On the fitness of informative cues in complex environments

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Abstract

To be able to deal with uncertainty is of primary importance to all organisms. When 5 cues provide information about the state of the environment, organisms can use them 6 to respond flexibly. Thus information can provide fitness advantages. Without environmental cues, an organism can reduce the risks of environmental uncertainty by hedg-8 ing its bets across different scenarios. Risk mitigation is then possible by adopting a 9 life-history of bet-hedging, either randomly switching between phenotypes (diversifying 10 bet-hedging) or adopting intermediate phenotypes (conservative bet-hedging). Hence, un-11 derstanding patterns of bet-hedging is necessary in order to quantify the fitness benefit of 12 environmental cues, since it provides a baseline fitness in the absence of informative cues. 13 Quantifying fitness benefits in terms of mutual information reveals deep connections be-14 tween Darwinian evolution and information theory. However, physiological constraints 15 or complex ecological scenarios often lead to the number of environmental states to ex-16 ceed that of potential phenotypes, or a single intermediate phenotype is adopted, as in the 17 case of conservative bet-hedging. Incorporating these biological complexities, we gen-18 eralise the relationship between information theory and Darwinian fitness. Sophisticated 19 bet-hedging strategies - combining diversifying and conservative bet-hedging - can then 20 evolve. We show that, counterintuitively, environmental complexity can reduce, rather 21 than increase, the number of phenotypes that an organism can adopt. In conclusion, we 22 develop an information-theoretic extensible approach for investigating and quantifying 23 fitness in ecological studies. 24

Keywords: Shannon Information, nonlinear fitness, stochastic switching, inaccessible pheno types

1 Introduction

²⁸ Change is a significant constant in the natural world. Organisms have to be plastic enough to ²⁹ ride out the variability in the environment. A potential strategy to cope with this variability ³⁰ is to be plastic by relying on information provided by environmental cues. An informative ³¹ cue is "a feature of the world, animate or inanimate, which can be used by an animal to guide ³² future actions" [1, 2], or development. Many organisms demonstrate a plastic response to the ³³ environment, using environmental cues to modulate their phenotype [3].

However, some of the most basic adaptive mechanisms do not require informative cues. For instance, a wide genetic diversity results in a better response of populations to random environmental fluctuations [4]. Another way can be for an organism to adopt a life history of "bet-hedging". This is possible via adopting a generalist phenotype (conservative bet-hedging) or by randomly switching between different phenotypes, within or between generations (diversifying bet-hedging) [5, 6, 7, 8]. Hereafter we use bet-hedging as a synonym for diversifying bet-hedging.

Even without genetic variation in the population, bet-hedging enables coping with un-41 certain environments [9, 10, 11]: when all individuals in a population experience the same 42 environmental state, developmental variability in the phenotypes of an individual's offspring 43 will ensure that at least part of its progeny will develop a proper phenotype for the current 44 environmental state. The theory of bet-hedging has had a long history [12, 13, 14, 15] and 45 instances of this phenomenon can be observed in nature [16, 17, 18]. The bet-hedging theory 46 hinges on the trade-off between maximizing short term fitness and reducing the adverse long 47 term effects of its variability due to the stochasticity of the environment. Interestingly, even 48 when cues are present but do not provide full information, bet-hedging can still occur as a 49 consequence of their uncertainty [19]. 50

Previous studies quantified the fitness values of informative cues by comparing the fitness 51 of plastic strategies relying on cues and of bet-hedging strategies, not relying on any cue. 52 These studies pointed to a tight relationship between evolution and information. In simple 53 cases where the number of phenotypes equals that of environmental states, bits can quan-54 tify the evolutionary benefit of an informative cue [20]. While information theory provides a 55 promising framework to study evolution, relatively few studies used this framework to study 56 ecological and evolutionary phenomena [21]. In this study, we extend the information theory 57 approach previously described by Bergstrom and Lachmann [20, 22] to examine the effects 58

of more complex scenarios. In nature, often environmental complexity exceeds physiological 59 and evolutionary flexibility, and the number of possible environmental states might exceed 60 that of phenotypes. For example, the phenotypes might lie far from each other in the fitness 61 landscape to be accessible, or physiological constrains in an organism might limit the variety 62 of phenotypes it can develop. Besides, one of the available phenotypes may perform better 63 in more than one environment. In these cases, as environmental complexity increases, the 64 optimal strategy is more likely the one in which the same phenotypes are adopted in response 65 to different environmental states, i.e. conservative bet-hedging occurs along with diversifying 66 bet-hedging. These instances, in which the number of environmental states exceeds the num-67 ber of phenotypes, are the focus of this study. We show that in these cases, vibrant patterns of 68 bet-hedging emerge and that, counterintuitively, the potential fitness value of informative cues 69 can decrease. 70

We first begin by reviewing the connection between Shannon and Gould information as per 71 [20, 22], by following the calculations from Donaldson-Matasci et al. [22] where an organism 72 can have as many phenotypes as the number of environmental states (represented by a square 73 matrix). Then we generalize this analysis to any number of phenotypes and environmental 74 states. Inequality between the number of phenotypes and environmental states (represented 75 by a non-square matrix) is also possible. We explore representative cases of asymmetric sce-76 narios, characterized by simple probability distributions describing the occurrence of different 77 environmental states. In these cases, the best bet-hedging strategy depends on the probability 78 of the environmental states in a non-linear fashion. We discuss some examples, among which 79 those of organisms adapted only to a range of environmental conditions, for which often in-80 creased environmental uncertainty is present at the borders of their distribution. We show that 81 relatively more complex scenarios, the fitness value of the informative cues is less than the mu-82 tual information between the cue and the environment. We generalize this observation to any 83 asymmetric scenarios, showing that under the more natural asymmetric conditions of complex 84 environments, a lower boundary to the fitness benefit of an informative cue is expected. 85

In biology, a direct method to quantify the impact of a cue is to compare the fitness when knowing and not knowing the cue. The difference in the fitness of the strategy adopted when knowing the cue and not knowing the cue is the value of the cue measured in units of fitness gained [23, 24]. Examples where such cues are essential range from the germination in seeds and diapause in insects, to offspring clutch size control by parents. If a cue provides complete information about the predators' presence, then the animal can opt more likely for a proper course of action. This measure is **Gould information**.

