1 Loss of Complement Factor H impairs antioxidant capacity and energy

2 metabolism of human RPE cells

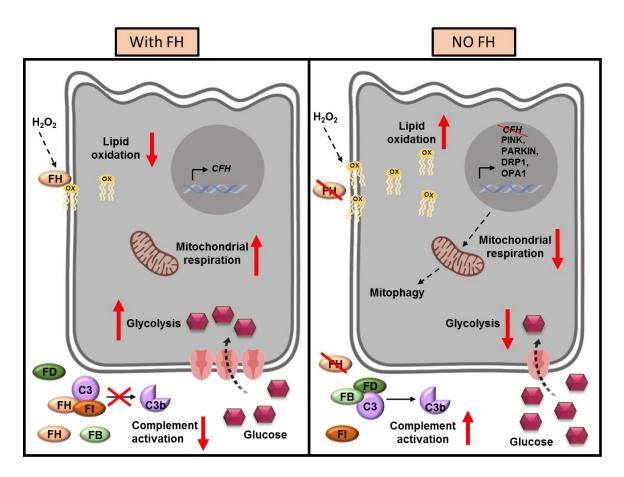
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18 Abstract

Age-related macular degeneration (AMD) is the leading cause of blindness in the 19 elderly population. About 50% of AMD patients present polymorphisms in the 20 Complement Factor H (CFH) gene, coding for Factor H protein (FH). AMD-associated 21 CFH risk variants, Y402H in particular, impair FH function leading to complement 22 overactivation. In AMD, retinal homeostasis is compromised due to dysfunction of 23 retinal pigment epithelium (RPE) cells. Whether FH contributes to AMD pathogenesis 24 only via complement system dysregulation remains unclear. To investigate the 25 potential role of FH on energy metabolism and oxidative stress in RPE cells, we 26 silenced CFH in human hTERT-RPE1 cells. FH-deprived RPE cells exposed to 27 oxidative insult, showed altered metabolic homeostasis, including reduction of 28 glycolysis and mitochondrial respiration, paralleled by an increase in lipid peroxidation. 29 Our data suggest that FH protects RPE cells from oxidative stress and metabolic 30 reprogramming, highlighting a novel function for FH in AMD pathogenesis. 31

32 Graphical abstract



34 Introduction

Age-related macular degeneration (AMD) is characterized by a progressive 35 degeneration of the macula, leading to central vision loss and ultimately blindness. 36 AMD is a complex disease, involving ageing, genetic predisposition and environmental 37 factors, and a full understanding of AMD pathogenesis is lacking, which makes drug 38 discovery challenging. AMD affects mainly the elderly population and it is estimated 39 that around 200 million people will be affected by 2020 and 300 million by 2040 [1]. 40 The clinical classification of AMD is based on the appearance of the retina in fundus 41 imaging, and two forms of AMD are defined: "wet" and "dry" AMD. Fundus 42 photographs showing traits of neovascularization are distinctive of "wet" AMD. Indeed, 43 wet AMD is characterized by the formation of new and unorganized blood vessels 44 network which invade the Bruch's membrane (BM) and RPE layer, damaging the 45 retina, a process termed choroidal neovascularisation (CNV). Wet AMD displays a 46 more severe phenotype, affects circa 10-15% of AMD patients and anti-VEGF therapy 47 can be applied to slow down the progression of the disease. Dry AMD, for which no 48 therapy is applicable, affects the majority of AMD patients and it is clinically defined by 49 the appearance of areas of geographic atrophy with borders of hyperpigmented RPE 50 cells, as seen in fundus images [2]. Dry AMD is defined by damage and degeneration 51 of RPE cells, leading to photoreceptors malfunctioning and visual loss. Early stages 52 of both AMD forms are characterized by the presence of deposits, called drusen, 53 between the BM and the RPE layer [3]. An intact and well-functioning RPE cell layer, 54 which provides a barrier between the neuroretina and the choroid capillary network, is 55 essential for the maintenance of retinal homeostasis. In the presence of drusen or 56 altered extracellular matrix (ECM) of BM, functionality of RPE cells may be impaired 57 [4]. In addition, RPE cells fulfil several key functions, such as phagocytosis of the 58 photoreceptor outer segments, transport of nutrients, preservation of the retinal 59 structure and, most importantly, due to their high antioxidant capacity, RPE cells 60 protect the retina from photo-oxidation and oxidative damage [5]. Recently, evidence 61 in support of the hypothesis that a bioenergetic failure of RPE cells may be at the basis 62 for AMD pathology has been provided [6]. The retinal microenvironment is highly 63 oxidized due to a very high energy demand and photo-oxidation. Ageing processes in 64 combination with external stressors, such as smoking or a high fat diet [7, 8], force 65 RPE cells to deal with excessive levels of oxidative stress. In fact, energy metabolism 66

of primary RPE cells isolated from AMD patients was found to be strongly impaired 67 compared to RPE cells from healthy controls [9]. In this model, glycolysis as well as 68 mitochondrial respiration were reduced in RPE cells from AMD patients [9]. Other 69 studies showed that mitochondrial dysfunction in RPE cells may represent a relevant 70 AMD feature. Of the proteins differentially expressed in RPE cells from AMD donors 71 and healthy controls, many are mitochondrial proteins [10]. Moreover, it has been 72 shown in a mouse model that conditionally-induced mitochondrial damage in RPE 73 cells leads to cell metabolic reprogramming and photoreceptors malfunction [11]. 74

So far, there is lack of knowledge on the impact of the high-risk genetic variants on 75 RPE cells homeostasis. A large portion of AMD genetic high-risk variants is located in 76 genes coding for complement system regulatory proteins (FH, FI, C3, FB/C2) [12]. In 77 particular, a common polymorphism in the complement factor H (CFH) gene, leads to 78 an amino acid exchange from a tyrosine to histidine at position 402 (Y402H) in the two 79 80 proteins encoded by the gene: factor H (FH) and its truncated form factor H-like protein 1 (FHL-1) [13]. This common polymorphism is strongly associated with increased risk 81 for AMD and may account for ~50% of AMD cases in the United States [14]. The 82 mechanism by which the FH H402 variant confers predisposition for AMD is not clear. 83 The FH H402 variant impairs FH and FHL-1 function, leading to uncontrolled 84 complement system activation in vitro [15]. Recent studies highlighted the possibility 85 that FH is not only contributing to AMD through its classical role in complement 86 regulation, but it may influence other processes. For example, it has been shown that 87 the FH H402 variant presents altered binding affinity to C-reactive protein or 88 malondialdehyde, indicating a possible role in inflammation and lipoprotein 89 degradation [16, 17], processes both associated with AMD pathogenesis [18, 19]. 90 91 These defects may influence the ability of RPE cells to cope with oxidative stress. This study was designed to unravel the impact of endogenous FH loss on RPE cells 92 metabolism and their vulnerability toward oxidative stress. We employed RNA 93 interference to decrease FH levels in the hTERT-RPE1 human cell line. Perhaps 94 unsurprisingly, FH reduction led to activation of the complement system. Using the 95 Seahorse Extracellular Flux Analyzer to measure bioenergetics, we observed that 96 knock-down of the CFH gene negatively affects mitochondrial and glycolytic function 97 of RPE cells when compared to controls. The impairment was even more pronounced 98 when cells were exposed to oxidative stress by pre-treatment with hydrogen peroxide. 99

100 The effects of FH reduction on energy metabolism were accompanied by transcriptional regulation of several glucose metabolism genes as well as genes 101 modulating mitochondrial stability. RPE cells lacking FH showed a significant increase 102 in lipid peroxidation, which is a key aspect of AMD pathogenesis and, in parallel, cell 103 viability was decreased. Our results suggest that endogenous FH, produced by RPE 104 cells, not only modulates the extracellular microenvironment via its negative effect on 105 106 complement activation, but also has an intracellular impact on the antioxidant functions and metabolic homeostasis of RPE cells, refining the knowledge on how FH is involved 107 108 in AMD processes.

