

1 **Diet-Induced Vitamin D Deficiency Results in Reduced Skeletal Muscle**
2 **Mitochondrial Respiration in C57BL/6J Mice**

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26 **Abstract**

27 Vitamin D deficiency is known to be associated with symptoms of skeletal muscle
28 myopathy including muscle weakness and fatigue. Recently, vitamin D related
29 metabolites have been linked to the maintenance of mitochondrial function within
30 skeletal muscle. However, current evidence is limited to *in vitro* models and the
31 effects of diet-induced vitamin D deficiency upon skeletal muscle mitochondrial
32 function *in vivo* have received little attention. In order to examine the role of vitamin
33 D in the maintenance of mitochondrial function *in vivo*, we utilised an established
34 model of diet-induced vitamin D deficiency in C57BL/6J mice. Mice were fed either a
35 control (2,200 IU/kg) or a vitamin D deplete (0 IU/kg) diet for periods of 1-, 2- and 3-
36 months. Skeletal muscle mitochondrial function and ADP sensitivity were assessed
37 via high-resolution respirometry and mitochondrial protein content via
38 immunoblotting. As a result of 3-month of diet-induced vitamin D deficiency,
39 respiration supported via CI+II_P and ETC were 35% and 37% lower when compared
40 to vitamin D replete mice ($P < 0.05$). Despite functional alterations, the protein
41 expression of electron transfer chain subunits remained unchanged in response to
42 dietary intervention ($P > 0.05$). In conclusion, we report that 3-months of diet-induced
43 vitamin D deficiency reduced skeletal muscle mitochondrial function in C57BL/6J
44 mice. Our data, when combined with previous *in vitro* observations, suggests that
45 vitamin D mediated regulation of mitochondrial function may underlie the
46 exacerbated muscle fatigue and performance deficits observed during vitamin D
47 deficiency.

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51 **Introduction**

52 Vitamin D deficiency, characterised by serum 25(OH)D levels of $<50 \text{ nmol.L}^{-1}$,
53 remains prevalent across both Europe and the USA [1 2]. Although the classical
54 actions of vitamin D within the maintenance of bone health are well established [3-5],
55 a number of non-classical actions have recently been identified including the
56 maintenance of skeletal muscle function [6].

57

58 Within human populations, multiple observational studies have reported a positive
59 association between serum 25(OH)D, skeletal muscle strength and lower extremity
60 function in older individuals [7-9]. Furthermore, the supplementation of vitamin D has
61 also been reported to increase muscle strength within this population [10 11].
62 Despite these associations, studies of this design are unable to infer causality. In
63 addition, isolating the effects of vitamin D status within older populations is often
64 difficult given individuals may suffer from a number of pre-existing conditions that
65 may interfere with vitamin D status [12]. These difficulties highlight the importance of
66 model systems that allow for the manipulation and isolation of vitamin D status in
67 order to study the precise role of vitamin D within skeletal muscle.

68

69 In order to study the impact of vitamin D deficiency on skeletal muscle function, a
70 number of animal models have been utilised. A dysregulation of vitamin D status can
71 be achieved via dietary means [13-16], a reduction in sunlight exposure [13] or by
72 the administration of ethane 1-hydroxy-1, 1-diphosphonate which blocks the
73 production of $1\alpha,25\text{-dihydroxyvitamin D}_3$ ($1\alpha,25(\text{OH})_2\text{D}_3$) [16]. Diet-induced vitamin D
74 deficiency has been shown to result in symptoms of skeletal muscle myopathy
75 including impaired contraction kinetics, skeletal muscle weakness, as well as

76 decreases in muscle force in both chicks and rats [13 14 17]. In order to isolate the
77 effects of vitamin D alone and offset the observed hypocalcemia and
78 hypophosphatemia that are associated with the induction of vitamin D deficiency
79 [17], diets with increased calcium and phosphate have been utilised [15]. However,
80 despite the administration of this rescue diet, mice still display reduced grip strength
81 and an increase in *Myostatin* gene expression [15], a known negative regulator of
82 muscle mass [18]. Similarly, mice fed this diet chronically (8-12 months) show similar
83 impairments in physical performance including; reduced grip endurance, sprint
84 speed and stride length [19].

85

86 The observed impairments in physical performance with vitamin D deficiency may be
87 linked to skeletal muscle mitochondrial function [20 21]. *In vitro*, vitamin D related
88 metabolites are able to increase mitochondrial function in both immortalised and
89 primary skeletal muscle cell lines [22-25]. Furthermore, we recently observed
90 significant impairments in mitochondrial function in Vitamin D Receptor (VDR) loss-
91 of-function C2C12 myoblasts [26]. In humans, the supplementation of vitamin D
92 within a cohort of severely deficient individuals resulted in a reduced
93 phosphocreatine (PCr) recovery time, as measured non-invasively by 31-
94 phosphorous magnetic resonance spectroscopy (31-P MRS) [20]. Whilst skeletal
95 muscle mitochondrial content seems to remain unchanged following diet-induced
96 vitamin D deficiency in mice [19], the functional characteristics of the mitochondria
97 remain largely underexplored. Therefore, we aimed to determine the effects of diet-
98 induced vitamin D deficiency upon skeletal muscle mitochondrial function in
99 C57BL/6J mice.

