1	Induction of hyperandrogenism and insulin resistance differentially modulates ferroptosis in			
2	uterine and placental tissues of pregnant rats			
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### 35 Abstract

36 Ferroptosis, a form of regulated necrotic cell death, plays roles in diverse physiological processes 37 and diseases. Women with polycystic ovary syndrome (PCOS) have hyperandrogenism and insulin 38 resistance (HAIR) and an increased risk of miscarriage and placental dysfunction during pregnancy. 39 However, whether maternal HAIR alters mechanisms leading to ferroptosis in the gravid uterus and 40 placenta remains unknown. Previous studies in rats showed that maternal exposure to 5adihydrotestosterone (DHT) and insulin (INS) from gestational day 7.5 to 13.5 induces HAIR and 41 42 subsequently leads to placental insufficiency and fetal loss. We therefore hypothesized that maternal 43 HAIR triggers ferroptosis in the uterus and placenta in association with fetal loss in pregnant rats. 44 Compared with controls, we found that co-exposure to DHT and INS led to decreased levels of Gpx4 45 and glutathione (GSH), increased GSH+glutathione disulfide (GSSG) and malondialdehyde (MDA), 46 aberrant expression of ferroptosis-associated genes (Acs/4, Tfrc, Slc7a11, and Gclc), increased iron 47 deposition, and activated ERK/p38/JNK phosphorylation in the gravid uterus. However, in the placenta, DHT and INS exposure only partially altered the expression of ferroptosis-related markers 48 49 (e.g., region-dependent Gpx4, GSH+GSSG, MDA, Gls2 and Slc7a11 mRNAs, and phosphorylated 50 p38 levels). In the uteri co-exposed to DHT and INS, we also observed shrunken mitochondria with 51 electron-dense cristae, which are key features of ferroptosis-related mitochondrial morphology, as 52 well as increased expression of Dpp4, a mitochondria-encoded gene responsible for ferroptosis 53 induction. In contrast, in placentas co-exposed to DHT and INS we found decreased expression of 54 Dpp4 mRNA and increased expression of Cisd1 mRNA (a mitochondria-encoded iron-export factor). Further, DHT+INS-exposed pregnant rats exhibited decreased apoptosis in the uterus and increased 55 56 necroptosis in the placenta. Our findings suggest that maternal HAIR causes the activation of 57 ferroptosis in the gravid uterus and placenta, although this is mediated via different mechanisms operating at the molecular and cellular levels. Furthermore, our data suggest other cell death 58 59 pathways may play a role in coordinating or compensating for HAIR-induced ferroptosis when the 60 gravid uterus and placenta are dysfunctional.

### 61 Introduction

62 Polycystic ovary syndrome (PCOS) is a complex and heterogeneous hormone-imbalance 63 gynecological disorder that is influenced by genetic, environmental, and metabolic factors (1). This 64 disorder affects approximately 4%-21% of all adolescent and reproductive-aged women and has a 65 significant impact on their reproduction (2). Women with PCOS often suffer from hyperandrogenism 66 (androgen excess) and insulin resistance (HAIR), and they are at high risk for miscarriage and 67 obstetric complications during pregnancy (3, 4). Therapeutic interventions for different phenotypes 68 and disease-related pregnancy complications in women with PCOS present a significant unmet medical need (5). Although it is thought that maternal, placental, and fetal defects all contribute to the 69 70 onset and progression of miscarriage in PCOS patients, the pathogenesis of the pregnancy loss 71 induced by HAIR and its precise regulatory mechanisms are still significant issues to be solved.

72 Ferroptosis is a recently described, iron-dependent form of regulated necrosis induced by oxidative 73 stress, and it is distinct from other established forms of cell death such as apoptosis and necroptosis 74 due to its unique morphological and biochemical features (6, 7). Growing evidence indicates that 75 excessive or impaired ferroptosis plays a causative role in a variety of pathological conditions and 76 diseases (8-11). It appears that the outcome of ferroptosis is programmed cell death, but which 77 specific physiological processes or pathological conditions and disorders lead to ferroptosis activation 78 remain poorly explored. The major molecular mechanisms and signaling pathways that are involved in 79 the regulation of ferroptosis have been demonstrated in *in vivo* and *in vitro* studies (12). For example, 80 suppression of glutathione (GSH) biosynthesis and subsequent inhibition or degradation of 81 glutathione peroxidase 4 (Gpx4) activity, disturbed balance of iron homeostasis, and activation of the 82 mitogen-activated protein kinase (MAPK) signaling pathways all contribute to regulate the initiation 83 and execution of ferroptosis (6, 7, 10, 11). However, little is known about the role of ferroptosis (13) in 84 comparison with other forms of programmed cell death such as apoptosis (14, 15) in female 85 reproduction.

Given the significant association of PCOS with miscarriage during pregnancy (16, 17), we have recently demonstrated that the effects of HAIR in causing fetal loss is the consequence of uterine and placental defects (18, 19). To this end, we exposed pregnant rats to  $5\alpha$ -dihydrotestosterone (DHT) and insulin (INS) from gestational day (GD) 7.5 to 13.5 and found that this triggered many features of pregnant PCOS patients (including HAIR), as well as increased fetal loss. Moreover, the fetal loss

91 was related to disrupted reactive oxygen species (ROS) production in the uterus and placenta of rat 92 dams with induced HAIR. In particular, our previous animal experiments have shown that maternal 93 HAIR-induced fetal loss is also associated with the inactivation of antioxidative proteins in the gravid 94 uterus and placenta, namely nuclear factor erythroid 2-related factor 2 (Nrf2) and superoxide 95 dismutase 1 (18, 19), which play an inhibitory role in the ferroptosis pathway (6, 10). Moreover, the 96 expression of several other negative regulators of ferroptosis such as Ho1 (heme oxygenase 1) (6) 97 and *Mt1q* (metallothionein 1G) (20) are downregulated in the gravid uterus after combined maternal 98 exposure to DHT and INS (18). Increased circulating ROS levels have been observed in both non-99 pregnant and pregnant rodents in which PCOS features have been induced (19, 21). Elevated ROS 100 production and decreased anti-oxidative capacity has been observed in the ovarian granulosa cells 101 and leukocytes of PCOS patients (21-23), and oxidative stress is proposed to contribute to 102 miscarriage and infertility in women with PCOS (24, 25). It is therefore likely that the promotion of 103 pathologic oxidative stress and activation of ferroptosis in the gravid uterus and placenta contribute to 104 HAIR-induced fetal loss in both animal models and humans.

105 Mitochondria play a protective role in the regulation of exhausted GSH-induced ferroptosis (26, 106 27). In women with PCOS and miscarriage (24, 28), as well as in pregnant PCOS-like rodents with 107 fetal loss (18, 19, 29, 30), there is mounting evidence for mitochondrial abnormalities and oxidative 108 damage. For instance, decreased mitochondrial DNA copy number is associated with the 109 developmental clinical phenotype and severity of PCOS, and several mitochondria-tRNA mutations 110 are seen in PCOS patients. In addition, aberrant expression of mitochondrial biogenesis genes, oxidative phosphorylation and anti-oxidative proteins are found in PCOS patients who suffer from 111 recurrent miscarriage, as well as in PCOS-like rodents. On the basis of these preclinical and clinical 112 113 studies, we hypothesized that maternal HAIR triggers impairments in Gpx4/GSH-regulated lipid peroxidation and iron-associated and mitochondria-mediated ferroptosis in the gravid uterus and 114 placenta resulting in increased fetal loss during pregnancy. 115

The aim of this study was to determine whether exposure to DHT and INS in pregnant rats (which induces HAIR/PCOS (18, 19)) leads to activation of the ferroptosis cascade and malondialdehyde (MDA, a marker of oxidative stress), iron accumulation, and perturbed mitochondrial function in the uterus and placenta. Further, we conducted a parallel analysis of the expression of genes and proteins that are involved in necroptosis and apoptosis, two other programmed cell death pathways

that might contribute to defects in the gravid uterus and the placenta. This study is the first to report an association between HAIR and different forms of regulated cell death in the gravid uterus and placenta *in vivo*. Our findings indicate that ferroptosis is one of the potential mechanisms by which maternal HAIR leads to uterine and placental dysfunction and at least partially explains the resultant fetal loss observed.

