Title:

Allometric scaling strengthens the relationship between eDNA particle concentration and

organism abundance in nature

Running title:

Allometry and eDNA particle concentration

Authors:

Yates, M.C*[a], Glaser, D.[b], Post, J.[b], Cristescu, M.E.[c], Fraser, D.J.[d], and Derry, A.M.[a]

[a]Université du Québec à Montréal, 201 avenue Président-Kennedy, Montréal, Québec, H2X 3Y7

[b]University of Calgary, 507 Campus Dr NW, Calgary, Alberta, T2N 4V8

[c]McGill University, 1205 Dr Penfield Ave, Montreal, Quebec, H3A 1B1

[d]Concordia University, 7141 Sherbrooke St W, Montreal, Quebec, H4B 1R6

*Corresponding author: matthew.yates@outlook.com (514-919-5613)

Abstract

Organism abundance is a critical parameter in ecology, but its estimation is often challenging.

Approaches utilizing eDNA to indirectly estimate abundance have recently generated substantial

interest. However, preliminary correlations observed between eDNA concentration and

abundance in nature are typically moderate in strength with significant unexplained variation.

Here we apply a novel approach to integrate allometric scaling coefficients into models of eDNA

concentration and organism abundance. We hypothesize that eDNA particle production scales

non-linearly with mass, with scaling coefficients < 1. Wild populations often exhibit substantial

variation in individual body size distributions; we therefore predict that the distribution of mass

across individuals within a population will influence population-level eDNA production rates. To

test our hypothesis, we collected standardized body size distribution and mark-recapture

abundance data using whole-lake experiments involving nine populations of brook trout. We

correlated eDNA concentration with three metrics of abundance: density (individuals/ha),

biomass (kg/ha), and allometrically scaled mass (ASM) ($\sum$(individual mass$^{0.73}$)/ha). Density and

biomass were both significantly positively correlated with eDNA concentration (adj. R^2 = 0.59

and 0.63, respectively), but ASM exhibited improved model fit (adj. R^2 = 0.78). We also

demonstrate how estimates of ASM derived from eDNA samples in 'unknown' systems can be

converted to biomass or density estimates with additional size structure data. Future experiments

should empirically validate allometric scaling coefficients for eDNA production, particularly

where substantial intraspecific size distribution variation exists. Incorporating allometric scaling

may improve predictive models to the extent that eDNA concentration may become a reliable

indicator of abundance in nature.

Keywords:

environmental DNA, eDNA, Abundance, Density, Biomass, Allometry, Allometric scaling

Introduction

Developing methods to estimate animal abundance in nature has attracted the attention of researchers and managers alike for over a century (Schwarz & Seber, 1999). Abundance is a fundamental population parameter in ecology, conservation, and natural resource management (Luikart, Ryman, Tallmon, Schwartz, & Allendorf, 2010), with direct impacts on ecological interactions (Krebs, 2009), ecosystem functioning (Schaus et al., 2010), population persistence and adaptability (Jamieson & Allendorf, 2012), as well as ecosystem services/resources (Immell & Anthony, 2008; Schwarz & Seber, 1999). Methodologies to estimate animal abundance represent a well-developed field of empirical research in ecology that has progressed remarkably (Schwarz & Seber, 1999; Seber, 1986). Yet despite this success, the estimation of abundance in nature is often challenging; obtaining robust estimates in natural populations using traditional methods can be time-consuming, costly, labor intensive, or even impossible to obtain for some populations (Luikart et al., 2010; Ovenden et al., 2016; Yates, Bernos, & Fraser, 2017).

The recent development of novel molecular tools has renewed interest in utilizing genetic information to indirectly estimate abundance in difficult-to-sample natural populations (Goldberg, Strickler, & Pilliod, 2015; Luikart et al., 2010). Molecular techniques that quantify the concentration of environmental DNA (eDNA) particles represent a promising tool, with recent studies demonstrating support for a correlation between eDNA concentration and abundance (Pilliod, Goldberg, Arkle, & Waits, 2013; Takahara, Minamoto, Yamanaka, Doi, & Kawabata, 2012; Thomsen et al., 2012). For example, laboratory studies have demonstrated a strong correlation between eDNA concentration and abundance (Eichmiller, Miller, & Sorensen, 2016; Klymus, Richter, Chapman, & Paukert, 2015), exhibiting a mean correlation coefficient of 0.9 ($R^2 = 0.81$) (Yates, Fraser, & Derry, 2019). Studies in nature, however, have generally found

weaker correlations than laboratory studies, with a mean correlation coefficient of 0.71-0.75 (R^2

= 0.51-0.57) (Yates et al., 2019). Although correlations remain moderately strong in nature,

much of the variation in eDNA particle concentration across environments often remains

unexplained. As a result, the extent to which eDNA could be used to reliably infer abundance in

nature remains limited without significant improvements in modelling or technology.

In nature, organismal abundance is typically quantified by evaluating individual density

(i.e. individuals/unit area) or biomass density (i.e. kg/unit area). While both metrics of abundance

appear to correlate equally well with species-specific eDNA particle concentration in the wild,

processes involved in the production of eDNA particles in natural environments are unlikely to

scale linearly with either biomass or density. Although eDNA production tends to increase with

individual mass (Maruyama, Nakamura, Yamanaka, Kondoh, & Minamoto, 2014), individuals

with a large biomass often produce fewer eDNA particles than equivalent biomass of smaller

conspecifics (Maruyama et al., 2014; Mizumoto, Urabe, Kanbe, Fukushima, & Araki, 2017;

Takeuchi, Iijima, Kakuzen, Watanab, & Yamada, 2019). As such, eDNA particle concentration

would be expected to vary, for example, between environments that contain equal densities of

individuals but with varying biomass. Similarly, environments with equal biomass but varying

densities would also be likely to vary in observed eDNA particle concentration. Wild populations

often exhibit substantial inter-population variation in the distribution of individual biomass

(Donald, Anderson, Mayhood, Anderson, & Correlations, 1980; Guernon, Yates, Fraser, &

Derry, 2018; Millien et al., 2006; Sebens, 1987), which may in turn scale to affect overall

population-level rates of eDNA production (Maruyama et al., 2014) and partially account for the

substantial unexplained variation observed between eDNA concentration and traditional metrics

of abundance (e.g. density and biomass) in nature (Yates et al., 2019).

Here, we extend models of physiological allometric scaling to organismal eDNA particle

production to provide a framework through which differences in density, total biomass, and the

distribution of individual biomass can be integrated into models of eDNA production in natural

populations. Excretory processes (urine, fecal matter, etc.) and shedding (from scales, skin,

mucous, etc.) are thought to be the two major physiological processes that contribute to the

production of eDNA particles (Jo, Murakami, Yamamoto, Masuda, & Minamoto, 2019; Stewart,

2019). The metabolic theory of ecology (MTE) provides a robust, empirically validated

framework through which allometry in metabolic processes (including excretion) can be

modelled. The MTE posits that metabolic processes scale non-linearly with body size according

to the power function:

$$I = I_0 * M^b$$

where I = metabolic rate, I_0 = a normalization constant, M = organism body mass, and ^{b} = an

allometric scaling coefficient (Allegier, Wenger, Rosemond, Schindler, & Layman, 2015;

Brown, Gillooly, Allen, Savage, & West, 2004; Vanni & McIntyre, 2016). The value of b varies

depending on the physiological process; metabolic rates typically scale to the power of 0.75

(Brown et al., 2004; Isaac & Carbone, 2010), whereas values for consumptive or excretory rates

are often lower (Post, Parkinson, & Johnston, 1999; Vanni & McIntyre, 2016). Nevertheless,

metabolic theory predicts that larger organisms tend to exhibit disproportionately lower rates

(relative to their mass) for metabolically linked processes such as excretion (Allen & Gillooly,

2009; Vanni & McIntyre, 2016). While shedding from mucous, scales, or skin may also be

linked to metabolic rates, shedding rates are also likely a function of the surface area of an

organism. In many aquatic organisms (particularly fish) the allometric relationship between body

mass and surface area follows a similar mathematical form as metabolic processes; salmonids,

for example, exhibit mass-scaling coefficients for surface area between 0.59 and 0.65 (Shea,

Fryer, Pert, & Bricknell, 2006).