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101

102

103 **Methods**

104 **Ethical Approval**

105 Ethical approval was granted by the Garvan Institute and St. Vincent's Hospital
106 Animal Experimentation Ethics Committee (approval number 18/19), fulfilling the
107 requirements of the NHMRC and the NSW State Government, Australia. All animal
108 handling was carried out by trained personnel and all procedures were carried out
109 according to the Australian code of practice for the care and use of animals for
110 scientific purposes 8th edition [27]. Male C57BL/6JAusb mice were received at 10-
111 weeks of age and housed communally in a temperature controlled environment ($22 \pm$
112 0.5°C) with a 12 h light-dark cycle.

113

114 **Composition of Diet**

115 Following 1-week acclimation in which mice were fed a standard chow diet, mice
116 were placed on either a vitamin D-control diet (SF085-034, Speciality Feeds, Glen
117 Forest, NSW) or a vitamin D-deplete diet (SF085-003, Speciality Feeds, Glen Forest,
118 NSW) for periods of 1- (n = 10/group), 2- (n = 6/group) or 3-months (n = 6/group).
119 The vitamin D deplete contains no vitamin D (cholecalciferol 0 IU/kg) but increased
120 calcium (2%) and phosphorous (1.2%) in order to maintain normal mineral
121 homeostasis. Previously, this dietary intervention has been shown to successfully
122 induce vitamin D deficiency following 1-month of dietary intervention [15]. The
123 vitamin D control diet contains vitamin D (cholecalciferol 2,200 IU/kg), calcium (1%)
124 and phosphorous (0.7%).

125

126 **Assessment of Food Intake**

127 Food intake was assessed on a monthly basis at 1-, 2- and 3-months of dietary
128 intervention. The weight of the food within the cage was recorded and subsequently
129 re-weighed following a period of 24 h. The amount of food consumed was then
130 divided by the number of mice within the cage and reported as food intake in grams
131 per mouse.

132

133 **Assessment of Body Composition**

134 Body weight was obtained on a weekly basis throughout the dietary intervention
135 periods. In addition, prior to each measurement of body composition mice were
136 briefly weighed. Body composition was assessed upon arrival (10-weeks of age) and
137 then following 1-, 2- and 3-months of dietary intervention using the EchoMRI
138 (EchoMRI LLC, Houston, USA).

139

140 **Tissue Collection**

141 Tissue collections were completed following 1-, 2- and 3-months of dietary
142 intervention. All samples were excised from fasted (2 h) mice following isoflurane
143 (5%) anesthetization. Following collection, a blood sample was taken via cardiac
144 puncture and animal terminated via cervical dislocation. All tissues were rinsed in
145 sterile saline, blotted dry, weighed, and frozen in liquid nitrogen. A small portion (~20
146 mg) of the red gastrocnemius was removed before freezing and used for high-
147 resolution respirometry. All further tissue samples were stored at -80°C for
148 subsequent analysis.

149

150 **Tissue Processing**

151 Small portions of red gastrocnemius muscle (~20 mg) were removed and placed in
152 ice-cold BIOPS buffer (2.77 mM CaK₂EGTA, 7.23 mM K₂EGTA, 5.77 mM Na₂ATP,
153 6.56 mM MgCl₂·6H₂O, 20 mM Taurine, 15 mM Na₂Phosphocreatine, 20 mM
154 Imidazole, 0.5 mM Dithiothreitol, 50 mM MES Hydrate, pH 7.1, 290 mOsm). Blood
155 samples were allowed to coagulate at room temperature for 10 minutes before being
156 placed on ice. Blood samples were then centrifuged at 14,000 g for 10 minutes and
157 the resulting supernatant was removed and stored at -80°C for further analysis.

158

159 **Analysis of Serum Calcium**

160 Serum calcium was measured using a Calcium Detection Assay kit (Abcam,
161 Cambridge, UK). Serum samples were diluted 1:10 and manufacturers instructions
162 were followed. The assay plate was read at 575 nm using a CLARIOstar microplate
163 reader (BMG Labtech, Victoria, Australia). Serum calcium concentrations are
164 reported in mM.

165

166 **High-Resolution Respirometry**

167 High-resolution respirometry was conducted in MiR05 (2 ml) with the addition of
168 blebbistatin (25 μM) using the OROBOROS Oxygraph-2K (Oroboros Instruments,
169 Corp., Innsbruck, AT) with stirring at 750 rpm at 37°C. Oxygen within the chamber
170 was maintained between 150-220 μM for each experiment. Prior to the addition of
171 the fibre bundles to the chamber, bundles were blotted dry and weighed. Bundles
172 totalling 2.5-5.0 mg were added to each chamber. Firstly, pyruvate (10 mM) and
173 malate (2 mM) were added in assessment of complex I related leak (Cl_L). ADP was
174 then titrated in step-wise increments (100-6000 μM) followed by the addition of
175 glutamate (10 mM) to assess phosphorylating respiration (Cl_P). The addition of

176 succinate (10 mM) followed to assess respiration support via complex II (CI+II_P).
177 Cytochrome c (cyt c) (10 μM) was added in order to check outer mitochondrial
178 membrane integrity. The partial loss of cyt c during fibre preparation may limit
179 respiration however, no fibre preparation exhibited an increase of >10%. Carbonyl
180 cyanide 3-chlorophenylhydrazone (CCCP) was titrated in a step-wise manner (0.5 to
181 2.5 μM) until the maximal capacity of the electron transport chain (ETC) was
182 reached. Finally, antimycin A (2.5 μM) was injected in order to determine non-
183 mitochondrial oxygen consumption.