A classical method to quantify the value of an environmental cue is **Shannon Information**. Consider a fair coin. The two possible outcomes "heads" (1) and "tails" (0) are both likely with equal probabilities ($p_0 = p_1 = 0.5$). Hence the amount of surprise which we have when we know the result of a certain coin toss event E is simply, $H(E) = -p_0 \log_2 p_0 - p_1 \log_2 p_1 = 1$. This is the Shannon entropy as defined in classical information theory [25, 26]. Traditional approaches in statistical physics, communication, engineering and related fields make use of the concept of 'mutual information'. The amount by which a cue (C) reduces the uncertainty about the environment (E) is defined as mutual information (I(E; C)). It is measured in terms of entropy as,

$$I(E;C) = H(E) - H(E|C)$$
⁽¹⁾

where $H(E) = -\sum_{e} p_e \log p_e$ is the 'entropy' of the random variable E denoting the envi-102 ronment. Similarly $H(E|C) = -\sum_{c} p_c \sum_{e} p(e|c) \log p(e|c)$ is the entropy when the cue has 103 been received. Here p_c is the probability of observing the cue c and the probability that the 104 environment is in state e when cue c is observed is given by p(e|c). If a cue is not related 105 to the environment, then the entropy remains unchanged (H(E|C) = H(E)) and the mutual 106 information between the cue and the environment is zero. However for a perfect cue this prob-107 ability is p(e|c) = 1 and hence H(E|C) = 0. Thus the cue reveals the environment entirely, 108 and the mutual information is precisely equal to the entropy of the system I(E; C) = H(E). 109 Strong links exist between the two measures of the value of informative cues [20, 22]. 110

Studies show that if the environmental cue is flawlessly informative then for an intermediate probability of an adverse event occurring, the best approach is to bet-hedge. This region of probability space in which bet-hedging occurs is a function of the Shannon entropy, and the fitness value of information is bounded above by the Shannon entropy [20]. Thus an intimate connection exists between the classical information-theoretic approach and the biologically intuitive Gould information approach.

Throughout the analyses we adopt a geometric mean approach [27, 28, 22]. Whereas 117 the arithmetic-mean does not capture the effects of environmental variance on fitness, the 118 multiplicative nature of geometric-mean efficiently describes the effects on the growth rate 119 as long as there are no interactions between the phenotypes, i.e. where the average fitness is 120 frequency independent [12, 29, 30, 31]. Indeed, in a variable environment the allele having 121 the higher geometric mean takes over the population [32, 33, 34]. Therefore short term fitness 122 (usually considered in the frequency-dependent analysis, e.g. in evolutionary game theory) 123 might not be the most useful statistic in case of environmental variability. Instead, a geometric 124 mean approach can be fruitfully adopted in these cases, elucidating the role of bet-hedging 125 strategies in minimizing fitness variability in the absence of informative cues [20, 22, 8]. 126

127 2 Model and Results

¹²⁸ 2.1 Symmetric case: two environmental states with two phenotypes

Traditionally bet-hedging models have focused on the example of annual plants. We use it here as well, presenting a representative case using simple fictitious interaction matrices. A detailed description of possible ecological interpretations follows in the discussion.

A year could be wet e_1 or dry e_2 . Seeds of desert annuals are better off staying dormant over dry years and do better by germinating in wet years. This relationship can be represented in the form of an interaction matrix as follows,

$$\begin{array}{ccc}
e_1 & e_2 \\
\text{Germinate} \begin{pmatrix} 5 & 1 \\ 2 & 2 \end{pmatrix}, \\
\text{Dormant} & & (2)
\end{array}$$

The probability that a flash flood occurs and a year is wet is p, while the year is dry with the probability (1 - p). The gain of the two phenotypes averaged over the two environments are thus given by,

$$f_G = 5 p + 1 (1 - p)$$

$$f_D = 2 p + 2 (1 - p)$$
(3)

These are the average fitnesses of the two phenotypes. The internal equilibrium of this system is at $p^* = 1/4$, where the fitnesses of the two strategies are equal. In the short run organisms will maximize their expected fitness by employing a strategy that maximizes its single generation expected fitness, $F(E) = max[f_D, f_G]$ where E is a random variable representing the state of the environment (Fig. 1). Hence if the probability of a flash flood is greater than p^* it is better to germinate else staying dormant is a safe bet.

$$F(E) = \begin{cases} f_G & \text{for } p > p^* \text{ always Germinate} \\ f_D & \text{for } p < p^* \text{ always Dormant.} \end{cases}$$
(4)

In order to quantify the reduction in fitness due to environmental uncertainty, we can now suppose that the organisms might receive a cue C, which indicates the environmental state precisely. Therefore, then there is no confusion over choosing to germinate or not regardless of p. In this case the single generational expected fitness will be, F(E|C) = 5p + 2(1 - p). The value of the cue is then is the difference between the fitness with the cue and without the cue,

$$\Delta F(E;C) = F(E|C) - F(E)$$
(5)

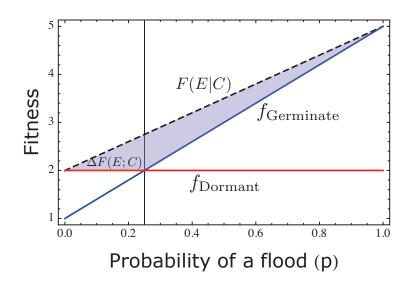


Figure 1: Average fitnesses of the Germinate and remain Dormant strategies as a function of the probability of a flood p. The internal equilibrium is given by the vertical line at $p^* = 1/4$. For $p < p^*$ it pays to remain dormant while for $p > p^*$ it is better to germinate. Knowing the state of the environment exactly from the cue a seed can obtain F(E|C). Hence the fitness benefit due to the cue is given by the shaded area.

This is the result which we expect if the organism maximizes the single generational expected fitness. However, in a temporally varying environment, the phenotype that is most likely to fix over the long term is the one with the highest expected long-term growth rate. To approach this question, we define the frequencies with which each phenotype is adopted in a given season as x (Germinate) and 1 - x (Dormant) respectively. The mean log fitness can estimate the long-term growth rate of a given strategy, or, equivalently, the log of the geometric mean fitness [12, 35, 36, 19]. The expected long term growth rate is then given by,

$$g(x) = p\log[env(e_1, x)] + (1 - p)\log[env(e_2, x)]$$
(6)

¹⁵⁷ where the fitnesses in the two environments are given by,

$$env(e_1, x) = 5x + 2(1 - x)$$

$$env(e_2, x) = x + 2(1 - x).$$
(7)

¹⁵⁸ Maximizing the expected long term growth rate results in,

$$x^{*}(p) = \begin{cases} 0 & \text{for } p \le 1/4 \text{ (Dormant)} \\ \frac{2}{3}(4p-1) & \text{for } 1/4 (8)$$

We can therefore identify a bet-hedging region, namely a region in probability space where probabilistic switching between the phenotypes occurs. Substituting this result back in the growth rates we get,

$$G(E) = \begin{cases} \log(2) & \text{for } p \le 1/4 \text{ Dormant} \\ (1-p)\log(8/3) + p\log(8) - H(E) & \text{for } 1/4 (9)$$

where $H(E) = -p \log(p) - (1-p) \log(1-p)$ is the entropy of the random variable E. Making use of a perfectly informative cue the growth rate can be given by, $G(E|C) = p \log(5) + (1 - p) \log(2)$. Hence now the value of the cue is the difference between the growth rate with the cue and the one without i.e. G(E|C) - G(E) illustrated in Fig. 2,

$$\Delta G(E;C) = \begin{cases} p \log(5/2) & \text{for } p \le 1/4 \text{ Dormant} \\ H(E) + (1-p) \log(6/8) + p \log(5/8) & \text{for } 1/4$$

Previous studies show that $\Delta G(E; C)$ peaks within the region of bet-hedging and is bounded by the mutual information between the cue and the environment [?]. As in this case where the cue is perfect this mutual information is simply the Shannon entropy of the environment H(E).

