

1 **Full Title: Boysenberry and apple juice concentrate reduces acute lung**
2 **inflammation through increased alternatively activated macrophage activity in**
3 **an acute mouse model of allergic airways disease**

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15 **Short title:** M2 macrophage reduce acute allergic airways inflammation

16 **Abstract:**

17 Bioactive compounds such as anthocyanins, proanthocyanins and other polyphenols
18 are found in a wide variety of fruits and vegetables, and consumption of these have
19 been associated with reduced lung inflammation and improved lung function in
20 asthma and other lung diseases. We investigated whether a combination of
21 Boysenberry and apple juice, found in BerriQi® Boysenberry and apple juice
22 concentrate, could reduce the allergic airways inflammation associated with asthma.
23 We characterised the polyphenolic components in BerriQi® Boysenberry and apple
24 juice concentrate and identified the main compounds as cyanidin glycosides,
25 ellagitannins, and chlorogenic acid. We found that consumption of 2.5 mg/kg of total
26 anthocyanins from the BerriQi® Boysenberry and apple juice concentrate
27 significantly reduced eosinophil infiltration following acute ovalbumin (OVA) exposure
28 in a mouse model of allergic airways inflammation. We found that BerriQi®
29 Boysenberry and apple juice concentrate consumption increased M2 (CD206+)
30 macrophages and the production of the M2-associated cytokines CXCL10 and CCL4
31 within the lung. These results suggest that consumption of BerriQi® Boysenberry
32 and apple juice concentrate promotes a shift towards an anti-inflammatory
33 environment within the lung leading to reduced immune cell infiltration and tissue
34 damage.

35 **Keywords: allergic airways inflammation, Boysenberry, apple, anthocyanins,**
36 **ellagitannins, alternatively activated macrophages.**

37

38 **1. Introduction**

39 Asthma is a heterogeneous, chronic, inflammatory lung disease characterized by
40 reversible airways obstruction, bronchospasm and infiltration of immune cells (1-3). It
41 is estimated that 150 million people are affected by asthma worldwide, with a 5–15%
42 prevalence in children (4) and there is evidence that early life exposure to air
43 pollution caused by vehicle exhaust, environmental dust and industrial processes,
44 increases the severity of asthma in children (5-7). The respiratory symptoms such as
45 cough, and wheeze are worsened by exposure to pollution (8). Proinflammatory
46 cytokine production in response to allergens by immune cells are further increased
47 with concomitant pollution exposure (9-13). Eosinophils, in particular, produce
48 reactive oxygen species, and cytokines, leading to epithelial damage and contribute
49 to mucosal inflammation and the recruitment of other proinflammatory immune cells
50 (14-17). These repeated acute inflammatory responses lead to tissue damage and
51 remodelling, contributing to airway hyperresponsiveness, mucus cell hyperplasia,
52 fixed airway flow obstruction, and loss of lung function over time (18-21).

53 Large-scale epidemiological studies have found that increased fruit and vegetable
54 consumption correlates with reduced asthma symptoms (22-25). These dietary-
55 related improvements in lung function benefits are also seen in people living in
56 polluted environments (26-28). Fruits and vegetables contain numerous bioactive
57 compounds, including anthocyanins and procyanidins, which have been shown to
58 attenuate lung inflammation in cell and animal models of allergy and asthma (29-34).
59 Human population studies have identified that dietary intake of foods high in
60 polyphenols (28) such as apples, pears (35), carrots, tomatoes (25) and citrus is
61 inversely correlated with the frequency and severity of reported asthma symptoms,
62 especially wheezing and coughing (22, 25, 35, 36). Previously, we have identified

63 that Boysenberry consumption led to decreased chronic lung inflammation, and
64 improved lung tissue repair in an animal model of chronic allergic lung inflammation
65 (33). Boysenberries contain high concentrations of anthocyanins and ellagitannins
66 (37, 38). We have also found that procyanidin-rich extracts from apple suppressed
67 IL-4 mediated cytokine production in cell culture models of lung epithelial allergic
68 inflammation (32, 39).

69 There is increasing interest in understanding the mechanisms of action that specific
70 plant bioactives have in the human body. This is partially to better understand the
71 benefits of consuming specific fruits and vegetables, and partially to add value to
72 specific foods through validated health claims. There is also interest in determining if
73 combining specific plants containing different polyphenols can augment the health
74 benefits above those seen with the individual plant. Use of animal models, where
75 dietary intake can be tightly controlled are useful for both demonstrating/revealing
76 the efficacy for identified compounds, and determining the biological mechanisms of
77 action. The aim of this study was to determine whether the combination of
78 Boysenberries and apple, as found in BerriQi® Boysenberry and apple juice
79 concentrate at a dose of 2.5 mg/kg total anthocyanins (TAC) could reduce allergic
80 airways inflammation in response to acute ovalbumin exposure in a mouse model
81 system. We also sought to determine the mechanisms involved in any ameliorating
82 effect.

83 **2. Methods**

84 **2.1 Mice and Materials**

85 C57BL/6J male mice were group housed on 12h light/dark cycle in a conventional
86 animal facility at The New Zealand Institute for Plant and Food Research Limited

87 (Palmerston North, New Zealand). Mice were fed Prodiet RMH1800 standard chow
88 for rodents (Lab Diet, St Louis, MO, USA) and filtered water ad libitum throughout
89 the study, all attempts to minimise suffering were made. All experimental procedures
90 were approved by the AgResearch Grasslands Animal Ethics Committee (AE
91 approvals #14839, #14731 and #14016) and carried out in accordance with the
92 Animal Welfare Act (1999). A proprietary Boysenberry and apple juice concentrate
93 (BerriQi®) was supplied by Anagenix Ltd (Auckland, New Zealand). Legendplex™
94 13-plex Th cytokine, proinflammatory cytokine and proinflammatory chemokine
95 panels, Zombie NIR™ fixable viability dye, and anti-mouse CD3 (clone 17A2), CD4
96 (clone GK1.5), CD8a (clone 53-6.7), CD80 (clone 16-10A1), CD86 (clone GL-1),
97 CD11c (clone N418), CD45 (clone 30-F11), CD206 (clone C068C2), CD14 (clone
98 Sa14-2), Ly6C (clone HK1.4), Gr-1 (clone RB6-8C5), I-A/I-E (MHC class II; clone
99 M5/114.15.2), and F4/80 (clone BM8) were purchased from Biolegend (San Diego,
100 CA, USA). Anti-mouse SiglecF (clone E50-2440) and CD11b (clone M1/70) were
101 from BD Biosciences (San Jose, CA, USA). Ovalbumin (OVA), and Alum were
102 purchased from Sigma (Auckland, New Zealand). iScript Advanced cDNA kit was
103 from Bio-Rad Laboratories (Hercules, CA, USA). Unless otherwise stated, all cell
104 culture media, supplements, Taqman probes and buffers were purchased from Life
105 Technologies NZ (Auckland, NZ).

