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A long tail of truth and beauty: The developmental basis of complexity, symmetry, and beauty in the evolution of the peacock's tail

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ABSTRACT

Darwin's theory of sexual selection based on female choice has become a standard explanation

for sexually dimorphic traits such as the peacock's long train. Darwin believed that the peacock's

long train has developed as a result of female choice favouring long-tailed mates because of the

train's beauty, in which iridescent eyespots play a major role. Female choice theory requires

genetic variation in female preference and in the number of eyespots and a genetic correlation

between the two, yet there is little variation in either of these traits in natural and feral peafowl

populations. We examined the anatomical plan of feather development and found that eyespot

feather follicles originate in alternating rows of 10-11; this precludes intrinsic one-at-a-time

eyespot variation. The developmentally determined annual addition of new feathers results in a

fixed number of total feathers in fully mature individuals. Feather number and coordinated

growth of feather length together determine the size of the train, which we propose would have

an asymptotic fitness function due to the aging of the male. These results confirm previous

speculations that eyespot number may be anatomically determined and complement recent

findings indicating that eyespot number alone does not determine reproductive success. We

propose an alternate hypothesis: that the driving force behind female attraction and female mate

choice is male drive, or male-driven female choice based on male (train) size, quality and vigor,

and variation in train display, and not eyespot number. In other words, we propose that, contrary

to Darwin's premise, the beauty (eyespot) does not drive the train; rather, it rides the train. The

theory proposed here not only provides a simple mechanism for the evolution of the peacock's

train, but it also explains past, often contradictory, results. A detailed longitudinal study with

cohorts would be ideal to shed light on the details of the process.

INTRODUCTION

The peacock's elaborate train has long represented a paradigmatic case of sexual selection that nonetheless poses a problem for the theory itself because the process whereby the spectacular train of the peacock evolved via sexual selection has to date remained debatable. It has been over 150 years since Darwin recognized the peacock's train as a problem for his theory of evolution by natural selection, a theory that largely accounted for adaptive traits. Darwin was struck by the ornateness of the peacock's tail feathers—the sight of which, as he confessed to Gray, made him 'sick' [1]—but he was also puzzled by the length of the train. Thus, the peacock's train presents two problems: the evolution of train length and the evolution of striking structural complexities in the peacock's upper tail coverts that render it 'beautiful'. As Darwin recognized, the peacock's train was too long to be of much adaptive use—at least to survival, and the tail is hardly an armament used in male-male battles (although we now know that the train can, like the reindeer's antlers, be used in competitive show-offs). Thus, Darwin elected to focus on the beauty of the train and supplied an explanation through sexual selection: that females may prefer to mate with males who possess more beautiful and elaborate trains [2]. This reproductive advantage enjoyed by males with more elaborate trains would compensate for any loss of male survivorship due to predation. This explanation set the stage for research to focus almost exclusively on elucidating how females assess 'beauty' (in peafowl and other birds)[3], thus neglecting other factors, such as male behaviors, development, and physiology.

A key factor required for evolutionary theory, be it via natural or sexual selection, is variation and heritability. If the peacock's train is a target of female choice, then there must be

genetic variation in female preference, which would depend, directly or indirectly, on variation

in the peacock's train morphology (size, shape, and/or colouration). Although female choice is

widely assumed to be responsible for the evolution of the peacock's train, research on this matter

has to date produced mixed results.

Early research suggested that the peacock's train is indeed a target of female choice,as

well as an indicator of male condition [4,5]. Whereas one study [6] suggested a correlation

between train length and male mating success in wild populations, several studies have suggested

that the number of ocelli (eyespots) rather than train length correlates with male mating success

in captive and feral populations [4,5,7,8]. A comprehensive 7-year re-evaluation by Takahashi et

al.[9] found no evidence that train morphology (either train length or eyespot number) influences

the number of copulations a male achieves. More importantly, the re-evaluation uncovered little

variation across populations in terms of train morphology, thus calling into question the idea that

the peacock's train is a target of female choice. Similarly, in another important study, Dakin and

Montgomerie [10] found that males above the age of 4 generally produce between 165 and 170

eyespots before the onset of mating season, and experimentally manipulated males with fewer

than 145 eyespots fared poorly in mating. This suggests that there is perhaps a 'threshold'

eyespot number required for females to recognize 'normal' and 'viable' mates. More

importantly, using their own data and data from the literature, Dakin and Montgomerie found

little variation within and between populations in terms of eyespot number [10]. Data from these

two studies cast doubt upon the importance of female choice in the evolution of the peacock's

train morphology and the nature of variation in the peacock's train. Dakin and Montgomerie[10]

quite intuitively suggested that lack of variation in train morphology possibly reflects

developmental constraints [11].

The peacock's train is a complex structure, with the upper-tail coverts comprising a

diverse variety of feather types, each varying in structure, level of iridescence, colour patterns,

and symmetry (S1, see [12,13]for details). The bilateral symmetry of the peacock's train

displayed in Fig. 1is quite remarkable (Fig 1): Hundreds of bilaterally symmetrical feathers and

eyespots become visible—evenly spaced and arranged in successive rows, not as if on a flat

surface but as if in three-dimensional space—from the anterior to the posterior position of the

train (Fig 1, also see [10]). The feathers vary in length, with shorter feathers arranged at the front

and longer feathers at the back [13]. The peacock's train is thus unique in the sense that a

complex trait composed of hundreds of repeating units appears in three-dimensional space and is

perfectly(bilaterally) symmetrical. The complexity of the symmetry can be appreciated by

connecting the eyespots to one another in any direction (see Fig 2). To achieve this remarkable

symmetry in fan formation, the feather follicles must develop in a specific arrangement at their

origin, that is, on the uropygium. Indeed, failing to find significant variation within and between

populations in terms of eyespot number, Dakin and Montgomerie [10] inspected a male

peacock's uropygium and found a constant number and uniform arrangement of follicles, which

suggests that train feather development may be genetically and anatomically determined in all

males. This developmental constraint imposed by bilateral symmetry raises questions regarding

the nature of genetic variation in train morphology and suggests the possible universality of the

developmental plan underlying peafowl train morphology.

