Oscillatory and aperiodic neural activity jointly predict language learning

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ABSTRACT

Memory formation involves the synchronous firing of neurons in task-relevant networks, with recent

models postulating that a decrease in low frequency oscillatory activity underlies successful memory

encoding and retrieval. However, to date, this relationship has been investigated primarily with face

and image stimuli; considerably less is known about the oscillatory correlates of complex rule learning,

as in language. Further, recent work has shown that non-oscillatory ($1/f$) activity is functionally relevant

to cognition, yet its interaction with oscillatory activity during complex rule learning remains unknown.

Using spectral decomposition and power-law exponent estimation of human EEG data (17 females, 18

males), we show for the first time that $1/f$ and oscillatory activity jointly influence the learning of word

order rules of a miniature artificial language system. Fixed word order rules were associated with a

steeper $1/f$ slope, while flexible word order rules were associated with a shallower slope. We also show

that increased alpha/beta power predicts fixed relative to flexible word order rule learning and

behavioural performance. Together, these results suggest that $1/f$ activity plays an important role in

higher-order cognition, including language processing, and that grammar learning is modulated by

different word order permutations, which manifest in distinct oscillatory profiles.

SIGNIFICANCE STATEMENT

Characterising the neurobiological basis of cognition requires a deep understanding of how neural

populations communicate. Here we show that $1/f$ and oscillatory activity interact during a complex

language learning task to influence sentence processing. In addition, we observe that this interaction

manifests on multiple spatiotemporal scales, with $1/f$ activity becoming less topographically distributed

over the time course of learning. These results significantly add to our understanding of how aperiodic

and oscillatory activity interact during higher-order cognitive processing, providing novel insights into

how neural communication supports the learning and retrieval of complex language-related rules.

Keywords: language learning • neural oscillations • aperiodic activity • sentence processing • EEG •

artificial grammar

1. INTRODUCTION

Memory supports many essential cognitive functions, from learning the distinction between semantic categories (e.g., animal vs. human) to complex (motor) sequences, such as learning how to drive a car or speak a new language. However, while a broad literature has related neural oscillatory dynamics (i.e., [de]synchronisation of neural populations) to the encoding and retrieval of images and words (e.g., Parish, Hanslmayr, & Bowman, 2018), considerably less is known about oscillatory activity during the encoding and retrieval of complex sequences, such as in language (cf. de Diego-Balaguer, Fuentemilla, & Rodriguez-Fornells, 2011; Kepinska, Pereda, Caspers, & Schiller, 2017). Further, the few studies examining sequence and artificial language learning report mixed findings relative to (episodic) word and image paradigms: while alpha/beta desynchronisation in the human EEG predicts encoding of words and images (e.g., Griffiths, et al., 2019), alpha/beta and theta synchronisation is associated with sequence (Crivelli-Decker et al., 2018) and language learning (e.g., Kepinska et al., 2017). This apparent inconsistency might be accounted for by stimulus heterogeneity; however, another possible source of divergence may lie in the mixture of oscillatory power with aperiodic activity (Ouyang et al., 2020; Wen & Liu, 2016), which has not been addressed in studies on the neural basis of complex rule learning to date.

Electrophysiological brain activity exhibits a $1/f$-like power distribution, which is often removed from the signal to isolate transient task-related oscillations (Donoghue et al., 2020; He, 2014; Lendner et al., 2019). However, this aperiodic component has recently been implicated in a variety of higher-order cognitive computations (Fellner et al., 2019), partially explaining individual differences in theta activity during memory encoding and recall performance (Sheehan et al., 2018), and processing speed over and above that of alpha activity (Ouyang et al., 2020). Work on prediction during language has also shown that the aperiodic slope – but not oscillatory activity – influences the N400 event-related potential and performance accuracy (Dave et al., 2018).

These findings suggest that aperiodic brain activity plays a critical functional role in the neurobiology of cognition (He et al., 2010); however, it is currently unknown whether oscillatory and aperiodic activity interact during memory encoding of information beyond single words and images, such as rule-based sequence learning, and whether any such interaction influences behavioural

outcomes. Clarifying the (separable) roles of oscillatory and aperiodic components of the EEG power

spectrum may also bridge diverging results reported in studies using image and word stimuli and

artificial grammar paradigms, lending support to the idea that neural oscillations differentially

contribute to memory formation.

To better characterise the neural mechanisms underlying complex rule learning, we examined

fluctuations in delta, theta, alpha and beta power during an artificial language learning task. We also

modelled the interaction between oscillatory and aperiodic activity to characterise how patterns of

(de)synchronisation and aperiodic fluctuation influence the generalisation of different word order rules

characteristic of many natural languages. We used the artificial miniature language Mini Pinyin (Cross,

Zou-Williams, Wilkinson, Schlesewsky, & Bornkessel-Schlesewsky, 2020a), implementing

generalised additive and linear mixed-effects analyses to model dynamic changes in oscillatory and

aperiodic activity during the learning of various word order rules, and subsequent performance on a

sentence judgement task.

2. METHOD

2.1. Participants

Data from 36 right-handed healthy, monolingual, native English-speakers were used from a

study examining the effect of sleep on language learning (Cross et al., 2021). One participant was

excluded from analysis for not having electroencephalography recorded during the sentence learning

task due to experimenter error. The final sample size was 35 (M = 25.3, SD = 7.13; 17 female). Ethics

approval was granted by the University of South Australia's Human Research Ethics committee (I.D.:

0000032556).