109 **RESULTS**

110 FH reduction leads to complement activation in RPE cells

To investigate the role of FH, we used siRNA to silence the CFH gene in hTERT-RPE1 111 established cell lines and we induced a mild oxidative stress through hydrogen 112 peroxide pre-treatment (200 µM for 90 minutes). This set-up provides the chance to 113 study *in vitro* the combination of endogenous FH dysregulation and environmental 114 factors contributing to AMD, which increase oxidative stress. We monitored the 115 efficiency of CFH silencing in all experimental conditions, including PBS and H₂O₂ pre-116 treated cells after 48 hours in culture. Significantly reduced CFH mRNA was detected 117 118 in CFH knock-down cells compared to the siNeg control cells, achieving almost 90% silencing of the CFH gene (Fig 1A). The FH protein was almost undetected in cell 119 120 culture supernatants collected at the same time point from the siCFH cells compared to controls (Fig 1B). Based on gene expression levels of RPE markers: Bestrophin 1 121 (BEST1), Retinoid Isomerohydrolase (RPE65) and Tight junction protein ZO-1 (TJP1), 122 RPE characteristics in experimental conditions were not altered (Supplementary Fig 123 1). Depletion of the FH protein led to reduced regulation of complement activation. 124 C3b is the first cleaved peptide triggering complement activation and denotes the 125 amplification loop of the proteolytic cascade, characteristic of the alternative pathway 126 of the complement system [20]. Therefore, we assessed secreted levels of C3b in the 127 CFH knock-down cells by both ELISA and Western blot and found in both cases a 2-128 fold increase in detectable C3b (Fig. 1C-D). 129

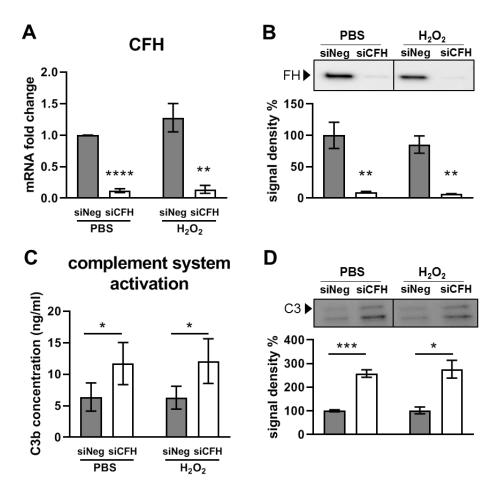


Figure 1. FH reduction leads to complement system activation in RPE cells. 130 hTERT-RPE1 cells were seeded, let attach overnight and silenced for 24 hours with 131 negative control (siNeg) or CFH specific (siCFH) siRNA. Cells were exposed for 90 132 minutes to 200 µM H₂O₂ or PBS and cell pellets and cell culture supernatants were 133 collected for further processing after 48 hours. A Monitoring of CFH expression by 134 gRT-PCR analyses in silencing negative control (siNeg) and specific CFH silenced 135 (siCFH) hTERT-RPE1 cells. Data are normalized to housekeeping gene PRPL0 using 136 $\Delta \Delta Ct$ method. SEM is shown, n=3. **B** Western blot analyses of FH protein levels in 137 cell culture supernatants of hTERT-RPE1 in the same conditions as A. Quantification 138 139 of signal density of 4 independent experiments is shown. C C3b ELISA analyses of cell culture supernatants of hTERT-RPE1 cells. SEM is shown, n=4. D Western blot 140 analyses of C3 protein levels in cell culture supernatants of hTERT-RPE1 cells. 141 Quantification of signal density of 3 independent experiments is shown. Significance 142 was assessed by Student T-test. *p<0.05, **p<0.01, *** p<0.001, ****p<0.0001. 143

144 FH loss increases vulnerability toward oxidative stress in RPE cells

In order to assess whether the silencing of CFH altered the response of hTERT-RPE1 145 cells to oxidative stress, we investigated cell lipid peroxidation levels after H₂O₂ 146 treatment (Fig. 2A). In our model, lipid peroxidation levels were significantly increased 147 only in the absence of FH 48 hours after the oxidative treatment (Fig. 2A). As shown 148 in Fig 2B, cell viability was not affected in the absence of CFH expression in PBS 149 alone, and pre-treatment with H₂O₂ had no effects on the siNeg control cells, 150 confirming the known high antioxidant capacity of RPE cells [21]. However, cell 151 viability was significantly reduced exclusively when RPE cells missing CFH expression 152 were stimulated with H₂O₂ (Fig. 2B), indicating increased vulnerability toward a short 153 exposure to oxidative stress in FH deprived RPE cells. In parallel, we investigated cell 154 membrane damage via a cytotoxicity assay. Silencing of *CFH* in RPE cells led to an 155 increase in RPE cell damage, irrespective of H₂O₂-induced oxidative stress (Fig. 2C). 156

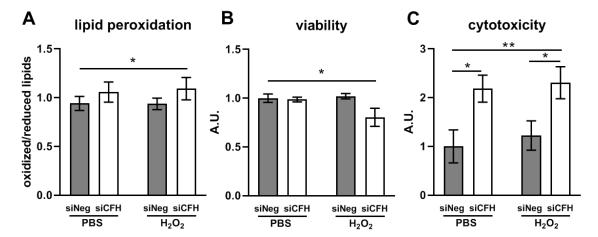


Figure 2. FH loss increases vulnerability toward oxidative stress RPE cells. 157 hTERT-RPE1 cells were seeded, let attach overnight and silenced for 24 hours with 158 negative control (siNeg) or CFH specific (siCFH) siRNA. Cells were exposed for 90 159 minutes to 200 µM H₂O₂ or PBS and specific dyes were added after 48 hours. A Lipid 160 peroxidation levels were assessed via BODIPY® 581/591 C11 fluorescent dye. 161 Fluorescence shift was measured at ~590 nm and ~510 nm. Data are shown as ratio 162 oxidized/reduced lipids, higher bars indicate higher lipid peroxidation levels. SEM is 163 shown, n=7 B Viability was assessed by cell-permeable fluorescent dye GF-AFC 164 (glycyl-phenylalanyl-aminofluorocoumarin). SEM is shown, n=5 C Cytotoxicity levels 165 were assessed by cell-impermeable fluorescent dye bis-AAF-R110. SEM is shown, 166 n=5. A.U. arbitrary units. Significance was assessed by Student t-test (single effect) 167 and two-way ANOVA (combined effects) as described in the methods section. * 168 p<0.05, **p<0.01. 169