In this study, we investigated the anatomical development plan of the peacock's train

morphology in an effort to penetrate how development may constrain evolutionary elaboration of

the peacock's tail. We hypothesized that bilateral symmetry would not enable random variation

in eyespots, that is, variation in train morphology arising via the random addition of individual

eyespots in populations. We uncovered developmental and anatomical evidence demonstrating

that the nature of bilateral symmetry in the development of the peacock's train feathers would

preclude genetic variation in the number of individual eyespots; accordingly, the only source of

variation in feather and eyespot number and train size/height would be through the age-

dependent addition of new rows of feathers each spring. Thus, all intrinsic between-individual

variations may be related to the age of the animals, and, perhaps in all animals, they may reach a

developmentally pre-determined limit. This developmental constraint would explain why

researchers have not found (genetic) variation in eyespot number in natural populations [9,10]. In

this paper, we discuss the implications of these results with respect to Darwin's female choice

theory and propose that male behaviour, particularly how males use their trains to establish

dominance and to charm females, is an integral, if not the only, component of the force driving

the evolution of the peacock's elaborate train.

Fig1. A picture of a peacock tail showing the symmetry of the train and eyespots. Concentric

circles enable following the eyespots towards the periphery (picture from Wikipedia/

ThiminduGoonatillake from Colombo, Sri Lanka).

Fig2. Geometrical designs and the symmetry of the train are indicated by dotted lines (above) and

their developmental origins in the anchor plate (below). (Peacock picture: from

Wikipedia/ThiminduGoonatillake from Colombo, Sri Lanka).

RESULTS

The origin of bilateral symmetry

To allow for reporting the anatomical development plan that determines the bilateral symmetry of eyespots on the train, we examined the uropygium of museum specimens (Royal Ontario Museum, Toronto). Tail feathers are attached to the dorsal, convex side of an oval-shaped uropygium that serves as an anchor plate (Fig 3). The concave, ventral side of the anchor plate exhibits several interesting features:(1) It has basal impressions of tightly packed, parallel rows of feather follicle insertion points; (2) the feather follicles grow progressively larger from the anterior (bottom) to the posterior (top) end and are laid out in alternating rows of 10 and 11 (corroborating the feather arrangement proposed by Dakin and Montgomerie [10]), which 'zigzag' by one position between rows (see Fig 3, right); and (3) the posterior feather follicles radiate in an arch, mimicking the fan formation shape of the train in display. The convexity of the anchor plate renders the train not a flat structure but a three-dimensional structure, such that the feathers are projected outwards at different angles and lengths. It is important to note that the anchor plate itself appears to be a product of continuous growth, sequentially adding new rows of feathers as it grows each spring. The one-to-one correspondence between the impressions of the feather follicle insertion points on the anchor plate and the various symmetrical positions of the eyespots on the train is unmistakable and perfectly matched (Fig2).

Fig3. Left: Anterior portion of peacock tail, showing the newest rows of feathers (at the bottom); Right: Ventral view of the uropygium, depicting alternating rows of 10 or 11 feather cell imprints.

To assess the one-to-one correspondence between the anatomical development plan found on the uropygium and train morphology, we examined several specimens from the Royal Ontario Museum (Toronto) and the American Museum of Natural History (New York).The results are summarized in Table 1 and Fig 4. First, the number of feather rows varied narrowly from 17 to 19, and the anterior 2 to 3 rows had minor eyespots; this is consistent with the findings reported by Dakin and Montgomerie [10]. The minor eyespots only appeared minor because of their slow growth. Assuming that a row of feathers is added each spring, there is technically no upper limit to eyespot number, but these immature eyespots will remain insignificant in their effect.

Second, in the developmental plan of 10/11 feathers per row (reported from 1 individual by Dakin and Montgomerie [10]), they were not arranged in parallel but in a zigzagging arrangement. Moreover, this arrangement appeared to be an invariant trait in our sample (Table 1). This one-to-one correspondence between follicle insertion patterns and train morphology may have been expected, but these data also suggest that the developmental plan does not permit random (one feather at a time) variation in eyespot number (Table 1). We are obliged to report that only a small number of the museum specimens retained an intact uropygium; however, in the data that were available (in 6/21 samples), the 10/11-feathers-per-row pattern was consistent.

Third, the number of fishtail feathers varied around the modal number of 30, 40, or 50,

which is what we would expect if fishtail feathers were produced by 3, 4, or 5 rows of feather

follicles during development (Fig 4A). This shows that eyespot feathers undergo conversion into

fishtail feathers as the animal grows.

Fourth, the number of eyespot feathers varied from 101 to 161, and this variation was

presumably attributable to variation between the animals in terms of age, time of year of capture,

and some variation due to damage from handling at the museum in the past.

Fifth, there was no relationship between eyespot number and eyespot feather length,

except as a function of age. This is consistent with Manning's[12]finding that eyespot number

increases during the first 4 to 7 years of the animal's life (see inset in Fig 4B) and thereafter

increases more slowly or remains more or less constant (variation in eyespot number in Fig 4B is

mostly due to damage).

Finally, there was a strong correlation between the length of the longest fishtail feathers

and the length of the longest eyespot feathers($r = 0.97$, $P < 0.0001$), thus the fishtail feathers as a

group were invariably longer than and separated from the first row of eyespot feathers

underneath them (Fig 4C). It is interesting to note that, while their yearly-sequential appearance

on the uropygium may explain some of the variation between eyespot feathers in terms of length,

eyespot feathers differ in length, and their growth slows down as the animal ages, inducing

asymptotic train growth.