Metabolic rates, excretory rates, and surface area (via shedding) are likely to collectively

impact eDNA production, yet all follow a similar allometric form; as a result, we hypothesize

that eDNA production can also be modelled as a power function of individual mass and an

exponential scaling coefficient with a value less than 1. This hypothesis has important

consequences for ecosystem-level processes; the utility of integrating allometric scaling in

ecosystem-level models of ecological stoichiometry (Allen & Gillooly, 2009), animal excretion

(Vanni & McIntyre, 2016), consumption (Post et al., 1999), and nutrient cycling (Schaus et al.,

2010; Schindler & Eby, 1997), for example, has long been acknowledged with broad empirical

support. We therefore further hypothesize that, when scaled to the level of an entire population,

allometric scaling in eDNA production will also have a substantial effect on overall population-

level production of eDNA. We consequently predict that the incorporation of mass scaling

coefficients to account for inter-population variation in density, biomass, and the distribution of

biomass across individuals will improve modelling efforts linking eDNA particle concentration

and abundance across natural ecosystems.

To test our hypothesis, we collected standardized individual biomass data and used

classic mark-recapture experiments to enumerate abundance in nine populations of brook trout in

the Rocky Mountains of Canada while simultaneously collecting eDNA samples in each lake.

Study populations exhibited substantial variation in individual density (63 - 1177 individuals/ha),

biomass density (12.6 - 52.4 kg/ha), and mean body size (43.0 - 405.9 g/individual). We applied

these data to specifically test two key predictions: i) brook trout eDNA particle concentration

will correlate with traditional metrics of abundance (density and biomass) across the nine study

lakes; and ii) incorporating allometric scaling coefficients to estimates of brook trout abundance

(e.g. $\sum$(individual biomass$^{0.73}$)/ha, or "allometrically scaled mass" (ASM)) will substantially

improve models of abundance and eDNA particle concentration.

ASM estimates derived from known eDNA concentrations in novel systems lacking

abundance data cannot be directly converted to traditional metrics of abundance (e.g. density and

biomass) because multiple density/biomass configurations (e.g. many small fish or a small

number of large fish) can produce equivalent ASM values. However, using a real-world

example, we also demonstrate how ASM estimates derived from known eDNA concentrations

for systems that lack abundance data on a target species can be converted into traditional

estimates of abundance with additional size structure data.

Materials and Methods

Study species and system

Nine brook trout populations introduced in the early 20th century to lakes located in Kootenay, Banff, and Yoho national parks (Figure S1) were monitored to determine population size (number of individuals > 80mm) and individual biomass distributions. Study populations experience little recreational fishing pressure due to no-take policies implemented within the National Parks.

Mark-recapture surveys and size structure estimates

Mark-recapture studies were conducted in 2018 between May 27th and June 30th, except for Cobb lake where isolated marking events occurred until September 12th (Figure S2). Fish were captured using a combination of fyke nets, angling, and backpack electrofishing (Table 1). Large (1 m hoop diameter, 2 cm mesh) and small (0.7 m hoop diameter and 0.8 cm mesh) fyke nets were distributed around the perimeter of lakes with the lead attached to shore and the end of the trap facing the center of the lake. Nets were checked daily to reduce stress to fish and possible cannibalism. Angling was used to supplement fish capture efforts at sites where fyke catchability was low (predominantly Cobb). Marks were also assigned to fish captured by electrofishing the shore and inlets/outlets of lakes with a backpack electrofisher (Smith-Root, Vancouver, Washington, USA)

Captured fish were anesthetized using clove oil and measured for fork length (± 1mm) and mass (± 0.1g). Any unmarked fish were gastrically tagged with a BioMark HPT8 pre-loaded Passive Integrated Transponder (PIT) tag (Boise, Idaho, USA). Only fish greater than or equal to 80 mm were tagged to reduce tagging mortality. The tag number of any recaptured fish was

recorded. All fish were processed in the shade with aerators to avoid unnecessary stress.

Recovered fish were released in the center of the lake to standardize release location and

promote mixing (e.g. if released near shore, fish may have been recaptured in an adjacent net,

biasing mark recapture data). Marking ceased once recapture ratios approached twenty five

percent for several consecutive days.

Size structure estimates aimed to obtain a representative snapshot of the size structure of

each population and was conducted between July 27th and September 1st, with the exception of

Cobb where size structure assessments continued to October 12th (Figure S2). Fish were captured

in large and small sinking mixed mesh gillnets with clear monofilament. Large mixed-mesh

gillnets were 15.6 m long, 1.8 m deep and had an equal area of 64-51-89-38-76 mm mesh panels.

Small mixed-mesh gillnets were 12.5 meters long, 1.8 meters deep, and consisted of an equal

area of 32-19-38-13-25 mm mesh panels. Index nets are widely used in North America for size

structure assessments (Bonar, Hubert, & Willis, 2009; Hubert, Pope, & Dettmers, 2012; Johnson,

1983; Post et al., 1999; Ward, Askey, Post, Varkey, & Mcallister, 2012) as these attempt to

capture a representative size/age structure of the population (Morgan, 2002). Nets were checked

daily and moved if they were being reset. Sampling ceased when approximately five to ten

percent of the population was captured, apart from Cobb lake where size structure assessment

captured approximately 71% of individuals (Table 1). Captured fish were euthanized with clove

oil, PIT tags were recorded, and length/mass data were collected as described for the marking

period.

Population size estimation

Schnabel population size estimates, which utilize sequential marking/recapture events,

were used to determine the number of fish in a lake (Schnabel, 1938). All size structure

assessment removals were pooled together into one final sampling event for the population

estimates which controlled for the removal of marks at large (*M*). Note that population estimates

only account for fish greater the minimum tagging size (80 mm fork length). All population

estimates were conducted in R (R Development Core Team, 2017) with the *mrClosed* function

from the Fisheries Stock Assessment package FSA (Ogle, 2016). Confidence intervals for

Schnabel population estimates followed recommendations from (Seber, 2002) as implemented in

the FSA package.

Density calculation

To link eDNA particle concentration with fish abundance, three metrics of density were

calculated: (i) individual density (individuals/ha); (ii) biomass density (biomass/ha); (iii) and

allometrically scaled mass (ASM/ha). Individual density was estimated by dividing the

population size estimate by lake size (ha). Biomass density was calculated according to the

following formula:

204
$$biomass\ per\ ha = \frac{\frac{\sum_{i=1}^{N_{SA}} mass_{SA}}{N_{SA}} \cdot \widehat{N}}{area\ (ha.)}$$

Where $\sum_{i=1}^{N_{SA}} Mass_{SA}$ is the sum of the masses captured in the index net during size structure

assessment, N_{SA} is the number of fish captured in the index nets, $\widehat{N}$ is the estimated population

size. This methodology assumes that the size structure assessment was representative of the

population.

ASM was calculated by replacing the mass measure with *mass*$^{0.73}$ according to the

formula:

211
$$ASM\ per\ ha = \frac{\frac{\sum_{i=1}^{N_{SA}}(mass_{SA}^{0.73})}{N_{SA}} \cdot \widehat{N}}{area\ (ha.)}$$

This density metric was included to account for the relative decline in mass-specific eDNA

production or excretion rates typically observed as individual organismal mass increases

(Maruyama et al., 2014; Takeuchi et al., 2019; Vanni & McIntyre, 2016). Scaling coefficients

can vary substantially depending on the physiological process, taxonomy or environment

(Allegier et al., 2015; Glazier, 2005). In the absence of data on allometric scaling in eDNA

production, data on allometric scaling in metabolic or excretory rates for the same study species

can represent useful starting points. Data on allometry in excretory rates were unavailable for

brook trout, so the metabolic scaling coefficient obtained from (Hartman & Cox, 2008) was

used: data extracted using the R package *digitizer* (Poisot, 2011) and back-transformed from

figure one in (Hartman & Cox, 2008) indicate an allometric metabolic scaling factor of

approximately 0.73 (0.03 SE).

In difficult to sample populations, estimates of relative abundance are often obtained

using CPUE metrics. As a result, most previous studies examining eDNA particle concentration

and abundance utilize similar metrics (Yates et al., 2019). To evaluate the utility of CPUE as a

'proxy' metric of abundance in our study system, CPUE for each lake was quantified as the

mean catch per-unit effort of a large and small index gillnet.

eDNA sample collection

eDNA samples were collected between June 30 and July 13th, 2018. Sampling was

equidistantly distributed around each lake and included four littoral and four pelagic samples.