### 126 Materials and Methods

#### 127 *Ethics approval*

All experiments were conducted in compliance with all relevant local ethical regulations. Animal experiments were approved and authorized by the Animal Care and Use Committee of the Heilongjiang University of Chinese Medicine, China (HUCM 2015-0112), and followed the National Institutes of Health guidelines on the care and use of laboratory animals. The human study protocol conformed to the principles outlined in the Declaration of Helsinki under approval from the institutional Ethical Review Committee of the Obstetrics and Gynecology Hospital of Fudan University, Shanghai, China (OGHFU 2013-23), and informed consent was obtained from each patient in written form.

### 135 Animals, experimental setting, and tissue collection

136 Adult Sprague–Dawley female and male rats were obtained from the Laboratory Animal Centre of 137 Harbin Medical University, Harbin, China. All animals were health checked daily throughout the 138 experiment and were maintained in an environmentally controlled and pathogen-free barrier facility on a standard 12 h light/dark cycle at 22 ± 2°C and 55-65% humidity and with free access to normal 139 140 diet and water. Before the experiment, female rats were allowed to acclimatize for a minimum of 7 days and then were monitored daily by vaginal lavage to determine the stage of the estrous cycle (31, 141 142 32). Pregnancy was achieved by housing female rats on the night of proestrus with fertile males of the 143 same strain at a 2:1 ratio. Confirmation of mating was defined by the presence of a vaginal plug, and this was considered as GD 0.5. The rats were sacrificed between 0800 and 0900 hours on GD 14.5. 144 145 All animal procedures in this study were performed as described in our previous publications (18, 19).

To induce HAIR, pregnant rats were randomly assigned to be intraperitoneally injected with DHT (1.66 mg/kg/day, suspended in sesame oil, Sigma-Aldrich, St. Louis, MO, USA) and/or human recombinant INS (6.0 IU/day, diluted in sterile saline, Eli Lilly Pharmaceuticals, Giza, Egypt) or an equal volume of saline and sesame oil as controls on GD 7.5 as previously described (18, 19). This therefore generated the following four study groups: Control, DHT+INS, DHT, and INS. All animals

were treated for 7 consecutive days. The dose of DHT used in our rats was chosen to mimic the 151 152 hyperandrogenic state in PCOS patients who have approximately 1.7-fold higher circulating DHT 153 concentrations compared to healthy controls (33, 34). The dose of INS was chosen because it 154 induces metabolic disturbances including peripheral and uterine insulin resistance in rats (32, 35). The body weight, oral glucose tolerance test and circulating levels of androgens (testosterone, 155 156 dehydroepiandrosterone, and DHT) were measured to confirm that HAIR was induced by exposure to 157 DHT and INS, as reported previously (18, 19). Pregnant rats co-exposed to DHT and INS had 158 metabolic and endocrine aberrations at GD 14.5, thus replicating the changes observed in pregnant PCOS patients (36, 37). On GD 14.5, tissues, including the maternal uterus and placenta, as well as 159 160 fetuses were dissected. These were then either fixed for morphological and immunohistochemical 161 analyses or immediately frozen in liquid nitrogen and stored at -70°C for quantitative real-time polymerase chain reaction (qPCR) (38) and Western blot analyses. Only viable conceptuses (fetuses 162 163 and placentas) were analyzed further.

### 164 Gene expression analysis by qPCR

The isolation and quantification of the RNA and the qPCR assay were performed as previously 165 described (32, 39). The PCR amplifications were performed with SYBR green qPCR master mix 166 167 (#K0252, Thermo Scientific, Rockford, IL). Total RNA was prepared from the frozen whole uterine and 168 placental tissues, and single-stranded cDNA was synthesized from each sample (2 µg) with M-MLV 169 reverse transcriptase (#0000113467, Promega Corporation, Fitchburg, WI) and RNase inhibitor (40 170 U) (#00314959, Thermo Scientific). Uterine and placental RNA purities (A260/A280 ratios) were 171 evaluated with a NanoDrop 1000 spectrometer (Thermo Fisher Scientific). Only samples presenting a 172 ratio greater than 1.8 were kept for further analyses. The integrity of the extracted RNA samples was 173 additionally determined by using an Experion RNA StdSens Analysis Kit (Bio-Rad). Any samples showing poor RNA quality were also excluded from further analysis. cDNA (1 µl) was added to a 174 175 reaction master mix (10 µl) containing 2× SYBR green gPCR reaction mix (Thermo Scientific) and 176 gene-specific primers (5 µM of forward and reverse primers). All reactions were performed at least 177 twice, and each reaction included a non-template control, and specific sample sizes are denoted in 178 the figure legends. Fold changes in mRNA expression were calculated by the  $\Delta\Delta$ CT method using 179 Gapdh (18) as the reference gene, which was stably expressed between the groups (38). Results are 180 expressed as fold changes after normalizing to the control group. The qPCR primers used in this

study are listed in **Table 1**. All sets of primers were validated for qPCR prior to analysis. This involved determining that the efficiency of amplification using a standard curve of cDNA was above 85% and not different from the *Gapdh* reference gene, and there were no non-specific PCR products seen in a melt curve analysis immediately after the amplification or in parallel reactions with un-transcribed RNA or in reactions without templates (the negative controls). Further, in order to avoid introducing variability, all uterine and placental samples for a given target gene were analysed on a single plate.

### 187 Protein isolation and Western blot analysis

188 A detailed explanation of the tissue lysate preparation and the Western blot analysis protocol has 189 been published (32, 39). Tissue proteins were isolated by homogenization in RIPA buffer (Sigma-190 Aldrich) supplemented with cOmplete Mini protease inhibitor cocktail tablets (Roche Diagnostics, 191 Mannheim, Germany) and PhosSTOP phosphatase inhibitor cocktail tablets (Roche Diagnostics). 192 After determining the total protein concentration by Bradford protein assay (Thermo Fisher Scientific), 193 equal amounts (30 µg) of protein were resolved on 4–20% TGX stain-free gels (Bio-Rad Laboratories GmbH, Munich, Germany) and transferred onto PVDF membranes. The membranes were probed 194 195 with anti-Gpx4 antibody (ab125066, Abcam, Cambridge, UK), anti-ERK1/2 antibody (#4695, Cell 196 Signaling Technology, Danver, MA, USA), anti-phospho-ERK1/2 antibody (#9911, Cell Signaling 197 Technology), anti-p38 MAPK antibody (#8690, Cell Signaling Technology), anti-phospho-p38 MAPK 198 antibody (#4511, Cell Signaling Technology), anti-JNK antibody (#9252, Cell Signaling Technology), 199 anti-phospho-JNK antibody (#4668, Cell Signaling Technology), and anti-cleaved caspase-3 antibody 200 (#9664, Cell Signaling Technology) all diluted 1:1,000 in 0.01 M Tris-buffered saline supplemented 201 with Triton X-100 (TBST) containing 5% w/v non-fat dry milk followed by anti-rabbit IgG HRP-202 conjugated goat secondary antibody (A0545, Sigma-Aldrich). Signal was detected using the 203 SuperSignal West Dura Extended Duration Substrate (Thermo Fisher Scientific) and captured using a 204 ChemiDoc MP Imaging System (Bio-Rad). Initial experiments were performed to verify the 205 identification of cytosolic, mitochondrial and nuclear Gpx4 by Western blot analysis using rat testis 206 (which has high expression compared to other tissues (40, 41)), epididymis and ovary (Supplemental 207 Fig. 1). For each Western blot, ultraviolet activation of the Criterion stain-free gel was used to assess 208 total protein loading for each sample (32). Band densitometry was performed using Image Laboratory 209 (Version 5.0, Bio-Rad) and the intensity of each protein band was normalized to the total protein in the 210 individual sample. Due to the number of samples per group, multiple gels were run per group, each