170 FH loss impairs glycolysis in RPE cells

To investigate the influence of FH on RPE cell metabolism, the extracellular 171 acidification rate (ECAR) was monitored as an indication of glycolytic function using 172 the glycolysis stress test. Fig 3A shows a schematic representation of glycolysis 173 pathway highlighting the substances used in the Seahorse analyses. Glucose, 174 oligomycin and 2-deoxyglucose (2-DG) were sequentially injected (as shown by the 175 arrows in Fig. 3B) to modulate glycolysis responses and ECAR. Fig. 3B shows ECAR 176 measurements in siNeg cells and siCFH cells pretreated with PBS or 200 µM H₂O₂ for 177 90 minutes. Basal levels of glycolysis were found to be significantly lower by 43% in 178 RPE cells deprived of FH, compared to siNeg controls (Fig 3C-D). This reduction was 179 even more pronounced when the CFH knock-down cells were pre-treated with H₂O₂ 180 (Fig 3C), with alycolysis being reduced by 63% compared to cells treated only with 181 H₂O₂ (Fig 3C). Glycolytic capacity was significantly reduced only when CFH knock-182 down cells were pre-treated with H_2O_2 (Fig 3C), showing a reduction of 50 % 183 compared to siNeg control cells (Fig 3D). Also, glycolytic reserve in siCFH H₂O₂ 184 treated cells was slightly reduced compared to both siNeg controls (Fig 3E). 185 Consistently, glucose uptake was reduced significantly in siCFH cells after H_2O_2 186 exposure compared to siNeg control cells (Fig 4A). In parallel, mRNA expression of 187 glucose transporter GLUT1 was reduced in H2O2-treated siCFH cells compared to 188 both treated and untreated controls (Fig 4B). Gene expression of LDHA (lactate 189 dehydrogenase A), an isoform of LDH which preferentially converts pyruvate to lactate 190 [22], was also significantly reduced in all siCFH cells, more pronouncedly after 191 peroxide treatment (Fig 4B). 192

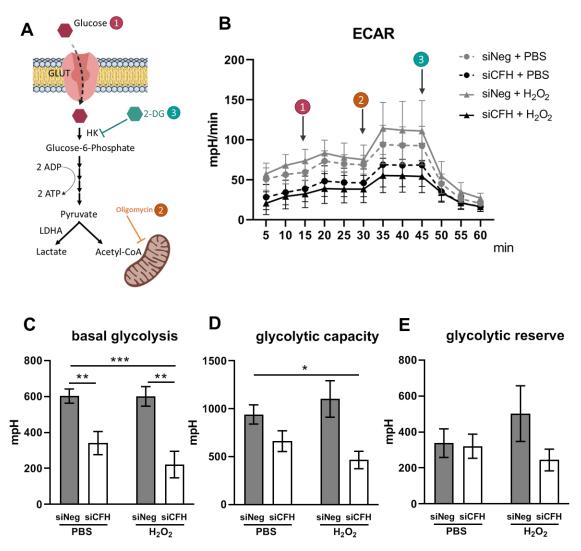


Figure 3. FH loss impairs glycolysis in RPE cells. A Schematic representation of 193 glycolysis and steps targeted during Seahorse analyses (1,2,3) B hTERT-RPE1 cells 194 were seeded, let attach overnight and silenced for 24 hours with negative control 195 (siNeg) or CFH specific (siCFH) siRNA. 30.000 cells were transferred to Seahorse 196 plates overnight and pre-treated for 90 minutes with 200 µM H₂O₂ or PBS. Curves 197 show extracellular acidification rate (ECAR) measured after 48 hours. SEM is shown, 198 n=4-8. Arrows indicate injection of glucose (1), oligomycin (2) and 2-deoxyglucose (2-199 DG,3). C-E Parameters of glycolytic function are calculated from data shown in B. 200 Basal glycolysis (C), glycolytic capacity (D) and glycolytic reserve (E). Significance 201 was assessed by Student t-test (single effect) and two-way ANOVA (combined effects) 202 as described in the methods section. * p<0.05, **p<0.01, *** p<0.001 203

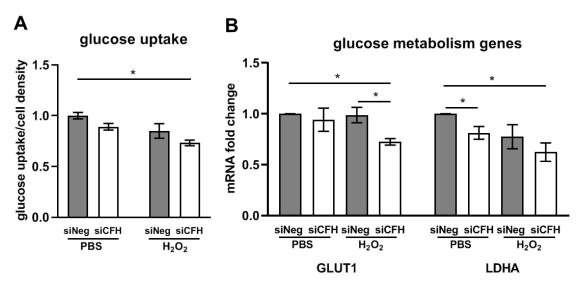


Figure 4. FH modulates glucose uptake and expression of glucose metabolism 204 genes. hTERT-RPE1 cells were seeded, let attach overnight and silenced for 24 hours 205 with negative control (siNeg) or CFH specific (siCFH) siRNA. Cells were exposed for 206 90 minutes to 200 µM H₂O₂ or PBS **A** Glucose uptake was measured 48 hours after 207 H₂O₂ pre-treatment in siNeq control cells and in siCFH cells. SEM is shown, n=3. **B** 208 gene expression analysis by qRT-PCR of glucose transporter 1 (GLUT1/SLC2A1) and 209 glycolysis enzyme gene lactate dehydrogenase A (LDHA). SEM is shown, n=3. Data 210 are normalized to housekeeping gene PRPL0 using $\Delta \Delta Ct$ method. Significance was 211 assessed by Student t-test (single effect) and two-way ANOVA (combined effects) as 212 described in the methods section. * p<0.05. 213

214 FH loss impairs mitochondrial respiration in RPE cells

The potential influence of FH loss on mitochondrial respiration of RPE cells was 215 assessed monitoring the oxygen consumption rate (OCR), an indication of 216 mitochondria respiratory function using the cell mito stress test. Fig 5A shows a 217 schematic representation of the oxidative phosphorylation (OxPhos) chain, 218 highlighting the substances used in the Seahorse analyses. Oligomycin, carbonyl 219 cyanide-4-(trifluoromethoxy)phenylhydrazone (FCCP) and antimycin/rotenone were 220 sequentially injected (as shown by the arrows in Fig 5B) to assess OCR in different 221 conditions and calculate parameters of mitochondrial function. Fig 5B shows OCR 222 measurements in siNeg cells and siCFH cells pretreated with PBS or 200 µM H₂O₂ for 223 90 minutes. All parameters of mitochondrial respiration showed a clear trend of 224 reduction in all siCFH groups (Fig 5C-D-E). However, the maximal respiration was 225 significantly reduced in the absence of FH by 52 % in PBS-treated cells (Fig 5D). A 226 slight increase in maximal respiration was observed when control cells were treated 227 only with peroxide (Fig 5D). 228