Littoral samples were collected approximately 1-3 m from shore at a depth of least 12 inches but

six inches above the bottom to avoid the unintentional collection of sediments. Pelagic samples

were collected from each lake by drawing a line through the center of the lake along its longest

axis; samples were collected along this axis at equidistant intervals at a depth of approximately

0.5m. To avoid between-lake contamination all eDNA samples were collected either from an

inflatable kayak that was decontaminated 48h prior in a 2% bleach solution for 15 minutes

(including paddle and life-jacket) or from a canoe assigned to sample a single specific lake.

Water samples were collected using sterile Whirl-Pak[TM] bags (Uline, Ontario, Canada).

Samples were immediately filtered on the lakeshore using two chlorophyll filtering

manifolds bleached in a 30% household bleach solution for ten minutes 2-12h prior to collection.

All samples were stored in the shade prior to filtration in plastic washbasins bleached with a 30%

solution for ten minutes, and all filtering was conducted in the shade under a tarp. Manifolds

were transported in a Polar Bear[TM] backpack cooler (Polar Bear Coolers, Georgia, USA) whose

interior was wiped with a 30% bleach solution for ten minutes. Manifold components were

stored after bleaching and transported individually in sealed plastic zippered bags to limit

contamination. Pencils and markers were also wiped with a 30% bleach solution.

One L of sample water from each site was filtered through a 0.7µm-pore glass fibre filter

(GE Healthcare Life Sciences, Ontario, Canada) using a vacuum hand pump (Soil Moisture,

California, USA); each vacuum pump was decontaminated between lakes by wiping with a 30%

bleach solution and resting for ten minutes. All littoral samples were filtered on one manifold

and all pelagic samples were filtered on the other. Prior to filtering lake water samples, 1 L of

distilled water was filtered through each manifold as a negative control. Filters were handled

using two metal forceps bleached in a 30% solution for ten minutes and transported in individual

bags; one forceps was used for littoral samples and another forceps was used for pelagic samples.

After filtering, filters were folded and placed directly in a sterile 2 ml microcentrifuge tube filled

with 700μl AL buffer (Qiagen, Maryland, USA) which was then labelled and individually sealed

in a plastic zippered bag and placed in a 2nd cooler that was decontaminated by wiping with a

30% bleach solution and resting for ten minutes. This cooler contained two frozen freezer-gel

packs decontaminated in a 30% bleach solution for ten minutes. If a filter became clogged (i.e. <

1 L of water was filtered) the final volume of water filtered was recorded and the sample was

stored in buffer. Filters were immediately transported to and stored in a -20 °C freezer (wiped

with 30% bleach and soaked for ten minutes) at Kootenay Crossing. Filters were stored on dry

ice for transportation to Montreal where they were stored in a -80 °C freezer.

eDNA extraction and analysis

Each filter was extracted using a Qiagen DNeasy Blood and Tissue ^{TM} kit and

Qiashdredder^{TM} spin column following a modified extraction protocol (see Appendix S1 for

details). Final DNA product was eluted into 130 μl of AE buffer and stored in a clean -20 °C

freezer dedicated to the sole storage of eDNA samples. To avoid cross-contamination between

lakes extractions were conducted on batches from a single lake, with a single extraction blank of

700 μL AL buffer included as an extraction control. Decontamination procedures were identical

for both manifolds, so only a single negative control was extracted per lake. All extractions were

conducted in an extraction room dedicated to the handling of sensitive eDNA samples. This

room receives weekly cleaning with a 10% bleach solution and is free of PCR products or high-

concentration DNA. All individuals entering the extraction room were required to wear nitrile

gloves, hair nets, shoe covers, and dedicated, clean lab coats. All lab surfaces were soaked with a

20% bleach solution for ten minutes before and after extractions. PCR Clean Wipes[TM] (Thermo

Scientific, Massachusetts, USA) were also used to decontaminate all lab surfaces and pipettes

prior to and after extracting or handling eDNA samples.

The concentration of brook trout eDNA was quantified using the TaqMan minor groove

assay published in (Wilcox et al., 2013), which targets a region of the brook trout cytochrome *b*

mitochondrial gene. All samples were run in triplicate at a 20 µl final reaction volume on a

Stratagene MX 3000P thermal cycler using Environmental Master Mix 2.0 and 5 µl of template

DNA. Forward and reverse primers were included at a final concentration of 900 nM, with the

probe at a final concentration of 250 nM. Each replicate was spiked with an internal positive

control to test for inhibition; any replicate that exhibited inhibition ($Ct > 1$ in the internal positive

control) was reanalyzed with diluted template DNA at 60% concentration (3 µl template + 2 µl

of ultrapure water); this was sufficient to relieve inhibition in all cases. Standard curve template

DNA was composed of a synthetic Gblock[TM] gene fragment (IDT, Iowa, USA) of the targeted

sequence. A triplicate no template control and triplicate five-point standard curve (1250

copies/µl, 250 copies/µl, 50 copies/µl, 5 copies/µl, 2 copies/µl template concentration) were

included on each 96-well plate. All qPCR reaction reagents were aliquoted into single-use

volumes adequate for a single plate and reactions were prepared in the dedicated eDNA room,

with the exception of the standard curve replicates due to the presence of high concentration

synthetic DNA fragments. Reactions were cycled with an initial hold at 95 °C for ten minutes

followed by 45 cycles of 30 seconds at 95 °C and 1 min at 60 °C. eDNA particle concentration at

each site was determined by averaging site-specific replicates. Final mean copy number values

were converted (based on total volume of water filtered per sample) to total eDNA particle

concentration per 1 L of sampled water (copies/L).

Data Analysis

Mean eDNA particle concentration (copies/L) for each lake was calculated by first

averaging eDNA particle concentrations of the four littoral and four pelagic samples to obtain

mean littoral eDNA concentration and mean pelagic eDNA concentration. The surface area of a

(roughly) circular object increases non-linearly in relation to perimeter and, as a result, the area

of the pelagic zone expressed as a fraction of the total area of a lake tends to increase with lake

size. The relative contribution of the littoral and pelagic zones to the overall mean concentration

of eDNA per lake should therefore be increasingly weighted towards the pelagic eDNA

concentration as lake surface area increases. Our study lakes varied substantially in size (1.7 to

18.5 ha); total pelagic and littoral areas were calculated for each lake using polygons on Google

Earth. In the absence of detailed bathymetry data, the total area of the littoral zone was calculated

by including all lake surface area up to 20m from the shore, with the remaining area assigned to

the pelagic zone. A weighted-mean eDNA concentration for each lake was then calculated by

weighing the littoral and pelagic eDNA concentrations based on the fraction of total lake area

each zone represented.

Mean lake eDNA particle concentration (copies/L) was modelled separately as a function

of the three metrics of brook trout density calculated above: individual density (individuals/ha);

biomass density (kg/ha); and allometrically scaled mass (ASM) ($\sum$(individual mass$^{0.73}$)/ha).

eDNA particle concentration was included as a dependent variable in a linear regression and a

separate model for each abundance metric was fitted to the observed data. Wald F–tests were

used to evaluate the significance of fixed-effect terms, with AIC (Akaike, 1974) values used to

compare model fit as in (Lacoursière-Roussel, Côté, Leclerc, Bernatchez, & Cadotte, 2016). All

analyses were conducted in R (v.3.3.3) (R Development Core Team, 2017). To assess the

performance of CPUE as a 'proxy' metric of abundance, we also examined the relationship

between density and CPUE, as well as eDNA particle concentration and CPUE, using linear

regression.

Estimating density and biomass from predicted allometrically scaled mass: a case study for

population management

Most researchers/managers would be primarily interested in predicting traditional metrics

of abundance (i.e. density and biomass) from estimated eDNA particle concentrations in similar

ecosystems that lack abundance data. Predicting abundance in unknown systems from known

eDNA particle concentrations would require an inversion of the modelling relationship described

above: abundance would be modelled as a function of eDNA particle concentration. Predicted

estimates of ASM obtained from eDNA samples collected for systems lacking abundance data

cannot be directly converted to traditional metrics of abundance (e.g. individual density or

biomass density) because multiple density/biomass configurations (e.g. many small fish or a

small number of large fish) can produce equivalent ASM values. However, predicted ASM

point-estimates for a system with unknown abundance can be converted to traditional metrics

with additional individual mass distribution data from standardized size structure data. Size

structure data from the unknown system could be scaled allometrically and the resulting scaled

mass values nonparametrically bootstrapped (with replacement) until the cumulative sum of the

bootstrapped values equals the predicted ASM. Individual density could be estimated by totalling

the number of bootstrap "samples" summed to achieve the predicted ASM; biomass density

could then be estimated by multiplying the predicted density value by the untransformed mean of

the individual biomass distribution.

