

1 **Altered Temporal Variability of Local and Large-scale Resting-state Brain**
2 **Functional Connectivity Patterns in Schizophrenia and Bipolar Disorder**

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22 **Abstract:** Schizophrenia and bipolar disorder share some common clinical features and
23 are both characterized by aberrant resting-state functional connectivity (FC). However,
24 little is known about the common and specific aberrant features of the dynamic FC patterns
25 in these two disorders. In this study, we explored the differences in dynamic FC among
26 schizophrenia patients ($n = 66$), type I bipolar disorder patients ($n = 53$) and healthy
27 controls ($n = 66$), by comparing temporal variabilities of FC patterns involved in specific
28 brain regions and large-scale brain networks. Compared with healthy controls, both patient
29 groups showed significantly increased regional FC variabilities in subcortical areas
30 including the thalamus and basal ganglia, as well as increased inter-network FC variability
31 between the thalamus and sensorimotor areas. Specifically, more widespread changes were
32 found in the schizophrenia group, involving increased FC variabilities in sensorimotor,
33 visual, attention, limbic and subcortical areas at both regional and network levels, as well
34 as decreased regional FC variabilities in the default-mode areas. The observed alterations
35 shared by schizophrenia and bipolar disorder may help to explain their overlapped clinical
36 features; meanwhile, the schizophrenia-specific abnormalities in a wider range may
37 support that schizophrenia is associated with more severe functional brain deficits than
38 bipolar disorder.

39 **Keywords:** dynamic functional connectivity; schizophrenia; bipolar disorder; thalamus;
40 sensorimotor; basal ganglia

41

42 **1. Introduction**

43 Schizophrenia and bipolar disorder are two of the most disabling psychiatric disorders
44 worldwide, which are often misdiagnosed in clinical practice because of their overlap in
45 clinical features. These common features entail both cognitive deficits and psychotic
46 symptoms including hallucinations, delusions and disorganized thinking (1–3). Over the
47 years, neuroimaging studies using resting-state functional magnetic resonance imaging
48 (rs-fMRI) have provided evidence for both shared and distinct disturbances in brain
49 functions, as characterized by aberrant resting-state functional connectivity (FC), in the
50 schizophrenia and bipolar disorder (4–7). For instance, when compared with healthy
51 subjects, over-connectivity between the thalamus and sensorimotor cortices was
52 commonly found in both schizophrenia and bipolar disorder patients (4). On the other
53 hand, other unique abnormalities such as hypo-connectivity within frontal–parietal areas
54 were shown only in schizophrenia but not bipolar disorder patients (7). Appreciably, these
55 findings have significantly advanced our understanding of the complex relationship
56 between these severe disorders.

57 Most previous rs-fMRI studies were performed under the assumption that patterns of
58 brain FC are stationary during the entire scanning period. Yet, it has been newly proven
59 that the brain FC fluctuates over time even during the resting-state, implying that
60 conventional static FC methodology may be unable to fully depict the functional
61 architecture of brain (8,9). Therefore, the “dynamic FC” has become a hot-spot in rs-fMRI
62 studies to capture the temporal fluctuations of brain FC patterns during the scan (10).
63 Notably, the dynamic features of FC have been associated with a wide range of cognitive
64 and affective processes such as learning (11), executive cognition (12), psychological
65 resilience (13) and emotion (14), as well as multiple common psychiatric and neurological
66 disorders such as autism (15), Alzheimer's disease (16) and major depressive disorder
67 (17,18). These findings thus highlight the importance of studying dynamic FC for further
68 improving our understanding of both brain functions and dysfunctions.

69 Despite the accumulating knowledge on dynamic FC, it remains little known about if
70 there are common and/or specific changes in dynamic features of FC in schizophrenia and
71 bipolar disorder. To our knowledge, there have been only a limited number of efforts to
72 date to differentiate schizophrenia and bipolar disorder by features of dynamic FC (19–21).
73 Furthermore, all these studies mainly focus on the dynamic “connectivity state” changes
74 based on the whole-brain FC profiles; therefore, although features of such global
75 connectivity states have been reported to provide a high predictive accuracy in classifying
76 schizophrenia and bipolar disorder (19–21), how these two disorders differ from each other
77 in terms of dynamic connectivity profiles within particular brain regions or systems
78 remains poorly understood, and needs to be further investigated.

