

1 **Anti-inflammatory properties of chemical probes in human whole** 2 **blood: focus on prostaglandin E₂ production**

3 **Filip Bergqvist^{a,b,*}, Yvonne Sundström^{a,b}, Mingmei Shang^{a,b}, Iva Gunnarsson^a, Ingrid**
4 **Lundberg^a, Michael Sundström^{a,b}, Per-Johan Jakobsson^{a,b}, Louise Berg^{a,b,*}**

5 ^aDivision of Rheumatology, Department of Medicine, Solna, Karolinska Institutet, and Karolinska
6 University Hospital, SE-17176, Stockholm, Sweden

7 ^bThe Structural Genomic Consortium (SGC), Karolinska Institutet, Stockholm, Sweden

8 *Corresponding authors. Division of Rheumatology, Department of Medicine, Solna, Karolinska
9 Institutet, and Karolinska University Hospital, SE-17176, Stockholm, Sweden

10 E-mail address: Bergqvist.Filip@gmail.com (F. Bergqvist), Louise.Berg@ki.se (L. Berg)

11 **Abstract**

12 We screened 57 chemical probes, high-quality tool compounds, and relevant clinically used drugs to
13 investigate their effect on pro-inflammatory prostaglandin E₂ (PGE₂) production and interleukin-8 (IL-
14 8) secretion in human whole blood. Freshly drawn blood from healthy volunteers and patients with
15 systemic lupus erythematosus (SLE) or dermatomyositis was incubated with compounds at 0.1 or 1 μM
16 and treated with lipopolysaccharide (LPS, 10 μg/mL) to induce a pro-inflammatory condition. Plasma
17 was collected after 24 hours for lipid profiling using liquid chromatography tandem mass spectrometry
18 (LC-MS/MS) and IL-8 quantification using enzyme-linked immunosorbent assay (ELISA). Each
19 compound was tested in at least four donors at one concentration based on prior knowledge of binding
20 affinities and *in vitro* activity. Our screening suggested that PD0325901 (MEK-1/2 inhibitor), trametinib
21 (MEK-1/2 inhibitor), and selumetinib (MEK-1 inhibitor) decreased while tofacitinib (JAK inhibitor)
22 increased PGE₂ production. These findings were validated by concentration-response experiment in two
23 donors. Moreover, the tested MEK inhibitors decreased thromboxane B₂ (TXB₂) production and IL-8
24 secretion. We also investigated the lysophosphatidylcholine (LPC) profile in plasma from treated whole
25 blood as these lipids are potentially important mediators in inflammation, and we did not observe any
26 changes in LPC profiles. Collectively, we deployed a semi-high throughput and robust methodology to
27 investigate anti-inflammatory properties of new chemical probes.

28 **Highlights**

- 29 • Inhibitors for MEK decreased PGE₂ and TXB₂ production
30 • Inhibitors for MEK and ERK decreased IL-8 secretion
31 • JAK inhibitor tofacitinib increased PGE₂ and TXB₂ production

32 **Keywords:** prostaglandin E₂, whole blood assay, interleukin-8, inflammation, drug screen

33 Introduction

34 Inflammation is a highly controlled immune response to eliminate the cause of tissue injury or infection
35 and to initiate tissue repair back to homeostasis via resolution [1, 2]. However, inflammation is not
36 always terminated. Unresolved inflammation causes persistent pain, tissue degeneration, and loss of
37 function. In particular, inflammatory responses drive many autoimmune diseases [3] and inflammation
38 is a hallmark of cancer [4]. Thus, there is a great need for new therapies that are anti-inflammatory and
39 safe.

40 Prostaglandin E₂ (PGE₂) is a potent lipid mediator of inflammation and immune responses, and PGE₂ is
41 a central mediator of pain, edema, and cartilage erosion typically observed in the joints of rheumatoid
42 arthritis patients [5, 6]. In addition, PGE₂ is a promotor of the immunosuppressive tumor
43 microenvironment with major impact on tumor progression [4, 7, 8]. During inflammation, PGE₂ is
44 synthesized via conversion of arachidonic acid by cyclooxygenases (COX-1 and COX-2) into unstable
45 PGH₂ that is further metabolized by the inducible terminal synthase microsomal prostaglandin E
46 synthase-1 (mPGES-1) to generate PGE₂. Multiple non-steroidal anti-inflammatory drugs (NSAIDs)
47 exist in clinical practice that unselectively decrease PGE₂ production via inhibition of COX, but these
48 drugs are all associated with adverse effects. Hence, selective inhibition of PGE₂ production with small
49 molecule inhibitors could therefore be a desirable therapeutic strategy in inflammation and cancer [9].