2.2. Stimuli and experimental design

Stimuli were based on the modified miniature language Mini Pinyin (for a detailed description

of the language, see Cross et al., 2020a; see also Cross et al., 2021), which contains grammatical rules

present in a number of natural languages (see Figure 1A and 1B for example sentence constructions

and vocabulary items). Briefly, each sentence in Mini Pinyin contains two noun phrases and a verb, and

each noun is associated with a different classifier: human nouns are preceded by *ge*, while animals, and

small and large objects are preceded by *zhi*, *xi* and *da*, respectively.

Mini Pinyin includes two main sentence types based on whether the sentence contains the

coverbs *ba* and *bei*. Here we focus on the coverb *ba*: when *ba* is present, the sentence contains a fixed

word order, in that the first noun phrase is invariably the Actor (the active, controlling participant in the

action described by the sentence) and the sentence must be verb final. In this context, accurate sentence

processing is dependent on the linear position of the words. When *ba* is not present, the sentence

contains a flexible word order, in that the first noun phrase can either be the Actor or the Undergoer

(the affected participant); however, the sentence must be verb-medial (i.e., verb must be positioned

between the noun phrases). As such, accurate sentence interpretation is based more heavily on the

animacy status of the noun phrases rather than word order. These manipulations are illustrated below,

with a flexible word order shown in 1a and 1b and fixed (i.e., with the coverb *ba*) shown in 2:

(1)

(a) ge yisheng dale da piqiu.

(human) doctor hit (object) ball.

"the doctor hits the ball."

(b) da xianjiao chile zhi laoshu.

(object) banana eat (animal) rat.

"the rat eats the banana."

(2)

ge xiaofang ba da shubao liangle.

(human) firefighter ba (object) bag measure.

"the firefighter measures the bag."

The experiment contained three phases: a vocabulary test, a learning phase, and a

grammaticality judgement task. Approximately seven days before the sentence learning phase,

participants received a paired picture-word vocabulary booklet containing the 25 nouns. Participants

were required to learn the 25 nouns to ensure that they had a basic vocabulary. Prior to the learning and

judgement tasks, participants completed the vocabulary test on a desktop computer by typing in

translations of the nouns from Mini Pinyin to English. Only participants who attained a score > 90%

were eligible to undertake the learning and judgement task phases of the experiment. All 35 participants

achieved 90% accuracy on the vocabulary task and thus completed the main experimental session.

Overall, 576 unique sentences (288 grammatical, 288 ungrammatical) were created and divided into

two equivalent sets.

We focus here on a subset of sentence conditions to investigate the mechanisms underlying the

learning of different word order permutations (for EEG analyses during the sentence judgement task,

see Cross et al., 2021). While no explicit instructions were given to participants in regard to the structure

of the miniature language, a picture was shown prior to each sentence illustrating an event occurring

between two entities, which was then described in the subsequently presented sentence. The learning

task contained four blocks with 128 grammatical picture-sentence pairs overall (96 of which were

included in the subset analysed here) that were presented via rapid visual serial presentation. The subset

contained a further 156 novel sentences (50% grammatical, 50% ungrammatical) that were presented

during the judgement task, which occurred immediately after the learning phase. The remaining

sentences were considered fillers. The ungrammatical sentences induced a violation at either the

position of the Actor or verb in fixed word order sentences (e.g., Actor-ba-Verb-Undergoer [AbaVU]

instead of AbaUV) or the position of the verb in flexible word order sentences (e.g., AUV instead of

AVU; see Figure 1A for an illustration and full list of ungrammatical constructions).

During the learning phase, each picture was presented for 4000ms, while each corresponding

sentence was presented on a word-by-word basis, with each word presented for 700ms with an inter-

stimulus interval (ISI) of 200ms. Across the four blocks, each grammatical construction was presented

32 times, with stimuli pseudo-randomised such that no sentences of the same construction followed

each other. During the judgement task, novel grammatical and ungrammatical sentences were presented

word-by-word with a presentation time of 600ms and an ISI of 200ms. Participants responded via a

button press to indicate whether the sentence conformed to the rules of Mini Pinyin. The assignment of

grammatical/ungrammatical response buttons was counterbalanced across participants. Response time

windows were presented for a maximum of 4000ms. Participants received feedback on whether their

response was correct or incorrect (see Figure 1C and 1D for a schematic of the learning and judgement

tasks, respectively). Both the learning and judgement tasks were created in OpenSesame (Mathot et al.,

2012) and performed on a desktop computer.

Fig 1 | (A) Summary of the grammatical (left) and ungrammatical (right) sentence constructions. (B) A

portion of linguistic elements used in the sentence examples provided in (A). (C) Schematic of the sequence

of events occurring in the sentence learning phase. (D) Schematic of the sequence of events occurring in the

sentence judgement task.

2.3.   EEG recording and pre-processing

Participants' EEG was recorded using a 32-channel BrainCap with sintered Ag/AgCl electrodes

(Brain Products, GmbH, Gilching, Germany) mounted according to the extended International 10-20

system. The online reference was located at FCz. The ground electrode was located at AFz. The

electrooculogram (EOG) was recorded via electrodes located at the outer canthus of each eye and above

and below participants' left eye. The EEG was amplified using a BrainAmp DC amplifier (Brain

Products GmbH, Gilching, Germany) with an initial band-pass filter of DC – 250 Hz and a sampling

rate of 1000 Hz. Electrode impedances were kept below 10kΩ. EEG was also recorded during two

minutes of eyes-open and two minutes of eyes-closed resting-state periods immediately before the

learning task and after the judgement task.

