

26 **two complementary mechanisms related to source and sink dynamics. First, the**
27 **“rescue effect” maintains local biodiversity by rapid recolonization after a local**
28 **crash in population densities. Second, the “drainage effect” allows a more uniform**
29 **spreading of biomass across the landscape, reducing overall interaction strengths**
30 **and therefore stabilizing dynamics. In complex food webs on large spatial networks**
31 **of habitat patches, these effects yield systematically higher biodiversity in**
32 **heterogeneous than in homogeneous landscapes. Our meta-food-web approach**
33 **reveals a strong interaction between habitat fragmentation and eutrophication and**
34 **provides a mechanistic explanation of how landscape heterogeneity promotes**
35 **biodiversity.**

36

37 Increasing human demands for production of goods in natural landscapes have caused
38 habitat fragmentation and homogenisation, eutrophication and increasing land-use
39 intensity. This resulted in an erosion of biodiversity and associated ecosystem services at
40 global scales. Habitat fragmentation describes how production areas dissect continuous
41 natural landscapes into habitat patches embedded in a landscape matrix whose hostility
42 for the species increases with land-use intensity. Increasing nutrient inputs from
43 agricultural practices yield biomass accumulations at higher trophic levels, eroding
44 biodiversity by increased species’ interaction strengths^{6,9}. Despite growing evidence on
45 the importance of these global change factors, we still do not understand how their
46 interaction drives biodiversity changes. While fragmentation and eutrophication are
47 often studied in isolation, complex feedback loops in multi-trophic food webs can
48 generate non-linearities in the response of biodiversity, which is rendering our
49 knowledge of the interactive effects of these stressors in natural landscapes fraught with
50 uncertainty. The high-dimensional interplay between spatial and trophic processes

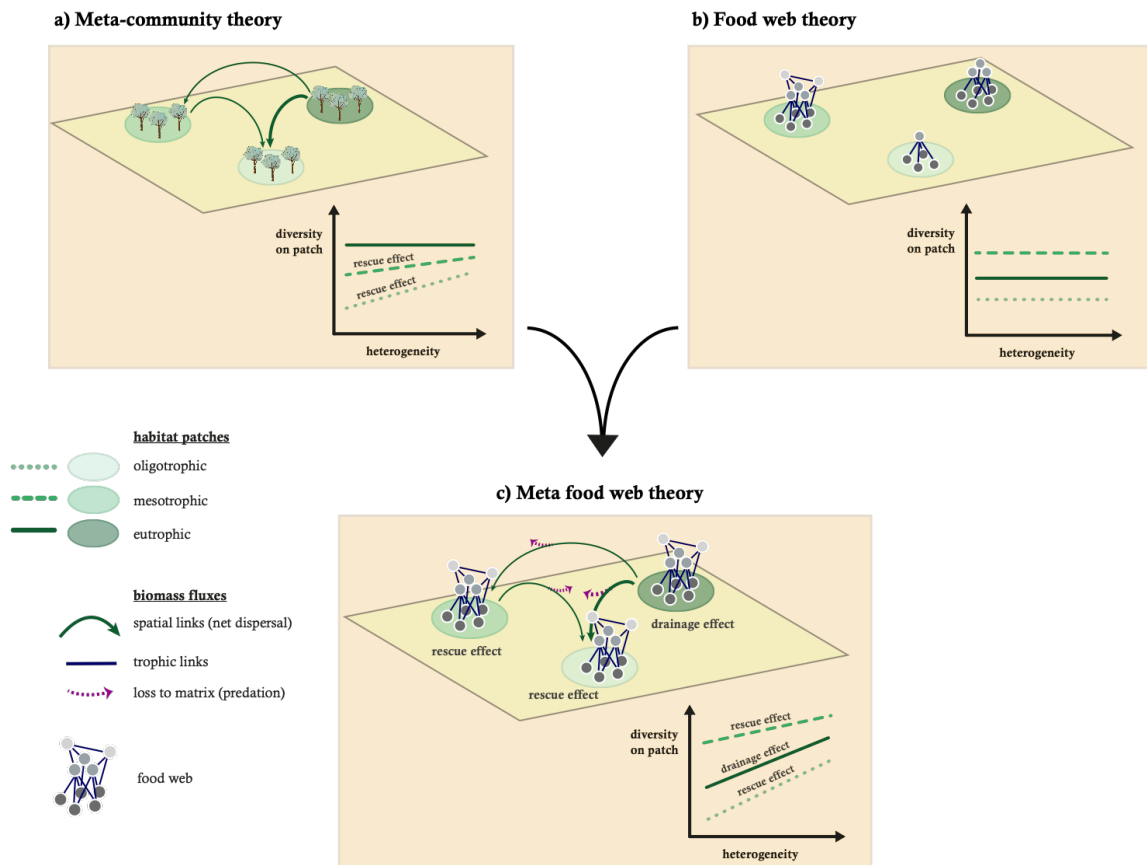
51 prevents experimental studies on such complex interactions. Simulations of spatial food
52 web dynamics are therefore needed to reveal the mechanisms underlying how these
53 global change stressors interact.