containing three replicates per group. For quantification and to ensure standardisation across blots, the expression of the target protein was normalised to the mean value for the control group on the blot and then all the normalised values were statistically compared to assess the effect of the treatment groups. This ensured that we could accurately compare protein abundance across groups with the one tissue.

### 216 Histological processing and Gpx4 immunohistochemistry

217 Histological processing and immunohistochemistry were performed according to previously 218 described methods (32, 42). Fresh tissues were dissected and immediately fixed in 4% formaldehyde 219 in neutral buffered solution at 4°C for 24 h and then embedded in paraffin. Sections (5 µm) were 220 deparaffinized and rehydrated in xylene and graded series of ethanol (99.99%, 80%, and 70% in 221 distilled water, Sigma-Aldrich) for 10 min each. After incubation with the Gpx4 antibody (1:200 222 dilution, Abcam) overnight at 4°C in a humidified chamber, the sections were stained using the avidin-223 biotinylated-peroxidase ABC kit followed by a 5-min treatment with 3,3'-diaminobenzidine (DAB, SK-224 4100, Vector Laboratories). Stained sections were observed and imaged on a Nikon E-1000 microscope (Japan) under bright-field optics and photomicrographed using Easy Image 1 (Bergström 225 226 Instrument AB, Sweden). A negative control was performed by using the same concentration of 227 isotype-matched rabbit IgG instead of the primary antibody. Only minimal cytoplasmic background 228 staining was observed (Supplemental Fig. 2 right).

### 229 Perls' histochemical reaction

Iron deposition was detected using DAB-enhanced Perls' staining as previously described (43).
After deparaffinization and rehydration, sections were immersed in a mixture of equal volumes of
potassium ferrocyanide solution (HT201, Sigma-Aldrich) and hydrochloric acid solution (HT201,
Sigma-Aldrich) for 1 h at room temperature. Sections were washed with PBS five times for 5 min each
and incubated with DAB for 10 min and pararosaniline solution (HT203, Sigma-Aldrich) for 2 min.
Images of excess iron deposits were captured on a Nikon E-1000 microscope (Japan) under brightfield optics and photomicrographed using Easy Image 1 (Bergström Instrument AB, Sweden).

### 237 Mitochondria structure by transmission electron microscopy (TEM)

TEM was performed according to a published method (30). Fresh uterine and placental tissues were fixed in 2.5% glutaraldehyde in phosphate buffered saline (PBS, pH 7.2–7.4) for 1 h at room temperature (RT) and further rinsed with 0.1 M PBS three times for 15 minutes each. Secondary 241 fixation with 1% osmium tetroxide in PBS was performed for 1 h prior to sequential dehydration with 242 an acetone gradient (50%, 70%, and 90% for 15 min each and 100% three times for 30 min each time 243 at RT). Samples were finally embedded in Epon epoxy resin. Random areas from uterine and 244 placental tissues were oriented for ultrastructural analysis. The blocks were cut in 50-60 nm sections 245 using a Reichert ultramicrotome (Leica, Germany), collected on 300 mesh copper grids, and stained 246 with 3% uranyl acetate and counterstained with lead citrate before visualization. The post-stained 247 sections were examined and imaged with a transmission electron microscope (H-7650, Hitachi, 248 Japan) equipped with an electron imaging spectrometer. Image collection and parameter settings 249 were identical for each of the different tissues/regions analyzed.

# Quantification of GSH, MDA, and mitochondrial open reading frame of the 12S rRNA-c (MOTS c)

The intracellular GSH, MDA, and MOTS-c levels were assessed using a GSH/GSH+glutathione disulfide (GSSG) assay kit (ab239709, Abcam, Cambridge, UK), MDA assay kit (ab118970, Abcam), and MOTS-c ELISA kit (CEX132Ra, Cloud-Clone/USCNK, Oxfordshire, UK), respectively, according to the manufacturers' protocols. A standard curve for GSH, MDA, and MOTS-c concentration was generated and used for calculating their concentration in the samples. The concentration of GSH, GSH+GSSG, MDA, and MOTS-c in each group was normalized to the total tissue protein concentration as determined by the Bradford protein assay (Thermo Fisher Scientific).

### 259 Data processing, statistical analysis, and graphical representations

No statistical methods were used to predetermine the sample size. Data are presented as the means ± SEM, and the sample size (n) is listed in the figure legends and indicates the number of animals in each experiment. Statistical analyses were performed using SPSS version 24.0 for Windows (SPSS Inc., Chicago, IL). The normal distribution of the data was tested with the Shapiro– Wilk test. Differences between groups were analyzed by one-way ANOVA followed by Tukey's posthoc test for normally distributed data or the Kruskal–Wallis test for skewed data (**Supplemental Table 1**). All p-values less than 0.05 were considered statistically significant.

### 267 Results

Because we were most interested in how HAIR induces changes in ferroptosis as opposed to apoptosis and necroptosis in gravid uterine and placental tissues, we mainly describe the observations in DHT+INS-exposed pregnant rats vs. control pregnant rats.