106 **2.2 BerriQi® Formulation and Chemical Composition Analysis**

107 Boysenberries (*Rubus ursinus* var *loganbaccus* cv Boysenberry), harvested between
108 January-March 2017 from the Nelson region of NZ, were processed to a juice
109 concentrate by Boysenberries NZ (Nelson, NZ). Apples (*Malus domestica* –mixed
110 varieties) were harvested between April-June 2017 from the Hawkes Bay region of
111 New Zealand, and juice concentrates prepared by Profruit Ltd. (Hastings, NZ). The

112 freshly harvested Boysenberries and apples were graded, milled and pressed into
113 juice, de-seeded by centrifugation, pasteurised, depectinised by enzymatic
114 treatment, clarified by centrifugation, and concentrated by evaporation by their
115 respective manufacturers to yield fruit juice concentrates, each with an 8-fold
116 concentration factor.

117 Shott NZ Ltd. (Wellington, NZ) then blended the juice concentrates (proprietary
118 proportions), and added potassium sorbate preservative to a final concentration of
119 0.12% (w/w), yielding a dark red, non-cloudy syrup. The final BerriQi® Boysenberry
120 and apple juice concentrate product measured pH 3.39 (by pH meter) and was
121 68.3° Brix (by refractometry), with a specific gravity of 1.35 mg/mL comprising 68%
122 solids measured by both gravimetric and drying methods.

123 The polyphenol content of the BerriQi® Boysenberry and apple juice concentrate
124 was determined by liquid chromatography-mass spectrometry (LC-MS) using an
125 LTQ linear ion trap mass spectrometer fitted with an ESI interface (ThermoFisher
126 Scientific, San Jose, CA, USA) coupled to an Ultimate 3000 UHPLC and PDA
127 detector (Dionex, Sunnyvale, CA, USA). Anthocyanins were separated on a
128 Poroshell 120 SB-C18, 2.1x150 mm, 2.7 µm, analytical LC column (Agilent,
129 Torrance, CA, USA), maintained at 70°C. The solvents were (A) 5:3:92
130 acetonitrile:formic acid:water v/v/v and (B) acetonitrile + 0.1% formic acid (flow rate,
131 200 µL/min). The initial mobile phase, 100% A, was held for 2 min before being
132 ramped linearly to 88% A at 14 min, returning to 5% A at 15 min and held for 4 min
133 before resetting to the original conditions. The sample injection volume was 10 µL.
134 The MS data were acquired in the positive mode. Anthocyanin concentrations are
135 reported as cyanidin-3-O-glucoside equivalents.

136 Other phenolic compound separation was achieved using a Hypersil GOLD aQ 1.9μ
137 C18 175Å (Thermo Scientific, Waltham, MA, USA), 150 × 2.1 mm column
138 maintained at 45°C. The solvents were (A) water + 0.1% formic acid and (B)
139 acetonitrile + 0.1% formic acid (flow rate, 200 μL/min). The initial mobile phase, 95%
140 A/5% B, was ramped linearly to 85% A at 10 min, held for 3.75 min, then ramped
141 linearly to 75% A at 18 min, 67.2% A at 25 min, 50% A at 28 min, 3% A at 29 min and
142 held for 4 min before resetting to the original conditions. The sample injection volume
143 was 4 μL. The MS data were acquired in the negative mode.

144 **2.3 OVA-Induced Airway Inflammation Model**

145 Allergic airway disease was induced as previously described (34, 40). For the
146 Boysenberry and apple interventions, mice were randomized into receiving either
147 water (vehicle control) or 2.5 mg/kg TAC in the BerriQi® Boysenberry and apple
148 juice concentrate as previously described (34). Briefly, mice were fasted for 4 h
149 before being orally gavaged with water (control) or at a dose of 2.5 mg/kg body
150 weight TAC in the BerriQi® Boysenberry and apple juice concentrate made up to a
151 total volume of 200 μL in water 1h before OVA challenge and again 2 days post-
152 challenge. Mice were sacrificed 4 days following intranasal ovalbumin challenge and
153 immune parameters were analyzed.

154 **2.4 Immune Parameter Analysis**

155 Bronchoalveolar lavage fluid (BALF) and lung tissues were collected as previously
156 described and immune cells were phenotyped by flow cytometry (40). Lung tissue
157 supernatant for cytokine analysis was prepared as previously described (34). Briefly,
158 the left lung lobe was minced into 500 μL phenol red-free complete RPMI media and
159 incubated at 37°C for 30 min before being filtered through a 40 μm mesh and

160 centrifuged to remove cellular material. The resulting supernatant was analysed for
161 cytokine concentration using Legendplex bead-based multiplex immunoassays as
162 per the manufacturer's instruction. Both cell phenotyping and the cytokine multiplex
163 assays were analyzed using a BD FACSverse (BD Biosciences, San Jose, CA,
164 USA). H&E and AB-PAS histological staining were performed by Massey IVABS
165 histology unit.

166 **2.5 Real-time qPCR analysis**

167 Mouse lung tissue was collected 4 days following OVA challenge and snap frozen in
168 liquid nitrogen. The lung samples were crushed into powder using a mortar and
169 pestle with liquid nitrogen to keep the samples frozen. The RNA was extracted from
170 the powder using a TRIZOL total RNA extraction protocol. RNA was quantified using
171 an LVis plate in a POLARstar Omega plate reader (BMG) and the quality of the
172 ribosomal RNA bands confirmed by agarose gel electrophoresis (data not shown).
173 Five µg of RNA from each sample was used as the template for cDNA synthesis
174 using the iScript™ cDNA Synthesis Kit. Taqman® Gene Expression Assays were
175 purchased for each gene of interest. Two housekeeping genes, GAPDH and β-actin,
176 were used as controls to determine the amount of relative gene expression.
177 Taqman® Gene Expression Master Mix was used to PCR amplify the genes in a Bio-
178 Rad™ CFX384™ Real-Time PCR Detection System. Three lung samples per
179 treatment group were prepared and amplified in quadruplicate with the housekeeping
180 genes amplified on the same 384-well plate.

