Title: Subcortical sources drive the relation between frequency-following responses (FFRs) and speech-in-noise perception

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ABSTRACT

The frequency-following response (FFR) is a scalp-recorded potential reflecting a mixture of

phase-locked neural activity generated from several nuclei along the auditory pathway. FFRs

have been widely used as a neural barometer of complex listening skills especially performance

on speech-in noise (SIN) tasks: across listeners with various hearing profiles and ages, more

robust speech-evoked FFRs are associated with improved SIN perception. Applying individually

optimized source reconstruction to speech-FFRs recorded via EEG (FFR_{EEG}), we assessed the

relative contributions of subcortical [auditory nerve (AN), brainstem (BS)] and cortical [bilateral

primary auditory cortex, PAC] generators to the scalp response with the aim of identifying which

source(s) drives the brain-behavior relation between FFRs and perceptual SIN skills. We found

FFR strength declined precipitously from AN to PAC, consistent with the roll-off of phase-locking

at progressively higher stages of the auditory neuroaxis. FFRs at the speech fundamental

frequency (F0) were resistant to moderate noise interference across all sources, but FFRs were

largest in BS relative to all other sources (BS > AN >> PAC). Cortical PAC FFRs were only

weakly observed above the noise floor in a restricted bandwidth around the low pitch of speech

stimuli (F0≈100 Hz). Brain-behavior regressions revealed (i) AN and BS FFRs were sufficient to

describe listeners' QuickSIN scores and (ii) contrary to neuromagnetic (MEG) FFRs, neither left

nor right PAC FFR_{EEG} predicted SIN performance. Our findings suggest subcortical sources not

only dominate the electrical FFR but also the link between speech-FFRs and SIN processing as

observed in previous EEG studies.

Keywords: Auditory event-related potentials (ERPs); auditory brainstem response (ABR);

cocktail party scenario; cortical FFR; noise-degraded speech perception

New & Noteworthy: The frequency-following responses (FFRs) is an auditory neurophonic brain

response that correlates with complex listening skills including speech-in-noise perception.

FFRs origin from phase-locked activity across the auditory pathway including sub- and neo-

cortex. By recording speech-FFRs via EEG, we show that brainstem sources dominate FFRs

measured at the scalp and are most predictive of behavior. Findings underscore the brainstem-

centric view of the FFR and its relation to nascent auditory perceptual processing.

1. INTRODUCTION

In real-world listening environments, acoustic interference hinders the successful extraction of critical speech information. Speech-in-noise (SIN) understanding is often exacerbated in cases of hearing impairment (Chmiel & Jerger, 1996; Popelka et al., 2016), and figure-ground deficits are among the hallmarks of central hearing disorders (Medwetsky, 2002), putative "hidden hearing loss" (Kujawa & Liberman, 2015), and listening deficits in older adults (Gordon-Salant et al., 2011; Schneider et al., 2002). However, SIN comprehension varies substantially even among normal-hearing individuals (Bidelman et al., 2018; Bidelman & Dexter, 2015; Bidelman & Howell, 2016; Killion & Niquette, 2000; Middelweerd et al., 1990; Song et al., 2011). This has led to recent interest in the neurophysiological basis of SIN processing which has focused on the role of central auditory brain mechanisms in complex listening skills and how robust neural encoding supports successful listening abilities (for review, see Bidelman, 2017).