79 The above concerns can be addressed by a novel approach, as proposed in some latest
80 works (22,23), to investigate dynamic FC by defining and comparing the temporal
81 variability of FC patterns involved in specific brain regions or large-scale brain networks.
82 This approach allows localization of those brain regions or networks showing significant
83 group differences in FC variability, thus being helpful to identify aberrant dynamic FC
84 patterns from the perspectives of both local and large-scale brain functional dynamics (23).
85 In fact, using such an approach, the patients with schizophrenia have been recently found
86 to show increased FC variabilities in sensory and perceptual systems (e.g. the sensorimotor
87 network and thalamus) and decreased FC variabilities in high-order networks (e.g. the

88 default-mode network) than healthy subjects at both regional and network levels (22). But
89 to our knowledge, it remains unclear and needs to be tested whether these dynamic changes
90 would be specific to schizophrenia, or shared with bipolar disorder.

91 Therefore, in this study, we aimed to explore the common and specific dynamic
92 features of both local and large-scale resting-state FC, in terms of temporal variability, the
93 schizophrenia and bipolar disorder. To reach this goal, groups of schizophrenia patients,
94 bipolar disorder patients and healthy controls were recruited and scanned using rs-fMRI;
95 applying a recently proposed novel methodological approach (22,23), temporal
96 variabilities of FC patterns were then compared among the groups at all the regional,
97 intra-network, and inter-network levels. It was anticipated that our results would provide
98 important complementary information to prior studies that mainly focused on the global
99 dynamic FC states (19–21), and further improve our understanding about the relationship
100 between schizophrenia and bipolar disorder from a dynamic brain functional perspective.

101 **2. Materials and Methods**

102 **2.1. Subjects and measurements**

103 According to the Diagnostic and Statistical Manual of Mental Disorders-IV (DSM-IV)
104 criteria, 78 patients with schizophrenia and 60 patients with type I bipolar disorder were
105 recruited from the Second Xiangya Hospital of Central South University, Changsha,
106 China; 69 age-, sex- and education- matched healthy controls without any family history of
107 psychiatric disorders were also recruited from the Changsha city. All participants were
108 right-handed, Han Chinese adults with at least 9 years of education. All participants had no
109 history of any substance abuse, any other neurological disorder, any contraindication to
110 fMRI scanning or any history of electroconvulsive therapy. Because of excessive head
111 motion (see section 2.2), 12 schizophrenia patients, 7 bipolar disorder patients and 3
112 healthy controls were excluded, and the final analyzed sample consisted of 66
113 schizophrenia patients, 53 bipolar disorder patients and 66 healthy controls.

114 For the schizophrenia patients, severity of the current clinical symptoms was assessed
115 using the Scale for Assessment of Positive Symptoms (SAPS) and the Scale for
116 Assessment of Negative Symptoms (SANS) (24). For the patients with bipolar disorder,
117 severity of the current mood and mania symptoms was assessed using the 17-item
118 Hamilton Rating Scale for Depression (HAM-D) (25) and the Young Mania Rating Scale
119 (YMRS) (26), respectively. Dosages of antipsychotics in all patients were converted to
120 chlorpromazine equivalence (27). In addition, all participants completed the Information
121 (WAIS-I) and Digit Symbol (WAIS-DS) subtests of the Wechsler Adult Intelligence Scale
122 (28), which measure two important domains of cognitive functions, verbal comprehension
123 and processing speed, respectively (29,30).

124 The study was approved by the Ethics Committee of the Second Xiangya Hospital of
125 Central South University, and written informed consent was obtained from all participants.

126 **2.2. Data acquisition and preprocessing**

127 The details about brain imaging data acquisition and preprocessing can be found in one of
128 our recently published studies (13). Briefly, rs-fMRI and T1-weighted structural images
129 were scanned for each participant on a 3.0 T Philips MRI scanner (repetition time = 2000
130 ms, echo time = 30 ms, slice number = 36, field of view = 240 × 240 mm², acquisition matrix

131 =144×144, flip angle =90°, and number of time points = 250 for rs-fMRI images; repetition
132 time time = 7.5 ms, echo time = 3.7 ms, slice number =180, field of view =240×240 mm²,
133 acquisition matrix = 256×200, and flip angle =8° for T1-weighted images). Data
134 preprocessing was performed using the standard pipeline of the DPARSF software
135 (31,32), including discarding the first 10 volumes, slice timing, head motion realignment,
136 brain segmentation, spatial normalization, temporal filtering (0.01-0.10 Hz), as well as
137 regressing out white matter and cerebrospinal fluid signals. Global signal regression was
138 not performed as it is still a controversial preprocessing option in rs-fMRI studies (33).
139 Subjects with excessive head motion were excluded from the analysis, as determined by a
140 mean framewise-displacement (FD) (34) > 0.2 mm.