184

185 The apparent K_m for ADP was determined through the Michaelis-Menten enzyme
186 kinetics – fitting model ($Y = V_{max} * X / (K_m + X)$), where $X =$ (free ADP; ADP_f), using
187 Prism (GraphPad Software, Inc., La Jolla, CA) as previously described [28]. Flux
188 control ratios (FCR) was calculated by setting CCCP stimulated respiration as 1 and
189 antimycin A respiration as 0.

190

191 **Immunoblotting**

192 Gastrocnemius samples were powdered on dry ice using a Cellcrusher™ tissue
193 pulverizer (Cellcrusher Ltd, Cork, Ireland) and homogenized via shaking in a
194 FastPrep 24 5G (MP Biochemicals, Santa Ana, California, USA) at 6.0 m·s⁻¹ for 80 s
195 in a 10-fold mass of ice-cold sucrose lysis buffer (50 mM Tris pH 7.5; 270 mM
196 sucrose; 1 mM EDTA; 1 mM EGTA; 1% Triton X-100; 50 mM sodium fluoride; 5 mM
197 sodium pyrophosphate decahydrate; 25 mM beta-glycerolphosphate). Inhibitors
198 were added fresh on the day of use and included 1 cOmplete™ protease inhibitor
199 cocktail EDTA free tablet (Roche, Basel, Switzerland) and Phosphatase Inhibitor
200 Cocktail 3 both purchased from Sigma-Aldrich (Sigma-Aldrich, NSW, Australia).

201 Samples were then centrifuged for 10 min at 8,000 *g* at 4°C to remove any insoluble
202 material. Protein concentrations were determined using the DC protein assay as per
203 manufacturer's instructions (Bio-Rad, NSW, Australia). An equal volume of protein
204 (30 µg) was separated by SDS-PAGE on 12.5% gels at a constant current of 23 mA
205 per gel for ~60 minutes. Proteins were then transferred on to BioTrace NT
206 nitrocellulose membranes (Pall Life Sciences, Pensacola, Florida, USA) using a wet
207 transfer system at 100 V for 1 h. Membranes were then stained in Ponceau S
208 (Sigma-Aldrich, NSW, Australia) and imaged to check for even loading and transfer.
209 Membranes were then blocked for 1 h in 3% dry-milk in tris-buffered saline with
210 tween (TBS-T). Membranes were incubated overnight in primary antibodies at 4°C.
211 Following primary antibody incubation, membranes were washed three times in TBS-
212 T and subsequently incubated in the appropriate horseradish peroxidase-conjugated
213 secondary antibody at room temperature for 1 h. Membranes were again washed
214 three times in TBS-T prior to imaging. Images were captured using the ChemiDoc
215 (Bio-Rad, NSW, Australia) and quantified using ImageJ.

216

217 **Antibodies**

218 MitoProfile OXPHOS antibody cocktail (110413) was from Abcam and used at a
219 concentration of 1:1,000. Anti-mouse (7076) secondary antibody was used at a
220 concentration of 1:10,000 in TBS-T and was from Cell Signaling Technology.

221

222 **Statistical Analysis**

223 Statistical analysis was performed using Prism version 7 (GraphPad Software
224 Incorporated, La Jolla, CA, USA). Differences between 1-, 2- and 3-month vitamin D
225 replete and deplete mice were determined by two-way ANOVA with Bonferroni

226 correction for multiple comparisons. Differences between vitamin D deplete and
227 replete mice in mitochondrial respiration in response to ADP titration were
228 determined by multiple t-test. All values are presented as mean \pm SD. Statistical
229 significance was set at $P < 0.05$.

230

231

232 **Results**

233 **Body Composition Following Diet-Induced Vitamin D Deficiency**

234 Body weight increased across time when mice were compared at the 1-, 2- and 3-
235 month time-points ($P < 0.001$) (Fig. 1A). However, no differences in body weight
236 were observed when comparing vitamin D replete and deplete mice ($P > 0.05$) (Fig.
237 1A). Further assessment of body composition revealed no differences in absolute
238 lean mass ($P > 0.05$) (Fig. 1C) however, when expressed as a percentage of body
239 weight, lean mass was lower when compared across dietary intervention time-points
240 ($P < 0.001$) (Fig. 1D). Further analysis revealed that lean mass as a percentage of
241 body weight was 16% lower at 3-months when vitamin D deplete mice were
242 compared with the 1-month vitamin D deplete ($P < 0.001$) (Fig. 1D). Although this is
243 indicative of a loss of lean mass with vitamin D deficiency, this effect was potentially
244 driven by a higher lean mass as a percentage of body weight at the 1-month time-
245 point in vitamin D deplete mice ($P = 0.039$) (Fig. 1D). Both absolute and percentage
246 of body weight fat mass increased across time in both dietary groups ($P < 0.001$)
247 (Fig. 1E-F). Furthermore, fat mass as a percentage of body weight was 60% higher
248 in the vitamin D replete mice when compared with vitamin D deplete at the 1-month
249 time point ($P = 0.044$) (Fig. 1F). Despite differences in body composition, no

250 difference in food intake was observed between time points ($P > 0.05$) and groups (P
251 > 0.05) (Fig. 1B).