Interspecies variation: *P. cristatus vs* and *P. muticus*
200

We also had access to a small number of specimens (*N=7*) of *Pavo muticus* (green fowl)

from Southeast Asia (Table 1, Fig 4) for comparative analyses, which may provide clues as to

whether the peacock's train morphology reflects a similar developmental pattern across taxa or

sexual selection and other environmental factors have resulted in different trajectories of train

morphology. The *P. muticus* specimens (like all the others) had varying degrees of damage but

were still in good enough condition to provide valuable comparative data against the Indian

peacock (blue fowl). In the green fowl, the number of fishtails ranged from 38 to 39 (around the

expected mode of 42), and the number of eyespots ranged from 115 to 154. As we did not know

the age of the animals, we were unable to tell whether these numbers represent upper limits in

feathers.

Table 1. Variation between *Pavo cristatus* and *Pavo muticus* in terms of peacock train
morphology.

	Feather rows	Feathers per row	Eyespot number	Fish tails	ESL	FTL
			P. cristatus (N = 23)			
Mean	18	10/11	129.44	34.42	112.68	134.15
SD	0.63	0	35.70	5.77	25.58	32.17
Range	17 - 19	10/11	101 - 161	24-45	47 - 143	58 – 160
			P. muticus (N = 7)			
Mean	19*	10/11*	137.50	36.00	101.66	120.16
SD	-	-	14.94	3.52	25.53	29-49

| Rage | - | - | 112-157 | 30-40 | 71-128 | 85-150 |

ESL: Eyespot feather length, FTL: Fishtail feather length, * based on one sample only.

Fig 4. Measurements of the peacock's train morphology. Graphs showing the independence of

eyespot and fishtail feather numbers (A), the lack of correlation between the(longest) eyespot

length and eyespot numbers (B), and the correlation between eyespot length and fishtail length

(C). The inset shown in B is after Manning [12] and shows the increase in eyespot number as a

function of age. The black bars (A) and black circles (B, C) represent data from *P. muticus.*

The data from both species appeared to be homogenous (Fig4).One green fowl specimen

was in pristine condition, enabling us to assess the anatomical development pattern of feather

follicle rows in the uropygium. Like feather follicle rows in the blue fowl, the feather follicle

rows in the green fowl followed thealternating10/11 arrangement; this suggests that this

developmental pattern might be common across peafowl species, reflecting an invariant generic

trait across peafowl, although more robust data would be required for confirmation. These data

also reinforce the observation that the number of feathers or eyespots cannot be altered one at a

time randomly but only in a cohort of 10 or 11.

Train symmetry and complexity

We investigated the significance of the arrangement of feathers in rows of 10/11 and their

'zigzagging' alignment (see Fig 2). To do this, we used graphic design software to reconstruct

the unfolding of the peacock's open train based on the developmental layout of the feather

follicle insertion points observed in the anchor plate (Fig 5 left). For simplicity, we assumed that

the feather follicle insertion points were eyespots without the feather stalks. We then 'modeled'

the fan formation in 'display': We subjected the eyespot distribution on the anchor plate to a

uniform, bilaterally symmetrical force to spread the eyespots to the left, right, and upward,

pushing them radially and uniformly outward in a curved-semicircular space to mimic the

fanning pattern of the train during display. Our reconstruction yielded an eyespot distribution

that is *identical* to the one seen on the real train (compare Fig 5 with Fig 2): five feathers on

either side of the mid-feather in each row. As expected, we found a one-to-one correspondence

between the developmental-anatomical layout of the feather follicle insertion points and the

symmetrical distribution of eyespots on the train.

Fig5. An illustration of eyespot symmetry showing the layout of feathers on the anchor plate

(below) and the resulting eyespot patterns produced by a bilateral symmetrical train (above). The

outer spots (green) represent fishtail feathers. Left: 10/11- zigzag feather pattern; Right: 10/11-

parallel feather pattern.

We further explored the open-train display pattern to determine whether the feathers were

arranged in 10/11 *parallel* rows of feather cells(as presented in Fig 1a in the work of Dakin and

Montgomerie [10]) instead of inthe *zigzag arrangement*. The train-eyespot pattern that we

obtained is remarkably different from the 10/11zigzag pattern: Our reconstruction yielded a

palm-leaf-like pattern, fanning out parallel rows of eyespots rather than the pattern seen in a

peacock's train on display (Fig 5 right). Both patterns are striking, but the 10/11 zigzag

arrangement yields a denser and more symmetrical arrangement of eyespots. Most importantly,

the difference between the two phenotypic patterns is a basic difference in the spatial

arrangement of the feather follicle primordial cells.

DISCUSSION

The main issue concerning the evolution of the peacock's elaborate train (length and

beauty) via sexual selection by female choice is *whether females vary in their preferences and*

whether it is this variation in preferences that is responsible for the evolution of the peacock's

elaborate train. Thus, sexual selection through female choice requires genetic variation in female

preference and variation in train morphology. Very little is known with respect to genetic

variation in female preference, and one study reported significant levels of heritability in train

length but none in eyespot number [14]. Dakin and Montgomerie [10] found that males typically

produce approximately 165 to 170 eyespots and that much of the variation in eyespot number is

attributable to extrinsic factors. Thus, there is, to date, little evidence of genetic variation in

eyespot number in natural populations. In light of our results demonstrating that the

developmental plan of caudal feathers does not permit random variation but only permits

variation in entire rows of 10 or 11, this is not surprising. Lack of variation in eyespot number,

however, is not necessarily evidence against female choice *per se*; it only constitutes evidence

against female choice based on *eyespot variation*. It also rules out any indirect benefits females

may receive if their choice were based on eyespot number. In all likelihood, other factors—such

as iridescence of color and/or the bioacoustics of train rattling during display, amongst other

aspects of male behavior—are involved [15–17]. Indeed, there is an increasing appreciation that

sexual selection operates via multiple signaling cues across taxa [18]. In this case, the peacock's

train length[6], eyespot number[4,8,10], the manner in which males use their trains in

display[16,17], their auditory signals (hoots) [19], and train rattling[20] cannot be viewed in

isolation, nor can they be viewed solely from the standpoint of female choice without

considering male behavior.

