Latitudinal variation in cold tolerance and the role of *vrille* and *vitellogenin*

in enhancing cold adaptation in highly cold-tolerant insect species

Running title: Cold adaptation in *Drosophila*

Authors:

Noora Poikela[1], Venera Tyukmaeva[1,2], Anneli Hoikkala[1] and Maaria Kankare[1]

[1]Department of Biological and Environmental Science, University of Jyväskylä, Finland

[2] Centre d'Ecologie Fonctionelle et Evolutive, CNRS, Montpellier, France

Corresponding author:

Noora Poikela, Department of Biological and Environmental Science, P.O. Box 35, FI-40014

University of Jyväskylä, Finland

E-mail: noora.p.poikela@jyu.fi

Phone: +358 40 5383527

ABSTRACT

Identifying elements that enhance insect adaptation into changing environmental conditions is challenging, especially for traits affected by multiple factors. We studied latitudinal variation in the basal cold tolerance and body colour of two highly cold-tolerant *Drosophila virilis* group species, *D. montana* and *D. flavomontana*, in climatically diverse locations in North America. *D. montana*, which is generally found on higher latitudes and altitudes than *D. flavomontana*, was darker and more cold-tolerant than *D. flavomontana*. In *D. montana*, only fly cold tolerance showed latitudinal variation, while in *D. flavomontana* both traits varied according to latitude and local climatic conditions, but showed no correlation with each other. We also examined the role of a circadian clock gene *vrille* and an insulin-signalling pathway gene *vitellogenin* in the basal cold tolerance and cold acclimation ability of *D. montana* females using RNA interference. Silencing of *vrille* induced expression changes in the *period*, but not *clock* gene, and decreased flies' basal cold tolerance and cold acclimation ability*,* while silencing of *vitellogenin* affected only cold acclimation. Our study demonstrates that the dependence of insect cold tolerance on latitudinally varying factors and local climatic conditions may vary even between closely-related species. Furthermore, we propose that a functional circadian clock system plays an essential role both in insect basal cold tolerance and cold acclimation ability, and that *vitellogenin* affects cold acclimation likely through its interactions with other genes in the insulin-signalling pathway.

Keywords: cold tolerance, climate, body colour, RNAi, *Drosophila montana*, *Drosophila flavomontana*

1 | INTRODUCTION

Species' geographical distribution is largely defined by their ability to tolerate stressful

conditions and to respond to rapid environmental changes (e.g. Addo-Bediako, Chown, &

Gaston, 2000; Andersen et al., 2015; Kellermann et al., 2012; Kimura, 2004; Overgaard,

Kristensen, Mitchell, & Hoffmann, 2011; Sunday, Bates, & Dulvy, 2011). Especially, in

temperate, polar and montane regions, ectothermic species and plants have developed a variety

of physiological and behavioural strategies, which increase their basal cold tolerance and/or

their cold acclimation ability (Angilletta, 2009; Doucet, Walker, & Qin, 2009). To predict how

species are able to survive in changing environmental conditions, it is essential to explore how

different geographic and climatic factors shape their distributions (Helmuth, Kingsolver, &

Carrington, 2005; Kellermann et al., 2012; Pörtner & Farrell, 2008; Somero, 2010) and what

mechanisms underlay their ability to respond to daily and seasonal temperature changes. This

is especially crucial in the current phase of global warming.

Latitudinal variation in cold tolerance has been observed in a variety of species, including some

Drosophila species (Hallas, Schiffer, & Hoffmann, 2002; Hoffmann, Anderson, & Hallas,

2002; Overgaard, Hoffmann, & Kristensen, 2011), *Porcellio laevis* woodlice (Castañeda,

Lardies, & Bozinovic, 2005), *Myrmica* ants (Maysov, 2014) and *Arabidopsis thaliana* flowers

(Zhen & Ungerer, 2008; Zuther, Schulz, Childs, & Hincha, 2012). On the other hand, studies

on some other *Drosophila* species (Arthur, Weeks, & Sgrò, 2008; David, Gibert, Moreteau,

Gilchrist, & Huey, 2003) and e.g. *Embryonopsis halticella* moth (Klok & Chown, 2005) have

given less clear results. Lack of latitudinal variation in traits such as cold tolerance may be due

to low genetic variation, relatively weak selection and/or gene flow from conspecific

populations, all of which prevent populations from adapting to local environmental conditions

(Angilletta, 2009). However, latitudinal variation in cold tolerance may also remain undetected

due to a small number of study populations or the robustness of research methods, or its

existence may be covered by local selection pressures varying e.g. according to altitude and

closeness to sea. Insect cold tolerance may also be affected by their body colour, as dark cuticle

pigmentation has been suggested to increase solar radiation and enable insects to warm up in

colder environments (Clusella-Trullas, van Wyk, & Spotila, 2007; Harris, McQuillan, &

Hughes, 2013; Rajpurohit, Parkash, & Ramniwas, 2008). Body colour has been shown to vary

latitudinally e.g. in *Drosophila melanogaster* (Parkash & Munjal, 1999), and to get darker

towards the cold season through increased melanisation in *Drosophila suzukii* (Shearer et al.,

2016; Stephens, Asplen, Hutchison, & Venette, 2015).

Adaptation to seasonally varying environmental conditions can be enhanced by plastic

responses. Accordingly, the cold tolerance of many species is increased prior or during the cold

season as a response to environmental cues, such as a decreasing temperature and a shortening

day length (Denlinger, 1991; Vesala, Salminen, Kankare, & Hoikkala, 2012; Zuther et al.,

2012). Cold acclimation can vary from minutes to weeks, although the effects of long-term

acclimation are usually more pronounced (Hoffmann, Sørensen, & Loeschcke, 2003;

Ransberry, Macmillan, & Sinclair, 2011; Teets & Denlinger, 2013). The extent of species cold

acclimation response has been found to correlate strongly with their geographic distribution and

climate variability at their home site (Isobe, Takahashi, & Tamura, 2013; Zuther et al., 2012).

Moreover, several studies have reported trade-offs between species basal cold tolerance and

their cold acclimation ability (Gerken, Eller, Hahn, & Morgan, 2015; Noh, Everman, Berger,

& Morgan, 2017; Nyamukondiwa, Terblanche, Marshall, & Sinclair, 2011).

