

Exposure to artemisinin at the trophozoite stage increases sexual conversion rates in the malaria parasite *Plasmodium falciparum*

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ABSTRACT

Malaria transmission is dependent on formation of gametocytes in the human blood. The sexual conversion rate, the proportion of asexual parasites that convert into gametocytes at each multiplication cycle, is variable and reflects the relative parasite investment between transmission and maintaining the infection. The impact of environmental factors such as drugs on sexual conversion rates is not well understood. We developed a robust assay using gametocyte-reporter parasite lines to accurately measure the impact of drugs on conversion rates, independently from their gametocytocidal activity. We found that exposure to subcurative doses of the frontline antimalarial drug dihydroartemisinin (DHA) at the trophozoite stage resulted in a ~4-fold increase in sexual conversion. In contrast, no increase was observed when ring stages were exposed or in cultures in which sexual conversion was stimulated by choline depletion. Our results reveal a complex relationship between antimalarial drugs and sexual conversion, with potential public health implications.

INTRODUCTION

Plasmodium falciparum is responsible for the most severe forms of human malaria. Repeated rounds of its ~48 h intraerythrocytic asexual replication cycle result in an exponential increase in parasite numbers and are responsible for all clinical symptoms of malaria. At each round of replication, a small subset of the parasites commits to differentiation into non-replicative sexual forms termed gametocytes, which are the only form transmissible to a mosquito vector. Sexual commitment is marked by epigenetic activation of the master regulator PfAP2-G, a transcription factor of the ApiAP2 family (Josling et al, 2020; Kafsack et al, 2014; Llorà-Batlle et al, 2020; Poran et al, 2017). This is followed by sexual conversion, which according to our recently proposed definitions (Bancells et al, 2019) is marked by expression of gametocyte-specific proteins absent from any replicating blood stages. After sexual conversion, parasites at the sexual ring stage develop through gametocyte stages I to V in a maturation process that lasts for ~10 days (Josling et al, 2018; Ngotho et al, 2019). While immature gametocytes are sequestered in organs such as the bone marrow (Venugopal et al, 2020), mature gametocytes (stage V) are released into the circulation, where they are infectious to mosquitoes for several days or even weeks (Cao et al, 2019). To eliminate malaria, which the World Health Organization has adopted as a global goal, it is necessary to block transmission, as well as killing asexual parasites to cure patients (World_Health_Organization, 2017).

To secure within-host survival and between-host transmission, the proportion of parasites that convert into sexual forms at each replicative cycle, termed sexual conversion rate, is variable and tightly regulated. In human infections, gametocyte densities are always much lower than asexual parasite densities, and basal *P. falciparum* sexual conversion rates *in vivo* are estimated to be ~1% (Cao et al, 2019; Eichner et al, 2001). This reveals a reproductive restraint for which multiple alternative hypotheses have been proposed (McKenzie & Bossert, 1998; Mideo & Day, 2008; Taylor & Read, 1997). Whatever the reason for the low levels of sexual conversion, multiple observations suggest that malaria parasites can respond to changes in the conditions of their environment by adjusting the trade-off between transmission and within-host survival. From an evolutionary perspective, the ability to adjust sexual conversion rates depending on the host conditions would be clearly advantageous for the parasite (Carter et al, 2013; Schneider et al, 2018). In *P.*

falciparum, several specific conditions have been shown to increase sexual conversion rates, and exposure to stress in general was proposed to enhance sexual conversion (Baker, 2010; Bousema & Drakeley, 2011; Dyer & Day, 2000; Josling et al, 2018). The most commonly used method to enhance sexual conversion and obtain large numbers of gametocytes *in vitro* relies on overgrowing blood stage 80 cultures (the “crash method”) (Delves et al, 2016) and/or maintaining the cultures with parasite-conditioned (spent) medium (Brancucci et al, 2015; Fivelman et al, 2007). Recent research has established that depletion of the human serum lipid lysophosphatidylcholine (LysoPC) underlies the stimulation of sexual conversion by 85 high asexual parasitemia or spent medium, providing the first mechanistic insight into how environmental conditions can influence the rate of sexual conversion (Brancucci et al, 2018; Brancucci et al, 2017). Low plasma LysoPC levels were also associated with increased sexual conversion rates in human infections (Usui et al, 2019). Depletion of LysoPC or choline, a downstream metabolite in the same metabolic 90 pathway, have now been used by several groups to stimulate sexual conversion under culture conditions (Brancucci et al, 2017; Filarsky et al, 2018; Portugaliza et al, 2019).

Artemisinin and its derivatives (collectively referred to as ARTs) are potent antimalarial drugs that rapidly kill asexual parasites. After activation by cleavage of 95 their endoperoxide bond by haemoglobin degradation products, ARTs produce reactive oxygen species and free radicals that result in widespread damage in parasite proteins and lipids. However, because ARTs have a very short elimination half-life in the human circulation (~1-3 h), their application as monotherapy was discontinued to avoid infection recrudescence and development of drug resistance. 100 Artemisinin-based combination therapies (ACTs), consisting of ART and a long-acting partner drug, are the current frontline treatment for uncomplicated as well as severe malaria cases (Blasco et al, 2017; de Vries & Dien, 1996; Haldar et al, 2018; Talman et al, 2019). Resistance to ARTs has emerged in South-East Asia in the form of delayed parasite clearance (Dondorp et al, 2009). ART resistance is 105 associated with mutations in the PfKelch13 protein (Ariey et al, 2014) that prevent haemoglobin degradation in early ring-stage parasites. This in turn prevents ART activation, resulting in resistance of early rings to the drug (Birnbbaum et al, 2020; Yang et al, 2019). Nowadays, ART resistance is frequently accompanied by

simultaneous resistance to partner drugs such as mefloquine, piperazine or
110 amodiaquine, resulting in high rates of treatment failure and limiting treatment
options (Mairet-Khedim et al, 2020; Phyo et al, 2016; van der Pluijm et al, 2019).

Treatment with antimalarial drugs such as chloroquine (CQ) or sulfadoxine-
pyrimethamine is usually associated with increased gametocytemia (density of
gametocytes in the blood) on the days following drug administration, whereas
115 treatment with ACTs results in reduced gametocytemia and transmission to
mosquitoes (Ippolito et al, 2017; Okell et al, 2008; Price et al, 1996; Sawa et al,
2013; von Seidlein et al, 2001; WWARN_Gametocyte_Study_Group, 2016). Despite
the efficacy of ACTs in reducing gametocytemia, successfully treated patients can
remain infectious for several days and contribute to transmission (Bousema et al,
120 2006; Bousema et al, 2010; Karl et al, 2015; Targett et al, 2001). The higher capacity
of ACTs to reduce gametocytemia compared to other drugs is attributable to several
factors: i) faster killing of asexual parasites, which prevents the formation of new
gametocytes; ii) more efficient killing of immature gametocytes; iii) partial clearance
of mature gametocytes, which are insensitive to most other clinically relevant drugs
125 (Adjalley et al, 2011; Chotivanich et al, 2006; Plouffe et al, 2016).