50 Interleukin-8 (IL-8) is a potent chemoattractant and activator of neutrophils. IL-8 signalling is implicated
51 in multiple chronic inflammatory diseases [10] and cancer [11]. For example, a recent meta-analysis
52 concluded that patients suffering from systemic lupus erythematosus (SLE) have increased levels of
53 circulating IL-8 [12]. Patients with central neuropsychiatric SLE have increased concentration of IL-8
54 in cerebrospinal fluid compared to patients with non-central neuropsychiatric SLE [13]. IL-8 is also
55 associated with renal damage and pulmonary fibrosis in SLE patients [14, 15]. Given that IL-8 is a
56 stimulant for neutrophil activation, which plays a significant role in the pathogenesis of SLE [16],
57 targeting IL-8 secretion or signalling could constitute a therapeutic strategy for SLE. A similar role of
58 neutrophils and net formation has been reported in patients with dermatomyositis [17, 18]. In cancer,
59 IL-8 is highly expressed in several types of cancer tissues [19] and serum concentration of IL-8
60 correlates with tumour burden [20]. The tumour-favouring actions of IL-8 include promotion of
61 angiogenesis, increased survival of cancer stem cells, and attraction of myeloid cells that endorse the
62 immunosuppressive tumour microenvironment [20].

63 In this study, we aimed to evaluate the effect of 57 chemical probes, high-quality tool compounds, and
64 relevant control drugs on eicosanoid production and IL-8 secretion in human whole blood. A chemical
65 probe is defined as "... a selective small-molecule modulator of a protein's function that allows the user
66 to ask mechanistic and phenotypic questions about its molecular target in biochemical, cell-based or
67 animal studies" [21], and these compounds follow the criteria of *in vitro* potency (IC₅₀ or K_d <100 nM),

68 high selectivity versus other protein subfamilies (>30-fold), and on-target cell activity at 1 μ M. The
69 chemical probes and other high-quality tool compounds included are mainly epigenetic modulators and
70 kinase inhibitors that were produced in academic collaborations or donated by pharmaceutical
71 companies within the Structural Genomic Consortium (SGC, www.thesgc.org), which aims to
72 investigate novel targets for drug development in open science and in collaboration with the
73 pharmaceutical industry. These inhibitors were tested here at one concentration (in triplicates, n=4-15
74 donors) based on previous knowledge of binding affinities and toxicity *in vitro*, as assessed using other
75 validated assays in our laboratories (<https://ultra-dd.org/tissue-platforms/cell-assay-datasets>).

76 **Materials and methods**

77 **Ethical approval and consent to participate**

78 Ethical approval for this study was granted by local research ethics committee at Karolinska University
79 hospital (Dnr 02-196) and the Regional Ethical Review Board in Stockholm (Dnr 2015/2001-31/2). Full
80 informed consent according to the Declaration of Helsinki was obtained from all patients.

81 **Collection of blood**

82 Peripheral venous blood was drawn from 10 females and 6 males, aged between 27 and 81 years. Healthy
83 controls (n=4) and two patient groups were included: systemic lupus erythematosus (n=9) and
84 dermatomyositis (n=3). The blood was collected in tubes containing sodium heparin (1000 U/mL).

85 **Inhibitors**

86 The inhibitors (chemical probes and other high-quality tool compounds) tested here were obtained
87 through the SGC (www.thesgc.org) and supplied by different distributors (**Supplementary Table 1**).
88 Inhibitors and control drugs (**Supplementary Table 1**) were reconstituted at 10 mM in DMSO (D2250,
89 Sigma-Aldrich), aliquoted in Eppendorf tubes or 96-well plates, and kept at -80°C. A fresh aliquot was
90 used at each experiment. Diclofenac (dual COX-1/2 inhibitor) was used as positive control for inhibition
91 of prostanoid production. LPS (L6529, Sigma-Aldrich) was reconstituted in PBS (D8537, Sigma-
92 Aldrich) to a final concentration of 0.1 mg/mL and kept at +8°C.