2.2 Examples with asymmetry in strategies and environments

The environment can vary in time and space. Generally, an organism is adapted only to a limited range within an environmental spectrum. Thus including intermediate environmental states can better represent relevant environmental variability. For example, the risk of meeting a predator or the occurrence of certain climatic events can vary along both large or short ecological gradients. Drought or extreme flooding generally limit the growth of the seedlings while a moderate amount of rain is preferable, and precipitations might vary along with geographic distances.

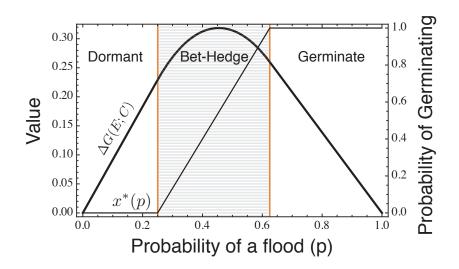


Figure 2: The value of the cue and the probability to germinate as function of the probability of environmental state e_1 . The value of the cue $\Delta G(E; C)$ increases until it peaks within the area of bet-hedging. The bounds of the area of bet-hedging can be calculated analytically Eq. (8). These bounds delineate the transitions in the effective probability of germinating $x^*(p)$ which shifts from 0 (Dormancy) to 1 (Germination) via a linear increase within the area of bet-hedging.

Here we consider the different possible fitness effects of multiple environmental states for the example of seed dormancy. For simplicity we take into account the possibility that two consecutive storms occur within one season (e_1) , only one (e_2) , or none, leading to a dry year (e_3) . These events occur respectively with probabilities p^2 , 2(1-p)p and $(1-p)^2$. In principle, we can assume a complicated function with two variables instead of only p. However, as we show below, even this simple parameterisation, is capable of resulting in intricate bet-hedging patterns, which is sufficient to make our point.

185 2.2.1 Adaptation to intermediates

Assuming that a single flood might provide the necessary humidity but two consecutive ones
 might damage the seedlings we can write down the following interaction matrix,

$$\begin{array}{cccc}
e_1 & e_2 & e_3\\
\text{Germinate} & \begin{pmatrix} 1 & 4 & 1\\ 2 & 2 & 2 \end{pmatrix}, \\
\text{Dormant} & \begin{pmatrix} 1 & 2 & 2\\ 2 & 2 & 2 \end{pmatrix}, \\
\end{array} \tag{11}$$

We have a non-monotonic behaviour of the value of the cue (Appendix, Fig. 3 (a)). However, the satisfactory probability of playing the 'Always Germinate' strategy never materialises. Instead, the seeds do best remaining dormant close to the extreme conditions and only germinating about half the time at most when hedging their bets. The bet-hedging region in this particular case explores the mixed phenotype space between the pure phenotypes.

2.2.2 Adaptation to extremes: Multiplicity of bet-hedging.

¹⁹⁴ Contrary to the previous example, it might also be possible that some plants do better in ex-¹⁹⁵ tremes rather than in common environmental conditions. For example, annual pioneer plants ¹⁹⁶ can be easily outcompeted by others in intermediate environments (e_2). However at environ-¹⁹⁷ mental extremes (e_1 and e_2) their seeds have an advantage.

$$\begin{array}{ccc}
e_1 & e_2 & e_3 \\
\text{Germinate} & \left(\begin{array}{ccc}
4 & 1 & 6 \\
3 & 3 & 3
\end{array} \right), \\
\end{array} (12)$$

In such a case, we see that the probability of germinating decreases after a specific threshold value of p Fig. 3 (b). The non-linear decrease is up to the pure strategy of dormancy. After a specific threshold value of p, it is better to hedge bets with a non-linear increasing probability of germination reaching the 'Always Germinate' extreme. The value of the cue peaks locally in the bet-hedging regions (Appendix and Fig. 3 (b) bold curve).

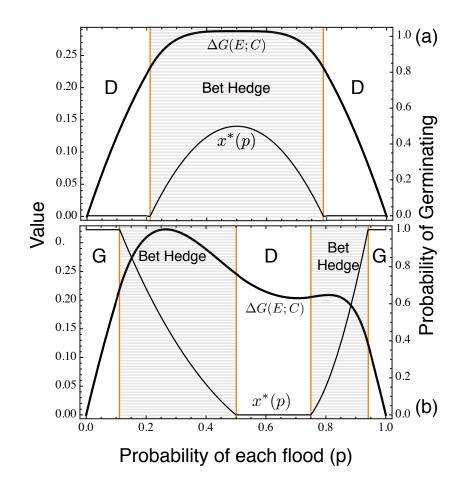


Figure 3: The value of the cue and the probability of germinating as function of the probability of a single flash flood p. Panel (a) is for the example where the intermediate environmental state is favourable for germination. In this case the value of the cue peaks in the area of bet-hedging. The probability of germinating $(x^*(p))$ increases in frequency but just explores the intermediate regime without ever reaching pure Germination. Panel (b) explores the case where germinating in extreme environments is favourable. This case results in two regions of bet-hedging where again the value of the cue $(\Delta G(E; C))$ peaks locally. The probability of germinating goes from 0 Always Dormant) all the way to the other pure phenotype 1 (Always Germinating) non-linearly hedging its bets along. It changes again in the second region of bet-hedging decreasing to 0 (Always Dormant) where it remains until p reaches 1. For both the cases, the bounds of the area of bet-hedging can be calculated analytically (ESM). These bounds delineate the transitions in the effective probability of germinating $x^*(p)$.

Figure 4: Bet hedging regions in the probability space for the illustrative examples. For general probabilities of the three environmental states obeying $e_1 + e_2 + e_3 = 1$, we can plot the effective probability of dormancy x^* for the three illustrative examples. The solid parabolas are the quadratic binomial curves used to describe the examples. For (a) we see a hump in the probability of germinating but the pure Germination strategy is not reached. In (b) the probability of germinating decreases and reaches the pure Dormancy state but then it reduces to pure Germination as the system comes closer to the e_1 vertex.