Although it has been proposed that the increase of gametocytemia observed
after treatment with some drugs may reflect stimulation of sexual conversion, there is
no direct linear relationship between conversion rates and the prevalence and
density of circulating gametocytes (Carter et al, 2013; Koepfli & Yan, 2018; Reece &
130 Schneider, 2018). The dynamics of circulating gametocyte densities after treatment
can be explained without invoking an adjustment of sexual conversion rates: first,
gametocytes are sequestered away from the circulation until ~10 days after sexual
conversion, implying that the peaks of gametocytemia observed after treatment with
some drugs (within less than 10 days) may reflect the dynamics of asexual parasite
135 growth before treatment, rather than post-treatment changes in sexual conversion.
Second, the effects of the drugs on sexual conversion rates in human infections
cannot be disentangled from other drug-mediated actions such as the release of
sequestered parasites or gametocyte clearance (Babiker et al, 2008; Bousema &
Drakeley, 2011; Butcher, 1997; Koepfli & Yan, 2018).

140 To directly address the effect of drug treatment on sexual conversion, a small
number of studies have used *P. falciparum in vitro* cultures, yielding inconsistent
results. While some studies reported increased sexual conversion upon exposure to
specific doses of drugs such as CQ or ART (Buckling et al, 1999b; Peatey et al,
2009; Rajapandi, 2019), others did not observe this effect with ART (Brancucci et al,
145 2015), or reported reduced sexual conversion upon exposure to low doses of CQ or
pyrimethamine (Reece et al, 2010). Although the discrepancies may reflect
methodological differences between these studies and limited accuracy in
determining sexual conversion rates, the divergent conclusions also suggest a
complex scenario in which conditions such as the specific drug used, the parasite
150 stage at the time of exposure, and drug concentration may determine the effect of
treatment on sexual conversion.

Given the widespread use of ACTs for malaria treatment and in mass drug
administration campaigns aimed at malaria elimination, understanding the impact of
ARTs on sexual conversion is an urgent research priority. Here, we developed a
155 robust assay based on recently described gametocyte-reporter parasite lines
(Portugaliza et al, 2019) to accurately measure the impact of drugs on sexual
conversion rates, independently from their gametocytocidal activity. Using this assay,
we tested the effect of exposing parasites to dihydroartemisinin (DHA, the active
metabolite of all ARTs) and CQ at different stages and under different metabolic
160 conditions, to provide an accurate and comprehensive description of the direct effect
of these drugs on sexual conversion rates.

RESULTS

Exposure to DHA at the trophozoite stage enhances sexual conversion

165 To examine the effect of ARTs on *P. falciparum* sexual conversion, we administered
a 3 h pulse of DHA to synchronous cultures of the *NF54-gexp02-Tom* reporter line.
This parasite line expresses the fluorescent reporter tdTomato under the control of
the promoter of the sexual stage-specific gene *gexp02* (PF3D7_1102500), which
allows accurate flow cytometry-based detection of very early gametocytes within a
170 few hours after sexual conversion (Portugaliza et al, 2019). The short drug pulse
mimics the short plasma half-life of ARTs (de Vries & Dien, 1996). Cultures were

regularly maintained in choline-containing culture medium (Albumax-based medium with a supplement of choline) to mimic the repression of sexual conversion by healthy human serum, and choline was either maintained or removed during the experiment to repress or stimulate sexual conversion (Brancucci et al, 2017; Filarsky et al, 2018). The DHA pulse was administered at the trophozoite (Fig. 1A) or the ring stage (Fig. 2A), using subcurative DHA concentrations (5 and 10 nM) that resulted in a reduction of growth of <40% and <25% in trophozoites and rings, respectively (Fig. 1B and 2B). The sexual conversion rate was calculated as the proportion of parasites that developed into gametocytes at the cycle after exposure (i.e., after reinvasion).

In cultures supplemented with choline, the sexual conversion rate increased from <10% in control cultures to up to 40% in cultures exposed to a 5 or 10 nM DHA pulse at the trophozoite stage (Fig. 1C-D). Importantly, total gametocytemia was also clearly higher in DHA-exposed cultures than in control cultures (Fig. 1E). This result indicates that the increase in the sexual conversion rate is not only attributable to the lower number of asexual parasites after drug treatment, but also to a net increase in the number of gametocytes produced. By contrast, in cultures in which sexual conversion was already stimulated by choline depletion, DHA treatment did not result in a further increase in the sexual conversion rate or in the absolute number of gametocytes (Fig. 1C-E). Similar results were obtained in experiments in which sexual conversion rates were calculated based only on viable parasites as identified by a marker of active mitochondria (Supplementary Fig. 1), using an analogous reporter line generated in the 3D7-E5 genetic background that has lower levels of basal sexual conversion than NF54 (*E5-gexp02-Tom* line, Supplementary Fig. 2) (Portugaliza et al, 2019), and using a transgenic line with the fluorescent reporter under the control of the *etramp10.3* (PF3D7_1016900) gametocyte-specific promoter (*NF54-10.3-Tom* line) (Portugaliza et al, 2019). Using this latter parasite line, we measured sexual conversion rates by flow cytometry, by immunofluorescence assay (IFA) detecting the Pfs16 (PF3D7_0406200) early gametocyte marker and by light microscopy analysis of Giemsa-stained blood smears. All approaches yielded similar results and confirmed enhanced sexual conversion after exposure of trophozoites to subcurative doses of DHA (Supplementary Fig. 3).

We also tested the impact on sexual conversion of higher DHA doses up to 30
205 nM, a concentration that kills ~90% of the parasites (Supplementary Fig. 4A-B). In
choline-supplemented cultures, both sexual conversion rates and total
gametocytemia were clearly enhanced upon exposure to DHA concentrations up to
15 nM, but the increase was lower upon exposure to higher concentrations. In
choline-depleted cultures, >10 nM DHA resulted in a reduction of sexual conversion
210 compared with no drug controls (Supplementary Fig. 4). However, it is important to
note that the determination of sexual conversion rates is less accurate when the
majority of the parasites are killed by the drug. Thus, given that maximum induction
was observed at 10 nM and the difficulties to estimate sexual conversion accurately
in experiments with higher drug doses, we used 5 and 10 nM DHA pulses for the
215 experiments described in the next sections.

Gametocytes of the *NF54-gexp02-Tom* line produced in cultures treated with
5 nM DHA matured through stages I to V without any apparent morphological
alteration. Furthermore, they were able to exflagellate and to infect mosquitoes
(Supplementary Fig. 5).