Drosophila flies can sense temperature changes through thermosensory organs in their aristae

and legs, and transfer these signals into dorsal clock neurons located in head (Barber & Sehgal,

2018; Yadlapalli et al., 2018). Signals indicating temperature decrease can induce changes e.g.

in ion transport, membrane restructuring, calcium signalling and the synthesis of

cryoprotectants and antifreeze proteins, which can evoke cold acclimation (Teets & Denlinger,

2013) and help the flies to maintain cell homeostasis and functionality at low temperatures

(MacMillan et al., 2016). However, the abrupt disruptions in transmembrane ion gradients and

ion distribution can also lead to water loss and accumulation of chill injuries, which can

eventually lead to death (Findsen, Pedersen, Petersen, Nielsen, & Overgaard, 2014; MacMillan,

Andersen, Davies, & Overgaard, 2015).

Several studies have suggested species cold tolerance and cold acclimation ability to be

associated with genes involved in the circadian clock system (Fowler & Thomashow, 2002;

Magnone, Jacobmeier, Bertolucci, Foa, & Albrecht, 2005; Vesala, Salminen, Laiho, Hoikkala,

& Kankare, 2012) and/or metabolic pathways, such as the insulin-signalling pathway (Baker &

Russell, 2009; Kankare, Parker, Merisalo, Salminen, & Hoikkala, 2016; Parker et al., 2018;

Ramirez et al., 2017). The role of the circadian clock system in insect cold adaptation, especially

in cold acclimation, is logical, as this clock monitors light and temperature cycles and entrains

behavioural and physiological rhythms to match with them (Barber & Sehgal, 2018). In the

central circadian clock, described most thoroughly in *D. melanogaster*, daily rhythms are driven

via one or several transcriptional feedback loops involving changes in the expression of core

circadian clock genes (studies reviewed e.g. Gunawardhana & Hardin, 2017; Hardin, 2011;

Williams & Sehgal, 2001). Briefly, the first core timekeeping loop includes *clock* (*clk*) – *cycle*

(*cyc*) and *period* (*per*) – *timeless* (*tim*) complexes that activate and repress each other. *clock* and

cycle further activate an interlocked feedback loop that includes *vrille* (*vri*) and *Par domein*

protein 1 (*Pdp1*), which repress and activate *clock* transcription, respectively. *vrille* also

regulates neuropeptide Pigment-dispersing factor (PDF) expression in clock neurons, which

makes it a key regulator of circadian behavioural rhythms (Gunawardhana & Hardin, 2017).

Interestingly, *vrille* expression has been found to increase during cold acclimation e.g. in

Drosophila montana (Parker et al., 2015; Vesala, Salminen, Laiho, et al., 2012). The insulin-

signalling pathway, on the other hand, is known to have widespread effects e.g. on insect

development, immune function and stress resistance (reviewed in Flatt, Tu, & Tatar, 2005).

This pathway involves a major endocrine regulator, juvenile hormone (JH), for which effects

are mediated, among other genes, by *vitellogenin* genes that code for a phospholipoglycoprotein

vitellogenin (Amdam & Omholt, 2003; Elgendy, Tufail, Mohamed, & Takeda, 2019; Flatt et

al., 2005; Guidugli et al., 2005; Sheng, Xu, Bai, Zhu, & Palli, 2011; Tufail & Takeda, 2008).

In some species, *vitellogenin* has been found to play an important role in cold adaptation,

possibly acting as an antifreeze protein (Crosthwaite, Sobek, Lyons, Bernards, & Sinclair, 2011;

Qin et al., 2019).

Kellermann et al. (2012) have shown that *Drosophila virilis* group species possess very high

cold tolerance compared to most other species of the genus. These species differ from more

southern species, including *D. melanogaster*, also in their photoperiodic time-measuring system

and in the expression of several daily and seasonal rhythms (Bertolini et al., 2019; Kauranen et

al., 2012; Menegazzi et al., 2017). Thus, they offer a good opportunity to complement studies

performed on less cold-tolerant southern species and to add new insights on the effects of

latitude and local climatic conditions on insect cold tolerance. Both of our study species,

Drosophila montana and *Drosophila flavomontana*, have populations on the western coast and

the Rocky Mountains of North America across different latitudes (Fig. 1). *D. montana* lives

generally at higher latitudes and altitudes than *D. flavomontana*, but in some sites they occur

sympatrically and may hybridize to some degree (Patterson, 1952; Poikela et al., 2019;

Throckmorton, 1982). Body colour of *D. montana* is almost black, while that of *D.*

flavomontana varies from light to dark brown (Patterson, 1952).

In this study, we traced factors affecting the cold tolerance of *D. montana* and *D. flavomontana*

flies originating from diverse climatic conditions and habitats across different latitudes in North

America, and disentangled the role of circadian clock system gene *vrille* and insulin-signalling

pathway gene *vitellogenin* in the cold adaptation of *D. montana*. First, we defined the level of

basal cold tolerance and the intensity of body colour in several *D. montana* and *D. flavomontana*

populations to find out whether their cold tolerance shows latitudinal variation and whether this

variation is associated with local climatic conditions and/or fly body colour. Secondly, we

tested whether silencing *vrille* or *vitellogenin* with RNA interference induces expression

changes in two circadian clock genes, *clock* and *period*, and whether their silencing decreases

female cold tolerance and/or cold acclimation ability in *D. montana*.

2 | MATERIALS AND METHODS

2.1 | Variation in the basal cold tolerance and body colour in *D. montana* and in *D. flavomontana* populations

2.1.1. | Study species and populations

D. montana and *D. flavomontana* belong to the *montana* phylad of the *virilis* group, and our

recent whole-genome analyses have shown their divergence time to be ~1 mya (Poikela et al.,

in preparation). *D. montana* is distributed around the northern hemisphere across North

America, Asia and Europe (Throckmorton, 1982), while the distribution of *D. flavomontana* is

restricted to North America (Patterson, 1952; Throckmorton, 1982). In the central Rocky

Mountains *D. montana* is found at altitudes from 1400 m to well over 3000 m, while *D.*

flavomontana is found mainly below 2000 m. In the western coast, where *D. flavomontana* has

probably invaded only during the last decades, both species live at much lower altitudes (see

Patterson, 1952; Poikela et al., 2019).

