Aging leads to stochastic loss of silencing at transposons in mammary luminal epithelial

cells

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Abstract

Background: The aging process is characterized by an accumulation of cellular damage, including alterations to the epigenome. While it is clear, there is a general lack of DNA methylation fidelity with aging, the mechanisms behind epigenomic alterations – and the functional consequences of these changes – have remained unclear. One of the primary roles of DNA methylation in mammalian genomes is in the repression of retrotransposons. Many of these repetitive elements contain regulatory sequences, and loss of repression can lead to aberrant transcriptional regulation. Aging-associated DNA methylation loss at transposable elements (TEs), therefore, has the potential to rewire gene expression networks to be favorable for pathologies, including age-related diseases such as cancer. However, the extent of loss of epigenetic silencing at transposable elements during aging and the functional consequences of this have remained unclear.

Results: We profiled DNA methylation across the genome for human mammary luminal epithelial cells (LEPs), a key cell type associated with age-related luminal breast cancer at different ages. Our analysis reveals distinct DNA methylation patterns in old LEPs. Luminal lineage-specific regulatory elements gain methylation, while myoepithelial lineage-specific regulatory elements lose methylation. These methylation changes are partly driven by altered activity of lineage-specific transcription factors. Analysis of DNA methylation differences at transposable elements between young and old LEPs reveal that TEs can lose DNA methylation. Evolutionarily young transposons lose DNA methylation in a stochastic manner, presumably due to loss of fidelity of maintenance methylation. Moreover, aging dependent methylation loss at TEs correlates with elevated breast cancer risk.

48　**Conclusions:** The results indicate that aging leads to widespread alterations in the DNA

49　methylation landscape of the genome, especially at young TEs. These alterations have the

50　potential to rewire gene networks that may be important for age-associated breast cancers.

51　**Keywords:** transposable elements, aging, DNA methylation, human mammary epithelial cells,

52　breast cancer

Background

Aging is associated with a progressive decline of tissue and organ functions and is a significant risk factor for many diseases, including cancer. At the genomic level, alterations to the epigenome may contribute to the development of age-associated diseases [1]. DNA methylation is a relatively stable component of the epigenome that gets established in early development and is maintained through successive cell division cycles to preserve cell identity [2]. However, DNA methylation patterns are altered with age [3-6]. DNA methylome comparison of human CD4+ T cells from newborns and centenarians suggested an overall decrease in methylation levels with age [6]. Moreover, DNA methylation levels of specific CpG sites show a significant correlation with age across diverse tissues [4]. These sets of CpG sites known as 'epigenetic clocks' can accurately predict the chronological age of cells based on DNA methylation [4]. While it is clear that distinct DNA methylation changes to specific CpG sites occur with aging, the causes of these alterations and their impact on disease are still unclear.

Over 75% of breast cancers are diagnosed in women over the age of 50 [7]. Aging in the breast tissue is accompanied by increases in estrogen receptor expression [8], and significant physiological changes such as an increase in fat content and a decrease in connective tissue [9] that alter the microenvironment of the mammary epithelium. Previous studies suggest a complex interplay between the various epithelial cell types and microenvironment that leads to changes in molecular properties and the proportion of cell populations [10, 11]. Luminal epithelial cells (LEPs) and myoepithelial cells (MEPs) are the two principal lineages in breast epithelia, and the most striking age-related changes in abundance and phenotype occur among LEPs [10, 12]. Furthermore, aging-associated tissue microenvironment changes contribute to the observed age-related epigenetic and transcriptional changes in the mammary epithelium [13].

In vitro transformed human mammary epithelial cells (HMECs) from older women (> 55

y) exhibit gene expression patterns characteristic of luminal breast cancer subtypes. In contrast,

transformed HMECs from younger women (< 30 y) show more properties of basal breast cancers

[14]. This is consistent with the fact that 80% of age-related breast cancers are of the hormone-

receptor expressing luminal subtypes [15]. This suggests that cells from older women may

harbor age-related epigenetic states that make them predisposed to develop luminal breast

cancers. Intriguingly, the putative breast cancer cells of origin in older women express signaling

molecules consistent with those of immortalized luminal cells, suggesting that age-associated

changes can elevate cancer risk [12]. Epigenetic clock studies in breast tissue have suggested

that women with luminal breast cancers exhibit increased epigenetic age even in the adjacent

normal breast tissue [16]. Although earlier studies suggest that aging can lead to epigenetic

changes in breast tissue, thereby elevating breast cancer risk, a complete understanding of age-

associated DNA methylation changes in specific mammary cell types is lacking. Most previous

studies were performed either in bulk mammary tissue or interrogated a small subset of CpG

sites in the genome [16, 17].

