Estimation of the number of synapses in the hippocampus and brain-wide by volume electron microscopy and genetic labeling

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Abstract

We have estimated the densities of synapses per unit volume in the whole mouse brain. To do this, we combined Spinning Disc confocal Microscopy (SDM) that acquires images of synaptic proteins labeled with fluorophores in large brain areas, and FIB-SEM, a three-dimensional electron microscopy technique that provides a resolution beyond that of the confocal microscope, but in relatively small areas. The postsynaptic scaffold proteins PSD95 and SAP102 were genetically labeled to visualize excitatory synapses with SDM. We calculated the densities of synaptic puncta (with SDM) and the actual number of synapses (with FIB-SEM) in the CA1 region of the hippocampus. We then calculated the quantitative relationship between the densities of fluorescent puncta and the number of synapses. Finally, we applied this conversion factor to other regions of the brain where densities of puncta were available. We observed three different groups of brain regions, one with the highest densities of synapses (isocortex, olfactory areas, hippocampal formation and cortical subplate), a second group with low densities of synapses (pallidum, hypothalamus, brainstem and cerebellum), and a third group comprising structures which showed a wide range of synapse densities (striatum and thalamus).

Keywords

FIB-SEM, PSD95, SAP102, Hippocampus, CA1

Significance statement

Neurons communicate through synapses. Determining the number of synapses that are present in different brain regions is therefore crucial to understand brain connectivity as a whole. Here we have developed a technique that allows us to estimate the number of synapses that are present in more than one hundred regions brain-wide. We found that, in general, rostral parts of the brain —including the neocortex— have the highest numbers of synapses, while caudal regions —including the cerebellum and brainstem— have much lower numbers of synapses. Other regions, such as the thalamus, are highly heterogeneous. These quantitative data will help to better understand the structure of brain microcircuits and to build realistic whole-brain models.

Introduction

Membrane-associated guanylate kinases (MAGUKs) are a family of scaffold proteins that participate in the regulation of cell polarity, cell adhesion and synaptic signal transduction (Migaud et al., 1998; Ye et al., 2018; Zhu et al., 2016). PSD95 and SAP102 belong to the MAGUK family and are expressed in the postsynaptic density (PSD) of excitatory glutamatergic synapses (Aoki et al., 2001; Chen et al., 2018, 2008; DeGiorgis et al., 2006; Farley et al., 2015; Husi et al., 2000; Petersen et al., 2003; Valtschanoff et al., 1999; Yamasaki et al., 2016), where they contribute to the recruitment and retention of glutamate receptors (Hafner et al., 2015; Jeyifous et al., 2016; Levy et al., 2015). Genetic labeling of the endogenous PSD95 and SAP102 postsynaptic proteins and posterior imaging using Spinning Disk confocal Microsocpy (SDM) have been proven to be extremely useful for the characterization of synapse diversity in all brain regions of the mouse. High-speed SDM allows the imaging of entire brain sections and visualization of millions of synapses at a time, providing bi-dimensional densities of puncta per surface area (puncta/100 μm^2) (Zhu et al., 2018).

Previous attempts have been made to calculate the density of synapses in the brain using electron microscopy (EM). This technique allows the identification of individual synapses; however, it is restricted to much smaller fields of view. Furthermore, most of these EM studies apply stereological techniques to single EM sections. Although stereology is a proven valuable method for object counting, the total number of synapses is an estimation which is subject to several technical limitations [see (DeFelipe et al., 1999) for a review]. In the present study, we use Focused Ion Beam milling-Scanning Electron Microscopy (FIB-SEM) — an EM technique that allows the identification of all individual synapses within a known volume of brain tissue, reconstructed from serial sections. Image acquisition is fully automated, eliminating the need for manual serial sectioning, the collection of ultrathin sections, and the manual acquisition of microphotographs (Merchán-Pérez et al., 2009). Thus, although the true density of synapses per unit volume can be obtained directly (not through estimations using stereological methods), to date it has only been possible to examine relatively small 3D regions of the brain.

The aim of our study was first to obtain detailed data about the synaptic density and size of synapses in the CA1 of the hippocampus using FIB-SEM and, second, to enable both technologies —SDM and FIB-SEM— to be used in a complementary manner (Figure 1), so that the actual densities of synapses per unit volume could be estimated brainwide. We have chosen CA1 since it is a key region in the hippocampal circuitry for which the numbers of excitatory and inhibitory synapses have not been fully addressed in the mouse using volume EM. Furthermore, CA1 was used as a reference region in transgenic mice expressing fluorescence-labeled PSD95 and SAP102 to estimate the number of synapses brain-wide. To this end, we have used SDM and FIB-SEM to measure the densities of puncta and synapses, respectively, in stratum oriens (SO), stratum radiatum (SR) and stratum lacunosum-moleculare (SLM). We then calculated the quantitative relationship between the densities of puncta and synapses obtained by the two methods. This quantitative relationship or conversion factor was later applied to other regions of the brain where densities of puncta are available (Zhu et al., 2018) but no 3D electron microcopy methods have yet been applied.

Figure 1. General methodology. Knockin mice expressing fluorescent PSD95 and SAP102 were imaged with Spinning Disc Confocal Microscopy (SDM) and with FIB-SEM. SDM allows the acquisition of large field, 2D fluorescent images, while FIB-SEM is an electron microscopy technique with a resolution in the scale of nanometres that generates 3D stacks of images, but with a smaller field of view. We have used a combination of both techniques to estimate the actual densities of synapses per unit volume brainwide.