We performed phenotypic assays on the females from 23 *D. montana* and 20 *D. flavomontana*

isofemale strains, which were established from the progenies of fertilized females collected

from several sites in North America between 2013 and 2015 (Fig. 1). Each site was represented

by three isofemale strains per population per species, when possible (Fig. 1; Table S1), and all

the strains were maintained since their establishment (15-30 generations) in continuous light at

19 ± 1 °C to prevent females from entering reproductive diapause. For the experiments, we

sexed emerging flies under light CO_2 anaesthesia within three days after emergence. Females

were changed into fresh malt-vials once a week and used in experiments at the age of 20 ± 2

days, when they all had fully developed ovaries (Salminen & Hoikkala, 2013).

Figure 1. Table shows fly collecting sites and years, and the coordinates for each site. Map contains
information on whether we have samples from one or both species in each site in the western coast and
in the Rocky Mountains (brown area on the map) in North America (see detailed information in Table
S1). The map template obtained from https://d-maps.com/carte.php?num_car=5082&lang=en

177 2.1.2 | Cold tolerance tests

We investigated latitudinal variation in the cold tolerance of *D. montana* and *D. flavomontana*

females using two well-defined and ecologically relevant methods: chill coma temperature

(CT_{min}; also called critical thermal minimum) and chill coma recovery time (CCRT). CT_{min}

corresponds to the temperature, at which the fly loses all neurophysiological activity and

coordination and falls into a chill coma. In this test, we placed the females individually in glass

vials, which were submerged into a 30 % glycol bath. We then decreased the bath temperature

from the starting temperature of 19 °C at the rate of 0.5 °C/min and scored the CT_{min} for each

fly. The second method, CCRT, measures the time taken from a fly to recover from a

standardized exposure time at a chill-coma-inducing temperature (reviewed in MacMillan &

Sinclair, 2011). In this test, we submerged the females individually in glass vials into a 30 %

glycol bath for 16 hours at -6 °C (Vesala, Salminen, Laiho, et al., 2012). After returning the

vials into 19 ± 1 °C in fly laboratory, we measured the time required for each female to recover

from the chill coma and stand on its legs. CT_{min} tests were replicated 21 times and CCRT tests

20 times with Julabo F32-HL Refrigerated/Heating Circulator and Haake k35 DC50 Refrig

Circulating Bath Chiller, respectively. To account for possible variation between replicates,

each test included 1-2 females from each strain.

194 2.1.3 | Fly body colour

We analysed the body colour of the same flies that had been phenotyped in CT_{min} or CCRT

tests. The flies were photographed under Leica L2 microscope with 5x magnification, using

Leica DFC320 R2 camera together with the Leica Application Suite software v4.3.0. Exposure

time, zoom factors and illumination level were kept constant, and the photographing arena was

surrounded by a plastic cylinder to eliminate glares on the chitinous surface of the fly. All

photographs were taken within 3 months after the cold tolerance tests (females were kept this

period in -20 ˚C). Images were saved in 24-bit (RGB) format and the colour intensity was

measured using grayscale image analysis (ImageJ; Schneider, Rasband, & Eliceiri, 2012);

linearly scaling from 0 to 255 (0 = black, 255 = white). We took colour measurements from

part of thorax (scutum; see Fig. S1), as our preliminary tests showed that it best incorporates

the colour variation among flies (Fig. S1).

2.1.4 | Statistical analyses

We used different statistical models to investigate whether variation in fly cold tolerance or

body colour was associated with latitude and/or local climatic factors, and whether these traits

showed correlation with each other. In these models, we used either CT_{min} data (chill coma

temperatures in Celsius degrees + 10 ˚C to prevent negative values from affecting the analysis),

CCRT data (in minutes) or body colour as response variables. In *D. flavomontana*, the CT_{min}

data were normally distributed (Fig. S2), and they were analysed with linear mixed model

(LMM) using *lme* function from nlme package (Pinheiro, Bates, DebRoy, Sarkar, & Team,

2020). Other datasets showed deviation from the normality (Fig. S2) and were analysed using

generalized linear mixed model (GLMM) with Gamma distribution, using *glmmTMB* function

from glmmTMB package (Brooks et al., 2017). Technical replicates and isofemale strains were

handled as crossed random effects.

We extracted climatic information for the fly collecting sites from WorldClim database v2.0

(~340 km^2 spatial resolution; current data 1970-2000; Fick & Hijmans, 2017;

http://www.worldclim.org) using the latitudinal and longitudinal coordinates of each site (Fig.

1). After extracting 19 bioclimatic variables using raster package v. 2.8-19 (Hijmans & Etten,

2020; Table S2), we performed a principle component analysis (PCA) to summarize climatic

differences on temperature and precipitation of each site (Table S3) and to reduce the number

of variables using *prcomp* function in base R. The variables in the PCA were centered and

scaled. We included the first PC in the model comparison of cold tolerance and body colour

(see Results). Model comparison was done on three models which included i) Latitude, ii)

Latitude + PC1 and iii) Latitude × PC1, and the best-fit model for CT_{min}, CCRT and body colour

of both species was chosen for further analysis based on Akaike information criterion (AIC)

value and Akaike weight (Table S7) using *aictab* function from AICcmodavg package

(Mazerolle, 2019).

Finally, we investigated whether fly body colour was associated with CT_{min} or CCRT in either

species by comparing the cold tolerance and body colour values of individual flies to each other.

Here we used cold tolerance measures as response variables (as explained above) and body

colour (divided by 100 to scale the variables) as an explanatory variable. All the analyses were

conducted in R (v1.2.1335-1) and R studio (v3.6.1).

2.2 | RNA interference (RNAi) and its effects on fly cold tolerance

2.2.1 | Study material

We performed RNAi studies in *D. montana*, which has become a model species for studying

adaption to seasonally varying environments at phenotypic (e.g. Tyukmaeva, Lankinen,

Kinnunen, Kauranen, & Hoikkala, 2020) and genetic (Parker et al., 2018) level. We traced the

role of *vrille* and *vitellogenin* genes in cold adaptation using females from a mass-bred *D.*

montana cage population from Seward (Alaska, North America; see Fig. 1). This population

has been established from the 4th generation progenies of 20 isofemale strains and maintained

in continuous light at 19 ± 1 °C. Malt bottles with freshly laid eggs were transferred from the

population cage into a climate chamber in LD 18:6 (Light:Dark cycle) at 19 ± 1 °C to reinforce

flies' circadian rhythmicity prior to the experiments. The critical day length for the induction

of reproductive diapause (CDL; 50 % of the females enter diapause) in 19 °C is LD 17:9 in

Seward population (Tyukmaeva et al., 2020), and thus the females emerging in LD 18:6 can be

expected to develop ovaries. This is important, as the diapausing females possessing higher cold

tolerance than the reproducing ones could induce variation in the results (Vesala, Salminen,

Kankare, et al., 2012). After ~4 weeks, we collected newly emerged females ($\leq$ 1 day old) using

light CO2 anaesthesia and placed them back in malt-vials into above-mentioned conditions.