EEG analysis was performed in MATLAB 2017b (The MathWorks, Natick, USA) using

custom scripts in conjunction with the Fieldtrip toolbox (Oostenveld et al., 2011). EEG data were re-

referenced offline to the average of both mastoids and band-pass filtered from 1 – 40 Hz using a two-

pass Butterworth IIR filter (implemented in ft_preprocessing). Data were then epoched from -200ms to

13s relative to the onset of each picture-sentence pair for both fixed and flexible sentences, and

corrected for ocular artefacts using Infomax Independent Component Analysis (Bell & Sejnowski,

1995; implemented in runica.m). Components demonstrating clear EOG artefacts were removed and

electrodes showing strong artefacts were visually inspected and subsequently interpolated with

surrounding electrodes based on spherical spline interpolation (Perrin et al., 1989).

2.4.   EEG data analysis

The aim of the analysis was to characterise the oscillatory and aperiodic dynamics underlying

the initial encoding of complex grammatical rules. To this end, we computed differences between fixed

and flexible word order sentences in the following five spectral features of the EEG recorded during

the learning phase: mean power density within individualised delta, theta, alpha, and beta bands, and

the (inverse) slope of the $1/f$ spectral distribution (i.e., power-law exponent). We then used these

metrics to investigate whether trial-level variation in oscillatory power and $1/f$ slope during the learning

task predicted behavioural performance on the judgement task. We also tested whether interactions

between oscillatory and aperiodic activity afford unique information predicting behavioural

performance.

2.4.1. Spectral decomposition and power-law exponent χ estimation

The power-law scaling exponent χ, which summarises the rate of decay of the power spectrum

in double-logarithmic co-ordinates, was estimated using the Irregular-Resampling Auto-Spectral

Analysis toolbox (IRASA v1.0; Wen & Liu, 2016). Briefly, this technique seeks to separate oscillatory

from aperiodic (random fractal) components by iteratively resampling the power spectrum across a

range of non-integer factors h and their reciprocals $1/h$. This procedure shifts any narrowband

components away from their original location along the frequency spectrum while leaving the

distribution of the fractal component intact. The median of the resampled spectral estimates is then

calculated in order to strip the spectrum of narrowband peaks. For a more detailed treatment of the

IRASA method, see Wen and Liu (2016).

Trial data were divided into two non-overlapping 6s segments corresponding to picture and

sentence presentation phases, respectively. These segments were further subdivided into 2s epochs

(50% overlap) and separately passed to amri_sig_fractal.m for spectral parameter estimation. Following

Muthukumaraswamy and Liley (2018), an extended set of resampling factors ($h = 1.1$ to 2.9 in steps of

0.05, $h \neq 2$) was used to mitigate the influence of fractal-oscillatory interactions on component

separation.

Once the fractal component had been recovered from each power spectrum, it was

parameterised using amri_sig_plawfit.m. This function rescales the frequency spectrum to achieve

equally-spaced intervals in log-space before fitting a linear regression to a subregion of the double-log

transformed fractal spectrum (here, 1 – 30 Hz). The negative of the regression slope coefficient was

taken as the χ exponent.

2.4.2.   Spectral band power estimation

In order to quantify narrowband changes in spectral power independent of underlying changes

in aperiodic activity, mean power densities were estimated following the subtraction of the fractal

component of the PSD. This residual, 'oscillatory spectrum' was averaged across epochs within each

segment, half-wave rectified (negative values set to zero) and divided into the four frequency bands of

interest. Notably, the limits of each frequency band were adapted for each participant on the basis of

their resting-state EEG. Specifically, the boundaries of each frequency band were calculated according

to the harmonic frequency architecture proposed by Klimesch (2012; 2013), in which the centre

frequency of each successive band constitutes a harmonic series scaled in relation to the individual

alpha frequency (IAF). To avoid the potential overlap of neighbouring frequency bands, we determined

lower and upper frequency bounds using the following formulae:

$$f_1 = f_c - f_c/4,$$

$$f_2 = f_c + f_c/2,$$

where f_c is the centre frequency (based on the IAF-scaled harmonic series), f_1 the lower bound, and f_2

the higher bound of a given frequency band.

IAF estimates used to determine f_c were obtained from a set of parieto-occipital electrodes

(P3/P4/O1/O2/P7/P8/Pz/Iz) using the restingIAF package (v1.0.3; Corcoran et al., 2019; see also Cross

et al. 2020b). This method applies a Savitzky-Golay filter (frame width = 11 bins, polynomial order =

5) to smooth and differentiate the power spectrum prior to estimating the peak frequency within a

specified frequency range (here, 7—14 Hz). Peak estimates were averaged across channels, with a

minimum of 3 channel estimates required to return an IAF for a given recording. Estimates derived

from pre- and post-session eyes-closed resting states were then averaged for each participant using

meanIAF.m. For further details on this algorithm, see Corcoran and colleagues (2018).

