**Strong effect of *Penicillium roqueforti* populations on volatile and metabolic compounds**

**responsible for aromas, flavour and texture in blue cheeses**

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**Abstract**: The study of food microorganism domestication can bring important insights on adaptation mechanisms and have industrial applications. The *Penicillium roqueforti* mold is divided into four main populations, with two populations domesticated for blue-cheese making and two populations thriving in other environments. While most blue cheeses worldwide are made with the same *P. roqueforti* clonal lineage, the emblematic Roquefort cheeses are inoculated with a specific population. To study the differences among *P. roqueforti* populations in the context of domestication for cheesemaking, we compared blue cheeses made with the four fungal populations following Roquefort-type production specifications. We found that the *P. roqueforti* populations had a minor impact on the cheese bacterial diversity and none on the main microorganism abundance. The cheese *P. roqueforti* populations produced cheeses with higher percentages of blue area and with different sets and higher quantities of desired volatile compounds. The Roquefort *P. roqueforti* population in particular produced higher quantities of positive aromatic compounds in cheeses, which was related due to its most efficient proteolysis and lipolysis, and also produced cheeses with lower water activity, thus restricting spoiler microorganisms. Our results show the strong influence of *P. roqueforti* populations on several important aspects of cheese safety, appearance and flavour. The typical appearance and flavours of blue cheeses are therefore the result of human selection on *P. roqueforti*, thus constituting domestication, and the two cheese populations have acquired specificities. This has important implications for our understanding of adaptation and domestication processes as well as for improving cheese production.

**Importance**: Several fungi have been domesticated for food fermentation, with selection for traits beneficial for food production. The mold used for making blue cheeses, *Penicillium roqueforti*, is subdivided into four genetically different populations, two being found in cheese, one being specific of the Roquefort protected designation of origin, and two in other environments. The cheese *P. roqueforti* populations produced bluer cheeses with higher quantities of desired volatile compounds. The Roquefort *P. roqueforti* population in particular produced higher quantities of positive aromatic compounds in cheeses, in relation to its most efficient proteolysis and lipolysis, and also produced cheeses with lower water activity, thus restricting spoiler microorganisms. Our results support that the blue cheese typical aspect and flavors are the result of a selection by humans and show the strong influence of *P. roqueforti* populations for several important aspects of cheese safety, aspect and flavor, paving the way for improving cheese production.

Domestication is an evolutionary process that has been studied by many biologists since

Darwin. Indeed, domestication is an excellent model for understanding adaptation, being the

result of a strong and recent selection on traits that are often known and of interest for

humans (1.Larson 2014). In addition, studying domestication often has important applied

consequences for the improvement of cultivated organisms. Domesticated fungi have

however been little studied so far compared to crops, despite representing excellent models in

this field (2.Gladieux 2014; 3.Giraud 2017). Most fungi can be cultivated in Petri dishes,

stored alive for decades in freezers and propagated asexually, which facilitate experiments.

Their metabolisms are used to produce various compounds of interest such as fuels, enzymes

and antibiotics (4.Bigelis 2001). Their oldest and most frequent use by humans is for

fermentation, to preserve and mature food; for example, the yeast *Saccharomyces cerevisiae*

is used for bread, wine and beer fermentation and the filamentous fungus *Aspergillus oryzae*

for soy sauce and sake fermentation (5.Dupont 2017) and these models have provided

important insights into the mechanisms of adaptation and domestication (6.Almeida 2014;

7.Baker 2015; 8.Gallone 2016; 9.Gibbons 2012; 10.Gonçalves 2016; 11.Libkind 2011;

12.Sicard and Legras 2011).

The *Penicillium* genus contains more than 300 species, several of them being used by

humans; for example *P. rubens* led to the discovery of penicillin and *P. nalgioviense* and *P.*

*salamii* are used for the production of dry-cured meat (13.Fleming 1929; 14.Ludemann 2010,

15.Perrone 2015). For centuries, *Penicillium roqueforti* has been used for the maturation of

all the numerous varieties of blue cheeses worldwide (16,17.Labbe and Serres, 2004, 2009;

18.Vabre 2015), the fungus being responsible for the cheese blue veined aspect through the

production of melanized spores in cheese cavities, where oxygen is available (19.Moreau

1980). *Penicillium roqueforti* can be found in other environments than cheeses, thriving in

spoiled food and silage (20.Pitt 2009; 21.Ropars 2012). Genomic and experimental

approaches have recently elucidated several important aspects of *P. roqueforti* domestication

(22.Cheeseman 2014; 23,24,25,26Ropars 2015, 2016 a and b, 2017; 27.Gillot 2015; 28.Gillot

2017; 29.Dumas 2020). Four main populations have been identified, two being used for

cheesemaking, and the two other populations thriving in silage, lumber or spoiled food

(30.Ropars 2014; 27.Gillot 2015; 29.Dumas 2020). Populations of *P. roqueforti* used to make

blue cheeses display characteristic features of domesticated organisms, with genetic and

phenotypic differences compared to non-cheese populations, and in particular for traits of

interest for cheese production (29.Ropars 2014; 27.Gillot 2015; 29.Dumas 2020). While both

cheese populations harbour lower genetic diversity than the two other populations, the two

cheese populations differ from each other, both genetically and phenotypically, and resulted

from independent domestication events (29.Dumas 2020). One of the cheese populations,

called the non-Roquefort population, is a single clonal lineage, used to produce most types of

blue cheeses worldwide; the second cheese population, called the Roquefort population, is

genetically more diverse and contains all the strains used to produce blue cheeses from the

Roquefort protected designation of origin (PDO) (29.Dumas 2020). Based on *in vitro* tests,

the non-Roquefort population was found to display faster tributyrin degradation (*i.e.* a certain

type of lipolysis) and higher salt tolerance, faster *in vitro* growth on cheese medium and

better exclusion of competitors, compared to the Roquefort population (30.Ropars 2014;

23.Ropars 2015; 29.Dumas 2020). Horizontally-transferred genes only present in the non-

Roquefort population are involved in the production of an antifungal peptide and in lactose

catabolism (30.Ropars 2014; 23.Ropars 2015; 22.Cheeseman 2014). Positive selection has

been detected in genes with predicted functions involved in flavor compound production in

each of the cheese populations (29.Dumas 2020). The specific features of the Roquefort

population may result from the PDO, requiring the use of local strains and 90 days of

maturation, preventing the use of the worldwide clonal lineage more suited to modern

industrial production modes (29.Dumas 2020).