Females were changed into fresh vials once a week until they were used in the experiments at

the age of 21 days.

2.2.2 | Selecting candidate genes and defining their daily expression rhythm

Our earlier transcriptome and DNA microarray studies have identified several candidate genes

for cold acclimation in *D. montana* (Kankare et al., 2016; Parker, Ritchie, & Kankare, 2016;

Parker et al., 2015; Vesala, Salminen, Laiho, et al., 2012). In the present study we used RNAi

to get information on the importance of a circadian clock gene *vrille* (*vri*) and an insulin-

signalling pathway gene *vitellogenin* (*yolk protein 3, Yp3*) in *D. montana* females' basal cold

tolerance and cold acclimation ability. Both genes have been found to be upregulated in female

flies during cold acclimation in some of the above-mentioned studies.

To perform RNAi experiments at a right time of the day, we defined the time when the

expression of *vrille* and *vitellogenin* is highest at LD 18:6. To do this, we collected females

every four hours (i.e. at six time points / day), starting at 6 am when lights were switched on.

At each time point, we stored samples of females into -80˚C through liquid N_2, and transferred

them later on into RNAlater®-ICE frozen tissue transition solution (Thermo Fisher Scientific).

We then checked the size of female ovaries (see Salminen & Hoikkala, 2013) and used only the

females with fully developed ovaries (>95 % of the females). For each time point, RNA was extracted from three pools, each of which consisted of three females, using ZR Tissue & Insect RNA MicroPrep kit with DNAse treatment (Zymo Research®). RNA purity was analysed with NanoDrop® ND-1000 spectrophotometer (Thermo Fisher Scientific) and concentration with Qubit® 2.0 Fluorometer and RNA BR kit (Thermo Fisher Scientific). cDNA was synthesized using equal quantities of RNA (200 ng) with iScript Reverse Transcription kit (Bio-Rad Laboratories®).

We measured the expression levels of *vrille* and *vitellogenin* with quantitative real time PCR (qPCR). qPCR primers for these genes and for reference genes were designed based on *D. montana* genomic sequences under NCBI accession number LUVX00000000 (Parker et al., 2018), together with information from *D. virilis* exons using Primer3 (primer3.ut.ee) and NetPrimer (www.premierbiosoft.com/netprimer) programs (gene accession numbers and primer sequences given in Table S4). qPCR mix contained 10 µl of 2x Power SYBR Green PCR Master Mix (Bio-Rad Laboratories), 0.3 µM of each gene-specific primer and 1 µl of cDNA solution. Cycling conditions in Bio-Rad CFX96 instrument were: 3 min at 95 °C, 10 sec at 95 °C, 10 sec at annealing temperature of 56 ºC (except for *vrille* 53 ºC) and 30 sec at 72 °C (repeated 40x), followed by melting curve analysis (65-95 °C) for amplification specificity checking. Each run included three technical replicates for each sample and the final threshold value (Cq) was defined as a mean of the technical replicates that produced good quality data. Normalisation of the data was done with ΔΔ(Ct) normalisation method (Livak & Schmittgen, 2001) using *Tubulin beta chain* (*Tub2*) and *Ribosomal protein L32* (*RpL32*) as reference genes (these genes had equal expression levels in all samples). Efficiency values of the genes used in the qPCR are given in Table S4.

2.2.3 | Synthesis of double-stranded RNA for RNAi

We generated fragments of *vrille, vitellogenin* and *LacZ* genes, with the length of 347, 419 and 529 bp respectively, with PCR (primer information given in Table S4). *LacZ,* which codes a part of a bacterial gene, was used here as a control for dsRNA injections. PCR products were purified with GeneJET Gel Extraction kit (Thermo Fisher Scientific) and cloned using CloneJET PCR Cloning kit (Thermo Fisher Scientific). PCR products were then ligated into the vector (pJET1.2/blunt Cloning vector), transformed into *E. coli* Zymo JM109 (Zymo Research) cells, which were grown on Luria Broth (LB) ampicillin plates. Individual colonies were picked up after 16 hours and cultivated overnight in LB solution with ampicillin using a Unimax 1010 shaker with incubator (Heidolph Instruments). The samples from the extracted bacterial solutions were analysed for the size of the products in the second PCR, which was carried out with pJET primers from the cloning kit, followed by agarose gel runs. We then selected the initial samples with the right size products for the third PCR using pJET primers, where the R primer contained T7 promoter sequence at the 5' end of the primer (primer sequences given in Table S4). PCR products were first purified with GeneJet Gel Extraction kit and then used in transcription synthesis of the double-stranded RNA (dsRNA), using the TranscriptAid T7 High Yield Transcription kit (Thermo Fisher Scientific). Finally, we purified and precipitated the synthesized products with ethanol, suspended them into a salt buffer and quantified them using NanoDrop and agarose gel.

2.2.4 | RNAi microinjection procedure, response time screening and the expression levels of *vrille*, *vitellogenin*, *clock* and *period* at the chosen response time

Injecting dsRNA targeting on *vrille* or *vitellogenin* genes is expected to cause gene-specific effects, but it may also cause immune responses and physical damage (injection) in the flies. Accordingly, we used *LacZ* (encoding for bacterial gene) injections as a control for both immune response to dsRNA and to physical damage of injections and no-injection as a baseline cold tolerance control.

We checked the effectiveness of RNAi treatment on *vrille* and *vitellogenin* expression 12h, 24h and 48h after injections, at a time of the day when both genes show highest expression (see Results). The females were injected with 138 nl of ~20 µM dsRNA targeting *vrille* or *vitellogenin* (target genes) or *LacZ* using Nanoject II Auto-nanoliter Injector (Drummond Scientific) with 3.5" Drummond glass capillaries (Drummond Scientific) pulled with P-97 Flaming/Brown Micropipette Puller (Sutter Instrument). No-injection control females were not injected, but were otherwise handled in the same way as the injected females. To prevent CO_2 anaesthesia from inducing variation between these groups, we injected groups of six flies at a time. The samples consisting of three pools, 10 females per pool, for each treatment and response time (12h, 24h or 48h), were transferred into -80 ºC through liquid N_2. Then the females were transferred into RNAlater®-ICE solution and their ovaries were checked as explained above. RNA was extracted from the pools using TRIzol® Reagent with the PureLink® RNA Mini kit (Thermo Fisher Scientific). RNA purity was analysed with NanoDrop and concentration with Qubit and RNA BR kit. cDNA was synthesized using equal

quantities of RNA (143 ng) using SuperScript IV First-Strand Synthesis System (Thermo Fisher

Scientific).

