The antidepressant sertraline provides a novel host directed therapy module for augmenting TB therapy

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ABSTRACT:

A prolonged therapy, primarily responsible for development of drug resistance by *Mycobacterium tuberculosis* (Mtb), obligates any new TB regimen to not only reduce treatment duration but also escape pathogen resistance mechanisms. With the aim of harnessing the host response in providing support to existing regimens, we used sertraline (SRT) to stunt the pro-pathogenic type I IFN response of macrophages to infection. While SRT alone could only arrest bacterial growth, it effectively escalated the bactericidal activities of Isoniazid (H) and Rifampicin (R) in macrophages. This strengthening of antibiotic potencies by SRT was more evident in conditions of ineffective control by these frontline TB drug, against tolerant strains or dormant Mtb. SRT, could significantly combine with standard TB drugs to enhance early pathogen clearance from tissues of mice infected with either drug sensitive/ tolerant strains of Mtb. Further, we demonstrate an enhanced protection in acute TB infection of the highly susceptible C3HeB/FeJ mice with the combination therapy signifying the use of SRT as a potent adjunct to standard TB therapeutic regimens against bacterial populations of diverse physiology. This study advocates a novel host directed adjunct therapy regimen for TB with a clinically approved anti-depressant to achieve

quicker and greater control of infection.

Abbreviations: IFN- Interferon, SRT- sertraline hydrochloride, Mtb- *Mycobacterium tuberculosis,*

HDT- host directed therapy

Introduction:

The current TB therapy regimen ranging between 6 months for pulmonary and 1-2 years for extra

pulmonary infections, is often associated with severe drug induced toxicity in patients. Moreover,

its failure to completely eradicate the pathogen from the host, forms an ideal platform for the

emergence of drug resistant strains (1, 2). It is not surprising that these strains have emerged at

an alarming rate in the population and are imposing serious impediments to TB control programs

globally (3, 4). Introduction of newer modalities like host directed therapy (HDT) with the potential

to reduce duration of therapy and not be affected by pathogen resistance mechanisms offer

significant advantages in this scenario (5, 6). Effective molecular entities like antibodies,

cytokines, cell based therapies, repurposed drugs have been tested against bacterial and viral

infections (7-15). Several facets of infection response ranging from enhancing pathogen

clearance to augmenting host metabolism or nutrition have been tapped to develop novel host

targeted interventions strategies against complex bacterial infections (16-21).

Mtb infection invokes several mechanisms of pathogen clearance in host cells involving, the

induction of pro-inflammatory response, metabolic stress, phago-lysosomal lysis programs,

apoptosis/ autophagic mechanisms (22-24). On the other hand, by virtue of its long standing

association with humans, Mtb has evolved complex and intricate mechanisms to survive and

establish optimal infection in the host (25-32). While attempts to boost the host immune

mechanisms for better control of the pathogen are promising, efforts have focused on the

development of counter-measures against pathogen mediated subversion of cellular clearance

mechanisms (33-38).

We hypothesized that neutralizing a prominent pathogen-beneficial response would indirectly

supplement host immunity facilitating better pathogen control. The early, robust, type I IFN

response of phagocytes to intracellular bacterial infections including Mtb, is often associated with a detrimental effect on host immune activation and survival (39-42). We sought to offset this response by using sertraline (SRT) - a previously identified antagonist of poly I:C mediated type I IFN signaling, in macrophages and evaluate Mtb infection dynamics (43). We demonstrate that SRT, effectively inhibited infection induced IFN that manifested as growth arrest of Mtb in macrophages. Interestingly, SRT could augment mycobacterial killing in the presence of INH (H) and rifampicin (R), two of the frontline TB drugs in macrophages by effectively lowering the concentration of antibiotics required to achieve clearance. Remarkably, the combination proved effective even against dormant bacilli or antibiotic tolerant Mtb strains. Addition of SRT to TB drugs- HR or HRZE (HR+ pyrazinamide, ethambutol) significantly protected infected mice from TB related pathology both by enhancing bacterial clearance and host survival, implying on the usefulness of this combination therapy in both the intensive and continuation phases of anti TB therapy (ATT). Taken together, we report a novel adjunct TB therapy module by repurposing the FDA approved, prescription antidepressant -sertraline.

Results:

Macrophages respond to Mtb infection by elaborating an array of signaling cascades and effector functions with the nucleic acid driven type I IFN response as an active and dominant response to during infection (42, 44-49). We questioned the benefit to Mtb in actively stimulating this response and hypothesized that suppressing this response in cells would alter macrophage infection dynamics. As an initial step in this direction, we chose a FDA approved drug- SRT with reported activity in suppressing type I IFN in cells and observed a dose dependent reduction in this response of macrophages on treatment with SRT (Fig. 1A). While 1μM was minimally inhibitory, 5μM and 10μM of SRT inhibited the response by 35 and 43% respectively. At a dose of 20μM, SRT significantly reduced the response to 1/5th of the untreated values (Fig. 1A). Moreover, while naïve macrophages were permissive for Mtb growth to 10-folds of input by day 5, SRT, when

used at this concentration, despite its minimal activity on Mtb *in vitro*, efficiently restricted growth

in infected macrophages (Fig. 1B).