# 271 Differential regulation of Gpx4 and GSH protein expression in the gravid uterus and placenta

### 272 exposed to DHT and INS

273 Gpx4 is present in the cytoplasm, mitochondria and nucleus in mammalian cells (44) and in our 274 Western blot analysis, the ~20-kDa band represents the cytosolic and mitochondrial Gpx4 protein, 275 whereas the ~34-kDa band represents the nuclear Gpx4 protein (Supplemental Fig. 1). We initially 276 performed Western blot and immunohistochemical analyses to characterize the tissue and 277 intracellular localization of Gpx4 protein in rat and human uterine and placental tissues. The Western 278 blot analysis revealed a predominant band corresponding to cytosolic and mitochondrial Gpx4 (under 279 denaturing and reducing conditions) in the diestrus uterus of rats and in the non-pregnant secretory 280 phase and early pregnant decidualized endometria of humans (Supplemental Fig. 3A). Our further 281 immunohistochemical studies showed that while positive immunostaining for cytosolic Gpx4 was 282 mainly observed in luminal and glandular epithelial cells, Gpx4 immunostaining was additionally 283 localized to the nucleus of non-decidualized and decidualized stromal cells and myometrial smooth 284 muscle cells in rats and humans (Supplemental Fig. 3B-D). This is consistent with variations in the 285 cellular compartmentalization of Gpx4 in the cytosol and nucleus between different cell types (44). In 286 control pregnant rats, immunohistochemical analysis showed that Gpx4 was localized to both the 287 cytosol and nucleus of different cell types in the gravid uterine decidua, myometrium and placenta 288 (Fig. 1C1-C4 and Supplemental Fig. 2B). Although the significance of mitochondrial and nuclear 289 Gpx4 remains to be determined (45), cytosolic Gpx4 has been identified as a central regulator of 290 ferroptosis (11). We thus evaluated Gpx4 expression and localization in the gravid uterus and 291 placenta exposed to DHT and INS. The Western blot analysis revealed a significant decrease in 292 uterine Gpx4 protein abundance in DHT+INS-exposed pregnant rats (Fig. 1A). Consistent with this, 293 we found weaker immunoreactivity of Gpx4 in the cytosolic compartments of decidualized stromal cells and smooth muscle cells in the gravid uterus of DHT+INS-exposed pregnant rats (Fig. 1D1-D2). 294 295 Although there was no significant reduction in uterine Gpx4 protein abundance by Western blot 296 analysis in the pregnant rats treated alone with DHT or INS (Fig. 1A), fewer cells of the gravid uterus 297 showed nuclear immunostaining of Gpx4 when compared to controls (Fig. 1B). Although Gpx4 298 protein abundance by Western blot analysis was not significantly reduced in the placenta of 299 DHT+INS-exposed pregnant rats (Fig. 1A), immunohistochemical analysis revealed that the level of 300 Gpx4 immunostaining was lower in trophoblast populations of the placenta in DHT+INS-exposed

pregnant rats compared to the control pregnant rats (**Fig. 1D3-D4**). In particular, Gpx4 immunostaining was no longer localized to the nuclei of spongiotrophoblasts and glycogen cells of DHT+INS-exposed pregnant rats (**Fig. 1E3-E4**). There was no alteration of placental Gpx4 protein abundance in pregnant rats treated with DHT alone or INS alone (**Fig. 1A**). However, similar to what was seen in DHT+INS-exposed pregnant rats, Gpx4 was no longer localized to the nuclei of spongiotrophoblasts and glycogen cells in pregnant rats treated with DHT alone (**Fig. 1E3**) but not INS alone (**Fig. 1F3**).

308 Because Gpx4 uses GSH as a substrate in its peroxidase reaction cycle (46) and because GSH depletion is one of the key triggers for ferroptosis (10, 11), we measured the levels of GSH and 309 310 GSH+GSSG in the gravid uterus and placenta exposed to DHT and INS. As shown in Figure 2A, coexposure to DHT and INS resulted in decreased GSH levels in the gravid uterus, but not in the 311 312 placenta, while increased GSH+GSSG levels were detected in both tissues. Similarly, alterations of 313 GSH and GSH+GSSG levels were found in the gravid uterus exposed to insulin alone. Levels of GSH 314 were lower in both the gravid uterus and placenta exposed to DHT alone compared to controls (Fig. 315 2A).

# Alterations of ferroptosis-related gene expression, MDA levels, intracellular iron deposition, and the MAPK signaling pathway

318 Next, we examined whether maternal exposure to DHT and/or INS alters the expression of pro-319 ferroptosis (Slc1a5, Acsl4, Gls2, Cs, Gss, Tfrc and Ireb2) or anti-ferroptosis (Slc7a11, and Gclc) 320 genes in the gravid uterus and placenta. In pregnant DHT+INS-exposed rats, uterine Acsl4, Slc7a11 321 and Gclc mRNAs were decreased, while Tfrx mRNA was increased (Fig. 2B). In comparison with the 322 control uterus, maternal exposure to DHT alone decreased Cs, Gss, Ireb2, SIc7a11 and Gclc mRNA 323 expression, whereas exposure to INS alone increased Gls2 and Tfrc mRNAs and decreased Slc7a11 mRNA expression (Fig. 2B). qPCR analysis also showed that Gls2 mRNA expression was increased 324 325 and SIc7a11 mRNA expression was decreased in the placenta after co-exposure to DHT and INS. In 326 comparison with the control placenta, exposure to DHT alone decreased Cs, Gss and Slc7a11 mRNA 327 expression, whereas exposure to INS alone decreased Gss and Gclc mRNAs in parallel to increased 328 Tfrc and Slc7a11 mRNA expression (Fig. 2B).

329 Given that one of the key consequences of ferroptosis is elevated lipid peroxidation (6, 7), we next 330 examined the impact of DHT and INS on the levels of MDA, a marker of lipid peroxidation (47), in the 331 gravid uterus and placenta. As shown in **Figure 2C**, co-exposure to DHT and INS resulted in 332 increased MDA levels in both the gravid uterus and placenta. However, there were no significant 333 changes in MDA levels between the DHT-exposed rats or the INS-exposed rats and control rats.

334 Whether chronic exposure to DHT and INS can modulate tissue iron deposition was also examined. Perls' histochemical reaction showed specific cytoplasmic and granular iron storage in rat 335 336 uterine epithelial and decidualized stromal cells on GD 6, which is prior to the induction of HAIR 337 (Supplemental Fig. 4A1-A2). These data are consistent with a previous report showing the cellular 338 expression of ferritin heavy chain, a component of the multi-subunit iron-binding protein ferritin, in the 339 uterus during early pregnancy (48). In the gravid uterus, iron accumulation was increased in the 340 external muscle layer, the mesometrial triangle, as well as in the decidua of DHT+INS-exposed 341 pregnant rats (Fig. 3B1-B3 and Supplemental Fig. 4B3-B4) compared to control pregnant rats (Fig. 342 3A1-A3 and Supplemental Fig. 4B1-B2). Similarly, a significant increase in iron storage in the 343 mesometrial triangle was also observed in DHT-exposed pregnant rats (Fig. 3C1-C2). Further, granular and cytoplasmic iron-positive staining was barely detectable in the mesometrial decidua in 344 345 the DHT-exposed rats and in the INS-exposed rats (Fig. C2 and D3). No iron-positive staining was 346 found in the placental junctional zone in any of the experimental groups (Fig. 3A4, B4, C4, and D4), 347 while intense iron-positive staining was consistently detected in immature erythrocytes within the 348 placental labyrinth zone in all experimental groups (Fig. 3A5, B5, C5 and D5). These results indicate 349 that the amount of deposited iron was elevated, especially in the gravid uterus, following exposure to 350 DHT and/or INS.

Taking into consideration that the MAPK signaling pathway, including ERK, p38, and c-JUN NH<sub>2</sub>-351 352 terminal kinase (JNK) is involved in the execution of ferroptosis in other cells (10, 49), we evaluated 353 whether co-exposure to DHT and INS may be linked to activation of the MAPK signaling pathway in the gravid uterus and placenta. As shown in Figure 4A, in the gravid uterus DHT+INS exposure 354 355 resulted in an increased abundance of phosphorylated ERK1/2 (p-ERK1/2) and decreased total 356 ERK1/2, which subsequently resulted in an increased p-ERK1/2:ERK1/2 ratio. Moreover, both p-JNK 357 and total JNK protein abundance were increased, whereas the p-JNK:JNK ratio remained unchanged 358 in the DHT+INS-exposed gravid uterus compared to the control uterus (Fig. 4A). Additionally, a 359 similar increase in p-p38 protein abundance and the p-p38:p38 ratio was observed in both the gravid 360 uterus (Fig. 4A) and placenta (Fig. 4B) after co-exposure to DHT and INS. These results indicate that

361 both ERK1/2 and JNK signaling are only activated in the gravid uterus, whereas p38 signaling is 362 activated in both the gravid uterus and placenta after co-exposure to DHT and INS.