252

253 **Skeletal Muscle Mass**

254 Given the alterations in total lean mass, we determined whether individual skeletal
255 muscle mass was effected by diet-induced Vitamin D deficiency. Crude analysis of
256 skeletal muscle wet weight revealed no differences in the mass of the gastrocnemius
257 in response to either dietary intervention ($P = 0.408$) or time point ($P = 0.103$) (Table
258 1). Overall, the mass of the quadriceps increased over time ($P = 0.004$) however,
259 this was not changed by dietary intervention ($P = 0.951$) (Table 1). Collectively,
260 triceps mass was higher when vitamin D replete mice were compared with deplete
261 ($P = 0.041$) although, post-hoc analysis revealed no difference between groups at
262 individual time points ($P > 0.05$) (Table 1).

263

264 **Serum Calcium**

265 Similar to previous reports [15], we observed no change in serum calcium
266 irrespective of dietary group or time point ($P > 0.05$) (Fig. 2A).

267

268 **Mitochondrial Function**

269 In response to both pyruvate and malate alone, we observed no change in Cl_L ($P >$
270 0.05) (Fig. 3A). However, following the addition of ADP, Cl_P respiration increased
271 across the 1, 2 and 3-month time points ($P = 0.048$) (Fig. 3B). Furthermore,
272 respiration was 85% and 96% higher at the 2- ($P = 0.015$) and 3-month ($P = 0.006$)
273 time-points respectively when compared with 1-month in vitamin D replete mice (Fig.
274 3B). Similarly, higher respiratory capacities during $Cl+II_P$ respiration and the maximal

275 capacity of the ETC were observed in the 2- and 3-month vitamin D replete mice
276 when compared with the 1-month ($P < 0.05$) (Fig. 3C-D). In addition, 3-months of
277 diet-induced vitamin D deficiency resulted in 35% and 37% lower respiratory rates
278 during CI+II_p ($P = 0.035$) and maximal ETC capacity ($P = 0.015$) when compared to
279 vitamin D deplete mice at the same time-point (Fig. 3C-D). We also analysed to
280 above data as a flux control ratio which provides a method for internal normalisation
281 [31 32]. Despite the observed changes reported above, flux control ratios revealed
282 no differences in mitochondrial respiration supported via complex I alone ($P > 0.05$)
283 or complex I and II in combination ($P > 0.05$) (Fig. 3E-F).

284

285 **ADP Sensitivity**

286 Commonly, the assessment of mitochondrial function is performed under saturating
287 concentrations of ADP [31 32] which may not be biologically relevant. Therefore, we
288 assessed mitochondrial function in response to a titration of ADP from biologically
289 relevant to saturating concentrations [28 33]. We observed no differences in
290 mitochondrial respiration throughout the titration of ADP between vitamin D replete
291 and deplete mice ($P > 0.05$) (Fig. 4A-C). Furthermore, no differences were observed
292 in the apparent K_m for ADP in response to either dietary intervention ($P > 0.05$) or
293 time point ($P > 0.05$) (Fig. 4D).

294

295 **Mitochondrial Protein Content**

296 Finally, given the observed decrements in mitochondrial function associated with
297 vitamin D deficiency, we sort to assess mitochondrial protein content following diet-
298 induced vitamin D deficiency. We observed no changes in complex I (NDUFB8),
299 complex II (SDHB) and complex IV (UQCRC2) protein content when compared

300 irrespective of time point or vitamin D diet ($P > 0.05$) (Fig. 5A-B, D). Interestingly,
301 both complex III (MTCO1) and complex V (ATP5A) were decreased across time ($P <$
302 0.05) however, there were no differences between dietary groups ($P > 0.05$) (Fig. 5C
303 & E).

304

305 **Discussion**

306 Vitamin D deficiency has been linked to reductions in muscle function, however the
307 specific role of Vitamin D on mitochondrial function is less established. Therefore,
308 the aim of the present study was to directly examine the effects of diet-induced
309 vitamin D deficiency upon skeletal muscle mitochondrial function in C57BL/6J mice.
310 Utilising the current gold standard method to assess mitochondrial function in
311 permeabilised skeletal muscle fibres [29 30], we report that 3-months of diet-induced
312 vitamin D deficiency reduces mitochondrial respiration supported via $CI+II_P$ and the
313 maximal capacity of the ETC (Fig. 3C-D). Interestingly, despite the functional
314 changes, we observed no differences in mitochondrial protein content following the
315 induction of diet-induced vitamin D deficiency (Fig. 5A-F). In addition, 1-month of
316 diet-induced vitamin D deficiency resulted in an increase in lean mass (Fig. 1D) and
317 a decrease in fat mass (Fig. 1F) as a percentage of body weight, although these
318 effects were transient as they did not manifest over 2- and 3-months of dietary
319 intervention. Furthermore, diet-induced vitamin D deficiency resulted in a decrease in
320 lean mass as a percentage of body weight across the 3-month time period (Fig. 1D).
321 Despite this, no changes in body weight, lean mass, fat mass or food intake were
322 apparent when comparing vitamin D replete to the deplete group following 3-months
323 of dietary intervention (Fig. 1A-F).