This observed bacterial stasis in SRT treated macrophages prompted us to analyze the effect of

this treatment in conjunction with frontline antibiotics- INH and Rifamipicin. As an initial step we,

analyzed the effectiveness of these two antibiotics in our infection model by using 3 different

doses of HR- C1 (200ng/ml INH and 1000ng/ml Rifampicin), C2 (20ng/ml INH and 100 ng/ml

Rifampicin) and C3 (8ng/ml INH and 40ng/ml Rifampicin). We enumerated Mtb growth in at day

3 and 5 *p.i.*. As expected, a gradual reduction in antibiotic effectivity was observed with decreasing

doses: while C1 was able to control, a 10-fold lower dose of C2 was less effective while the 25-

fold lower dose (C3) was ineffective in restricting bacterial numbers from input values (Fig.1C).

In contrast to the growth of Mtb in untreated macrophages (2.3x and 4.5x w.r.t. D0), HR treated

macrophages at the highest concentration, could effectively control bacterial numbers by ~62 fold

by day 3 and ~92 fold by day 5 (Fig. 1C). This ability was reduced to only a 50% reduction (w.r.t.

D0) in CFU by the antibiotics at C2. At the concentration of 0.04X (C3), HR failed to control

bacterial growth even after 5 days of treatment. Addition of SRT efficiently boosted the bactericidal

properties of antibiotics at all concentrations tested (Fig. 1D). Even at the highly effective HR

concentration, addition of SRT further reduced bacterial numbers by 2-3 folds. Surprisingly, the

ability of SRT to boost antibiotic properties was --- visible at doses C2 and C3. At the C2 dose,

SRT significantly lowered numbers by 8 and 50 folds at day 3 and day 5, respectively in

comparison to HR. Even at the lowest dose of C3, SRT substantially enhanced bacterial killing

by 6- and 20-folds w.r.t HR at days 3 and 5 post infection.

Decreased portioning of potent antibiotics to regions of bacterial presence in the center of

granulomas remains a major cause for the improper clearance of bacteria from infected tissues

and development of bacterial tolerance and resistance (50, 51). Given the ability of SRT to

enhance potencies at ineffective antibiotic concentrations, we evaluated the antibiotic boosting

properties of SRT under different physiological conditions that would mirror this *in vivo* situation.

As a first step, we verified the ability of SRT to potentiate Mtb control by frontline antibiotics in

primary macrophages (human monocyte derived macrophages) from 7 healthy individuals.

Although Mtb growth varied across samples, the antibiotic potentiating effect of SRT was

preserved (Fig. 1E). Across different individuals, while SRT and HR individually showed minimal

but highly variable bacterial control, SRT universally synergized with antibiotics to further reduce

bacterial numbers by 10-15 folds supporting a more general adjunct activity of SRT to frontline

TB drugs.

Mtb is endowed with the inherent propensity to enter into a drug-tolerant, non-replicating dormant

state associated with drug tolerance and antibiotic failure (52). We hypothesized that any

advantage in bacterial clearance under such conditions would prove useful in controlling overall

infection; warranting the evaluation of SRT in this situation. The recent model of vitamin C treated

THP1 macrophages associated with Mtb dormancy and loss of HR efficacy (53) provided an

important platform in this direction. Again, while SRT was able to induce bacterial stasis in this

model, HR was completely ineffective at controlling bacterial growth. However, HR along with

SRT led to 10-12-fold reduction in bacterial numbers within 4 days of treatment indicating its

activity against dormant Mtb (Fig. 1F).

More recently, the inability of drugs to distribute equally amongst the spectrum of granulomatous

lesions was recognized as an important factor in promoting bacterial tolerance and resistance.

The lipid loaded necrotic lesions forming a formidable barrier for entry of frontline TB drugs *in vivo*

(54, 55). To mimic lipid rich conditions i*n vitro* studies we treated THP1 macrophages with oleic

acid and found poor efficiency of HR in these cells (Fig. 1G). In contrast, a combination of SRT

with HR led to more than 10-fold reduction in bacterial loads.

SRT was found to increase HR efficiency in a dose dependent manner. Even at concentrations

as low as 1 μM, SRT, could effectively synergize with antibiotics and facilitate growth restriction

in macrophages with increased potency of the combination upon increasing the dose of SRT up

to 20 μM (Fig. 1H).

Fig. 1

Fig. 1: Sertraline inhibits Mtb induced Type I IFN response and restricts intra-macrophage Mtb growth.

