Mountain stoneflies may tolerate warming streams: evidence from organismal

physiology and gene expression

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Running head: Thermal tolerance of mountain stoneflies

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Abstract:

Rapid glacier recession is altering the physical conditions of headwater streams. Stream

temperatures are predicted to rise and become increasingly variable, putting entire meltwater-

associated biological communities at risk of extinction. Thus, there is a pressing need to

understand how thermal stress affects mountain stream insects, particularly where glaciers are

likely to vanish on contemporary timescales. In this study, we tested the critical thermal

maximum (CT_{MAX}) of stonefly nymphs representing multiple species and a range of thermal

regimes in the high Rocky Mountains, USA. We then collected RNA-sequencing data to assess

how organismal thermal stress translated to the cellular level. Our focal species included the

meltwater stonefly, *Lednia tumana*, which was recently listed under the U.S. Endangered

Species Act due to climate-induced habitat loss. For all study species, critical thermal maxima

(CT_{MAX} > 20°C) far exceeded the stream temperatures mountain stoneflies experience (< 10°C).

Moreover, while evidence for a cellular stress response was present, we also observed

constitutive expression of genes encoding proteins known to underlie thermal stress (i.e., heat

shock proteins) even at low temperatures that reflected natural conditions. We show that high-

elevation aquatic insects may not be physiologically threatened by short-term exposure to warm

temperatures and that longer term physiological responses or biotic factors (e.g., competition)

may better explain their extreme distributions.

Introduction:

Predicting how species will respond to climate change is a central goal of contemporary

ecology (Araújo & New, 2007, Urban *et al.*, 2016). This goal is difficult to achieve, however,

because at a minimum it requires knowledge of extant distributions, physiological limits, and

future conditions in relevant habitats. Mountain streams around the world are being transformed

by climate change, primarily through rapid recession of glaciers and perennial snowfields

(Hotaling *et al.*, 2017). Warmer air temperatures are predicted to cause loss of permanent snow

and ice, drive generally higher, more variable stream temperatures, and eventually lower flows

in meltwater-dominated catchments (Huss & Hock, 2018, Jones *et al.*, 2014). Rapid

contemporary warming has already been observed in the European Alps, with streams warming

at a mean rate of 2.5°C per decade (Niedrist & Füreder, 2020). Expected ecological responses

include a reduction of biodiversity in headwater streams across multiple levels of biological

organization and taxonomic groups (Bálint *et al.*, 2011, Finn *et al.*, 2013, Giersch *et al.*, 2017,

Hotaling *et al.*, 2019a, Jordan *et al.*, 2016). Considerable attention has been devoted to

potential losses of aquatic insect diversity (e.g., Jacobsen *et al.*, 2012). However, the specific

mechanisms underlying physiological limits in alpine stream insects remain unknown. This

knowledge gap is particularly important in light of the widely held assumption that aquatic

insects living at high-elevations are cold-adapted stenotherms that will not tolerate warming

streams (Giersch *et al.*, 2015, Jacobsen *et al.*, 2012). Recent evidence that the thermal maxima

of high-elevation stream taxa can exceed maximum water temperatures (e.g., Shah *et al.*,

2017b), that spring-dwelling cold stenotherms exhibit little variability in heat shock protein (HSP)

expression across temperatures (e.g., Ebner *et al.*, 2019), and that meltwater-associated

invertebrate communities persist despite widespread deglaciation (Muhlfeld *et al.*, 2020) all

challenge this assumption, raising new questions about whether climate warming directly

threatens headwater biodiversity. To better understand the degree to which headwater species

can tolerate warming, links between relevant traits at the organismal (thermal stress) and

cellular (e.g., gene expression) level are needed.

As ectotherms, insect body temperatures depend strongly on their external environment.

Insects are therefore threatened by rising global temperatures, and recent studies have

documented declines in their diversity (Lister & Garcia, 2018, Sánchez-Bayo & Wyckhuys,

2019). The effects of temperature on ectotherm performance and survival, however, are

complex. Ectotherms may respond to stressful temperatures through plasticity or acclimatization

(Seebacher *et al.*, 2015), the evolution of higher thermal limits (Angilletta Jr *et al.*, 2007), or

behavioral thermoregulation (Kearney *et al.*, 2009). Temperature can also affect organismal

distributions indirectly. For instance, changing temperatures can alter ratios of oxygen supply

and demand (Pörtner *et al.*, 2007, Verberk *et al.*, 2016b). Extreme temperatures can also

provide natural buffering against invasions by competitors or predators (Isaak *et al.*, 2015).

Thus, temperature likely shapes both the evolution of aquatic insect physiology as well as local

networks of biotic interactions (Shah *et al.*, 2020). To understand the relationship between

temperature and ectotherm tolerance, trait-based approaches (e.g., measuring upper thermal

tolerance) can be informative. However, a focus on physiological traits at the whole-organism

level may overlook other key aspects of a species' potential for response, perhaps limiting

predictions of whether species can evolve in response to changing thermal regimes (Chown *et

al.*, 2010) or tolerate them *in situ* via plasticity. Thus, there is a need to connect traits from

cellular to organismal levels and consider findings holistically.

Due to the high heat capacity of water, stream temperatures are less thermally variable

than air. However, a surprising amount of variation still exists in streams due to many factors,

including latitude, elevation, flow, and canopy cover (Shah *et al.*, 2017b). At high-elevations, an

additional factor—the primary source of water input—plays an outsized role in dictating thermal

variation downstream (Hotaling *et al.*, 2017). High-elevation freshwaters are fed by four major

hydrological sources: glaciers, snowfields, groundwater aquifers, and subterranean ice (Hotaling

et al., 2019a, Tronstad *et al.*, In press, Ward, 1994). Glaciers and subterranean ice (e.g., rock

glaciers) promote near constant, extremely cold conditions (i.e., less than 3°C year-round)

whereas snowmelt- and groundwater-fed streams are warmer and often more thermally variable

(Hotaling *et al.*, 2019a, Tronstad *et al.*, In press). However, these general thermal "rules" apply

only in close proximity to a primary source. Patterns can change dramatically downstream as

flows are altered (e.g., pooling into a high-elevation pond) and sources mix (e.g., a warmer

groundwater-fed stream flows into a glacier-fed stream). Resident aquatic taxa therefore

experience vastly variable thermal conditions both within and across their life stages. With

extensive thermal variation over small geographic scales and abundant, putatively cold-adapted

resident invertebrates, high-elevation waters provide an ideal, natural model for testing

hypotheses of physiological limits in a framework relevant to global change predictions.

