### 1 Title

- 2 Characterization of brown adipose tissue thermogenesis in the naked mole-rat
- 3 (Heterocephalus glaber), a poikilothermic mammal
- 4

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- 42
- 43 Abstract (within 200 words)
- 44 The naked mole-rat (NMR) is a poikilothermic mammal that forms eusocial colonies
- 45 consisting of one breeding queen, several breeding kings, and subordinates. Despite
- 46 their poikilothermic feature, NMRs possess brown adipose tissue (BAT), which in
- 47 homeothermic mammals induces thermogenesis in cold environments. However,

48	NMR-BAT thermogenic potential is controversial, and its physiological roles are
49	unknown. Here, we show that NMR-BAT has beta-3 adrenergic receptor
50	(ADRB3)-dependent thermogenic potential, which contributes to thermogenesis in the
51	isolated queen in non-cold environments. NMR-BAT expressed several brown
52	adipocyte marker genes and showed noradrenaline-dependent thermogenic activity in
53	vitro and in vivo. Although our ADRB3 inhibition experiments revealed that NMR-BAT
54	thermogenesis slightly delays the decrease in body temperature in a cold environment,
55	it was insufficient to maintain the body temperatures of the NMRs. In a non-cold
56	environment, NMRs are known to increase their body temperature by a heat-sharing
57	behavior. Interestingly, we found that the body temperatures of NMRs isolated from the
58	colony were also significantly higher than the ambient temperature. We also show that
59	queens, but not subordinates, induce BAT thermogenesis in isolated, non-cold
60	conditions. Our research provides novel insights into the role and mechanism of
61	thermoregulation in this unique poikilothermic mammal.
62	

63 Introduction

64	Non-shivering thermogenesis in brown adipose tissue (BAT) helps maintain the body
65	temperatures of homeothermic mammals in cold environments <sup>1</sup> . BAT specifically
66	expresses uncoupling protein 1 (UCP1), which dissipates the energy produced from
67	lipid and glucose metabolism as heat, rather than adenosine triphosphate synthesis, by
68	increasing the proton conductance of the inner mitochondrial membrane. Recently, BAT
69	has also been shown to be involved in thermogenesis in non-cold environments in
70	response to stimuli, such as diet, social defeat, handling, or the presence of an intruder
71	<sup>2–5</sup> . The detailed mechanisms involved in this process have been intensively explored to
72	develop novel treatments for diabetes and other metabolic diseases, because BAT
73	thermogenesis improves lipid and glucose metabolism <sup>6–9</sup> . Interestingly, BAT has also
74	been found in non-homeothermic mammals, which cannot maintain their body
75	temperatures in cold environments <sup>10,11</sup> . However, its function in these animals remains
76	largely obscure.
77	The naked mole-rat (NMR; Heterocephalus glaber; Fig. 1a) is an African
78	poikilothermic mammal that is hairless with thin skin and is known as the longest-living
79	rodent in the world, with extraordinary cancer resistance <sup>12–14</sup> . NMRs live in colonies

80	comprising many individuals	(average 70–80 individuals) and form complex

81	underground systems of tunnels, which can reach a total length of 3–5 km per colony,
82	and maintain a warm and relatively constant air temperature <sup>15,16</sup> . These tunnels
83	connect chambers that are used for different activities, including nests, toilets, food
84	storage sites, and garbage spots. Interestingly, poikilothermic NMRs in a colony can
85	temporarily maintain "behaviorally homeothermic" states, regulating their body
86	temperatures by returning to their nest chamber and huddling together to share heat
87	and become warmer, or moving to cooler areas within the tunnel network to decrease
88	their body temperatures <sup>17,18</sup> . In our laboratory, NMRs are housed in acrylic chambers
89	connected by acrylic tunnels that are maintained at $30 \pm 0.5^{\circ}$ C, which represents a
90	non-cold environment for NMRs (Fig. S1) <sup>19</sup> . NMRs are also known for their unique
91	eusociality – in a colony of up to 300 individuals, only one female (queen) and one to
92	three males (kings) are reproductive, with all other members being sexually immature
93	and working as subordinates <sup>20,21</sup> .
94	Daly et al. have previously reported that NMRs have BAT in the interscapular

95 region and in the area around the cervix <sup>10</sup>. However, a previous work examining the

96	thermogenic potential of NMR-BAT remains controversial. One previous study
97	suggested that NMR-BAT can induce non-shivering thermogenesis based on indirect
98	evidence from the in vivo oxygen consumption rate of NMRs after noradrenaline
99	injection <sup>22</sup> . However, to our knowledge, no direct evidence of NMR-BAT thermogenesis
100	has been reported to date. Moreover, Buffenstein et al. have reported that NMRs cannot
101	maintain their body temperatures in cold environments due to their inability to induce
102	persistent non-shivering thermogenesis <sup>19</sup> . NMR-specific mutations in the UCP1 gene
103	are thought to contribute to this inability <sup>23</sup> . In general, the physiological role of BAT in
104	poikilothermic NMRs is still completely unclear.
104 105	poikilothermic NMRs is still completely unclear. In this study, we investigated the molecular and histological characteristics of
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105 106	In this study, we investigated the molecular and histological characteristics of NMR-BAT, its thermogenic ability, and the NMR-BAT thermogenesis in physiological
105 106 107	In this study, we investigated the molecular and histological characteristics of NMR-BAT, its thermogenic ability, and the NMR-BAT thermogenesis in physiological conditions. We demonstrate that NMRs possess a substantial amount of BAT with
105 106 107 108	In this study, we investigated the molecular and histological characteristics of NMR-BAT, its thermogenic ability, and the NMR-BAT thermogenesis in physiological conditions. We demonstrate that NMRs possess a substantial amount of BAT with thermogenic activity. Although NMR-BAT thermogenesis slightly delays the decrease in

#### 112 NMR-BAT is indeed thermogenic and induces thermogenesis in physiological, cold, and

- 113 non-cold environments, providing new insights into the process of thermoregulation in
- 114 this poikilothermic rodent.
- 115
- 116 **Results**

### 117 Identification and examination of thermogenic BAT in naked mole-rats

- 118 We first performed a detailed characterization of NMR-BAT through dissection and a
- 119 histological analysis. We identified two types of BAT around the cervix of NMRs:
- 120 subcutaneous light BAT (IBAT), located in the interscapular region and around the cervix,
- 121 and dark BAT (dBAT), located in deep regions under the cervical muscle (Figs. 1b and
- 122 S2a). Hematoxylin–eosin (HE) staining and the isolation of adipocytes showed that
- 123 dBAT mostly consisted of multilocular adipocytes, whereas IBAT was comprised of a
- 124 mixture of multilocular and unilocular adipocytes (Figs. 1b and S2b). Because
- 125 thermogenically active adipocytes contain smaller lipid droplets than inactive adipocytes
- 126 <sup>24</sup>, we measured the size of the lipid droplets in the HE-stained images, which showed
- 127 that dBAT contained significantly smaller lipid droplets than the interscapular BAT of