A) IRF dependent luciferase activity in THP1 Dual macrophages following infection with Mtb at a MOI of 5. Cells were left untreated or treated with increasing concentrations of SRT for 24h in culture and the luminescence in culture supernatants was measured and is represented as mean $\pm$ SEM from 2 independent experiments with triplicate wells each. B-H) Intracellular bacterial numbers in THP1 Dual macrophages following infection with Mtb at MOI5 for 6h and then either left untreated (NT- red) or treated with, Sertraline (SRT/ S-blue), (HR-200ng/ml INH and 1000ng/ml Rif- green) or a combination of all three (HRS- black). B- comparison of bacterial growth in untreated or SRT treated macrophages, C) growth of Mtb in cells not treated or treated with HR at 200ng/ml INH and 1000ng/ml Rif (C1), ten- fold lower (C2) and 25- fold lower (C3) concentrations. The relative bacterial counts CFUs at day 3 and day 5 post infection with respect to day 0 (6hp.i.) was calculated and is represented as rel. growth. $\pm$ SEM from N=2 or 3 replicate experiments. D) Intracellular bacterial survival in macrophages treated with HR at C1, C2 and C3 with 20μM SRT at days 3 and 5 *p.i.* is represented as growth relative to Day 0$\pm$ SEM from N=2 or 3 replicate experiments. E) Mtb growth in primary human M1- differentiated MDMs from PBMC of seven individuals is represented as CFU counts relative to day 0 CFU in untreated samples. Each symbol represents one individual, colours depict the treatment groups as before. F, G) Growth in macrophages treated with Vit. C (F) for 24h

post infection or with 200µM Oleic acid for 48h prior to infection (G). H) Macrophages treated with C2 with different concentrations of SRT. Bacterial numbers were enumerated and is represented as average $\log_{10}$ CFU $\pm$ SEM from 2-3 independent experiments with triplicate wells each. Except for E, paired t-test comparing ratios, other datasets were compared with unpaired t-test; **p<0.01, ***p<0.001).

Given the ability of SRT to supplement antibiotic properties, we tested if SRT was potent in supplementing the activity of HR in *in vitro* culture. Even upto 6 μM SRT failed to impact Mtb growth either alone or in combination with 3 concentrations of HR in these conditions (Fig. S1). These results hinted at an indirect effect of SRT in enhancing the ability of macrophages to control bacteria rather than a direct benefit to the microbicidal properties of the antibiotics. We used another potent inhibitor of type I IFN signaling – BX795 to understand the effect of restricting this signaling on bacterial growth control by macrophages (Fig. 2 A, B). We first confirmed the ability of BX795 to inhibit IFN in THP1 macrophages in response to Mtb infection and observed complete abrogation even at a very low concentrations of 1.2 μM (Fig. 2A). Treatment with BX795 alone induced a bacteriostasis in Mtb infected macrophages similar to the effect seen with SRT alone (Fig. 2B). However, addition to HR significantly enhanced bacterial killing by 4-5 folds by 3 days of infection again reflecting the properties observed with SRT (Fig. 2C). We reasoned that inhibition of IFN by SRT added the antibiotic properties of frontline TB drugs, then a similar effect of increased antibiotic efficacy would be visible in IFN signaling deficient macrophages. To test this, we compared the intracellular bacterial numbers in cGAS$^{-/-}$ and STING$^{-/-}$ macrophages with WT cells after 3 days of treatment with HR assessed the potentiating effect of negating type I IFN on antibiotic efficacy in the macrophages deficient in IFN signaling (Fig. 2D, 2E). Similar to treatment with SRT, Mtb was restricted in its growth in macrophages with loss of type I IFN signaling as compared to the Wt cells by day 3 of infection. Absence of cGAS enhanced the ability of HR in controlling bacterial numbers by 2-3 folds in comparison to the control observed in IFN sufficient cells (Fig.2D). This effect was amplified in macrophages with a deficiency in STING wherein, the difference in antibiotic mediated control was more than 40-50 folds between the Wt

and STING^{-/-} cells (Fig. 2E). A recent study by Teles et.al, 2013 suggested the active suppression

of IFNγ dependent-antimycobacterial activity of macrophages as one of the potent pro-

pathogenic effects of type I IFN in mycobacterial infections (56). We hypothesized that a reversal

of this suppression would lend credence to the role of SRT in reducing type I IFN signaling in

macrophages and cells would be more efficient in controlling infection. Indeed, we found 2-fold

enhancement in IFNγ mediated control in SRT treated macrophages (Fig.2F).

Fig. 2

Fig 2: Augmentation property of SRT is due to its ability to inhibit IFN signaling.