93 **Whole blood assay**

94 Inhibitors and vehicle control (DMSO) were diluted in PBS at room temperature with no direct light on.
95 The treatments were prepared in 25 μ L portions to U-shaped 96-well plate and 200 μ L of freshly drawn
96 heparin blood (<2 hrs at room temperature) was added to the plate. The plate was incubated at 37°C for
97 30 min and then 25 μ L of 0.1 mg/mL LPS in PBS was added followed by pipetting up and down 3 times
98 (final concentration of LPS was 10 μ g/mL). The tested concentration for inhibitor was 0.1 or 1 μ M
99 (**Supplementary Table 1**). The plate was incubated for 24 hrs at 37°C and then centrifuged at 3000 g for
100 10 min at 4°C. Working on ice, 100 μ L plasma was recovered to a new plate (for prostanoid profiling)

101 and from this 20 μ L was transferred to a second plate (for IL-8 quantification). The plates were sealed
102 with aluminum foil and stored at -80°C .

103 **Extraction of lipids**

104 Plasma samples (80-240 μ L) were thawed on ice and spiked with 50 μ L deuterated internal standard
105 mix containing 17 ng 6-keto-PGF_{1 α} -d4, 8 ng PGF_{2 α} -d4, 12 ng PGE₂-d4, 8 ng PGD₂-d4, 8 ng TXB₂-d4,
106 and 8 ng 15-deoxy- Δ 12,14PGJ₂-d4 (Cayman Chemical Company) prepared in 100% methanol. Protein
107 precipitation was performed by addition of 800 μ L 100% methanol, followed by vortexing, and
108 centrifugation at 3000 g for 10 min at 4°C . The supernatants were collected in a new plate and evaporated
109 under vacuum for 4 hrs. The evaporated samples (100-200 μ L) were diluted to 1 mL with 0.05% formic
110 acid in water and then loaded onto Oasis HLB 1cc 30mg plate (Waters Corporation, USA) that had been
111 pre-conditioned with 1 mL of 100% methanol and 1 mL of 0.05% formic acid in water. The plate was
112 washed with 10% methanol, 0.05% formic acid in water and lipids were eluted with 100% methanol.
113 The eluates were dried under vacuum over-night and stored at -20°C until reconstituted in 50 μ L of 20%
114 acetonitrile in water prior to analysis with liquid chromatography tandem mass spectrometry (LC-
115 MS/MS).

116 **Lipid profiling by LC-MS/MS**

117 Lipids were quantified in negative mode with multiple reaction monitoring method, using a triple
118 quadrupole mass spectrometer (Acquity TQ detector, Waters) equipped with an Acquity H-class UPLC
119 (Waters). Eicosanoid were purchased from Cayman Chemicals and individually optimized for based on
120 precursor ion m/z, cone voltage, collision energy, and fragment ion m/z (**Supplementary Table 2**). An
121 eicosanoid mix containing all standards of interest was used to check interference in the LC-MS/MS
122 analysis. LPC(14:0) and LPC(18:0) were used to set optimal analytical parameters for quantification of
123 LPCs. Separation of lipids was performed on a 50 x 2.1 mm Acquity UPLC BEH C18 column 1.7 μ m
124 (Waters) with a 12 min stepwise linear gradient (20-95%) at a flowrate of 0.6 mL/min with 0.05% formic
125 acid in acetonitrile as mobile phase B and 0.05% formic acid in water as mobile phase A. Data were
126 analyzed using MassLynx software, version 4.1, with internal standard calibration and quantification to
127 external standard curves for prostanoids. LPCs were normalized as area-% within each injection. Only
128 lipids with peaks intensities of signal-to-noise greater than 10 (S/N >10) were considered in our data
129 analysis.

130 **Quantification of IL-8**

131 IL-8 was quantified in plasma by Human IL-8 (CXCL8) ELISA development kit (3560-1H, Mabtech)
132 according to manufacturer's instructions.

133 **Statistical analyses**

134 Data are presented as mean±SEM if not stated otherwise. Statistical analyses were performed using
135 GraphPad Prism 6 (GraphPad Software). One sample t-test was used to test significant difference.
136 Statistical significance level was set to $p < 0.05$.

