1   Classification: Biological Sciences, Evolution

Amino acids that are well tolerated in random peptides in *E. coli* are enriched in young animal but not young plant genes

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Abstract

Proteins' great potential for harm, via misfolding and aggregation, does not prevent them from being born *de novo* from non-coding DNA. To investigate how newborn proteins might "first, do no harm", we estimate fitnesses from an experiment that competed *Escherichia coli* lineages that each expressed a unique random peptide. A variety of peptide metrics significantly predict lineage fitness, but almost all this predictive power stems from simple amino acid composition. Amino acids that are smaller and that promote intrinsic structural disorder have more benign fitness effects. Our amino acid composition-based predictions also have validity for small random N-terminal tags. The same amino acids that predict high fitness in *E. coli* are enriched in young Pfams in animals, but not in plants. To modify Jacques Monod's famous quote, what makes peptides benign in *E.coli* also makes them benign in elephants, but not in eucalyptus.

Keywords: Experimental evolution, evolvability, fitness estimation, preadaptation, de novo gene birth

Significance statement

Recent work has shown that protein-coding genes are sometimes born de novo from junk DNA. This is surprising, because random polypeptides are expected to be harmful. When random polypeptides are expressed in Escherichia coli, we can predict 15% of the variation in their fitness effects from their amino acid content. Which amino acids are favored matches that of young genes in animals (but not plants). This suggests a deep concordance across the tree of life in the forces that govern gene birth. To modify a famous Monod quote, what makes a peptide do no harm in *E. coli* also holds in elephants, but not in eucalyptus.

Introduction

Proteins are the workhorses of the cell, but they are dangerous. The polypeptide backbone is the key structural feature of amyloids, putting all proteins at risk of forming insoluble aggregates (1). The risks of aggregation are exacerbated by the fact that most proteins are expressed at or just beyond their solubility limits (2). Despite these dangers, new protein-coding genes are nevertheless born *de novo* from essentially random sequences (3-5). To be beneficial enough for *de novo* birth, a peptide must first do no harm. Here we ask what properties are predictive of whether a peptide is harmful.

Neme et al. (6) competed over 2 million *Escherichia coli* lineages, each containing a plasmid designed to express a unique random peptide, and tracked lineage frequencies over four days using deep DNA sequencing. This study has been criticized for including too little evidence in support of the beneficial nature of the top candidates (7, 8). But these criticisms do not detract from using the dataset to identify statistical predictors of harm vs. relatively benign effect.

Conveniently, some properties, such as intrinsic structural disorder and aggregation propensity, can be predicted computationally from peptide sequences alone. Because insoluble proteins have been implicated in toxicity and disease (1), we hypothesize that peptides with high intrinsic structural disorder (9, 10) are least likely to be deleterious. Random sequences with high predicted disorder are well-tolerated *in vivo* (11). Existing mouse (12) and Drosophila (13) proteins, which are the product of evolution, are predicted from their amino acid sequences to be more disordered than what would be translated from intergenic controls.

Younger protein-coding sequences should be particularly constrained to first do no harm, as they have had little time to evolve more sophisticated harm-avoidance strategies (14). In support of the idea that high intrinsic structural disorder is an accessible way to avoid harm, young animal and fungal domains (15) and genes (15), and novel overprinted viral genes (16) have higher predicted disorder than their older counterparts.

High predicted intrinsic structural disorder in young genes is driven primarily by amino acid composition, with amino acid order playing a more minor role (12). Fortunately, the dataset of Neme et al. (6) is large enough to look at the frequencies of each amino acid as predictors, rather than assume that existing prediction programs such as IUPred (17, 18) or Tango (9, 19, 20) integrate amino acid composition (and more) in the best possible way. We can then test whether such programs have additional ability to predict peptide fitness, above and beyond the influence of amino acid content.