A) IRF dependent luciferase activity in THP1 dual macrophages 24h after treatment with varying doses of BX795 along with infection with Mtb at MOI of 5. B,C) Bacterial growth in macrophages left untreated or treated with 10μM BX795. Relative growth of Mtb in macrophages treated with HR and HR+BX795 (HRB) for 3 days. The percentage relative growth of intracellular bacterial numbers in HR or HRB groups with respect to untreated samples is depicted. D, E) Bacterial growth in macrophages WT, cGAS^{-/-}, STING^{-/-} (G- left untreated or treated with HR), for 3 days. The numbers are mean ± SEM for triplicate wells of N=2 (D) and mean ± SEM for (E) of N=2/3 experiments. F) Growth of Mtb in macrophages pre-

treated with IFNγ for 16h, infected with Mtb for 6h and then left untreated or treated with SRT for 3 days.

Mean CFU values for triplicate assay wells from two independent experiments (N=2) $\pm$ SEM is shown.

The increase in IFNγ mediated bacterial control prompted us to analyze the pro-inflammatory

response of Mtb infected macrophages treated with SRT (Fig. 3A-D). Gene expression profiles

showed reduction in the expression of TNF and IL1β after 18h of treatment with SRT consistent

with reported literature (57). In comparison to HR, while TNF expression was reduced slightly in

the HRS treated macrophages (Fig. 3A), negligible levels of TNF was observed in the cell

supernatants in SRT treated cells (SRT, HRS), contrasting with the high levels of TNF (between

500pg- 1ng/ml) in the case of Mtb infected cells with or without treatment with HR (Fig. 3B).

Surprisingly, while expression levels of IL1β were 2-3 folds lower in HRS treated macrophages

by 18h (Fig. 3C), the amount of secreted cytokine was significantly elevated (> 2-3 folds) in

macrophages treated with SRT/ HRS from 18h until 66h (Fig. 3D). These data strongly indicated

potential activation of the host cell inflammasome by SRT. With several studies supporting

inverse regulation of type I IFN and inflammasome activation (58, 59), we tested the efficacy of

SRT to potentiate antibiotic mediated killing in the presence of inflammasome inhibitors. Again,

while SRT enhanced the ability of HR to control Mtb in macrophages, pretreatment of cells with

the inflammasome inhibitor, isoliquiritigenin (I), completely nullified the boosting effect of SRT on

antibiotic efficacy (Fig. 3E), suggesting that the type I IFN modulating effect of SRT was mediated

in part by inflammasome activation.

Fig. 3

Fig. 3: Important role for inflammasome activation in antibiotic potentiation by SRT

Relative expression of inflammatory cytokines in macrophages treated with HR or HRS. Data in A and C depict fold expression (transcript abundance) relative to HR alone as mean $\pm$ SEM from two independent experiments with duplicate wells each at 18h post treatment. B and D depict secreted cytokines at indicated time points post treatment. B) Average values $\pm$ SEM of TNF at 18h, 43h and 66h post treatment of two independent experiments of triplicate wells (N=2). D) IL1 β levels in cell supernatants at 18h, 42h and 66h of triplicate wells (n=3). E) Growth of Mtb in macrophages infected with Mtb for 6h and then left untreated or treated with HR, SRT, HRS, HRS+ isoliquiritigenin (I) for 5 days. Data is represented as mean $\pm$ SEM for 2-3 independent experiments containing triplicate wells per assay and analysed by (unpaired t-test, ns=not significant, **p<0.01, ***p<0.001).

The antibiotic escalating properties of SRT in macrophages prompted testing of this combination

regimen *in vivo*. We reasoned that the survival of TB infected C3HeB/FeJ mice would provide an

optimal platform for a fast readout of comparative drug efficacies of standard TB drugs and the

adjunct regimen with SRT. Given the excellent ability of infection control by INH and Rifampicin

in this model, it was necessary to test the adjunct effect of SRT in conditions of minimal advantage

imparted by the frontline drug combination alone *i.e.* lower doses -C2 (0.1X) and C3 (0.01X) in

addition to the standard dose C1(X) of HR *ad libitum* in drinking water (Fig. 4A). Aerosol delivery

of Mtb at a high dose of ~500 cfu/animal, resulted in precipitous disease with rapid killing of

untreated (NT) animals by day 31 of infection (Fig. 4B). To facilitate disease progression prior to

treatment initiation, animals infected with Mtb were left untreated for 2 weeks. SRT alone was

effective in delaying the disease progression in animals as the mean survival time (MST)

increased from 31 days for untreated animals to 38 days. HR at the lowest concentration (C3),

similar to SRT, deferred animal mortality with MST of 41 days while the higher doses of HR (C2

and C1) increased MST significantly to 85 and >90, respectively. Given the higher susceptibilities

of female mice to infection observed in our study, we decided to differentially tally the gender-

based effects of SRT treatment in these animals. The combination of HRC3 and SRT, nearly

doubled the MST of both female and male mice to 78 days and 100 days from 41 and 45 days

respectively (Fig. 4C). This benefit of SRT was similar to that observed for a 10-fold higher

concentration of HR alone (MST of 85 for HRC2). The advantage of SRT inclusion with HR was

evident in the gross lung pathology by 30 days of infection. Both NT and HRC3 treated lungs

showed extensive progressive granulomas, contrasting with a significant amelioration of

pathology seen in HR3S treated animals (Fig. 4D).