Development plan and bilateral symmetry limit eyespot variation

Our analyses of the anatomical-developmental layout of the peacock's train reveal that

there is a fixed number of feather follicle rows, arranged in a specific pattern of alternating 10/11

rows. This appears to be consistent across two species of peafowl. Considering this

developmental plan (Fig 3), it is unreasonable to expect mutation to create random variation, that

is, add/delete an eyespot. This result is crucial in revealing that the bilateral symmetry of

eyespots and the underlying anatomical developmental plan preclude random genetic variation,

that is, there is no room for the random addition of one or two feathers to create variation in

eyespot number; the only way to create such variation is by adding or removing entire rows of

feathers. Thus, as Takahashi et al.[9]and Dakin and Montgomerie [10]found, the small amount of

variation that exists within and between populations in terms of eyespot number is due to

extrinsic factors such as predation, and so forth. What then, might be the source of intrinsic

variation in train morphology?

Lack of intrinsic variation in eyespot number results from constraints imposed by

interactions between selection and development and the underlying anatomically determined,

fixed number of feather follicles per row of 10/11, which appears to be a threshold trait that

varies in terms of row numbers. Thus, the only apparent variation is with respect to growth as the

animal ages. As Manning [12,13]suggests, new rows of feathers are added with age. At younger

ages (upto4 to 7), rows are added rapidly; the growth rate then declines and eventually ceases,

suggesting that a certain number of feathers are added as males reach adulthood, after which

addition slows down and is presumably limited to1 row per year. This would correspond with the

finding reported by Dakin and Montgomerie [10], who found that most males produce

approximately 165-170 eyespots but that experimentally removing around 20 (leaving ~145

eyespots)resulted in males faring poorly in terms of copulation success. On the surface, this

would suggest that there is a threshold number of eyespots (>145-150) that is required for

females to evaluate as potentially 'viable' an adult male who may deserve further inspection

based on other factors; however, as we show below, this interpretation is confounded with the

train surface area/height-reducing effect of removing eyespots. This is because a male with~20

eyespots removed from the periphery of the train can be likened to a male who has yet to develop

these 20 additional eyespots. Thus, to a certain extent, variation in eyespot number based on age

cannot be ruled out as a criterion in the initial stages of mate choice, when eyespot number and

train length would be tightly correlated. Both Takahashi et al.[9]and Dakin and Montgomerie

[10]found that maximum eyespot number in adult animals is rather invariant within and across

populations; this is consistent with slow growth or the complete cessation of new rows of

feathers after a certain age.

The relevance of a 10/11 zigzag pattern in eyespot arrangement

Why did the 10/11zigzag pattern evolve instead ofa10/11 parallel pattern? The likely

answers to such evolutionary questions assume3 forms. First, the parallel pattern may not be part

of the developmentally permitted phenotype space; this does not appear likely. Second, both

designs may have been equally likely to evolve, and the presence of one and not the other may

simply represent a random 'accident' in evolution. Third, the zigzag 10/11 pattern may have

been selectively favoured over the other, perhaps by female choice. An equally likely

explanation would be that the zigzag pattern provides more room for individual feathers to

radiate freely during train expansion, resulting in an evenly spread but denser pattern of eyespots

on a train in display. In the parallel layout (Fig 5), feathers would stack up, one on the top of

another, and possibly not only obstruct train expansion and radiation but also diminish the

denseness of the eyespot arrangement on a train in display. The contrasting visual difference

between the 10/11 zigzag and 10/11 parallel patterns occurs as a result of a small change in the

positioning of the feather rows and calls for further investigation into how complexity can arise

from small alterations in the basic structural plan.

What do females see in the train?

Although recent research suggests that train length and eyespot number do not by

themselves determine female choice, it is curious that experimentally removing 20 or more

eyespots from the periphery of the train [4,10] results in males faring worse in terms of

copulatory success. By reducing the area of the open train that is covered by eyespots, the

removal of ~20 eyespots causes the train to appear 'smaller' (compare Fig 3b with 3c in [10]).

As we surmised above, this apparent 'reduction' in train height and the surface area covered by

eyespots may be interpreted as signifying a younger male. The reverse, the effect of adding more

eyespots, has not been explored but could potentially offer insight into the reality. The

iridescence of eyespots appears to be important in mate choice [16], thus the area covered by

iridescent eyespots on a spread train may also be important. Considering the apparent lack of a

correlation between eyespot number and train length, this presents an intriguing possibility. As

the animal grows, the feathers on the back row grow longer, and the eyespots on the outer rims

of the train are spread more thinly. This results in a design where the highest eyespot density

occurs around the centre of the open train, clustered around the head, neck, and thorax of the

peacock (Fig 1). In addition, the rows of long feathers at the back suggest increased selective

pressure for length and thickness, which perhaps supply additional support and/or strength

during train rattling.

Recent research on visual inspection by females suggests that females selectively scan

different areas of the train, as would be expected of any two animals making (visual) contact.

One study examining this phenomenon found that females seemed to gaze more at the lower

train and areas around the head and body rather than the upper train of a closer peacock but

seemed to gaze more at the upper train of a more distant peacock [21]. This would suggest that

train length/height and the area covered by eyespots are important to females when judging

males from a distance and deciding whether to approach them. In this respect, males with

elaborate and longer trains would benefit from being more easily detected by females at a

distance. Closer inspection may depend more on iridescence colour patterns and train rattling,

amongst other factors [16, 20, 21].

The eyespot structural integrity—an invariant trait?