54 One key challenge is the integration of spatial processes connecting local populations
55 across habitat patches into metapopulations and interaction processes connecting local
56 species into complex food webs (Fig. 1). Traditionally, independent and mostly separated
57 research areas have addressed these two types of ecological networks. First,
58 metacommunity theory describes how dispersing individuals connect local populations
59 across complex spatial networks of habitat patches¹⁰. Depending on their size and quality,
60 patches can comprise large source populations that yield a net dispersal flux of individuals
61 to small sink populations^{1,4} (Fig. 1a). These source-sink dynamics¹¹ can facilitate
62 persistence of small populations by rescue effects¹², which is undermined by increasing
63 fragmentation or land-use intensity that prevent successful dispersal. Second, food-web
64 theory addresses how biomass fluxes (i.e. energy and matter) between species drive
65 population dynamics (Fig. 1b). Weak biomass fluxes can cause consumer extinction due
66 to energy limitations while strong biomass fluxes can result in top-heavy consumer-
67 resource biomass pyramids with unstable dynamics^{6,9}. Eutrophication in particular
68 increases all biomass fluxes and thus undermines biodiversity of local food webs⁷.
69 Although both research areas documented strongly negative effects of either
70 fragmentation or eutrophication on biodiversity, the interplay of these stressors in
71 complex natural communities has remained virtually untapped.

72 So far, studies synthesizing spatial and trophic processes have been limited to small
73 species motifs such as food chains^{13,14}. They showed that dispersal can synchronize
74 population dynamics, which reduces biodiversity by correlated local extinctions^{15,16}.
75 However, consumer dispersal can also induce compensatory dynamics¹⁷ and dampen

76 oscillations¹⁸, which prevents extinctions. Moreover, dispersal may increase resilience of
77 complex food webs by reducing strong interspecific interactions¹⁹ depending on the
78 trophic level that is dispersing¹⁸. The relative strength of these potentially counteracting
79 positive and negative effects of dispersal on population persistence depends on the
80 trophic interaction structure¹⁴. While these studies have demonstrated interactions
81 between spatial and trophic processes in small modules, the study of impacts on
82 biodiversity in large spatial networks with many species has remained in its infancy.
83 Traits of organisms play an important role in both spatial and trophic processes. In
84 metacommunities, body mass and movement mode determine which patches compose
85 species-specific spatial networks²⁰. Similarly, the propagation of energy fluxes through
86 food webs is driven by species' interaction strengths that depend strongly on body
87 masses⁸. Although metapopulation and food-web theories have been developed mostly
88 independently, they have identified the same important drivers (i.e. body mass), and the
89 same currencies (i.e. biomass fluxes). To date, a trophic metacommunity framework
90 incorporating spatial use properties is still lacking²¹. Also, as spatial and trophic processes
91 in real landscapes are coupled (Fig. 1c), a mechanistic understanding of global change
92 effects on ecosystems will benefit from an integrated approach. We address this challenge
93 by synthesizing metapopulation and food-web models that use allometric scaling
94 relationships of spatial and trophic processes as a unifying principle into a meta-food-web
95 model. We identify key mechanisms complementary to the rescue effect in landscapes
96 under eutrophication and isolation (Fig. 1).

97



98

99 **Fig. 1. Conceptual figure illustrating the synthesis of metacommunity theory and food-web theory**

100 **into meta-food-web theory.** Panel a) illustrates metacommunity dynamics with net dispersal from larger
101 (nutrient richer patches) to smaller populations (nutrient poorer patches) and the associated rescue effect
102 on local diversity. Panel b) illustrates local food-web dynamics on patches with different nutrient richness
103 and the effect of the paradox of enrichment on local diversity. Panel c) illustrates the synthesis of
104 metacommunity and food web dynamics and the interaction of respective key effects and their consequence
105 for biodiversity.

