

1 **Identification and selection of optimal reference genes**
2 **for qPCR-based gene expression analysis in *Fucus***
3 ***distichus* under various abiotic stresses**

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19 Abstract

20 Quantitative gene expression analysis is an important tool in the scientist's belt. The
21 identification of evenly expressed reference genes is necessary for accurate quantitative gene
22 expression analysis, whether by traditional RT-PCR (reverse-transcription polymerase chain
23 reaction) or by qRT-PCR (quantitative real-time PCR; qPCR). In the Stramenopiles (the major line
24 of eukaryotes that includes brown algae) there is a noted lack of known reference genes for such
25 studies, largely due to the absence of available molecular tools. Here we present a set of nine
26 reference genes (*Elongation Factor 1 alpha (EF1A)*, *Elongation Factor 2 alpha (EF2A)*, *Elongation*
27 *Factor 1 beta (EF1B)*, *14-3-3 Protein*, *Ubiquitin Conjugating Enzyme (UBCE2)*, *Glyceraldehyde-*
28 *3-phosphate Dehydrogenase (GAPDH)*, *Actin Related Protein Complex (ARP2/3)*, *Ribosomal*
29 *Protein (40s; S23)*, and *Actin*) for the brown alga *Fucus distichus*. These reference genes were
30 tested on adult sporophytes across six abiotic stress conditions (desiccation, light and
31 temperature modification, hormone addition, pollutant exposure, nutrient addition, and wounding).
32 Suitability of these genes as reference genes was quantitatively evaluated across conditions
33 using standard methods and the majority of the tested genes were evaluated favorably. However,
34 we show that normalization genes should be chosen on a condition-by-condition basis. We
35 provide a recommendation that at least two reference genes be used per experiment, a list of
36 recommended pairs for the conditions tested here, and a procedure for identifying a suitable set
37 for an experimenter's unique design. With the recent expansion of interest in brown algal biology
38 and accompanied molecular tools development, the variety of experimental conditions tested here
39 makes this study a valuable resource for future work in basic biology and understanding stress
40 responses in the brown algal lineage.

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43 Introduction

44 Brown algae represent one of the five major lineages that have developed a multicellular
45 body organization independently from other species (with red algae, plants/green algae, fungi,
46 and metazoans as the other four) (1,2). Among all of the algal groups, the brown algae have the
47 largest diversity in size and morphology, from filamentous to 'complex' thalli (bodies) (1). In
48 addition to their complex morphology, brown algal life cycles are similarly diverse, exhibiting a
49 broad range of variation between the gametophyte and sporophyte generations (3). As the main
50 inhabitants of the intertidal zone, brown algae have to deal with extreme conditions; tidal cycles
51 expose them to desiccation and osmotic shock, evaporation, and heat shock daily. Furthermore,
52 anthropogenic impact (e.g. pollution) serves as an additional source of abiotic stress in these
53 already challenging environments. How brown algae survive, and thrive, in these environments
54 remains unknown. Taking into account their divergent evolutionary history (4), importance as an
55 ecological and economical resource (5,6), and their astonishing ecology (7), the brown algae
56 represent a unique and important group to explore. However, they have been extremely
57 understudied on a molecular level. It is only within the past decades that scientists have begun to
58 explore their rich molecular biology.

59 Gene expression analyses are necessary to understand how brown algal genetic networks
60 dynamically change upon stimulus to regulate their responses to stressful life conditions. In recent
61 years, microarrays and next-generation sequencing (NGS) technologies have arisen as the most
62 used methods for quantification of gene expression on a global level. In spite of these
63 advancements, qPCR remains one of the simplest and accessible methods for studies of small
64 gene numbers. It also serves as a confirmational tool for NGS-derived results. qPCR is most
65 widely used for fast and reliable quantification of mRNA steady-state levels because of its high
66 sensitivity, accuracy, specificity, reproducibility, and low cost (8,9). However, the accuracy and

67 reliability of qPCR experiments are highly affected by several factors such as RNA integrity,
68 reverse transcription efficiency, and primer efficiency (10). It is therefore of utmost importance to
69 combat methodologically introduced variation by normalizing to stable reference genes as internal
70 controls. An ideal reference gene should have a similar expression in all tissues and experimental
71 conditions. Choosing reference genes with unstable expression could result in misleading results
72 and inappropriate conclusions regarding target gene expression. However, the expression of
73 commonly used reference genes may vary depending on the life stage of the organism,
74 experimental conditions, as well as tissue source (10). Therefore, it is unlikely that a single
75 reference gene would exist for all experiments and it is necessary to evaluate the best reference
76 genes for each experiment. To quantitatively evaluate the efficiency and stability of reference
77 genes for qPCR experiments, several statistical algorithms have been developed, such as
78 geNorm (8), NormFinder (11), and BestKeeper (12). These methods have been used to determine
79 the best reference genes in red, green, and brown algae (13–16), plants (17–22), and metazoans
80 (23–27).

81 In some brown algae such as *Ectocarpus siliculosus* and *Undaria pinnatifida*, efforts have
82 been made to identify reference genes, with results indicating variable stability of candidate
83 reference genes depending on experimental treatments (13,14). The brown alga *Fucus* has been
84 an important cell biology model. Experiments in *Fucus* led to several crucial discoveries in cell
85 polarization and asymmetric cell division (28–32). Recent studies in *Fucus* further show its
86 scientific importance as a cell biology model (33–39), but also as a tool to investigate ecological
87 and physiological effects of abiotic stresses in natural habitats (40–46). As new molecular
88 methods become available, the potential for *Fucus* to serve as a modern model system for
89 exploring biology in extreme environments becomes tractable. qPCR serves as a basis to address
90 questions of gene expression; it is, therefore, necessary to develop a set of normalization genes
91 in *Fucus* to enable reproducible quantitative gene analysis by qPCR. In *Fucus*, *Elongation Factor*

92 *alpha*, *Beta-Actin*, *Tubulin*, and/or a 14-3-3 protein have all been used as reference genes for
93 qPCR (41,42,44,45). However, there has been no systematic study of the stability and suitability
94 of such reference genes over a wide array of conditions.

95 In this study, we identified and tested a set of potential normalization genes for *Fucus*
96 *distichus*. Nine ‘housekeeping’ genes were selected as candidate reference genes: *Elongation*
97 *Factor 1 alpha (EF1A)*, *Elongation Factor 2 alpha (EF2A)*, *Elongation Factor 1 beta (EF1B)*, a 14-
98 3-3 gene, *Ubiquitin Conjugating Enzyme (UBCE2)*, *Glyceraldehyde-3-phosphate Dehydrogenase*
99 *(GAPDH)*, *Actin Related Protein Complex (ARP2/3)*, *Ribosomal protein (40s; S23)*, and *Actin*
100 *(ACT)*. Their expression was analyzed by qPCR in samples submitted to various stress
101 conditions; salinity, desiccation, pollution, nutrient deprivation, wounding as well as temperature,
102 light, and phytohormone treatment. Three algorithms were used to evaluate the expression
103 stability of the reference genes: geNorm, NormFinder, BestKeeper; a rank aggregation algorithm
104 was employed to reach a consensus between the three. The number of reference genes to use
105 for qPCR-based normalization was also explored. We provide a recommendation of paired
106 reference genes for the conditions tested, alongside a recommended method for suitability
107 assessment in an individual’s experiments. To validate our recommendations, the differential
108 expression of *Hsp70* and *Hsp90* genes, encoding stress-responsive heat shock proteins, were
109 examined under salinity stress.

