

1 **Evidence for distinct isotopic composition of sap and tissue**
2 **water in tree stems: consequences for plant water source**
3 **identification.**

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14 **Classification**

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18 **Author Contributions**

19 A.B., J.O. and R.B. designed research; A.B. and N.D. performed field sampling; R.B., A.B. and
20 P.M. performed sap water extractions; B.F. performed bulk stem water extractions; N.D., P.M.,
21 J.C.D, J.O. and L.W. performed stable isotope analyses; A.B. and J.O performed the data
22 analysis and wrote the manuscript, with contributions from all authors.

23

24 This PDF file includes:

25 Main Text

26 Figures 1 to 4

27 Figure S1 and Table S1

28 **Abstract**

29 For decades, theory has upheld that plants do not fractionate water isotopes as they move across
30 the soil-root interface or along plant stems. This theory is now being challenged by several recent
31 studies reporting that the water held in woody stems has an isotopic composition that cannot be
32 attributed to any potential water source. Isotopic offsets between stem and source water still need
33 to be explained, as they prevent identifying unambiguously tree water's origin from water isotope
34 measurements. Here we show that isotopic offsets between stem and source water can be
35 explained by micrometer-scale water isotope heterogeneity within woody stems and soil micro-
36 pores. Using a novel technique to extract sap water in xylem conduits separately from the water
37 held in other xylem tissues, we show that these non-conductive xylem tissues are more depleted
38 in deuterium than sap water. We also report that, in cut stems and well-watered potted plants, the
39 isotopic composition of sap water reflects well that of irrigation water, demonstrating that no
40 isotopic fractionation occurs during root water uptake or the sap water extraction process.
41 Previous studies showed that isotopic heterogeneity also exists in soils at the pore scale where
42 water adsorbed onto soil particles is more depleted than capillary/mobile soil water. Data
43 collected at a beech (*Fagus sylvatica*) forest indicate that sap water matches best the
44 capillary/mobile soil water from deep soil horizons, indicating that micrometer-scale water isotope
45 heterogeneity in soils and stems must be accounted for to unambiguously identify where trees
46 obtain their water within catchments.

47 **Significance Statement**

48 Forests are prime regulators of the water cycle over land. They return, via transpiration, a large
49 fraction of precipitation back to the atmosphere, influence surface runoff, groundwater recharge
50 or stream flow, and enhance the recycling of atmospheric moisture inland from the ocean. The
51 isotopic composition of water in woody stems can provide unique information on the role forests
52 play in the water cycle only if it can be unambiguously related to the isotopic composition of
53 source water. Here, we report a previously overlooked isotopic fractionation of stem water
54 whereby non-conductive tissues are more depleted in deuterium than sap water, and propose a
55 new technique to extract sap water separately from bulk stem water to unambiguously identify
56 plant water sources.

57

58 **Main Text**

59 **Introduction**

60 **Bulk stem water is not only sap water** | In the xylem of woody plants, sap water flows from
61 roots to leaves through the apoplastic network of vessels or tracheids (Pickard, 1981). Based on
62 early evidence in hydroponic systems that no isotopic fractionation occurs during root water
63 uptake (Washburn & Smith, 1934; Zimmermann *et al.*, 1967), the isotopic composition of bulk
64 stem water is often considered to reflect that of plant source water, at least in plants with
65 suberized stems that prevent bulk stem water evaporative loss and isotopic enrichment (Dawson
66 & Ehleringer, 1993). However bulk stem water is not only sap water. Living parenchyma and
67 phloem cells ('symplastic' water), as well as the intercellular spaces between xylem cells
68 ('capillary' water) also contain water, and potentially provide some to the xylem conduits (Tyree
69 and Yang 1990; Jupa *et al.* 2016). Additionally, a relatively large amount of water is also present
70 within cell walls ('fiber' water), bound via hydrogen bonds to cellulose, hemi-cellulose and, to a
71 lesser extent, lignin (Berry & Roderick, 2005).

72 **Bulk stem water is not a good indicator of plant source water** | Current techniques to collect
73 water from woody stems do not allow the separation of these four different water pools. Most
74 commonly water is extracted from excised stems placed in a vacuum line and heated to release
75 water vapor into the line where after it is collected in a cryogenic trap. With the conditions of
76 pressure (<10 Pa) and temperature (typically 60-80°C) used, this technique collects all of the
77 stem water pools. There is however growing evidence that total (bulk) stem water collected this
78 way is not a good indicator of plant source water. If this was the case, the isotopic composition of
79 bulk stem water should reflect a weighted mean of the isotopic composition of plant water
80 sources, most often soil water from different horizons. However, the isotopic composition of bulk
81 stem water is more often depleted in ^2H than any potential water source (Zhao *et al.*, 2016;
82 Barbeta *et al.*, 2019, 2020; Poca *et al.*, 2019). This is illustrated in Figs. 1a-b where bulk stem
83 water from a riparian *F. sylvatica* forest displays $\delta^2\text{H}$ values that are more negative than the $\delta^2\text{H}$
84 values of soil water from top and deep horizons, or ground and river water. Similar offsets from
85 the same riparian forest have been reported previously for an entire growing season and also
86 shown to occur in another species (*Quercus robur*) and trees of different stature (Barbeta *et al.*,
87 2019). More recently, we have shown that such $\delta^2\text{H}$ offsets between bulk stem and soil water can
88 also be found in potted *F. sylvatica* saplings grown in semi-controlled glasshouse environments
89 (Barbeta *et al.*, 2020).

90 **Initial hypotheses to explain isotopic offsets between soil and stem water** | Many other
91 studies have reported isotopic offsets of similar magnitude between soil and stem water, and
92 several hypotheses have been advanced, and often rejected by follow-up studies. Because it was

93 initially thought that such offsets were specific to halophytic and xerophytic plants, a first
94 hypothesis proposed that the suberized root endodermis and developed Casparian strip of these
95 plants fractionated water isotopes during uptake because water was forced to flow through the
96 symplastic route (the continuum of communicating cytoplasm connected by plasmodesmata or
97 aquaporins), expected to cause a more pronounced isotopic fractionation than if water moved
98 through roots via the apoplast (Lin & Sternberg, 1993; Ellsworth & Williams, 2007; Poca *et al.*,
99 2019). This first hypothesis has been challenged by several studies reporting soil-root isotopic
100 offsets in plant species where root water uptake through the apoplastic route should not be
101 impeded (Zhao *et al.*, 2016; Vargas *et al.*, 2017; Barbeta *et al.* 2019) and finally rejected by a
102 recent experiment with *F. sylvatica* saplings demonstrating no fractionation by root water uptake
103 despite strong soil-stem water isotope offsets (Barbeta *et al.*, 2020).

