1	Akt/Foxo pathway activation switches apoptosis to
2	senescence in short telomere zebrafish
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36	Keywords: Telomeres, Telomerase, Apoptosis, Senescence, AKT/FoxO, Aging
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# 38 ABSTRACT

39 Progressive telomere shortening during lifespan is associated with increased genome instability, 40 block to cell proliferation and aging. Apoptosis and senescence are the two main cellular outcomes upon irreversible cell damage. In this study, we show a transition between apoptosis 41 42 to senescence in cells of two independent tissues in telomerase zebrafish mutants. In young 43 mutants, proliferative tissues exhibit defects in cell proliferation and p53-dependent apoptosis, 44 but no senescence. Progressively, these tissues display signs of tissue dysfunction, loss of 45 cellularity and increased senescence. These alterations are accompanied by an activation of 46 pro-proliferative stimulus mediated by AKT. Consequently, FoxO1 and FoxO4 transcriptional 47 factors are inactivated, reducing SOD2 levels, causing an increase in ROS. These alterations 48 elicit the activation of the zebrafish p16/15 and senescence. Thus, upon telomere shortening in aging, early apoptosis induces compensatory proliferation. However, progressive decline in cell 49 proliferation results in tissue damage and proliferative signals, promoting a switch to 50 51 senescence.

# 53 INTRODUCTION

Accumulation of DNA damage impairs cellular function and has been related to defects in tissue function, diseases and aging (Jackson and Bartek, 2009). To contrast the accumulation of damage, cells evolved DNA repair mechanisms. However when the damage persist cells undergo cell-cycle arrest, resulting in apoptosis or senescence (Childs et al., 2014).

58 Apoptosis is a programmed cell death, as a consequence of cell defects, and is highly 59 regulated and p53-dependent. Apoptotic cells are usually eliminated from the tissue and 60 replaced in highly proliferative tissues to maintain tissue homeostasis (Fogarty and Bergmann, 61 2017).

Senescence is a permanent cell-cycle arrest, generally associated with pro-inflammatory
phenotype, known as Senescence Associated Secretory Phenotype (SASP) (Coppé et al.,
2008). Senescent cells accumulates over time, and has been proposed that persistent SASP
production can be associated to aging and age-related phenotypes (Krishnamurthy et al., 2004).

The CDK inhibitor (CKi) p16 encoded by the INK4A/ARF locus is a tumor suppressor 66 67 that limits cell proliferation and is associated with cell senescence (Liao and Hung, 2003). It 68 belongs to the INK family of CKIs that includes p15INK4b, p18INK4c and p19INK4d (Kamb, 69 1995; Vidal and Koff, 2000). The comparisons of the INK4a/ARF gene structure between man, 70 mouse, chicken and the fugu fish revealed a dynamic evolutionary history of this locus (Gilley 71 and Fried, 2001; Kim et al., 2003). p15INK4b (p15), a close relative of p16, is encoded by the 72 INK4b gene, located immediately upstream of the INK4a/ARF locus. Similar to p16, this CKI has been associated to cell senescence (Fuxe et al., 2000; Hitomi et al., 2007; Senturk et al., 2010). 73 74 In chicken, as in fugu fish, INK4a is mutated and does not encode a functional protein. Thus, 75 fugu fish INK4a locus expresses Arf but not p16 (Liao and Hung, 2003), suggesting that the 76 function of p16 was possibly being taken over by p15.

Under physiological conditions, cells with a high turn-over rate, including epithelial and germinal cells, preserve tissue homeostasis by undergoing continuous cellular proliferation and apoptosis. Nevertheless, cells can only go through a finite number of divisions before entering an irreversible cell-cycle arrest, process known as replicative senescence. Telomere erosion has been proposed to constitute the "molecular clock" that determines the number of divisions a cell can undergo before reaching senescence, phenomenon known as Hayflick limit (Bodnar et al., 1998; Hayflick, 1965).

Telomeres are nucleoprotein complexes that protect the extremities of linear chromosomes and counterbalance incomplete replication of terminal DNA (Jain and Cooper, 2010; O'Sullivan and Karlseder, 2010). In most eukaryotes, the end replication problem is

solved by telomerase, which expression is restricted in most human somatic cells (Forsyth et
al., 2002). Consequently, telomeres shorten significantly during human aging (Aubert and
Lansdorp, 2008).

Vertebrate telomerase mutant animal models have been used to assess the direct association between telomere shortening and tissues dysfunction. Late generation (G4-6) telomerase knockout mice present premature features of aging, including reduced cell proliferation and increased apoptosis of several tissues (Lee et al., 1998; Rudolph et al., 1999). In zebrafish, first generation telomerase mutants (tert-/-) present short telomeres and promptly display premature aging phenotypes including tissue decline (Anchelin et al., 2013; Carneiro et al., 2016a; Henriques et al., 2013).

97 In the absence of telomerase, telomeres become critically short, accumulate  $\gamma$ H2A.X and 98 activate the DNA Damage Response (DDR) (d'Adda di Fagagna et al., 2003). One of the 99 mediators of DDR is the onco-suppressor p53, which accumulates upon telomere shortening 100 and causes either cell senescence or apoptosis (Li et al., 2016). So far, it is unclear what are 101 the signals determining one or the other cell fate in response to p53 accumulation.

102 Previous studies suggested that cellular senescence is associated with increased levels 103 of mTORC/AKT signaling (Miyauchi et al., 2004; Moral et al., 2009). AKT is a serine/threonine 104 protein kinase that is activated upon pro-proliferative extracellular signals. This pathway is 105 triggered by growth factor receptors, including the Insulin Growth Factor Receptor (IGFR) (Liao and Hung, 2010). Activation of AKT and mTORC2-mediated phosphorylation result in the 106 107 phosphorylation of the forkhead transcriptional factors, FoXO1 and FoxO4 (Tuteja and 108 Kaestner, 2007). Once phosphorylated, the FoXO family proteins translocate outside the 109 nucleus thus resulting in the repression of their main target genes, including the superoxide 110 dismutase SOD2. Prolonged and uncontrolled activation of this pathway results in mitochondrial 111 dysfunction and increased ROS levels (Nogueira et al., 2008).

In this study, we investigated the in *vivo* switch between apoptosis and cell senescence as a consequence of telomere shortening in tert-/- zebrafish. We describe that early in life, telomerase deficiency results in p53 mediated apoptosis and loss tissue homeostasis, causing pro-proliferative AKT pathway activation in older individuals. AKT/FoxO signal cascade then triggers a switch that results in mitochondrial dysfunction, increased levels of ROS and p15/16 leading to cell senescence.

#### 119 **RESULTS**

# *tert-/-* zebrafish proliferative tissues undergo a time-dependent switch from apoptosis to cell senescence

Apoptosis is a process in which programmed cell death allows for clearance of damaged cells (Hawkins and Devitt, 2013). In contrast, replicative senescence is a state of terminal proliferation arrest, associated to gradual telomeres attrition occurring during cell division (Olovnikov, 1973; Shay and Wright, 2000). To explore the molecular mechanisms underlying the cell-fate decision between apoptosis and senescence, we used telomere attrition as a trigger of these two possible outcomes.