Materials and Methods

Animals

For this study, we used adult male mice (postnatal day 56) expressing fluorescently labeled
PSD95 and SAP102 postsynaptic proteins (PSD95$^{eGFP/eGFP}$; SAP102$^{mKO2/Y}$) (Zhu et al., 2018). All
animals were handled in accordance with the guidelines for animal research set out in the
European Community Directive 2010/63/EU, and all procedures were approved by the local
ethics committee.

Tissue preparation for spinning disc microscopy

Sixteen mice were anesthetized by an intraperitoneal injection of 0.1 mL of 20% w/v sodium
pentobarbital (Euthatal, Merial Animal Health Ltd. or Pentoject, Animalcare Ltd.). After
complete anesthesia, 10 mL of phosphate buffered saline (PBS; Oxoid) were perfused
transcardially, followed by 10 mL of 4% v/v paraformaldehyde (PFA; Alfa Aesar). Whole brains
were dissected out and post-fixed for 3–4 h at 4° C in 4% PFA, and then cryoprotected for 3
days at 4 °C in 30% sucrose solution (w/v in 1× PBS; VWR Chemicals). Brains were then
embedded into optimal cutting temperature (OCT) medium within a cryomould and frozen by
placing the mould in isopentane cooled down with liquid nitrogen. Brains were then sectioned,
with a thickness of 18 μm, using an NX70 Thermo Fisher cryostat, and cryosections were
mounted on Superfrost Plus glass slides (Thermo scientific) and stored at −80 °C.

Histology and immunohistochemistry

Sections were washed for 5 min in PBS, incubated for 15 min in 1 μg/mL DAPI (Sigma), washed
and mounted using home-made MOWIOL (Calbiochem) containing 2.5% anti-fading agent
DABCO (Sigma-Aldrich), covered with a coverslip (thickness #1.5, VWR international) and
imaged the following day.

Spinning Disk Confocal Microscopy

For synaptome mapping, we used Spinning Disk confocal Microscopy (SDM) platforms. The
Andor Revolution XDi was used with an Olympus UPlanSAPO 100X oil immersion lens (NA 1.4),
a CSU-X1 spinning-disk (Yokogawa) and an Andor iXon Ultra monochrome back-illuminated
EMCCD camera. Images acquired with this system have a pixel dimension of 84 × 84 nm and a
depth of 16 bits. A single mosaic grid was used to cover each entire brain section with an
adaptive Z focus set-up by the user to follow the unevenness of the tissue using Andor iQ2
software. In both systems, eGFP was excited using a 488 nm laser and mKO2 with a 561 nm
laser. The CV1000 system is equipped with the following filters: BP 525/50 nm for eGFP and BP
617/73 nm for mKO2, whereas the Andor Revolution XDi is equipped with a Quad filter (BP
440/40, BP 521/21, BP 607/34 and BP 700/45). For both systems, mosaic imaging was set up
with no overlap between adjacent tiles.

Detection and measurement of fluorescent Synaptic Puncta

Punctum detection was performed using Ensemble Detection, an in-house collection of image
detection algorithms. We have developed a new punctum/particle detection method based on
a multi-resolution image feature detector and supervised machine learning technique (Zhu et
al., 2018). In this method, we carry out a multi-resolution and multi-orientation version of 2nd-
order nonlocal derivative (NLD) (Qiu et al., 2012), and use it to calculate intensity differences,
referred to as 'image features', for each of the individual puncta at different spatial resolutions

and orientations. An initial intensity threshold is set to a very low value to only filter out
extremely dim puncta and to avoid missing true synaptic puncta. The remaining candidate
puncta were finally classified as either true puncta or background noise using the
corresponding feature vectors and the classifier. The classifier was pre-trained with the
training image set and machine learning algorithms (Qiu et al., 2012).

After detection and localization of all puncta, we segmented them based on their individual
intensity values: for each punctum, a threshold was set as 10% of the maximum pixel intensity
within the punctum, so that punctum size and shape measurement were independent of
punctum intensity (Zhu et al., 2018). With the puncta segmented and binarized, six punctum
parameters were then calculated: mean punctum pixel intensity, punctum size, skewness,
kurtosis, circularity, and aspect ratio.

Tissue Preparation for electron microscopy

Four male PSD95$^{eGFP/eGFP}$; SAP102$^{mKO2/Y}$ mice were used for electron microscopy. Animals were
administered a lethal intraperitoneal injection of sodium pentobarbital (40 mg/kg) and were
intracardially perfused with 2% paraformaldehyde and 2.5% glutaraldehyde in 0.1 M
phosphate buffer (PB). The brain was then extracted from the skull and processed for EM as
previously described (Merchán-Pérez et al., 2009). Briefly, the brains were post-fixed at 4°C
overnight in the same solution used for perfusion. They were then washed in PB and
vibratome sections (150 μm thick) were obtained. Sections containing the rostral hippocampus
were selected with the help of an atlas (Paxinos and Franklin, 2004). Selected sections were
osmicated for 1 hour at room temperature in PB with 1% OsO4, 7% glucose and 0.02 M CaCl$_2$.
After washing in PB, the sections were stained for 30 min with 1% uranyl acetate in 50%
ethanol at 37°C, and they were then dehydrated and flat embedded in Araldite (DeFelipe and
Fairén, 1993). Embedded sections were glued onto blank Araldite stubs and trimmed. To select
the exact location of the samples, we first obtained plastic semithin sections (1−2 μm thick)
from the block surface and stained them with toluidine blue to identify cortical layers. These
sections were then photographed with a light microscope. The last of these light microscope
images (corresponding to the section immediately adjacent to the block face) was then
collated with scanning electron microscope (SEM) photographs of the surface of the block. In
this way, it was possible to accurately identify the regions of the neuropil to be studied.

