Adhesion force spectroscopy with nanostructured colloidal probes reveals nanotopography-dependent early mechanotransductive interactions at the cell membrane level

M. Chighizola, A. Previdi, T. Dini, C. Piazzoni, C. Lenardi, P. Milani, C. Schulte[*] and A. Podestà[*]

C.I.Ma.I.Na. and Dipartimento di Fisica "Aldo Pontremoli",
Università degli Studi di Milano, via Celoria 16, 20133 Milan, Italy.

[*]Corresponding authors:
alessandro.podesta@mi.infn.it; carsten.schulte@unimi.it

ABSTRACT

Mechanosensing, the ability of cells to perceive and interpret the microenvironmental biophysical cues (such as the nanotopography), impacts strongly on cellular behaviour through mechanotransductive processes and signalling. These events are predominantly mediated by integrins, the principal cellular adhesion receptors located at the cell/extracellular matrix (ECM) interface.

Because of the typical picoNewton force range and nanometre length scale of mechanotransductive interactions, achieving a detailed understanding of the spatiotemporal dynamics occurring at the cell/microenvironment interface is challenging, and requires sophisticated interdisciplinary methodologies. Moreover, an accurate control over the nanotopographic features of the microenvironment is essential, in order to systematically investigate and precisely assess the influence of the different nanotopographic motifs on the mechanotransductive process.

In this framework, we were able to study and quantify the impact of microenvironmental nanotopography on early cellular adhesion events by means of adhesion force spectroscopy based on innovative colloidal probes mimicking the nanotopography of natural ECMs.

These probes provided the unique opportunity to detect nanotopography-specific modulations of the molecular force loading dynamics and integrin clustering at the level of single binding events, in the critical time window of nascent adhesion formation. Following this approach, we found that the availability of activated integrins is a critical regulatory factor for these nanotopography-dependent dynamics.

KEYWORDS

Mechanosensing, mechanotransduction, mechanobiology, cell adhesion, nanotopography, nanostructured materials, cell microenvironment, extracellular matrix, atomic force microscopy, colloidal probes, adhesion force spectroscopy, integrin binding, adhesion complexes.

1. INTRODUCTION

A complex crosstalk between cells and their microenvironment, i.e. the extracellular matrix (ECM), governs the development and maintenance of multicellular tissues. The biophysical properties of the microenvironment were therein identified as critical factors for the regulation of many cellular responses, such as proliferation, migration, and differentiation. The ECM is a complex meshwork of intertwined macromolecules (with protein and sugar components) characterised by the presence of fibrillary and reticular structures, pores and asperities at the nanoscale.

In recent years, it became evident that mechanical stimuli of the ECM, such as rigidity and/or spatial organisation and dimensionality of adhesion sites (e.g., in terms of geometry and topography), alter intrinsic cellular properties, such as the actin cytoskeletal organisation/mechanics and the signalling status[1,2,3,4].The intricate processes through which the cell perceives and reacts to mechanical and structural stimuli in its microenvironment were termed mechanosensing and mechanotransduction[5,6,7,8,9,10,11,12].

Mechanotransductive processes are involved in virtually all aspects of the cellular life and tissue organisation[5,6,7,8,9,10,11,12,13] and aberrations in components that participate to mechanosensing and mechanotransduction have been linked to various diseases, in particular in cancer and metastasis. A detailed comprehension of how biophysical ECM characteristics modulate mechanotransduction would promote new approaches for treatments of diseases, drug therapies or diagnostic approaches, exploiting and targeting identified mechanotransductive key regulators or structures[5,14,15,16,17,18,19].

Cells sense the biophysical microenvironmental information at the nanoscale, and the nanotopography emerged as a crucial parameter in the regulation of mechanotransductive processes and signalling[1,2,3,20]. The mechanotransductive pathway is primarily mediated by specific transmembrane proteins, called integrins, and modulated by the extent to which these integrins cluster together into integrin adhesion complexes (IACs) and mature into bigger structures, such as focal complexes and focal adhesions (FAs). The extent of integrin clustering and FA maturation, in turn, depends on the force loading within the so-called molecular clutches of nascent adhesions, i.e. the initial connection of the ECM-binding integrins to forces generated by the actin cytoskeleton *via* adaptor proteins (in particular talin and vinculin)[5,6,7,8,9,10,11,12,13].

The spatial organisation and clustering of integrins exerts a fundamental influence on cellular behaviour and responses, in particular through their effect on the principal elements of mechanotransductive signalling, such as RhoGTPases, the actin cytoskeleton and mechanosensitive transcription factors (e.g., YAP). However, a better understanding and quantification of the dynamics in the cell/microenvironment interface and the force development in the early steps of cellular mechanosensing in response to different topographical stimuli is required. In particular, although the

presence of nanotopographical disorder has been shown to have a strong influence on cell adhesion, integrin clustering and differentiation[1,21,22] the systematic characterisation of the influence of disordered patterns with different nanoscale three-dimensional features is still in its infancy

To unravel the molecular mechanisms of cellular mechanosensing and the mechanotransductive responses it provokes in the cells, versatile biophysical approaches are essential[4,12,23,24,25,26,27,28,29,30,31]. Smart biomaterials with complex structural architectures and/or tuneable physical properties are needed to create controllable cellular microenvironments that mimic the *in vivo* ECM situation[1,23,25,26,27]. In addition, sophisticated techniques are required that enable the mapping of mechanobiologically relevant alterations in cells[12,24,28].

In this context, atomic force microscopy (AFM) represents a powerful tool due to its capacity to allow an accurate probing of cell surfaces, determining cellular mechanical properties[32–35] (and mechanotransduction-related alterations[36,37,38]), and measuring adhesion forces down to the single-molecule contribution[28]. The standard techniques used to test the cellular adhesion properties are Single-Molecule Force Spectroscopy (SMFS)[39] and Single-Cell Force Spectroscopy (SCFS)[40,41]. SMFS consists in a functionalisation of the AFM probe (e.g., coating with ECM proteins) in order to permit the interaction with specific transmembrane proteins. SCFS instead uses the cell itself as a probe (attached to the cantilever) that interacts with the substrates of interest (including other cells).

SCFS has been widely used to study in detail the cooperative action of integrins in early cellular adhesion to fibronectin or collagen[42–44] and their connection to internal cellular biochemical signalling[45]. This technique has furthermore been exploited to test the biocompatibility of materials for implants in orthopaedic surgery[46], or the role of ligand spacing in the cell adhesion using substrates decorated with suitably functionalised nanoparticles, separating integrin ligands with different specific distances[47]. A limitation of SCFS, as explained in detail by Naganuma[48], is that the actual contact area between the cell and the substrates cannot be measured. As a matter of fact, the cell, once captured and immobilised on the tipless cantilever, will evolve its own adhesion on the probe itself, changing its morphology during time and with it the adhesion properties. These dynamics will introduce a bias in the force spectroscopy experiment and, since different cells behave differently, make results less comparable between each other.

In this study we present a novel strategy for the study of early mechanotransductive interactions at the cell membrane level based on the use in force spectroscopy experiments of functionalised colloidal probes (CPs) mimicking the peculiar nanoscale topographical features of the *in vivo* ECM, which represent the source of the mechanical cues regulating the cascade of the mechanotransductive events (Figure 1).

Indeed, we have recently shown that the interaction of cells, in particular neuronal cells, with these nanotopographical features, impacts decisively on mechanotransductively relevant processes, such as FA maturation, cytoskeletal organisation/mechanics and integrin signalling, as well as the cellular program and differentiative behaviour[36,49,50,51,52]. In these recent experiments, we have typically cultured cells on nanostructured cluster-assembled substrates produced by Supersonic Cluster Beam Deposition (SCBD)[53], to systematically explore the role of the disordered nanotopography on mechanotransduction (Figure 1a). SCBD is an additive technique, consisting in the assembling of neutral clusters from the gas phase into a thin film. The disordered surface morphology of the deposited films is characterised by nanoscale roughness and other morphological parameters, like the surface area or the correlation length, which can be accurately tuned and reproduced by controlling the film thickness through the deposition time[54].

In order to take control over the forces and molecular interactions that develop at the cell membraneduring the early mechanotransductive events, we propose to invert the typical cell-microenvironment interaction geometry (Figure 1b)

Figure 1. (a) The scheme at the bottom left illustrates the conventional approach that we used previously to study the impact of nanotopographical features on mechanotransductive processes. The image insert shows a transmission electron microscopic image of an interaction site between a PC12 cell and the asperities of cluster-assembled ECM-mimicking nanotopographical zirconia substrate with a roughness of r_q = 15 nm, for which we have shown that it induces mechanotransductive modulations. The immunofluorescence (IF) images in the panel above (in green, total internal reflection recordings of vinculin staining; in red, epifluorescence recordings of the actin filaments marked by phalloidin staining) demonstrate that (after 4 hours of interaction) on the nanotopographical substrate (r_q = 15 nm, ns-Zr15) only small punctate focal complex size adhesion sites (see the details) formed and stress fibres were absent, whereas on the flat zirconia (flat-ZrO_2) and PLL-coated glass (PLL) substrate focal adhesions and stress fibres are present. The TEM and IF images were adapted from Schulte et al.[36]. (b) Schematic illustration of the approach to measure adhesion forces to colloidal probes with a nanotopographical surface (again r_q = 15 nm) produced by SCBD (the scale bars close to the nanostructured surfaces refer only to the nanotopography, other graphical icons are symbolic and not in scale).

