Comprehensive evaluation of human brain gene expression deconvolution methods

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Abstract

Gene expression measurements, similarly to DNA methylation and proteomic measurements, are influenced by the cellular composition of the sample analysed. Deconvolution of bulk transcriptome data aims to estimate the cellular composition of a sample from its gene expression data, which in turn can be used to correct for composition differences across samples. Although a multitude of deconvolution methods have been developed, it is unclear whether their performance is consistent across tissues with different complexities of cellular composition. For example, the human brain is unique in its transcriptomic diversity, and in the complexity of its cellularity, yet a comprehensive assessment of the accuracy of transcriptome deconvolution methods on human brain data is currently lacking.

Here we carry out the first comprehensive comparative evaluation of the accuracy of deconvolution methods for human brain transcriptome data, and assess the tissue-specificity of our key observations by comparison with transcriptome data from human pancreas.

We evaluate 22 transcriptome deconvolution approaches, covering all main classes: 3 partial deconvolution methods, each applied with 6 different categories of cell-type signature data, 2 enrichment methods and 2 complete deconvolution methods. We test the accuracy of cell type estimates using *in silico* mixtures of single-cell RNA-seq data, mixtures of neuronal and glial RNA, as well as nearly 2,000 human brain samples.

Our results bring several important insights into the performance of transcriptome deconvolution: **(a)** We find that cell-type signature data has a stronger impact on brain deconvolution accuracy than the choice of method. In contrast, cell-type signature only mildly influences deconvolution of pancreas transcriptome data, highlighting the importance of tissue-specific benchmarking. **(b)** We demonstrate that biological factors influencing brain cell-type signature data (*e.g.* brain region, *in vitro* cell culturing), have stronger effects on the deconvolution outcome than technical factors (*e.g.* RNA sequencing platform). **(c)** We find that partial deconvolution methods outperform complete deconvolution methods on human brain data. **(d)** We demonstrate that the impact of cellular composition differences on differential expression analyses is tissue-specific, and more pronounced for brain than for pancreas.

To facilitate wider implementation of correction for cellular composition, we develop a novel brain cell-type signature, *MultiBrain*, which integrates single-cell, immuno-panned, and single-nucleus datasets. We demonstrate that it achieves improved deconvolution accuracy over existing reference signatures. Deconvolution of transcriptome data from autism cases and controls using *MultiBrain* identified cell-type composition changes replicable across studies, and highlighted novel genes dysregulated in autism.

Keywords

Deconvolution; RNA-seq; Autism Spectrum Disorder; Benchmarking; Cellular Composition

Introduction

Human tissues are complex mosaics of cell-types and subtypes, which are diverse in their functionalities and express distinct sets of genes. Consequently, gene expression measurements in any tissue sample are the result of two main factors: gene expression levels within constituent cell-types, and the relative abundance of these cell-types in the sample[1,2]. The relative abundance of cell-types (*i.e.* cellular composition) in turn depends on both biological[3–6] and technical factors[7].

To circumvent the confounding effect of cellular composition, gene expression
measurements could in principle be carried out by experimentally isolating individual cell-
types by laser capture micro-dissection[8,9], cell sorting[10–12], or single-cell RNA-seq (scRNA-
seq)[13]. In practice, none of these approaches are feasible and cost effective for human
transcriptome studies that require large sample sizes (hundreds to thousands of samples), such
as eQTL studies or gene expression studies aiming to identify low magnitude changes in a
disease group. Furthermore, sorting-based techniques require *a priori* knowledge of the cell-
type or sub-type of interest. Single-cell sequencing approaches, although able to identify cell-
types without prior selection, provide sparse data, with only a subset of genes detected per
cell[14]. In addition, the transcriptome complexity measured by scRNA-seq is limited, largely
lacking measurements of non-coding RNAs and splicing isoforms[15]. Therefore, our
understanding of the genetic regulation of gene expression in human tissues, its variation
during development and aging, and its dysregulation in disease, relies on transcriptome data
derived from bulk tissue samples[16,17].

Given the considerable effect of cellular composition on gene expression data[3,18,19] and
the continuing need to utilise bulk tissue samples, an accumulating number of methods have
been developed to deconvolve gene expression data, *i.e.* to estimate the cellular composition
of a tissue sample from its gene expression profile (reviewed in Avila Cobos *et al.*[1]).

In general, deconvolution methods model gene expression data from a tissue sample
(vector X) as the sum of gene expression levels in the cell-types of which it's comprised
("signature" expression matrix, S), weighted by the proportion of each cell-type in the sample
(vector P), formalized as $X \sim S*P$.

Deconvolution methods fall into two broad categories:

(i)   ***Partial or supervised deconvolution***[6,20–28] estimates the proportion of cell-types in a
sample based on experimentally measured gene expression values from pure cell-types,
i.e. determines P knowing X and S.

It is worth noting that the signature expression data (S) often comes from a different
source than the bulk tissue data (X), and thus an intrinsic assumption of most partial
deconvolution methods is that gene expression in a given cell-type is the same regardless of
the source of cells (thus genetic background and environmental conditions including culture
conditions are ignored)[1,28].

The most frequently employed methods for partial deconvolution are Non-negative
Least Squares (NLS; *i.e.* optimising $X \sim S*P$ using a least-squares approach where P should be
non-negative), and Support Vector Regression (SVR). DeconRNASeq[21] and CIBERSORT[22]
are commonly-used examples of these two approaches, respectively.

A simplified version of partial deconvolution consists of calculating an enrichment
score, rather than a proportion, for each cell-type (*e.g.* xCell[29], or BrainInABlender[7]). While
this approach is intuitive, it has several limitations: its accuracy is harder to assess (as one
cannot calculate error measures or goodness-of-fit), and its biological interpretation is often
unclear since the scale of enrichment scores is variable.

(ii)   ***Complete or reference-free/unsupervised deconvolution*** consists of estimating both
the proportion of cell-types and cell-type specific expression, *i.e.* determining both P
and S knowing X[30–34]. This is an under-determined problem, which requires
biologically motivated constraints.

Partial deconvolution is the most widely used approach, since unlike complete
deconvolution, it is not an under-determined problem. Regardless of the method used, the

estimated proportions of cell-types across samples are used for two main types of downstream
analyses: as a co-variate to correct gene expression analyses for cell-type composition[35,36], and
as a variable of interest to determine factors that influence cell-type composition[3,6,7,16,37–40].

Deconvolution is conceptually similar for any tissue and any type of molecular data
(transcriptome, methylome, proteome, *etc.*). However, the complexity of cellular composition,
and the transcriptome similarity across cell-types varies widely across tissues. Most
deconvolution methods for transcriptome data have been developed for or assessed on
blood/immune and tumour samples[22,29,41], with limited assessment of their performance across
tissues[2]. Therefore, an important outstanding question is whether transcriptome deconvolution
methods perform equally well for any tissue. This question is particularly important as
transcriptome deconvolution begins to be carried out in large-scale datasets of multiple tissues
(*e.g.* the Genotype-Tiessue Expression Project (GTEx[42])).
We begin to address this question focussing on the human brain. It is worth noting that
the main biological factors that influence brain cellular composition (*e.g.* brain region,
developmental stage, age[4,5]), and the technical factors involved (*e.g.* dissection protocol[7]) are
distinct from those influencing cellular composition in blood. Furthermore, pure populations
of cells from adult human brain are challenging to obtain, unlike blood or tumour cells. As a
result, cell-type specific signatures are often obtained from tissue of a different brain region[43],
species[44,45], and/or a different developmental stage[7] than the bulk brain samples. Alternatively,
cells cultured *in vitro* have been used[29]. Whether such choices influence the accuracy of brain
cell-type composition estimates is unknown. In addition, gene expression changes in most
psychiatric disorders, similarly to effect-sizes of common variants, are of low magnitude[46].
Therefore, to serve as useful co-variates, cell-type composition estimates need to discriminate
small differences in cellular composition[3].

While a few studies have proposed methods focussed on brain tissue[5,7,45,47–49], a
comprehensive comparative assessment of the performance of deconvolution methods on brain
transcriptome data is currently lacking. At the same time, accumulating evidence supports the
importance of correcting brain transcriptome data for confounding effects of cellular
composition. During human brain development, 92% of the differentially expressed regions
correlate with the proportion of neural progenitor cells[19], suggesting that they reflect changes
in brain cellularity. In a mouse model of Alzheimer disease, transcriptome changes were shown
to be driven primarily by cellular composition, rather than transcriptional regulation[39]. In
human brain from schizophrenia and bipolar cases, differentially expressed genes correlated
with cellular composition, and few significant changes were observed after correction for
cellular composition[43]. However, many studies do not account for cellular composition
effects[17,50–52], while those that do use widely different methods[9,16,19,35,36,39,43,44,47,53,54].
Therefore, a comparative assessment of human brain transcriptome deconvolution accuracy is
an essential stepping-stone toward a wider implementation of correction for cellular
composition and a consensus on best practice.