110 Results

111 Choosing candidate reference genes

112 To identify the ‘housekeeping’ gene sequences for potential normalization genes, two
113 approaches were taken. First, housekeeping gene sequences previously reported for *Ectocarpus*
114 *siliculosus* (13) were aligned against the related species *Fucus serratus* embryo development

115 transcriptome (36) to identify putative homologs. Furthermore, additional sequences were
116 identified directly from the *F. serratus* transcriptome dataset, by identifying highly and constantly
117 expressed genes across the four embryo developmental stages in the study. As such, candidate
118 gene sequences were chosen based on three criteria: 1) a high percentage of alignment to *E.*
119 *siliquosus* (for those with *Ectocarpus* sequence matches), 2) high expression values in the *Fucus*
120 embryo transcriptome (normalized expression metric ‘transcripts per million transcripts’; ‘TPM’)
121 and 3) a relatively constant expression across samples in the *Fucus* embryo transcriptome. Nine
122 housekeeping genes were selected that satisfied these criteria: *elongation factor 1 alpha (EF1A)*,
123 *elongation factor 2 alpha (EF2A)*, *elongation factor 1 beta (EF1B)*, a *14-3-3 gene*, *ubiquitin*
124 *conjugating enzyme (UBCE2)*, *glyceraldehyde-3-phosphate dehydrogenase (GAPDH)*, *actin*
125 *related protein complex (ARP2/3)*, *ribosomal protein (40s; S23)*, and *actin (ACT)* (Table 1,
126 sequences in S1 Fig). Primer sets were designed for all nine genes and their efficiencies and
127 melting temperatures determined by qPCR (Table 1, S1 Fig; See Materials and Methods). The
128 efficiency of the primer sets varied from 98.5% (*GAPDH*) to 106.9% (*EF1A*), and correlation
129 coefficients ranged between 0.987 and 0.999 (Table 1). All efficiencies were considered
130 acceptable for use. We strongly recommend the calculation of primer efficiencies for use qPCR-
131 based differential gene expression analyses.

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138 **Table 1. Description statistics of housekeeping gene candidates.** T_m , melting temperature;
 139 PE, PCR efficiency; r^2 , correlation coefficient.

Gene name	Gene symbol	primer F	primer R	Fragment length	T_m [°C]	PE[%]	r^2
<i>Elongation factor 1 alpha</i>	<i>EF1A</i>	ATGAGGTG GCCATCTA CCTG	CCCTTGTA CCAAGGCA TGTT	124	59.85	106.90	0.999
14-3-3	14-3-3	CGAGACAG AGTTGACG GACA	CGCAAGAT ACCGGTGG TAGT	133	60.02	99.76	0.999
<i>Actin</i>	<i>ACT</i>	GACCTTTAC GGCAACAT CGT	GGTGCCAC AACCTTGAT CTT	122	59.97	106.86	0.989
<i>Ubiquitin conjugating enzyme 2</i>	<i>UBCE2</i>	AAGCTCAA CATGGGCT GTGT	GCCACCAG TACCTGCT CAAT	110	60.14	103.52	0.995
<i>Ribosomal subunit 40S</i>	40s	ACGGCTGT CTGAACTTC ACC	ACCTTCAC CACCTTGA AACG	112	60.01	105.70	0.989
<i>Elongation factor 1 beta</i>	<i>EF1B</i>	TTCGGAGT GAAGAAGC TCGT	CAGAGGCG GTTTCATCGT AGT	134	60.28	104.70	0.997
<i>Elongation factor 2 alpha</i>	<i>EF2A</i>	TGGACCAC GGAAAGTC TACC	GGTGATAC ATCGGTCC TGCT	125	59.96	106.34	0.996
<i>Actin related protein complex</i>	<i>ARP2/3</i>	GGAAGCCT CTGGCTATT GGT	GTGGTCTT GGCTTGGA ACAT	123	59.97	105.05	0.998
<i>Glyceraldehyde -3-phosphate dehydrogenase</i>	<i>GAPDH</i>	TCTTGGGTT ACACCGAG GAC	GTACCACG ACACGAGC TTGA	125	59.9	98.43	0.987

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141 **Expression of reference genes across samples**

142 To determine reference gene expression across a wide set of conditions, the steady-state
 143 levels of all nine genes were analyzed in cDNA samples from fifteen different treatments (in
 144 biological triplicate) with two time-points each (3 hours and 3 days post-treatment): auxin,
 145 gibberellic acid, EtOH control, imidacloprid, CuSO₄, hypersaline 2x artificial seawater (ASW),
 146 hyposaline 0.5X ASW, desiccation, wounding, high light, low light, high temperature, low
 147 temperature, ASW + Provasoli nutrients, and ASW with no additional nutrients as the control

148 (detailed in Materials and Methods; S3 Table). The quantification cycle (Cq) was identified for
149 each gene in the triplicate samples by qPCR. The Cq values of all tested genes lay between 18.63
150 and 28.21 (except a single replicate outlier in *EF2A* at Cq = 32.7) (S4 Fig). The most highly
151 expressed gene was *EF1A* ($Cq_{\text{mean}} = 20.6$), followed by *40S*. The lowest expression level was
152 observed for *GAPDH* ($Cq_{\text{mean}} = 26.9$) (Fig 1). For each gene, the variation across samples did not
153 exceed 3 cycles, which suggests a relatively constant expression in all conditions. All nine
154 candidate genes were determined as suitably 'consistent' (qualitatively) across conditions to move
155 forward in our analyses.

156

157 **Figure 1. Expression level of tested housekeeping genes.** The distribution of Cq
158 (quantification cycle) values of 9 reference genes pooled across 30 samples (15 experimental
159 conditions x 2 time-points) obtained using qPCR. The boxplot marks the median (line) and 25th
160 (lower) and 75th (upper) percentile; x marks the mean; the underlying violin plots show the data
161 distribution for each housekeeping gene. Outliers are depicted as black dots. Data for individual
162 experimental conditions may be found in S4 Fig.

163

164 **Reference gene expression stability in all samples**

165 The stability of expression for a given reference gene is a quantitative measure by which
166 the suitability of the reference gene may be assessed. Stability refers to how invariant the
167 expression pattern of a given gene is in an experimental setup. The stability of our nine candidate
168 reference genes was evaluated across all 15 conditions and 2 time-points (Fig. 2). Stability was
169 analyzed using three algorithms: geNorm (8), NormFinder (11), and BestKeeper (12). These
170 algorithms rank the reference genes according to the calculated gene expression stability values
171 and acceptability threshold (geNorm ($M < 1.5$); NormFinder ($SV < 1.0$)) or standard deviation and

172 threshold ($SD < 1.0$, BestKeeper) (detailed in Materials and Methods). Figure 2 shows the
173 calculated stability metric for each gene in all samples combined, by method, ranked from best to
174 worst (left to right).

175 The rankings generated by geNorm and NormFinder were similar; *EF1B* and *GAPDH*
176 were identified as the most stable genes, followed by *ACT*, *14-3-3*, *EF1A*, and *40S* (Fig. 2AB).
177 BestKeeper, on the other hand, ranked *40S* and *14-3-3* as the most stable (Fig. 2C). The three
178 least stable genes identified by all three algorithms were *UBCE2*, *EF2A*, and *ARP2/3* (Fig. 2ABC).
179 To create a consensus of the best-to-worst gene ranking across all three programs, a rank
180 aggregation method was performed using a Cross Entropy Monte Carlo algorithm (R-package
181 RankAggreg; See Materials and Methods). This analysis indicated that *GAPDH* and *EF1B* were
182 the two most stable genes and *EF2A* and *ARP2/3* the most unstable (Fig. 2D). Based on these
183 analyses, *GAPDH* and *EF1B* are recommended as general normalization genes for qPCR gene
184 expression studied in *Fucus*.