203 2.3 Environmental gradients in the simplex

The probability distribution considered in the previous examples traces a quadratic binomial 204 cline. Such parabolic clines are typical of those distributions in which e_2 is an intermediate 205 environmental state between the others. Thus the distribution of the environments has a direct 206 impact on the bet-hedging regions. For skewed non-linear distributions, it is possible to have 207 multiple regions of bet-hedging. We can extend this case to an arbitrary probability distribu-208 tion of the environmental states. Assuming that the three states occur with probability p_{e_1} , p_{e_2} 209 and p_{e_3} where they all sum up to unity $(p_{e_1} + p_{e_2} + p_{e_3} = 1)$. Hence now bet-hedging can 210 occur in a simplex defined by these three probabilities as shown in Figure 4. 211

We explore the evolution of bet-hedging in the simplex of environmental probabilities by 212 using stochastic simulations for finite populations, in order to relax the assumption of popula-213 tions as unbounded and growing at an exponential rate used for the geometric mean approach. 214 We consider the interaction matrix (11), and performed Wright-Fisher simulations consider-215 ing a population size of 1000 individuals, evolved for 1000 generations. Analyzing 100 such 216 realizations in Fig. 5 (a) we show the probability of expressing a phenotype, germination, 217 for general environmental distributions. The gradient of the probability of germination was 218 obtained by interpolating a grid of 10000 points for the whole simplex. 219

In Fig. 5 (right panel) we show further simulations performed for the points marked on 220 the clines in Fig. 5 (simplex). The clines represent the particular probability distributions 221 for the environmental states. For instance, the previous examples considered a second-order 222 binomial indicated by the grey dashed cline, where e_1 occurs with probability p^2 and e_3 with 223 $(1-p)^2$. The second black cline indicates the environmental states distributed according to a 224 fourth-order binomial. Thus e_1 occurs with probability p^4 while e_3 with probability $(1-p)^4$. 225 The state e_2 occurs with the complementary probability. Depending on the eccentricity of the 226 clines we can get one or two regions of bet-hedging. We see the hump shape of the probability 227 of germinating as predicted by the infinite population size case in Fig. 3 (a) also recovered via 228

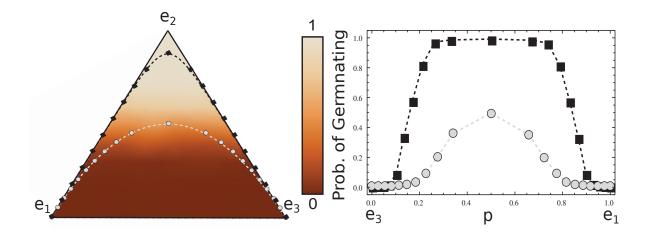


Figure 5: Stochastic simulations of the mean probability of germinating as a function of particular distribution s of environmental states. Wright-Fisher simulations were performed with a population size, N of 1000. After N generations the mean probability of germination was calculated. The results were then interpolated to generate the density ternary plot (a). The marks along the clines represent the probability distributions in the simplex space used for the simulations in (b), shown along the clines. Grey dots indicate the second order binomial clines also used for the examples. Black squares indicates instead a fourth order binomial, where the mixed term are assigned to the intermediate state e_2 .

stochastic simulations. For the higher-order cline, the simulation results in the 'Germinating'
being almost fixed as is the predicted case on the eccentricity of the cline (Fig. 5 simplex).
Hence not only the interaction matrix but also the particular distribution of the environments
influences the observed patterns of bet-hedging.
Note that we chose to explore parabolic clines for simplicity and to represent environment-

Note that we chose to explore parabolic clines for simplicity and to represent environmen tal gradient on a single axis. However, exploring indipendently the probabilities of different
 environments in the simplex can be relevant for more complex environments or when different
 events interact with each other. We provide some examples in an interactive R notebook on
 Github

238 2.4 The fitness value of information in presence of constraints

In all previous examples, the fitness value of a cue, $\Delta G(E, C)$, is calculated with an information theory approach, despite the non-linear interactions between environment and phenotypes. Donaldson-Matasci et al. [22] have shown that in the symmetric case, its value is bounded by the mutual information between the distribution of an informative cue C and

that of the environment E, I(E; C). Self-information, denoted as I(E; E), is equal to H(E). Hence, for an entirely informative cue, the fitness value is bound by the entropy H(E). Does this boundary always hold even in the asymmetric case? If yes, is it possible to draw a lower boundary? Let us consider environmental state e_i with i in $1 \dots n$ and phenotypes ϕ_j with $j = 1, \dots, m$. Previous models [20, 22] explored cases in which the optimal response to each different environmental state e_i is a phenotype ϕ_i . In this case, a square $n \ge n$ interaction matrix defines the payoff for each phenotype ϕ_i in each different environmental state e_i [22], occurring with probability p_i . The optimal matches between the environmental state and phenotype appear along the diagonal, the corresponding gains being $a_{i,i}$ for every $i = \{1, 2, \dots, n\}$.

However, the assumption of an optimal, accessible phenotype for each environmental state
might not hold, particularly in the context of the evolution to multiple environments, where a
single phenotype might represent the best option in response to multiple environmental states.
Here we extend the information-theoretic approach developed in Bergstrom et al. [20] to
estimate the fitness value of a cue but applied to such cases.

To do this, we start by the proportional betting case, in which the best phenotype response for environmental state e_i provides a payoff $a_{i,i} = a_i$ while all the other phenotypes are fatal $(a_{i,j} = 0 \text{ for } i \neq j)$ [22], resulting in a diagonal payoff matrix. In general, the best bet-hedging strategy **x**, employing a phenotype ϕ_j with probability x_j , can be determined by solving the Lagrangian [26] of the long term growth rate with constraint $(\sum_i x_i = 1)$:

$$\sum_{i} p_i \log \sum_{j} (a_{j,i} x_j) - \lambda (\sum_{i} x_i - 1).$$
(14)

In the proportional betting case, each phenotype is adopted with a probability equal to the occurrence of the environmental state where the payoff is non-zero, denoted as a_i . Hence, in the symmetric case, when for each environmental state, a different optimal phenotype exists:

$$G(E)_n = \sum_{i=1}^n p_i \log p_i a_i = \sum_{i=1}^n p_i \log a_i - H(E).$$
 (15)