What, then, maintains the integrity of the spectacular design and colour of individual

eyespots? It is worth noting that all the eyespots of a given train are replicas of one another, since

they all originated in the same cell; thus, the only variation expected between them, other than

environmental variation, would be variation in size due to variation in the age of origin. If

females were indeed using eyespots as a criterion for mate choice, this would explain why: Any

mutation creating structural alterations would be selected against. The possibility that females do

not use individual eyespots as a basis for mate selection, however, warrants equal consideration.

Could some developmental mechanism maintain the integrity of the eyespot in the absence of

female choice based at least partly on individual eyespots? The developmental control that

regulates the train's hue provides some hints. The eyespots of albino peacocks display all the fine

structural details displayed by the eyespots of their colourful counterparts. Other colour

variations have been observed, and it has been found that the entire animal is typically affected

when such mutations occur [22]. Given this finding, it may not be farfetched to surmise that the

underlying structural integrity of individual eyespots is governed by the basic developmental

body plan that governs the symmetry of the entire animal body.

There is a remarkably interesting similarity between an eyespot and the body plan of an

animal with the fully expanded train on display (Fig 6). For instance, if the animal with an

expanded train is compared to an eyespot, there is a remarkable one-to-one correspondence in

overall colour pattern. Indeed, the entire peacock, in full display, body and train, resembles one

large eyespot (Fig 1): It boasts a deep blue body surrounded by a dense zone of bluish-green

eyespots, which corresponds to an individual eyespot with its deep blue inner circle surrounded

by radiating oval rings of mixed colours. Pending more technical clarification, to the best of our visual inspection, while the outer circles of the eyespot may vary, the innermost area is, like the deep blur thorax and head of the animal, consistently a deep blue colour. We conjecture that the eyespot is not a terminal structure that evolved with the iridescence of varying colours but is a terminal structure of the basic body plan of the animal. More specifically, the colour patterning of the animal may be determined by the same developmental circuitry as the colour patterning of each individual eyespot. This may also explain why eyespot structure appears to be invariant across peafowl species. Further research is required to test this speculation.

Fig 6. Correspondence between the eyespot and whole animal body plan: The turquoise blue body of the peacock, which is surrounded by a green area, corresponds to the dense dark blue area of the eyespot, which is surrounded by layers of various colours.

Sexual selection theories

Sexual selection theory is characterized by a colourful, controversial history. Notable examples include Darwin's principle of 'female choice' based on 'good taste', Wallace's principle of 'good sense' based on natural selection, Fisher's 'run-away' and 'good-taste-makes-good-sense' principle, and Zahavi's 'good-genes'-based handicap principle [2,23–25]. Darwin used female selection based on the train's 'beauty' as an example to illustrate a continuum between human and non-human animals with respect to aesthetics and appreciation of beauty. Fisher came to Darwin's rescue by invoking the co-evolution of female 'choosiness' and the long tails of males. Given an inexhaustible amount of genetic variation, this scheme can potentially

engender a 'runaway' process producing accelerated change. Female choice can be based on any

trait—eyespot number, iridescence of eyespots [16], or train rattling behaviours [20]—provided

that it spawns variation and is correlated with train size.

Our data and data provided by recent studies, particularly the studies conducted by

Takahashi et al.[9]and Dakin and Montgomerie [10], highlight some issues with the generally

assumed universality of female selection and its targets in males. Nevertheless, alternatives to

female selection are rarely entertained. Below, we briefly review two major versions of female

choice theory and provide an alternative, but by no means mutually exclusive, male version: the

theory of male drive.

Standard female choice theory

Darwin's female choice theory is based on 'beauty', and the eyespots are commonly

deemed the target of female choice. Standard female choice theory also relies on the assumption

that eyespot number and train length are correlated and that female choice based on eye spot

number will lead to the correlated increase in train length. The results of this study and others

[9,10], however, suggest that eyespot number is anatomically determined and invariable and thus

cannot be the sole factor driving the evolution of the peacock's elaborate train. Nevertheless,

there is a possible scenario in which eyespots could become the basis for selection. Given that

train feathers are added in rows of 10 or 11andare added rapidly during the first 4 to 7 years of a

peacock's life [12], eventually reaching 150 to 170 at adulthood, and given that feather number

and length determine the elaborateness of the train (size and eyespot number), it follows that any

variation in growth rate, that is, the rate at which feather rows are added, could be subject to

selection if the size of an open train were a direct or indirect criterion directing female choice. As

such, rapidly growing males may develop more elaborate trains (size and eyespot number) and

may become preferential targets of female choice during the peak period in the first 4 to 7 years

of life, after which feather number may still increase but at a slower rate [12](Fig 1).This would

explain why train length and mating success appear uncorrelated in contemporary populations of

mature/old individuals. The scenario we describe would apply to the robustness of the male

during the growing phase and upon reaching adulthood with the full complement of feathers, as

opposed to those that are lacking in this regard.

Composite female choice theory

The various scenarios that have been proposed for female choice raise the possibility of

'beauty and brightness' working together to affect tail length either directly based on beauty

[2,23,26] or indirectly based on fitness [24] or parasite load [27]. The male trait under female

selection need not be eyespots alone but could potentially be a composite trait incorporating

many aspects of male morphology—such as eyespots, color, iridescence, train size, and shape—

and male behaviours. This composite trait, or 'beauty', could be proportional to the size of the

train, which could also depend on the nutritional condition of the male. The problem with this

model is that, while the effect of the composite trait might increase as a function of increasing

train size, its effectiveness will decrease and undergo dilution as the train increases in size. It is

important not to confound the mechanism through which female choice theory operates to

account for exaggerated secondary sexual traits and the way in which females choose their mates

in general based on composite cues, including mate recognition traits. Furthermore, it is

important to note that the more composite the nature of the female choice, the greater the

likelihood that it is driven by male behaviour. Since the major component of train size (height)

stems from feather growth (length) rather than eyespot number, it follows that the elaboration of

the train is not driven by beauty. Moreover, it is, if anything, the other way around: Beauty

depends on how elaborate a train is and how it is used, which should depend on the

developmental status and vigour of the male. In the following, we provide such a theory of

male-driven evolution.

