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3 **Gut microbial taxa elevated by dietary sugar disrupt memory function**
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Abstract:

Emerging evidence highlights a critical relationship between gut microbiota and

neurocognitive development. Excessive consumption of sugar and other unhealthy

dietary factors during early life developmental periods yields changes in the gut

microbiome as well as neurocognitive impairments. However, it is unclear whether

these two outcomes are functionally connected. Here we explore whether excessive early

life consumption of added sugars negatively impacts memory function via the gut

microbiome. Rats were given free access to a sugar-sweetened beverage (SSB) during

the adolescent stage of development. Memory function and anxiety-like behavior were

assessed during adulthood and gut bacterial and brain transcriptome analyses were

conducted. Taxa-specific microbial enrichment experiments examined the functional

relationship between sugar-induced microbiome changes and neurocognitive and brain

transcriptome outcomes. Chronic early life sugar consumption impaired adult

hippocampal-dependent memory function without affecting body weight or anxiety-like

behavior. Adolescent SSB consumption during adolescence also altered the gut

microbiome, including elevated abundance of two species in the genus *Parabacteroides*

(*P. distasonis* and *P. johnsonii*) that were negatively correlated with hippocampal

function. Transferred enrichment of these specific bacterial taxa in adolescent rats

impaired hippocampal-dependent memory during adulthood. Hippocampus

transcriptome analyses revealed that early life sugar consumption altered gene

expression in intracellular kinase and synaptic neurotransmitter signaling pathways,

whereas *Parabacteroides* microbial enrichment altered gene expression in pathways

associated with metabolic function, neurodegenerative disease, and dopaminergic

signaling. Collectively these results identify a role for microbiota "dysbiosis" in

mediating the detrimental effects of early life unhealthy dietary factors on hippocampal-

dependent memory function.

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Introduction:

The gut microbiome has recently been implicated in modulating neurocognitive development and consequent functioning [1-4]. Early life developmental periods represent critical windows for the impact of indigenous gut microbes on the brain, as evidenced by the reversal of behavioral and neurochemical abnormalities in germ free rodents when inoculated with conventional microbiota during early life, but not during adulthood [5-7]. Dietary factors are a critical determinant of gut microbiota diversity and can alter gut bacterial communities, as evident from the microbial plasticity observed in response to pre- and probiotic treatment, as well as the "dysbiosis" resulting from consuming unhealthy, yet palatable foods that are associated with obesity and metabolic disorders (e.g., Western diet; foods high in saturated fatty acids and added sugar) [8]. In addition to altering the gut microbiota, consumption of Western dietary factors yields long-lasting memory impairments, and these effects are more pronounced when consumed during early life developmental periods vs. during adulthood [9-11]. Whether diet-induced changes in specific bacterial populations are functionally related to altered early life neurocognitive outcomes, however, is poorly understood.

The hippocampus, which is well known for its role in spatial and episodic memory and more recently for regulating learned and social aspects of food intake control [12-17], is particularly vulnerable to the deleterious effects of Western dietary factors [18-20]. During the juvenile and adolescent stages of development, a time when the brain is rapidly developing, consumption of diets high in saturated fat and sugar [21-23] or sugar alone [24-27] impairs hippocampal function while in some cases preserving memory processes that do

not rely on the hippocampus. While several putative underlying mechanisms have been

investigated, the precise biological pathways linking dietary factors to neurocognitive

dysfunction remain largely undetermined [11]. Here we aimed to determine whether

sugar-induced alterations in gut microbiota during early life are causally related to

hippocampal-dependent memory impairments observed during adulthood.

<u>Methods and Materials:</u>

Experimental Subjects

Juvenile male Sprague Dawley rats (Envigo; arrival post natal day (PN) 26-28; 50-70g)

were housed individually in standard conditions with a 12:12 light/dark cycle. All rats

had ad libitum access to water and Lab Diet 5001 (PMI Nutrition International,

Brentwood, MO; 29.8 % kcal from protein, 13.4% kcal from fat, 56.7% kcal from

carbohydrate), with modifications where noted. All experiments were performed in

accordance with the approval of the Animal Care and Use Committee at the University

of Southern California.

Experiment 1

Twenty one juvenile male rats (PN 26-28) were divided into two groups with equal body

weight and given ad libitum access to: 1) 11% weight-by-volume (w/v) solution

containing monosaccharide ratio of 65% fructose and 35% glucose in reverse osmosis-

filtered water (SUG; n=11) or 2) or an extra bottle of reverse osmosis-filtered water

(CTL; n=10). This solution was chosen to model commonly consumed sugar-sweetened

beverages in humans in terms of both caloric content and monosaccharide ratio[28].

Additionally, all rats were given ad libitum access to water and standard rat chow. Food

intake, solution intake and body weights were monitored thrice weekly except where

prohibited due to behavioral testing. At PN 60, rats underwent Novel Object in Context

(NOIC) testing, to measure hippocampal-dependent episodic contextual memory. At PN

67 rats underwent anxiety-like behavior testing in the Zero Maze, followed by body

composition testing at PN 70 and an intraperitoneal glucose tolerance test (IP GTT) at

PN 84. All behavioral procedures were run at the same time each day (4-6 hours into the

light cycle). Fecal and cecal samples were collected prior to sacrifice at PN 104.

In a separate cohort of juvenile male rats (n=6/group) animals were treated as above,

but on PN day 60 rats were tested in the Novel Object Recognition (NOR) and Open

Field (OF) tasks, with two days in between tasks. Animals were sacrificed and tissue

punches were collected from the dorsal hippocampus on PN day 65. Tissue punches

were flash frozen in a beaker filled with isopentane and surrounded dry ice and then

stored at -80°C until further analyses.

Experiment 2

Twenty-three juvenile male rats (PN 26-28) were divided into two groups and received a

gavage twice daily (12 hours apart) for 7 days (only one treatment was given on day 7) of

either (1) saline (SAL; n=8), or (2) a cocktail of antibiotics consisting of Vancomycin (50

mg/kg), Neomycin (100 mg/kg), and Metronidazole (100 mg/kg) along with

supplementation with 1 mg/mL of ampicillin in their drinking water (ABX; n=15), which

is a protocol modified from [29]. Animals were housed in fresh, sterile cages on Day 3 of

the antibiotic or saline treatment, and again switched to fresh sterile cages on Day 7

after the final gavage. All animals were maintained on sterile, autoclaved water and

chow for the remainder of the experiment. Rats in the ABX group were given water

instead of ampicillin solution on Day 7. Animals in the ABX group were further

subdivided to receive either gavage of a 1:1 ratio of *Parabacteroides distasonis* and

Parabacteroides johnsonii (PARA; n=8) or saline (SAL; n=7) thirty six hours after the

last ABX treatment. To minimize potential contamination, rats were handled minimally

for 14 days. Cage changes occurred once weekly at which time animals and food were

weighed. Experimenters wore fresh, sterile PPE and weigh boxes were cleaned with

sterilizing solution in between each cage change. On PN 50 rats were tested in NOIC, on

PN 60 rats were tested in NOR, on PN 62 rats were tested in the Zero Maze, followed by

Open Field on PN 64. On PN 73 rats were given an IP GTT, and on PN 76 body

composition was tested. Rats were sacrificed at PN 83 and dorsal hippocampus tissue

punches and cecal samples were collected. Tissue punches were flash frozen in a beaker

filled with isopentane and surrounded dry ice and cecal samples were placed in

microcentrifuge tubes embedded in dry ice. Samples were subsequently stored at -80°C

until further analyses.

IP glucose tolerance test (IP GTT)

Animals were food restricted 24 hours prior to IP GTT. Immediately prior to the test,

baseline blood glucose readings were obtained from tail tip and recorded by a blood

glucose meter (One touch Ultra2, LifeScan Inc., Milpitas, CA). Each animal was then

intraperitoneally (IP) injected with dextrose solution (0.923g/ml by body weight) and

tail tip blood glucose readings were obtained at 30, 60, 90, and 120 min after IP

injections, as previously described [24].

Zero Maze

The Zero Maze is an elevated circular track (63.5 cm fall height, 116.8cm outside

diameter), divided into four equal length sections. Two sections were open with 3 cm

high curbs, whereas the 2 other closed sections contained 17.5 cm high walls. Animals

are placed in the maze facing the open section of the track in a room with ambient

lighting for 5 min while the experimenter watches the animal from a monitor outside of

the room. The experimenter records the total time spent in the open sections (defined as

the head and front two paws in open arms), and the number of crosses into the open

sections from the closed sections.

Novel object in context task (NOIC)

NOIC measures episodic contextual memory based on the capacity for an animal to

identify which of two familiar objects it has never seen before in a specific context.