How each amino acid frequency predicts peptide harm may also be useful in resolving disputes about the technique of phylostratigraphy, which assigns ages to genes. Detecting homologs is more difficult for fast-evolving sequences, which may be erroneously scored as young (21-23). Disordered proteins tend to be fast evolving (24), casting doubt over findings that young genes are more disordered. If the amino acid preferences of higher fitness random peptides match those of purportedly young protein-coding sequences, this would be evidence that the *de novo* gene birth process, rather than homology detection bias alone, causes trends in protein properties as a function of apparent gene age.

Monod and Jacob (25) famously claimed that "anything found to be true of *E. coli* must also be true of Elephants." We test whether amino acids that are good for random peptides in *E. coli* are enriched in young animal and plant proteins from a recent phylostratigraphy dataset (15) of over 400 different

74 eukaryotic species. We also test whether published, sequence-based estimators of disorder, aggregation
75 propensity, water solubility, hydrophobic residue clustering etc. predict fitness information not already
76 predicted by amino acid frequencies.

Results

Estimating the fitness effects of random peptides

Assessing predictors of the fitness effects of random peptides requires those fitness effects to be
measured accurately and precisely. Neme et al. (6) tracked lineage frequencies over four days. They
categorized a peptide as beneficial or deleterious by comparing the counts of days 2, 3, and 4 to day 1
using DESeq2 (6, 26). Out of the 1082 peptides with at least five sequencing reads, they found that 277
were beneficial, while 436 were deleterious.

We use a custom maximum likelihood framework (see Materials & Methods) to quantitatively estimate
"fitness" and its associated confidence interval / weight. "Fitness" here refers to allele frequency
changes over an entire cycle of population growth and dilution, rather than per generation. Our method
accounts for increasing mean population fitness over the four days. In the process, we find statistical
support for increases in frequency (i.e. fitness – 1.96 × standard error > 1) for 475 peptides (Dataset S1).
Our methods are both more sensitive and more specific. We exclude 22 of the original 277, at least
some of which arose from a bug we located in Neme et al.'s (6) pipeline. 509 peptides had statistical
support for decreases in frequency, with support lost for 9 of the original 436 deleterious peptides.

Note that some peptides are pseudoreplicates (see Materials & Methods). There were 646 total clusters,
of which there was statistical support for increases in frequency for the highest-weighted peptide in
138, and for decreases in 488. Some of our statistics use cluster as a random effect within a linear mixed
model. When interpretable R^2 values are needed, we instead collapse each cluster into a single pseudo-
datapoint with value given by the weighted mean and weight given by the sum of weights, and then use
fixed effect models.

Amino acid counts are the best predictor of random peptide fitness effects

We estimated peptide disorder using IUPred (17, 18), water solubility using CamSol (27), and general
aggregation propensity using Tango (9, 19, 20). Fewer than 6% of the random peptides have a predicted
transmembrane helix (Dataset S1) from TMHMM (28), so our choice of these predictors is guided by our
assumption that the random peptides are predominantly located in the cytosol. Having a predicted
transmembrane helix did not in itself predict random peptide fitness effects (P = 0.2, likelihood ratio test
relative to mixed model with only the intercept as a fixed effect). In contrast, each of our cytosol-
solubility-inspired metrics significantly predicted random peptide fitness (Fig. 1A – 1C), with effects in
the predicted direction (more disorder and more solubility are good, more aggregation propensity is
bad). Another aggregation predictor, Waltz (29), that specializes in β aggregates, was in the right
direction but did not quite meet statistical significance (P = 0.06).