128 First-generation tert-/- zebrafish have shorter telomeres than their wild-type (WT) 129 siblings, develop several degenerative conditions affecting mainly highly proliferative tissues, 130 such as the testis and gut, and die prematurely (Anchelin et al., 2013; Carneiro et al., 2016a; 131 Henriques et al., 2013). At 3 months of age, tert-/- fish are macroscopically similar to their WT 132 siblings (Carneiro et al., 2016a), with testis and gut being histologically indistinguishable from 133 WT (Figure 1A). However, at this early age, average telomere length is short and trigger the 134 onset of DDR and increased apoptosis in tert mutants (Carneiro et al., 2016a). We analyzed the 135 presence of apoptotic cells in 3 months-old tert-/- gut and testis using the TUNEL assay. We 136 confirmed that, even in the absence of macroscopic defects, tert-/- gut and testis exhibits a 137 higher number of apoptotic TUNEL-positive cells compared to their WT siblings (Figure 1C). In 138 order to confirm the activation of DDR, we analyzed the phosphorylation levels of the DNA 139 damage marker yH2A.X on whole cell lysates from gut and testis of 3 month-old tert-/- zebrafish 140 (Figure 1E, quantification in Supp. Figure 1). We detected a significant increase of the ATM-141 dependent phosphorylated form of yH2A.X in ser139 in both 3 month-old tert-/- gut and testis (Figure 1E, quantification in Supp. Figure 1). As expected, we observed a concomitant increase 142 p53 protein levels in both tissues of tert-/- zebrafish (Figure 1E, quantification in Supp. Figure 1). 143 144 In light of the differences found between the INK4a/ARF locus in zebrafish and 145 mammals, we decided to test the conservation of the protein and the validity of the mammalian 146 anti-p16 antibody (sc-1661, Santa Cruz Biotechnology) used for the senescence analysis. To 147 this purpose, we designed antisense morpholino oligonucleotides (p15/16 MOs) and injected 148 increasing amounts in 1 cell-stage embryos (Supp. Figure 2). A control morpholino sequence

was included as negative control (CTR MO). At 3dpf upon morpholino injection, larvae were
 collected and tested for the expression of the p15/16 protein in zebrafish. Western Blot analysis
 revealed that injection of increasing concentration of p15/16 MOs causes a reduction in the

amount of the protein recognized by the anti-p16 antibody, indicating that the sequence of theprotein associated to senescence is conserved from mammals to zebrafish (Supp. Figure 2).

Strikingly, even though DDR is active in 3-month-old tert-/-, the analyzed tissues did not exhibit signs of cellular senescence. We were unable to detect senescence-associated betagalactosidase (SA-beta-Gal) activity in both gut and testis in tert-/- fish (Figure 1C). Accordingly, we observed no differences in expression of the senescence marker p15/16 by qRT-PCR, western blot (Figure 1E) or by immunofluorescence staining (Figure 1C). Therefore, at 3 month tert-/- in which tissue integrity is retained, telomere dependent DDR signalling predominantly induces apoptosis but no detectable cell senescence.

To investigate the consequences of telomere erosion and chronic DDR activation in aging, we analysed testis and gut of older tert-/- animals (9 month of age). Contrary to what we observed in 3 month old fish, older tert-/- zebrafish exhibit tissue morphological defects (Figure 1B), including testis atrophy and width lengthening of the gut lamina propria (as described previously -(Carneiro et al., 2016a)-).

Because telomere shortening is known to induce both apoptosis and cell senescence, 166 167 we wondered if the decline in tissue homeostasis represented a change in cell fate. Surprisingly, 168 at 9 month of age, we could not observe clear differences in p53 levels between WT and tert-/-169 (Figure 1F). In fact, tert-/- gut and testis exhibited a decline in apoptosis in 9 month- compared 170 to 3 month-old fish, denoting a decrease in TUNEL positive cells (Figure 1D). In contrast, at this 171 stage, these tissues exhibited a clear accumulation of senescent cells in tert-/- compared to WT, 172 as revealed by SA-beta-Gal staining (Figure 1D). Increased senescence was confirmed by an 173 increase in p15/p16 by immunofluorescence (Figure 1D), mRNA and protein levels (Figure 1E). 174 In addition, we observed that reduction of apoptotic cells and increase of senescent cells was 175 concomitant with higher levels of expression of BcI-XL mRNA suggesting an activation of anti-176 apoptotic pathways in old tert-/- fish (Supp. Figure 3). Taken together, these results show in vivo 177 a switch from apoptosis to senescence during aging of tert mutant fish, and that this switch 178 associates with age-dependent tissue degeneration.

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180 ROS accumulation and mitochondrial dysfunction become apparent upon short
 181 telomere-induced senescence

In mammalian systems, similarly to what we observe in zebrafish, DNA damage initially
halts cell-cycle progression through a p53/p21-mediated cell-cycle arrest (Rodriguez and Meuth,
2006) (Figure 1E). But if lesions persist, expression of p16lnk4a predominates as a
consequence of mitochondrial dysfunction and ROS production (Freund et al., 2011; Passos et

al., 2010). Late generation telomerase knockout mice were observed to induce mitochondrial
dysfunction through p53-dependent suppression of the master regulator of mitochondrial
biogenesis, PGC1α (Sahin et al., 2011). G4 mTERT deficient mice exhibit significant alterations
in mitochondrial morphology, accumulation of ROS and reduced ATP generation (Sahin et al.,
2011).

191 We investigated if mitochondrial dysfunction could play a part in the apoptosis to 192 senescence switch observed in tert-/- zebrafish. First, we started by examining if p53 activation 193 triggers the repression of PGC1a in zebrafish. Curiously, despite significant accumulation of 194 p15/16 and p53 (Figure 1F), we did not observe differences in terms of RNA or protein levels of 195 PGC1a in older tert-/- gut extracts (Supp. Figure 4). However, we did detect a robust increase in 196 oxidative damage with age. By 3 months of age, the levels of ROS in tert-/- gut and testis do not 197 differ significantly from their WT siblings (Figure 2A). Later, we observed a gradual and 198 significant accumulation of ROS in both tissues from 6 months onward in tert-/- compared to WT 199 controls (Figure 2A). Production of ROS, especially superoxide, is a necessary by-product of 200 mitochondrial respiration (Murphy, 2009). Mitochondrial dysfunction is characterized by 201 concurrent high superoxide production leading to a breakdown of membrane potential that 202 compromises energy production and cellular metabolism (Balaban et al., 2005). In agreement 203 with previous findings, we observed that testis mitochondrial ultrastructure became significantly 204 fragmented in older tert-/- zebrafish (arrows, Figure 2B). Similarly, gut mitochondrial morphology 205 became increasingly rounded and swollen with the appearance of perturbed crystal structure 206 (arrows, Figure 2B). Consistently, we observed a significant reduction of levels of ATP in both 207 tissues of tert mutants (Figure 2C). Together, these results indicate that mitochondrial function 208 declines dramatically during aging of tert-/- proliferative tissues, supporting the idea that a 209 change in mitochondrial homeostasis may dictate the tissue's cell-fate decision.

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# AKT promotes ROS production by blocking the FoxO1/FoxO4-SOD2 molecular axis.