As a case study, this technique was applied to data collected from Hidden Lake (Banff,

Alberta, Canada). The brook trout population of Hidden Lake was targeted as part of rotenone-

based removal program by Parks Canada. eDNA samples from Hidden lake were collected in

July 2018 and extracted/analyzed using the same methodology as described above. The

estimated "ASM/unit area" of the lake (including 95% prediction intervals) was calculated from

the linear relationship obtained from our nine study lakes. Unfortunately, standardized size

structure data were unavailable; rotenone removal efforts began in August 2018 and no brook

trout remain in the system. However, prior to the use of rotenone mechanical gill netting efforts

were employed during brook trout removal efforts between 2011 and August 2017 (Stitt, *perse.*

comm.). By 2016 netting efforts had removed most large fish from the population. Most netted

fish older than age 0+ in Hidden lake were therefore between 90-140mm in length (Sullivan,

Sierra, 2017), although it should be noted that size distribution data obtained from these netting

efforts were not directly comparable to our standardized size structure assessments due to

different netting methodology/gear. The size distribution of fish removed by Parks Canada in

2016 most closely resembles the size distribution of fish in Olive lake, so the Olive size

distribution was utilized as a "proxy" to calculate an approximate pre-rotenone individual density

and biomass density of brook trout inhabiting Hidden lake in 2018. The size distribution of fish

from Olive lake is slightly larger (mean = 149mm) than the 2016 Hidden lake distribution; as a

result, population size estimates derived from this distribution will likely slightly underestimate

the 'true' number of individuals present in Hidden Lake. Bootstrap simulations to quantify

individual density and biomass density utilizing the Olive size distribution and predicted ASM of

Hidden lake were run for 1000 iterations. Parks Canada estimated the 2018 pre-rotenone

population of Hidden Lake to be between 3300 and 5000 individuals based on the retrieval of

fish corpses post-rotenone, providing some degree of external validation for our predictive model

(Stitt, B, 2018).

Predicting allometric scaling coefficient for eDNA production in brook trout

Allometric scaling coefficients are likely to fall between a value of 0.0 and 1.0; notably,

($\sum$ individual mass$^{0.0}$)/ha is equivalent to individual density (fish/ha) and ($\sum$individual

mass$^{1.0}$)/ha is equivalent to biomass density (kg/ha). Although we employed an allometric scaling

coefficient of 0.73 in our model (based on metabolic data from brook trout), the "true" allometric

scaling coefficient for eDNA production in our system was unknown. We used our data to

predict the optimal value for the scaling coefficient given the observed eDNA particle

concentration and biomass distribution data observed across our study lakes. To achieve this, we

iteratively generated ASM values from our data using scaling coefficients ranging from 0.00 to

1.00 (increasing by intervals of 0.01) and sequentially modelled eDNA particle concentration

data as a function of each ASM value. AIC values for each model were then used to evaluate

model fit. If eDNA production scales allometrically according to a power function, we predict

that the AIC values across models with scaling coefficients between 0.0 and 1.00 will exhibit an

approximately upward parabolic distribution with a minimum best-fit value that corresponds to

an "optimal" allometric scaling coefficient. According to the general rule described in (Burnham

& Anderson, 2002), models with AIC values within 2 units of the best-fit model AIC (e.g. ΔAIC

< 2) also exhibit substantial support; we predict that the 'true' allometric scaling coefficient for

brook trout eDNA production in nature will fall between the range of scaling coefficients that

produce models within 2 AIC of the 'best-fit' scaling coefficient, although future experiments

will be necessary to validate our predictions.

Results

Population size estimates and density

Population size estimates ranged from 145 to 3266 individuals, individual density ranged

from 63 to 1131 fish/ha, biomass density ranged from 12.6 to 52.5 kg/ha, and ASM ranged from

3707 to 18600 ASM/ha (Table 2, see Figure 1 for population size structure). Estimates of catch-

per-unit-effort (CPUE) did not exhibit a significant correlation with individual density ($F_{1,7}$ =

0.53, p = 0.491, Figure S3).

eDNA concentrations and correlations with density metrics among lakes

Brook trout eDNA was successfully amplified from all samples in all lakes. No

amplification was observed in any negative controls or extraction blanks. The R^2 values for

standard curves ranged from 0.984 to 0.995, with an estimated efficiency ranging from 84.2 to

95.1%. Littoral and pelagic eDNA concentrations varied substantially by lake (Table 3). After

weighing for lake zone area, mean eDNA concentrations ranged from 592 copies/L in Cobb to

7805 copies/L in Olive.

Linear models for each density metric demonstrated positive and significant correlations

with eDNA particle concentration (Table 4, Figure 2). Individual density, biomass density, and

ASM accounted for 59%, 63%, and 78% of the variation in observed eDNA particle

concentration (adjusted R^2), respectively. AIC values indicated that individual density and

biomass density metrics provided roughly equivalent model fit; however, the ASM metric

provided substantially improved model fit relative to individual density and biomass density

(ΔAIC of 5.7 and 4.6, respectively). CPUE did not exhibit a significant correlation with eDNA

particle concentration (Table 4, Figure S4).

Estimating density and biomass from predicted allometrically scaled mass: a case study for

population management

The eDNA concentration of Hidden lake littoral and pelagic eDNA samples averaged 2653 and 342 copies/L, respectively, with a weighted mean average eDNA particle concentration of 847 copies/L (Table 3). Based on a linear model using data from the nine study lakes, Hidden lake had an estimated ASM/ha of 4279.6 (Figure 3). The predicted ASM estimate for Hidden Lake was converted to traditional metrics of abundance (individual density and biomass density) by bootstrap sampling allometrically scaled mass values (with replacement) from the Olive lake size structure distribution (which was closest to the likely size structure of the Hidden lake population) until the cumulative sum of all bootstrap sampled values equalled the predicted ASM/ha from the linear model. After 1000 iterations, the mean number of individual mass values sampled from the Olive size distribution was 278.4, which represents the individual density (ind/ha) point-estimate for Hidden Lake; this corresponds to a total population size estimate of 3286 individuals. This point estimate was similar to the 2018 pre-rotenone population size estimate from Parks Canada of 3300-5000 individuals (Stitt, B, 2018), given the use of the slightly larger Olive size distribution during the bootstrap procedure. Predicted total biomass was 143.0 kg, with a biomass density of 12.1 kg/ha. Notably, point estimates of biomass density rank Hidden lower than all nine study lakes, likely as a result of previous fish removal efforts between 2011 and 2017 in Hidden Lake. Upper 95% prediction intervals for population size, total biomass, density, and biomass were 7629 individuals, 332.0 kg, 646.5 fish/ha, and 28.1 kg/ha, respectively. Due to the overall low concentration of eDNA present in the lake lower 95% prediction intervals overlapped with zero for all four parameters.

438   *Predicting the allometric scaling coefficient for eDNA production in brook trout*

439   Based on model AIC values, a scaling coefficient of 0.72 best explained patterns of

440   eDNA particle concentration across the nine study lakes; models with scaling coefficients

441   between 0.47 and 0.89 generated ΔAIC values < 2 (Figure 4).

Discussion

Our study provides strong support for the hypothesis that eDNA production scales non-

linearly with mass according to a power function. Incorporating allometric scaling coefficients to

account for the distribution of biomass across individuals substantially improved predictive

models, indicating that the distribution of biomass across individuals within a population may

have an important effect when scaling individual eDNA production rates to the population-level.

Incorporating metabolic scaling coefficients for mass into models of eDNA particle

concentration and organismal abundance may therefore be particularly important in species that

exhibit substantial inter-population variation in size distributions. Our findings contribute to a

broader understanding of the ecology of eDNA production and have important implications for

many eDNA applications. While the focus of this study was on the relationship between eDNA

particle concentration and abundance using qPCR techniques, allometry in species with variable

size structure could, for example, partially account for the variation observed in species-specific

read number across environments in metabarcoding studies.