The four *P. roqueforti* populations thus likely harbour multiple specific traits that can

generate cheeses with different physicochemical properties and flavors. *Penicillium*

*roqueforti* is used as a secondary starter for flavor production, mainly through proteolysis (*i.e.*

casein degradation) and lipolysis during ripening (19.Moreau 1980). The main characteristic

feature of blue cheeses, and in particular Roquefort PDO cheeses, is their intense and spicy

flavors (31.Kinsella & Hwang 1976; 32.Rothe 1982). The specific volatile and metabolic

compounds responsible for these flavors are mainly generated by lipolysis in blue cheeses

(33.Cerning 1987; 34.Collins 2003a), which intensity however varies among *P. roqueforti*

strains (35.Larsen & Jensen 1999; 29.Dumas 2020). The fatty acids released by lipolysis are

the precursors of aldehydes, alcohols, acids, lactones and methyl-ketones, the latter providing

the moldy aromas typical of blue cheeses (34.Collins 2003a). Regarding proteolysis, *P.*

*roqueforti* degrades ca. 50% of casein, with however varying intensity across strains

(33.Cerning 1987; 36.Larsen 1998; 29.Dumas 2020). The resulting peptides contribute to

flavors and their degradation into amino acids further influences cheese aroma and the

growth of other microorganisms (37.Williams 2004; 38.McSweeney & Sousa 2000).

*Penicillium roqueforti* also contributes to lactate degradation, which is necessary for

deacidification, and also promotes the development of less acid-tolerant microorganisms

(39.McSweeney & Fox 2017). Through these effects, as well as through the production of

secondary metabolites with anti-microbial properties, *P. roqueforti* could also impact cheese

microbial composition (40.Kopp 1979; 41.Vallone 2014). Another factor potentially affected

by *P. roqueforti* populations restricting the occurrence of spoiler microorganisms is the lack

of free water, i.e., a low water activity (Aw), which is highly controlled for Roquefort cheese

sales and is affected by the degree of proteolysis (42.Ardö 2017). The four *P. roqueforti*

populations may thus also impact cheese features indirectly, by different effects on beneficial

or undesired contaminants.

So far, differences among *P. roqueforti* populations have only been studied *in vitro* or in very

rudimentary cheese models. Here, we aimed at investigating the differences among cheeses

produced by the four *P. roqueforti* populations following conditions close to modern cheese

production. Better understanding the specificities of *P. roqueforti* populations for

cheesemaking, e.g., in terms of ripening dynamics and specific flavors, could allow important

applications and developments, in addition to increasing knowledge on domestication and

adaptation processes. We produced blue cheeses in conditions very close to those in industrial

Roquefort PDO production, in particular with local "Lacaune" breed ewe milk, and with

strains from the four *P. roqueforti* populations, and we compared several important cheese

features among populations: i) physicochemical features, related to texture and nutritional

quality, ii) cheese microbiota composition and abundance, which can impact several cheese

features, iii) the proportion of blue area in cheese slices, which is important for the blue-

veined aspect and depends on *P. roqueforti* growth and sporulation in cheese cavities, and iv)

metabolic and volatile compound identities and quantities, which influence flavor and

aromas. We tested the existence of differences among cheeses produced by the four *P.*

*roqueforti* populations (Roquefort cheese, non-Roquefort cheese, silage and lumber/food

spoiler populations) for these different features. We also tested whether there were

differences between cheeses made by cheese versus non-cheese populations and between the

cheese Roquefort and non-Roquefort populations.

**Results**

**Design and cheesemaking.** We made cheeses using three different strains for each of the

four *P. roqueforti* populations (Figure 1). We divided the production into three assays, each

including one strain from each of the four populations (Figure 1). For each strain within each

assay, we made three production replicates, with two cheeses per strain in each replicate.

Because the assays were made sequentially from February to April, the effect of the seasonal

change in milk composition was confounded with the strain effect, hereafter referred to as the

"assay effect". The three replicates within each assay were also done at different times and

with different batches of raw milk.

**Influence of *P. roqueforti* populations on the cheese bacterial diversity but not on the**

**abundance of the main microorganisms.** In order to test whether *P. roqueforti* populations

had an influence on the cheese microbiota composition, we estimated the concentrations of

key microbial communities with cell counts on various specific culture media one the one

hand (total aerobic mesophilic bacteria, mesophilic lactic acid bacteria, thermophilic lactic

acid bacteria, dextran-producing *Leuconostoc* spp., molds and yeasts, Gram-positive catalase-

positive bacteria and enterobacteria) and with a metabarcoding approach targeting bacteria in

cheeses at several maturation stages based on 16S sequencing on the other hand. The identity

and abundance of the studied microorganisms (Supplementary figure 1A and 1B) were

similar to those in four commercial Roquefort cheeses (43.Devoyod 1968; personal

information from C. Callon) and close blue cheeses (44.Diezhandino). Based on microbial

counts, we found no significant effect of the *P. roqueforti* population on the abundance of

any of the counted microorganisms, including molds (i.e., mainly *P. roqueforti),* at any

maturation stage (Supplementary Table 1A).