Having determined IAF-anchored bounds for the delta, theta, alpha, and beta bands, power

within each band was quantified using the mean power density metric proposed by Westfall (1990):

$$P_k = \frac{1}{1 + k_{f_2} - k_{f_1}} \sum_{i=k_{f_1}}^{k_{f_2}} p(f_i) \,,$$

where $p(f_i)$ is the power estimate of the ith frequency bin, and f_1 and f_2 index the lower and upper bounds

of the individualised frequency band k, respectively. An advantage of this approach is that power

estimates are scaled by spectral range, thus controlling for differing frequency bandwidths both within

and between individuals.

2.5.   **Statistical analysis**

We used *R* v.3.6.2 (R Core Team, 2019) and the packages *lme4* v.1.1.21 (Bates et al., 2015),

lmerTest v.3.0.1 (Kuznetsova et al., 2017), *effects* v.4.0.3 (Fox et al., 2019), *car* v.3.0.2 (Fox et al.,

2011), *tidyverse* v.1.3.0 (Wickham et al., 2019), *lattice* v.0.20-38 (Sarkar, 2008), *itsadug* v.2.3 (van Rij

et al., 2016), *mgcv* v.1.8-31 (Wood, 2006), *mgcViz* v.0.1.4 (Fasiolo et al., 2019) and *rgl* v.0.1.3 (Nenadic

& Greenacre, 2007). Raincloud plots were produced to visualise behavioural data using the code

provided by Allen et al. (2019). For linear models, contrasts for categorical variables were sum-to-zero

contrast coded, with coefficients reflecting deviation from the grand mean (Schad et al., 2020).

2.5.1.   *Generalised additive mixed models*

Generalized additive models (GAMs) are a nonparametric extension of the standard linear

regression model that substitute a linear predictor variable *x* with a smooth function *f(x)* (Hastie &

Tibshirani, 1987, 1990; Wood, 2017). Generalized additive mixed models (GAMMs; Lin & Zhang,

1999) constitute a further extension that incorporates random effects components within the GAM

framework (Pedersen et al., 2019). Together, these innovations offer an elegant solution to the problem

of autocorrelation amongst residuals induced by (1) attempting to fit linear models to non-linear

relationships, and (2) non-independence (or nesting) of observations (e.g., repeated measures within

subjects or items; Baayen et al., 2008).

Here, GAMMs were constructed to investigate how the exponent χ, and the mean power density

P for each kth frequency band (delta, theta, alpha, and beta) fluctuate during artificial grammar learning.

Trial-level χ and P_k estimates from the sentence processing phase of each trial were modelled as a

function of experimental time (trial number), sensor space (2D Cartesian co-ordinates), and sentence

type (fixed, flexible). Estimates from the preceding image presentation phase were treated as a baseline

measure of spectral activity. Random factor smooth interactions were included to account for individual

differences in the functional relationship between spectral features and time (see Baayen et al., 2017,

Corcoran, Macefield, & Hohwy, 2021, for similar approaches). Each GAMM took the following

general form:

$$Y_i = \beta_0 + \beta_1 type_i + \beta_2 baseline_i + f(trial_i, topo.x_i, topo.y_i, by = type_i) +$$

$$f_{subject_i}(trial_i) + \epsilon,$$

where Y_i is the ith observation of spectral feature Y, β_0 is the model intercept, $\beta_1 type$ is a factor encoding

the main effect of Sentence Type, $\beta_2 baseline$ is a covariate encoding the corresponding observation for

Y during the baseline period, $f(. , by = type)$ is the tensor product interaction between the experimental

time (*trial*) and sensor space (*topo.x, topo.y*) covariates for each level of Sentence Type, $f_{subject}$ is the by-

subject factor smooth on Trial, and ε is a Gaussian error term. Note that marginal smooths for sensor

space co-ordinates were treated as isotropic (i.e., assumed to share a common scale).

GAMMs were estimated using the bam() function of the *R* package mgcv (v.1.8-33; Wood,

2011). Models were fit using the Fast REML method. P_k estimates for both the baseline and sentence

processing period were $\log_{10}$ transformed prior to model inclusion. Models were fit with tensor product

interaction smooths in order to enable ANOVA-decomposition of main effect and interaction

components (Wood, Scheipl, & Faraway, 2013). All tensor product smooths were fit using low rank

thin plate regression splines as their basis function (Wood, 2003, 2017). Factor smooths were fit with a

first-derivative penalty in order to shrink subject-level smooths towards the population-level. An

additional shrinkage penalty was imposed on the smoothing penalty null space to enable automated

model reduction (see Marra & Wood, 2011). Type was entered as an ordered factor with Fixed assigned

as the reference level, hence model terms involving a Sentence Type interaction assess the difference

between Fixed and Flexible condition splines (see van Rij et al., 2016).

2.5.2 Linear mixed-effects models

The relationship between aperiodic and oscillatory power during grammar learning with

behavioural performance on the judgement task was assessed using linear mixed-effects models.