Repetitive elements derived from transposable elements constitute roughly about ~50%

of the human genome and are classified based on their method of transposition [18]. Although

most elements have accumulated enough mutations and lost their ability to copy themselves,

they carry latent regulatory potential [19]. Some elements such as Alu, LINE and SVA elements

are still retrotransposition competent [20]. Cancer cells with global losses of DNA methylation

frequently exhibit activation of transposable elements [21, 22]. Interestingly, increased

expression of retrotransposons and active retrotransposition have been observed in aging

mouse tissues [23]. Moreover, LINE-1 expression is increased during cell senescence, a cell

state synonymous with aging [24]. We, therefore, reasoned that aging would lead to the loss of

epigenetic silencing of transposons in mammary luminal epithelial cells.

Here, we studied the genome-wide DNA methylation changes that occur with age in

healthy non-senescent luminal mammary epithelial cells. We show that aging leads to

methylation loss at specific transposable elements and methylation gain at CpG islands.

Methylation changes are partly driven by altered activity of lineage dependent transcription

factors. Young transposable elements mainly lose methylation in a stochastic manner,

presumably due to loss of fidelity of maintenance methylation. Finally, we show that aging

dependent methylation loss at transposable elements correlates with elevated breast cancer

risk.

Results

Aging leads to altered DNA methylation patterns in luminal mammary epithelial cells.

To investigate the genome-wide changes in DNA methylation associated with healthy

aging, we performed whole-genome bisulfite sequencing (WGBS-seq) on human mammary

LEPs from two young and two old individuals (**Figure 1A**). We isolated LEPs from primary

cultures of pre-stasis HMECs from discarded reduction mammoplasty (RM) tissue [10]. Tissues

were obtained from women with differing chronological ages but without breast cancer. These

pre-stasis LEPs from primary cultures maintain gene expression and DNA methylation profiles

that mirror those in tissue [13]. Moreover, these are non-senescent cells and therefore are a

valuable resource that can be used to interrogate aging dependent changes in the breast tissue

– distinct from those arising from *in vitro* cellular senescence.

We obtained high coverage (~9.4×) WGBS data across individual CpG sites and a

representation of about 90% of individual CpG sites in our samples (see Methods and Tables

S1, S2). Covered CpG sites had a slightly higher representation at CpG islands and lower representation at repeat elements, as expected, given the difficulty of mapping to repetitive regions of the genome (**Figure S1A**). Across repeat classes, SINE element CpGs had a higher representation, whereas LINE CpGs were under-represented (**Figure S1B**), consistent with the known mappability problems at young LINE elements [23]. Comparing the methylomes of young and old individuals, we did not observe any change in the global methylation levels across the genome (**Figure S1C, D**). However, principal component analysis (PCA) of the WGBS data separated the old and the young samples on the first and second principal component axes (35.95% and 33.1% of the respective cumulative variance; **Figure S1E**) indicating that there are local differences in the methylomes.

      To identify age-associated changes to DNA methylation, we identified CpGs differentially methylated between the pooled young and old samples. Of the differentially methylated CpG sites (n = 967,534, P-value < 0.05), a higher number of sites (n = 539,928) showed a decrease in methylation (> 25% methylation change) in old LEPs (**Figure S1F**). To identify loci with many CpG sites changing methylation, we identified differentially methylated regions (DMRs) (see Methods) between the pooled young and old LEPs. We identified a total of 5,138 DMRs (>25% methylation change and P-value < 0.05) with 3,149 DMRs losing methylation and 1,989 gaining methylation in old LEPs (**Figure S1G**). The validity of identified DMRs was confirmed with heatmaps showing methylation levels across samples (**Figure 1B**) as well as kernel smoothed methylation plots of representative DMRs (**Figure S1H**).

      We further characterized the locus of all DMRs by overlapping with common genomic features (**Figure S1I**). ~48% of DMRs are intragenic and overlap introns (**Figure S1I**). DMRs overlapping TEs (~36% of all DMRs, **Figure 1C, D**) and DMRs overlapping non-CGI and non-repeat regions (59% of all DMRs, **Figure 1C, E**) both lose and gain DNA methylation, with more

DMRs losing DNA methylation. In contrast, more DMRs overlapping CpG islands gain

methylation (**Figure 1C, F**). These results suggest that specific loci, including repeat elements

and CpG islands, show a differential response to aging in LEPs.

Aging leads to decreased methylation at myoepithelial-specific regulatory regions.

As the principal component analysis indicated that there were methylation differences

between the two old individuals (**Figure S1E)**, we examined whether this could be due to

increased cellular heterogeneity associated with aging [25-28]. We first focused on finding aging-

specific signatures in LEPs. To do that, we classified the DMRs as 'shared DMRs' or 'variable

DMRs' based on whether they showed the same behavior in the two old individuals. Shared

DMRs are those that showed the most consistent changes in the old LEPs compared to young

LEPs (*P*-value < 0.05, methylation difference > 25%) (**Figure 2A-B**). Variable DMRs are those

that showed a change in only one of the two old LEPs when compared to the young LEPs

(**Figure 2C-D**). Presumably, the shared DMRs are aging-specific signatures that relate to the

response of LEPs to the aging breast tissue microenvironment. We further characterized the

genomic location of these DMRs and found that 1) shared DMRs have a higher representation

in genic regions, including promoters, exons, and introns, as well as on CpG islands (**Figure

2E**), and 2) variable DMRs have a higher representation of regions overlapping with

transposable elements, especially at SINE elements (**Figure 2E**). Moreover, although the shared

DMRs were enriched at genic regions, a majority of the shared and variable DMRs were located

away from transcription start sites (**Figure 2F**).