104 An alternative hypothesis was proposed in a study of potted *Persea americana* saplings. Because
105 soil-stem isotopic offsets were observed for both ^2H and ^{18}O , and "with a slope close to 8" as for
106 liquid-vapor isotopic equilibration, it was suggested that soil water evaporation, followed by vapor
107 transport and condensation on the root tips may have been responsible for the observed isotopic
108 offsets (Vargas *et al.*, 2017). We have argued recently that, as long as the condensed water at
109 the root tip stays in thermodynamic and isotopic equilibrium with water vapor in soil pores, such a
110 chain of reactions cannot create any soil-stem isotopic offset of several per mil amplitude
111 (Barbeta *et al.*, 2020). This should be the case in most, if not all, situations, including those in the
112 experiment on *P. Americana* that led to the formulation of the hypothesis. Furthermore, the
113 proposed chain of reactions and associated isotopic fractionations cannot explain why large soil-
114 stem isotopic offsets are found even in well-watered situations where liquid-vapor isotopic
115 equilibration are most expected (Barbeta *et al.*, 2020).

116 **A recent hypothesis to explain isotopic offsets between soil and stem water** | Another
117 hypothesis was proposed recently that bulk stem water has an isotopic composition that differs
118 significantly from that of sap (and thus source) water. Support for this hypothesis was obtained by
119 Zhao *et al.* (2016) who took advantage of the positive root pressure conditions experienced by
120 some riparian tree species to sample sap water using a syringe inserted in the sapwood of such
121 trees. They found that water collected this way had an isotopic composition that differed markedly
122 from bulk stem water but coincided well with that of groundwater, the only plausible water source
123 for these riparian desert trees (Zhao *et al.*, 2016). Isotope heterogeneity in stem water pools (i.e.
124 between long-transport conduits and other tissues) was also proposed recently as the most
125 plausible hypothesis to explain isotopic offsets between soil and stem water in potted *F. sylvatica*
126 saplings (Barbeta *et al.*, 2020). However, apart from the study by Zhao *et al.* (2016), direct
127 evidence for an isotopic difference between sap water in long-transport conduits and water in
128 other stem tissues is still lacking, and the mechanism behind it is still not known.

129 **A new technique to extract sap water separately from the water in other stem tissues |**

130 Unfortunately, the sap water collection technique used by Zhao and colleagues is only applicable
131 to tree species that experience positive root pressure. Besides, it has not been completely proven
132 that this technique allowed the collection of sap water only. Here, we used a flow-rotor centrifuge
133 originally designed to study the hydraulic embolism resistance of woody stems (Cochard, 2002)
134 and later improved with a custom-made water collector (Pivovarovoff *et al.*, 2016; Peng *et al.*,
135 2019). Using staining methods, it was recently shown that this particular centrifuge technique,
136 hereafter called the "cavitron" technique, should mainly extract sap water from xylem conduits
137 (Peng *et al.*, 2019). We therefore applied this sap water extraction technique on cut branches of
138 adult trees over an entire growing season. We also applied the technique to branches that had
139 been refilled with water of known isotopic composition and to stems of potted saplings with known
140 irrigation water.

141 **Results**

142 **Testing the cavitron technique to extract sap water on cut branches from the field |** The
143 water extracted with the "cavitron" technique (denoted 'sap water' from hereon) from cut branches
144 of *F. sylvatica*, *Q. robur* and *P. pinaster* collected from the field (i.e. 'pre-label') fell on the local
145 meteoric water line (LMWL; the regression line between $\delta^{18}\text{O}$ and $\delta^2\text{H}$ of local rainfall water)
146 (Fig. 1c). Bulk stem water $\delta^2\text{H}$ from these 'pre-label' branches was more depleted than sap water,
147 by 16‰ on average ($P < 0.0001$) while differences in $\delta^{18}\text{O}$ were not significant ($P = 0.075$). To
148 verify the absence of fractionation during centrifugation we flushed the then-embolized stems with
149 labelled water of a known isotopic composition and re-extracted sap water from the stems with
150 the cavitron technique (see Methods). The $\delta^{18}\text{O}$ and $\delta^2\text{H}$ of sap water re-extracted after flushing
151 (i.e. 'post-label') was not significantly different from those of the label water (Fig. 1c). Those
152 labelled sap water samples that were slightly isotopically different from the label fell on a mixing
153 line between pre-label sap water values and the labeled water, possibly caused by an incomplete
154 replacement of the former. These results were observed on three tree species and no statistical
155 difference ($P > 0.05$) in the isotopic composition of sap or bulk stem water pools were found
156 amongst the species.

157 Water from fresh samples was extracted at two different rotation speeds in order to distinguish
158 between water released from open conduits and intercellular spaces (capillary water extracted at
159 less than -2 MPa), and water from intact vessels and tracheids (cavitation water extracted
160 between -2 and -6 MPa when xylem conduits embolized). The threshold of -2 MPa was chosen
161 according to dehydration isotherms previously described for *F. sylvatica* branches (Jupa *et al.*,
162 2016). In some samples, extractions at -2 MPa did not yield enough water for stable isotope
163 analysis. For all the other samples, there were no significant differences in $\delta^{18}\text{O}$ or $\delta^2\text{H}$ between

164 water extracted at -2 MPa and -6 MPa ($P = 0.20$ for $\delta^{18}\text{O}$ and $P = 0.54$ for $\delta^2\text{H}$), indicating that the
165 two water pools are well connected.

166 **Testing the cavitron technique to extract sap water on potted plants** | To verify that the
167 water extracted with the cavitron technique was a good indicator of plant source water (and thus
168 sap water) we also performed experiments on potted *F. sylvatica* and *Q. robur* saplings irrigated
169 daily with tap water for 18 days, with the exception of a subset of 3 plants that we switched
170 irrigation from tap to label water for the last 3 days before sampling (see Methods). Results from
171 this experiment showed that, for the two species, the isotope composition of sap water extracted
172 with the cavitron technique (from the main stems of the saplings) matched very closely that of
173 irrigation water, with some small variations (Fig. 1d). In tap-fed plants, the small variations in sap
174 water were aligned along what resembles an evaporation line originating from tap water. In label-
175 fed plants, the narrow distribution of sap water again followed a mixing line between new label
176 water and old tap water (Fig. 1d), consistent with observations on post-label cut branches from
177 the field (Fig. 1c).

178 **Tissue and sap water contents** | In these potted saplings, the water remaining in the stem after
179 centrifugation (denoted 'tissue' water from hereon) represented the majority of total stem water
180 content (95% on average, or 0.37 ± 0.01 g gDW⁻¹ out of 0.39 ± 0.01 g gDW⁻¹). In the field, the tissue
181 water of branches from adult trees also represented a large proportion of total stem water content
182 ($78 \pm 5.6\%$ on average, ranging from 70% to 92%, see also Fig. S1). Bulk stem water contents
183 decreased mostly in spring and early summer (Fig. 2a). Tissue water content followed the same
184 pattern and remained close to the range of values expected for the fiber saturation point of *F.*
185 *sylvatica* wood (indicated by the hatched area in Fig. 2a) most of the summer, and recovered to
186 spring levels only after leaf fall in November. Precipitation during spring and early summer 2018
187 was above average, and only a relatively mild drought was observed in late summer. This mild
188 drought produced a progressive depletion of soil moisture in the upper soil (top 10 cm), while soil
189 moisture content in deeper soil layers remained relatively stable, even at the peak of drought in
190 September (Fig. 2b). Soil moisture at both depths started to increase to winter levels after the first
191 autumn rains in October.

