CryoSIM: super resolution 3D structured illumination cryogenic fluorescence microscopy for correlated ultra-structural imaging

MICHAEL A. PHILLIPS[1,2,3], MARIA HARKIOLAKI[3], DAVID MIGUEL SUSANO PINTO[1], RICHARD M. PARTON[1], ANA PALANCA[4,5], MANUEL GARCIA-MORENO[5], JOHN W. SEDAT[6], DAVID I. STUART[2,3], ALFREDO CASTELLO[5], MARTIN J. BOOTH[7], ILAN DAVIS[1,@], AND IAN M. DOBBIE[1,*]

[1]*Micron Advanced Bio-imaging Unit, Department of Biochemistry, University of Oxford, South Parks rd, Oxford OX1 3QU, UK.*
[2]*STRUBI, Division of Structural Biology, Wellcome Centre for Human Genetics, Old Road Campus, Roosevelt Drive, Oxford, OX3 7BN, UK.*
[3]*Diamond Light Source, Harwell Science & Innovation Campus, Didcot, Oxfordshire, OX11 0DE, UK.*
[4]*Department of Anatomy and Cell Biology, Faculty of Medicine, Universidad de Cantabria, CP39011 Santander, Spain.*
[5]*Department of Biochemistry, University of Oxford, South Parks rd, Oxford OX1 3QU, UK.*
[6]*Department of Biochemistry and Biophysics, University of California, San Francisco, USA.*
[7]*Department of Engineering Science, University of Oxford, Parks Road, Oxford,OX1 3PJ, UK.*
[@] *Joint corresponding author: ilan.davis@bioch.ox.ac.uk*
[*] *Joint corresponding author: ian.dobbie@bioch.ox.ac.uk*

Abstract: Rapid cryo-preservation of biological specimens is the gold standard for ultra-structural analysis. However, current methods for fluorescence imaging molecules under cryogenic conditions are limited to low resolutions of 400 nm. We have developed CryoSIM, a microscope for 3D super-resolution fluorescence cryo-imaging at 200 nm resolution using structured illumination microscopy. CryoSIM dramatically increases the usefulness of correlative imaging with cryo electron microscopy or cryo soft X-ray tomography by reducing the resolution gap. The microscope is easily reproducible, as it is assembled from commodity parts and controlled by the open source Python Microscope and Cockpit software.

1. Introduction

Methods for microscopy of cells and tissues have progressed rapidly in the past decade, providing unrivalled opportunities for new insights into biological molecular mechanisms [1–3]. While many of the highest profile developments have been in super-resolution fluorescence and single molecule methods, other innovations in electron or X-ray microscopy have facilitated visualisation of ultra-structural morphology [4, 5]. The ultra structural information is particularly valuable when the distributions of specific molecules are added. This can be done by imaging the same sample in fluorescence and precisely painting the fluorescence signal onto the EM morphology in so called correlative methods, producing correlative light and electron microscopy (CLEM) [6].

Molecular localisation in EM have been possible for many years [7] although often through difficult techniques, for example the use of antibodies coupled to different sized gold particles in ultra-thin sections. However, in general this involves chemical fixation and the incubation of antibodies on 60–100 nm ultra-thin sections, which provides a very limited 2D view of the specimen and has very poor detection efficiency. Extending this method to three dimensions is even more challenging, requiring multiple sections to be labelled, imaged and then registered into a single volume.

Correlative fluorescence and ultra-structural microscopy have successfully been applied to the localisation of molecules in plastic sections [**?**, **?**, 9]. Using such sections, it has even been

possible to carry out super-resolution fluorescence imaging using single molecule localisation techniques [8, 10, 11]. However, to date such approaches have all involved chemical fixation, which is subject to potential artefacts.

An alternative approach, rapid cryo-freezing, does not suffer from the same potential morphological artefacts. Compared to chemical fixation, cryo-fixation offers far superior preservation of local chemistry, delicate cellular structures. Therefore, cryo-fixation has now become the gold standard for preserving delicate structures or even snapshots rapid dynamic processes within cells [12, 13]. Cryo-preservation can also enable the determination of molecular structures within whole cells [14, 15]. It has the additional advantage of enhanced dye photo-stability at low temperatures [16], leading to lower photo-bleaching rates. This permits the accumulation of images with high signal-to-noise ratio, as imaging can be maintained over a large number of frames.

A major challenge in correlative imaging is how to implement high resolution fluorescence microscopy at cryogenic temperatures. The most advanced commercial cryo fluorescence microscopes allow imaging to a resolution of approximately 400 nm using low numerical aperture objectives. Such resolution is insufficient to relate the distribution of molecules to the ultra-structure on scales of 5-50 nm. This means there is a gap in volumetric resolution of several orders of magnitude, which severely limits the usefulness of the correlative approach. A few cryogenic super-resolution demonstrations have been performed, on specialised microscopes with limited accessibility [10, 16].

We present CryoSIM as a solution to these technical challenges. CryoSIM combines super-resolution structured illumination fluorescence microscopy at cryogenic temperatures with correlative ultra-structural imaging. The technique enables 3D imaging of volumetric specimens at resolutions beyond those achievable with the best confocal imaging, making it an excellent complement to Soft X-ray Tomography (SXT) [34] or EM at cryogenic temperatures. CryoSIM produces 3D images of volumes over 10 μm in thickness, which is well matched to the penetration depth of the SXT, and can detect fluorescent molecules with wavelength dependant resolutions of up to 200 nm, providing close correlation to the imaged ultra-structure. The design of CryoSIM allows careful control of sample temperature to maintain sample preservation in vitreous ice by inhibiting the formation of ice crystals throughout the process. After fluorescence imaging, the same samples are kept preserved in cryogenic conditions and transferred for ultra-structural studies using SXT or EM. This correlated imaging method can be applied to many biological samples to gain insights into structure and function in an effort to elucidate molecular mechanisms in biomedical and life science research.