Further, we wanted to explore temporal benefits of the combination regimen after withdrawal of a

limited term treatment (Fig. 4E). In this model, 100% of animals survived after treatment with

HR(C1) at 16 weeks post infection (Fig. 4F). A 7-week *ad libitum* treatment with the 10-fold lower

dose of HR (HRC2) (Fig. 4F) significantly decreased the MST of animals to 85 days with 100%

mortality by 16 weeks. In contrast, 40% of HRC2S treated animals, survived with a MST of 112

days for the group (Fig. 4F, G). All animals with the highest dose of HR (HRC1) either alone or

with SRT survived the infection. Despite, the significant heterogeneity of treatment response in

male and female mice, with a relatively lower response as evidenced by the greater number of

lesions in lungs of male animals, a co-operative effect of SRT inclusion was evident as a

significant improvement in TB associated lung pathology (Fig. 4H). Small macroscopic lesions

were observed in lungs of 60% of the female mice treated with HRC1 that showed as multiple,

well defined granuloma in the H&E stained sections by the 16th week post infection. In contrast,

mice treated with SRT and HRC1 showed negligible involvement of the lung tissue in

granulomatous cellular accumulation. Even in tissues of male mice, animals receiving the adjunct

therapy showed fewer macroscopic and significantly lower numbers of microscopic granuloma in

lung sections in comparison to animals treated with the antibiotics alone.

Fig. 4

Fig. 4: Adjunct SRT improves host survival in a susceptible mouse model of infection.

A) Schematic of Mtb infection and drug treatment in C3HeB/FeJ female mice. B) Survival curve of Mtb infected female C3HeB/FeJ mice treated with different concentrations of H and R (HRC1- 1X: H-100μg/ml, R-40μg/ml, HRC2-0.1X, HRC3-0.01X) alone or along with SRT (10μg/ml). C) Median survival time of different treatment groups of mice. D) Gross tissue morphology of lungs of uninfected animals (UI) and indicated groups at 30 days post infection with Mtb. E) Schematic of infection and antibiotic treatment in C3Heb/FeJ with HRC2 and HRC1. F-G) Survival (F) and MST (G) of C3Heb/FeJ mice treated with HRC2 or HRC2S. H) Gross lung morphology at the end of 16 weeks and histological sections of lungs with H&E staining of C3HeB/FeJ mice either treated with HRC1 or in combination with SRT.

TB treatment in the intensive phase involves the use of 4 frontline TB drugs- HRZE for a period of two months and HR for an additional 4 months. Further to test the efficacy of SRT in combination with HRZE in an acute model of disease, Mtb infected C3HeB/FeJ mice were treated either with the established dose of HRZE or in combination with SRT (Fig. 5A) and evaluated TB associated pathology of the lungs at 16 weeks of infection. Male (Fig. 5B) and female (Fig. 5C) animals treated with the 4 drugs for 7 weeks harbored 10^5-10^6 bacteria in their lungs, respectively. Addition of SRT appreciably improved drug efficacy, reducing the lung bacterial loads by a further 5-7 folds (Fig. 5B and C). The drugs efficiently lowered tissue pathology as evidenced by the macroscopic lesions seen in the lungs of infected mice (Fig. 5D). While both female and male mice showed small macroscopic lesions in lungs on treatment with HRZE, despite the heterogeneity between the genders, the combination of SRT and HRZE sufficiently decreased the extent of tissue involvement in TB associated pathology. This difference was more evident in tissue sections, wherein animals treated with HRZES were devoid of granulomatous infiltrates in contrast to the HRZE treated animals which had significantly higher numbers of granulomas in the lungs (Fig. 5D).

Fig. 5

Fig. 5: *In vivo* potentiation of SRT mediated antimycobacterial activity

A)   Schematic of infected C3HeB/FeJ mice and treated with HRZE (HRC1- 1x: H-100μg/ml, R-40μg/ml, Z-150μg/ml, E-100μg/ml or in combination with SRT (10μg/ml). Animals were euthanized at the end of 16 weeks and extent of infection was determined by estimating bacterial numbers (CFU) in lungs of female (B) and male (C) mice. D) Gross lung morphology and histochemical sections of lungs with H&E staining of C3HeB/FeJ mice infected with Mtb and treated either with HRZE or in combination with SRT. (unpaired t-test,*p<0.05, **p<0.01).