Male drive or male-driven female choice

Darwin emphasized how active males are in the mating ritual [2]. Males engage in male-

male competition, or they engage in energetic visual and auditory displays to 'charm' females.

Although Darwin noted the heightened activity of males during breeding season, he did not

consider that all males are alike in one respect, that is, they are all driven by what we denominate

male sex drive [28], or male-driven sexual selection. This essentially concerns the way in which

males leverage their resources—ornaments, armaments, physical condition, vocalizations, and so

forth—to succeed in attracting mates. Dakin et al.[16,17,20] highlight such male behaviours,

although they eventually attribute mating success to female choice alone. Dakin and

Montgomerie [16,17]demonstrate how males orient their train display at specific angles to the

sun to maximize the iridescence of their eyespot colours. It would be useful to document whether

any inter-male variation exists in such behaviour. Males may utilize their train morphology and

the environment (including lek territory, angle of the sun, etc.) to maximize the effectiveness of

their displays. In addition, train rattling behaviours almost always precede copulation and appear

important in mate choice [9,20]. Dakin et. al.[20]elucidate how the male condition, particularly

its mass and energetic conditions, facilitates train rattling efficacy and the resulting bioacoustics

during train rattling. All males are not created equal: Male behaviours are variable and are

themselves under selection, from both natural and sexual selection.

Males display their trains to rivals; they do not rattle their trains, but train displays have

been shown to form part of male-male aggressive behaviours, thus informing males' assessments

of rivals [29]. In this respect, size would count, and larger would be better. For instance, train

displays perhaps help males to attract the attention of females from a distance [21], in which case

train length would certainly signify. When females are nearby, males engage in their courtship

displays, using train rattling and wing shaking, orienting their trains at certain angles to the sun,

and engaging in run-and-hoot behaviour [4,9,17,20]. Interestingly enough, Yorzinski et

al.[29]demonstrated that peacocks assess rivals using cues similar to the cues that females use to

assess males. One study found that females spent more time gazing at the lower train, which is

lined with eyespots and fishtails, and the body during courtship displays[21];meanwhile, another

study found that males spent more time gazing at the lower train eyespots and fishtail feathers

and the body and wings of rival males[29]. This strongly suggests that the traits used in courtship

displays are also used to assess rivals [30].

These data highlight an important and long neglected point in explaining the evolution of

male sexual characters: Sexual selection is an interaction between male behaviours and female

assessments of male behaviours. Indeed, the evolution of some characters, such as iridescence

[16], may have been driven by female preference, but other aspects of train morphology, such as

train size and how males use their train, cannot be explained by female choice alone. Indeed,

teasing the two apart is an enormously challenging task, but, as Takahashi et al.[9]discuss,

researchers need to seek alternatives to female choice, especially when data suggest that such

alternatives are required.

Male drive theory does not discount female choice; it only suggests that train

morphology—as a result of successive annual additions of rows of new feathers, as a function of

the male condition, which perhaps reflects dominance—drives female choice, either directly,

through sensory capture [31], or indirectly, through colour patterns and beauty-based mate

choice or mate recognition [32]. Table 2 provides some insight into the possibility that several

observations can also be explained by male sex drive, which may trigger female preferences.

Recent comparative analyses of the peacock genome have revealed adaptive evolution of

genes controlling skeleton-muscular and feather developmental pathways. Further

interdisciplinary research will be required to determine whether this has occurred due to female

choice or male drive or, more likely, an interaction of the two. Our analyses, however, indicate

that the anatomical developmental layout of caudal feather follicles is uniform and consistent

across two species of peafowl and that this developmental layout does not enable random

variation in feather number. Thus, past sexual selection may have favoured increased eyespot

number and train length, amongst other morphological traits of the peacock's train. Given how

males use their trains in rivalry and in courtship, however, female choice is unlikely to have been

the sole selective pressure directing the evolution of the peacock's elaborate train. Alternatives

invoking male behaviours alongside female responses will be required to achieve a complete

understanding of how sexual selection has operated in the evolution of the peacock's train.

The law of diminishing returns and asymptotic fitness function

The excessive length of the peacock's train and the likelihood that it would expose the

animal to high predation has been a major argument against its adaptive value. Negative

selection is expected to function as a constraint against further lengthening. The pattern of

feather development and growth reveals that the tail has a self-limiting growth pattern, possibly

for another reason that is unrelated to predation.

The relative length of the train is a function of both feather number and feather length.

After 4 to 6 years of rapid growth [12], the rate of addition of feather rows slows down.

Furthermore, the newly added feathers grow very slowly (Fig 3). This suggests that after a male

has reached his peak reproductive age and accrued the threshold number of eyespots to have

started mating, his mating success will increase as a function of both the size and quality of his

train and his vigour in mounting a display. Since the overall vigour will begin to decline as the

animal grows older, the fitness function will plateau and ultimately decline in spite of train size.

At this point, the *law of diminishing returns* will infect tail length or train size, and each

additional row of feathers will grow slowly and exert only a minimal effect on the fitness of the

male. This would explain why later additions of feathers grow very slowly. The limitation with

respect to maximum eyespot number and the lack of correlation between train length and mating

success may, as suggested by Takahashi et al. [9], indicate that these traits have reached a

threshold. The asymptotic nature of the fitness function would explain a number of aberrant

results, such as the inconsistent correlation between train length and eyespots and success in

copulation.

