consistent with the previous studies on hippocampal subregions which have found larger absolute volumes in boys (Krogsrud et al., 2014; Tamnes et al., 2014), but no interactions between sex and age (Krogsrud et al., 2014) or sex differences in change rates (Tamnes et al., 2014). Notably, and consistent with several previous reports on sex differences in brain volumes (Marwha, Halari, & Eliot, 2017; Pintzka, Hansen,

Evensmoen, & Håberg, 2015), most of the main effects of sex on hippocampal subregion volumes disappeared when including ICV in the statistical models, indicating that sex plays a minor role for hippocampal subregion volume differences.

Functionally, it is likely that different parts of the hippocampus have somewhat different roles for different aspects of cognition and behavior. Our results showed that higher general cognitive ability was associated with greater CA2/3 and CA4 volumes across the investigated age-span. Additionally, general cognitive ability was also associated with the developmental trajectory for ML volume, such that individuals with higher scores showed a slightly more nonlinear development. A similar association has previously been found between general intellectual ability and cortical development (Shaw et al., 2006). Previous studies of hippocampal subregion volumes and development in children and adolescents have focused on associations with learning and memory (Daugherty, Flinn, & Ofen, 2017; DeMaster et al., 2014; Lee, Ekstrom, et al., 2014; Riggins, Blankenship, Mulligan, Rice, & Redcay, 2015; Schlichting, Guarino, et al., 2017; Tamnes et al., 2014). For instance, a recent study found that a multivariate profile of age-related differences in intrahippocampal volumes was associated with differences in encoding of unique memory representations (Keresztes et al., **2017**). The hippocampus does however appear to be involved in a broad specter of cognitive functions and behaviors that may also include e.g. spatial navigation, emotional behavior, stress regulation, imagination and prediction (Aribisala et al., 2014; Lee, Johnson, & Ghetti, 2017; Mullally & Maguire, 2014; Rubin, Watson, Duff, & Cohen, 2014). Intriguingly, in a large study of older adults, general intelligence was found to be associated with several measures of tissue microstructure in the hippocampus, which were derived from diffusion tensor imaging, magnetization transfer and relaxometry, but not with whole hippocampus volume (Aribisala et al., 2014). This suggested that more subtle differences in the hippocampus may reflect differences in general cognitive ability, at least in the elderly (see also (Reuben, Brickman, Muraskin, Steffener, & Stern, 2011)). Our results add

to this picture by indicating that specific hippocampal subregion volumes and developmental patterns are also be associated with general cognitive ability in youth.

Our study has several strengths such as a longitudinal design, a large sample size, the use of a new hippocampal subregion segmentation tool, and longitudinal image processing; however, there are also some limitations that should be considered. One limitation of the current study is that we used MRI data acquired on a 3-Tesla scanner with standard resolution (0.875×0.875×1.2 mm). Optimally, scans with higher spatial resolution should be used; however, the method employed to segment hippocampal subregions was developed based on *ex vivo* tissues scanned with ultra-high field strength, and has been demonstrated to be applicable to datasets with different types of contrast (Iglesias et al., 2015). Another limitation is that we did not investigate longitudinal change in general cognitive ability or more specific cognitive functions. Future studies are needed to further shed light on the functional implications of longitudinal changes in hippocampal subregions, both in terms of development of cognitive functions, and the emergence of mental disorder such as psychosis and depression during adolescence.

Future studies should also investigate puberty and hormone effects on development of hippocampal subregion volumes, as it has been found that age and pubertal development have both independent and interactive influences on hippocampus volume change over adolescence (Goddings et al., 2014; Satterthwaite et al., 2014). Further, a recent study showed greater variance in males than females for several brain volumes including the hippocampus (Wierenga et al., In press), and future studies should investigate whether such variability differences are general or specific for distinct hippocampal subregion volumes and development. Finally, future studies could also investigate development of hippocampal-cortical networks at the level of specific hippocampal subregions, e.g. by analyzing structural covariance (Walhovd et al., 2015), structural connectivity inferred from

diffusion MRI (Wendelken et al., 2015), or functional connectivity from functional MRI (Blankenship, Redcay, Dougherty, & Riggins, 2017; Paz-Alonso, Gallego, & Ghetti, 2013).