Excessive ROS formation gives rise to oxidative stress, leading to cellular damage and, eventually, senescence (Velarde et al., 2012). Mitochondrial manganese superoxide dismutase (SOD2) is one of the major ROS scavengers. Notably, SOD2 expression decreases with age (Tatone et al., 2006; Velarde et al., 2012). SOD2 KO mice and connective tissue-specific SOD2 KOs have reduced lifespan and exhibit premature aging phenotypes associated with senescence but no onset of apoptosis (Treiber et al., 2011; Velarde et al., 2012).

To gain mechanistic insights into the nature of the oxidative damage observed in the tert-/- zebrafish, we decided to analyse the expression levels of this important antioxidant

defence enzyme. Western blot analysis of 9 months-old testis and gut samples, showed a
significant decrease in terms of protein levels of SOD2 in tert-/- mutants compared to WT
(Figure 3A). In contrast, SOD2 levels were not affected in tert-/- at 3 months of age (Supp Fig.
5). This result suggests that the mechanism that copes with superoxide production is
compromised in older tert-/- mutants and, therefore, possibly responsible for the accumulation of
oxidative damage in the affected tissues.

226 Phosphorylation (inactivation) of FoxO-family by the AKT kinase causes the elevation of 227 intracellular ROS levels through the repression of detoxifying enzymes, such as SOD2 (Brunet 228 et al., 1999; Kops et al., 2002; Miyamoto et al., 2007). FoxO proteins are a family of 229 transcription factors responsible for a wide range of cellular processes, including cell cycle 230 arrest, DNA damage response, metabolism and ROS detoxification (Greer and Brunet, 2005). 231 Phosphorylation of FoxO by AKT triggers the rapid relocalization of FoxO from the nucleus to 232 the cytoplasm, with the consequent downregulation of FoxO target genes. We, therefore, 233 hypothesised that activation of AKT/FoxO signalling was responsible for the increased oxidative 234 stress in older tert-/- zebrafish. As expected, increased phosphorylation levels of FoxO1 and 235 FoxO4 were correlated with lower expression levels of SOD2 (Figure 3A, quantification in Supp. 236 Figure 6). Phosphorylation of FoxO proteins suggests that inactivation of these transcription 237 factors may be the cause for the down-regulation of SOD2 in older tert-/- gut and testis.

238 AKT is a highly conserved central regulator of growth-promoting signals in multiple cell 239 types. The kinase activity and substrate selectivity of AKT are principally controlled by 240 phosphorylation sites. Phosphorylation of serine 473 (pAKT-Ser473), is a consequence of 241 activation of mammalian target of rapamycin complex 2 (mTORC2) (Sarbassov et al., 2005). 242 pAKT-Ser473 is required for phosphorylation and inactivation of the FoxOs (Guertin et al., 243 2006). Accordingly, while we did not observe differences in total AKT protein levels, we detected 244 a significant increase in the phosphorylated levels of pAKT-Ser473 denoting full activation of 245 AKT in older but not younger tert-/- zebrafish (Figure 3A, quantification in Supp. Figure 6). 246 Therefore, AKT activation correlates with increased levels of FoxO inhibitory phosphorylation 247 and concomitant decrease in SOD2 protein levels in tert-/- mutants when compared to WT. 248 Collectively, our results suggest that, upon tissue damage in older tert-/- zebrafish, activation of 249 a pro-proliferative signaling pathway leads to AKT-dependent inactivation of FoxO1 and FoxO4, 250 which in turn causes the down-regulation of SOD2 expression. These events impact on 251 oxidative stress, triggering p15/p16 accumulation, causing a consequent senescent 252 (irreversible) cell-cycle arrest.

# p53-/- rescue of tert-/- apoptosis delays the appearance of tissue degeneration and cellular senescence

Activation of a pro-proliferative pathway in an organism that exhibits defects in cell proliferation was somehow surprising. However, one major difference between 3 and 9 monthsold gut and testis was the increasing tissue damage (Figure 1 A and B). In addition to our previous observation of reduction in the number of cell divisions (Carneiro et al., 2016a), tissue damage may be explained by increased cell death that predominates 3 months-old tert-/- testis and gut (Figure 1C).

262 In order to compensate for the empty space, dving cells in proliferative tissues induce 263 compensatory proliferation in neighboring cells through the secretion of mitogenic signals 264 (Tamori and Deng, 2014). Thus, we hypothesized that activation of the mitogenic AKT/FoxO 265 signaling pathway was triggered to promote tissue repair in response to build up of tissue 266 damage in tert-/- zebrafish. To test this hypothesis, we decided to rescue tissue degeneration by 267 preventing p53 function and thereby unblock cell proliferation while restraining cell death. This 268 way, we expected to thwart the induction of the AKT/FoxO proliferative pathway in older tert-/-269 fish and, consequently, the appearance of cell senescence.

270 We used tert-/- p53-/- double-mutant zebrafish where p53 deficiency rescues the 271 adverse effects of telomere loss (Anchelin et al., 2013; Henriques et al., 2013). Consistent with 272 our previous results, by preventing a p53-mediated response to telomere dysfunction, we were 273 able to rescue the histopathological defects of older tert-/- testis and gut (Figure 4A and 4E). In 274 the absence of observable tissue damage, we were no longer able to detect activation of AKT 275 (pAKT-Ser473, Figure 4B and 4F), down-regulation of SOD2 (Figure 4B and 4F), nor 276 accumulation of ROS (Figure 4C and 4G) in tert-/- p53-/- zebrafish. Finally, consistent with our 277 hypothesis, older tert-/- p53-/- double-mutant gut and testis no longer exhibit an accumulation of 278 SA-beta-Gal-positive cells (Figure 4D and 4H). Taken together, our results demonstrate that 279 p53 is required for AKT activation and the onset of senescence in older tert-/- fish. Moreover, 280 they suggest that the age-dependent switch from apoptosis to senescence is intimately linked to 281 the loss of tissue homeostasis. In 3 month-old tert-/- zebrafish, telomeres are sufficiently short to 282 trigger DDR and p53-dependent apoptosis. However, no tissue damage is observed in younger 283 animals and this becomes apparent with age-dependent decline in cell proliferation. An older 284 tissue with short telomeres and limited proliferative capacity responds by promoting mitogenic 285 signalling thereby activating the AKT/FoxO pathway and consequent mitochondrial dysfunction. 286

#### 288 Inhibition of AKT activity prevents senescence in G1 and G2 tert-/- mutants

Our data indicates that activation of AKT in older tert-/- zebrafish correlates with the appearance of the senescence phenotype. To understand the direct role of the AKT/FoxO pathway in modulating the p15/p16-mediated cell-cycle arrest, we decided to test if AKT activation was causal to cell senescence. Our hypothesis would dictate that AKT phosphorylation inhibition would prevent p15/p16 expression and preserve tissue homeostasis.