Insight into the neuroimaging markers of speech perception is challenging due to the various underlying mechanisms, including the perceptual aspects of hearing (i.e., sensitivity to spatial and spectrotemporal cues) as well as cognitive processes (e.g., working memory). In this regard, the human frequency-following response (FFR) has provided considerable insight into these former processes, that is, how well auditory neural-perceptual coding governs adverse listening skills. FFRs are neurophonic potentials generated by a mixture of subcortical and cortical structures of the auditory system that phase-lock to spatiotemporal features of periodic acoustic stimuli including speech (Krishnan, 2007). Links between speech-FFRs (recorded with EEG) and SIN processing have been reported in a wide range of studies over the past decade (e.g., Bidelman & Krishnan, 2010; Parbery-Clark et al., 2011; Parbery-Clark et al., 2009; Saiz-Alía et al., 2019; Song et al., 2011; Yellamsetty & Bidelman, 2019). For instance, Song et al. (2011) showed the magnitude of the speech fundamental frequency (F0) encoded in the FFR positively predicted SIN performance on the QuickSIN (Killion et al., 2004): "Top SIN" performers on the task had more robust FFRs than "Bottom SIN" performers, who had both weaker neural representation of the speech F0 and poorer perceptual scores. Complementary findings were reported by Anderson et al. (2010) who showed poorer (i.e., lower median) SIN listeners experienced greater (~0.5-1 ms) noise-related shifts in the timing of their speech FFR from quiet to noise than top performing listeners. These collective findings suggest a strong relationship between the quality of neural representation of complex sounds, as reflected via FFRs, and perceptual SIN skills, whereby faster and more robust speech encoding is associated with better behavioral outcomes. While there is convincing evidence to implicate brainstem as the active driver of FFR in these studies—and

therefore the brain-behavior (i.e., FFR-SIN) relation—scalp recorded data alone cannot fully

adjudicate this interpretation.

Though traditionally viewed as a brainstem response (Sohmer et al., 1977), it has long

been recognized there are multiple sources of FFRs stemming from throughout the hearing

pathway. These include the cochlear microphonic (Sohmer & Pratt, 1977), auditory nerve

(Bidelman, 2015, 2018), brainstem (midbrain) (Bidelman, 2015, 2018; Sohmer et al., 1977), and

under some circumstances, primary auditory cortex (Bidelman, 2018; Coffey et al., 2016). EEG

studies have interpreted FFR correlates of SIN perception based on how well (*brainstem*) FFRs

encode important acoustic properties of speech (e.g., voice pitch and timbre cues) (Bidelman &

Krishnan, 2010; Parbery-Clark et al., 2012; Parbery-Clark et al., 2011; Parbery-Clark et al., 2009;

Song et al., 2011). Still, acknowledging FFRs likely contain contributions from cortex for low-

frequency (~100 Hz) stimuli (Bidelman, 2018; Coffey et al., 2016), it is possible the link between

this neurophonic and SIN behaviors is at least partially driven by higher-level "cortical FFRs" (cf.

Coffey et al., 2016; Coffey et al., 2017). Indeed, based on MEG-recorded FFRs, Coffey et al.

suggested higher-level cognitive tasks such as SIN perception were dominated by FFRs generated

in right auditory cortex (Coffey et al., 2017; see also Hartmann & Weisz, 2019). This finding is in

stark contrast to the brainstem-centric view of the FFR and its relation to auditory perception

(Chandrasekaran et al., 2012; Parbery-Clark et al., 2009; Saiz-Alía et al., 2019; Song et al., 2011;

Zhang & Gong, 2019)—now suggested even in recent MEG studies (Kulasingham et al., 2019;

Zhao & Kuhl, 2018).

We suspect ambiguity of cortical vs. subcortical structures in accounting for perceptual

correlates between FFR and behavior might be driven by limitations of different neuroimaging

modalities. Whereas subcortical auditory structures are among the most significant sources of the

scalp FFR$_{EEG}$ (Bidelman, 2015, 2018), MEG is more sensitive to superficial neuronal activity (deep

brainstem sources become invisible; Cohen & Cuffin, 1983; Hillebrand & Barnes, 2002;

Kulasingham et al., 2019). Given the differential pickup of deeper brainstem (EEG) vs. shallower

cortical (MEG) contributions to the FFR, it is reasonable to assume that the imaging modality could

bias associations between the FFR and behavior. Because FFRs are recorded more commonly

with EEG, we were interested to reevaluate the neural origins of the FFR$_{EEG}$-SIN association, with

particular attention to *which* subcortical and/or cortical structure(s) drives this brain-behavior

relation.