To understand the functional relevance of these distal DMR sites in the breast tissue, we

overlapped them with chromatin states predicted from published chromatin modification ChIP-

seq datasets performed in mammary epithelial lineages [29]. Our strategy of FACS enrichment

of luminal cells using PROM1 (CD133) positive and NGFR (CD271) negative cells includes

luminal progenitor cells [30]. Furthermore, previous studies have suggested that aging luminal

cells acquire basal-like characteristics [10, 11]. To discern whether DMRs reflect changes in cell

properties, we compared DMRs with chromatin states predicted in mature luminal, luminal

progenitor, and basal (MEP) cells from RM tissue of a young (19y old) donor [29]. We classified

DMRs into seven chromatin states in each cell type based on the extent of overlap with each

state (see Methods; **Figure S2A-C**). We observed that DMRs that lose methylation in LEPs

overlap primarily with basal/MEP-specific promoter and enhancer regions, accounting for about

68% of shared (**Figure 2G-H**) and 40% of variable DMRs (**Figure S2D-E**). For example, a DMR

with methylation loss at an alternative *ABR* isoform promoter (**Figure S2H**) is identified as a

promoter state only in basal cells. Since active enhancer sites are hypomethylated [31, 32],

these results indicate that basal/MEP-specific regulatory elements that lose DNA methylation

with age may be active enhancers in older LEPs. These data are in-line with previous studies

suggesting that aging luminal cells acquire basal-like characteristics [10, 11].

Conversely, DMRs that gain methylation overlap with promoter and enhancer regions in

luminal progenitor cells accounting for about 40% of shared (**Figure 2I-J**) and 32% of the

variable DMRs (**Figure S2F-G**). An example DMR with methylation gain at *LBX2-AS1* promoter

(**Figure S2I**) is identified as a promoter state in luminal progenitor and luminal cells. These

results indicate that luminal progenitor-specific regulatory regions gain DNA methylation in aging

luminal cells. Together, these results suggest that aging LEPs acquire permissive states at

basal-specific regions and repress luminal progenitor specific chromatin regions through

changes in DNA methylation.

Lineage-specific transcription factors cause aging-associated DNA methylation changes.

Given that DNA methylation changes at DMRs correlated with cell-type-specific chromatin

states, we examined the underlying DNA sequence at DMRs for signatures of TF binding. We

performed motif enrichment analysis using TF position weight matrices (PWMs) from the

JASPAR database [33]. Intriguingly, DMRs that lose methylation are enriched for binding sites

of TFs such as NFIA, EGR1, TEAD1, TEAD4, TP63, TP73, and SOX15 (**Figure 3A left panel:**

shared DMRs and S3A left panel: variable DMRs). We determined the expression of these

TFs in LEPs versus MEPs and in old LEPs using RNA-sequencing data. *TP63*, *NFIA,* and

SOX15 showed increased expression in old LEPs compared to young LEPs (**Figure 3B-D**). In

addition, *TP63, NFIA, EGR1, TP73*, and *SOX15* all have relatively higher expression in MEPs

as compared to LEPs (**Figure 3A right panel and 3I**). The expression patterns of TFs and the

hypomethylation of their targets are concordant with known roles of these TFs and the changes

previously reported for old LEPs, which gain characteristics of MEPs. For example, young LEPs

do not express *TP63*, which is a myoepithelial lineage-specific transcription factor [13]. Similarly,

TEAD1 and TEAD4 are DNA binding partners for YAP, a component of the Hippo signaling

pathway. Old LEPs have been shown to exhibit increased nuclear YAP localization [11],

indicating increased YAP activity and TEAD binding. These results suggest that increased

expression of myoepithelial-specific TFs in old LEPs could lead to increased binding and loss of

DNA methylation in these regions (**Figure 3J**).

Conversely, DMRs with methylation gain showed enrichment for binding sites of

transcription factors EHF, ELF3, ELF5, JUND, FOSL2, and ATF3 (**Figure 3E right panel:**

shared DMRs and S3B right panel: variable DMRs). ELF5 is a luminal lineage-specific

transcription factor that shows a decrease in expression with age (**Figure 3F**) [13]. Besides

ELF5, we found that transcription factors *ELF3, SOX4* and *JUND* show relatively lower

expression in MEPs as compared to LEPs (**Figure 3E right panel and 3I**). Expression of *SOX4*

and *JUND* also decreases with age in LEPs, indicating a loss of expression of these lineage-

specific TFs (**Figure 3F-H**). These results suggest that decreased expression of luminal lineage-

specific TFs may lead to a decrease in binding and protection of binding sites on DNA from