We study the asymmetric case with the number of environments n larger than the number of phenotypes m. To this aim, we can extend a diagonal payoff matrix $m \ge m$ to include additional columns representing the payoffs of the different phenotypes to environments j >

m. Hence, we investigate payoff matrices for which $a_{i,j} \neq 0$ only when i = j or for $a_{m,j}$ and $j \geq m$. We write $a_{i,i} = a_i$ for i < m, and $a_{m,i} = b_i$ for $i \geq m$. We can the write:

$$G(E)_{m} = \sum_{i=1}^{n} p_{i} \log \left(\sum_{j=1}^{m} a_{j,i} x_{j} \right) =$$

$$= \sum_{i=1}^{m-1} p_{i} \log \left(\sum_{j=1}^{m} a_{j,i} x_{j} \right) + \sum_{i=m}^{n} p_{i} \log \left(\sum_{j} a_{j,i} x_{j} \right) =$$

$$= \sum_{i=1}^{m-1} p_{i} \log (a_{i} x_{i}) + \sum_{i=m}^{n} p_{i} \log (a_{m,i} x_{m}) =$$

$$= \sum_{i=1}^{m-1} p_{i} \log x_{i} + \sum_{i=m}^{n} p_{i} \log x_{m} + \sum_{i=1}^{n} p_{i} \log a_{i}$$
(16)

²⁴⁹ Which gives a maximum at

$$G(E)_m = \sum_{i=1}^{m-1} p_i \log p_i + \sum_{i=m}^n p_i \log \sum_{j=m}^n p_i +$$
(17)

+
$$\sum_{i=1}^{m-1} p_i \log a_i + \sum_{i=1}^{m-1} p_i \log b_i$$
 (18)

250 Therefore:

$$G(E)_{m} - G(E)_{n} =$$

$$= \sum_{i}^{m-1} p_{i} \log p_{i} + \sum_{i=m}^{n} p_{i} \log \left(\sum_{j=m}^{n} p_{j}\right) - \sum_{i}^{n} p_{i} \log p_{i} - \sum_{i=m}^{n} p_{i} \log a_{i}/b_{i} =$$

$$= \sum_{i}^{m-1} p_{i} \log \frac{p_{i}}{p_{i}} + \sum_{i=m}^{n} p_{i} \log \frac{\sum_{j=m}^{n} p_{j}}{p_{i}} - \sum_{i=m}^{n} p_{i} \log a_{i}/b_{i}$$
(19)

When the cue *C* provides full information about the environment, the right phenotype will be chosen in each case, with payoff a_i , except for environmental states i > m, when one strategy cannot develop phenotype ϕ_i . Therefore just as in the symmetric diagonal case, $G(E|C)_n = \sum_{i=1}^{n} p_i \log a_i$, while $G(E|C)_m = G(E|C)_n - \sum_{i=m}^{n} p_i \log a_i/b_i$, and

$$\Delta G(E;C)_n - \Delta G(E;C)_m = \sum_{i=m}^n p_i \log \frac{\sum_{j=m}^n p_j}{p_i}$$
(20)

This is the Kulback-Leibler divergence between the optimal strategy when all phenotypes 1...n are available, and used with frequency p_i , and when no optimal specific types for environments $m \dots n$ are available, and for all those phenotype m is used with the sum frequency $\sum_{m}^{n} p_i$. The expression is independent of the payoffs and always positive, confirming

that the mutual information bound for the fitness value of an informative cue exists for the 259 asymmetric case as well. Furthermore, this quantity is part of the conditional entropy of the 260 environment given a fully informative cue, reflecting the residual uncertainty of a cue unable 261 to discriminate between environmental states for which a single phenotype is optimal. Since 262 $I(E_n|C) - H(E|C_{i>m}) = I(E_m|C)$, this indicates that in the presence of a generalist phe-263 notype, the fitness of an informative cue is further decreased by the amount of information 264 necessary to differentiate between the equally paying environmental states. The decrease is 265 equal to the mutual information of the environment with a cue informative only on environ-266 mental states for which different phenotypes are optimal. 267

These results, shown for the proportional bet-hedging case for simplicity, are also valid 268 in the general case of non-completely specific phenotypes, in which the payoff of the least 269 advantageous phenotype-environmental state combinations may provide non-zero payoffs. In 270 fact, following Donaldson-Matasci et al., 2008 [37], note that the fitness profile of these phe-271 notypes in different environments can be represented as a mixture of specialized phenotypes 272 with zero-payoffs for disadvantageous phenotype-environmental state combinations, i.e. as 273 in the proportional bet-hedging case. Thus, also bet-hedging strategies employing these non-274 completely specialized phenotypes can be seen in turn as mixtures of completely specialized 275 phenotypes. Hence, even in the more complex cases, we see that the value of the cue is bound 276 by the mutual information between the cue and the environment (Fig. 6 and Appendix). Since 277 we are dealing with perfect cues, this mutual information is simply the entropy of the environ-278 ment $H(E) = -\sum_{i=1}^{3} p_{e_i} \log p_{e_i}$ (equal to $H(E_m)$ (yellow surface) in the asymmetric case). 279 280

281 2.5 Limits of bet-hedging in increasingly complex environments

So far we focused on cases in which the number of potential phenotypes m is lower than that of environmental states n, i.e. payoffs matrices with m < n. We now describe why these cases are relevant and likely universal in nature, by showing that even when more potential phenotypes are available and m > n, evolution leads to organisms using only a reduced set of phenotypes. Note that non-trivial instances of m > n matrices correspond to cases in which at least a phenotype provides a non-zero payoff for multiple environmental states, thus offering an opportunity for conservative bet-hedging. An extreme case is that of a phenotype that provides the same payoff for all environmental states. An alternative case is that of an intermediate phenotype that can be adopted in spite of two or more optimal phenotypes for specific environmental states. Hence, our question corresponds to investigating when conservative bet-hedging strategies evolve over diversifying bet-hedging ones, i.e. when a matrix $m \times n$ reduces effectively to a matrix with a smaller number of rows/phenotypes. To do this

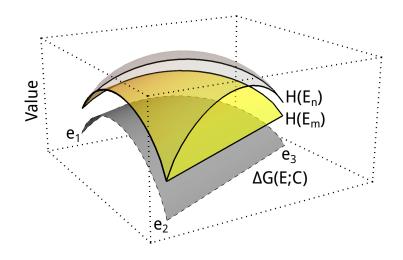


Figure 6: Boundedness of the value of information by the entropy of the environment. Considering all possible distributions, the parameter space of the possible environmental states is then defined on a simplex given by p_1 , p_2 and p_3 where the vertices are the pure environmental states e_1 , e_2 and e_3 respectively. The value of the cue $\Delta G(E; C)$ over such a space (gray triangle) is bounded by the mutual information between the environment and the cue (transparent triangle), that in the asymmetric case decreases to $H(E_m)$ (yellow surface). We demonstrate this for the most complicated case described by the interaction matrix (12).