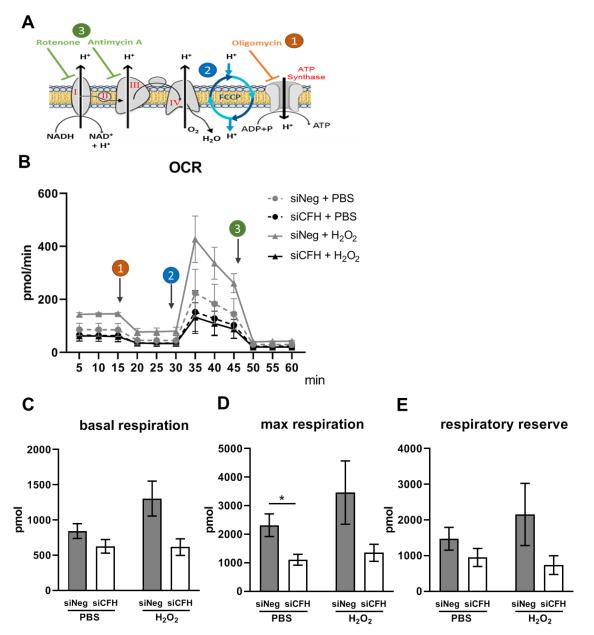


Figure 5. FH loss impairs mitochondrial respiration in RPE cells. A Schematic 229 representation of oxidative phosphorylation chain and targeted steps during Seahorse 230 analyses (1,2,3) B hTERT-RPE1 cells were seeded, let attach overnight and silenced 231 for 24 hours with negative control (siNeg) or CFH specific (siCFH) siRNA. 30.000 cells 232 were transferred to seahorse plates overnight and pre-treated for 90 minutes with 200 233 µM H₂O₂ or PBS. Curves show oxygen consumption rate (OCR) measured after 48 234 hours in hTERT-RPE1. SEM is shown, n=4-8. Arrows indicate injection of oligomycin 235 (1), FCCP (2) and antimycin and rotenone (3) C-E Parameters of mitochondrial 236 237 function are calculated from data shown in B. basal respiration (C), maximal respiration (D) and respiratory reserve (E). Significance was assessed by Student t-238 test (single effect) and two-way ANOVA (combined effects) as described in the 239 methods section. * p<0.05. 240

241 FH loss alters the expression of mitophagy and mitochondria dynamics genes

Several factors contribute to the energy metabolism regulation and antioxidant 242 capacity of RPE cells, which often both rely on mitochondria function and stability [6, 243 23]. Impairments in mitochondrial function can be caused by altered oxidative 244 phosphorylation (OxPhos) chain components as shown for Alzheimer's disease [24], 245 therefore we investigated by qPCR the expression of OxPhos genes NADH 246 dehydrogenase 4 (ND4), Cytochrome c oxidase subunit 4 (COX4) and mitochondrial 247 encoded ATP synthase 6 (ATP6) respectively components of complex 1, complex 4 248 and ATP synthase [25] (shown in the schematic in Fig 5A). No significant differences 249 were observed in any of the experimental conditions (Supplementary Fig 2A). 250 Transcription factors promoting mitochondrial biogenesis like Peroxisome Proliferator-251 252 Activated Receptor Gamma Coactivator 1-Alpha (PGC1a) and Nuclear Factor, Erythroid 2 Like 2 (NRF2) have been shown to positively influence mitochondria 253 254 metabolism and antioxidant response [26, 27]. To test whether FH loss leads to a dysregulation of those factors, we analyzed gene expression levels of PGC1a and 255 NRF2 (Supplementary Fig. 2B). No differences were detected for NRF2. On the other 256 hand, PGC1a levels were higher in absence of FH. This result would suggest an 257 improvement in mitochondria function, which was not the case in our model. We also 258 measured transcriptional levels of antioxidant enzymes which are induced by PGC1a 259 [28], like Peroxiredoxin 3 (PRDX3), Catalase (CAT), Glutathione Peroxidase 1 260 (GPX1). We found no differences in PRDX3, a slight upregulation of CAT and a 261 significant increase in GPX1 in the absence of FH (Supplementary Fig. 2C). These 262 data suggest that RPE cells lacking FH are unsuccessfully trying to respond to an 263 oxidative stress situation. Another mechanism of mitochondrial quality control is 264 265 mitophagy, a mitochondria specific autophagy [29]. We found a significant alteration in the expression levels of genes regulating mitophagy (Fig 6A), like PTEN induced 266 putative kinase 1 (PINK1) and E3 Ubiquitin-Protein Ligase Parkin (PARKIN) and 267 mitochondria dynamics (Fig 6B), like Dynamin-Related Protein 1 (DRP1) and OPA1 268 Mitochondrial Dynamin Like GTPase (OPA1) when FH was missing (Fig 6B). An 269 alteration in mitophagy levels and mitochondria dynamics would lead to an increase 270 in damaged mitochondria or altered mitochondria turnover. 271

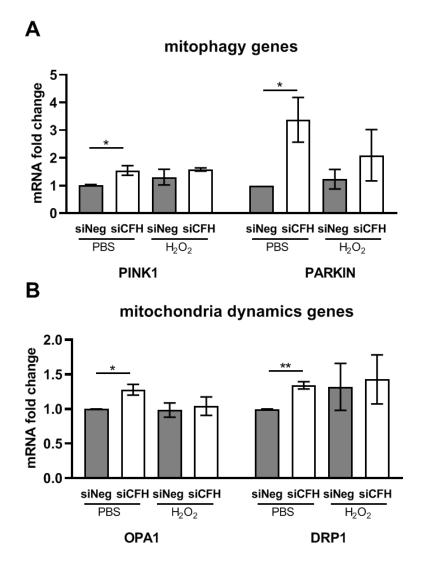


Figure 6. FH modulates expression of mitophagy and mitochondria dynamics 272 genes. hTERT-RPE1 cells were seeded, let attach overnight and silenced for 24 hours 273 with negative control (siNeg) or CFH specific (siCFH) siRNA. Cells were exposed for 274 90 minutes to 200 µM H₂O₂ or PBS and RNA was collected after 48 hours. A gene 275 expression analysis by gRT-PCR of genes involved in mitophagy processes: PTEN 276 Induced Kinase 1 (PINK1) and E3 Ubiquitin-Protein Ligase Parkin (PARKIN) SEM is 277 shown, n=3 B gene expression analysis by gRT-PCR of genes involved in 278 mitochondria dynamics: OPA1 Mitochondrial Dynamin Like GTPase (OPA1) and 279 Dynamin-Related Protein 1 (DRP1). SEM is shown, n=3. Data are normalized to 280 housekeeping gene PRPL0 using $\Delta \Delta Ct$ method. Significance was assessed by 281 Student T-test * p<0.05, ** p<0.01. 282