141 2.3. Temporal variability of FC

142 After preprocessing, the mean time series were extracted from each of the 116 regions of
143 interest (ROIs) in the Automated Anatomical Labeling (AAL) atlas (35), which was
144 validated (36) and widely used in functional neuroimaging studies (37,38). The names of
145 all the 116 ROIs were listed in **Supplementary Table S1**.

146 As shown in **Figure 1**, to characterize the temporal variability of FC, all the time
147 series were segmented into n nonoverlapping time windows with a length of l . Within each
148 time window, a 116×116 pairwise Pearson correlation matrix was calculated to represent
149 the FC between each pair of ROIs within that window. The temporal variability of regional
150 FC architecture in each ROI could then be estimated by computing the mean values of its
151 dissimilarities among different windows. Briefly, temporal variability of the regional FC
152 architecture in ROI k is defined by Equation (1):

$$V_k = 1 - \overline{\text{corrcoef}(F(i, k), F(j, k))}, i, j = 1, 2, 3, \dots, n; i \neq j, \quad (1)$$

153 where n is the number of time windows, and $F(i, k)$ is the vector characterizing the FC
154 architecture between ROI k and the whole brain within the i th time window (**Figure 1**)
155 (18,39,40).

156 The temporal variability of FC was further estimated at the network level following
157 recently published procedures (22,23,41). First, all brain ROIs were assigned into eleven
158 prior networks as defined in previous studies (42,43), including the sensorimotor network,
159 visual network, auditory network, default-mode network, frontoparietal network,
160 cingulo-opercular network, salience network, attention network, subcortical network,
161 thalamus, and cerebellum (see **Supplementary Table S1** for details about the network
162 assignments). Note that the thalamus and cerebellum were treated as two independent
163 networks here, given that they were poorly defined into different networks as well as their
164 special roles in the pathophysiologic mechanisms of psychotic disorders (22,44,45). The
165 temporal variabilities of intra-network and inter-network FC architectures were then
166 calculated among the above eleven networks. Similar with the regional FC variability for
167 each ROI, the intra-network FC variability for a network m is defined by Equation (2):

$$V_m = 1 - \overline{\text{corrcoef}(F_{mi}, F_{mj})}, i, j = 1, 2, 3, \dots, n; i \neq j, \quad (2)$$

168 where n is the number of time windows, and F_{mi} is the vector characterizing the FC
169 architecture between all ROIs belonging to the network m within the i th time window
170 (**Figure 1**); the inter-network variability of FC between two networks m and n is defined by
171 Equation (3):

$$V_{m-n} = 1 - \overline{\text{corrcoef}(F(i, m, n), F(j, m, n))}, i, j = 1, 2, 3, \dots, n; i \neq j, \quad (3)$$

172 where n is the number of time windows, and $F(i, m, n)$ is the vector characterizing the FC
173 architecture between the networks m and n within the i th time window (**Figure 1**)
174 (22,23,41).

175 To reduce the influences from window length and segmentation scheme, all the above
176 temporal variabilities were calculated with a set of different window lengths ($l = 21, 22, \dots,$
177 30 volumes, equal to $42, 44, \dots, 60$ seconds) and for each window length of l , we
178 performed the segmentation for $(l - 1)$ times (starting from the first, second, $\dots, (l - 1)$ th
179 volumes at each time). The final values of temporal variabilities were obtained by
180 averaging all of these values. Note that such a selection of window lengths has been used in
181 previous studies, and was suggested to be optimal for producing robust results (46,47). As
182 the result, in each subject, we finally obtained the temporal variabilities of regional FC for
183 each of the 116 ROIs, intra-network FC for each of the 11 networks, and inter-network FCs
184 for each possible pair of networks. All these values of temporal variabilities range from 0
185 to 2, and a higher value suggests a higher variability.