Instead of plating the cells on nanostructured substrates mimicking the ECM nanotopography, we fabricated AFM colloidal probes (CPs) with nanotopographic features on their surface and we used them to stimulate the cells and characterise the interfacial integrin dynamics by means of adhesion force spectroscopy. The reversal of the interaction geometry provides access to phenomena that occur at the cell-microenvironment interface that would otherwise be buried below the cell body.

The fabrication method used to produce CPs functionalised by means of a nanostructured surface consisted in growing a cluster-assembled thin film of nanostructured Zirconium Oxide (ns-ZrO_2, Zirconia) with disordered, yet controlled, topographical features[55],[49],[56] on large borosilicate glass spheres. Nanotopographical CPs (nt-CPs) exposing a zirconia surface were thus produced. Zirconia is a biocompatible material used in various clinical application, particularly for its favourable chemical and structural properties[57].

To date, only few protocols have been developed to functionalise AFM probe surfaces either with ECM proteins, like collagens, laminins, or cellulose nanofibers[58],[59] or with nanoparticles[60–62]. In the former case,natural biomaterials were typically deposited onto CPs, but poor or null control over the nanoscale topography was possible. In the latter case, AFM standard sharp tips were decorated with singlenanoparticles in order to study their interaction with cells; in other experiments the AFM tip apex was used to model a single nanoparticle[63]. Nt-CPs were used to study the early steps of the cell adhesion to an ECM-mimicking nanotopography by means of adhesion force

spectroscopy measurements. Following this approach, we were able to follow the temporal evolution of early integrin-related adhesion events at the interface between the cell and a nanostructured microenvironment.

2. MATERIALS AND METHODS

2.1 Fabrication and calibration of the colloidal probes

Fabrication of the colloidal probe. The procedure for the fabrication of colloidal probes is based on the approach described in detail in Ref.[64]. Borosilicate glass spheres (Thermo Fisher Scientific), with radius R = 10 ± 1μm, are first cleaned to remove surface contaminants. The cleaning procedure consists in three sequential 60 seconds centrifugations (10.000 rpm) in a 1:1 water and ethanol solutions, carefully replacing the old with new solution after each centrifugation. The cleaned spheres are then dispersed in toluene and deposited on a microscopy glass slide coated with a thin Au film (with thickness 100 nm) deposited by sputtering. The Au film is used to reduce the capillary force between the sphere and the substrates with respect to that between the sphere and a tipless cantilever[64] (Micromash HQ:CSC38/tipless/no Al, force constant k = 0.02-0.03 N/m). The capture of the sphere by the cantilever is done using the XY motorised stage of the AFM microscope, integrated in the optical inverted microscope. The probe is then transferred in a pre-heated high-temperature oven and kept for 2 hours at 780°C. This temperature is slightly below the softening point of borosilicate glass, which is qualitatively defined as the temperature at which a solid object begins collapsing under its own weight. After two hours, the microsphere is covalently attached to the cantilever. Due to the monolithic character of the resulting CP, any gold residue, as well as other contaminants, can be effectively removed by washing the probe in aqua regia (a mixture of nitric and hydrochloric acids, in a molar ratio of 1:3), or any other aggressive solution.

Determination of the probe radius. The characterisation of the CP radius is performed by AFM reverse imaging of the probe on a spiked grating (TGT1, Tips Nano), as detailed in Ref.[64]. Upon scanning the CP on the spiked grating, hundreds of independent replicas of the probe apical region are obtained. From the measured geometrical properties (like the volume V and the height h) it is possible to determine the value of the radius R by fitting a spherical cap model $V = \frac{\pi}{3}h^2(3R - h)$ to the data. The evaluated probe radius has an accuracy as good as 1%.

Calibration of the cantilever spring constant. The spring constant is calibrated using the thermal noise method [65],[66] where a special correction factor is applied in order to take into account the relevant dimension and mass of the glass sphere[67]. For large CPs, the conditions that both dimension and mass of the sphere are small compared to length and mass of the cantilever are not always satisfied. Since

the mass of the microsphere scales with the cube of the radius R, beads with radii larger than 5 μm possess a mass comparable to the mass of the cantilever (see Table 1 for dimensions and mass of cantilever and microsphere used in this work), and in some cases, especially with stiffer, shorter cantilevers, even larger. These conditions lead to the failure of the assumption that the mass of the cantilever is uniformly distributed along its length, resulting in an underestimation of the spring constant.

According to Ref.[67], it is possible to correct the apparent spring constant K_0^{th} measured by the thermal noise method using the formula:

$$K^{th} = \frac{\beta}{\beta_0} K_0^{th}$$

where K^{th} is the corrected spring constant, while for rectangular cantilevers $\beta_0 = 0.817$. β depends on $\tilde{m}$ and $\tilde{r}$, the reduced mass of the sphere, i.e. the ratio of the mass of the sphere m_S to the mass of the cantilever m_C, and the reduced gyration radius of the sphere, proportional to the ratio of the radius R of the sphere to the length L of the cantilever. In our case, $L = 350$ μm, $m_C = 2.65 \times 10^3$ ng, $m_S = 1.05 \times 10^3$ ng, $\tilde{m} = 0.4$, $\tilde{r} = 0.03$.

2.2 Production of nanotopographical and reference CPs

Deposition of the ns-ZrO₂ film on the CP. For the production of nt-CPs, ns- ZrO_2 films are deposited on the colloidal probes exploiting an SCBD apparatus equipped with a Pulsed Microplasma Cluster Source[53,68] (Figure 2). Partially oxidised zirconia clusters are produced within the PMCS and then extracted into the vacuum through a nozzle to form a seeded supersonic beam. Clusters are collected directly on the CP intercepting the beam, in the deposition chamber. Upon landing on the probe surface, which is locally flat due to the large radius, clusters form a nanostructured, highly porous, high-specific area, biocompatible ns-ZrO_2 film[36,49,55,69,70] The oxidation of the nanostructured film further proceeds upon exposure to air, up to an almost complete stoichiometry, although rich of local defects. The crystalline phase is cubic at room temperature[54].

The root mean square roughness r_q of the deposited film, defined as the standard deviation of surface height values, evolves with the film thickness h, according to the power law[55,56] $r_q \sim h^b$, where $b = 0.35$ approximately (details can be found in the Supporting Information, Figure S1)[54,56] Therefore, by controlling the thickness of the film deposited using a quartz microbalance placed inside the deposition chamber, it is possible to produce nanotopographical CPs with very high reproducibility. The typical thickness of the ns-ZrO_2 films deposited on CPs was in the 70-250 nm range, corresponding to roughness values in the range 13-20 nm.

Figure 2*. A schematic representation of the SCBD apparatus. The Zr rod is sputtered by a plasma discharge, triggered by the introduction of argon (Ar) through a pulsed valve into the source cavity and the application of a high voltage between the Zr rod and the anode. The ablated species condense into clusters and the resulting gas-clusters mixture is extracted through a nozzle and an aerodynamic focuser into a high vacuum chamber; during the process, the carrier gas-clusters mixture undergoes a supersonic expansion. The cluster beam impinges on the colloidal probe, where a thin, nanostructured ZrO_2 film is formed.*

Deposition of smooth ZrO_2 films on the CP. Thin, compact and very smooth coatings of ZrO_2 with roughness below 1 nm were deposited by ion sputtering on the CPs, in order to produce reference interacting surfaces, without any nanotopographic cues. To this purpose, a Kaufman ion gun (Cyberis 40-f) was used to sputter a Zr target. The oxidation of the produced coating further proceeds upon exposure to ambient air.

Production of Poly-L-lysine –coated CPs. Also for reference purposes, CPs were coated with poly-L-lysine (PLL). PLL is a poly-amino acid routinely used to facilitate the protein absorption and the attachment of cells to solid surfaces in biological applications, including our previous experiments with PC12 cells[36],[51]. For the PLL coating, the probes were incubated with a 0.1% (w/v) PLL solution (Sigma-Aldrich) at room temperature for 30 min, and washed thoroughly afterwards with milliQ water several times before the measurements.

2.3 Force spectroscopy experiments and data analysis

Force curves. The force spectroscopy experiments were performed using a Bioscope Catalyst AFM (Bruker). During the AFM measurements, the temperature of the medium was maintained at 37°C using a perfusion stage incubator and a temperature controller (Lakeshore 3301, Ohio, USA).The colloidal probes were incubated with the cell culture medium for >30min at 37°C before the actual measurements.