192 **Isotopic composition of sap and tissue water in the field** | Over the growing season, there
193 were notable differences in the isotopic composition of bulk stem water, sap water and tissue
194 water of *F. sylvatica* branches. In the dual isotope space, sap water was always close to the
195 LMWL, whereas the $\delta^2\text{H}$ of tissue water was more negative than that of rain, stream water,
196 ground water, or bulk soil water (Fig. 1e-f and Fig. 3). Bulk stem water exhibited intermediate $\delta^2\text{H}$
197 values between sap and tissue water, suggesting that it represents a mixture of both pools. Sap
198 water was always enriched in $\delta^2\text{H}$ over bulk stem water (+16.6‰, $P < 0.0001$), whereas tissue
199 water was always depleted in $\delta^2\text{H}$ over bulk stem water, but to a lesser extent (-8.8‰,

200 $P < 0.0001$). This latter result is expected by isotopic mass balance, because tissue water
201 constitutes a larger proportion of total bulk water (Fig. 2a). Unlike $\delta^2\text{H}$, the $\delta^{18}\text{O}$ of sap and tissue
202 water was significantly more enriched than that of bulk stem water ($+1.1\text{‰}$, $P < 0.0001$ and
203 $+0.4\text{‰}$, $P < 0.001$, respectively). However, when uncertainties were accounted for, the tissue-to-
204 bulk water content ratio deduced from the combined $\delta^2\text{H}$ and $\delta^{18}\text{O}$ isotopic mass balance was
205 always consistent with the tissue-to-bulk water content ratio measured gravimetrically (Fig. S1).

206 **Plant water sources** | The fact that tissue water content is always close to the fiber saturation
207 point (Fig. 2a) is an indication that fiber-bound water must represent a large part of this stem
208 water pool. It is therefore not surprising to observe strong hydrogen isotope effects on this water
209 pool compared to other stem water pools, knowing that fiber-bound water is attached to cell walls
210 through hydrogen bonds (Berry & Roderick, 2005). Similar surface effects have also been found
211 for water films adsorbed onto mineral or organic surfaces (Chen *et al.*, 2016; Lin & Horita, 2016;
212 Lin *et al.*, 2018). These studies imply that the isotopic composition of soil water accessible to
213 plants should differ from that of bulk soil water. Chen and colleagues proposed empirical
214 formulations to quantify the isotopic offset between bulk soil water and 'unbound' soil water, that
215 is, soil water not adsorbed onto soil particles and more likely taken up by roots (see Methods).
216 We applied this formulation to estimate the isotope composition of 'unbound' soil water from that
217 of bulk soil water.

218 We found that unbound water in the deep soil layer had an isotopic composition that resembled
219 that of rain, as it plotted on the LMWL (Fig. 1e-f and Fig. 3). A similar result had been observed in
220 a soil pasture in Germany (Chen *et al.*, 2016). Unbound topsoil water was more variable,
221 following similar seasonal variations as bulk topsoil water. More interestingly, the soil evaporation
222 line exhibited by bulk soil water (Fig. 1a-b) was still present for unbound soil water and now
223 overlapped with sap water, while bulk stem water was taken even further away from it (Fig. 1e-f).
224 Indeed, for each field campaign, bulk stem water $\delta^{18}\text{O}$ and $\delta^2\text{H}$ values rarely overlapped with
225 those of 'unbound' soil water (Fig. 4). In contrast, for both $\delta^2\text{H}$ and $\delta^{18}\text{O}$, sap water followed more
226 closely variations in unbound water from deep soil layers. On a few rare occasions the isotopic
227 composition of sap water became more enriched than top and deep soil water: at the beginning of
228 July (day 192), after a few days of heavy rains ($> 35 \text{ mm d}^{-1}$) that depleted top soil water below
229 that of deep soil water, and at the end of the growing season, just before and after leaf fall (days
230 296 and 326). In both situations, sap water $\delta^2\text{H}$ and $\delta^{18}\text{O}$ remained close to the values they had
231 at the previous campaign (Fig. 4). In the former case this is consistent with the idea that the
232 heavy rains in July displaced the relatively enriched unbound top soil water (Fig. 2b) to deeper
233 intermediate horizons (located between the top and bottom sampling depths where it was still
234 accessible to trees). This explanation is strongly supported by the enrichment of unbound water
235 in the deepest soil layers in the subsequent sampling date. In contrast, the latter case is most

236 likely caused by a reduction of transpiration accompanying leaf senescence that resulted in a
237 slower isotopic turnover of sap water at the end of the season. At other dates over the growing
238 season, our results indicate that trees mostly accessed water from deep soil layers (Fig. 4).

239 The isotopic stability of sap water and bulk stem water over the growing season is quite
240 remarkable (Fig. 4) and is an indication that the depth of root water uptake did not suffer strong
241 shifts over the growing season. Hence topsoil water, whose isotopic composition varies strongly
242 over time and space, is unlikely a significant source of water for these riparian *F. sylvatica* trees.
243 This isotopic stability of sap and bulk stem water pools also implies that the origin of leaf water
244 should be temporally conservative as well. In these conditions, a linear regression in the dual
245 isotope space of all the measured leaf water isotope data can be interpreted as a 'growing
246 season' leaf evaporation line, whose intersection with the LMWL should correspond
247 approximately to the source of leaf water. When performing such a regression, sap water is found
248 as the most likely source of leaf water, in contrast to bulk stem water or tissue water that are too
249 depleted in deuterium (Fig. 3).

250 Discussion

251 **Which stem water pool is extracted with the cavitron technique?** | The isotopic difference
252 between sap water and bulk stem water (16.6‰ in $\delta^2\text{H}$) is of similar magnitude to the soil-stem
253 isotopic offsets previously reported in glasshouse and field studies (Vargas *et al.*, 2017; Barbeta
254 *et al.*, 2019, 2020; Poca *et al.*, 2019). Thus our findings support the idea that isotopic
255 compartmentalization within woody stems underpins these observed soil-stem isotopic offsets,
256 complicating the identification of plant water sources. But can we be sure that water collected with
257 the cavitron apparatus is more representative of the water being taken up by roots and transpired
258 by leaves as opposed to bulk stem water obtained by cryogenic vacuum distillation? Three lines
259 of evidence support this assertion.

260 Firstly, water extracted with the cavitron apparatus overlapped in the dual isotope space with
261 unbound soil water from the deep horizons (Figs. 3-4), after accounting for isotopic fractionation
262 processes occurring at the soil pore level. Unconfined soil water, also referred to as mobile soil
263 water, is the soil water pool that is more likely to be accessed by roots (Bowling *et al.*, 2017) and
264 thus, its isotopic composition should be similar to that of sap water when it is available. Secondly,
265 the growing-season average leaf water evaporative enrichment line had its origin in 'cavitron-
266 based' sap water values, whereas both bulk stem water and tissue water were too depleted in ^2H
267 to be identified as the source of water for the leaves (Fig. 4). Thirdly, water extracted with the
268 cavitron apparatus from potted saplings coincided well with irrigation water for both tap- and
269 label-fed saplings (Fig. 1d). Small deviations between irrigation and 'cavitron-based' sap water
270 could be explained by a slight evaporation enrichment of the cut stem after sampling (for tap-fed

271 plants) and mixing of old and new sap water (for label-fed plants). In any case, the deviation from
272 irrigation water was much smaller than the offset between sap and bulk stem water,
273 demonstrating that the cavitron technique was suitable to characterize the isotopic composition of
274 sap water separately from that of bulk stem water.