Three-Dimensional Electron Microscopy

Three-dimensional brain tissue samples of the CA1 of the hippocampus were obtained using
combined focused ion beam milling and scanning electron microscopy (FIB-SEM) (Figure 2).
The focus of our study was the neuropil, which is composed of axons, dendrites and glial
processes. We used a CrossBeam 540 electron microscope (Carl Zeiss NTS GmbH, Oberkochen,
Germany). This instrument combines a high-resolution field emission SEM column with a
focused gallium ion beam, which can mill the sample surface, removing thin layers of material
on a nanometer scale. After removing each slice (20 nm thick), the milling process was paused,
and the freshly exposed surface was imaged with a 1.8-kV acceleration potential using the in-
column energy selective backscattered (EsB) electron detector. The milling and imaging
processes were sequentially repeated, and long series of images were acquired through a fully
automated procedure, thus obtaining a stack of images that represented a three-dimensional
sample of the tissue (Merchán-Pérez et al., 2009). Twelve samples (stacks of images) of the
neuropil of three strata of CA1 were obtained, avoiding the neuronal and glial somata as well
as the blood vessels (Figure 3). These stacks included four samples of stratum lacunosum

moleculare (SLM), four of stratum radiatum (SR) and four of stratum oriens (SO) (see
Supplementary Table 1). In these stacks, we obtained the densities of glutamatergic
(asymmetric) and GABAergic (symmetric) synaptic junctions. To do this, we counted the
number of synaptic junctions within an unbiased three-dimensional counting frame of known
volume (Howard and Reed, 2005). Image resolution in the xy plane was 5 nm/pixel; resolution
in the z-axis (section thickness) was 20 nm and image sizes were 2048 x 1536 pixels. The
number of sections per stack ranged from 201 to 377 (mean 276.33; total 3316 sections).
Processing for EM causes shrinkage of the tissue for which we have to correct the
measurements (Merchán-Pérez et al., 2009). Correction factors were 0.9508 for linear
measurements, 0.9040 for area measurements and 0.8595 for volumetric data. The volumes of
the stacks, after correction for tissue shrinkage, ranged from 367.81 to 689.86 μm^3 (mean
505.66 μm^3; total 6067.86 μm^3). The volumes of the counting frames ranged from 288.62 to
585.99 μm^3 (mean 408.76 μm^3; total 4905.07 μm^3) (Supplementary Table 1).

Identification and reconstruction of synapses

Synaptic junctions within these volumes were visualized and segmented in 3D with Espina
software (Morales et al., 2011)(http://cajalbbp.es/espina/). The segmentation algorithm
makes use of the fact that presynaptic and postsynaptic densities appear as dark, electron-
dense structures under the electron microscope. It requires a Gaussian blur filter
preprocessing to eliminate noisy pixels and then it uses a gray-level threshold to extract all the
voxels that fit the gray levels of the synaptic junction. In this way, the resulting 3D
segmentation includes both the active zone (AZ) and postsynaptic density (PSD) (Morales et
al., 2013). Synaptic junctions with a prominent or thin PSD were classified as asymmetric or
symmetric synaptic junctions, respectively (Figure 2). Synapses could be unambiguously
identified since they can be visualized in consecutive serial sections and, if necessary, they can
be digitally resectioned in different planes to ascertain their identity as asymmetric or
symmetric synapses (DeFelipe et al., 1999; Merchán-Pérez et al., 2009).

Size of synapses

As stated above, the synaptic junction is formed by the AZ and the PSD. Since AZ and PSD are
in close apposition and have similar surface areas, they can be represented as a single surface
— the synaptic apposition surface (SAS). Thus, the SAS is an accurate measurement of the size
of the synapse. In previous studies we have developed an efficient computational technique to
automatically extract this surface from reconstructed synapses (Morales et al., 2013).

Statistical analysis

To study whether there were significant differences between synaptic distributions among the
different CA1 layers, we performed a multiple mean comparison test. When the data met the
criteria of normality and homoscedasticity, an ANOVA was performed. When these criteria
were not met, we used the Kruskal-Wallis followed by Dunn's test for pair-wise comparisons.

Results

We estimated the density and the size of synapses with two alternative methods (Figure 1). PSD95-positive synapses were identified as fluorescent puncta using SDM, and FIB-SEM was used to visualize and reconstruct synaptic junctions in the same regions, so the estimations made with confocal microscopy could be validated. EM also provided information that was not obtained in confocal images, such as the relative proportions of excitatory (asymmetric) and inhibitory (symmetric) synapses (Figure 2, Figure 3).

Density of PSD95/SAP102 puncta and synapses

Densities of fluorescent puncta (number of positive puncta per 100 μm^2) were measured in SLM, SR and SO from CA1. We obtained the densities of puncta expressing PSD95 (*dPSD95*), SAP102 (*dSAP102*) and the colocalization index (*c*). The colocalization index ranges from 0, when there is no colocalization, to 1, when there is 100% colocalization. From these data we calculated the total density of puncta (*dTotal*) (Table 1). Note that the total density of puncta is not simply the sum of *dPSD95* and *dSAP102*, since there is a certain density of puncta that colocalize (*dColoc*). We operated as follows:

$$dTotal = dPSD95 + dSAP102 - dColoc$$

$$dColoc = c \times dTotal$$

therefore,

$$dTotal = \frac{dPSD95 + dSAP102}{1 + c}$$

We observed the highest puncta density in SR (mean ± SD; 147.30 ± 27.49 puncta/100 μm^2), followed by SO (141.13 ± 17.39 puncta/100 μm^2) and SLM (104.46 ± 23.57 puncta/100 μm^2). The differences between SLM and the other two layers were statistically significant (KW test, p < 0.005) (Figure 4A).