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DHA exposure at the ring stage does not enhance sexual conversion

A DHA pulse (5 or 10 nM) at the early ring stage did not enhance sexual conversion.
Instead, it resulted in a reduction of sexual conversion and gametocytemia, both in
choline-supplemented and choline-depleted *NF54-gexp02-Tom* cultures (Fig. 2;
225 Supplementary Fig. 6). This unexpected result was confirmed using the *NF54-10.3-
Tom* reporter line and the different methods described above to assess sexual
conversion (Supplementary Fig. 7). To explore the possibility that DHA exposure at
the early ring stage may stimulate immediate sexual conversion via the same cycle
conversion (SCC) pathway (Bancells et al, 2019), rather than by the canonical next
230 cycle conversion (NCC) pathway, we assessed the effect of DHA exposure at the
ring stage on the level of gametocytes produced within the same cycle of exposure
(Fig. 3A). We observed no apparent differences in sexual conversion rates via the
SCC route between DHA-exposed cultures and their controls (Fig. 3B-C;
Supplementary Fig. 8). Similar results were obtained using the *NF54-10.3-Tom*
235 reporter line and flow cytometry or light microscopy analysis of Giemsa-stained

smears to measure sexual conversion by the SCC pathway. However, IFA analysis of this parasite line using anti-Pfs16 antibodies revealed an increase in the proportion of parasites expressing this endogenous protein upon DHA exposure (Supplementary Fig. 9). The significance of this observation remains unclear, but it may indicate a rapid effect of DHA on the expression of some gametocyte specific genes without further sexual development.

These experiments also revealed that choline depletion did not increase sexual conversion via the SCC route (Fig. 3B). This result may be explained by two alternative scenarios: i) conversion via the SCC route is insensitive to choline depletion; ii) ring stages are insensitive to choline depletion. To distinguish between these two possibilities, we assessed sexual conversion via the NCC pathway in cultures in which choline was depleted at different stages of the life cycle (Fig. 4A). We found that choline depletion at the ring stage does not induce sexual conversion, in contrast to depletion at the trophozoite stage (Fig. 4B-C). Altogether, these results show that in parasites at the ring stage neither a DHA pulse nor choline depletion induces sexual conversion, suggesting that this developmental stage is largely insensitive to environmental stimulation of sexual conversion.

CQ exposure at the trophozoite stage can also enhance sexual conversion

Using the same drug pulse approach, we assessed whether CQ, a drug with a different mode of action than DHA (Haldar et al, 2018), also stimulates sexual conversion (Fig. 5A). Exposure to 80 nM CQ at the trophozoite stage, a dose that induces ~40% lethality (Fig. 5B), resulted in enhanced sexual conversion rates in choline-supplemented cultures (Fig. 5C-D; Supplementary Fig. 10). However, the level of induction was only ~2-fold, much lower than induction by DHA, and there was no consistent induction at higher or lower drug doses. Similar to DHA, CQ exposure at the trophozoite stage did not increase sexual conversion in choline-depleted cultures (Fig. 5C-D), and exposure to CQ at the ring stage did not enhance sexual conversion by either the NCC (Supplementary Fig. 11) or the SCC (Supplementary Fig. 12) routes. Reduced sexual conversion was observed in choline depleted cultures treated with CQ doses that kill the vast majority of parasites, but this needs to be interpreted with caution because of the intrinsic limitations of sexual

conversion assays when the majority of parasites are killed (Fig. 5; Supplementary Fig. 10-11).

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Enhancement of sexual conversion by DHA operates via *pfap2-g*

To determine whether stimulation of sexual conversion by DHA involves activation of the master regulator *pfap2-g* (PF3D7_1222600), we analysed the transcript levels for this gene after a DHA pulse, and also for one of its earliest known targets, *gexp02* (Filarsky et al, 2018; Josling et al, 2020; Llorà-Batlle et al, 2020; Portugaliza et al, 2019; Silvestrini et al, 2010). Transcript levels for the two genes were determined at the schizont stage of the cycle of exposure and at the ring stage of the next cycle. A subcurative DHA pulse at the trophozoite stage resulted in upregulation of both *pfap2-g* and *gexp02* relative to the *serine-tRNA ligase* (PF3D7_0717700) reference gene in choline-supplemented cultures, but not in choline-depleted cultures (Figure 6A-C). In contrast, exposure to DHA at the ring stage resulted in reduced expression of both genes (Figure 6D-F). Analysis of transcripts only 2 h after DHA exposure at the ring stage did not reveal induction of *pfap2-g* or *gexp02* (Fig. 6G-I), ruling out activation of the genes at a time consistent with conversion via the SCC route. Identical results were obtained when normalizing *pfap2-g* or *gexp02* transcript levels against *ubiquitin-conjugating* (PF3D7_0812600) enzyme as a reference gene (Supplementary Fig. 13). Overall, the findings of these transcriptional analyses clearly mirror the effect of the drug on sexual conversion rates, indicating that induction of sexual conversion by DHA is associated with *pfap2-g* activation.

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DISCUSSION

ARTs are the key component of ACTs, the most widely used treatment for clinical malaria. Additionally, ACTs may be widely administered in mass drug administration campaigns aimed at malaria elimination. Given that the success of malaria control and elimination efforts largely depends on preventing disease transmission, understanding the impact of ARTs on the production of transmission forms is of paramount importance. Our results show a complex effect of DHA on the trade-off between asexual proliferation and formation of transmission forms. Exposure of

parasites at the trophozoite stage to subcurative doses of DHA resulted in a large
300 increase in sexual conversion rates and total number of gametocytes, which were
viable and infectious to mosquitoes. However, this was not observed when parasites
were exposed to the same drug doses at the ring stage. Furthermore, in cultures in
which sexual conversion was already stimulated at the metabolic level (i.e., by
depletion of choline), DHA did not further stimulate sexual conversion at either stage.
305 The accurate determination of the impact of DHA on sexual conversion rates at
different stages was possible thanks to the development of an assay that uses a
short drug pulse and reporter parasite lines that enable very early detection of
gametocytes by flow cytometry.

The overall effect of a drug on the transmission potential of an infection
310 depends on its effect on the sexual conversion rate, and on several other factors. In
the case of ARTs, the stimulation of sexual commitment at the trophozoite stage may
not result in an overall increase in transmission due to rapid clearance of asexual
parasites, which prevents new rounds of gametocyte production, and to the activity
of the drug against developing and mature gametocytes. Indeed, several studies
315 have observed that treatment with drug combinations containing ARTs reduce
gametocyte density and the duration of gametocyte carriage (Bousema et al, 2006;
Bousema et al, 2010; Ippolito et al, 2017; Karl et al, 2015; Okell et al, 2008; Price et
al, 1996; Sawa et al, 2013; Targett et al, 2001; von Seidlein et al, 2001;
WWARN_Gametocyte_Study_Group, 2016). Notwithstanding the net reduction of
320 transmission potential commonly observed after ART treatment, it is possible that
patients in which many of the parasites are at the trophozoite stage at the time of
ART administration may experience a peak of circulating gametocytes ~10 days after
treatment (the time required for gametocyte maturation), if the drug does not kill all
parasites. In this regard, it is noteworthy that the largest stimulation of sexual
325 conversion was observed at subcurative doses of the drug. Such low drug
concentrations may occur during treatment with substandard or underdosed drugs,
through poor compliance with the prescribed regimen, as a consequence of drug
malabsorption, or as the drug is eliminated following its natural pharmacokinetics
profile. Treatment associated with low ARTs concentration may enable survival of
330 some parasites, and at the same time enhance the probability of sexual conversion.
Thus, our findings have potential public health implications for the use of ARTs in

treatment and elimination strategies. While the benefits of ARTs for malaria treatment clearly outweigh the potential risks, the possibility that ARTs increase the transmission potential of some patients should be taken into account when
335 considering their massive use in preventive treatment or elimination campaigns.