137 **Results**

138 **Development of whole blood assay**

139 The whole blood assay was developed to screen for changes in multiple eicosanoids. Each eicosanoid
140 and corresponding deuterated variant were individually optimized in the LC-MS/MS analysis. A dilution
141 curve containing 6-keto PGF_{1α}-d4, PGE₂-d4, PGD₂-d4, PGF_{2α}-d4, TXB₂-d4, 15d-PGJ₂-d4, LTB₄-d4,
142 LTC₄-d5, LTD₄-d5, 5-HETE-d8, 12-HETE-d8, 15-HETE-d8, and undeuterated variants of 13-HODE,
143 RvD1, RvD2, 17-hydroxy DHA, and protectin DX was spiked into 100 μL plasma at different stages
144 throughout the extraction. A dilution curve was spiked in water at the same step. The dilution curve
145 ranged from 0.006-1.5 pmol as final amount injected on the column in the LC-MS/MS analysis. This
146 enabled us to investigate the lower limit of quantification (LLOQ), recovery efficacy, and matrix effect
147 for each eicosanoid. The LLOQ injected on column was considered as great (0.02-0.05 pmol), good
148 (0.1-0.2 pmol), or poor (0.4-1.5 pmol). Eicosanoids with great LLOQ were PGE₂, PGF_{2α}, TXB₂, RvD1,
149 RvD2, LTB₄, protectin DX, and 13-HODE; good LLOQ were 6-keto PGF_{1α}, PGD₂, 5-HETE, 15-HETE,
150 and LTD₄; poor LLOQ were 15d-PGJ₂, 12-HETE, 17-hydroxy DHA, and LTC₄. The extraction recovery
151 rates were 33-125%. The response in plasma compared to 20% acetonitrile were 52-116% due to matrix
152 effects. The estimated LLOQ in 100 μL plasma was approximately 1 ng/mL for the best performing
153 eicosanoids including PGE₂, TXB₂, PGF_{2α}, RvD1, RvD2, and protectin DX. We can conclude that the
154 method provided similar quantitative performance in plasma for many eicosanoids.

155 LPS at 0.1-10 μg/mL increased PGE₂ and TXB₂ production in human whole blood, which are the two
156 dominant eicosanoids produced under these conditions [22]. All other eicosanoids were below the
157 LLOQ. We chose 10 μg/mL of LPS as our final concentration, yielding a robust amount of PGE₂ (49±4
158 ng/mL, n=5 donors) and TXB₂ (24±9 ng/mL, n=5 donors). The prostanoid production was completely
159 blocked using the dual COX-1/2 inhibitor diclofenac (10 μM). High concentration of DMSO (0.1%)
160 slightly decreased PGE₂ production by 20% (n=2 donors) while DMSO at 0.01% or 0.001% had no
161 effect. The intra-assay coefficient of variation (CV, n=20 technical replicates) was 12% and 11% for
162 PGE₂ and TXB₂, respectively. The inter-assay CV for control material (n=3 donors) was 20% for PGE₂
163 and 30% for TXB₂. This was performed on blood that was drawn, incubated, extracted, and analyzed at
164 separate occasions. The suppression in signal due to matrix effects and/or recovery efficiency varied
165 between donors and experiments, ranging from 10-70% suppression compared to signal in extracted
166 blank (mean ± SD, n=6 donors, PGE₂: 45±25%, TXB₂: 40±20%). In summary, 24 hrs incubation of
167 whole blood with 10 μg/mL LPS resulted in profound induction of the COX-1/2 products PGE₂ and
168 TXB₂ that was efficiently blocked by diclofenac at 10 μM.