185

186 **Figure 2. Individual ranking of housekeeping genes by stability.** Stability values for nine
187 candidate reference genes generated by the following algorithms: A) geNorm, B) NormFinder, C)
188 BestKeeper, and D) a consensus (by rank aggregation). The maximum scale for A-C represent
189 the maximum acceptability value for each stability metric.

190

191 **Reference gene expression stability in sample groups (conditions)**

192 Numerous reports acknowledge the importance of using an appropriate reference gene
193 for a given experiment since individual reference genes may not maintain normalized expression
194 in all conditions (10,47,48). To test which reference genes would be most suitable for each of our

195 stress-condition groups, expression stability was analyzed per group using geNorm, NormFinder,
196 and BestKeeper. The samples were grouped based on the nature of their stressor as follows:
197 *Fucus* is an intertidal alga that is challenged by a very harsh natural environment where it
198 undergoes daily desiccation and osmotic shock (group 1 – physiological stress); furthermore,
199 these environments are under the constant pressure of pollutants, such as copper and
200 herbicides/pesticides (group 2 - pollution); also, brown algae serve as food for marine organisms
201 such as mollusks, so the effect of grazing (proxied by mechanical wounding) was examined as
202 well (group 3 – wounding); in Stramenopiles, phytohormones have been found to influence
203 developmental processes (49–51) and as such we have tested the effect of auxin and gibberellic
204 acid (group 4 - hormones); *Fucus* was also grown with and without nutrients to identify the best
205 housekeeping genes for nutritional studies (group 5 - nutrients); lastly, we cultured *Fucus* under
206 different light and temperature regimes (group 6 – temperature-light). The ranking of reference
207 genes in each treatment group, based on stability, is shown in Fig 3. The Cq values for each
208 reference gene, by treatment group, can be found in S4 Fig. The stability values for each gene
209 by treatment group, per algorithm, can be found in S5 Fig.

210 GAPDH was identified as one of the top three most stable genes across multiple
211 conditions (4 out of 6) and ARP2/3 as one of three least stable genes (4 out of 6), whereas the
212 stability of other candidate reference genes varied depending on the condition examined (Fig 3;
213 S5 Fig). As mentioned earlier, the three algorithms rank reference genes according to their
214 calculated gene expression stability values and acceptability thresholds (geNorm: $M < 1.5$;
215 NormFinder: $SV < 1.0$) or standard deviation (BestKeeper: $SD < 1.0$). Based on these thresholds, in
216 the hormone and the temperature-light groups, *ARP2/3* and *UBCE2* were rejected as suitable
217 reference genes (S4 S5 Fig).

218 geNorm, BestKeeper, and NormFinder showed differences in the ranking of candidate
219 reference genes within treatment groups, to some extent (Fig 3). To achieve a consensus ranking
220 across all three methods that could be used for recommendation of normalization genes by

221 condition, we again performed a rank aggregation analysis (Fig 3, red line and left to right order).
222 For pollution, hormone, nutrient and temperature-light treatments there was less variation in
223 ranking by the three algorithms and the consensus appears to be a reasonable recommendation.
224 However, for physiological stress and wounding, the results of the three algorithms differed more,
225 and the consensus seemed qualitatively less reliable. As such, for these two conditions, we
226 recommend using the ranking produced by geNorm or NormFinder; our recommendation here is
227 based on geNorm (See Discussion).

228

229 **Figure 3. Optimal stability ranking of candidate reference genes using geNorm,**
230 **NormFinder, BestKeeper, and rank aggregation method.** Gene ranks from the three stability
231 algorithms are shown by treatment group. Line colors represent: purple (geNorm), green
232 (NormFinder), yellow (BestKeeper), black (mean rank), and red (consensus rank).

233

234 **Identifying the optimal number of reference genes for normalization**

235 Our previous analyses allowed us to provide recommendations for normalization genes to
236 be used in general and specific experimental designs. However, using a single reference gene
237 during qPCR experiments can cause bias and the use of multiple reference genes is suggested
238 as standard practice (8). To determine the optimal number of reference genes to be used in *Fucus*
239 qPCR experiments, pairwise variation $V_{n/n+1}$ was calculated for the proposed reference genes
240 using the geNorm algorithm (8). In this method, the reference gene variances were combined
241 additively and successively according to geNorm rank. After each addition the pairwise variance
242 was calculated between that sum (V_{n+1}) and the variance of the prior sum (V_n); for example, $V_{2/3}$
243 was the pairwise variance calculated when using the top two genes was compared with using the
244 top three. In general, the more reference genes that are added, the lower the successive pairwise

245 variance becomes. When the pairwise variance was below 0.15, n number of normalization genes
246 was considered sufficient.

247 When all conditions were pooled, to simulate a general experiment, $V_{2/3}$ was below the
248 0.15 threshold, suggesting that using the top two stable reference genes was sufficient (Fig 4;
249 $V_{2/3}=0.145$; optimal reference gene set *GAPDH+EF1B*). When the analysis was performed by
250 condition group, $V_{2/3}$ was below 0.15 for all conditions except pollution (physiological
251 stress=0.130, hormones=0.096, nutrients=0.103, temperature-light=0.120, wounding=0.105,
252 pollution = 0.173; Fig. 4). For pollution stress, $V_{3/4}$ was less than the threshold ($V_{3/4}= 0.145$)
253 suggesting the need for three reference genes for these experiments (Fig 4). Taken together, two
254 stable reference genes are sufficient for most conditions tested here. By combining the
255 recommended number of reference genes from this analysis with the consensus rank achieved
256 for stability, we generated a table of most recommended and least recommended reference genes
257 (Table 2).

258

259 **Figure 4. Calculation of optimal number of housekeeping genes.** Pairwise variation ($V_{n/n+1}$)
260 was calculated in all tested samples; all (all conditions together), hor (hormones), nutr (nutrients),
261 phy (physiological stress), pol (pollution), t-l (temperature-light), wou (wounding). The $V_{n/n+1}$ values
262 below the 0.15 threshold (dotted line) indicate that n normalization genes are sufficient.

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268 **Table 2. List of recommended reference genes for each of the tested conditions.** The
 269 recommendation is based on the result of a rank aggregation consensus gene stability analysis
 270 (pollution, wounding, hormones, nutrients, temperature-light) and geNorm stability analysis
 271 (physiological stress).

	Reference gene pair with highest stability	Reference gene pair with lowest stability
All samples	<i>GAPDH</i>	<i>EF2A</i>
	<i>EF1B</i>	<i>ARP2/3</i>
Physiological stress	<i>GAPDH</i>	<i>EF2A</i>
	<i>EF1A</i>	<i>ARP2/3</i>
Pollution	<i>GAPDH</i>	<i>UBCE2</i>
	<i>EF1B</i>	<i>ARP2/3</i>
	<i>14-3-3</i>	
Wounding	<i>EF1B</i>	<i>14-3-3</i>
	<i>ARP2/3</i>	<i>ACT</i>
Hormones	<i>GAPDH</i>	<i>40S</i>
	<i>14-3-3</i>	<i>EF2A</i>
Nutrients	<i>ARP2/3</i>	<i>40S</i>
	<i>UBCE2</i>	<i>EF2A</i>
Temperature - light	<i>EF1B</i>	<i>UBCE2</i>
	<i>ACT</i>	<i>ARP2/3</i>

272

273 Validation of reference genes in conditions of physiological stress

274 To experimentally validate our reference gene recommendations, we performed qPCR for
 275 two heat shock proteins, *Hsp70* and *Hsp90*, in samples from *Fucus distichus* under physiological
 276 stress (salinity and desiccation). *Hsp70* and *Hsp90* were chosen as potential target genes as they
 277 had exhibited differential expression in *Fucus* under various stress conditions (40,42,52). *Hsp70*
 278 and *Hsp90* sequences were identified in the *F. serratus* embryo transcriptome (36) and primers
 279 were designed and tested (S6 Fig). We then examined gene expression using the $\Delta\Delta Cq$ method
 280 with 1) normalization to the two most stable reference genes (*GAPDH* and *EF1A*) or 2) with