Based on the metabarcoding approach targeting bacteria, we found a majority of sequences

belonging to the *Lactococcus* and *Leuconostoc spp.* starters, ensuring acidification and the

formation of cavities in cheeses, respectively. The remaining sequences corresponded to

twelve bacterial genera frequently found in raw milk cheeses, such as *Lactobacillus*,

*Staphylococcus* and *Arthrobacter*. The large predominance of starters however prevented to

have sufficient data on other bacteria to assess differences in the abundance of particular

bacteria among cheeses made with the four *P. roqueforti* populations (Supplementary Table

1B). We estimated three OTU (operational taxonomic unit) diversity parameters based on

bacterial barcode sequence abundances, measuring OTU richness and/or evenness. Using the

Bray-Curtis dissimilarity measure, we did not find that communities were more similar

between cheeses made with any given *P. roqueforti* population than among *P. roqueforti*

populations. However, we found a significant effect of the *P. roqueforti* population, in

addition to a stage effect, on the Shannon and Simpson diversity indexes. Cheeses made with

the cheese *P. roqueforti* populations tended to show higher bacterial OTU diversity, and in

particular at 9 days of maturation and in the Roquefort population (Supplementary figure 1C

and 1D), although the post-hoc analyses did not have enough power to detect any significant

pairwise differences (Supplementary Table 1B). The differences in the cheese bacterial

diversity, although minor, suggest that the differences among cheeses made with the four *P.*

*roqueforti* populations may be also due, in addition to a direct effect of *P. roqueforti*

populations, to an indirect effect through the induction of more or less diverse bacterial

community.

**Higher proportion of blue area in cheeses produced by cheese *P. roqueforti* populations.**

We estimated the percentage of cheese area covered by blue on fresh inner cheese slices,

which depended on the formation of cavities in cheeses, the growth of *P. roqueforti* in

cheeses and its sporulation efficiency. We found significantly higher percentages of blue area

in cheeses made by cheese than by non-cheese populations (Figure 2; Figure 3;

Supplementary Table 1C). We also found a significant decrease of blue area from 20 to 180-

day maturation, except for the Roquefort population, which maintained a rather steady blue

area proportion (Figure 2; Supplementary Table 1C).

**Most efficient proteolysis and lipolysis by the Roquefort *P. roqueforti* population.**

Because the *P. roqueforti* strains used for cheesemaking are known to have high proteolytic

and lipolytic activities, which are key functionalities for cheese ripening, we tested whether

the four populations displayed different proteolysis and lipolysis efficiencies. Using both

targeted and non-targeted chromatographic analyses, we found that the Roquefort *P.*

*roqueforti* population displayed the most efficient proteolysis. We performed the targeted

analysis using standards for 23 main amino acids (Supplementary Table 2A). We found that

eight amino acids significantly discriminated among the cheeses made by the different *P.*

*roqueforti* populations (Supplementary Table 1D), 15 between the cheese and non-cheese

populations and 14 between the Roquefort and non-Roquefort populations (Supplementary

figure 2A). The cheeses made with cheese populations, and in particular with the Roquefort

population, contained a higher total concentration of amino acids (Supplementary Tables 1D

and 2B).

For analyzing proteolysis activity, we further performed a non-targeted analysis (fingerprint

approach) on the whole chromatograms (8,364 signals) allowing much more powerful

discrimination among metabolites. Each metabolite generates a signal specific to its mass-to-

charge (m/z) at a given retention time. We found more aqueous signals, indicating more

efficient proteolysis, in cheeses inoculated with the Roquefort population than with other

populations, followed by lumber and non-Roquefort populations being non significantly

different from each other, the silage population being the least efficient (Figure 4;

Supplementary Table 1E).

We also found that the Roquefort population had a more efficient lipolysis than the other

populations. We tested whether the *P. roqueforti* population influenced the quantities of free

fatty acids and residual glycerides as a proxy for lipolysis efficiency in 90-day cheeses, with

again targeted and non-targeted chromatographic analyses in positive and negative ionization

modes, more specifically targeting glycerides and free fatty acids, respectively. In the

targeted analysis, we identified seven free fatty acids and 20 triglycerides and found three

free fatty acids that were significantly more concentrated in cheeses made with Roquefort

than non-Roquefort populations (Supplementary Table 1F). In the non-targeted analysis, we

obtained 3,094 signals and observed higher amounts of organic signals specific to free fatty

acids, indicating more efficient lipolysis, in cheeses made using the Roquefort population,

followed by lumber and non-Roquefort populations very similar to each other, the silage

population being the least efficient (Figure 5; Supplementary Table 1G). Regarding the

residual glycerides, we obtained 8,472 signals and detected no significant differences

(Supplementary figure 3; Supplementary Table 1H).

Regarding the main physico-chemical properties, we found as expected a maturation stage

effect for 11 out of 16 parameters (Supplementary Table 1I). We found significantly higher

non-protein nitrogenous content in cheeses inoculated with cheese *P. roqueforti* populations,

suggesting more efficient proteolysis by cheese populations (Supplementary figure 4). We

found a significant difference in cheese water activity among the cheeses made with the four

*P. roqueforti* populations (Supplementary figure 4), with significantly lower water activity in

the Roquefort population than in the non-Roquefort and silage populations (Supplementary

Table 1I).

**Strong influence of the *P. roqueforti* population on volatile compound production.** In

order to test if *P. roqueforti* populations had an influence on cheese aroma and flavor, we

measured the relative abundance of the most relevant volatile compounds in 90-day cheeses.

After GC-MS data processing, we focused on the 40 main volatile compounds considered as

markers of the aromatic quality of blue cheeses (32.Rothe 1982): 11 acids, 12 ketones, 10

esters, six alcohols and one aldehyde (Supplementary Table 3). We found a strong influence

of *P. roqueforti* populations on the amount of all these aromatic compound families in

cheeses (Supplementary Table 1J; Figures 6 and 7). As a matter of fact, the cheeses showed

huge differences in their odors: while the cheeses made with the cheese *P. roqueforti*

populations smelled as good as typical ripened blue cheeses, cheeses made with non-cheese

*P. roqueforti* populations had unpleasant odors, similar to wet swab (Supplementary figure 5;

personal observation).