181 **2.6 Statistical Analysis**

182 Data were analyzed using one-way analysis of variance (ANOVA) with a Tukey's
183 post hoc test and graphed in SigmaPlot 12.5 (Systat Software Inc., San Jose, CA,
184 USA).

185 **3. Results**

186 **3.1 Chemical Composition of the Boysenberry and Apple Juice Concentrate**

187 The results of the LC-MS analysis showed that cyanidin glycosides, ellagitannins,
188 and chlorogenic acid were the major components in BerriQi® Boysenberry and apple
189 juice concentrate (Table 1, supplementary figures 1, 2). Minor components included
190 phloretin 2-O-glucoside, and a mix of phenolic acids, flavonol glycosides, flavanol
191 monomers and procyanidins. The major classes of phenolic compounds were
192 anthocyanins (1969 µg/mL) and hydrolysable tannins (946 µg/mL), accounting for
193 56% and 27%, respectively, of the total phenolics quantified. The most abundant
194 tannins were ellagic acid (449 µg/mL) and sanguin H6 (213 µg/mL).

195 **3.2 Effect of Boysenberry and Apple juice concentrate Intervention on** 196 **Ovalbumin-Induced Allergic Airways Inflammation**

197 Acute intranasal OVA exposure resulted in an infiltration of immune cells into the
198 lung (Figure 1A) and increased mucous production (Figure 1B). Consumption of 2.5
199 mg/kg TAC BerriQi® Boysenberry and apple juice concentrate reduced the
200 infiltration of immune cells and decreased OVA-induced mucous production (Figure
201 1A-B). We quantified the type and number of immune cells infiltrating into the lung,
202 and found that acute OVA exposure significantly increased ($P<0.001$) infiltrating
203 eosinophils (CD45+/CD11b+/SiglecF+), neutrophils (CD45+Ly6C+Gr-1+) and T-cells
204 (CD45+/CD3+/CD4+ or CD45+/CD3+/CD8a+), compared with the lung of naïve
205 animals (Figure 1C-F). Compared with animals only exposed to OVA, those that also

206 consumed 2.5 mg/kg TAC BerriQi® Boysenberry and apple juice concentrate
207 showed a significant decrease ($P < 0.001$) in the number of infiltrating eosinophils,
208 neutrophils and T cells in the lung (Figure 1C-F). We saw no change in the number
209 of CD4+ or CD8+ T cells in the mediastinal (lung-draining) lymph node for any of the
210 treatment groups (Figure 2A-B).

211 There was a trend towards an increased percentage of CD206+/CD14-
212 macrophages in the lungs of mice that consumed 2.5 mg/kg TAC BerriQi®
213 Boysenberry and apple juice concentrate (Figure 3A). We measured the gene
214 expression of Arg1, Ym-1 and Fizz1 in lung tissue and found that 2.5 mg/kg TAC
215 BerriQi® Boysenberry and apple juice concentrate consumption led to a significant
216 fold- increase in Arg1 ($P < 0.05$) and Fizz1 ($P < 0.01$) gene expression compared to
217 naïve mice (Table 2). We found no significant fold-change in Nos2 or Ym-1 gene
218 expression between any of the treatment groups (Table 2).

219 Consumption of 2.5 mg/kg TAC BerriQi® Boysenberry and apple juice concentrate
220 led to increased levels of the cytokines IL-17A, CXCL10, and CCL4 (Figure 3B-D) 4
221 days following OVA challenge, but did not affect the IL-17F concentration (Figure
222 3E). We saw no effect on the concentrations of the classical Th1/2 cytokines IFN γ ,
223 IL-5, IL-9 or IL-10 in either the BerriQi® Boysenberry and apple juice concentrate
224 treated or the OVA alone mice compared to naïve controls (Figure 2C-F).

225 **4. Discussion**

226 We evaluated the effects of dietary supplementation with 2.5 mg/kg TAC BerriQi®
227 Boysenberry and apple juice concentrate, on the immune responses in a mouse
228 model of acute allergic airways inflammation. Our results show that consumption of
229 2.5 mg/kg TAC BerriQi® Boysenberry and apple juice concentrate reduced

230 granulocyte and local T cell infiltration into the lung after OVA challenge, but did not
231 alter T cell activation within the lung draining lymph node or the levels of classical
232 Th-2 and Th-1 cytokines in the lung at four days following OVA challenge. Our
233 current results indicated that BerriQi® Boysenberry and apple juice concentrate had
234 little impact on the Th-2/Th-1 mediated allergic response of mice, but rather targeted
235 innate proinflammatory immune pathways. This is consistent with our previously
236 reported finding in a mouse model of chronic allergic airways inflammation using 10
237 mg/kg TAC Boysenberry juice concentrate (33). Chemical composition analysis
238 showed that the BerriQi® Boysenberry and apple juice concentrate formulation
239 contained high concentrations of cyanidin glycosides, ellagitannins, and chlorogenic
240 acid. These compounds have been previously shown to reduce inflammatory
241 signalling in vitro (38, 41, 42), and in vivo animal models of inflammation (34, 43-46).
242 Our current results suggest that consumption of 2.5 mg/kg TAC BerriQi®
243 Boysenberry and apple juice concentrate, which also contains high levels of
244 ellagitannins and chlorogenic acid, could have broader lung health benefits beyond
245 allergic asthma disease by promoting the resolution of inflammation caused by
246 innate immune cell overactivation. Current asthma therapies also suppress both the
247 adaptive and innate immune responses without affecting the aberrant sensitivity to
248 the allergen and this can lead to adverse events.