#### 128 Crl:CD1 (ICR) mice (Fig. S2c). The average percentage of the total BAT per gram body

129	weight was	1.88%	(Fig. S2d)	

- 131 showed that brown adipocyte marker genes reported in humans <sup>25</sup> and mice <sup>26</sup>, such as
- 132 UCP1, Zic family member 1 (ZIC1), peroxisome proliferator-activated receptor gamma
- 133 coactivator 1 alpha (*PGC1a*), and iodothyronine deiodinase 2 (*DIO2*), were highly
- 134 expressed in dBAT and IBAT (Figs. 1c and S2e). In contrast, for beige adipocyte, an
- 135 inducible type of thermogenic adipocyte <sup>25, 26</sup>, such as T-box transcription factor (*TBX1*)
- 136 and transcriptional coactivator of the p300/CBP-mediated transcription complex
- 137 (CITED1), were not upregulated in dBAT or IBAT (Figs. 1c and S2e). A gene ontology
- 138 enrichment analysis further showed that processes related to the generation of
- 139 precursor metabolites and energy, including the monocarboxylic acid metabolic process,
- 140 acyl-CoA metabolic process, mitochondrial electron transport, electron transport from
- 141 ubiquinol to cytochrome c, triglyceride metabolic process, response to fatty acid,
- 142 glucose 6-phosphate metabolic process, and electron transport from cytochrome c to
- 143 oxygen, were activated in dBAT, indicating that active metabolism occurs in this tissue

#### 144 (Fig. S2f). Furthermore, the western blotting showed that the UCP1 protein is highly

145	expressed in dBAT and IBAT (Fig. S3).
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146	To directly evaluate the thermogenic ability of NMR-BAT, we measured its
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- 147 temperature and the rectum temperature following the administration of noradrenaline by
- 148 inserting a thermo-probe into the BAT and rectum of anesthetized NMRs. We found that
- 149 noradrenaline injection caused the BAT temperature to increase by approximately 1.2°C,
- 150 following which the rectum temperature gradually increased by 0.6°C (Fig. 1d). A
- 151 positron emission tomography/computed tomography (PET/CT) analysis further showed
- 152 that 2-deoxy-2-[<sup>18</sup>F]fluoro-D-glucose ([<sup>18</sup>F]FDG) was strongly taken up by the BAT of the
- 153 noradrenaline-injected NMRs, with a clear "neck warmer"-like distribution of [<sup>18</sup>F]FDG
- around the cervix, in addition to its presence in the interscapular regions (Fig. 1e and
- 155 Video S1).
- 156 To evaluate whether NMR-BAT thermogenesis depends on the adrenergic
  157 beta-3 receptor (ADRB3), which plays a critical role in BAT thermogenesis and has a
- 158 relatively specific expression in the adipose tissues<sup>1</sup>, we measured
- 159 noradrenaline-induced oxygen consumption rate of brown adipocytes isolated from a

160	mixture of dBAT and IBAT after a noradrenaline treatment in the presence or absence
161	of the ADRB3 inhibitor SR59230A, using adipocytes isolated from a mixture of dBAT
162	and IBAT. We found that the stimulation with noradrenaline caused the rapid increase in
163	oxygen consumption rate of brown adipocytes, but this increase was inhibited by the
164	pre-treatment with SR59230A (Fig. 1f). Together, these findings indicate that
165	poikilothermic NMRs possess ADRB3-dependent thermogenic BAT.
166	
167	Induction of NMR-BAT thermogenesis that slightly delays the decrease in body
168	temperature in a cold environment
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169 170 171	Next, we investigated the roles of NMR-BAT in physiological conditions. Because NMR skin is almost hairless and quite thin (Fig. 1a), BAT thermogenesis can be monitored by measuring the cervix surface temperature with a thermal camera. We found that the cervix surface temperature was correlated with the BAT temperature, as measured by

176	To evaluate the thermogenic ability of BAT in a cold environment for NMRs
177	(20°C), we monitored the cervix surface temperature and the abdominal core body
178	temperature of free-moving NMR subordinates using a thermal camera and a
179	temperature telemetry system simultaneously. When NMRs were isolated from the
180	colony and transferred to a room at 20 °C, the body and cervix surface temperatures
181	gradually reduced, indicating NMRs were unable to keep their body temperature in cold
182	environment as previously reported <sup>19</sup> . We found that SR59230A initially accelerated the
183	drops in both temperatures; however, SR59230A did not induce further decrease at
184	equilibrium (Fig. 2a–c). These results suggest that, although BAT thermogenesis
185	contributed to the delay in the decrease in body temperature after cold exposure, the
186	NMRs were unable to maintain their body temperature at 20°C as previously reported $^{19}$
187	(Fig. 2a–c).
188	
189	Induction of BAT thermogenesis in naked mole-rat queens under isolated,

190 non-cold conditions

191	We found that BAT thermogenesis had a slight but insufficient effect on supporting the
192	body temperature of NMRs in a cold environment (Fig. 2). Therefore, we hypothesized
193	that NMR-BAT may also play a role in non-cold environments. Interestingly, we found
194	that NMRs isolated from their colony did not decrease their body temperatures and also
195	showed higher body temperature than the ambient temperature (Fig. 3a). To test
196	whether the thermogenesis of the isolated subordinates depended on BAT, we injected
197	NMRs with the ADRB3 inhibitor SR59230A and again measured the body temperature of
198	individuals after isolation. However, no significant change was observed in the
199	subordinates (Fig. 3b, c).
200	Notably, we found that the queens showed a tendency toward higher oxygen
201	consumption rates than other members, suggesting that the BAT of queens may be
202	more thermogenic than in other colony members in this situation (Fig. 3d). Although the
203	body weight and age were higher in queen than in the subordinates <sup>27</sup> , we also found that
	body weight and age were higher in queen than in the subordinates <sup>27</sup> , we also found that the body weight and age were weakly negatively correlated with the body temperatures
203 204 205	

207	significant differences in body temperature were found between the sexes (Fig. S5c). To
208	test whether the thermogenesis of the isolated queens depended on BAT, we injected
209	NMRs with the ADRB3 inhibitor SR59230A and again measured the body temperature of
210	individuals after isolation. As a result, we found that the body temperatures of the socially
211	isolated queens significantly decreased following SR59230A injection (Fig. 3e, f). These
212	results indicate that NMR queens, but not subordinates, activate BAT thermogenesis in
213	an isolated, non-cold environment.
214	
215	Discussion
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216 217 218	In this study, we provided direct evidence in support of the thermogenic potential of BAT in poikilothermic NMRs, which is ADRB3 dependent. We show that BAT thermogenesis was insufficient to maintain the body temperatures of the NMRs in a cold environment
<ul><li>216</li><li>217</li><li>218</li><li>219</li></ul>	In this study, we provided direct evidence in support of the thermogenic potential of BAT in poikilothermic NMRs, which is ADRB3 dependent. We show that BAT thermogenesis was insufficient to maintain the body temperatures of the NMRs in a cold environment although it can slightly delay the decrease in the body temperatures of NMRs.