281 normalization to the least stable genes (*EF2A* and *ARP2/3*) for physiological stress (Table 2).
282 Gene expression analysis with the most stable pair (*EF1A* + *GAPDH*) showed a significant
283 increase of *Hsp70* cDNA levels with 0.5x ASW treatment and a significant decrease in levels with
284 the 2x ASW stress and desiccation treatments (Fig 5A). Conversely, normalizing to the
285 *ARP2/3/EF2A* (least stable) reference gene set resulted in a loss of significant differential
286 expression in the 0.5X ASW treatment (Fig 5B). *Hsp90* cDNA levels did not show significant
287 change with treatment using either normalization set (Fig 5). These data indicate that using the
288 most stable pair of normalization genes allowed for the capture of more information on differential
289 gene expression for *Hsp70*; however, even the lowest-ranked normalization pair did result in
290 some differential expression detection. Using a suboptimal normalization pair would likely be most
291 detrimental when high Cq variance within technical replicates or between biological replicates is
292 present. As such, using the most recommended set of normalization genes, in general or by
293 condition, is likely to increase experimental sensitivity and reduce false negatives.

294

295 **Figure 5. Detection of significant change in gene expression depending on the reference**
296 **gene choice.** Expression of two heat shock protein genes (*Hsp70* and *Hsp90*) normalized by the
297 two most stable (A: *EF1A* and *GAPDH*) and two least stable (B: *ARP2/3* and *EF2A*) reference
298 gene pairs. Statistically different gene expression from ASWP is indicated by * (Student's t-test;
299 normal distribution, unequal variance; $p < 0.05$).

300

301 Discussion

302 The use of stable and suitable reference genes when analyzing qPCR data is of utmost
303 importance to correctly assess, present, and interpret gene expression in any experimental

304 design. In this study, we analyzed the suitability of nine candidate genes for normalization of gene
305 expression data obtained from qPCR in a brown alga *Fucus distichus*. This paper reports
306 recommendations for reference gene pairs to be used in *Fucus* experimental qPCR studies (Table
307 2). The recommendation is a result of two analyses: stability assessment and calculation of an
308 optimal number of reference genes to be used. Below we discuss the outcomes and comparative
309 merits of these analyses.

310

311 **Assessing stability**

312 The expression stability of the candidate genes was tested using the geNorm,
313 NormFinder, and BestKeeper algorithms. Our analysis with the three algorithms showed that the
314 stability of most candidate genes strongly depended on the experimental condition used, with
315 *GAPDH* being the most stable gene in most conditions and *ARP2/3* being the least stable in most
316 conditions. We did observe some discrepancies in ranking candidate gene stability within
317 conditions when using these three different algorithms.

318 The differences in stability values observed between different algorithms were not entirely
319 unexpected, taking into account that there are differences inherent in the three approaches
320 (8,11,12). geNorm is based on the principle that the most stable housekeeping genes should have
321 a nearly identical variation in expression ratio, or co-expression pattern. This approach, however,
322 may identify co-differentially expressed genes as highly stable in the chosen experimental system
323 (8,11). Conversely, NormFinder is not affected by the co-differential expression problem and as
324 such should be more robust; it estimates both inter- and intra-group variation and then combines
325 them into a stability value (11). BestKeeper, on the other hand, uses raw Cp values as input to
326 identify the best among the investigated candidate genes. It uses a Pearson correlation analysis,
327 a parametric method, which is valid for normally distributed data with a homogeneous variance;

328 if the data do not match these dependencies it may lead to a false interpretation of the obtained
329 results.

330 When the stability of genes in all the treatments was tested together, some discrepancies
331 were detected in the ranking of the most stable candidate reference genes using the three
332 algorithms, but there was an agreement between ranking the least stable genes. *GAPDH* and
333 *EF1B* were ranked as the most stable housekeeping genes tested by geNorm and NormFinder,
334 however, BestKeeper only placed them 3rd and 5th, respectively. The least stable genes were
335 identified as *ARP2/3*, *EF2alpha*, and *UBCE*. This is contradictory to results in *Ectocarpus*
336 *siliculosus*, where both *ARP2/3* and *UBCE* were the most stable genes and *GAPDH* was one of
337 the most unstable genes (13). It may be that patterns of gene expression vary between different
338 brown algal species, which further emphasizes the need to precisely define best reference genes
339 for specific studies.

340 According to our results, in four out of seven tested conditions *GAPDH* and *EF1B* were
341 the most stable reference gene candidates. It is valuable to note that *GAPDH* and *EF1B* had
342 different Cq_{mean} values (26.9 and 20.6, respectively) providing candidate normalization genes at
343 different expression level tiers. These genes have been previously identified as stably expressed
344 in other systems such as green algae, brown algae, plants, and animals (14,15,17,18,53,54).
345 Some studies in *Fucus* directly selected common reference genes such as *EFA*s to normalize
346 their target genes (41,42,45). *EFA* genes have been one of the most widely used in normalizing
347 gene expression of algal and plant species under stress conditions (13,17,22,54,55). However,
348 *EFA*s are not necessarily optimal for all stress conditions in *Fucus*, as shown here.

349 Some of the candidate genes were mostly present in the middle of the stability range, such
350 as *14-3-3*, *40S*, and *actin*. *Actin* and ribosomal subunit or RNA genes have previously been
351 reported as variably expressed in algae (13,16) and other organisms (17,22,56,57). The most
352 unstable genes from our study were *ARP2/3*, *UBCE2*, and *EF2A*. Even though their stability

353 ranking position varied depending on the treatment, for all of the conditions except wounding, at
354 least one of the aforementioned genes was ranked last. *ARP2/3* or *UBCE* have previously been
355 used as normalization genes in the brown alga *Ectocarpus siliculosus* and were stably expressed
356 in that system (13), consistent with our analysis. In line with our results, some previous reports in
357 algae and plants identified *UBCE* as a variable and non-suitable reference gene (16,54).

358 What is perhaps most pertinent to note is that even though ranking differences were
359 observed between the different algorithms, the majority of the calculated stability values were still
360 suitable as they fell under the rejection threshold (geNorm >1.5, BestKeeper >1, NormFinder >1;
361 Fig. S2). This suggests that, generally, all nine of the proposed reference genes we started with
362 should be suitable for normalization. We note that there are specific stress conditions where a
363 handful of candidate genes were rejected for use (hormone and temperature-light; Fig. S2) and
364 so care in specific stress conditions should be taken when selecting the exact pair of normalization
365 genes.

366

367 **The optimal number of reference genes**

368 It has been shown that the inclusion of more than one reference gene is required to detect
369 subtle changes in gene transcript levels by qPCR analysis (8,11,58). Vandesompele et al. (8)
370 provide evidence that normalization using a single gene can lead to an inaccurate normalization
371 of up to 25% of cases (with up to 6.4-fold difference). In our experiments and analyses, we could
372 conclude that in all treatment groups, except pollution, using the two most stable genes should
373 be sufficient for normalization. For the pollution treatment, our experiment would require three
374 normalization genes according to analysis. We strongly recommend that experimental designs
375 for *Fucus* RT-PCR and qPCR include at least two reference normalization genes.