Procedures were adapted from prior reports [30,31]. Briefly, rats are habituated to two

distinct contexts on subsequent days (with the habituation order counterbalanced by

group) for 5-min sessions: Context 1 is a semi-transparent box (15in W x 24in L x 12in

H) with orange stripes and Context 2 is a grey opaque box (17in W x 17in L x 16in H)

(Context identify assignments counterbalanced by group), each context is in a separate

dimly lit room, which is obtained using two desk lamps pointed toward the floor. Day 1

of NOIC begins with each animal being placed in Context 1 containing two distinct

similarly sized objects placed in opposite corners: a 500ml jar filled with blue water

(Object A) and a square glass container (Object B) (Object assignments and placement

counterbalanced by group). On day 2 of NOIC, animals are placed in Context 2 with

duplicates of one of the objects. On NOIC day 3, rats are placed in Context 2 with

Objects A and Object B. One of these objects is not novel to the rat, but its placement in

Context 2 is novel. All sessions are 5 minutes long and are video recorded. Each time the

rat is placed in one of the contexts, it is placed with its head facing away from both

objects. The time spent investigating each object is recorded from the video recordings

by an experimenter who is blinded to the treatment groups. Exploration is defined as

sniffing or touching the object with the nose or forepaws. The task is scored by

calculating the time spent exploring the Novel Object to the context divided by the time

spent exploring both Objects A and B combined, which is the novelty or "discrimination

index". Rats with an intact hippocampus will preferentially investigate the object that is

novel to Context 2, given that this object is a familiar object yet is now presented in a

novel context, whereas hippocampal inactivation impairs the preferential investigation

of the object novel to Context 2 [30].

Novel Object Recognition

The apparatus used for NOR is a grey opaque box (17in W x 17in L x 16in H) placed in a

dimly lit room, which is obtained using two desk lamps pointed toward the floor.

Procedures are adapted from [32]. Rats are habituated to the empty arena and conditions

for 10 minutes on the day prior to testing. The novel object and the side on which the

novel object is placed is counterbalanced by group. The test begins with a 5-minute

familiarization phase, where rats are placed in the center of the arena, facing away from

the objects, with two identical copies of the same object to explore. The objects were

either two identical cans or two identical bottles, counterbalanced by treatment group.

The objects were chosen based on preliminary studies which determined that they are

equally preferred by Sprague Dawley rats. Animals are then removed from the arena and

placed in the home cage for 5 minutes. The arena and objects are cleaned with 10%

ethanol solution, and one of the objects in the arena is replaced with a different one

(either the can or bottle, whichever the animal has not previously seen, i.e., the "novel

object"). Animals are again placed in the center of the arena and allowed to explore for 3

minutes. Time spent exploring the objects is recorded via video recording and analyzed

using Any-maze activity tracking software (Stoelting Co., Wood Dale, IL).

Open Field

Open field measures general activity level and also anxiety-like behavior in the rat. A

large gray bin, 60 cm (L) X 56 CM (W) is placed under diffuse even lighting (30 lux). A

center zone is identified and marked in the bin (19 cm L X 17.5 cm W). A video camera is

placed directly overhead and animals are tracked using AnyMaze Software (Stoelting

Co., Wood Dale, IL). Animals are placed in the center of the box facing the back wall and

allowed to explore the arena for 10 min while the experimenter watches from a monitor

in an adjacent room. The apparatus is cleaned with 10% ethanol after each rat is tested.

Body Composition

Body composition (body fat, lean mass) was measured using LF90 time domain nuclear

magnetic resonance (Bruker NMR minispec LF 90II, Bruker Daltonics, Inc.).

Bacterial transfer

Parabacteroides distasonis (ATCC 8503) was cultured under anaerobic conditions at

37C in Reinforced Clostridial Medium (RCM, BD Biosciences). *Parabacteroides*

johnsonii (DSM 18315) was grown in anaerobic conditions in PYG medium (modified,

DSM medium 104). Cultures were authenticated by full-length 16S rRNA gene

sequencing. For bacterial enrichment, 10^9 colony-forming units of both *P. distasonis*

and *P. johnsonii* were suspended in 500 µL pre-reduced PBS and orally gavaged into

antibiotic-treated rats. When co-administered, a ratio of 1:1 was used for *P. distasonis*

and *P. johnsonii.*

Gut microbiota DNA extraction and 16s rRNA gene sequencing in sugar-fed

and control rats

All samples were extracted and sequenced according to the guidelines and procedures

established by the Earth Microbiome Project [33]. DNA was extracted from fecal and cecal

samples using the MO BIO PowerSoil DNA extraction kit. PCR targeting the V4 region

of the 16S rRNA bacterial gene was performed with the 515F/806R primers, utilizing the

protocol described in Caporaso et al.[34]. Amplicons were barcoded and pooled in equal

concentrations for sequencing. The amplicon pool was purified with the MO BIO

UltraClean PCR Clean-up kit and sequenced by the 2 x 150bp MiSeq platform at the

Institute for Genomic Medicine at UCSD. All sequences were deposited in Qiita Study

11255 as raw FASTQ files. Sequences were demultiplexed using Qiime-1 based "split

libraries" with the forward reads only dropping. Demultiplexed sequences were then

trimmed evenly to 100 bp and 150 bp to enable comparison to other studies for meta-

analyses. Trimmed sequences were matched to known OTUs at 97% identity.

Gut microbiota DNA extraction and 16S rRNA gene sequencing for

***Parabacteroides*-enriched and control rats**

Total bacterial genomic DNA was extracted from rat fecal samples (0.25 g) using the

Qiagen DNeasy PowerSoil Kit. The library was prepared following methods from

(Caporaso et al., 2011). The V4 region (515F-806R) of the 16S rDNA gene was PCR

amplified using individually barcoded universal primers and 30 ng of the extracted

genomic DNA. The conditions for PCR were as follows: 94°C for 3 min to denature the

DNA, with 35 cycles at 94°C for 45 s, 50°C for 60 s, and 72°C for 90 s, with a final

extension of 10 min at 72°C. The PCR reaction was set up in triplicate, and the PCR

products were purified using the Qiaquick PCR purification kit (QIAGEN). The purified

PCR product was pooled in equal molar concentrations quantified by nanodrop and

sequenced by Laragen, Inc. using the Illumina MiSeq platform and 2 x 250bp reagent

kit for paired-end sequencing. Amplicon sequence variants (ASVs) were chosen after

denoising with the Deblur pipeline. Taxonomy assignment and rarefaction were

performed using QIIME2-2019.10.

Hippocampal RNA extraction and sequencing

Hippocampi from rats treated with or without sugar or *Parabacteroides* were subject to

RNA-seq analysis. Total RNA was extracted according to manufacturer's instructions

using RNeasy Lipid Tissue Mini Kit (Qiagen, Hilden, Germany). Total RNA was checked

for degradation in a Bioanalyzer 2100 (Agilent, Santa Clara, CA, USA). Quality was very

high for all samples, and libraries were prepared from 1 ug of total RNA using a NuGen

Universal Plus mRNA-seq Library Prep Kit (Tecan Genomics Inc. Redwood City, CA).

Final library products were quantified using the Qubit 2.0 Fluorometer (Thermo Fisher

Scientific Inc., Waltham, MA, USA), and the fragment size distribution was determined

with the Bioanalyzer 2100. The libraries were then pooled equimolarly, and the final

pool was quantified via qPCR using the Kapa Biosystems Library Quantification Kit,

according to manufacturer's instructions. The pool was sequenced in an Illumina

NextSeq 550 platform (Illumina, San Diego, CA, USA), in Single-Read 75 cycles format,

obtaining about 25 million reads per sample. The preparation of the libraries and the

sequencing was performed at the USC Genome Core (http://uscgenomecore.usc.edu/)

RNA-seq quality control

Data quality checks were performed using the FastQC tool

(http://www.bioinformatics.babraham.ac.uk/projects/fastqc) and low quality reads

were trimmed with Trim_Galore

(http://www.bioinformatics.babraham.ac.uk/projects/trim_galore/). RNA-seq reads

passing quality control were mapped to *Rattus novegicus* transcriptome (Rnor6) and

quantified with Salmon [35]. Salmon directly mapped RNA-seq reads to Rat

transcriptome and quantified transcript counts. Txiimport [36] were used to convert

transcript counts into gene counts. Potential sample outliers were detected by principle

component analysis (PCA) and one control and one treatment sample from the

Parabacteroides experiment were deemed outliers (Figure S7A, B) and removed.

Identification of differentially expressed genes (DEGs)

DESeq2[37] were used to conduct differential gene expression analysis between sugar

treatment and the corresponding controls, or between *Parabacteroides* treatment and

the corresponding controls. Low-abundance genes were filtered out and only those

having a mean raw count > 1 in more than 50% of the samples were included.

Differentially expressed genes were detected by DESeq2 with default settings.