We found higher quantities of acids, methyl-ketones and secondary alcohols resulting from

proteolysis and lipolysis, and contributing to the typical flavor of blue cheese, in cheeses

produced by cheese than non-cheese populations, and in particular in the Roquefort

population. Among the 40 analysed compounds, four were by-products of proteolysis (3-

methyl-butanal, 3-methyl-butanol and isopropyl-alcohol, i.e. alcohols I and 3-methyl-

butanoic acid i.e. acids I; Supplementary Table 3). We found alcohols I in significantly

higher abundances in cheeses made with cheese than non-cheese *P. roqueforti* populations,

especially with the Roquefort population (Supplementary Table 1J). We also found higher

amounts of acids I in cheeses made with the Roquefort population than in other cheeses. Two

acids, by-products of glycolysis (i.e. acids II), were found at higher levels in cheeses made

with Roquefort and lumber/food spoiler *P. roqueforti* populations than in other cheeses

(Supplementary Tables 1J and 3). The 35 other aromatic compounds (i.e. acids III, ketones,

alcohols II and esters families) were almost all direct or indirect by-products of lipolysis

(Supplementary Table 3). We found higher abundances of acids III in cheeses made with

Roquefort and lumber/food spoiler populations compared to the non-Roquefort population,

with the silage population showing the lowest value. We found higher amounts of esters and

methyl-ketones (especially 2-pentanone and 2-heptanone) in cheeses made with cheese *P.*

*roqueforti* populations (Supplementary Table 1J), with the Roquefort population showing the

highest methyl-ketone quantities and the silage population containing almost no methyl-

ketones (Figure 7A). We also found a much higher level of alcohols II, especially 2-heptanol,

in cheeses made with the Roquefort population than in other cheeses (Supplementary Table

1J; Figure 7B).

**Discussion**

**Cheese *P. roqueforti* populations have been domesticated for producing better cheeses.**

By measuring multiple features of blue cheeses made under conditions similar as in the

typical Roquefort industrial production, we found a strong influence of the differentiated *P.*

*roqueforti* populations on cheese quality, with the cheese populations appearing adapted to

cheesemaking both in terms of aspect and aromatic quality. We found that the cheese *P.*

*roqueforti* populations produced higher percentages of blue area on cheese slices, which is an

important visual aspect of blue cheeses. We also found more efficient proteolysis and

lipolysis in cheeses made with the Roquefort population than with the other *P. roqueforti*

populations, which resulted in the production of higher quantities of desired volatile

compounds, in particular alcohols and associated acids. We also found lower cheese water

activity in cheeses made with strains from the Roquefort population, which is also likely due

to its more efficient proteolysis (42.Ardö 2017). As we could not find any significant

difference in microorganism identity and abundance among cheeses made by the four *P.*

*roqueforti* populations, but only some minor differences in species diversity, the differences

among cheeses were likely mostly a direct effect of *P. roqueforti* population specificities,

although there may also be some minor indirect effects through the induction of more diverse

bacterial communities by cheese *P. roqueforti* populations. Our findings overall strongly

support the view that cheese *P. roqueforti* populations have been selected by humans for

improving cheese safety, aspect and aroma. Previous studies had found differences among *P.*

*roqueforti* populations, in terms of growth, lipolysis and proteolysis, however using synthetic

media (29.Dumas 2020; 23.Ropars 2015). Here, using experimental cheeses made following

commercial cheese production conditions, we revealed important specificities of the cheese

*P. roqueforti* populations, and of each of the Roquefort and non-Roquefort populations.

These findings are important in the context of domestication, for understanding rapid

adaptation and diversification, and future studies using quantitative trait mapping could

identify the genomic changes responsible for the population specificities. Progenies among

different populations can indeed be obtained in *P. roqueforti* (23.Ropars 2015), which could

also allow strain improvement by recombination among the different populations. Our results

are therefore also important for improving blue cheese production.

**Little difference in the microbiota induced by the four *P. roqueforti* populations but**

**lower water availability induced by cheese populations, restricting spoiler**

**microorganism occurrence.** Based on microbiological counts, we found no significant

differences in abundance for any of the floras monitored among cheeses made from the four

populations of *P. roqueforti*. In particular, we found no significant difference in mold

abundance on Petri dishes. However, microbiological counts are known to provide poor

estimates of fungal biomass, especially for mycelium growth (45.Schnurer 1993).

The metabarcoding approach suggested that the different *P. roqueforti* populations induced

more or less diverse bacterial communities, with the cheese population showing the highest

associated diversity, and in particular the Roquefort population. The large predominance of

bacterial starters however prevented having sufficient data to assess sub-dominant bacterial

relative abundance differences based on the metabarcoding approach. We also found a

significant difference in water activity among cheeses made with the four *P. roqueforti*

populations, the minimum being observed for the Roquefort population. This may also be a

result of selection by humans, as a low water activity restricts the occurrence of spoiler

microorganisms, and is therefore highly controlled for Roquefort cheese sales, and in

particular for export.