376

377 **Evaluating normalization pairs in a desiccation and salinity stress study**

378 Overall, our recommendation of a 'best' normalization pair for physiological stress
379 condition (*GAPDH* and *EF1A*) proved to be more sound when compared to the 'least' suitable
380 pair when evaluating the differential gene expression of *Hsp70* during salinity stress and
381 desiccation. The statistically significant difference in the expression of *Hsp70* in low salinity failed
382 to be detected when normalizing to the two least stable genes. This has previously been shown
383 in other reports as well, where the choice of unstable genes led to misinterpretation of expression
384 data (47,59,60). It should be noted that we have assumed that the differential expression of *Hsp70*
385 in low salinity is true and not a false positive; we believe this to be the most likely case given the
386 higher stability of the 'best' pair.

387

388 **Conclusion**

389 The regulation of genes involved in algal biology including stress responses and
390 development is complex, and exploring the molecular mechanisms behind them requires high
391 precision and understanding. The selection of suitable reference genes to test qPCR based gene
392 expression is a necessary first step in understanding key molecular networks in the brown algal
393 lineage. Here we recommend the usage of specific reference gene sets in specific conditions
394 when performing comparable experiments in the brown alga *Fucus distichus*. In general, at least
395 two reference genes are recommended, and the best 'general' pair to use are *GAPDH* and *EF1B*.
396 When designing new experiments, we recommend checking the top five general recommended
397 genes from this study (Table 2) to test their stability in one's experimental system, as conducted
398 here, before deciding on the best normalization gene set for your study.

399 Materials and methods

400 Culture conditions and experimental design

401 *Fucus distichus* (Fucales, Phaeophyceae) individuals were collected from their natural
402 rockpool habitat at the University of California Kenneth S. Norris Rancho Marino Reserve
403 (Cambria, CA). Multiple apical segments were cut from adult individuals and cultivated in 2L glass
404 flasks in a Percival incubator (Percival Scientific, USA) at 16°C in filter-sterilized artificial seawater
405 (ASW; 450mM NaCl, 10mM KCl, 9mM CaCl₂, 30mM MgCl₂·6H₂O, 16mM MgSO₄·7H₂O) enriched
406 with Provasoli medium (PES; Anderson, 2005) for acclimation. Samples were cultured under a
407 white fluorescent light at 60 μmol m⁻² s⁻¹ with a 12h:12h light: dark cycle. After 7 days, individual
408 apical segments were transferred into Petri dishes with 15 different treatments, one segment per
409 condition (Fig. ST1). Three biological replicates were obtained for each treatment at two time-
410 points: 3 hours and 3 days after treatment start, resulting in 90 samples in total. A summary of
411 the treatments may be found in Table S1.

412 The chemical treatments were: control ASW with nutrients (PES), nutrient-deficient ASW,
413 0.2μg/L imidacloprid (Marathon 1%, OHP, Inc., USA), 50μM indole-3-acetic acid (IAA;
414 Cat#102037, MP Biochemicals, Irvine, CA.), 50μM gibberellic acid (GA; Cat#G7645, Sigma). An
415 equal volume of absolute ethanol was used as a control for the GA and IAA treatment. In addition,
416 a saline shock was performed using a hypersaline solution (2x ASW) and a hyposaline solution
417 (0.5x ASW). The desiccation treatment was affected by placing the algal segments onto dry Petri
418 dishes, after blotting gently, under the same environmental conditions as in other treatments. A
419 mechanical wounding treatment, to simulate the effect of grazing, was performed by damaging
420 the algal segments with a razor blade in several places along the thallus. Alteration of light and
421 temperature was achieved as follows: a portion of samples was cultured under modified light

422 conditions ($120 \mu\text{mol m}^{-2} \text{s}^{-1}$ and complete darkness) or two non-standard temperatures (8°C and
423 22°C).

424 **RNA extraction and cDNA synthesis**

425 Tissue was flash frozen in liquid nitrogen after treatment (3 hours and 3 days) and
426 immediately ground in liquid nitrogen with a pestle and a mortar. In our hands, extraction of RNA
427 from *Fucus* tissue is impaired by storage of the intact and/or ground tissue at -80 for longer periods
428 of time. To further refine the tissue homogenate samples were ground in 3mL Duall glass grinders
429 (Cat# K885451/0021, Smith Scientific, UK) grinder in 1ml of CTAB buffer (2% CTAB, 100 mM
430 Tris-HCl, 1.5 M NaCl, 50 mM EDTA, 50 mM DTT). RNA extraction was adapted from Apt et al.
431 (62) as follows briefly. Samples were shaken on a tilt shaker at room temperature for 20 minutes
432 after which 1V of chloroform was added to each. Solutions were mixed by inverting the tubes
433 several times and additionally incubating for 20 minutes while gently shaking. Samples were then
434 centrifuged at 10,000g for 20 minutes at 4°C , after which 0.3V of 100% EtOH was added to
435 remove the polysaccharides. Polysaccharides were further extracted with 1V of chloroform and
436 centrifuged for 20 minutes at 10,000g at 4°C . The upper phase was transferred to a new tube and
437 RNA was precipitated overnight at -20°C by adding 0.25V LiCl and 1% (v/v) beta-
438 mercaptoethanol. Samples were centrifuged for 30 minutes 13,000g (4°C), after which the pellet
439 was re-suspended in 50 μl of DEPC-treated MiliQ water. To remove residual DNA, a DNase
440 treatment was performed (TURBO DNase, ThermoFisher) according to manufacturer's
441 instructions. The final volume was adjusted to 500 μl with RNase free water and extraction was
442 performed by adding 1V of phenol: chloroform: isoamyl alcohol (25:24:1 V/V). The samples were
443 centrifuged at 10,000g for 20 minutes (4°C), after which another 1V chloroform extraction was
444 carried out and centrifuged again. The upper phase was transferred to a clean RNase free tube
445 and RNA was precipitated by addition of 0.1V NaOAc (pH5.5) and 2.5V of 100% EtOH overnight
446 at -20°C . After centrifugation (30 minutes at full speed, 4°C), the supernatant was carefully

447 aspirated with a pipette and the pellet was washed with 75% ethanol. The tubes were centrifuged
448 for 10 minutes at full speed (4°C). The supernatant was carefully removed and the tubes were left
449 to air dry for 5-10 minutes. The pellet was then re-suspended in RNase free water.

450 The purity of RNA was assessed by measuring the ratio OD_{260}/OD_{280} and OD_{230}/OD_{260} using a
451 NanoDrop 2000 (Thermo Fisher Scientific, USA). RNA integrity was measured using the High
452 Sensitivity RNA ScreenTape Assay in an Agilent TapeStation (Agilent Technologies, Inc.; Fig. S1).
453 The RNA sample (40ng) was reverse-transcribed to cDNA using RevertAid First Strand cDNA
454 Synthesis Kit with oligo (dT)20 primers (Thermo Fisher Scientific, USA) according to the
455 manufacturer's instructions. cDNA samples were diluted to 10ng/ul for qPCR.

456 **Quantitative Real-Time PCR (qPCR)**

457 For each candidate gene, a pair of oligonucleotide primers was designed using Primer3
458 Input (v. 4.1.0) online tool (Table 1). qPCR was performed using a CFX384 Real Time PCR
459 System (Bio-rad Laboratories Inc., USA). For each test, 3ul of cDNA (in technical duplicate wells)
460 template was amplified using the SsoAdvanced™ SYBR® Green Supermix (Bio-rad Laboratories
461 Inc., USA) in a final volume of 15 µl to test housekeeping gene expression levels. The cycling
462 was performed as follows: 95°C for 5 min followed by 41 cycles of 30s at 95°C, 30s at 60°C and
463 30s at 72°C and a final step of 95°C for 1 min. Each run was finished with heating up the samples
464 from 65°C to 95°C to obtain a melting curve to test the specificity of amplification. All of the
465 amplicons tested here had single melting peaks indicating a unique amplification product (Fig.
466 S2).