DNMTs. This might result in DNA methylation and repression of these luminal lineage-specific

regions (**Figure 3J**). We further note that altered TF activity due to post-translational

modifications could occur without any changes to mRNA expression. Given our observation that

the differentially methylated regions show enrichment of binding sites for lineage-specific TFs

such as TP63 and ELF5, we further examined whether the other TFs whose binding sites are

enriched on DMRs also show expression in a lineage-specific manner. We found that both in the

case of shared and variable DMRs, sites of methylation loss were enriched for binding sites of

myoepithelial specific TFs (**Figure 3I: shared DMRs and S3C: variable DMRs**). Sites of

methylation gain were enriched for binding sites of luminal lineage-specific TFs (**Figure 3I and**

S3C). Collectively, these results suggest that aging-associated changes in luminal epithelial cells

are orchestrated at least in part by lineage-specific transcription factors.

Aging leads to hypomethylation at young transposable elements.

Given that DNA methylation is an important mechanism for suppression of transposable

elements (TEs), we asked whether loss of DNA methylation with age occurs at TEs. We

observed that TEs were indeed present in DMRs, and the TE content was significantly different

than expected for random regions of the same length (**Figure S4A and B**). In general, shared

DMRs had a lower TE content than variable DMRs (**Figure S4A and B**), indicating that age-

dependent methylation differences at TEs are mainly stochastic.

We further investigated the characteristics of TEs within differentially methylated regions.

We found that the evolutionarily younger elements (<100 million years) tend towards DNA

methylation loss, whereas the older TE elements (>100 million years) tend to gain methylation (**Figure 4A: variable DMRs and S4C: shared DMRs**). Separating by TE class, SINE elements showed a distribution similar to all TEs, indicating their relative abundance in the DMRs (**Figure 4B: variable DMRs and S4D: shared DMRs**). Young LINE elements lose methylation variably in the old LEPs (**Figure 4C**). However, older LINE elements in shared and variable DMRs showed both loss and gain of methylation but tended more towards methylation gain (**Figure 4C: variable DMRs** and **Figure S4E: shared DMRs**). Interestingly, young LTR/ERV elements were present in both shared and variable DMRs with methylation loss and gain (**Figure 4D: variable DMRs and S4F: shared DMRs**), indicating possible exaptation of these elements in LEPs.

We further inspected the specific subfamilies enriched at variable and shared DMRs with methylation loss and gain. As some TE subfamilies, especially Alu elements, are much more abundant than others, we calculated the expected number of overlaps for each TE subfamily using random genomic regions. To be conservative, TE subfamilies that showed an observed/expected ratio closer to 1 (0.75 - 1.25) were discarded (**Figure S4G-I**). Among the variable DMRs, younger Alu subfamilies were highly abundant in regions with methylation loss whereas older SINE subfamilies MIRb, and MIR were highly enriched at regions with methylation gain (**Figure 4E**). Young LINE subfamilies L1PA2-7, and L1PB1 lost methylation, whereas older LINE elements L2a, L2b, and L2 showed methylation loss as well as gain (**Figure 4F**). Young LTR/ERV subfamilies LTR13, LTR12C, THE1B, and MSTA, were observed at regions of methylation loss, whereas, HERVH elements were enriched at regions of methylation loss as well as methylation gain. Older LTR subfamilies MER52A, MER52D, and MLT1D also showed methylation loss (**Figure 4G**). Furthermore, shared DMRs showed enrichment of two LTR subfamilies HERVH and MER52A that lost methylation (**Figure S4J**). Next, we determined

whether the hypomethylated TEs harbor binding sites of transcription factors that could explain the methylation loss at these sites. We performed motif scanning using TF PWMs from the JASPAR database [33] on the hypomethylated regions of TEs. NF-I binding sites are prevalent across all hypomethylated TE subfamilies (**Figure 4H**). Hypomethylated AluSp elements showed an abundance of TP73 sites, whereas hypomethylated HERVH elements showed a prevalence of TEAD motifs and NF-κB (REL, RELA) motifs (**Figure 4H and S4K**). DMRs in MER52A elements showed the presence of EGR1, TCF12, and NF-I motifs (Figure 4H). Binding of these transcription factors that are active in old LEPs (**Figure 3I**) could result in DNA methylation loss at these sites through the recruitment of ten eleven translocation (TET) enzymes. These demethylated TEs could, in turn, function as regulatory elements and influence the expression of nearby genes. An example locus of a HERVH element located upstream (~5kb) from the *COX7A1* gene is shown that loses methylation with age (**Figure 4I**). *COX7A1* mRNA expression increases with age, indicating that the upstream HERVH element could function as a regulatory element for this gene (**Figure 4J**). Interestingly, *COX7A1* is highly upregulated in the Luminal A subtype of breast cancer (**Figure S4L**). However, we note that TF binding sites explained only about 20-70% of the hypomethylation events at TEs (**Figure 4H**). These results indicate that young TEs lose methylation with age, and TF binding events can only partially explain these changes.

Aging leads to increased methylation heterogeneity at young CpG dense transposons.