Here, we performed an extensive unbiased evaluation of brain transcriptome
deconvolution by assessing the performance of seven algorithms (three partial deconvolution,
two enrichment, and two complete deconvolution methods). The partial deconvolution
methods were each combined with 6 types of signature data that differed in biological
properties (cultured cells, immuno-purified cells, cross-species, and single-cell and single-
nucleus data), or technical factors (RNA sequencing technology). These analyses were carried
out on *in silico* mixtures of single-cell transcriptomes, mixtures of RNA extracted from pure
populations of neurons and glial cells, as well as large-scale brain transcriptome data from the
GTEx[17] and PsychEncode[16,51] consortia. Finally, the tissue-specificity of our key observations
was evaluated by comparison with transcriptome data from human pancreas[55].

These analyses showed that cell-type signature data was the most important parameter
for brain transcriptome deconvolution, but of mild consequence for deconvolution of pancreas
transcriptomes, highlighting the importance of tissue-specific benchmarking. The main
biological factors influencing brain cell-type signature data, and consequently the
deconvolution accuracy, were brain region and *in vitro* cell culturing. These factors had
stronger effects on the deconvolution outcome than the sequencing platform (Illumina RNA-
seq vs. Cap Analysis of Gene Expression (CAGE)). We also demonstrate that partial
deconvolution methods, particularly CIB (implementing SVR) and DRS (implementing NLS)
outperform complete deconvolution methods on human brain data. In turn, the performance of
complete deconvolution methods depended on the variability of cell-type composition in the
bulk transcriptome data.

We also found that the impact of cellular composition differences on differential
expression analyses was tissue-specific, with stronger effects observed on brain than pancreas
data, indicating that correction for cellular composition is particularly important for tissues
with complex cellular composition, that include transcriptionally distinct cell-types, such as
the neurons and glia of the brain.

Finally, we developed a novel brain cell-type signature, *MultiBrain*, by integrating
single-cell, immuno-panned, and single-nucleus data from multiple individuals, which
outperformed existing signature datasets on large-scale brain transcriptome data (GTEx[17],
Parikshak *et al.*[51]). Deconvolution of transcriptome data from autism cases and controls using
MultiBrain identified cell-type composition changes replicable across datasets, and highlighted
novel genes dysregulated in ASD.

177 Results

To benchmark transcriptome deconvolution for brain data, we selected widely
employed methods from each category of deconvolution approaches, and where possible we
included methods developed for brain data (Table 1). For partial deconvolution, we selected
CIBERSORT (CIB), a highly cited deconvolution method initially optimised for immune cell
types[22], DeconRNASeq[21] (DRS) which implements the non-negative least square approach
employed by the PsychENCODE consortium[16], and dtangle[23]. For enrichment-based methods
we selected xCell[29], which has been recently applied by the GTEx consortium[42], and
BrainInABlender[7], which was specifically developed for brain. Among complete
deconvolution methods, we included Linseed[30], which extends previous methods[31,34], and the
co-expression-based approach developed for brain data by Kelley *et al.*[5].

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Assessment of cell type composition estimates for brain gene expression data across multiple
methods.

To assess deconvolution accuracy of partial deconvolution and enrichment methods,
we used simulated data based on single-cell transcriptomes from Darmanis *et al.*[13]; Figure 1A.
These data include a total of 297 adult human brain cells from 5 brain cell-types: neurons,
astrocytes, oligodendrocytes, microglia, and endothelia. 100 mixtures were simulated as the
average expression of 100 randomly-sampled cells (Methods). Cell-type signature data,
denoted as the SC signature, were also generated as the average of expression within each cell-
type (Methods).

We estimated cell-type proportions in the 100 simulated mixtures mixture using CIB,
DRS and dtangle, and estimated cell-type enrichment scores using xCell and Blender. For the
enrichment methods, scores can be calculated only for cell-types included in their built-in

signatures (*i.e.* Blender: all 5 cell-types; xCell: only neurons and astrocytes). Accuracy was assessed using Pearson correlation coefficients (*r*) between true and estimated proportions (or enrichment scores), as well as normalised mean absolute errors (*nmae*). *Nmae* was calculated for the deconvolution methods only, as enrichment scores are not directly comparable with proportions.

Deconvolution accuracy was very high for CIB (*r*: 0.92-0.97), and similarly high for DRS (*r*: 0.89-0.94) and Blender (*r*: 0.79-0.92). dtangle also performed well (*r*: 0.68-0.84). xCell, however, performed rather poorly, with an accuracy of *r*=0.63 for neurons and *r*=-0.04 for astrocytes (Figure 1B-C). The negative correlation obtained for astrocytes was particularly surprising. We reasoned that the poor performance of xCell in this analysis could have resulted from the fact that it utilises signature data from a distinct source than the mixtures, while for the deconvolution methods we had used signature and mixture data derived from the same dataset. Consistent with this notion, the signature data built into Blender, which also performed well, includes the Darmanis *et al.* single-cell dataset[7]. These results prompted us to further investigate the effect of varying reference signature data on deconvolution accuracy. We also noted that for all deconvolution methods, errors were higher for the cell-types with lower abundance, *i.e.* oligodendrocytes, microglia and endothelia (Figure 1B).

We next assessed deconvolution accuracy on *in vitro* RNA mixtures. We extracted RNA from cultured neurons and astrocytes, mixed them in known proportions (0:1, 0.4:0.6, 0.45:0.55, 0.5:0.5, 1:0), and carried out RNA-seq on the mixed as well as pure RNA samples (Figure 2A). The mixing proportions were chosen so that we could assess whether differences in cell-type proportions as low as 0.05 could be accurately detected.

As observed for the simulated single-cell-based data, when the signature was derived from the same source as the mixtures, the deconvolution accuracy was high: *nmae* = 0.035, 0.043, and 0.11 for CIB, DRS, and dtangle, respectively (Figure 2B); note that due to the low number of samples in the RNA mixture data (n=5), *r* is less informative than *nmae.*

The biological properties of the cell-type signature data strongly influences cell type composition estimates

To investigate the effect of cell-type signatures, we built five additional cell-type signature data: RNA-seq of cells immuno-purified from adult human brain tissue using cell-type specific antibodies[56], designated as IP; CAGE data from the FANTOM5 consortium from cultured human neurons and astrocytes[57], designated F5; RNA-seq of cells immuno-purified from the mouse brain[58], designated MM; single-nucleus droplet-based RNA-seq from human prefrontal-cortex[59], designated LK; and single-nucleus SmartSeq from the human middle temporal gyrus[60], designated CA.

Across all deconvolution algorithms, we found that accuracy was strongly affected by the reference signature, both in the RNA mixture experiment (Figure 3A; Supplementary Figure 1), and in the simulated single-cell mixtures (Figure 3B-C; Supplementary Figure 2). In both cases, very high accuracy was achieved when the source of mixture samples and reference signature data were matched. Interestingly, among the non-matched signatures, for the RNA mixture experiment the F5 signature performed best (*nmae*=0.11), while in the single-cell mixture experiment the CA signature was most accurate (average *nmae* across cell types: matched = 0.06, CA = 0.27, IP = 0.51, MM = 0.75, F5 = 1.02, LK = 1.04).

These data suggest that, for brain deconvolution, it is essential for the biological source of the signature and mixtures to be closely matched. The RNA mixtures, which contained RNA from *in vitro* cultured neurons and astrocytes, were best deconvolved using the F5 signature, which is also derived from *in vitro* cultured cells. On the other hand, the single-cell mixtures,

which contained cells directly isolated from adult brain, were poorly deconvolved by F5 but
best deconvolved by the CA signature, which was derived from single-nuclei isolated from
adult human brain by immuno-panning. These data also show that the effect of sequencing
technology (CAGE vs. RNA-seq) is less pronounced than that of the biological factors
discussed above: the F5 signature performed the best in the RNA mixture experiment, despite
the fact that it was generated using CAGE while the mixture data was generated by standard
Illumina RNA-seq. Furthermore, the single-nucleus based CA signature data performed very
well for deconvolving single-cell mixtures. However, it is worth noting that the droplet-based
single-nucleus signature (LK), where the data is sparse, performed poorly.

It had previously been shown that, in blood transcriptomes, cell-type signature had a
stronger impact on deconvolution accuracy than algorithm[61]. Since we observed a similar
phenomenon on brain tissue data, we wanted to determine whether this was a general property
of transcriptome deconvolution for any tissue. To this end, we simulated a dataset using single-
cell RNA-seq from freshly-isolated pancreas alpha and beta cells[55] (Methods). Mixtures and
cell-type signature data were simulated by random sampling, as with the brain data (Methods).
Deconvolution was carried out using either the matched signature generated from the same
single-cell data, bulk RNA-seq of freshly-isolated cells[11,12], or cultured cells[12]. Interestingly,
signature only weakly influenced deconvolution accuracy of pancreas mixtures, which was
instead largely driven by algorithm (Supplementary Figure 3), with CIB performing rather
poorly compared to DRS and dtangle. These data highlight the importance of tissue-specific
benchmarking of deconvolution methods.