In this study, we investigated gene expression as a function of tolerance to heat stress

for stonefly nymphs collected from high-elevation streams in the northern Rocky Mountains. We

focused on three taxa—*Lednia tetonica*, *Lednia tumana*, and *Zapada* sp.—all of which have

habitat distributions closely aligned with cold, meltwater stream conditions. *Lednia tumana* was

recently listed under the U.S. Endangered Species Act due to climate-induced habitat loss (U.S.

Fish & Wildlife Service, 2019). To test tolerance to heat stress at the organism level, we

measured the critical thermal maximum (CT_{MAX}), a widely used metric for comparing thermal

tolerance among animals (Healy *et al.*, 2018). We specifically addressed three overarching

questions: (1) Does natural thermal variation in stream temperature predict mountain stonefly

CT_{MAX}? (2) Do high-elevation stoneflies mount cellular stress responses when subjected to heat

stress? And, if so, which genes are involved? (3) Is there a link between habitat conditions,

organismal limits, and underlying gene expression? Following Shah *et al.* (2017b), we expected

nymphs from streams with higher maximum temperatures to have correspondingly higher

values of CT_{MAX}. We also expected to observe a signal of cellular stress with genes typical of

heat stress responses (e.g., HSPs) upregulated. Finally, we expected nymphs that naturally

experience higher temperatures to exhibit a correspondingly muted cellular stress response.

Collectively, our study sheds new light on thermal stress in high-elevation stream insects and

contributes new perspective to a pressing challenge for the field: clarifying whether species

living in cold headwaters are as sensitive to warming temperatures as their extreme distributions

suggest.

Table 1. Environmental variation, mountain range, and habitat types included in this study.
GNP: Glacier National Park, Montana. GRTE: Teton Range, Wyoming. T_{MAX}: the maximum
temperature observed, T_{RANGE}: the difference between the maximum and minimum
temperatures observed, and T_{MEAN}: the mean temperature observed. All temperature data are in
degrees Celsius. SPC: specific conductivity (μS cm^{-1}), PI: Pfankuch Index, a measure of stream
channel stability (higher values correspond to a less stable streambed). Temperatures were
measured on a representative day in late July 2019 for all sites except Lunch Creek (data from
late July 2014). See Table S1 for specific dates of temperature data collection.
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Population	Range	Taxa	Type	T_{MAX}	T_{RANGE}	T_{MEAN}	SPC	PI
Lunch Creek	GNP	*L. tumana*	Snowmelt	9.9	5.7	6.2	40.7	25
Wind Cave	GRTE	*Zapada* sp.	Icy seep	3.2	0.5	2.8	101.1	18
Mt. St. John	GRTE	*L. tetonica*	Icy seep	4.6	2.2	3.0	25.0	34
Cloudveil Dome	GRTE	*L. tetonica*	Glacier-fed	2.1	0.3	2.0	4.1	32
Skillet Glacier	GRTE	*L. tetonica*	Glacier-fed	7.1	4.4	4.4	3.1	34
Tetonica Pond[a]	GRTE	*L. tetonica*	Pond	4.9	2.3	3.1	29.3	n/a

142 [a] Named by the authors. Does not reflect official conventions.
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Materials and Methods:

Specimen collection

During the summer of 2018 (29 July-6 August), we collected late-instar stonefly nymphs

representing at least three species (*Lednia tetonica, Lednia tumana*, and *Zapada* sp.; Family

Nemouridae) from six streams in Glacier National Park (GNP), Montana, and Grand Teton

National Park and the surrounding region (GRTE), Wyoming, USA (Figure 1; Tables 1, S1). We

selected a later summer timepoint because it represents the warmest stream temperatures

nymphs experience before emerging in August. Also, given the acclimation capacity of CT_{MAX} in

temperate aquatic insects (Shah *et al.*, 2017a), we measured CT_{MAX} during this period because

it is also when we expected CT_{MAX} to be highest. Specimens were collected by turning over

rocks and gently transferring nymphs to a small tray filled with streamwater. Nymphs were

brought to the laboratory as quickly as possible in 1 L Whirl-Pak bags (Nasco) filled with

streamwater surrounded by snow or ice. Species were identified based on morphological

variation following previous studies (e.g., Giersch *et al.*, 2017). Unlike *Lednia*, multiple *Zapada*

species can be present in the same stream and previous genetic data has indicated the

potential for cryptic diversity in the group (Hotaling *et al.*, 2019b). Therefore, we cannot exclude

the possibility of more than one species of *Zapada* in the Wind Cave population and thus only

identified *Zapada* to genus (Table 1).

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Figure 1. (A) The region of the Rocky Mountains where this study was conducted including (B)
Glacier National Park, MT and (C) Grand Teton National Park, WY and the surrounding region.
(D) A thermograph of hourly temperatures for each study site in late July. Site acronyms (top to
bottom): Lunch Creek (LC), Skillet Glacier (SG), Tetonica Pond (TP), Mt. St. John (MSJ), Wind
Cave (WC), and Cloudveil Dome (CD). A complete 24-hour thermograph is not shown for MSJ
and TP because only 21 and 19 hours of continuous data were recorded for those sites,
respectively. More extensive thermal data are provided in Figure S1.

Environmental data and aquatic habitat classifications

For each study stream, we measured temperature by placing *in situ* HOBO loggers

(Temperature Pro v2, Onset Computer Corporation) that recorded temperature hourly. Lengths

of logger deployments ranged from less than 24 hours (Mt. St. John, Tetonica Pond) to several

days (Cloudveil Dome) or a full year (Lunch Creek, Skillet Glacier, Wind Cave). Using these

data, we constructed a one-day thermograph for each site based on a representative day in late

July (exact dates provided in Table S1) and estimated the highest (T_{MAX}), range (T_{RANGE}), and

mean (T_{MEAN}) temperatures for that day. For two sites with more than one year of temperature

data (Wind Cave: 2016, 2019; Lunch Creek: 2012, 2013, 2014), we compared multiple complete

thermographs for July to ensure that our results were not biased by an unusual year- or day-

specific pattern (Figure S1). We also collected two additional environmental variables to inform

our habitat classifications (see below): specific conductivity (SPC), measured with a YSI

Professional ProPlus multiparameter probe which was calibrated at the trailhead before each

sampling trip, and stream channel stability, calculated via a modified version of the Pfankuch

Index (PI), a standard metric for assessing channel stability in mountain systems that integrates

five key physical characteristics of the stream into a single value (Peckarsky *et al.*, 2014).