294 AKT phosphorylation is mediated by the mTORC2 complex, which the main component 295 is the mTOR (mammalian Target Of Rapamycin) protein (Laplante and Sabatini, 2009). To 296 analyze the role of AKT activation in inducing senescence upon telomere shortening, we 297 created a double mutant bearing a mutation in the tert gene combined with a mutation in the 298 mTOR zebrafish homologue (zTOR). Previous work showed that zTOR is essential for 299 development and zTOR -/- zebrafish are larval lethal (Ding et al., 2011). However, zTOR+/-300 mutants are haploinsufficient, with the lack of one functional copy being sufficient to reduce AKT 301 phosphorylation (Ding et al., 2011). Thus, we decided to test our hypothesis in tert-/- ztor+/-302 mutant zebrafish. As expected, tert-/- ztor+/- present reduction in AKT phosphorylation 303 compared to tert-/- single mutants in 11 month-old fish (Figure 5). Consistent with our 304 hypothesis, this reduction is associated with a reduction in the expression of p15/16 (Figure 5), 305 suggesting that preventing the activation of AKT can be sufficient to reduce aging-associated 306 senescence (Figure 5 A-B). Given the incomplete nature of zTOR inhibition, haploinsufficiency 307 for ztor in a tert-/- mutant background was insufficient to restore tissue morphology in testis and tert-/- mutant gut defects (Supp. Figure 7). Our data corroborates previous reports that 308 309 disruption of zTOR partially inhibits AKT activation and, consequently, reduces p15/16 310 expression and with an amelioration tissue morphology of older tert-/- mutant.

311 Given the previous incomplete AKT inhibition in older tert-/- zebrafish, we decided to 312 attempt a chemical inhibition in tert-/- fish with very short telomeres. Second generation 313 telomerase-deficient zebrafish (G2 tert-/-), obtained from incross of homozygous tert mutants, 314 recapitulate most of the phenotypes of old tert-/- G1 fish (Anchelin et al., 2013; Henriques et al., 2013). G2 tert-/- have morphological defects, along with extremely short telomeres and lifespan. 315 316 Consistent with the phenotypical recapitulation of older G1 tert-/- mutants, we observed that G2 317 tert-/- exhibited a marked increase of senescence revealed by SA-beta-Gal staining and expression of senescence associated markers, p15/p16 (Figure 5A-B). Similar to older G1 tert-/-318 319 zebrafish, analysis of G2 tert-/- larvae showed that increase of senescence by p15/16 320 expression is concomitant with increased pAKT phosphorylation, decreased SOD2 and, 321 consequently increase of ROS species (Figure 5C-D). Our data thus indicates that G2 tert-/-

322 larvae recapitulates aging-associated AKT activation and senescence observed in old 323 telomerase-deficient fish.

324 We decided to use the G2 tert-/- model to assess a direct link between AKT activation 325 and increase in cell senescence, by testing whether direct AKT kinase inhibition would be 326 sufficient to prevent p16 expression. For this purpose, we daily treated tert-/- and WT larvae 327 with an AKT inhibitor (AKT 1/2 kinase inhibitor, Santa Cruz) for 2 days (Figure 5E). At 6 dpf, 328 larvae were collected and analyzed for AKT activation and expression of senescence markers. 329 Treatment with the inhibitor reduces AKT phosphorylation and, as a consequence, leads to a 330 decrease of p16 protein and mRNA levels compared to controls (Figure 5F-G). Our data thus 331 show a direct link between AKT kinase activation and senescence in tert-/- zebrafish. Taken 332 together our results indicate that the telomere shortening-associated premature senescence is 333 dependent on the activation of the AKT/FoxO pathway.

334

#### 335 **DISCUSSION**

336 Homeostasis in multicellular organisms depends on coordinated responses to external 337 and internal insults challenging lifetime tissue integrity. Loss of tissue homeostasis is a hallmark 338 of aging, resulting in pathologies often caused by defective or deregulated tissue damage 339 responses (Neves et al., 2015). In proliferative tissues, homeostasis relies on a controlled 340 balance between cell proliferation and apoptosis or senescence. Telomere attrition and DNA 341 damage are major factors contributing to aging (López-Otín et al., 2013). When reaching a 342 critical length, short telomeres trigger DNA Damage Responses and p53-dependent cell cycle 343 arrest, eventually culminating in apoptosis or replicative senescence (Blackburn and Francisco, 344 2001; Harley et al., 1990; Olovnikov, 1973; Shay and Wright, 2000). Most cell types seem to be 345 capable of both cellular outcomes upon damage (Campisi and d'Adda di Fagagna, 2007), but 346 the molecular mechanism determining cell fate between apoptosis and senescence in an 347 organism remains unclear.

348 In the present study, we describe that young (3 month-old) telomerase deficient 349 zebrafish already exhibit active DDRs and p53 activation. At this stage, apoptosis is the 350 predominant cell fate. Even though DNA damage is present in proliferative tissues, such as gut 351 and testis, no signs of cell senescence could be detected. However, we observed a switch 352 between apoptosis and senescence in older tert-/- fish. In these animals, senescence becomes 353 the most prevalent cellular response, exhibiting SA-beta-Gal and p15/p16 positive cells and 354 elevated p15/p16 and p21 levels. This observation underscores the fact that the same tissue 355 can undergo different cellular fates, apoptosis or senescence, depending on the animal's age.

356 The p53 transcription factor is described as a "master regulator" of several cellular 357 processes, including cell cycle arrest, apoptosis, senescence and autophagy (Farnebo et al., 358 2010). p53 was first shown to trigger apoptosis in response to cellular stress (Vogelstein et al., 359 2000). However, it is now acknowledged that p53 modulates genes involved in senescence 360 depending on the stress inflicted or cell type (Murray-Zmijewski et al., 2008). In late generation 361 telomerase knockout mice, p53 was shown to be responsible for down-regulating of PGC1α and 362 PGC1ß and mitochondrial dysfunction upon telomere shortening (Sahin et al., 2011). In our 363 study, early p53 activation in tert-/- zebrafish does not visibly alter mitochondria function. 364 However, both gut and testis of older tert-/- zebrafish show mitochondrial dysfunction 365 accompanied by significant reduction of ATP levels and accumulation of ROS. These alterations 366 are concomitant with the onset of cell senescence. However, in contrast to the previous study in 367 mice, we do not detect a downregulation of PGC1a either on mRNA or protein level. Even 368 though p53 is required for the older tert-/- zebrafish phenotypes, our results suggest that the 369 observed mitochondrial dysfunctions are independent of PGC1 $\alpha$  alterations.

370 The present study reveals that mitochondrial defects are associated with a reduction in 371 SOD2 expression allied to an Akt-dependant FoxO1 and FoxO4 phosphorylation. The anti-372 proliferative p53 and pro-survival mTOR/Akt pathways interact in a complex manner. Depending 373 on the context, the interaction of these pathways modulate cell fate into either cell-cycle arrest, 374 apoptosis or senescence (Erol, 2011; Hasty et al., 2013). Cell line studies show that p53 itself 375 can inhibit mTOR/Akt pathway through several mechanisms including AMPK and PTEN 376 activation (Hasty et al., 2013). Moreover, p53 activation of cell senescence relies on mTOR/Akt 377 pathway activity (Davaadelger et al., 2016; Jung et al., 2019; Kim et al., 2017; Miyauchi et al., 378 2004; Vétillard et al., 2015). Consistently, Akt inhibition reduces p53-dependent senescence 379 (Davaadelger et al., 2016; Duan and Maki, 2017; Kim et al., 2017). In addition, Akt mediates the 380 inhibition of pro-apoptotic factors (Davaadelger et al., 2016) and leads to increased levels of 381 anti-apoptotic Bcl-xl (Jones et al., 2000; X. Li et al., 2017). Thus, activation of mTOR/Akt 382 pathway can act as a negative regulator of apoptosis (Davaadelger et al., 2016; Duan and Maki, 383 2017). Akt was shown to induce senescence and cell-cycle arrest by elevating the intracellular 384 levels of ROS or activating p16 transcription through direct phosphorylation of the Bmi repressor 385 (Imai et al., 2014; L. U. Li et al., 2017; Liu et al., 2012; Miyauchi et al., 2004; Nogueira et al., 386 2008). Accordingly, Akt activation in aged tert mutant zebrafish is concomitant with increased 387 anti-apoptotic Bcl-xl and pro-senescence p15/p16 and p21 levels.