Reference-free complete deconvolution methods are less effective on brain gene expression
data than partial deconvolution methods.

Since we observed a strong effect of the choice of reference signature data on the brain
deconvolution outcome, and recent studies have proposed reference-free approaches to cell-
type composition[30–32], we assessed the performance of two such methods on brain data.
Linseed, a complete deconvolution algorithm[30], proposes to identify cell-type specific genes
by representing the expression vector of each gene as a point in N-dimensional space (where
N is the number of samples). The points represented by all genes form a (K-1)-dimensional
simplex, where K is the number of cell-types in the mixture. Cell-type specific genes are
represented by points located in the corners of the simplex. Unlike similar previous methods[31],
where the K parameter had to be (arbitrarily) specified, Linseed proposes to use singular-value-
decomposition (SVD) to determine K from the mixture data.

An alternative approach employs co-expression networks[62] to identify modules of co-
expressed genes enriched for specific cell-type markers, and then uses the module eigengene
values as cell-type enrichment scores[5]. We abbreviate this method as Coex throughout the
manuscript.

When applying Linseed to the two benchmarking datasets, we found that the SVD
approach did not correctly identify the number of cell types in the mixture (Methods). With the
correct number of cell types specified, Linseed performed extremely well on the RNA mixtures
($r=1$, *nmae*$=0.01$; Supplementary Figure 4), but very poorly on the single-cell mixture dataset
(max $r=0.06$ for neurons, max $r=0.05$ for astrocytes, Figure 4A).

Since Linseed relies on the detection of genes represented by points with "extreme"
positions in the K-1 dimensional simplex (*i.e.* corners), its ability to detect cell-type specific
genes from a mixture dataset will depend on whether these mixtures contain a wide range of
cell-type proportions. Thus, we hypothesized that the difference in Linseed's performance
between the two datasets likely results from the wider distribution of cell-type proportions in

the RNA mixtures (neuronal proportions: 0-100%), than in single-cell mixtures generated by
random sampling (neuronal proportions: 39-59%). To test this hypothesis, we generated an
alternative simulated dataset from the same single cell data, which contained 100 random
samples with a gradient of neuronal proportions varying from 0-50% (Methods). The
performance of Linseed improved markedly on this dataset (max r=0.77 for neurons, max
r=0.49 for astrocytes, Figure 4B), but remained below that of deconvolution methods that
employ an appropriate reference signature dataset.

The use of co-expression networks for estimating cell-type composition (Methods) was
only possible for the single-cell mixture dataset, as the number of samples in the RNA mixture
dataset was too low for reliable network construction. This approach performed well for
estimating the proportion of the most abundant cell-types (neurons and astrocytes: r=0.83 and
0.92, respectively), but poorly for the less abundant cell-types (oligodendrocytes r=0.34,
microglia r=0.61, and endothelia r=0.37); Figure 4C. Since the co-expression network
approach also relies on gene expression co-variation driven by differences in cell-type
proportions, it also performed better on the simulated dataset with a wider range of cell-type
proportions, than the dataset with a narrow range of cell-type proportions (Figure 4D).

These data suggest that complete deconvolution methods less effective than partial
deconvolution methods, particularly since the performance of these algorithms is related to the
variance in cellular composition of the dataset.

Assessment of the interplay between cell-type composition and differential gene expression analyses.

Since brain eQTL data as well as differential expression analyses typically identify
effects of low magnitude, small differences in cellular composition need to be accurately
detected. Therefore, we were interested in investigating the following questions. Firstly, how
much should cell-type composition differ between two groups of brain samples to lead to false
positive results in differential expression analyses? Secondly, does the inclusion of
composition estimates as covariates lead to effective correction?

We used brain single-cell data[13] to generate randomly sampled datasets, with each
dataset containing two groups of 50 samples (reference group A, and test group B). The
proportion of neurons in group B was either higher or lower than in group A by a value varying
between 0% and 10% (Methods; Figure 5A). We then carried out standard differential
expression analysis comparing group B to group A, using a linear model with and without
correction for cellular composition. The correction was carried out using either the known true
proportion of neurons, or the estimated proportions (Methods). False-positives were defined as
genes identified as differentially expressed at $p < 0.05$ after multiple testing correction[63]. We
found that at < 5% difference in proportion of neurons, there were fewer than 10 false-positives,
while a difference of 5-10% difference in neuronal proportions led to hundreds to thousands of
false-positives (Figure 5B). False-positive detection was eliminated by the inclusion of either
true or estimated proportions as a covariate (Figure 5B). As expected, the cell-type marker
enrichment of false-positive genes was concordant with the confounding difference in neuronal
proportions between the two groups (Figure 5C): neuronal markers were enriched among
downregulated genes when the neuronal proportion was lower in group B, but enriched among
upregulated genes when the neuronal proportion was higher.

To determine whether these observations were generalisable across tissues, we
simulated a similar dataset using single-cell RNA-seq data of pancreatic alpha and beta cells[55]
(Supplementary Figure 5). Overall the results recapitulated the trends seen in the brain: false-
positives began to be observed at ~5% difference in cellular composition; however, the number

of false-positives induced by cellular composition was lower than observed for brain: ~100
false-positives detected at a ±10% difference (Supplementary Figure 5A). This is likely
explained by the fact that pancreatic alpha and beta cells are highly transcriptionally similar
(*rho*=0.89), while neurons and glia show less transcriptional similarity (*rho*=0.43-0.68,
Supplementary Figure 5C-D).

Taken together these data demonstrate that small changes in sample composition
between groups induce false positive results in differential expression analyses, and the
magnitude of such confounding effects varies across tissues. Our results underscore the need
to quantify and control for cellular composition effects, particularly in tissues composed of
transcriptionally dissimilar cell types, such as the neurons and glia of the brain.

Cell-type composition estimates in large-scale human brain transcriptome data.

Large-scale human brain transcriptome datasets are beginning to accumulate, both for
control individuals (*e.g.* GTEx consortium[17]) and individuals with psychiatric disorders (*e.g.*
PsychENCODE consortium[16]). We evaluated the performance of brain gene expression
deconvolution focussing on a dataset of control individuals (GTEx data, n=1,671 samples;
Methods), and a dataset of autism spectrum disorder (ASD) cases and controls (Parikshak *et*
al.[51], n=251 samples; Methods). The GTEx data included samples from cerebellum (CB;
n=309), cerebral cortex (CTX; n=408), subcortical regions (sCTX; n=863) and spinal cord (SP;
n=91); the Parikshak *et al.* dataset included samples from CB (n=84) and CTX (n=167).

We applied to both datasets all combinations of 3 partial deconvolution methods and 6
cell-type signatures, the two enrichment methods, and Coex as a complete deconvolution
method (Supplementary Table 1).

Given that genetic background influences transcript levels, and each of the human
brain-derived signatures (SC, IP, CA, LK) included data from a small number of individuals
(n<12), we developed a new brain signature dataset by merging the SC, IP, and CA data
(Methods; LK was not included due to its poor performance in the benchmarking analyses).
We refer to this new cell-type signature dataset as *MultiBrain*.

Given that true cell type composition was not known, the accuracy of composition
estimates was evaluated using goodness-of-fit[61]: the Pearson correlation between measured
gene expression and reconstructed gene expression values (Methods). Note that this measure
can only be applied to partial deconvolution methods, since enrichment scores do not sum to
one. Consistent with the results on simulated data, we found that cell-type signature data had a
stronger impact on accuracy than the choice of algorithm (Figure 6A, Supplementary Figure
6).

The brain-derived cell-type signatures performed well, whether it was bulk RNA-seq
data (IP), single-nucleus Smart-seq data (CA), or single-cell data (SC); the median goodness-
of-fit values ranged between ~0.55-0.65 using CIB on CTX samples (Figure 6A-B;
Supplementary Figure 6). In contrast, as we previously observed for simulated mixtures, the
cultured-cell-derived F5 and the droplet-based single-nucleus LK signatures performed worst
(Figure 6A-B; Supplementary Figure 6-7).

Combining cell-type signature data from multiple sources further increased the
goodness-of-fit. Indeed, the best deconvolution outcome was achieved by using *MultiBrain*
and CIB. This observation was replicable across both datasets (Figure 6A-B, Supplementary
Figure 6-7; median CTX goodness-of-fit: 0.70 for Parikshak, 0.65 for GTEx).

We also noted that deconvolution for CB showed lower goodness of fit than CTX in
both datasets (Supplementary Figure 6-7), consistent with the fact that all cell-type signatures
were derived from CTX.

When the biological and technical differences between the bulk data and cell-type
signatures are eliminated, as is the case of our *in silico* mixtures of single-cell data, goodness-
of-fit averaged ~0.95 (Supplementary Figure 8).

Overall, these data demonstrate that cell-type signature data is critical for accurate
deconvolution of brain transcriptomes, and provide a novel signature dataset that outperforms
exiting reference signatures. Our results also suggest that further development of signature
data, with broader coverage of brain regions and wider genetic background is warranted.