106

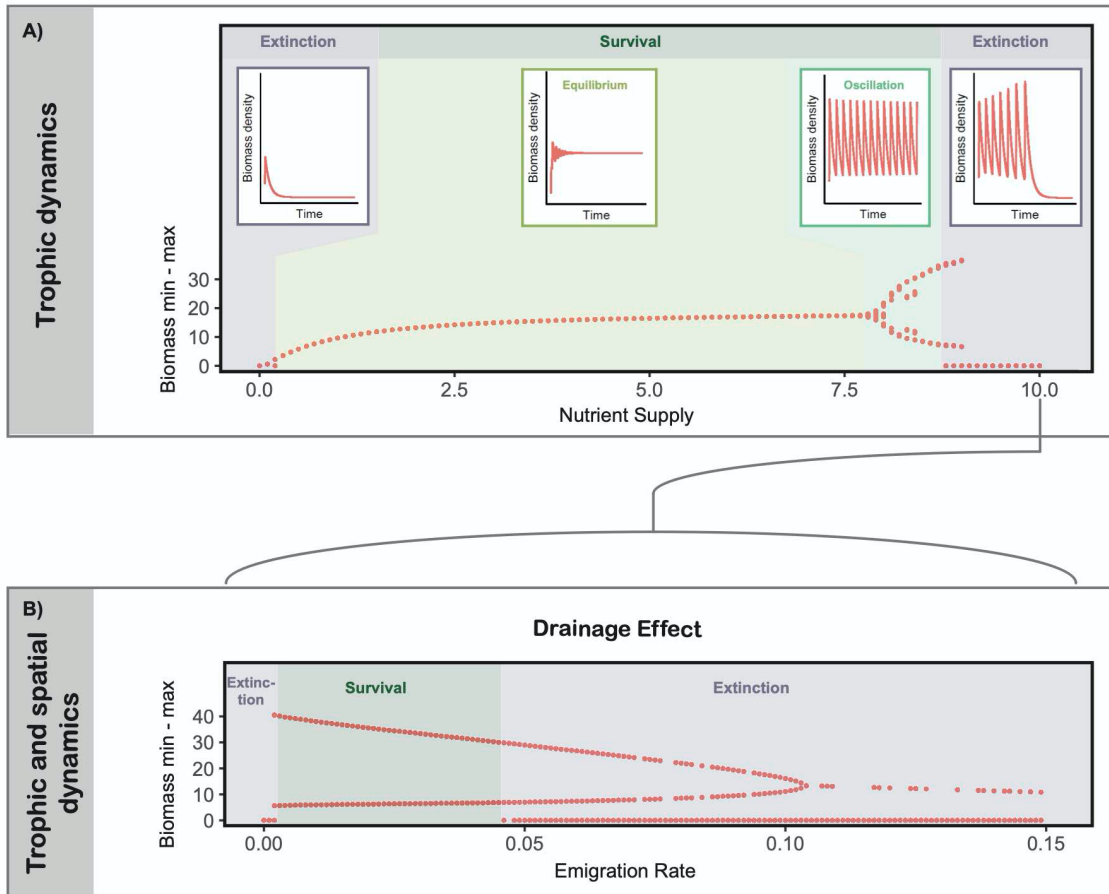
107 We use a bioenergetic model to analyse population dynamics across a gradient of
108 complexity from simple (tri-trophic food chain on a single patch) to complex systems (40-
109 species food web on 50 habitat patches). This model employs body masses as the unifying
110 trait that determines not only trophic links and interaction strengths of the food webs but
111 also the dispersal ranges. Dispersal rates depend on local net growth rates, summarizing

112 resource availability, competition and predator pressure arising from local trophic
113 dynamics²².

114

115 Firstly, on a single patch, low nutrient supply for a tri-trophic food chain causes predator
116 starvation (Fig. 2a, extinction, left side). Increasing nutrient supply first promotes
117 predator equilibrium biomass densities (Fig. 2a, survival, equilibrium) and therefore top-
118 heavy biomass pyramids causing biomass oscillations (Fig. 2a, survival, oscillation), which
119 paradoxically eventually yield predator extinction (Fig. 2a, extinction, right side). Such
120 extinctions due to unstable oscillations under eutrophication have first been described as
121 the “paradox of enrichment”⁶. Subsequently, they were generalized to systems with an
122 increased energy flux to the predator relative to its loss rate^{9,23}. Turning around this
123 “principle of energy flux”, however, also suggests that an additional drainage effect arises
124 from energy transfer from large populations (sources) to small populations (sinks),
125 preventing unstable dynamics in top-heavy systems. Consistent with this hypothesis, we
126 find that increasing emigration rates that drain biomass out of a eutrophic location can
127 prevent predator extinction by reducing oscillations (Fig. 2b). Spatial fluxes tend to
128 increase with dispersal rates and the underlying variability in the landscape. This
129 demonstrates the drainage effect as a mechanism by which spatial processes can stabilize
130 trophic population dynamics in heterogeneous landscapes.

