Computational Studies of Substrate Transport and Specificity in a Phospholipid Flippase

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Abstract   Type-IV P-type ATPases are lipid flippases which help maintain asymmetric phospholipid distribution in eukaryotic membranes by using ATP hydrolysis to drive unidirectional translocation of phospholipid substrates. Recent Cryo-EM and crystal structures have provided a detailed view of flippases, and we here use molecular dynamics simulations of the yeast flippase Drs2p:Cdc50p in an outward open conformation to study the first steps of phospholipid transport. Our simulations show phospholipid binding to a groove and subsequent movement towards the centre of the membrane, and reveal a preference for phosphatidylserine lipids. We find that the lipid head group stays solvated in the groove while the lipid tails stay in the membrane during the (half) transport event. The flippase also induces deformation and thinning of the outer leaflet. Together, our simulations provide insight into substrate binding to lipid flippases and suggest that multiple sites and steps in the functional cycle contribute to substrate selectivity.

Introduction

Eukaryotic cells separate the inside of the cell from the external environment by a complex mixture of phospholipids (PLs), proteins and other molecules which together form a $\sim$4 nm thick bilayer (*Kobayashi and Menon, 2018*). Intriguingly, the outer and inner leaflets of the plasma membranes have different lipid unsaturation, packing and composition (*Kobayashi and Menon, 2018*; *Levental et al., 2020*), so that phosphatidylserine (PS) and phosphatidylethanolamine (PE) are enriched in the inner (cytosolic) leaflet, while phosphatidylcholine (PC) and sphingomyelin are found more often in the outer (exoplasmic) leaflet. The maintenance or modulation of the asymmetric PL distribution can play a central role in the proper functioning of the cell; for example, an increase in the population of PS in the outer leaflet of the plasma membrane serves as an 'eat-me' signal to induce phagocytosis (*Fadok et al., 1992*), whereas a decrease of the population of the negatively charged PS on the inner leaflet may result in a release of proteins with positively charged residues from the membrane to the cytosol by an 'electrostatic switch' mechanism (*Lipp et al., 2019*).

It is kinetically unfavourable for PLs to 'flip' (move from the outside to inside) and 'flop' (inside to outside), and it requires energy to maintain asymmetric lipid distributions. Therefore, cells contain

a number of different PL transporters that fall into three broad categories: scramblases, floppases, and flippases (*Montigny et al., 2016*). Scramblases (such as TMEM16 (*Falzone et al., 2018*) and a number of G-protein coupled receptors (*Menon et al., 2011*)) facilitate the movement of PLs in both directions without energy consumption. In contrast, flippases and floppases are unidirectional and ATP-dependent. They use the energy from ATP hydrolysis to flip or flop specific PLs against their concentration gradient. Indeed, PL flip/flop in the presence of ATP-dependent flippases/floppases typically occurs at the time scale of ~10-100 ms, much faster than that of the spontaneous process which is typically several hours or longer (*Kobayashi and Menon, 2018*).

The majority of lipid flippases constitute the type IV (P4) subgroup of the P-type ATPase super-family that includes the well-characterized Na^+/K^+-ATPase (NKA) and sarco-endoplasmic reticulum Ca^{2+}-ATPase (SERCA) of the type II subgroup (*Palmgren and Nissen, 2011*; *Andersen et al., 2016*). NKA maintains the electrochemical gradients for Na^+ and K^+ (*Toyoshima et al., 2011*), while SERCA actively pumps Ca^{2+} from the cytosol into internal stores (*Carafoli, 2002*). P-type ATPases are predicted to share a common core topology of cytosolic A-(actuator), P-(phosphorylation), and N-(nucleotide binding) domains, which confers the ATPase functionality, and a transmembrane (TM) domain (*Palmgren and Nissen, 2011*).

Transport by P-type ATPases follows the so-called Post-Albers cycle (*Albers, 1967*; *Post et al., 1972*), which has been structurally described by a wealth of crystal structures of SERCA and NKA (*Dyla et al., 2020*). The cycle transitions between two main functional states (E1 and E2) and their phosphorylated forms (termed E1P and E2P) (Fig. 1). During each cycle, inward- and/or outward-transport are controlled by opening and closing of cytoplasmic and exoplasmic pathways, which give access to the transmembrane binding sites with distinct affinities and specificities for the trans-ported substrates. The transport of lipids by P4-ATPases is associated with the dephosphorylation reaction, i.e., the E2P to E2/E1 transition (*Lyons et al., 2020*). Given the fact that PLs are typically ~10-fold larger than the cations transported by the P2 ATPases, the question, also referred to as the 'giant substrate problem' (*Baldridge and Graham, 2012*), arises as to how P4 ATPases could use the same 'alternating-access' mechanism to transport large PLs.

The first structural insights into P4 flippase function were recently provided by the cryogenic electron microscopy (Cryo-EM) structure of a key functional E2P state of the yeast Drs2p P4-ATPase (*Timcenko et al., 2019*). Similar structures of Drs2p and structures of other flippases, including mammalian ATP8A1, ATP11C and yeast Dnf1p have been also subsequently determined (*Bai et al., 2019*; *Hiraizumi et al., 2019*; *Nakanishi et al., 2020*; *He et al., 2020*). Drs2p is found in the trans-Golgi network membrane, where it acts as a PS lipid flippase, but has also been shown to transport PE to a lesser extent (*Natarajan et al., 2004*; *Azouaoui et al., 2014*). Like Drs2p, ATP8A1 and ATP11C also preferentially transport PS and PE, whereas Dnf1 prefers PC and has no transport ability for PS (*Baldridge and Graham, 2012*; *Takatsu et al., 2014*; *Lee et al., 2015*; *Roland et al., 2019*). These structures provide molecular details on the transport cycle and lipid translocation, revealing putative binding locations on the protein surface for substrate entry (Fig. 1).