We classified sites into habitat types following previous studies (Giersch *et al.*, 2017,

Hotaling *et al.*, 2019a, Tronstad *et al.*, In press). Briefly, we incorporated a site's primary

hydrological source, environmental variation, and geomorphology, to group them into one of

four habitat types: streams fed by a surface glacier ("glacier-fed"), a perennial snowfield

("snowmelt-fed"), emanating from subterranean ice (e.g., rock glaciers, "icy seep"), or slow-

flowing, alpine ponds ("pond"). We categorized a stream as glacier-fed if it had a named glacier

upstream and an extremely unstable streambed (PI > 30). Any other streams fed by perennial

surface ice and snow were categorized as snowmelt-fed. We classified streams as icy seeps if

we observed evidence of a subterranean ice source (e.g., lobes of a rock glacier), they were

extremely cold (e.g., $T_{MAX} < 5°C$), and had high conductivity (SPC > 50; Hotaling *et al.*, 2019a).

Ponds were identified by their low-angle profile and the presence of standing water.

Table 2. Morphological and physiological data included in this study. Holding: time (hours) that specimens were held at 3°C with no access to food before testing. *N*: sample size for each population. Mean body lengths were used as a proxy for mass and are reported in millimeters with standard errors. RNAseq: sample sizes for RNA sequencing for treatment (T; CT_{MAX}) and control (C; held at 3°C) specimens. Mean CT_{MAX} is given in degrees Celsius.

Population	Taxon	Length	Holding	*N*	Mean CT_{MAX}	RNAseq (*N*)
Lunch Creek	*L. tumana*	4.9 ± 0.5	72	24	28.7	3T / 3C
Wind Cave	*Zapada* sp.	4.4 ± 0.6	48	23	25.9	--
Mt. St. John	*L. tetonica*	5.6 ± 0.7	12	24	26.6	3T / 3C
Cloudveil Dome	*L. tetonica*	4.5 ± 0.5	12	23	26.1	--
Skillet Glacier	*L. tetonica*	5.6 ± 0.4	12	17	28.6	--
Tetonica Pond	*L. tetonica*	4.6 ± 0.6	12	23	28.6	3T / 3C

Measuring critical thermal maxima (CT_{MAX})

Nymphs were brought into the laboratory as quickly as possible (typically less than 12 hours after collection) and transferred to holding chambers in 150-quart coolers filled with water from a nearby stream (Pacific Creek: 43.9036°, -110.5892°). We used aquarium chilling units (1/10 HP, Coralife) to maintain the holding baths at ~3°C (Figure S2). Each holding chamber contained 12 nymphs in a ~2 L plastic container immersed in the bath such that both water and nymphs were isolated from the rest of the system. We included plastic mesh in each chamber to give nymphs substrate to cling to. We maintained high levels of water flow and dissolved oxygen by air stone bubbling in each chamber. Nymphs had no access to food during the holding period to ensure they were tested in a fasting state (i.e., after available food had been digested, absorbed, and cleared from the digestive tract). All nymphs were held in these conditions for at least ~12 hours before testing (Table 2).

We measured CT_{MAX}, a non-lethal temperature at which nymph locomotor function becomes disorganized. We placed up to 12 nymphs into mesh chambers (one individual per chamber) in a water bath held at 3°C. Because warming is the most obvious effect of climate change in high-mountain streams, we chose to only vary temperature, while maintaining natural flow and oxygenation with air pumps. Four thermo-electric cooling (TEC) plates attached to a temperature controller were used to increase temperature at ~0.25°C per minute. We recorded CT_{MAX} when an individual nymph could no longer right itself after being turned onto its back (Videos S1-S2). After a nymph reached its CT_{MAX}, we immediately transferred it to an 8°C bath for recovery and assessed survival by monitoring nymphs until they resumed normal movement. Nymphs were later preserved in ~95% ethanol. We measured body length to the nearest ¼ mm using a dissecting microscope and a millimeter grid attached to the base of the microscope. A

subset of nymphs were flash frozen at either their CT_{MAX} or holding temperature for RNA

sequencing (RNAseq).

For CT_{MAX}, all statistical analyses were conducted in R v3.4.0 (R Core Team, 2013). We

focused our main analysis on *L. tetonica* because we had data for multiple populations. We first

analyzed the effect of body size (length) and acclimation period on CT_{MAX} with linear models.

Because body size was not a significant predictor of CT_{MAX} (see Results), our final linear models

assessing the effect of maximum stream temperature (T_{MAX}) on CT_{MAX} included only T_{MAX} as the

predictor variable. We also assessed the effect of T_{MAX} on CT_{MAX} in a second, broader analysis

which included the two populations of *L. tumana* and *Zapada* sp. While valuable, this 'all-

species' analysis cannot be used to determine if CT_{MAX} varies among species or if the variation

we observed is due to population-level differences because we lacked replicates for *L. tumana*

and *Zapada* sp.

RNA sequencing

During the thermal tolerance experiment, a subset of individuals from three populations

and both *Lednia* species (Lunch Creek, *L. tumana*; Mt. St. John and Tetonica Pond, *L. tetonica*;

Figure 1A, Table 2) were sampled for RNAseq. Nymphs at their CT_{MAX} (treatment) and others

that remained at the holding temperature (control) were flash frozen in liquid nitrogen. We

sampled three treatment and three control nymphs for each population ($N = 18$ total; Table 2).

Samples were stored in liquid nitrogen until they were transferred to a -80° freezer. We

extracted total RNA from entire nymphs following the NucleoSpin RNA (Macherey-Nagel Inc.)

protocol. For extraction, specimens were re-flash frozen with liquid nitrogen in a 1.5 mL

microcentrifuge tube and ground into a fine powder with a sterilized pestle. We quantified RNA

with a Qubit 2.0 fluorometer (Thermo Fisher Scientific) and assessed RNA extraction quality via

fragment analysis with an ABI 3730 DNA Analyzer (Thermo Fisher Scientific).

We prepared RNAseq libraries from 1 μg of total RNA with the NEBNext Poly(A) mRNA

Magnetic Isolation Module (NEB) according to the manufacturer protocol. We targeted a 300-

450 basepair (bp) fragment size distribution. For cDNA amplification, fifteen PCR cycles were

used for all libraries. Presence of a PCR product was visually assessed using an eGel (Thermo

Fisher Scientific). Final libraries were quantified with a Qubit 2.0 fluorometer and further

assessed for quality, amount of cDNA, and fragment size distribution using a 2100 BioAnalyzer

with the High Sensitivity DNA Analysis kit (Agilent). Libraries were then pooled in equal

nanomolar concentrations and sequenced on one lane of an Illumina HiSeq4000 with 100 bp

paired-end chemistry by the Roy J. Carver Biotechnology Center at the University of Illinois

Urbana-Champaign.