There is ongoing debate regarding whether human malaria parasites can modulate their level of investment in producing transmission forms as a response to “stress” (i.e., a condition that reduces the asexual multiplication rate). Whether the impact of stress on sexual conversion rates is positive (enhancement) or negative
340 (reduction) also remains controversial (Buckling et al, 1999a; Buckling et al, 1999b; Buckling et al, 1997; Koepfli & Yan, 2018; Peatey et al, 2009; Schneider et al, 2018). Evolutionary theory for life histories predicts that treatment with low doses of antimalarial drugs results in reproductive restraint (reduced sexual conversion) to facilitate within-host survival, whereas treatment with high doses that kill the majority
345 of the parasites elicits terminal investment (increased sexual conversion). The results of a recent study using a murine model of malaria were consistent with this prediction (Schneider et al, 2018). However, our experiments with *in vitro* cultured *P. falciparum* showed the opposite trend: treatment with low doses of DHA and CQ stimulated sexual conversion, in line with some previous studies using *P. falciparum*
350 (Buckling et al, 1999b; Peatey et al, 2009) or a murine malaria model (Buckling et al, 1999a; Buckling et al, 1997). A possible explanation for the discrepancy with the predictions of evolutionary theory is that in the absence of stress, sexual conversion in *P. falciparum* is already restrained, with estimated conversion rates of ~1% in human infections (Cao et al, 2019; Eichner et al, 2001). Thus, a further reduction of
355 the investment in transmission upon exposure to low drug doses would not have a substantial impact on within-host survival. Of note, absence of LysoPC and choline, which reduces the multiplication rate of *P. falciparum* cultures and therefore can be considered as another type of sublethal stress signal, also stimulates sexual conversion (Brancucci et al, 2017). Together, the results of experiments with *P.*
360 *falciparum* cultures exposed to low level of stress do not support the predictions of evolutionary theory, whereas for murine malaria parasites different studies reported conflicting results. In this regard, it is possible that different *Plasmodium* species use different strategies to adjust sexual conversion rates upon stress: although the role of AP2-G as the master regulator of sexual conversion appears to be widely

365 conserved in all malaria parasite species, upstream events involved in the regulation of sexual conversion are remarkably different between human and murine parasites. The latter show higher conversion rates, do not alter sexual conversion in response to LysoPC restriction, and their genomes lack a *gdv1* ortholog (Ngotho et al, 2019).

Our experiments clearly establish that sexual conversion can be stimulated by
370 exposure to DHA at the trophozoite stage, but not at the early ring stage. Of note, stimulation of sexual conversion by depletion of choline (as a proxy for LysoPC depletion) or by exposure to CQ shows the same stage dependency, suggesting that the ring stage is largely insensitive to stimulation of sexual conversion. At the ring stage, some types of stress, such as exposure to DHA, may induce latency (Barrett
375 et al, 2019; Talman et al, 2019), rather than enhancing sexual conversion. Furthermore, we found that in cultures in which sexual conversion is stimulated by choline depletion, it cannot be further stimulated by drugs, such that there are no additive or synergistic effects between drugs and choline depletion. Together, these observations suggest that the different stimuli converge into the same mechanism of
380 *pfap2-g* activation, which likely involves cellular components that are absent during the ring stage. Because stimulation of sexual conversion by choline depletion has been shown to involve GDV1 (Filarsky et al, 2018), which is only expressed in the second half of the intraerythrocytic development cycle and is absent from ring stage parasites, we hypothesize that stimulation by DHA may also depend on GDV1. A
385 possible explanation for the similar effects of DHA and choline depletion on sexual conversion is that treatment with DHA may result in choline depletion: DHA induces damage on membrane lipids (Hartwig et al, 2009), which may increase the use of LysoPC or choline, resulting in a reduction of their levels. Alternatively, parasites may be able to sense a state of mild to moderate “stress” or growth restriction
390 (Schneider et al, 2018): the drug doses that result in increased sexual conversion, as well as LysoPC or choline restriction (Brancucci et al, 2017; Portugaliza et al, 2019), are all associated with a <50% reduction of multiplication rates (Fig. 1B,E, Fig. 5B,D). In this regard, activation of the cellular stress response has been proposed to be associated with enhanced gametocyte production (Chaubey et al, 2014), and
395 DHA triggers this stress response (Bridgford et al, 2018; Zhang et al, 2017).

Altogether, here we provide a detailed characterization of the changes in *P. falciparum* sexual conversion rates that occur in response to a pulse of DHA. We

demonstrate remarkable plasticity in sexual conversion rates, and a complex response that depends on the stage of the parasites at the time when they are exposed to the drug, the drug dose, and the metabolic state (presence or absence of choline). This complex scenario may explain the discrepant results obtained by previous studies. The assay that we have developed to test the impact of DHA on sexual conversion rates can be used to test the impact of any other drug or condition. Of note, the success of malaria elimination efforts largely depends on the ability to reduce or interrupt transmission. Although our results are not of immediate public health concern because the overall impact of treatment with ACTs is a reduction of the transmission potential, at least when compared with other drugs, the capacity of ARTs to induce sexual conversion must be taken into account. Otherwise, under certain conditions, treatment may result in an increase in transmission that could jeopardize efforts to eliminate malaria.

METHODS

Parasite cultures

The transgenic reporter lines *NF54-gexp02-Tom*, *E5-gexp02-Tom*, and *NF54-10.3-Tom* were previously described and characterized (Portugaliza et al, 2019). These parasite lines carry a *tdTomato* reporter gene under the control of either the *gexp02* or the *etramp10.3* promoters. Cultures were regularly maintained at 37°C under shaking (100 rpm) or static conditions in a hypoxic atmosphere (2% O₂, 5.5% CO₂, balance N₂), with B+ erythrocytes (3% hematocrit) and standard RPMI-HEPES parasite culture medium containing 0.5% Albumax and supplemented with 2 mM choline (Filarsky et al, 2018; Portugaliza et al, 2019). Erythrocytes were obtained from the Catalan official blood bank (Banc de Sang i Teixits). To obtain cultures of a well-defined age window, we used Percoll/sorbitol synchronization. In brief, Percoll-purified schizonts were used to establish a fresh culture that 5 or 10 h later was subjected to 5% D-sorbitol lysis to obtain cultures of a defined 0-5 or 0-10 h post invasion (hpi) age window.

Cultures for the production of mature gametocytes for mosquito infection were maintained in a semi-automated shaker incubator system as described (Mogollon et al, 2016). Fresh human serum and red blood cells (RBC) for these experiments were

430 obtained from the Dutch National Blood Bank (Sanquin Amsterdam, the Netherlands; permission granted from donors for the use of blood products for malaria research and microbiology; tested for safety). RBC and human serum from different donors were pooled.