In light of emerging controversies on sources of the FFR and their relation to complex

auditory behaviors (Bidelman, 2018; Coffey et al., 2019; Holmes & Herrmann, 2017), we aimed to

unravel the link between speech-FFRs and SIN processing using a more comprehensive, systems-
level neuroimaging approach. Using high-density EEG, we recorded multichannel FFRs to noise-
degraded speech tokens. Source analysis of the responses allowed us to parse region-specific
activity to the electrical FFR and evaluate the relative contribution of each nuclei to SIN perception.
Our findings show phase-locked activity peripheral to cortex dominates the EEG-based FFR as
well as its link to perceptual speech-in-noise listening abilities.

2. METHODS & MATERIALS

2.1 Participants

Data reported herein reflect a new and comprehensive source analysis of FFRs recorded in
n=12 normal-hearing adults (age: 24.7 ± 2.7 years) reported in Bidelman et al. (2018). All
participants were native English speakers with a similar level of education (having completed at
least an undergraduate degree) and <3 years formal music training (1.3 ± 1.8 years) that
occurred at least five years before the study. Hearing thresholds were normal (≤ 25 dB HL)
bilaterally at octave frequencies between 250-8000 Hz in all participants. None reported a
history of neuropsychiatric disorders. All gave written informed consent for the study protocol
approved by the University of Memphis Institutional Review Board.

2.2 Stimuli

FFRs were elicited by the 300 ms male speech token /ama/ (for details, see Bidelman et al.,
2018). The F0 pitch fell gradually over the token's duration (F0= 120 Hz to 88 Hz). Importantly,
the lower F0 of the stimulus (~100 Hz) was expected to elicit phase-locked FFRs of both
brainstem and cortical origin (Bidelman, 2018; Coffey et al., 2016). Vowel formant frequencies
(F1-F3) were 830, 1200, and 2760 Hz, respectively. In addition to this "clean" stimulus (SNR = ∞
dB), speech was presented in noise-degraded conditions. Degraded speech was created by
adding four-talker babble noise (Killion et al., 2004) to the clean token at signal-to-noise ratios
(SNRs) of +10 and +5 dB. Babble was presented continuously to avoid it being time-locked to
the stimulus (e.g., Alain et al., 2012; Bidelman & Howell, 2016). Listeners heard 2000 trials of
each speech token (passive listening) for each noise condition, presented binaurally with
rarefaction polarity (jittered interstimulus: 400-700 ms) at 81 dB SPL through ER-30 insert
earphones (Etymotic Research). Extended acoustic tubing (20 ft) prevented electromagnetic
stimulus artifact from contaminating the biological FFR response.

2.3 EEG

EEG recording procedures and preprocessing are described fully in Bidelman et al. (2018).
Briefly, EEGs were recorded from 64 electrodes at 10-10 scalp locations (Oostenveld &
Praamstra, 2001) and were digitized at a sampling rate of 5000 Hz (SynAmps RT amplifiers;
Compumedics Neuroscan) using an online passband of DC-2500 Hz. Data were re-referenced
to a common average reference (CAR) for analyses. Following ocular artifact correction (Picton
et al., 2000), cleaned EEGs were epoched (-200-550 ms), baseline-corrected to the pre-
stimulus period, and averaged in the time domain to obtain FFRs for each stimulus condition per
participant and electrode. FFRs were then bandpass filtered (80-1500 Hz; zero-phase; -24
dB/oct) for subsequent source analysis and quantification.

2.3.1 Source waveform derivations. Scalp FFR potentials (sensor-level recordings) were
transformed to source space using a virtual source montage implemented in BESA® Research
v7 (BESA, GmbH) (Scherg et al., 2019; Scherg et al., 2002). This digital re-montaging applies a
spatial filter to all electrodes (defined by the foci of our dipole configuration) to transform
electrode recordings to a reduced set of source signals reflecting the neuronal current (in units
nAm) as seen *within* each anatomical region of interest. We adopted the dipole configuration
described in Bidelman (2018) to assess the relative contribution of brainstem and cortical FFR
sources to SIN processing. Full details of this model, its derivation, and fit accuracy are reported
elsewhere (Bidelman, 2018). The model consisted of 5 dipoles seeded in bilateral auditory
cortex (PAC; source #1–2), the brainstem (midbrain) (BS; source #3), and bilateral auditory
nerve (AN; sources #4–5) (**Fig. 2**, inset). This allowed us to reduce each listener's electrode
recordings (64-channels) to 5 unmixed source waveforms describing their scalp FFR data. For
each participant, dipole locations were held fixed and were used as a spatial filter to derive FFR
source waveforms (Bidelman, 2018). Critically, we fit individual dipole orientations to each
participant's data (anatomical locations remained fixed) to maximize the explained variance of
the model at the individual subject level. The model provided a robust fit to the grand averaged
(clean) scalp data in the 0-350 ms response interval (goodness of fit: 77%), confirming that
FFRs could be adequately described by a restricted number of sources along the primary
auditory neuroaxis.