Behavioural performance was operationalised using the discrimination index (d'). d' is defined as the

difference between the z transformed probabilities of hit rate (HR) and false alarm rate (FA; i.e.,

d'=z[HR] – z[FA]). These models took the following general form:

$$d'_i = \beta_0 + \beta_1 P_{k_i} * \beta_2 bexp_i * \beta_3 type_i * \beta_4 lat_i * \beta_5 sag_i + \beta_6 blnP_{k_i} + \beta_7 bln_{bexp} + subject_{0i} + \epsilon,$$

where P_k is mean power density in the frequency band of interest (i.e., delta, theta, alpha, beta), *bexp* is

the exponent of the aperiodic $1/f$ slope, *type* refers to Sentence Type (fixed, flexible), *sag* is Sagittality

(anterior, central, posterior) and *lat* refers to Laterality (left, midline, right). Subject ID (*subject*) was

modelled as a random effect on the intercept. More complex random effect structures involving random

slopes by participant did not converge. Baseline (pre-stimulus) oscillatory and aperiodic activity were

added into the models as covariates, represented by $blnP_k$ and bln_{bexp}, respectively (Alday, 2019).

Type II Wald χ^2-tests from the ANOVA tables from the *car* package (Fox et al., 2011) were

used to provide *p*-value estimates. An 83% confidence interval (CI) threshold was adopted for

visualisations, which corresponds to the 5% significance level with non-overlapping estimates (Austin

& Hux, 2002; MacGregor-Fors & Payton, 2013).

3. RESULTS

3.1. Task performance

The results on the judgement task are visualised in Figure 2. Participants performed moderately

well on the judgement task, with a mean d' score of 1.02 (range: -1.20 – 3.78) and mean reaction time

of 878.08 ms (range: 254.75 – 2076.83). There is clearly a high degree of inter-individual variability

across both fixed and flexible sentences; however, flexible sentences had greater variability in d' scores,

while fixed grammatical sentences had faster responses overall. For a detailed report and interpretation

of these behavioural data, see Cross et al. (2020a).

Fig 2 | Raincloud plots (Allen et al., 2019) illustrating the behavioural responses during the sentence judgement task. (A) Mean d' scores (x-axis) for Fixed and Flexible sentence types. (B) Mean reaction time (ms; x-axis) for Grammatical (left) and Ungrammatical (right) Fixed and Flexible sentence types. Individual data points represent the mean for each participant.

3.2.   Neurophysiological results

3.2.1.   Aperiodic and oscillatory changes across time and space during language learning

Neurophysiological signals are non-stationary, showing dynamic changes over time as a function of endogenous and exogenous factors (e.g., Donoghue, Schaworonkow & Voytek, 2021), such as attentional fluctuations and the complexity of incoming sensory information. However, neurophysiological signals are typically analysed using linear models, which often do not capture non-linear modulations in neural activity, particularly over time. Here, we examine how aperiodic and oscillatory dynamics evolve over time during language learning, focusing specifically on the way in which spectral activity varies across sentence types (fixed vs flexible word orders; for full model summaries, see the supplementary material). Estimated changes in aperiodic and oscillatory spectral activity across learning task conditions is illustrated in Figure 3 (for topographical effects, see Figure 4).

The χ-exponent GAMM revealed that the $1/f$ slope was steeper overall for Flexible compared to Fixed word order sentences (estimated degrees of freedom [edf] = 3.24, $F = 31.80$, $p < .001$). Smooth terms on the Fixed condition revealed a bimodal pattern of variation that peaked around the first and third quarter of trials. Exponent values for Flexible word order sentences were more variable: highest

at the beginning of the session, exponents declined over the first third of trials, increased over the second

third, and declined thereafter. This model further revealed significant topographic differences between

conditions, with Flexible word orders evoking higher exponents over frontal regions compared to Fixed

word order sentences (edf = 4.86, F = 3.07, $p < .001$; see Figure 4).

Mean delta power was higher on average during Flexible compared to Fixed word order trials

(edf = 3.64, F = 6.67, $p < .001$). Smooth terms revealed this difference was predominantly driven by an

increase in mean power density during the middle third of Flexible word order trials. This interaction

was significantly modulated by sagittality, with between-condition differences (Fixed versus Flexible)

in mean power density increasing over frontal electrodes (edf = 1.15, F = 1.20, p = .01). Similarly, theta

power was lower on average during Flexible compared to Fixed rule learning (edf = 1.41, F = 1.50, p

= .01). Here, however, the nonlinear pattern of spectral fluctuation was similar across both conditions,

with power increasing over the first half of the session, decreasing over the next quarter, and then

increasing again until the end of the task. This pattern of activity varied as a function of topography,

with the difference between conditions being accentuated across more left-lateralised and posterior

sites, as illustrated in Figure 4 (edf = 5.02, F = 0.11, p = .02).

Alpha power tended to increase over the course of the learning task, although this pattern was

interrupted by a marked decline during the second quarter of the session (edf = 3.62, F = 14.58, $p <$

.001). Flexible word orders evoked less alpha power than fixed word orders, especially during early

and mid-session trials (edf = 3.60, F = 4.74, $p < .001$). This difference was most pronounced over left-

lateralised and frontal sites (edf = 2.71, F = 0.89, $p < .001$), and least pronounced over right-lateralised

and posterior sites, where both Fixed and Flexible sentences had a similar profile of increased alpha

power (edf = 1.13, F = 0.00, p = .43). Finally, beta power was higher on average during Flexible than

Fixed word order rules. Similar to the alpha model, beta power tended to increase over the course of

the session, albeit with more variance around this trajectory (edf = 2.97, F = 4.73, $p < .001$). Flexible

trials evoked markedly greater power density over the second and final quarters of the learning task

(edf = 3.42, F = 8.73, $p < .001$). Power was lowest over central posterior electrodes, particularly toward

the end of the learning phase for Fixed word order sentences (edf = 1.50, F = 0.22, p = .04). Bilateral

frontal regions also demonstrated an increase in the power difference between Fixed and Flexible trials

(edf = 4.53, $F = 0.80$, $p < .001$).