249 Consumption of BerriQi® Boysenberry and apple juice concentrate had less of an
250 effect on monocyte/macrophage infiltration into the lung than on granulocyte
251 infiltration, and there was increased percentage of CD206+ monocytes. This could
252 represent a shift to an M2 anti-inflammatory phenotype. We then measured the
253 changes in gene expression for Arg1, Ym-1 and Fizz1, the classic genes for
254 identifying alternatively activated macrophages (47, 48). Arg1 and Fizz1 gene

255 expression was significantly increased with BerriQi® Boysenberry and apple juice
256 concentrate consumption. Consistent with a shift to a more anti-inflammatory
257 macrophage phenotype, we detected increased levels of CXCL10 and CCL4
258 cytokines, which are produced by M2 macrophages, in the lungs of mice that
259 consumed BerriQi® Boysenberry and apple juice concentrate. These results suggest
260 that the consumption of Boysenberry and apple juice concentrate led to a switch to
261 the M2 phenotype in OVA-challenged mice. This could be one of the mechanisms by
262 which BerriQi® Boysenberry and apple juice concentrate consumption contributed to
263 the resolution of inflammation. Previously, we reported that 10 mg/kg TAC
264 Boysenberry juice concentrate can increase the abundance of alternatively activated
265 (M2) macrophages, which promote tissue repair in a chronic model of airways
266 inflammation (33). Our current results suggest that BerriQi® Boysenberry and apple
267 juice concentrate, had a similar effect in this mouse model of acute inflammation, in
268 particular the increase in Arg1 gene expression is similar to our previously reported
269 study showing increased arginase protein expression by alternatively activated
270 macrophages (33). Further, research looking at an animal model Th2-mediated
271 inflammation has identified M2 macrophage derived Fizz1 as a key limiting factor for
272 Th2-mediated pulmonary inflammation (49).

273 The mice that consumed 2.5 mg/kg TAC BerriQi® Boysenberry and apple juice
274 concentrate showed increased levels of the cytokines IL-17A, CXCL10, and CCL4,
275 but the levels of IL-17F were not affected. High IL-17 and IL-17F levels have been
276 implicated in asthma pathogenesis, however, there is also evidence that IL-17A (50)
277 can increase the abundance of MMP-9, an important tissue remodelling protein in
278 asthma (33) as well as inducing apoptosis of neutrophils and eosinophils (50).
279 CXCL10 and CCL4 are chemokines that attract monocytes/macrophages, and

280 CXCL10 may also inhibit the infiltration of eosinophils in response to allergic airways
281 inflammation (51). The combination of increased IL-17A-mediated granulocyte
282 apoptosis and CXCL10-mediated inhibition of granulocyte infiltration could explain
283 how the consumption of the BerriQi® Boysenberry and apple juice concentrate
284 resulted in decreased allergic airways inflammation, in particular the reduced number
285 of eosinophils and neutrophils.

286 This switch to a M2 macrophage phenotype may be through the Boysenberry and
287 apple polyphenols identified in the BerriQi® Boysenberry and apple juice concentrate
288 directly inhibiting proinflammatory pathways, or through an indirect shortening of the
289 proinflammatory phase. Other studies have shown that increased dietary fibre
290 shortened the duration of the proinflammatory phase, leading to reduced tissue
291 damage in a chronic mouse model of allergic asthma (52). Based on the estimated
292 fibre content in BerriQi® Boysenberry and apple juice concentrate (Supplementary
293 table 1), it is unlikely that the dietary fibre component played a significant role in the
294 immune modulation we observed. However, the combination of anthocyanins with
295 other polyphenols identified in the BerriQi® Boysenberry and apple juice concentrate
296 could have a similar effect on inflammation either by shortening the proinflammatory
297 time course, or promoting the production of anti-inflammatory proteins. Ellagitannins
298 have been shown in cell culture and animal models of chronic inflammatory diseases
299 to reduce proinflammatory prostaglandins (53), cytokines (45, 54), and other proteins
300 (42, 55, 56). Anthocyanins have also been shown to inhibit proinflammatory proteins
301 (57, 58), and activate anti-inflammatory pathways in models of inflammation (59-63).
302 It is possible that the combination of the different polyphenols in the BerriQi®
303 Boysenberry and apple juice concentrate act on a number of different immune
304 pathways to regulate the immune responses to OVA.

305 We found that mice that consumed BerriQi® Boysenberry and apple juice
306 concentrate had reduced immune cell infiltration in response to acute OVA challenge
307 and this could be as a result of a shift towards an anti-inflammatory environment
308 within the lung. These results highlight the potential of anthocyanin-rich Boysenberry
309 and apple dietary supplementation to modulate innate immune pathways during
310 acute allergic lung inflammation. Further work is needed to determine if these
311 pathways are also altered in other lung inflammatory conditions, such as air pollution
312 exposure. Clinical studies are needed to show if these findings are translatable to
313 human health.

314 **Conflict of Interest**

315 All authors were employed by The New Zealand Institute of Plant & Food Research
316 Limited, a New Zealand Crown Research Institute wholly owned by the New Zealand
317 Government for the purposes of research into sustainable production, elite breeding,
318 food and health science of horticultural, arable, and seafood products.

319 OMS and RDH report that they are named on patents related to the formulation of
320 BerriQi® Boysenberry and apple juice concentrate, but have not received any
321 financial compensation, nor will receive any personal royalty payments as a result of
322 this. None of the other authors declare any other conflicts of interest. Under the
323 terms of the Innovation Cell™ Collaboration Agreement Plant & Food Research and
324 Anagenix have a royalty sharing agreement for any royalties that result from the sale
325 of BerriQi® Boysenberry and apple juice concentrate product.

326 **Author Contributions**

327 OMS designed, performed, analyzed and interpreted the in vivo studies, and wrote
328 and edited the manuscript; JC performed, analyzed and interpreted the chemical
329 composition experiments and GMS performed, analyzed and interpreted in vivo
330 studies, and both contributed to the writing and editing of the manuscript; HD and
331 SM performed the in vivo studies and helped edit the manuscript; RDH designed and
332 directed the overall research programme and helped edit the manuscript.