These stabilized structures, however, do not directly reveal the process by which lipids are recognized and transported, and detailed analysis is further hampered by the lack of clear density and unambiguous assignment for the substrates in most of the structures. Prior to the deter-mination of atomic structures, a few models had been proposed to describe the mechanism of substrate selectivity. The 'credit-card' model inspired by scramblases (*Pomorski and Menon, 2006*; *Morra et al., 2018*) proposes a peripheral pathway that allows for lipid translocation. Here, the lipid flippase recognises and occludes the lipid head group while the hydrophobic tails remain in the membrane. Consistent with the credit card hypotheses, three transport models identifying different lipid entry sites on the protein surface have been proposed, namely the two gate, hydrophobic gate and central cavity models. The 'two-gate' model proposed the presence of an entry gate where the PL is initially selected from the outer leaflet by the residues clustering at an entry site defined between TM1, TM3 and TM4 and an exit gate on the inner leaflet side of the membrane for further substrate selection (*Baldridge and Graham, 2013*). The 'hydrophobic gate' model derived

Figure 1. The general (Post-Albers) conformational cycle of flippases and the Cryo-EM structure of PI4P-activated E2P state of Drs2p in complex with Cdc50p. The left panel shows a simplified Post-Albers transport cycle for P4-ATPases, in which repeating conformational changes occur between a few key functional states: the 'inward-open' E1, the phosphorylated E1P, the 'outward-open'/occluded E2 and E2P. The yeast lipid flippase Drs2p has an architecture similar to that of other P-type ATPases, consisting of an actuator (A) domain, a nucleotide-binding (N) domain, a phosphorylation (P) domain, and a transmembrane domain of ten transmembrane helixes (TMs). Drs2p functions in the presence of Cdc50p which may play a role as a chaperone via an unknown mechanism. The Drs2p–Cdc50p complex alone is in an inactive form autoinhibited by the C-terminal tail of Drs2p (not shown in the cycle), but is activated by the binding of lipid phosphatidylinositol-4-phosphate (PI4P). The right panel shows the Cryo-EM structure of the Drs2p in complex with Cdc50p (white cartoon) in the PI4P-activated E2P state (PDB entry: 6ROJ) (*Timcenko et al., 2019*).

from mutagenesis of bATP8A2 and a homology model based on SERCA, suggested that a ring of
hydrophobic residues centred around the highly conserved residues in the unwound section of
TM4 (PISL in the case of Drs2p) separate two proposed water-filled cavities that facilitate lipid
transport via a pathway defined by TM1, TM2, TM4 and TM6 (*Vestergaard et al., 2014*). The 'central
cavity' model based on mutagenesis data and homology modeling proposed that a large and deep
cavity formed in the center of the TM domain bordered by TM3, TM4, and TM5 could potentially
accommodate the PL headgroup during transporting across the membranes analogous to the ion
transport mechanism in SERCA and NKA (*Jensen et al., 2017*). These models alone, however, do
not explain all of the biochemical data (*Andersen et al., 2016*; *Roland and Graham, 2016*; *Palmgren*
et al., 2019). The recent substrate-bound flippase structures are consistent with the 'hydrophobic
gate' model however, the structural determinants of lipid specificity and recognition remain elusive.

Molecular dynamics (MD) simulations provide a useful complement and alternative for address-
ing these questions that are difficult to investigate directly with experiments, and can fill in missing
information from experimental data. Here, we use MD simulations in both atomic and near-atomic
detail to explore the initial lipid binding process in the outward-open E2P state and investigate the
substrate selectivity using alchemical free energy calculations. Our results reveal a preference for
PS binding to a water-filled substrate binding groove, even in the outward open conformation, and
local deformations and thinning of the lipid bilayer around Drs2p.

Figure 2. Initial phospholipid binding to Drs2p observed in atomistic simulations. (A) The average density maps of the phosphate headgroup of the bound PLs along the Z axis relative to the membrane center (z=0) obtained from the last 100 ns of the atomistic simulations with different outer leaflet models. The density profile of the lipid bilayer (black line) is shown for comparison. (B) The representative lipid bound conformation, shown using a snapshot from an atomistic simulation of the pure POPS outer leaflet model (AA1). TM1, TM2, TM4, TM6 are colored in cyan, green, yellow, and orange, respectively. The phosphorus atom of the bound PL is represented by a magenta sphere and the acyl chains are represented by pink sticks. The membrane bilayer is shown as a grey background.