275 The fact that the water collected with the cavitron technique has an isotopic composition that
276 matches that of sap water does not necessarily mean that the collected water is *only* sap water. It
277 is generally thought that, during centrifugation, a cut branch would first release capillary water
278 and water from open or large vessels, then from elastic living tissues and finally from smaller
279 vessels and tracheids (Tyree & Yang, 1990). Following this principle, as most of the smaller
280 conduits from *F. sylvatica* branches are embolized at -6 MPa (Stojnić et al., 2017), the water from
281 living cells should have also been extracted alongside sap water from capillaries, vessels and
282 tracheids. However if it were the case, we would expect to have co-extracted large amounts of
283 organic compounds that would have affected the performance of the water isotope determination
284 (Martín-Gómez et al., 2015), but this was not the case. In fact, recent studies using X-ray
285 computed microtomography (microCT) imaging show that water held in fibers and living cells
286 surrounding the conduits is released only after severe cavitation (e.g. Knipfer et al., 2019). This
287 pattern has been observed in all microCT studies we are aware of, encompassing 13 woody
288 species, on either intact plants (Cochard et al., 2015; Knipfer et al., 2015; Charrier et al., 2016;
289 Choat et al., 2016; Li et al., 2020) or cut samples (Dalla-salda et al., 2014; Torres-Ruiz et al.,
290 2015; Knipfer et al., 2019). This implies that the water extracted with the cavitron apparatus is
291 mainly drawn from intercellular spaces and xylem conduits (our results on water extraction at two
292 different rotation speeds indicating that they are hydraulically connected), leaving behind a large
293 part of symplastic water from living cells (mainly parenchyma) and water within cell walls. The fact
294 that the stem water content after centrifugation always remains close to the fiber saturation point
295 (Fig. 2) is not in contradiction with the idea that symplastic water from living cells is still present.
296 The fiber saturation point is usually measured on dead wood samples (i.e. without viable cells)
297 but also under an atmosphere saturated in water vapor (usually >99% relative humidity, see
298 Berry & Roderick, 2005). In our study, stem water contents were measured in room (and thus
299 relatively dry) air. In this situation cell walls should not be saturated with water, while living cells
300 should still contain some.

301 If a significant part of the 'tissue' water left in the sample after cavitation extraction is made up of
302 water held in living parenchyma cells, surface isotopic effects during adsorption of water onto
303 cellulosic fibers or other hydrophilic organic substances (Chen et al. 2016) may not be the only
304 cause for the lower $\delta^2\text{H}$ of 'tissue' water compared to sap water. In particular, the elastic fraction
305 of symplastic water that continuously exchanges with xylem conduits may as well contribute to
306 the overall isotopic depletion of tissue water compared to sap water, assuming that this water

307 exchange through aquaporins (Pfautsch *et al.*, 2015; Secchi *et al.*, 2017) is a mass dependent
308 fractionating process favoring the light isotope as previously postulated (Zhao *et al.*, 2016; Poca
309 *et al.*, 2019). Additionally, symplastic water initially stored during cell formation, division and
310 expansion could also be depleted in $\delta^2\text{H}$ compared to sap water. In poplar, it has been observed
311 that living fibers adjacent to the cambial region exhibit a high expression of aquaporins (Almeida-
312 Rodriguez & Hacke, 2012). It is thus plausible that the origin of the lower $\delta^2\text{H}$ in tissue water is
313 caused during the channeling of water through aquaporins during cell formation. However, there
314 is only indirect evidence that aquaporin-mediated transport may be a fractionating process
315 (Mamonov *et al.*, 2007). Further studies are required to test this hypothesis, which could be useful
316 to understand and trace water movement within the xylem matrix. In contrast, surface isotope
317 effects on water adsorbed to cellulosic fibers have already been demonstrated (Richard *et al.*,
318 2007; Oerter *et al.*, 2014; Chen *et al.*, 2016) and are currently the most plausible explanation for
319 water isotopic heterogeneity in woody stems.

320 Regardless of which process causes the isotopic depletion of tissue water compared to sap
321 water, our labeling experiment demonstrated that it was possible to use the cavitron apparatus to
322 extract sap water without isotopic fractionation (Fig. 1c-d), and without co-extracting large
323 amounts of organic compounds. Therefore, the flow-rotor centrifuge-based extraction of sap
324 water overcomes current methodological limitations in the application of stable isotopes to
325 address several important questions in ecohydrology (Zhao *et al.*, 2016; Barbeta *et al.*, 2019,
326 2020; Oerter & Bowen, 2019).

327 **Implications of stem water isotopic heterogeneity for plant water source identification |**
328 The isotopic composition of bulk stem water has been extensively used to trace water fluxes in
329 the soil-plant-atmosphere continuum and thus has been instrumental for elaborating hydrological
330 and ecological theory of plant water use. Our results demonstrate that the $\delta^2\text{H}$ of bulk stem water
331 is different from the $\delta^2\text{H}$ of water in the transpiration stream. In this respect, the analysis of the
332 isotopic composition of sap may have led to significantly different conclusions in previous studies
333 attributing plant water sources. For example, it is likely that isotope-based estimations of plant
334 groundwater use (Barbeta & Peñuelas, 2017; Evaristo & McDonnell, 2017) would be slightly
335 smaller if true sap water had been used instead of bulk stem water. Indeed, the soil-stem water
336 offset may cause commonly applied isotope mixing models to underestimate the contribution of
337 soil water to plant water use, whilst overestimating the contribution of isotopically-depleted ground
338 water. Also, the isotopic differences between meteoric and runoff water and bulk stem water at
339 the origin of the two water worlds hypothesis (Brooks *et al.*, 2010; McDonnell, 2014) may have
340 been much smaller if sap water had been used instead of bulk stem water, because its isotopic
341 composition is much closer to that of the meteoric water line (Fig. 1 and 3) and thus to stream
342 and ground water. The basis for the conceptual separation of belowground water pools into green

343 water (accessed by plants) and blue water (contributing to groundwater and runoff) now requires
344 revisiting. In particular, studies relying solely on $\delta^2\text{H}$ to assess the origin of plant water (e.g. Allen
345 *et al.*, 2019) may be especially sensitive to the effects of within-plant isotopic heterogeneities.

346 It is only recently that soil-stem water isotopic offsets have been reported in plants that are not
347 halophytes or xerophytes (Vargas *et al.*, 2017; Barbeta *et al.*, 2019; Oerter & Bowen, 2019;
348 Barbeta *et al.*, 2020). In a previous study on *F. sylvatica* saplings, it was shown that such isotopic
349 offsets could not be attributed to isotopic fractionation during root water uptake (Barbeta *et al.*,
350 2020). Instead, and consistent with previous studies (White *et al.*, 1985; Yakir *et al.*, 1994; Zhao
351 *et al.*, 2016), it was suspected that within-stem isotopic heterogeneities were responsible for the
352 isotopic differences between soil water and bulk stem water. Here, by applying for the first time
353 'cavitron-based' sap water extractions, isotopic differences between sap water and other xylem
354 tissues is confirmed in both controlled and field settings. This key result should lay the
355 foundations for the development of new paradigms in isotope ecohydrology.