2. Microscope design

2.1. Choice of super-resolution method

Structured illumination microscopy [18, 19] was chosen as the mechanism for obtaining super-resolution in the CryoSIM system. 3D-SIM offers several advantages over other fluorescence super-resolution techniques for volumetric imaging of thick samples. It has very good out-of-focus light suppression, resulting in high contrast images even in samples with thicknesses of 10 μm or more. It requires relatively low illumination intensities compared to Single Molecule Localisation Microscopy (SMLM [8, 20, 21]) or STimulated Emission Depletion microscopy (STED, [22, 23]). 3D-SIM offers better control over sample heating and reduces the risks of ice crystal formation and sample damage. While 3D-SIM requires a large number of raw images to generate the reconstructed super-resolution image, this number is far smaller than that required for SMLM, and there is no requirement for high power densities to saturate the stimulated emission (as in STED) or blinking (as in some forms of SMLM) [24]. Finally, and crucially, 3D-SIM is readily applied to multi-channel imaging using a range of common dyes or fluorescent proteins. Therefore, 3D-SIM provides a flexible mode of super-resolution microscopy that can be readily

applied to a very wide range of cryo preserved biological specimens and problems.

2.2. Cryogenic specimen stage

In order to image fluorescence samples at cryogenic temperatures, we built a custom optical microscope around a commercial cryo-stage (Linkam CMS196M LED Cryo Correlative Stage) The entire system was designed to maintain good temperature stability, enabling precision imaging, maximising mechanical stability, minimising thermal drift and maintaining the essential vitreous state of the specimen. It is essential to prevent ice crystals forming in the specimen, as ice crystals disrupt the sample's structure, and introduces artefacts that can affect light-, electron- and X-ray imaging. To achieve this goal we used a rapid plunge-freezing protocol that locks the water in the sample into a vitreous state, and then kept the sample below the glass transition temperature of its aqueous component: approximately 130 K (-140 ° C). The commercial cryostage was designed for use in microscopy and ensures the sample is always maintained in contact with a cold block immersed in liquid nitrogen, Fig 1. The microscope used a long working-distance air objective (Nikon, TU Plan Apo BD 100× 0.9 NA, 2 mm working distance, so that the air gap between the sample and relatively warm objective provided effective thermal insulation and prevented the objective from heating the specimen. We also minimised the intensity of the illumination from the fluorescence excitation laser light sources, as light absorption causes significant local heating that can result in ice formation or even thermal damage.

2.3. Optical system design

A schematic of the CryoSIM microscope is shown in Fig2. This includes the optical elements for producing the structured illumination and the emission path for imaging the fluorescence.

Lens pairs are setup as $4f$ telescopes, except for L_8 and L_9 which are further down the optical path due to physical space constraints. However, the beam is infinity focused at this point so this design compromise has minimal effect on the image quality. Most of the optical design choices are standard options that would be used in any optical system, for example all lenses were chosen as achromatic doublets. However, there are some specific design optimisations covered below that significantly improve the imaging using structured illumination.

Lens orientation was chosen to optimise image quality. As a general rule, in order to minimise aberrations lens orientation should be chosen to minimise the deviation of the light-lens interaction angle from the normal. However, in this microscope, the excitation light and the emitted fluorescence are in reciprocal focal states: when the excitation light is infinity focused between two lenses in a telescope, the emitted light will be coming to a focus and then spreading out again. Sections of the optical system that contain either only excitation or only emission paths can be optimised with a particular lens orientation. Lenses which are in parts of the system that include both paths, i.e. those between the dichroic and the objective, were optimised for the emitted light to minimise image aberrations.

2.4. Spatial light modulator and pattern optimisation

Effective 3D-SIM operation requires illumination patterns with high contrast structures at the limit of resolution. In order to generate the illumination patterns, we used a nematic liquid crystal on silicon SLM (Meadowlark optics, 512×512 SLM Model PDM512), which enabled grayscale phase modulation. The SLM allows a large fraction of the light to be transferred into the first order diffraction spots even in stripes with a width close to 2 times the pixel size, unlike a binary ferroelectric SLM. Polarisation control is also vitally important for optimal pattern contrast, as near-perfect linear polarisation is required in the focus. Therefore, in order to preserve linear polarisation and optimise pattern contrast, the mirrors used between the SLM and the sample were coated silver mirrors (Thorlabs PF10-03-P01) rather than broadband dielectric mirrors. This choice meant sacrificing some reflection efficiency in order to significantly reduce depolarisation