Taken together, these data illustrate dynamic changes in both aperiodic and oscillatory activity

as a function of different word order rules during learning. The aperiodic slope demonstrated dynamic

non-linear changes over time, while delta power tended to decrease over time. By contrast, theta, alpha

and beta power tended to increase across learning, with differences between different word order rules.

Fig 3 | Modelled effects at channel Cz for changes in aperiodic slope (A), delta (B), theta (C), alpha (D) and

beta (E) activity across the learning task for fixed (solid line) and flexible (dashed line) word order rules.

Trial number (scaled; -1 = start of the task, 1 = end of the task) is represented on the x-axis.

Fixed Word Order | Flexible Word order

Aperiodic · Delta · Theta · Alpha · Beta

Time (start to end of learning session) *Time (start to end of learning session)*

Fig 4 | Difference in topographical distribution of aperiodic and oscillatory activity between fixed and flexible word order sentences at the beginning and end of the sentence learning task.

3.2.2. Task-related aperiodic and oscillatory activity are dynamically related during language learning

Neurophysiological signals are dominated by transient oscillatory and broadband aperiodic activity; however, in the study of the oscillatory correlates of higher-order language processing, aperiodic activity is rarely considered, with little known regarding its influence on task-related oscillatory activity (cf. Cross et al., 2021). Here, we examined the associations between task-related oscillations in individualised (i.e., anchored on participants' IAF) frequency bands and aperiodic activity during the learning of different word order rules. There was a significant positive association

between delta power and the aperiodic slope ($\beta = 0.61$, $p < .001$, $R^2 = .23$); however, this did not vary by sentence type. A similar pattern was observed for theta power ($\beta = 0.62$, $p = .003$, $R^2 = .15$); however, there was no association between alpha power and the aperiodic slope ($\beta = -0.52$, $p = .26$, $R^2 = .01$). Finally, there was a significant negative association between task-evoked beta power and the aperiodic slope ($\beta = -0.84$, $p < .001$, $R^2 = .57$), but as with the lower frequency bands, this effect did not vary by sentence type (for a visualisation of these associations, see Figure 5). These results indicate that differing levels of aperiodic activity may lead to false inferences about oscillatory components. Based on this, we now examine whether such aperiodic and (putative) oscillatory activity interact to predict performance on the sentence judgement task.

Fig 5 | Association between task-related aperiodic slope and oscillatory power in the delta (A), theta (B), alpha (C) and beta (D) bands during the sentence learning task. The aperiodic slope is represented on the x-axis (higher values indicate a steeper slope), while oscillatory power is represented on the y-axis (higher values indicate higher power). The density of observations for frequency band power and the aperiodic slope are indicated on the margins of each plot, while the fixed and flexible word order sentences are coded in blue and orange, respectively.

3.2.3.   Interactions between oscillatory and aperiodic activity modulate language learning

Given the association between task-related oscillatory and aperiodic activity during the learning

of complex linguistic rules, we now examine whether the $1/f$ slope and oscillatory activity interact

during learning to influence behavioural performance on the sentence judgement task. For the delta

model, there was a significant Power x Sentence Type ($\chi2(1) = 4.54$, $p = .03$) and $1/f$ Slope x Sentence

Type interaction ($\chi2(1) = 40.94$, $p < .001$). As shown in Figure 6A, when the $1/f$ slope was steepest and

delta power was low, d' was higher for flexible relative to fixed word orders. By contrast, when the $1/f$

slope was shallow, performance for flexible word orders was at chance, indicated by a d' estimate of 0,

while d' estimates for fixed word orders remained at 1, indicating moderate performance. For the theta

model, there was also a significant Power x Sentence Type ($\chi2(1) = 14.09$, $p < .001$) and $1/f$ Slope x

Sentence Type interaction ($\chi2(1) = 57.18$, $p < .001$). Here, when the $1/f$ slope was shallow, d' scores

were higher for fixed sentences, while the inverse was observed for flexible sentences (Figure 6B).

When the $1/f$ slope was steepest, performance for both fixed and flexible sentences increased,

independent of theta activity. All higher-order interactions were non-significant (for full model

summaries see the supplementary material).

For the alpha model, there was a significant three-way Power x $1/f$ Slope x Sentence Type

interaction ($\chi2(1) = 39.05$, $p < .001$). As depicted in Figure 6C, when the $1/f$ slope was shallow, as

alpha power increased, d' scores were higher for flexible word orders, while there was no association

between alpha activity and d' for fixed word order sentences. When the $1/f$ slope was steepest, this

pattern of results reversed, such that as alpha power increased, so did d' scores for fixed word order

sentences. Similarly, the beta model yielded a significant Power x $1/f$ Slope x Sentence Type interaction

($\chi2(1) = 22.20$, $p < .001$). When the $1/f$ slope was low, there was no association between beta power

and flexible word orders; however, decreased beta power was associated with higher d' scores for fixed

word order sentences (Figure 6D). By contrast, when the $1/f$ slope was steep, increased beta power

predicted higher d' scores for fixed but lower d' scores for flexible word order sentences, respectively.