356 **Materials and Methods**

357 **Field site** | The study site was a mixed riparian forest on the karstic canyon formed by the Ciron,
358 a tributary of the Garonne river in SW France (44°23 N, 0°18 W, 60 m a.s.l.). Soil texture ranges
359 from coarse sand at the surface to loamy coarse sand in the deeper horizons, where the
360 presence of limestone rocks weathered to various degrees creates a distinguishable carbonate-
361 rich C horizon (Table S1). This riparian forest is dominated by deciduous species including *F.*
362 *sylvatica* and *Q. robur*. The site has a temperate oceanic climate (Cfb in the Köppen-Geiger
363 classification). Daily meteorological data was available from a weather station located at about
364 20 km from the studied site, and long-term (1897-present) monthly temperature and precipitation
365 data was also available from another weather station located 16 km away from the studied area.
366 Over the period 1897-2015, the mean annual temperature was 12.9°C and the mean annual
367 precipitation was 813 mm y^{-1} , distributed rather evenly over the seasons.

368 **Stem, soil and water sampling** | For the present study, we selected one of the plots sampled in
369 a previous study (Barbeta *et al.*, 2019), in which a more detailed description of the plots is
370 available. In 2018, we conducted sampling campaigns each month over the entire growing
371 season. Five dominant *F. sylvatica* trees were chosen for collecting different stem water pools.
372 From long (>1m length), relatively straight branches, a sub-section, a few cm in length, was cut
373 and used for bulk stem water. After removing the bark and phloem in the field, the sub-section
374 was immediately placed in an air-tight Exetainer® sealed with Parafilm® and kept in a cool box
375 until storage in the lab at 4°C. Leaves belonging to that sub-branch were also collected. The
376 central stem of each branch was re-cut to a segment of ca. 50 cm in length and, without peeling
377 off the bark, the open cuts were covered with Parafilm®. These longer stem segments were

378 sealed in plastic bags and also stored at 4°C once in the lab to minimize stem evaporation. Sap
379 water was always extracted from those longer stems within 24 hours from their collection in the
380 field. On fewer occasions, the same sampling procedure was used on *Q. robur* and *P. pinaster*
381 branches, to test the novel extraction method (see below). Additionally, for each species, a
382 subset of five of these stem samples have been flushed with isotopically labelled water ($\delta^{18}\text{O} =$
383 $2.9 \pm 0.2 \text{ ‰}$; $\delta^2\text{H} = 8.5 \pm 0.6 \text{ ‰}$) during at least 2h at a pressure of 1.8bar for vessel-bearing
384 species (*F. sylvatica* and *Q. robur*) and during 18h at 0.1 bar for tracheid-bearing species (*P.*
385 *pinaster*).

386 In addition to plant material, three soil cores amongst the sampled trees were extracted with a soil
387 auger. Each soil core was split into topsoil (0-10 cm) and deep soil (from 70-80 to 110-120 cm
388 depending on the depth of the bedrock). Soil samples were placed in 20 mL vials with positive
389 insert screw-top caps, sealed with Parafilm® and kept in a cool box until they were stored in the
390 lab at 4°C.

391 Samples of stream water, groundwater (from a well located ca. 50 m from the river) and fog and
392 rain water (from collectors installed in a small open area about 100 m away from the sampling
393 plot) were also collected in each campaign. Details on the rain collector can be found in a
394 previous paper (Barbeta *et al.*, 2019).

395 **Experiment on potted plants** | In order to further test the proposed methodology to extract sap
396 water from woody stems, we also grew potted saplings of *Fagus sylvatica* and *Quercus robur*.
397 During 18 days, 7-10L pots with 1-1.5 m height saplings were placed into a climate-controlled
398 growth chamber with 16-8 h day-night cycle (photosynthetically active radiation: $700 \mu\text{mol m}^{-2} \text{ s}^{-1}$;
399 day temperature; 24°C; night temperature; 22°C; relative humidity: 40-50%). Each pot was placed
400 on automated balances to monitor water losses and irrigated daily with tap water ($\delta^{18}\text{O} = -$
401 $38.19 \pm 0.32 \text{ ‰}$; $\delta^2\text{H} = -6.43 \pm 0.10 \text{ ‰}$) until field capacity. We covered the soil with aluminum foil to
402 prevent soil evaporation and isotopic heterogeneity with depth. During the last three days of the
403 experiment, we switched irrigation water from tap to label water ($\delta^{18}\text{O} = 2.91 \pm 0.01 \text{ ‰}$;
404 $\delta^2\text{H} = 5.72 \pm 0.08 \text{ ‰}$) for 3 of the 7 saplings (label-fed plants), and increased the irrigation rate
405 (3 L d^{-1}) to ensure near-complete replacement of soil water with label water. The other 4 pots were
406 irrigated at the same rate but with tap water (tap-fed plants). Transpiration rate ranged from 0.18
407 to 0.32 L d^{-1} and was similar in both tap-fed and label-fed plants. On the last day of the irrigation
408 period, at midday, trees were harvested and the main stem was cut and prepared for immediate
409 centrifugation and cryogenic extraction, following the same procedure as that used for branches
410 from the field (see above). Soil gravimetric water content was also measured and averaged
411 around 0.7 g g^{-1} with no differences between treatments or species.

412 **Water extraction methods** | Bulk stem and soil water was extracted from fresh samples using a
413 vacuum line (<10 Pa). Once in the vacuum line, samples were heated to 80°C for 2-3h and the
414 evaporated vapors were collected in a cold trap. A detailed description of the design and
415 methodology can be found in our previous studies (Barbeta *et al.*, 2019, 2020). Stem 'tissue'
416 water was extracted using the same methodology from sub-sections of the longer branches used
417 to extract sap water (see below). Gravimetric water content and extraction yields were assessed
418 for each soil and plant sample by weighing the sample before and after water extraction. We also
419 checked that the water extraction had been completed by oven drying all samples at 105°C for
420 24h and re-weighing them.

421 Sap water was extracted using a flow-rotor centrifuge originally designed to study the hydraulic
422 embolism resistance of woody stems (Cochard, 2002) and equipped with custom-made water
423 collectors. These collectors were made of a plastic reservoir fitted with a watertight resin lid,
424 enabling the insertion of the woody stem in the reservoir whilst preventing the extracted water
425 from escaping the bottom of the reservoir once spinning stopped. Branches were spun first at
426 3130 rpm for 120 s, which corresponds to a minimum negative pressure in the middle of the
427 branch of about -2 MPa. Rotation was then stopped, and the liquid extracted from the branch was
428 collected from both upstream and downstream reservoirs. The reservoirs and the sample were
429 then placed back in the rotor, and spun at 5280 rpm for another 120 s, corresponding to a
430 minimum pressure of -6 MPa. Rotation was stopped again and the liquid extracted from the
431 branch was collected similarly. A section about 10 cm long was then cut from the centre of the
432 branch to extract the 'tissue' water remaining in the sample using the cryogenic vacuum
433 extraction line described above.