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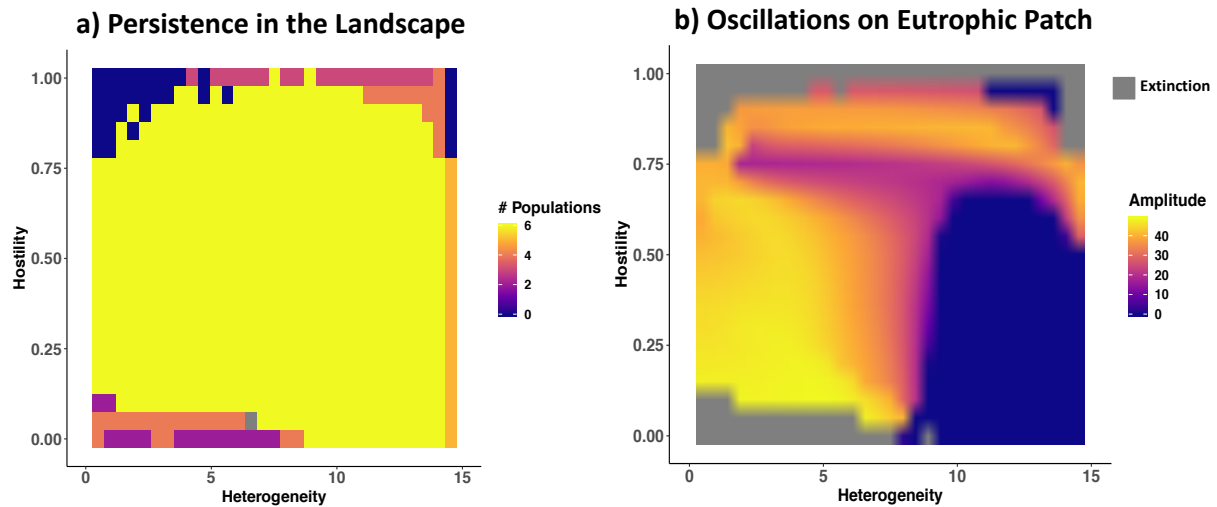
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134 **Fig. 2: Top predator dynamics of a tri-trophic food chain on a single patch.** A) Exemplary time series of
135 biomass densities of the predator at different nutrient supply concentrations (boxes; from left to right: 0.1
136 (oligotrophic); 3 (mesotrophic); 8.5 and 10 (eutrophic)) corresponding to points in the bifurcation diagram
137 showing maximum and minimum biomass density (y-axis) across a gradient of nutrient supply
138 concentrations (x-axis). B) Bifurcation diagram showing maximum and minimum biomass density (y-axis)
139 when enabling emigration across a gradient of emigration rates (x-axis) with a nutrient supply
140 concentration of 10, which corresponds to the last point in panel A).

141

142 Subsequently, we studied this drainage effect in systems of two connected habitats across
143 gradients of landscape hostility and habitat heterogeneity (represented by the difference
144 in nutrient supply concentration of the two locations). Landscape hostility summarizes all
145 factors that drive the loss of biomass during dispersal including higher metabolic costs