Significant DEGs were defined as Benjamini-Hochberg (BH) adjusted false discovery

rate (FDR) < 0.05. For heatmap visualization, genes were normalized with variance

stabilization transformation implemented in DESeq2, followed by calculating a z-score

for each gene.

Pathway analyses of DEGs

For the pathway analyses, DEGs at an unadjusted p-value < 0.01 were used. Pathway

enrichment analysis were conducted using enrichr[38] by intersecting each signature with

pathways or gene sets from KEGG[39], gene ontology biological pathways (GOBP),

Cellular Component (GOCP), Molecular Function (GOMF)[40] and Wikipathways[41].

Pathways at FDR < 0.05 were considered significant. Unless otherwise specified, R 3.5.2

was used for the analysis mentioned in the RNA sequencing section.

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Additional statistical methods

Data are presented as means ± SEM. For analytic comparisons of body weight, total food

intake, and chow intake, groups were compared using repeated measures ANOVA in

Prism software (GraphPad Inc., version 8.0). Taxonomic comparisons from 16S rRNA

sequencing analysis were analyzed by analysis of composition of microbiomes

(ANCOM). When significant differences were detected, Sidak post-hoc test for multiple

comparisons was used. Area under the curve (AUC) for the IP GTT testing was also

calculated using Prism. All other statistical analyses were performed using Student's

two-tailed unpaired t tests in excel software (Microsoft Inc., version 15.26). Normality

was confirmed prior to the utilization of parametric testing. For all analyses, statistical

significance was set at $P<0.05$.

Results:

Early-life sugar consumption impairs hippocampal-dependent memory

function

Results from the Novel Object in Context (NOIC) task, which measures hippocampal-

dependent episodic contextual memory function [31], reveal that while there were no

differences in total exploration time of the combined objects on days 1 or 3 of the task

(Figure 1A, B), animals fed sugar solutions in early life beginning at PN 28 had a

reduced capacity to discriminate an object that was novel to a specific context when

animals were tested during adulthood (PN 60), indicating impaired hippocampal

function (Figure 1C). Conversely, animals fed sugar solutions in early life performed

similarly to those in the control group when tested in the novel object recognition task

(NOR) (Figure 1D), which tests object recognition memory independent of context.

Notably, when performed using the current methods with a short duration between the

familiarization phase and the test phase, NOR not hippocampal-dependent but instead

is primarily dependent on the perirhinal cortex [31,42-44]. These data suggest that early life

dietary sugar consumption impairs performance in hippocampal-dependent contextual-

based recognition memory without affecting performance in perirhinal cortex-

dependent recognition memory independent of context [24].

Elevated anxiety-like behavior and altered general activity levels may influence novelty

exploration independent of memory effects and may therefore confound the

interpretation of behavioral results. Thus, we next tested whether early life sugar

consumption affects anxiety-like behavior using two different tasks designed to measure

anxiety-like behavior in the rat: the elevated zero maze and the open field task, that

latter of which also assesses levels of general activity [45]. Early life sugar consumption

had no effect on time spent in the open area or in the number of open area entries in the

zero maze (Figure 1E, F). Similarly, early life sugar had no effect on distance travelled or

time spent in the center zone in the open field task (Figure 1G, H). Together these data

suggest that habitual early life sugar consumption did not increase anxiety-like behavior

or general activity levels in the rats.

Early life sugar consumption impairs glucose tolerance without affecting

total caloric intake, body weight, or adiposity

Given that excessive sugar consumption is associated with weight gain and metabolic

deficits [46], we tested whether access to a sugar solution during the adolescent phase of

development would affect food intake, body weight gain, adiposity, and glucose

tolerance in the rat. Early life sugar consumption had no effect on body composition

during adulthood (Figure 1I, Figure S1 A, B). Early life sugar consumption also had no

effect on body weight or total kcal intake (Figure 1J, K), which is in agreement with

previous findings [24,27,47]. Animals steadily increased their intake of the 11% sugar

solution throughout the study (Figure 1L) but compensated for the calories consumed in

the sugar solutions by reducing their intake of dietary chow (Figure S1 C). However,

animals that were fed sugar solutions during adolescence showed impaired peripheral

glucose metabolism in an intraperitoneal glucose tolerance test (IP GTT) (Figure S1D).

Gut microbiota are impacted by early life sugar consumption

Principal component analyses of 16s rRNA gene sequencing data of fecal samples

revealed a separation between the fecal microbiota of rats fed early life sugar and

controls (Figure 2A). Results from LEfSe analysis identified differentially abundant

bacterial taxa in fecal samples that were elevated by sugar consumption. These include

the family *Clostridiaceae* and the genus *02d06* within *Clostridiaceae*, the family

Mogibacteriaceae, the family *Enterobacteriaceae*, the order *Enterobacteriales*, the

class of *Gammaproteobacteria*, and the genus *Parabacteroides* within the family

Porphyromonadaceae (Figure 2B,C). In addition to an elevated % relative abundance of

the genus *Parabacteroides* in animals fed early life sugar (Figure 2D), log transformed

counts of the *Parabacteroides* negatively correlated with performance scores in the

NOIC memory task (Figure 2E). Of the additional bacterial populations significantly

affected by sugar treatment, regression analyses did not identify any other genera as

being significantly correlated to NOIC memory performance. Within *Parabacteroides*,

levels of two operational taxonomic units (OTUs) that were elevated by sugar negatively

correlated with performance in the NOIC task, identified as taxonomically related to *P.*

johnsonii and *P. distasonis* (Figure 2F, G). The significant negative correlation between

NOIC performance and *Parabacteroides* was also present within each of the diet groups

alone, but when separated out by diet group only *P. distasonis* showed a significant

negative correlation for each diet group (P<.05), whereas *P. johnsonii* showed a non-

significant trend in both the control and sugar groups (P=.06, and P=.08, respectively;

Figure S2A-C). Abundance of other bacterial populations that were affected by sugar

consumption were not significantly related to memory task performance.

There was a similar separation between groups in bacteria analyzed from cecal

samples (Figure S3A). LEfSe results from cecal samples show elevated *Bacilli*,

Actinobacteria, *Erysipelotrichia*, and *Gammaproteobacteria* in rats fed early life sugar,

and elevated *Clostridia* in the controls (Figure S3B-C). Abundances at the different

taxonomic levels in fecal and cecal samples are shown in (Figure S4, S5). Regression

analyses did not identify these altered cecal bacterial populations as being significantly

correlated to NOIC memory performance.

Early life *Parabacteroides* enrichment impairs memory function

To determine whether neurocognitive outcomes due to early life sugar consumption

could be attributable to elevated levels of *Parabacteroides* in the gut, we experimentally

enriched the gut microbiota of naïve juvenile rats with two *Parabacteroides* species that

exhibited high 16S rRNA sequencing alignment with OTUs that were increased by sugar

consumption and were negatively correlated with behavioral outcomes in rats fed early

life sugar. *P. johnsonii* and *P. distasoni* species were cultured individually under

anaerobic conditions and transferred to a group of antibiotic-treated young rats in a 1:1

ratio via oral gavage using the experimental design described in Methods and outlined

in Figure 3A, and from [29]. To confirm *Parabacteroides* enrichment, 16SrRNA

sequencing was performed on rat fecal samples for SAL-SAL, ABX-SAL, and ABX-PARA

groups. Alpha diversity was analyzed using observed operational taxonomic units

(OTUs) (Figure 3B), where both ABX-SAL and ABX-PARA fecal samples have

significantly reduced alpha diversity when compared with SAL-SAL fecal samples,

suggesting that antibiotic treatment reduces microbiome alpha diversity. Further, either

treatment with antibiotics alone or antibiotics followed by *Parabacteroides* significantly

alters microbiota composition relative to the SAL-SAL group (Figure 3C). Taxonomic

comparisons from 16S rRNA sequencing analysis were analyzed by analysis of

413 composition of microbiomes (ANCOM). Differential abundance on relative abundance

414 at the species level (Figure 3D) was tested across samples hypothesis-free. Significant

415 taxa at the species level were corrected for using false-discovery rate (FDR)-corrected *P*-

416 values to calculate W in ANCOM. Comparing all groups resulted in the highest W value

417 of 144 for the *Parabacteroides* genus, which was enriched in ABX-PARA fecal samples

418 after bacterial gavage with an average relative abundance of 55.65% (Figure 3E). This

419 confirms successful *Parabacteroides* enrichment for ABX-PARA rats post-gavage when

420 compared to either ABX-SAL (average relative abundance of 5.47%) or ABX-SAL rats

421 (average relative abundance of 0.26%).