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532 **Table 1. Phenolic compounds detected in BerriQi® ($\mu\text{g/mL}$).** M^+ and $(\text{M}-\text{H})^-$ ions
 533 are the pseudomolecular ions used for identification of compounds by liquid
 534 chromatography-mass spectrometry (LC-MS). All identifications confirmed by
 535 MS/MSⁿ experiments. Peak numbers refer to chromatograms shown in
 536 supplementary data. # detected as $[\text{M}+\text{formate}]^-$ adduct

Peak	M^+	$(\text{M}-\text{H})^-$	Compound	$\mu\text{g/mL}$
Anthocyanins				
1	611		Cyanidin 3-O-sophoroside	883
2	449		Cyanidin 3-O-glucoside	571
3	481		Cyanidin 3-O-sambubioside	24
4	757		Cyanidin 3-O-(2-glucosylrutinoside)	411
5	595		Cyanidin 3-O-rutinoside	62
6	727		Cyanidin 3-O-xylosylrutinoside	18
Phenolic acids				
7		169	Gallic acid	140
8		153	Protocatechuric acid	35
10		353	Chlorogenic acid	69
11		179	Caffeic acid	7
15		337	4- <i>p</i> -Coumaroylquinic acid	26
17		337	5- <i>p</i> -Coumaroylquinic acid	3
Flavan-3-ols and procyanidins				
9		335 [#]	Catechin	3
12		577	Procyanidin B2	6
13		335 [#]	<i>Epi</i> -catechin	21
25		579	unknown procyanidin isomer	3
Hydrolysable tannins				
14		1567	Sanguiin H10 isomer 1	9
16		469	Sanguisorbic acid dilactone	120
19		2036.5	Galloyl-SH6	66
20		1567	Sanguiin H10 isomer 2	61
21		2501	Lambertian C (minus ellagic acid)	11
22		2803	Lambertian C	17
24		1869	Sanguiin H6	213
26		301	Ellagic acid	449
Flavonols				
27		609	Quercetin 3-O-rutinoside	6
28		463	Quercetin 3-O-galactoside	17

29	477	Quercetin 3-O-glucuronide	36
30	463	Quercetin 3-O-glucoside	13
31	433	Quercetin 3-O-pentoside 1	9
32	433	Quercetin 3-O-pentoside 3	6
33	433	Quercetin 3-O-pentoside 2	13
35	447	Quercetin 3-O-rhamnoside	15
37	301	Quercetin	19
Chalcones			
34	567	Phloretin 2-O-xylo-glucoside	9
36	481 [#]	Phloretin 2-O-glucoside	62
Unknowns			
18	563 [#]	unknown	71
23	639	unknown	22
Total			1557

537

538 **Table 2: BerriQi® Boysenberry and apple juice concentrate increases**
 539 **alternatively activated macrophage gene expression in the lung.** Mice were
 540 primed with ovalbumin (OVA)/Alum i.p. and then challenged 7 days later with OVA
 541 i.n. (Day 0). Mice were orally gavaged with 2.5 mg/kg total anthocyanins (TAC) in the
 542 BerriQi® Boysenberry and apple juice concentrate (BerriQi) 1h before OVA
 543 challenge and again 2 days post-challenge. Mean fold-change (SEM) in gene
 544 expression was measured by real-time qPCR in lung tissue 4 days post-OVA
 545 challenge. *P<0.05, **P<0.01 compared with naïve (one-way ANOVA with Tukey's
 546 Post Hoc test) for 4 experimental replicates with n=3 per treatment groups.

Target Gene	Naïve	OVA	OVA + BerriQi
Arg1	1 (0.5)	9.4 (5.3)	26.0 (7.9) *
Ym-1	1 (0.4)	4.4 (1.9)	5.5 (1.0)
Fizz1	1 (0.5)	15.4 (0.9) **	19.6 (3.3) **
Nos2	1 (0.3)	1.5 (0.8)	1.7 (0.5)

547

548 **Figure 1: BerriQi® Boysenberry and apple juice concentrate suppresses**
549 **ovalbumin-induced airway inflammation, and immune cell infiltration.** Mice
550 were primed with ovalbumin (OVA)/Alum i.p and then challenged 7 days later with
551 OVA i.n (Day 0). Mice were orally gavaged with 2.5 mg/kg total anthocyanins (TAC)
552 in the BerriQi® Boysenberry and apple juice concentrate (BerriQi) 1h before OVA
553 challenge and again 2 days post-challenge. (A) Haematoxylin and eosin stained lung
554 tissue from naïve, OVA-challenged and OVA-challenged mice treated with BerriQi®
555 Boysenberry and apple juice concentrate. Magnification 10x (top) and 20x (bottom)
556 Asterisk =cell infiltration. (B) Alcian-blue Periodic acid-Schiff stained lung tissue from
557 naïve, OVA-challenged and OVA-challenged mice treated with BerriQi®
558 Boysenberry and apple juice concentrate. Magnification 10x (top) and 20x (bottom).
559 Arrow=mucous producing goblet cells. (C) Total eosinophil, (D) Total neutrophil, (E)
560 CD4+ T cells and CD8+ T cells in bronchioalveolar lavage fluid (BALF) were
561 determined 4 days post-OVA challenge. Data presented as mean \pm SEM $P < 0.001$
562 compared with naïve and OVA challenge + BerriQi® Boysenberry and apple juice
563 concentrate (one-way ANOVA with Tukey's Post Hoc test) for two experimental
564 replicates with $n=10$ per treatment groups.

565 **Figure 2: BerriQi® Boysenberry and apple juice concentrate does not alter**
566 **classical Th-1/Th-2 cells and cytokines.** Mice were primed with ovalbumin
567 (OVA)/Alum i.p and then challenged 7 days later with OVA i.n (Day 0). Mice were
568 orally gavaged with 2.5 mg/kg total anthocyanins (TAC) in the BerriQi® Boysenberry
569 and apple juice concentrate (BerriQi) 1h before OVA challenge and again 2 days
570 post-challenge. Mediastinal lymph node (MSLN) (A) CD4+ and (B) CD8+ T cells
571 number; and lung tissue production of (C) IL-5, (D) IL-9, (E) IL-10 and (F) IFN γ were