#### 222 evidence of NMR-BAT thermogenesis in physiological conditions that have not

- 223 previously been studied.
- 224 A previous study suggested that the NMR UCP1 gene has a unique sequence that may contribute to the inability of thermogenesis in NMRs<sup>23</sup>; however, our results 225 226 clearly show that, NMR-BAT does have thermogenic potential (although we did not 227 compare the levels of thermogenic ability of NMR-BAT with those of other species). 228 Whether NMR-BAT has more or less thermogenic potential than the BAT of other 229 species is an important question for future research. 230 Although our results clearly showed the thermogenic ability of NMR-BAT, 231 NMRs could not maintain their body temperatures in a cold environment (20 °C) as previously described<sup>19</sup>. This result may reflect the fact that NMRs have high heat 232 233 dissipation because of their thin and hairless skin. 234 Interestingly, we observed that only queens induce BAT thermogenesis when 235 in an isolated, non-cold situation. Previous reports in mice and rats have indicated that 236 social isolation affects the metabolism and volume of adipose tissues, including BAT <sup>29,30</sup>, and that psychological stresses, such as social defeat <sup>3</sup>, handling, <sup>4</sup> or the presence 237

238	of an intruder, $^{5}$ have been shown to induce BAT thermogenesis. Recent studies have
239	revealed that cortisol concentration was also upregulated in NMRs after social isolation
240	<sup>31,32</sup> , suggesting that social isolation induces psychological stress in NMRs. Although the
241	differences in stress levels between the queen and other colony members and the
242	neurological systems to transmit the stress to BAT during social isolation in NMRs are
243	still unknown, such differences may contribute to the observed difference in BAT
244	thermogenesis in the isolated situation. Another possibility is that the difference in the
245	BAT thermogenesis between the queen and the other members may result from
246	differences in the thermogenic function or volume of BAT.
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247 248 249 250	However, we were unable to collect and examine BAT from the queen by dissection due to the limited number of queens in our laboratory. Therefore, further experiments are required to investigate the mechanism underlying this queen-specific activation of BAT under isolation in a non-cold environment. Moreover, our observations

254	thermo-probe into the abdominal cavity because this would have been too invasive, and
255	the number of reproductive queens was quite limited. However, elucidating this factor
256	will be another important issue for future works.
257	Moreover, in subordinates, we observed higher body temperatures than the
258	ambient temperatures in a non-cold environment; however, the ADRB3 inhibitor did not
259	decrease the body temperature. Although we cannot deny the possibility that more
260	sensitive measurements can provide different results, our results may suggest that the
261	isolated subordinates increase their body temperatures by BAT-independent
262	mechanisms such as activity-dependent thermogenesis.
263	A current open question remains whether NMRs staying together in the
264	colony also induce BAT thermogenesis. However, NMRs display the heat-sharing
265	behavior only when inside the colony, and the intraperitoneal injection of SR59230A is
266	not suitable for suppressing BAT thermogenesis for a long time period. Although we
267	tried to irreversibly suppress BAT thermogenesis by cutting the sympathetic nerve
268	projecting into the BAT, we failed because this method was too invasive. Developing
269	methods that suppress BAT thermogenesis for long time periods and allow for a more

#### 270 sensitive measurement of BAT temperatures will contribute to the further understanding

- 271 of the function and role of NMR-BAT.
- 272 In conclusion, we revealed that the poikilothermic NMR-BAT is thermogenic,
- inducing thermogenesis in physiological, cold, and non-cold environments. This work
- 274 provides novel insights into the previously unclear role of BAT in this poikilothermic
- 275 mammal. Further studies of BAT thermogenesis in the NMR and other
- 276 non-homeothermic animals should continue to advance our understanding of the
- 277 unexpected roles of BAT in animal homeostasis.
- 278

### 279 Materials and Methods

### 280 Study organisms

- 281 The NMRs used in this study were maintained at Kumamoto University, Kumamoto,
- Japan, where they were housed in four to 10 acrylic chambers that were connected by
- acrylic tunnels, at 30 ± 0.5°C and 55% ± 5% humidity with a 12 h light/12 h dark cycle
- 284 (Fig. S1). The body temperatures of NMRs in the colony were assessed using 1- to
- 285 12-year-old NMRs. The effect of social isolation was assessed using 1- to 13-year-old

286	subordinates, 5- to 13-year-old queens, and 6- to 12-year-old kings. Jcl:ICR mice were
287	purchased from CLEA Japan, Inc., and adipose tissues were collected from 1- to
288	2-year-old subordinates and 6-week-old mice for cytological and histological analyses.
289	All experimental procedures were permitted by the Institutional Animal Care
290	and Usage Committees of Kumamoto University (Approval No. A30-043) and Hokkaido
291	University (Approval No. 14-0065).
292	
293	HE staining and measurement of the lipid droplet size
293 294	HE staining and measurement of the lipid droplet size The NMR and mouse adipose tissues were fixed with 4% paraformaldehyde in
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294 295	The NMR and mouse adipose tissues were fixed with 4% paraformaldehyde in phosphate-buffered saline. HE staining was performed by Sapporo General Pathology
294 295 296	The NMR and mouse adipose tissues were fixed with 4% paraformaldehyde in phosphate-buffered saline. HE staining was performed by Sapporo General Pathology Laboratory Co., Ltd. (Hokkaido, Japan), and images of the HE-stained samples were
294 295 296 297	The NMR and mouse adipose tissues were fixed with 4% paraformaldehyde in phosphate-buffered saline. HE staining was performed by Sapporo General Pathology Laboratory Co., Ltd. (Hokkaido, Japan), and images of the HE-stained samples were acquired with a BZ-X 710 fluorescence microscope (Keyence). The lipid droplet size

300 mRNA-sequencing analysis

301	RNA was extracted using Trizol reagent (Life Technologies) in accordance with the
302	manufacturer's protocol. A Qiagen RNeasy column was used for further purification,
303	and genomic DNA was excluded using the TURBO DNA-free™ kit (Invitrogen). RNA
304	quantity and quality were measured by Qubit (Invitrogen) and a 2100 Bioanalyzer using
305	the RNA 6000 Nano Kit (Agilent Technologies). The TruSeq RNA Library Prep Kit v2
306	(Illumina) was used for library preparation in accordance with the manufacturer's
307	protocol. The acquired library was quantified using the High Sensitivity DNA Kit (Agilent
308	Technologies) and Kapa Library Quantification Kit (Kapa Biosystems) with the Applied
309	Biosystems ViiA7™ Real-Time PCR System (Applied Biosystems) using the
310	manufacturer's protocol. The library was loaded into a flow cell for cluster generation
311	with the TruSeq Rapid SR Cluster Kit (Illumina) and was sequenced using the Illumina
312	Hiseq 2500 System to obtain single-end 100-nucleotide sequences.
313	The NMR reference genome (HetGla_female_1.0) and annotation files
314	downloaded from Ensembl 92 (https://www.ensembl.org) were used for data analysis.
315	The acquired fastq files were trimmed using Trim Galore ver. 0.4.4. <sup>33</sup> , and the transcript