169 **Effect on PGE₂ and TXB₂ production**

170 Our screening of inhibitors suggested that selected kinase inhibitors affected prostanoid production
171 (**Figure 1**). The strongest reduction in PGE₂ production was observed by MEK-1 inhibitor PD0325901
172 (31±6%, p=0.001, n=4) and MEK-1/2 inhibitor trametinib (34±7%, p<0.0001, n=15). Moderate
173 suppression in PGE₂ concentration was found for MEK-1/2 inhibitor selumetinib (65±9%, p=0.02, n=5),
174 ERK-1/2 inhibitor SCH772984 (76±11%, p=0.04, n=13) and p38 inhibitor skepinone-L (76±8%,
175 p=0.01, n=13). However, the tested p38 inhibitor pamapimod did not affect PGE₂ production. Two of
176 these compounds decreased TXB₂ production, namely trametinib (63±6%, p=0.02, n=15) and
177 selumetinib (74±7%, p=0.02, n=5). Diclofenac, here used as a positive control for inhibition of
178 prostanoid production, blocked the prostanoid production while selective COX-2 inhibitor NS-398
179 inhibited only PGE₂ production, in agreement with previously reported data for these compounds in
180 whole blood assay [23]. The JAK inhibitor tofacitinib increased both PGE₂ (286±51%, p=0.01, n=6)
181 and TXB₂ (169±20%, p=0.02, n=6) production. The IRAK-1/4 inhibitor I slightly increased the
182 concentrations of PGE₂ (139±15%, p=0.04, n=7) and TXB₂ (133±8%, p=0.008, n=7).

183 We chose to investigate the strongest observed effects in more detail by performing concentration-
184 response experiments for PD0325901, trametinib, selumetinib, and tofacitinib. All three MEK inhibitors
185 showed a concentration-dependent response on both PGE₂ and TXB₂ production while tofacitinib
186 showed a concentration-dependent response on PGE₂ production (**Figure 2**).

187 **Effect on IL-8 secretion**

188 In line with the effect on prostanoid production, reduction in IL-8 secretion was found for PD0325901
189 (24±9%, p=0.03, n=3), trametinib (27±5%, p<0.0001, n=13), and selumetinib (45±10%, p=0.03, n=3)
190 (**Figure 3**). Moderate reduction in IL-8 secretion was found for SCH772984 (62±9%, p=0.002, n=12)
191 and diclofenac (66±8%, p=0.003, n=11). We could also observe that tofacitinib increased IL-8 secretion
192 (225±57%, p=0.16, n=3), however not with statistical significance.

193 **Effect on LPC profile**

194 We measured LPC species within our targeted LC-MS/MS analysis. LPCs are mainly generated by
195 metabolism of membrane phosphatidylcholine by cytosolic phospholipase A₂ [24]. These lipids have
196 been reported to be involved in several cellular processes; sometimes with opposing effect depending
197 on degree of saturation, concentration, and biological context [25, 26]. We observed no difference in
198 total LPC or LPC profile when whole blood was treated with LPS neither did any of the tested inhibitors
199 alter the LPC profile (**Figure 4**).

200 **Discussion**

201 We have tested the inhibitory effect on prostanoid production and IL-8 secretion in human whole blood
202 for 57 high-quality inhibitors with known target specificities and *in vitro* potencies. None of the tested

203 epigenetic modulators, which are acting on demethylases, bromodomains, or methyltransferases,
204 affected PGE₂ or IL-8 concentration. Inhibition of MEK-1/2 or ERK decreased PGE₂ production and
205 IL-8 secretion in this assay. This effect was observed for allosteric inhibitor trametinib (MEK-1/2), non
206 ATP-competitive inhibitors PD0325901 (MEK-1) and selumetinib (MEK-1/2), and ATP-competitive
207 inhibitor SCH772984 (ERK-1/2). These kinase targets are part of the RAS/RAF/MEK/ERK signaling
208 transduction pathway, where inhibition of MEK prevents the downstream phosphorylation and
209 activation of ERK that ultimately regulates cellular responses such as survival, lipid metabolism, and
210 protein translation [27]. For example, MEK-1/2 inhibitor PD184352 decreased PGE₂ production in
211 melanoma cell line by decreased COX-2 expression due to inhibition of phosphorylation on ERK [28]
212 and trametinib reduced IL-8 production in melanoma cell line [29]. We found that our positive control
213 diclofenac for blocking prostanoid production decreased IL-8 secretion, which is explained by the fact
214 that PGE₂ stimulates IL-8 production in cultured cells [30-33]. While our study mainly focused on
215 identifying inhibitory effects, we observed that JAK inhibitor tofacitinib increased both PGE₂
216 production and IL-8 secretion. Tofacitinib is used to treat rheumatoid arthritis and it is known that
217 tofacitinib can increase the expression of pro-inflammatory mediators, including PGE₂, in macrophages
218 by acting inhibitory on the expression of anti-inflammatory IL-10 [34]. The increased formation of pro-
219 inflammatory PGE₂ and platelet activating thromboxane A₂ (as measured by stable metabolite TXB₂) in
220 human whole blood may be associated with the recently recognized increased risk of thromboembolism
221 associated with JAK inhibitors in treatment of rheumatoid arthritis [35]. We acknowledge that the
222 limitation of our study is the usage of one concentration per tested inhibitor. However, the used
223 concentrations were based on reported IC₅₀ and/or EC₅₀ values as well as solid experiences in our
224 laboratories using other validated assay systems ([https://ultra-dd.org/index.php/tissue-platforms/cell-](https://ultra-dd.org/index.php/tissue-platforms/cell-assay-datasets)
225 [assay-datasets](https://ultra-dd.org/index.php/tissue-platforms/cell-assay-datasets)). We also demonstrated in concentration-response experiments that greater inhibitory
226 effect could be achieved by increasing the concentration for the MEK inhibitors. However, this increases
227 the risk of off-target effects and/or introduction of cellular toxicity that needs to be taken into account
228 in experimental design and interpretation of results. In conclusion, we identified inhibitors for MEK or
229 ERK as anti-inflammatory hits in our human whole blood assay. Based on the suppression in PGE₂
230 production and IL-8 secretion, further investigation of the MEK/ERK signaling pathway may inform
231 future therapeutic strategies to treat inflammatory diseases such as SLE and dermatomyositis.