Results

Phospholipid binding to the TM2-TM4-TM6 groove of Drs2p

We used a combination of all-atom and coarse-grained (CG) MD simulations to investigate the lipid binding preferences of Drs2p, and how this depends on the lipid composition and membrane environment. Thus, we inserted the EM structure of the PI4P-activated E2P state of the Drs2p-Cdc50p complex into a series of simplified lipid bilayer models consisting of 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphoserine (POPS), 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphoethanolamine (POPE) and 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine (POPC). The bilayers are asymmetric and have POPE and POPS in the inner leaflet at a 2:1 ratio, and POPS, POPE and POPC in the outer leaflet at different ratios, resulting in five atomistic and seven CG models (Table 1). In the atomistic simulations, we observed rapid (within tens of nanoseconds) binding of lipids to the entry of a groove formed between TM2, TM4 and TM6 (Fig. 2A and B). We observed that the phosphate headgroup of the bound lipids moved ~0.7-1.0 nm inside the membrane (Fig. 2A), and found that all three lipids (POPS, POPE and POPC) could bind to a similar location in different outer leaflet models.

As our atomistic simulations were limited to 0.5-1.0 μs due to their high computational cost, they did not allow us to observe lipid exchange and competition within the groove, nor to investigate whether the substrate can bind more deeply inside the protein. We therefore resorted to CG modeling using the popular Martini model (*Marrink et al., 2007*) which has been successfully applied to study a wide range of membrane protein systems (*Corradi et al., 2018*). For each lipid and bilayer model, we performed two (replica) simulations, each 100 μs long, (we included an extra replica for the POPS/POPE/POPC mixed outer leaflet model), resulting in 1.5 ms of simulations in total, which enabled us to observe additional lipid binding events and better sample protein-lipid interactions. We calculated the average density map of the phosphate headgroup of the lipids which revealed clusters of lipid binding sites (Fig. 3A). In addition to multiple lipid binding sites on the protein surface, we find substantial lipid binding in the TM2-TM4-TM6 groove. This occurs both

Figure 3. Lipid binding sites identified within the TM2-4-6 groove in Drs2p. (A) The average density map of the phosphate head group of bound lipids obtained from a 100 μs CG simulation with the PS/PE/PC mixed outer leaflet model (CG5 in Table 1). The average density maps obtained from other independent simulations and with different models are highly similar (Fig. S2). Drs2p and Cdc50p are presented by grey and white surfaces, respectively. TM2, TM4 and TM6 are colored in green, yellow and orange, respectively. The PISL motif in the middle of TM4 is blue. On the left is shown a zoom-in on the phosphate density map, which reveals a few binding sites which we broadly classify into a 'deep site' and an 'entry site' for simplification. The whole protein-membrane complex is shown in a slice view. The local membrane deformation is observed in the regions close to the groove, resulting in ~0.7 nm thinning of the membrane bilayer. (B) The average number and types of lipids in the groove obtained from CG simulations with all seven different outer leaflet models. Error bars were estimated with block analysis.

at the mouth of the groove, similar to what we observed in the atomistic simulations, and deeper
inside the groove all the way up to the conserved PISL motif that has been speculated to act as a
gate between entry and exit sites (*Timcenko et al., 2019*).
Having established that the long CG simulations enable us to observe reversible lipid binding
also deeper into the groove, we proceeded to examine which and how many lipids may bind. For
each of the seven different setups for the outer layer composition, we counted the average number
of phosphate head groups (separately for POPS/POPE/POPC as relevant for each setup) that occupy
the groove (Fig. 3B) and made the following observations: (i) All lipid types can bind to the groove,
similar to what we observed in atomistic models; (ii) On average about two lipids may bind at the
same time; (iii) The composition of the lipids inside the groove depends on the lipid composition in
the outer leaflet, but is not simply proportional to the fraction of lipids in the leaflet.
Observation (iii) suggests that there is some selectivity for which lipids bind to/in the groove.
In particular, it appears that the protein groove shows selectivity for PS over in particular PC
lipids, but also some preference for PS over PE. This trend of POPS>POPE>POPC is in qualitative
agreement with the experimental observation that PS is the natural substrate of Drs2p, PE is a
weaker substrate, and PC is not a substrate. However, observation (i) suggests that the entry gate
alone is not sufficient to determine the lipid selectivity, ruling out a 'sole entry gate' model, and
suggesting selectivity is also found elsewhere in the conformational cycle. Observation (ii) agrees
with the Cryo-EM structures of ATP8A1 (*Hiraizumi et al., 2019*), Dnf1 (*He et al., 2020*) and ATP11C
(*Nakanishi et al., 2020*) which together reveal electron densities suggesting multiple sites. Below,
we return to the question of selectivity in the groove using free energy calculations.

Protein induced local deformation of membrane.
In addition to observing lipid binding at the single molecule level, we also examined the collective
membrane dynamics to see how the protein impacts its membrane environment. In the CG MD
simulations, we observed a remarkable local membrane deformation (Fig. 3A and Fig. S1). The
observed local deformation is found to a similar extent in all independent CG simulations and

models (Fig. S2), which were all initiated from a flat lipid bilayer. The deformation is only observed
on the outer leaflet side and not the inner leaflet, and only in the region close to the entry of the
groove. (Note that the atomistic simulations are not long enough to allow us to observe a converged
result on the membrane behavior, except the initial binding of lipids on the regions close to the
entry site.) The local deformation of the membrane near the entry site to the lipid binding groove
resulted in a ~0.7-1.0 nm thinner membrane in this region, thereby likely facilitating the entry of
lipid headgroups into the groove and shortening the path for lipid transport, reminiscent of the
membrane distortion observed in scramblases (*Bethel and Grabe, 2016*; *Kalienkova et al., 2019*).

Lipid binding preference by alchemical free energy calculations.