**Cheese *P. roqueforti* populations produce bluer cheeses.** We found significantly higher

percentages of blue areas in slices of cheeses made with cheese than with non-cheese *P.*

*roqueforti* populations, which can be due to greater *P. roqueforti* growth in cheese and/or

higher sporulation efficiency in cavities. The percentage of blue areas in cheese slices also

depends on the formation of cavities in cheese, as *P. roqueforti* can only sporulate in cavities

where oxygen is available. The cavities are mainly generated by the gas-producing bacteria

*Leuconostoc mesenteroides,* whose abundance was not different among the cheeses made by

the different *P. roqueforti* populations, showing that there was a direct effect of *P. roqueforti*

populations on the blueness of cheese slices. The significantly higher percentages of blue

areas in slices of cheeses made with the cheese than non-cheese *P. roqueforti* populations is

therefore most likely the result of better cheese and cavity colonization and sporulation,

probably resulting from a selection for visual aspect. The percentage of blue area decreased at

the end of the maturation time, perhaps due to fungal mortality. Only the cheeses made with

the Roquefort strains kept their high percentage of blue area until the end of the 90 days of

maturation, which may again result from a selection in the pre-industrial times when

Roquefort cheeses had to be stored several months at cave temperature before sell; even

nowadays, the minimum maturation time for Roquefort PDO remain 90 days, i.e. longer than

the other blue cheeses. These findings contrast with a previous one showing that the non-

Roquefort population colonized the cavities of cheese models better than the other

populations (29.Dumas 2020); this discrepancy may be due to different measures (total

percentage of blue area versus percentage of blue areas within cavities), to the type of milk

(ewe versus goat) or to the mode of cheese making (rudimentary models versus commercial-

like cheeses), that were different between the two studies. However, these findings are

consistent with the presence of horizontally-transferred genes in cheese populations with

predicted functions in fungal development, including sporulation and hyphal growth

(29.Dumas 2020).

**The Roquefort *P. roqueforti* population has more efficient proteolysis and lipolysis.**

Based on chemical analyses and powerful chromatographic discrimination methods, we

found the highest abundance of amino acids and small peptides, i.e., residual products of

proteolysis, in cheeses made with the Roquefort *P. roqueforti* population, showing that it has

the highest proteolytic capacities, which is an important process in cheesemaking. Proteolysis

indeed contributes to the development of cheese texture, flavors and aromas (42.Ardö 2017;

46.Andersen 2010; 47.McSweeney 1997; 48.Roudot-Algaron 1996; 49.Ardö 2002). Previous

measures of proteolytic activities in synthetic media could detect significant differences

among *P. roqueforti* populations but not between the two cheese populations (29.Dumas

2020). Here, we found that the experimental cheeses made with the Roquefort population had

a higher content of proteolysis residual products, thus showing more advanced ripening.

We also found a more efficient lipolysis in the cheeses made with the Roquefort *P. roqueforti*

population. Previous measures in synthetic media found in contrast that the non-Roquefort

population had the most efficient lipolysis (29.Dumas 2020), showing that measures in real

cheeses are needed to reliably assess metabolic activities. Lipolytic activity is known to

impact texture and the production of volatile compounds affecting cheese pungency

(50.Alonso 1987a; 51,52.González De Llano 1990, 1992; 53.Martín and Coton 2016;

54.Thierry 2017; 55.Woo & Lindsay 1984). The more efficient proteolysis and lipolysis in

the Roquefort *P. roqueforti* population should have strong impacts on cheese texture and

flavor, and likely results from selection to obtain better cheeses, i.e. from a domestication

process, as has been reported previously in other fungi (6.Almeida 2014; 7.Baker 2015;

8.Gallone 2016; 9.Gibbons 2012; 10.Gonçalves 2016; 11.Libkind 2011; 12.Sicard and Legras

2011). The Roquefort cheeses are in fact commonly considered as the blue cheeses with the

strongest aromas and flavours; the less efficient lipolysis and lipolysis in the non-Roquefort

population may result from more recent selection for milder cheeses.

**Cheese *P. roqueforti* populations produce cheeses with better flavor and aromas.** We

found important differences among cheeses made with the different *P. roqueforti* populations

in terms of the volatile compounds resulting from lipolysis and, to a lesser extent, also from

proteolysis. Among the aromatic compounds detected in our cheeses, only four (3-methyl-

butanal, 3-methyl-butanol, isopropyl-alcohol and 3-methyl-butanoic acid) were by-products

of the proteolysis of caseins (38.McSweeney 2000) and their concentrations were

significantly higher for the Roquefort *P. roqueforti* population, in agreement with its higher

proteolysis efficiency and their amino acid precursor concentrations (i.e. valine, leucine and

isoleucine). These compounds produce fruity (banana), cheesy and alcoholic notes, which has

likely been an important selection criterion in the Roquefort *P. roqueforti* population.

Regarding the products of the metabolic pathways leading from amino-acids to alcohol

(Ehrlich pathway with reduction of aldehyde) or to acid (oxidation of aldehyde; 56.Ganesan

2017), the higher concentration of the alcohols versus acids observed in all populations is

consistent with the general micro-aerobic conditions in the blue cheese cavities.

The majority of  the aromatic compounds identified were directly or indirectly by-products of

lipolysis, which is consistent with the known key role of lipolysis in the generation of typical

blue cheeses aroma (33.Cerning 1987; 34.Collins 2003). The aromatic compounds resulting

from lipolysis corresponded to four chemical families (acids, methyl-ketones, secondary

alcohols and esters), the methyl-ketones being the most diverse and abundant for cheese *P.*

*roqueforti* populations, especially the Roquefort one, with 2-pentanone and 2-heptanone

having the highest level, the latter one displaying the characteristic "blue cheese" sensory

descriptor (51,52.De Llano 1990, 1992; 57.Moio 2000; 58.Anderson & Day 1966). Methyl-

ketones with odd carbon numbers are mainly produced by *P. roqueforti* via beta-oxidation of

fatty acids, whereas methyl-ketones with even carbon numbers can be produced by beta-

oxidation but also by autoxidation of fatty acids (59.Spinnler 2011). These compounds are

produced by the decarboxylation of hexanoic acid and octanoic acid, respectively, which are

also the most abundant acids found in our cheeses. This reaction is considered as a way of

detoxification because methyl-ketones are less toxic than acids (60.Kinderlerer 1993;

59.Spinnler 2011). Interestingly, this pathway seems to be more active in the cheese *P.*

*roqueforti* populations, as the level of methyl-ketones was four-fold and 10 fold lower in the

cheeses made with lumber and silage populations, respectively, than cheeses made with the

cheese populations. As methyl-ketone concentrations were not directly associated with the

concentrations of their precursors (acids), the highest concentrations being found in lumber

and Roquefort populations, the biosynthesis pathway producing methyl-ketones must be

more efficient in cheese populations, especially in the non-Roquefort population. The cheese

*P. roqueforti* populations have likely been selected for their higher ability of acid

detoxification, thus producing aromatic compounds with very positive impact on flavour

(59.Spinnler 2011).