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237 **Conflicts of interests**

238 The SGC receives funds from AbbVie, Bayer Pharma, Boehringer Ingelheim, the Canada Foundation
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240 Germany), MSD, Novartis Pharma, the Ontario Ministry of Economic Development and Innovation,
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242 M.S., P-J.J., and L.B.). These funders had no direct role in study conceptualization, design, data
243 collection, analysis, decision to publish, or preparation of the manuscript. P-J.J. is engaged in Gesynta
244 Pharma AB, a company that develops anti-inflammatory drugs. I.G. and I.L. have no conflicts of
245 interests to declare.

246 **Author contributions**

247 F.B., Y.S., M.S., P-J.J., and L.B. contributed to study conception and design. F.B., Y.S., and M.M.
248 performed experiments. F.B. analysed data, performed statistical analysis, and drafted the manuscript.
249 I.G. and I.L. facilitated administrative, technical, or material support. All authors critically revised and
250 approved the final version of the manuscript.

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351 **Figure Legends**

352 **Figure 1.** Volcano plots showing effects on PGE₂ (A) and TXB₂ (B) production in LPS-induced human
353 whole blood. The top altered conditions compared to vehicle control based on fold-change (<0.5 or >2)
354 and p-value (<0.05) are highlighted. Each inhibitor was tested in 4-15 donors. Statistical significance
355 was tested using one sample t-test (p<0.05).

356 **Figure 2.** Validation of inhibitory effect on PGE₂ production by MEK inhibitors in human whole blood.
357 Diclofenac at 10 μM was used as positive control. Data are presented as mean±SD of biological
358 replicates (n=2-6 per condition) from one representative experiment. The absolute PGE₂ production in
359 LPS control was 53.3±8.3 ng/mL. The concentration-response was tested in two donors.

360 **Figure 3.** Volcano plot showing effects on IL-8 secretion in LPS-induced human whole blood. The top
361 altered conditions compared to vehicle control based on fold-change (<0.5 or >2) and p-value (<0.05)
362 are highlighted. Each inhibitor was tested in 3-13 donors. Statistical significance was tested using one
363 sample t-test (p<0.05).

364 **Figure 4.** Effect on LPC profile in whole blood. There was no difference in total LPC (A) or LPC profile
365 (B) with LPS treatment, and none of the tested compounds affected the LPC profile (C). Each inhibitor
366 was tested in 4-15 donors.