# 316 abundances (transcripts per million [TPM]) in the trimmed fastq files were calculated

317 using RSEM ver. 1.2.31 with Bowtie 2 <sup>34</sup>	M ver. 1.2.31 with Bowtie 2 <sup>34,35</sup> .
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- 318 For the gene ontology enrichment analysis, the calculated TPM of dBAT was
- 319 compared with that of inguinal white adipose tissue, and the top 200 upregulated genes
- in dBAT were analyzed by Metascape using gene ontology annotation of the mouse <sup>36</sup>.
- 321
- 322 **qRT-PCR**
- 323 Total RNA was extracted using the RNeasy Lipid Tissue Mini Kit (Qiagen), and genomic
- 324 DNA was eliminated using the TURBO DNA-free Kit (Invitrogen) following the
- 325 manufacturers' protocols. Reverse transcription reactions were carried out using
- 326 ReverTra Ace<sup>®</sup> qPCR RT Master Mix (TOYOBO) with 300 ng of RNA as a template.
- 327 The resulting cDNA was prepared for qPCR using Thunderbird<sup>®</sup> qPCR Mix (TOYOBO)
- in a 384-well plate with the primers listed in Table S1. qPCR was performed on a
- 329 CFX384 Touch<sup>™</sup> Real-Time PCR Detection System (BIO-RAD).
- 330

### 331 In vivo measurement of BAT thermogenesis

332	NMRs were anesthetized with 0.1 $\mu g/g$ medetomidine hydrochloride (Dorbene $^{\tiny (B)}$ Vet;
333	Kyoritsu Seiyaku Co.), 4 $\mu g/g$ midazolam (Dormicum $^{\scriptscriptstyle I\!\!B}$ ; Asteras Pharma Inc.), and
334	5 $\mu$ g/g butorphanol (Vetorphale; Meiji Seika Pharma Co.). BAT and rectum
335	temperatures were simultaneously measured using a thermo-probe (plastic-coated
336	thermistor, 1 mm diameter). To measure the BAT, the skin above the interscapular
337	region was incised without injury to the vasculature and nerves, and the thermo-probe
338	was inserted under the IBAT. A thermo-probe was also inserted into the rectum at the
339	same time. Once the BAT and rectum temperatures stabilized, 1 mg/kg noradrenaline
340	was injected into the abdominal cavity, and the temperatures of the BAT and rectum
341	were recorded over 30 min. All procedures were performed in a non-cold environment
342	(30 $\pm$ 0.5°C), and the NMRs were placed on a hot plate at 32°C (NHP-M30N; NISSIN
343	RIKA) during the experiment.
344	
345	In vivo measurement of oxygen consumption
346	The <i>in vivo</i> oxygen consumption rate was measured using an $O_2/CO_2$

347 metabolism-measuring system (MK-5000RQ6; Muromachi Kikai) and MMS-ML/6

# 348 software (Muromachi Kikai). The oxygen consumption of a single NMR was measured

- 349 at 30 ± 0.5°C in a sealed chamber. The NMRs were habituated to the sealed chamber
- 350 for 2 h prior to testing, and the oxygen consumption rate was recorded for 4 h during the
- 351 daytime.
- 352

### 353 In vitro measurement of adipocyte oxygen consumption

- 354 NMR brown adipocytes were isolated from IBAT and dBAT as previously described <sup>37</sup>.
- 355 Briefly, incised NMR adipose tissues were incubated in Krebs-Ringer
- bicarbonate-HEPES (KRBH) buffer (130 mM Na<sup>+</sup>, 4 mM K<sup>+</sup>, 0.75 mM Ca<sup>2+</sup>, 1 mM Mg<sup>2+</sup>,
- 357 121.5 mM Cl<sup>-</sup>, 10 mM HCO<sub>3</sub><sup>-</sup>, 1 mM Mg<sup>2+</sup>, 4 mM HPO<sub>4</sub><sup>2-</sup>, 30 mM HEPES, and pH 7.4)
- 358 with 1% fatty acid-free bovine serum albumin (Wako), 6 mM glucose, and 1 mg/mL
- 359 collagenase (Sigma) at 37°C for 1 h, with shaking at 90 rpm/min. After filtering the
- 360 suspension through a 200  $\mu$ M nylon filter, the filtrate was centrifuged at 50 × g for 2 min.
- 361 The floating adipocytes were then collected and diluted with KRBH buffer containing 4%
- 362 bovine serum albumin and 2.7 mM glucose and then recentrifuged and washed three

#### 363 times. The acquired adipocytes were incubated at room temperature for 1h before

- 364 measurement.
- 365 The oxygen consumption rate was measured using a Clark-style oxygen
- 366 electrode in a water-jacketed Perspex chamber at 37°C with the StrathKelvin 782
- 367 2-Channel Oxygen System (StrathKelvin Instruments). Once the stable oxygen
- 368 consumption rate had been recorded, noradrenaline was injected into the chamber at a
- 369 final concentration of 1 µM. To examine the effect of the noradrenaline receptor
- 370 inhibition, SR59230A (10 µM; Sigma) was injected 10 min before injecting
- 371 noradrenaline.
- 372

#### 373 Measurement of the body temperature in a cold environment via a thermal camera

- and telemetry probe
- 375 For the measurement of the cervical temperature and abdominal core temperature in a
- 376 cold environment (20 °C), we first injected saline or 20 mg/kg SR59230A to the NMR
- 377 abdominal cavity in a non-cold environment (30 °C). Then, we moved the NMR in the
- 378 acrylic cage to a cold environment (20 °C) and measured changes in the cervical

379	temperature with the thermal camera and the abdominal core temperature by telemetry
380	probe every 5 min for 90 min. Body surface temperatures were monitored using a
381	thermal camera (CPA-E6A; FLIR), and the acquired data were analyzed by FLIR Tools
382	ver. 2.1 (FLIR). The abdominal core body temperature was measured using a telemetric
383	probe (G2 E-mitter; STARR Life Sciences Corp.) and an ER4000 receiver (STARR Life
384	Sciences Corp.). The G2 E-mitter was inserted into the abdominal cavity of
385	anesthetized NMRs, and the animals were left for at least 7 days before being used in
386	the experiment. The acquired data were analyzed by VitalView ver. 4.1 (STARR Life
387	Sciences Corp.).
387 388	Sciences Corp.).
	Sciences Corp.). Measurement of the body temperature via a thermal camera in a non-cold
388	
388 389	Measurement of the body temperature via a thermal camera in a non-cold
388 389 390	Measurement of the body temperature via a thermal camera in a non-cold environment
388 389 390 391	Measurement of the body temperature via a thermal camera in a non-cold environment For the measurement of the cervical temperature of the socially isolated NMRs, we