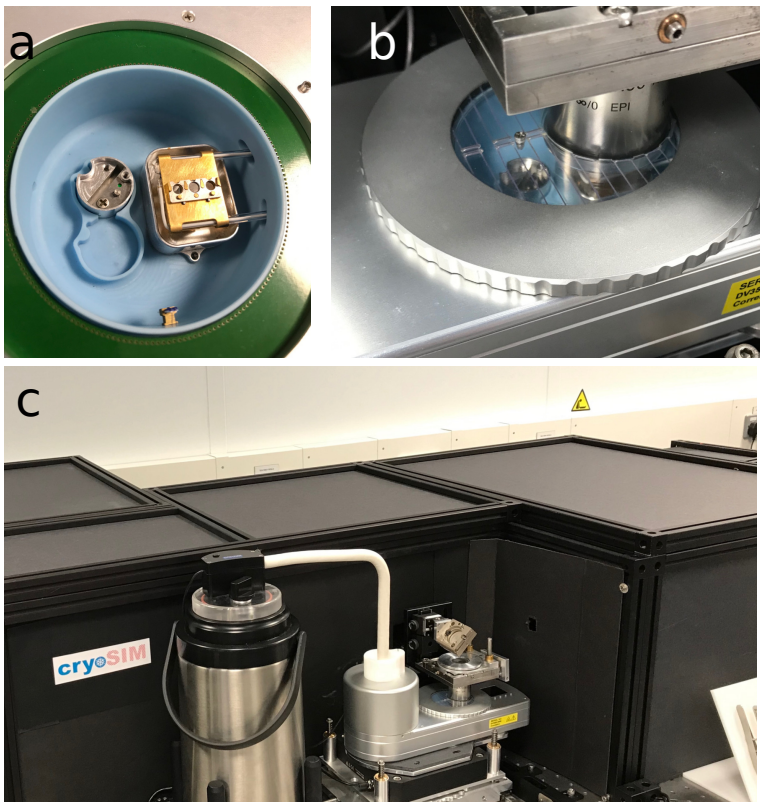

Fig. 1. CryoSIM sample stage:
(**a**) Closeup view of the cryo sample stage, with the 3 position grid holder on top of the copper bridge, which dips into the liquid nitrogen bath, (**b**) A view of the objective lowered into the cryo stage in its imaging position with the cover in place to reduce sample warming and, (**c**) a view of the system as a whole with the Dewar connected to the sample stage in the centre and the objective above it with the first 45° mirror mount visible, the rest of the optics are in the black boxed areas.

upon reflection. At other points in the system, where depolarisation was not important, broadband dielectric mirrors (Thorlabs BB1-E02) were used to maximise reflection efficiency. The multi band dichroic (Chroma ZT405-488-561-647-22.5deg) was a custom design that operated at an incidence angle of 22.5° rather than the more conventional 45°. The lower incidence angle produced a sharper cut-off between reflection and transmission, so that the laser transmission bands could be narrower and a greater proportion of the fluorescence emission could be detected. Additionally, this dichroic was used in an orientation that was inverted, compared to those on a conventional fluorescence microscope, in that the illumination was transmitted and the emission was reflected. The reflection mode is slightly more efficient, leading to an improved detection efficiency. Moreover, in transmission the dichroic has less effect on the light polarisation in the illumination path, thus improving pattern contrast.

To strengthen the information content in the highest lateral frequencies we introduced on the SLM a sinusoidal phase pattern with a base offset that was empirically chosen to generate relative beam intensities of 1 in the central beam and 1.3 in the +1st and -1st order diffracted beams as previously suggested [18]. The SLM can be used to adjust the pitch of the sinusoidal pattern to account for the variation of the diffraction limit with wavelength. We also included a polarisation

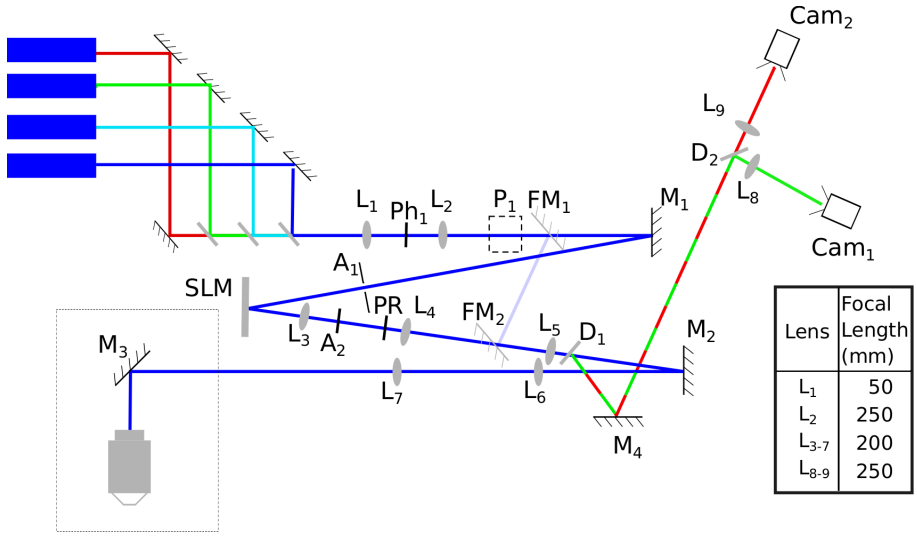

Fig. 2. A schematic of the CryoSIM microscope, with lenses (L), apertures (A), mirrors (M), pinholes (Ph), dichroics (D), periscope (P), polarisation rotator (PR) and cameras (Cam) shown. The four lasers have wavelengths of 405, 488 and 647 nm (Omicron DeepStar lasers) and 561 nm (Cobalt Sapphire laser) were combined and passed through the telescope L_1 and L_2 with a pinhole (Ph_1) at its focus to clean up the beam profiles. The beam was reflected reflected towards the SLM by M_1, through an aperture A_1. Light reflected from the SLM was refocused by L_3 to aperture A_2 which removed high diffraction orders generated by the SLM. The polarisation was rotated by the PR and the telescope formed by L_4 and L_5 reimaged the diffracted spots onto M_2, after L_5 the excitation light passed through the dichroic D_1. The beam continued through telescope L_6 and L_7 via M_3 to the back-pupil of a 100× 0.9 NA air objective and focused into the sample. The fluorescence emission was collected by the objective and reflected from M_3, passed back through L_7 and L_6, was reflected M_2 to dichroic D_1, where the fluorescence emission was reflected off M_4 to the dichroic D_2. This dichroic split the emitted light between two cameras, Cam_1 and Cam_2, via imaging lenses L_8 and L_9. The dotted box in the bottom left hand side was at 90° to the plane of the rest of the diagram, so while most of the optics are in the horizontal plane, the objective is vertical and pointing downwards. There are two flip mirrors FM_1 and FM_2 which bypass the SLM to allow widefield illumination. Lens focal lengths are shown in the table.

rotator (Meadowlark LPR-100-λ) in the optical path, to ensure that the polarisation was set for each pattern orientation to maintain maximum contrast. This required the polarisation to be linear and orientated radially in the back focal plane of the objective. The polarisation rotator was calibrated for each wavelength and stripe orientation in order to provide the correct radial polarisation.