283 Discussion

The retina is a highly organized multi-layered tissue and, in the early stages of AMD, 284 285 Bruch's membrane/RPE layer is the first affected. Bruch's membrane, composed by overlapping extracellular matrix sheets, together with RPE cells separates the retina 286 from the choroid capillary network. RPE cells actively transport nutrients, as glucose, 287 to the retina and eliminate waste material, like oxidized lipids, into the blood stream. 288 Like every other tissue, also the retina undergoes changes with age, including 289 variations in collagen types [30], loss in elastin [31] and increase in metalloproteinases 290 291 [32]. Bruch's membrane becomes rigid and thickened, where lipids begin to accumulate underneath the RPE cells [33]. Lipid deposits together with lipofuscin, 292 melanin and complement proteins are the main constituents of drusen, the hallmark 293 lesions associated with AMD pathology [3, 34]. These alterations in Bruch's 294 membrane structure alter physiological conductivity and therefore impede a correct 295 transport of oxygen or nutrients from the choroidal network to the RPE cells [35-38], 296 resulting in a condition of hypoxia [39] and starvation. In addition, lifestyle habits, like 297 smoking or maintaining a high-fat diet, both risk factors for AMD [7, 40], add oxidative 298 stress to the retina [41, 42], and in particular to the mitochondria of RPE cells and 299 photoreceptors [11]. With age, and more pronounced in AMD patients, mitochondrial 300 damage is augmented [10, 43], thus leading to energy misbalance in the RPE cells. A 301 bioenergetics crisis of RPE cells has been postulated to be at the basis of AMD 302 pathology, especially in relation to the interplay between RPE cells and photoreceptors 303 304 [6]. Since not the entire elderly population (or the population that smoke) is affected by AMD, other susceptibility factors have to be postulated for RPE cells in AMD 305 306 patients. Genetic predisposition plays an essential role in AMD pathogenesis and carriers of high-risk variants may not be efficiently responding to ageing processes 307 308 and oxidative stress. FH risk variants, in particular Y402H, lead to dysregulation of complement activation and hold differential binding properties to oxidized lipids [44, 309 45]. In this study, we asked to which extent FH dysregulation may alter mechanisms 310 relevant to AMD, like energy metabolism and response to oxidative stress. In the early 311 312 stages of the disease oxidative stress is limited and can be handled by RPE cells. In addition, Bruch's membrane is still intact and circulating FH cannot cross 313 choroid/Bruch's membrane interface due to its size [46]. Therefore, an interplay of 314 genetics and age-related intraretinal changes are likely to drive onset and progression 315

of early AMD. In consequence, we asked whether RPE cells with reduced FH activity 316 are more vulnerable to oxidative insult. The *in vitro* system used in this study allowed 317 us to investigate the effects of endogenous FH specifically on RPE microenvironment 318 without the influence of systemic alterations present in blood. FH dampens activation 319 of the alternative complement pathway. FH acts as cofactor for Complement Factor I 320 (FI), also an inhibitor of complement activation, and displaces Complement Factor B 321 (FB) from C3. Both activities reduce the levels of C3 turnover and complement 322 activation [44]. We show here that RPE cells produce FH, as well as C3. FH 323 324 downregulation leads to an increase in C3 and C3b levels, prompting complement activation and turnover. In parallel, we detected a slight reduction of FH after H₂O₂ 325 pre-treatment, a phenomenon previously observed in H₂O₂-induced senescent 326 ARPE19 cells [47]. Besides its role as complement regulator, recent studies implicate 327 FH in lipid metabolism. The AMD-risk-associated FH variant (Y402H) leads in a murine 328 model to a retinal damage similar to AMD and promotes other aspects of the disease, 329 including the accumulation of lipoproteins [48]. Moreover, two FH redox forms have 330 been identified in the circulating blood of AMD patients and those forms hold dual 331 functions [49]. Indeed, the reduced and oxidized forms of FH, as well as FH-Y402 and 332 333 FH-H402, have different binding affinities to oxidized lipids, which accumulate in drusen [45, 49]. Exogenous FH has been shown to protect ARPE19 cells against 334 H₂O₂-induced stress [49] and recently, also against exposure to oxidized lipids 4-HNE 335 (4-hydroxy-2-nonenal) [50]. In this study, we show for the first time a protective role of 336 337 endogenous CFH/FH against oxidative insult. RPE cells, lacking FH, display an accumulation of oxidized lipids in response to H_2O_2 pre-treatment. As a consequence, 338 cell viability of RPE cells is affected only in this condition. Lipid oxidation also affects 339 membrane permeability [51] and exogenous FH helps maintain a ZO-1 localization in 340 response to 4-HNE in ARPE19 cells [50]. In our model, we show that reduction of 341 endogenous FH mediates cell membrane damage in RPE cells. Reduction in 342 antioxidant capacity, as well as decrease in viability, could underlie a misbalance in 343 energy metabolism of RPE cells. Several recent evidences show altered bioenergetics 344 being part of AMD pathology [6, 9]. Mitochondria account for the majority of cell energy 345 production, via the tricarboxylic acid (TCA) cycle, OxPhos or lipid breakdown. 346 Nevertheless, mitochondrial metabolism and glycolysis work in a synergetic way, since 347 by-products of glycolysis, like pyruvate, can fuel the TCA. A disruption of either 348 mitochondria or glycolytic function can lead to a failure in the metabolic system. Loss 349

of CFH has been associated with mitochondria impairment in retinal development in a 350 CFH Knock-out mouse model [52] and patients carrying the CFH H402 high-risk 351 variant present increased mitochondrial DNA damage [53]. Whether FH contributes to 352 metabolic homeostasis of RPE cells has never been investigated. We show that FH 353 loss alters energy metabolism and lead to a phenotype similar to the one observed in 354 primary RPE cells derived from AMD patients [9]. After FH reduction, RPE cells show 355 a decline in basal levels of glycolysis and glycolytic capacity, which were both even 356 more affected after pre-treatment with hydrogen peroxide. In the same conditions, 357 358 GLUT1 expression and glucose uptake were diminished. RPE GLUT1 levels are particularly important for the preservation of the neuroretina. Indeed, in mice with a 359 severe reduction of GLUT1 in RPE cells, glucose transport to the retina was severely 360 hindered and led to photoreceptors cell death [54]. Similar to glycolysis, parameters 361 of mitochondrial respiration were hampered by FH reduction in RPE cells, with the 362 maximal respiration to be the most affected. Interestingly, maximal respiration was 363 increased in control cells after hydrogen peroxide treatment, indicating that RPE cells 364 may respond to a short oxidative insult by increasing their respiration. Of note, this 365 phenomenon was completely abolished in siCFH cells. Similar to AMD primary RPE 366 367 cells, we see in siCFH cells upregulation of genes involved in anti-oxidant response, like CAT and GPX1, as well as transcription factors involved in mitochondria stability 368 and biogenesis, like PGC1a. These factors are indicators of a response to oxidative 369 stress and mitochondria damage, but they are not the only ones contributing to define 370 whether a cell will successfully escape from excessive oxidative stress. In fact, we do 371 not observe any improvement in mitochondria function, either in PBS or H₂O₂ treated 372 cells, contrarily to AMD primary RPE cells which show a greater resistance toward 373 oxidative stress after 24 hours [9]. This phenomenon may depend on the experimental 374 time. Indeed, another study testing the effect of H_2O_2 after 48 hours, a time point used 375 in our model, showed more damage in AMD primary RPE cells after oxidative stress 376 exposure [55]. Cells have developed alternative mechanisms to overcome 377 mitochondrial dysfunction which are activated in case of damage. Mitophagy is a 378 specific type of autophagy directed in eliminating unnecessary, damaged or 379 malfunctioning mitochondria [29]. Mitophagy is classically mediated by the PINK-380 PARKIN axes [56], and both genes were upregulated in RPE cells when FH levels 381 were reduced. PINK1 accumulates on the membrane of damaged mitochondria and 382 its kinase activity is required for recruitment of PARKIN in order to mediate 383