Figure 2. Identification and segmentation of synaptic junctions in serial sections acquired by FIB-SEM. **(A-C)** Detail of four electron micrographs selected from a series o images obtained by FIB-SEM. In this example, the stack of images was obtained from the stratum oriens. The numbers in the bottom-right corner correspond to section number. Four asymmetric synapses can be identified by the presence of prominent post-synaptic densities in A, B, C and D (asterisks). One symmetric synapse, with a thin post-synaptic density, can be seen in C and D (arrow heads). Note that the classification of synapses as asymmetric or symmetric is not based on single images but on the examination of the full sequence of images. **(E-H)** The same images after they have been segmented with Espina software (http://cajalbbp.es/espina/). The segmentation process is based on grey-level thresholds, so the resulting 3D objects comprise both the pre- and post-synaptic densities (see methods). Green profiles correspond to asymmetric synapses and red profiles to the symmetric synapse. **(I)** 3D rendering of the synaptic junctions present in A to H. **(J)** Synaptic apposition surfaces (SAS, yellow) extracted from the 3D segmentations represented in (I). SAS are automatically extracted from the 3D reconstructions of synaptic junctions (see methods); they are zero-volume surfaces that represent the interface between the pre- and post-synaptic densities. The surface area of the SAS is measured for each individual synaptic junction. **(K, L)** Same structures represented in I and J, respectively, after they have been rotated through a vertical axis. Original images were acquired with a resolution of 5 nm/pixel, with a distance of 20 nm between two consecutive images. Calibration bar in H is 1 µm.

Figure 3. Measuring synaptic densities and sizes in stacks of sections obtained by FIB-SEM. (A-C)
Panoramic view of electron micrographs of the stratum lacunosum moleculare (SLM), stratum radiatum
(SR) and stratum oriens (SO) imaged by FIB-SEM. **(D-F)** 3D rendering of synaptic junctions reconstructed
from the corresponding stacks of serial sections, acquired from the strata represented in A to C.
Asymmetric synaptic junctions have been represented in green and symmetric synaptic junctions in red.
(G-I). The synaptic apposition surfaces (SAS, yellow) have been automatically extracted from the three-
dimensionally reconstructed synaptic junctions. The number of synapses per unit volume and the
surface areas of the SAS have been measured in each stack of serial sections (see Tables 1 and 2).

For the volume electron microscopy study, we used 12 stacks of serial sections from SLM, SR
and SO. In these samples, we identified and analyzed a total of 10,460 synapses in 4,905 μm^3
of tissue. Of these, 95.60% were AS and 4.40% were SS. To estimate the density of synapses in
each stack of images, we counted the number of synaptic junctions within an unbiased three-
dimensional counting frame of known volume (see Methods). The density of AS (mean ± SD) in
SLM was 1.59 ± 0.73 synapses/μm^3, in SR it was 2.31 ± 0.38 synapses/μm^3, and in SO it was
2.49 ± 0.48 synapses/μm^3 (Table 1). SS were most frequent in SLM (0.13 ± 0.07 synapses/μm^3),
followed by SR (0.06 ± 0.02 synapses/μm^3) and SO (0.05 ± 0.02 synapses/μm^3). In spite of this
trend of an increase in AS density from SLM to SO, and a decrease in SS across these strata, the
differences between layers were not statistically significant for either the total density of
synapses (AS+SS) or for AS and SS separately (KW test, p ≥ 0.08) (Figure 4B, C).

Figure 4. Total densities of PSD95 and SAP102 puncta, asymmetric synapses and symmetric
synapses. (**A**) Density of PSD95- and SAP102-positive puncta (puncta/100 μm^2 ± SD) acquired
by SDM in the hippocampus (CA1). Asterisks indicate statistically significant differences (KW, p
< 0.005). (**B**) and (**C**) Density of asymmetric and symmetric synapses, respectively
(synapses/μm^3 ± SD), estimated from stacks of serial sections acquired by FIB-SEM from the
same region.

When we compared SDM and FIB-SEM data, we found that both methods revealed lower densities in SLM and higher and similar densities in SR and SO. We then calculated a conversion factor that would allow us to relate the densities of PSD95 and SAP102 puncta to the actual densities of excitatory synapses found by FIB-SEM. These conversion factors were calculated as the quotient between the actual density of excitatory synapses and total density of PSD95 and SAP102 puncta (Table 1). Conversion factors obtained for each layer of CA1 were slightly different; they ranged from 0.0152 to 0.0176. As a conservative approach, we also calculated an averaged conversion factor with data from the three layers analyzed (Table 1).

Stratum of CA1	Density of PSD95 (puncta/100 μm^2)	Density of SAP102 (puncta/100 μm^2)	Coloca-lization index	Total density of puncta/100 μm^2	Density of AS (synapses/ μm^3)	Conver-sion factor
Lacunosum-Moleculare	86.9174 ± 19.1856	79.5983 ± 26.1547	0.5973	104.4573 ± 23.5698	1.5958 ± 0.7317	0.0153
Radiatum	122.9793 ± 25.4202	121.0397 ± 22.3355	0.6607	147.3026 ± 27.4920	2.3076 ± 0.3788	0.0157
Oriens	121.1208 ± 19.1566	111.7809 ± 17.4686	0.6520	141.1321 ± 17.3944	2.4887 ± 0.4763	0.0176
All layers averaged	110.3392 ± 26.8614	104.1396 ± 28.2323	0.6367	130.9640 ± 29.6704	2.1307 ± 0.6396	0.0162

Table 1. Relationship between the densities of puncta and the densities of synapses. PSD95 and SAP102 puncta were imaged with SDM. The total densities of puncta were calculated from the densities of PSD95 and SAP102 puncta, together with the colocalization index (see text for details). The densities of asymmetric synapses (AS) were obtained from volumes of tissue reconstructed from serial sections using FIB-SEM. For each layer, the conversion factors is the quotient between the density of synapses obtained by FIB-SEM and the total density of puncta calculated from SDM images. Densities are given as average ± SD.