In the CG simulations described above we observed extensive and reversible binding of lipids in the
entry site of the binding groove, whereas we only observed limited lipid exchange in the deep site.
This in turn made it difficult to quantify the preference and statistics of lipid binding to this deep
site, and also any potential coupling between binding at the entry and deep site.

To help overcome the sampling problem in unbiased simulations, we used alchemical free
energy calculations to estimate relative binding free energies for the three different types of lipids
and water. Specifically, we used the non-equilibrium thermodynamic integration (NETI) method
relying on the Crooks fluctuation theorem (*Crooks, 1999*) (see Methods section for details).

Considering that the binding preference of a lipid in one site may also be impacted by what
occupies the neighboring site, we (for each of the two sites) performed the free energy calculations
in four different situations in which the neighboring site is occupied by either POPS, POPE, POPC or
by water (but not any PL). First, we focused on the relative free energy difference between binding
the different PLs to the deep binding site with the entry site occupied by water. The calculations
support and quantify our observation that POPS binds to the deep site stronger than both POPE
and POPC by 5.0 kJ/mol and 8.4 kJ/mol, respectively, when the entry site is filled with water (Fig. 4A).
Therefore the NETI method provides us with valuable information about substrate preferences in
the deep binding site which were difficult to obtain from the unbiased MD simulations.

To examine how the lipid selectivity in the deep site depends on the molecule bound at the entry
site, we also performed the free energy calculations on the situations with either POPS/POPE/POPC
occupying the entry site (Fig. S3). The results show that the magnitude, and in a single case also the
sign, of the $\Delta\Delta G$ values depend on which molecule is bound at the neighbouring site. In all but one
case, POPS binds stronger than both POPC and POPE, though the difference is greatest when the
entry site is filled with water. When the entry site is filled with POPS, the situation reverses and the
deep site favours (by 0.9 kJ/mol) POPE over POPS, presumably because of repulsive interactions
between the charged headgroups in POPS. Nevertheless, the overall picture is that the deep site
favours POPS over POPE, which in turn binds stronger than POPC. We also note that although each
free energy difference was calculated independently, the thermodynamic cycles are fully consistent,
so that the free energy over a full cycle sums to zero up to statistical uncertainty, supporting the
notion of convergence in the calculations.

We also performed free energy calculations on the entry site, confirming the preference in the
order of POPS>POPE>POPC (Fig. 4B and Fig. S3), and obtained results that were consistent with the
trends we observed from the CG simulations (Fig. 3B and Fig. S4).

Lipid binding to the deep site is more energetically favorable than to the entry site.

The alchemical free energy calculations quantified the preference of one PL relative to another
at the same binding site; however they cannot tell us the relative affinity of the same lipid at
the two different (entry and deep) sites. The unbiased MD simulations did also not answer this
question because of the competition between different PLs and the slow PL exchange in the deep
site. Thus, to examine which site in the groove is more energetically favorable for the binding of a
specific PL, we used restraints to avoid the exchange of lipids between the groove and the outer
leaflet. In this way, a single PL may freely explore the groove without competition with other PLs.

Figure 4. Substrate binding preferences by free energy calculations. (A) Relative binding free energy differences between POPS, POPE and POPC in the deep site in the case when the entry site is occupied by water (W). (B) Relative binding free energy differences in the entry site when the deep site is occupied by water.

This was achieved by performing an MD simulation in the presence of restraints on the original POPS/POPE/POPC mixed outer layer model, and the results reveal that lipids favour the deep binding site (∼8.0 kJ/mol) over the entry site (Fig. S5). Thus, our results suggest that the entry site is a transient intermediate towards to the deep site, and reveal a picture that once the substrate enters the groove, it will diffuse to the deep site driven by the free energy gradient.

Lipid slides on the groove using its tails as an anchor targeted in the bilayer center.
The recent spur of high resolution structures of P4 flippases has provided a wealth of information about the overall structure and conformational changes in this class of proteins. They have, however, only provided limited information about the interactions between the protein and the lipid substrates. X-ray diffraction and Cryo-EM experiments on ATP8A1 and ATP11C show density for PL head groups, but even in these lipid-bound structures it is not possible to see the long and flexible hydrophobic acyl chains. Our MD simulations revealed that the TM2-TM4-TM6 groove on the surface of Drs2p could accommodate one or more PL head groups at the same time whose binding locations might imply a sequential transport path from the outer layer towards the central PISL motif. Here the PL would likely trigger dephosphorylation and conformational changes leading to occlusion and subsequently opening to the inner leaflet. (In the case that more than one lipid was bound in the grove, we would expect that the bottom one would be expelled back to the outer leaflet as the top one gets occluded.)

The observation that only the head groups of the PLs are bound in the groove is consistent with the so-called 'credit-card' model (*Pomorski and Menon, 2006*; *Morra et al., 2018*). The MD simulations, however, provide us with a unique opportunity to see how the lipids orient their hydrophobic tails during binding and initial transport as their head groups move towards the PISL motif. In our CG MD simulations, we observed that the bound lipids project their tails out into the membrane with the end of the tail staying roughly in the middle of the bilayer as the head group moves up. Thus, the bound lipid makes an approximate 90-degree rotation of the whole lipid as the head group moves from the outer leaflet to the deep site in the groove (Fig. 5). Thus our simulations provide direct support of a 'credit-card'-like model, at least for the half-reaction we examined. They also suggest that the role of the flippase is to transport the polar head group, which in itself would not easily pass the membrane, while the hydrophobic tails stay in contact with

240 the lipid bilayer during the transport process.