Expression levels of *vrille* and *vitellogenin* were quantified 12h, 24h and 48h after injections,

as described in section "*Selecting candidate genes and defining their daily rhythm*". Normalised

expression values of both genes, analysed with a linear model (ANOVA) in base R, were lowest

compared to controls 48h after injections (Fig. S3). Thus, we used this time point to find out

whether the silencing of *vrille* or *vitellogenin* had changed also the expression of two circadian

clock genes, *clock* and *period* (primer sequences given in Table S4). We synthesized cDNA

using equal quantities of RNA (150 ng) and quantified the expression levels of all four genes

as described above, using $\Delta\Delta(Ct)$ normalisation method (Livak & Schmittgen, 2001) with *Tub2*

as a reference gene.

2.2.5 | Measuring females' cold tolerance and cold acclimation ability after RNAi treatment

Prior to performing cold tolerance tests, females were maintained for 16 days in LD 18:6 and

at 19 ˚C, corresponding to summer conditions at their home site (LD 18:6 was used throughout

the experiment). Half of the females were then subjected to cold acclimation treatment at 6 °C

for 3 days (cold-acclimated females; Vesala, Salminen, Laiho, et al., 2012), while the other half

was maintained at 19 °C (non-acclimated females, i.e. basal cold tolerance). At the age of 19

days, both non-acclimated and cold-acclimated females were collected from the chambers,

anesthetized with CO_2 and injected as described above. They were then placed back to either

non-acclimation (19 ˚C) or cold acclimation (6 ˚C) conditions for two more days, as the

expression levels of target genes had been found to be lowest 48h after RNAi treatment (Fig.

S3). At the age of 21 days, females' cold tolerance was quantified by measuring their chill coma

temperature (CT_{min}) or chill coma recovery time (CCRT) using Julabo F32-HL

Refrigerated/Heating Circulator. Sample sizes for CT_{min} and CCRT tests were 26-38 and 23-30

females per treatment, respectively.

2.2.6 | Statistical analyses

Expression levels of *vrille, vitellogenin, clock* and *period* in *LacZ*-injected females were

compared to three other groups (no-injection control and females injected with dsRNA

targeting on either *vrille* or *vitellogenin*) 48h after injections. Log_2-transformed normalised

expression values were analysed using a linear model (ANOVA) in base R.

To test the effect of cold acclimation on female cold tolerance, we first compared the cold

tolerance of non-acclimated and cold-acclimated females with each other within different

groups (*LacZ* injection, no-injection, and *vrille* and *vitellogenin* injections). We then

investigated the effect *vrille* and *vitellogenin* RNAi on female cold tolerance by comparing

these groups to *LacZ* control. *LacZ* was also compared to no-injection control to trace possible

immune and physical effects of the injections. These analyses were performed separately for

non-acclimated and cold-acclimated females. All data showed deviation from normality (Fig.

S4) and were analysed with generalized linear mixed model using gamma distribution (GLMM;

glmmTMB function from glmmTMB package (Brooks et al., 2017). In the models, response

variables were either CT_{min} (Celsius degrees + 10 to prevent negative values from affecting the

results) or CCRT (minutes) data, and the test replicates were used as a random effect. All the

analyses were conducted in R (v1.2.1335-1) and R studio (v3.6.1).

3 | RESULTS

3.1 | Variation in the climatic conditions at fly collecting sites and the factors affecting fly cold tolerance and body colour

3.1.1 | Variation in the climatic conditions on fly collecting sites

We performed principal component analysis (PCA) on 19 bioclimatic variables specific for each fly collecting site to describe the patterns of climatic variation along these sites (Table S2, S3). PCA revealed three principal components (PCs) with eigenvalues > 1 (Table S5). The first PC (PC1) explained 63.5 % of the total variation (Fig. 2; Table S5), and it clearly separated the Rocky Mountains populations from the ones on the western coast. The variables with a highest contribution on this separation included temperature seasonality (bio4), annual temperature range (bio7), mean diurnal temperature range (bio2) and the minimum temperature of the coldest month (bio6), as well as several precipitation-related variables (Fig. 2; Table S6). Together they showed that the climatic conditions on the high-altitude Rocky Mountains sites are colder and have higher maximum and minimum temperature ranges than the ones on the western coast sites. On the other hand, precipitation was higher on the western coast than on the Rocky Mountains throughout the year. The second PC (PC2) explained only 17.9 % of total variation, and the variables with the highest contribution included the mean temperature of the warmest quarter (bio10), annual mean temperature (bio1) and the maximum temperature of the warmest month (bio5; Fig. 2; Table S6).

Figure 2. Principal component analysis (PCA) on 19 bioclimatic variables on fly collecting sites (Table S2). Direction of the arrows indicate which bioclimatic variables contribute to PC1 and which to PC2. The longer the arrow is, the greater its contribution is.

3.1.2 | Effects of latitude and climatic conditions on fly cold tolerance and body colour

Quantification of variation in fly basal cold tolerance with chill coma temperature (CT_{min}) and chill coma recovery time (CCRT) methods showed that *D. montana* flies are more cold-tolerant than *D. flavomontana* flies, and that the CCRT tests discover variation in this trait better than the CT_{min} tests. Fly body colour showed significant variation only in *D. flavomontana*.