Conclusion

Sexual selection theory suffers from 4unquestioned basic assumptions. First, Darwin assumed that there are two kinds of males: those who fight, such that the winners claim the females, and those who engage in dance and display, such that the female is afforded the opportunity to choose whom she mates with. Darwin was so impressed with the peacock's dance and display that he failed to notice that the functional role of the tail resides in the unfurled train, which accentuates the peacock's size when displayed, perhaps even suggesting dominant status. Moreover, a larger train can attract females from a distance. In this respect, the peacock's train is no different than the reindeer's antlers. Second, Darwin assumed that the train's beauty drives train length through female choice, without any evidence that the two traits were correlated. Third, all animals have their own species-specific *mate recognition* system, which can often be confounded with *mate choice*. Exaggerated, bright, and beautiful traits often form the basis of both. Finally, in striking cases of 'sexually selected traits', the female choice theory has been taken for granted, and a series of follow-up theories have been developed to illustrate not how but why females choose. All of these assumptions apply equally to the case of the peacock's train.

Thus, alternatives have rarely been explored: All the proposed theories of sexual selection's decisive role in the evolution of the peacock's train are variations on the same theme, female choice, and research has focused on the basis underlying female choice based on aesthetics and beauty [2,26,33], the handicap principle [24], or parasite load [27]. Even the age-advertisement theory [12,13],which threatened to entertain an alternative to female choice,

succumbed to female choice by proposing that females prefer older males because they have

demonstrated their genetic quality by surviving an array of selective pressures. Should that not

apply to all old males in the context of all organisms?

Our results substantiate some theories and observations and refute others. First, our

observation of alternating rows of 10/11 feathers in the train supports the suggestion of Dakin

and Montgomerie [10]that eyespot number is internally determined. The internally determined,

fixed number of eyespots explains why many previous studies have failed to find significant

variation in eyespot number. Second, our results substantiate the observation of Takahashi et al.

regarding the lack of a correlation between train length and mating success and their conclusion

that eyespot number and train length have reached their limits and are no longer under selection.

The lack of a correlation would follow from the asymptotic fitness function and the low mating

potential of larger but older males. Third, our results provide an alternate explanation for age-

advertisement theory [12] by proposing that it may not be the older males but the larger trains of

the older males that females may prefer over younger males, who continue to grow and increase

their train size and mating potential. Fourth, for the first time, our results provide an alternative

to female choice theory by proposing that train morphology *is also* under selection as a result of

male drive or male dominance (Table 2, Fig 7). We propose that train size (meaning male

dominance status) is the basis of female choice, which in turn drives train size. Finally, we

further propose that, while eyespot number may be the basis underlying attraction and mate

recognition, it is not the basis underlying female mate choice, as it is not correlated with train

growth. In addition, there is to date no evidence to support variation in female choice; however,

variation in female preference is required for Fisher's runaway selection, not for the evolution of

long tails.

Fig 7. A demonstration of the steps involved in the development of the peacock train and sexual interaction, including behavioural response and selection pressure.

Our aim here is not to discount female choice theory, as more research is needed to test its validity. Our aim is to propose that even under the best circumstances for female choice,male drive, or male-driven sexual selection, should be entertained as an alternative, or even as the null hypothesis. One cannot, as Darwin did, divide males into two groups of fighters and dancers. All males live by Bateman's principle [38], have been selected for sexual drive [28], and vigorously pursue mates.Ornaments can be used as armaments; dances can be interpreted as displays of dominance, quality, or even coercionin the eyes of the receiver.

Mate choice makes for good mythology. The power of female choice is depicted in Indian mythology through Hindu God Krishna wearing a single peacock feather in his crown while being chased by his beloved devotees, and the power of the male sex drive is represented by Shiva, the Nataraj (Lord of dance), known for his legendry beauty and virility. Shiva has no need to borrow charm from the peacock's charm: During his birthday celebrations, young women flock by the thousands to the Temple to seek his blessings for good future consorts.

Table 2. Explanatory power of female choice versus male sex drive

Study	Finding	Explained by	
		Female choice	**Male sex drive**
(Petrie et al. 1991,[4]; Loyau et	Number of successful copulations increases	Yes	Yes

al. 2005,[34])	with eyespot number		
(Yasmin and Yahya 1996,[6])	Mating calls correlated with mating success	Yes, MR	Yes, MR
	Longer train correlated with mating success	Yes	Yes
(Manning1989,[12])	Eyespot number related to age; a peahen may choose older males	Yes, MR	Yes, MR
(Manning 1989,[12]; Petrie et al. 1991,[4])	Males rub feathers and produce rustling noises to attract females	Yes	Yes
(Manning and Hartley 1991,[13])	Symmetry of train increases with eyespot number -	No	No
(Petrie et al. 1991,[4]; Loyau et al. 2005,[34])	Longer train not correlated with mating success	No	Yes
	Number of successful copulations increases with eyespot number	Yes	Yes
(Petrie 1992,[35])	Probability of predation negatively related to eyespot number	Yes	Yes
(Petrie and Williams 1993,[36])	Female egg production related to train length	?	Yes
(Petrie et al. 2009,[14])	Eyespot number not related to body mass or muscle size	No	No
(Petrie et al. 1991,[4]; Dakin and Montgomerie 2011,[10])	Removal of 20 eyespots decreases number of successful copulations	Yes, MR	Yes
(Pike and Petrie 2005,[37])	Biased sex ration when female mated with male with20 eyespots removed	No	No
(Loyau et al. 2007,[8])	Female egg investment increases with eyespot number	Yes	Yes
(Loyau et al. 2005,[7])	Faster immunological recovery with greater eyespot number	Yes	Yes
(Takahashi et al.	Number of successful copulations not related to eyespot number	No	Yes

2008,[9])			
(Dakin and Montgomerie 2011,[10])	Mating success not related to eyespot number	No	Yes
	Removal of 20 eyespots decreases mating success	No, MR	MR
(Dakin and Montgomerie 2013,[16])	Ocelli colour correlated with mating success	Yes	MR
(Dakin and Montgomerie 2014,[19])	Special mating calls (hoots) attract females	MR	Yes, MR
(Dakin and Montgomerie 2009,[17])	Peacocks use angle of sun to orient their displays	No	Yes
(Dakin et al. 2016,[20])	Bioacoustics of train rattling display	Yes	Yes