Gene expression analyses and protein annotation

We assessed raw sequence data quality with fastQC v0.11.4 (Andrews, 2010) and

visualized a combined output for all libraries with MultiQC v1.5 (Ewels *et al.*, 2016). Next, we

trimmed reads in three successive rounds, all with Trim Galore! v0.4.1 (Krueger, 2015) and

default settings except as noted. First, we removed adapter sequences (--illumina --stringency

6). Next, we trimmed for quality and poly-A tails (--quality 20 --stringency 6 --adapter A{30} --

adapter2 A{30}). We then trimmed for poly-T tails and discarded reads that had become too

short (--stringency 6 --length 50 --adapter T{30} --adapter2 T{30}). We assessed the quality of

the trimmed reads with fastQC v0.11.4. We randomly subsampled one library (Library 3;

Control, Mt. St. John) to 80% of its original amount because its sequencing depth was much

higher than the rest of the data set. For this, we used the reformat function of BBTools v37.80

(Bushnell, 2014). We removed one library (Library 9; Control, Mt. St. John) from all downstream

analyses as it had just 2.6 million reads, far fewer than any other library (see Results).

We mapped reads to the *L. tumana* reference genome (GenBank #QKMV00000000.1)

with the mitochondrial genome (GenBank #MH374046; Hotaling *et al.*, 2019c) appended to it.

We used HiSat2 v2.1.0 (Pertea *et al.*, 2015) with default settings, first building an index of the

reference with the hisat2-build command. To ensure no bias was introduced by differential

mapping rates between *L. tumana* and *L. tetonica* samples to the *L. tumana* reference genome,

we compared the mean mapping rates for both species with an unpaired *t*-test. Because HiSat2

outputs unsorted SAM files, we converted the output to sorted BAM files with samtools v1.7 (Li

et al., 2009).

We generated a gene count matrix for each library with StringTie v1.3.5 (Pertea *et al.*,

2015). We first ran StringTie with the default settings to assemble alignments into potential

transcripts without a reference annotation (-G) because none is available for *L. tumana.* Next,

we used the --merge utility to combine library-specific sets of transcripts into a merged,

putatively non-redundant set of isoforms. This tool outputs a merged Gene Transfer Format

(GTF) file. We then re-ran StringTie using the merged GTF (-G) and the flags -B and -e to

enable the output of Ballgown GTF files for the global set of transcripts shared by all samples.

Next, we ran the prepDE.py script, also part of the StringTie package, to generate counts

matrices for all genes and transcripts identified in the previous steps.

We performed differential expression analyses using edgeR v3.26.8 (Robinson *et al.*,

2010) in R version 3.5.2 (R Core Team, 2013). We filtered our data set by requiring transcripts

to have more than five total reads and to be present in at least two samples. To visually

compare expression variation across groups of interest (i.e., treatments, species, and

populations), we used the plotPCA function. After filtering, we identified structure in global gene

expression that could not be explained by sample preparation, library size, species, population,

or treatment (Figure S3). We removed this unwanted variation with RUVseq v1.18.0 (Risso *et*

al., 2014). Specifically, we used the "*in silico* empirical" functionality of RUVg where a set of the

least differentially expressed genes (DEGs) are identified and used as controls to globally

normalize variation in the data set. We used the default trimmed mean of M-values (TMM)

method to normalize the data and calculate effective library sizes (Figure S4). Dispersions were

estimated using a generalized linear model and a Cox-Reid profile-adjusted likelihood

(McCarthy *et al.*, 2012). We identified DEGs with quasi-likelihood F-tests (Lun *et al.*, 2016)

which were run using contrasts. We performed DEG identification across three levels of

comparison: (1) Within-populations between treatment (collected at their CT_{MAX}) and control

(held at 3°C) specimens. (2) Between treatment and control for *L. tetonica* specimens only (Mt.

St. John and Tetonica Pond). (3) Between treatment and control for all specimens. A false

discovery rate (FDR) ≤ 0.05 was used to identify DEGs.

To annotate our data set, we extracted the longest isoform for each gene using the

CGAT toolkit and the 'gtf2gtf' function (Sims *et al.*, 2014). We then extracted genes from the file

containing the longest isoforms with gffread v.0.9.9 (Trapnell *et al.*, 2012). We performed a

blastx search for each gene (E-value: 0.001) against the manually curated and reviewed Swiss-

Prot database (Boeckmann *et al.*, 2003; accessed 1 March 2019). Using the results of our

blastx search, we annotated genes, retrieved gene ontology (GO) terms, and mapped GO terms

using Blast2GO v5.2 (Conesa *et al.*, 2005). We annotated DEGs with the top BLAST hit per

transcript. For DEGs without a match in the Swiss-Prot database, we performed two additional

searches using online tools: (1) a batch search against the RFAM database (Kalvari *et al.*, 2017;

http://rfam.org/search) and (2) a manual blast search (E-value: 0.001) against the automatically

annotated and unreviewed TrEMBL database (Boeckmann *et al.*, 2003; http://uniprot.org/blast/).

In Blast2GO v5.2, we performed GO term enrichment analyses using the results of our

blastx/Swiss-Prot annotations on two test sets with one-tailed Fisher's Exact Tests and FDR ≤

0.05 after correcting for multiple tests: (1) upregulated genes for *L. tetonica* only and (2)

downregulated genes for *L. tetonica* only. We did not perform GO term enrichment analysis for

L. tumana because no DEGs were identified for the representative population we examined

(Lunch Creek; see Results). We also did not perform GO term enrichment on the overall *Lednia*

data set because of redundancy with the *L. tetonica* analysis (i.e., roughly two-thirds of the

same individuals would be included). For enrichment analyses, the complete set of transcripts

with BLAST hits were used as the reference set.

To test if stoneflies from more thermally variable environments have muted cellular

responses to stress, we identified all genes annotated as heat shock proteins based on BLAST

hit descriptions. Next, we sorted these genes by their overall expression [$\log_2$ counts per million

(logCPM)] and filtered them to a final set using two criteria: (1) We only included genes

expressed at moderate to high levels (≥ 4 logCPM) and (2) only retained the most expressed hit

(highest mean logCPM) for each unique gene. We did this to prevent any potential bias due to

one gene being represented by multiple hits (see Results). Next, we calculated the mean

difference in logCPM between treatment and control nymphs for each gene and population.

Because the data were not normally distributed (*P*, Shapiro-Wilk < 0.001), we compared the

distributions of mean differences for each population using a Kruskal-Wallis rank sum test

followed by a Dunn test for multiple comparisons. All scripts and commands used in this study

are available on GitHub (https://github.com/scotthotaling/Lednia_RNAseq).