186 2.4. Statistics

187 The demographic and clinical characteristics as well as mean FD were compared between
188 groups using the two-sample t -test, Chi-square test or analysis of variance. Differences
189 were considered significant at $p < 0.05$.

190 The temporal variabilities of FC patterns were compared between groups at all the
191 regional, intra-network, and inter-network levels. The group differences were determined
192 the by following statistic steps (46): 1) the analysis of covariance (ANCOVA) covarying
193 for age, sex, education and head motion (mean FD) was firstly applied to detect the
194 significant main effect; 2) post-hoc pairwise comparisons were adopted between all
195 possible pairs of groups when the main effect was significant ($p < 0.05$); 3) the Bonferroni
196 correction was applied to control the false-positive rate for multiple tests within the
197 ANCOVA, and the groups differences were considered significant at corrected- $p < 0.05$.

198 For all the detected significant between-group differences, we further explored their
199 possible relationships with the clinical and cognitive variables using Spearman's rank
200 correlation coefficient. Here, they were correlated with the illness duration,
201 chlorpromazine equivalence, SAPS scores, SANS scores, HAMD scores, YMRS scores,
202 WAIS-I scores and WAIS-DS scores in each group separately. The correlations were
203 considered significant at $p < 0.05$.

204 3. Results

205 3.1. Demographic, clinical and head motion characteristics

206 As shown in **Table 1**, there were no significant differences among the three groups in age,
207 sex and education (all $p > 0.05$). Shorter illness durations but higher antipsychotic doses
208 (both $p < 0.001$) were observed in the schizophrenia patients compared with the bipolar
209 disorder patients. Both the schizophrenia and bipolar disorder groups showed significantly
210 lower WAIS-I and WAIS-DS scores (all $p < 0.05$, LSD post-hoc comparisons) compared
211 with healthy controls, while there was no significant difference between the schizophrenia

212 and bipolar disorder patients in WAIS-I and WAIS-DS scores. There was no significant
213 difference among the three groups in head motion as measured by mean FD ($F = 2.066$, $p =$
214 0.130).

215 **3.2. Differences in temporal variability of regional FC**

216 As shown in **Supplementary Table S2** and **Figure 2**, for temporal variability of the
217 regional FC, both the schizophrenia and bipolar disorder patients showed significantly
218 higher variabilities in a number of subcortical ROIs, including the thalamus and regions of
219 the basal ganglia (putamen/pallidum) compared with healthy controls; the schizophrenia
220 patients additionally showed significantly higher variabilities for a number of ROIs located
221 in the sensorimotor (precentral gyrus and postcentral gyrus), attention (inferior parietal
222 lobule) and limbic (hippocampus and amygdala) areas than healthy controls, as well as a
223 significantly lower variability in the superior frontal gyrus (medial orbital) than healthy
224 controls and a significantly lower variability in the posterior cingulate gyrus than bipolar
225 disorder patients (all corrected- $p < 0.05$).

226 **3.3. Differences in temporal variability of intra- and inter-network FC**

227 As shown in **Supplementary Table S3** and **Figure 3**, for temporal variabilities of the
228 intra-network FC within particular networks and inter-network FC between particular pairs
229 of networks, both the schizophrenia and bipolar disorder patients showed a significantly
230 higher variability for inter-network FC between the sensorimotor network and thalamus
231 compared with healthy controls; the schizophrenia patients additionally showed
232 significantly higher variabilities of both intra-network and inter-network FC than healthy
233 controls for several networks and pairs of networks, which mainly involved the
234 sensorimotor, visual and subcortical (including the thalamus) networks (all corrected $p <$
235 0.05).

236 **3.4. Correlations**

237 As shown in **Figures 4A** and **4B**, in the group of schizophrenia patients, significant
238 correlations were found between temporal variability of regional FC for left hippocampus
239 and the SANS scores (Spearman's $\rho = 0.330$, $p = 0.007$, uncorrected for multiple tests),
240 as well as between temporal variability of the inter-network FC between subcortical and
241 auditory networks and the WAIS-I scores (Spearman's $\rho = -0.286$, $p = 0.020$, uncorrected
242 for multiple tests). No significant correlations were found in the groups of healthy controls
243 and bipolar disorder patients ($p > 0.05$).