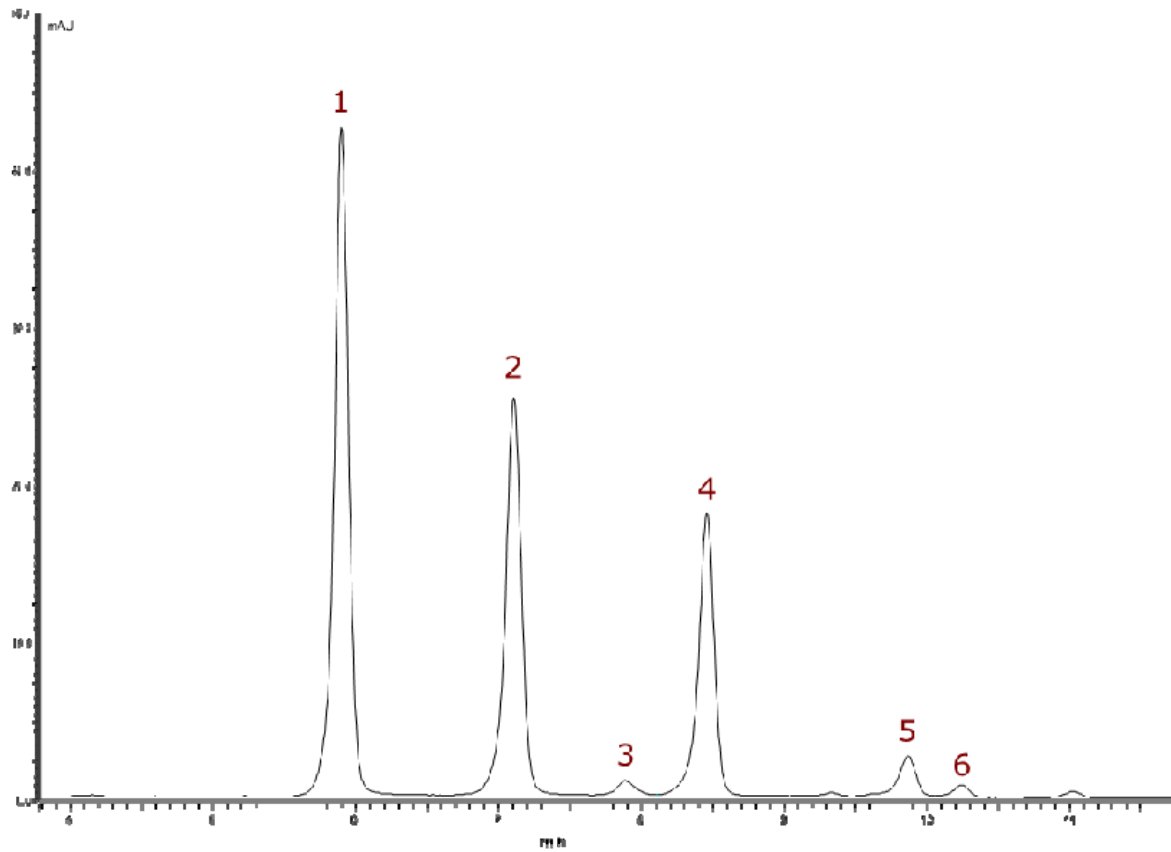
572 determined 4 days post-OVA challenge by Legendplex. Data presented as mean \pm
573 SEM for two experimental replicates with n=10 per treatment groups.

574 **Figure 3: BerriQi® Boysenberry and apple juice concentrate suppresses**
575 **ovalbumin-induced airway inflammation through increased IL-17A, CXCL10**
576 **and CCL4 concentration.** Mice were primed with ovalbumin (OVA)/Alum i.p and
577 then challenged 7 days later with OVA i.n (Day 0). Mice were orally gavaged with 2.5
578 mg/kg total anthocyanins (TAC) in the BerriQi® Boysenberry and apple juice
579 concentrate (BerriQi) 1h before OVA challenge and again 2 days post-challenge. (A)
580 Percentage of CD206+ macrophages in bronchioalveolar lavage fluid (BALF) and
581 lung tissue production of (B) CXCL10, (C) IL-17A, (D) CCL4 and (E) IL-17F was
582 determined 4 days post-OVA challenge by Legendplex. Data presented as mean \pm
583 SEM, P<0.05 compared with OVA challenge + BerriQi® Boysenberry and apple juice
584 concentrate, P<0.01 compared with naïve and OVA challenge (one-way ANOVA with
585 Tukey's Post Hoc test) for two experimental replicates with n=10 per treatment
586 groups.

587

588 **SUPPLEMENTARY DATA**

589

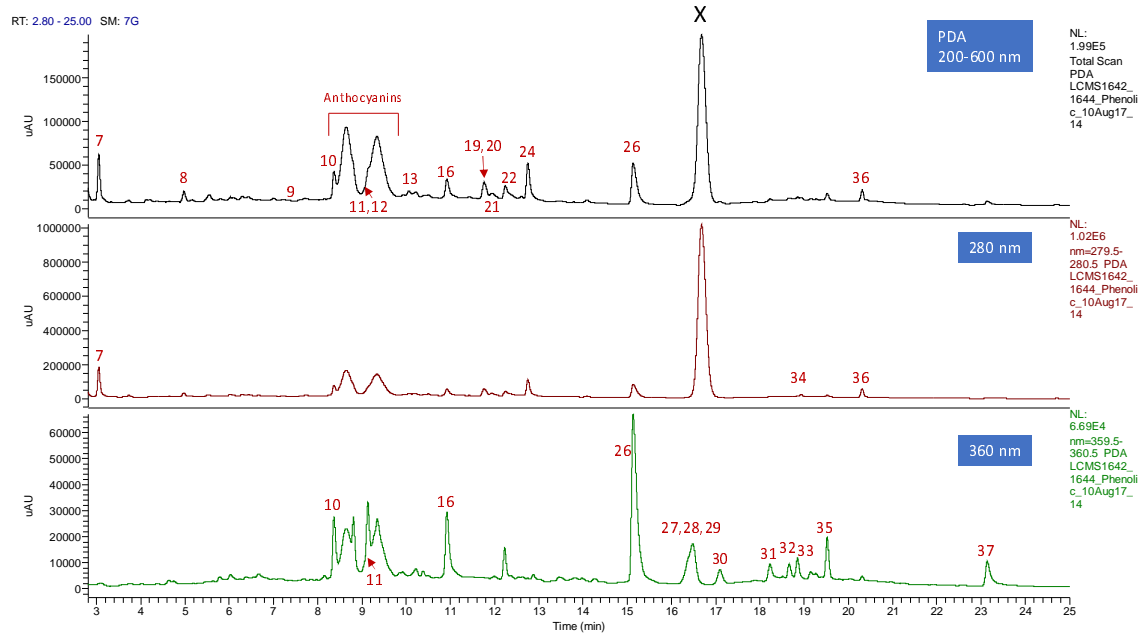


591 **Supplementary Figure 1.** Liquid Chromatography-Mass Spectrometry (LC-MS)
592 chromatogram for BerriQi® concentrate, showing the anthocyanin UV/VIS profile
593 measured at 520 nm. Peak numbers refer to compounds listed in Table 1.