2.3.2 FFR source waveform analysis. FFR source waveforms were analyzed in the spectral
domain via BESA. From each waveform (per source, SNR, and listener), we first computed Fast
Fourier Transforms (FFTs) in the post-stimulus response interval (0-350 ms, $\cos^2$ windowed;
see **Fig. 1**, shading). We then measured the peak amplitude in the F0 frequency bin. We
focused our analysis on F0 because (i) this component was present across all sources of the

FFR (see **Fig. 2**) and thus could be measured at each anatomical level and (ii) FFR-F0 has

been explicitly related to SIN processing in previous EEG studies (Bidelman, 2016; Bidelman et

al., 2018; Bidelman & Krishnan, 2010; Prevost et al., 2013; Russo et al., 2004; Smalt et al.,

2012). F0 amplitude was measured manually as the largest peak in the frequency range of 88-

120 Hz (i.e., F0 of the stimulus), relative to the noise floor (computed via the FFT of the pre-

stimulus interval, -200-0ms). Subtracting post-stimulus from pre-stimulus interval amplitudes

thus retained only evoked neural responses (i.e., FFRs) above common EEG noise. This

allowed us to assess the degree to which subcortical and cortical FFR sources showed veridical

phase-locked activity (i.e., above noise-floor). Two measurements were made for each spectral

amplitude and averaged for reliability. Test-retest agreement was excellent ($r = 0.99$).

2.4 Behavioral speech-in-noise task

We measured listeners' speech reception thresholds in noise using the QuickSIN test (Killion et

al., 2004). Participants heard two lists of six sentences embedded in four-talker babble noise.

Each contained five key words. Sentences were presented at 70 dB SPL via insert earphones

(bilaterally) using pre-recorded signal-to-noise ratios (SNRs) that decreased in 5 dB steps from

25 dB (very easy) to 0 dB (very difficult). They scored one point for each key word correctly

repeated. "SNR loss" (computed in dB) was determined as the SNR required to correctly identify

50% of the key words (Killion et al., 2004). Each ear was tested separately (two lists each) and

subsequently averaged to obtain a singular measure of SIN perception for each participant[1].

2.5 Statistical analysis

We used two-way, mixed-model ANOVAs (source x SNR; subjects=random factor; SAS® 9.4,

GLIMMIX) to assess changes in FFR F0 amplitude across anatomical levels and noise

conditions. Amplitudes were SQRT-transformed to satisfy normality and homogeneity of

variance assumptions necessary for parametric ANOVAs. We used generalized linear mixed

effects (GLME) regression to evaluate links between behavioral QuickSIN scores and the F0

component of source-localized FFRs [pooled across the noise (+10, +5 dB SNR) conditions].

Subjects were included as a random factor in the regression to model random intercepts per

listener [e.g., QuickSIN ~ PAC_{left} + PAC_{right} + BS + AN_{left} + AN_{right} + (1| subject)]. This multivariate

model allowed us to assess the relative contribution of subcortical and cortical FFR sources to

SIN perception. GLME regression was achieved using the 'fitglme' function in MATLAB 2019b.

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[1] One individual's QuickSIN data was lost due to an error in data logging (EEG data were unaffected). This value was imputed using mean of the remaining participants' QuickSIN scores.