This study also reaffirms previous findings that metrics of population abundance

correlate with species-specific eDNA particle concentration in natural environments (Klobucar,

Rodgers, & Budy, 2017; Nevers et al., 2018; Pilliod et al., 2013; Schmelzle & Kinziger, 2016;

Thomsen et al., 2012). Previous research has demonstrated a moderate correlation between

density and/or biomass and eDNA particle concentration in lotic systems for brook trout

(Baldigo, Sporn, George, & Ball, 2017; Wilcox et al., 2016). We found similar relationships

within lentic systems, but also demonstrate that they can be considerably improved by

integrating allometric scaling coefficients into estimates of organismal abundance.

Notably, the correlation coefficients we observed between eDNA concentration and all

three metrics of abundance were greater than most previous studies conducted in nature (Yates et

al., 2019). The relatively strong correlations we observed between our abundance metrics and

eDNA concentration could also be due to the methodology with which we assessed population

size. Our estimates of population size were obtained using mark-recapture studies and unbiased

measures of size-structuring, which provided precise and standardized estimates of individual

density, biomass density, and ASM. However, such estimates are rare in published

eDNA/abundance studies; conducting mark-recapture studies to estimate population size are time

consuming and require a substantial commitment of labour and resources. To date only a handful

of eDNA studies in nature have specifically enumerated population size (Klobucar et al., 2017;

Levi et al., 2019; Tillotson et al., 2018) rather than proxies for abundance, such as CPUE (Yates

et al., 2019). CPUE may be appropriate if it exhibits a strong correlation with abundance, but in

some systems CPUE can perform poorly as a proxy for abundance (Hubert et al., 2012; Rose &

Kulka, 1999). In our study systems CPUE did not exhibit a significant correlation with individual

density and, as a result, eDNA concentration. Some of the substantial unexplained variation in

nature between eDNA concentration and abundance observed in other systems could result from

reliance on CPUE as a 'proxy' for abundance, although we acknowledge that for many species it

may often be impractical or impossible to directly estimate population size.

It is important to note, however, that our abundance estimates may miss a small fraction

of the adult population and do not account for juvenile (age 0+) abundance because fish were not

included in the mark-recapture study until they were at least 80mm (to avoid excessive tagging

mortality). Population size estimates therefore represent underestimates of true population census

size. Discrepancies in juvenile abundance/density across lakes could account for some of the

remaining unexplained variation present in our model, particularly since smaller fish would be

expected to exhibit higher mass-specific eDNA production rates. Similarly, temperature is

known to have a strong effect on metabolic rates (Brown et al., 2004) and eDNA production (Jo

et al., 2019). Notably, Temple lake exhibited a substantially lower concentration of eDNA than

expected from its ASM estimate; at 3.5 °C, Temple lake was also substantially colder than the

other eight study lakes during eDNA sampling (8.9-17.2 °C). Although we lacked the replication

to do so, integrating other important environmental variables (e.g. temperature, pH, etc.) into

models of eDNA particle concentration across environments could further improve predictive

models.

Despite these caveats, we demonstrate that it is possible to predict estimates of abundance

with eDNA samples and population size structure data in similar ecosystems that lack abundance

data. The population size point estimate for Hidden Lake from our ASM/eDNA model (and

based on the Olive "proxy" size distribution) was similar to the pre-rotenone population size

based on Parks Canada estimates. Although predicted density metrics for Hidden lake exhibited

wide upper 95% prediction intervals, they still provided enough information to facilitate relative

comparisons to the nine study lakes; we can predict with some certainty, for example, that

Hidden Lake had a lower biomass density relative to two of the nine study lakes (Dog and

Olive). Furthermore, 95% prediction intervals represent a relatively stringent criteria of certainty;

75% or 80% prediction intervals might still represent "good enough" information to help guide

managerial or research decisions.

Most significantly, our results highlight the need for further empirical studies exploring

and validating allometric scaling via power functions as a framework for modelling eDNA

particle production rates. While we demonstrate that incorporating allometric scaling coefficients

substantially improves models predicting abundance and eDNA concentration at the population

level, we have not directly quantified how eDNA production scales allometrically in brook trout

at the level of individual organisms. Nevertheless, recent experiments demonstrate that mass-

specific eDNA production rates tend to decline as individual mass increases (Maruyama et al.,

2014; Mizumoto et al., 2017; Takeuchi et al., 2019). We found that a scaling coefficient of 0.72

best described patterns of eDNA concentration for our study species across our nine study lakes;

this value closely aligned with the metabolic scaling coefficient for brook trout from (Hartman &

Cox, 2008). Scaling coefficients between 0.51 and 0.87 produced models with ΔAIC values < 2;

we therefore predict that the 'true' allometric scaling coefficient for eDNA production in brook

trout will likely fall within this interval. To validate our findings and test our subsequent

predictions, further experiments to quantify allometric scaling of eDNA production at the

individual level in brook trout are necessary.

As a well-supported general theory in ecology, experimental designs developed to test

MTE hypotheses (e.g. (Allegier et al., 2015; Hartman & Cox, 2008)) can inform future

experiments examining the effect of allometry on eDNA production rates. Notably, previous

experiments investigating allometric scaling in excretion or metabolic rates quantified rates at the

level of *individual* organisms (Allegier et al., 2015; Hartman & Cox, 2008; Vanni & McIntyre,

2016). Previous laboratory experiments quantifying the effect of biomass on eDNA

production/shedding rates typically pooled organisms to create different biomass treatments

(Doi, Uchii, Takahara, & Matsuhashi, 2015; Klymus et al., 2015; Lacoursière-Roussel, Rosabal,

& Bernatchez, 2016; Mizumoto et al., 2017; Takahara et al., 2012). At best, such experiments

pool organisms from similar size-classes, in which case eDNA production/abundance

relationships across 'treatments' only reflect changes in abundance within a specific age- or size-

class. Such experimental designs are likely to produce a strong relationship between eDNA

concentration and biomass, as has been found in a meta-analytic review (Yates et al., 2019).

While such studies were necessary to empirically quantify a preliminary correlation between

eDNA particle concentration and metrics of abundance, they might obscure critical differences in

mass-specific eDNA production rates across size classes that could have important consequences

for population-level rates. Natural populations often exhibit substantial variation in the

distribution of body size across individuals; the failure to account for allometric scaling in the

relationship between biomass and eDNA production might partially explain the failure to

translate the strong relationships observed in laboratory experiments to nature (Sebens, 1987).

Notably, our eDNA/abundance models utilizing ASM exhibited correlation coefficients

comparable to those typically observed in laboratory environments (Yates et al., 2019).

It may be possible to investigate allometry in eDNA production by pooling individuals

that are the same size within replicates. However, we would advise against this because

behavioural interactions between fish at high density in confined spaces may impact eDNA

production; some studies have demonstrated that eDNA production per fish increases at high

densities (Id et al., 2019). Brook trout, for example, are known to exhibit aggressive behaviour

towards conspecifics (McNicol, Scherer, & Murkin, 1985), which could increase eDNA particle

concentration at high densities due to increased activity and/or injuries inflicted upon each other.

If size classes exhibit different behaviour at high densities, this could further affect estimates of

allometric scaling. Future studies examining allometric scaling in eDNA production should

therefore incorporate individuals from a gradient of age/size classes and quantify organismal

eDNA production at the *individual*-level, as in (Takeuchi et al., 2019). Notably, the two studies

to examine eDNA production rates at an individual level across age/size classes found that

larger, older individuals exhibited lower mass-specific eDNA production rates (Maruyama et al.,

2014; Takeuchi et al., 2019). There is also a critical need to conduct such experiments *in situ* at

field study sites on wild organisms, as in (Pilliod, Goldberg, Arkle, & Waits, 2014). Laboratory

experiments, while important from a validation perspective, may not reflect natural excretion

processes because study organisms are housed in artificial conditions, fed artificial diets, and are

often subject to fasting regimes (Vanni & McIntyre, 2016). Furthermore, size-scaling

coefficients for metabolic processes such as nutrient excretion exhibit substantial interspecific

variation and can even include values greater than 1 (Allegier et al., 2015; Vanni & McIntyre,

2016). Allometric scaling in eDNA production may therefore exhibit similar variability across

species and should be investigated on a case-by-case basis.