In conclusion, our results show that hippocampal subregions develop in diversified ways across adolescence, with nonlinear trajectories with early volume increases for subiculum, CA1, ML and fimbria, and linear volume decreases for parasubiculum, presubiculum, CA2/3, CA4 and GC-DG. Further, while boys had larger hippocampal subregion volumes than girls, there were no sex differences in the development of the subregions. The results also showed that volume and developmental pattern of specific hippocampal subregions was associated with general cognitive ability. These findings inform future research on the neuroanatomical basis of memory development, and should also be taken into account in studies of brain development in mental disorders including psychosis and depression.

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Figures

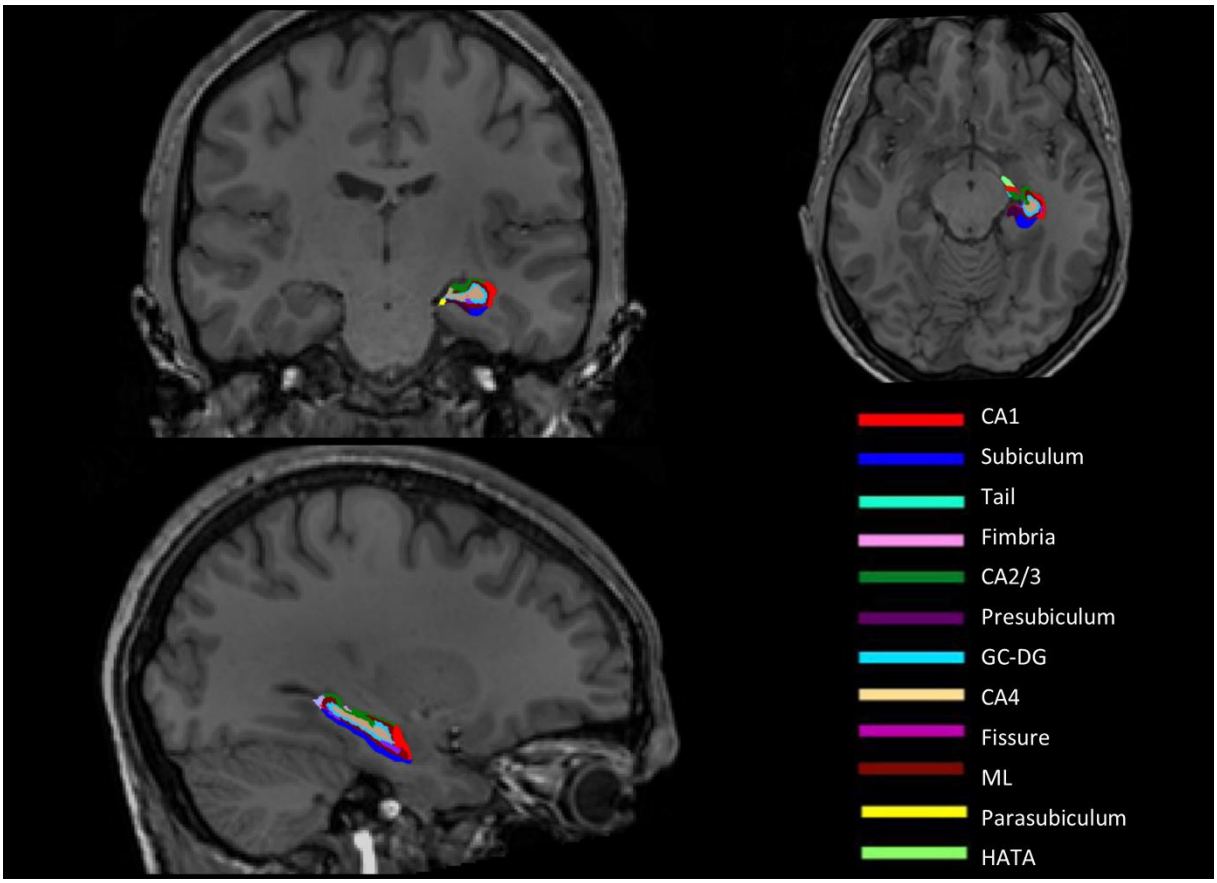

Figure. 1. Color-coded illustration of the hippocampal subregions in coronal (top left), horizontal (top right) and sagittal (bottom left) views from a representative participant. The subregion volumes are overlaid on the whole-brain T1-weighted longitudinally processed image.