### 363 Changes in mitochondrial morphology are associated with changes in mitochondria-encoded 364 gene and protein expression

365 By TEM (Supplemental Fig. 5), we found that compared to controls (Fig. 5A1) the mitochondria 366 showed swelling and collapsed and poorly defined tubular cristae in the gravid rat uterus exposed to 367 DHT and/or INS (Fig. 5B1-D1). Consistent with ferroptosis-related mitochondrial morphology (7, 10, 368 12), shrunken mitochondria with numerous electron-dense cristae or with the absence of cristae were 369 only found in the DHT+INS-exposed gravid uterus (Fig. 5B1 arrows). TEM also revealed that 370 treatment with DHT or INS reduced the number of mitochondrial cristae (Fig. 5C1 and D1). Further, 371 ultrastructural analysis showed that mitochondria in the trophoblast within the junctional zone were 372 significantly affected by exposure to DHT and/or INS (Fig. 5A2-D2). For instance, mitochondria 373 showed blebbing, few or no tubular cristae, and decreased electron density in all treatment groups 374 (Fig. 5B2-D2). However, there was less mitochondrial damage observed in the trophoblast of the 375 labyrinth zone in all treatment groups compared to controls (Fig. 5A3-D3).

376 Based on these morphological observations, the expression of known mitochondria-encoded 377 genes (*Cisd1*, an anti-ferroptosis gene, and *Dpp4*, a pro-ferroptosis gene (6, 11)) and protein (MOTS-378 c, an enhancer of insulin sensitivity (50)) was analyzed by qPCR (Fig. 5E) and ELISA (Fig. 5F). In the 379 pregnant rat uterus, DHT+INS-exposure decreased Cisd1 mRNA expression, increased Dpp4 mRNA 380 expression, and decreased the MOTS-c protein level (Fig. 5E and F upper panel). In contrast, we 381 found significantly higher uterine Cisd1 and Dpp4 mRNA expression in INS-exposed pregnant rats 382 (Fig. 5E upper panel), but unchanged uterine MOTS-c protein levels in DHT-exposed pregnant rats 383 compared to controls (Fig. 5F upper panel). In the placenta, Cisd1 mRNA expression was increased 384 and Dpp4 mRNA expression was decreased in DHT+INS-exposed pregnant rats compared to 385 controls (Fig. 5E lower panel). A decrease in placental Dpp4 mRNA expression was also observed in 386 INS-exposed pregnant rats (Fig. 5E lower panel). However, there was no significant difference in 387 MOTS-c protein levels in the placenta between any of the experimental groups (Fig. 5F lower panel). 388 Aberrant regulation of necroptosis-related and anti-/pro-apoptosis-related gene and protein

389 expression

390 Different types of cell death are seen in uterine and placental tissue during healthy and 391 pathological pregnancy (51-54). To extend our observations on the effect of DHT and INS on 392 ferroptosis and mitochondrial impairment, we analyzed the expression of necroptosis (Mlkl, Ripk1, 393 and Ripk3), anti-apoptosis (Bcl2 and Bcl-xl) and pro-apoptosis (Bax, Bak, Casp3, and cleaved 394 caspase-3) mRNAs and proteins (6, 8, 10) in the gravid uterus and placenta. As shown in Figure 6A, 395 DHT+INS-exposure significantly decreased uterine Ripk1 mRNA expression, while uterine Mlkl and 396 *Ripk3* mRNAs were increased by DHT and/or INS exposure when compared to control pregnant rats 397 (Fig. 6A upper panel). Furthermore, co-exposure to DHT and INS increased Bcl2, Bcl-xl, and Bax 398 mRNA expression in the gravid uterus, with similar increases in these genes seen in DHT-exposed 399 and/or INS-exposed pregnant rats compared to controls (Fig. 6B upper panel). In DHT+INS-exposed 400 pregnant rats, Casp3 mRNA expression and cleaved caspase-3 protein abundance were decreased 401 in the gravid uterus (Fig. 6B upper panel and C). In contrast, in the placenta we found that both 402 *Ripk1* and *Ripk3* mRNAs were increased in DHT+INS-exposed pregnant rats compared to controls 403 (Fig. 6A lower panel). Furthermore, maternal co-exposure to DHT and INS increased placental Bcl2, 404 Bcl-xl, Bax, and Bak mRNA expression (Fig. 6B lower panel). There were, however, no changes in 405 Casp3 mRNA expression or cleaved caspase-3 protein abundance in the placenta (Fig. 6B lower 406 panel and C). Lastly, similar increases in placental Bcl2, Bcl-xl, Bax, Bak and Casp3 mRNAs were 407 seen in DHT-exposed and/or INS-exposed pregnant rats compared to controls (Fig. 6B lower panel).

### 408 Discussion

409 Because PCOS patients frequently suffer from miscarriage and infertility (3, 4), it is important to 410 understand the molecular mechanisms through which HAIR affects tissues such as the gravid uterus 411 and placenta. Until now, there have been no reports exploring the relationship between PCOS and 412 regulated cell death in the uterus and placenta. Our results thus fill an important clinically relevant knowledge gap by experimentally demonstrating that maternal HAIR can cause the activation of 413 414 ferroptosis in the gravid uterus and placenta, although this is mediated through different molecular 415 and cellular mechanisms. Alterations in the ferroptosis pathway in the uterus and placenta as a result 416 of maternal HAIR likely contribute to impaired fetal survival seen in experimental animal models, as 417 well as women with PCOS.

418 Mammalian Gpx4 generally functions as a major antioxidant regulator of systemic and cellular 419 responses to oxidative stress, and loss of function of Gpx4 protein and depletion of GSH levels are 420 the key mechanisms for triggering ferroptosis (7, 11). In vivo knockout studies have shown that mice 421 lacking the entire Gpx4 gene are early embryonic lethal (55), and Gpx4-deficient male mice are 422 completely infertile (56). Although the presence of Gpx4 has been shown in uteri from cows (57, 58) 423 and pigs (59), the physiological role and localization of Gpx4 have not been demonstrated in human 424 and rodent reproductive tissues, including the uterus. Here, we show that Gpx4 is widely expressed in 425 the human and rat uterus, including by decidualized stromal cells. Furthermore, Gpx4 is down-426 regulated in the gravid uterus by maternal exposure to DHT and INS. Correspondingly, the levels of 427 GSH are decreased and GSH+GSSG levels are increased in the uterus by DHT and INS co-428 exposure. Taken together, these results suggest that maternal HAIR disrupts the Gpx4-GSH 429 regulatory axis and can result in the induction of ferroptosis in the uterus during pregnancy. The 430 finding that GSH levels in the uterus were lowest in the INS-only treated rats that showed a non-431 significant reduction in Gpx4 suggests that other pathways and factors such as the antioxidants Nrf1 432 and Nrf2 (60) might be altered by the treatments and contribute to the resultant changes in GSH 433 status and should be investigated for causality in the future (also in the placenta of DHT and/or INS-434 exposed dams). Indeed, we have previously found altered abundance of antioxidants in pregnant rats 435 exposed to DHT and/or INS (18, 19). Consistent with previous work on the human placenta (61, 62), 436 the present study shows that the Gpx4 protein is highly expressed in the rat placenta during 437 pregnancy. Although analysis of whole placental homogenates showed no significant decrease in 438 Gpx4 levels, immunolocalization revealed loss of Gpx4 in specific cell types in the placenta (the 439 glycogen and spongiotrophoblast cells) in response to maternal co-exposure to DHT and INS. The 440 more minor alterations in Gpx4 abundance, combined with the high levels of GSH+GSSG and 441 absence of changes in GSH levels in the placenta, suggest that maternal HAIR induces ferroptosis to 442 a lesser extent in the placenta compared to the gravid uterus. Gpx4 is known to protect cells/tissues against lipid peroxidation by inhibiting lipid-associated hydroperoxides (11). In addition, genetically 443 444 ablating or inducing decreased Gpx4 expression leads to ferroptosis (14, 57). Taken together, our 445 data therefore suggest that HAIR-induced ferroptosis is mediated by both dysregulation of Gpx4 expression and aberrant increases in lipid peroxidation. The induction of uterine and placental 446 447 ferroptosis by maternal exposure to DHT and INS may be a novel mechanism contributing to the 448 malfunction of those tissues and hence impaired fetal development during pregnancy. However, how 449 maternal HAIR-mediated uterine and placental ferroptosis compromises the growth and development