324

325 The ability of vitamin D and related metabolites to increase skeletal muscle
326 mitochondrial function in immortalised and primary cell lines has been well
327 established [22-25]. Despite this, there is little evidence for the effects of vitamin D
328 status upon skeletal muscle mitochondrial function *in vivo*. To date, just one study
329 has examined skeletal muscle mitochondrial function, as measured non-invasively
330 via ³¹P MRS, in a cohort of severely deficient patients [20]. The authors reported a
331 decrease in PCr recovery time following supplementation with vitamin D, indicative of
332 increased oxidative phosphorylation [20]. However the study followed an open label
333 design, making the extrapolation of this data unclear. In order to directly assess the
334 effects of vitamin D status upon skeletal muscle mitochondrial function, we utilised a
335 mouse model of diet-induced vitamin D deficiency. This model allows for the
336 manipulation of vitamin D status without altering mineral homeostasis [15]. Following
337 3-months of diet-induced vitamin D deficiency, we report that respiration supported
338 via CI+II_P and the maximal capacity of the ETC is lower when compared to vitamin D
339 replete mice at the same time-point. Reduced rates of respiration following 3-months
340 of diet-induced vitamin D deficiency were mediated by increased respiration in the
341 vitamin D replete cohort as opposed to a reduction in vitamin D deplete mice.
342 Following internal normalisation, the above alterations in mitochondrial function were
343 no longer apparent, suggesting the changes observed were due to alterations in
344 mitochondrial quantity as opposed to quality. Therefore, in order to ascertain whether
345 these increases were mediated by an increase in mitochondrial protein abundance,
346 we assessed the protein content of ETC subunits I-V. Despite functional
347 impairments, we observed no differences in markers of mitochondrial protein content
348 within skeletal muscle following the induction of vitamin D deficiency. Therefore, this
349 suggests that vitamin D deficiency alters mitochondrial function independently of

350 mitochondrial content. Similar observations have been made *in vitro* following either
351 the treatment of skeletal muscle cell lines with vitamin D metabolites or the knock-
352 down of the VDR [22 26]. In addition, within the skeletal muscle of the recently
353 developed skeletal muscle muscle-specific VDR-KD mouse, mitochondrial protein
354 content remained unchanged [34]. The further examination of mitochondrial function
355 in this mouse model would help to determine whether the effects of vitamin D
356 deficiency upon skeletal muscle mitochondrial are a direct result of vitamin D related
357 signalling.

358

359 In addition, we also sought to determine the effects of diet-induced vitamin D
360 deficiency upon body composition within C57BL/6J mice. Previously, no differences
361 in body weight and lean mass were observed following 12-months of diet-induced
362 deficiency in male C57BL/6J mice [19]. In female mice however, 12-months of diet-
363 induced vitamin D deficiency resulted in reductions in body weight, lean mass and fat
364 mass [35]. Similar to previous reports in male mice, we observed no differences
365 between the vitamin D replete and deplete groups in body weight, lean mass, fat
366 mass or food intake at the 3-month time point. We did however observe a reduction
367 in lean mass as a percentage of body weight from 1- to 3-months in vitamin D
368 deplete mice whereas replete mice remained stable over the same time period. This
369 may in part be driven by the fact we also observed an increase in lean mass as a
370 percentage of body weight following 1-month of diet-induced deficiency. Despite
371 minimal differences in body composition, previous data suggests that vitamin D
372 deficiency impairs physical function in mice [15 19]. Therefore, functional measures
373 of muscle performance may be more relevant to assess the effects of vitamin D
374 deficiency within skeletal muscle. However, it should also be noted that those with

375 serum concentrations of 25(OH)D <25 nmol.L⁻¹ are at a greater risk of developing
376 sarcopenia [36]. Given the effects of vitamin D deficiency and supplementation seem
377 to be most potent in older individuals, the induction of vitamin D deficiency in aging
378 mouse models may reveal more potent effects on skeletal muscle mass.

379

380 In conclusion, we report that mitochondrial function (CI+II_P and ETC) is reduced in
381 C57BL/6J mice following 3-months of diet-induced vitamin D deficiency. These
382 effects are not mediated by alterations in mitochondrial protein content suggesting
383 vitamin D deficiency directly effects the mitochondrial respiratory machinery. Similar
384 to others, we observed minimal differences in body composition following 3-months
385 of diet-induced vitamin D deficiency in male C57BL/6J mice [19 37]. Finally our data
386 provides evidence that vitamin D status is an important determinant of skeletal
387 muscle mitochondrial function *in vivo* thereby supporting previous *in vitro*
388 observations.

389

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397

398 **Disclosures**

399 No conflicts of interest, financial or otherwise, are declared by the authors.

400

401 **Author Contributions**

402 S.P.A and A.P conceived and designed research. S.P.A, G.F, A.M.P performed
403 experiments and S.P.A analysed data, interpreted results and prepared figures.
404 S.P.A, P.J.A and A.P drafted the manuscript. All authors approved the final version
405 of the manuscript.