The next step was to calculate the total number of puncta expressing PSD95 and/or SAP102 brain-wide, using previously published data (Supplementary Table 2). These data are available for 12 major brain regions divided into 113 subregions (Zhu et al., 2018). Our analysis indicates that brain regions can be classified into three groups according to the different combinations of densities of PSD95, SAP102 and total densities of puncta (Figure 5). The first group shows the highest total densities of puncta; it includes the isocortex, the olfactory areas, the hippocampal formation and the cortical subplate. All these regions are relatively homogeneous except the hippocampal formation, which shows wider ranges of variability. Also, isocortical areas show a relatively higher proportion of PSD95 versus SAP102 than the other regions. A second group is formed by regions that show low densities of puncta; these regions are the pallidum, the hypothalamus, the brainstem and the cerebellum. Finally, the third group is formed by structures whose components range from low to high densities of puncta. This group includes the striatum and especially the thalamus, which shows the highest range of variability. For example, of all thalamic nuclei, the ventral medial nucleus had one of the lowest estimated densities of total puncta (19.78 puncta/100 μm^2), while the posterior

352 complex had one of the highest estimated densities (110.15 puncta/100 μm^2) (Supplementary
353 Table 2). As a validation step, we compared previously published data regarding CA1 (Zhu et
354 al., 2018) with our present data; the total densities of puncta expressing PSD95 and/or SAP102
355 were remarkably similar (128.95 puncta/100μm^2 in previously published data and 130.96
356 puncta/100μm^2 in the present study).

Figure 5. Densities of PSD95 and SAP102 puncta, and total densities of puncta in different
regions of the brain. The total densities of puncta have been calculated from previously
published colocalization indexes and densities of PSD95 and SAP102 puncta (Zhu et al., 2018).
Brain regions can be classified into three groups. The first group shows the highest total
densities of puncta; it includes the isocortex, the olfactory areas, the hippocampal formation
and the cortical subplate. A second group shows low densities of puncta; these regions are the
pallidum, the hypothalamus, the brainstem and the cerebellum. The third group is formed by
structures with densities of puncta ranging from low to high, and includes the striatum and
thalamus.

Finally, we estimated the actual density of synapses expressing PSD95 and/or SAP102, making
use of the averaged conversion factor obtained in CA1 (0.0162, see Table 1). The values
obtained have been graphically represented in Figure 6. In general, the hippocampal cornu
ammonis, the isocortex and the olfactory areas show the highest synaptic densities,
intermingled with cortical subplate nuclei. Within the hippocampal formation, the dentate
gyrus and the subiculum presented similar densities, but they were lower than in the Ammon's
horn. Striatal nuclei showed considerable variations, but the thalamic nuclei showed the
highest variability, as mentioned above. The cerebellar cortex showed homogeneously low
densities and the pallidum, hypothalamus and brainstem had the lowest synaptic densities.

Figure 6. Estimated densities of synapses expressing PSD95 and/or SAP102 in different regions of the brain. The total densities of puncta have been calculated from previously published densities of PSD95 and SAP102, as well as their colocalization indexes (Zhu et al., 2018). A conversion factor obtained in CA1 was used to estimate the actual densities of synapses per cubic micron (see text for details). Illustrations and brain regions are based on the Allen Mouse Brain Atlas. The following structures have been labeled: **Cerebellum** (CBL), CBLCX: cerebellar cortex; DN: Dentate nucleus; IP: Interposed nucleus. **Medulla** (MD), CO: Cochlear nuclei; PRP: Nucleus prepositus; SPV: Spinal nucleus of the trigeminal; VN: Vestibular nuclei. **Midbrain** (MB), SN: Substantia nigra. **Hypothalamus** (HY), ZI: Zona incerta. **Thalamus** (TH), HA: Habenular nuclei; LG: Lateral geniculate complex; LP: Lateral posterior nucleus; PF: Parafascicular nucleus; PO: Posterior complex; RT: Reticular nucleus; SPF: Suprafascicular nucleus; VM: Ventral medial nucleus; VPL: Ventral posterolateral nucleus; VPM: Ventral posteromedial nucleus. **Pallidum**, NDB: Diagonal band nucleus; SI: Substantia innominata. **Striatum**, ACB: Nucleus accumbens; CEA: Central amygdalar nucleus; CP: Caudoputamen; LS: Lateral septal nucleus; MEA: Medial amygdalar nucleus. OT: Olfactory tubercle; SH: septohippocampal nucleus. **Cortical subplate**, BLA: Basolateral amygdalar nucleus; BMA: Basomedial amygdalar nucleus; CLA: Claustrum; EPd: Endopiriform nucleus, dorsal part; EPv: Endopiriform nucleus, ventral part; LA: Lateral amygdalar nucleus; PA: Posterior amygdalar nucleus. **Olfactory areas**, AON: Anterior olfactory nucleus; COA: Cortical amygdalar area; PAA: Piriform-amygdalar area; PIR: Piriform area; TR: Postpiriform transition area; TTd: Taenia tecta, dorsal part; TTv: Taenia tecta, ventral part. **Hippocampal formation**, CA1, CA2, CA3: Cornu Ammonis, fields 1, 2 and 3; DG: Dentate gyrus. ENT: Entorhinal area; SUB: Subiculum. **Isocortex**, ACAd: Anterior cingulate area, dorsal part; ACAv: Anterior cingulate area, ventral part; AId: Agranular insular area, dorsal part; AIv: Agranular insular area, ventral part; AUD: Auditory areas (d, p, v: dorsal, primary ventral); ECT: Ectorhinal area; GU: Gustatory area; ILA: Infralimbic area; MOp: Primary motor area; MOs: Secondary motor area; ORBl: Orbital area, lateral part; ORBm: Orbital area, medial part; ORBvl: Orbital area, ventrolateral part; PERI: Perirhinal area; PL: Prelimbic area; PTLp: Posterior parietal association areas; RSP: Retrosplenial area; SSp: Primary somatosensory area (bfd, ul m, and n: barrel field, upper limb, mouth and nose representations); TEa: Temporal association areas; VIS: Visual areas (am, p, al: anteromedial, primary, anterolateral).