Aging is associated with increased transcriptional variability and cell-to-cell heterogeneity [25-28]. As we observed increased variation in CpG methylation between the two old individuals, we examined whether there is an increase in methylation heterogeneity with age in older individuals. For this, we calculated methylation entropy, a measure of methylation heterogeneity

for 150 bp non-overlapping windows across the genome [34]. We did not find any global changes

in methylation entropy in the old individuals across the genome (**Figure S5A-B**).

Since methylation changes could occur through changes in methylation heterogeneity,

we asked whether the DMRs show changes in methylation entropy. Indeed, we observed that

regions with methylation loss showed a net increase in entropy (**Figure 5A-B and S5C-D)**,

whereas regions with methylation gain showed a decrease in entropy (**Figure 5C-D and S5E-**

F). These results indicate that concerted methylation changes are brought about by DNA

methyltransferases (DNMTs) at regions that gain methylation. Since the variable DMRs

represent regions with differing methylation status in the two old individuals, we reasoned that

loss of maintenance by DNMT1 could lead to increases in methylation heterogeneity

accompanied by methylation loss. Similar loss of methylation due to inefficient maintenance

methylation by DNMT1 has been reported at late replicating regions associated with

heterochromatin [35]. Given that TEs are more likely to be associated with these regions and

variable DMRs have a higher TE content, we investigated whether variable DMRs overlapping

TEs exhibit an increase in methylation entropy. Results showed that TE containing DMRs with

methylation loss have increased methylation entropy, suggesting a stochastic loss of methylation

(**Figure 5E-F**). In contrast, CpG islands with methylation loss do not show net changes in entropy

(**Figure 5G-H**).

We further noted that CpG dense transposons such as L1PA2, LTR12C, and AluY show

variable methylation loss in the old individuals (**Figure 4E-G**). We investigated whether the loss

of methylation at these elements is stochastic. Indeed, we found an increase in methylation

entropy associated with methylation loss at L1PA2, LTR12C, and AluY elements in the old

individuals (**Figure 5I-K**). Moreover, the methylation loss occurred in the CpG dense region of

the element (**Figure 5L-N**). For example, the 5'UTR of L1PA2 elements contain a CpG island-

like dense region, and the methylation loss was focused at this region (**Figure 5L-N**). These

results indicate that young CpG dense transposons exhibit stochastic loss of methylation with

age.

Age-dependent methylation loss at transposable elements is associated with luminal

breast cancer risk.

Given that CpG dense transposons lose methylation with age, we determined whether

this might lead to increased breast cancer risk. To this end, we examined DNA methylation

profiles generated from reduced representation bisulfite sequencing (RRBS) approach with

additional LEPs from young ($n = 6$) and old ($n = 4$) individuals and individuals with a higher-than-

average risk for breast cancer ($n = 7$) (Table S3). We reasoned that since RRBS enriches CpG

dense regions of the genome, we would be able to examine methylation of CpG dense

transposons in more individuals. Indeed, we obtained a higher representation of CpG sites from

CpG-dense SVA class of transposons and CpG islands (**Figure S5G: upper panel**). RRBS was

able to capture more than 50% of copies for the CpG dense LTR12 and SVA subfamilies and

younger LINE subfamilies (**Figure S5G: lower panel**). We obtained a higher or equivalent

coverage at CpG dense regions of SVA_D and LTR12C elements as compared to WGBS

(**Figure S5H**). Next, we identified TE containing DMRs with methylation loss in the old

individuals. We used this set to ask whether high-risk LEPs also show methylation loss at these

TEs. PCA and hierarchical clustering analysis on the hypomethylated TE-DMRs showed that

indeed high-risk LEPs cluster together with the old LEPs (**Figure 6A-B**). This indicates that age-

dependent methylation loss at TEs are recapitulated in LEPs from high-risk individuals. TEs have

latent regulatory potential and, when derepressed, can function as regulatory elements. Given

that age is a risk factor for luminal breast cancer, we asked whether TEs hypomethylated with

age play any role in luminal breast cancer. To examine the potential function of the underlying

DNA, we identified chromatin states at these TEs from published breast cancer cell line ChIP-

seq datasets [36]. The results revealed that hypomethylated CpG-dense TEs exist in a bivalent

promoter state with H3K4me3 and H3K27me3 marks (**Figure 6C**). Hypomethylated L1HS and

L1PA2 elements exist in a bivalent promoter state in luminal and HER2-positive cell lines (**Figure**

6C), whereas bivalent state at SVA_D loci was observed only in HER2-positive cell lines (**Figure**

6C). These results indicate that these TEs exhibit a poised promoter state in luminal breast

cancer cell lines and may function as regulatory elements. To further support this idea, we

analyzed published RNA-seq data from normal and ductal carcinoma in situ (DCIS) samples

[37]. We identified genes upregulated in DCIS samples compared to normal and present within

50kb of a hypomethylated TE identified from the WGBS and RRBS data (**Figure 6D**). We

overlapped this set of genes with the curated gene sets available in the MSigDB database [38].