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543 **Figure Legends**

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545 **Figure 1.** Assessment of body composition and food intake in vitamin D replete and
546 deplete C57BL/6J mice. A, increase in body weight across dietary period with no
547 differences between differing vitamin D diets (n = 6-10/group). B, no difference in
548 food intake was observed following dietary intervention (n = 5-6 cages/group). C-D,
549 absolute lean mass remained unchanged whilst lean mass as a percentage of body
550 weight was significantly lower in the 3-month vitamin D deplete when compared to
551 the 1-month (n = 6-10/group). E-F, Absolute and percentage of body weight fat mass
552 increased across the dietary period irrespective of dietary intervention. Data mean \pm
553 SD. ^b Main effect for time ($P < 0.05$), ^c Main effect group x time interaction ($P < 0.05$),
554 * ($P < 0.05$).

555

556 **Table 1.** Assessment of skeletal muscle wet weight following the induction of diet-
557 induced vitamin D deficiency (n = 6-10/group). Data mean \pm SD.

558

559 **Figure 2.** Serum calcium in response to the induction of diet-induced vitamin D
560 deficiency (n = 5-10/group). Data mean \pm SD.

561

562 **Figure 3.** Assessment of skeletal muscle mitochondrial respiration in response to
563 diet-induced vitamin D deficiency. A, Cl_L remains unchanged irrespective of dietary
564 intervention (n = 4-8/group). B, Respiration supported via Cl_P is higher in the 2- and
565 3-month vitamin D replete mice when compared with the 1-month (n = 5-8/group). C-
566 D, Respiration supported via $Cl+II_P$ and the maximal capacity of the ETC is
567 increased in the vitamin D replete mice and higher at the 3-month time point when
568 compared to vitamin D deplete (n = 5-8/group). E-F, alteration in absolute rates of
569 respiration are diminished when internally normalised (n = 5-8/group). Data mean \pm
570 SD. ^b Main effect for time ($P < 0.05$), ^c Main effect group x time interaction ($P < 0.05$),
571 * ($P < 0.05$).

572

573 **Figure 4.** Assessment of skeletal muscle mitochondrial ADP sensitivity in response
574 to diet-induced vitamin D deficiency. A-C, no change in respiratory capacity in
575 response to the titration of ADP following 1-, 2- and 3-month of vitamin D deficiency
576 (n = 5-8/group). D, no change in the apparent K_m for ADP in response to 1-, 2- and
577 3-month of vitamin D deficiency (n = 5-8/group). Data mean \pm SD.

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579 **Figure 5.** Assessment of skeletal muscle mitochondrial protein content following
580 diet-induced vitamin D deficiency. A-B and D, no changes in expression levels of
581 mitochondrial complex I (NDUFB8), complex II (SDHB) and complex IV (UQCRC2)
582 following diet-induced vitamin D deficiency (n=6/group). C and E, lower expression

583 levels of mitochondrial complex III (MTCO1) and complex V (ATP5A) across the
584 dietary time period with no differences between vitamin D replete and deplete mice
585 (n = 6/group). Data mean \pm SD. ^b Main effect for time ($P < 0.05$), ^c Main effect group
586 x time interaction ($P < 0.05$).

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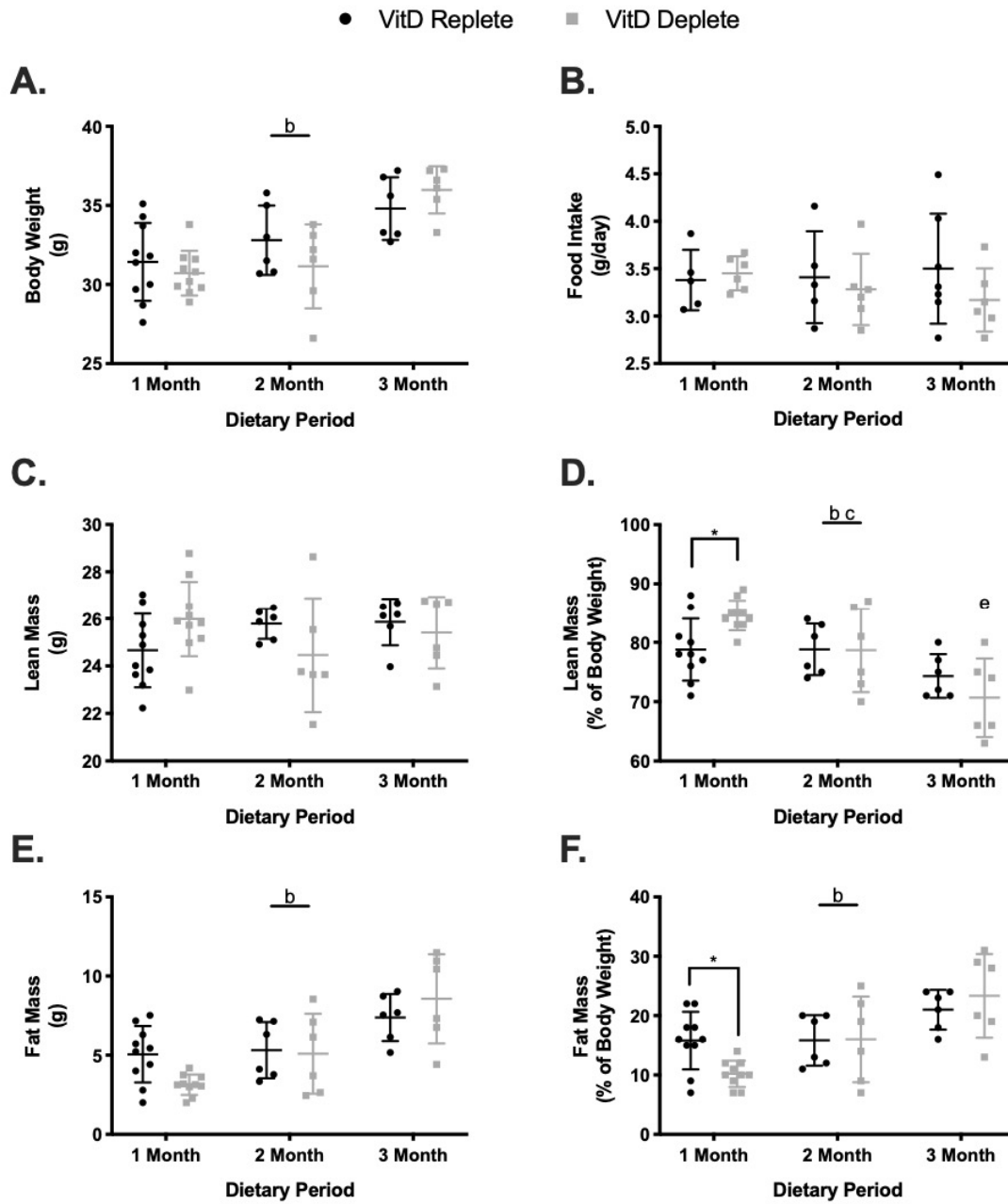
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594 Figure 1.