Notably, cell-type composition estimates were highly correlated across partial
deconvolution methods applied with an appropriate signature, but less so for the F5 signature,
enrichment methods and Coex (Figure 7; Supplementary Figure 9). Neuronal composition
estimates showed Spearman correlation > 0.9 (GTEx) and > 0.7 (Parikshak) across all pairwise
comparisons (except for those generated with the F5 signature and Coex). Astrocyte estimates
showed similarly high correlations, with the exception of those generated with xCell, Blender
and the F5 signature, further emphasizing the importance of cell-type signature data (Figure
7). However, composition estimates for lowly-abundant cell-types such as microglia and
endothelia showed lower but highly variable correlation coefficients across methods (range: -
0.2-0.9; Supplementary Figure 9).

Despite the high correlation of composition estimates for abundant cell types, when
considering the absolute values of estimated cell-type composition, we found that algorithm
choice had a substantial impact (Supplementary Figures 10-19). For example, across
signatures, CIB consistently estimated a higher proportion of neurons than either DRS or
dtangle (Supplementary Figures 10 and 15). These data suggest that studies where absolute
values of composition estimates are required, such as QTL for cell-type composition, need
careful benchmarking of the choice of deconvolution algorithm.

Finally, we applied the results of the cell-type composition analyses to get further
insights into genes differentially expressed in brain tissue samples from ASD cases[51]. Cell-type
proportion estimates (CIB/*MultiBrain*), showed significantly higher astrocyte proportions in
ASD CTX samples compared to controls (difference in means: 7.7%, $p=1\times10^{-4}$, Wilcoxon rank
sum test; Figure 8A; Supplementary Table 2). This result recapitulates recent single-nucleus
data from ASD brain validated by immunohistochemistry[64], which showed higher proportion
of astrocytes in ASD CTX samples. There were also significantly higher proportions of
endothelia (0.77%, p=0.009) and microglia (0.4%, p=0.006; Wilcoxon rank sum test), although
the overall proportion of these cell-types was low. We next carried out differential expression
(DE) analyses either without correction for cellular composition (composition-dependent; CD)
or including cell-type proportion estimates from CIB/*MultiBrain* in the model (composition-
independent; CI); see Methods. Astrocyte proportions, as well as proportions of any other cell-
types that were not significantly correlated with it (*i.e.* microglia and oligodendrocytes), were
included as covariates.

CD analyses identified 713 down- and 1885 up-regulated genes. In contrast, when
correcting for composition estimates in CI analyses, we identified only 52 down- and 47 up-
regulated genes (Figure 8B). Of these, 30 down- and 41 up-regulated genes overlapped
between CI and CD analyses (Figure 8B). Thus, 22 down-regulated and 6 up-regulated genes
were uncovered by the CI analysis. Conversely, 683 down-regulated and 1844 up-regulated
genes were identified in the CD analysis only, and thus likely reflect differences in cellular

composition between the ASD and control samples, rather than gene expression dysregulation
(Supplementary Table 3). The CD upregulated genes were enriched for immune and
inflammatory genes (Supplementary Table 3) as well as astrocyte markers ($p=4.5 \times 10^{-4}$),
consistent with higher astrocyte proportions in ASD samples.

Novel DE genes uncovered by correction for composition were defined as those
significant in the CI analysis but in neither the CD analysis nor the initial Parikshak *et al.* study
(6 up-regulated, 21 down-regulated; Supplementary Table 3). Notably, the top up-regulated
novel gene, *CXXC4,* which encodes a protein involved in Wnt signalling, has also been
identified as upregulated in ASD CTX layer 4 neurons by single-nucleus RNA-seq[64]. In
addition, *CXXC4* was identified as the top associated gene in a GWAS meta-analysis of
schizophrenia and ASD[65]. These data indicate that correction for cellular composition can
identify novel, disease-relevant gene expression changes.

Discussion
Here we began to address the question of tissue-specificity in transcriptome
deconvolution, by carrying out the first comprehensive benchmarking of deconvolution
methods on brain transcriptome data.

Cell-type signature data was the most important parameter in brain transcriptome
deconvolution, having a stronger impact than the choice of method in all cases studied:
simulated single-cell mixture data, RNA mixtures of known composition, and large-scale post-
mortem transcriptome data. A similar observation has been previously made on deconvolution
of blood microarray data [61]. Although crucial for brain and blood transcriptome deconvolution,
cell-type signature had a weak impact for deconvolution of transcriptome data from pancreas.
Our results thus underscore the importance of tissue-specific benchmarking of transcriptome
deconvolution.

Unlike the results on blood data, where the microarray platform was the main factor
driving differences between cell-type signature datasets[61], we found that for brain
transcriptomes, biological factors outweighed technical factors. Matching the biological
context of the brain signature and mixture data (*e.g.* brain region; *in vitro* cultured cells *vs.* cells
isolated from brain) significantly improved the deconvolution accuracy (Figure X). Our results
thus suggest caution when using black-box methods with built-in signatures[7,29] and suggest
that a single-cell, single-nucleus or immuno-purifying-based signature is appropriate for
deconvolving bulk brain tissue data, but signatures derived from *in vitro* cultured cells would
be more appropriate when estimating cell-type proportions in *in vitro* differentiation
experiments.

We also demonstrate that differences as low as 5-10% in cellular composition between
sample groups can lead to the detection of false-positive differentially expressed genes (Figure
5A). However, the number of false-positive genes detected (at the same confounding difference
in cellular composition between groups) was higher for brain than for pancreas (Supplementary
Figure 5A), indicating that correction is particularly important for tissues with high complexity
of cellular composition.

To streamline deconvolution analyses on brain data, we developed a novel signature
dataset, *MultiBrain*, which integrates high-quality single-cell[13], immuno-panned[56], and single-
nucleus data[60] and outperformed existing individual datasets on both the GTEx and Parikshak
et al. data. Our study also provides a framework for further development of cell-type signature
datasets for human brain, by demonstrating the utility of expanding the genetic background
and the representation of brain regions in cell-type signature data.

Using *MultiBrain* to deconvolve gene expression data from CTX of ASD cases and
controls[51], we obtained cell-type composition estimates (Figure 8) consistent with single-
nucleus data from an independent study of ASD cases and controls[64], supporting the high
accuracy of deconvolution with *MultiBrain* observed in benchmarking analyses.

It is worth noting that in both brain datasets, and across all deconvolution methods,
there was a wide range of estimated cell-type proportions in any given brain region
(Supplementary Figures 10-19). This is consistent with data from the PsychENCODE
consortium[16], which used an NLS-based approach (similar to the one implemented in DRS)
and reported a similarly wide   range of proportion of neurons across 1867 dorsolateral
prefrontal cortex samples: 2-54%.   (http://resource.psychencode.org, PEC_DER-24_Cell-
Fractions-Normalised). Such a wide range is also observed in brain methylome deconvolution[66]
(0-50%) and likely reflects technical variability in dissection rather than biological inter-
individual variability.

We hope that our study, carrying out the first comparative assessment of human brain
transcriptome deconvolution accuracy, will provide a stepping-stone toward a wider
implementation of correction for cellular composition in transcriptomics, and a consensus on
best practice.

Methods

Datasets accessed

- **Brain tissue gene expression datasets (**Supplementary Table 4)

Bulk brain gene expression data from Parikshak *et al.*[51] were obtained from Github (https://github.com/dhglab/Genome-wide-changes-in-lncRNA-alternative-splicing-and-cortical-patterning-in-autism/releases). Exon-level count data was obtained for 251 post-mortem samples (rRNA-depleted), including frontal cortex, temporal cortex, and cerebellar vermis samples from 48 ASD and 49 control individuals, aged 2-67 (Supplementary Table 4; see Parikshak *et al*. (2016) for complete metadata).

Gene-level normalised data was generated by aggregating exon counts followed by RPKM normalisation using the total exonic length of each gene (Ensembl V19 (hg19) assembly). A minimum expression threshold was then set at > 1 RPKM in at least 40 samples (*i.e.*, half of the number of samples in the least-represented region).

Outlier samples removed in the Parikshak *et al.* study were also removed from our analyses, leaving 121 ASD (43 frontal cortex, 39 temporal cortex, 39 cerebellum) and 126 control (45 frontal cortex, 36 temporal cortex, 45 cerebellum) samples; Supplementary Table 4.

Bulk brain gene expression data from GTEx[17] were obtained as read counts from the 2016-01-05 release (V7) at https://gtexportal.org/home/datasets. Counts were RPKM normalised as above. A minimum expression threshold was set at > 1 RPKM in at least 88 samples (*i.e.* the number of samples in the least-represented brain region).

- **Cell-type specific gene expression datasets and generation of cell-type signatures** (Supplementary Table 5)

F5 (FANTOM5): Cap Analysis of Gene Expression (CAGE) data for robust CAGE peaks was obtained from the FANTOM5 consortium: http://fantom.gsc.riken.jp/5/data/[57]. Tag-per-million normalised CAGE peak expression levels were aggregated by sum at gene level. Data from cultured neuron (n=3) and astrocyte (n=3) samples (Supplementary Table 5) were averaged to generate the F5 neuron and astrocyte signatures. A minimum expression threshold was set at > 1 tag-per-million in at least one cell-type.