Figure 5. Dynamics of the head group and two tails of a lipid as the head group moves up in the groove.
The result is from a 100 μs CG MD trajectory of the CG model with a POPS/POPE/POPC mixed outer leaflet model which shows the locations of the phosphate group (PO4 bead) and two acyl chains (C4A and C4B beads) along the Z axis. The figure shows how a POPS lipid moves from the outer leaflet to the deep site of the groove, and keeps extending its hydrophobic acyl chains in the center of the membrane bilayer, therefore resulting in an approximate 90-degree rotation of the whole lipid.

Two separated water-filled cavities formed within TM domain

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The next question we asked was if water plays a role during the lipid binding process. To address
this question, we resorted to atomistic models to enable a more fine-grained description of water
molecules in the groove. Starting from the Cryo-EM structure of the Drs2p-Cdc50p complex with
a dry TM core, we observed substantial amounts of water permeate quickly through the small
gap between TM1-3 (from the inside) and the slightly bigger gap formed between TM1-TM2 loop
and TM5-TM6 loop (from the outside) to fill two separated cavities in the hydrophobic TM core of
Drs2p. These are formed between TM1, TM2, TM3 and TM4 near the inner layer and between TM1,
TM2, TM4 and TM6 near the outer layer, respectively (Fig. 6A). These two water-filled cavities were
separated by the side chain of Ile508 in the PISL motif and we did not observe any exchange of
water between the cavities, highlighting the important role of the PISL motif as a hydrophobic gate
(*Vestergaard et al., 2014*).
A hydrated groove may be an important prerequisite for binding and transport of polar or
charged lipid head groups. To examine the relationship between groove hydration and lipid binding,
we performed biased atomistic MD simulations to accelerate the lipid binding process by pushing
the lipid to the deep site. We found that the number of water molecules in the cavity did not
decrease as the lipid bound, suggesting that the entry of a lipid into the cavity did not squeeze
out the water. We observed that the lipids were surrounded by a substantial number of water
molecules, on average eight, as they bind in the groove. This suggests a coupling between lipid
binding and hydration of the groove, and may imply an important role of water on lipid movement.
We note that in the CG MD simulations, we also observed a water-filled cavity in the outer leaflet side
although the number of water molecules was less than that observed in the atomistic simulations,
even after correcting for the fact that one CG water molecule corresponds to four actual water
molecules (Fig. S6). We did not observe the cavity on the inner leaflet side to be filled by water
in the CG simulations, perhaps because the gap on this side is too narrow to allow the bigger CG
water to enter.

Discussion

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Biochemical and biophysical experiments have shed light on how the relatively large and amphiphilic
PL substrates are recognized and transported unidirectionally by flippases, members of the P4
P-type ATPase family. The mechanism of recognition and transport of substrates is understood in
exquisite detail for certain ion transporters in the P2-ATPase family, such as NKA and SERCA. It is,
however, much less clear for P4 flippases, though a recent series of high-resolution structures of
several flippases have resulted in detailed insight into the overall architecture and basic functional

Figure 6. Water-filled cavities and lipid binding in comparison with experimental structures. (A) Average density map of the oxygen atoms in the water molecules (blue surface) obtained from a 500 ns atomistic MD simulation with the pure POPS outer layer model (AA1 model) revealing the cavity on the outer layer overlapping with the TM2-TM4-TM6 groove and the cavity on the inner layer formed between TM1, TM2 and TM4. The Ile508 residue, shown in blue sticks, is a part of the PISL motif isolating these two water-filled cavities. (B) The average density map of the phosphate head group obtained from coarse-grained simulations with the CG5 model (magenta mesh) is superposed with the location of PL phosphates in the experimentally determined flippases (coloured spheres). These structures include the E2Pi state of ATP8A1 (PDB 6K7M (*Hiraizumi et al., 2019*), blue), the E2P state of ATP11C (PDB 6LKN (*Nakanishi et al., 2020*), yellow), and the E2P and E1-ATP states of Dnf1 (PDB 6LCP and 6LCR (*He et al., 2020*), green and red).

cycling of this class of molecules (*Timcenko et al., 2019*; *Bai et al., 2019*; *Hiraizumi et al., 2019*;
Nakanishi et al., 2020; *He et al., 2020*). The EM structure of Drs2p in a PI4P-activated E2P state
reveals an empty outward-open groove on the surface of Drs2p bordered by TM2, TM4 and TM6
which was speculated to serve as a pathway for lipid entry (*Timcenko et al., 2019*). The activated
E2P state of Drs2p represents a functional state with its binding pocket open to the outer leaflet, so
is assumed to be ready to bind the lipid substrate from the outer leaflet of the membrane as an
initial step for the substrate transport. The structure, however, did not capture the lipid substrates,
the membrane nor the water molecules, leaving room for further studies using complementary
tools, such as molecular simulations to understand these important details.

We have here used the outward-open structure as a starting point for providing insight into
the first part of the transport cycle, examining the following questions: (i) where do the lipids bind
to the flippase?, (ii) how do the lipids move?, (iii) which part of the functional cycle gives rise to
substrate selectivity?, (iv) does water play a role in lipid binding or transport, and (v) how is the
membrane influenced by the flippase structure, and could membrane deformations play a role in
function?