To choose the best-fit linear model explaining the effects of latitude and climatic variation (PCA) on variation in fly cold tolerance, we performed model selection for different combinations of latitude and PC1, which explained most variation in PCA (Fig. 2; Table S7). The best-fit model for CT_{min}, CCRT and body colour of *D. montana*, judged from their Akaike information criterion (AIC) and Akaike weight values, included only latitude (Table S7). CT_{min} and body colour of this species showed only minor variation, which was not significantly associated with latitude (Fig. 3A, 3C; Table S8), while CCRT showed the fly cold tolerance to improve towards northern latitudes (Fig. 3B; Table S8). In *D. flavomontana*, best-fit model for

CT_{min} included only latitude, that for CCRT latitude, PC1 and their interaction, and the one for

body colour latitude and PC1 (Table S7). CT_{min} of this species showed only minor variation

and no significant association with latitude (Fig. 3A; Table S8). However, CCRT values

showed the cold tolerance of *D. flavomontana* to improve towards North and to be strongly

affected by local climatic conditions (PC1) especially at latitudes around 50-55 ˚N (Fig. 3B;

Table S8). On these latitudes, fly cold tolerance was higher in the humid, low-altitude western

coast populations than in the high-altitude Rocky Mountains populations showing high

temperature variation (Fig. 2, 3B; Table S8). Body colour of *D. flavomontana* became darker

(i.e. its colour intensity decreased) towards North (Fig. 3C; Table S8). This trait was also

affected by climatic conditions (PC1), all western coast populations being equally dark and

darker than the Rocky Mountains populations from the similar latitudes (Fig. 3C; Table S8).

Figure 3. Relationship between latitude and (A) chill coma temperature (CT$_{min}$), (B) chill coma recovery time (CCRT) and (C) fly body colour in *D. montana* (*D. mon*) and *D. flavomontana* (*D. fla*) populations. Error bars represent bootstrapped 95% confidence intervals. Altitudes (m) are shown in grey scale only for the purpose of illustration. Significant regression lines for latitude with standard errors are shown. Significance levels were obtained from GLMMs or LMM: [NS] non-significant, * P < 0.05, ** P < 0.01 and *** P < 0.001.

3.1.3 | Association between fly cold tolerance and body colour

The body colour of *D. montana* and *D. flavomontana* flies showed no significant association with the cold tolerance, measured for the same flies with either CT$_{min}$ or CCRT method (Fig. 4, Table S9).

Figure 4. Association between body colour and (A) chill coma temperature (CT_{min}) and (B) chill coma recovery time (CCRT) in *D. montana* and *D. flavomontana* populations. Information on Rocky Mountains and western coast populations is given only for the purpose of illustration. Vertical error bars represent bootstrapped 95% confidence intervals for cold tolerance measurements and horizontal error bars for body colour measurements.

3.2. | The role of *vrille* and *vitellogenin* genes in the cold tolerance and cold acclimation of *D. montana*

3.2.1 | Daily rhythms of *vrille* and *vitellogenin* and effectiveness of RNAi

Expression levels of *vrille* showed clear rhythmicity and was highest at 22 pm and 2 am, while that of *vitellogenin* showed less variation but was also highest at 22 pm (Fig. 5). Accordingly, all cold tolerance experiments were run between 22 pm and 00 am.

Figure 5. Baseline expression of *vrille* and *vitellogenin* at six time points, starting 0 h after lights were switched on, at LD 18:6. Orange represents the time of the day when the lights were on and grey when the lights were off.

3.2.2 | Effects of RNAi on the expression levels of *vrille*, *vitellogenin*, *clock* and *period*

Checking the expression levels of *vrille* and *vitellogenin* 12h, 24h, and 48h after RNAi injection, compared to controls, showed the expression of both genes to be lowest 48h after injections (Fig. S3). Accordingly, this time point was chosen for quantifying the expression levels of *vrille*, *vitellogenin*, *clock* and *period* genes as well as for measuring the cold tolerance of RNAi treated flies and their controls.

vrille RNAi induced a significant decrease in the expression of *vrille* and *period* genes compared to *LacZ* control (approximately 66% and 61%, respectively), while *vitellogenin* RNAi decreased significantly only *vitellogenin* expression compared to *LacZ* (approximately 66%; Fig. 6; Table S10). Expression of the *clock* gene showed no significant changes in either of the RNAi treatments (Fig. 6; Table S10).

470 Figure 6. Expression levels of *vrille*, *vitellogenin, clock* and *period* genes in *LacZ*-injected and no-
471 injection control females, and in females injected with dsRNA targeting on *vrille* or *vitellogenin*. Error
472 bars represent bootstrapped 95% confidence intervals. Significance levels were obtained from linear
473 model and only significant observations are shown: * P < 0.05, ** P < 0.01 and *** P < 0.001.

474 3.2.3 | Effects of gene silencing on fly basal cold tolerance and cold

475 acclimation ability

Effects of *vrille* and *vitellogenin* silencing with RNAi on female basal cold tolerance and cold

acclimation ability were studied with CT_{min} and CCRT test. In addition to these treatments, all

experiments included two control treatments, *LacZ*-injected females (*LacZ*) and females that

had not been injected (no-injection). Comparisons of the CT_{min} and CCRT data between *LacZ*

and *vrille* and *vitellogenin* enabled us to determine whether the RNAi treatments had affected

the studied traits. Comparisons between *LacZ* and no-injection revealed possible immune

response to dsRNA and/or physical damage caused by the injection and showed that flies

exposed to the harsher CCRT tests are more vulnerable to these kinds of effects than the ones

in CT_{min} test.

Firstly, we compared the cold tolerances of non-acclimated (basal) and cold-acclimated females

within each group. In CT_{min} tests, cold acclimation improved female cold tolerance significantly

in both control groups (*LacZ* and no-injection), as expected, while it had no effect on the cold

tolerance of *vrille*-injected females, and it decreased that of *vitellogenin*-injected females (Fig.

7A; Table S11). In CCRT tests, cold acclimation improved the cold tolerance of no-injection

females, had no effect on the cold tolerance of *LacZ*- or *vitellogenin*-injected females, and

decreased that of *vrille*-injected females (Fig. 7B; Table S11).

Next, we compared the basal cold tolerance of *vrille*- and *vitellogenin*-injected females with

that of the *LacZ* controls. Here the only significant differences were detected between *vrille* and

LacZ-injected females in CT_{min} test (Fig. 7A; Table S12) and between *LacZ* and no-injection

females in CCRT tests (Fig. 7B; Table S12). The first difference suggests that the RNAi

treatment on *vrille* had decreased fly basal cold tolerance in CT_{min} test, and the latter one that

the injections could have induced physical damage and/or immune response leading to a

decrease in fly cold tolerance in CCRT test.

Silencing of *vrille* and *vitellogenin* genes decreased the cold tolerance of cold-acclimated

females compared to *LacZ* controls in CT_{min} tests, even though variation among *vitellogenin*-

injected females was quite high (Fig. 7A; Table S12). The same phenomenon was also detected

in the CCRT test, but only for *vrille* (Fig. 7B; Table S12). In the CCRT test, a significant

difference between *LacZ* and no-injection control implicates physical damage or immune

response induced by injection (Fig. 7B; Table S12).