146 and increased mortality rates by predation pressure in the unsuitable landscape matrix.
147 Dispersal synchronizes unstable dynamics, causing predator extinction (Fig. 3, lower left
148 corner), in simulations without heterogeneity and without hostility. Increasing landscape
149 hostility yields drainage of biomass during dispersal, facilitates predator persistence and
150 then also reduces oscillations (Fig. 3, along the hostility axis). At very high levels of
151 landscape hostility, however, extreme death rates during dispersal cause predator
152 extinction. Similarly, increasing patch heterogeneity also enables predator persistence
153 and decreases oscillations (Fig. 3, along the heterogeneity axis). The drainage effect offers
154 general mechanistic explanations for these emergent patterns despite of some slightly
155 more complex patterns in population oscillations (e.g. some combinations of landscape
156 hostility and patch heterogeneity yield weak spatial links between patches and
157 desynchronization of biomass oscillation frequencies, see Supplement Fig. S2 for details).
158 For eutrophic patches, increased dispersal losses by landscape hostility or the coupling
159 with an oligotrophic patch (patch heterogeneity) both increase the biomass drainage
160 through increased net migration. For oligotrophic patches, however, there are differences
161 between effects of landscape hostility and patch heterogeneity. Drainage by landscape
162 hostility suppresses small populations even more, whereas patch heterogeneity causes a
163 gain in biomass via dispersal that supports predator populations via rescue effects (see
164 Supplement Fig. S1). Patch heterogeneity thus creates dispersal fluxes in biomass that are
165 responsible for not only the well-known rescue effects¹² supporting small populations on
166 oligotrophic sink patches by net-immigration but also the drainage effects sustaining
167 large populations on eutrophic patches.



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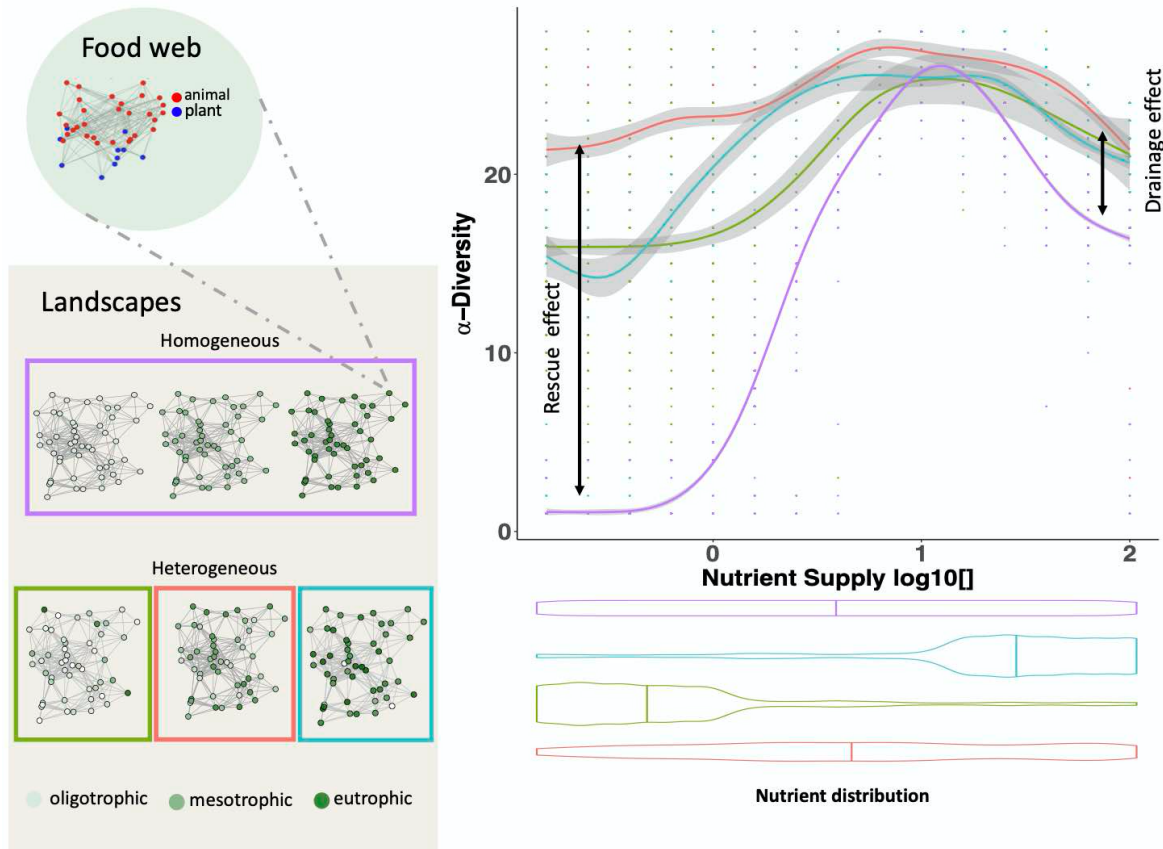
169 **Fig. 3: Top predator dynamics of a tri-trophic food chain on two coupled patches.** a) Heat map showing
170 the number of persisting populations (colour coded; plant, herbivore and predator on 2 patches; maximum
171 of 6) in the landscape across gradients of landscape heterogeneity (x-axis; difference in nutrient supply
172 concentration across the two patches; on the left: two eutrophic patches, on the right: an eutrophic and an
173 oligotrophic patch) and matrix hostility (y-axis). b) Heat map showing the amplitude of biomass density
174 oscillations of the predator (z-axis; colour coded) in the (always) eutrophic patch across gradients of
175 landscape heterogeneity (x-axis; difference in nutrient supply concentration between the two patches) and
176 matrix hostility (y-axis). Amplitudes of 0 (blue) stand for an equilibrium state of the predator. Grey areas
177 are where the predator went extinct.