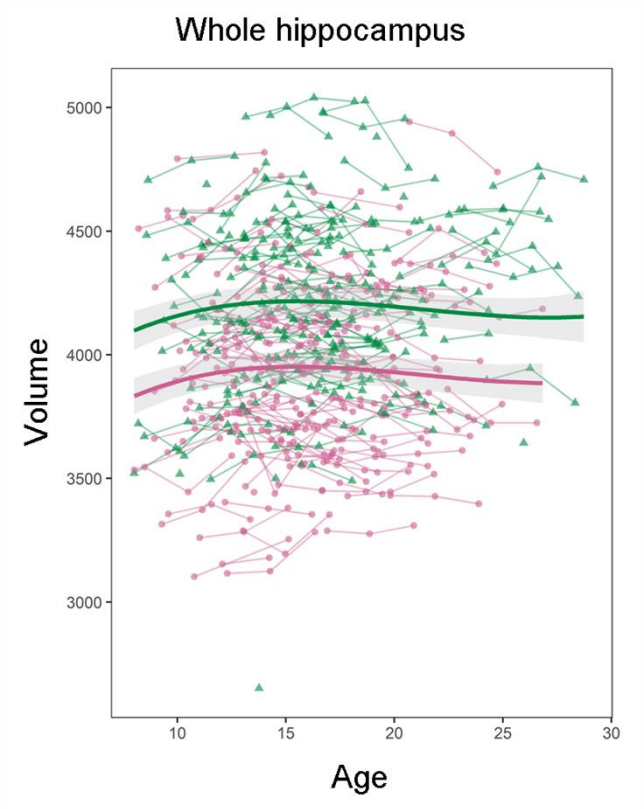

Figure 2. Development of whole hippocampus volume. Volume in mm^3 (y-axis) by age in years (x-axis) and the optimal fitting model is shown. The shaded areas represents the 95% confidence intervals. Individual boys (green) and girls (pink) are represented by individual lines, and participants measured once are represented by dots.