The deflection sensitivity was calibrated in situ and non-invasively before every experiment by using the previously characterised spring constant as a reference, according to the SNAP procedure described in Ref.[33] The standard approach, i.e. pressing the probe on a stiff surface and measuring the inverse of the slope of the force curve in the contact region, could likely cause contamination of the nt-CP surface and damage of the nanotopographical asperities. Moreover, friction-dependent issues can influence the accuracy of the determination of the deflection sensitivity by the standard contact method, when using large CPs [71]

Sets of raw deflection versus approaching distance curves were acquired at locations on the cells body selected by means of the optical microscope. The raw curves where converted into force versus distance curves (shortly force curves, FCs), rescaling the deflection axis by multiplication by the deflection sensitivity and the cantilever spring constant, and summing the cantilever deflection to the Z-piezo displacement axis[72] (see Figure 2a). FCs containing 8192 points each were recorded on cells, with ramp length $l = 8$ μm, maximum load $F_{max} = 1$ nN and retraction speed at $v_r = 16$ μm/s. The pulling speed was kept relatively low to reduce hydrodynamics effects[73]. To measure the early steps of cellular adhesion, we selected five contact times: 0, 20, 60, 120, 240 s, accordingly. During the contact time, the Z-piezo position was kept constant using the Z closed-loop feedback mode. Long contact times require a very stable system; this condition is obtained by means of both an active anti-vibration base (DVIA-T45, Daeil Systems) and an acoustic enclosure for the AFM (Schaefer Italy), by controlling the environmental temperature in the laboratory, and by allowing for a long equilibration time (30 min) before starting the experiments. Figure S2 in the Supporting Information shows that the drift along the vertical direction during contact of the CP with the sample is very small (max 20nm in 240 s), and determines a negligible variation of the applied force. To reduce the stress on the cells and not to alter their adhesive behaviour, a maximum applied load of 1 nN, corresponding to a pressure of the order of 10 Pa, was set during the acquisition of the FCs. For the same reason, the number of FCs collected per cell was limited (not only because of the very long acquisition time of each curve).

Data analysis. Data processing of the sets of curves was carried out in Matlab (Mathworks) environment using custom routines.

(Figure 2b). Several parameters were selected for the analysis of the cell-probe detachment mechanism. In particular, we inferred the maximum cell-probe adhesion force F_a and the work of detachment W required to separate the nt-CP from the cell The maximum detachment force F_a depends on different properties of the cell, such as overall rigidity, cortex tension, cell shape, single binding strengths and spacings. Compared to F_a, W provides a more complete, integrated information about the cell adhesion, related to the numbers, lengths and strengths of all bonds formed between the nt-CP and the cell. Moreover, we extracted the number $N_{j,t}$ and strength $F_{j,t}$ of the single unbinding events of evey FC measured (for both, jumps j and tethers t, see Figure 2c). The unbinding events must be identified in the retraction section of the FCs[74,75]:we exploited the numerical derivative of the curves with respect to the tip-sample distance[76] (Figure 2b) to extract the magnitude and the location of the events.

Statistics and error analysis. Mean values ψ_{mean} and associated errors σ_{mean} (based on the standard deviation of the mean) were calculated for each observable $\psi(F_a, W, N_{j,t},...)$, as described in detail in the Supporting Information. These values and errors represent a population of cells in a given condition. To this purpose, first mean values and errors have been calculated for the single cells tested, then these values have been averaged and the resulting error calculated.

For each ns-CP used, 10 cells were measured (with 3 FCs for each cell). This resulted in 30 FCs per time point for each probe, and 50 cells and 150 FCs investigated for each probe in total.

Figure 3. *Schematic representation of the data analysis procedure. (**a**) The retraction part of a FC, with the two different possible unbinding events, jumps and tethers, highlighted in the insets. (**b**) Numerical derivative of the FC used to identify and locate the unbinding events. (**c**) Retraction curve with all the identified parameters.*

2.4 Cell Culture and preparation for the force spectroscopy experiments

As cellular model we used neuron-like PC12 cells (i.e., in particular the PC12-Adh clone, ATCC Catalogue No. CRL-1721.1TM). These cells interact with ns-ZrO_2 films, reacting with mechanotransductive responses to the provided nanotopographical stimuli[36],[49],[51].

For routine cell culture (subculturing every 2-3 days), the cells were kept in an incubator (Galaxy S, RS Biotech) at 37°C and 5% CO_2, in RPMI-1640 medium supplemented with 10% horse serum, 5% fetal bovine serum, 2 mM L-Glutamine, 10 mM HEPES, 100 units/mL penicillin, 1 mM pyruvic acid, and 100 µg/mL streptomycin (all reagents from Sigma Aldrich, if not stated otherwise).

For the force spectroscopy experiments, the cells were detached from the cell culture flasks with trypsin/EDTA solution, counted with an improved Neubauer chamber, and plated in low concentration of 4.000 cells/cm^2 (to guarantee the presence of single separated cells) on Ø40 mm glass-bottom dishes for cell culture (Willco Wells) the day before the experiment. Phenol-red free solutions were used for the experiments, since this molecule was found to be harmful for the AFM tip holder. Directly before the cell plating, the Ø40 mm glass-bottom dishes were coated with PLL (incubation with a 0.1% PLL solution for 30 min at RT, followed by several washing steps with PBS) and sterilised with UV light for 10 min. After cell plating, the cells were kept overnight in the incubator to guarantee good cell attachment before the force spectroscopy experiments.

For the integrin activation, the cells were pre-incubated with manganese chloride (MnCl$_2$) at a concentration of 1 mM for >10 min before the measurements. In case of inhibition of the β1 integrin activity, the cells were pre-incubated with the inhibitory 4B4 antibody (Beckman Coulter) at a concentration of 5 µg/mL for >15min before the measurements.

3. RESULTS AND DISCUSSION

3.1 Characterisation of the nanotopographical colloidal probes

Figure 4 shows representative AFM images of a clean borosilicate glass sphere and of the same sphere after deposition of the ns-ZrO_2 film, for the production of a nt-CP.

Ns-ZrO_2 grows on the curved CP surface, as it does on conventional flat smooth substrates (see Supporting Information for details).

The structure and morphology of these cluster-assembled films result from the random stacking and aggregation of impinging nanometer-sized building blocks (the ZrO_2 clusters) into larger and larger units. The surface profiles of nanostructured zirconia films are characterised by peaks and valleys (see Figure 4), defining a complex random pattern of nanoscale features, whose dimensions and spatial distribution resemble those found in natural ECM topographies[2],[3]. The specific surface area, the rms roughness, the average lateral dimensions of the largest morphological features (the correlation length ξ), as well as the interfacial porosity of the films typically increase with film thickness[55],[56],[77]. The interfacial open pores, delimited and defined by the surface asperities[36], can accommodate proteins (including fibronectin) and nutrients[22],[77–79]; asperities evolve in height, area, and surface charge density[69]).

In this work, we concentrated our attention on nt-CPs with a roughness of the ns-ZrO_2 film r_q = 15 nm (ns-Zr15). This particular value of r_q was chosen because we recently demonstrated that it was able to induce in PC12 cells mechanotransductive modulations at the level of integrin adhesion complexes and cytoskeleton (Figure 1b), as well as differentiative events, such as neuritogenesis, and a vast change in the cellular program[36],[49],[51].

*Figure 4. The surface morphology characterized by AFM of a borosilicate glass sphere. (**a**) Before, and (**b**) after the deposition of ns-ZrO₂ (r_q = 15 nm). The inset shows a high resolution AFM image detailing the asperities with distinct peaks and valleys at the nanoscale.*

3.2 Cell adhesion dynamics at nanotopographical interfaces

To investigate in which way nanotopographical features influence the characteristics of cellular adhesion processes, we performed adhesion force spectroscopy on PC12 cells with four CPs, possessing different functionalisations:

1) ns-ZrO₂ –coated CP (ns-ZrO₂-CP), produced by SCBD, with r_q = 15nm (surface: ns-Zr15).

2) flat ZrO_2 –coated CP (flat-ZrO_2-CP), produced by ion gun sputtering, without nanotopographical features (surface: flat-ZrO_2).

3) borosilicate glass CP (glass-CP, surface: glass).

4) poly-L-lysine –coated CP (PLL-CP, surface: PLL).

Poly-L-lysine coatings are routinely used to facilitate protein absorption and cell adhesion to solid surfaces (in particular glass) in biological applications (by providing positively charged sites favouring electrostatic interactions), which represents also the canonical substrate condition for PC12 cell experimentation. In our previous work, we found that the PC12 cells formed FA and stress fibres on the PLL-coated glass and flat zirconia substrates, whereas on the ns-Zr15 substrate the adhesion sites remained at focal complex dimensions and the stress fibre formation was reduced[36] (Figure 1a). CPs number 2, 3 and 4 were therefore used as controls.

The dependence on the contact time of the measured parameters (maximum adhesion force, work of detachment, number of unbinding events for jumps and tethers) is discussed in the next paragraphs.