3. RESULTS

FFRs appeared as phase-locked potentials that mirrored the acoustic periodicity of speech (**Fig. 1**). Their voltage distribution on the scalp showed maximal amplitude at frontocentral electrode sites (e.g., Fpz) and polarity inversion at the mastoids. These observations are consistent with FFR sources in the deep midbrain that point obliquely in an anterior orientation to the vertex (parallel to the brainstem) (Bidelman, 2015, 2018). The volume-conducted nature of these sensor-space (i.e., electrode) recordings did not allow us to separate the underlying sources that contribute to the FFR and SIN processing. Consequently, subsequent analyses were conducted in source space.

[Insert Figure 1 near here]

3.1 Source FFR waveforms and spectra

Grand averaged source FFR waveforms and spectra parsing region-specific activity within the three source levels (AN, BS, and PAC) are shown in **Figure 2**. FFRs showed strong phase-locking at the speech F0 frequency (~100 Hz) in all source foci. However, only subcortical sources (AN, BS) showed additional response energy at higher harmonics of the speech signal (H2 and H3), consistent with the higher phase-locking limits of more peripheral auditory nuclei (Joris et al., 2004), including those which generate the FFR (Bidelman, 2018; Herdman et al., 2002). In contrast, cortical PAC sources were largely band-limited to F0 (~100 Hz) and failed to show reliable FFRs above the noise floor at higher frequencies. Raw waveforms similarly show variation in the strength of the response across the neuroaxis. FFRs were maximal at the level of BS, were robust but to a lesser extent in AN, and reduced dramatically at the level of PAC. These results confirm a mixture of generators produces the speech FFR, including brainstem and cortical levels of the auditory system (Bidelman, 2018; Coffey et al., 2016). More critically, they further confirm a dominance of midbrain and lower structures to the electrical FFR (e.g., Bidelman, 2015; Bidelman, 2018; Kiren et al., 1994; Smith et al., 1975; Sohmer et al., 1977; White-Schwoch et al., 2019; Zhang & Gong, 2019).

[Insert Figure 2 near here]

3.2 FFR F0 amplitudes as a function of source level and noise

An ANOVA conducted on F0 amplitudes revealed significant differences in FFR strength among various source levels ($F_{4,126}$= 10.42, p <0.0001) but not between SNRs ($F_{2,126}$= 0.47, p = 0.6286) (SNR x level interaction: $F_{8,126}$= 0.38, p=0.9313) (**Fig. 3**). Tukey-Kramer adjusted multiple

comparisons revealed the amplitude of F0 was weaker in PAC vs. BS ($p<0.0001$), AN vs. BS

($p=0.0002$), and PAC vs. AN ($p=0.0260$). There was no difference between PAC_{right} vs. PAC_{left}

($p=1.000$). Thus, our data did not reveal evidence of a functional asymmetry (i.e., right

hemisphere bias) for cortical FFRs as observed in MEG studies (Coffey et al., 2016). Moreover,

we found a brainstem-dominant gradient in F0 amplitudes across levels (BS > AN >> PAC),

further suggesting BS is the largest contributor to the FFR_{EEG} response (Bidelman, 2018).

270   [Insert Figure 3 near here]

3.3 Brain-behavior relations

Following previous channel-based FFR studies, we first evaluated associations between scalp-

level recordings (Fpz electrode) and QuickSIN scores. We selected this channel as FFRs are

strongest at frontocentral scalp locations (e.g., Fig. 1) (Bidelman, 2015, 2018). GLME

regression confirmed FFR F0 measured at the scalp was negatively associated with QuickSIN

scores; stronger FFRs at Fpz predicted better SIN perception (i.e., lower QuickSIN scores)

($F_{1,10}=4.75$, $p=0.05$, adj-$R^2=0.69$). These channel-level results replicate the well-known link

between FFRs and SIN processing observed in scalp-recorded data (e.g., Bidelman & Krishnan,

2010; Parbery-Clark et al., 2011; Parbery-Clark et al., 2009; Song et al., 2011; Yellamsetty &

Bidelman, 2019).