IP (immuno-purified): RNA-seq data from cells immunopurified from human adult brain tissue extracted during surgery were obtained from Zhang *et al.* 2016[56]. FPKM-level data were accessed from Table S4 of Zhang *et al*. for neurons (n=1), astrocytes (n=12), oligodendrocytes (n=5), microglia (n=3), endothelia (n=2) (Supplementary Table 5). Cell-types derived from foetal brain were excluded (*i.e.*, foetal astrocytes). Samples of the same cell-type were averaged to generate the IP signature. A minimum expression threshold was set at > 1 FPKM in at least one of the five cell-types in the final signature matrix.

MM (Mus musculus): RNA-seq data from immunopurified mouse brain tissue was obtained from Zhang *et al.* 2014[58]. FPKM-level data were accessed from https://web.stanford.edu/group/barres_lab/brain_rnaseq.html, in which biological replicates of cell-type transcriptomes (neurons , astrocytes, oligodendrocytes, microglia, and endothelia were already aggregated across samples. Mouse genes were mapped to human orthologues using Gene ID homology information from http://www.informatics.jax.org/downloads/reports/HOM_MouseHumanSequence.rpt.

Expression data from oligodendrocyte precursors and newly-formed oligodendrocytes were excluded. A minimum expression threshold was set at > 1 FPKM in at least one of the five cell-types in the final signature matrix.

SC (Single-cell): Brain single-cell gene expression data generated by Darmanis *et al.* (2015)[13]
were downloaded as count-level data from https://github.com/VCCRI/CIDR-
examples/tree/master/Brain[67]. Data were RPKM normalised as above. To generate the SC
signature, expression was averaged across samples of each cell-type (*i.e.* astrocyte (n = 62),
neuron (161), microglia (16), mature oligodendrocyte (38), or endothelia (20); Supplementary
Table 5). Cell-types derived from foetal brain (quiescent neurons and replicating neurons) were
excluded. Oligodendrocyte precursor cells were also excluded, for consistency with the IP and
MM signatures. A minimum expression threshold was set at > 1 RPKM in at least one of the
five cell-types in the final signature matrix.

LK (Lake): Gene expression data for 10,319 frontal cortex nuclei were accessed from Lake *et*
al. 2018[59]. Nuclei with < 1000 unique molecular identifiers (UMIs, *i.e.* unique transcript
counts) were excluded. Expression values were normalised to UMIs-per-million. To generate
the LK signature, expression was average across nuclei of each cell-type: astrocytes (106),
neurons (3795), oligodendrocytes (107), and microglia (24). Endothelia were excluded, as even
when all (7) nuclei were pooled less than half of genes were expressed above zero. For
consistency with other signatures, oligodendrocyte precursor cells and pericytes were
excluded.

CA (Cell Atlas): Exon-count-level expression data for 14,328 nuclei from the middle temporal
gyrus were acquired from the Human Cell Atlas[60]. Data were RPKM-normalised as above. The
CA signature was generated as the average expression within nuclei of each cell-type, including
291 astrocytes, 14,689 neurons, 313 oligodendrocytes, and 9 endothelia. Notably, all subtypes
of neuron were included in the neuronal signature, for consistency with other signatures'
neuronal definition. A minimum expression threshold of > 1 RPKM in at least one of the five
cell-types was set. Oligodendrocyte precursor and unlabelled cells were also excluded.

MultiBrain: The *MultiBrain* signature of expression in neurons, astrocytes, oligodendrocytes,
microglia, and endothelia was generated as their respective average RPKM expression values
across the SC, IP, and CA signatures. All three signatures were quantile normalised[68] together
prior to averaging. Only genes expressed in all three signatures were included.

For all cell-type signatures, only protein-coding genes were included.

RNA-seq data generated in the present study

Total RNA was extracted from human primary astrocytes and from neurons derived from
human foetal neural progenitors.

Human primary astrocytes (Lonza, #CC-2565) stably expressing GFP from pCMV6-AC-GFP
had been generated by selection with G418 (Thermo Fisher Scientific, #10231027) at
800μg/ml. Cells were cultured in RPMI GlutaMAX™ (Thermo Fisher Scientific, #35050061)
supplemented with 10% foetal bovine serum, 1% streptomycin (10,000 μg/ml), 1% penicillin
(10,000 units/ml) and 1% Fungizone (2.5 μg/ml) and seeded into 6-well tissue culture plates at
a density of 0.5×10^6 cells 24 hours prior to RNA extraction. Total RNA was extracted using
TRIzol® reagent and a Qiagen miRNeasy kit and treated with 1 μl DNase I (Thermo Fisher
Scientific, #AM2238) per 10 μg of RNA.

Neuronal differentiation of human neural progenitors stably transfected with pLRC-GFP was
carried out for 2 weeks as previously described[69]. RNA extraction was carried out using a
Qiagen miRNeasy kit, with on-column DNase digestion. RNA from differentiated neurons was
kindly provided by Dr. Brent Fogel (UCLA)[69].

RNA mixtures were generated by mixing neuronal and astrocyte RNA in mass ratios of 40:60,
45:55, 50:50 neuron:astrocyte (n=1 for each ratio). In addition, a pure neuronal RNA sample
and pure astrocyte RNA samples (n=3) were also included (Supplementary Table 6).

Library   preparation   using   the   Illumina   TruSeq   Stranded   kit
(http://www.illumina.com/products/truseq_stranded_total_rna_library_prep_kit.html)   and
sequencing on a NextSeq 500 Illumina sequencer were carried out at the UNSW Ramaciotti
Centre for Genomics, generating 75 bp paired-end reads (Supplementary Table 6). Sequencing
reads were mapped to the human genome (hg19) using STAR[70] with the following parameters:
--outSJfilterOverhangMin 5 5 5 5 --alignSJoverhangMin 5 --alignSJDBoverhangMin 5 --
outFilterMultimapNmax 1   --outFilterScoreMin 1   --outFilterMatchNmin 1   --
outFilterMismatchNmax 2   --chimSegmentMin 5   --chimScoreMin 15   --
chimScoreSeparation 10 --chimJunctionOverhangMin 5.

Gene counts for GENCODE V19 annotated genes were obtained from the STAR output and
RPKM-normalised.

IH (in house) cell-type signature data includes the RPKM-normalised data for the neurons
sample, and averaged RPKM-normalised data across the 3 astrocyte samples. Data was
thresholded for a minimum of 1 rpkm in at least one of the two cell types.

RNA mixture data consists of RPKM-normalised data from the three RNA mixture samples
(40:60, 45:55, 50:50 neuron:astrocyte ratios). Genes expressed at < 2 RPKM in at least one
sample were filtered out.

Generation of *in silico* mixture data

Randomly sampled single-cell mixtures were generated by sampling 100 single-cells from
the Darmanis *et al.* dataset[13], and averaging the RPKM-normalised expression data of the
sampled cells. All sampling was performed without replacement. Only cells classified as one
of neurons, astrocytes, oligodendrocytes, microglia, or endothelia were included. A final
dataset of 100 samples was generated.

Gradient single-cell mixtures were generated as the average expression of n randomly-
sampled neurons (where n was a randomly-selected integer from 1-50), and 50 non-neuronal
cells. All sampling was performed without replacement. A final dataset of 100 samples was
generated.

Simulated single-cell mixtures for differential expression analyses were generated as
datasets of 100 samples, split into groups A and B of 50 samples each. Each sample in group
A (the reference group) was generated as the average expression of randomly selected n
neuronal and 100-n non-neuronal cells, where n was a randomly selected integer between 40-
60; this range was selected for consistence with known neuron:glia ratios in the brain[4]. Samples
in group B (test group) were generated as for group A, except the range of neuronal proportion
from which n was sampled was increased or decreased by 0-10 with a step of 1. All sampling
was performed without replacement. Overall, we simulated 21 levels of difference in neuronal
proportion between the two groups (-10 to 10 with a step of 1), and for each level we simulated
20 datasets, for a total of 420 simulated datasets. Differential expression analyses for group B
vs. group A were carried out on each dataset as described in the "Differential Expression"
section below.

Estimation of cellular composition

Note: Since cell-types differ in their total RNA content, transcriptome deconvolution estimates
proportions of RNA from each cell type, rather than proportions of cells *per se*[30]. However, it

is the proportion of RNA, not the proportion of cells, that is informative for gene expression
analyses: gene expression measured in a tissue sample reflects gene expression levels measured
in individual cell-types, weighted by the proportion of RNA (not the proportion of cells) from
each cell-type. See Supplementary Figure 20 for an illustrative example. Thus, for simplicity,
throughout the manuscript we use the term "cellular composition" to refer to a sample's
composition of RNA from different cell-types.