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600 Table 1.

	Dietary Period (Months)			<i>P</i>	<i>Time</i>
	1	2	3		
Gastrocnemius					
(mg)					
Replete	143 ± 14	166 ± 25	161 ± 14		
Deplete	152 ± 16	149 ± 12	156 ± 15	0.408	0.103
Quadriceps					
(mg)					
Replete	160 ± 14	189 ± 12	182 ± 20		
Deplete	169 ± 18	178 ± 22	184 ± 19	0.951	0.004
Tricep					
(mg)					
Replete	111 ± 20	113 ± 14	109 ± 10		
Deplete	106 ± 9	96 ± 19	101 ± 13	0.041	0.695

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617 Figure 2.

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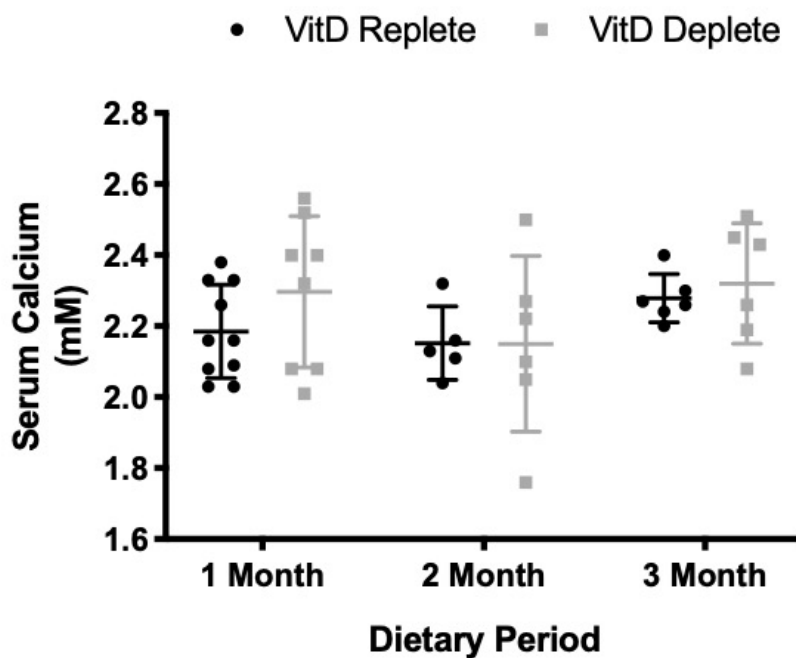
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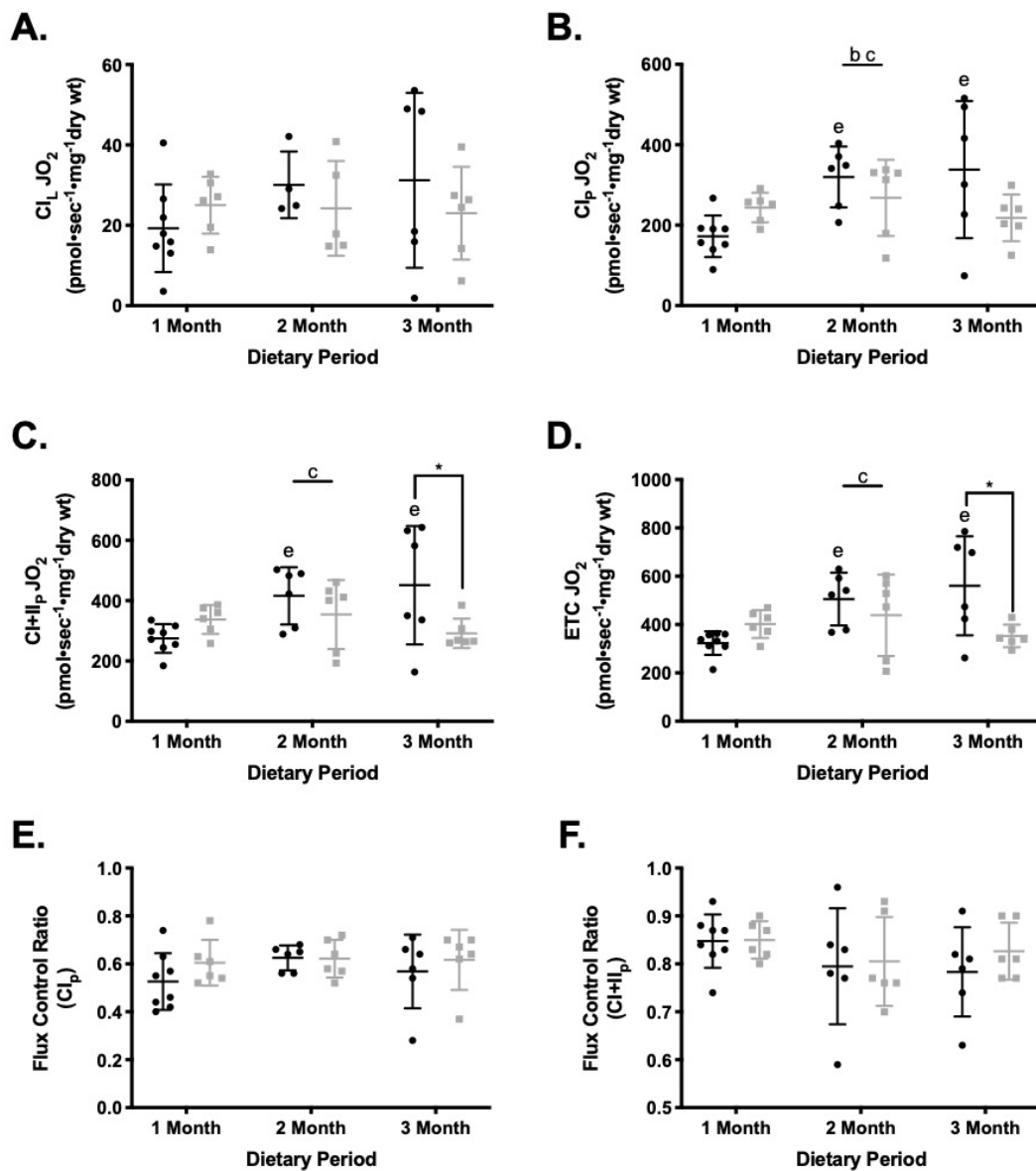
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642 Figure 3.

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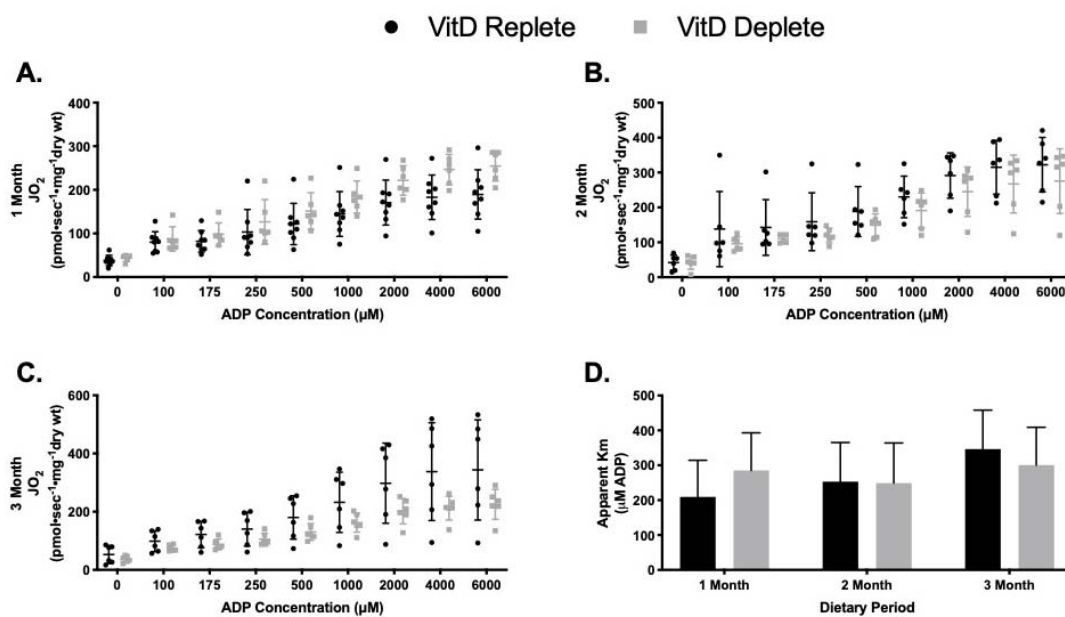
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650 Figure 4.



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664 Figure 5.