422  All rats treated with antibiotics showed a reduction in food intake and body

423 weight during the initial stages of antibiotic treatment, however, there were no

424 differences in body weight between the two groups of antibiotic treated animals by

425 PN50, at the time of behavioral testing (Figure S6A-C). Similar to a recent report [48],

426 *Parabacteroides* enrichment in the present study impacted body weight at later time

427 points. Animals who received *P. johnsonii* and *P. distasonis* treatment showed reduced

428 body weight 40 days after the transfer, with significantly lower lean mass (Figure S6D-

429 F). There were no differences in percent body fat between groups, nor were there

430 significant group differences in glucose metabolism in the IPGTT (Figure S6 G).

431 Importantly, the body weights in the ABX-PARA group did not significantly differ from

432 the ABX-SAL control group at the time of behavioral testing.

433  Results from the hippocampal-dependent NOIC memory task showed that while

434 there were no differences in total exploration time of the combined objects on days 1 or

435 3 of the task, indicating similar exploratory behavior, animals enriched with

436 *Parabacteroides* showed a significantly reduced discrimination index in the NOIC task

compared with either control group (Figure 4A-C), indicating impaired performance in

hippocampal-dependent memory function. When tested in the perirhinal cortex-

dependent NOR task [31], animals enriched with *Parabacteroides* showed impaired object

recognition memory compared with the antibiotic treated control group as indicated by

a reduced novel object exploration index (Figure 4D). These findings show that unlike

sugar-fed animals, *Parabacteroides* enrichment impaired perirhinal cortex-dependent

memory processes in addition to hippocampal-dependent memory.

Results from the zero maze showed no differences in time spent in the open arms

nor in the number of open arm entries for the *Parabacteroides*-enriched rats relative to

controls (Figure 4E, F), indicating that the enrichment did not affect anxiety-like

behavior. Similarly, there were no differences in distance travelled or time spent in the

center arena in the open field test, which is a measure of both anxiety-like behavior and

general activity in rodents (Figure 4G, H). Together these data suggest that

Parabacteroides treatment negatively impacted both hippocampal-dependent

perirhinal cortex-dependent memory function without significantly affecting general

activity or anxiety-like behavior.

Early life sugar consumption and *Parabacteroides* enrichment alter

hippocampal gene expression profiles

To further investigate how sugar and *Parabacteroides* affect cognitive behaviors, we

conducted transcriptome analysis of the hippocampus samples. Figure S7 (A, C) shows

the results of principal component analysis revealing moderate separation based on

RNA sequencing data from the dorsal hippocampus of rats fed sugar in early life

compared with controls. Gene pathway enrichment analyses from RNA sequencing data

revealed multiple pathways significantly affected by early life sugar consumption,

including four pathways involved in neurotransmitter synaptic signaling: dopaminergic,

glutamatergic, cholinergic, and serotonergic signaling pathways. Additionally, several

gene pathways that also varied by sugar were those involved in kinase-mediated

intracellular signalling: cGMP-PKG, RAS, cAMP, and MAPK signaling pathways (Figure

5A, Table S1).

Analyses of individual genes across the entire transcriptome using a stringent

false-discovery rate criterion further identified 21 genes that were differentially

expressed in rats fed early life sugar compared with controls, with 11 genes elevated and

10 genes decreased in rats fed sugar compared to controls (Figure 5B). Among the genes

impacted, several genes that regulate cell survival, migration, differentiation, and DNA

repair were elevated by early life sugar access, including *Faap100*, which encodes an FA

core complex member of the DNA damage response pathway [49], and *Eepd1*, which

transcribes an endonuclease involved in repairing stalled DNA replication forks,

stressed from DNA damage [50]. Other genes associated with endoplasmic reticulum

stress and synaptogenesis were also significantly increased by sugar consumption,

including *Klf9, Dgkh, Neurod2, Ppl*, and *Kirrel1* [51,52,53,54].

Several genes were reduced by dietary sugar, including *Tns2*, which encodes

tensin 2, important for cell migration [55], *RelA*, which encodes a NF/kB complex protein

that regulates activity dependent neuronal function and synaptic plasticity [56], and

Grm8, the gene for the metabotropic glutamate receptor 8 (mGluR8). Notably, reduced

expression of mGluR8 receptor may contribute to the impaired neurocognitive

functioning in animals fed sugar, as mGluR8 knockout mice show impaired

hippocampal-dependent learning and memory [57].

Figure S7 (A-B, D) shows the results of principal component analysis of dorsal

hippocampus RNA sequencing data indicating moderate separation between rats

enriched with *Parabacteroides* and controls. Gene pathway analyses revealed that early

life *Parabacteroides* treatment, similar to effects associated with sugar consumption,

significantly altered the genetic signature of dopaminergic synaptic signaling pathways,

though differentially expressed genes were commonly affected in opposite directions

between the two experimental conditions (Figure S8). *Parabacteroides* treatment also

impacted gene pathways associated with metabolic signaling. Specifically, pathways

regulating fatty acid oxidation, rRNA metabolic processes, mitochondrial inner

membrane, and valine, leucine, and isoleucine degradation were significantly affected by

Parabacteroides enrichment. Other pathways that were influenced were those involved

in neurodegenerative disorders, including Alzheimer's disease and Parkinson's disease,

though most of the genes affected in these pathways were mitochondrial genes (Figure

5D, Table S2).

At the level of individual genes, dorsal hippocampal RNA sequencing data

revealed that 15 genes were differentially expressed in rats enriched with

Parabacteroides compared with controls, with 13 genes elevated and two genes

decreased in the *Parabacteroides* group compared with controls (Figure 6C). Consistent

with results from gene pathway analyses, several individual genes involved in metabolic

processes were elevated by *Parabacteroides* enrichment, such as *Hmgcs2*, which is a

mitochondrial regulator of ketogenesis and provides energy to the brain under

metabolically taxing conditions or when glucose availability is low [58], and *Cox6b1*, a

mitochondrial regulator of energy metabolism that improves hippocampal cellular

viability following ischemia/reperfusion injury [59]. *Parabacteroides* enrichment was also

associated with incased expression of *Slc27A1* and *Mfrp*, which are each critical for the

transport of fatty acids into the brain across capillary endothelial cells [60,61].

Discussion:

Dietary factors are a key source of gut microbiome diversity [29,47,62-64] and

emerging evidence indicates that diet-induced alterations in the gut microbiota may be

linked with altered neurocognitive development [29,64-66]. Our results identify species

within the genus *Parabacteroides* that are elevated by habitual early life consumption of

dietary sugar and are negatively associated with hippocampal-dependent memory

performance. Further, targeted microbiota enrichment of *Parabacteroides* perturbed

both hippocampal- and perirhinal cortex-dependent memory performance. These

findings are consistent with previous literature in showing that early life consumption of

Western dietary factors impair neurocognitive outcomes [10,11], and further suggest that

altered gut bacteria due to excessive early life sugar consumption may functionally link

dietary patterns with cognitive impairment.

Our previous data show that rats are not susceptible to habitual sugar

consumption-induced learning and memory impairments when 11% sugar solutions are

consumed ad libitum during adulthood, in contrast to effects observed in the present

and previous study in which the sugar is consumed during early life development [24]. It is

possible that habitual sugar consumption differentially affects the gut microbiome when

consumed during adolescence vs. adulthood. However, a recent report showed that

adult consumption of a high fructose diet (35% kcal from fructose) promotes gut

microbial "dysbiosis" and neuroinflammation and cell death in the hippocampus, yet

without impacting cognitive function [67], suggesting that perhaps neurocognitive

function is more susceptible to gut microbiota influences during early life than during

adulthood. Indeed, several reports have identified early life critical periods for

microbiota influences on behavioral and neurochemical endpoints in germ free mice [5,7

6]. However, the age-specific profile of sugar-associated microbiome dysbiosis and

neurocognitive impairments remains to be determined.

Given that the adolescent rats consuming SSBs compensated for these calories by

consuming less chow, it is possible that reduced nutrient (e.g., dietary protein)

consumption may have contributed to the deficits in hippocampal function. However,

we think this is unlikely, as adolescent SSB access did not produce any substantial

nutrient deficiency that would restrict growth, as evidenced by the similarities in body

weight between the experimental and control group. Furthermore, prior studies that

directly examined the effects of adolescent caloric (and thereby nutrient) restriction on

learning and memory in rats found that there were no differences in hippocampal-

dependent memory function when rats were restricted by ~40% from PN 25-PN 67 [68],

Importantly, the parameters in this study closely match those in the present study, as

our adolescent SSB access was given over a similar developmental period prior to

behavioral testing, and produced a ~40% reduction in total chow kcal consumption.

Thus, it is likely that excessive sugar consumption and not nutrient deficiency led to the

memory deficits, although future work is needed to more carefully examine these

variables independently.