The concentrations of secondary alcohols (resulting from the reduction of methyl-ketones)

were also higher in cheeses produced by cheese *P. roqueforti* populations, and especially for

the Roquefort population, being 7-fold and 20-fold higher than for non-Roquefort and

silage/lumber populations, 2-heptanol being the major alcoholic compound. The reduction of

2-heptanone to 2-heptanol is specific to anaerobic conditions and much stronger in the

Roquefort population, while the aerobic conditions were similar for all the populations. The

Roquefort *P. roqueforti* population may therefore have also been selected for this

functionality, as secondary alcohols provide "fruity notes" improving the aromatic quality

(59.Spinnler 2011). The reduction of methyl-ketone to alcohol may be performed by an

alcohol dehydrogenase, such as in the reduction of aldehyde to alcohol via the Ehrlich

pathway. Alcohol dehydrogenase genes may thus have been targets of selection in the

Roquefort *P. roqueforti* population, although they were not detected as evolving under

positive selection in a previous study (29.Dumas 2020).

We also found higher levels of esters in cheeses made with cheese *P. roqueforti* populations;

esters are mainly produced by the esterification of ethanol esterification by acids resulting

from beta-oxidation. Ethanol can be produced by *Leuconostoc* starters and ester synthesis is

also described as a detoxification mechanism (61.Mason 2000). These results further indicate

that the cheese *P. roqueforti* populations, and especially the Roquefort one, have been

selected for better ability to detoxify acids, leading to a large variety of less toxic aromatic

compounds with great aromatic properties.

Overall, we thus found more appealing aromas in cheeses made with the cheese *P. roqueforti*

populations, and especially the Roquefort population, which likely results from selection by

humans. The cheeses made by silage and lumber populations displayed mild and unpleasant

smell whereas cheeses made with cheese populations smelled as typical blue cheeses, the

Roquefort population leading to the cheeses with the strongest smell. This may be partly

related to the previously detected horizontal gene transfers in cheese populations involving

genes with predicted functions in lipolysis or amino-acid catabolism and the positive

selection on genes involved in aroma production (29.Dumas 2020). We compared *P.*

*roqueforti* populations based on real cheeses, which is a major step forward in comparison

with the previous studies only based on experimental models or synthetic media (28.Gillot

2017; 29.Dumas 2020). We used raw ewe milk as in the Roquefort PDO production, which

also impacts cheese aromas; it would be interesting in future studies to assess whether using

ewe versus cow milk or raw versus pasteurized milk leads to similar specificities of the

Roquefort versus non-Roquefort *P. roqueforti* populations, as there may have been a

selection during domestication leading to an adaptation of the Roquefort population for the

catabolism of raw ewe milk.

**Conclusion.** We showed that the *P. roqueforti* population had a strong impact on cheese

quality, aspect and aromas. The populations used for cheesemaking led to bluer cheeses, with

better aromas, which likely results from domestication, i.e. selection on multiple fungal traits

by humans of the strains making the best cheeses. French cheese producers have inoculated

cheeses with *P. roqueforti* spores from moldy rye bread since the end of the 19th century

(16,17.Labbe and Serres, 2004, 2009; 18.Vabre 2015), which allowed them to re-inoculate

the strains producing the best cheeses and thus to apply strong selection. The two cheese

populations exhibited multiple specificities, the Roquefort population notably producing

more intense and specific aromas and flavors. The selection of different fungal varieties for

different usages has also been reported in the fermenting yeast *Saccharomyces cerevisiae*

(8.Gallone 2016; 60.Legras 2018). Previous studies on *P. roqueforti* detected in the cheese

populations recurrent changes in amino acids and horizontal gene transfers, both allowing

rapid adaptation (29.Dumas 2020; 23.Ropars 2015). Our findings allow a better

understanding of domestication in *P. roqueforti* and open the way for strain improvement by

targeting relevant traits. A protocol inducing sexual selection has been developed in *P.*

*roqueforti* (30.Ropars 2014), which will allow to perform crosses between the two cheese

populations, harboring each very little genetic diversity (29.Dumas 2020), to generate

variability and identify performant strains.

**Data accessibility**

Metabarcoding nucleic sequences are available at https://www.ebi.ac.uk/ena/data/search?

query=ERS4329370, study PRJEB36799, samples ERS4329370 to ERS4329465.

Metabolomic and volatilomic data are available at https://www.ebi.ac.uk/metabolights/, study

MTBLS1509.

**Material and Methods**

The cheesemaking protocol corresponded to the typical mode used by the main Roquefort

producers and complied with the Roquefort protected designation of origin (PDO)

specifications, except that the ripening process occurred in artificial cellars in Aurillac INRA

facilities and with strains from different *P. roqueforti* populations (Figure 1). We estimated

the concentration of different microorganism communities on the initial raw milk and on

various cheese maturation stages. We performed a metabarcoding analysis on the

experimental cheeses at 9 and 20 days of maturation, by sequencing the 16S DNA fragment

using Illumina Miseq technology and analysing sequences using Find Rapidly OTUs with

Galaxy Solution (FROGS), v3.0 (63.Escudie 2018). For each OTU, taxonomic assignment

was determined with Silva-132 (https://www.arb-silva.de/) and 16S rDNA RefSeq databases