In line with an earlier proposal based on the Cryo-EM structure of Drs2p (*Timcenko et al., 2019*)
and the reported substrate-bound structures of ATP8A1 (*Hiraizumi et al., 2019*), ATP11C (*Nakanishi*
et al., 2020) and Dnf1 (*He et al., 2020*), we observed that substrate lipids enter to the TM2-TM4-TM6
groove. The groove contains multiple potential binding sites which we broadly classified into an
entry and deep site. We find that the location of the deep site overlaps with the density maps of the
phosphorus head group of the lipids observed in the EM structures of the $E2P_i$ state of ATP8A1
(*Hiraizumi et al., 2019*), the 'E2-site1' in the EM structure of the E2P state of Dnf1 (*He et al., 2020*)
and the crystal structure of the E2P state of ATP11C (*Nakanishi et al., 2020*), while the location of
the entry site overlaps with the so-called 'E1-site2' in the E1 state of Dnf1 (*He et al., 2020*) (Fig. 6B).
Note that the site close to TM3-4 loop in the crystal structure of ATP11C and the 'E1-site1' in the EM
structure of Dnf1 were not sampled in our coarse-grained MD simulations likely because that the
ATP11C structure was captured in a different lipid environment used for crystallisation while the

later site was captured in a different state. We find that all three types of lipids we examined (POPS, POPE, POPC) bind more strongly, by about 8 kJ/mol, to the deep site than the entry site, indicating that the entry site is a transiently formed intermediate site before moving to the deep site along the transport pathway. In addition, the calculated density map around the groove also suggests at least two possible routes to enter to the groove: one uses a binding site near the TM1-TM2 loop, and another, apparently more favourable, initiating from the cavity formed between the tips of TM2, TM6 and TM9.

During the binding to the deep site, the lipid slides its head group along the groove, but keeps its acyl chains projected out into the membrane bilayer, without significant lateral movement. The lipid tails serve as an 'anchor' in the middle of the membrane, so that the whole lipid rotates approximately 90 degrees as the head group moves from the outer leaflet to the deep site. In other words, during the first half of the transport process, the substrate does not need to move its hydrophobic tails much, in line with the expectation that the movement of the hydrophilic headgroup is the most energetically unfavourable step. We speculate that for the subsequent second half of the transport event, the flippase uses the same 'lipid tail anchor' mechanism to completely flip the substrate to the inner leaflet.

Both our unbiased simulations as well as the alchemical free energy calculations suggest a preference for binding PL substrates in overall accordance with the known substrate specificity for full transport (POPS>POPE>POPC). We, however, also find that the very poorly transported PL, POPC, can also bind to the groove. The alchemical free energy calculations suggest the free energy of PS binding is ~3-5 kJ/mol lower than that of PE, and ~6-8 kJ/mol lower than PC although the relative free energy differences to a certain degree depend on what molecule occupies the neighboring site. The free energy difference we found for binding of POPS vs POPE to the deep site (5 kJ/mol) corresponds to a ~ 7-fold stronger binding of POPS. Unfortunately, the transport rates of individual lipids by Drs2p have not been determined, making it difficult to compare these numbers to experiments. Nevertheless, the overall order of selectivity follows that obtained from ATPase assays (*Azouaoui et al., 2014*). We suspect, however, that the selectivity obtained from binding alone is smaller than the difference in overall transport rates of PS vs PE lipids, which would suggest that some but not all of the substrate selectivity can be explained by the difference in binding to the protein in the outward open state. In that case, the remaining part of the selectivity could e.g. come from a difference in the ability to trigger dephosphorylation and eventually transition into an inward open E1 state (*Baldridge and Graham, 2013*; *Vestergaard et al., 2014*).

We observed rapid water entry into two distinct cavities in our all-atom simulations, which were initiated from the Cryo-EM structure with these cavities empty. We assume that these cavities would also be filled with water in the Cryo-EM experiments so that this filling represents the experimental structures. The two water-filled cavities are located on opposite sites of the membrane and are separated by the highly conserved PISL motif which was previously proposed to serve as a gate to control the lipid selectivity (*Vestergaard et al., 2014*). However, given the structural differences between Drs2p and the SERCA derived homology model, the location and geometry of these water cavities are different. Importantly, during our simulations, these two cavities were strictly isolated without water exchange between them, supporting the functional role of the PISL motif as a hydrophobic gate. We used biased, atomistic MD simulations to accelerate the lipid movement up the groove, and observed that the head group of the lipid coordinated a sufficient number of water molecules during the binding process, implying the important role of water during the lipid transport. Such water-filled cavities were also predicted by previous MD simulations of the mammalian flippase ATP8A2, which were based on a homology model built using the crystal structures of SERCA in the E2P state (*Vestergaard et al., 2014*), as well as our recent atomistic MD simulations of SERCA (*Saleh et al., 2019*). Therefore it would be interesting to investigate if the presence of water-filled cavities could be a general feature in the whole family of P-type ATPases. Interestingly, some crystal structures of SERCA (PDB code 2AGV, 3AR4, 3W5C and 3W5D) (*Obara et al., 2005*; *Toyoshima et al., 2011*, *2013*; *Drachmann et al., 2014*) captured a PE molecule bound

specifically in the same location that overlaps with the water-filled cavity on the inner cytosolic layer (Fig. S7). Moreover, the Drs2p-specific residue Phe511, which is four residues from the Pro507 in the PISL motif (thus also known as the 'proline + 4' residue), extends its side chain to this cytosolic cavity, and has been confirmed to be involved in PS selection of Drs2p and assumed to serve as the 'exit gate' as proposed in the 'two-gate' model (*Baldridge and Graham, 2012*). Thus, P4 flippases may have evolved a capacity to use this cavity to select lipids using the 'exit gate' residues and drive out the substrates to the inner leaflet in the subsequent E2→E1 transition.