Cell-type composition was estimated using three partial deconvolution methods
(**DeconRNASeq**[21], **dtangle**[23], and **CIBERSORT**[22]), two enrichment methods with in-built
signatures (**BrainInABlender**[7] and **xCell**[29]), and two complete deconvolution methods:
Linseed[30], and a co-expression based approach proposed by Kelley *et al.*[5] (referred to as **Coex**).

All algorithms were run in R v3.6. All data used for deconvolution were RPKM-normalised
expression values without log2 transformation[71] unless noted below.

CIBERSORT v1.04 was run using the *CIBERSORT* R package obtained from
https://cibersort.stanford.edu with default parameters.

DeconRNASeq v1.26 was run using the *DeconRNASeq* Bioconductor R package with default
parameters.

dtangle v0.3.1 was run using the *dtangle* CRAN R package. Cell-type markers were selected
as the top 1% of markers using its find_markers function with method="diff". Data was log2
transformed with an offset 0.5, as recommended[23].

BrainInABlender v0.9 was run using the R package obtained from
https://github.com/hagenaue/BrainInABlender using default parameters. Cell-type signature
data built into BrainInABlender is derived from numerous resources of brain cell-type specific
expression, including human data from Darmanis *et al.*[13], and various mouse datasets (full list
in Hagenauer *et al.,* 2018). Both publication-specific indices and an averaged index are
generated; we used the averaged index as the enrichment score in all analyses.

xCell v1.1.0 was run using the R package from https://github.com/dviraran/xCell using default
parameters with the built-in signature data. Cell-type signature data for neurons and astrocytes
are built in xCell, and are derived from *in vitro* cultured data from FANTOM5[57], and
ENCODE[72]. xCell generates a "Raw" and a "Transformed" enrichment score. We used the
Transformed score as a measure of enrichment.

Coex was carried out by constructing co-expression networks using the *blockwiseModules*
function from the WGCNA R package[62,73], with the following parameters: deepSplit = 4,
minModuleSize = 150, mergeCutHeight = 0.2, detectCutHeight = 0.9999, corType = "bicor",
networkType = "signed", pamStage = FALSE, pamRespectsDendro = TRUE, maxBlockSize
= 30000. The beta power was selected for each network so that the scale-free topology fit r^2
was > 0.8 and median connectivity < 100 (Supplementary Information Code). Genes were
assigned to the module with the highest kME (correlation with the module eigengene),
provided $kME > 0.5$, and $p < 0.05$ (BH-corrected Student's t-test). Co-expression networks
were built on log2 transformed RPKM values, offset by 0.5. A cell-type module (CTM) was
defined as the module most significantly enriched for the top 100 markers for a given cell-type.
Enrichment was assessed using a one-sided Fisher's Exact Test. Cell-type markers were
defined using the *find_markers* function in the dtangle R package applied to the SC signature
data. Cell-type enrichment scores were defined as the CTM's eigengene values (*i.e.*, first
principal component values of genes included in the CTM) according to Kelley *et al.*[5].

Linseed v0.99.2 was run using the R package from https://github.com/ctlab/LinSeed. We first
used the SVD approach to determine the number of cell types in the mixture data. For the RNA

mixtures which consisted of 2 cell types, the estimated k was 3 (Supplementary Figure 21). For
the single-cell mixtures, which consisted of 5 cell types, the estimated k was more than 10
(Supplementary Figure 21). Therefore we used the known k value for RNA (2) and single-cell
(5) mixtures, and k=5 for bulk brain data from Parikshak *et al.* and GTEx.

Pancreas analyses

Acquisition and pre-processing of pancreas alpha and beta signature data (Supplementary Figure 5)

In total, four signatures of pancreas alpha and beta cells were generated. Genes were excluded if they were not protein-coding, or if they were expressed at < 1 transcript-per-million (TPM) in both cell-types.

EN (Enge): count-level expression data for single-cells from freshly-isolated, FACS-sorted human pancreas were acquired from Enge *et al.*[55]. Data were normalised to the level of transcripts-per-million (TPM), using the total exonic length of each gene per the Ensembl V19 (hg19) assembly. The signature of alpha and beta expression was generated as the average of 998 alpha and 348 beta cells, respectively.

BL (Blodgett): TPM-level expression data for bulk RNA-seq on freshly-isolated, FACS-sorted human pancreas were acquired from Blodgett *et al.*[11]. The average of 7 adult alpha and 7 adult beta samples were used as the alpha and beta signatures, respectively.

FS and FG (Furuyama): count-level expression data for human pancreas alpha and beta cells were acquired from Furuyama *et al.*[12]. After TPM normalisation, the **FS** (Furuyama Sorted) signature was constructed from freshly-isolated, FACS sorted alpha and beta cells (average of 5 replicates each), while the **FG** (Furuyama GFP) signature comprised of isolated alpha and beta cells subjected to 1-week of culturing plus transduction with a GFP expression vector (average of 4 and 6 replicates, respectively).

In silico mixture data

All *in silico* simulated mixtures for mixtures of pancreas alpha and beta cells were generated as per above, but using alpha and beta single-cell transcriptomes from Enge *et al.*[55]

Goodness-of-fit

Goodness-of-fit was evaluated as the concordance between each sample's predicted and observed expression. For each sample, expression values were predicted using the following formula:

$$\sum_{j=1}^{n} s_j \cdot p_j$$

Here, j denotes a cell-type, s_j is the vector of gene expression in cell-type j (found in the signature matrix), and p_j is the estimated proportion of cell-type j in the sample. In all applications, $n = 5$ as the proportion of five cell-types was estimated.

The concordance between the predicted and observed expression vectors was evaluated using a Pearson correlation coefficient on log2-transformed values offset by +0.5.

Differential expression analyses

Differential expression analyses of simulated data

Differential expression between group A and group B in simulated single cell mixtures was assessed using a linear model in R, on log2-transformed RPKM values offset by +0.5. Three

models were used: a model with no covariates; a model adjusting for true neuronal proportion; and a model adjusting for estimated neuronal proportion. Neuronal proportion estimates were generated using the SC signature and DeconRNASeq. (Note that here we deconvolved 420 datasets with 100 simulated samples each, and CIB requires around 30 min per 100 samples, while DeconRNAseq is substantially faster). Multiple testing correction was conducted using the Benjamini-Hochberg approach[63].

Differential expression analyses of ASD and control samples

Differential expression (DE) was carried out on count-level expression data. The same samples used by Parikshak *et al.*[51] for DE were included in our analyses: 106 samples (43 ASD, 63 controls; Supplementary Table 4). Differential expression was carried out using a Wald test with Benjamini-Hochberg correction for multiple testing as implemented in DESeq2[74]. Composition-dependent DE adjusted for the following covariates: Age, Sex, Sequencing Batch, Brain Bank, Region, RIN, and the first two principal components of sequencing metadata, per Parikshak *et al.*[51]. Composition-independent DE used the same model, but with estimated astrocyte proportions from CIB/*MultiBrain* added, plus any cell-type proportions with which this didn't significantly correlate (*i.e.,* oligodendrocyte and microglial proportions; Supplementary Figure 22) to minimise co-linearity.

When composition estimates to be used in ASD *vs.* control analyses were generated, genes previously identified as DE in ASD by at least two studies[50–52] were removed from the signature (Supplementary Information Code).

Other analyses

Gene ontology (GO) and pathway enrichment analyses were conducted using gProfiler2[75] in R, setting exclude_iea=TRUE and all other parameters as default. P-values were BH-corrected[63], Only results from GO, KEGG, Reactome, Human Phenotype, and Wikipathways were reported, with filtering performed after multiple-testing correction.

Cell-type marker enrichment analyses were performed by one-sided Fisher's Exact Test against 100 markers per cell-type from the SC signature. Markers were defined using the find_markers function from dtangle[23], setting marker_method = "diff".

For all set enrichment analyses, the background was set to the relevant list of all expressed genes.

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Data analysis code is available at:
https://github.com/Voineagulab/BrainCellularComposition

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Figure Legends

Figure 1: A. Simulation design. DRS: DeconRNASeq. CIB: CIBERSORT. Blender: BrainInABlender. **B.** Barplots of normalised mean absolute error *(nmae*; left) and Pearson correlation coefficients between true and estimated proportions (*r*; right) based on 100 *in silico* mixtures. **C.** Scatterplots of estimated proportion (or enrichment score) and true proportion for each cell-type. nmae: normalised mean absolute error. *nmae* and *r* values are those displayed in the barplots in B. *Red dotted line*: x=y. Grey line: regression line.

Figure 2. A. Outline of RNA mixtures and the in-house (IH) signature. **B.** Scatterplots of estimated and true proportions of neurons using CIB, DRS and dtangle, combined with the matching IH signature. **C.** Scatterplots of neuron enrichment scores obtained with Blender (left) and xCell (right). **D.** Scatterplots of astrocyte enrichment scores obtained with Blender (left) and xCell (right).