395	For the measurement of the body temperature in socially isolated NMR to compare
396	against the body weight, age or sex, we measured the change in the cervical
397	temperature via a thermal camera after 30 min of social isolation.
398	To measure the cervical temperature of the socially isolated NMR with the
399	injection of saline or 20 mg/kg SR59230A to the NMR abdominal cavity, we measured
400	the change in the cervical temperature using the thermal camera every 5 min for 90 min
401	in a non-cold environment (30 °C) after 30 min of social isolation and the injection of
402	saline or SR59230A.
403	
403 404	PET-CT imaging
	PET-CT imaging For PET-CT imaging, NMRs were fasted overnight and kept at $30 \pm 0.5$ °C and 60%
404	
404 405	For PET-CT imaging, NMRs were fasted overnight and kept at $30 \pm 0.5^{\circ}$ C and $60\%$
404 405 406	For PET-CT imaging, NMRs were fasted overnight and kept at $30 \pm 0.5^{\circ}$ C and $60\%$ humidity. The NMRs were administered 1 mg/kg noradrenaline, following which 11 MBq
404 405 406 407	For PET-CT imaging, NMRs were fasted overnight and kept at $30 \pm 0.5^{\circ}$ C and $60\%$ humidity. The NMRs were administered 1 mg/kg noradrenaline, following which 11 MBq [ <sup>18</sup> F]FDG was injected into the abdominal cavity. PET-CT images were then acquired

411	anesthesia and were	kept at 32°	C. Acquired P	PET images were	reconstructed using t	the
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- 412 filtered backprojection algorithm with the ramp filter cut-off at the Nyquist frequency. The
- 413 image matrix was 256 × 256 × 318, resulting in a voxel size of 0.388 × 0.388 × 0.398
- 414 mm<sup>3</sup>. CT images were reconstructed using a Feldkamp cone-beam algorithm, with a
- 415 Shepp–Logan filter.
- 416

### 417 Western blotting

418	Each adipose tissue was dissected, lysed in the buffer (125 mM Tris-HCI, pH 6.8; 4%
419	SDS and 10% sucrose), and boiled for 10 min. After centrifuging, the supernatant was
420	collected. The protein concentration was measured by TaKaRa BCA Protein Assay Kit
421	(Takara Bio) in accordance with the manufacturer's protocol. The 15 $\mu g$ proteins were
422	subjected to polyacrylamide gel electrophoresis, and then proteins were transferred to
423	the polyvinylidene fluoride membrane. Blocking was performed with 0.5% skim milk for
424	1 h at room temperature. Blotted membranes were incubated with the primary antibody
425	overnight at 4°C and the secondary antibody for 1 h at room temperature. We used
426	anti-UCP-1 antibody (Sigma, U6382; 1:1000) and HRP-conjugated anti-rabbit IgG

427	secondary antibodies (CST, #7074; 1:1000). The membrane was visualized by using
428	Amersham ECL Prime Western Blotting Detection Reagent (GE Healthcare) and
429	ImageQuant LAS 4000 Mini (GE Healthcare).
430	The detected membrane was washed by tris-buffered saline Tween-20 for 10
431	min. Then, the membrane was incubated with Ponceau-S staining solution for 15 min at
432	a room temperature. After discarding the Ponceau-S staining solution, the membrane
433	was incubated with 0.1% acetic acid for 2 min at room temperature. Then, the
434	membrane was dried.
435	
436	Statistical analysis
437	GraphPad Prism (GraphPad) was used for the statistical analysis. Data were analyzed
438	using one-way analysis of variance followed by Tukey's multiple comparison test with a
439	single pooled variance for multiple comparisons or by Dunnet's multiple comparison test
440	with a single pooled variance. Two groups were compared using an unpaired <i>t</i> -test. All
441	values are presented as means ± SD or means ± SEM, as noted.
442	

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- 464
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- 466 Y.O. conducted most of the experiments; K.O., H.Y., K.H., and Y.K. conducted the
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- 470 consumption rate measurements; Y.O., Y.O.-O., and K.M. designed the study; Y.O.,
- 471 Y.O.-O., and K.M. wrote the manuscript; Y.O.-O. and K.M. supervised the research.
- 472

#### 473 Accession code

#### 474 RNA-seq data have been deposited in the DNA Data Bank of Japan database under

- 475 accession code: DRA007737. Gene expression abundance data have also been
- 476 deposited in the Genomic Expression Archive under accession code: E-GEAD-294.

#### 477

# 478 **Competing financial interest statement**

479 The authors declare that there are no competing financial interests.

480

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- 575
- 576
- 577

#### 578 Figure 1. Poikilothermic naked mole-rats (NMRs; *Heterocephalus glaber*) possess

#### 579 thermogenic brown adipose tissue (BAT)

- 580 (a) Photograph of an adult NMR. (b) Anatomical (top), hematoxylin–eosin (HE)-stained
- 581 (middle) and cell (bottom) images of light BAT (IBAT) and dark BAT (dBAT). Scale bar =
- 582 100 µm for HE-stained images, 25 µm for insets, 200 µm for cell images. (c) Relative
- 583 mRNA expression levels of brown (UCP1, ZIC1, PGC1α and DIO2) and beige (TBX1
- and CITED1) adipocyte marker genes reported in mouse and human in NMR adipose
- 585 tissues. Expression levels were quantified by quantitative reverse
- 586 transcription-polymerase chain reaction (qRT-PCR), normalized to beta-actin (ACTB),
- 587 and compared with IBAT (*n* = 3 animals). vIBAT, ventral light BAT; ingWAT, inguinal
- 588 white adipose tissue (WAT); rpWAT, retroperitoneal WAT; gWAT, gonadal WAT. (d)
- 589 BAT and rectum temperatures of anesthetized NMRs before and after the *i.p.* injection of
- 590 1 mg/kg noradrenaline (arrow) at 30°C (n = 3 animals). (e) Positron emission
- 591 tomography/computed tomography (PET-CT) imaging of NMR-BAT after the injection of
- 592 1 mg/kg noradrenaline and 11 MBq 2-deoxy-2-[<sup>18</sup>F]fluoro-D-glucose ([<sup>18</sup>F]FDG) at 32°C.
- 593 (f) In vitro oxygen consumption rates of isolated adipocytes after the injection of 1 µM