435 **Drug treatment and determination of drug survival rates**

To test the impact of drugs on sexual conversion in the presence or absence of choline, after tight synchronization (0-5 or 0-10 hpi) cultures at ~1.5% parasitemia were split in two and one culture was maintained with a 2 mM choline supplement whereas the other had no choline added. Drug pulses with DHA (Sigma-Aldrich no. 440 D7439) or CQ (Sigma-Aldrich no. C6628) were performed at 1-6 hpi (*NF54-10.3-Tom*) or 0-10 hpi (*NF54-gexp02-Tom*) for exposure at the ring stage, or starting at 25-30 hpi for exposure at the trophozoite stage. After 3h, the drug was removed and fresh pre-warmed culture medium was added. In some experiments, 200 nM DHA was maintained for 48 h as a 'kill' control (Xie et al, 2014).

445 The survival rate was calculated as the growth rate in treated cultures divided by the growth rate in control cultures, and expressed as percentage. The growth rate is calculated as the parasitemia at the next cycle after drug exposure (measured at ~30-35 hpi or ~30-40 hpi) divided by the initial parasitemia (at the cycle of drug exposure, measured before drug treatment). Parasitemia was measured by flow 450 cytometry (see below).

Determination of sexual conversion rates

We define day 0 (D0) as the first day of the next cycle after drug exposure, which corresponds to the first day of Generation 1 in the schematics in the figures. D1 455 corresponds to the day when new sexual parasites become stage I gametocytes. When using the *NF54-gexp02-Tom* and *E5-gexp02-Tom* lines, the sexual conversion rate was calculated as the sexual stage parasitemia divided by the total (sexual + asexual) parasitemia, and expressed as percentage. Asexual and sexual parasites were quantified by flow cytometry at ~30-35 hpi or ~30-40 hpi (D1) of the cycle after 460 drug treatment, in the absence of chemicals that inhibit asexual replication. When

using the *NF54-10.3-Tom* line, the sexual conversion rate was measured by dividing the gametocytemia on day 3 (D3) by the initial ring stage parasitemia on D0. In this case, cultures were treated with 50 mM N-acetyl-d-glucosamine (GlcNAc; Sigma-Aldrich no. A8625) from D1 onwards to inhibit asexual replication. In experiments
465 with the *NF54-10.3-Tom* line, gametocytemia was also measured on D0 to identify gametocytes already present in the culture at the beginning of the experiment, but it was found to be negligible. In any case, it was subtracted from D3 gametocytemia, such that only gametocytes newly formed during the assay were considered. In all cases, statistical analysis of differences in sexual conversion was performed using
470 one-way ANOVA with Tukey HSD as the post hoc test. Variance was assumed to be homogenous because the sample size was the same for all groups, and they contain the same type of data.

Flow cytometry

475 Flow cytometry analysis to measure parasitemia at the cycle of drug exposure was measured using the nucleic acid stain SYTO 11 (0.016 μ M) (Life Technologies no. S7573) and a BD FACSCalibur machine as previously described (Rovira-Graells et al, 2016). To measure asexual and tdTomato-positive sexual parasites, we used a BD LSRFortessa™ machine as previously described (Portugaliza et al, 2019), with
480 small modifications after the addition of the mitochondrial membrane potential MitoTracker® Deep Red FM fluorescent dye (Invitrogen no.M22426) at 0.6 μ M to identify live parasites (Supplementary Fig. 14 and 15) (Amaratunga et al, 2014). Briefly, the RBC population was defined using the side scatter area (SCC-A) versus the forward scatter area (FSC-A) plot, followed by singlet gating using the forward
485 scatter height (FSC-H) versus FSC-A plot. From the singlet population, the parasites were simultaneously analysed for tdTomato fluorescence (laser: 561 nm; filter: 582/15; power: 50 mW), SYTO 11 fluorescence (laser: 488 nm; Filter: 525/50-505LP; power: 50 mW), and MitoTracker fluorescence (laser: 640 nm; Filter: 670/14-A; power: 40 mW). Total gametocytes were quantified on the double positive gate of the
490 tdTomato versus SYTO 11 plot. Total asexual stages were quantified on the tdTomato-negative but SYTO 11-positive gate, whereas viable asexual stages were

measured on the tdTomato-negative but MitoTracker-positive gate. Flowing Software version 2.5.1 (Perttu Terho) was used for downstream analysis.

495 **Immunofluorescence assay**

Immunofluorescence assays (IFA) were performed as previously described (Bancells et al, 2019; Portugaliza et al, 2019). Briefly, an aliquot of a culture was treated with 80 nM ML10 (cGMP-dependent protein kinase inhibitor) (Baker et al., 2017), starting at ~30-35 hpi until ~48-53 hpi, to inhibit schizont rupture and allow maturation of gametocytes to the stage when all of them express Pfs16. Air-dried blood smears containing schizonts and stage I gametocytes (~48-53 hpi) were fixed with 1% paraformaldehyde in PBS, permeabilised with 0.1% Triton X-100 in PBS, and blocked with 3% BSA in PBS. The gametocyte-specific primary antibody mouse-anti-PfS16 (1:400; 32F717:B02, a gift from R. Sauerwein, Radboud University) and the 500 goat-anti-mouse IgG–Alexa Fluor 488 secondary antibody (1:1,000, Thermo Fisher no.A11029) were used to identify stage I gametocytes, whereas DAPI (5 µg/ml) was added to stain parasite DNA. IFA slides were mounted using Vectashield (Palex Medical) and viewed under an Olympus IX51 epifluorescence microscope for determination of sexual conversion rates. A minimum of 200 DAPI-positive cells 510 were counted for each sample.

Transcriptional analysis

Trizol reagent (Invitrogen no. 15596026) was used to collect and preserve total RNA, followed by extraction using a protocol designed for samples with low RNA 515 concentration (Mira-Martínez et al, 2017). Briefly, RNA from Trizol samples was purified using a commercial kit (RNeasy[®] Mini Kit, Qiagen no. 74104) with additional on-column DNase treatment (Qiagen no. 79254). Next, cDNA synthesis was performed using the AMV Reverse Transcription System (Promega), with a combination of oligo (dT) and random primers. Quantitative PCR (qPCR) analysis of the cDNA was performed as previously described (Bancells et al, 2019). Transcript 520 levels of *pfap2-g* and *gexp02* were normalized against the housekeeping genes *serine-tRNA ligase* and *ubiquitin-conjugating enzyme*. All qPCR primers used have been previously described (Bancells et al, 2019; Portugaliza et al, 2019). Statistical

analysis of transcript levels was performed using one-way ANOVA with Tukey HSD
525 as the post hoc test, as for the analysis of sexual conversion rates.

Production of mature gametocytes and mosquito feeding

Cultures maintained in medium containing 0.5% Albumax and supplemented with 2
mM choline were synchronised for ring stages by D-Sorbitol treatment and diluted to
530 a final parasitemia of 1.5%. At 22 h after synchronisation, DHA (5 nM) was added to
the cultures for 3 h, and 24 h later (i.e., after reinvasion) culture conditions were
changed to medium with 10% human serum instead of Albumax and choline, and
GlcNac (50mM) was added to kill asexual stages. GlcNac was maintained for 4
days. Gametocyte cultures were followed during 9-13 days after DHA-treatment with
535 medium changes twice a day, but without replenishing with fresh RBCs. At days 9-13
gametocyte development was analysed in Giemsa stained blood smears and
exflagellation was monitored after activation as described (Marin-Mogollon et al,
2018). Gametocytes (day 11 or 13) were fed to *Anopheles stephensi* mosquitoes
using the standard membrane feeding assay (SMFA) (Marin-Mogollon et al, 2018;
540 Ponnudurai et al, 1989). Oocysts (day 7 and 14) and salivary gland sporozoites (day
14) were counted as described (Marin-Mogollon et al, 2018).