We next aimed to adjudicate which FFR sources drive this brain-behavior relation and

predict SIN performance. To this end, we used multivariate GLME regression to tease apart

relations between source-specific speech FFRs (AN, BS, PAC) and QuickSIN scores. This

analysis revealed the aggregate of FFR sources predicted SIN performance [$F_{5,4}=7.95$,

$p=0.0333$; null hypothesis coefficients=0], accounting for 87% of the variance in QuickSIN

scores (adj-$R^2=0.87$) (**Fig. 4**). Scrutiny of individual model terms revealed significant neural

predictors in BS ($p=0.0071$) and bilateral AN (AN_{left}: $p=0.0062$; AN_{right}: $p=0.011$). Contrary to

MEG FFRs (Coffey et al., 2017), neither left nor right PAC FFR_{EEG} predicted QuickSIN

performance (PAC_{left}: $p=0.13$; PAC_{right}: $p=0.695$). Collectively, these findings suggest subcortical

sources not only dominate the FFR_{EEG} but also the link between speech-FFRs and SIN

processing as observed in previous EEG studies (e.g., Bidelman & Krishnan, 2010; Parbery-

Clark et al., 2011; Parbery-Clark et al., 2009; Saiz-Alía et al., 2019; Song et al., 2011;

Yellamsetty & Bidelman, 2019).

294   [Insert Figure 4 near here]

4. DISCUSSION

By measuring source-level FFRs via EEG, our results confirm a mixture of auditory neural

generators contribute to the aggregate FFR and these contributions vary systematically across

anatomical level of the hearing pathway. Whereas subcortical sources (AN, BS) showed robust

phase-locked FFRs, PAC showed comparably weak responses. In contrast to auditory nerve

and midbrain FFR, auditory cortical FFRs were absent >120 Hz. Thus, PAC contributions were

restricted to the speech F0. In contrast, we find subcortical FFRs are not only larger at F0 than

their cortical counterparts but persist at higher spectral frequencies to maintain coding of the

harmonics and timbral elements of speech (see also Bidelman, 2018). Our findings further imply

that previously observed relations between speech-FFRs and SIN perception (e.g., Bidelman et

al., 2018; Bidelman & Krishnan, 2010; Parbery-Clark et al., 2011; Parbery-Clark et al., 2009;

Saiz-Alía et al., 2019; Song et al., 2011) are mediated by subcortical sources and the quality of

neural representation at subcortical stages of auditory processing.

4.1 Neural phase locking diminishes along the ascending auditory system

Our neuroimaging data establish that the relative contribution of sources to the scalp FFR$_{EEG}$

varies critically across levels of the auditory neuroaxis. In agreement with prior source imaging

work (Bidelman, 2018), we found a gradient in contributions to the response, with the BS

(midbrain) forming the largest component of the FFR$_{EEG}$ (i.e., BS > AN >> PAC). Our findings

converge with human and animal studies suggesting subcortex (e.g., inferior colliculus and

lower structures) as the primary source(s) of the FFR within the 20-200 Hz frequency bandwidth

(Bidelman, 2018; Kiren et al., 1994; Smith et al., 1975; Sohmer & Pratt, 1977; Sohmer et al.,

1977). Our data lead us to reiterate the critical point that structures producing FFRs critically

vary in both a level- (i.e., stage of brain) and stimulus- (i.e., frequency) dependent manner.

Diminishing FFR strength from brainstem to cortex is broadly consistent with the known

phase-locking tolerance of nuclei along the ascending auditory pathway (Joris et al., 2004;

Wallace et al., 2007; Wallace et al., 2000; Wallace et al., 2002). Physiologically, reduced phase-

locking could be due to increased synaptic jitter, organizational complexities of the pathway

including (re)convergence, increasing time constants of neuronal membranes, and/or different

ionic channels that cause a deterioration in temporal processing in more central neurons

(Trussell, 1999). Collectively, these processes act as a low pass filter resulting in each

anatomical division having a reduced upper limit of temporal precision. Indeed, phase-locking in

auditory nerve persists up to >4-5 kHz (Joris et al., 2004), whereas the upper limit in midbrain

neurons is ~1100-1200 Hz (Bidelman & Powers, 2018; Liu et al., 2006). In stark contrast,

locking in auditory cortical neurons among several species (monkeys, guinea pigs) is generally

not observed above ~100-120 Hz (Behroozmand et al., 2016; Brugge et al., 2009; Joris et al.,