While our study reveals a strong negative correlation between levels of fecal

Parabacteroides and performance in the hippocampal-dependent contextual episodic

memory NOIC task, as well as impaired NOIC performance in rats given access to a

sugar solution during adolescence, sugar intake did not produce impairments in the

perirhinal cortex-dependent NOR memory task. This is consistent with our previous

report in which rats given access to an 11% sugar solution during adolescence were

impaired in hippocampal-dependent spatial memory (Barne's maze procedure), yet

were not impaired in a nonspatial task of comparable difficulty that was not

hippocampal-dependent [24]. Present results revealing that early life sugar consumption

negatively impacts hippocampal-dependent contextual-based object recognition

memory (NOIC) without influencing NOR memory performance is also consistent with

previous reports using a cafeteria diet high in both fat content and sugar [69,70]. On the

other hand, enrichment of *P. johnsonii* and *P. distasonis* in the present study impaired

memory performance in both tasks, suggesting a broader impact on neurocognitive

functioning with this targeted bacterial enrichment approach.

Gene pathway analyses from dorsal hippocampus RNA sequencing identified

multiple neurobiological pathways that may functionally connect gut dysbiosis with

memory impairment. Early life sugar consumption was associated with alterations in

several neurotransmitter synaptic signaling pathways (e.g., glutamatergic, cholinergic)

and intracellular signaling targets (e.g., cAMP, MAPK). A different profile was observed

in *Parabacteroides*-enriched animals, where gene pathways involved with metabolic

function (e.g., fatty acid oxidation, branched chain amino acid degradation) and

neurodegenerative disease (e.g., Alzheimer's disease) were altered relative to controls.

Given that sugar has effects on bacterial populations in addition to *Parabacteroides*,

and that sugar consumption and *Parabacteroides* treatment differentially influenced

peripheral glucose metabolism and body weight, these transcriptome differences in the

hippocampus are not surprising. However, gene clusters involved with dopaminergic

synaptic signaling were significantly influenced by both early life sugar consumption

and *Parabacteroides* treatment, thus identifying a common pathway through which

both diet-induced and gut bacterial infusion-based elevations in *Parabacteroides* may

influence neurocognitive development. Though differentially expressed genes were

commonly affected in opposite directions in *Parabacteroides* enriched animals

compared with early life sugar treated animals, it is possible that perturbations to the

dopamine system play a role in the observed cognitive dysfunction. For example, while

dopamine signaling in the hippocampus has not traditionally been investigated for

mediating memory processes, several recent reports have identified a role for dopamine

inputs from the locus coeruleus in regulating hippocampal-dependent memory and

neuronal activity [71,72]. Interestingly, endogenous dopamine signaling in the

hippocampus has recently been linked with regulating food intake and food-associated

contextual learning [73], suggesting that dietary effects on gut microbiota may also impact

feeding behavior and energy balance-relevant cognitive processes.

It is important to note that comparisons between the gene expressional analyses

in the *Parabacteroides* enrichment and sugar consumption experiments should be

made cautiously given that there were slight differences in timing of the hippocampus

tissue harvest between the two experiments (PN 65 for sugar consumption vs PN 83 for

the *Parabacteroides* enrichment). Further, future work is needed to determine whether

differences in gene expression observed in each experiment translates to differential

expression at the protein level. It is also worth emphasizing that the levels of

Parabacteroides conferred by our enrichment study were substantially higher than in

the dietary sugar study, and thus it is not surprising that *Parabacteroides* enrichment

would confer a different impact on host physiology, hippocampal gene expression, and

neurocognition compared to *Parabacteroides* elevations associated with SSB

consumption. Regardless of these caveats in comparing the two models, our data extend

the field by highlighting a specific bacterial population that 1) is capable of negatively

impacting neurocognitive development when experimentally enriched, and 2) is

elevated by early-life consumption of dietary sugar with levels correlating negatively

with hippocampal-dependent memory performance.

Many of the genes that were differentially upregulated in the hippocampus by

Parabacteroides enrichment were involved in fat metabolism and transport. Thus, it is

possible that *Parabacteroides* conferred an adaptation in the brain, shifting fuel

preference away from carbohydrate toward lipid-derived ketones. Consistent with this

framework, *Parabacteroides* was previously shown to be upregulated by a ketogenic

diet in which carbohydrate consumption is drastically depleted and fat is used as a

primary fuel source due. Furthermore, enrichment of *Parabacteroides merdae* together

with *Akkermansia muciniphila* was protective against seizures in mice [29]. It is possible

that *P. distasonis* reduces glucose uptake from the gut, enhances glucose clearing from

the blood, and/or alters nutrient utilization in general, an idea further supported by

recent finding that *P. distasonis* is associated with reduced diet- and genetic-induced

obesity and hyperglycemia in mice [48].

The present findings produce several opportunities for further mechanistic

investigation. For example, how do diet-induced alterations in gut bacteria impact the

brain? Several possible mechanisms have been investigated and proposed, such as

impaired gut barrier function and endotoxemia [64,74], perhaps related to altered short

chain fatty acid production [67,75]. Moreover it is well known that the liver is negatively

impacted by excessive fructose consumption [76], and emerging evidence highlights a gut

microbiome-liver axis with crosstalk via bile acids and cytokines [77]. It is possible that

dietary sugar induced microbiota changes alter the hepatic-gut axis, thus contributing to

altered cognitive function. Indeed, an altered bile acid profile due to gut microbiota

produced bile acid secondary metabolites is associated with cognitive dysfunction in

Alzheimer's Disease in humans [78].

Taken together, our collective results provide insight into the neurobiological

mechanisms that link early life unhealthy dietary patters with altered gut microbiota

changes and neurocognitive impairments. Currently probiotics, live microorganisms

intended to confer health benefits, are not regulated with the same rigor as

pharmaceuticals but instead are sold as dietary supplements. Our findings suggest that

gut enrichment with certain species of *Parabacteroides* is potentially harmful for

neurocognitive mnemonic development. These results highlight the importance of

conducting rigorous basic science analyses on the relationship between diet,

microorganisms, brain, and behavior prior to widespread recommendations of bacterial

microbiome interventions for humans.

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The authors declare no competing interests.

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<u>Figure Legends</u>

Figure 1: Early-life sugar consumption negatively impacts hippocampal-

dependent memory function. (A, B) Early life sugar consumption had no effect on

total exploration time on days 1 (familiarization) or day 3 (test day) of the Novel Object

in Context (NOIC) task. (C) The discrimination index was significantly reduced by early

life sugar consumption, indicating impaired hippocampal function (P<.05, n=10,11;

two-tailed, type 2 Student's T-test). (D) There were no differences in exploration index

in the Novel Object Recognition (NOR task) (n=6; two-tailed, type 2 Student's T-test).

(E, F) There were no differences in time spent in the open arm or the number of entries

into the open arm in the Zero Maze task for anxiety-like behavior (n=10; two-tailed, type

2 Student's t-test). (G, H) There were no differences in distance travelled or time spent

in the center arena in the Open Field task (n=8; two-tailed, type 2 Student's T-test). (I)

There were no differences in body fat % during adulthood between rats fed early life

sugar and controls (n=10,11; two-tailed, type 2 Student's T-test). (J-K) Body weights and

total energy intake did not differ between the groups (n=10,11; two- way repeated

measures ANOVA), despite (L) increased kcal consumption from sugar sweetened

beverages in the sugar group. CTL=control, SUG= sugar, PN= post-natal day; data

shown as mean $\pm$ SEM.

Figure 2: Effect of adolescent sugar consumption on the gut microbiome in

rats. (A) Principal component analysis showing separation between fecal microbiota of

rats fed early life sugar or controls (n=11, 10; dark triangles= sugar, open circles=

control). (B) Results from LEfSe analysis showing Linear Discriminate Analysis (LDA)

scores for microbiome analysis of fecal samples of rats fed early life sugar or controls.

(C) A cladogram representing the results from the LEfSe analysis with class as the outer

most taxonomic level and species at the inner most level. Taxa in red are elevated in the

sugar group. (D) Relative % abundance of fecal *Parabacteroides* are significantly

elevated in rats fed early life sugar (P<.05; n=11, 10, two-tailed, type 2 Student's T-test).

(E) Linear regression of log normalized fecal *Parabacteroides* counts against shift from

baseline performance scores in the novel object in context task (NOIC) across all groups

tested (n=21). (E, F) Linear regression of the most abundant fecal *Parabacteroides*

species against shift from baseline performance scores in NOIC across all groups tested

(n=21). *P<0.05; data shown as mean $\pm$ SEM.

Figure 3: Intestinal *Parabacteroides* is enriched by antibiotic treatment

and oral gavage of *P. distasonis* and *P. johnsonii*. A) Schematic showing the

timeline for the experimental design of the *Parabacteroides* transfer experiment. B)

Alpha diversity based on 16S rRNA gene profiling of fecal matter (n=7-8) represented by

observed operational taxonomic units (OTUs) for a given number of sample sequences.