To ensure that the illumination patterns were in a focal plane coincident with the camera image plane, we placed the first lens after the SLM on a linear stage, whose direction of motion was aligned with the optical axis. This allowed adjustment of the focus of this lens without realignment of the rest of the optical setup. We found that shifting the illumination pattern at the sample in the Z direction by one cycle required about 15 mm of linear translation of this lens (Fig 2, L_3)

2.5. Camera configuration

Two cameras (Andor iXon Ultra 897) were employed to acquire different channels in sequence, thus allowing fast image acquisition. A second channel could be collected while the image of the first channel was read out from the camera. Such a fast imaging regime helped ensure that the limited residual thermal drift had minimal impact in the images produced. As each channel was captured by a separate camera behind a filter wheel (Thorlabs FW102c), the system required careful alignment of the camera positions so that they were parfocal. The optical design also allowed conventional widefield fluorescence imaging using one flip mirror (Newport 8892 Flipper Mount) to bypass the SLM and polarisation optics, and another to couple back into the main beam path.

2.6. Hardware Synchronisation

During experimental image collection the system was coordinated via hardware triggering from a digital signal processor (DSP, Innovative Integration M67-160). This is able to produce both digital triggers and analogue signals with precise timing. The control software produced a timing table used by the DSP to digitally trigger the lasers, cameras and the SLM, which had preloaded patterns. The DSP also produced specific analogue voltages for the piezo Z stage and the polarisation rotator at specific times. The timing table was carefully constructed to allow the correct timing intervals for devices such as the piezo, polarisation rotator and SLM which take significant time to reach the correct state before the next image acquisition occurs.

2.7. Image acquisition

Image stacks were acquired as either single colour images, or two colour images. Two colour images interleaved the colour channels, so images in each channel were taken one after the other. SIM stacks were acquired by taking 5 phase steps at one angle then changing the angle and taking a further 5 phase steps. After 3 angles were taken in one or two colours the focus was stepped to the next Z position and this was repeated. There are then 15 images per Z plane, per colour.

2.8. Objective mount and stage Z-control

To improve the workflow during imaging, we have designed some custom pieces for the cryostage Z positions and to hold the objective. The piezo Z stage used to move the cryostage only has 200 μm of motion. To enable larger shifts of the focal plane the piezo, with the cryostage on top, is mounted on a platform driven by a lead screw turned by a hand activated wheel. The wheel is indexed, each index position moving the focus position about 50 μm, providing a total range of a few millimetres. This allows manual coarse refocusing, to cope with differences in holder thickness or highly distorted EM grids, before moving to fine automated control for collecting Z stacks. The cryostage requires that the objective be below the level of the stage lid to properly image. To enable sample loading and to fit the chamber lid, the objective is mounted in a plate which can be raised or lowered by a cam action lever. In the lowered position the objective mount plate rests on a kinematic mount with three hard steal ball bearings fitting into three radial groves, allowing reproducible positioning. With the objective raised the whole cryo stage can slide forward on precision rails allowing easy access for sample loading and manipulation. Technical drawings for these custom parts are in the supplemental materials. CAD files are available on request.

2.9. Software and control

A major objective of the CryoSIM design was to enable ease of use for experienced microscope users and to allow others to adopt the design, modify it, and develop new bespoke workflows for specific applications. With this in mind, the system was assembled almost entirely from

commercially available parts and using standard optical components. This aim extends to the control software and so we have chosen to use Python Microscope and Cockpit both of which are free and open source software. Cockpit provides an easy to use biologist friendly interface to complex automated microscopes (https://github.com/MicronOxford/cockpit). It is built on top of Microscope, a Python library for the control of individual microscope devices (https://github.com/MicronOxford/microscope). While developing CryoSIM, we have made extensive modifications to Cockpit and added support for more devices in Microscope. These modification have been merged into their code base and are included on their releases. Finally, synchronisation of the individual devices during an experiment is performed with TTL signals and analogue voltages via a DSP board from Cockpit.

3. Materials and Methods

3.1. Bead sample preparation

All samples were imaged on carbon coated 3 mm gold EM finder grids (Quantifoil). Bead test and calibration samples were made by adding 20 μl of 175 μm fluorescent bead solution, diluted by a factor of 10^5 in distilled water, to the EM grids. These samples were allowed to air dry. They were then cooled on the Linkam cryostage.

3.2. Cellular sample preparation

Cellular images were taken of HeLa cells grown on carbon coated gold EM grids under standard tissue culture conditions. Initial images were collected from cells labelled with MitoTracker Red FM (Thermo Fisher) at 100 nM for 30 minutes and LysoTracker Green DND-26 at 50 nM for 30 minutes, to give green lysosomes and red mitochondria. The grids with live cells on them were then blotted and plunge frozen in liquid ethane (Leica EM GP2) before being transferred to liquid nitrogen storage. Once frozen, grids were preserved in liquid nitrogen or at cryogenic temperatures on the imaging systems to prevent ice crystal formation.

Further samples were prepared from stable and inducible HeLa cells expressing mov10-YFP [30] to label p-bodies. HeLa cells were induced to produce mov10-YFP by supplementation of the medium with 1 mg/ml doxycycline and then infected with sindbis virus (SINV-mCherry, see below [31]) and then incubated with MitoTracker Deep Red (Thermo Fisher) at 125 nM for 30 minutes before being plunge frozen as above for imaging.