Size of synapses

We measured the area of PSD95 puncta in SLM, SR and SO. The largest mean area of puncta was found in SLM (0.0832 μm^2), followed by SR (0.0809 μm^2) and SO (0.0798 μm^2). Although the differences were small, they were statistically significant (KW test $p < 0.001$).

To estimate the size of synapses in the FIB-SEM samples, we measured the area of the synaptic apposition surface (SAS). The SAS is a surface that represents the apposition between the presynaptic density and the PSD and reproduces their curvature (see Methods). The mean SAS area in the FIB-SEM samples was 0.0474 μm^2 for asymmetric synapses and 0.0541 μm^2 for symmetric synapses.

For asymmetric synapses, the mean SAS area in SLM was larger than in the other layers (0.0633 μm^2; KW-Dunn's $p < 0.001$). Despite the mean SAS area being larger in SR than in SO (0.0456 μm^2 and 0.0419 μm^2, respectively), the difference was not statistically significant (KW-Dunn's $p > 0.05$). For symmetric synapses, the largest mean SAS areas were found in SO (0.0644 μm^2) followed by SLM (0.0519 μm^2) and SR (0.0501 μm^2) (KW, $p = 0.05$) (Figure 7, Table 2).

Figure 7. Size of PSD95 puncta, asymmetric synapses and symmetric synapses. (A) Area of PSD95-positive puncta (μm^2) acquired by SDM in the hippocampus (CA1) (Mean + SD). Asterisks indicate statistically significant differences. (**B) and (C)** Mean size of the synaptic apposition surface (SAS) of asymmetric and symmetric synapses (μm^2) estimated from stacks of serial sections acquired by FIB-SEM from the same region. See also Table 2.

When we compared the sizes of asymmetric synapses and symmetric synapses in different layers, we found that symmetric synapses were larger than asymmetric synapses in SO and SR, while in SLM the opposite was the case. The greatest differences were found in SO, where mean SAS areas for symmetric synapses and asymmetric synapses were in a proportion of approximately 6:4 (MW test, p < 0.0001) (Table 2).

To further characterize the size distribution of synaptic sizes, we plotted the frequency histograms of the areas of PSD95 puncta and of the SAS (Figure 8). The frequency histograms of the areas of PSD95 puncta showed skewed shapes, with a long tail to the right. The histograms of SAS areas of asymmetric synapses measured from FIB-SEM reconstructions also showed skewed shapes, but they were narrower and lay to the left of PSD95 histograms in all layers (Figure 8).

We then performed goodness-of-fit tests to find the theoretical probability density functions that best fitted the empirical distributions of the areas of PSD95 puncta and SAS areas. We found that they fitted to log-normal distributions in all cases, with some variations in the parameters μ and σ (Table 2 and Figure 8).

		Stratum			
		Lacunosum-Moleculare	Radiatum	Oriens	All layers
PSD 95 Puncta	Mean Area ± SD (μm^2)	0.0832 ± 0.0342	0.0809 ± 0.0352	0.0798 ± 0.0336	0.0813 ± 0.0342
	n	147776	189945	125916	463637
	μ	11.24	11.20	11.20	11.21
	δ	0.44	0.48	0.46	0.46
AS	Mean SAS Area ± SD (μm^2)	0.0633 ± 0.0540	0.0456 ± 0.0358	0.0419 ± 0.0271	0.0474 ± 0.0377
	n	2258	4538	5082	11878
	μ	10.74	10.55	10.50	10.54
	δ	0.80	0.63	0.57	0.64
SS	Mean SAS Area ± SD (μm^2)	0.0520 ± 0.0338	0.0501 ± 0.0394	0.0644 ± 0.0491	0.0541 ± 0.389
	n	247	93	87	427
	μ	10.67	10.60	10.97	10.70
	δ	0.68	0.65	0.75	0.69

Table 2. Surface areas of PSD95 puncta acquired by SDM, and surface areas of the synaptic apposition surface (SAS) of asymmetric (AS) and symmetric (SS) synapses reconstructed from FIB-SEM samples. The number of puncta or synapses analyzed (n), as well as the parameters μ and σ of the corresponding best-fit log-normal distributions are also indicated.

Figure 8. Frequency histograms of the sizes of PSD95 puncta and asymmetric synapses. (**A-C**) Comparison of the distribution of the surface areas of PSD95 puncta acquired by SDM (red line) and the synaptic apposition surfaces of asymmetric synapses reconstructed from FIB-SEM samples (blue line) from three layers of the CA1 region of the hippocampus. The histograms corresponding to asymmetric synapses are narrower and lie to the left of the histograms corresponding to PSD95 puncta. (**D-F**) Frequency histograms (blue bars) of the areas of the synaptic apposition surfaces of asymmetric synapses reconstructed from FIB-SEM samples. The log-normal distributions (black lines) represent the theoretical probability density functions that best fit the experimental data. The parameters μ and σ of the corresponding log-normal distributions have also been indicated.