Results:

Environmental data and species collection

According to the environment criteria described above, we identified one snowmelt-fed

stream (Lunch Creek: GNP), two icy seeps (Wind Cave, Mt. St. John; GRTE), two glacier-fed

streams (Cloudveil Dome, Skillet Glacier; GRTE), and one alpine pond (Tetonica Pond; GRTE;

Table 1). We collected *L. tumana* from Lunch Creek, *Zapada* sp. from Wind Cave, and *L.*

tetonica from the other four sites (Figure 1, Table 1). Lunch Creek was the warmest (T_{MEAN} =

6.2°C; T_{MAX} = 9.9°C) and most thermally variable site (T_{RANGE} = 5.7°C; Table 1). Cloudveil Dome

(T_{MAX} = 2.1°C) and Wind Cave (T_{MAX} = 3.2°C) were the coldest and least variable sites (T_{RANGE} ≤

0.5°C; Table 1). Icy seeps were the coldest and least thermally variable habitat type overall

(T_{MAX}, icy seeps = 3.9°; T_{RANGE}, icy seeps = 1.4°C). For the two sites with two or more years of

available temperature data (2 years, Wind Cave; 3 years, Lunch Creek), thermal differences

across years were negligible (Figure S1).

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Figure 2: (A) The effect of maximum stream temperature (T_{MAX}) on critical thermal maximum
(CT_{MAX}) for each nymph (smaller, lighter circles) with means for each population also shown
(darker, outlined circles). Asterisks mark the species with only a single population sample
(*Zapada* sp. and *L. tumana*). Trendlines indicate significant relationships between T_{MAX} and
CT_{MAX} for two separate linear models for *L. tetonica* only (blue line) and for all species (black
line). In both analyses, stoneflies from colder streams had lower CT_{MAX} values than those from
warmer streams. (B) Box plots showing variation in CT_{MAX} across species. Black horizontal lines
in each box indicate the median with lower and upper bounds of the box representing the lower
and upper quartiles of the data, respectively. Whiskers show the maximum and minimum
values.
371

Thermal physiology

We confirmed that all nymphs survived the CT_{MAX} treatment (except for those that were

immediately flash frozen for RNAseq and could not be assessed). Body size had no effect on

CT_{MAX} in the *L. tetonica* ($P = 0.58$) nor all-species analysis ($P = 0.28$; Figure S5). We therefore

did not include body size as a covariate in our statistical models. We also found no effect of

acclimation period on CT_{MAX} ($P = 0.41$). We found differences in CT_{MAX} among populations of *L.*

tetonica (Figure 2A). Stoneflies inhabiting colder sites exhibited lower CT_{MAX} values compared

to those from warmer sites ($F_{1,85} = 26.108$, $P < 0.001$). We observed the lowest CT_{MAX} for *L.*

tetonica in Cloudveil Dome ($T_{MAX} = 2.1°C$; $CT_{MAX} = 26.1°C$), and the highest for *L. tetonica* in

Tetonica Pond ($T_{MAX} = 5°C$; $CT_{MAX} = 29.2°C$). We also found a significant positive relationship

between T_{MAX} and CT_{MAX} in the all-species analysis which included *L. tumana* and *Zapada* sp.

($F_{1,132} = 39.054$, $P < 0.001$). Although we could not statistically test differences in CT_{MAX} among

species due to a lack of replicate *L. tumana* and *Zapada* sp. populations, our results indicate

that CT_{MAX} may be highest for *L. tumana* (Figure 2B). However, this finding may simply be

reflective of the only *L. tumana* population sampled also being from Lunch Creek, the warmest

site included in this study.

RNA sequencing and annotation

We generated 368.8 million read pairs for 18 libraries with a mean per sample of 20.6

million $\pm$ 1.9 million (min. = 2.6 million, max. = 39.2 million). After filtering, subsampling of the

library with the most reads, and dropping the library with the fewest reads, we retained 354.1

million read pairs. On average, 85.2% of reads mapped to the *L. tumana* reference genome with

L. tumana libraries mapping at a slightly higher rate (mean 89.0% $\pm$ 0.5%; min. = 87.8%, max. =

91.0%) than *L. tetonica* (mean = 83.2% $\pm$ 0.6%; min. = 81.0%, max. = 84.5%; *P, t*-test <

0.0001). However, this difference in mapping rate did not extend to a difference in total reads

mapped (mean, *L. tumana* = 19.2 million, mean *L. tetonica* = 21.7 million; *P, t*-test = 0.42). Raw

reads for this study are deposited on the NCBI SRA under BioProject PRJNA587097.

400
401

402 **Figure 3.** Global differences in gene expression for stonefly nymphs color-coded by treatment
403 (red, CT_{MAX}) or control (blue, held at 3°C) and grouped by species (colored polygons) and
404 populations (shapes).
405

Differential expression

After filtering and processing of the data set, our gene counts matrix contained 52,954

unique entries. We observed global differences in gene expression between *L. tumana* and *L.*

tetonica (Figure 3). When *L. tumana* and *L. tetonica* were combined ("*Lednia*"), 80 genes were

differentially expressed: 65 upregulated and 15 downregulated in the treatment (CT_{MAX}) versus

control group (FDR ≤ 0.05). When only *L. tetonica* populations were considered ("*Tetonica*"), 71

genes were differentially expressed: 60 upregulated, 11 downregulated. Thirty-four DEGs were

shared between groups (32 upregulated, two downregulated). When each population was

considered alone, no DEGs were identified (including for Lunch Creek, the only *L. tumana*

population). While we report results for the *Lednia* and *Tetonica* data sets above, we focus

hereafter on *Tetonica* because it contains the most statistical power (two populations) with no

potential for species-specific bias. Furthermore, due to the fragmented nature of the *L. tumana*

genome (contig N50: 4.7 kilobases (kb); 74,445 contigs > 1 kb; Hotaling *et al.*, 2019c), portions

of the same gene were likely present on different contigs in the reference. When we assembled

transcripts, this manifested as unique transcripts annotated to the same gene. Thus, in many

instances (e.g., hexamerins, *HEXA*; Figures 4, S6), we recovered multiple independent hits to

the same gene. While multiple hits may reflect biological reality (e.g., more than one copy of a

gene in the genome perhaps reflecting a gene family expansion) we cannot draw such a

conclusion. We specify how multiple hits to the same gene were handled where appropriate.