Figure 5. *Dependence of the maximum adhesion force on the contact times for the four analysed surface conditions. **(a)** On the left, the colloidal glass probes, untreated (glass-CP, blue line) or with PLL functionalisation (PLL-CP, violet line). **(b)** On the right, the two colloidal probes decorated with zirconia films, flat (flat-ZrO₂-CP, green line) or with nanotopographical features with a roughness of r_q = 15 nm (ns-ZrO₂ -CP, orange line). **(c, d)** Dependence of the work on the contact times for the same surfaces.*

Maximum adhesion force F_a. Figures 5a,b show that the cells are capable to create stronger adhesion on all functionalised surfaces, compared to the untreated glass. Nevertheless, the extent of these differences compared to the reference glass surface, and the temporal evolution of the adhesion, are different on each surface.

On glass and flat zirconia, F_a rapidly reaches a plateau, although on flat zirconia the final value is higher. On ns-Zr15 and PLL, F_a follows a similar growing trend in the first 60 s, reaching much higher values than flat-ZrO₂. PLL is the only surface where adhesion increases during the whole time interval, achieving its maximum values at 240 s (with the highest value of all conditions). On the nanotopographical surface, the F_a maximum is reached at 120 s, then adhesion decreases to a value similar to that on flat-ZrO₂.

Work of Detachment W. The temporal evolution of the work of detachment W provides additional information about the level of complexity and the maturation of the cellular adhesion (Figure 5c,d). While the trends of W for glass and PLL-coated glass are similar to those of F_a, this is not the case for zirconia surfaces; in this case, while the evolution of F_a was different for the two surfaces, that of W is similar. Moreover, the measured work for both flat and ns-Zr15 never reaches the value of the PLL-coated glass. Since the work is force times distance, different trend of the W compared to the force can be attributed to either different numbers of bonds (detected as unbinding events), or to different bond lengths, or both.

Mean number of unbinding events N_j, N_t. The mean number of detected unbinding events for cells interacting with different surfaces (Figure 6) revealed distinct differences in the temporal adhesion dynamics between PLL, ns-Zr15 and flat Zr, in particular with respect to the jump events N_j, which we discuss first (Figure 6a,b).

The jump events in force curves are predominantly attributed to receptors in the membrane that are anchored to the cytoskeleton (as e.g. integrins in molecular clutches via talin)[40,43,44,46,80–82]. After a similar progression of the N_j in the first 20 s (with both reaching ~10 events), PLL-coated glass (Figure 6a) and ns-Zr15 (Figure 6b) develop differently. The N_j of PLL reaches a maximum at 60 s, and also later on the cells created significantly more jump adhesion spots on the PLL compared

to flat and ns- Zr15. In the nanotopographical surface condition, N_j decreases strongly (-53%) from 20 s to 60 s. Intriguingly, this drop is a recurrent and specific phenomenon that appears systematically for all investigated cells interacting with the nanotopographical substrate. In the flat-ZrO_2 condition, there is instead a progressive rise of N_j in the first 120 s (reaching ~8 events and being always higher than glass).

The evolution of the number of tethers N_t (Figure 6c,d) instead is more similar for all four conditions.

The nature of the tethers has been poorly investigated, but they are usually associated to receptors that are not anchored to the internal actin cortex, which results in membrane extrusion from the cell reservoir[80–82]. Another hypothesis is that tether events could, at least partially, be related to the unfolding of glycocalyx sugar chains[83]. It has been demonstrated that the tethers do not respond as a catch bond[44], and also in our experimental set-up they seem to participate in a negligible manner to the maturation of the adhesion (with a generally low contribution to F_a, see Supporting Information, Figure S3), showing only minor divergent reactions towards the different substrate conditions.

In the following, we will concentrate our attention mainly on the N_j parameter.

Figure 6. *Dependence of the mean unbinding events detected on the contact times: **(a,b)** Mean number of jumps events N_j (see Figure 2 for details) for **(a)** the colloidal glass probes, untreated (glass-CP, blue line) or with PLL functionalisation (PLL-CP, violet line) and for **(b)** the two colloidal probes with zirconia films, flat (flat-ZrO₂-CP, green line) or with nanotopographical features with a roughness of $r_q = 15$ nm (ns-ZrO₂-CP, orange line).**(c,d)** The same for the mean number of tether events N_t (see Figure 2 for details).*

The interaction time window between 20 and 120 s seems to be the most interesting for the dynamics of the adhesion spots on different surfaces, in particular when looking at the combined evolution of the different parameters (e.g., F_a and N_j).

PLL and ns-Zr15 have a comparable development of F_a from 20 to 60 s, whereas the N_j evolve in a converse manner, i.e. it increases markedly for PLL, and decreases for the nanotopographical substrate (Figure 6a,b). Glass and flat-ZrO₂ instead shows more moderate alterations.

In order to better investigate these dynamical phenomena, we have calculated the mean adhesion force per jump F_j (see Supporting information for details, Figure S3). The result is shown in Figure 7. An interesting outcome specific for the ns-Zr15 surface is visible. While the average

force per single jump (between 20 - 120 s) is similar for the surfaces without nanotopographical features, glass, PLL, and flat-ZrO$_2$, a sudden 3.3-fold increase of the single jump strength (from 20 s to 60 s) is evident for ns-Zr15 (for flat-ZrO$_2$ it actually drops by 50% in the same time frame). At regime, after 240 s, the force F_j converges down to the value of the other surfaces, nevertheless it remains significantly higher for most of the time.

Interestingly, these divergent dynamics happen in the critical time window for molecular clutch reinforcement, the initiation of integrin clustering and nascent adhesion growth[44],[84].

Figure 7. Evolution of the single mean jump force strength per jump event in dependency of the contact time for the different substrates (glass-CP: blue line; PLL-CP: violet line; flat-ZrO$_2$-CP, green line; ns-ZrO$_2$-CP, orange line).

3.3 Adhesion dynamics to the nanotopographical probe are influenced by the availability of activated integrin and depend, at least partially, on β1 integrin

Due to our previous data on the effects of the nanotopography on the configuration of integrin adhesion sites[36] and the interesting chronology of the jump adhesion events and force development observed for the ns-Zr15 surface, we tested in which way these dynamics towards the nanotopography depend on the integrin activity.

In a first step, we examined how an excess of integrin activation would affect the early adhesion dynamics towards the nanotopographical substrate. To this purpose, we activated the integrins with Mn^{2+}. This treatment kept the N_j from dropping after 60 s, as it was observed on the ns-Zr15 surface without Mn^{2+} activation (Figure 8a).

This impact of the abundant availability of activated integrins might be explainable due to two effects (or a combination of both). In nascent adhesions, Mn^{2+}-induced integrin activation is known to increase the density within integrin clusters[85], and unligated activated integrins could additionally favour the bridging between separated adhesion sites[86]. In any case, the force loading can be distributed over more active integrins, confirmed by the decrease of mean force per event at 60 s due to the Mn^{2+} treatment (Figure 8b), which stabilises the adhesion sites.

Figure 8. (a) *Mean number of jumps n_j in the ns-ZrO$_2$-CP condition without (orange, curves for ns-ZrO$_2$-CP and flat-ZrO$_2$-CP(light green) reproduced from Figure 7 for better comparison) and after (blue) Mn^{2+} treatment in dependency of the contact time.* **(b)** *Mean force strength per jump event to ns-ZrO$_2$-CP in the absence of (curves for ns-ZrO$_2$-CP (orange) and flat-ZrO$_2$-CP (light green) reproduced from Figure 8 for better comparison) and after Mn^{2+} treatment (blue) in dependency of the contact time. The black arrows highlight the effect of the Mn^{2+} treatment in the ns-Zr15 condition.*

Furthermore, we treated the cells with an allosteric inhibitory antibody against β1 integrin (4B4), to see how this would impact on N_j at later stages, when integrin clustering strongly manifests (120 and 240 s). As shown in Figure 9, in the presence of the 4B4, N_j decreased by 42% at 120, and by 60% at 240 s. Since β1 integrin represents the most common, but not the only, β integrin subunit, this result demonstrates that the recorded jump interaction events depend, at least partially, on the activation of β1 integrin subunit-containing integrin receptors. This outcome is in line with the involvement of the (β1) integrin activation and signalling in the nanotopography-sensitive modulations in PC12 cell mechanotransduction and differentiative behaviour (in particular neuritogenesis) we have previously reported[36],[51].

Altogether, these results indicate that the availability of activated integrins seems to be an influential regulatory factor for spatial sensing of adhesion sites at the nanoscale.

Figure 9. *Mean number of jumps N_j in the ns-ZrO$_2$-CP condition before (grey) and after (dark grey) the 4B4 antibody treatment (5µg/mL), after 120 s and 240 s contact time.*

3.4 Evolution of jump force distribution over time.

For a better understanding of the dynamics of the adhesion force development on the different substrates, we analysed in greater detail the distribution of the measured strengths of the single jumps at different contact times (*ct*).