we examine a matrix:

	e_1	 e_i	 e_n
ϕ_1	$a_{1,1}$	 $a_{1,i}$	 $a_{1,n}$
:		 	
ϕ_n	$a_{n,1}$	 $a_{n,i}$	 $a_{n,n}$
ϕ_{n+1}	$b_{n+1,1}$	 $b_{n+1,i}$	 $b_{m+1,n}$
:		 	
ϕ_m	$b_{m,1}$	 $b_{m,i}$	 $b_{m,n}$

where for each environmental state *i* we arranged the phenotype providing the highest payoff $a_{i,i}$ as phenotype *i*. Further potential phenotypes are denoted as ϕ_j with j > n, and by construction, payoffs $b_{j,i} \leq a_{i,i}$. Our previous analysis presents a simple method for investigating under which environmental circumstances such asymmetries might evolve. Consider a strategy $G(E)_m$ adopting a generalist phenotype ϕ_j with payoffs $b_{j,k} > a_{i,k}$ rather than the specialized phenotypes ϕ_k with payoffs $a_{k,k}$ for k > i, as strategy $G(E)_n$. By recalling Eq. (19)-(20), we can see that $G(E)_m$ is advantageous if

$$G(E)_m - G(E)_m = H(E|C_{i\geq m}) - \sum_{i=m}^n p_i \log a_i / b_i > 0$$
(22)

indicating that the maximum decrease in payoff of the generalist strategy is bound by the 282 entropy of the system that is *removed* by adopting it. This simple relationship helps us to 283 illustrate the instances in which generalist phenotypes are employed. To do this, we devise an 284 example in which specialized, intermediate and generalist phenotypes evolve, following the 285 general payoff matrix described in Eq. (21). We consider n equally frequent environmental 286 states, subdivided in n_k groups of size k, biologically representing environmental states with 287 similar features. Intermediate phenotypes allow to respond to any of the similar environmental 288 states, but with maximum payoff lower than the specialized phenotypes, i.e. for each of the 289 n_k groups, an intermediate phenotype $\phi_{i\geq n}$ exists, providing payoff $b_{n_k,i}$ as in Eq.21. Also, a 290 perfect generalist phenotype exists, providing the same payoff c in all environmental states. 291

By manipulating the number of environmental states, while keeping constant the size of 292 the groups, the total entropy $(H(E_n))$ of the system increases, while the entropy within the 293 groups $(H(E_k))$ is not affected (Fig.7a). Furthermore, the conditional entropy of the envi-294 ronmental states with the same intermediate phenotype is unaffected; intermediate phenotypes 295 are not favoured over specialized ones as the total entropy increases. Whether intermediate 296 phenotypes evolve or not depends exclusively on the ratio of the payoffs. On the other hand, 297 generalist phenotypes (i.e. conservative bet-hedging strategies) eventually become advanta-298 geous as entropy increases. 299

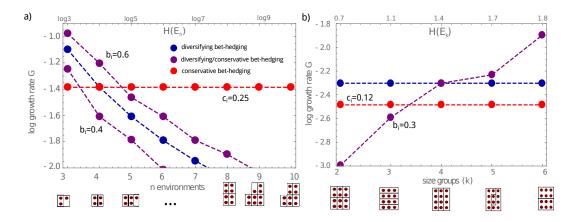


Figure 7: Limits of bet-hedging in increasingly complex environments. Long term loggrowth rates for different bet-hedging strategies for environments with an increasing number of uniformly distributed environmental states (a) or an increasing size of the partitions of environmental states for which an intermediate generalist phenotype exist. These partitions are represented under the plots with environmental states (brown circles) grouped on the basis of a potential suitable generalist phenotype (represented as black rectangles). We assume a square environment payoff matrix in which the optimal payoff for any environmental state give payoff 1 ($a_{i,i} = 1$) and 0 in all non matching cases (and $a_{i\neq j} = 0$), leading to a fully diversifying bet-hedging strategy (blue dots). We also show the log-growth rate for a fully generalist strategy with fixed payoff in all environmental states c (red dots) and partially bethedging strategies that instead of hedging their bets on the optimal phenotypes, they hedge more generalist phenotypes matching the different partitions, providing payoff b in those and 0 in the rest. a) Partition size is fixed to two.

By manipulating the size of the groups, only the conditional entropy, $H(E|C_{i\geq m})$ (here $H(E_k)$), of the groups increases (Fig.7b). In this case, the growth rates of pure diversifying and conservative bet-hedging remain constant. However, strategies bet-hedging between intermediate phenotypes become more advantageous as $H(E_k)$ increases.

To summarize, in both cases, strategies employing generalist phenotypes evolve as the uncertainty of the system increases. In turn, the growth rate and the fitness value of information can be described using asymmetric matrices.

307 **3 Discussion**

Organisms facing complex and variable environments often evolve complex adaptive mecha-308 nisms to acquire information about the environment in the form of informative cues. What is 309 the fitness values of these cues? What is the fitness value of these complex adaptations? An-310 swers to these vital questions remain elusive in natural populations. A significant advantage 311 of information theory is that it provides a theoretical boundary to these quantities, and could 312 aid quantify the fitness benefits based on the uncertainty of the environment, thus informing 313 empirical as well as theoretical research. However, its application has been so far limited [21], 314 possibly because the models usually focused on simple systems for tractability. 315

Natural systems, on the other hand, can be exceedingly complex. Organisms have so-316 phisticated bet-hedging strategies to deal with environmental uncertainty without relying on 317 informative cues. In these cases, organisms do not need to respond flexibly to the environment. 318 Spreading the risk of facing adverse environmental conditions by betting on diverse or inter-319 mediate phenotypes can work. This mechanism can explain several biological phenomena, 320 from intergenerational phenotypic stochastic switching to animal personalities [38], although 321 hard evidence for bet-hedging in the animal world has been so far elusive [18]. While it is 322 possible to study bet-hedging experimentally in microbes [6, 7], the evolutionary mechanisms 323 underpinning the use of informative cues is still elusive. Different levels of environmental un-324 predictability present along environmental or geographical clines exacerbate the complexity 325 of bet-hedging and informative cues. Natural populations could then potentially display non-326 trivial bet-hedging patterns. We illustrate this through the example of organisms adapted only 327 to intermediate states of environmental gradients such as temperature or salinity. Intermedi-328 ate levels of such gradients are taken as discrete environmental states. For example, seasonal 329 plants adapted to intermediate water levels: the total absence of flash floods might lead to a 330 harsh dry year, as well as two consecutive floods could damage the growth of seedlings. In 331 this example (Fig. 3) we show two cases in which bet-hedging occurs only within confined 332 regions of the parameter space, i.e. regions with intermediate probabilities of rain, surrounded 333

by more stable regions where only one phenotype is adopted. These hypothetical clines, described in Figures 5, could be geographic transects going from environmental extremes such as from desert to rain-forests. For example, dormancy is advantageous in response to multiple extreme events (e.g. drought, fire [39], extreme cold) and occurring from alpine [40] to wetland [41] and desert plants. We suggest that such studies might highlight interesting patterns of bet-hedging along environmental gradients, primarily if a species exist across such environmental transect [42].