ubiquitination and organelle removal [56]. PINK1 and PARKIN are also involved in the 384 transport to the lysosomes of mitochondria-derived vesicles (MDV). MDVs contain 385 oxidized proteins which are removed from the mitochondrial matrix and their removal 386 can denote a first effort to rescue mitochondria before engaging in mitophagy [57]. 387 MDV trafficking has been implicated in Parkinson's and Alzheimer's disease through 388 association of the vps35 protein, which is mutated in the diseases and involved in 389 MDVs transport [58-60]. In AMD, vesicles accumulation, alterations in autophagy and 390 lysosomes in RPE cells have been described [61, 62], but a role of MDVs in AMD 391 392 pathology has not yet been considered. PINK1 interacts with proteins involved in mitochondria dynamics including DRP1 and OPA1. Both are fission and fusion genes 393 [63], and were seen upregulated in CFH knock-down cells, highlighting the possibility 394 that mitochondrial structures and dynamics are compromised by FH reduction. OPA1 395 and DRP1 work in concert to maintain mitochondrial stability. Indeed, DRP1 loss-of-396 function alters OPA1 processing, thus affecting the organization of mitochondrial 397 membranes [64]. Moreover OPA1 is also involved in mitochondrial contraction and 398 inner membrane depolarization, leading to proton leak [65]. Thus, the loss of FH 399 activity likely promotes destabilization of mitochondrial structure and function, followed 400 401 by perturbation in mitochondrial energy metabolism, structural maintenance of mitochondria and an increase in mitophagy. 402

In conclusion, this study provides insight into a new mechanism by which FH 403 dysregulation could contribute to processes relevant to AMD. FH reduction renders 404 RPE cells more vulnerable to oxidative stress, with the lipids being particularly 405 affected. RPE cells lacking functional FH show a reduced bioenergetics profile, in 406 regard to both, glycolysis and oxidative phosphorylation. We hypothesized the 407 408 involvement of mitophagy and mitochondrial dynamics in the process. Taken together, our results suggest a non-canonical role of FH in AMD and highlight its protective role 409 in RPE cells against oxidative stress and metabolic reprogramming, which could help 410 our understanding of the early stages of the disease. Future therapeutic strategies that 411 systemically target the complement system may consider that simple systemic 412 inhibition of complement activity alone may be insufficient to successfully treat AMD. 413

414 Material and Methods

415 Cell culture

Human retinal pigment epithelium (RPE) cell line hTERT-RPE1 was obtained from the
American Type Culture Collection (ATCC). Cells were maintained in Dulbecco's
modified Eagle's medium (DMEM; Gibco, Germany) containing 10% fetal calf serum
(FCS; Gibco, Germany), penicillin (100 U/mL), streptomycin (100 µg/mL) in a
humidified atmosphere containing 5% CO₂.

421 Experimental settings

Cells were seeded in complete growth medium without phenol red in 6- or 24-well 422 plates depending on the experiment and allowed to attach overnight. siRNA mixture 423 with Viromer Blue reagent was prepared according to the manufacturer (Lipocalyx, 424 Germany) using a mix of 3 different double strand hairpin interference RNAs specific 425 for CFH and a negative control (Neg), recommended by the provider (IDT 426 technologies, Belgium). In parallel, a positive fluorescent control was used to monitor 427 transfection efficiency (data not shown). Culture medium was substituted with fresh 428 medium and siRNA mixture was added dropwise. After 24 hours, cells were pre-429 treated for 90 minutes with medium containing 200 µM H₂O₂ or PBS as control. Cells 430 were maintained in serum free medium, unless specified otherwise, for the indicated 431 experiment duration. Optimal H₂O₂ concentration was assessed in preliminary 432 experiments in hTERT-RPE1 cells, where cell density was monitored using Crystal 433 Violet staining [66] (Supplementary Figure 4). Concentration leading to minimal 434 damage (200 µM) was used for further experiments. 435

436 **RNA extraction, cDNA synthesis and quantitative RT-PCR**

Cell pellets were collected at the indicated time points and were resolved in 1 ml of 437 TriFAST (PegLab, Germany), homogenized by inversion and incubated at room 438 temperature for 5 minutes. Then, 200 µl of chloroform was added and the cell pellets 439 vortexed for 15 seconds. Samples were left 10 minutes at room temperature and then 440 441 centrifuged at 12,000 g for 15 minutes at 4°C. The aqueous phase was transferred into a new tube and mixed with 500 µl of isopropanol for precipitation. After incubation 442 for 10 minutes in ice, samples were centrifuged at 12,000 g for 15 minutes at 4°C. 443 Pellets were rinsed twice with EtOH 75%, dried, resuspended in 20 µl of RNase-free 444

water. RNA purity and concentration were measured using Nanodrop. cDNA was 445 synthesized via reverse-transcription of 2-5 µg of RNA using M-MLV Reverse 446 Transcriptase (200 U, Promega, Wisconsin, USA), random primers (10 ng/µl, 447 Promega, Wisconsin, USA) and dNTPs (0,5 mM) in a total volume of 20 µl. cDNA was 448 used to analyse differences in gene expression by gRT-PCR employing SensiMix 449 SYBR low-Rox KIT (Bioline, Germany) along with gene specific forward and reverse 450 primers (250 nM) listed in Table 1. PCR protocol includes 40 cycles of: 95 °C (15 s), 451 57 °C (15 s) and 72 °C (25 s). Relative mRNA expression of each gene of interest 452 453 (GOI) was quantified by using PRPL0 as the housekeeping control gene.

- 454 Δ CT=CT(GOI)-CT(housekeeping)
- 455 $\Delta\Delta$ CT= Δ CT(sample)- Δ CT(control)
- 456 n-fold expression= $2^{-\Delta\Delta CT(GOI)}$

gene name	fwd	rev
ND4	5`- CCT CGT AGT AAC AGC CAT TCT C -3	5'- CTG TGA GTG CGT TCG TAG TT -3'
COX4	5`- TGT TGG CTA CCA GGG TAT TTA G -3	5'- CTT CGC TCT TCA CAA CAC TTT C -3
ATP6	5`- CAC TAA AGG ACG AAC CTG ATC TC -3	5`- GAT AGT TGG GTG GTT GGT GTA A -3
OPA1	5`- GAG GAC AGC TTG AGG GTT ATT C -3	5'- CTG CAG AGC CTC TTC CAT AAA -3
PINK1	5`- GGC TTG GCA AAT GGA AGA AC -3	5'- CTC AGT CCA GCC TCA TCT ACT A -3
PARKIN	5`- CCA CAC TAC GCA GAA GAG AAA -3`	5'- GAG ACT CAT GCC CTC AGT TAT G -3'
DRP1	5`- GAG CTT CTT TGC AGC CTT TG -3`	5`- CCA GAA TTG GAA GGG CTA TGT -3
LDHA	5`- ACC CAG ATT TAG GGA CTG ATA AAG -3`	5'- CCA ATA GCC CAG GAT GTG TAG -3
SLC2A1	5`- GAT GGG AGT GAG ACA GAA GTA AG -3	5`- CAC TGA TGA GAG GTA CGT GTA AG -3`
PPARGC1A	5`- AGA GCG CCG TGT GAT TTA T -3`	5'- CTC CAT CAT CCC GCA GAT TTA -3`
NFE2L2	5`- TGA TTC TGA CTC CGG CAT TT -3`	5'- GCC AAG TAG TGT GTC TCC ATA G -3
PRDX3	5'- AGC CAT CTT GCC TGG ATA AAT A -3'	5`- GTA GTC TCG GGA AAT CTG CTT AG -3`
CAT	5`- CTG GAG CAC AGC ATC CAA TA -3`	5`- TCA TTC AGC ACG TTC ACA TAG A -3`
GPX1	5`- CAT CAG GAG AAC GCC AAG AA -3`	5`- GCA CTT CTC GAA GAG CAT GA -3`
BEST1	5`- CTC AGT GTG GAC ACC TGT ATG -3	5`- CCC AAC TAG ACA AGT CAG GAA G -3
RPE65	5`- GGA CTT GGC TTG AAT CAC TTT G -3`	5`- AAG ATG GGT TCT GAT GGG TAT G -3`
TJP1	5`- GGC CAG ACA AAG AGC CTA AT -3`	5`- GCT TGA GGA CTC GTA TCT GTA TG -3`
PRPLO	5`- GGA GAA ACT GCT GCC TCA TAT C -3`	5'- CAG CAG CTG GCA CCT TAT T -3`
CFH	5`- CTG ATC GCA AGA AAG ACC AGT A -3`	5`- TGG TAG CAC TGA ACG GAA TTA G -3`