- 594 noradrenaline (arrow) with or without pre-incubation with 10  $\mu$ M SR59230A (n = 3
- animals per treatment), \* p < 0.05 significantly different from SR59230A treated cells
- 596 (paired *t*-test). All data are presented as means ± SEM with the exception of (d), which
- 597 are means ± SD.
- 598

### 600 Figure 2. Brown adipose tissue (BAT) thermogenesis in naked mole-rat (NMR;

## 601 *Heterocephalus glaber*) subordinates after cold exposure

- 602 (a) Thermal images of the declining body surface temperatures of NMRs during cold
- 603 exposure (20°C) following the injection of saline or 20 mg/kg SR59230A (n = 4 animals
- 604 per treatment). (b) Maximum cervix surface temperatures monitored by a thermal
- 605 camera (*n* = 4 animals) and (c) abdominal core body temperatures recorded by a
- 606 telemetry probe inserted into the abdominal cavity (*n* = 3 animals) of NMRs during cold
- 607 exposure (20°C) following the injection of saline or 20 mg/kg SR59230A \* p < 0.05
- 608 significantly different from SR59230A treated sample (paired *t*-test).
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## 616 Figure 3. Isolated naked mole-rat (NMR; *Heterocephalus glaber*) queen exhibits

### 617 **BAT thermogenesis**

- 618 (a) Maximum cervix surface temperatures of NMRs staying together in the colony
- 619 (colony) or isolated from the colony (isolation). In the colony data, each point represents
- 620 the average temperatures of individual NMRs measured at six times in the colony (three
- times in the nest and three times outside the nest). In the isolation data, each point
- 622 represents the average temperatures of individual NMRs recorded every 30 min over 8 h.
- 623 n = 5 animals for the queen and king, n = 7 animals for the subordinate. Av RT., the
- 624 average room temperature, (b) Representative images and (c) time course of changes in
- 625 the maximum cervix surface temperatures of socially isolated subordinates following the

626 *i.p.* injection of saline or 20 mg/kg SR59230A (*n* = 3 animals). Measurement began after

627 the isolation-induced increase in cervix surface temperature became stable [\* p < 0.05

628 significantly different from SR59230A treated animals (paired *t*-test)]. Data are presented

629 as means ± SEM. (d) Average oxygen consumption rates of the queen and subordinates

630 in a socially isolated state measured in a metabolic cage in a non-cold environment (*n* =

631 5 queens, 7 subordinates, and 5 kings). Data collected over 4 h in the daytime after a 2-h

632	habituation period. Data are presented as means $\pm$ SEM and were analyzed using
633	one-way analysis of variance followed by Tukey's multiple comparison test with a single
634	pooled variance for multiple comparisons (* $p < 0.05$ significantly different from each
635	groups), <b>(e)</b> representative images, and <b>(f)</b> time course of changes in the maximum
636	cervix surface temperatures of socially isolated queens, following the <i>i.p.</i> injection of
637	saline or 20 mg/kg SR59230A ( $n = 5$ animals); * $p < 0.05$ significantly different from
638	SR59230A treated animals (paired <i>t</i> -test). Data are presented as means ± SEM.

## 640 Figure S1. Images of acrylic chambers connected by acrylic tunnels used to

## 641 house the naked mole-rats (NMRs; *Heterocephalus glaber*) in the laboratory

- 642 The NMRs were housed in acrylic chambers maintained at 30 ± 0.5°C, each of which
- 643 was assigned a different use. In the nest chamber, NMRs shared heat and became
- 644 warm by huddling together.

#### 646 Figure S2. Characterization of naked mole-rat (NMR; *Heterocephalus glaber*)

- 647 brown adipose tissue (BAT)
- 648 (a) Schematic diagram showing the location of BAT in NMRs. (b) Hematoxylin–eosin
- 649 (HE)-stained images of ventral light BAT (vIBAT). Scale bar = 100 μm for the HE-stained
- 650 image, 25 μm for inset. (c) Lipid droplet size in NMR-dBAT and mouse-interscapular
- 651 BAT (Ms iBAT). A total of 50 droplets were measured from three different fields of view

652 per tissue type. The data were analyzed using an unpaired *t*-test. (d) Percentage of total

- 653 BAT (light BAT [IBAT], dark BAT [dBAT], and vIBAT) per gram body weight. The data are
- 654 presented as means  $\pm$  SD (*n* = 5 animals). (e) Relative expression levels of brown or
- beige adipocyte marker genes reported in mouse and human in NMR adipose tissues.
- 656 Expression levels were quantified by quantitative polymerase chain reaction (qPCR)
- using the primers listed in Table S1 and were normalized to beta-actin (ACTB) (n = 3
- animals). ingWAT, inguinal white adipose tissue (WAT) (control); gWAT, gonadal WAT;
- 659 rpWAT, retroperitoneal WAT. The data are presented as means ± SEM and were
- analyzed using one-way analysis of variance followed by Dunnett's multiple comparison
- test with a single pooled variance (\* p < 0.05 significantly different from ingWAT). (f)

662 Gene Ontology enrichment analysis of the top 200 upregulated genes in the dBAT

663 transcriptome using Metascape.

664

## 666 Figure S3. Uncoupling protein 1 (UCP1) expression in the naked mole-rat (NMR;

# 667 Heterocephalus glaber)

- 668 (a) UCP1 expression was evaluated by western blotting in NMR-dBAT, NMR-IBAT, and
- 669 NMR-iWAT. (b) Ponceau-S staining was performed for the membrane used (a) after the
- 670 UCP1 detection.
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## 682 Figure S4. Correlation between brown adipose tissue (BAT) temperatures

## 683 monitored with a thermo-probe and cervix surface temperatures monitored with a

- 684 thermal camera
- 685 (a, b) Temperatures of the thermostable objects (a; 34.6°C–34.9°C, b; 31°C, measured
- 686 by a mercury thermometer) were monitored by the thermal camera at various distances
- 687 (four technical replicates at each point). Data are presented as means ± SEM \* p < 0.05
- 688 (analyzed using one-way analysis of variance followed by Dunnett's multiple comparison
- test with a single pooled variance (\* p < 0.05 significantly different from 10 cm). In this
- 690 experiment, we used the thermopack (Sugiyama-Gen, Japan) as a thermostable object.
- 691 (c) BAT temperatures and the maximum cervix surface temperatures of anesthetized
- 692 subordinates were simultaneously recorded by a thermo-probe and thermal camera,
- 693 respectively, every 1 min during the increase in body temperature, following the injection
- 694 of 1 mg/kg noradrenaline (n = 3 animals).
- 695

## 697 Figure S5. Relationships between the body temperature and body weight, age,

## and sex of socially isolated subordinate naked mole-rats (NMRs; *Heterocephalus*

- 699 glaber)
- 700 Maximum cervix surface temperatures of socially isolated subordinate NMRs monitored
- by thermal camera according to their (a) body weight, (b) age, and (c) sex. Data are
- 702 presented as means ± SD. NS indicates nonsignificance (unpaired *t*-test).
- 703