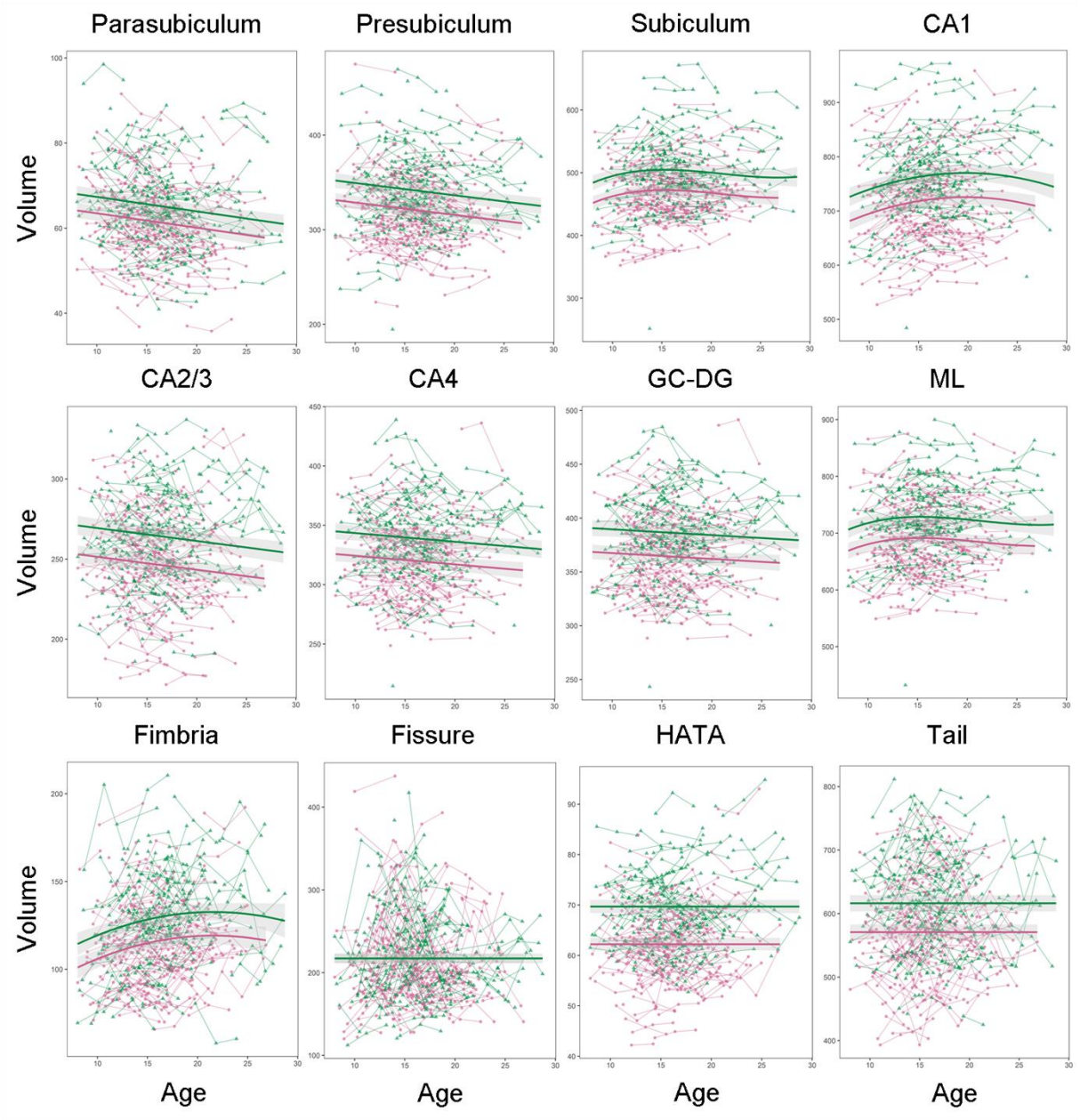

Figure 3. Development of hippocampal subregions. Volume in mm^3 (y-axis) by age in years (x-axis) and the optimal fitting models are shown. The shaded areas represents the 95% confidence intervals. Individual boys (green) and girls (pink) are represented by individual lines, and participants measured once are represented by dots.