Fig. 1. **Many metrics, on their own, predict peptide fitness effects, but amino acid composition**
predicts the most. A) ISD (on a square root scale), B) CamSol, and C) the number of amino acids in
Tango-predicted aggregation-prone regions each significantly predict peptide fitness on their own (P = 7
× 10^{-4}, 0.003, and 0.02, respectively, likelihood ratio test in mixed model). D) The best model is fitness
predicted by amino acid composition; weighted R^2 values for predicting cluster fitness (n = 646) from the
ISD, CamSol, Tango, and amino acid composition models are 0.029, 0.031, 0.017, and 0.15, respectively.
Each point shows a cluster with area is proportional to summed weights across that cluster. Seven
clusters with fitness greater than 2 are not shown here for ease of visualization; a complete y-axis is
shown in supplemental fig. 1. Log-transforming fitness would remove high fitness skew, but creates
systematic heteroscedasticity, and so was not done (supplemental fig. 2). The lack of systematic
heteroscedasticity can be seen here in the form of similar point size across fitness values. Blue lines
come from weighted linear mixed regression models (see Materials and Methods), where a random
effect term controls for pseudoreplication within clusters.

While IUPred, CamSol, and Tango are all statistically supported predictors of fitness, all pale in
comparison to amino acid composition. Weighted R^2 values for IUPred, CamSol, and Tango are 0.029,
0.031, 0.017, respectively. However, when the frequencies of each of the twenty amino acids were also
used as predictors (Fig. 1D), IUPred, CamSol, and Tango were no longer significant predictors of fitness
(P = 0.2, 0.2, and 0.3, respectively, likelihood ratio test in mixed model), suggesting that their predictive
power in our dataset came merely from being metrics of amino acid composition. Amino acid
composition also explains a much greater amount of the variation in fitness than any of the other
predictors, with a weighted adjusted R^2 of a surprisingly high 0.15.

We next tried two predictors that focus exclusively on the order rather than the frequency of amino
acids in a peptide. First, the contribution of amino acid order to ISD (calculated as ΔISD = original
sequence ISD – scrambled sequence ISD), is higher in younger mouse genes (12). However, this was not
the case for the very youngest mouse genes, and including ΔISD did not significantly improve our model
(P = 0.2).

Second, previous work found that young proteins have their hydrophobic amino acids more clustered
together along the primary sequence than expected by chance, while old proteins have them more
interspersed (14, 15). This hydrophobic dispersion metric (30, 31), which is normalized to exclude any
influence from amino acid composition, did not significantly predict the fitness of our random peptides

on its own (P = 0.2, likelihood ratio test in mixed model), nor did including it significantly improve our model with amino acid composition (P = 0.2).

Young animal sequences are enriched for amino acids that increase fitness in random peptides

For ease of interpretation, we calculated the marginal effect of each amino acid on fitness (see supplementary text and Table S1, displayed in fig. 2, y-axis), instead of simply using its slope in a regression model. Fitness effects are correlated with both amino acid volume (32) and with a metric of how often an amino acid tends to be found in known disordered versus ordered proteins (33) (fig. 2A and 2B; P = 0.01 for both disorder propensity and volume, likelihood ratio test for dropping either term from weighted regression containing both). Volume and disorder propensity together explain over half the weighted variation in marginal fitness effect (weighted adjusted R^2 = 0.52). Other properties of amino acids, such as stickiness (34), relative solvent accessibility (35), amino acid cost in *E. coli* (36), and isoelectric point (37) did not provide significant explanatory power on top of disorder propensity and volume (all P > 0.1, likelihood ratio test).

Fig. 2. **Amino acids that are small and are associated with intrinsic structural disorder promote higher fitness**. The y-axis shows each amino acid's marginal effect on fitness, which is the change in fitness when one amino acid of the focal type replaces one randomly chosen amino acid of a different type in a random peptide (see Supporting Information). Error bars are +/- one standard error. P-values and correlation coefficients come from weighted Pearson's correlations, where weights for marginal effects are calculated as 1 / s.e.(marginal fitness effect)^2, and volume and disorder propensity are unweighted. Amino acid fitness effects are correlated with (A) amino acid volume and with (B) disorder propensity.