of the fetus is not clear at this time and should be the subject of future investigations. Moreover, future
work should be employed to assess whether the activation of ferroptosis, lipid peroxidation and poor
fetal outcomes by maternal HAIR may be preventable by antioxidant administration.

453 Iron can serve as an essential signaling molecule that modulates diverse physiological processes, 454 and iron homeostasis is required for the normal growth and development of the placenta and fetus 455 during pregnancy (13, 63). An extensive body of evidence indicates that while iron deficiency is linked 456 to abnormal pregnancy (13) and increased risk of fetal death (64), iron overload is associated with the 457 manifestation of PCOS (65). Previous findings by Kim and colleagues indicate that increased 458 circulating iron levels are associated with metabolic abnormalities, including HAIR, in PCOS patients 459 (66). Several studies have demonstrated that in addition to its antioxidative property, Ho1 is a critical 460 regulator for mobilization of intracellular pools of free iron (67, 68). More recently, we have demonstrated that maternal co-exposure to DHT and INS suppresses Ho1 mRNA expression in the 461 462 gravid uterus, but not in the placenta (18, 19). While the uptake of transferrin-bound iron, a major maternal iron source for placental transfer, is mainly mediated through iron import proteins such as 463 464 transferrin receptor 1 (Tfr1, Tfrc) (63), our results show that combined exposure to DHT and INS 465 increases Tfrc mRNA expression in association with increased iron deposition in the gravid uterus. 466 Further, we have provided ultrastructural evidence that shrunken mitochondria with numerous 467 electron-dense cristae, a key feature of ferroptosis-related mitochondrial morphology are present in 468 the gravid uterus. However, the placentas of the same animals exhibited increased mRNA expression 469 of Cisd1, a mitochondrial iron export factor, but no change in Tfrc mRNA or iron accumulation. 470 Ferroptosis can be induced by excessive accumulation of free iron in tissues and cells (69) and our 471 findings support the notion that, in response to exposure to DHT and INS, aberrant iron accumulation 472 and activation of ferroptosis occurs in the gravid uterus but not in the placenta. The synthesis of heme and iron-sulfur clusters is controlled by different intracellular compartments, including the cytosol and 473 474 mitochondria (69). Further investigations are needed to determine which cellular compartments 475 contribute to the defective utilization of iron and increased ferroptosis observed in the gravid uterus 476 under conditions of HAIR.

Given that aberrant accumulation of intracellular iron induces oxidative stress (69) and subsequently results in multiple modes of cell death (70), it is not surprising that, in addition to ferroptosis, apoptosis (a non-inflammatory form of cell death) and necroptosis (a pro-inflammatory 480 form of cell death) may also be involved in HAIR-induced fetal loss in pregnant rats. Indeed, pregnant 481 rats co-exposed to DHT and INS exhibited decreased Casp3 mRNA expression and cleaved 482 caspase-3 protein abundance in the uterus, but not in the placenta, even though selectively increased 483 expression of anti-apoptotic genes (Bcl2 and Bcl-xl) and pro-apoptotic genes (Bax) was observed in 484 both tissues. We suspect that suppression of apoptosis might serve as a compensatory mechanism to 485 protect against increased ferroptosis in order to maintain homeostasis of the gravid uterus after 486 exposure to DHT and INS. This is supported by studies assessing the interaction and interplay of 487 different cell death pathways in cancer research (71). Ferroptosis and necroptosis are two different 488 forms of regulated necrosis (8, 10). Necroptosis requires mitochondrial ROS generation and is 489 primarily regulated by the Ripk1, Ripk3, and Mlkl proteins (9, 46). We found that in DHT+INS-exposed 490 pregnant rats the level of ROS (19) and expression of Ripk1 and Ripk3 mRNAs was increased in the 491 placenta, but not in the gravid uterus ((18) and this study). Therefore, it is tempting to speculate that 492 the activation of necroptosis in response to PCOS-related HAIR might serve to counteract the 493 ferroptosis pathway in the placenta. Additionally, both ferroptosis and necroptosis might intersect and 494 crosstalk with HAIR-induced oxidative damage and subsequently result in increased fetal loss. It 495 remains to be determined whether HAIR-induced pregnancy loss is due to increased iron-mediated 496 uterine ferroptosis or to necroptosis-related defects in the placenta, or both.

497 In this study, we found that some pro-ferroptosis genes such as Acs/4, Tfrc and Dpp4 were 498 oppositely regulated in the uterus by co-exposure to DHT and INS. However, several anti-ferroptosis 499 genes, including SIc7a11, Gc/s, and Cisd1 were downregulated in the gravid uterus after co-exposure 500 to DHT and INS. These results suggest that the suppression of anti-ferroptosis gene transcription 501 might play a dominant role in promoting ferroptosis in this tissue under conditions of HAIR. Compared 502 to the gravid uterus, the placenta showed a distinct profile of ferroptosis-related gene changes in 503 response to the combined DHT and INS exposure. Furthermore, we often observed contrasting 504 expression patterns of pro- and anti-ferroptosis genes in the gravid uterus and placenta with exposure 505 to DHT or INS alone compared to the combined exposure. We do not know the exact reason for these 506 inconsistencies; however, we do know that the expression of ferroptosis-related genes and proteins 507 are only assessed at one gestational age in pregnant rats when they display HAIR (18, 19). In 508 addition, perhaps components of HAIR may act synergistically or through separate pathways to bring 509 about divergent effects on gene expression and signaling pathways to regulate the ferroptosis 510 process. Overall, our findings demonstrate the complexity and challenges in establishing direct roles 511 and patterns linking individual pro-/anti-ferroptosis genes to the ferroptosis pathway in the gravid 512 uterus and placenta in response to DHT and/or INS in vivo. Future work should therefore investigate 513 the tissue-specific and time-dependent changes in ferroptosis-related gene expression in the gravid 514 uterus and placenta during the hormonal manipulation. In comparison to the single treatment groups 515 (DHT or INS), specific changes within the maternal uterus and placenta appeared to be driven by 516 hyperandrogenism, insulin resistance, or both (co-treatment with DHT and INS) and reflected the 517 complexity in working with tissues from animals in which many physiological parameters may be altered. Indeed, experiments utilizing gene and pathway inhibitors in uterine decidual cells and 518 519 placental trophoblasts would be beneficial in future studies that aim to explore the causality of 520 changes observed regarding ferroptosis and iron metabolism. Work is also required to assess 521 whether elevated ferroptosis in the uterus contributes to the placental dysfunction in the rat dams with 522 HAIR due to DHT and INS, which would be aided by a time-course analysis.