(https://blast.ncbi.nlm.nih.gov/Blast.cgi). We estimated the area percentage of cheese covered

by blue on fresh inner cheese slices by analysing pictures of fresh slices using imageJ and by

counting the number of dark pixels. We performed standard nutritional quality controls of

cheeses by measuring dry, fat over dry matter content, moisture of the defatted cheese, total,

soluble and non-protein nitrogen contents, chloride and salt content, water activity and pH at

various maturation stages according to reference methods. We measured glucose, lactose,

lactate, acetate and butyrate in 9 and 20-day cheeses by high performance liquid

chromatography (HPLC). We tested whether the four populations displayed different

proteolytic and lipolytic activities following two procedures of extraction (water or organic

solvents) and UHPLC-MS analysis. We analysed the quantities of free fatty acids and

residual glycerides in 90-day cheeses by coupling a global extraction (accelerated solvent

extraction with hexane-isobutanol) with a UHPLC-MS analysis in positive (triglycerides) and

negative (fatty acids) ionization modes. We investigated the identity and abundance of

volatile compounds involved in flavor and aromas using a dynamic headspace system (DHS)

with a Gerstel MPS autosampler (Mülheim an der Ruhr, Germany) and gas chromatography-

mass spectrometry analysis with a 7890B Agilent GC system coupled to a quadrupole mass

spectrometer Agilent 5977B (Santa Clara, United States). Statistical analyses were performed

with the R software (http://www.r-project.org/). Further details on the material and methods

are given in Supplementary methods.

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**Figure legends**

**Figure 1:** Experimental cheese making. (A) Experimental design for cheesemaking, using three different strains of each of the four *Penicillium roqueforti* populations (non-Roquefort in blue, Roquefort in purple, silage / food spoiler in orange, lumber / food spoiler in green). Each assay (February, March, April) includes one strain from each of the four populations with three production replicates at different times, with different batches of raw milk and with two cheeses produced per strain in each replicate. The identities of the strains used are indicated on the left of each assay, for each of the four *P. roqueforti* populations. (B) Picture of the experimental cheeses at 20 maturation days.

**Figure 2:** Mean percentage of blue area per cheese slice at 20, 90 and 180 maturation days generated by the four *Penicillium roqueforti* populations (non-Roquefort in blue, Roquefort in purple, silage/food spoiler in orange and lumber/food spoiler in green). Error bars indicate 95% confidence intervals.

**Figure 3:** Illustration of the differences in the mean proportion of blue area per cheese slice at 180 maturation days among the four *Penicillium roqueforti* populations (non-Roquefort in blue, Roquefort in purple, silage/food spoiler in orange and lumber/food spoiler in green). Contrast and brightness have been standardized and the edges cropped on the cheese slices.

**Figure 4:** Sums of 3,864 non-targeted aqueous signal peak areas, weighted by their mass-to-charge ratios ("m/z"), obtained in positive ionization mode in 90-day cheeses made by inoculating the four *Penicillium roqueforti* populations (lumber/food spoiler in green, non-Roquefort in blue, Roquefort in purple and silage/food spoiler in orange).

1018  **Figure 5:** Sums of 3,094 non-targeted organic signal peak areas, weighted by their mass-to-

1019  charge ratios ("m/z"), obtained in negative ionization mode in 90-day cheeses made by

1020  inoculating the four *Penicillium roqueforti* populations (lumber/food spoiler in green, non-

1021  Roquefort in blue, Roquefort in purple and silage/food spoiler in orange).

1022

**Figure 6**: Volatile compound family production (integrated peak areas from chromatograms

in arbitrary units) in 90-day cheeses inoculated with the four *Penicillium roqueforti*

populations (non-Roquefort in blue, Roquefort in purple, silage/food spoiler in orange and

lumber/food spoiler in green). The areas of each family are the sum of the integrated areas of

associated compounds. Alcohols I and II are derived from proteolysis and lipolysis,

respectively. Acids I, II and III are derived from proteolysis, glycolysis and lipolysis,

respectively (Supplementary Table 3). The colour of the titles indicates the affiliation of the

compounds to their families as in Supplementary figure 5.

1031

1032  **Figure 7**: Integrated surface area (from chromatograms in arbitrary units) of methyl-ketones

1033  (A) and secondary alcohols (B) for each assay (February, March, April) for the three strains

1034  of each *Penicillium roqueforti* population (lumber/food spoiler in green, non-Roquefort in

1035  blue, Roquefort in purple, silage/food spoiler in orange). Error bars represent standard

1036  deviations across cheese replicates.

1037

1038  **Figure legends of supplementary  material**

1039

1040  **Figure S1A**: Abundance (in log colony-forming unit/g) of the eight types of microorganisms

1041  monitored along the different stages of cheese maturation (i.e. crude raw milk, 9, 20, 90 and

1042  180 days), for each of the four *Penicillium roqueforti* populations inoculated in the cheeses

1043    (non-Roquefort in blue, Roquefort in purple, silage/food spoiler in orange and lumber/food

1044    spoiler in green). Error bars represent standard deviations across assays.

1045

1046    **Figure S1B**: Relative abundance of the six main bacterial operational taxonomic units in

1047    cheeses made with the four *Penicillium roqueforti* populations (non-Roquefort in blue,

1048    Roquefort in purple, silage/food spoiler in orange and lumber/food spoiler in green) in each

1049    assay (February in light grey, March in grey and April in dark grey) in 9-day (45° striated)

1050    and 20-day (135° striated) cheeses.