244 **4. Discussion**

245 In this study, we explored the common and specific changes in dynamic local and
246 large-scale resting-state FC, as characterized by altered temporal variabilities, across the
247 schizophrenia and bipolar disorder. Our results provide some innovative findings on the
248 dynamic functional architecture of the brain for these two severe mental disorders: firstly,
249 we found that both the schizophrenia and bipolar disorder patients showed increased
250 regional FC variabilities in a number of subcortical areas involving the thalamus and
251 regions of basal ganglia, as well as increased inter-network FC variability between the
252 sensorimotor cortices and thalamus; secondly, some specific abnormalities were found to

253 present only in the schizophrenia group, at both regional and network levels in a wider
254 range. These findings provide valuable information for improving our insight into the
255 neuropathology of these disorders from a dynamic brain functional perspective.

256 Our first important finding is that both the schizophrenia and bipolar disorder patients
257 exhibited similar increased temporal variabilities of local FC in the thalamus (**Figure 2**), as
258 well as of inter-network FC between the thalamus and sensorimotor cortices (**Figure 3**). It
259 is noteworthy that shared neural disturbances in thalamo-cortical communications across
260 schizophrenia and bipolar disorder, as characterized by similar over-connectivity between
261 the thalamus and sensorimotor regions, have been repeatedly reported in several previous
262 conventional static rs-fMRI studies (3,4). Our results, therefore, may extend such findings
263 to the context of dynamic resting-state FC for the first time to our knowledge. The
264 thalamus is known as a “relay station” for almost all motor and sensory information flow
265 from and to the cortex, where the information is further processed for high-order brain
266 functions (3,48). Specifically, aberrant communications between the thalamus and
267 sensorimotor network were presumed to reflect a sensory gating deficit which leads to
268 abnormal sensory information flow through the thalamus to the cortex (4,45,49). The
269 observed increased temporal variability of thalamo-sensorimotor connectivity could thus
270 point to such a sensory gating deficit, as abnormally increased temporal variability of FC
271 was suggested to reflect excessive fluctuations in brain activities and inappropriate
272 processing of information (22). As notably reported in both the schizophrenia and bipolar
273 disorder patients (50–52), the sensory gating deficit has been suggested to partly underlie
274 the cognitive and perceptual symptoms in the disorders (3,53). Therefore, our dynamic FC
275 findings may further support the hypothesis that thalamo-sensorimotor connectivity
276 disturbances and sensory gating deficits are common neurobiological features shared by
277 schizophrenia and bipolar disorder (4,50).

278 In the present study, we also found that both the schizophrenia and bipolar disorder
279 patients showed increased local FC variability in regions of the basal ganglia (putamen and
280 pallidum) (**Figure 2**). The basal ganglia is a group of subcortical nuclei (putamen,
281 pallidum, caudate nucleus, substantia nigra, and subthalamic nucleus) that involves a
282 variety of brain functions such as motor control, learning, and execution (54). The
283 functional and structural abnormalities of basal ganglia have been widely reported to be
284 associated with psychotic symptoms such as delusions in schizophrenia patients (55–57),
285 and also present in psychotic bipolar disorder patients (58). Therefore, our findings of such
286 shared alterations in the basal ganglia may be reflective of common functional deficits in
287 both the schizophrenia and bipolar disorder. These findings, together with the observed
288 shared alterations in the thalamo-sensorimotor circuit, may partly help to explain the
289 overlap clinical features in these two disorders.

290 Besides the above shared alterations in both patient groups, some specific alterations
291 in a much wider range were found to present in only the schizophrenia patients. These
292 include widespread increased FC variabilities at both regional and network levels,
293 involving the sensorimotor, visual, attention, limbic and subcortical areas, as well as
294 decreased regional FC variability in a number of areas comprising the default-mode
295 network such as posterior cingulate gyrus and superior frontal gyrus (medial orbital part)
296 (**Figure 2** and **Figure 3**). Generally, these results are highly consistent with the findings
297 from another recent study (22), which reported that schizophrenia patients had
298 significantly increased FC variabilities in sensory and perceptual systems (including the