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COMPETING INTERESTS

The authors declare no competing interests.

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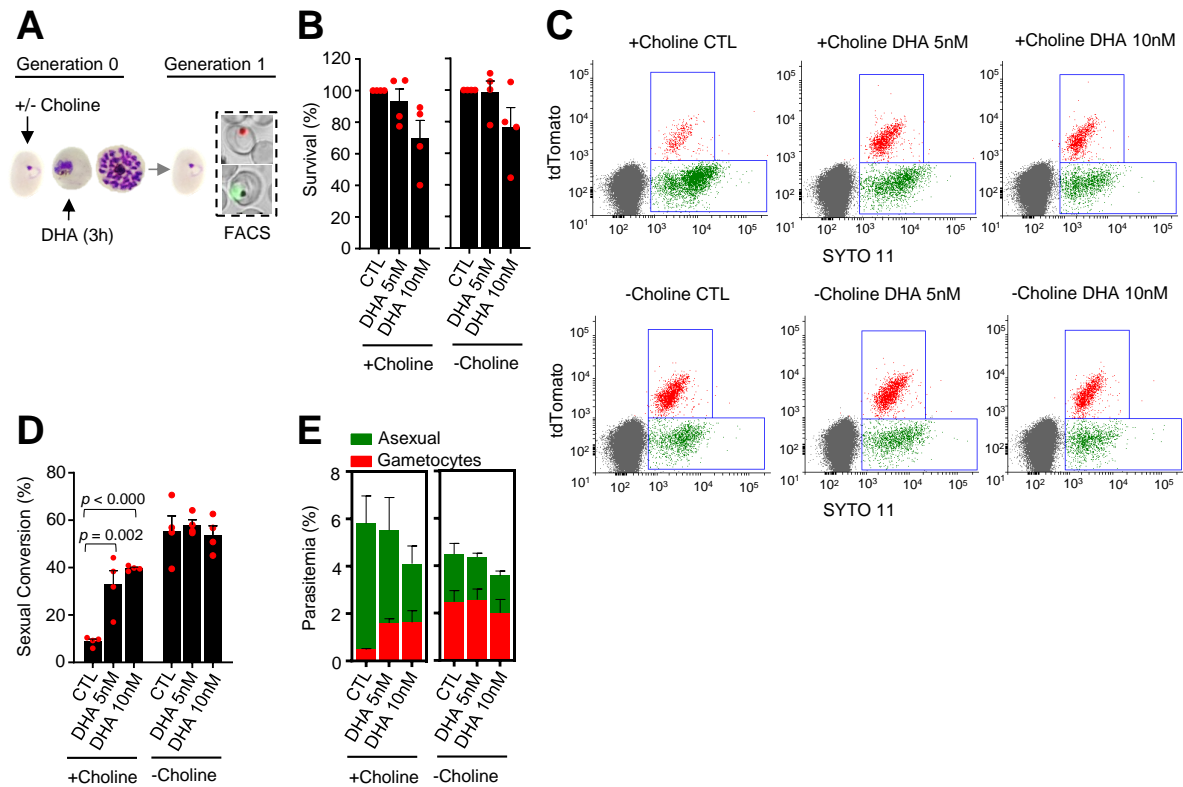
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FIGURES



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Figure 1. Effect of a dihydroartemisinin (DHA) pulse at the trophozoite stage on sexual conversion. **(A)** Schematic representation of the assay. Tightly synchronized cultures of the *NF54-gexp02-Tom* line maintained under non-inducing (+ choline) or inducing (- choline) conditions were exposed to a 3 h DHA pulse at subcurative doses at the trophozoite stage (25-30 hpi). Sexual conversion was measured by flow cytometry (FACS) after reinvasion (~30-35 hpi of the next multiplication cycle). **(B)** Survival rate of cultures exposed to the different drug doses, using total parasitemia values (asexual + sexual parasites). For each choline condition, values are presented relative to the parasitemia in the control cultures (no drug). **(C)** Representative SYTO 11 (stains parasite DNA) vs TdTomato (marks gametocytes) flow cytometry plots. **(D)** Sexual conversion rate determined by flow cytometry. The p value is indicated only for treatment vs control (no drug) significant differences ($p < 0.05$). **(E)** Distribution of absolute parasitemia of asexual and sexual parasites. In all panels, data are presented as the average and s.e.m. of 4 independent biological replicates.