2004; Wallace et al., 2000)—even lower by some accounts (< 50 Hz; Lu et al., 2001). Our EEG

data therefore agree with prior animal studies by showing limited phase-locked FFR activity in

cortex up to a nominal frequency of 120 Hz. Nevertheless, given the reduced nature of these

responses we are left to reaffirm that cortical contributions to the speech-FFR, when weakly

present, are largely band-limited to the F0 component of low-pitch stimuli (e.g., male speech)

(Bidelman, 2018).

4.2 Neural encoding of speech F0 is robust to noise

While our data show clear level-dependent changes in the strength of FFR coding, we found

noise had little impact on F0 responses. The lack of noise effects on pitch (F0) coding is

consistent with prior FFR studies (Bidelman, 2016; Bidelman et al., 2018; Bidelman & Krishnan,

2010; Laroche et al., 2013; Prevost et al., 2013; Russo et al., 2004; Smalt et al., 2012). Such

resilience (and even increment) of F0 responses in the presence of noise is hypothesized to be

due to stochastic resonance (Henry, 1999), the recruitment of low-frequency "tails" of high-

frequency cochlear neurons due to high-intensity stimulus levels, and/or across channel

integration of F0-related harmonics or intermodulation distortion products (Smalt et al., 2012).

All of these putative mechanisms could lead to more robust neural synchronization and

therefore redundancy of pitch-relevant cues carried in FFRs even with additive noise (for

discussion, see Bidelman, 2017).

4.3 Subcortical sources drive the link between speech-FFRs and SIN perception

Our data reveal SIN processing is governed by a coordinated orchestration of phase-locked

activity to the spectrotemporal details of speech generated from different levels of the auditory

system. However, our multivariate regression showed that subcortical sources (AN, BS) better

predict listeners' QuickSIN scores. In stark contrast, "cortical FFRs" failed to predict perception.

Moreover, we find PAC responses are eradicated for the most meaningful frequencies in speech

(i.e., energy above F0) which carry timbral information on talker identity, including important

formant cues (cf. Banai et al., 2009; Bidelman & Krishnan, 2010; Kraus & Nicol, 2005). This is not

to say that cortex is not involved in SIN perception. On the contrary, there is overwhelming ERP

evidence that auditory and non-auditory brain regions in both cerebral hemispheres are heavily

involved in SIN perception (Bidelman et al., 2020; Bidelman & Howell, 2016; Bidelman &

Yellamsetty, 2017; Billings et al., 2013; Du et al., 2014; Parbery-Clark et al., 2011). Rather, our

data reveal little-to-no involvement of cortex when it comes to the relation between sustained,

stimulus phase-locked *FFRs* and SIN processing.

Results from MEG studies have suggested associations between FFR periodicity and SIN
perception might be driven by right PAC (Coffey et al., 2016). Our findings challenge notions that
cortical FFRs mediate SIN processing (Coffey et al., 2016; Coffey et al., 2017) and fail to show a
right hemisphere bias in cortical FFRs as measured via MEG (Coffey et al., 2016; Hartmann &
Weisz, 2019; Ross et al., 2007). Rather, we find brainstem foci (auditory nerve, midbrain) to be the
dominant predictors of SIN listening skills as implied (but never confirmed) in previous FFR studies
examining scalp recordings (e.g., Anderson et al., 2010; Bidelman et al., 2018; Bidelman &
Krishnan, 2010; Parbery-Clark et al., 2011; Parbery-Clark et al., 2009; Saiz-Alía et al., 2019; Song
et al., 2011). In fact, despite being weakly observable, cortical FFRs in the present study did not
predict QuickSIN scores.