594

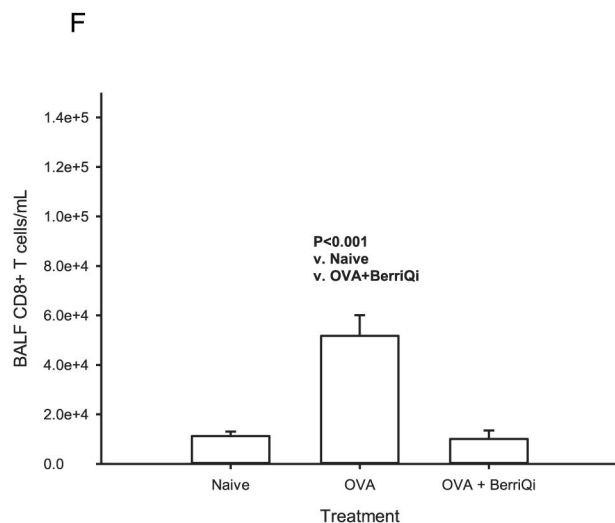
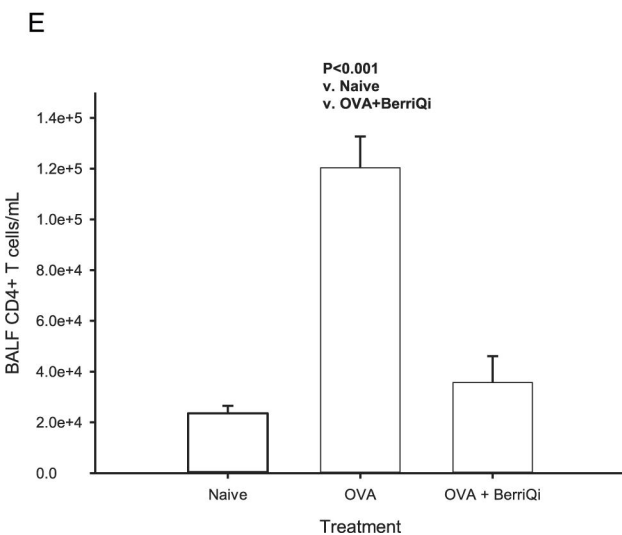
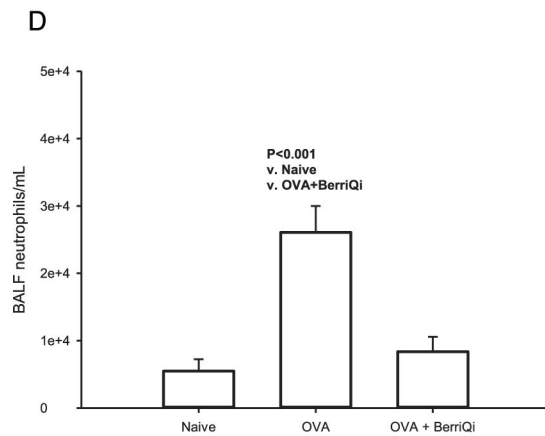
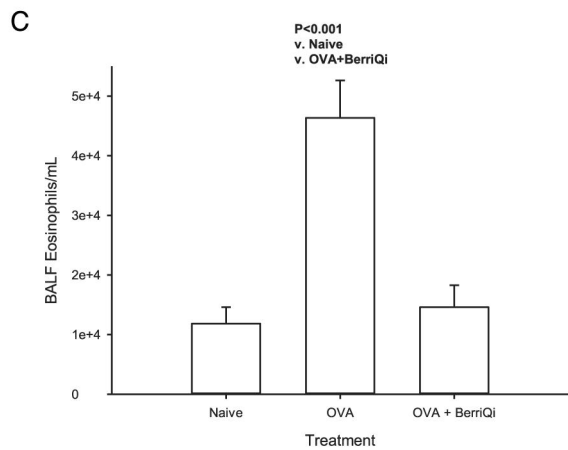
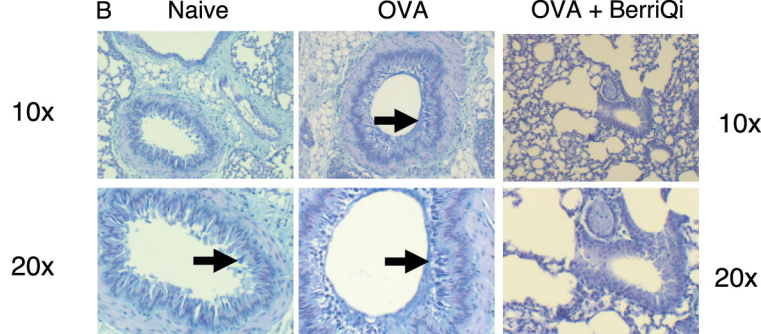
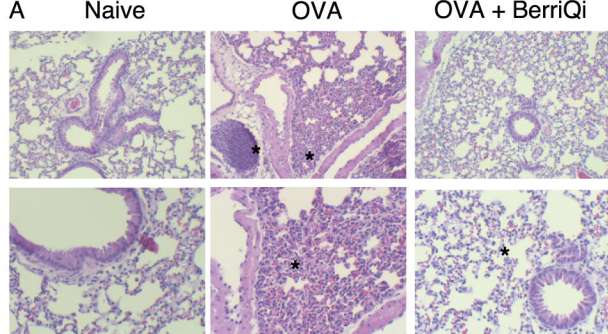
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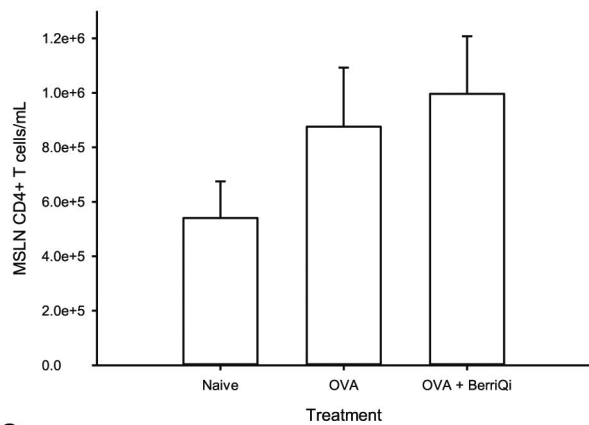
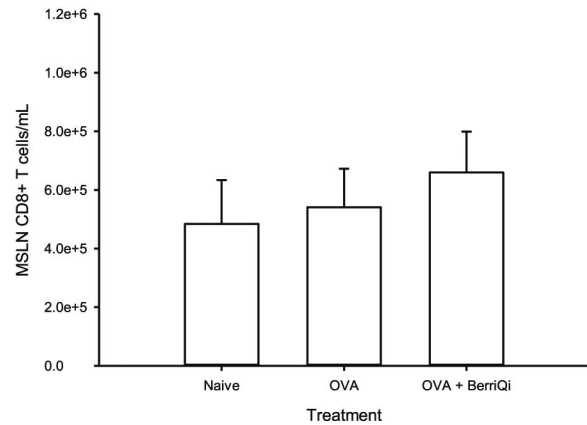
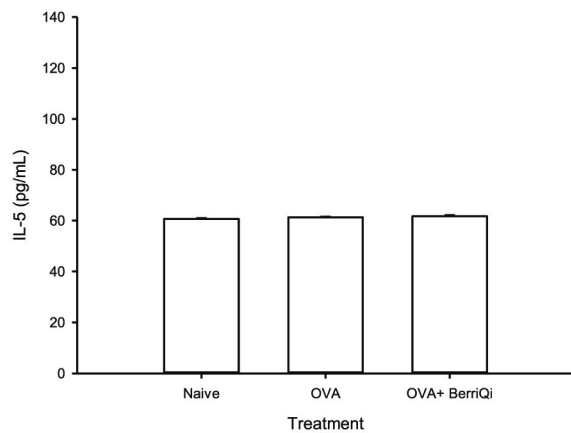
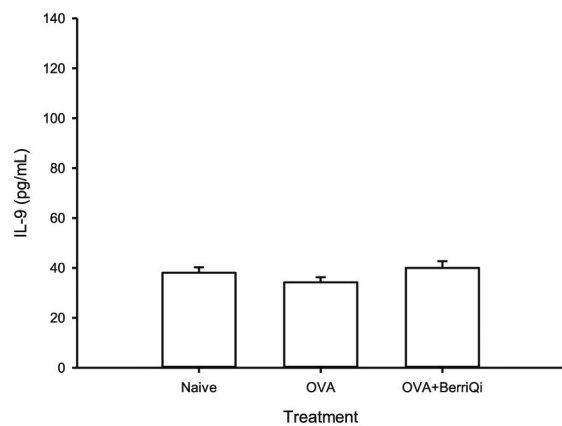
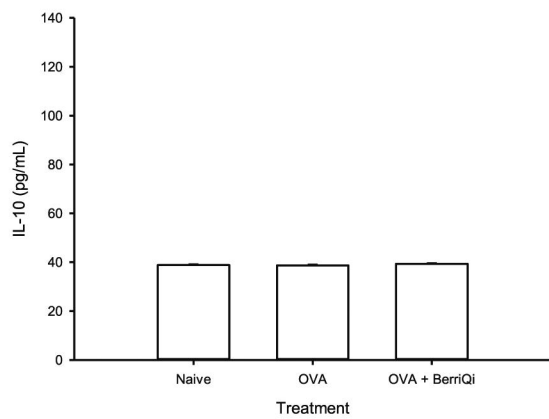
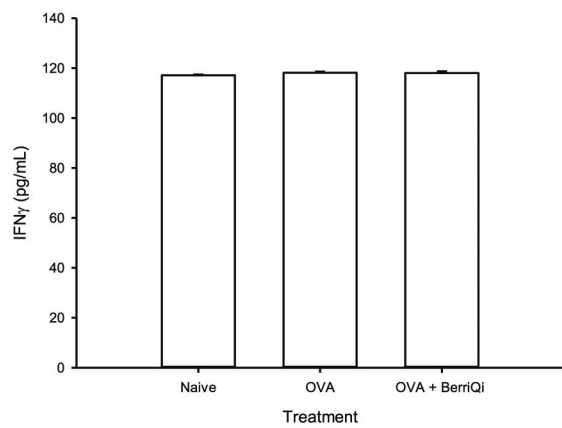
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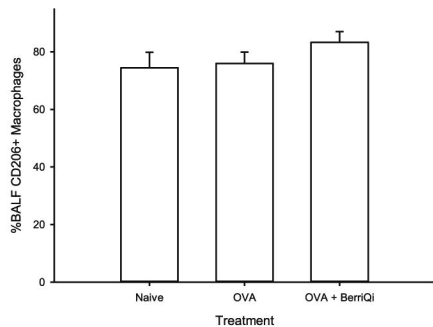