For *Tetonica*, 46 DEGs (64.8%) had BLAST hits to the high-quality, manually curated

Swiss-Prot database, 32 of which were unique (Table S2). Of the remainder, three (4.2%) had

hits to the RFAM database and nine (12.7%) had hits to the TrEMBL database. Because the

TrEMBL protein database is unreviewed, we only refer to Swiss-Prot/RFAM annotations unless

specifically noted. The most upregulated gene [MSTRG.32248; $\log_2$ fold change (logFC) = 15.6;

FDR = 0.015] had no annotation to any database (Figure 4). However, the next four most-

upregulated genes (logFC = 7-9.1; Figure 4) included *ABCA3*, which binds ATP, a nucleolysin

(*TIAL1*), and two heat shock proteins *HSP70B2* and *HSP70A1*. The two heat shock proteins

were also the most expressed DEGs (logCPM = 8.9 and 9.3, respectively) after three genes

which were all annotated as hexamerins (*HEXA*; logCPM = 9.3-10). Fourteen DEGs had hits to

the same apolipophorin gene, *APLP*, with relatively similar changes in expression (logFC, *APLP*

= 2.1-3.8; Figure S6) and overall expression levels (logCPM, *APLP* = 2.2-6.9). The three most

downregulated genes did not have BLAST hits to the Swiss-Prot or RFAM databases [logFC = -
6.6 to -13.7; Figure 4], however two of them (MSTRG.1867 and MSTRG.3534) had TrEMBL hits
though they were not informative in terms of predicted function (Table S2).

Forty-one GO terms were enriched in the upregulated *Tetonica* data set (Figure S7): 26
were classified as being part of a biological process ontology, three were cellular component
related, and 11 were linked to molecular function. The top four most significantly enriched GO
terms were all lipid-related, including their transport, binding, and localization. Eight of the
enriched GO terms (19.5% overall) were associated with protein folding, and three were linked
to chaperone proteins which are commonly associated with physiological stress (Beissinger &
Buchner, 1998). In the same vein, one enriched GO term – "heat shock protein binding"
(GO:0031072; FDR = 0.015) – clearly reflected a link to heat stress at the cellular level. No GO
terms were enriched for downregulated *Tetonica* DEGs.

Environmental variability and gene expression
Across all populations and species, 38 genes were annotated as heat shock proteins
(HSPs). Of these, 12 unique genes were expressed at moderate to high levels (logCPM ≥ 4;
Figure S8). We found no support for our hypothesis that stoneflies naturally experiencing higher
(and more variable) temperatures exhibit muted cellular stress responses versus those
inhabiting colder (and more thermally stable) streams (Figure 5; *P*, Dunn's ≥ 0.66).

456
457
458 **Figure 4.** Log fold change of *Lednia tetonica* DEGs (white = BLAST annotated; black = no hit;
459 FDR ≤ 0.05). For annotated genes, only the hits to the Swiss-Prot or RFAM databases with the
460 lowest FDRs are included. The full version of this figure, including any instances of multiple hits
461 to the same protein, is provided in Figure S6. Complete information for each annotation is
462 provided in Table S2.
463

464
465
466 **Figure 5.** (A) Mean population-level differences in expression between treatment and control
467 specimens for the 12 most highly expressed, unique HSPs annotated in this study. (B)
468 Distributions of the values in (A) grouped by population. No significant differences were present
469 (*P*, Dunn < 0.05).
470

Discussion:

As climate change proceeds, headwaters will be dramatically altered by the reduction or

loss of meltwater from glaciers and perennial snowfields (Hotaling *et al.*, 2017). However, the

physiological limits of high-elevation aquatic insects, a group presumed to be acutely imperiled

by climate change, remain largely unknown. In this study, we explored the thermal physiology of

high-elevation stoneflies inhabiting the meltwater of rapidly fading glaciers and snowfields in the

Rocky Mountains. Our focal species are representative of an entire community that may be at

risk of climate-induced extirpation (Giersch *et al.*, 2017, Hotaling *et al.*, 2019a, Tronstad *et al.*, In

press), and included *L. tumana*, a species listed under the U.S. Endangered Species Act due to

climate-induced habitat loss (U.S. Fish & Wildlife Service, 2019). We show that habitat thermal

conditions, specifically maximum temperatures, predict upper thermal limits and that nymphs

mount a cellular stress response when faced with heat stress. Contrary to our expectations,

however, we saw no link between the scale of the stress response and natural conditions that

nymphs experience. That is, stoneflies from warmer environments did not exhibit a muted

cellular stress response across HSPs versus those from cooler streams. Our results shed new

light on thermal tolerance of mountain stoneflies and complement recent cellular perspectives

on aquatic insect thermal biology (Ebner *et al.*, 2019, Gamboa *et al.*, 2017). Broadly, our

findings and those of others (e.g., Ebner *et al.*, 2019, Muhlfeld *et al.*, 2020, Shah *et al.*, 2017b,

Treanor *et al.*, 2013), challenge the prevailing notion that aquatic insect larvae living in

extremely cold mountain streams cannot survive warming. For *Lednia,* with the ability to tolerate

short-term temperature spikes, we hypothesize that their headwater distributions may be a

product of longer-term physiological mechanisms (e.g., the capacity to develop at near freezing

temperatures) and biotic factors (e.g., species interactions at lower elevation).

Thermal tolerance

In mountain systems, thermal tolerance is important to organismal distributions and can

help explain the elevation limits of many terrestrial taxa (Andrews, 1998, Brattstrom, 1968,

Feder & Lynch, 1982, Huey & Webster, 1976, Oyen *et al.*, 2016). Whether thermal tolerance

can also explain distributional limits of aquatic taxa is unknown (Polato *et al.*, 2018). We show

that species of high-elevation stoneflies in the Rocky Mountains, often described as cold

stenotherms that are highly susceptible to warming (e.g., Giersch *et al.*, 2017), can withstand

relatively high short-term temperatures (see also Shah *et al.*, 2017b). Although the utility of

CT_{MAX} has been challenged due to its sensitivity to ramping rates, as well as acclimation and

starting temperatures (Rezende *et al.*, 2011, Terblanche *et al.*, 2011), recent arguments in favor

of its ecological relevance have also been made (Jørgensen *et al.*, 2019), especially when used

in a comparative framework. We contend that CT_{MAX} may be uniquely appropriate for mountain

stream taxa. Indeed, alpine streams are rapidly warming (e.g., Niedrist & Füreder, 2020) and in

our study system, swift increases in temperature (over a few hours) are common (e.g., Lunch

Creek, Figure 1D). With summer streamflows predicted to be reduced under climate change

(Huss & Hock, 2018), baseline temperatures and intraday temperature spikes will both increase

as meltwater volume declines and its buffering capacity is lost.

In addition to temperature spikes during certain seasons, average alpine stream

temperatures are on the rise (Niedrist & Füreder, 2020). These higher, but sublethal,

temperatures will likely have pervasive negative impacts on high elevation aquatic insects (Shah

et al., 2019). For example, long-term thermal tests of *L. tumana* development suggest that

mortality during emergence greatly increases around 15 ºC (A.A.S. & S.H., unpublished data),

highlighting how subtle thermal effects on ecological timescales may limit the persistence of *L.*

tumana and similar species. Long-term temperature shifts will likely have complex effects on

larval energy budgets by differentially altering rates, as well as targets, of energy expenditure

(e.g., resource allocation between somatic growth, maintenance, and reproduction) and energy

income from feeding.