434 As with any other sampling technique to measure the isotopic composition of water, the
435 evaporation of water in the samples must be avoided, as it strongly modifies the isotopic
436 composition of water in the samples. Based on our data from the labelling experiments (Fig. 1 c-
437 d), it seems that evaporation during centrifugation is negligible. Notably, in an experimental setup
438 similar to the one used here to extract sap water, it has been shown that evaporation of the
439 collected water operates at a rate of around 0.5 mg min⁻¹ when spinning at 6000 rpm (Peng *et al.*,
440 2019). In our case, this corresponds to about 0.1% of the water volume collected after 2 minutes
441 of spinning (typically 1 mL). Therefore, evaporation during spinning should affect only marginally
442 the isotopic composition of the cavitron-extracted water. On the other hand, we did not quantify
443 potential evaporation from samples collected in the field, where the isotopic composition of
444 source water was uncertain. Although care was taken to prevent evaporation during field sample
445 collection and transportation (see Methods), this step is probably the most susceptible to induce
446 evaporative enrichment of the sampled water. Nevertheless, our results from both field and
447 glasshouse experiments demonstrate that the cavitron technique provides a much closer

448 estimate of the isotopic composition of sap (and thus of the plant water), compared to cryogenic
449 extraction.

450 **Water isotope analyses** | The isotopic composition ($\delta^2\text{H}$ and $\delta^{18}\text{O}$) of the different waters were
451 measured with an off-axis integrated cavity optical spectrometer (TIWA-45EP, Los Gatos
452 Research, USA) coupled to an auto-sampler. Details on the precision of the instrument,
453 calibration and post-correction procedures, notably to account for the presence of organic
454 compounds, can be found in previous studies (Barbeta *et al.*, 2019, 2020). All isotopic data
455 reported here are expressed on the VSMOW-SLAP scale.

456 **Estimating the isotope composition of unbound soil water** | Isotopic offsets between bulk
457 and unbound soil water estimated using the empirical formulations proposed by Chen and
458 colleagues for organic and mineral surfaces (Chen *et al.*, 2016). Because the organic fraction of
459 our soil samples was negligible, we simplified these formulations to:

$$460 \quad \delta^{18}\text{O}_{\text{unbound}} = \delta^{18}\text{O}_{\text{bulk}} + \frac{1 - f_{\text{sand}}}{2.65W_{\text{bulk}}} \times 0.906 \text{‰} \quad (1a)$$

$$461 \quad \delta^2\text{H}_{\text{unbound}} = \delta^2\text{H}_{\text{bulk}} + \frac{1 - f_{\text{sand}}}{2.65W_{\text{bulk}}} \times 17.75 \text{‰} \quad (1b)$$

462 where f_{sand} and W_{bulk} represent the sand fraction and gravimetric water content of the soil sample,
463 respectively. The sand fraction was subtracted because only finer minerals are considered to
464 create the isotopic offset due to their greater ability to attract large amounts of adsorbed water
465 (Chen *et al.*, 2016). An average sand fraction of 0.92 was used based on texture analysis of the
466 different soil horizons (Table S1).

467 **Data analyses** | Statistical differences between the isotopic composition of bulk stem water, sap
468 water and tissue water from field samples, as well as between those of labelled tissue and vessel
469 water were assessed with Generalized Linear Models from the package *lmer* (Bates *et al.*, 2015)
470 in *R* (R Core Team, 2019). The same models were also used to assess statistical differences
471 between bulk and tissue water gravimetric water contents and the isotopic composition of water
472 extracted at -2 and -6 MPa. These models allow us to set random factors such as date of
473 sampling and/or tree individual, when necessary.

474

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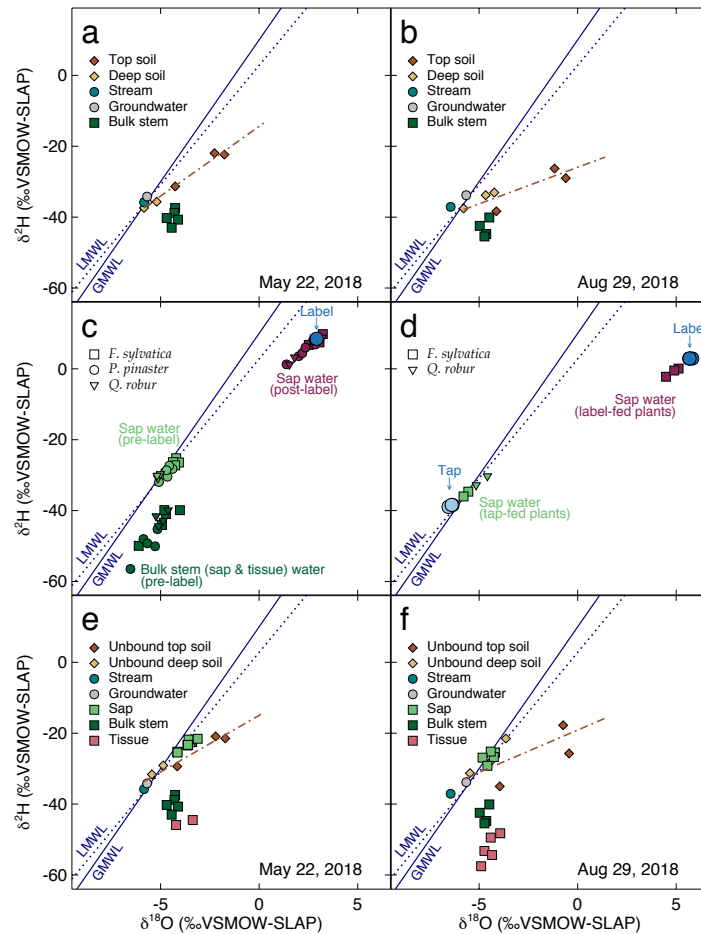
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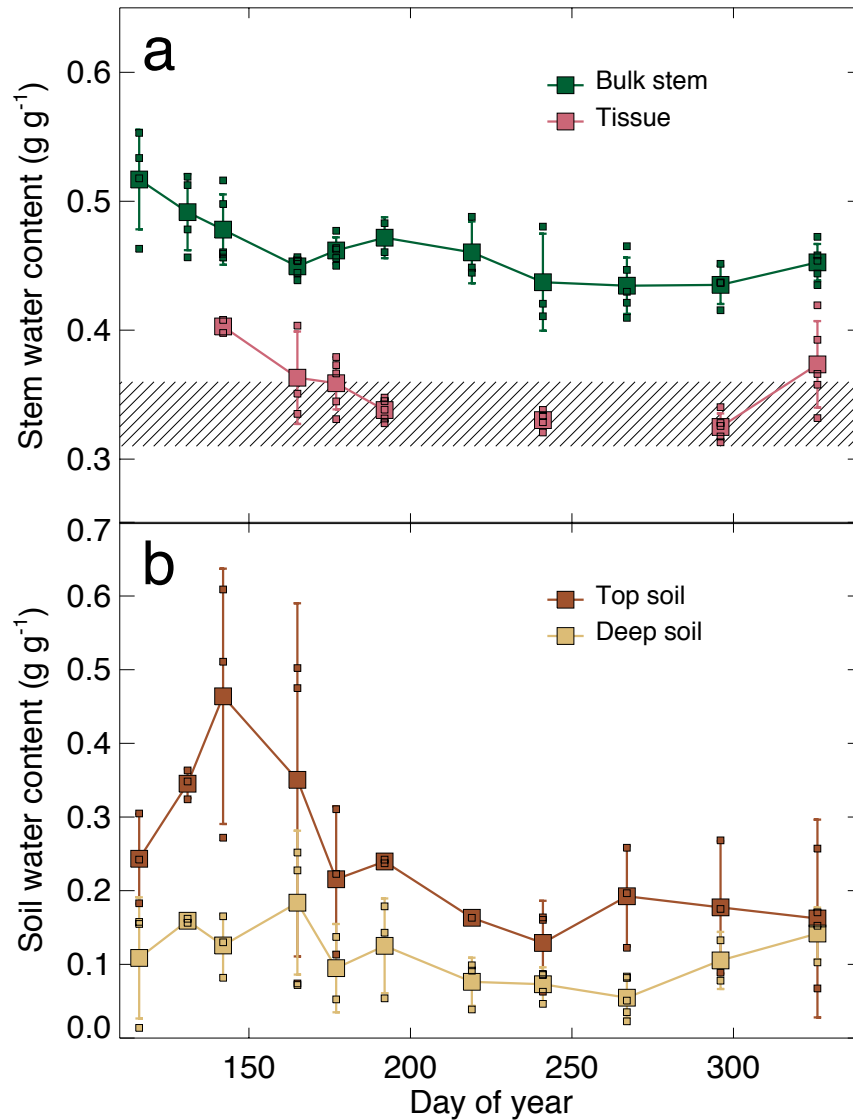
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612 **Figures and Tables**