Probe	Mean force of the jump (pN)
flat-ZrO$_2$ -CP	42±15
Ns-ZrO$_2$-CP	36±13
glass-CP	21±10
PLL-CP	19±17

Table 2. *Mean jump force at ct = 0s.*

Figure 10. *Evolution of the jump force distribution with contact time for* ***(a)*** *glass-CP (blue bars),* ***(b)*** *PLL-CP (violet bars),* ***(c)*** *flat-ZrO₂-CP (green bars) and* ***(d)*** *ns-ZrO₂-CP (orange bars).*

At $ct = 0$ s, the distributions of jump forces are similar for all surfaces, with a leading peak detected at 40 pN for zirconia surfaces and at 20 pN for glass and PLL (see Table 2). The immediate appearance of a force peak in this range is consistent with the recently shown very fast integrin adhesion response (in that case for α5β1 integrin/fibronectin binding)[42]. The range is also compatible with the reported peak tension of single integrin-ligand bonds during initial adhesion[43],[87],[88],[89],[90],[91] and furthermore, it coincides with the force thresholds for the extension of the talin rod, vinculin recruitment and molecular clutch reinforcement[92].

With the increase of ct, we observed that on glass and PLL the mean jump force remains almost constant, with the appearance of a minor peak at higher forces around 120 pN (Figure 10a,b). The distribution of flat-ZrO₂ (Figure 10c) is similar, although the peaks are broader and there are more counts at higher forces.

On ns-Zr15 (Figure 10d) the distribution of forces, already after 20 s, shifts towards much higher forces, even above 200 pN. High force bonds (>100 pN) appear almost with the same frequency (~45%) as the weaker ones (<100 pN) at every time point (0 s excluded).

Regarding the adhesion force F_a (Figure 5b), this increased strength of the single jumps actually compensates for the lower number of adhesion spots compared to the PLL-coated glass (in particular at $ct = 60$ s, see Figure 6a,b). In other words, on the nanotopographical substrate the adhesion spots are exposed to higher forces. The decrease of high-force unbinding events on ns-ZrO_2 observed at $ct = 240$ s, with respect to earlier cts, is compatible with the general decrease of the F_a (Figure 5b).

We point out how the increased occurrence of higher-force events (Figure 7 and 10) happens simultaneously with the drop of N_j (Figure 6a), which depend on the availability of activated integrins (Figure 8), with the ns-Zr15 CPs. This is peculiar, in particular because it happens during the critical time window for nascent adhesion growth and integrin clustering[84]. This temporal course of the nanotopography-specific adhesion dynamics could indicate that too small and/or too separated adhesion sites disintegrate, due to exposure to excessively high forces. Instead, when the conditions are suitable, bigger clusters of integrin form and succeed to reinforce and mature (Figure 11). These clusters might need to exceed at least the size of the minimal adhesion unit of a few integrins in sufficiently close, i.e. tens of nanometres, vicinity[86],[93]; which is consistent with the appearance of the second peak at 120 pN.

These results are compatible with the confinement action at the nanoscale provided by the small contact area offered by the asperities of the nanostructures.

We have demonstrated previously that the PC12 cells are in contact only with the apical part of the nanotopographical asperities, which restricts the size of the adhesions sites to the nanometric level, and inhibits the maturation of bigger adhesion structures on a larger scale (see Figure 1a)[36]. The results reported in this work are consistent with these previous observations, and confirm, at the level of single binding events and at the pN scale, the crucial role of force loading in the molecular clutches in the nascent adhesions to accomplish nanometric spatial sensing of adhesion sites, reported recently by Oria et al.[13].

Figure 11. *Schematic visualisation of the potential mechanism of nanotopography-sensitive force loading dynamics, molecular clutch reinforcement, integrin clustering, and integrin adhesion complex (IAC) maturation or disintegration (the scale bar refers to the nanotopography, other graphical elements are not in scale).*

4. CONCLUSIONS

Integrin-mediated mechanosensing and mechanotransduction is regulated by biophysical properties of the cellular microenvironment, such as e.g. the nanotopography of the ECM, as it influences the spatial and geometrical organisation of potential cellular adhesion sites[1,2,3,4,25]. However, a precise understanding of the spatiotemporal dynamics and molecular actions in the cell/microenvironment interface during adhesion is still elusive, because these events take place at the nanometre scale and involve 1-100 pN -range forces, whose exploration requires sophisticated methodologies. Moreover, an accurate control over the nanotopographic features of the microenvironment is essential, in order to systematically investigate and precisely assess the influence of the different nanotopographic motifs on the mechanotransductive process.

In this framework, we were able to study and quantify the impact of microenvironmental nanotopography on early cellular adhesion events by means of adhesion force spectroscopy based on novel colloidal probes mimicking the nanotopography of natural ECMs. Our approach merges the sensitivity of AFM-based force spectroscopy[28,40] with the possibility of controlling the nanotopographical features of the ECM-mimicking substrate provided by Supersonic Cluster Beam Deposition[49].

Thanks to our innovative approach, we could detect nanotopography-specific modulations of the molecular force loading dynamics and integrin clustering at the level of single binding events, in the critical time window of nascent adhesion formation. Following this approach, we found that the

availability of activated integrins is a critical regulatory factor for these nanotopography-dependent dynamics.

Our results are in agreement with the reported importance of force loading[13] for cellular spatial sensing of the microenvironment, and integrin nanocluster bridging between adjacent (tens of nm) adhesion arrays[86].

In the future, we plan to exploit the fine control of the surface topography of the nanostructured colloidal probes to dissect in more detail the precise role of morphological properties (such as, e.g., roughness, asperities diameter/distance, or correlation length) in spatiotemporal cell adhesion dynamics, in particular focusing the attention on the clustering of integrin adhesion complexes[36]. Nanotopographical colloidal probes could also be used to examine how aberrations in components of the mechanotransductive machinery alter the force loading dynamics of cellular adhesion.

Additional features of nt-CPs make them suitable for the investigation of nanoscale phenomena of nanobiotechnological interest. Due to their large area, nt-CPs allows to optically probe the interaction interface, which is particular useful when using fluorescence microscopy and suitable staining of the actin cytoskeleton to image the focal adhesion spots. Moreover, nt-CPs could be used as nanotopographical templates for carrying out further functionalisations, for example by grafting to the corrugated surface biochemical moieties relevant to mechanotransduction, such as ligands, ECM motifs, etc. Apart from the cell biology framework, we think these probes have a good potential if used in physics of matter experiments, e.g. in the context of nanofriction[94], DLVO theory[69,95] or adhesive contact mechanics at disordered, nanostructured interfaces[96,97].

Acknowledgements

This project has received funding from the European Union under the Marie Sklodowska-Curie grant agreement No. 812772 (Phys2BioMed), and under the FET Open grant agreement No. 801126 (EDIT). PM and CS acknowledge support from the European Union FP7-NMP-2013-LARGE-7 "FutureNanoNeeds" programme.

We thank Francesca Borghi for support in the characterisation of CPs, Paolo Piseri for useful suggestions for the deposition of thin films by ion beam sputtering, and Mirko D'Urso for support in cell culture. We thank Dr. Stefano Marchesi and Dr. Stefania Marcotti for critical reading of the manuscript.

Author contributions

Conceptualisation: CS, AP; methodology - probe fabrication and characterisation: MC, AP, CP; methodology - cell culture and preparation: TD, CS; methodology - AFM spectroscopy: TD, MC, AP; data curation and analysis: MC, CS, AP; original draft writing: MC, CS, AP; draft reviewing and editing: MC, CS, AP, CL, PM; supervision: CL, PM, CS, AP; resources, funding and project administration: CL, PM, AP. Author contributions were allocated adopting the terminology of CRediT - Contributor Roles Taxonomy.