367 **Supplementary material**

368 **Supplementary Table S1.**

369 **Supplementary Table S2.**

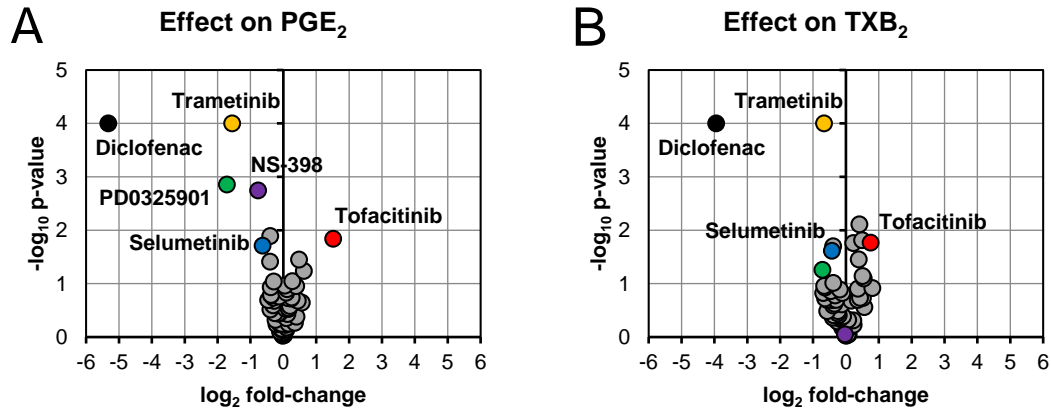


Figure 1.

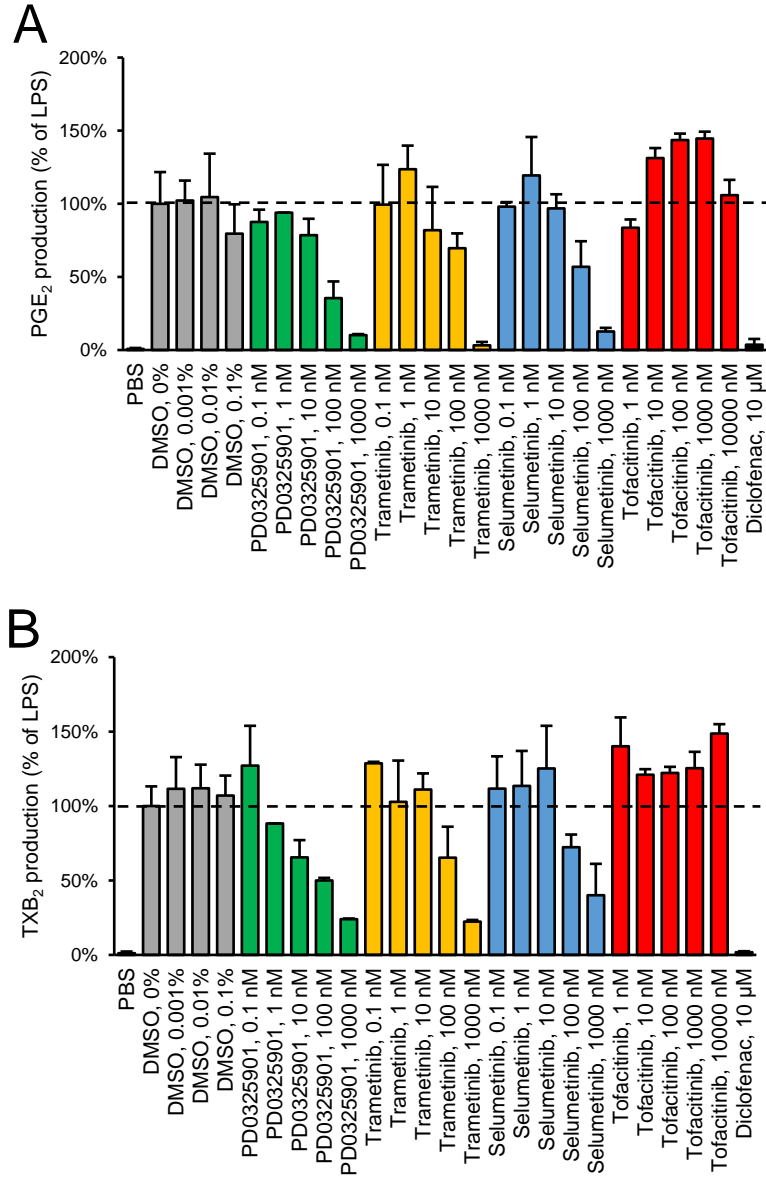


Figure 2.