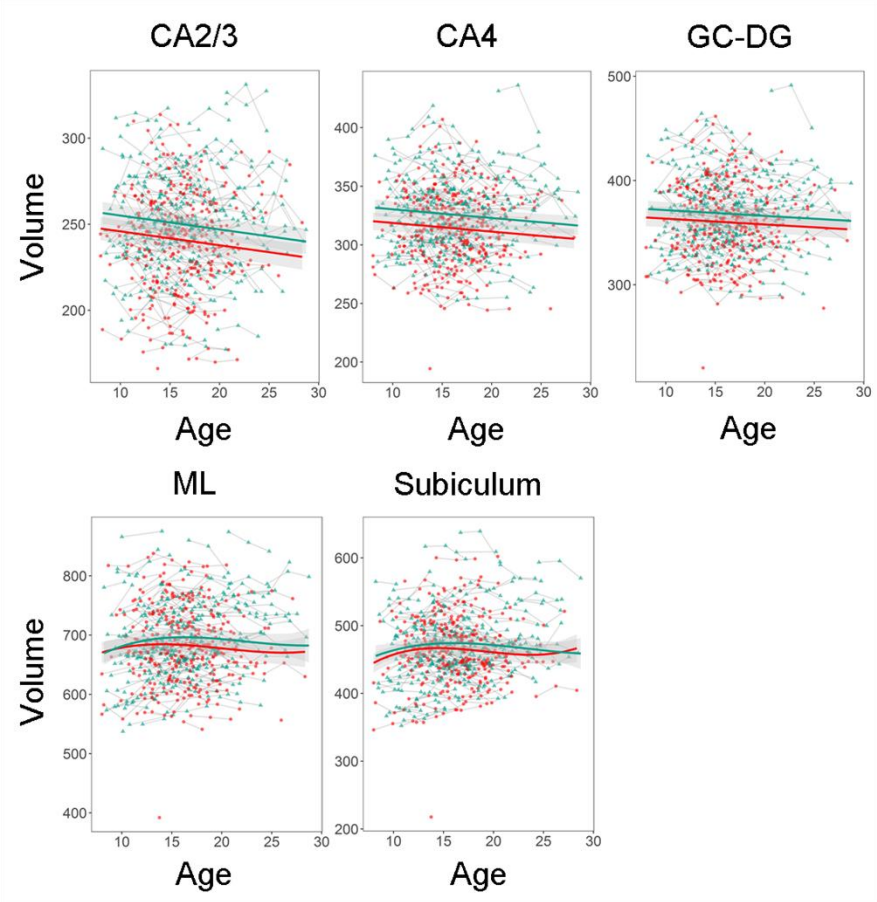

Figure 4. Associations between general cognitive ability and hippocampal subregion volumes and development. For visualization purposes, the sample was split into two groups: relatively high (turquoise) and relatively low (red) general cognitive ability. Note that the statistical analyses were performed using a continuous general cognitive ability score. Volume in mm^3 (y-axis) by age in years (x-axis) are shown and the shaded areas represents the 95% confidence intervals.

Tables

Table 1. Sample characteristics for each time-point (TP)

	TP1	TP2	TP3
n	237	224	217
n females/males	128/109	118/106	119/98
Age, mean (SD)	14.5 (3.7)	16.4 (3.6)	18.4 (3.7)
Age, range	8.0 – 26.0	9.9 – 26.6	11.9 – 28.7
Estimated IQ, mean (SD)	110.0 (10.2)	108.5 (10.1)[a]	–
Estimated IQ, range	80 – 138	80 – 148[a]	–

[a] data missing for 1 participant

Table 2. BIC values for the comparison of different mixed models examining age and sex effect on whole hippocampus and hippocampal subregion volumes

Region	Intercept only	Random intercept	Age: Linear	Age: Quadratic	Age: Cubic	Random slope	Sex main effect	Sex interaction effect
Whole hippocampus	9998	8838	8845	8833	**8831**	8839	**8804**	8818
Parasubiculum	5061	4170	**4143**	4149	4155	4154	**4139**	4145
Presubiculum	6966	5984	**5953**	5958	5960	5966	**5942**	5946
Subiculum	7362	6291	6298	6282	**6277**	6277	**6260**	6273
CA1	7970	6845	6822	**6788**	6791	**6787**	**6774**	6779
CA2/3	6605	5643	**5627**	5633	5639	5639	**5610**	5613
CA4	6723	5801	**5794**	5800	5803	5802	**5779**	5784
GC-DG	6883	5907	**5906**	5912	5913	5914	**5890**	5895
ML	7687	6585	6592	6580	**6578**	6587	**6565**	6579
Fimbria	6397	5796	5780	**5776**	5779	5789	**5764**	5776
Hippocampal fissure	7310	**7031**	7038	7041	7043	7042	7037	-
HATA	4852	**4062**	4064	4069	4075	4071	**4009**	-
Hippocampal tail	7877	**7272**	7274	7279	7285	7285	**7254**	-

Notes. CA = cornu ammonis, GC-DG = granule cell layer of dentate gyrus, ML = molecular layer, HATA = hippocampus-amygdala transition area. Bold indicate the best model for each of the following steps: 1) unconditional means and growth models, 2) best model with random slope model, and 3) best model with sex effects.