What constitutes the mechanistic nature of the switch from apoptosis to senescence?
Even though young tert-/- mutants present no observable tissue defects, they exhibit high levels

of apoptosis and a reduction in proliferative capacity (Carneiro et al., 2016a; Henriques et al.,
2013). High apoptosis increases the demand of cell proliferation from surrounding cells in a
process termed apoptosis-induced compensatory proliferation (Fan and Bergmann, 2008).
Thus, tissue degeneration becomes apparent in aging tert-/- zebrafish. In tissues where stem
cells are not readily available or where tissue-intrinsic genetic programs constrain cell division,
cellular hypertrophy represents an alternative strategy for tissue homeostasis (Losick et al.,
2013; Tamori and Deng, 2013).

397 We propose that, upon telomere shortening and p53 activation, loss of tissue integrity 398 triggers the AKT-dependent pro-proliferative pathway (Figure 3). The combination of these 399 antagonistic forces in the cell would result in cellular senescence. We tested this hypothesis on 400 both pathways. By genetically removing tp53, we were able to rescue tissue degeneration and 401 avoid activation of AKT, accumulation of ROS and induction of senescence. On a second level, 402 we inhibited TOR/Akt genetically by dampening the ztor pathway and, chemically, by directly 403 inhibiting Akt in G2 tert-/- larvae. In both cases, we were able to reduce the effects of telomere 404 shortening. Collectively, our results show that the crosstalk between two pathways telomere 405 shortening/DDR and AKT/FoxO signalling regulate a apoptosis-to-senescence switch and 406 contributes to tissue homeostasis in vivo.

407

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415

#### 416 Author contributions

417 Conceived and designed the experiments: MGF, IC, MEM and MM. Performed the experiments:
418 MEM, MM and IC. Analysed the data: IC, MEM, MM and MGF. Contributed
419 reagents/materials/analysis tools: IC, MEM and MM. Wrote the paper: MGF, MEM, MM and IC.
420

# 422 MATERIALS AND METHODS

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## 424 Ethics statement

All Zebrafish work was conducted according to National Guidelines and approved by the Ethical
Committee of the Instituto Gulbenkian de Ciência and the DGAV (Direcção Geral de
Alimentação e Veterinária, Portuguese Veterinary Authority).

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## 429 Zebrafish lines and maintenance

430 Zebrafish were maintained in accordance with Institutional and National animal care protocols. 431 The telomerase mutant line tertAB/hu3430, generated by N-Ethyl-N-nitrosourea (ENU) 432 mutagenesis (Utrecht University, Netherlands; Wienholds, 2004), has a T-A point-mutation in 433 the tert gene. tertAB/hu3430 line is available at the ZFIN repository, ZFIN ID: ZDB-GENO-434 100412-50, from the Zebrafish International Re-source Center-ZIRC. The protocols used for 435 outcrossing mutagenized male zebrafish were previously described (Carneiro et al., 2016b; 436 Henriques et al., 2013). The terthu3430/hu3430 homozygous mutant (tert-/-) was obtained by 437 incrossing our tertAB/hu3430 strain. WT siblings were used as controls. Overall characterization 438 of tert-/- and WT zebrafish was performed in F1 animals produced by tert+/- incross. Due to a male sex bias in our crosses that affected mostly tert-/- progeny, we were unable to obtain 439 440 significant numbers of females for analysis and so all of our data is restricted to males.

p53 mutant line zdf1 (P53M214K) (Berghmans et al., 2005) was kindly provided by António
Jacinto (CEDOC, chronic diseases, Nova medical school, Lisbon (Portugal)). p53 mutant line
zdf1 (P53M214K) is available at the ZFIN repository, ZFIN ID: ZDB-ALT-050428-2 from the
Zebrafish International Re-source Center—ZIRC. The p53M214K/ p53M214K homozygous
mutant (p53-/-) was obtained by incrossing our p53AB/M214K strain.

ztor line was obtained from the ZFIN repository, ZFIN ID: ZDB-ALT-120412-1from the Zebrafish
International Re-source Center—ZIRC. The line was previously described (Ding et al., 2011) as
homozygous larval lethal and it was maintained through outcrossing. All animals showing signs
of morbidity that persisted for up to 5 days, such as inability to eat or swim, or macroscopic
lesions/tumors were sacrificed in 200 mg/L of MS-222 (Sigma,MO, USA).

451

## 452 Real-time quantitative PCR

Age- and sex-matched fish were sacrificed in 200 mg/L of MS-222 (Sigma, MO, USA) and 453 454 portions of each tissue (gonads, gut and muscle) were retrieved and immediately snap-frozen in 455 liquid nitrogen. Similarly, 4dpf larvae were sacrificed and collected in Eppendorf tube, minimum 10 larvae each. RNA extraction was performed in TRIzol (Invitrogen, UK) by mashing each 456 457 individual tissue with a pestle in a 1.5 ml eppendorf tube. After incubation at RT for 10 minutes 458 in TRIzol, chlorophorm extractions were performed. Quality of RNA samples was assessed through BioAnalyzer (Agilent 2100, CA, USA). Retro-transcription into cDNA was performed 459 460 using a RT-PCR kit NZY First-Strand cDNA Synthesis Kit # MB12501 (NZYtech).

461 Quantitative PCR (qPCR) was performed using iTaq Universal SYBR Green Supermix #
462 1725125 (Bio-Rad) and an ABI-QuantStudio 384 Sequence Detection System (Applied
463 Biosystems, CA, USA). qPCRs were carried out in triplicate for each cDNA sample. Relative
464 mRNA expression was normalized to rpl13 a (data not shown) mRNA expression using the DCT
465 method. Primer sequences are listed in Table S1.