299 sensorimotor network, visual network, attention network, and thalamus) and decreased FC
300 variabilities in high-order networks (including the default-mode and frontal–parietal
301 networks) than healthy subjects at both regional and network levels. Moreover, these
302 alterations were found to be related to patients’ clinical symptoms and cognitive deficits
303 both in the present study (**Figure 4**) and prior research (22). Therefore, our results further
304 support the recent opinion that such widespread aberrant dynamic brain network
305 reconfigurations may constitute a potential reliable biomarker for schizophrenia,
306 suggestive of impaired abilities in processing inputs in sensory/perceptual systems and
307 integrating information in high-order networks, which may underlie the perceptual and
308 cognitive deficits in schizophrenia (22,59). As for the bipolar disorder patients in the
309 present study, FC variabilities in these regions and networks did not differ significantly
310 from either of the other groups, which fell in the intermediate range between those of
311 healthy controls and schizophrenia patients (**Figure 2** and **Figure 3**). Thus, we propose
312 that such findings may offer support for the hypothesis of a psychosis continuum between
313 schizophrenia and bipolar disorder, with more severe brain deficits and disabling
314 symptoms in schizophrenia compared to bipolar disorder (60,61). However, future
315 investigation with a larger sample size and a higher statistical power is required to confirm
316 if these changes would be significant in patients with bipolar disorder, as compared to
317 healthy controls and schizophrenia patients.

318 There are several limitations of the present study and future research directions which
319 should be noted. First, as mentioned before, our sample size is relatively small and the
320 results should be further verified in future work with a larger sample to increase the
321 reliability and statistical power (62). Second, the illness duration and doses of
322 antipsychotics were not matched between the schizophrenia and bipolar disorder groups.
323 Although no significant correlations were found between them and any detected group
324 differences, which suggests that the observed group differences are unlikely to be mainly
325 driven by medications or long-term hospitalizations, further studies using drug-naïve or
326 matched samples for medication and illness duration are warranted to exclude their
327 possible effects. Third, a number of previous studies have pointed out that the psychotic
328 bipolar disorder may be a special phenotype from non-psychotic bipolar disorder (63,64).
329 In the current sample, the records of psychotic symptom histories are unavailable for most
330 bipolar disorder patients. Future studies are necessary to replicate our results and to
331 compare between psychotic and non-psychotic bipolar disorder patients. Fourth, while
332 many important results were found in the thalamus, we examined the thalamus as a single
333 entity by the AAL atlas. However, the thalamus can be anatomically subdivided into
334 multiple distinct nuclei with different FC patterns (44,65). Future studies to investigate the
335 temporal variability of thalamo-cortical FC patterns within different sub-regions in the
336 thalamus would further improve our understanding of its important role in the
337 schizophrenia and bipolar disorder.

338 In conclusion, we explored the common and specific changes in dynamic features of
339 FC, as characterized by temporal variabilities of FC patterns involved in specific brain
340 regions or large-scale brain networks, in schizophrenia and bipolar disorder patients. We
341 found that both the schizophrenia and bipolar disorder patients showed significantly
342 increased regional FC variabilities in subcortical areas including the thalamus and basal
343 ganglia, as well as increased inter-network FC variability between the sensorimotor
344 cortices and thalamus. More widespread significant alterations were found to present in

345 only the schizophrenia group, including increased FC variabilities in the sensorimotor,
346 visual, attention, limbic and subcortical areas at both regional and network levels, as well
347 as decreased regional FC variability in the default-mode areas. The observed alterations
348 shared by schizophrenia and bipolar disorder may help to explain their overlap clinical
349 features; meanwhile, the schizophrenia-specific abnormalities in a wider range could
350 potentially support the hypothesis of a psychosis continuum between schizophrenia and
351 bipolar disorder, that schizophrenia is associated with more severe functional brain deficits
352 compared to bipolar disorder.

353

354 **AUTHOR CONTRIBUTIONS**

355 Authors YL and WP designed the study and carried out the analysis. YL, ZL, GW, ZX, YP,
356 XC, XH and WP contributed to the data collection. YL wrote the first draft of manuscript.
357 ZL, CKC and WP contributed to the final manuscript. All authors have read and agreed to
358 the published version of the manuscript.

359

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368

369 **SUPPLEMENTARY MATERIAL**

370 The Supplementary Material for this article can be found online.

371

372 **Conflict of Interest Statement:**

373 The authors declare no conflict of interest.

374

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- 609
610

611

Table 1 Demographic, clinical and head motion characteristics of the three groups.