We used the SINV clone pT7-SVwt [32] to generate the SINV suspension. The plasmid pT7-SVmCherry was generated by inserting mCherry after the duplicated subgenomic promoter in pT7-SVwt. To obtain SINV-mCherry viruses, pT7-SVwt and pT7-SVmCherry plasmids were first linearised with XhoI and used as a template for in vitro RNA transcription with HiScribe T7 ARCA mRNA kit (New England Biolabs, #E2065S). Transcribed genomic RNA was transfected into BHK-21 using Lipofectamine 2000 reagent (Invitrogen, #11668027). Viruses were collected from the supernatant 24 h later and cleared by centrifugation at 2000 rpm for 3 min followed by filtration with 0.45 μm PVDF syringe filter units (Merck, #SLHV033RS). Cleared supernatants were titrated by plaque assay using BHK-21 cells.

3.3. SIM image calibration

Calibration Optical Transfer Functions (OTFs) were created by imaging single isolated 175 nm fluorescent beads (Thermo Fisher PS-Speck), with no other bead within 30 μm. These single colour beads were imaged by a standard SIM image protocol 5 phases and 3 angles of stripes with 0.125 μm Z spacing and a stack height of 8 μm. Images were then cropped to 256×256 pixels around the bead centre, and a single angle of stripes used for processing into OTFs using SoftWoRx. OTFs for all channels were created separately using beads with the optimal fluorescent emission.

3.4. SIM image collection and reconstruction

For super-resolution acquisition, images were taken sequentially with 5 different phase shifts of the sinusoidal pattern, at 3 orientations, repeated for every Z position in a full 3D stack. After acquisition the 15 resulting images per Z plane were then computationally recombined to produce an image with up to double resolution in all 3 dimensions, as has been previously described for 3D-SIM [18, 19, 25, 26]). Reconstructions were performed in SoftWoRx (GE) and multi-channel images were aligned using 4-colour fluorescent bead (Thermo Fisher TetraSpeck) reference images and Chromagnon [27] to calculate and apply the relevant transforms. The raw and reconstructed data were analysed with the open source ImageJ plugin, SIMcheck [28, 29] to estimate the resolution enhancement, ensure the results were realistic and contained minimal artefacts. Widefield images were synthesised by averaging all 15 images from a single Z plane into a single image, fully sampling the image plane and producing widefield images without having to collect more data, while also avoiding any alignment issues when comparing widefield and SIM images (eg see Fig 4).

X-ray tomograms were aligned and reconstructed using IMOD [33] and the same processing as in Kounatidis et al. [34].

4. Results

4.1. Bead images demonstrate resolution at cryo temperatures

The microscope produced conventional images near the theoretical diffraction limit. Fig3 shows images of a 175 nm fluorescent bead (Thermo Fisher PS-Speck) using blue excitation at 488 nm and a green emission wavelength centred on 544 nm. The full width half maximum (FWHM) dimensions of these images were 430 nm in the lateral direction and 940 nm in the axial direction.

The super-resolving abilities were tested in 3D-SIM mode. The illumination patterns had pitch close to the resolution limit: 330 nm for 405 nm excitation, 396 nm for 488 nm excitation, 451 nm for 561 nm excitation and 520 nm for 647 nm excitation. Reconstructed bead images in the green, for comparison to the widefield data above, showed FWHM of 210 nm in the lateral direction and 640 nm in the axial (Fig 3e-g).

These observations show conclusively that by combining super resolution imaging with cryo-preserved samples, we are able to image outstandingly well preserved structures at resolutions beyond those achievable by conventional fluorescence imaging in fixed or live cells.

4.2. Biological exemplars demonstrate excellent cellular performance

In order to demonstrate the biological application of CryoSIM we imaged HeLa cells which were fluorescently labelled in the mitochondria and lysosomes while live and then plunge frozen. HeLa cells were grown using standard tissue culture conditions on carbon film coated gold EM grids. The cells were labelled by adding Mitotracker red and Lysotracker green (see materials and methods for details). Mitotracker is fluorescent dye that specifically binds to mitochondria while Lysotracker binds to lysosomes, both work well in living cells.

Grids were transferred from cryo storage to the CryoSIM grid holder on the Linkam stage at cryogenic temperatures. Brightfield transmission imaging was carried out to locate individual cells with good morphological preservation, no obvious grid surface or cell sample disruption, selecting suitable cells for imaging on both CryoSIM and the SXT. The Cockpit program enables large regions or even the entire grid to be imaged through the use of a spiral mosaic pattern, without the need to change objectives. Cells were marked within the brightfield global view, for convenient revisiting for 3D-SIM imaging with fluorescence illumination. 3D-SIM data was collected on a number of representative cells across each grid and processed to produce super-resolution reconstructions (Fig 4). The results indicate that both the contrast and resolution are substantially improved in the SIM reconstructions compared to the widefield images, showing