We found that most of these genes were involved in luminal breast cancer etiology and

distinguish luminal breast cancers from basal breast cancers (**Figure 6E**). For example, the

CYB5A gene increases expression in DCIS samples (**Figure 6F**) and is highly expressed in

luminal breast tumors (Luminal A and Luminal B) as compared to basal tumors (**Figure 6G**).

Genome browser tracks of methylation levels at the *CYB5A* locus show decreased methylation

at an upstream HERVH element (**Figure 6H**). These results indicate that TEs hypomethylated

with age can regulate the expression of genes important for luminal breast cancer. Thus, age

hypomethylated TEs can predict breast cancer risk.

Discussion

Here we report a comprehensive analysis of the aging-associated DNA methylation

alterations in primary human mammary luminal epithelial cells. This is the first study to use a

WGBS approach to examine the impact of age on the DNA methylome of primary mammary

epithelial cells. Previous studies were done using array-based technologies that cover only a

fraction of the CpG sites in the genome [13, 16, 17]. Importantly, repeat elements are under-

represented in these array probes [39], making interpretation of DNA methylation at repetitive

regions difficult. Moreover, earlier DNA methylation studies have been performed using

composite tissues with a mixture of cells [16, 17]. We and others have shown that different cell

lineages have unique responses to aging, and this is dependent on cell-cell interactions and

microenvironment changes [13, 40]. Furthermore, aging-related changes in cell composition

have been shown in blood cells where older individuals show a skew towards myeloid lineages

[41]. Changes in cell composition can confound the interpretation of DNA methylation levels in

bulk tissues. Thus, it is imperative to study age-dependent molecular changes in purified cell

populations.

Previous DNA methylome studies in human cells have suggested a global loss of

methylation with age [6, 34, 42]. These studies were performed using $CD4^+$ T cells from a

neonate and centenarian [6], sorted $CD4^+$ T cells [34] and skin keratinocytes [42] from young

(<25 y) and old (>70 y) individuals. Furthermore, the global methylation loss with age was

accompanied by a global increase in entropy or methylation discordance with age [34]. We did

not observe a global methylation loss or a global increase in entropy in mammary luminal

epithelial cells with age. This could be due to a higher fidelity of DNA methylation maintenance

in luminal cells or due to a smaller separation between the age of young (<30 years) and old (>

55 years) individuals in our study. This observation is supported by DNA methylome studies in

aging mouse livers, where no global loss of methylation was observed, although specific

changes at regulatory elements were detected [43]. Whereas no global methylation loss was

detected, we did, however, find methylation increase at CpG islands. Global loss of methylation

and focal increase in methylation at CpG islands have been reported to occur as part of a

phenomenon known as 'epigenetic drift' with an increase in age [44].

DNA methylation is an important mechanism for silencing of transposable elements.

Reactivation of transposable elements has been shown in cancer cells with global loss of DNA

methylation [21, 22]. While previous research comparing DNA methylation levels between a

neonate and centenarian DNA reported that 12% of DMRs that lost methylation with age were

located on Alu elements [6], changes in epigenetic silencing at TEs with aging has not previously

been systematically investigated. Increased expression of retrotransposons and active

retrotransposition have been reported in aging mouse tissues [23]. Furthermore, increased

LINE-1 expression has been reported in senescent fibroblasts [24]. However, the role of DNA

methylation patterns in these systems was not examined. We examined the impact of aging on

DNA methylation at TEs using non-senescent mammary epithelial cells. We show that the

evolutionary age of TEs is important for determining the response to aging. As older TEs are

exapted and function as tissue-specific regulatory elements [19], aging-associated changes can

be attributed to cell-type-specific transcription factor activity. This observation may help explain

why cancers tend to be tissue-specific. However, young CpG-dense transposons are more likely

to be silenced by DNA methylation and presumably lose methylation by inefficient maintenance

methylation by DNMT1. Heterochromatin loci that occur in late replicating regions lose

methylation by a similar mechanism in cancer cells [35].

We further show that methylation loss at TEs with age is recapitulated in luminal cells

from high-risk individuals. Moreover, we show that these TEs are present as bivalent promoter

loci in luminal breast cancer cell lines indicating their poised regulatory potential as opposed to

being completely silent in normal cells. In addition, we showed that hypomethylated TEs could

potentially regulate genes associated with the luminal subtype of breast cancer. Altogether,

these observations provide further support to the observation that epigenetic changes with age

could determine risk for age-related breast cancer. We also provide evidence for the potential

role of TE derepression in luminal breast cancer. Future studies would be needed to study the

role of these TEs in the early events of mammary tumor initiation.

Methods

Isolation of mammary luminal epithelial cells

Primary HMECs were generated and maintained, as described previously [45]. Cells were grown

in M87A medium with cholera toxin and oxytocin at 0.5 ng/ml and 0.1nM, respectively. Cells

were stained with anti-human CD133-PE (Biolegend, clone 7) and anti-human CD271

(Biolegend, clone ME20.4) by following standard flow cytometry protocol. LEPs and MEPs were

enriched with Aria III (Becton Dickinson) as $CD133^+/CD271^-$ and $CD133^-/CD271^+$ fractions,

respectively.