Together, these results suggest that when there is a steeper $1/f$ slope, increased alpha and beta

power were associated with better behavioural performance, and thus better learning outcomes for fixed

relative to flexible word order sentences. Further, when the $1/f$ slope was steep, there was a general

increase in performance for both fixed and flexible word order sentences, relative to when the $1/f$ slope

was shallow.

Fig 6 | Visualisation of the relation between behavioural performance, aperiodic slope, and oscillatory

activity. Modelled effects of task-related oscillatory activity (x-axis; higher values indicate greater power)

on d' scores (y-axis; higher values indicate better performance) for fixed and flexible word order sentences

(fixed = solid line; flexible = dashed line). Task-related aperiodic $1/f$ slope estimates are faceted from

shallow (left) to steep (right). The red dashed line indicates chance-level performance, while the shaded

regions indicate the 83% confidence interval. The x-axis reflects scaled single-trial oscillatory power

estimates, with negative values (i.e., -1) reflecting a decrease in power and positive values reflecting an

increase in power.

4. DISCUSSION

Here, we estimated the $1/f$ slope during artificial grammar learning to characterise the influence

of dynamic alterations in aperiodic and oscillatory activity on higher-order cognition. This is the first

study to examine aperiodic activity and its interaction with oscillatory power in the context of language

learning, with two critical findings emerging: (1) learning-related aperiodic activity interacted with

oscillatory power to modulate behavioural performance for both fixed and flexible word orders; (2) the

$1/f$ slope becomes steeper during the learning of complex rules, but this effect differed on the type of

rules being learned. These findings speak strongly to the view that $1/f$ activity should not be baseline

subtracted from neurophysiological signals but analysed in conjunction with oscillatory activity to

predict behaviour.

Only few studies have examined the neural oscillations involved in grammar learning (e.g., de

Diego-Balaguer et al., 2011; Kepinska et al., 2017), demonstrating that alpha/beta synchronisation and

gamma phase synchrony between cortical areas predicts learning. Here, we found that alpha/beta

differentially contribute to the learning and processing of fixed and flexible word orders. Increased

alpha power predicted an increase in performance for fixed word orders when the aperiodic $1/f$ was

steep, while a decrease in alpha power predicted higher performance for flexible word orders when

aperiodic activity was high. Similarly, increased beta power was associated with higher performance

for fixed sentences, while reduced beta power was associated with higher performance for flexible word

orders.

These findings are consistent with previous work (e.g., Kepinska et al., 2017), but reveal fine-

grained patterns of spectral activity between word order variations, which may be explained by cue-

integration-based models of language processing (Bates et al., 2001; Bornkessel & Schlesewsky, 2006;

Bornkessel-Schlesewsky et al., 2015; Kaufeld et al., 2020; Martin, 2016). Under this framework, cues

that are differentially weighted according to the probabilities of the language are integrated to

comprehend incoming linguistic input (e.g., sentences). Here, fixed word orders contained linear order-

based cues, which are analogous to English, while flexible word orders required animacy-based cues

for interpretation. From this perspective, and in line with previous work on sequence processing

(Crivelli-Decker et al., 2018; Kikuchi, et al., 2018; Wang et al., 2019), increased beta power likely

reflected the propagation of top-down predictions during the learning of fixed word orders. In fixed

sentences, the first noun is invariably the Actor, and as such, predictions are constrained to anticipating

that the second noun will be the Undergoer, while also containing a verb-final construction. Therefore,

due to the strong sequence dependence in fixed word orders, precision-weighted predictions would

likely increase linearly across the sentence, manifesting in increased beta power (Arnal, 2012; Cross et

al., 2018; Lewis & Bastiaansen, 2015).

506    The inverse relationship with flexible word order processing – which was predicted by a

507 reduction in beta power– can also be explained under this framework. Given that flexible word orders

508 contain either Actor-first or Undergoer-first constructions, predictions cannot be based on the linear

509 position of the words, and instead must be driven by the integration of (non-adjacent) animacy-based

510 cues to arrive at an accurate sentential percept. Given that our sample consisted of native monolingual

511 English speakers (a language that relies heavily on word order cues; Bates et al., 2001; Bornkessel-

512 Schlesewsky, et al. 2011; MacWhinney et al., 1984), a reduction in beta power during flexible word

513 order processing likely reflected prediction errors and internal model updating. That is, beta

514 desynchronization during the learning of flexible word orders may have reflected internal model

515 updating based on mismatches with predicted and actual sensory input, while an increase in beta power

516 during fixed word order processing likely reflected the accumulation of top-down predictions based on

517 our sample of native English speakers' preference for word-order-based cues. Importantly, this

518 interpretation is consistent with temporal sequence learning paradigms, where beta power increases for

519 fixed relative to "random" sequences (Crivelli-Decker et al., 2018).

520    Alpha activity showed a similar pattern: when the $1/f$ slope was steep increased alpha power

521 predicted fixed word order processing, while reduced alpha power predicted flexible word order

522 processing. Alpha power reductions during language comprehension may reflect goal-directed

523 processing and enhanced allocation of attentional resources, which is required for the successful

524 learning of flexible word orders (Kepinska et al., 2017), given that they deviate from the canonical

525 English word order (Bates et al., 2001). This interpretation is in line with evidence demonstrating that

526 alpha oscillations reflect rhythmic cortical gating by alternating the activation of task-relevant cortical

527 regions while inhibiting the processing of task-irrelevant information (Chapeton et al., 2019; de Vries

528 et al., 2020; Gallotto et al., 2020; Klimesch, 2012; Jensen & Mazaheri, 2010). From this perspective, a

529 decrease in alpha power likely facilitated the extraction of flexible word order rules by suppressing

530 task-irrelevant input and optimising cortical communication in a selectively precise manner, promoting

531 the encoding and consolidation of non-canonical grammatical rules.