C) Principal coordinates analysis of weighted UniFrac distance based on 16S rRNA gene

profiling of feces for SAL-SAL, ABX-SAL, and ABX-PARA enriched rats (n=7-8). D)

Average taxonomic distributions of bacteria from 16S rRNA gene sequencing data of

feces for SAL-SAL, ABX-SAL, and ABX-PARA enriched animals (n=7-8). E) Relative

abundances of *Parabacteroides* in fecal microbiota for SAL-SAL, ABX-SAL, and ABX-

PARA enriched animals (n=7-8) (ANCOM). PN= post-natal day, IP GTT=

intraperitoneal glucose tolerance test. Data are presented as mean ± S.E.M. * $p < 0.05$,

**$p < 0.01$, ***$p < 0.001$. n.s.=not statistically significant. SAL-SAL= rats treated with

saline, ABX-SAL=rats treated with antibiotics followed by sterile saline gavage, ABX-

PARA= rats treated with antibiotics followed by a 1:1 gavage of *Parabacteroides*

distasonis and *Parabacteroides johnsonii*.

Figure 4: Early-life enrichment with *Parabacteroides* negatively impacts

neurocognitive function. (A, B) Early-life enrichment with a 1:1 ratio of *P. johnsonii*

and *P. distasonis* had no effect on total exploration time in the Novel Object in Context

(NOIC) task. (C) Discrimination index was significantly reduced by enrichment with *P.*

johnsonii and *P. distasonis*, indicating impaired hippocampal function (n=7,8; $F_{(2, 19)}$ =

4.92; P< .05, one-way ANOVA with Tukey's multiple comparison test). (D) There was a

significant reduction in the exploration index in the Novel Object Recognition (NOR

task), indicating impaired perirhinal cortex function (n=7,8; $F_{(2, 19)}$ = 3.61; P< .05, one-

way ANOVA with Tukey's multiple comparison test). (E, F) There were no differences in

time spent or number of entries into the open arm by animals with *P. johnsonii* and *P.*

distasonis enrichment in the Zero Maze task for anxiety-like behavior (n=7,8; one-way

ANOVA). (G, H) There were no differences in distance travelled or time spent in the

center arena in the Open Field task (n=7,8; one-way ANOVA). SAL-SAL=saline-saline

control, ABX-SAL= antibiotics-saline control, ABX-PARA= antibiotics-*P. johnsonii* and

P. distasonis enriched, PN= post-natal day; data shown as mean ± SEM; * *P*<.05.

Figure 5: Effect of early life sugar or targeted *Parabacteroides* enrichment

on hippocampal gene expression. (A) Pathway analyses for differentially expressed

genes (DEGs) at a p-value < 0.01 in hippocampal tissue punches from rats fed early life

sugar compared with controls. Upregulation by sugar is shown in red and

downregulation by sugar in blue. (B) A heatmap depicting DEGs that survived the

Benjamini-Hochberg corrected FDR of P< 0.05 in rats fed early life sugar compared

with controls. Warmer colors (red) signify an increase in gene expression and cool

colors (blue) a reduction in gene expression by treatment (CTL=control, SUG= early life

sugar; n=7/group). (C) A heatmap depicting DEGs that survived the Benjamini-

Hochberg corrected FDR of P< 0.05 in rats with early life *Parabacteroides* enrichment

compared with combined control groups. Warmer colors (red) signify an increase in

gene expression and cool colors (blue) a reduction in gene expression by treatment

(n=7, 14). (D) Pathway analyses for differentially expressed genes (DEGs) at a P-value <

0.01 in rats enriched with *Parabacteroides* compared with combined controls.

Upregulation by *Parabacteroides* transfer is shown in red and downregulation in blue.

Dotted line indicates ±0.25 log2 fold change.

Figure 1

Figure 2

A

(3D PCA plot) CTL (○), SUG (▲); PC 1 (83.5 %), PC 2 (4.6 %), PC 3 (2.5 %)

B

CTL ▨, SUG ■

LDA SCORE (log 10)

- Clostridiaceae
- Gammaproteobacteria
- Enterobacteriales
- Enterobacteriaceae
- Mogibacteriaceae
- 02d06
- Porphyromonadaceae
- Parabacteroides
- C21_c20
- Bromii
- Copri

C

SUG ■

- a: Parabacteroides
- b: Porphyromonadaceae
- c: 02d06
- d: Unclassified
- e: Clostridiaceae
- f: Unclassified
- g: Mogibacteriaceae
- h: Unclassified
- i: Enterobacteriaceae
- j: Enterobacteriales

Gammaproteobacteria

D

Parabacteroides Relative % Abundance

CTL   SUG   *

E

Log10 (*Parabacteroides*)

$R^2= 0.64$, *P*<.0001

NOIC baseline shift

F

Log10 (*P. johnsonii*)

$R^2= 0.50$, *P*=.0004

NOIC baseline shift

G

Log10 (*P. distasonis*)

$R^2= 0.55$, *P*=.0001

NOIC baseline shift

Figure 3

A Experimental Design

Saline: Saline (n=8)
ABX: Saline (n=7)
ABX: Parabacteroides (n=8)

Novel Object in Context

Novel Object Recognition

PN 26
PN 27   PN 34   PN 36   PN 50   PN 55   PN 62   PN 73   PN 83
 1   2   3   4   5   6 7   8 9
                                    PN 60   PN 68   PN 76

1. Habituated to oral gavage
2. Gavage antibiotics every 12 hours
3. *Parabacteroides johnsonii* and *distasonis* (1:1) delivered by oral gavage
4. Animals maintained in sterile housing
5. Novel Object in Context testing
6. Novel Object Recognition testing
7. Zero Maze testing and Open Field testing
8. IP GTT
9. Body composition analyses

B

SAL-SAL
ABX-SAL
ABX-PARA

****
n.s.

Observed OTUs

Sequences per sample (x 1000)

C

PC2 (27.9%)
SAL-SAL
ABX-SAL
ABX-PARA
PC1 (41.3%)

D

Relative Abundance (%)

g_Parabacteroides;s_
g_Lactobacillus;s_
f_S24-7;g_;s_
o_Clostridiales;_;_;_
f_Lachnospiraceae;_;_
f_Lachnospiraceae;g_;s_
g_Bifidobacterium;s_pseudolongum
g_Ruminococcus;s_
o_Clostridiales;f_;g_;s_
f_Ruminococcaceae;g_;s_