457 Table 1. list of qPCR primers

458 Western Blot

Cell culture supernatants were collected 48 hours after H₂O₂ pre-treatment. Following 459 cell debris removal by centrifugation, supernatants were precipitated using ice-cold 460 acetone. Proteins were re-suspended in NuPAGE[™] LDS Sample Buffer containing 461 reducing agent (Invitrogen, California, USA), separated on 8-16% or 4-12% SDS-462 PAGE gels and transferred on PVFD membranes. Membranes were exposed 463 overnight to the primary antibodies (anti-FH, Santa Cruz, Texas, USA; anti-C3, 464 Invitrogen, California, USA) and for 1 hour to HRP-conjugated anti-mouse or anti-465 rabbit secondary antibody (1:2.000, Cell Signaling, Massachusetts, USA) 466 Immunoreactivity was visualized with Pierce[™] ECL Western Blotting Substrate 467 (Thermo Scientific, Massachusetts, USA) and detected with FusionFX instrument 468 469 (Vilber Lourmat, France).

470 **C3b ELISA**

C3b concentration was evaluated in cell culture supernatants by ELISA assay according to the manufacturer's instructions (Abcam, UK). Samples were loaded undiluted along with standards and controls in 96 well-plate coated with specific C3b antibody. Absorbance was read at a wavelength of 450 nm immediately after the assay procedure at Spark multimode microplate reader (Tecan, Switzerland). Subtraction readings at 570 nm were taken to correct optical imperfections.

477 Cytotoxicity and viability assay

Cytotoxicity and viability were assessed using ApoTox-Glo[™] Triplex Assay (Promega, 478 Wisconsin, USA) according to the manufacturer's instructions. Briefly, two fluorogenic 479 dyes were added to the cell culture media. Viability was assessed by cell-permeable 480 GF-AFC (glycyl-phenylalanyl-aminofluorocoumarin) dye, which is cleaved by live-cell 481 proteases and fluorescence signal is read at 400Ex/505Em. Cytotoxicity, defined by cell 482 membrane damage, was assessed by cell-impermeable bis-AAF-R110 (bis-483 alanylalanyl-phenylalanyl-rhodamine 110) dye, which is cleaved by dead-cell 484 proteases released in the cell culture supernatants after membranes damages. 485 Fluorescence is read at 485_{Ex}/520_{Em}. Spark multimode microplate reader (Tecan, 486 Switzerland) was used for fluorescence measurements. The cleaved products have 487 different excitation/emission readouts; therefore, simultaneous measurements of 488

viability and cytotoxicity were possible. Data are normalized to untreated siNegcontrols.

491 Lipid peroxidation detection

Lipid peroxidation in live cells was measured via Image-iT® Lipid Peroxidation Kit (Thermo Fischer, Massachusetts, USA), based on BODIPY® 581/591 C11 fluorescent dye. At the indicated time point, the dye was added in cell culture media at the final concentration of 5 μM. Following incubation and washing steps, fluorescence was measured at Spark multimode microplate reader (Tecan, Switzerland). Upon oxidation, the reagent shifts fluorescence emission peak from ~590 nm to ~510 nm. Data are shown as ratio of oxidized/reduced lipids.

499 Mitochondrial respiration

Mitochondrial function was assessed in live cells using an XFp Extracellular Flux 500 Analyzer (Agilent Technologies, California, USA). After 24 hours silencing (siNeg vs 501 siCFH) in 6-well-plates, hTERT-RPE1 cells (3 x 10⁴ cells/well) were seeded in at least 502 duplicates in XFpSeahorse microplates and allowed to adhere overnight. Cells were 503 pre-treated for 90 minutes with medium containing 200 µM H₂O₂ or PBS. Following 504 505 medium change, cells were grown for further 48 hours. Measurements of oxygen consumption rate (OCR) were performed in freshly prepared assay medium, pH 7.4 506 507 (Cell Mito Stress Test Assay Medium), according to the manufacturer's protocol. Mitochondrial function was evaluated after serial injections of 10 µM oligomycin, 10 508 µM carbonyl cyanide p-trifluoromethoxyphenylhydrazone (FCCP) and 2 µM Antimicyn 509 A / 1 µM Rotenone (all Sigma-Aldrich; Missouri, USA). The data were analyzed using 510 Wave 2.6 Software. All measurements from different experiments were normalized to 511 the mean of the baseline values of siNeg controls. 512

513 Glycolysis

514 Glycolysis function was assessed in live cells using an XFp Extracellular Flux Analyzer 515 (Agilent Technologies, California, USA). After 24 hours silencing (siNeg vs si*CFH*) in 516 6-well-plates, hTERT-RPE1 cells (3×10^4 cells/well) were seeded in at least duplicates 517 in XFpSeahorse microplates and allowed to adhere overnight. Cells were pre-treated 518 for 90 minutes with medium containing 200 μ M H₂O₂ or PBS. Following medium 519 change, cells were grown for further 48 hours. Measurements of extra-cellular

acidification rate (ECAR) were performed in freshly prepared assay medium, pH 7.4
(Glycolysis Stress Test Assay Medium), according to the manufacturer's protocol.
Glycolysis was assessed by serially injecting 10 mM Glucose, 10 µM Oligomycin and
50 mM 2-Deoxy-D-Glucose (all Sigma-Aldrich). The data were analyzed using Wave
2.6 Software. All measurements from different experiments were normalized to the
mean of the baseline values of siNeg controls.