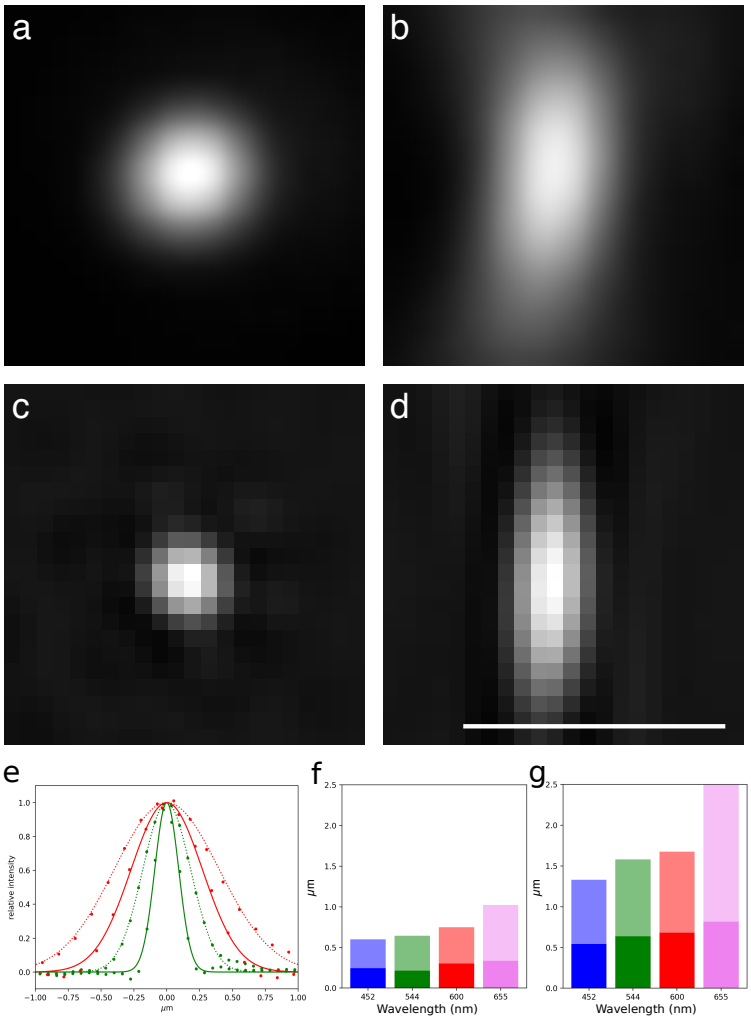

Fig. 3. Widefield and SIM point spread functions:
Images of a single 175 nm diameter fluorescent bead in focus (**a, b**) widefield in XY and XZ planes and (**c, d**) SIM in XY and XZ planes respectively. The beads were imaged with 488 nm excitation and 544/24 emission filter, scale bar is 1 μm . (**e**) line scans through this bead with measured values as points and Gaussian fits as lines. The point spread function in the lateral (XY) direction is in green and the axial (Z) in red. (**f, g**) measured FWHM of the Gaussian fits in the lateral (**f**) and the axial (**g**) directions with SIM data as dark bars and widefield data as fainter bars.

conclusively that 3D-SIM imaging is achieved at liquid nitrogen temperatures.

4.3. Correlative imaging using CryoSIM and soft X-ray microscopy and tomography

To facilitate a convenient and generally applicable workflow for correlative imaging of whole cells, we built our CryoSIM microscope next to the soft X-ray tomography (SXT) beamline at Diamond Light Source. Although SXT typically offers a lower resolution than electron microscopy, it has the advantage that its soft X-rays can penetrate ice, or vitreously frozen biological samples, far deeper than electrons: thick samples can be imaged as a tilt series, without resorting to

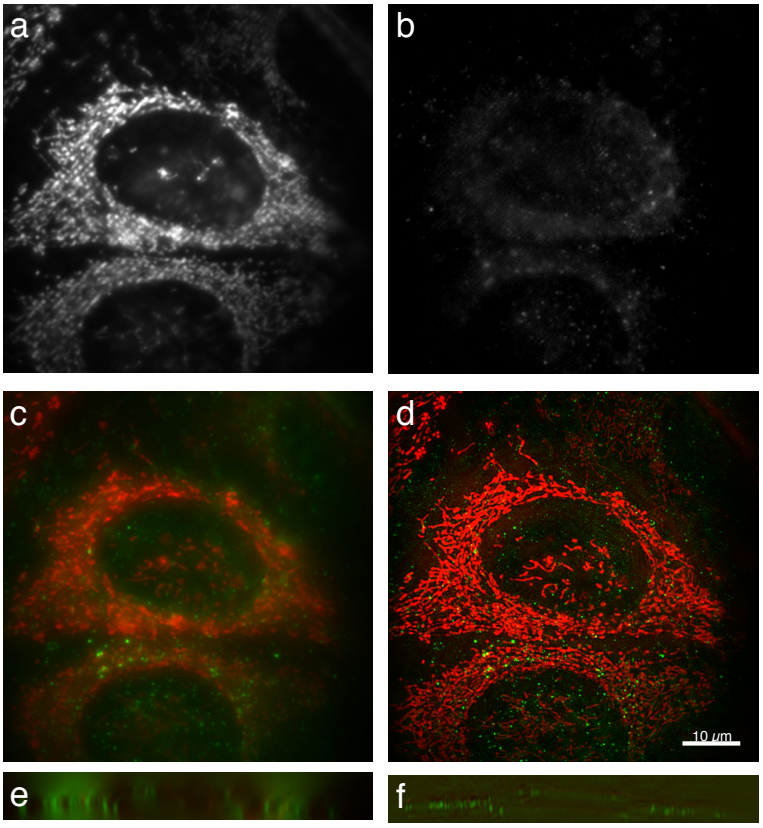

Fig. 4. CryoSIM images of HeLa Cells stained with Mitotracker red and Lysotracker green excited at 488 nm and 561 nm respectively. (**a**) Raw Mitotracker red signal, (**b**) raw Lysotracker green signal, (**c ,d**) Widefield and SIM reconstruction maximum intensity projection over 2.75 μm depth, (**e, f**) XZ slice of Widefield and SIM reconstructed stack to show the increased Z resolution.

laborious physical sectioning techniques. The 3D structure of the sample is then determined using standard computational tomographic reconstruction algorithms [35]. Correlative imaging has given insights into a range of cellular processes, and the ability of both CryoSIM and SXT to handle the same thick sample opens up the application of correlative techniques to the study of both intra- and inter-cellular processes in larger tissues, as well as isolated cells.

We imaged stable and inducible HeLa cells expressing MOV10-YFP and infected with sindbis virus on both the CryoSIM and the SXT instrument to demonstrate the correlative imaging potential. First cells were imaged in fluorescence on the CryoSIM setup and then large areas of the grid were imaged as a simple 2D X-ray mosaic. These images could then be aligned to ensure we were imaging the same region of the same cell (fig 5). Once a suitable location was found X-ray tilt series were collected. The alignment information from the 2D X-ray image allows correlation of the 3D image stacks between CryoSIM and X-ray tomography (fig 6).