Recently, Zhang and colleagues reported that oxidative stress-induced ferroptosis contributes to the pathogenesis of preeclampsia (72). Because decreased Gpx4, GSH, and SLC7A11 protein levels and increased MDA content are seen in the preeclamptic placenta in humans and rats (72), our findings together with this report support the notion that defective ferroptosis is involved in the pathophysiological processes of female reproductive disorders.

528 In summary, our findings suggest maternal exposure to DHT and INS alters the ferroptosis pathway 529 in the gravid uterus and placenta; however, this occurs via different regulatory mechanisms and 530 signaling pathways. For instance, in contrast to the placenta, increased ferroptosis in the gravid 531 uterus in response to DHT and INS was related to decreased Gpx4 and GSH abundance, altered 532 expression of ferroptosis-associated genes (Acsl4, Tfrc, Slc7a11, and Gclc), increased MDA and iron deposition, upregulation of the ERK/p38/JNK pathway and mitochondrial Dpp4 expression, and the 533 534 appearance of typical ferroptosis-related mitochondrial morphology. In addition, DHT and INS were 535 associated with reduced activation of apoptosis in the uterus and increased necroptosis in the 536 placenta. The concomitant presence of different forms of regulated cell death would be expected to 537 disrupt uterine and placental function and play a role in the fetal loss observed in DHT+INS-exposed 538 pregnant rats. Both the maternal uterine decidua and placenta play essential roles in embryo 539 implantation and successful pregnancy (73, 74). Therefore, while the present study improves our

- 540 understanding of the impact of HAIR on regulated cell death in specific tissues during pregnancy,
- 541 more preclinical and clinical studies are needed to further investigate the molecular and functional
- 542 connectivity between the maternal decidua and the placenta and between the placenta and fetus
- 543 under conditions of PCOS.

### 544 Abbreviations

PCOS, polycystic ovary syndrome; HAIR, hyperandrogenism and insulin resistance; DHT, 5αdihydrotestosterone; INS, human recombinant insulin; Gpx4, glutathione peroxidase 4; GSH,
glutathione (reduced state); GSSG, glutathione disulfide (oxidized state); JNK, c-JUN NH2-terminal
kinase; MAPK, mitogen-activated protein kinase; MDA, malondialdehyde; GD, gestational day; TEM,
transmission electron microscopy.

### 550 Author contributions

551 Study design and supervision: LRS. Study conduct: YZ, MH, WJ, GL, JZ, BW, PC, XL, YH, LS, 552 XW, and LRS. Data collection: YZ, MH, WJ, GL, JZ, BW, JL, XL, and LRS. Data analysis: YZ, MH, JL, 553 and LRS. Data interpretation: SL, ANS, LS, MB, LRS, and HB. Drafting the manuscript: YZ, MH, and 554 LRS. Revising the manuscript: SL, ANS, MB, LRS, and HB. YZ, MH, LRS, and HB take responsibility 555 for the integrity of the data analysis. All authors have read and approved the final version of the 556 manuscript.

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### 570 Conflicts of Interest

571 The authors indicate no potential conflicts of interest

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### 780 Figure legend

781 Figure 1. Regulation and localization of Gpx4 protein in pregnant rats exposed to DHT and/or 782 insulin at GD 14.5. Western blot analysis of Gpx4 protein expression in the uterus and placenta (A, n 783 = 9/group). In all plots, values are expressed as means  $\pm$  SEM. Significant differences (p < 0.05) 784 within each group are denoted by different letters, and the same letter between groups indicates lack 785 of statistical significance. N.S., not significant. Tissue sections were stained with hematoxylin and eosin (H&E, B1-4). Histological analysis by Gpx4 immunostaining in the gravid uterus (Mt and Md) 786 787 and placenta (Jz and Lz) (C1-F4). Images are representative of 8-10 tissue replicates per group. Mt, mesometrial triangle; Md, mesometrial decidua; Jz, junctional zone (maternal side); Gc, glycogen 788 789 cells; Sp, spongiotrophoblast cells; Lz, labyrinth zone (fetal side); Mv, maternal blood vessel; Fv, fetal 790 blood vessel. Scale bars (100 μm) are indicated in the photomicrographs. DHT, 5α-791 dihydrotestosterone; INS, insulin.

Figure 2. Alteration of GSH, GSH+GSSG, ferroptosis-related gene expression, and MDA in pregnant rats exposed to DHT and/or insulin at GD 14.5. ELISA analysis of GSH, GSH+GSSG, and MDA in the uterus and placenta (A, n = 8/group). qPCR analysis of uterine and placental genes involved in modulating ferroptosis (B, n = 7–8/group). In all plots, values are expressed as means ± SEM. Significant differences (p < 0.05) within each group are denoted by different letters, and the same letter between groups indicates lack of statistical significance. DHT, 5α-dihydrotestosterone; INS, insulin.

Figure 3. Iron deposition in the uterus and placenta of pregnant rats exposed to DHT and/or
insulin at GD 14.5. Gravid uterine and placental tissues from pregnant rats treated with vehicle (A15), DHT+INS (B1-5), DHT (C1-5), or INS (D1-5) are shown. The sections were stained by DABenhanced Perls' staining for iron accumulation. Yellow arrowheads indicate iron-positive staining.
Images are representative of eight tissue replicates per group. Mt, mesometrial triangle; Md,
mesometrial decidua; Jz, junctional zone (maternal side); Lz, labyrinth zone (fetal side). Scale bars
(100 µm) are indicated in the photomicrographs. DHT, 5α-dihydrotestosterone; INS, insulin.

Figure 4. Changes in the expression of proteins involved in the ferroptosis-related MAPK signaling pathway in pregnant rats exposed to DHT and/or insulin at GD 14.5. Western blot analysis of ERK, p38, and JNK protein expression and their phosphorylated forms in the uterus and placenta (n = 9/group). In all plots, values are expressed as means  $\pm$  SEM. Significant differences (p

< 0.05) within each group are denoted by different letters, and the same letter between groups indicates lack of statistical significance. N.S., not significant. DHT, 5 $\alpha$ -dihydrotestosterone; INS, insulin.

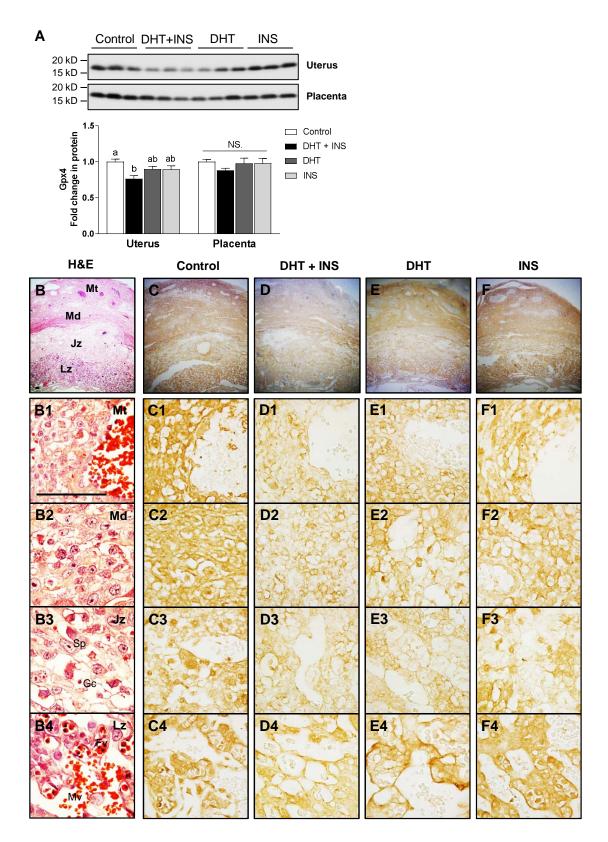
813 Figure 5. Electron microscopy and mitochondria-mediated ferroptosis-related gene and 814 protein expression in pregnant rats exposed to DHT and/or insulin at GD 14.5. Mitochondrial 815 ultrastructural defects in the uterus (A1, B1, C1, and D1, mesometrial decidua) and placenta 816 (junctional (A2, B2, C2, and D2) and labyrinth zones (A3, B3, C3, and D3)). Images are 817 representative of two tissue replicates. Md, mesometrial decidua; Jz, junctional zone (maternal side); Lz, labyrinth zone (fetal side). Red asterisks indicate mitochondria, and white arrows indicate 818 819 shrunken mitochondria with electron-dense cristae. Scale bars (500 nm) are indicated in the 820 photomicrographs. gPCR analysis of mitochondrial genes involved in modulating ferroptosis (E, n = 821 8/group). ELISA analysis of MOTS-c content (F, n = 8/group). In all plots, values are expressed as 822 means  $\pm$  SEM. Significant differences (p < 0.05) within each group are denoted by different letters, and the same letter between groups indicates lack of statistical significance. N.S., not significant. 823 824 DHT, 5a-dihydrotestosterone; INS, insulin.