# 466 467 Table S1 – List of primers used in RT-qPCR expression analysis and *tert* genotyping.

Gene name	Primer sequences		
	forward – 5' GGATGAACTGACCACAGCAGCA 3'		
p15/16			
	reverse – 5' CGGCTGCGGAAAGAGTCTCAG 3'		
	forward – 5' GGGCTTGTTTGCTTGGTTGA 3'		
Bcl-XL			
	reverse – 5' AGAACACAGTGCACACCCTT 3'		
	forward – 5' CTGTGGAACCCCAGGTCTGAC3'		
PGC1a			
	reverse – 5' ACTCAGCCTGGGCCTTTTGCT 3'		
	forward – 5' TTCACCACCACAGCCGAAAGA 3'		
RPL13			
	reverse – 5' TACCGCAAGATTCCATACCCA 3'		

#### 468

#### 469

#### 470 Detection of intracellular oxidant activity

471 Reactive oxygen species (ROS) accumulation was assessed by measuring the levels of the 472 oxidized form of the cell-permeant 5-chloromethyl-2',7'-dichlorodihydrofluorescein diacetate 473 (DCFDA) (Sigma). Briefly, zebrafish were euthanized with 200 mg/L of MS-222 (Sigma, MO, 474 USA) and tissues such as the testis, gut and muscle were dissected. Each tissue was homogenized in 100 µl of ROS buffer (0.32 mM sucrose, 20mM hepes, 1mM MgCl2 and 0.5mM 475 Phenylmethanesulphonyl fluoride). Homogenates were centrifuged and 20 µl of the supernatant 476 477 was transferred to a 96-well plate and incubated in 1 µg/ml of DCFDA for 30 minutes. 478 Fluorescence values were measured with a Victor 3 plate reader (Perkin Elmer) and normalized 479 to total protein content, which was determined by the Bradford method. N = 3 per time point.

480

#### 481 <u>Histological analysis</u>

Zebrafish were sacrificed by anaesthetic overdose, in 200 mg/L of MS-222 (Sigma, MO, USA), fixed for 72 hours in 10% neutral buffered formalin and decalcified in 0.5MEDTA for 48 h. Whole fish were then paraffin-embedded and 3 micrometer midline sagittal sections were stained with haematoxylin and eosin for histopathological analysis. Sections were examined by a pathologist (TC), blinded to experimental groups and microphotographs were acquired in a Leica DM2500 microscope coupled to a Leica MC170 HD microscope camera. At least 4 animals from each age group/genotype were analysed.

489

#### 490 Immunofluorescence (IF) and confocal analysis

491 Apoptosis and Senescence was detected using the In Situ Cell Death Detection Kit (Roche, 492 SW) according to manufacturer's instructions combined with Immunofluorescence against the

493 p15/16 senescence-associated factor. Briefly, deparaffinized slides were incubated with 40 494 µg/ml Proteinase K in 10 mM Tris-HCl pH 7.4, 45 minutes at 37°C. Slides were left to cool down 495 for 30 minutes at room temperature (RT), washed three times in dH20 for 5 minutes each and 496 blocked for 1 hour at RT in 1% BSA, 0,5% Tween 20 in PBST (Triton 0.5%). Subsequently the 497 slides were incubated over-night with anti-p16 (F-12) (1:50, Santa Cruz Biotechnology, sc-498 1661), followed by 3x10 minute PBS washes. Incubation with the secondary antibody Alexa Fluor 568 goat anti-mouse (Invitrogen, UK, 1:500 dilution) overnight at 4°C was followed by 499 three 10 minute PBS washes. The day after the slides were washed 2×5 minutes in PBS and 500 501 then incubated with TUNEL labelling mix (protocol indicated by the supplier). Washing and 502 mounting were performed by DAPI staining (Sigma, MO, USA) and mounting with DAKO 503 Fluorescence Mounting Medium (Sigma, MO, USA).

504 Images were acquired on a commercial Nikon High Content Screening microscope, based on 505 Nikon Ti equipped with a Andor Zyla 4.2 sCMOS camera, using the a 20x 1.45 NA objective, 506 DAPI + GFP fluorescence filter sets and controlled with the Nikon Elements software.

507 For quantitative and comparative imaging, equivalent image acquisition parameters were used. 508 The percentage of positive nuclei was determined by counting a total of 500–1000 cells per 509 slide, 63x amplification (N = 3-4 zebrafish per time point/genotype).

#### 510 <u>Senescence-associated β-galactosidase assay</u>

511  $\beta$ -galactosidase assay was performed as previously described (Kishi et al., 2008). Briefly, 512 sacrificed zebrafish adults were fixed for 72h in 4% paraformaldehyde in PBS at 4°C and then 513 washed three times for 1 h in PBS-pH 7.4 and for a further 1 h in PBS-pH 6.0 at 4°C. βgalactosidase staining was performed for 24 h at 37°C in 5 mM potassium ferrocyanide, 5 mM 514 515 potassium ferricyanide, 2mM MgCl2 and 1 mg/ml X-gal, in PBS adjusted to pH 6.0. After 516 staining, fish were washed three times for 5 minutes in PBS pH 7 and processed for de-517 calcification and paraffin embedding as before. Sections were stained with nuclear fast red for 518 nuclear detection and images were acquired in a bright field scan (Leyca, APERIO).

519

#### 520 Statistical and image analysis

521 Image edition was performed using Adobe Photoshop CS5.1 Statistical analysis was performed 522 in GraphPad Prism5, using two-way ANOVA test with Bonferroni post-correction for all 523 experiments comparing WT and tert-/- over time. For real-time quantitative PCR, statistical analysis was performed in GraphPad Prism5, two-way ANOVA with Bonferroni post-correction. 524 525 A critical value for significance of p<0.05 was used throughout the study. For Western Blot the 526 bands intensities were calculated using FIJI. Statistical analysis was performed using GraphPad 527 Prism6, the significance was assigned according to the Mann-Whitney t-test. A critical value for 528 significance of p<0.05 was used throughout the study.

529

#### 530 Immunoblot analysis

Age- and sex-matched adult zebrafish fish were sacrificed in 200 mg/L of MS-222 (Sigma, MO,

532 USA) and portions of each tissue (gonads and gut) were retrieved and immediately snap-frozen 533 in dry ice. 4dpf larvae were sacrificed in ice and collected in 1,5mL Eppendorf tube, minimum 10

- 534 larvae /tube. Gonads tissues and larvae were then homogenized in RIPA buffer (sodium
- chloride 150mM; Triton-X-100 1%; sodium deoxycholate 0,5%; SDS 0,1%; Tris 50mM, pH=8.0),

including complete protease and phosphatase inhibitor cocktails (Roche diagnostics), with the
 help of a motor pestle. Protein extracts were incubated on ice for 30 minutes and centrifuged at
 4°C, 13.000 rpm, for 10 min. The supernatant was collected and added to 100 mL of protein
 sample buffer containing DTT.

540 Gut samples were homogenized in TRIzol (Invitrogen, UK) by mashing each individual tissue 541 with a pestle in a 1.5 ml Eppendorf tube. After incubation at RT for 10 minutes in TRIzol, 542 chlorophorm extractions were performed. The organic phase was collected and proteins were 543 precipitated according to the manufacture protocol. The protein pellet was resuspended in 100ul 544 of Lysis Buffer (150mM NaCl, 4%SDS, 50mM TrisHCl pH 8.0, 10mM EDTA, complete protease 545 and phosphatase inhibitor cocktails-Roche diagnostics).