SAL-SAL   ABX-SAL   ABX-PARA

E

W statistic = 144
clr 59.99

Parabacteroides Relative % Abundance

SAL-SAL   ABX-SAL   ABX-PARA

Figure 4

Figure 5

Term	Overlap	P.value	Adjusted.P.value	Odds.Ratio	Combined.Score
cAMP signaling pathway	18/211	9.08710002926925e-07	0.000275339130886858	3.922209511	54.56279715
Long-term potentiation	10/67	1.75113958513324e-06	0.000265297647147689	6.862240522	90.96067106
Vascular smooth muscle contraction	14/140	2.31824837751272e-06	0.000234143086128789	4.597701149	59.65378698
Oxytocin signaling pathway	14/154	7.11610557675168e-06	0.000539044997438939	4.179728318	49.54294651
Circadian entrainment	11/99	1.02664310479357e-05	0.000622145721504906	5.108556833	58.68010783
Amphetamine addiction	9/68	1.58699502114579e-05	0.000801432485678624	6.085192698	67.24797055
Calcium signaling pathway	15/189	1.74937542122293e-05	0.000757229646615067	3.648969166	39.96959184
Cholinergic synapse	11/113	3.60773936379843e-05	0.00136643128403866	4.475638287	45.78508194
Axon guidance	14/180	4.14870567165781e-05	0.00139673090945813	3.575989783	36.08219845
Apelin signaling pathway	12/138	4.9577399145753e-05	0.00150219519411632	3.998001	39.62808792
Neurotrophin signaling pathway	11/121	6.78430713999647e-05	0.00186876823947175	4.179728318	40.11834187
Dopaminergic synapse	11/135	0.000181335935857366	0.0045787323803848	3.746275011	32.2747558
Glutamatergic synapse	10/114	0.000194050732212181	0.00452287475848392	4.033071184	34.47223604
Aldosterone synthesis and secretion	9/102	0.0003852601882922	0.00833828271803832	4.056795132	31.89279298
cGMP-PKG signaling pathway	12/172	0.000397324053301256	0.00802594587668537	3.207698476	25.11871164
Inflammatory mediator regulation of TRP channels	10/127	0.000464586599843255	0.00879810873453165	3.620237126	27.78301233
MAPK signaling pathway	16/294	0.000759189930175949	0.0135314440496066	2.502150285	17.97359249
GnRH signaling pathway	8/90	0.000767481845084928	0.0129192777255963	4.086845466	29.31247298
Glioma	7/75	0.0012196493427778	0.0194501974137724	4.291187739	28.79040196
Renin secretion	7/76	0.00131872717084366	0.0199787166382814	4.234724743	28.08083358
Retrograde endocannabinoid signaling	10/150	0.00167349865616307	0.0241461948960672	3.0651341	19.59490832
Neuroactive ligand-receptor interaction	17/348	0.0017106977893189	0.0235609740983472	2.246003435	14.30895981
Serotonergic synapse	9/132	0.0024158894480672	0.0318267174685407	3.134796238	18.88930332
Fc gamma R-mediated phagocytosis	7/87	0.00287625632706458	0.0363127361291903	3.699299775	21.64558595
Regulation of actin cytoskeleton	12/217	0.0029403270949641	0.0356367643913564	2.542507548	14.82087258
Dilated cardiomyopathy (DCM)	7/90	0.00347972133870684	0.0405521371395451	3.575989783	20.24297392
Apoptosis	9/141	0.00375836446668354	0.0421772010127819	2.934702861	16.38670992
Cocaine addiction	5/48	0.00377562901206963	0.040857699666325	4.789272031	26.7202504
Morphine addiction	7/92	0.00393256649864465	0.0410885396237699	3.498250875	19.37493308
Arrhythmogenic right ventricular cardiomyopathy (ARVC)	6/72	0.00476843186679707	0.0481611618546504	3.831417625	20.48175394
Proteoglycans in cancer	11/203	0.00502723467090038	0.0491371646865424	2.491365155	13.18650979
Ras signaling pathway	12/233	0.0051859384481057	0.0491048792559251	2.367914755	12.45947913
response to calcium ion (GO:0051592)	11/80	1.2352727119088e-06	0.00630359664887059	6.32183908	86.00368202
axon guidance (GO:0007411)	15/159	2.11788224048725e-06	0.00540377653660322	4.337453915	56.66924273
nervous system development (GO:0007399)	25/456	2.46003232910435e-05	0.0418451499180649	2.52066949	26.75123758
semaphorin-plexin signaling pathway (GO:0071526)	6/30	3.8991177233796e-05	0.0497429943560153	9.195402299	93.35333482
regulation of cAMP biosynthetic process (GO:0030817)	5/19	4.29910702140572e-05	0.0438766862604667	12.09921355	121.651762
integral component of plasma membrane (GO:0005887)	61/1464	7.0402625056926e-07	0.00031399570775389	1.915708812	27.13879347
dendrite (GO:0030425)	16/216	2.18212117029006e-05	0.00486613020974683	3.405704555	36.55216023
Hypothetical Network for Drug Addiction WP1246	6/31	4.74677094198248e-05	0.00835431685788917	8.898776418	88.59142051

Term	Overlap	P.value	Adjusted.P.value	Odds.Ratio	Combined.Score
Ribosome	25/170	1.8140743921693e-10	5.49664540827297e-08	4.617231508	103.5657751
Valine, leucine and isoleucine degradation	11/56	1.26913532735964e-06	0.000192274002094986	6.167302086	83.73453805
Alzheimer disease	19/175	3.33806655284383e-06	0.00033714472183727	3.408836062	42.98582769
Huntington disease	19/192	1.28962346143454e-05	0.000976889772036665	3.107012036	34.98052859
Parkinson disease	16/144	1.46258452357674e-05	0.000886326221287502	3.488574917	38.83732905
Oxidative phosphorylation	15/134	2.4617539847841 4e-05	0.00124318576231599	3.514609058	37.29721186
Renal cell carcinoma	10/68	5.50407863682206e-05	0.00238247975279583	4.617231508	45.28320287
Hepatocellular carcinoma	16/171	0.000119323973291755	0.00451939548842524	2.937747299	26.53863464
Fatty acid degradation	8/50	0.000166890137681955	0.00561863463529261	5.023547881	43.69569768
Cardiac muscle contraction	10/78	0.000179138855620321	0.00542790732529572	4.025278751	34.7274859
Pathways in cancer	33/535	0.000246569921395531	0.0067918 0562 07689	1.936648132	16.08941113
Non-alcoholic fatty liver disease (NAFLD)	14/151	0.000342927831995519	0.00858927757 88684	2.910996288	23.22390084
Propanoate metabolism	6/31	0.000380221103180121	0.00886207648181358	6.076872436	47.85389755
Thermogenesis	18/231	0.000456347853431227	0.00987667139926156	2.446533059	18.81935665
Colorectal cancer	10/88	0.000483645178879623	0.00976963261336839	3.567860711	27.23761603
Lysine degradation	8/59	0.000536280838895645	0.0101558183865863	4.257243967	32.06067671
Chronic myeloid leukemia	9/76	0.000677809173685032	0.0120809517427391	3.718086425	27.12955585
Acute myeloid leukemia	8/69	0.00153169364217227	0.0257835096432332	3.640252087	23.59386144
Endometrial cancer	7/58	0.00236407898597343	0.0377008385657867	3.789314134	22.91537237
Glyoxylate and dicarboxylate metabolism	5/31	0.00275840767079955	0.0417898762126132	5.064060364	29.84302272
Gastric cancer	12/150	0.00312702923091649	0.0451185646175094	2.51177394	14.48708786
Retrograde endocannabinoid signaling	12/150	0.00312702923091649	0.043067720771259	2.51177394	14.48708786
beta-Alanine metabolism	5/32	0.00318487576286933	0.0419572763543221	4.905808477	28.20517071
Prostate cancer	9/97	0.00377226552917845	0.0476874849308779	2.913139879	16.25172356
cotranslational protein targeting to membrane (GO:0006613)	23/94	1.49568324253231e-14	7.63247158664239e-11	7.682287318	244.5549244
viral transcription (GO:0019083)	25/114	1.65246783633483e-14	4.21627168440831e-11	6.885345231	218.4990049
protein targeting to ER (GO:0045047)	23/98	3.94454541709055e-14	6.70967175447103e-11	7.36872457	227.4272657
SRP-dependent cotranslational protein targeting to membrane (GO:0006614)	22/90	5.73311848802441e-14	7.31402591109714e-11	7.674864818	234.0061039
viral gene expression (GO:0019080)	24/111	7.76259023219601e-14	7.92249959097925e-11	6.788578217	204.9259636
nuclear-transcribed mRNA catabolic process, nonsense-mediated decay (GO:000018	24/113	1.18161750327455e-13	1.00496568653501e-10	6.66842639	198.4971942
nuclear-transcribed mRNA catabolic process (GO:0000956)	27/175	1.07890372161453e-11	7.86520813056991e-09	4.844135456	122.3264849
ncRNA processing (GO:0034470)	27/228	4.67386230344937e-09	2.98133991681276e-06	3.718086425	71.31765701
rRNA metabolic process (GO:0016072)	25/201	6.3835707067627 4e-09	3.6194 8459073447e-06	3.905121176	73.6878333
rRNA processing (GO:0006364)	25/203	7.82676247376835e-09	3.99399689036399e-06	3.866647076	72.17373963
peptide biosynthetic process (GO:0043043)	23/175	8.94006953384337e-09	4.14737953010934e-06	4.126485759	76.47501535
viral process (GO:0016032)	26/221	1.03523973593864e-08	4.40235697707908e-06	3.693785206	67.91411105
mitochondrial ATP synthesis coupled electron transport (GO:0042775)	16/86	1.13438922557321e-08	4.45291401392316e-06	5.841334745	106.864803
ribosome biogenesis (GO:0042254)	26/227	1.81118251672489e-08	6.60176027346223e-06	3.596152117	64.10752778
cellular protein metabolic process (GO:0044267)	40/485	4.37588247153129e-08	1.48867521681495e-05	2.58945767	43.87725333
respiratory electron transport chain (GO:0022904)	16/95	4.96518726560543e-08	1.58358441352403e-05	5.287945138	88.93387612
translation (GO:0006412)	25/233	1.23203616731831e-07	3.69828268342666e-05	3.368795521	53.59560786
gene expression (GO:0010467)	34/412	4.49194120183821e-07	0.000127346533072113	2.591028943	37.86998856
cytoplasmic translation (GO:0002181)	11/55	1.04973492984598e-06	0.000281936702473896	6.279434851	86.44880925
cellular macromolecule biosynthetic process (GO:0034645)	28/368	2.0998332862594 1e-05	0.00535772462989088	2.388915432	25.7311694
glutamate receptor signaling pathway (GO:0007215)	7/37	0.000144044720417093	0.0350028670613536	5.94000594	52.54164983
cytosolic ribosome (GO:0022626)	22/125	6.4024267746916e-11	2.85548234151245e-08	5.525902669	129.7026553
cytosolic part (GO:0044445)	22/160	8.08431374352751e-09	1.80280196480664e-06	4.31711146	80.44220663
polysomal ribosome (GO:0042788)	9/29	1.80391663386915e-07	2.68182272901881e-05	9.743950631	151.3053851
cytosolic large ribosomal subunit (GO:0022625)	13/70	2.74848263799486e-07	3.06455814136427e-05	5.83090379	88.08773562
large ribosomal subunit (GO:0015934)	13/73	4.57645374086965e-07	4.08219673685572e-05	5.591277607	81.61683671
ribosome (GO:0005840)	13/77	8.67324705016003e-07	6.44711364061896e-05	5.300821627	73.98808595
polysome (GO:0005844)	11/64	5.03105411073612e-06	0.000320550019055473	5.396389325	65.83530776
mitochondrial matrix (GO:0005759)	26/309	7.14751780482095e-06	0.000398474117618768	2.641833432	31.30241179
cytosolic small ribosomal subunit (GO:0022627)	9/50	2.48344308134448e-05	0.00123068401586626	5.651491366	59.9243427
small ribosomal subunit (GO:0015935)	9/54	4.70643775513193e-05	0.00209907123878884	5.232862376	52.14021014
focal adhesion (GO:0005925)	26/357	8.48584001310998e-05	0.0034406224053155	2.286628937	21.43606373
mitochondrial inner membrane (GO:0005743)	24/342	0.000273254512433271	0.0101559593787699	2.203310474	18.07839801
mitochondrion (GO:0005739)	53/1027	0.000381856720145723	0.013100622860384	1.620302079	12.75253096
mitochondrial respiratory chain complex I (GO:0005747)	7/52	0.00123936844220466	0.0394827375159486	4.226542688	28.28889835
RNA binding (GO:0003723)	72/1388	2.85108813407164e-05	0.0328160244231646	1.628671863	17.04441708
Cytoplasmic Ribosomal Proteins WP163	23/92	9.02670968051791e-15	1.58870090377115e-12	7.849293564	253.8350743
Fatty Acid Beta Oxidation WP1269	8/34	8.83809769884804e-06	0.000777752597498628	7.387570413	85.9650117
Mitochondrial LC-Fatty Acid Beta-Oxidation WP401	5/16	0.000105233983083863	0.00617372700758661	9.811616954	89.86778136
Electron Transport Chain WP295	11/103	0.000440422390732466	0.0193785851922285	3.35309628	25.911978