WGBS

Quick-DNA Microprep kit (Zymo Research) was used to extract DNA. Whole-genome bisulfite

sequencing (WGBS-seq) was performed at Admera Health Biopharma Services. Genomic DNA

was bisulfite converted using the Zymo EZ DNA methylation kit (Zymo Research). Library

preparation was done using TruSeq DNA Methylation Kit with 75ng of bisulfite converted DNA

as per manufacturer's recommendations. 150bp paired-end sequencing was performed on a

single lane of Illumina Hiseq X Ten. We obtained about 38X coverage per genome to an average

of 414 million paired end reads (Table S1).

Sequencing reads were hard trimmed 8 bp from both ends using Trim Galore

(https://github.com/FelixKrueger/TrimGalore) (version 0.4.5) to remove unwanted methylation

bias arising from the library preparation. Adapter contamination was also removed using Trim

Galore using --illumina option. Trimmed reads were aligned to the human reference genome

(hg19) using Bismark (version 0.19.1) [46] with the --bowtie1 option [47]. Bismark

(deduplicate_bismark) to remove PCR duplicates. Methpipe [48] (version 3.4.3) was used to

determine the methylation status of individual CpG sites. The hg19 reference genome contains

about 56.4 million CpG loci (hg19) or 28.2 million CpG dyads. Methylation levels were calculated

for individual CpG dyads and are henceforth referred to as CpG sites. We achieved sufficient

coverage of 91.3% and 90.4% of the CpG sites in young and old samples, respectively, with a

mean coverage of 9.4 methylation calls per site.

DMR identification

For identifying differentially methylated CpG sites, Methpipe [48] was used (Figure 1B), Only

CpG sites with coverage > 3× in pooled samples were considered. CpG sites with greater than

25% change in methylation levels (*P*-value < 0.05) were considered as differentially methylated.

DMRfinder [49] was used to identify DMRs. Briefly, CpG sites with at least 4X coverage in all

four samples were determined. Genomic regions with at least 4 CpG sites within a distance of

100 bp were identified. The maximum length of regions was set to 500 bp. Of these regions,

ones that had less than 20 reads covering them were discarded. The final set of regions was

then used to calculate differentially methylated regions with greater than 25% change (*P*-value

< 0.05) between pooled young and old samples (Figure 1C, D). For variable DMRs, each old

sample was compared with the pooled young samples to determine methylation changes.

Regions with greater than 25% change (*P*-value < 0.05) were identified for both old individuals.

A union set of regions with loss and gain of methylation were classified as variable DMRs.

Characterization of DMRs

Overlaps with genomic features were calculated using bedtools intersect [50] with masked CpG

islands from the UCSC genome browser [51] and repeats from the RepeatMasker annotation

[52]. DMR overlaps with CpG islands, and repeat elements were determined using bedtools

intersect such that the overlapping region contains at least 1 CpG site. In case a DMR overlaps

both a CpG island and a repeat element, the DMR was assigned to the element contributing

higher number of CpG sites.

Kernel smoothed plots were made using the BSSeq package with default smoothing parameters

and CpG sites with greater than 3X coverage [53]. Heatmaps were made using the pheatmap

package [54].

Chromatin state predictions

ChIP-seq data for mammary epithelial populations were downloaded using the International

Human Epigenome Consortium data portal (https://epigenomesportal.ca/ihec/). Bigwig files

containing ChIP-seq signal for six different histone modifications in three cell types (sample IDs:

CEMT0154, CEMT0155, and CEMT0156) were used (**Figure S2A-C**). ChIP-seq signals from

the bigwig files were binned into 200 bp windows. These binned signal files were then binarized

using BinarizeSignal in ChromHMM (version 1.20) [55]. The binarized files were used to run

ChromHMM LearnModel with 16 states. Functionally similar chromatin states were grouped

together to seven distinct chromatin states (**Figure S2C**). ChIP-seq data for breast cancer cell

lines were downloaded from GEO (Accession number: GSE85158 [36]). Aligned bed files were

used to generate binarized files using BinarizeBed with default options. The binarized data were

used to run ChromHMM LearnModel with 18 states. Functionally similar chromatin states were

grouped together to nine distinct chromatin states. DMR overlaps with chromatin states were

performed using bedtools intersect. In cases where a DMR overlapped more than one chromatin

state, DMR was assigned to the state with higher base overlap.

RNA-seq analysis

Total RNA was isolated using Quick-RNA Microprep kit (Zymo Research) from FACS sorted young (n = 10) and old LEPs (n = 8). Similarly, total RNA was isolated from young (n = 6) MEPs. PolyA-enriched RNA was isolated and used for library preparation using the TruSeq RNA Library Prep kit (Illumina). About 50 million single-end reads of length 51 bp were generated for all samples. Raw sequences were aligned to the hg19 reference genome using HISAT2 (version 2.1.0) [56] with the --dta parameter. Stringtie (version 1.3.4) [57] was used with default parameters to assemble transcripts using the Gencode v19 transcript annotation. Assembled transcripts from all libraries were further merged using --merge option in Stringtie. Merged transcript abundances were measured using bedtools coverage.