	Schizophrenia (<i>n</i> = 66)	Bipolar disorder (<i>n</i> = 53)	Healthy controls (<i>n</i> = 66)	Group comparisons
	(Mean ± SD)	(Mean ± SD)	(Mean ± SD)	
Age (years)	24.318 ± 6.127	25.340 ± 4.095	23.379 ± 4.416	$F = 2.249, p = 0.108$
Sex (male/female)	38/28	26/27	28/38	$\chi^2 = 3.044, p = 0.218$
Education (years)	13.152 ± 2.061	13.576 ± 2.578	14.076 ± 2.200	$F = 2.745, p = 0.067$
Illness duration (months)	22.214 ± 24.972 ^a	56.987 ± 53.907	/	$t = -4.281, p < 0.001$
Antipsychotics (taking/not taking)	63/3	38/15	/	$\chi^2 = 3.609, p < 0.001$
Fluoxetine equivalents (mg/day)	228.762 ± 155.296	108.047 ± 119.101	/	$t = 4.663, p < 0.001$
SAPS scores	18.231 ± 13.828	/	/	/
SANS scores	31.636 ± 27.810	/	/	/
17-item HAMD scores	/	12.660 ± 9.265	/	/
YMRS scores	/	5.113 ± 8.257	/	/
WAIS-I scores	18.174 ± 4.143	19.123 ± 4.410	20.985 ± 4.774	$F = 6.773, p < 0.001^b$
WAIS-DS scores	65.182 ± 15.493	70.321 ± 14.997	88.924 ± 13.014	$F = 48.263, p < 0.001^b$
Mean FD	0.095 ± 0.038	0.082 ± 0.035	0.086 ± 0.032	$F = 2.066, p = 0.130$

612 ¹ The information on illness duration was available for 56 schizophrenia patients. ² The LSD post-hoc
613 comparisons set at $p < 0.05$ showed that schizophrenia < healthy controls, and bipolar disorder < healthy
614 controls, while there was no significant difference between the schizophrenia and bipolar disorder
615 groups. SD, standard deviation; SAPS, Scale for Assessment of Positive Symptoms; SANS, Scale for
616 Assessment of Negative Symptoms; HAMD, Hamilton Rating Scale for Depression; YMRS, Young
617 Mania Rating Scale; WAIS-I, the Information subtest of the Wechsler Adult Intelligence Scale;
618 WAIS-DS, the Digit Symbol subtest of the Wechsler Adult Intelligence Scale; FD,
619 framewise-displacement.

620

621 **Figure Legends**

622

623 **Figure 1 The procedures for computing temporal variabilities of FC patterns.** Refer
624 to the section 2.3, “Temporal Variability of FC” for details. FC, functional connectivity;
625 ROI, region of interest.

626

627 **Figure 2 Group differences in the temporal variabilities of regional FC patterns.** The
628 error bars present the 95% confidence intervals, and the marks “*” indicate significant
629 between-group differences with corrected $p < 0.05$. AMYG, amygdala; FC, functional
630 connectivity; HIP, hippocampus; IPL, inferior parietal lobule; L, left hemisphere;
631 ORBsupmed, superior frontal gyrus (medial orbital); PAL, pallidum; PCG, posterior
632 cingulate gyrus; PoCG, postcentral gyrus; PreCG, precentral gyrus; PUT, putamen; R,
633 right hemisphere; THA, thalamus.

634

635 **Figure 3 Group differences in the temporal variabilities of intra-network and**
636 **inter-network FC patterns.** The error bars present the 95% confidence intervals, and the
637 marks “*” indicate significant between-group differences with corrected $p < 0.05$. AUD,
638 auditory network; DMN, default mode network; FC, functional connectivity; SAL,
639 salience network; SM, sensorimotor network; SUB, subcortical network; THA, thalamus;
640 VIS, visual network.

641

642 **Figure 4 The detected significant correlations in schizophrenia patients. (A)**
643 Correlation between the temporal variability of regional FC for left hippocampus and the
644 Scale for Assessment of Negative Symptoms (SANS) scores. **(B)** Correlation between the
645 temporal variability of inter-network FC between subcortical and auditory networks and
646 the Information Subtest of the Wechsler Adult Intelligence Scale (WAIS-I) scores. The
647 Spearman's correlation coefficients (ρ) and p values are presented on figures.

Signals from each ROI