Table 3. Model parameters for fixed effects in the best fitting model for whole hippocampus and hippocampal subregion volumes

Region	**B**	**P**	**95% CI, lower**	**95% CI, upper**
Whole hippocampus				
Intercept	3933.064	**<.001**	3873.702	3992.427
Age	-66.854	.689	-393.490	259.782
Age^2	-505.641	**<.001**	-737.577	-273.705
Age^3	251.219	**.006**	74.760	427.677
Sex	265.136	**<.001**	178.115	352.157
Parasubiculum				
Intercept	61.334	**<.001**	59.760	62.909
Age	-35.264	**<.001**	-46.787	-23.742
Sex	3.854	**.001**	1.546	6.162
Presubiculum				
Intercept	320.473	**<.001**	313.881	327.064
Age	-135.035	**<.001**	-176.518	-93.552
Sex	20.670	**<.001**	11.009	30.331
Subiculum				
Intercept	469.020	**<.001**	460.364	477.676
Age	-23.043	.380	-74.420	28.335
Age^2	-87.724	**<.001**	-124.339	-51.109
Age^3	47.468	**<.001**	19.565	75.372
Sex	32.278	**<.001**	19.589	44.966
CA1				
Intercept	716.745	**<.001**	703.216	730.274
Age	164.180	**<.001**	82.712	245.648
Age^2	-175.254	**<.001**	-232.447	-118.060
Sex	44.658	**<.001**	24.860	64.456
CA2/3				
Intercept	246.277	**<.001**	241.339	251.215
Age	-83.865	**<.001**	-117.065	-50.666
Sex	17.946	**<.001**	10.709	25.184
CA4				
Intercept	319.765	**<.001**	314.345	325.285
Age	-75.888	**<.001**	-114.028	-37.749
Sex	19.089	**<.001**	11.145	27.032
GC-DG				
Intercept	364.080	**<.001**	358.011	370.149
Age	-56.327	**.007**	-97.123	-15.530
Sex	22.088	**<.001**	13.193	30.983
ML				
Intercept	687.762	**<.001**	676.565	698.869
Age	-24.230	.456	-87.772	39.311
Age^2	-98.795	**<.001**	-143.996	-53.595
Age^3	49.098	**.006**	14.682	83.515
Sex	37.257	**<.001**	20.976	53.538
Fimbria				
Intercept	114.978	**<.001**	110.915	119.041
Age	88.412	**<.001**	46.426	130.397
Age^2	-54.359	**<.001**	-85.994	-22.724
Sex	13.428	**<.001**	7.475	19.382

Hippocampal fissure				
Intercept	217.245	**<.001**	211.468	223.023
HATA				
Intercept	62.231	**<.001**	61.002	63.461
Sex	7.467	**<.001**	5.664	9.270
Hippocampal tail				
Intercept	570.863	**<.001**	558.888	582.838
Sex	45.396	**<.001**	27.836	62.956

Notes. CI = confidence interval. Bold indicates p < .05.

Table 4. Model parameters for fixed effects when including a linear growth model of ICV in the best fitting models for whole hippocampus and hippocampal subregion volumes

Region	B	P
Whole hippocampus		
Intercept	4002.626	**<.001**
Age	289.818	.093
Age^2	-227.507	.068
Age^3	123.706	.185
Sex	115.089	**.006**
ICV	3256.565	**<.001**
Parasubiculum		
Intercept	62.147	**<.001**
Age	-32.475	**<.001**
Sex	2.090	.099
ICV	38.415	**.001**
Presubiculum		
Intercept	326.265	**<.001**
Age	-112.343	**<.001**
Sex	8.124	.107
ICV	272.919	**<.001**
Subiculum		
Intercept	479.746	**<.001**
Age	32.442	.222
Age^2	-45.678	**.018**
Age^3	27.947	.053
Sex	9.111	.146
ICV	502.530	**<.001**
CA1		
Intercept	729.120	**<.001**
Age	226.468	**<.001**
Age^2	-120.395	**<.001**
Sex	17.975	.067
ICV	587.351	**<.001**
CA2/3		
Intercept	251.240	**<.001**
Age	-62.749	**<.001**
Sex	7.227	.052
ICV	232.916	**<.001**
CA4		
Intercept	326.083	**<.001**
Age	-50.078	**.011**
Sex	5.483	.172
ICV	295.554	**<.001**
GC-DG		
Intercept	370.766	**<.001**
Age	-30.442	.149
Sex	7.663	.089
ICV	313.704	**<.001**
ML		
Intercept	699.541	**<.001**
Age	38.222	.256
Age^2	-51.769	**.034**