Figure 3. A. Scatterplots of estimated and true proportions of neurons in the RNA mixture samples using CIB and varying the reference signature. *Matched*: refers to the IH signature, as both the mixture and signature derive from the same RNA extractions. *SC*: single-cell. *IP*: immuno-panned. *MM*: mouse brain. *F5*: FANTOM5. *LK*: Lake. *CA*: Cell Atlas. Note that deconvolution using CIB/LK was unable to run (Methods). **B.** Scatterplots of estimated and true proportions of all 5 cell-types in the single-cell mixture data. Deconvolution was carried out using CIB and varying the reference signature. *Matched*: refers to the SC signature, as both the mixture and signature derive from the same single-cell data. **C.** Barplots of *nmae* (top) and *r* (bottom) for data presented in B. *Red dotted line*: y=x. *Grey line*: regression line.

Figure 4. A-B. Signature-free deconvolution using Linseed. *Left*: correlation matrix between all Linseed identified cell-types and true cell-type proportions. *Right*: scatterplot of true neuronal proportion and the Linseed cell-type with the highest correlation with known neuronal proportions. Linseed1 – Linseed5: cell-types identified by Linseed. *A*. Mixtures simulated by random sampling. *B*. Mixtures simulated with a wide neuronal proportion range between 0 and 50%. *Neu*: neurons. *Ast*: Astrocytes. *Oli*: Oligodendrocytes. *Mic*: Microglia. *End*: Endothelia. **C-D.** Scatterplots of marker-enriched co-expression module eigengene and true proportions of the corresponding cell type. C. Mixtures simulated by random sampling. D. Mixtures simulated with a wide neuronal proportion range between 0 and 50%.

Figure 5. A. Outline of data simulation and analysis. **B.** Scatterplot of the number of false-positives (y-axis) *vs.* the simulated difference in neuronal proportion between two groups of samples (x-axis). Each data point represents a simulated dataset with two groups of samples, n=50 samples per group. **C.** Cell-type marker enrichment of false-positive genes. *Left*: Enrichment of false positives obtained when simulated neuronal proportion was lower in the test than reference group. *Right*: Enrichment of false positives obtained when neuronal proportion was higher in the test than reference group. Odds ratios were only calculated in simulations with > 10 false-positives.

Figure 6. Cell-type composition estimates in the bulk brain transcriptome resources. **A.** Heatmaps of the median correlation between measured expression and that reconstructed from deconvolution **(**goodness-of-fit (*r*)). Samples from all regions were included. In each cell, the number in parentheses is its rank, with lower ranks denoting better performance. Colouration is based upon this rank. **B-C.** Violin plots of goodness-of-fit using CIB and varying the signature. *B*. Data from GTEx (n=309 in cerebellum (CB); n=408 in cerebral cortex (CTX); n=863 in subcortical regions (sCTX); and n=91 for spinal cord (SP)). *C*. Data from Parikshak

979   *et al.* (n=84 in CB; n=167 in CTX). *Dotted horizontal line*: *r*=0.5. The bottom, middle, and top
980   of the internal white boxes mark the first, second, and third quantiles, respectively.
981
982   **Figure 7. A-B.** Heatmaps of Spearman correlation between cell-type estimates (proportions or
983   enrichment scores) across methods. *Left:* Pairwise correlations in neuronal composition. *Right:*
984   Pairwise correlations in astrocytic composition. *A*. GTEx data. *B*. Parikshak *et al.* data.
985
986   **Figure 8. A.** Violin plots of cell-type composition in ASD and control (CTL) samples from
987   Parikshak *et al.*. Composition was estimated using CIB/*MultiBrain* signature. *: p<0.05. **:
988   p<0.01. **B.** Venn diagrams displaying the overlap of differentially-expressed genes (DEGs) in
989   composition-dependent (CD) and composition-independent (CI) analyses (FDR < 0.05). *Left*:
990   down-regulated. *Right*: up-regulated.
991
992
993   **Supplementary Figure Legends**
994
995   **Supplementary Figure 1.** Scatterplots of estimated and true proportions of neurons in the
996   RNA mixture data, obtained with either DRS (A) or dtangle (B). Titles refer to the signature
997   used for deconvolution. *Matched* refers to the IH signature, as both the mixture and signature
998   derive from the same RNA extractions. *Dotted red line*: y=x. *Black line*: regression line.
999
Supplementary Figure 2. Scatterplots of estimated and true proportions of all 5 cell types in
the single-cell mixture data. Deconvolution was carried out using either DRS (A) or dtangle
(B) varying the reference signature. Titles refer to the signature used for deconvolution.
Matched refers to the SC signature, as both the mixture and signature derive from the same
single-cell data. The LK signature lacked endothelia, while the F5 signature lacked
oligodendrocytes, microglia, and endothelia. *Dotted red line*: y=x.
1006
Supplementary Figure 3. Scatterplots of estimated and true proportions of alpha cells in *in*
silico single-cell mixtures of pancreas alpha and beta cells. *Dotted red line*: y=x. *Grey line*:
regression line. Titles denote the algorithm and signature combination used in deconvolution.
Matched: the EN signature derived from the same single-cells used to generate the mixtures
from Enge *et al.* 2017. *BA*: a bulk RNA-seq signature from sorted fresh pancreas tissue from
Blodgett *et al.* 2015. *FS*: a bulk RNA-seq signature from sorted fresh pancreas tissue from
Furuyama *et al.* 2019. *FG*: a bulk RNA-seq signature from sorted pancreas tissue with 1-week
of culture and transduction with a GFP-expression vector from Furuyama *et al.* 2019.
1015
1016 **Supplementary Figure 4.** Scatterplot of proportions estimated by Linseed in the RNA
1017 mixtures of neurons and astrocytes setting number of cell types *k*=2. *Black line*: regression line.
1018 *Red dotted line*: y=x.
1019
Supplementary Figure 5. Effect of composition differences between groups on differential
expression in *in silico* mixtures of pancreas cell-types. **A.** Scatterplot of the number of false-
positives (y-axis) versus the simulated difference in alpha cell proportion between two groups
of samples (x-axis). Each data point represents a simulated dataset with two groups of samples,
n=50 samples per group. **B.** Cell-type marker enrichment in false-positive genes. *Left*:
Enrichment of false-positives obtained when simulated alpha proportion was lower in the test
vs. reference group. *Right*: Enrichment of false-positives obtained when alpha proportion was
higher in the test *vs.* reference group. **C.** Scatterplot of log gene expression in alpha and beta
cells. **D.** Heatmap of spearman correlations between brain cell-types in the SC signature.

1029

1030   **Supplementary Figure 6.** Heatmaps of the median correlation between measured expression
1031   and that reconstructed from deconvolution (goodness-of-fit (r)). In each cell, the number in
1032   parentheses is its rank, with lower ranks denoting better performance. Colouration is based
1033   upon this rank. *A.* Samples from GTEx. *B.* Samples from Parikshak *et al*. *CTX*: cortical. *CB*:
1034   cerebellar. *sCTX*: sub-cortical. *SP*: spinal cord.

1035

1036   **Supplementary Figure 7.** Violin plots of the goodness-of-fit (r), using cell-type proportion
1037   estimates generated by different algorithm and signature combinations. Within each plot,
1038   samples are grouped by brain region: *CB*-cerebellum; *CTX*-cortex; *sCTX*-subcortical regions;
1039   *SP*-spinal cord. *Dotted horizontal line*: y=0.5. The bottom, middle, and top of the white boxes
1040   mark the first, second, and third quantiles, respectively. **A.** GTEx dataset. **B.** Parikshak dataset.

1041

1042   **Supplementary Figure 8.** Violin plots of goodness-of-fit in *in silico* mixtures of brain cells.
1043   The bottom, middle, and top of the white boxes mark the first, second, and third quantiles,
1044   respectively. Mixtures are the same as in Figure 1.

1045

1046   **Supplementary Figure 9.** Heatmaps of Spearman correlation between cell-type estimates
1047   (proportions or enrichment scores) across methods. *Left column*: GTEx. *Right column*:
1048   Parikshak *et al.*. *DTA*: dtangle. Correlations were calculated between cortical samples only.

1049

1050   **Supplementary Figure 10.** Violin plots of neuronal composition estimates for the GTEx
1051   dataset as a function of algorithm and, where applicable, signature. Samples are grouped by
1052   brain region: *CB*-cerebellum; *CTX*-cortex; *sCTX*-subcortical regions; *SP*-spinal cord. Dotted
1053   horizontal line: y=0.5. The bottom, middle, and top of the white boxes mark the first, second,
1054   and third quantiles, respectively.

1055

1056   **Supplementary Figure 11**. Violin plots of astrocytic composition estimates for the GTEx
1057   dataset as a function of algorithm and, where applicable, signature. Samples are grouped by
1058   brain region: *CB*-cerebellum; *CTX*-cortex; *sCTX*-subcortical regions; *SP*-spinal cord. Dotted
1059   horizontal line: y=0.5. The bottom, middle, and top of the white boxes mark the first, second,
1060   and third quantiles, respectively.