5. Discussion

Super-resolution imaging has revolutionised fluorescence microscopy in fixed samples and in many live cell imaging studies. We have developed a super-resolution fluorescence microscope to bring similar benefits to correlative cryo-based imaging. The improved resolution will

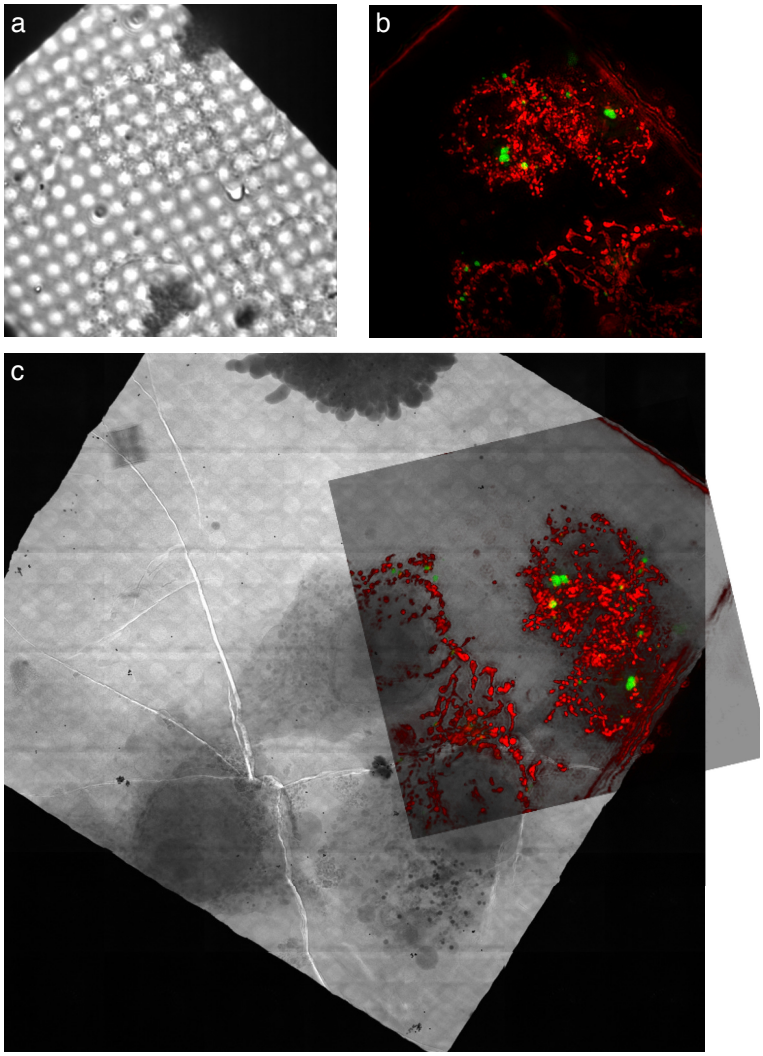

Fig. 5. Correlated CryoSIM and X-ray microscope images
HeLa cells expressing mov10-YFP and labelled with MitoTracker Deep Red. (**a**) transmission image from CryoSIM microscope, (**b**) SIM reconstruction fluorescence image from the same region. A maximum intensity projection over 3.125 μm with mov10-YFP in green and MitoTracker Deep Red in red. (**c**) a mosaic from the X-ray microscope with the semi-transparent SIM fluorescence reconstruction rotated and scaled to its correct location, clearly showing the same set of cells.

substantially increase the usefulness of the correlative process as it will increase the precision of localisation of specific molecules such as proteins and nucleic acids in the ultra-structural morphology.

We chose 3D-SIM as the super-resolution imaging technique of choice for this instrument because it has several distinct advantages for cryo imaging of general biological samples. First, 3D-SIM requires relatively low illumination intensities, while still giving up to eight times more volumetric information than conventional widefield or confocal fluorescence imaging, a factor of 2 in each of the 3 dimensions. In fact, SIM has the lowest total light dose of the

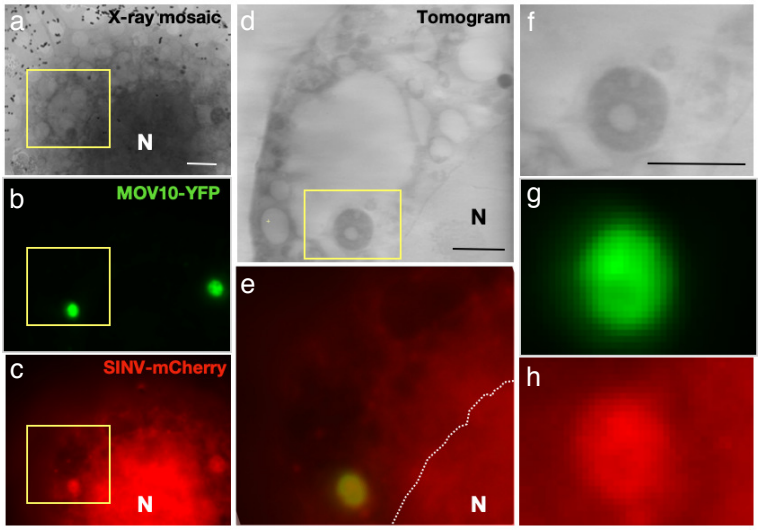

Fig. 6. Correlated CryoSIM and X-ray tomogram
HeLa cells expressing mov10-YFP and infected with SINV-mCherry. **a-c**, A section of the overview X-ray mosaic image (**a**), with maximum intensity projections of SIM reconstructions of the same area for mov10-YFP (**b**) and SINV-mCherry (**c**). **d&e**, Magnified images of the boxed region from **a-c** in the X-ray tomogram (**d**) and merged channels from the SIM reconstructions (**e**). **f-h**, further magnifications of the boxed region in **d**, clearly showing a dense structure (**f**) which colocalises with both mov10 staining in green (**g**) and SINV-mCherry in red (**h**). The nucleus is marked as N with its boundary indicated with a dotted line in panel **e**. (Scale bars **a, d** = 5 μm; **f** = 2 μm)