546 For each sample, a fraction of Proteins was separated on 12% SDS-PAGE gels and transferred to Immobilon PVDF membranes (Millipore). The membranes were blocked in 5% milk or 5% 547 548 BSA (depending on the primary antibody), then incubated with the indicated primary antibody prior to incubation with the appropriate HRP-conjugated secondary antibody. Antibody 549 550 complexes were visualised by enhanced chemiluminescence (ECL). Antibodies concentration: 551 anti-Tp53 (1:1000, Anaspec, 55342); anti-g-H2AX (1:1000, GeneTex, GTX127342); anti-p16 (F-12) (1:700, Santa Cruz Biotechnology, sc-1661); anti-SOD-2 (1:1000, Sigma, SAB2701618); 552 553 anti-phospho-AKT, Ser473 (1:1000, Cell Signaling, #4060); anti-total-Akt (1:1000 Cell Signaling, 554 #9282, gift of Adrien Colin), anti-phospho-FoxO1, Ser256 (1:100, Cell Signaling, #9461); anti-555 Tubulin (1:5000, Sigma, T 6074).

556

## 557 ATP measurement

Age- and sex-matched adult zebrafish fish were sacrificed in 200 mg/L of MS-222 (Sigma, MO, 558 559 USA) and portions of each tissue (gonads, gut and muscle) were retrieved and immediately 560 snap-frozen in dry ice. Each tissue was homogenised in 100 mL of 6M guanidine-HCl in 561 extraction buffer (100mM Tris and 4mM EDTA, pH 7.8) to inhibit ATPases. Homogenised 562 samples were subjected to rapid freezing in liquid nitrogen followed by boiling for 3 minutes. 563 Samples were then cleared by centrifugation and the supernatant was diluted (1/50) with 564 extraction buffer and mixed with luminescent solution (CellTiter-Glo Luminescent Cell Viability Assay, Promega). The luminescence was measured on a Victor 3 plate reader (Perkin Elmer). 565 The relative ATP levels were calculated by dividing the luminescence by the total protein 566 567 concentration, which was determined by the Bradford method. For Bradford assays, samples 568 were diluted (1/50) with extraction buffer.

569

## 570 <u>Electron microscopy</u>

For electron microscopy analysis, zebrafish tissues were processed according to Schieber et al, 571 572 2010. Briefly, zebrafish were fixed in 2% Paraformaldehyde, 2.5% Glutaraldehyde in 0.1M 573 PHEM buffer for 72h at 4°C. Dissected tissues were then washed 3 times in 0.1M PHEM. 574 Tissues were transferred in 1% Osmium Tetroxide in 0.1M PHEM for 1h fixation on ice. Samples were then dehydrated before being processed for embedding using Epon (Schieber et 575 576 al., 2010). 70 nm ultrathin sections were cut using Reichert Ultramicrotome. After being 577 counterstained with uranyl acetate and lead, samples were analyzed using a transmission 578 electron microscope (Hitachi H-7650).

#### 580 AKT inhibitor larval treatment

- 581 AKT ½ kinase inhibitor (AKT inh) was purchased from Santa-Cruz (sc-300173). Stock solutions
- 582 were prepared in DMSO. AKT inh was applied, after a titration, at 2uM concentration between
- 583 days 3 and 5 post fertilization. Larvae were grown at 28°C and over the incubation periods,
- replacement of medium with the above mentioned compounds was performed every day,
- 585 between 3 and 7 PM. Since the compound was dissolved in DMSO, controls were treated with
- the correspondent dilution of the solvent. The drug was tested in 2 independent trials. Finally,
- 587 5dpf larvae were sacrificed and collected to perform protein and RNA analysis.

#### 588 Gene knock-down using p15/16 Morpholino injection

589 One-cell stage WT embryos were injected with 2.4 ng or 3.6 ng of p15/16 mRNA specific 590 morpholino oligonucleotides (MO) translation blocking antisense sequence (5) 591 TCAGTTCATCCTCGACGTTCATCAT 3') or 3.6 ng of standard control MO (5' 592 CCTCTTACCTCAGTTACAATTTATA 3') (Gene Tools, USA). After 4 dpf, larvae were collected 593 for further p15/p16 protein expression analysis.

594 595

## 596 **FIGURE LEGENDS**:

### 597 **Figure 1. Proliferative tissues of tert-/- zebrafish exhibit a switch from apoptosis to** 598 **senescence with age.**

599 A-B) Representative haematoxylin and eosin-stained sections of gut and testis from 3 month (A) or 9 month-old (B) WT and tert-/- siblings. While no macroscopic tissue defects are 600 601 distinguishable at 3 months (N=3), 9 month-old tert mutants (N=3) exhibit altered gut and testis 602 structures. C-D) Representative immunofluorescence images of apoptosis (TUNEL) or 603 senescence (p15/p16 or SA- $\beta$ -GAL) of gut and testis from 3 month (C) or 9 month-old (D) WT and tert-/- siblings (N=3 each). Dashed outlines locate zones of maturing spermocytes (testis) or 604 605 villi (gut). At 3month, both tissues show an increased number of apoptotic cells in tert-/compared to WT. At that age, no signs of senescence are visible in these tissues. However, 606 607 senescent cells appear in gut and testis of 9 month-old tert-/- fish depicting a switch between apoptosis and senescence at that age. E-F) Western blot and RT-qPCR analysis for DNA 608 609 Damage and senescence associated genes in gut and testis of 3 month (E) or 9 month-old (F) 610 WT and tert-/- siblings (N>=6 fish). RT-qPCR graphs are representing mean ±SEM mRNA fold 611 increase after normalisation by RPL13a gene expression levels (\* p-value <0.05; \*\* pvalue<0.01). At 3 month, gut and testis showed higher levels gH2AX and p53 proteins in tert-/-612 613 compared to WT but no differences in P15/p16 expression. At 9 month, senescence-associated 614 p15/16 expression increased in tert mutant compared to WT siblings.

615

#### 616 Figure 2. Gut and testis of tert-/- zebrafish are characterised by a time-dependant 617 mitochondrial defect, increase of ROS levels and reduction of ATP levels.

618 Compared to WT where difference are seen from 3 to 9 month, gut and testis of tert-/- exhibit a 619 time dependant increase in ROS level and decrease of ATP levels (N>=3 fish per time point per 620 genotype). Representative EM images of these tissues at 9 month revealed fragmented

621 mitochondrial ultrastructure in tert-/- testis and rounded and swollen mitochondria containing 622 perturbed crystal structures (N>=3 fish). Data are represented as mean±SEM.

623

# Figure 3. Activation of Akt in old tert-/- leads to ROS accumulation by blocking the FoxO1/4-SOD2 Axis and promoting mitochondrial dysfunction.

Representative immunoblot of p-Akt, total Akt, pFOXO1, pFOXO4 and SOD2 from testis and gut
of 9 month-old tert mutant and WT siblings (N>=9). At 9 month, these proliferative tissues show
an increased activation of Akt leading to the inhibition of FOXO-dependent SOD2 expression.

629

# Figure 4. Genetic inhibition of p53 prevents short telomeres-induced tissue degeneration, Akt activation, ROS accumulation and induction of senescence.