5. BIBLIOGRAPHY

1.   Dalby, M. J., Gadegaard, N. & Oreffo, R. O. C. Harnessing nanotopography and integrin-matrix interactions to influence stem cell fate. *Nat. Mater.* **13**, 558–569 (2014).
2.   Gasiorowski, J. Z., Murphy, C. J. & Nealey, P. F. Biophysical cues and cell behavior: the big impact of little things. *Annu. Rev. Biomed. Eng.* **15**, 155–176 (2013).
3.   Young, J. L., Holle, A. W. & Spatz, J. P. Nanoscale and mechanical properties of the physiological cell–ECM microenvironment. *Exp. Cell Res.* **343**, 3–6 (2016).
4.   Crowder, S. W., Leonardo, V., Whittaker, T., Papathanasiou, P. & Stevens, M. M. Material Cues as Potent Regulators of Epigenetics and Stem Cell Function. *Cell Stem Cell* **18**, 39–52 (2016).
5.   DuFort, C. C., Paszek, M. J. & Weaver, V. M. Balancing forces: architectural control of mechanotransduction. *Nat. Rev. Mol. Cell Biol.* **12**, 308–319 (2011).
6.   Sun, Z., Guo, S. S. & Fässler, R. Integrin-mediated mechanotransduction. *J Cell Biol* jcb.201609037 (2016) doi:10.1083/jcb.201609037.
7.   Changede, R. & Sheetz, M. Integrin and cadherin clusters: A robust way to organize adhesions for cell mechanics. *BioEssays* **39**, n/a-n/a (2017).
8.   Gauthier, N. C. & Roca-Cusachs, P. Mechanosensing at integrin-mediated cell–matrix adhesions: from molecular to integrated mechanisms. *Curr. Opin. Cell Biol.* **50**, 20–26 (2018).
9.   Orré, T., Rossier, O. & Giannone, G. The inner life of integrin adhesion sites: From single molecules to functional macromolecular complexes. *Exp. Cell Res.* **379**, 235–244 (2019).
10.   Kechagia, J. Z., Ivaska, J. & Roca-Cusachs, P. Integrins as biomechanical sensors of the microenvironment. *Nat. Rev. Mol. Cell Biol.* 1 (2019) doi:10.1038/s41580-019-0134-2.
11.   Humphries, J. D., Chastney, M. R., Askari, J. A. & Humphries, M. J. Signal transduction via integrin adhesion complexes. *Curr. Opin. Cell Biol.* **56**, 14–21 (2019).
12.   Chighizola, M. *et al.* Mechanotransduction in neuronal cell development and functioning. *Biophys. Rev.* (2019) doi:10.1007/s12551-019-00587-2.
13.   Oria, R. *et al.* Force loading explains spatial sensing of ligands by cells. *Nature* **552**, 219 (2017).
14.   Ingber, D. Mechanobiology and diseases of mechanotransduction. *Ann. Med.* **35**, 564–577 (2003).
15.   Paszek, M. J. *et al.* Tensional homeostasis and the malignant phenotype. *Cancer Cell* **8**, 241–254 (2005).
16.   Jaalouk, D. E. & Lammerding, J. Mechanotransduction gone awry. *Nat. Rev. Mol. Cell Biol.* **10**, 63–73 (2009).
17.   Nebuloni, M. *et al.* Insight On Colorectal Carcinoma Infiltration by Studying Perilesional Extracellular Matrix. *Sci. Rep.* **6**, 22522 (2016).
18.   Vogel, V. Unraveling the Mechanobiology of Extracellular Matrix. *Annu. Rev. Physiol.* **80**, 353–387 (2018).
19.   Guck, J. Some thoughts on the future of cell mechanics. *Biophys. Rev.* (2019) doi:10.1007/s12551-019-00597-0.
20.   Teo, B. K. K. *et al.* Nanotopography Modulates Mechanotransduction of Stem Cells and Induces Differentiation through Focal Adhesion Kinase. *ACS Nano* **7**, 4785–4798 (2013).
21.   Huang, J. *et al.* Impact of order and disorder in RGD nanopatterns on cell adhesion. *Nano Lett.* **9**, 1111–1116 (2009).
22.   Ngandu Mpoyi, E. *et al.* Protein Adsorption as a Key Mediator in the Nanotopographical Control of Cell Behavior. *ACS Nano* **10**, 6638–6647 (2016).
23.   Mendes, P. M. Cellular nanotechnology: making biological interfaces smarter. *Chem. Soc. Rev.* **42**, 9207–9218 (2013).

24.   Iskratsch, T., Wolfenson, H. & Sheetz, M. P. Appreciating force and shape—the rise of mechanotransduction in cell biology. *Nat. Rev. Mol. Cell Biol.* **15**, 825–833 (2014).

25.   Chen, W., Shao, Y., Li, X., Zhao, G. & Fu, J. Nanotopographical Surfaces for Stem Cell Fate Control: Engineering Mechanobiology from the Bottom. *Nano Today* **9**, 759–784 (2014).

26.   Li, L., Eyckmans, J. & Chen, C. S. Designer biomaterials for mechanobiology. *Nat. Mater.* **16**, 1164–1168 (2017).

27.   Darnell, M. & Mooney, D. J. Leveraging advances in biology to design biomaterials. *Nat. Mater.* **16**, 1178–1185 (2017).

28.   Krieg, M. *et al.* Atomic force microscopy-based mechanobiology. *Nat. Rev. Phys.* **1**, 41 (2019).

29.   Amschler, K., Erpenbeck, L., Kruss, S. & Schön, M. P. Nanoscale Integrin Ligand Patterns Determine Melanoma Cell Behavior. *ACS Nano* **8**, 9113–9125 (2014).

30.   Chang, A. C. *et al.* Single Molecule Force Measurements in Living Cells Reveal a Minimally Tensioned Integrin State. *ACS Nano* **10**, 10745–10752 (2016).

31.   Roberts, J. N. *et al.* Dynamic Surfaces for the Study of Mesenchymal Stem Cell Growth through Adhesion Regulation. *ACS Nano* **10**, 6667–6679 (2016).

32.   Radmacher, M. Studying the Mechanics of Cellular Processes by Atomic Force Microscopy. in *Methods in Cell Biology* vol. 83 347–372 (Academic Press, 2007).

33.   Schillers, H. *et al.* Standardized Nanomechanical Atomic Force Microscopy Procedure (SNAP) for Measuring Soft and Biological Samples. *Sci. Rep.* **7**, (2017).

34.   Puricelli, L., Galluzzi, M., Schulte, C., Podestà, A. & Milani, P. Nanomechanical and topographical imaging of living cells by Atomic Force Microscopy with colloidal probes. *Rev. Sci. Instrum.* **86**, 033705 (2015).

35.   Stylianou, A., Lekka, M. & Stylianopoulos, T. AFM assessing of nanomechanical fingerprints for cancer early diagnosis and classification: from single cell to tissue level. *Nanoscale* **10**, 20930–20945 (2018).

36.   Schulte, C. *et al.* Conversion of nanoscale topographical information of cluster-assembled zirconia surfaces into mechanotransductive events promotes neuronal differentiation. *J. Nanobiotechnology* **14**, 18 (2016).

37.   Ferraris, G. M. S. *et al.* The interaction between uPAR and vitronectin triggers ligand-independent adhesion signalling by integrins. *EMBO J.* **33**, 2458–2472 (2014).

38.   Schulte, C. *et al.* Lamellipodial tension, not integrin/ligand binding, is the crucial factor to realise integrin activation and cell migration. *Eur. J. Cell Biol.* **95**, 1–14 (2016).

39.   Dufrêne, Y. F. *et al.* Five challenges to bringing single-molecule force spectroscopy into living cells. *Nat. Methods* **8**, 123–127 (2011).

40.   Müller, D. J., Helenius, J., Alsteens, D. & Dufrêne, Y. F. Force probing surfaces of living cells to molecular resolution. *Nat. Chem. Biol.* **5**, 383–390 (2009).

41.   Friedrichs, J. *et al.* A practical guide to quantify cell adhesion using single-cell force spectroscopy. *Methods* **60**, 169–178 (2013).

42.   Strohmeyer, N., Bharadwaj, M., Costell, M., Fässler, R. & Müller, D. J. Fibronectin-bound α5β1 integrins sense load and signal to reinforce adhesion in less than a second. *Nat. Mater.* **16**, 1262–1270 (2017).

43.   Li, F., Redick, S. D., Erickson, H. P. & Moy, V. T. Force measurements of the alpha5beta1 integrin-fibronectin interaction. *Biophys. J.* **84**, 1252–1262 (2003).

44.   Taubenberger, A. *et al.* Revealing early steps of alpha2beta1 integrin-mediated adhesion to collagen type I by using single-cell force spectroscopy. *Mol. Biol. Cell* **18**, 1634–1644 (2007).

45.   Tulla, M. *et al.* TPA primes alpha2beta1 integrins for cell adhesion. *FEBS Lett.* **582**, 3520–3524 (2008).

46.   Bertoncini, P., Chevalier, S. L., Lavenus, S., Layrolle, P. & Louarn, G. Early adhesion of human mesenchymal stem cells on TiO2 surfaces studied by single-cell force spectroscopy measurements. *J. Mol. Recognit.* **25**, 262–269 (2012).

47.   Selhuber-Unkel, C., López-García, M., Kessler, H. & Spatz, J. P. Cooperativity in adhesion cluster formation during initial cell adhesion. *Biophys. J.* **95**, 5424–5431 (2008).

48.   Naganuma, T. The relationship between cell adhesion force activation on nano/micro-topographical surfaces and temporal dependence of cell morphology. *Nanoscale* **9**, 13171–13186 (2017).

49.   Schulte, C., Podestà, A., Lenardi, C., Tedeschi, G. & Milani, P. Quantitative Control of Protein and Cell Interaction with Nanostructured Surfaces by Cluster Assembling. *Acc. Chem. Res.* **50**, 231–239 (2017).

50.   Schulte, C. *et al.* Scale Invariant Disordered Nanotopography Promotes Hippocampal Neuron Development and Maturation with Involvement of Mechanotransductive Pathways. *Front. Cell. Neurosci.* **10**, 267 (2016).

51.   Maffioli, E. *et al.* Proteomic dissection of nanotopography-sensitive mechanotransductive signalling hubs that foster neuronal differentiation in PC12 cells. *Front. Cell. Neurosci.* **11**, (2017).