467 Primer efficiencies were calculated as follows: a pooled cDNA sample of all samples was
468 mixed and a dilution series generated to yield 1x, 0.1x, 0.01x, and 0.001x dilutions. Each primer
469 set was used to amplify from the dilution series using the conditions above. The primer
470 amplification efficiency (PE) and the correlation coefficient (R2) of each primer pair were

471 calculated (Table 1). All of the primer sets reported here fell within accepted boundaries of PE
472 and R2.

473 **Assessing the stability of candidate gene expression**

474 Data stability analysis was performed on all samples (15 conditions x 2-time points x 3
475 biological replicates) for all of the 9 genes identified, as well as separate groups with respect to
476 the nature of the treatment (physiological stress, hormone addition, pollution stress, temperature-
477 light modification, nutrient modification, and wounding/grazing (Fig. ST1). Quantification cycle
478 (Cq) values were analyzed with geNorm, NormFinder, and BestKeeper.

479 GeNorm calculates an average expression stability value (M) for each reference gene.
480 The analysis allows ranking of the genes according to their expression stability based on an
481 iterative stepwise exclusion of the genes with the highest M value (lowest stability). Additionally,
482 it calculates the optimal number of reference genes to be used for normalization, through a
483 pairwise variation (V) test (8). NormFinder calculates the expression stability value for each gene
484 using ANOVA-based mathematical analysis, taking into account intra- and inter-group variations
485 of the samples. A low SV-value indicates the high expression stability of this gene (11).
486 BestKeeper is an Excel-based tool that uses the standard deviation (SD) and the coefficient of
487 variance (CV) as evaluation criteria for stably expressed reference genes. Stability values for
488 geNorm were analyzed using R package NormqPCR (63) (NormFinder stability values were
489 calculated using the NormFinder R script (Andersen et al., 2004), and BestKeeper Excel-based
490 analysis was performed and standard deviation (SD) was used as a stability measure (12). In
491 addition, a rank aggregation method based on a Monte Carlo cross-entropy algorithm (R-
492 package; RankAggreg 0.6.5; <https://CRAN.R-project.org/package=RankAggreg>) was used to
493 combine the gene ranks of the three above algorithms and create a consensus housekeeping
494 gene ranking.

495 Validation of chosen housekeeping genes

496 Apical segments were placed the following physiological stress conditions: 2x salinity, 0.5x
497 salinity, and desiccation condition for 6 hours. Untreated samples were transferred to 1X ASW.
498 After 6 hours, RNA was extracted as detailed above and gene expression analyzed. To test the
499 normalization efficiency of reference genes in a specific condition ($\Delta\Delta Cq$ method), two of the most
500 stable and two of the most unstable candidates for this group (physiological stress) were used to
501 test the expression level of two heat-shock proteins (Hsp). Hsp gene sequences were identified
502 through a local BLAST of the *Ectocarpus* Hsp70 and Hsp90 to the *Fucus serratus* transcriptome
503 (36) and primers were designed using Primer3 Input (v. 4.1.0) online tool. $\Delta\Delta Cq$ was calculated
504 by normalization of the Hsp genes with the two housekeeping genes and to the targeted gene
505 expression detected in a separate control sample.

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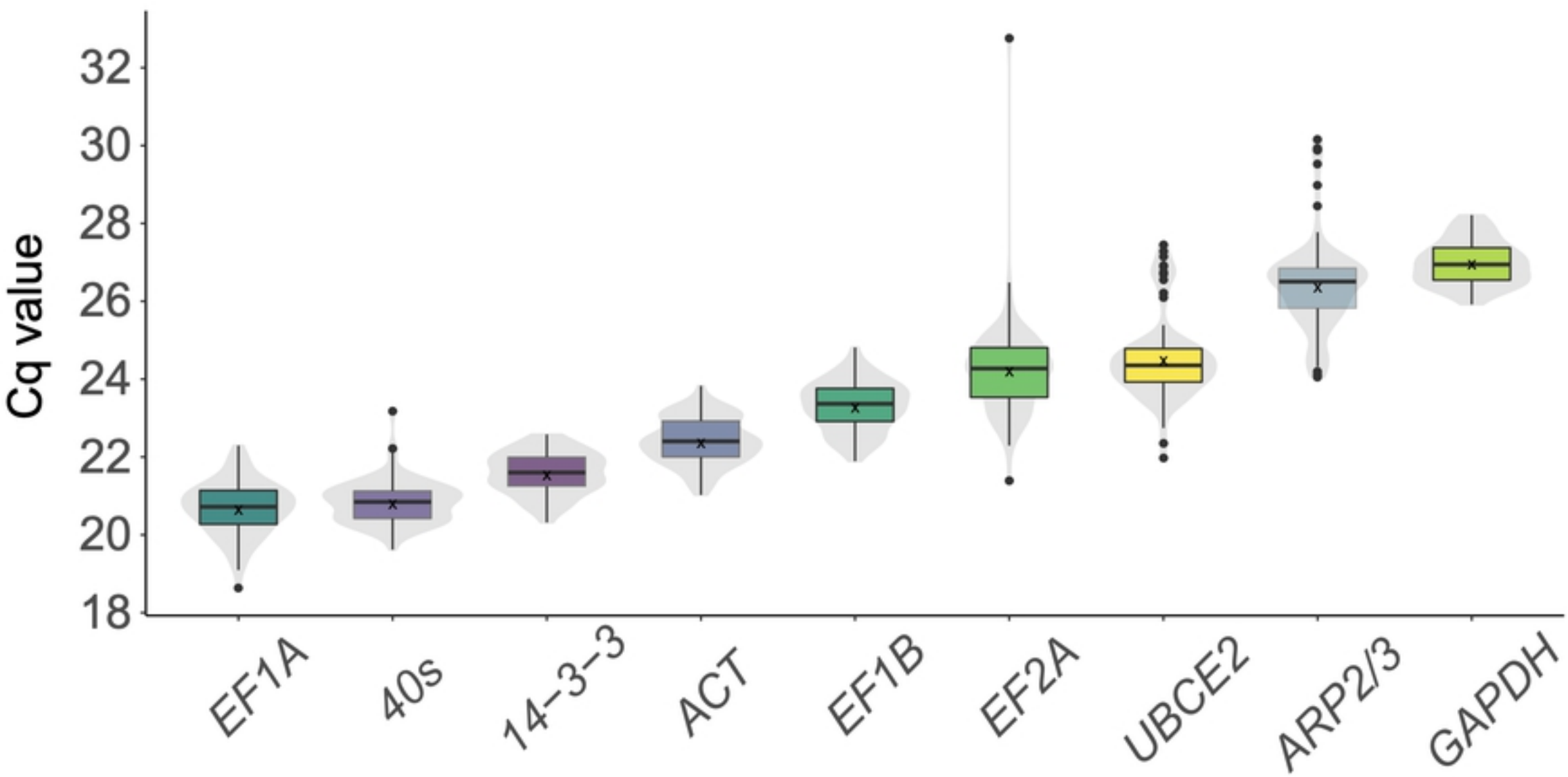