To evaluate the adjunct regimen for early bacterial clearance rates, we infected C57BL/6 mice with 500 CFU of Mtb and enumerated bacterial burdens at 1- and 3-weeks post treatment according to the schedule shown in Fig. 6A. Bacterial numbers in the lungs reached ~10^7 CFU by

4 weeks of infection (day 0 of treatment) and remained steady over the 6-week period in untreated animals (Fig. 6B). While treatment with HRZE was efficient in steadily reducing these numbers by ~100 folds, addition of SRT to the regimen significantly enhanced control by a further 2-3 folds. Moreover, the adjunct regimen was efficient in controlling dissemination of infection into spleens of infected mice (Fig. 6C). Although HRZE reduced splenic bacterial numbers significantly by 6-7 folds, HRZES was more potent reducing bacterial numbers further by ~20 folds (60-70% vs ~2-5%) by 21 days of treatment. A similar degree of enhanced bacterial control (4-6 folds lesser bacteria) was observed in lungs and spleens of Balb/c mice treated with SRT as an adjunct to conventional 4 drug-therapy (Fig. 6D). Untreated animal lungs showed a gradual consolidation of the tissue with increasing amounts of granulomatous cellular infiltration by 6 weeks of infection. Treatment with HRZE was efficient in reducing this infiltration significantly by the 6th week of infection with nearly 1/6th of the tissue showing signs of cellular infiltration (Fig. 6E). Lungs of mice receiving the combination showed better resolution of granulomas with significantly smaller regions of cellular collection by 3 weeks dispersed across the tissue, that was more or less absent from the tissues of mice by the 6th week of treatment.

Fig. 6

Fig. 6: SRT initiates early bacterial clearance and dissemination in mice.

A) Schematic of Mtb infection and drug treatment in C57BL6/ BalbC mice infected with Mtb

and the treated with HRZE or HRZES (HRC1- 1X: H-100µg/ml, R-40µg/ml, Z-150µg/ml, E-100µg/ml,

SRT 10µg/ml) treatment. Lung CFU post 1 and 3 weeks (B) and spleen CFU 3 weeks after (C-

relative to untreated animals) in Mtb infected C57BL6 mice of antibiotic and SRT administration. D)

Lung and spleen CFUs of Balb/c mice after 3 weeks of treatment, E) Gross lung morphology and

H&E staining after treatment for the indicated number of weeks. (unpaired t-test,*p<0.05,

***p<0.001).

We then tested the efficacy of the adjunct therapy against a drug tolerant Mtb strain in cellular

and murine models of infection. Previously, we had demonstrated that N73- a clinical Mtb strain

belonging to the L1 ancient lineage showed increasing tolerance to INH and Rifampicin as

opposed to the modern L3 and L4 lineage strains by virtue of expressing the complete MmpL6

operon (60). In THP1 cells infected with Mtb, HR at C2 concentration supported stasis and failed

to decrease of bacterial numbers (Fig. 7A). The combination of HR with SRT, significantly

controlled infection and reduced bacterial numbers by ~10-15 folds by 3 days and ~100 folds by

day5. The pattern of significantly greater bacterial control was also observed in primary human

macrophages; again, a combination of HR and SRT reduced intracellular bacterial numbers by 5-

50 folds in comparison to the drugs alone (Fig. 7B). With a strong indication of SRT's ability to

boost the efficacy of frontline TB drugs against tolerant Mtb, we tested its *in vivo* activity in the

acute model of C3HeB/ FeJ mouse infection in combination with HR (Fig. 7C). As expected, the

drugs were not efficient in controlling infection induced lesions in the lungs reducing bacterial

numbers by 5 folds (Fig. 7D). However, lungs of HRS treated animals harbored ~5-8 folds lower

bacterial numbers than HR treated animals. The effect of the combination was again better in

controlling bacterial numbers in spleens of treated mice wherein HR did not reduce CFU in

contrast to the 6-8-fold lower bacterial numbers with the combination.

Fig. 7

Fig. 7: Addition of SRT helps better control of drug tolerant Mtb in vivo.

A) Intracellular bacterial growth in THP1 macrophages infected with HR tolerant Mtb strain at a MOI

of 5 for 6h. Following this, cells were left untreated (NT) or treated with SRT, HR or HRS for 3 or 5

days. Bacterial numbers were enumerated and is represented as average log10 CFU ± SEM from

two independent experiments with triplicate wells each. B) Bacterial numbers at day 3 of primary

monocyte derived macrophages (M1) from 7 independent donors. After 6h of infection, the

macrophages were treated with HR and HRS for 3 days. The ratio of intracellular bacterial numbers

in HR or HRS groups with respect to untreated samples is represented as relative growth with median

values indicated by the horizontal line. C) Schematic of Mtb infection and drug treatment in

C3HeB/FeJ mice infected with Mtb for 2 weeks followed by treatment with 0.1X HR alone or with

SRT (HRS) or 8 weeks. Bacterial numbers (CFU) in lungs and spleen (D) at the end of the experiment

DISCUSSION

Despite consistent efforts in identifying novel pathogen targeted interventions and streamlined

pharmaceutical drug development control processes, fewer drugs have been accepted for clinical

use in TB over the last 40 years (61). Repositioning existing drugs with established safety in

humans is one of the quickest modes of developing effective control of infections that reduce the

timeframe of regimen development. The need for an effective, short and pathogen-sterilizing

regimen to tackle the growing problem of Mtb drug resistance and dormant bacterial populations

has intensified efforts towards the development of host targeted therapies (62-65).