Finally, we also observed that the protein induces a local deformation of the membrane in the outer layer around the entry point of the lipid-transport pathway. This deformation leads to a ∼0.7-1.0 nm thinning of the membrane, which we suggest might facilitate the movement of hydrophilic head groups across the membrane. A local membrane deformation has been observed in the ATP-independent bidirectional lipid scramblases both computationally and experimentally (*Bethel and Grabe, 2016*; *Jiang et al., 2017*; *Kalienkova et al., 2019*). The local deformation may facilitate the initial binding of the substrate and the hydration of the groove may further help the movement of the head group of the substrate to a deeper location which serves as a start point for accomplishing the second half of the transport cycle.

Despite these observations, which were made possible by our MD simulations, we note some limitations in our study. First, simulations are limited by the accuracy of the force fields used and eventually need experimental testing. Our simulations may, for example, be used to guide further mutational analyses or experiments that probe the role of water in lipid transport. Second, simulations are also limited by the accessible time scales and in their ability to capture changes in 'chemistry' such as a change in phosphorylation or protonation. For these reasons, we focused our study on the first part of the transport process, where a PL is taken up from the outer leaflet and the head group moves towards the centre of the bilayer, next to the PISL motif. Our results suggest that substrate binding to the deep site in the groove explains some, but not all, of the substrate selectivity, and we suggest that lipid-induced conformational change of the flippase also contributes to the lipid selectivity. In addition, more computationally-demanding atomistic simulations, possibly aided by enhanced sampling techniques, are likely needed to provide more detailed insight into the coupling between protein conformational change and lipid transport during the following steps, such as the E2→E1 transitions. Also, further studies using atomistic simulations would be useful to examine the specific interactions between the PL head group and the flippase and the relative movement of the lipid head group and tails during transport.

Taken together, our MD simulations provide molecular details on lipid binding, membrane deformation and groove hydration, deepen the understanding of the dynamic transport processes otherwise inaccessible from static Cryo-EM and Xray structures and quantify the substrate preference on the binding sites. Our results support the notion that the groove outlined by the transmembrane segments 2, 4 and 6 serves as the first half pathway for lipid translocation, and identified the presence of multiple lipid binding sites in the groove. The results suggest the substrate preference is not determined by a single site but likely by the whole pathway, including by the interactions that trigger occlusion by the binding coordination at the deep site. Future studies are needed to determine and validate these interactions, and likely need an atomistic view of the binding of PL to the deep site.

Materials and methods

System preparation

We used the EM structure of the PI4P-activated E2P state (PDB code 6ROJ) to model the E2P state of the Drs2p-Cdc50p complex. The aspartate beryllium trifluoride in the Cryo-EM structure was modeled as a double negatively-charged phosphorylated Asp. The Mg^{2+} ion, the PI4P molecule, and two disulfide bonds in Cdc50p were kept in the model. The terminal segments missing in the Cryo-EM structure were considered as flexible tails, and not included in our model to save

computational cost. On the basis of the predictions by PROPKA (*Olsson et al., 2011*), Glu550, Glu655, Glu798, Glu1042 in Drs2p were assigned to be protonated and Lys283 in Cdc50p was deprotonated.

Atomistic simulations

We used the CHARMM36m force field (*Huang et al., 2016*) for the protein. Force field parameters for PI4P were generated using the CHARMM General Force Field (CGenFF) (*Vanommeslaeghe et al., 2010*) and the CHARMM-GUI web interface (*Qi et al., 2015*). Force field parameters for the phosphorylated Asp560 were as previously described (*Das et al., 2017*; *Saleh et al., 2019*).

POPS (1-palmitoyl-2-oleoyl-sn-glycero-3-phosphoserine), POPE (1-palmitoyl-2-oleoyl-sn-glycero-3-phosphoethanolamine), and POPC (1-Palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine) were used as PS, PE and PC, lipids respectively. The Drs2p-Cdc50p complex was embedded into a series of asymmetric lipid bilayers with 67%POPE:33%POPS in the cytosolic leaflet and different compositions of mixed POPC, POPE and POPS in the luminal leaflet (Table 1), and solvated with a 0.1 M NaCl aqueous solution, resulting in ~340,000 atoms in total. The dimensions of the equilibrated box were 13.8, 13.8 and 17.1 nm in the x, y and z dimension, respectively (Fig. S8).

The temperature was kept constant at 310 K using the Nose-Hoover thermostat with a 1 ps coupling constant, and the pressure at 1.0 bar using the Parrinello-Rahman barostat with a 5 ps time coupling constant. We used a cutoff of 1.2 nm for the van der Waals interactions using a switch function starting at 1.0 nm. The cutoff for the short-range electrostatic interactions was at 1.2 nm and the long-range electrostatic interactions were calculated by the means of the particle mesh Ewald decomposition algorithm with a 0.12 nm mesh spacing. A reciprocal grid of 120 x 120 x 144 cells was used with 4th order B-spline interpolation.