Tryptophan is an outlier for amino acid effects on fitness, predicting minor positive effects on fitness despite both its large volume and its underrepresentation in disordered regions. Removing tryptophan

from a weighted regression model of volume and disorder propensity predicting marginal effect changes
the weighted adjusted R^2 from 0.52 to 0.68. Tryptophan, encoded only by UGG, is nearly 60% more
common among peptides with at least 5 sequences reads than we expect from the 58% GC content of
our dataset. With the confidence interval for its marginal fitness effect including 1, this provides further
evidence that tryptophan is advantageous, making it a distinct outlier, for reasons that are not clear to
us.

Next we tested whether the amino acids that are relatively benign in random peptides expressed under
laboratory conditions in *E. coli* are similar to the amino acids that are found in purportedly young
protein-coding sequences in natural populations. We took the latter from James et al. (15) who
quantified how amino acid frequencies depend on the age of the protein domain, across over 400
eukaryotic species. As predicted by the de novo gene birth interpretation of phylostratigraphy trends,
amino acids that are good for random peptides are enriched among the youngest animal Pfams (fig. 3A).

Fig. 3. **Purportedly young animal Pfams are enriched for amino acids that predict high fitness in**
random peptides. The y-axis represents the change in the frequency of each amino acid per billion years
(BY) for non-transmembrane Pfam domains (15). Change is in number of percentage points, not
percentage increase or decrease. For example, a change in glutamic acid content from 5% to 6% is a
change of 1 percentage point. The x-axis shows each amino acid's marginal effect on fitness, which is the
change in fitness when one amino acid of the focal type replaces one randomly chosen amino acid of a
different type in a random peptide (see Supporting Information). Error bars are +/- one standard error.
Fitness effects predict A) animal, but not B) plant, or C) ancient (older than 2.1 billion years) Pfam
phylostratigraphy slopes. Correlation coefficients and P-values come from weighted Pearson
correlations. Note that the P-value for animal phylostratigraphy slopes vs marginal effects survives a
conservative Bonferroni correction (P = 0.002 < 0.05/3 = 0.017).

This prediction was not, however, supported for trends among recent plant domains (fig. 3B) nor among
ancient (fig. 3C) domains older than 2.1 billion years. Plant and ancient trends reflect a *de novo* gene
birth process that enriches for the most abundant amino acids in their respective lineages, rather than
for amino acids that promote intrinsic structural disorder (15). We find that intrinsic structural disorder
still predicts harmlessness in *E. coli*, even though we do not find evidence it shaped *de novo* gene birth

in its distant ancestors. We also note that intrinsic structural disorder does shape recent *de novo* gene
birth in viruses (16).

The correlation in fig. 3A is nevertheless an important external validation that patterns observed using
phylostratigraphy can be indicative of the gene birth process, at least in animals. As Monod suggested,
what makes a peptide benign in *E. coli* does also make a peptide benign in elephants – with the caveat
that this might not be the case in eucalyptus.

Determining which sequences are young is difficult, and may be subject to systematic error (homology
detection bias) (21-23). Our ability to externally validate animal phylostratigraphy slopes against an
independent dataset generated in *E. coli* is a powerful demonstration that these slopes represent more
than mere bias. This conclusion is also supported by the fact that these slopes differ among taxa and are
not correlated with amino acid changeability (15).

Fitness is better predicted by amino acid composition than by GC content

Long et al. (38) proposed that selection acts directly on GC content, perhaps due to the three hydrogen
bonds of G-C pairs. Amino acids encoded by Gs and Cs tend to promote higher intrinsic structural
disorder (10), making it difficult to distinguish between selection for high GC content and selection for
disorder-promoting amino acids. To do this, we compare amino acids that always have G or C to those
that always have A or T, at both the first and second nucleotide positions in the codon. If selection were
for GC nucleotides, we would expect GC to predict high marginal amino acid fitness effects at both
positions. But if results are dramatically different at the two positions, this would show that it is
selection on amino acid content that drives GC as a correlated trait. Results are statistically significant in
the predicted direction at the second position (fig. 4A, P = 0.001, weighted Welch's t-test), and in the
predicted direction but not statistically significant at the first (fig. 4B, P = 0.2). The effect size of GC
content on fitness could not be statistically distinguished between the first and second position (fig. 4C),
with wide and hence inconclusive error bars.