## 705 Video S1. Uptake of 2-deoxy-2-[18F]fluoro-D-glucose ([<sup>18</sup>F]FDG) in the brown

## adipose tissue (BAT) of naked mole-rats (NMRs; *Heterocephalus glaber*)

- 707 The NMRs were administered 1 mg/kg noradrenaline, after which 11 MBq [<sup>18</sup>F]FDG was
- 708 injected into the abdominal cavity. Positron emission tomography/computed
- tomography (PET-CT) images were then acquired 1 h after [<sup>18</sup>F]FDG administration.
- 710 The oblong signal is a microchip for individual identification.
- 711
- 712

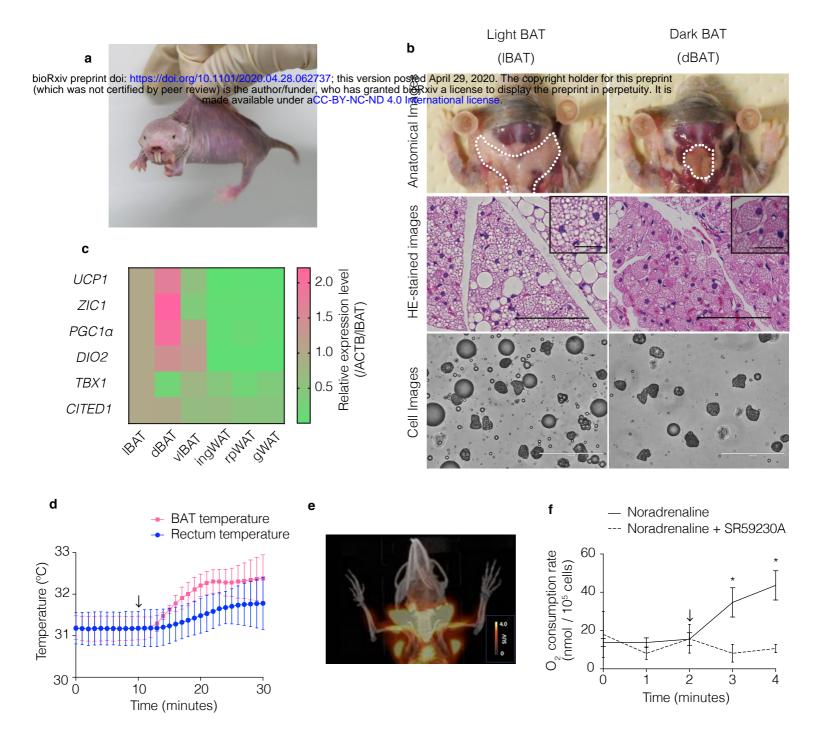


Figure 1. Poikilothermic naked mole-rats (NMRs; *Heterocephalus glaber*) possess thermogenic brown adipose tissue (BAT).

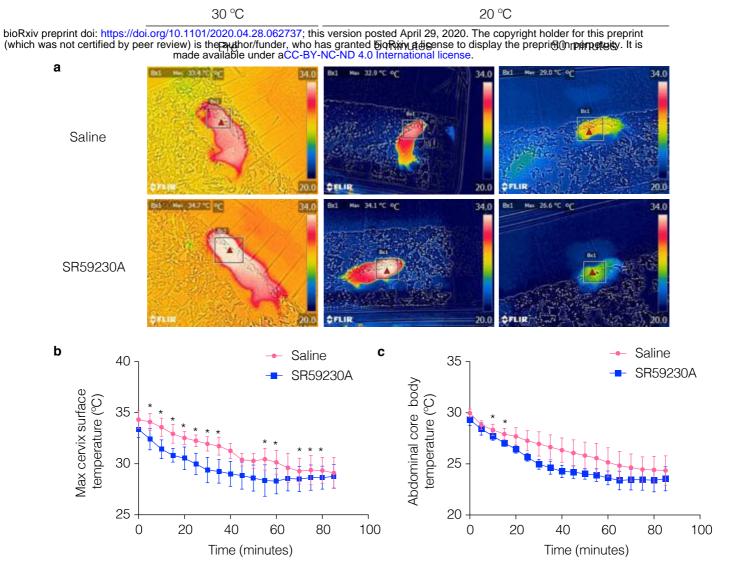


Figure 2. Brown adipose tissue (BAT) thermogenesis in naked mole-rat (NMR; *Heterocephalus glaber*) subordinates after cold exposure.

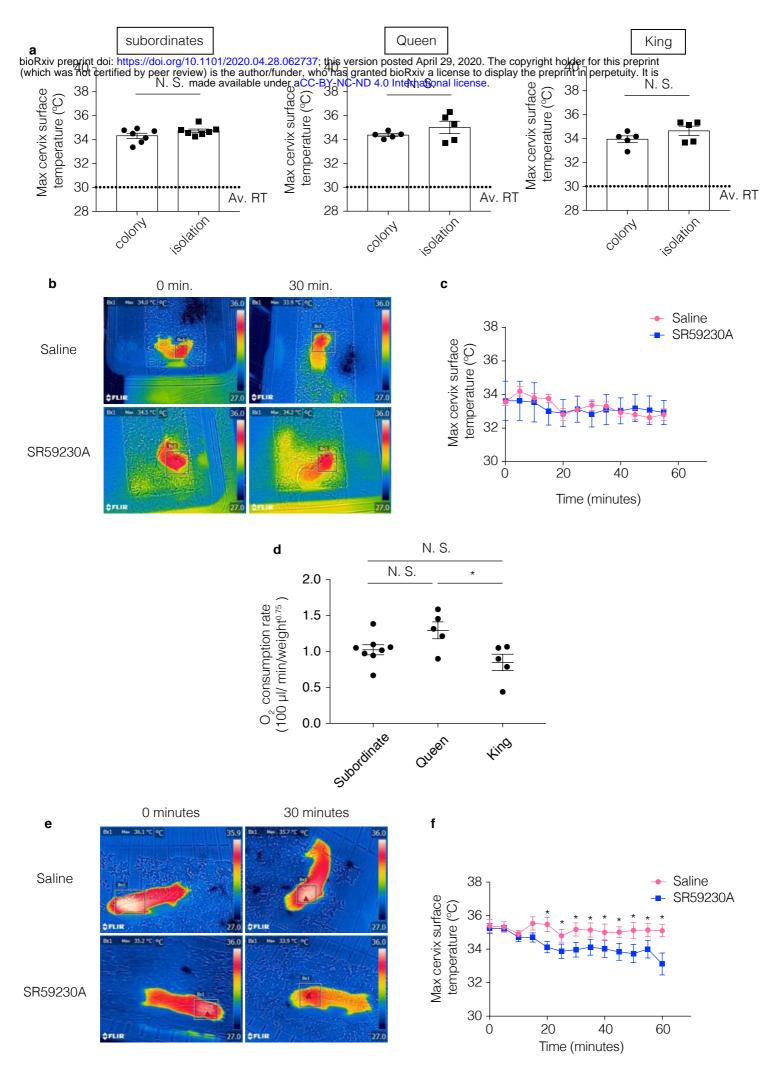


Figure 3. Isolated naked mole-rat (NMR; Heterocephalus glaber) queen exhibits BAT thermogenesis.