Age^3	27.628	.130
Sex	11.898	.138
ICV	550.079	**<.001**
Fimbria		
Intercept	118.896	**<.001**
Age	99.889	**<.001**
Age^2	-41.481	**.011**
Sex	4.895	.147
ICV	185.290	**<.001**
Hippocampal fissure		
Intercept	217.206	**<.001**
ICV	107.204	.131
HATA		
Intercept	63.359	**<.001**
Sex	4.994	**<.001**
ICV	54.358	**<.001**
Hippocampal tail		
Intercept	581.907	**<.001**
Sex	21.282	**.033**
ICV	529.434	**<.001**

Notes. Bold indicates $p < .05$.

Table 5. Model parameters for fixed effects when including level of general cognitive ability in the best fitting models for whole hippocampus and hippocampal subregion volumes

Region	B	P
Whole hippocampus		
Intercept	3924.655	**<.001**
Age	-3.352	.984
Age^2	-424.260	**<.001**
Age^3	302.973	**.002**
Sex	278.766	**<.001**
GCA	4.165	.082
Age × GCA	-5.571	.788
Age^2 × GCA	-25.242	.077
Age^3 × GCA	-13.688	.198
Parasubiculum		
Intercept	61.129	**<.001**
Age	-35.298	**<.001**
Sex	3.915	**.001**
GCA	0.013	.835
Age × GCA	0.250	.711
Presubiculum		
Intercept	319.470	**<.001**
Age	-135.823	**<.001**
Sex	20.163	**<.001**
GCA	-0.057	.827
Age × GCA	3.009	.214
Subiculum		
Intercept	467.638	**<.001**
Age	-11.672	.662
Age^2	-72.576	**<.001**
Age^3	54.873	**<.001**
Sex	33.274	**<.001**
GCA	0.500	.154
Age × GCA	1.539	.635
Age^2 × GCA	-4.569	**.042**
Age^3 × GCA	-2.734	.103
CA1		
Intercept	713.034	**<.001**
Age	163.514	**<.001**
Age^2	-162.828	**<.001**
Sex	49.062	**<.001**
GCA	0.830	.122
Age × GCA	7.095	.158
Age^2 × GCA	-4.528	.189
CA2/3		
Intercept	245.720	**<.001**
Age	-83.888	**<.001**
Sex	19.013	**<.001**
GCA	0.568	**.004**
Age × GCA	0.967	.618
CA4		
Intercept	320.313	**<.001**
Age	-76.403	**<.001**

Sex	19.165	**<.001**
GCA	0.695	**.001**
Age × GCA	0.602	.787
GC-DG		
Intercept	364.380	**<.001**
Age	-57.441	**.006**
Sex	22.351	**<.001**
GCA	0.513	**.037**
Age × GCA	0.542	.820
ML		
Intercept	687.289	**<.001**
Age	-12.671	.701
Age^2	-78.680	**.001**
Age^3	56.778	**.003**
Sex	39.175	**<.001**
GCA	0.754	.094
Age × GCA	2.038	.611
Age^2 × GCA	-6.937	**.012**
Age^3 × GCA	-2.543	.218
Fimbria		
Intercept	114.412	**<.001**
Age	86.443	**<.001**
Age^2	-50.670	**.003**
Sex	14.347	**<.001**
GCA	-0.062	.711
Age × GCA	3.458	.176
Age^2 × GCA	-1.378	.467
Hippocampal fissure		
Intercept	217.184	**<.001**
GCA	-0.599	.066
HATA		
Intercept	61.972	**<.001**
Sex	7.791	**<.001**
GCA	0.002	.960
Hippocampal tail		
Intercept	569.507	**<.001**
Sex	49.356	**<.001**
GCA	0.551	.256

Notes. GCA = general cognitive ability. Bold indicates $p < .05$.