However, amino acid composition is a far stronger predictor of lineage fitness than GC content. While
GC content is a predictor, offering a significant improvement over an intercept-only model (P = 6×10^{-11},
likelihood ratio test for nested fixed-effect models, weighted adjusted R^2 = 0.06), it predicts considerably
less than amino acid composition (P = 10^{-18}, weighted adjusted R^2 = 0.15). Adding GC content to the
amino acid frequencies-only model offers a modest improvement (P = 0.004, weighted adjusted R^2
values improves from 0.15 to 0.16), while adding amino acid composition to a GC content only model
offers a major improvement (P = 10^{-11}, weighted adjusted R^2 improves from 0.06 to 0.16). These findings
suggest that while there may be some direct selection on GC content, the strength of this selection pales
in comparison to selection on amino acid composition.

Fig. 4. **Amino acids that are constrained to use Gs and Cs tend to have higher marginal effects on**
fitness than those constrained to use As and Ts. The difference is significant for constraints at the
second nucleotide position of a codon (A) (P = 0.001, weighted Welch's t-test), but not at the first (B) (P
= 0.2). Point area is proportional to weight, which is calculated as 1 / s.e.(marginal fitness effect)^2, as
described in Supporting Information. The y-axis is the same as the fig. 2 y-axis and fig. 3 x-axis. C) The
mean advantage of amino acids constrained to use GC rather than constrained to use AT is not
distinguishable in size between the first and second codon positions. Y-axis gives the difference in the
two weighted means of marginal fitness effects from A) and B). Error bars represent 95% confidence
intervals on the difference between the means (calculated as difference +/- t_{crit} × se), where t_{crit} ≈ 2.1 is
the critical value of the t-statistic with the appropriate degrees of freedom. Weighted Welch's t-test
statistic and the corresponding standard error of the difference in means were calculated using the
"wtd.t.test" function from the "weights" R package, version 1.0.1.

Our fitness predictor is validated on random N-terminal tags

In order to validate our fitness predictor against an external dataset, we tested the ability of our amino-
acid-only to predict the fitness effects of shorter random peptides present as N-terminal tags. Goodman
et al. (39) tagged the N-prime end of green fluorescent protein (GFP) with 137 different short random
sequences (11 amino acids long), to allow for monitoring of random peptide expression level via
fluorescence. Frumkin et al. (40) measured the fitness effects of these random peptide-tagged GFPs in *E.*
coli using FitSeq (41). For 89 of them, Frumkin et al. (40) were able to calculate a "fitness residual" based
on the deviation from the fitness expected from the level of GFP expression. Our fitness predictions
were significantly correlated with their fitness residuals (fig. 5). These findings provide an external
validation of the accuracy of our fitness predictor, even in cases where a random segment makes up
only a small portion of a total protein.

Fig. 5. **Fitness predictions trained on the random peptides of Neme et al. (6) also work for short random tags attached to the N-terminus of GFP**. Predicted fitness comes from our amino acid composition-only mixed model. "Fitness residuals" of N-terminal tags are from Frumkin et al. (40), and represent the difference between the fitness of the construct and the expected fitness from expression level. *n* = 89.

Discussion

We found that amino acid composition is the primary predictor of the fitness effects of random peptides expressed in *E. coli*. Amino acids that are small and promote intrinsic structural disorder predict high fitness. Amino acids that are good for random peptides in *E. coli* are enriched in young proteins in animals, suggesting that harm is avoided in similar ways across diverse lineages. What is truly astonishing is that simply knowing how many of which amino acids are present in a random peptide explained 15% of the variance in fitness.