1 **Supplemental Figures:**

Figure S1

Figure S1: Effect of early life sugar consumption on food intake and

metabolic measures (A, B) There were no differences in lean mass or in fat mass

between animals fed sugar solutions or control animals (n=10,11; two-tailed, type 2

Student's T-test). (C) Kcals from chow intake were lower throughout the feeding period

in animals fed early life sugar (n=10,11). (D) Results from the intraperitoneal glucose

tolerance test show an elevated area under the curve (AUC) in rodents fed sugar

solutions during early life (n=10,11; two-tailed, type 2 Student's T-test; P<.05).

CTL=control, SUG= sugar, PN= post-natal day; data shown as mean $\pm$ SEM.

Figure S2

Figure S2: Relationship between *Parabacteroides* and behavioral outcomes

in the Novel Object in Context task (NOIC) A) Linear regression of log normalized

fecal *Parabacteroides* counts against shift from baseline performance scores in the

NOIC task in sugar (SUG) and control (CTL) groups (n=10, 11). (B, C) Linear regression

of the most abundant fecal *Parabacteroides* species against shift from baseline

performance scores in NOIC across all groups tested (n=10, 11). *P<0.05; data shown as

mean $\pm$ SEM.

Figure S3

A

B

C

Figure S3: Effect of early life sugar consumption on the rat cecal microbiota

(A) Principal component analysis (PCA) was run using all phylogenic levels (112 normalized taxa abundances) and shows different clustering patterns based on overall cecal microbial profiles. (B) Linear discriminant analysis (LDA) Effect Size (LEfSe), run using the GALAXY platform, identified characteristic features of the cecal microbiota of rats fed a control diet or early life sugar. Relative differences among groups were used to rank the features with the LDA score set at 2. (C) Identified taxa are displayed by scores and on a phylogenic cladogram. CTL=control, SUG= sugar.

Figure S4

33 **Figure S4: Effect of early life sugar consumption on the rat fecal microbiota**.

34 Filtered bacterial abundances by taxonomic levels phylum, class, order, family, genus in

35 fecal samples from rats fed a control diets or early life sugar. Differences in abundances

36 were assessed by Mann-Whitney non-parametric test. * p<0.05, *** p<0.001.

37 CTL=control, SUG= sugar.

Figure S5

40 **Figure S5: Effect of early life sugar consumption on the rat cecal**

41 **microbiota**: Filtered bacterial abundances by taxonomic levels phylum, class, order,

42 family, genus in cecal samples from rats fed a control diets or early life sugar.

43 Differences in abundances were assessed by Mann-Whitney non-parametric test. *

44 $p < 0.05$, *** $p < 0.001$. CTL=control, SUG= sugar.

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47 **Phylogenic taxonomy legend for Figure S4, S5:**
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	Phylum		Class		Order		Family	Genus
						C	Clostridiaceae	Clostridium
						L	Lachnospiraceae	Coprococcus
								Blautia
								Dorea
		C	Clostridia	C	Clostridiales	P	Peptococcaceae	
						Ps	Peptostreptococcaceae	
F	Firmicutes					R	Ruminococcaceae	Oscillospira
								Ruminococcus
				L	Lactobacillales	L	Lactobacillaceae	Lactobacillus
		B	Bacilli	T	Turicibacterales	T	Turicibacteraceae	Turicibacter
				B	Bacillales			
		E	Erysipelotrichi	E	Erysipelotrichales	E	Erysipelotrichaceae	Allobaculum
						S	S24-7	
						B	Bacteroidaceae	Bacteroides
B	Bacteroidetes	B	Bacteroidia	B	Bacteroidales	P	Prevotellaceae	Prevotella
								Paraprevotella
						Po	Porphyromonadaceae	Parabacteroides
V	Verrucomicrobia	V	Verrucomicrobiae	V	Verrucomicrobiales	V	Verrucomicrobiaceae	Akkermansia
		β	Betaproteobacteria	B	Burkholderiales	S	Sutterellaceae	Sutterella
P	Proteobacteria	Δ	Deltaproteobacteria	D	Desulfovibrionales	D	Desulfovibrionaceae	Desulfovibrio
								Bilophila
T	Tenericutes	M	Mollicutes	RF	RF39			
D	Deferribacteres	D	Deferribacteres	D	Deferribacterales	D	Deferribacteraceae	Mucispirillum
A	Actinobacteria	A	Actinobacteria	B	Bifidobacter	B	Bifidobacteriaceae	

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Figure S6

Figure S6: Experimental design, food intake, and metabolic measures for gut *Parabacteroides* enrichment (A) Effect of antibiotic treatment on food intake (B) and body weight (n=7,8). (C) Effect of gut *Parabacteroides* enrichment on body weight at PN 51 prior to the start of behavioral testing (n=7,8; one way ANOVA with Tukey's post hoc test, $F_{(2,20)}$= 8.79; *P<.05) (D) Effect of gut *Parabacteroides* enrichment on body weight (n=7,8; one way ANOVA with Tukey's post hoc test, $F_{(2,19)}$= 5.7; *P<.05) (E) lean mass (n=7,8; one way ANOVA with Tukey's post hoc test, $F_{(2,19)}$= 5.33; *P<.05) (F) and body fat (one way ANOVA, n.s.) at PN 76. (G) Blood glucose levels during an interaperitoneal glucose tolerance test (IP GTT) (n=7,8 one way ANOVA for AUC; n.s.) SAL-SAL=saline-saline control, ABX-SAL= antibiotics-saline control, ABX-PARA= antibiotics-*P. johnsonii* and *P. distasonis* enriched, PN= post-natal day; data shown as mean ± SEM.

Figure S7

Figure S7: Principal component analyses (PCA) of hippocampal gene

expression data to identify outliers (A) PCA identified one control sample (red

arrow) as an outlier when all samples from both sugar and *Parabacteroides* enrichment

experiments were considered. (B) PCA identified one treatment sample (red arrow)

from the *Parabacteroides* experiment as an outlier. After removing the outliers, PCA

for the remaining samples from the sugar treatment experiment (C) and those from the

Parabacteroides enrichment experiments (D).

Figure S8

Figure S8: Comparison of hippocampal gene expression pathways altered by sugar and *Parabacteriodes*. The dopaminergic synapse pathway overlaps in the sugar and *Parabacteroides* transfer experiments. Red= upregulated by sugar, dark blue= downregulated by sugar, orange= upregulated by *Parabacteroides*, light blue= downregulated by *Parabacteroides*. * $P < 0.05$ and ** $P < 0.01$. Dotted line indicated ± 0.25 log2 fold change.