Figure 7. Female cold tolerance before (basal cold tolerance) and after cold acclimation in *LacZ* and no-injection control groups, and in RNAi treated *vrille* or *vitellogenin* groups measured with (A) CT$_{min}$ and (B) CCRT tests. Dashed lines indicate significant differences between females' basal and acclimation cold tolerance within each group, and solid lines significant differences between the *LacZ* control and other groups among non-acclimated or cold-acclimated females. Significance levels were obtained from GLMMs and only significant observations are shown: * P < 0.05, ** P < 0.01 and *** P < 0.001.

4 | Discussion

Studies on insect cold adaptation in a wide range of environments, combined with information on the geographical location of study populations and the climatic conditions prevailing on these sites, offer a good possibility to predict species potential to survive in changing environmental conditions. We performed this kind of study on two highly cold tolerant species, *D. montana* and *D. flavomontana*, which adds a new dimension on studies that have largely concentrated on species with a low or moderate cold tolerance. In addition, RNAi experiments

519 with *D. montana* on a circadian clock gene *vrille* and an insulin-signalling pathway gene

520 *vitellogenin* enabled us to investigate the role of these genes on fly cold tolerance and cold

521 acclimation ability and get insight on the important molecular mechanisms underlying these

522 traits.

4.1 | Latitudinal variation in fly cold tolerance and its interaction with climatic variables and body colour

Spatially varying selection on insect survival and reproduction along latitudinal clines can be

based on photoperiod and/or climatic factors, and sometimes it is difficult to detect the actual

targets of selection. In addition, population differentiation generated and maintained by

demographic events can be nearly identical to the patterns generated by selection (Bergland,

Tobler, González, Schmidt, & Petrov, 2016). Thus, to build a convincing case for clinal

adaptation, it is important to gather several independent sources of evidence, including sibling

species, multiple populations or geographic regions and environmental correlations that account

for population structure (Flatt, 2016). We focused our study on *D. montana* and *D.*

flavomontana populations originating from diverse climatic environments on different latitudes

on the western coast and in the Rocky Mountains of North America. The cold tolerance of *D.*

montana was in all tests higher than that of *D. flavomontana* (see Fig. 3), as could be expected

based on its distribution on higher latitudes and altitudes (Patterson, 1952). Nevertheless, both

species showed latitudinal variation in fly basal cold tolerance measured with CCRT, but not

with CT_{min}. Maysov (2014) has found the same phenomenon in two widespread ant species,

Myrmica rubra and *Myrmica ruginodis*, and he argues that CCRT is a more useful indicator of

adaptation than CT_{min} due to its higher sensitivity to photoperiod and/or climatic conditions.

Latitudinal variation in the basal cold tolerance (as measured with CCRT) of *D. montana*

females showed no association with local climatic conditions, which emphasizes its

dependency on photoperiodic and temperature conditions varying according to the latitude in a

wider scale. This is interesting, as latitudinal variation in another photoperiodically regulated

trait in this species, the critical day length for reproductive diapause (CDL), has been found to

be affected also by the climatic conditions prevailing at different altitudes (Tyukmaeva et al.,

2020). In *D. flavomontana*, latitudinal variation in basal cold tolerance showed an association

with local climatic conditions and was, surprisingly, higher in the humid low-altitude western

coast populations than in the high-altitude Rocky Mountains populations. However, *D.*

flavomontana flies of the mountain populations could use at least three strategies to enhance

their cold tolerance. Firstly, females could enter reproductive diapause at an earlier time of year

than the females from the low-altitude populations from the same latitude, as Tyukmaeva et al.

(2020) have shown *D. montana* females to do. In *D. montana* diapause improves female cold

tolerance considerably (Kauranen et al., 2019; Vesala & Hoikkala, 2011). Secondly, the low

basal cold tolerance of the mountain flies could also be compensated by a higher cold

acclimation ability, as several studies have detected a linkage between low cold tolerance and

high cold acclimation ability (Gerken et al., 2015; Hoffmann et al., 2003; Isobe et al., 2013;

Noh et al., 2017; Nyamukondiwa et al., 2011; Stillman, 2003; Zuther et al., 2012). Finally, the

flies could avoid freezing injuries by migrating towards warmer habitats and thermally buffered

microclimates (Stevenson, 1985). This kind of behaviour has been detected in the Colorado

population of *D. flavomontana*, where the flies occupy lower mountain slopes during early

spring than in summer (Hoikkala, pers. com.).

Insects' dark body colour has been suggested to absorb solar radiation, heat up faster and

maintain the optimum body temperature better than a light body colour (Clusella-Trullas et al.,

2007; Rajpurohit et al., 2008). For example in *Drosophila americana,* darker body colour of

the coastal populations, compared to that of the inland populations, (Wittkopp et al., 2011) has

been suggested to be an adaptation to lower solar radiation and smaller temperature variation

on the coast (Clusella-Trullas & Terblanche, 2011). On the other hand, several studies have

shown the dark body colour to play more important role in desiccation tolerance than in

thermoregulation (Parkash, Sharma, & Kalra, 2009; Ramniwas, Kajla, Dev, & Parkash, 2013).

D. montana flies were equally dark in all populations, while in *D. flavomontana* body colour

was dark brown in the western coast populations and turned from light to dark brown towards

North in the Rocky Mountains. Despite its association with climatic conditions, the body colour

of *D. flavomontana* showed no correlation with CT_{min} or CCRT. However, its variation could

reflect species demographic history, as *D. flavomontana* may have distributed from the Rocky

Mountains into the coastal area during the last decades (Patterson, 1952; Poikela et al. 2019),

most probably through British Columbia in Canada where *D. flavomontana* body colour is dark.

D. flavomontana may also hybridize with *D. montana* to some degree (Patterson, 1952;

Throckmorton, 1982; Poikela et al. 2019), which could potentially have led to introgression of

dark body colour from *D. montana* to *D. flavomontana*.