Discussion

Relationship between the densities of puncta expressing PSD95 and/or SAP102 and the actual density of synapses

In this study, we have —for the first time— analyzed the synaptic density of excitatory and inhibitory synapses, as well as their size, in stratum oriens, stratum radiatum and stratum lacunosum-moleculare of the CA1 hippocampal region of the mouse, using three-dimensional electron microscopy. With this method, long series of consecutive sections are obtained by FIB-SEM, so individual synapses can be unambiguously identified and the number of synapses per unit volume can be directly calculated. However, as with any other electron-microscopy technique, FIB-SEM can only be applied to relatively small regions of tissue, so it is not practical for brain-wide estimations. By contrast, the number of fluorescent puncta expressing PSD95 and/or SAP102 can be quantified brain-wide using SDM, so we have attempted to establish a correlation between the two kinds of measurements.

Synapses expressing PSD95 and/or SAP102 can be quantified brain-wide but they are certainly not the only synapses that are present in any given brain region. The clearest example would be inhibitory synapses, represented by symmetric or type 2 synapses (Colonnier, 1968; Gray,

1959), that can be identified in FIB-SEM images because of their thin PSD (Merchán-Pérez et
al., 2009). In our CA1 samples, symmetric synapses represent 4.4% of the total number of
synapses. These do not express PSD95 or SAP102, so their densities cannot be estimated from
previous or present SDM data.

If only excitatory glutamatergic synapses express PSD95 and/or SAP102, the next question is
whether all excitatory synapses express these scaffold proteins. This question does not have a
simple answer since there have been several —often conflicting— reports and, on occasion,
only qualitative estimations have been provided. For example, PSD95 was regarded as "a
fundamental structural component of most, if not all, excitatory PSDs isolated from the rat
cerebral cortex" (Petersen et al., 2003). Other reports seem to confirm this view using
immunogold techniques. For example, in a small sample from the juvenile and adult rat
forebrain, 31 out of 32 PSDs analyzed showed PSD95 immunolabeling (Swulius et al., 2010)
and similar results were obtained in the cerebral cortex of the adult rat (DeGiorgis et al., 2006).
Lower percentages of PSD95-expressing synapses have been reported in the adult rat visual
cortex, where more than 60% of PSDs had PSD95 labeling (Aoki et al., 2001). Also, in the rat
hippocampus, 48% of synapses expressed PSD95 on postnatal day 35 and 45% at 6 months of
age (Sans et al., 2000). These lower percentages could be due to different labeling techniques.
Indeed, the lower percentages of PSD95 expression were questioned by a study reporting that
in the olfactory bulb 95−100% of synaptic profiles were immunolabeled, using a more sensitive
method and a higher titer of antibodies (Sassoé-Pognetto et al., 2003). In fact, this study
revealed an average number of immunogold particles that was five to ten times higher than
that previously reported in the rat hippocampus (Sans et al., 2000). Alternatively, the
differences could be due to actual differences in the expression of PSD95, SAP102 and other
proteins [see, for example (Farley et al., 2015)]. In any case, the high variability in the
estimations of the number of synapses expressing PSD95 or SAP102 by immunogold methods
might depend on the antibodies, titers and immunocytochemical techniques used. However,
the advantage of our genetic labeling technique is that 100% of PSD95 and SAP102 are labeled,
so a more reliable detection throughout the brain would be expected.

Turning to the adult mouse hippocampus, it has been recently claimed that all Schaffer
collateral/commissural synapses in the SR of CA1 show immunogold staining for PSD95
(Yamasaki et al., 2016). This is probably an overestimate, since our own data indicate that
there is a population of synapses that express SAP102 but not PSD95 (Supplementary Table 2).
Thus, if we consider that Schaffer collateral/commissural fibers are the origin of the vast
majority of synapses in SR and SO, we can assume that most, if not all, synapses in these strata
express PSD95, SAP102 or a combination of the two. It is likely to be the same case in SLM,
since the relationship between the number of fluorescent puncta and the actual density of
synapses measured by FIB-SEM is very similar to that of the other two layers (see Table 1).
Therefore, data on densities of fluorescent puncta and synapses are self-consistent and, as a
consequence, the calculated conversion factors between the two kinds of densities are very
similar in the three CA1 layers studied.

However, even if we assume that the vast majority of excitatory synapses in CA1 express
PSD95 and/or SAP102, and that we can detect them all with SDM and FIB-SEM, the question
remains as to whether this would be the case in other brain regions. The abundance of some
of the MAGUK scaffold proteins like PSD95 and SAP102 is differentially distributed through the
brain (Roy et al., 2018; Zhu et al., 2018). Therefore, this question is pertinent since we have
applied a single conversion factor, calculated in CA1, to the whole brain, and the meaning of

the synaptic densities that we obtain will depend on the initial assumptions. In our opinion,
there are two alternative possibilities. First, we can assume that all excitatory synapses in any
region of the brain express PSD95 and/or SAP102. This would be very similar to CA1 and so the
synaptic densities that we have estimated would approximately correspond to the actual
synaptic densities. The second possibility is that there are excitatory synapses that do not
express PSD95 or SAP102, and the proportion of these kinds of synapses is different in
different brain regions. In this case, the conversion factor would yield the densities of PSD95-
/SAP102-expressing synapses only, and the total density of excitatory synapses would be
higher, but unknown. Therefore, to interpret our results conservatively, we must assume that
our estimations of synaptic densities may underestimate the actual number of excitatory
synapses. In other words, our estimations represent the lower boundary of the densities of
excitatory synapses in different brain regions, since only puncta expressing PSD95 and/or
SAP102 have been considered, and we cannot rule out the possibility that other kinds of
excitatory synapses exist.