632 A and E) Representative haematoxylin and eosin-stained sections of testis (A) and gut (E) from 633 6 month-old WT, tert-/-, p53-/- and tert-/-/p53-/- siblings (N=3 fish each). Genetic inhibition of 634 p53 rescues short-telomere dependant morphological defects of these tissues. B and F) 635 Representative western blot analysis of pAkt and SOD2 in testis (B) and gut (F) (N=2 fish each). 636 Inhibition of p53 impedes phosphorylation of Akt and downstream downregulation of SOD2 637 leading to a rescue of increased ROS levels (C and G; N=3 fish per genotype) seen in tert-/-. D 638 and H) Representative images of SA-β-GAL staining of testis (D) and gut (H) from 6 month-old WT, tert-/-, p53-/- and tert-/-;p53-/- siblings (N=3 fish). Inhibition of p53 counteract telomere 639 640 shortening-induced senescence.

641

#### Figure 5. Genetic and pharmacological inhibition of Akt prevents short telomeresinduced senescence.

- 644 A)Western blot analysis of pAkt and B) RT-qPCR analysis of p15/p16 mRNA levels in 11 monthold gut of WT, tert-/-, ztor+/- and tert-/-; ztor+/- fish (N=3 fish). Heterozygous mutation of zTOR 645 646 counteracts telomere-shortening induced Akt activation leading to a rescue of p15/p16 647 induction. C) Representative images of SA- $\beta$ -GAL staining, D) RT-qPCR analysis of p15/p16 648 mRNA levels (N=6), E) Western blot analysis of pAkt, SOD2, p15/p16 (N=4) and F) ROS levels 649 measurements (N=3) in whole G2 tert mutant and WT larvae. Second generation of tert mutants 650 exhibiting extremely short telomeres show premature aging phenotype described in Fig 1, 2 and 651 3 at larval stages. G) Experimental scheme of pharmacological inhibition of Akt in G2 tert-/-. H) 652 Western blot analysis of pAkt and p15/p16 and I) RT-qPCR analysis of p15/p16 mRNA levels of 653 G2 tert-/- and WT treated with Akt inhibitor. Pharmacological inhibition of Akt rescues telomere-654 shortening induced p15/16 expression. RT-qPCR graphs are representing mean ±SEM mRNA 655 fold increase after normalisation by RPL13a gene expression levels (\* p-value <0.05; \*\* p-656 value<0.01)
- 657

## 658 **Supplemental Figure 1. Proliferative tissues of tert-/- zebrafish exhibit a switch from** 659 **apoptosis to senescence with age.**

660 Quantification of Western blot analysis for DNA Damage and senescence associated genes 661 (depicted in Fig1) in gut and testis of 3 month or 9 month-old WT and tert-/- siblings (N>=6 fish). 662 At 3 month, gut and testis showed higher levels gH2AX and p53 proteins in tert-/- compared to 663 WT but no differences in P15/p16 expression. At 9 month, senescence-associated p15/16 664 expression increased in tert mutant compared to WT siblings. Band intensities were analysed by 665 ImageJ and normalised by Tubulin or Actin control bands. Data are represented as mean±SEM. 666 \* p-value <0.05; \*\* p-value<0.01 using Mann-Whitney t-test.

### 669 **Supplemental Figure 2. Anti-p16 antibody validation in zebrafish through antisens** 670 **morpholino oligonucleotide knock-down of p15/p16.**

671 Representative Western blot of p15/p16 using pool of 4dpf larvae injected (at 1 cell-stage) with 672 control, 2.4 ng or 3.6 ng of p15/p16 antisens morpholino oligonucleotides. Dose-dependent 673 decrease of p15/p16 protein levels with p15/p16 morpholinos confirm the specificity of anti-p16 674 (F-12) (1:50, Santa Cruz Biotechnology, sc-1661) for zebrafish p15/p16 protein.

675

# 676 Supplemental Figure 3. Bcl-XL is overexpressed in 9month but not 3month-old tert-/-.

- 677 RT-qPCR analysis of Bcl-XL in gut and testis of 3 or 9 month-old tert-/- or WT siblings (N=6
- fish). The graphs are representing mean ±SEM mRNA fold increase after normalisation by
- RPL13a gene expression levels (\* p-value <0.05; \*\* p-value<0.01). While no differences are</li>
  seen at 3 months, Bcl-XL is overexpressed in 9 month-old tert-/- gut and testis compared to WT.
- 681

# 682 Supplemental Figure 4. PGC1a expression is not altered in tert mutants compared to WT.

A) RT-qPCR and B) representative Western blot analysis of PGC1a in gut of 3 or 9 month-old tert-/- or WT siblings (N=3 fish). The graphs are representing mean ±SEM mRNA fold increase after normalisation by RPL13a gene expression levels (\* p-value <0.05; \*\* p-value<0.01). No differences are detected in PGC1a expression between tert-/- and WT gut at 3 and 9 month.

687

# 688 Supplemental Figure 5. Akt pathway is not activated in young tert-/- compared to wild-689 type.

- Representative immunoblot of p-Akt and SOD2 and related quantification from testis and gut of 3 month-old tert mutant and WT siblings (N=3). At 3 month, no differences are observed in p-Akt and SOD2 protein levels between tert-/- and WT siblings. Data are represented as
- 693 mean±SEM.
- 694

# 695Supplemental Figure 6. Activation of Akt in old tert-/- leads to ROS accumulation by696blocking the FoxO1/4-SOD2 Axis and promoting mitochondrial dysfunction.

697 Quantification of Western blot of p-Akt, pFOXO1, pFOXO4 and SOD2 (depicted in Fig3) from 698 testis and gut of 9 month-old tert mutant and WT siblings (N>=9). At 9 month, these proliferative 699 tissues show an increased activation of Akt leading to the inhibition of FOXO-dependant SOD2 700 expression. Band intensities were analysed by ImageJ and normalised by Tubulin control 701 bands. Data are represented as mean±SEM. \* p-value <0.05; \*\* p-value<0.01 using Mann-702 Whitney t-test.

703

# Supplemental Figure 7. ztor haploinsufficiency is not sufficient to prevent tissue defects in tert-/- zebrafish.

- A and B) Representative haematoxylin and eosin-stained sections of gut (A) and testis (B) from
- 11 month-old WT, tert-/-, ztor+/- and tert-/-; ztor +/- siblings (N=3 fish each). The absence of one
- copy of the ztor gene is not sufficient to rescue the morphological defects observed in the tert -/-
- 709 at 11 month of age.
- 710
- 711

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- 770 ristor or m CT0 Develo that m TODC2 to Deswind for Simpling to Alth FOXO and DKCs
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- 922

Figure 1.

WT





WΤ

tert





E)

TUNEL

p15/16

SA-B-GAL

3 month-old p15/16 Gut Testis Gut Testis 10-WT tert -/-WΤ tert -/-8------ Phospho-H2A.X Fold change mRNA extr 6p53 p15/16 Tubulin

F)

9 month-old Gut Testis WT tert -/- WT tert -/-Phospho-H2A.X p53 p15/16 Actin



# Figure 2.



# Figure 3.











# Supplemental Figure 1



\* p-value < 0.05 Mann- Whitney t- test

# Supplemental Figure 2



# Supplemental Figure 3







# Supplemental Figure 5



ns: not significant Mann- Whitney t- test

# Supplemental Figure 6



\* p-value < 0.05 Mann- Whitney t- test

\*\* p-value < 0.01 Mann- Whitney t- test

# Supplemental Figure 7