We and several other groups have identified type I IFN as an early response of host macrophages

to infection with Mtb strains (41, 42, 49, 66). With recent evidences implicating type I IFN as a

pathogen beneficial response, we hypothesized that attenuating this axis would prove beneficial

in controlling bacteria in macrophages. In line with this idea, we observed that the previously

reported TLR3 antagonist – sertraline (SRT) could effectively stunt Mtb induced type I IFN

response in macrophages and also inhibit bacterial growth in macrophages.

SRT, along with other weak bases like fluoxetine, has been reported to moderately restrict

intracellular Mtb replication in macrophages due in part to its weak basic nature without affecting

the host cell viability (67). An important role for the acidic environment of bacteria resident vesicles

(pH dependence) in the mycobactericidal properties of these drugs was demonstrated in this

study. We also observed similar effects of SRT alone in our study- a moderate level of bacterial

control in macrophages with minimal host cell death by treatment of SRT to infected

macrophages. Additionally, several studies have indicated a direct action of SRT and other

selective serotonin reuptake inhibitors on host immune response pathways: from enhancing the

anti- inflammatory response (68), augmenting NK and CD8 cell response (69) and to inhibition of

acid-sphingomyelinase (70), an essential component of the viral trafficking into NPC1+

endosomes in cells. Activation of host cell inflammasome and its antagonistic effect on the type I

IFN response of cells has now been realized as important factors for controlling bacterial

infections (71, 72). A direct effect on activating eicosanoids which control type I IFN following

infection was identified as a key bacterial clearance mechanism of infected cells (73, 74).

Consistent with this observation, targeted therapy towards elevating PGE2 activity protected mice

from acute infection induced fatality (74). In line with these observations, we also describe the

ability of SRT to potentiate antibiotic mediated killing by altering the inflammasome-type I IFN

axis. Our results also highlight this cross-regulation between two important innate response

pathways with SRT boosting the macrophage pathogen control program by repressing a pro-

pathogenic and activating the host beneficial response. In line with this observation, treatment

with the established inflammasome inhibitor Isoliquiritigenin reversed the ability of SRT to

enhance the effects of HR in macrophages. While our work points towards the type I IFN

antagonism mediated inflammasome activation as a key mechanism in providing synergy to anti

TB therapy, identifying the exact molecular target of SRT in this process remains an important

future challenge.

SRT combination with front-line anti-TB drugs provided early bacterial control with improved

resolution of pathology and enhanced host survival, thereby being a strong candidate for host

directed therapy. SRT provides additional benefits as an adjunct modality. The pharmacological

properties of SRT with excellent PK-PD, safety and tolerance for long term usage in the human

population has been well established (75-77). Interestingly, two patients undergoing TB therapy

with INH given SRT as an anti- depressant, did not show any deleterious effects on long term use

of the combination, auguring well for safety in the human population (78, 79). In addition, these

studies combined with the enhanced protective capabilities of the combination therapy in pre-

clinical animal models (our data), indirectly rule out any possibility of negative drug-drug

interactions between SRT and ATT on prolonged usage.

The long-term standard TB treatment is associated with severe drug induced depression in

patients. Recently depression was identified as an invisible co-morbidity with TB with extensive

synergistic action on the patient (80, 81). It is logical to expect that SRT with its wide use as an

anti- depressant in adults and children may be beneficial in tackling this dual problem efficiently

with a combination regimen of frontline TB drugs and SRT. While we speculate the dual use of

this adjunct treatment in treating two human disorders, detailed studies on the effective dose and

duration of therapy needs to be undertaken. However, the collective properties of a SRT adjunct

TB therapy - faster bacterial control, enhanced host survival and capacity to target drug tolerant/

dormant bacterial populations augurs well for the highly constrained national/ global economy

combating the TB pandemic.

Material and Methods

Bacterial Strains and Growth Conditions—Mtb strains were cultured in Middlebrook 7H9 broth with 4% ADS or in 7H10/ 7H11 agar (BD Biosciences, USA) with 10% OADC (HiMedia laboratories, India).

Reagents: THP1 Dual Monocytes was obtained from InvivoGen (Toulouse, France). HiglutaXL RPMI-1640 and 10% Fetal Bovine Serum (HIMedia laboratories, Mumbai, India), PMA (Phorbol 12-Mysristate 13-acetate- P8139, Sigma Aldrich, USA), BX795 (tlrl-bx7, Invivogen) were used for culture of cells. The following reagents were procured from Sigma Aldrich, USA: Vit C (L- ascorbic acid, A5960), oleic acid albumin (O3008), Isoniazid (I3377), Pyrazinamide carboxamide (P7136), Ethambutol dihydrochloride (E4630) and Sertraline hydrochloride (S6319). Rifampicin (CMS1889, HIMEDIA laboratories, Mumbai, India) and commercially available SRT (Daxid, Pfizer Ltd, India) was used for mouse studies.