Simultaneous increases in temperature and reductions in flow may also elevate heat

sensitivity in mountain stoneflies by exacerbating a mismatch between oxygen supply and

demand. For ectotherms, increasing temperature typically results in increased metabolic rates

and greater demand for oxygen (Verberk *et al.*, 2016a). In aquatic habitats, this demand may

not be met with adequate oxygen supply, eventually leading to decreased organismal fitness

(Pörtner & Knust, 2007). Evidence for this phenomenon, however, is mixed (Verberk *et al.*,

2016b). With so little known of aquatic insect thermal physiology, it is imperative for future

research to address effects of sublethal temperatures and oxygen limitation on thermal

tolerance, especially in high-elevation aquatic insects that may encounter a lethal combination

of increased temperatures and decreased oxygen from low flows (Jacobsen, 2020).

We observed variation in CT_{MAX} among populations of *L. tetonica*, suggesting that local

thermal regime may be more important to thermal tolerance than regional thermal regime, and

echoing the findings of other recent studies (Gutiérrez‐Pesquera *et al.*, 2016, Shah *et al.*,

2017b). This effect of local conditions on thermal tolerance might outweigh differences due to

evolutionary history because all species (e.g., *Lednia tetonica* and *Zapada* sp.) from cooler

streams had lower CT_{MAX} than those from warmer streams (Figure 2). Although we cannot

determine if thermal variation among populations represents evolved differences, all specimens

were held in a common thermal regime for at least 12 hours to limit the effects of previous

thermal conditions on CT_{MAX} estimates. Regardless of the mechanism, the high-elevation

stonefly nymphs included in this study appear poised to cope with short-term warming in

streams, although some populations are likely to be more resilient than others (e.g., those

experiencing higher present-day maximum temperatures).

Given that we focused on larvae in our study, we cannot discern whether other life

stages (e.g., eggs or adults) differ in their thermal tolerance. However, we focused on nymphs

for three reasons. First, the larval stage is the key developmental period for aquatic insects

when the majority of growth and other fitness-related processes (e.g., egg production) occur,

and recent modeling suggests that impacts of climate change on species can be greatly

underestimated when the larval stage is overlooked (Levy *et al.*, 2015). Second, aquatic insect

larvae typically do most of their growing during summer months, when the threat of heat stress

is greatest. And, third, egg hatching success in the laboratory was recently shown to be

consistently high for mountain stream insects, regardless of rearing temperature, including one

treatment (12°C) that exceeded the highest temperatures the focal midges naturally

experienced (Schütz & Füreder, 2019). Still, future experiments that link traits (e.g., thermal

tolerance) to cellular processes across aquatic insect life cycles will greatly improve our

understanding of how sensitivity at key life stages may influence long-term viability of

populations.

Gene expression

High-elevation stoneflies residing in cold meltwater-fed streams exhibited a cellular

stress response when faced with temperatures at their CT_{MAX}. The bulk of this response was

comprised of upregulated genes and included well-known stress response genes (e.g., HSPs;

Lindquist & Craig, 1988), lesser known but potentially stress-related genes in insects (e.g.,

APLP, Dassati *et al.*, 2014), and many DEGs that could not be annotated (Figure 4). Three

HSPs (*HSP70B2*, *HSP70A1*, *HSC70-5*) were upregulated in nymphs experiencing thermal

stress. With well-established roles as cellular protectants, preventing protein denaturation,

binding aberrant proteins, and many other stress-induced measures, the upregulation of HSPs

was unsurprising (King & MacRae, 2015). However, given the seemingly psychrophilic lifestyle

of *Lednia*, where individuals develop at temperatures near 0°C, we expected to see widespread

upregulation of HSPs in treatment nymphs. This was not the case. Rather, *Lednia* appeared to

constitutively express many HSPs even at low temperature (Figure S8). This suggests that,

contrary to the prevailing view, exposure to low temperatures may actually stress *Lednia* (see

additional discussion below). Similar patterns of constitutive HSP expression have been

observed in other cold-tolerant species. For instance, larval caddisflies (Ebner *et al.*, 2019),

polar fish (Buckley *et al.*, 2004), and Antarctic grass (Reyes *et al.*, 2003) constitutively express

many HSPs, presumably to chaperone proteins at low temperature. The potential for *Lednia* to

be stressed by cold temperatures is further supported by the inability of *L. tumana* nymphs to

survive contact with ice (Hotaling *et al.*, In review).

We also observed upregulation of genes with lipid-related functions. Lipids, particularly

those in membranes, are extremely sensitive to changes in temperature (Hazel, 1995), and

because of their role in key biological processes (e.g., solute diffusion), are important for

thermal acclimation and adaptation (Muir *et al.*, 2016, Pernet *et al.*, 2007). Many ectotherms

remodel their membrane lipids under thermal stress to maintain fluidity, typically through

increases in saturated fatty acids at higher temperatures (Muir *et al.*, 2016). The process of

maintaining membrane fluidity in the face of changing temperatures has been termed

homeoviscous adaptation (HVA; Sinensky, 1974). The degree of saturation in cuticular lipids of

stoneflies varies across life stages, and was speculated to be related to thermal tolerance,

particularly as it relates to the aquatic versus terrestrial environment (Armold *et al.*, 1969). To

our knowledge, the presence of HVA has not been explicitly tested for in any aquatic insect.

However, before upregulation of lipid-related genes can be presumed to underlie HVA or similar

functional changes in high-elevation stoneflies, alternate explanations about the role of lipids in

development must be considered (see below).

While heat stress is presumed to drive the expression patterns we observed, aquatic

insects accelerate their development and emerge earlier at warmer temperatures (Nebeker,

1971, Rempel & Carter, 1987), sometimes even during CT_{MAX} experiments (A.A.S., personal

observation). Thus, some expression changes may be the result of developmental shifts rather

than thermal stress directly. When exposed to long-term temperatures above those they

naturally experience (e.g., $\geq$ 15°C for ~1 month), *L. tumana* nymphs rapidly develop compared

to those held at colder temperatures. However, rapidly emerging adults can get stuck and die

while shedding their cuticle (S.H. and A.A.S., unpublished data). Some of our results appear

more reflective of this developmental shift than heat stress directly. For instance, it has been

suggested that *ABCA3* is upregulated during insect wing development (Broehan *et al.*, 2013). In

our study, high temperatures induced upregulation of *ABCA3*, perhaps indicating accelerated

wing development in preparation for adult emergence. Lipid content in aquatic insects also

varies seasonally and tends to peak before metamorphosis, an energetically demanding activity

(Cavaletto & Gardner, 1999). In the caddisfly, *Clisoronia magnifica*, roughly 80% of the lipid

reserves needed for metamorphosis were used during the last instar (Cargill *et al.*, 1985), which

was the same developmental timepoint of the stoneflies included in this study.