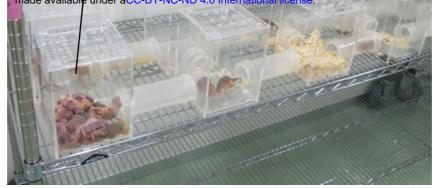


Figure S1. Images of the acrylic chambers connected by acrylic tunnels that were used to house the naked mole-rats (NMRs; *Heterocephalus glaber*) in the laboratory.

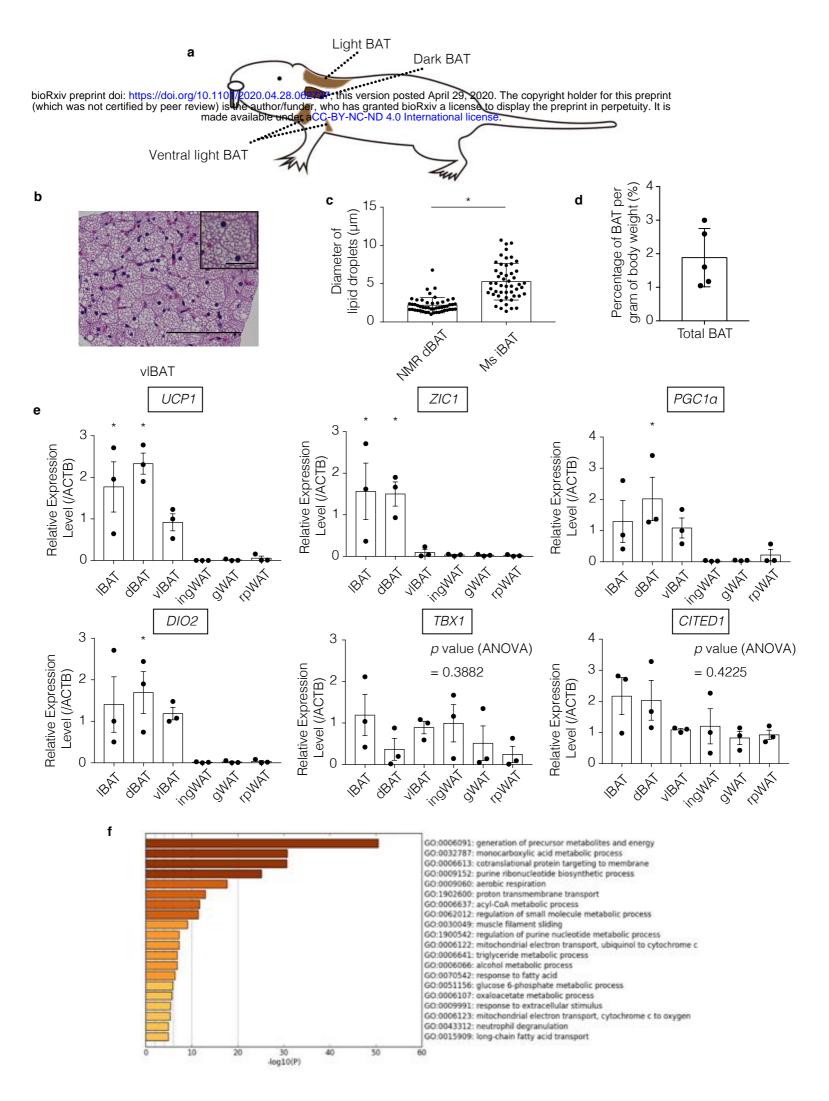


Figure S2. Characterisation of naked mole-rat (NMR; Heterocephalus glaber) brown adipose tissue (BAT).



Figure S3. UCP1 expression in the naked mole-rat (NMR; Heterocephalus glaber) brown adipose tissue (BAT).

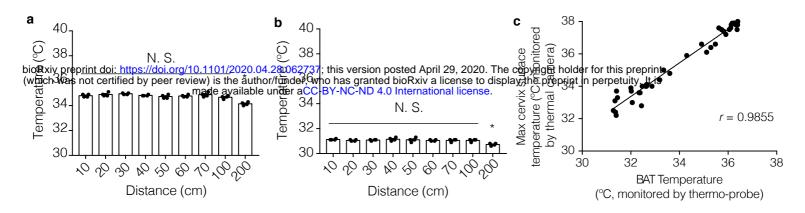


Figure S4. Correlation between brown adipose tissue (BAT) temperatures monitored with a thermo-probe and cervix surface temperatures monitored with a thermal camera.

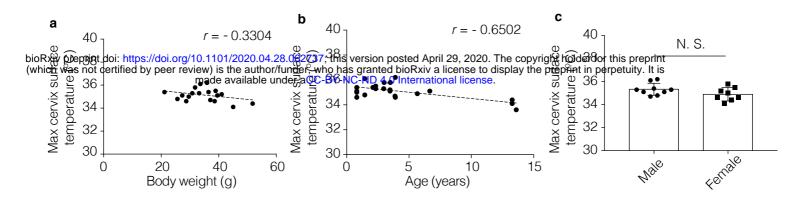


Figure S5. Relationships between the body temperature and body weight, age and sex of socially isolated subordinate naked mole-rats (NMRs; *Heterocephalus glaber*).

### **Table S1. Primer Sequences**

NMR-UCP1-R	er, who has pranted bio Rain 20, 2020. The copyright holder for this prepri- er, who has pranted bio Rain 20, 2020. The preprint in perpetuity. It acc-by -NC-ND 4.0 International ficense. TGCTCAAAGCACACAAACAT
NMR-ZIC1-F	AGCCCTTCAAGTGCGAGTTCGAG
NMR-ZIC1-R	CTTGCAGAGATAGGGCTTGTCAC
NMR-PGC1a-F	CACAGGATCAGAACAAACCC
NMR-PGC1a-R	CAGATACTTGAGAAGCTCCGA
NMR-DIO2-F	AGCTTTCTGCTCGATGCC
NMR-DIO2-R	TCCTGGACACCGTTTCCGCTA
NMR-TBX1-F	ACGGCCACATTATTCTCAACTCCA
NMR-TBX1-R	AAGCGCGTCTCCTCGAACACA
NMR-CITED1-F	CCGGCCCTTCGCTTTCACAC
NMR-CITED1-R	TCAGCTCAGTGGTGCCCCTT
NMR-ACTB-F	AGA CCT TCA ACA CCC CAG CCA TGT
NMR-ACTB-R	GGC CAG CCA GGT CCA GAC GCA G

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