Most studies of random peptides have focused on finding peptides that have specific binding or function (42, 43, e.g. 44). Some were motivated as proof-of-concept that random peptides can exhibit properties of native proteins, such as folding (45-47) and being soluble (48). Others focus on how to increase the percentage of native-like random peptides, e.g. by showing that more hydrophilic random peptide libraries have a higher percentage of stable and soluble peptides (49). Our work has a different intent, identifying properties that make a peptide less likely to be harmful. Neme et al.'s (6) experiment was perfect for this purpose because it used a large library of peptides with diverse properties, and selected under relatively permissive conditions, simply for relative growth rates in the presence of peptide expression. In contrast, a study design such as that of Knopp et al. (50), who selected random peptides that rescue viability in the presence of antibiotics, is less useful for our purposes.

Having a higher proportion of random peptides do no harm is expected to increase the success rate of
future screens for peptide with specific properties. Nucleotide sequences with high %GC content tend to
encode peptides with more benign fitness effects, suggesting that higher %GC should be used in future
random peptide libraries. However, very high GC content will yield low complexity sequences, which our
predictor has not been trained on. The marginal fitness effects of each amino acid might be different in
this very different context.

While the library used by Neme et al. (6) was designed to have equal frequencies of each nucleotide in
the random region, and thus 50% GC content, the over two million random peptides that had at least
one sequencing read had a GC content of ~59% in their random portion. The mean GC content of the
peptide clusters we analyzed (see Materials and Methods) was similar, at ~58%, with higher fitness
peptides within this group having higher %GC, as discussed in the Results. This suggests that many lower
GC content sequences were so harmful that lineages that carried them went extinct prior to detection
via sequencing.

Long et al. (38) proposed that there is direct selection for high GC content, as evidenced in part by a
preference for amino acids with G or C at the second position of codons, in excess of that predicted from
mutation accumulation experiments. Our findings cannot exclude this hypothesis, but show stronger
selection on amino acid composition, selection that is capable of driving increased GC content in coding
regions as a correlated trait. In intergenic regions, elevated %GC is likely driven mostly by GC-biased
gene conversion. However, if driven in part by selection, it is possibly not just on GC content, but also on
peptides from non-coding regions translated by error (51, 52). Selection on translation errors is for
example strong enough to shape non-coding sequences beyond stop codons in *Saccharomyces*
cerevisiae (53).

The fact that IUPred, CamSol, and Tango have predictive power only when amino acid composition is
not controlled for suggest that both predictors serve here primarily as summary statistics of amino acid
content. Metrics like hydrophobic clustering, which are independent of amino acid composition by
construction, do not add predictive power.

While driven by amino acid composition, our findings still strongly support the hypothesis that peptides
with low structural disorder tend to be harmful. Disorder-promoting amino acids may help a peptide
remain soluble even if unfolded. Small amino acids also tend to be benign, perhaps because they are
hydrophobic enough to promote some amount of folding but flexible enough to avoid too much
hydrophobic residue exposure.

Plants have different trends in amino acid composition change over time than animals, with young
genes seeming to prefer readily available amino acids, rather than amino acids that promote intrinsic
structural disorder (15). Nevertheless, our finding of consistency between what is benign in *E. coli* and
what is benign in animals suggests a deep concordance in what makes a peptide harmful between two
apparently disparate branches of life. The forces that drive protein birth therefore appear to share a key
similarity between bacteria and Animalia. To modify Monod's famous quote, what is harmful in *E. coli* is
also harmful in elephants, but not necessarily in eucalyptus.