1051

1052    **Figure S1C**: Mean Shannon index (bacterial genus diversity) of the operational taxonomic

1053    units detected by metabarcoding in 9-day cheeses (left) and 20-day cheeses (right) made with

1054    the four *Penicillium roqueforti* populations (lumber/food spoiler in green, non-Roquefort in

1055    blue, Roquefort in purple and silage/food spoiler in orange)

1056

1057    **Figure S1D**: Opposite of mean Simpson index (1-Simpson index; bacterial genus diversity)

1058    of the operational taxonomic units detected by metabarcoding in 9-day cheeses (left) and 20-

1059    day cheeses (right) made with the four *Penicillium roqueforti* populations (lumber/food

1060    spoiler in green, non-Roquefort in blue, Roquefort in purple and silage/food spoiler in

1061    orange)

1062

**Figure S2A**: Discrimination between 90-day cheeses made by inoculating cheese (blue) and

non-cheese (green) *Penicillium roqueforti* populations (left), or Roquefort (purple) and non-

Roquefort (blue) *P. roqueforti* populations (right), based on the quantity of 23 identified

amino acids using an orthogonal signal-corrected partial least squared (PLS) discriminant

analysis. Vertical and horizontal axes represent PLS1 and PLS 2 scores and grey arrows

represent the relative contribution of loadings of signals significantly  discriminating the

group considered from a t-test on jackknife resampling.

1070

1071    **Figure S2B**: Quantities of molecular classes detected in cheeses: mean of integrated peak

1072    area from chromatograms in arbitrary units (bars, left axis) and cumulative percentage (line

1073    with dots, right axis) of aqueous extracts across all 90-day cheeses.

1074

1075    **Figure S3**: Sums of 8,472 non-targeted organic signal peak areas, weighted by their mass-to-

1076    charge ratios ("m/z"), obtained in positive ionization mode in 90-day cheeses made with the

1077    four *Penicillium roqueforti* populations (lumber/food spoiler in green, non-Roquefort in blue,

1078    Roquefort in purple and silage/food spoiler in orange).

1079

1080    **Figure S4**: Non-protein nitrogen at 20, 90 and 180 maturation days (left) and water activity at

1081    90 and 180 maturation days (right) between cheeses made with different *Penicillium*

1082    *roqueforti* populations (non-Roquefort in blue, Roquefort in purple, silage/food spoiler in

1083    orange and lumber/food spoiler in green). Error bars indicate 95% confidence intervals.

1084

**Figure S5**: Discrimination among 90-day cheeses inoculated with the four *Penicillium*

*roqueforti* populations (non-Roquefort in blue, Roquefort in purple, silage/food spoiler in

yellow and lumber/food spoiler in green) based on the quantities of 41 volatile compounds

using an  orthogonal signal-corrected partial least squared (PLS) discriminant analysis.

Vertical and horizontal axes represent PLS1 and PLS2 variances and arrows represent the

relative contribution of compound odor loadings significantly  discriminating the group

considered (according to [www.thegoodscentscompany.com](www.thegoodscentscompany.com)) from a t-test on jackknife

resampling. The odour colours indicate the families in Figure 6 which the associated

compounds belong to.

1094

1095    **Featured image:** Roquefort cheese slice with symbols of two methyl ketones (2-heptanone

1096    and 2-pentanone).

Figure 1: Experimental cheesemaking (A) Experimental design for cheesemaking, using three different strains of each of the four *Penicillium roqueforti* populations (non-Roquefort in blue, Roquefort in purple, silage / food spoiler in orange, lumber / food spoiler in green). Each assay (February, March, April) includes one strain from each of the four populations with three production replicates at different times, with different batches of raw milk and with two cheeses produced per strain in each replicate. The identities of the strains used are indicated on the left of each assay, for each of the four *P. roqueforti* populations. (B) Picture of the experimental cheeses at 20 maturation days.

Figure 2: Mean percentage of blue area per cheese slice at 20, 90 and 180 maturation days generated by the four *Penicillium roqueforti* populations (non-Roquefort in blue, Roquefort in purple, silage/food spoiler in orange and lumber/food spoiler in green). Error bars indicate 95% confidence intervals.

| Non-cheese *P. roqueforti* populations | Cheese *P. roqueforti* populations |
|---|---|
| lumber/food spoiler (5.2 %) | non-Roquefort (10.2 %) |
| silage/food spoiler (5.5%) | Roquefort (11.8 %) |

Figure 3: Illustration of the differences in the mean percentage of blue area per cheese slice at 180 maturation days among the four *Penicillium roqueforti* populations (non-Roquefort in blue, Roquefort in purple, silage/food spoiler in orange and lumber/food spoiler in green). Contrast and brightness have been standardized and the edges cropped on the cheese slices.

Figure 4: Sums of 3,864 non-targeted aqueous signal peak areas, weighted by their mass-to-charge ratios ("m/z"), obtained in positive ionization mode measured in 90-day cheeses made by inoculating the four *Penicillium roqueforti* populations (lumber/food spoiler in green, non-Roquefort in blue, Roquefort in purple and silage/food spoiler in orange).

Figure 5: Sums of 3,094 non-targeted organic signal peak areas, weighted by their mass-to-charge ratios ("m/z"), obtained in negative ionization mode in 90-day cheeses made by inoculating the four *Penicillium roqueforti* populations (lumber/food spoiler in green, non-Roquefort in blue, Roquefort in purple and silage/food spoiler in orange)

Figure 6: Volatile compound family production (integrated peak areas from chromatograms in arbitrary units) in 90-day cheeses inoculated with the four *Penicillium roqueforti* populations (non-Roquefort in blue, Roquefort in purple, silage/food spoiler in orange and lumber/food spoiler in green). The areas of each family are the sum of the integrated areas of associated compounds. Alcohols I and II are derived from proteolysis and lipolysis, respectively. Acids I, II and III are derived from proteolysis, glycolysis and lipolysis, respectively (see details in Supp. "compouds_precursors"). The colour of the titles indicates the affiliation of the compounds to their families as in Supplementary figure 5.

Figure 7: Integrated peak area (from chromatograms in arbitrary units) of methyl-ketones (A) and secondary alcohols (B) for each assay (February, March, April) for the three strains of each *Penicillium roqueforti* population (lumber/food spoiler in green, non-Roquefort in blue, Roquefort in purple, silage/food spoiler in orange). Error bars represent standard deviations across cheese replicates.