613

614 **Figure 1.** Dual isotope representation of different water pools. Panels (a-b) show the isotopic
615 separation between bulk stem water from mature *Fagus sylvatica* branches and potential water
616 sources (top and deep soil, groundwater and stream water) sampled at two dates during the
617 growing season at the study site, a riparian forest in the SouthWest of France. Panel (c) shows
618 the isotopic separation between bulk stem water and sap water in cut branches sampled from the
619 same field site and the good agreement of sap water with meteoric water (in pre-labelled
620 branches from the field) and with label water (in the same branches after flushing them with label
621 water). Panel (d) shows the good agreement of irrigation water with sap water extracted from the
622 main stem of potted saplings irrigated for several days with either tap or label water. Panels (e-f)
623 show the good agreement of sap water with “unbound” soil water from the same location as in (a-
624 b) (see text for details on how unbound soil water was estimated). LMWL: local meteoric water
625 line. GMWL: global meteoric water line. Brown dot-dashed lines in panels (a-b) and (e-f) indicate
626 the soil evaporation line.

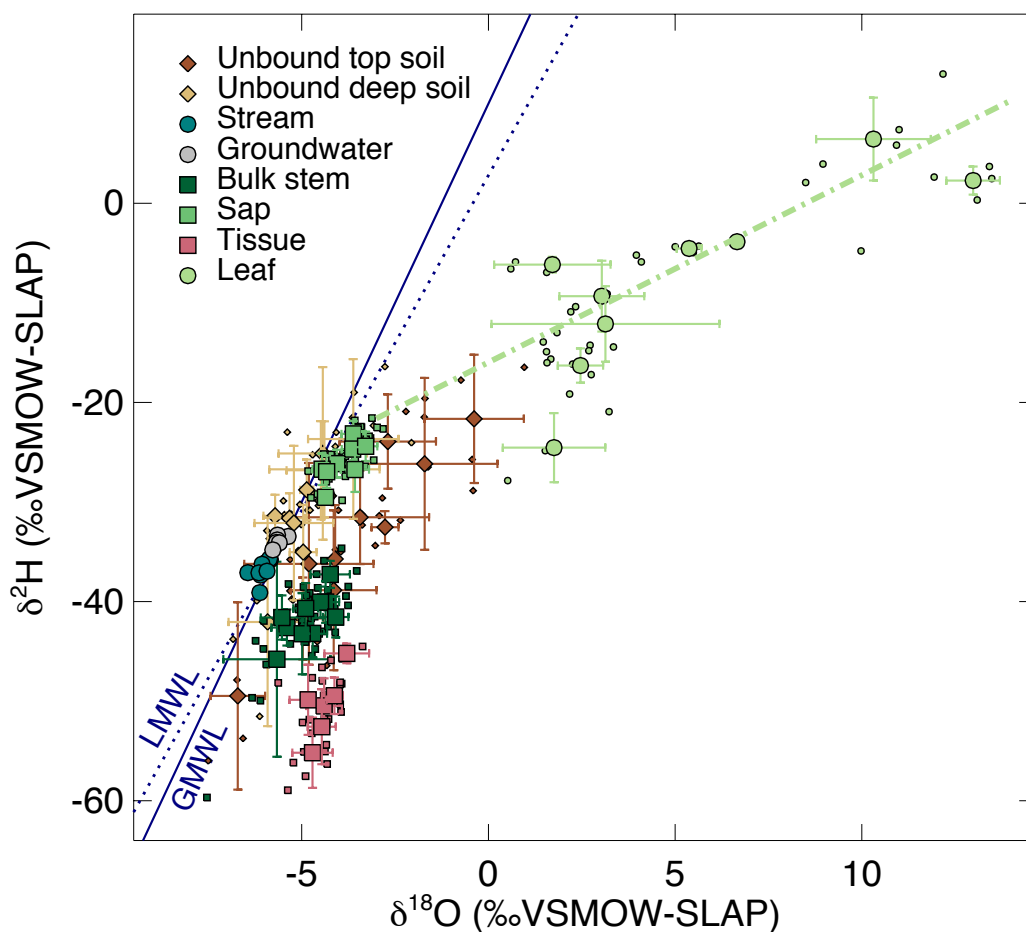


627

628 **Figure 2.** Temporal variations of gravimetric water contents during the 2018 growing season at
629 the study site, a riparian forest in the SouthWest of France. (a) Bulk stem water and stem tissue
630 water from *F. sylvatica* branches. (b) Deep and top soil water. In (a), the hatched area represents
631 the expected range of wood fiber saturation point for *F. sylvatica* wood (Barkas, 1936; Berry &
632 Roderick, 2005).