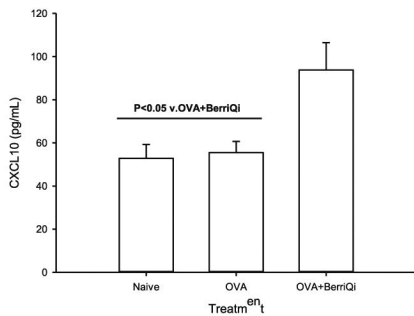
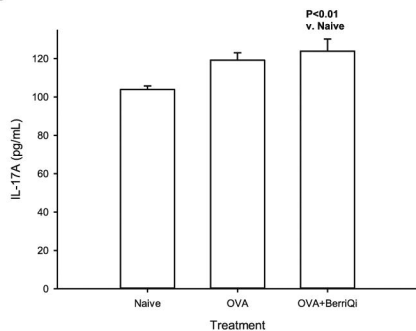
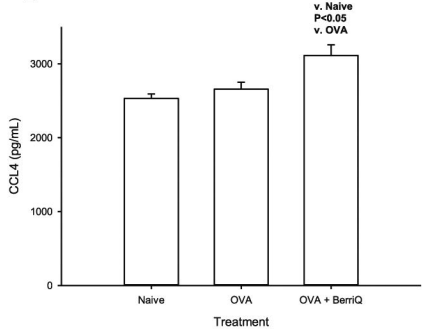


597

598 **Supplementary Figure 2.** Liquid Chromatography-Mass Spectrometry (LC-MS)
599 chromatograms for BerriQi® concentrate, showing PDA (photodiode array) phenolic
600 profiles measured at 200–600 nm, 280 nm and 360 nm. Peak numbers refer to
601 compounds listed in Table 1. X, denotes sorbic acid, a preservative added to the
602 BerriQi concentrate during formulation. This was present at a concentration of ~2000
603 µg/mL.



A**B****C****D****E****F**

A**B****C****D****E**