super resolution techniques, an important factor in cryo-imaging, where all light dose must be minimised to prevent sample heating. Although 3D-SIM requires 30 times as many images as widefield fluorescence, 15 images per Z-plane, and the doubled Z resolution requires twice as many Z-planes to satisfy the Nyquist-Shannon sampling theorem, this is relatively low compared to either Single Molecule Localisation Microscopy (SMLM), which requires several thousand images per plane, or STimulated Emission Depletion (STED), which requires GW/cm^2 depletion laser power. Second, SIM is able to image 3D samples over a relatively large depth, eliminating the need for physical sectioning. Third, imaging can easily be performed using standard dyes, or fluorescent fusion proteins, and it is easy to image multiple fluorescent channels on a single sample. 3D-SIM is therefore easily applicable to most cryogenically preserved biological specimens.

Fluorescence imaging at cryo temperatures is usually compromised by reduced resolution due to reduced objective NA. By optimising the system to maximise the resolution and light throughput with a long working distance air objective and utilising 3D-SIM, we have been able to image samples beyond conventional resolution despite the relatively low 0.9 NA objective. The main goal of this setup is to enable super-resolution imaging of fluorescence markers prior to correlative ultra-structural imaging. However there are other significant advantages of imaging in cryo conditions. The low thermal energy dramatically reduces photo-bleaching, giving more than an order of magnitude slower photo-bleaching for the same light exposure. As imaging is almost always photon limited, the reduced photo-bleaching leads to significantly better images than might be expected given the reduced imaging NA available. Rapid cryo freezing of the sample also immobilises fast moving molecules, allowing visualisation of rapid processes with no motion blur, or modification of structure during the fixation or imaging process.

Cryo preservation is often used to maximise structural preservation for ultra-structural studies using techniques such as cryoEM and soft X-ray tomography. This instrument is ideally suited to be used in combination with SXT due to both techniques ability to image thick samples. We have already used the instrument extensively within the Diamond facility to correlate CryoSIM and SXT images with a variety of biological samples from a diversity of users. The workflow involved applied to reo virus studies is published separately in a parallel manuscript [34].

We describe here a first generation instrument, but the microscope has been sufficiently stable and robust to be a fully functional facility instrument at the Diamond Light Source beamline B24. Through varied uses over more than a year the instrument has been applied to a range of biological applications from a number of research groups. However, the optical performance of CryoSIM is significantly worse in cryogenic conditions than at room temperature, due to aberrations produced by the temperature gradients in the gas between the sample and the objective and the lower temperature of the objective itself. The design of the microscope includes a mirror in a conjugate plane to the back focal plane of the objective (Fig 2, M_2) and we plan to replace this mirror with an adaptive deformable mirror. This mirror will be used to eliminate the aberrations created by cryo-imaging.

6. Conclusions

By developing a convenient super-resolution cryo-microscope platform, we have opened up the investigation of plunge frozen hydrated cells to a higher resolution at a near-native state. These advances will enable many mechanistic molecular insights into biological function. By adding correlative fluorescence workflows specific proteins or nucleic acids can be easily localised within the ultra-structural images. Adding super resolution fluorescence imaging to the correlative workflow significantly reduces the resolution gap between the fluorescence and ultra-structural studies and improves the utility of these correlative images. The ability of both 3D-SIM and SXT to image through whole tissue culture cells or tissue slices mean these two techniques are an ideal combination for rapid collection of multi-micron 3D correlative image stacks. While in this manuscript we describe a setup that combines 3D-SIM and SXT, CryoSIM is entirely compatible with a variety cryogenic ultra-structural imaging techniques, including electron microscopy methods.

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Author contributions

Original concept - JWS, ID, IMD
Project management - MH, IMD, MJB, ID, DIS
Hardware design and construction - MAP, IMD
Software development - MAP, DMSP, IMD
Sample preparation and imaging - MH, RMP, AC, AP, MGM, IMD

Writing of manuscript - IMD, ID, MJB

Disclosures

The authors declare no conflicts of interest.

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Supplemental material

6.1. Technical drawings for custom parts

The CryoSIM instrument is almost entirely constructed from commodity parts. There are a few specialist parts such as the cryo-stage and the custom made dichroic, however these parts are also commercially available. There are a small number of custom made, or adapted pieces. These are involved in the objective lifer mechanism and in cryostage stage mount which includes both precision rails for sliding the sample into and out of the optical path, and a manual coarse focus mechanism. These parts are detailed in at attached technical drawings and CAD files of them are also available on request. The following table has a list of the files and what they relate to.

Table 1. Technical Drawings for custom parts

File	Description
ObjectiveMotion.pdf	Objective lifter mechanism full assembly, and diagrams of custom parts and part modifications required
LinkamCarriage.pdf	Base plate for stage to run on rails
ZActuator.pdf	Manual rotation wheel turns lead screw
Plate.PiezoToLeadscrew.pdf	Plate under the Piezo stage that runs on the lead screw
Plate.PiezoToCryostage.pdf	Adaptor plate from piezo to mount mount Linkam stage on
BushingSpacer.pdf	Spacer to allow dual bushings a prevent the stage twisting and binding on bushings
DewarCarriage.pdf	Base plate for dewar to run on rails
RollerPlungerMount.pdf	Mount for a roller plunger to allow reproducible positioning of stages on rails.