178

179 To generalize the mechanistic understanding of drainage effects from food chains, we
180 simulated the dynamics of a complex food web consisting of 10 plants and 30 animals on
181 different complex landscapes containing 50 habitat patches (Fig. 4). We simulated
182 homogeneous landscapes, where all patches have the same nutrient supply concentration.

183 These simulations were replicated across a gradient of nutrient supply concentrations
184 ranging from $10^{-0.8}$ (oligotrophic) to 10^2 (eutrophic). We also simulated three types of
185 heterogeneous landscapes with landscape averages being oligotrophic, mesotrophic or
186 eutrophic (Fig. 4). Nutrient supply concentration for each patch of heterogeneous
187 landscapes is assigned randomly from the same gradient as in the homogeneous scenario,
188 but with a higher sampling density in the lower or higher nutrient supply values for
189 oligotrophic and eutrophic heterogeneous landscapes, respectively, and uniform
190 sampling for the mesotrophic heterogeneous landscapes. In line with our results from the
191 food chain simulations, we found that local species richness in homogeneous landscapes
192 is lowest on oligotrophic patches due to energy limitation. Higher nutrient supply first
193 increases species richness on mesotrophic patches before decreasing it again on
194 eutrophic patches (Fig. 4, purple). Species richness is highest in mesotrophic
195 heterogeneous landscapes because oligotrophic patches profit from the rescue effect and
196 eutrophic patches profit from the drainage effect (Fig. 4, orange). If there are only a few
197 oligotrophic patches in a eutrophic heterogeneous landscape, rescue and drainage effects
198 still increase local diversity, although the rescue effect is weaker (Fig. 4, blue). Similarly, a
199 few eutrophic patches in an oligotrophic landscape foster local diversity through rescue
200 and drainage effects (Fig. 4, green). Thus, rescue effects and drainage effects also apply to
201 complex food webs in complex landscapes. This shows that the interaction of strong and
202 weak spatial and trophic biomass fluxes increases stability and species richness in
203 metacommunities.

204



205

206 **Fig. 4 Landscape heterogeneity drives biodiversity in complex meta-food-webs.** Local diversity (y-
207 axis) across a gradient of patch nutrient supply concentration in homogeneous (purple) and heterogeneous
208 (green, orange, blue) landscapes. Violin plots below the x-axis show nutrient distributions within the
209 landscape for each scenario. The meta-food-web consists of a complex food web of 10 plants and 30 animals
210 and large homogeneous and heterogeneous landscapes with 50 habitat patches with different patch
211 nutrient supply concentrations (nutrient supply concentrations on habitat patches are colour coded). Edges
212 indicate dispersal links for an exemplary species with a dispersal range of 0.3. Lines are a smooth fit from
213 a GAM model with 95% confidence intervals in ggplot2 and points represent the data.

214

215 Spatial processes in heterogenous landscapes stabilise local food-web dynamics and
216 translate into higher diversity. This stresses the importance of addressing global change
217 drivers in a meta-food-web framework. Various mechanisms are involved, all related to
218 source-sink dynamics where energy moves from high biomass locations to low biomass
219 locations. We have found that the well-known rescue effect allows persistence on

220 oligotrophic patches, while the novel drainage effect buffers eutrophic patches. Complex
221 interactions among these phenomena may further promote diversity. For instance,
222 nutrient spillover from a eutrophic to a neighbouring oligotrophic location may promote
223 local productivity and increase food-chain length²⁴. Such spatial nutrient diffusion can
224 destabilize simple food chains and decrease spatial heterogeneity in a meta-ecosystem
225 model¹⁸ and thus cross-ecosystem nutrient fluxes can change community composition²⁵.
226 These meta-ecosystem approaches have synthesized nutrient fluxes with simple trophic
227 modules, and our meta-food-web approach provides a flexible tool to scale-up these
228 findings to the levels of landscape and food-web complexity that characterize natural
229 ecosystems.