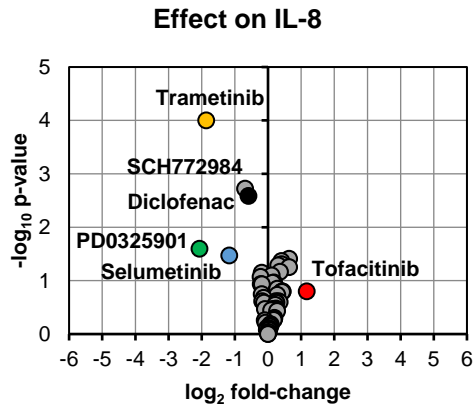


Figure 3.

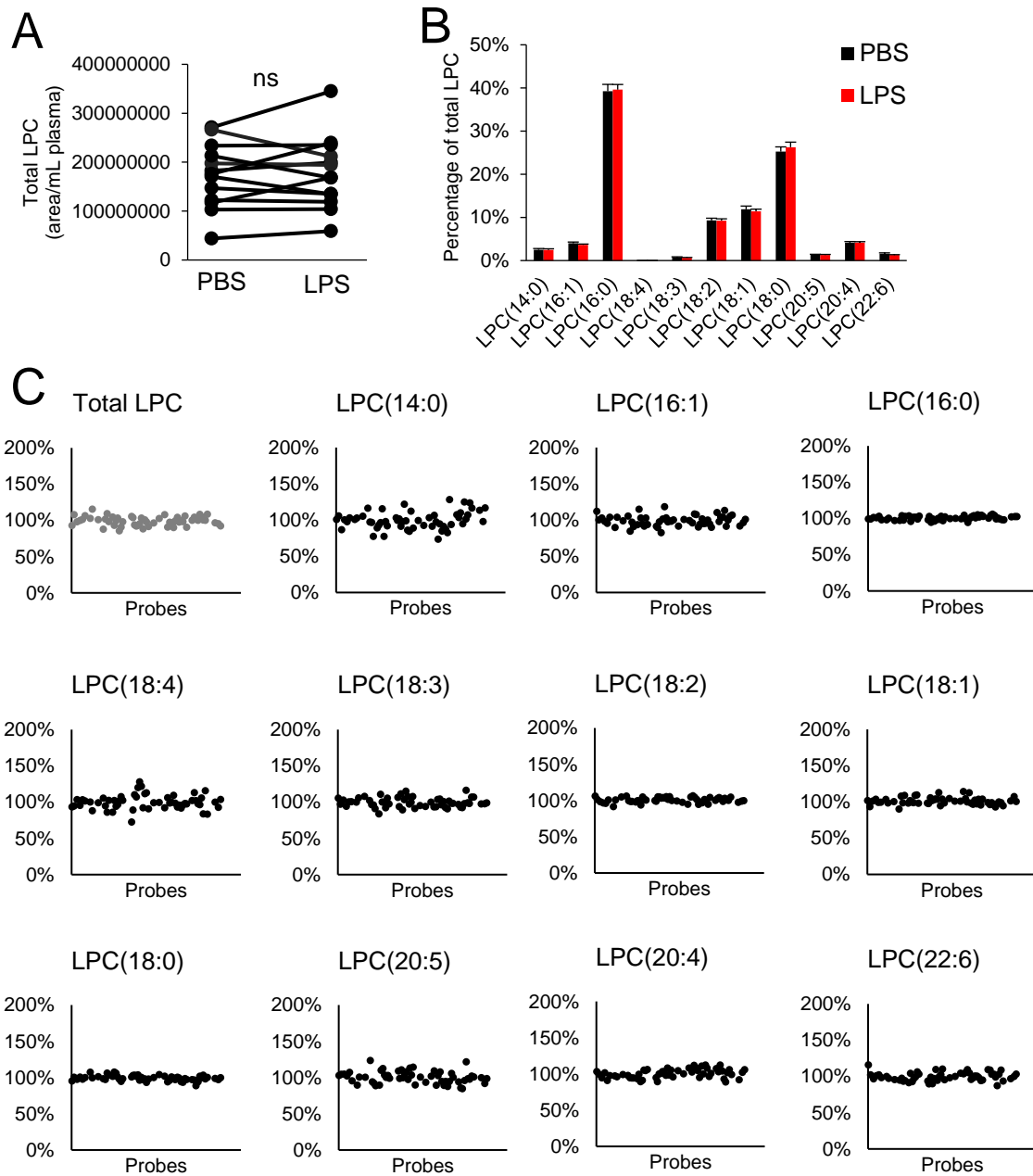


Figure 4.