Presumably, discrepancies between neuroimaging studies reflect differences in the
sensitivity of MEG vs. EEG for detecting directed neuronal currents and deep vs. superficial
sources. Given the bias of MEG to more superficial and tangential brain activity (deeper brainstem
sources become magnetically invisible), we have previously argued this may over-exaggerate and
falsely "color" FFRs with neocortical contributions that filter out important subcortical sources
(Bidelman, 2018). This may account for the differential brain-behavior relations between FFRs and
SIN perception observed in this (EEG) vs. previous (MEG) FFR studies. Indeed, even recent MEG
studies have suggested a major brainstem locus when describing evoked periodic neural activity
characteristic of the FFR (Kulasingham et al., 2019; Zhao & Kuhl, 2018). Based on EEG and
computational modeling, we have suggested that brainstem provide a 3x larger contribution to
scalp FFRs (at F0) than cortical sources (Bidelman, 2018). Similar conclusions were recently
drawn by Ross et al. (2020) using MEG.

Collectively, our findings corroborate recent work demonstrating functional connectivity
between brainstem and auditory cortex (i.e., afferent signal flow) is important in differentiating
"good" vs. "poor" perceivers in SIN listening tasks (Bidelman et al., 2018). These previous studies,
along with current data, suggest the degree to which speech representations are effectively
passed from early to later stages of the neural hierarchy are highly predictive of complex listening
skills. We infer that the burden of SIN perception—with regards to the FFR—is mainly on
subcortical parts of the auditory neuroaxis and the degree to which their neural representations
capture and maintain the dynamic, time-frequency cues of speech.

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Figure legends

Figure 1: FFR (sensor-level) waveforms and scalp topographies as a function of SNR. (a)
Electrode recordings at channel Fpz across noise levels. Gray trace= stimulus waveform. FFRs
appear as phase-locked potentials that mirror the acoustic periodicity of speech. (**b**) FFR
topographies. Maps reflect the voltage distribution on the scalp, averaged across the periodic
"wavelets" of the FFR (i.e., 25 most prominent positive peaks; see Bidelman, 2015) in the
response time window (0-350 ms; yellow shading). Maximal FFR amplitude near frontocentral
sites (e.g., Fpz) and polarity inversion at the mastoids are consistent with deep midbrain
sources that point obliquely in an anterior orientation to the vertex (parallel to the brainstem)
(Bidelman, 2015, 2018). Red/blue shading = positive/negative voltage.

Figure 2: Source-level FFR waveforms and spectra along the ascending auditory neuroaxis. Grand average response spectra and waveforms (*insets*) at each dipole source of the FFR (head model; Bidelman, 2018). Only FFRs to clean speech are shown for clarity. Gray shading = spectral noise floor measured in the pre-stimulus interval. FFRs show strong phase-locking at the speech F0 frequency (~100 Hz) in both subcortical and cortical sources. However, subcortical sources (AN, BS) show additional response energy at higher harmonics of speech (H2 and H3). Cortical (PAC) sources do not show reliable FFRs at higher harmonics (i.e., > 100 Hz). This is also confirmed by raw source waveforms, which show robust responses in AN and BS but weak FFRs in PAC. AN, auditory nerve; BS, brainstem midbrain; PAC, primary auditory cortex.

Figure 3: FFR F0 amplitudes as a function of source and SNR. F0 amplitude (re. noise floor) varies across source level and is stronger in subcortical (AN, BS) compared to cortical (PAC) FFR generators. Among all sources, F0 amplitude is largest at the BS level. F0 did not vary across SNRs. Error bars = ±1 s.e.m.

$$\text{adj-}R^2 = 0.87^*$$

$$\text{QuickSIN} \sim \text{PAC}_{left} + \text{PAC}_{right} + \text{BS} + \text{AN}_{left} + \text{AN}_{right} + (1 \mid \text{subject})$$

Figure 4: Brainstem speech coding is sufficient to explain SIN listening skills. Subcortical and cortical sources of the FFR collectively account for 87% of the variance (adj-R^2) in behavioral QuickSIN scores. Statistical flags mark significant predictors in the GLME model. Subcortical sources (left/right AN, midbrain BS) are strongly associated with SIN performance, whereas cortical FFRs (left/right PAC) fail to predict behavior. $^*p < 0.05$; $^{**}p \leq 0.01$

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