Conclusions

Our results provide evidence supporting the hypothesis that eDNA production scales

allometrically with organism mass and can be modelled according to the power function:

$$I = I_0 * M^b$$

We have demonstrated that the incorporation of additional (but straightforward to collect) size

structure data to integrate key allometric scaling predications resulted in substantial improvement

in models of eDNA concentration across environments. Future studies on eDNA/abundance

relationships in nature should consider incorporating allometry, particularly when study species

exhibit substantial inter-population variation in size distributions. However, there is also a need

to validate this hypothesis in controlled experimental contexts at the level of individual

organisms. As a well-developed ecological theory validated by numerous empirical studies

(Vanni & McIntyre, 2016), the literature on the MTE represents a robust methodological

foundation that future studies can utilize to explore relationships between a variety of

environmental and ecological factors that might influence organismal production of eDNA. Such

studies could further improve predictive models estimating abundance from eDNA particle

concentration to the extent that, in some circumstances, species-specific eDNA particle

concentration might be a reliable ecological indicator of abundance.

Predictive models would need to be calibrated on a system- and species-specific basis.

The extent to which models for a particular species can be extended to different ecosystems or

geographical regions also remains unknow. Future studies employing the methodology

developed herein will likely need to construct models from population size/abundance estimates

combined with standardized size distribution data on an individual species/system basis. These

studies will also need to collect size distribution data, in addition to eDNA samples, to predict

the density or biomass of organisms in similar ecosystems that lack abundance data. Direct

estimates of allometric scaling coefficients for study species would also likely improve

predictive models, although metabolic or excretory allometric scaling coefficients estimated in

other empirical studies on the same (or closely related) species may represent useful starting

points. In the absence of any other empirical data, the general scaling coefficient predicted by the

MTE (0.75) may also suffice.

Depending on the species studied, obtaining robust population size estimates and

individual size distribution data to calibrate initial models can often be difficult, labour intensive,

and come with a substantial monetary cost. However, the benefits might be substantial – the idea

that future researchers or managers might be able to obtain reasonable estimates of abundance

from eight water samples and a small number of gill net sets is, from an ecologist's perspective,

exhilarating.

Acknowledgements:

We would like to thank Brent Brookes, Jacob Farkas, Tom Ridgeon, Natalie Dupont, Thaïs

Bernos, Laura Bogaard, Haley Tunna, Ben Kelley, Mélia Lagacé, and Mathilde Tissier for their

assistance conducting the mark-recapture experiments and collecting eDNA samples and Joanne

Littlefair for her help in the laboratory. We would also like to thank Taylor Wilcox for his advice

on working with the qPCR primer/probe set. This research was funded by a Fonds de recherche

du Québec - Nature et technologies (FRQNT) team grant (AMD, MEC, DJF) and a Natural

Sciences and Engineering Research Council of Canada (NSERC) strategic project grant (DJF,

JP, AMD). DMG was funded by the NSERC Strategic Project Grant awarded to DJF and co-

applicants. MCY was funded by an NSERC EcoLac post-doctoral scholarship and FRQNT post-

doctoral scholarship.

References

Akaike, H. (1974). A new look at the statistical model identification. *IEEE Transactions on Automatic Control*, *19*, 716–723.

Allegier, J. E., Wenger, S. J., Rosemond, A. D., Schindler, D. E., & Layman, C. A. (2015). Metabolic theory and taxonomic identity predict nutrient recycling in a diverse food web. *PNAS*, *112 (20)*. doi:10.1073/pnas.1420819112

Allen, A. P., & Gillooly, J. F. (2009). Towards an integration of ecological stoichiometry and the metabolic theory of ecology to better understand nutrient cycling. *Ecology Letters*, *12*, 369–384. doi:10.1111/j.1461-0248.2009.01302.x

Baldigo, B. P., Sporn, L. A., George, S. D., & Ball, J. A. (2017). Efficacy of environmental DNA to detect and quantify brook trout populations in headwater streams of the Adirondack Mountains, New York. *Transactions of the American Fisheries Society*, *146*(1), 99–111.

Bonar, S. A., Hubert, W. A., & Willis, D. W. (2009). *Standard methods for sampling North American freshwater fishes*. Bethesda, Maryland: American Fisheries Society.

Brown, J. H., Gillooly, J. F., Allen, A. P., Savage, V. ., & West, G. B. (2004). Toward a metabolic theory of ecology. *Ecology*, *85*(7), 1771–1789.

Burnham, K. P., & Anderson, D. R. (2002). *Model Selection and Inference: A Practical Information-Theoretic Approach* (2nd ed.). New York: Springer-Verlag.

Doi, H., Uchii, K., Takahara, T., & Matsuhashi, S. (2015). Use of Droplet Digital PCR for Estimation of Fish Abundance and Biomass in Environmental DNA Surveys. *PLoS ONE*, 1–11. doi:10.1371/journal.pone.0122763

Donald, D. B., Anderson, R. S., Mayhood, D. W., Anderson, R. S., & Correlations, D. W. M. (1980). Correlations Between Brook Trout Growth and Environmental Variables for Mountain Lakes in Alberta. *Transactions of the American Fisheries Society*, *109*(October), 603–610. doi:10.1577/1548-8659(1980)109<603

Eichmiller, J. J., Miller, L. M., & Sorensen, P. W. (2016). Optimizing techniques to capture and extract environmental DNA for detection and quantification of fish. *Molecular Ecology Resources*, *16*, 56–68. doi:10.1111/1755-0998.12421

Glazier, D. S. (2005). Beyond the '3/4-power law': variation in the intra- and interspecific scaling of metabolic rate in animals. *Biological Reviews*, *80*, 611–662. doi:10.1017/S1464793105006834

Goldberg, C. S., Strickler, K. M., & Pilliod, D. S. (2015). Moving environmental DNA methods from concept to practice for monitoring aquatic macroorganisms. *Biological Conservation*, *183*, 1–3. doi:10.1016/j.biocon.2014.11.040

Guernon, S., Yates, M. C., Fraser, D. J., & Derry, A. M. (2018). The co-evolution of adult body mass and excretion rate between genetically size-divergent brook trout populations. *CJFAS, Online*. doi:http://dx.doi.org/10.1007/s00787-010-0141-5

Hartman, K. J., & Cox, M. (2008). Refinement and Testing of a Brook Trout Bioenergetics

Model. *Transactions of the American Fisheries Society*, *137*(June 2014), 357–363. doi:10.1577/T05-243.1

Hubert, W. ., Pope, K. L., & Dettmers, J. M. (2012). Passive Capture Techniques. In A. V. Zale, D. L. Parrish, & T. . Sutton (Eds.), *Fisheries Techniques* (3rd ed.). Bethesda, Maryland: American Fisheries Society.

Id, Y. M., Wong, M. K., Kanbe, T., Araki, H., Kashiwabara, T., Ijichi, M., … Hyodo, S. (2019). Spatiotemporal distribution of juvenile chum salmon in Otsuchi Bay, Iwate, Japan, inferred from environmental DNA. *PLoS ONE*, 1–22. Retrieved from https://doi.org/10.1371/journal.pone.0222052 September

Immell, D., & Anthony, R. G. (2008). Estimation of Black Bear Abundance Using a Discrete DNA Sampling Device. *The Journal of Wildlife Management*, *72*(1), 324–330. doi:10.2193/2006-297

Isaac, N. J. ., & Carbone, C. (2010). Why are metabolic scaling exponents so controversial? Quantifying variance and testing hypotheses. *Ecology Letters*, *13*, 728–735. doi:10.1111/j.1461-0248.2010.01461.x

Jamieson, I. G., & Allendorf, F. W. (2012). How does the 50/500 rule apply to MVPs? *Trends in Ecology and Evolution*, *27*(10), 580–584. doi:10.1016/j.tree.2012.07.001

Jo, T., Murakami, H., Yamamoto, S., Masuda, R., & Minamoto, T. (2019). Effect of water temperature and fish biomass on environmental DNA shedding, degradation, and size distribution. *Ecology and Evolution*, (September 2018), 1–12. doi:10.1002/ece3.4802

Johnson, L. (1983). Homeostatic Characteristics of Single Species Fish Stocks in Arctic Lakes. *Canadian Journal of Fisheries and Aquatic Sciences*, *40*(96393), 987–1024.