532    We also found that an increase in theta power predicted performance for fixed but not flexible

533 word orders. Theta power predicts memory for temporally close stimuli (e.g., in temporal associative

memory tasks; for review, see Herweg et al., 2020), and in encoding novel grammatical rules (e.g.,

Kepinska et al., 2017). Increases in theta power reported here for fixed word orders may have reflected

the learning and integration of word-order-based rules, which involve the decoding and combination of

words that are adjacent in a sentence. Indeed, such theta effects have been reported during native

sentence processing (Lam et al., 2016). These effects are also consistent with the general memory

literature: retrieval of language (e.g., single words), and shape/face stimuli elicit higher theta

synchronisation (Bastiaansen et al., 2002; Klimesch et al., 2008; Klimesch et al., 2010; Mormann et al.,

2005; Osipova et al., 2006), with these effects manifesting over medial temporal and prefrontal cortices

(Guderian & Düzel, 2005), indexing the activation of relevant memory traces and executive control

processes, respectively.

We also demonstrated that aperiodic activity is associated with language learning and

performance on a grammaticality judgement task. This finding is supported by several studies

demonstrating the influence of aperiodic activity on a range of cognitive computations, including

processing speed (Ouyang et al., 2020), memory (Sheehan et al., 2018) and prediction in language

(Dave et al., 2018). From a neurophysiological perspective, $1/f$-like neural activity has been proposed

to encode information relating to intrinsic brain function (Muthukumaraswamy & Liley, 2018),

including the balance between excitation/inhibition (Gao et al., 2017), likely reflecting glutamate and

GABA synaptic inputs into inter- and intra-cortical networks (Dave et al., 2018; Gao et al., 2017). Based

on this perspective, Dave et al. (2018) argued that aperiodic activity influences prediction in language

by modulating the strength of predictions of upcoming linguistic information via population spiking

synchrony (Engel et al., 2001). This interpretation applies to our finding that aperiodic and beta activity

showed an inverse association with performance for fixed and flexible word orders: an increase in beta

power predicted more sensitive behavioural responses for fixed sentences, while reduced beta predicted

performance for flexible word orders. These findings can be explained by integrating two perspectives:

the "spectral fingerprints" hypothesis (Hanslmayr & Staudigl, 2014; Keitel & Gross, 2016; Siegel et

al., 2012; Watrous et al., 2015; Womelsdorf et al., 2014) and generalised predictive coding (Friston,

2010, 2018, 2019).

The "spectral fingerprints" hypothesis argues that power changes in different frequency bands

reflects distinct stages of memory and information processing (Fellner et al., 2019; Keitel & Gross,

2016), rather than reflecting a "spectral tilt" between lower and higher frequencies. For example,

decreases in alpha/beta and increases in gamma power during memory retrieval have been shown to

occur on different temporal scales and in different brain areas, providing evidence against proposals

that a change in the tilt of the power spectrum solely drives memory computations (Fellner et al., 2019).

Further, increases in high frequency gamma activity have been proposed to reflect the propagation of

bottom-up sensory signals (Lewis et al., 2015; Richter, Thompson, Bosman, & Fries, 2017), while a

decrease in alpha/beta power is thought to index prediction errors (Bressler & Richter, 2015; Friston,

2019; Samaha, Bauer, Cimaroli, & Postle, 2015). From this perspective, a steeper $1/f$ slope may reflect

the maintenance of top-down predictions that allow comprehenders to generate expectations for

incoming stimuli, thus minimizing prediction error at lower levels of the cortical hierarchy. This

interpretation also holds for interactions observed with aperiodic and oscillatory activity in the theta

and alpha bands, and as such, provides evidence that $1/f$-like activity may partially reflect cortical

excitability across the frequency spectrum to minimize prediction error during language learning and

sentence processing.

Taken together, we have demonstrated that oscillatory and aperiodic activity jointly predict the

learning of higher-order language. There are, of course, several open questions that arise from these

results. For example, how do interactions between oscillatory and aperiodic activity relate to individual

differences in atypical populations, such as those with schizophrenia and age-related pathologies,

including Alzheimer's disease? Previous research has shown that cognitive deficits characteristic of

schizophrenia may be better explained by changes in the $1/f$ slope than irregularities in the canonical

frequency bands (Peterson et al., 2018), and that $1/f$ activity mediates age-related deficits in working

memory (Voytek et al., 2015); however, the interaction between aperiodic and oscillatory activity

during more complex cognitive computations, such as sequence learning and language processing,

remain unknown. Future work would benefit from examining how and if these interactions emerge in

(age-related) pathologies, and whether patterns of aperiodic and oscillatory activity during language

learning and sentence processing are generated by specific neuroanatomical networks. Such work will

provide a better understanding of the neurobiology of cognition in both health and disease.

Code Accessibility: All data and code will be made publicly available upon publication of this

manuscript. This experiment was not preregistered.

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