We show that universally, the fitness benefit of an informative cue is bound by the mutual 341 information between the cue and the environment. Besides, when the variety of phenotypes 342 that can be adopted by phenotypic switching strategies and plasticity is limited, the maximum 343 potential fitness benefit of an informative cue is further reduced. Precisely, the reduction is due 344 to the conditional entropy between the environment and a cue informative about the inacces-345 sible phenotypes, i.e. $H(E|C_{i>m})$, where a single phenotype has the highest environmental 346 states, $i \geq m$. This result implies that plasticity is less advantageous when physiological 347 constraints limit the phenotypes that can be adopted. This result is intriguing because counter-348 intuitively the number of phenotypes that can be adopted can decrease - and in-turn, the fit-349 ness benefit of information can decrease, rather than increase - as environmental uncertainty 350 increases. In practice, under high environmental variation, an organism might decrease the 351 amount of explored phenotypes explored through bet-hedging, further reducing the benefit of 352 relying on informative cues. 353

Note that information theory provides insights into many possible scenarios in which the 354 relationship between bet-hedging and cues is complicated. For example, when cues are un-355 reliable and idiosyncratic (i.e. each individual - a different cue) relying on cues can be used 356 as another means towards bet-hedging [19]. Hence, we advocate that the collection of more 357 empirical data on the environmental uncertainty of species that live on environmental gradi-358 ents might provide exciting insights into bet-hedging, and that would allow a quantification 359 of the fitness benefits of informative cues using the framework described above. To this aim, 360 we showed in the examples and the accompanying R notebook (Github) how such data could 361 be analyzed. We emphasize that this approach is general, and we used parabolic environmen-362 tal clines only as an example. Conversely, the approach applies to cases in which multiple 363 environmental states and environmental factors could affect the fitness of an organism. For 364 instance, density dependence and competition are essential predictors of bet-hedging [43], as 365 in advancing pioneer plants, in which dormancy can evolve in response to the competition 366 with plants adapted to prevailing environmental conditions. Most importantly, this approach 367 provides theoretical upper limits for the fitness advantage of specific cues or adaptive mech-368 anism even in the absence of precise knowledge of fitness, a task that is otherwise hard to 369

achieve. To illustrate this, we look at a hypothetical case inspired by the marine midge *Clunio* 370 marinus (Chironomidae, Diptera). Clunio is adapted to one of the most complex environ-371 ments on earth, the intertidal zone of seacoasts. Synchronising the adult emergence time to 372 multiple environmental cycles of tidal, diurnal and lunar cycles, the marine midge, has suc-373 cessfully adapted in processing complex informative cues [44]. Using cues, adults emerge 374 when conditions are favourable. Assuming a narrow window of opportunity for successful 375 reproduction, we provide a theoretical upper boundary for the fitness advantage of this trait 376 equivalent to about 0.31 bits (see Github for additional explanation and examples). Providing 377 a metric in bits, valid across species, a thorough quantification of environmental variability in 378 different species along environmental gradients could allow for a clearer understanding of the 379 ecological conditions promoting plasticity and the usage of informative cues. 380

In conclusion, we have extended the study of bet-hedging to asymmetric cases where phenotypes are scarcer than the number of different environmental states. We show that in realistic conditions, the patterns of bet-hedging might be more complicated than previously expected. The results could potentially help clarify some of the mixed results of empirical observations [18], and better describe the evolution of bet-hedging along complex environmental gradients. However, even the most complicated cases, still obey the limit on the fitness value of a cue imposed by the mutual information.

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Figure A.1: Average fitnesses of the strategies Germinate and Dormant as a function of the probability of a single flood event p. Panel (a) describes the situation where the intermediate environmental state is the only one favourable for germination. However knowing the exact state of the environment can lead to an increase in fitness given by F(E|C). Hence the fitness benefit due to the cue, $\Delta F(E|C)$, is given by the shaded area. Panel (b) describes the case where the optimal gains for germinating are obtained in extreme environments. For this particular example the we get two internal fixed points given by $\{1/2, 3/4\}$. Below and above these fixed points it is best to germinate but in between it pays to stay dormant. Again for a perfect cue the fitness is given by increases by $\Delta F(E;C)$ to F(E|C).

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490 A Examples with asymmetries in strategies and environments

Adaptation to intermediate environments. If the difference in benefits in the three environments switch their signs then this satisfies a necessary condition for getting two internal fixed points [45, 46]. Herein we set up an example where we do get two internal fixed points for the three environment case. Here

$$\begin{array}{ccc}
e_1 & e_3 & e_2\\
\text{Germinate} & \begin{pmatrix} 1 & 4 & 1\\ 2 & 2 & 2 \end{pmatrix}, \\
\text{Dormant} & \begin{pmatrix} 2 & 2 & 2\\ 2 & 2 & 2 \end{pmatrix}, \\
\end{array} \tag{A.1}$$

⁴⁹⁵ The fitnesses of the two phenotypes are,

$$f_G = p^2 + 8p(1-p) + 1(1-p)^2$$
(A.2)

$$f_D = 2p^2 + 4p(1-p) + 2(1-p)^2$$
(A.3)

In the absence of any external information about the environment the single generational expected fitness is $F(E) = max[f_G, f_D]$. However with a perfectly informative cue C, the single generational expected fitness, $F(E|C) = 2p^2 + 8p(1-p) + 2(1-p)^2$. We look at the difference between the fitness with perfect information and the strategy of probabilistic

allocation according to the game theoretic outcome. The value of information is measured as the difference between the fitness with the cue and without the cue $\Delta F(E; C)$ (Figure A.1).