52.   Schulte, C. *et al.* Neuronal Cells Confinement by Micropatterned Cluster-Assembled Dots with Mechanotransductive Nanotopography. *ACS Biomater. Sci. Eng.* **4**, 4062–4075 (2018).

53.   Wegner, K., Piseri, P., Tafreshi, H. V. & Milani, P. Cluster beam deposition: a tool for nanoscale science and technology. *J. Phys. D: Appl. Phys.* **39**, R439 (2006).

54.   Borghi, F. *et al.* Cluster-assembled cubic zirconia films with tunable and stable nanoscale morphology against thermal annealing. *J. Appl. Phys.* **120**, 055302 (2016).

55.   Borghi, F. *et al.* Cluster-assembled cubic zirconia films with tunable and stable nanoscale morphology against thermal annealing. *J. Appl. Phys.* **120**, 055302 (2016).

56.   Borghi, F., Podestà, A., Piazzoni, C. & Milani, P. Growth Mechanism of Cluster-Assembled Surfaces: From Submonolayer to Thin-Film Regime. *Phys. Rev. Appl.* **9**, 044016 (2018).

57.   Manicone, P. F., Rossi Iommetti, P. & Raffaelli, L. An overview of zirconia ceramics: Basic properties and clinical applications. *J. Dent.* **35**, 819–826 (2007).

58.   Nugroho, R. W. N. *et al.* Quantifying the interactions between biomimetic biomaterials – collagen I, collagen IV, laminin 521 and cellulose nanofibrils – by colloidal probe microscopy. *Colloids Surf. B Biointerfaces* **173**, 571–580 (2019).

59.   Chièze, L. *et al.* Quantitative characterization of single-cell adhesion properties by atomic force microscopy using protein-functionalized microbeads. *J. Mol. Recognit.* **32**, e2767 (2019).

60.   Vasir, J. K. & Labhasetwar, V. Quantification of the force of nanoparticle-cell membrane interactions and its influence on intracellular trafficking of nanoparticles. *Biomaterials* **29**, 4244–4252 (2008).

61.   Ong, Q. K. & Sokolov, I. Attachment of nanoparticles to the AFM tips for direct measurements of interaction between a single nanoparticle and surfaces. *J. Colloid Interface Sci.* **310**, 385–390 (2007).

62.   Pyrgiotakis, G., Blattmann, C. O. & Demokritou, P. Real-Time Nanoparticle–Cell Interactions in Physiological Media by Atomic Force Microscopy. *ACS Sustain. Chem. Eng.* **2**, 1681–1690 (2014).

63.   Leonenko, Z., Finot, E. & Amrein, M. Adhesive interaction measured between AFM probe and lung epithelial type II cells. *Ultramicroscopy* **107**, 948–953 (2007).

64.   Indrieri, M., Podestà, A., Bongiorno, G., Marchesi, D. & Milani, P. Adhesive-free colloidal probes for nanoscale force measurements: production and characterization. *Rev. Sci. Instrum.* **82**, 023708 (2011).

65.   J.L. Hutter & J. Bechhoefer. Calibration of atomic-force microscope tips. *Rev. Sci. Instrum.* **64**, 1868–1873 (1993).

66.   Butt, H.-J. & Jaschke, M. Calculation of thermal noise in atomic force microscopy. *Nanotechnology* **6**, 1–7 (1995).

67.   Laurent, J., Steinberger, A. & Bellon, L. Functionalized AFM probes for force spectroscopy: eigenmodes shape and stiffness calibration through thermal noise measurements. *Nanotechnology* **24**, 225504 (2013).

68.   Barborini, E., Piseri, P. & Milani, P. A pulsed microplasma source of high intensity supersonic carbon cluster beams. *J. Phys. D: Appl. Phys.* **32**, L105 (1999).

69.   Borghi, F., Scaparra, B., Paternoster, C., Milani, P. & Podestà, A. Electrostatic Double-Layer Interaction at the Surface of Rough Cluster-Assembled Films: The Case of Nanostructured Zirconia. *Langmuir* **34**, 10230–10242 (2018).

70.   Galli, A. *et al.* Cluster-assembled zirconia substrates promote long-term differentiation and functioning of human islets of Langerhans. *Sci. Rep.* **8**, 1–17 (2018).

71.   Weafer, P. P. *et al.* Stability enhancement of an atomic force microscope for long-term force measurement including cantilever modification for whole cell deformation. *Rev. Sci. Instrum.* **83**, 093709 (2012).

72.   Butt, H.-J., Cappella, B. & Kappl, M. Force measurements with the atomic force microscope: Technique, interpretation and applications. *Surf. Sci. Rep.* **59**, 1–152 (2005).

73.   Janovjak, H., Struckmeier, J. & Müller, D. J. Hydrodynamic effects in fast AFM single-molecule force measurements. *Eur. Biophys. J.* **34**, 91–96 (2005).

74.   Carter, B. C., Vershinin, M. & Gross, S. P. A Comparison of Step-Detection Methods: How Well Can You Do? *Biophys. J.* **94**, 306–319 (2008).

75.   Opfer, J. & Gottschalk, K.-E. Identifying Discrete States of a Biological System Using a Novel Step Detection Algorithm. *PLOS ONE* **7**, e45896 (2012).

76.   Odorico, M. *et al.* An integrated methodology for data processing in dynamic force spectroscopy of ligand–receptor binding. *Ultramicroscopy* **107**, 887–894 (2007).

77.   Podestà, A. *et al.* Nanomanufacturing of titania interfaces with controlled structural and functional properties by supersonic cluster beam deposition. *J. Appl. Phys.* **118**, 234309 (2015).

78.   Gailite, L. *et al.* Nanoscale Roughness Affects the Activity of Enzymes Adsorbed on Cluster-Assembled Titania Films. *Langmuir* **30**, 5973–5981 (2014).

79.   Scopelliti, P. E. *et al.* The Effect of Surface Nanometre-Scale Morphology on Protein Adsorption. *PLOS ONE* **5**, e11862 (2010).

80.   Evans, E. A. & Calderwood, D. A. Forces and bond dynamics in cell adhesion. *Science* **316**, 1148–1153 (2007).

81.   Sariisik, E. *et al.* Decoding Cytoskeleton-Anchored and Non-Anchored Receptors from Single-Cell Adhesion Force Data. *Biophys. J.* **109**, 1330–1333 (2015).

82.   Mescola, A. *et al.* Probing cytoskeleton organisation of neuroblastoma cells with single-cell force spectroscopy. *J. Mol. Recognit. JMR* **25**, 270–277 (2012).

83.   Boettiger, D. & Wehrle-Haller, B. Integrin and glycocalyx mediated contributions to cell adhesion identified by single cell force spectroscopy. *J. Phys. Condens. Matter Inst. Phys. J.* **22**, 194101 (2010).

84.   Vicente-Manzanares, M. & Horwitz, A. R. Adhesion dynamics at a glance. *J. Cell Sci.* **124**, 3923–3927 (2011).

85.   Changede, R., Xu, X., Margadant, F. & Sheetz, M. P. Nascent Integrin Adhesions Form on All Matrix Rigidities after Integrin Activation. *Dev. Cell* **35**, 614–621 (2015).

86.	Changede, R., Cai, H., Wind, S. J. & Sheetz, M. P. Integrin nanoclusters can bridge thin matrix fibres to form cell–matrix adhesions. *Nat. Mater.* 1–10 (2019) doi:10.1038/s41563-019-0460-y.

87.	Sun, Z. *et al.* Mechanical properties of the interaction between fibronectin and alpha5beta1-integrin on vascular smooth muscle cells studied using atomic force microscopy. *Am. J. Physiol. Heart Circ. Physiol.* **289**, H2526-2535 (2005).

88.	Kong, F., García, A. J., Mould, A. P., Humphries, M. J. & Zhu, C. Demonstration of catch bonds between an integrin and its ligand. *J. Cell Biol.* **185**, 1275–1284 (2009).

89.	Wang, X. & Ha, T. Defining single molecular forces required to activate integrin and notch signaling. *Science* **340**, 991–994 (2013).

90.	Liu, Y., Yehl, K., Narui, Y. & Salaita, K. Tension sensing nanoparticles for mechano-imaging at the living/nonliving interface. *J. Am. Chem. Soc.* **135**, 5320–5323 (2013).

91.	Galior, K., Liu, Y., Yehl, K., Vivek, S. & Salaita, K. Titin-Based Nanoparticle Tension Sensors Map High-Magnitude Integrin Forces within Focal Adhesions. *Nano Lett.* **16**, 341–348 (2016).

92.	Yao, M. *et al.* Mechanical activation of vinculin binding to talin locks talin in an unfolded conformation. *Sci. Rep.* **4**, 4610 (2014).

93.	Schvartzman, M. *et al.* Nanolithographic Control of the Spatial Organization of Cellular Adhesion Receptors at the Single-Molecule Level. *Nano Lett.* **11**, 1306–1312 (2011).