Figure 1

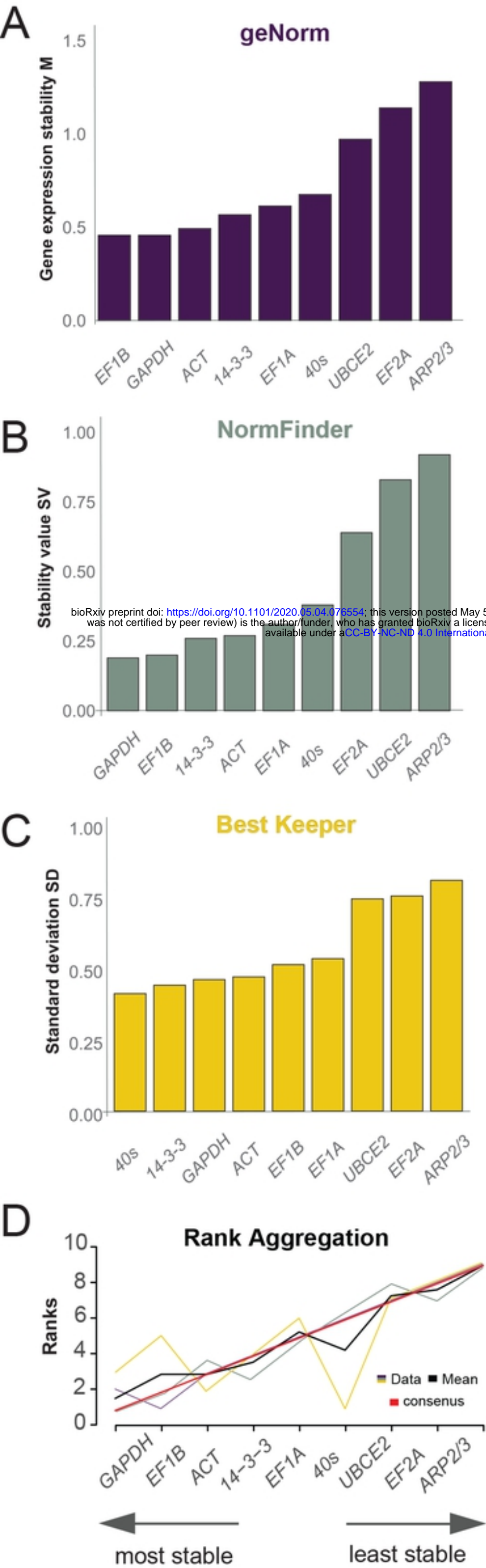


Figure 2

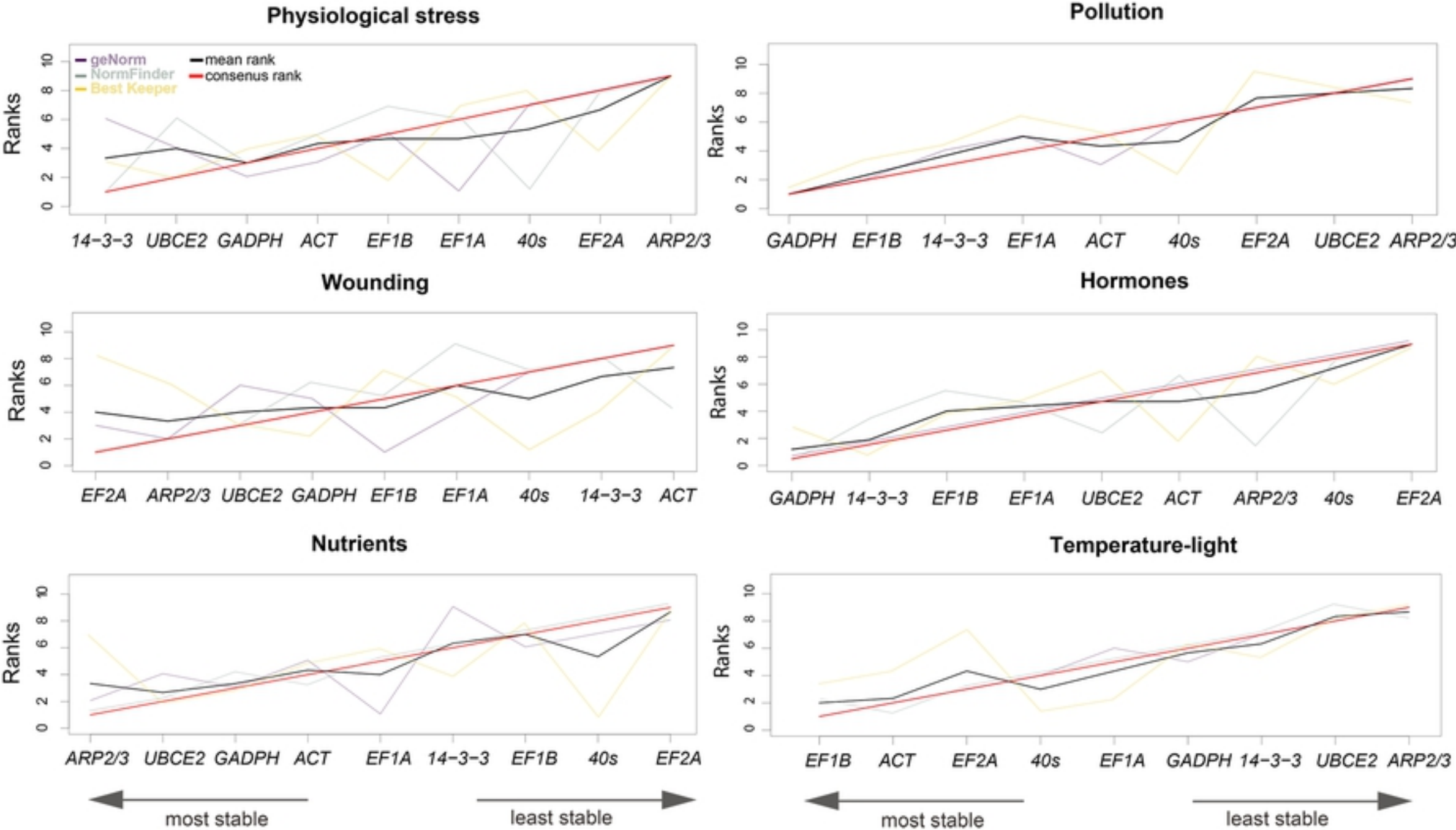


Figure 3

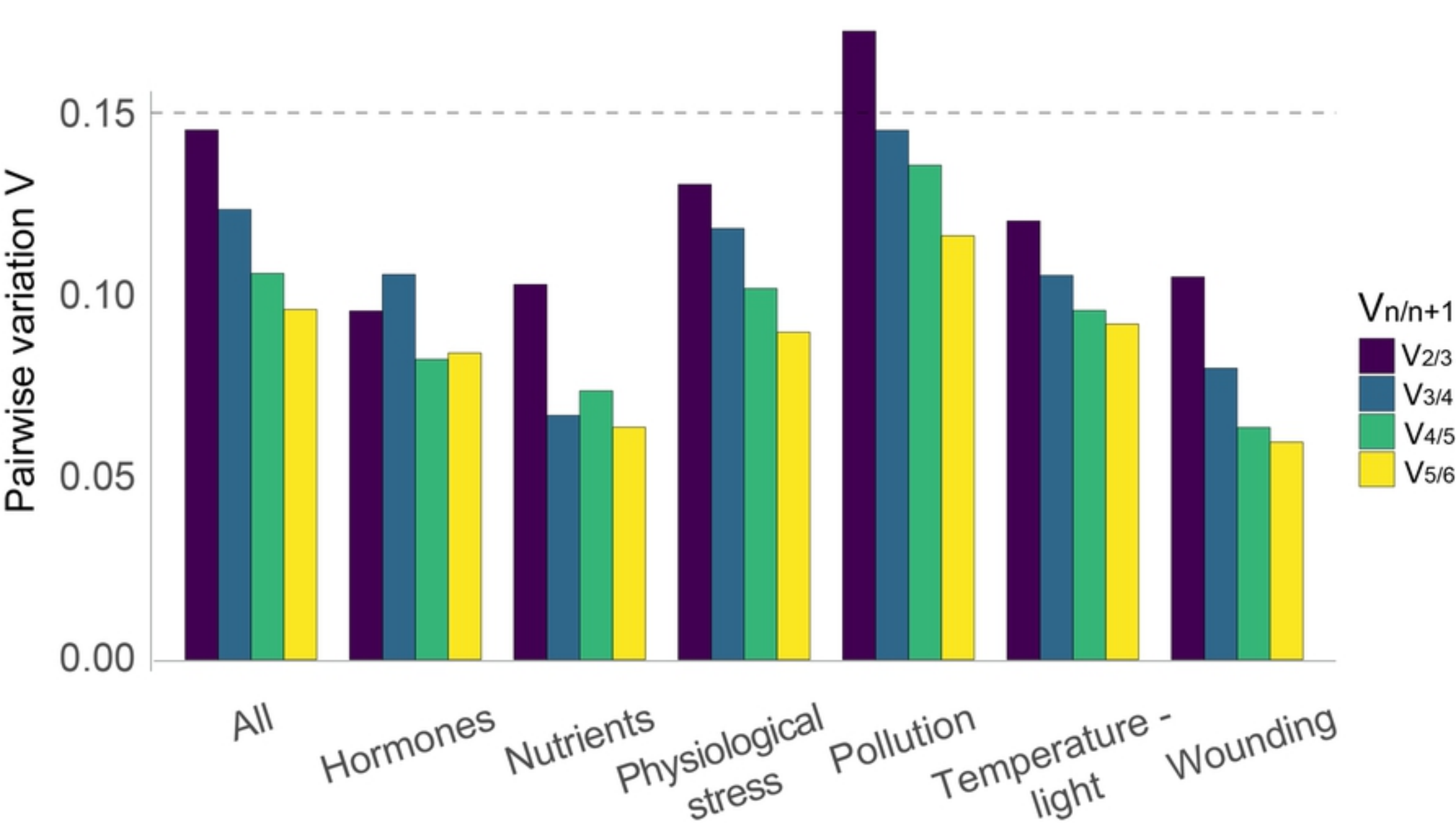