Methods

Data retrieval

Neme et al. (6) performed seven experiments where *E. coli* lineages, each with a plasmid containing a unique random peptide, were grown and tracked using deep DNA sequencing. We downloaded sequencing counts from Dryad at http://dx.doi.org/10.5061/dryad.6f356, and obtained amino acid and nucleotide sequences directly from Rafik Neme. Experiment 7 was by far the largest, containing all the peptides that the other six experiments classified as "increasing" or "decreasing," and more. We thus chose to focus on experiment 7 in our work. Experiment 7 consists of the numbers of reads of each random peptide sequence in 5 replicate populations of *E. coli* at 4 time points. We summed across all 5 replicates to obtain a total number of reads for each polypeptide at each time point. Following Neme et al. (6), we took the 1061 peptides out of over one million that had ≥5 reads across all 5 replicates of experiment 7. We further excluded the six peptides that, while meeting the criterion of ≥5 reads, had all of those reads at the same timepoint, leaving 1055 peptides for analysis.

Estimating lineage fitness from random peptide sequencing counts

The expected number of reads λ_{it} of peptide i at times t=1,2,3,4 was modeled as:

$$\lambda_{it} = N_t p_{i0} \prod_{k=1}^{t} \frac{\omega_i}{W_{k-1}},$$

where N_t is the observed total number of reads, p_{i0} is the initial frequency of peptide i at the beginning of the experiment (prior to the round of selection used to produce the first measured timepoint $t = 1$), $\frac{\omega_i}{W_t}$ is the fitness of bacteria with peptide i at time t (i.e. their propensity to contribute to the next time point), and W_k is population mean fitness at time k.

The likelihoods of observed peptide counts were estimated from this expectation and two different error models. A Poisson distribution, which captures sampling error alone, was used to generate our initial estimates of p_{i0}, ω_i, and W_k (collectively yielding λ_{it}) because it is analytically tractable. Under a Poisson error function, the likelihood of observing n_{it} reads of peptide i at time t is

$$f_{Poiss}(n_{it}|\lambda_{it}) = \frac{\lambda_{it}^{n_{it}} e^{-\lambda_{it}}}{n_{it}!}.$$

To also capture variance inflation κ due to PCR amplification, we used a negative binomial distribution in the Polya form:

$$f_{NBP}(n_{it}|\lambda_{i,t},\kappa) = \left(\frac{\Gamma\left(n_{it} + \frac{\lambda_{i,t}}{\kappa - 1}\right)}{n_{it}! \, \Gamma\left(\frac{\lambda_{i,t}}{\kappa - 1}\right)} \right) \left(\frac{1}{\kappa}\right)^{\frac{\lambda_{i,t}}{\kappa - 1}} \left(1 - \frac{1}{\kappa}\right)^{n_{it}}$$

where $\Gamma(\cdot)$ is the gamma function. We used the initial estimates of p_{i0}, ω_i, and W_k to numerically fit the negative binomial model. For the specifics of fitting the Poisson and negative binomial models, see Supporting Information. Weights were calculated, for use in downstream linear models, from this likelihood inference procedure, as the inverse of Fisher information (see Supporting Information).

An existing software package for estimating lineage fitness from sequencing counts is Fit-Seq (41), which
captures the amplication of PCR error through a more sophisticated distribution for the number of reads
that is derived in the supplementary information of Levy et al. (54). However, Fit-Seq assumes that
mean fitness is a simple average of all measured lineages' fitness, requiring all individuals to be tagged
and measured. But Neme et al.'s (6) experiment included lineages carrying an empty plasmid, i.e. with
the selectable marker but no random peptide. Worse, the proportion of cells with an empty vector can
be presumed to increase over time. In the absence of a reliable way to quantify these, we instead
consider mean population fitness over time to be a set of independent parameters to be fitted.

Clustering non-independent sequences

Upon visual inspection, we found that some peptide sequences were extremely similar, with only one or
two amino acid differences; these data points will not contain independent information about the
relationship between sequence and fitness. To account for non-independence, we clustered peptides by
their Hamming distance, and either took only the peptide whose fitness had the highest weight within
its cluster, or took weighted means within clusters, or included cluster in our regression models as a
random effect term. Single-link clustering with Hamming distance cutoffs of 6 to 29 amino acids all
produced an identical set of 646 clusters for our 1055 peptides. The largest cluster had 228 random
peptides, and the second largest had only 13. The vast majorities of clusters contained only 1 sequence
(Dataset S1). A few peptides had mutations in their non-random regions; these mutations were counted
in our Hamming distance measurements.