Coarse-grained modeling and simulations

The atomic coordinates of the Drs2p-Cdc50p complex in E2P state were converted to the CG Martini representation by the modified martinize.py script (version 2.6) (*De Jong et al., 2013*) obtained from the MARTINI website (http://www.cgmartini.nl/). The ElNeDyn elastic-network approach was employed to restrain the protein secondary and tertiary structure, using a force constant of $500 kJ/mol/nm^2$ and a cut off of 0.9 nm. Position restraints were further applied to the backbone beads (BB) to keep the system in the activated E2P state and also facilitate the analysis on the lipid binding. The CG structure was embedded in a series of asymmetric mixed lipid membranes (Table 1) and solvated with MARTINI water using insane.py in a $12.5x12.5x18nm^3$ box (Fig. S8). To prevent unwanted freezing, 10% of the MARTINI water particles were replaced by the 'antifreeze' water particles. The systems were neutralized by adding NaCl at a concentration of 0.15 M.

We used the MARTINI force field version 2.2 for all CG simulations. Standard MD parameters (http://cgmartini.nl/images/parameters/exampleMDP/martini_v2.x_new-rf.mdp) with minor adjustments were used to set up the simulations. Briefly, the simulations were performed in the semi-isotropic NPT ensemble using the v-rescaling thermostat to maintain temperature at 310 K and the Parrinello-Rahman barostat to control the pressure at 1 bar with a compressibility of $3x10^{-4}bar^{-1}$ and a coupling constant of 12 ps. Electrostatic interactions were treated using a reaction field with a dielectric constant of 15. The non-bonded interactions were cut-off at 1.1 nm. The simulations were performed using a 20 fs integration time step. The Verlet neighbor search algorithm was used to allow for GPU-accelerated simulations.

All atomistic and CG MD simulations were performed using Gromacs (*Abraham et al., 2015*) 2018 or 2019 if not specially specified. Trajectories were saved and analyzed every 1 ns.

Simulation analysis

Protein structures were visualized with PyMOL (*Schrödinger, LLC, 2015*) and analysis of simulation data was conducted using VMD (*Humphrey et al., 1996*) and GROMACS tools (*Abraham et al., 2015*), and in-house scripts. Averaged density maps of the lipid phosphate group were generated using the GROMAPs tool (*Briones et al., 2019*). Error estimates of the average number of bound

Table 1. Atomistic and CG MD simulations of PI4P activated E2P state of the Drs2p-Cdc50p complex

Name	Model	Components of luminal leaflet	Length
CG1	Martini2.2	100%POPS	2x100 μs
CG2	Martini2.2	100%POPE	2x100 μs
CG3	Martini2.2	100%POPC	2x100 μs
CG4	Martini2.2	50%POPE:50%POPS	2x100 μs
CG5	Martini2.2	33.3%POPC:33.3%POPE:33.3%POPS	3x100 μs
CG6	Martini2.2	50%POPC:50%POPS	2x100 μs
CG7	Martini2.2	50%POPC:50%POPE	2x100 μs
AA1	CHARMM36m	100%POPS	500 ns
AA2	CHARMM36m	100%POPE	500 ns
AA3	CHARMM36m	100%POPC	500 ns
AA4	CHARMM36m	50%POPE:50%POPS	500 ns
AA5	CHARMM36m	33.3%POPC:33.3%POPE:33.3%POPS	500 ns

PLs were determined with block analysis (*Flyvbjerg and Petersen, 1989*). Input files, simulations and analysis scripts are available at https://github.com/KULL-Centre/papers/tree/master/2020/flippase-wang-et-al-2020.

Alchemical free energy calculations

We used non-equilibrium alchemical free energy calculations (*Gapsys et al., 2015a*; *Aldeghi et al., 2019*) to determine the relative free energy difference between different substrates in a single binding site. To avoid problems arising when changing the total charge, we combined the two branches of the thermodynamic cycle into a single transition by performing $PLA_{bilayer} \rightarrow PLB_{bilayer}$ and $PLB_{site} \rightarrow PLA_{site}$ transitions at the same time (Fig. S9). By using this so-called 'double-system/single-box' setup (*Aldeghi et al., 2019*), we obtained $\Delta\Delta G$ in a single set of calculations without the need of separate calculations of $\Delta\Delta G_3$ and $\Delta\Delta G_4$. In these calculations, we thus mutated one lipid in the outer layer (chosen to be at least 5 nm away from the protein), while the opposite transformation was performed for a lipid bound in the substrate-binding groove.

We used a single topology approach to define a hybrid topology that contains both end states for the alchemical transformations. First, we extracted the equilibrium ensembles of the CG system for the corresponding end states from the 100 μs long MD simulations. We then performed 100 4-ns long fast-growth TI transition simulations starting from 100 equally spaced frames from the equilibrium ensembles. We performed the procedure twice with a different reference lipid in the outer layer to examine the dependence on the local membrane environment, so resulting in 400 simulations (100 transitions x 2 directions x 2 reference lipids) for each $\Delta\Delta G$ estimation. The work performed by the system was then calculated by numerical integration of the $\partial H/\partial \lambda$ curves for each transition. Finally, the free energy difference between the two end states was estimated from the overlap of the two accumulated work distributions for both directions using the Bennett Acceptance Ratio (BAR) estimator (*Shirts et al., 2003*). Uncertainties were estimated as the standard errors of the BAR estimates by bootstrap analysis on all 200 related non-equilibrium trajectories using the pmx tool (*Gapsys et al., 2015b*). All alchemical simulations were carried out using Gromacs 2019.5.

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