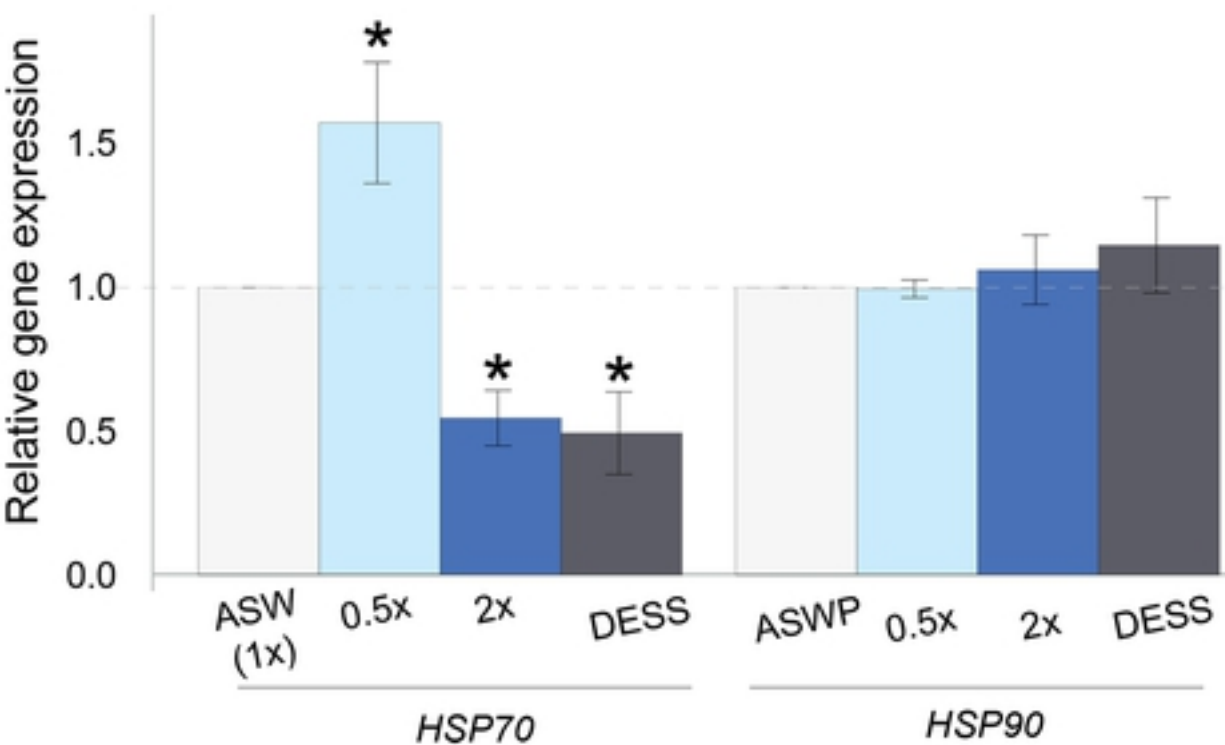


Figure 4

A

GAPDH and EF1alpha



B

ARP2/3 and EF2alpha

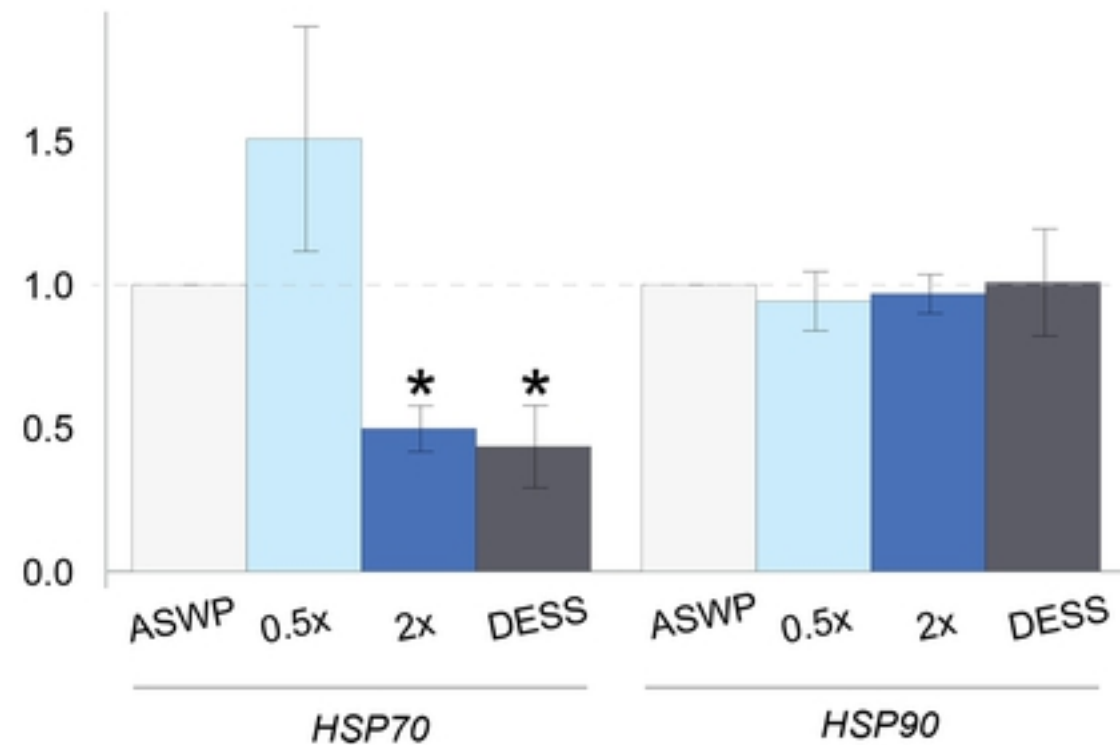


Figure 5