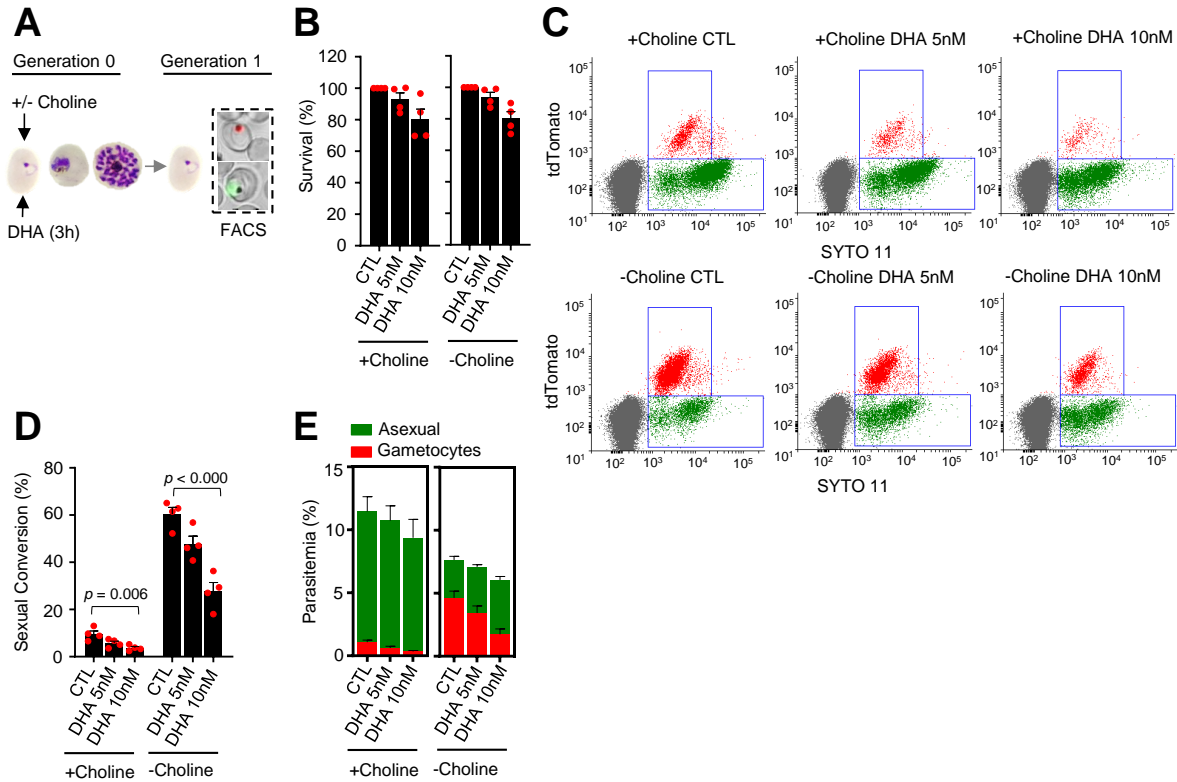


Figure 2. Effect of a dihydroartemisinin (DHA) pulse at the ring stage on sexual conversion. (A) Schematic representation of the assay. Tightly synchronized cultures of the *NF54-gexp02-Tom* line maintained under non-inducing (+ choline) or inducing (- choline) conditions were exposed to a 3 h DHA pulse at subcurative doses at the early ring stage (0-10 hpi). Sexual conversion was measured by flow cytometry (FACS) after reinvasion (~30-40 hpi of the next multiplication cycle). (B) Survival rate of cultures exposed to the different drug doses, using total parasitemia values (asexual + sexual parasites). For each choline condition, values are presented relative to the parasitemia in the control cultures (no drug). (C) Representative SYTO 11 (stains parasite DNA) vs TdTomato (marks gametocytes) flow cytometry plots. (D) Sexual conversion rate determined by flow cytometry. The p value is indicated only for treatment vs control (no drug) significant differences ($p < 0.05$). (E) Distribution of absolute parasitemia of asexual and sexual parasites. In all panels, data are presented as the average and s.e.m. of 4 independent biological replicates.

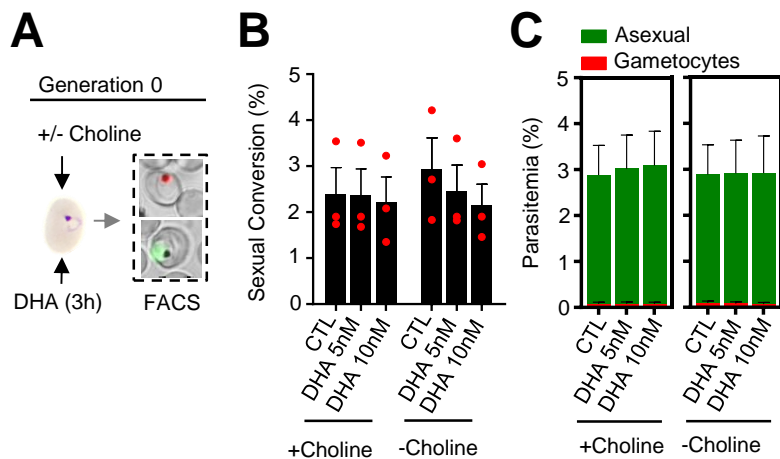


Figure 3. Effect of a dihydroartemisinin (DHA) pulse at the ring stage on sexual conversion by the same cycle conversion (SCC) route. (A) Schematic representation of the assay. Tightly synchronized cultures of the *NF54-gexp02-Tom* line maintained under non-inducing (+ choline) or inducing (- choline) conditions were exposed to a 3 h DHA pulse at subcurative doses at the early ring stage (0-10 hpi). Sexual conversion was measured by flow cytometry (FACS) within the same multiplication cycle (~30-40 hpi) to determine the effect of the drug pulse only on production of new gametocytes by the SSC route. (B) Sexual conversion rate determined by flow cytometry. No significant difference ($p < 0.05$) with the control (no drug) was observed for any treatment condition. (C) Distribution of absolute parasitemia of asexual and sexual parasites. In all panels, data are presented as the average and s.e.m. of 3 independent biological replicates.

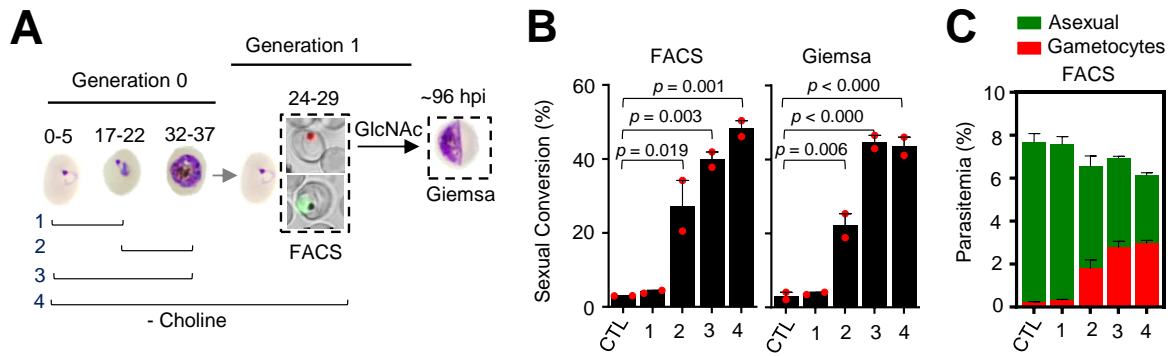
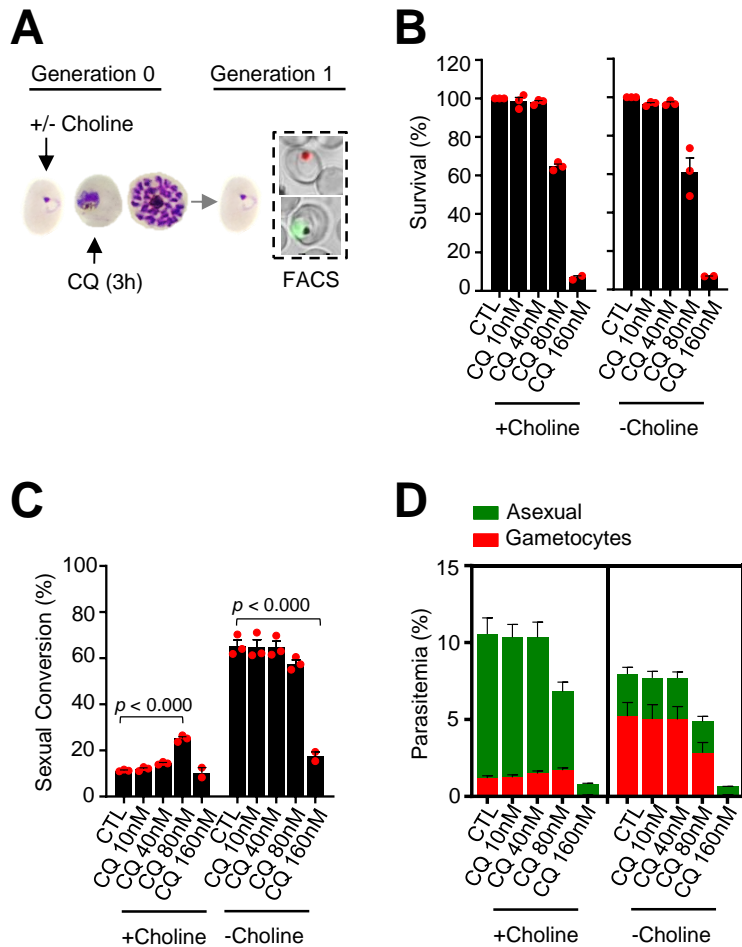


Figure 4. Changes in sexual conversion rates after choline depletion at different parasite stages. (A) Schematic representation of the assay. Choline was removed from tightly synchronized cultures of the *NF54-gexp02-Tom* line for the periods indicated, and sexual conversion rates measured after reinvasion by flow cytometry (FACS; ~24-29 hpi of the following multiplication cycle) or by light microscopy analysis of Giemsa-stained smears (Giemsa; ~96 hpi) in cultures treated with GlcNac. Control (CTL) cultures were maintained with choline all the time. **(B)** Sexual conversion rate for cultures under different conditions. The p value is indicated only for choline depletion vs control significant differences ($p < 0.05$). **(C)** Distribution of absolute parasitemia of asexual and sexual parasites, determined by flow cytometry. In all panels, data are presented as the average and s.e.m. of 2 independent biological replicates.