Such similar sequences are highly unlikely to arise by chance if the peptides were truly random; $20^{50} \approx$
10^{65} peptides are possible, far more than the ~2×10^6 observed. Because we analyze only peptides with
at least 5 reads, replicated sequencing error is an unlikely cause. We see the same nearly-identical
sequences appearing in every experimental replicate, suggesting either that mutations occurred during
Neme et al.'s (6) initial growth phase, or that the "random" peptides synthesized for the experiment are
not entirely random. We note that construction of the "random" peptide library involved ligations of a
smaller set of "seed" sequences, introducing non-randomness at this stage.

Predictors of fitness

375 All peptides are exactly 65 amino acids long with 50 amino acids of random sequence, so there was no
376 need to control for length.

GC content

Many amino acid sequences mapped to several possible nucleotide sequences, as part of the same
problem of mutation or non-random construction discussed above. To calculate one GC content for each
random peptide, we calculated a simple average of GC content across all the nucleotide sequences in
the dataset that map to the peptide with the largest weight in the cluster.

To calculate GC content for the over two million peptides with at least one sequencing read, we took a
simple average of the GC content from the random portion of the peptides.

Disorder
IUPred (17, 18) returns an ISD score between zero and one for each amino acid in a sequence, with
higher scores indicating greater intrinsic disorder. To calculate an ISD score for each random peptide, we

took the average of the scores for the whole sequence (i.e. including non-random parts). We used a
square root transform because it produced a more linear relationship with fitness than no transform.
IUPred2 was used for all analyses except ΔISD, which used the original IUPred program – differences
between the two are minimal (18).

Aggregation propensity
392 Tango (9, 19, 20) returns an aggregation score for each amino acid in a sequence. At least five sequential
393 amino acids with a score greater than or equal to five indicates an aggregation-prone region. We scored
394 peptide aggregation propensity as the number of amino acids within regions scored as aggregation-
395 prone, including contributions from non-random regions.

Solubility
397 CamSol (27) returns a solubility score for each amino acid in a sequence, as well as a simple average of
398 all scores for a sequence, which CamSol calls a "solubility profile." We used the solubility profile of the
399 full sequences, including non-random regions.

Hydrophobic clustering
We used a Perl script developed by Scott Foy ("calculate_hydrophobic_dispersion.pl" at
https://github.com/MaselLab/A-shift-in-aggregation-avoidance-strategy-marks-a-long-term-direction-
to-protein-evolution/tree/master/script) to calculate Irback's hydrophobicity dispersion metric (30, 31).
This metric splits a sequence into blocks of equal length and calculates dispersion as the variance of the
hydrophobicity per block by the mean hydrophobicity per block, normalized to account for differences
in mean hydrophobicity and length. We used blocks of 6 amino acids, considered I, L, M, F, and V
hydrophobic, and scored whole peptide sequences including non-random regions.

Amino acid composition
409 We scored amino acid composition by counting frequencies among the 50 amino acids in the random
410 portion of each peptide.

411 The values for all the above predictors for each peptide are listed in Dataset S1.

Statistics

All statistical tests were carried out in R version 3.6.3 (55), with figures generated using "ggplot2" (56).
Weighted linear mixed models were implemented using the "lmer" function from the "lme4" package
(57), with cluster as a random effect. See Supporting Information for details, including justification of a
log-transform for fitness. When R^2 values were needed, we instead averaged peptides within the same
cluster into a combined datapoint, allowing us to avoid the use of random effect term, and took R^2
values from the base R "lm" function.

Code availability

420 All code is available on GitHub at https://github.com/MaselLab/RandomPeptides.

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