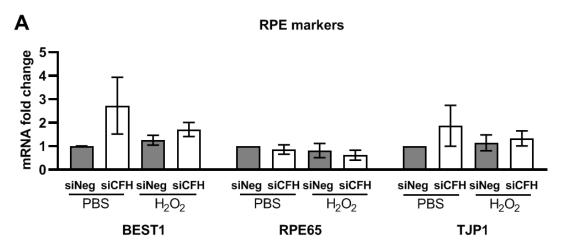
526 Glucose uptake

527 Glucose uptake was assessed using Glucose Uptake-Glo Assay (Promega, Wisconsin, USA) according to the manufacturer's instructions. Briefly, at the desired 528 529 time point cells were washed with PBS and incubated 10 minutes with 1 mM glucose analogue 2-deoxyglucose (2DG), which can be phosphorylated into 2-deoxyglucose-530 531 6-phosphate (2DG6P), but not furthered processed by the glycolysis enzymes. After addition of Stop Buffer and neutralization Buffer, 2DG6P Detection reagent containing 532 glucose-6-phosphate dehydrogenase (G6PDH), NADP+, reductase, Glo-luciferase 533 and luciferin substrate was added to allow detection. Luminescence was recorded 534 using Spark multimode microplate reader (Tecan, Switzerland). 535

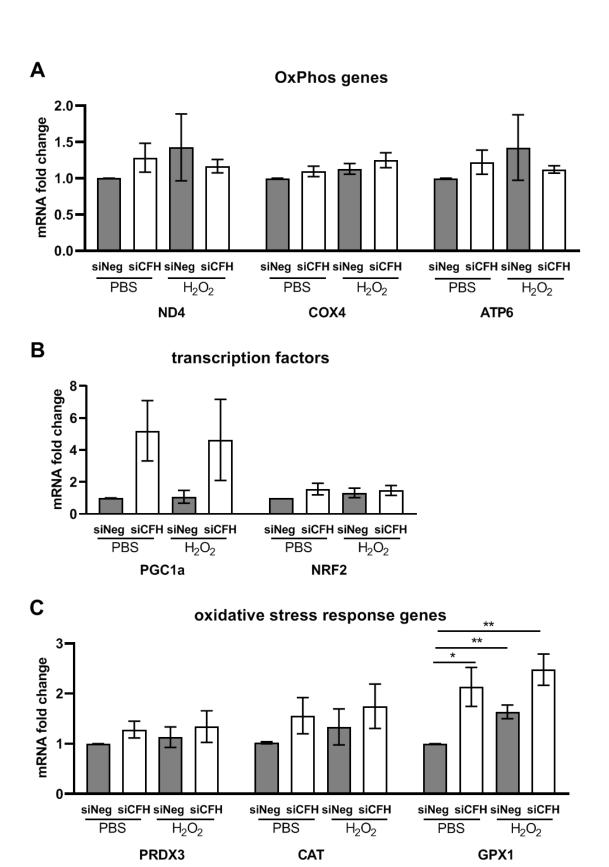
536 Statistical analysis

All data sets were tested for normal distribution. The combined effects of FH reduction 537 and peroxide pre-treatment on lipid peroxidation, viability; cytotoxicity, glucose uptake 538 and gene expression were assessed with two-way analyses of variance (ANOVA). An 539 unpaired Student T-test was used to compare data from control cells (siNeg) versus 540 siCFH cells and H₂O₂-treated cells, as well as to compare siNeg and siCFH cells after 541 pre-treatment with H₂O₂. ELISA data were analyzed using a paired Student t-test. 542 Bioenergetics data were subjected to outliers' identification via ROUT method. An 543 unpaired Student T-test (or Mann-Whitney test in case the dataset did not pass a 544 normality test) was used to compare data from control cells (siNeg) versus siCFH cells 545 and H₂O₂-treated cells, as well as to compare siNeg and siCFH cells after pre-546 treatment with H₂O₂. Combined effects of FH reduction and peroxide pre-treatment on 547 metabolic parameters were analyzed using two-way ANOVA. Analyses were 548 performed using GraphPad Prism 8 software. Western Blot images were analyzed for 549 signal quantification using Fiji (ImageJ). Significance level was set at p < 0.05. 550

551 Supplementary Figures

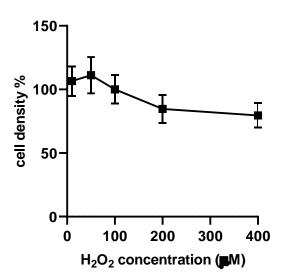


552 **Suppl. Figure 1. Expression of RPE markers in experimental conditions.** Cells 553 were seeded, let attach overnight and silenced for 24 hours with negative control 554 (siNeg) or *CFH* specific (si*CFH*) siRNA. Cells were exposed for 90 minutes to 200 μM 555 H₂O₂ or PBS and after 48 hours RNA was collected. **A** Gene expression analysis by 556 qRT-PCR of RPE markers: Bestrophin 1 (BEST1), Retinoid Isomerohydrolase 557 (RPE65), Tight junction protein ZO-1 (TJP1). SEM is shown, n=3. Data are normalized 558 to housekeeping gene PRPL0 using Δ ΔCt method.



Suppl. Figure 2. Expression of OxPhos genes, transcription factors and
 oxidative response genes in experimental conditions. hTERT-RPE1 cells were
 seeded, let attach overnight and silenced for 24 hours with negative control (siNeg) or
 CFH specific (si*CFH*) siRNA. Cells were exposed for 90 minutes to 200 μM H₂O₂ or
 PBS and after 48 hours RNA was collected. A Gene expression analysis by qRT-PCR

of OxPhos genes: NADH dehydrogenase 4 (ND4), Cytochrome c oxidase subunit 4 564 (COX4) and mitochondrially encoded ATP synthase 6 (ATP6). SEM is shown, n=3 B 565 Gene expression analysis by qRT-PCR of transcription factors: Peroxisome 566 Proliferator-Activated Receptor Gamma Coactivator 1-Alpha (PGC1a/PPARGC1A) 567 and Nuclear Factor, Erythroid 2 Like 2 (NRF2/NFE2L2). SEM is shown, n=3 C gene 568 expression analysis by qRT-PCR of genes involved in oxidative stress response: 569 peroxiredoxin 3 (PRDX3), catalase (CAT), Glutathione Peroxidase 1 (GPX1). SEM is 570 shown, n=3. Data are normalized to housekeeping gene PRPL0 using $\Delta \Delta Ct$ method. 571 Significance was assessed by Student t-test (single effect) and two-way ANOVA 572 573 (combined effects) as described in the methods section. * p<0.05, ** p<0.01.

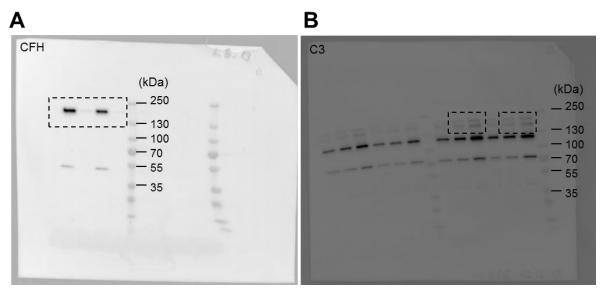


574 Suppl. Figure 4. Assessment of optimal concentration for H₂O₂ pre-treatment.

575 hTERT-RPE1 cells were seeded, let attach overnight and exposed for 90 minutes to

increasing concentrations of H_2O_2 and after 48 hours cell density was analyzed via

577 Crystal Violet staining.



- 578 **Suppl. Figure 5.** Full images of Western Blots in main Figure 1. A corresponds to Fig
- 1B. B corresponds to Fig 1D.

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