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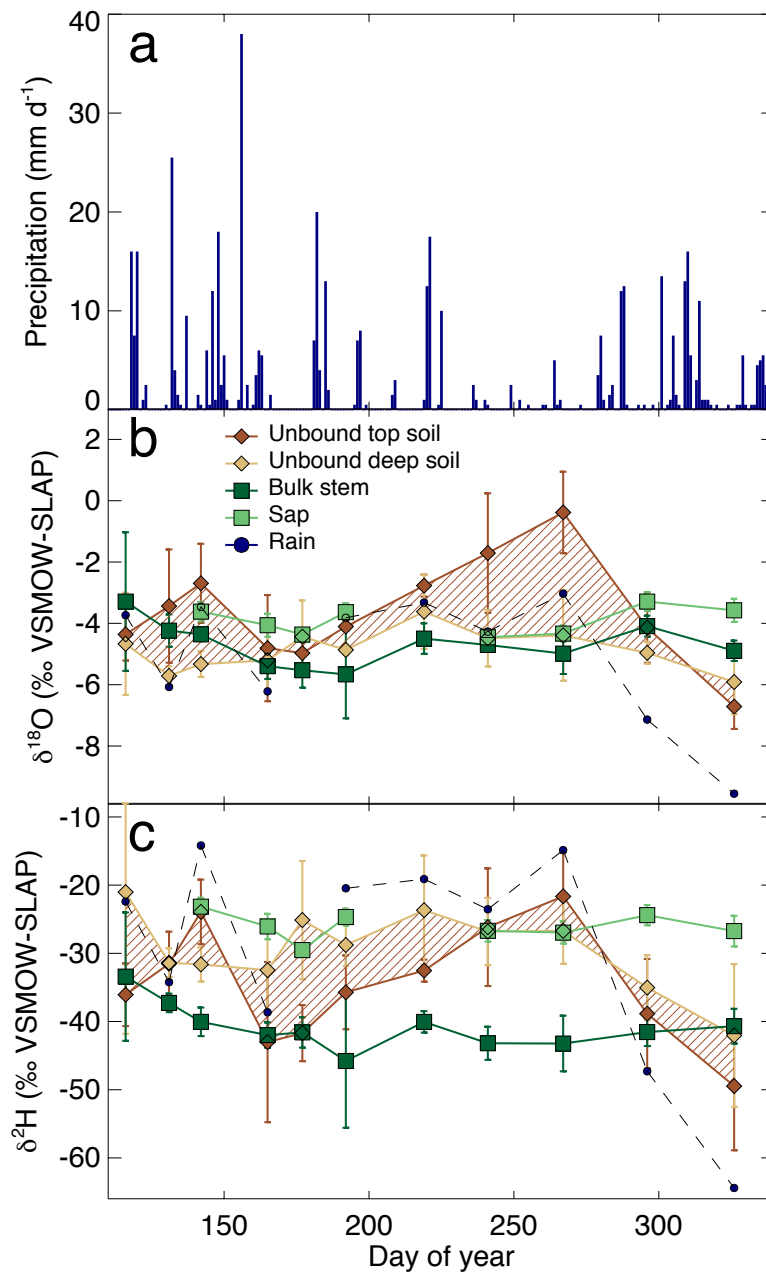


635

636 **Figure 3.** Dual isotope representation of the different water pools during the 2018 growing
637 season at the study site, a riparian forest in the Southwest of France. Larger symbols represent
638 daily means \pm standard deviations for each sampling campaign, while smaller symbols are
639 individual points (n = 3-5). LMWL: local meteoric water line. GMWL: global meteoric water line.
640 The dot-dashed green line represents the 'growing-season' average leaf water evaporation line
641 (see text).

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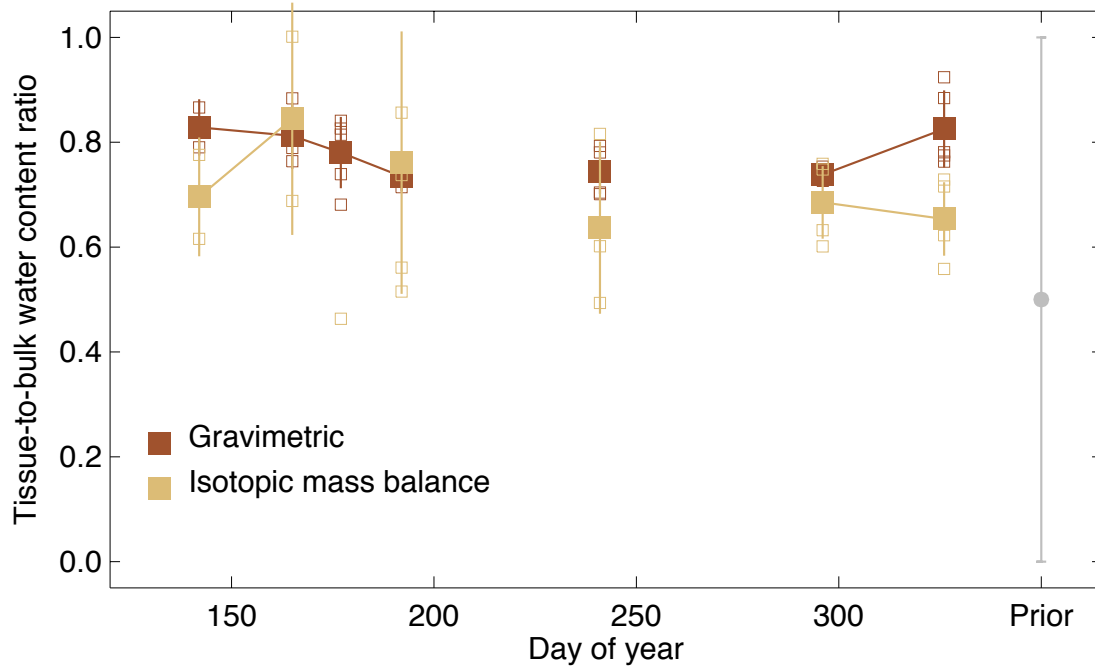


644

645 **Figure 4.** Seasonal variations of daily precipitation and 'unbound' top and deep soil water, bulk
646 stem and 'sap' water, and rain water during the 2018 growing season. (a) Precipitation. (b)
647 Oxygen isotope signals. (c) Hydrogen isotope signals. In (b-c), the hatched area is here to better
648 visualize the range of values in the soil, taking top and deep soil as end members.

649

650



651

652 **Figure S1.** Temporal variations of tissue-to-bulk water content ratios during the 2018 growing
653 season, estimated either by gravimetric measurements or by isotopic data and isotopic mass
654 balance. The latter was estimated for each individual branch using a Bayesian optimization
655 approach that takes into account the isotopic mass balance for the two water isotopes, the
656 uncertainty on the isotopic data and a prior value of the ratio of 0.5 ± 0.5 . Larger symbols
657 represent the mean \pm standard deviation ($n = 3-5$).

658

659 **Table S1.** Soil properties at the study site, the Ciron river gorges in SW France.

Horizon	Depth (cm)	Clay (g kg ⁻¹)	Fine silt (g kg ⁻¹)	Coarse silt (g kg ⁻¹)	Fine sand (g kg ⁻¹)	Coarse sand (g.kg-1)	Carbon (g kg ⁻¹)	Nitrogen (g kg ⁻¹)	CaCO ₃ (g kg ⁻¹)
A	0-10	44	16	9	106	825	17.3	0.52	75
B	10-50	37	24	6	115	818	19.4	0.792	37
C	50-120	81	93	39	455	332	52.2	0.467	388

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