94.	Bhushan, B. & Sundararajan, S. Micro/nanoscale friction and wear mechanisms of thin films using atomic force and friction force microscopy. *Acta Mater.* **46**, 3793–3804 (1998).

95.	Borghi, F., Vyas, V., Podestà, A. & Milani, P. Nanoscale Roughness and Morphology Affect the IsoElectric Point of Titania Surfaces. *PLOS ONE* **8**, e68655 (2013).

96.	Deng, W. & Kesari, H. Depth-dependent hysteresis in adhesive elastic contacts at large surface roughness. *Sci. Rep.* **9**, 1–12 (2019).

97.	Kesari, H., Doll, J. C., Pruitt, B. L., Cai, W. & Lew, A. J. Role of surface roughness in hysteresis during adhesive elastic contact. *Philos. Mag. Lett.* **90**, 891–902 (2010).

Adhesion force spectroscopy with nanostructured colloidal probes reveals nanotopography-dependent early mechanotransductive interactions at the cell membrane level

M. Chighizola, A. Previdi, T. Dini, C. Piazzoni, C. Lenardi, P. Milani, C. Schulte[*] and A. Podestà[*]

C.I.Ma.I.Na. and Dipartimento di Fisica "Aldo Pontremoli", Università degli Studi di Milano, via Celoria 16, 20133 Milan, Italy.

[*]Corresponding authors: alessandro.podesta@mi.infn.it; carsten.schulte@unimi.it

SUPPORTING INFORMATION

Contents

Scaling of the surface roughness of ns-ZrO$_2$ films

To characterise the growth mechanism of ns-ZrO$_2$ films on CPs, we dispersed the glass spheres on a flat glass microscopy slide, and deposited ns-ZrO$_2$ films varying the deposition times. We then imaged the coated CP surfaces by AFM in Tapping Mode, and we measured the rms roughness r_q. The film thickness h was measured on the flat glass surface, in a region close to a sphere, by imaging the ns-ZrO$_2$ film across a sharp step produced by masking the substrate during deposition. By applying a linear regression on a loglog scale to the r_q versus h curve (see Figure S1), the value of the growth exponent b can be determined as the slope of the curve, according to the equation $r_q \sim h^b$.

According to previous results[1–3], the b parameter of the cluster-assembled ZrO$_2$ thin films grown on flat substrates is $b = 0.368 \pm 0.001$ on silicon, or $b = 0.31 \pm 0.09$ on glass coated with a monomolecular PAcrAm-g-(PMOXA, NH$_2$, Si) layer[4]. These values are compatible with the prediction of the ballistic deposition growth model ($b = 0.32 - 0.25$), which assumes that clusters impinge with a direction perpendicular to the plane of the substrate, and they do not diffuse significantly upon landing[5–7]. Higher values can be found when the impinging particles possess a distribution of size and different sticking probabilities.

On ns-CPs, we found $b = 0.314 \pm 0.017$, in agreement with the value measured on flat substrates. Therefore, the curvature of the ns-CPs did not influence the growth exponent.

Figure S1. *Scaling of the morphological properties ns-ZrO$_2$ film (i.e. roughness) on the colloidal probes. The same relation between the roughness and the thickness of the film is obtained on spherical substrates.*

Statistics and error analysis

For each observable ψ_{FCs} extracted by each force curve (FC) a mean value ψ_{cell} was evaluated for each cell. The error σ_{cell} associated to ψ_{cell} was obtained by summing in quadrature the standard deviation of the mean σ_ψ of the results coming from the single FCs and an estimated instrumental error $\sigma_{instrum}$ ($\sigma_{instrum}/\psi = 3\%$)[8]:

$$\psi_{cell} = \frac{\sum_i^n \psi_{FCs}}{n}$$

where n is the number of force curves per each cell,

$$\sigma_{cell} = \sqrt{\sigma_\psi^2 + \sigma_{instrum}^2}$$

The final mean value ψ_{mean} representative of the cell population behaviour in a given condition was evaluated as:

$$\psi_{mean} = \frac{\sum_i^n \psi_{cell}}{N}$$

where N is the number of cells investigated for the given condition.

The final error σ_{mean} associated to ψ_{mean} was calculated by summing in quadrature the propagated error of the mean σ_s and the standard deviation of the mean of the singles cell values ψ_{cell}:

$$\sigma_{mean} = \sqrt{\sigma_{std}^2 + \sigma_s^2}$$

where

$$\sigma_s = \frac{1}{N}\sqrt{\sum_i \sigma_{cell}^2}$$

and

$$\sigma_{std} = \sqrt{\frac{\sum_i^n (\psi_{cell,i} - \psi_{fin})^2}{N}}$$

Force curves during contact

To test the stability of the Z-piezo upon contact of the CP with the sample in close-loop mode, we recorded the cantilever deflection as a function of the contact time t, up to $t = 240$s.

The time-dependent deflection is shown in Figure S3. On a stiff substrate, a smooth drift is observed (~10nm in 240 s), corresponding to a maximum variation of the applied force of approximately 0.5 nN after 240s. On the cell surface, a similar drift is observed superimposed to small and slow (tens of nm in tens of seconds) fluctuations, due to the adjustment of the cell below the probe, probably accompanied by internal reorganisation of the cytoskeleton[9].

Figure S2. *Representative deflection versus contact time curves.*

Dependence of the adhesion force on the contact times with the contribution of the tethers

The evaluation of the tethers contribution to the total adhesion force F_a was evaluated as follow: for each contact time, the mean value of the tethers unbinding force has been evaluated and multiplied by the mean number of tethers N_t per FC, to obtain the tether background adhesion value. The contribution of the tethers then has been subtracted from the adhesion force F_a, in order to calculate the contribution of the jumps. The obtained total jump adhesion force was eventually divided by the mean number of jumps N_j, in order to calculate the mean adhesion force per jump presented in Figure 7 of the main text.

Figure S3. *Dependence of the adhesion force on the contact times as in Fig.6; in addition, the contribution of the tether is shown.*

Bibliography

(1) Borghi, F.; Podestà, A.; Piazzoni, C.; Milani, P. Growth Mechanism of Cluster-Assembled Surfaces: From Submonolayer to Thin-Film Regime. *Phys. Rev. Appl.* **2018**, *9* (4), 044016. https://doi.org/10.1103/PhysRevApplied.9.044016.

(2) Borghi, F.; Sogne, E.; Lenardi, C.; Podestà, A.; Merlini, M.; Ducati, C.; Milani, P. Cluster-Assembled Cubic Zirconia Films with Tunable and Stable Nanoscale Morphology against Thermal Annealing. *J. Appl. Phys.* **2016**, *120* (5), 055302. https://doi.org/10.1063/1.4960441.

(3) Podestà, A.; Borghi, F.; Indrieri, M.; Bovio, S.; Piazzoni, C.; Milani, P. Nanomanufacturing of Titania Interfaces with Controlled Structural and Functional Properties by Supersonic Cluster Beam Deposition. *J. Appl. Phys.* **2015**, *118* (23), 234309. https://doi.org/10.1063/1.4937549.

(4) Schulte, C.; Lamanna, J.; Moro, A. S.; Piazzoni, C.; Borghi, F.; Chighizola, M.; Ortoleva, S.; Racchetti, G.; Lenardi, C.; Podestà, A.; et al. Neuronal Cells Confinement by Micropatterned Cluster-Assembled Dots with Mechanotransductive Nanotopography. *ACS Biomater. Sci. Eng.* **2018**, *4* (12), 4062–4075. https://doi.org/10.1021/acsbiomaterials.8b00916.

(5) Barabási, A.-L.; Stanley, H. E. Fractal Concepts in Surface Growth by A.- L. Barabási /core/books/fractal-concepts-in-surface-growth/0D9076FC287B60B2B1126BB165112F13 (accessed Sep 4, 2019). https://doi.org/10.1017/CBO9780511599798.

(6) Family, F.; Vicsek, T. Scaling of the Active Zone in the Eden Process on Percolation Networks and the Ballistic Deposition Model. *J. Phys. Math. Gen.* **1985**, *18* (2), L75–L81. https://doi.org/10.1088/0305-4470/18/2/005.

(7) Robbins, M. O.; Cieplak, M.; Ji, H.; Koiller, B.; Martys, N. Growth in Systems with Quenched Disorder. In *Growth Patterns in Physical Sciences and Biology*; Garcia-Ruiz, J. M., Louis, E., Meakin, P., Sander, L. M., Eds.; NATO ASI Series; Springer US: Boston, MA, 1993; pp 65–75. https://doi.org/10.1007/978-1-4615-2852-4_8.

(8) Puricelli, L.; Galluzzi, M.; Schulte, C.; Podestà, A.; Milani, P. Nanomechanical and Topographical Imaging of Living Cells by Atomic Force Microscopy with Colloidal Probes. *Rev. Sci. Instrum.* **2015**, *86* (3), 033705. https://doi.org/10.1063/1.4915896.