The frequency with which seeds germinate is assumed to be x while they remain dormant with a complementary probability. The average fitnesses of the population in the different environments is then given by,

$$env(1, x) = x + 2(1 - x)$$

$$env(2, x) = 4x + 2(1 - x)$$

$$env(3, x) = x + 2(1 - x)$$

(A.4)

⁵⁰⁵ Maximising the long term population growth rate means maximising,

$$g(x) = p^{2} \log[env(1,x)] + 2p(1-p) \log[env(2,x)] + (1-p)^{2} \log[env(3,x)]$$
(A.5)

The maxima of this function appears when $x_{max} = -1 + 6p - 6p^2$. Restricting to values of pwhich give us results for x between 0 and 1 we get,

$$x^{*}(p) = \begin{cases} 0 & \text{for } p \leq \frac{1}{6} \left(3 - \sqrt{3} \right) \text{ or } p \geq \frac{1}{6} \left(3 + \sqrt{3} \right) \text{, Dormant} \\ x_{max} & \text{otherwise, Bet Hedging} \\ 1 & \text{never, Germinate.} \end{cases}$$
(A.6)

⁵⁰⁸ The growth rate without the cue therefore is given by,

$$G(E) = \begin{cases} \log(2) & \text{for } p \leq \frac{1}{6} \left(3 - \sqrt{3}\right) \text{ or } p \geq \frac{1}{6} \left(3 + \sqrt{3}\right) \\ -H(E) + p^2 \log\left(\frac{3(1-2p(1-p))}{p^2}\right) & \\ +2p(1-p) \log(6) & \\ +(1-p)^2 \log\left(\frac{3(1-2p(1-p))}{(1-p)^2}\right) & \text{otherwise} \\ 2p(1-p) \log(4) & \text{never.} \end{cases}$$
(A.7)

If the cue provides perfect information then the long term fitness value is, $G(E|C) = p^2 \log(2) + 2p(1-p)\log(4) + (1-p)^2 \log(2)$. The gain in fitness due to knowing the environment, i.e. the fitness value of information is therefore given by, $\Delta G(E;C) = G(E|C) - G(E)$,

$$\Delta G(E;C) = \begin{cases} 2p(1-p)\log 2 & \text{for } p \leq \frac{1}{6}\left(3-\sqrt{3}\right) \text{ or } p \geq \frac{1}{6}\left(3+\sqrt{3}\right) \\ H(E) + p^2\log\left(\frac{2p^2}{3(p^2+(1-p)^2)}\right) & \\ -2p(1-p)\log(3/2) & \\ +(1-p)^2\log\left(\frac{2(1-p)^2}{3(p^2+(1-p)^2)}\right) & \text{otherwise} \\ (p^2 + (1-p)^2)\log(2) & \text{never.} \end{cases}$$
(A.8)

⁵¹² The bet-hedging region in this particular case explores the mixed phenotype space between the

⁵¹³ pure phenotypes. Therefore in the bet-hedging region such "exploratory bet-hedging" occurs

that would never be affordable as a pure strategy.

Adaptation to extremes: Multiplicity of bet-hedging. Contrary to the previous example now we consider seeds which perform better germinating in extreme environments.

$$\begin{array}{cccc}
e_1 & e_2 & e_3 \\
Germinate & \begin{pmatrix} 4 & 1 & 6 \\ 3 & 3 & 3 \end{pmatrix}, \\
\text{Dormant} & (A.9)
\end{array}$$

⁵¹⁷ Equating the average fitness of the two phenotypes which are given by,

$$f_G = 4p^2 + 2p(1-p) + 6(1-p)^2$$
(A.10)

$$f_D = 3p^2 + 6p(1-p) + 3(1-p)^2,$$
 (A.11)

we get two fixed points denoted by $p^* = \{1/2, 3/4\}$. Thus depending on p the best phenotype, according to the fitnesses, switches from germination to dormancy to germination again.

However if the cue provides perfect information about the environment then the fitness conditioned upon the cue is $F(E|C) = 4p^2 + 6p(1-p) + 6(1-p)^2$. The value of the information received due to the cue is the difference between the fitness with the cue and without the cue $\Delta F(E;C)$ (Figure A.1). Assuming that the seeds germinate with probability x and stay dormant with probability 1 - x, the average fitnesses of the population in the different environments are then given by,

$$env(1, x) = 4x + 3(1 - x)$$

$$env(2, x) = x + 3(1 - x)$$

$$env(3, x) = 6x + 3(1 - x)$$

(A.12)

526 Maximising the long term population growth rate, we get

$$g(x) = p^{2} \log[env(1,x)] + 2p(1-p) \log[env(2,x)] + (1-p)^{2} \log[env(3,x)]$$
(A.13)

⁵²⁷ whose maxima is given by,

 $x_{max}^{\pm} = \frac{1}{4} \left(-3 - 10p + 14p^2 \pm \sqrt{196p^4 - 280p^3 + 208p^2 - 180p + 81} \right).$ While one of the solutions is outside the range of x ($0 \le x \le 1$) the other results into the following piecewise solution of x^* ,

$$x^{*}(p) = \begin{cases} 0 & \text{for } 0.5 \le p \le 0.75 \text{ (Dormant)} \\ x^{+}_{max} & \text{for } \frac{1}{19} \left(10 - \sqrt{62} \right)
(A.14)$$

⁵³¹ This shows an interesting situation where there are two regions of bet-hedging. The first one

⁵³² changes the phenotype from pure germination to pure dormancy and vice versa in the second

region (Fig. A.1). The growth rate without the cue therefore is given by,

$$G(E) = \begin{cases} \log(3) & \text{for } 0.5 \le p \le 0.75 \\ -H(E) + p^2 \log\left(\frac{9-\phi}{4p^2}\right) & \\ +2p(1-p) \log\left(\frac{\phi+9}{4(1-p)p}\right) & \\ +(1-p)^2 \log\left(\frac{3(1-\phi)}{4(1-p)^2}\right) & \text{for } \frac{1}{19} \left(10 - \sqrt{62}\right) (A.15)$$

⁵³⁴ where we use the abbreviation

 $\phi = 10p - 14p^2 - \sqrt{196p^4 - 280p^3 + 208p^2 - 180p + 81}.$ For a perfectly informative cue the long term fitness value is, $G(E|C) = p^2 \log 4 + 2p(1-p) \log 3 + (1-p)^2 \log 6$. The gain in fitness due to knowing the environment, i.e. the fitness value of information is therefore given by, $\Delta G(E;C) = G(E|C) - G(E)$,

$$\Delta G(E;C) = \begin{cases} p^2 \log 4/3 + (1-p)^2 \log 2 & \text{for } 0.5 \le p \le 0.75 \\ H(E) + p^2 \log \left(\frac{4p^2}{4-\phi}\right) & \\ +2p(1-p) \log \left(\frac{6(1-p)p}{2\phi+1}\right) & \\ +(1-p)^2 \log \left(\frac{2(1-p)^2}{2-\phi}\right) & \text{for } \frac{1}{19} \left(10 - \sqrt{62}\right)$$

⁵³⁹ Thus even for this complicated case with two regions of bet hedging we can see that the value

⁵⁴⁰ of the cue is a composite of the mutual information between the environment and the cue and

a non-linear function in p, which can be interpreted as the probability of a single flood.