1061

1062   **Supplementary Figure 12.** Violin plots of oligodendrocytic composition estimates for the
1063   GTEx dataset as a function of algorithm and, where applicable, signature. Samples are grouped
1064   by brain region: *CB*-cerebellum; *CTX*-cortex; *sCTX*-subcortical regions; *SP*-spinal cord.
1065   Dotted horizontal line: y=0.5. The bottom, middle, and top of the white boxes mark the first,
1066   second, and third quantiles, respectively.

1067

1068   **Supplementary Figure 13.** Violin plots of microglia composition estimates for the GTEx
1069   dataset as a function of algorithm and, where applicable, signature. Samples are grouped by
1070   brain region: *CB*-cerebellum; *CTX*-cortex; *sCTX*-subcortical regions; *SP*-spinal cord. Dotted
1071   horizontal line: y=0.5. The bottom, middle, and top of the white boxes mark the first, second,
1072   and third quantiles, respectively.

1073

1074   **Supplementary Figure 14.** Violin plots of endothelial composition estimates for the GTEx
1075   dataset as a function of algorithm and, where applicable, signature. Samples are grouped by
1076   brain region: *CB*-cerebellum; *CTX*-cortex; *sCTX*-subcortical regions; *SP*-spinal cord. Dotted
1077   horizontal line: y=0.5. The bottom, middle, and top of the white boxes mark the first, second,
1078   and third quantiles, respectively.

1079

1080 **Supplementary Figure 15.** Violin plots of neuronal composition estimates for the Parikshak
1081 dataset as a function of algorithm and, where applicable, signature. Samples are grouped by
1082 brain region: *CB*-cerebellum; *CTX*-cortex. *Dotted horizontal line*: y=0.5. The bottom, middle,
1083 and top of the white boxes mark the first, second, and third quantiles, respectively.

1084

1085 **Supplementary Figure 16** Violin plots of astrocytic composition estimates for the Parikshak
1086 dataset as a function of algorithm and, where applicable, signature. Samples are grouped by
1087 brain region: *CB*-cerebellum; *CTX*-cortex. *Dotted horizontal line*: y=0.5. The bottom, middle,
1088 and top of the white boxes mark the first, second, and third quantiles, respectively.

1089

1090 **Supplementary Figure 17.** Violin plots of oligodendrocytic composition estimates for the
1091 Parikshak dataset as a function of algorithm and, where applicable, signature. Samples are
1092 grouped by brain region: *CB*-cerebellum; *CTX*-cortex. *Dotted horizontal line*: y=0.5. The
1093 bottom, middle, and top of the white boxes mark the first, second, and third quantiles,
1094 respectively.

1095

1096 **Supplementary Figure 18.** Violin plots of microglial composition estimates for the Parikshak
1097 dataset as a function of algorithm and, where applicable, signature. Samples are grouped by
1098 brain region: *CB*-cerebellum; *CTX*-cortex. *Dotted horizontal line*: y=0.5. The bottom, middle,
1099 and top of the white boxes mark the first, second, and third quantiles, respectively.

1100

1101 **Supplementary Figure 19.** Violin plots of endothelial composition estimates for the Parikshak
1102 dataset as a function of algorithm and, where applicable, signature. Samples are grouped by
1103 brain region: *CB*-cerebellum; *CTX*-cortex. *Dotted horizontal line*: y=0.5. The bottom, middle,
1104 and top of the white boxes mark the first, second, and third quantiles, respectively.

1105

Supplementary Figure 20. Hypothetical example showing that reconstructing gene
expression data is accurate when using RNA proportions but not cell-type proportions. *Top
panel, left:* Assume 2 cell-types (X and Y) express genes A-D at known numbers of copies per
cell, but differ in the total amount of RNA per cell, such that Y cells contain double the RNA
of X cells. Numbers are for illustrative purposes only. *Top panel, right*: X and Y's measured
expression in an RNA-seq signature captures the relative expression of transcripts, as would
be the case after normalising for sequencing depth. *Bottom panel:* Assume RNA is extracted
and sequenced from a pool of 10X and 10Y cells. Reconstructed gene expression data matches
measured expression when using RNA proportions but not cell-type proportions.

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1116

Supplementary Figure 21. A. Cumulative variance explained (y-axis) vs. singular value
decomposition (SVD) dimension in the Linseed analysis of single-cell mixture data. *Top*:
random mixtures of 5 cell-types. *Bottom*: gradient mixtures of 5 cell-types. **B.** Cumulative
variance explained (y-axis) vs. SVD dimension in the Linseed analysis of RNA mixtures of
neurons and astrocytes. Linseed proposes to estimate the number of cell types in the mixture
as the SVD dimension for which the cumulative variance plateaus. Note that this value is > 10
in A and 3 in B.

1124

1125 **Supplementary Figure 22.** Heatmaps of correlations in cell-type composition estimates in
1126 samples used in ASD *vs.* control analyses. Composition was estimated using CIB/*MultiBrain.*

1127

1128 **Tables**

1129

1130 **Table 1.** Description of algorithms benchmarked in this study. *: For brevity, DeconRNASeq,
1131 CIBERSORT, and BrainInABlender will be referred to in-text as DRS, CIB, and Blender,
1132 respectively. **: the identities of unlabeled cell-types were inferred through cell-type marker
1133 enrichment (Methods)

1134

1135 **Supplementary Tables**

1136

1137 **Supplementary Table 1.** Estimated cellular composition in brain transcriptomes from the
1138 GTEx and Parikshak *et al.* datasets.

1139

1140 **Supplementary Table 2.** Influence of deconvolution approach on ASD-related changes in
1141 cell-type composition from Parikshak *et al.*

1142

1143 **Supplementary Table 3.** Differentially expression analysis results for ASD samples vs.
1144 controls for composition-dependent (CD) and composition-independent (CI) analyses. DEGs:
1145 genes significant at FDR< 0.05. GO: gene ontology terms significant at FDR< 0.05.

1146

1147 **Supplementary Table 4.** List of datasets accessed and the samples included in the present
1148 study from each dataset.

1149

1150 **Supplementary Table 5.** Cell-type specific gene expression signature data. Expression values
1151 are normalized and filtered as described in Methods.

1152

1153 **Supplementary Table 6.** Summary of RNA-seq data generated in the present study.

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1158

Figure 1

Figure 2

Figure 3

Figure 4

Figure 5

A)

1) <u>Single-cell RNA-seq:</u>

Neurons (161)
Astrocytes (62)
Oligodendrocytes (38)
Microglia (16)
Endothelia (20)

2) <u>Simulated data:</u>

Group A (50 samples of 100 sampled cells)

Group B (50 samples of 100 sampled cells)

Neuronal Proportion Difference 0-10%

Differential Expression Analysis

B)

C)

Figure 6

A)

Median goodness of fit - GTEx

	F5	LK	MM	IP	SC	CA	MultiBrain
CIB	0.534 (13)	0.385 (19)	0.619 (3)	0.602 (8)	0.526 (14)	0.59 (9)	0.641 (1)
dtangle	0.514 (16)	0.383 (20)	0.609 (6)	0.608 (7)	0.52 (15)	0.577 (11)	0.629 (2)
DRS	0.503 (17)	0.369 (21)	0.617 (4)	0.58 (10)	0.484 (18)	0.538 (12)	0.614 (5)

Median goodness of fit - Parikshak

	F5	LK	MM	IP	SC	CA	MultiBrain
CIB	0.469 (19)	0.607 (10)	0.573 (15)	0.629 (5)	0.617 (7)	0.636 (3)	0.669 (1)
dtangle	0.436 (20)	0.595 (12)	0.508 (18)	0.616 (8)	0.604 (11)	0.62 (6)	0.651 (2)
DRS	0.427 (21)	0.572 (16)	0.511 (17)	0.613 (9)	0.582 (13)	0.58 (14)	0.63 (4)

B)

GTEx

Figure 7

Correlation of cell-type composition estimates (Rho)

A) GTEx

B) Parikshak

Figure 8

Table 1

Algorithm	Class	Signature	Foundation	Output	Citation
DeconRNASeq[*]	Deconvolution	User-specified	Non-negative least squares	Proportions	Gong *et al.* (2013)
CIBERSORT[*]	Deconvolution	User-specified	Support vector regression	Proportions	Newman *et al.* (2015)
dtangle	Deconvolution	User-specified	Linear mixing model	Proportions	Hunt *et al.* (2019)
Linseed	Deconvolution	None	Simplex topology	Proportions of unlabelled cell-types[**]	Zaitsev *et al.* (2019)
BrainInABlender[*]	Enrichment	In-built (human and mouse brain)	Average scaled expression of marker genes	Enrichment	Hagenauer *et al.* (2018)
xCell	Enrichment	In-built (cultured human brain cells)	Gene set enrichment analysis	Enrichment	Aran *et al.* (2017)
Coex	Enrichment	None	Weighted gene co-expression network analysis	Enrichment for unlabelled cell-types[**]	Kelley *et al.* (2018)