825 Figure 6. The regulatory pattern of necroptosis-related and pro-/anti-apoptosis-related gene 826 and protein expression in pregnant rats exposed to DHT and/or insulin at GD 14.5. qPCR 827 analysis of Mlkl, Ripk1, Ripk3, Bcl2, Bcl-xl, Bax, Bak, and Casp3 mRNA in the uterus and placenta (A 828 and B, n = 8/group). Western blot analysis of cleaved caspase-3 protein expression in the uterus and 829 placenta (C, n = 9/group). In all plots, values are expressed as means  $\pm$  SEM. Significant differences 830 (p < 0.05) within each group are denoted by different letters, and the same letter between groups 831 indicates lack of statistical significance. N.S., not significant. DHT,  $5\alpha$ -dihydrotestosterone; INS, 832 insulin.

Gene	Primer Se	equence (5'-3')	Reference Sequence	Product Size (bp)
Slc1a5	Forward Reverse	TCGGGACCTCTTCTAGCTCT TGAACCGGCTGATGTGTTTG	NM_175758.3	90
Acsl4	Forward Reverse	CTCCTGCTTTACCTACGGCT ACAATCACCCTTGCTTCCCT	NM_053623.1	97
Gls2	Forward Reverse	GGCCAAGTCAAACCCAGATC TAGTCGGTGCCTAAGGTGC	NM_001270786.1	153
Cs	Forward Reverse	AGTGCCAGAAACTGCTACCT GTGAGAGCCAAGAGACCTGT	NM_130755.1	117
Gclc	Forward Reverse	AAGCCATAAACAAGCACCCC CGGAGATGGTGTGTTCTTGTC	NM_012815.2	116
Gss	Forward Reverse	ATGCCGTGGTGCTACTGATT TCTTCGGCGGGATTACATGGA	NM_012962.1	107
Tfrc	Forward Reverse	AGGCTCCTGAGGGTTATGTG AGATGAGGACACCAATTGCA	NM_022712.1	204
Ireb2	Forward Reverse	TGTTTGAAGAAGCCGACCTG ACTCCCCACCCAAGAATTCC	NM_022863.2	97
Slc7a11	Forward Reverse	GTGCCCGGATCCAGATTTTC TGATGGCCATAGAGATGCAGA	NM_001107673.2	270
Cisd1	Forward Reverse	GCTAAAGAGAGTCGCACCAAAG CGGCAATACACGGCCTTATC	NM_001106385.2	113
Dpp4	Forward Reverse	GGCTGGTGCGGAAGATTTA GACCTGTTCGGGTTTCCTATC	NM_012789.1	135
Bcl2	Forward Reverse	TTGCAGAGATGTCCAGTCAG GAACTCAAAGAAGGCCACAATC	NM_016993.1	125
Bcl-xl	Forward Reverse	GGTGGTTGACTTTCTCTCCTAC TCTCCCTTTCTGGTTCAGTTTC	NM_031535.2	116
Bax	Forward Reverse Forward	GATGGCCTCCTTTCCTACTTC CTTCTTCCAGATGGTGAGTGAG GATCGCCTCCAGCCTATTTAAG	NM_017059.2	96
Bak	Forward Reverse Forward	CAGGAAGCCAGTCAAACCA GACTGGAAAGCCGAAACTCT	NM_053812.1	115
Casp3	Reverse Forward	TGCCATATCATCGTCAGTTCC GGAACTGCTGGATAGAGACAAG	NM_012922.2	97
Mlkl	Reverse Forward	CTGATGTTTCCGTGGAGTGT CAGGTACAGGAGTTTGGTATGG	XM_008772570.2	117
Ripk1	Reverse	TGTATGGCATGGTGGGTATG	NM_001107350.1	108
Ripk3	Forward Reverse	ACTGAGAGGAGAGGAAAGGAAG CTGGAGGGTAGAGTATGTGGAA	NM_139342.1	107
Gapdh	Forward Reverse	TCTCTGCTCCTCCCTGTTCTA GGTAACCAGGCGTCCGATAC	NM_017008.4	121

Table 1. Primer sequences used for qPCR measurement.

*Slc1a5*, solute carrier family 1 member 5; *Acsl4*, acyl-CoA synthetase long-chain family member 4; *Gls2*, glutaminase 2; *Cs*, citrate synthase; *Gclc*, glutamate-cysteine ligase catalytic subunit; *Gss*, glutathione synthetase; *Tfrc*, transferrin receptor; *Ireb2*, iron responsive element binding protein 2; *Slc7a11*, solute carrier family 7 member 11; *Cisd1*, CDGSH iron sulfur domain 1; *Dpp4*, dipeptidylpeptidase 4; *Bcl2*, b-cell lymphoma 2; *Bcl-xl*, b-cell lymphoma-extra large; *Bax*, bcl-2-like protein 4; *Bak*, bcl-2 homologous antagonist killer; *Casp3*, caspase 3; *Mlkl*, mixed lineage kinase domain like pseudokinase; *Ripk1*, receptor interacting serine/threonine kinase 1; *Gapdh*, glyceraldehyde-3-phosphate dehydrogenase.



Α 🗀 Control 1.5 2.5-DHT+INS CSR + GSSG content 650 + GSSG content 1.0 1.0 b T b a 0.5 GSH content 🔲 DHT а b INS ab ab b ab bc b а а С 0.0 0.0 Uterus Placenta Uterus Placenta В Pro-ferroptosis Anti-ferroptosis 3<sub>7</sub> 2-Fold change in mRNA b T b Uterus 2 ad L ac a ab⊤ 1 а b а ab T ab а а а 1 a 0 0 SIc1a5 Acsl4 Gls2 Cs Gss Tfrc lreb2 SIc7a11 Gclc 3-3-Fold change in mRNA C T Placenta 2 bc C a T 2 а а NS. at ab ab 工 а а а ab 1 bc 1 b а b h bbc 0 0 Gss SIc1a5 Acsl4 Gls2 Cs Tfrc lreb2 Sic7a11 Gclc С 40 MDA level (nmol/mg) 30ab b ab 20а а 10-0-

Uterus Placenta