Only a systematic exploration of the different regions of the brain with FIB-SEM or similar
methods will settle the possible discrepancies between our present estimations and the actual
values. However, we can compare our estimations with previous studies, when available. In
the hippocampus, for example, previous studies in the rat SR reported 2.2 synapses/μm^3 using
three-dimensional reconstructions (Mishchenko et al., 2010), and similar estimates using
stereological methods (Sorra et al., 1998). In both cases, the reported synapse densities were
slightly lower than the density we have found in the same stratum of the mouse (2.4
synapses/μm^3). These differences in the mean synaptic densities may be attributed to
differences between species, although we cannot rule out the possibility of other sources of
bias such as the different methods used. In the mouse neocortex, previously reported synaptic
densities using different stereological methods were either lower (Sadaka et al., 2003; Schüz
and Palm, 1989) or higher (DeFelipe et al., 1997) than our present estimations. In the juvenile
rat somatosensory cortex, the mean density of synapses in the neuropil has been reported to
be between 0.87 and 0.89 synapses/μm^3 using FIB-SEM (Anton-Sanchez et al., 2014; Santuy et
al., 2018a), which is below our present estimation for the adult mouse somatosensory cortex
(1.4 to 1.9 synapses/μm^3, see Supplementary Table 2). However, these differences may be due
to species and/or age differences (e.g., DeFelipe et al., 1997). In the rat cerebellum, the density
of synapses has been previously reported to be 0.8 synapses/μm^3 in the molecular layer
(Napper and Harvey, 1988), while our present estimations for the mouse cerebellar cortex
range from 0.5 to 0.6 synapses/μm^3 (Supplementary Table 2). Therefore, we currently lack
data that are directly comparable to our present estimations, since methodological bias is
probably at play in those cases, leaving aside the possible species and age differences.
Although work is already in progress on the mouse somatosensory cortex using a methodology
that is similar to the one presented here, it would not be practical to wait until results from
even a fraction of the 113 subregions examined here become available. Therefore, our
calculations must be regarded as reasonable —but provisional— estimations of the minimum
densities of glutamatergic synapses in the different brain regions.

The size of PSD95 puncta and PSDs.

Regarding the size of puncta and PSDs, what is actually measured in SDM images is different to
what is measured after reconstruction of synaptic junctions from serial images obtained by
FIB-SEM. In the case of SDM, the images obtained are two-dimensional, so what we actually

see is the two-dimensional projection of puncta on the plane of section. Thus, puncta with
different orientations will show different apparent surface areas, and only those that are
oriented flat with respect to the plane of section will show their true surface area. By contrast,
serial images obtained by FIB-SEM allow us to reconstruct the synaptic junctions in 3D. We can
then extract the synaptic apposition surface (SAS) from each individual synapse. The SAS
represents the surface of apposition between the presynaptic and postsynaptic densities, so
the surface area of the SAS is equivalent to the area of the PSD, and we can measure it for
every synapse, regardless of its spatial orientation (Morales et al., 2013).

One would expect that SDM would underestimate the size of puncta, since most of them will
not be flat with respect to the plane of section. In fact, the opposite occurs; SDM imaging
clearly overestimates the size of PSD95 puncta when compared with the actual size of PSDs
imaged by FIB-SEM (see Figure 8). This can be due to several factors. Light scatter, glare and
blur may contribute to the fact that fluorescent puncta appear to be larger than the actual
PSDs. The resolution of SDM is also much lower than the resolution of electron microscopy. In
the x-y plane, the resolution of SDM was 84 nm/pixel, while FIB-SEM images were acquired at
a resolution of 5 nm/pixel. This makes a pixel area of 7056 nm^2 for SDM versus only 25 nm^2 for
FIB-SEM. The lower resolution may result in SDM missing the smaller synapses and those that
are oriented perpendicularly to the plane of section. Also, the images of several synapses may
overlap throughout the thickness of the SDM optical section. This would lead to some puncta
in fact being clusters of two or more synapses. In spite of these differences with 3D electron
microscopy, the measurements of fluorescent puncta by SDM do distinguish the relative size
differences between layers or regions, so they are still useful for the identification and
classification of synaptic types (Zhu et al., 2018). Both our SDM and FIB-SEM results indicate
that excitatory synapses in SLM are larger than in the SR or SO, in line with previous studies in
the rat (Megías et al., 2001).

The distribution of synaptic sizes measured from FIB-SEM stacks of images fits a log-normal
distribution in the three strata analyzed (see Figure 8 D-F). This trait has also been described in
the rat neocortex. This type of distribution is characterized by a skewed curve with a long tail
to the right, and it has been found in other synaptic parameters such as synaptic strength,
spike transmission probability, and the size of unitary excitatory postsynaptic potentials
(Buzsáki and Mizuseki, 2014; Lefort et al., 2009; Song et al., 2005). It is thus tempting to
suggest that the size of the synaptic junction is correlated with these and other functional
characteristics of the synapse, as has been proposed previously (Santuy et al., 2018b).

In summary, it is important to emphasize that acquiring multiple samples at different scales is
a highly effective way to obtain a dataset that allows comprehensive analysis of the brain.
Since the whole brain cannot be fully reconstructed at the ultrastructural level, it seems clear
that only by combining studies at the meso- and nano-scopic levels (light and electron
microscopy) can we fully understand the structural arrangement of the brain as a whole [see,
for example (Markram et al., 2015), (Kashiwagi et al., 2019)]. Using this strategy, we provide an
estimation of the minimum densities of glutamatergic synapses in the different brain regions.
These data, in combination with previous studies on the relationship between the connectome
and synaptome (Zhu et al., 2018), can be used to identify common and differing principles of
synaptic organization. This in turn could serve to further advance efforts to validate and refine
realistic brain models.

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