Klobucar, S. L., Rodgers, T. W., & Budy, P. (2017). At the forefront: evidence of the applicability of using environmental DNA to quantify the abundance of fish populations in natural lentic waters with additional sampling considerations. *Canadian Journal of Fisheries and Aquatic Sciences*, *74*, 2030–2034.

Klymus, K. E., Richter, C. A., Chapman, D. C., & Paukert, C. (2015). Quantification of eDNA shedding rates from invasive bighead carp Hypophthalmichthys nobilis and silver carp Hypophthalmichthys molitrix. *Biological Conservation*, *183*, 77–84. doi:10.1016/j.biocon.2014.11.020

Krebs, C. J. (2009). *Ecology: The experimental analysis of distribution and abundance.* (6th ed.). San Francisco, CA: Pearson Benjamin Cummings.

Lacoursière-Roussel, A., Côté, G., Leclerc, V., Bernatchez, L., & Cadotte, M. (2016). Quantifying relative fish abundance with eDNA: a promising tool for fisheries management. *Journal of Applied Ecology*, *53*(4), 1148–1157. doi:10.1111/1365-2664.12598

Lacoursière-Roussel, A., Rosabal, M., & Bernatchez, L. (2016). Estimating fish abundance and biomass from eDNA concentrations: variability among capture methods and environmental conditions. *Molecular Ecology Resources*, *16*, 1401–1414. doi:10.1111/1755-0998.12522

Levi, T., Allen, J. M., Bell, D., Joyce, J., Russell, J. R., David, A., … Yu, D. W. (2019).

Environmental DNA for the enumeration and management of Pacific salmon. *Molecular*
Ecology Resources, *19*, 597–608.

Luikart, G., Ryman, N., Tallmon, D. A., Schwartz, M. K., & Allendorf, F. W. (2010). Estimation
of census and effective population sizes: The increasing usefulness of DNA-based
approaches. *Conservation Genetics*, *11*(2), 355–373. doi:10.1007/s10592-010-0050-7

Maruyama, A., Nakamura, K., Yamanaka, H., Kondoh, M., & Minamoto, T. (2014). The release
rate of environmental DNA from juvenile and adult fish. *PLoS ONE*, *9*(12), 1–13.
doi:10.1371/journal.pone.0114639

McNicol, R. E., Scherer, E., & Murkin, E. J. (1985). Quantitative field investigations of feeding
and territorial behaviour of young- of-the-year brook charr, Salvelinus fontinalis.
Environmental Biology of Fishes, *12*(3), 219–229.

Millien, V., Lyons, K., Olson, L., Smith, F. A., Wilson, A. B., & Yom-Tov, Y. (2006). Ecotypic
variation in the context of global climate change: revisiting the rules. *Ecology Letters*, *9*,
853–869. doi:10.1111/j.1461-0248.2006.00928.x

Mizumoto, H., Urabe, H., Kanbe, T., Fukushima, M., & Araki, H. (2017). Establishing an
environmental DNA method to detect and estimate the biomass of Sakhalin taimen, a
critically endangered Asian salmonid. *Limnology*, *19*, 219–227. doi:10.1007/s10201-017-
0535-x

Morgan, G. E. (2002). *Manual of instructions - fall walleye index netting (FWIN)*. Retrieved
from https://www.ontario.ca/page/fall-walleye-index-netting-instructions#section-8

Nevers, M. B., Byappanahalli, M. N., Morris, C. C., Shively, D., Przybyla-kelly, K., Spoljaric,
A. M., … Roseman, E. F. (2018). Environmental DNA (eDNA): A tool for quantifying the
abundant but elusive round goby (Neogobius melanostomus). *PloS One*, 1–22.
doi:10.5066/F7GH9H6F.Funding

Ogle, D. H. (2016). *Introductory Fisheries Analyses with R* (1st ed.). Boca Raton: CRC Press.

Ovenden, J. R., Blower, D. C., Dudgeon, C. L., Jones, A. T., Buckworth, R. C., Leigh, G. M., …
Bennett, M. B. (2016). Can genetic estimates of population size contribute to fisheries stock
assessements? *Journal of Fish Biology*, 1–14. doi:10.1111/jfb.13129

Pilliod, D. S., Goldberg, C. S., Arkle, R. S., & Waits, L. P. (2013). Estimating occupancy and
abundance of stream amphibians using environmental DNA from filtered water samples.
Canadian Journal of Fisheries and Aquatic Sciences, *1130*(January), 1123–1130.

Pilliod, D. S., Goldberg, C. S., Arkle, R. S., & Waits, L. P. (2014). Factors Influencing Detection
of eDNA from a Stream-dwelling Amphibian Authors. *Molecular Ecology Resources*, *1*,
109–116. doi:10.1111/1755-0998.12159

Poisot, T. (2011). The digitize package: extracting numerical data from scatterplots. *The R*
Journal, *3*(1), 25–26.

Post, J. R., Parkinson, E. A., & Johnston, N. T. (1999). Density-dependent processes in structures
fish populations: interaction strengths in whole-lake experiments. *Ecological Monographs*,
69(2), 155–175.

R Development Core Team. (2017). R: a language and environment for statistical computing. *R*
Foundation for Statistical Computing Vienna Austria, *0*, {ISBN} 3-900051-07-0.
doi:10.1038/sj.hdy.6800737

Rose, G. A., & Kulka, D. W. (1999). Hyperaggregation of fish and fisheries: how catch-per-unit-
effort increased as the northern cod (Gadus morhua) declined. *Canadian Journal of*
Fisheries and Aquatic Sciences, *56*, 118–127.

Schaus, M. H., Godwin, W., Battoe, L., Coveney, M., Lowe, E., Roth, R., … Zimmerman, A.
(2010). Impact of the removal of gizzard shad (Dorosoma cepedianum) on nutrient cycles in
Lake Apopka, Florida. *Freshwater Biology*, *55*, 2401–2413. doi:10.1111/j.1365-
2427.2010.02440.x

Schindler, D. E., & Eby, L. A. (1997). Stoichiometry of fishes and their prey: implications for
nutrient recycling. *Ecology*, *78*(6), 1816–1831.

Schmelzle, M. C., & Kinziger, A. P. (2016). Using occupancy modelling to compare
environmental DNA to traditional field methods for regional-scale monitoring of an
endangered aquatic species. *Molecular Ecology Resources*, *16*, 895–908. doi:10.1111/1755-
0998.12501

Schnabel, Z. E. (1938). The Estimation of the Total Fish Population of a Lake. *The American*
Mathematical Monthly, *46*, 348–352. doi:10.1080/00029890.1938.11990818

Schwarz, C. J., & Seber, G. A. F. (1999). A review of estimating animal abundance III.
Statistical Science, *14*, 1–126.

Sebens, K. P. (1987). The ecology of indeterminate growth in animals. *Annual Review of*
Ecology and Systematics, *18*, 371–407.

Seber, G. A. F. (1986). A Review of Estimating Animal Abundance. *Biometrics*, *42*(2), 267–292.

Seber, G. A. F. (2002). *The Estimation of Animal Abundance and Related Parameters* (2nd ed.).
New Jersey: Blackburn Publishing.

Shea, B. O., Fryer, R. J., Pert, C. C., & Bricknell, I. R. (2006). Determination of the surface area
of a fish. *Journal of Fish Diseases*, *29*, 437–440.

Stewart, K. A. (2019). Understanding the effects of biotic and abiotic factors on sources of
aquatic environmental DNA Understanding the effects of biotic and abiotic factors.
Biodiversity and Conservation, (February). doi:10.1007/s10531-019-01709-8

Stitt, B, P. C. (2018). *2018 summary report for the chemical removal of brook trout from Hidden*
Lake, Upper Corral Creek and Tributaries - Draft report.

Sullivan, Sierra, P. C. (2017). *Saving wild trout: Upper Corral Creek and Hidden Lake brook*
trout removal and Westslope Cutthroat trout reintroduction - Banff National Park, Draft
Report.