230

231 In real landscapes, which suffer more and more from fragmentation, land-use
232 intensification and eutrophication due to human activities, managing connectivity and
233 heterogeneity is an important aspect of biodiversity conservation and restoration.
234 Traditionally, increasing landscape hostility due to higher dispersal mortality or
235 increased distances between habitat fragments have been perceived as threats to the
236 biodiversity of habitat patches as they reduce rescue effects¹². Hence, wildlife bridges
237 across highways and other corridors to increase connectivity between habitat patches
238 have been propagated as important tools to remedy the consequences of land-use
239 intensification as the reduced hostility may benefit small sink populations by rescue
240 effects and thus lower extinction risks²⁶. Our results, however, indicate that the
241 consequences of increasing habitat connectivity are highly context-dependent. We found
242 that higher connectivity between large populations can undermine biodiversity by
243 decreasing the drainage effect, whereas connecting large and small populations is
244 generally beneficial for both. Thus, in managing landscape connectivity, connections

245 between eutrophic and oligotrophic habitats or among oligotrophic habitats should be
246 enhanced to reduce the hostility effect. However, connections among eutrophic habitats
247 should only be established with caution, as a reduced hostility effect results in less
248 drainage effect and thus has the potential do destabilize both populations.

249 Broader implications for ecosystem services can arise as two habitat patches that suffer
250 from eutrophication may lose predatory pest control agents if they are well connected to
251 each other but may maintain pest control when coupled with less intensive or natural
252 habitats. Thus, the management of connectivity and heterogeneity in landscapes suffering
253 from fragmentation and eutrophication may benefit from fostering rescue and drainage
254 effects to maintain biodiversity and ecosystem services. Our meta-food-web approach has
255 revealed interactions between spatial and trophic dynamics beyond the rescue effect that
256 provide a mechanistic explanation of how landscape heterogeneity enhances biodiversity,
257 which facilitates new strategies for active landscape management to foster natural
258 biodiversity and ecosystem services.

259

260 **Author contributions**

261 R.R., U.B. and M.R.H. developed the idea, R.R. built the model, did the analyses and wrote
262 the first draft of the manuscript. M.R.H. designed the figures. All authors contributed to
263 the interpretation and the final version of this manuscript.

264

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270

271 **Competing interests**

272 None declared.

273

274 **Materials and Correspondence**

275 Requests should be addressed to U.B.

276

277 **Methods summary**

278 **Model**

279 We model a tritrophic food chain of one plant, one herbivore and one predator population
280 on one or two habitat patches and complex meta-food-webs consisting of 10 plants and
281 30 animals in different landscapes containing 50 patches. The feeding dynamics are
282 constant over all patches and are determined by the allometric food-web model by
283 Schneider et al. 2016²⁷. We integrate dispersal as species-specific biomass flux between
284 habitat patches according to Ryser et al. 2019²⁸. With the use of a dynamic bioenergetic
285 model we formulate feeding and dispersal dynamics in terms of ordinary differential
286 equations. The rate of change in biomass densities of a species are the sum of its biomass
287 loss by metabolism, being preyed upon and emigration and its biomass gain by feeding
288 and immigration. For detailed equations see Ryser et al. 2019²⁸ and for model parameters
289 see the supplement (TS1).

290 **Local food-web dynamics**

291 Following the allometric food-web model by Schneider et al. 2016²⁷ each species is fully
292 characterised by its average adult body mass. For the complex food web \log_{10} body masses
293 were randomly drawn from a uniform distribution from 0 to 3 for plants and from 2 to 6
294 for animals. For the food chain the plant body mass was set to 10^2 , the herbivore body

295 mass to 10^4 and the predator body mass to 10^6 . We set mass ratios of the herbivore to the
296 plant and the predator to the herbivore to the optimum of 100, thus the respective
297 resource being a one-hundredth of its consumer's body mass. Trophic dynamical
298 parameters, such as metabolic rates and feeding rates, scale with body masses of model
299 species. Also, we assume a type II functional response. Capture rates were reduced to 5%
300 to achieve viable food chains and food webs with no interference competition.

301 **Nutrient model**

302 We have an underlying nutrient model with one nutrient that is driving the nutrient
303 uptake and therefore the growth rate of the plant population^{8,27}. The nutrient model
304 consists of one nutrient, a nutrient turnover rate of 0.25 and a nutrient supply
305 concentration. The nutrient supply concentration was varied to get eutrophic and
306 oligotrophic patches (see Setup).