4.2 | The role of the circadian clock system and *vitellogenin* in cold

adaptation in *D. montana*

Cold acclimation has been found to induce shifts e.g. in insect metabolic profile and in the

production of cryoprotectants, which helps to maintain osmotic balance and stabilise cell

membrane structure during cold stress (Enriquez & Colinet, 2019; Lee, 2010; Storey & Storey,

2012). In addition, cold acclimation has been shown to be accompanied by expression changes

in genes involved in stress response, protein folding, repair, transport, signalling, neuronal

activity, carbohydrate metabolism and circadian rhythmicity (Des Marteaux, McKinnon,

Udaka, Toxopeus, & Sinclair, 2017; Enriquez & Colinet, 2019). Parker et al. (2015) found the

biological processes associated with cold acclimation of *D. montana* flies to cover largely the

same classes of genes as in above-mentioned studies, excluding stress response. Furthermore,

Parker et al. (2018) found evidence for selection for higher cold tolerance acting on neuronal,

membrane-transport and ion-transport related genes in genome-wide comparisons between *D.*

montana and several less cold-tolerant *Drosophila* species, as well as between *D. montana*

populations. These two studies brought up several candidate genes for cold tolerance and cold

acclimation in *D. montana*. Vigoder et al., (2016) used RNAi to silence one of these candidate

genes, *myo-inositol-1-phosphate synthase* (*Inos*), coding the major metabolite of overwintering

D. montana flies, *myo*-inositol (Vesala, Salminen, Kostál, Zahradníĉková, & Hoikkala, 2012),

and found this treatment to increase *D. montana* flies' mortality during cold exposure (5 ˚C)

but not to affect CCRT. We chose for RNAi studies two of the candidate genes, *vrille* and

vitellogenin, representing the circadian clock system and functioning in the insulin signalling

pathway, respectively.

Drosophila flies can monitor light and temperature changes e.g. through their thermosensory

organs located in aristae and legs, and to entrain behavioural and physiological changes to fit

with environmental conditions, with the aid of the circadian clock system (Sehadova et al.,

2009; Yadlapalli et al., 2018). For example in *Gryllus pennsylvanicus* crickets cold acclimation

increases the expression levels of two core circadian clock genes, *period* and *clock*, and

decreases that of *timeless* (Des Marteaux et al., 2017), while in *D. montana* and *D. virilis* it

increases the expression of *vrille* and *period* (Parker et al., 2015; Vesala, Salminen, Laiho, et

al., 2012). Blau & Young (1999) have shown that suppressing *vrille* expression decreases the

expression levels of *period* and *timeless*, even though a simulation performed by Smolen,

Hardin, Lo, Baxter, & Byrne (2004) suggests it to lead to a higher expression of *clock* and

period. Our study gives support to the finding of Blau & Young (1999), as silencing *vrille*

expression with RNAi decreased the expression of *period*, but not that of *clock*. Moreover,

vrille-injected acclimated and non-acclimated females had significantly decreased cold

tolerance in CT_{min} tests, and the same was true for *vrille*-injected acclimated females in CCRT

tests. Thus, we propose that circadian clock system is essential both in maintaining insect basal

cold tolerance and in increasing it during short cold acclimation.

Neuroendocrine signalling coordinates several processes involved in metabolism, development,

reproduction and cold acclimation (Des Marteaux et al., 2017; Hahn & Denlinger, 2011;

MacMillan et al., 2016; Torson, Yocum, Rinehart, Kemp, & Bowsher, 2015), and *vitellogenin*

genes play an important part in this system (Elgendy et al., 2019; Gonçalves Santos, Humann,

& Hartfelder, 2019). In insects, vitellogenin is primarily an egg-yolk protein, which is

synthesized in the fat body cells, released into the haemolymph and taken up by targets via

receptor-mediated endocytosis (reviewed in Tufail & Takeda, 2008), but it has also been

proposed to act as an antifreeze protein in the haemolymph (Crosthwaite et al., 2011; Qin et al.,

2019). Studies on the function of *vitellogenin* genes during cold acclimation have given

contradictory results in different species. For example in *D. melanogaster* (Colinet, Overgaard,

Com, & Sørensen, 2013) and *D. suzukii* (Enriquez & Colinet, 2019) flies and *G. pennsylvanicus*

crickets (Des Marteaux et al., 2017), cold acclimation decreases the expression level of

vitellogenin genes. On the other hand, in *Apis cerana cerana* honeybees the expression of

vitellogenin genes increases during the cold stress (Zhang et al., 2017), and in *Apis mellifera*

honeybees the level of vitellogenin protein in haemolymph increases towards the winter and is

higher in northern than in southern populations (Amdam et al., 2005; Qin et al., 2019).

Accordingly, vitellogenin has been suggested to act as an antifreeze protein in both bee species

(Crosthwaite et al., 2011; Qin et al., 2019). In the present study, silencing *vitellogenin* with

RNAi did not affect *D. montana* females' basal cold tolerance in CT_{min} or CCRT test, but

decreased their cold acclimation ability in CT_{min} test, which suggests that *vitellogenin* could act

as an antifreeze protein or affect fly cold resistance through its extensive regulatory and

signalling roles in the insulin-signalling pathway during cold acclimation (Crosthwaite et al.,

2011; Flatt et al., 2005; Qin et al., 2019).

5 | Conclusions

Understanding the mechanisms that generate variation in species stress tolerance is a key

component for predicting their adaptation ability in the face of global warming. Species, whose

cold or heat tolerance is tightly linked with latitude, may encounter more difficulties in adapting

to changing environmental conditions than species whose tolerances are also affected by local

climatic conditions. This study deepens our understanding on how latitudinally varying factors

and local climatic conditions shape the evolution of cold tolerance. We show that cold tolerance

of *D. montana* and *D. flavomontana* flies relies partly on different environmental cues. While

the basal cold tolerance of *D. montana* is tightly linked with latitudinal variation in photoperiod

and temperature, that of *D. flavomontana* is also affected by local climatic conditions. While

variation in the body color of *D. flavomontana* shows no correlation with cold tolerance *per se*,

its association with latitude and climatic conditions indicates that it may have thermoregulatory

functions in terms of solar radiation. However, possible effects of species and population

phylogenies and interspecific gene flow from *D. montana* cannot be ruled out. Our study also

propose that a functional circadian clock system is essential both in insect basal cold tolerance

and cold acclimation ability. Moreover, *vitellogenin*, and possibly the whole insulin-signalling

pathway, may play an important role during cold acclimation.

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DATA ACCESSIBILITY

The data used in the study are in Supplementary Information and will be made available in Dryad.

AUTHOR CONTRIBUTION

NP, VT, AH and MK designed the study. NP and MK performed the research. NP analysed the data and drafted the manuscript, and all authors finalised it.

CONFLICT OF INTEREST

The authors have declared no conflicting interests.