Takahara, T., Minamoto, T., Yamanaka, H., Doi, H., & Kawabata, Z. (2012). Estimation of Fish
Biomass Using Environmental DNA. *PLoS ONE*, *7*(4), 3–10.
doi:10.1371/journal.pone.0035868

Takeuchi, A., Iijima, T., Kakuzen, W., Watanab, S., & Yamada, Y. (2019). Release of eDNA by
different life history stages and during spawning activities of laboratory-reared Japanese
eels for interpretation of oceanic survey data. *Scientific Reports*, *9*(April), 1–9.
doi:10.1038/s41598-019-42641-9

Thomsen, P. F., Kielgast, J. O. S., Iversen, L. L., Wiuf, C., Rasmussen, M., Thomas, M., …
Willerslev, E. (2012). Monitoring endangered freshwater biodiversity using environmental
DNA. *Molecular Ecology*, *21*, 2565–2573. doi:10.1111/j.1365-294X.2011.05418.x

Tillotson, M. D., Kelly, R. P., Duda, J., Hoy, M., Kralj, J., & Quinn, T. P. (2018). Concentrations
of environmental DNA (eDNA) reflect spawning salmon abundance at fine spatial and
temporal scales. *Biological Conservation*, *220*(February), 1–11.
doi:10.1016/j.biocon.2018.01.030

Vanni, M. J., & McIntyre, P. B. (2016). Predicting nutrient excretion of aquatic animals with
metabolic ecology and ecological stoichiometry: A global synthesis. *Ecology*, *97*(12),
3460–3471. doi:10.1002/ecy.1582

Ward, H. G. M., Askey, P. J., Post, J. R., Varkey, D. A., & Mcallister, M. K. (2012). Basin
characteristics and temperature improve abundance estimates from standard index netting of
rainbow trout (Oncorhynchus mykiss) in small lakes. *Fisheries Research*, *131–133*, 52–59.
doi:10.1016/j.fishres.2012.07.011

Wilcox, T. M., Mckelvey, K. S., Young, M. K., Jane, S. F., Lowe, W. H., Whiteley, A. R., &
Schwartz, M. K. (2013). Robust Detection of Rare Species Using Environmental DNA: The
Importance of Primer Specificity. *PLoS ONE*, *8*(3). doi:10.1371/journal.pone.0059520

Wilcox, T. M., Mckelvey, K. S., Young, M. K., Sepulveda, A. J., Shepard, B. B., Jane, S. F., …
Schwartz, M. K. (2016). Understanding environmental DNA detection probabilities : A case
study using a stream-dwelling char Salvelinus fontinalis. *Biological Conservation*, *194*,
209–216. doi:10.1016/j.biocon.2015.12.023

Yates, M. C., Bernos, T. A., & Fraser, D. J. (2017). A critical assessment of estimating census
population size from genetic population size (or vice versa) in three fishes. *Evolutionary
Applications*, *10*(9). doi:10.1111/eva.12496

Yates, M. C., Fraser, D. J., & Derry, A. M. (2019). Meta-analysis supports further refinement of
eDNA for monitoring aquatic species-specific abundance in nature. *Environmental DNA*,
1(January), 5–13. doi:10.1002/edn3.7

Data Accessibility Statement:

eDNA particle concentration data for each lake will be deposited in the Dryad Digital Repository

upon acceptance.

Author contributions

MCY collected eDNA samples and analyzed eDNA data. DG collected and analyzed mark-

recapture and size structure data. Statistical analyses were conducted by MCY. MCY wrote the

first draft of the manuscript, and all authors contributed substantially to subsequent drafts.

Tables

Table 1: Size structure gill net effort and fyking (mark-recapture) effort. SS refers to size
structure assessment, percent SS refers to the proportion of population harvested during size
structure assessment.
811

Site	SS Samples	Percent SS	SS CPUE	Mark/Recapture days	Total Marks Applied
Cobb	104	0.72	7	20	24
Mud	84	0.10	42	20	364
Olive	160	0.09	53	21	307
Ross	128	0.09	64	19	571
Temple	165	0.10	41	25	409
Dog	187	0.06	94	30	617
Helen	41	0.07	41	12	172
Margaret	171	0.08	43	23	414
McNair	27	0.13	27	14	118

814 Table 2: Density metric estimates for each population. N = population size, ASM =
815 allometrically scaled mass. 95% confidence intervals for 'N' are given in brackets.
816

Site	N	Ha	Mean Ind. Mass (g)	Fish/ha	Kg/ha	ASM/ha	eDNA (copies/L)
Cobb	145 (94, 237)	2.3	404.8	63	25.7	5663	592.2
Dog	3266 (2715, 4097	11.5	184.8	284	52.5	13962	5131.1
Helen	557 (420, 755)	2.5	83.9	225	18.8	6187	2445.9
Margaret	2017 (1638, 2623)	18.0	112.3	112	12.6	3707	1240.4
McNair	201 (158, 276)	1.7	137.3	121	16.6	4736	3050.5
Mud	860 (733, 1040)	7.2	141.9	119	17.0	4587	1138.7
Olive	1877 (1459, 2628)	1.7	43.1	1131	48.8	18601	7805.1
Ross	1392 (1211, 1635)	6.6	82.5	211	17.4	5559	917.4
Temple	1655 (1369, 2090)	3.3	51.1	509	26.1	9587	2076.5

819   Table 3: Lake zone area and corresponding eDNA concentrations.

Site	Pelagic area (ha)	Littoral area (ha)	Pelagic eDNA (copies/L)	Littoral eDNA (Copies/L)	Weighted Mean eDNA (Copies/L)
Cobb	1.0	1.3	253.8	854.6	592.2
Dog	8.5	3.1	3447.1	9796.7	5131.1
Helen	1.2	1.3	1342.4	3514.4	2445.9
Margaret	14.4	3.6	791.9	3034.1	1240.4
McNair	0.7	1.0	2395.4	3505.0	3050.5
Mud	4.7	2.6	621.3	2280.1	1138.7
Olive	0.5	1.2	8084.6	7684.7	7805.1
Ross	4.6	2.0	790.5	1209.8	917.4
Temple	1.6	1.7	1940.8	2200.2	2076.5
Hidden	11.8	2.6	342.0	2652.9	847.2

822   Table 4: Model results evaluating the relationship between eDNA particle concentration and
823   density (fish/ha), biomass (kg/ha), allometrically scaled mass (ASM/ha), and CPUE.
824

Model	F-value	P-value	Adj. R^2	Log Likelihood	AIC	ΔAIC
Density	$12.37_{(1,7)}$	0.010	0.59	-77.78	161.6	5.7
Biomass	$14.76_{(1,7)}$	0.006	0.63	-77.26	160.5	4.6
ASM	$29.4_{(1,7)}$	0.001	0.78	-74.95	155.9	-
CPUE	$1.92_{(1,7)}$	0.208	0.10	-81.27	168.5	12.6

Figure Captions

Figure 1: Lake size structure distributions (g) obtained from standardized gill net sets for the nine study lakes.

Figure 2: Correlation between weighted mean lake brook trout eDNA particle concentration and three metrics of abundance in the nine study lakes: (a) individual density (individuals/ha, R^2 = 0.59), (b) biomass density (kg/ha, R^2 = 0.63), and (c) allometrically scaled mass (ASM/ha, R^2 = 0.78) (n = 9).

Figure 3: Predicting allometrically scaled mass (ASM/ha) for Hidden Lake based on eDNA particle concentration. Black dots represent values for the nine study lakes, gray circle represents the ASM/ha point estimate for Hidden Lake. Error bars represent 95% prediction intervals (n = 9).

Figure 4: AIC values for models correlating brook trout eDNA and allometrically scaled mass (ASM), utilizing allometric scaling coefficients ranging from 0.00 (corresponding to individual density) to 1.0 (corresponding to biomass density). Horizontal black bars and dotted lines denote range of models with ΔAIC < 2 relative to the 'optimal' scaling coefficient (0.72).

Figure S1: Map of the nine study lakes located in Alberta and British Columbia, Canada.

Figure S2: Timing of sampling activities in 2018.

Figure S3: Relationship between catch-per-unit-effort (CPUE) of a large and small gill net and individual density (fish/ha) for the nine study lakes (adjusted R^2 < 0) (n = 9).

Figure S4: Relationship between brook trout eDNA particle concentration and catch-per-unit-effort (CPUE) of a large and small gill net for the nine study lakes (R^2 = 0.10).