605   MR = Mate recognition trait

MATERIALS AND METHODS

Peafowl specimen

The data presented in this report are based on observations of the tail structures of museum specimens kept at the Royal Ontario Museum, Toronto and the American Museum of Natural History, New York. In all the available museum samples, there were varying degrees of damage, from damaged to missing eyespots. Only specimens in reasonably good condition were included in this study. In total, 23 samples of blue fowl (*P. cristatus*), including 2 albinos, were examined. The blue fowl samples originated in the wild in India ($n = 3$), Ceylon ($n = 2$), and Nairobi ($n = 1$) and in parks (captive samples) from the United States ($n = 4$ blue, $n= 2$ albino).The remaining 11 were of unknown origin; this included 2 hybrids,1 of which was identified as the product of mating between individuals originating in Bangkok and Cameroon. We also had access to 7 samples of green fowl (*P. muticus*) at the Natural History Museum; these samples originated in Malaysia ($n = 4$) or Bangkok ($n = 1$) or were of unknown origin ($n = 2$). Wherever dates were noted, most of the field samples were collected during the early part of the1900s; the captive samples (United States), conversely, were collected as recently as 1942.

Data collection and measurements

We counted the number of eyespots, eyespot feathers, and fishtail feathers displayed by each specimen. The length of the feathers was measured from the base to the top of the feather for eyespot and fishtail feathers. In the cases where an eyespot was missing due to damage, we counted it as if it had an eyespot for the purpose of estimate the total number of eyespots. Very few of the samples had uropygium in good condition. Wherever we were reasonably sure that the

integrity of the sample had not been compromised, we counted rows of feather imprints on the

uropygium.

Developmental simulations

We used Adobe Illustrator's inbuilt features to create a model of the eyespot symmetry

exhibited by trains in display. Briefly, Adobe Illustrator was used to map concentric circles

following eyespot distribution on the train in display, using Figure 1 as a template. These sets of

concentric circles were used as a basis for text paths determining how the eyespots may

distribute themselves on the unfolding of the train for display.

To simulate the train's eyespot distribution, we represented train feathers with a dot row

of 10 or 11 in the shape of a uropygium. In line with our observation (Fig 1), we increased the

spacing between rows by a constant factor between the rows progressively, from the bottom

(newest) to the top (oldest) feathers. We simulated 2 spatial arrangements, a zigzag alternating

arrangement and a parallel arrangement, of 10/11 feathers (Fig 5). The feather grid was expanded

symmetrically to the right and to the left to mimic the animal's train expansion.

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Supporting information

S1: Peacock's tail—structural complexity and symmetry

Structure: The peacock tail is a complex trait consisting of various kinds of feathers and

eyespots with varying densities, arrangement patterns, and colours. The train consists of 2 traits.

One is the tail's overall size, composed of a large number of feathers spread radially, resulting in

a nearly 180-degree spread-out fan (train). This fan formation now records a radius, a height, and

an area that correspond to tail feather length. The other trait is the eyespot number, which can

vary from small to large, from anterior to posterior.

Feathers: The train consists of rows of feather laid down from front to back (anterior to

posterior), from the youngest and smallest to the oldest and longest. The feather shafts are

cylinders filled with foam, robust and flexible[38]. As we move from anterior to posterior, the

spread of the eyespots becomes progressively wider and thinner in density, suggesting that the

back-row feathers grow faster, pushing the eyespots outwards. The faster growth of older

feathers at the top of the train and towards the sides exerts a flaring-up/expanding effect,

rendering the feather insertion points (outlined as white diamond outlines in Fig 2) progressively

larger towards the top and the sides of the tail. The anterior, basal part of the tail exhibits rows of

newly arisen small feathers, each with a complete circular blade but with an incompletely filled

eyespot, as determined by examining the shorter, 'newer' tail covert feathers. The eyespot

colours appear to grow from the 'inside-out', originating in the centre of the eyespot and

radiating as the blade grows. The eyespot colours become fully developed by row 3 (from

anterior to posterior).

Eyespots: Eyespot number in natural populations varies from roughly 165 to 170, with a mean

and range from 139 to 160 and from 110 to 167, respectively[10]. The Maximum number can

potentially reach200 (this study). Because each feather develops only one eyespot, the total

number of eyespots is dependent on the number of feathers. Not all feathers develop eyespots. A

significant number of back-row feathers (3-4 rows) develop a fishtail structure (Fig 1), and a

minority develop minor eyespots or side swords. Variation in eyespot number is not attributable

to variation in body condition or the extent of train growth among males.

Symmetry and beauty: The peacock's train has perfect bilateral symmetry, and in each half, as

one moves away from the train's centre, towards the sides, the feathers become progressively

longer, which means that the tail is not a perfect half-circle (Fig1). If we place the whole 'animal

body' at the centre, however, the tail appears as a nearly perfect half-circle (not shown). In

addition to bilateral symmetry, the eyespots appear perfectly placed in a geometrical three-

dimensional structure from all sides, suggesting an underlying developmental-anatomical plan

(Fig2).

Developmental design and origin of eyespot symmetry: The basal, ventral side of the tail

shows its feathers to be anchored—in alternate rows of 10 and 11, from the youngest, anterior,

rows to the oldest, posterior, rows—to a plate that is oval, convex, slightly bilaterally curved, and

symmetrical, aligning with the bilateral spread of the train. The older rows of feathers show

progressively larger feather imprints on the anchor plates, suggesting the development of thicker

feathers as the animal ages. All aspects of symmetry—the semicircular spread of the train, the

symmetry of the eyespots, and the horizontal radius and its tapering off towards the end on both

sides—can be structurally explained in terms of the developmental design of the feather anchor

plates.

Figure 1

Figure 2

Figure 3

Figure 4

Figure 5

Figure 6

Figure 7