Macrophage infection: THP1 Dual reporter monocytes were grown in HiglutaXL RPMI-1640 containing 10% FBS and differentiated to macrophages with 100nM PMA for 24h. Following a period of rest for 48h, cells were infected with single cells suspensions (SCS) of Mtb at a MOI of 5 for 6h. For analyzing the Interferon (IRF pathway) activation levels, supernatants from Mtb infected THP1 Dual macrophages were assayed for stimulation by measuring luminescence as per manufacturer's recommendations.

Monocyte derived macrophage culture: PBMCs were isolated from fresh blood obtained from healthy donors in accordance with Institutional human ethics committee approval (Ref no: CSIR-IGIB/IHEC/2017-18 Dt. 08.02.2018). Briefly, 15-20 ml blood was collected in EDTA containing tubes and layered onto HiSep (HIMedia laboratories, Mumbai, India) and used for isolation of PBMCs according to the recommended protocols. Post RBC lysis, cells were seeded at a density of 3×10^5 cells/ well and differentiated into monocyte derived macrophages with 50ng/ml GMCSF for 7 days and then used for infection with Mtb.

Analysis of response parameters: For analysis of different parameters of cellular response to infection, qRTPCR based gene expression analysis and cytokine ELISA in culture supernatants were performed according to manufacturer's recommendations.

Analysis of gene expression by qRTPCR

Total RNA was isolated from macrophages suspended in Trizol by using the recommended protocol. cDNA was prepared from 1 μg of RNA by using the Verso cDNA synthesis kit and was used at a concentration of 10ng for expression analysis by using the DyNAmo Flash SYBR Green qPCR Kit (Thermo Fisher Scientific Inc., USA).

Analysis of cytokine secretion by ELISA:

Culture supernatants at different time intervals post infection/ treatment were filtered through a 0.2μ filter and subjected to ELISA by using the eBioscience (Thermo Fisher Scientific Inc. USA) ELISA kit as per recommended protocols.

Bacterial survival in macrophages: For determining intra cellular survival of Mtb strains macrophages were seeded in 48well plates and infected with Mtb at MOI 5 for 6 hours. SRT (20μM), BX795 (10μM) and TB drugs (C1, C2, C3: (C1- INH-200ng/ml, Rifampicin-1000ng/ml, -C2 and C3 :10- and 25-fold dilutions of C1) and used for treatment of macrophages at the appropriate concentrations. At specific days post infection macrophages were lysed with water containing 0.05% of tween80. Dilutions of the intracellular bacterial numbers were made in PBS with 0.05% of tween80 and plated on 7H10 agar plates. The VitC induced dormancy model of macrophages was developed as described earlier with cells treated with 2mM Vit C for 24h and then with Isoniazid and rifampicin for a further 3 days (53). For testing in lipid rich macrophages, cells were treated with oleic acid at 200μM concentration after PMA differentiation for 2 days, infected with Mtb for 6h, followed by treatment for 5 days and enumeration of bacterial numbers.

Mouse infection and antibiotic treatment: (6-10 weeks old) C3HeB/FeJ/ C57BL6/ Balbc animals were infected with Mtb clinical isolate at 500 CFU per animal through aerosol route. Two/ four weeks post infection animals were started on antibiotics H (100mg/l), R (40mg/l) (82), Z

(150mg/l), E (100mg/l) (83) and SRT (10mg/l, human equivalent dose of 3.3 mg/kg/day), as

required treatment by giving all of the drugs *ad libitum* in their drinking water for 7 weeks which

was changed twice every week. For survival, animals were monitored regularly and euthanized

at a pre-determined end point according to the Institutional animal ethics approval. For estimating

tissue bacterial burdens, lungs and spleen of infected animals were collected in sterile saline,

subjected to homogenization and used for serial dilution CFU plating on 7H11 agar plates

containing OADC as supplement. Colonies were counted after incubation of the plates at 37°C

for 3-5 weeks and recorded as CFU/tissue.

All statistical analysis was performed by using student's t-test for significance, P values of < 0.05

was considered significant.

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Supplementary Figure

Fig. S1

Fig. S1: SRT does not augment the antibiotic efficacy of antibiotics *in vitro*.

In vitro growth of Mtb in 7H9 media containing different concentrations of SRT. Mtb cultures were either left untreated or in the presence of different SRT and HR concentrations for 5 days at 37oC. The growth was regularly monitored by measuring the optical density of culture and is represented as mean + SD of triplicate assay wells of a representative experiment

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