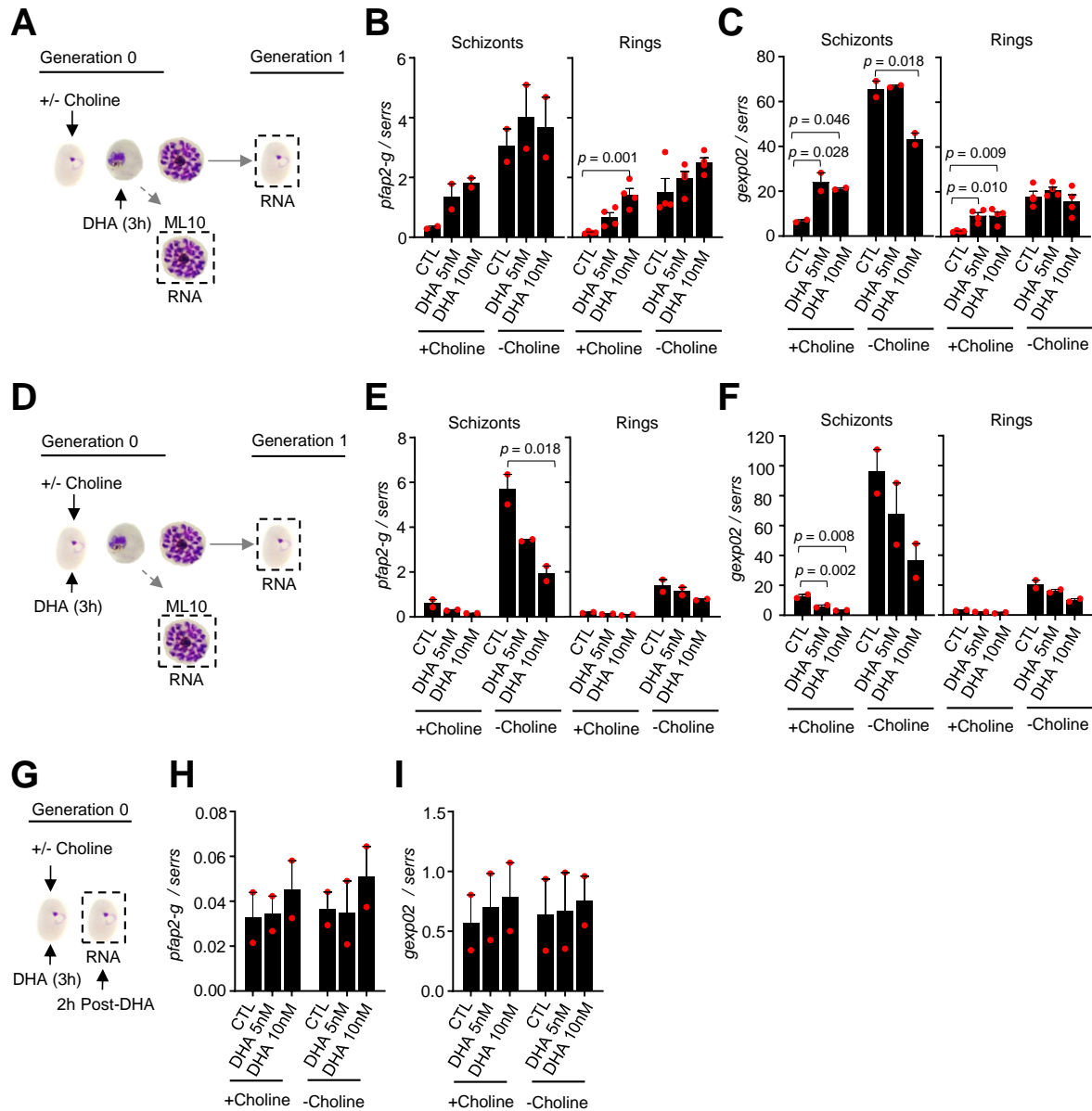


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Figure 5. Effect of a chloroquine (CQ) pulse at the trophozoite stage on sexual conversion. **(A)** Schematic representation of the assay. Tightly synchronized cultures of the *NF54-gexp02-Tom* line maintained under non-inducing (+ choline) or inducing (- choline) conditions were exposed to a 3 h CQ pulse at subcurative doses at the trophozoite stage (25-30 hpi). Sexual conversion was measured by flow cytometry (FACS) after reinvasion (~30-35 hpi of the next multiplication cycle). **(B)** Survival rate of cultures exposed to the different drug doses, using total parasitemia values (asexual + sexual parasites). For each choline condition, values are presented relative to the parasitemia in the control cultures (no drug). **(C)** Sexual conversion rate determined by flow cytometry. The p value is indicated only for treatment vs control (no drug) significant differences ($p < 0.05$). **(D)** Distribution of absolute parasitemia of asexual and sexual parasites. In all panels, data are presented as the average and s.e.m. of 3 independent biological replicates.



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Figure 6. Changes in the expression of *pfap2-g* and *gexp02* after a dihydroartemisinin (DHA) pulse.

(A) Schematic representation of the assay. Tightly synchronized cultures of the *NF54-gexp02-Tom* line maintained under non-

inducing (+ choline) or inducing (- choline) conditions were exposed to a 3 h DHA pulse at subcurative doses at the trophozoite stage (25-30 hpi). RNA for

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transcriptional analysis was collected from ML10-treated cultures at the mature schizont stage (48-53 hpi) and, after reinvasion, from cultures at the early ring stage (cultures not treated with ML10, ~5 hpi). **(B-C)** Transcript levels of *pfap2-g* (b) or *gexp02* (c) normalised against the *serine-tRNA ligase* (*serrs*) gene. **(D-F)** Same as

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panels A-C, but cultures were exposed to DHA at the ring stage (0-10 hpi). **(G-I)** Same as panels D-F, but RNA for transcriptional analysis was collected only 2h after

completing the drug pulse. Data are presented as the average and s.e.m. of 4 (panels B-C, rings) or 2 (other panels) independent biological replicates. The p value is indicated only for treatment vs control (no drug) significant differences ($p < 0.05$).

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