307 **Spatial dynamics**

308 We model dispersal between local communities as a dynamic process of emigration and
309 immigration, assuming dispersal to occur at the same timescale as the local population
310 dynamics²⁹. Thus, biomass flows change dynamically between local populations and the
311 dispersal dynamics directly influence local population dynamics and vice versa²².

312 Dispersal rates of animals are modelled with an adaptive emigration rate depending on
313 the net growth rate on the given patch. Dispersal ranges depend on the body masses of
314 our model species with larger species having a higher dispersal range. We model a hostile
315 matrix between habitat patches that does not allow feeding interactions to occur during
316 dispersal. Depending on the scenario, we define a landscape with one or two patches. In
317 cases with two patches, their locations are spatially explicit and were chosen in a way that
318 the distances between reflect the dispersal loss of the predator across the matrix hostility
319 gradient.

320 **Emigration and immigration**

321 Based on empirical observations³⁰ and previous theoretical frameworks^{13,20,31}, we
322 assume that the maximum dispersal distance of animal species increases with their body
323 mass. For simplicity, we do not let the plants disperse, as they don't move themselves and
324 the dispersal of plant propagules strongly depends on their dispersal strategy. We model
325 emigration rates as a function of each species' per capita net growth rate, which is
326 summarising local conditions such as resource availability, predation pressure, and inter-
327 and intraspecific competition²². Dispersal losses scale linearly with the distance between
328 two patches and are 100% in scenarios with only one patch or when the distance between
329 the two patches surpasses the dispersal range of an animal. Even though we model
330 dispersal losses according to dispersal distances, this loss term could also represent any
331 other sort of dispersal loss. For numerical reasons, we did not allow dispersal flows
332 smaller than 10^{-10} .

333 **Numerical simulations**

334 We initialised each local population with a biomass density randomly sampled from a
335 uniform probability density within the interval (0,10). Starting from these random initial
336 conditions, we numerically simulated food web and dispersal dynamics over 100,000
337 time steps by integrating the system of differential equations implemented in C++ using
338 procedures of the SUNDIALS CVODE solver version 2.7.0 (backward differentiation
339 formula with absolute and relative error tolerances of 10^{-10}) and the time series of
340 biomass densities were saved for last 10,000 time steps. For numerical reasons, a local
341 population was considered extinct and was set to 0 once its biomass density dropped
342 below 10^{-20} .

343 **Equations and parameters**

344 For detailed equations and parameters, see Ryser et al. 2019²⁸ and the Supplementary
345 Material.

346 **Setup**

347 To answer our questions, we model the following scenarios:

348 *Nutrient enrichment*: Simulations across a gradient of nutrient supply concentrations (0,
349 10) on one patch without emigration and therefore also no dispersal loss.

350 *Drainage effect*: Simulations across a gradient of maximal emigration rates (0, 0.15) on
351 one eutrophic patch with a nutrient supply concentration of 10.

352 *Hostility effect with two patches*: Simulations across a gradient of dispersal losses (0, 1) on
353 two eutrophic patches with a nutrient supply concentration of 15 on each and a maximal
354 dispersal rate of 0.05.

355 *Heterogeneity effect with two patches*: Simulations across a gradient of nutrient supply
356 concentrations (0, 15) on one of two patches with the other patch being a eutrophic patch
357 with a nutrient supply concentration of 15, a maximal emigration rate of 0.05 and no
358 dispersal loss.

359 *Interaction of hostility effect and heterogeneity effect*: For each level of heterogeneity
360 (difference in nutrient supply between the two patches) we simulated the whole gradient
361 of the hostility effect (dispersal loss of the predator from 0 to 1).

362 *Heterogeneity effect on complex food webs in complex landscapes*: For a complex meta-
363 food-web, we generated 5 random geometric graphs consisting of 50 patches. Each patch
364 was initialised with a complex food web consisting of 10 plant and 30 animal species. For
365 all random geometric graphs, we simulated 15 homogeneous landscapes, where all
366 patches have the same nutrient supply concentration with simulations across a gradient
367 of nutrient supply concentrations ranging from $10^{-0.8}$ (oligotrophic) to 10^2 (eutrophic) in
368 steps of 0.2 in the exponent, and 5 heterogeneous landscapes, where the nutrient supply

369 concentration for each patch is assigned randomly from the same gradient as in the
370 homogeneous scenario.

371

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