The upregulation of *HEXA* raises similar, albeit more complex, questions. Stoneflies

possess two types of hexameric proteins in their hemolymph: hemocyanin (*HCD*), an oxygen-

carrying protein, and hexamerins, multi-functional proteins that likely evolved from hemocyanin

(Amore *et al.*, 2011, Hagner-Holler *et al.*, 2007). We saw some evidence for the upregulation of

HCD in heat-stressed stoneflies (Figure S9), perhaps reflecting the physiological challenge of

extracting the necessary oxygen from warmer water. However, while hexamerins likely evolved

from *HCD*, their function shifted to storage proteins after they lost the ability to bind oxygen

(Burmester, 2015, Markl & Winter, 1989). Present-day hexamerins primarily act as sources of

amino acids during non-feeding periods (e.g., emergence, Haunerland, 1996) but may also play

a role in cuticle formation (Burmester, 2015, Hagner-Holler *et al.*, 2007), a key stage in aquatic

insect emergence. Thus, the upregulation of *HEXA* may be another cellular indicator of

accelerated emergence to escape injurious conditions.

Mountain stream insects as cold stenotherms: reconsidering a historical paradigm

Aquatic insects living in chronically cold habitats have long been assumed to be cold-

adapted and therefore intolerant of warming (e.g., Giersch *et al.*, 2017, Jacobsen *et al.*, 2012).

This assumption has rarely, if ever, been supported by direct measurements. A potential

mismatch between theory and data is particularly important for imperiled species of

conservation concern. *Lednia tumana* is federally endangered under the U.S. Endangered

Species Act due to loss of cold, meltwater habitat (U.S. Fish & Wildlife Service, 2019). As

glaciers disappear around the world (Huss & Hock, 2018), the demise of *Lednia* and similar

species (e.g., *Zapada* sp.) is presumed to be merely a matter of time (Giersch *et al.*, 2017).

While this may be true, alternative hypotheses or threats beyond temperature, at least in the

short term, should be considered. Chief among these is the question of realized niche breadth.

Factors limiting niche breadth are diverse and may not be directly linked to temperature (e.g.,

interspecific competition or food availability, Connell, 1961, Roughgarden, 1974), although

thermal sensitivity can certainly play a major role (Gilchrist, 1995). While terrestrial habitats

exhibit a wide array of thermal variation, potentially allowing more thermal space for species

with similar ecologies to exist in sympatry, the buffering capacity of flowing water may reduce

the diversity of thermal niches in streams across similar spatial extents (Shah *et al.*, 2020).

Thus, if *Lednia* exhibit high short-term thermal tolerance, exceeding temperatures they naturally

experience, and cellular signatures of stress even at low temperatures (e.g., constitutive

expression of HSPs at 3°C), then we hypothesize that the distribution of *Lednia* and similar

species reflects not a requirement for cold conditions but simply a greater tolerance for them

versus other species. Rather than being an extreme thermal specialist, *Lednia* may have

evolved a wide thermal niche allowing it to colonize environments free of limiting biological

factors. Our hypothesis aligns with previous experimental evidence highlighting the potential for

biotic factors beyond temperature to alter alpine stream ecosystems (Khamis *et al.*, 2015) and

large-scale ecological data showing the persistence of meltwater-associated biodiversity after

deglaciation (Muhlfeld *et al.*, 2020).

When considering climate change impacts on mountain stream biodiversity, it is

important to distinguish between a species imperiled by rising temperatures, biotic factors, or

seemingly by a combination of the two (e.g., Durance & Ormerod, 2010). At present, the

prevailing theory is that a warmer water community will shift uphill and displace coldwater taxa

as glaciers and perennial snowfields are lost (Hotaling *et al.*, 2017). This theory assumes that

coldwater species (e.g., *Lednia*) will not be able to tolerate warmer conditions and will be

extirpated while lower elevation species simultaneously track their preferred thermal conditions

upstream. However, if existing headwater communities can tolerate warmer conditions and their

lower limits are set by other factors (e.g., competition), then climate change risks for mountain

stream communities may be far less generalizable than currently assumed. For instance, if

competition at lower elevations limits *Lednia* distributions then warming temperatures do not

guarantee simplistic, binary outcomes of predicted presence or absence. Rather, the future of

Lednia and similar taxa may depend upon whether their competitors shift uphill (rather than

tolerate warmer conditions *in situ*), how resources may change, and additional factors that are

difficult to predict (see Shah *et al.*, 2020).

Conclusion:

High-elevation stoneflies in the Rocky Mountains can tolerate higher temperatures in the

short-term than those they experience in the wild. When challenged with heat stress, nymphs

mount a cellular response that includes upregulation of classic stress response genes (e.g.,

HSPs) as well as genes that may be involved in developmental transitions from aquatic to

terrestrial life stages. Aquatic insects, including *L. tumana*, develop more rapidly at stable

warmer temperatures but also experience higher mortality during emergence (Nebeker, 1971;

S.H. and A.A.S., unpublished data). Thus, the potential effects of sublethal warming on

performance and other fitness-related traits warrant further investigation. However, in light of our

results and similar studies (Ebner *et al.*, 2019, Muhlfeld *et al.*, 2020, Shah *et al.*, 2017b), we

challenge the premise that the distribution of mountain stream insects in cold, thermally stable

habitats indicates specialized preferences for cold, or evolved physiologies that are only viable

in the cold. Rather, the appearance of constitutive expression of many HSPs in *Lednia* as well

as the inability of *L. tumana* nymphs to survive ice enclosure (Hotaling *et al.*, In review) indicate

their contemporary thermal regimes may actually be injurious. Ultimately, if imperiled species

like *Lednia* are not directly threatened by warming temperatures in the near term, then there is

clear reason for greater optimism about their future. However, explicit investigations of their

development under warmer regimes, rather than simplistic, short-term exposures, are needed in

concert with new understanding of how other abiotic factors (e.g., oxygen supply), biotic

interactions, and resource availability shape their distributions.

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Author contributions:

701   S.H. and A.A.S. conceived of the study. S.H., A.A.S., K.L.M., L.M.T., J.J.G., D.S.F., M.E.D., and

702   J.L.K. collected the data. S.H. and A.A.S. analyzed the data and wrote the manuscript with input

703   from K.L.M., H.A.W., M.E.D., and J.L.K. All authors read and approved the final version.

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