For the old LEP versus young LEP comparison, edgeR (v3.26.4) [58] was used to conduct differential gene expression analysis. Briefly, normalization factors were calculated using the trimmed mean of M values method (TMM) to eliminate composition biases between libraries. Genewise biological dispersion was estimated using edgeR's empirical Bayes approach. Then, we employed a generalized linear model (GLM) approach to account for the unnormalized distribution of gene counts, as well as additional factors, such as batch effects. Differentially regulated genes were identified with an absolute log2 fold change $\geq$ 0.5 and FDR < 0.05. Gene expression boxplots were generated using batch corrected RPKM values. Batch correction of RPKM values was done using limma package [59]. For LEP versus MEP comparison, DESeq2 [60] was used to normalize counts and identify differentially expressed genes (absolute log2 fold change $\geq$ 0.5 and p-value < 0.05).

RNA-seq data from normal and DCIS samples were obtained from GEO (Accession number: GSE69240 [37]). Fastq reads were quality and adapter trimmed using Trim Galore with the --paired option. Quality trimmed reads were aligned to the hg19 genome using STAR (version 2.6.0.a) [61] with --sjdbOverhang 100 --winAnchorMultimapNmax 100 --outFilterMultimapNmax

525 100 --outFilterMismatchNmax 3 --alignEndsType EndToEnd options. DESeq2 package [60] was

526 used to normalize counts and identify differentially expressed genes (absolute log2 fold change

527 $\geq$ 0.5 and p-value < 0.05).

DMR overlaps with transposable elements

The extent of overlap of DMRs and random regions with TEs (RepeatMasker annotation) was

calculated using Genomic Association Tester (GAT) [62]. Random regions with the same size

and GC content distribution as DMRs were selected from ungapped regions of hg19 genome.

Number of DMRs overlapping TEs and the number of nucleotide bases overlapping TEs was

calculated. Simulations with random regions was calculated 10,000 times. 95% confidence

intervals for the number of overlaps with random regions (expected) were plotted with the

observed number of overlaps (Figures S4A and S4B). Empirical *P*-values are reported for 10000

simulations. Multiple testing correction was performed using Benjamini-Hochberg method.

RRBS

Quick-DNA Microprep kit (Zymo Research) was used to extract DNA and bisulfite converted

DNA was used to prepare libraries for RRBS (Table S3). 100bp paired-end sequencing was

performed on Illumina Hiseq 2500 (Table S3). Sequencing reads were adapter trimmed as well

as clipped 4 bp on each end using Trim Galore (version 0.4.5) using –illumina --rrbs --trim1

options. Trimmed reads were aligned to the human reference genome (hg19) using Bismark

(version 0.19.1) [46] with the --bowtie1 option [47]. Methpipe [48] (version 3.4.3) was used to

determine the methylation status of individual CpG sites. DMRs were identified using a similar

approach as WGBS.

Additional data analysis

Motif scanning was performed using fimo [63] with JASPAR 2020 database [33]. Motif

enrichment analysis was performed using homer [64]. The evolutionary age of TEs was

calculated as described previously using the Jukes-Cantor correction [65]. Normalized

methylation entropy and mean methylation were calculated on 150bp non-overlapping windows

across the genome using informME [66]. Figures were made in R (version 3.51) using the

ggplot2 package [67] and assembled in Adobe Illustrator.

Declarations

Consent for publication

Not applicable

Availability of data and materials

All raw and processed sequencing data files have been deposited at NCBI's Gene Expression

Omnibus (GEO) under accession GSE153309.

Competing interests

The authors declare that they have no competing interests.

Funding

This work was supported by the National Institutes of Health, grants R01DK112041,

R01CA220693 (D.E.S.), and Department of Defense/Army Breast Cancer Era of Hope Scholar

Award BC141351, and Expansion Award BC181737, Conrad N. Hilton Foundation, and City of

Hope Center for Cancer and Aging (M.A.L.), and the National Cancer Institute (NCI) Cancer

Metabolism Training Program Postdoctoral Fellowship T32CA221709 (R.W.S.). City of Hope

Program in Molecular and Cellular Biology pilot award (D.E.S and M.A.L.). The research

reported in this publication included work performed in the Integrative Genomics and Analytical

Cytometry Cores supported by the National Cancer Institute of the National Institutes of Health

under award number P30CA033572. The content is solely the responsibility of the authors and

does not necessarily represent the official views of the National Institutes of Health. The funding

bodies had no role in the design of the study and collection, analysis, and interpretation of data

and in writing the manuscript.

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Figures

Figure 1

Figure 1: Luminal cells from old individuals show DNA methylation changes at distinct genomic loci. (A) Schematic (FACS sorting of the luminal population). (B) Methylation levels of identified DMRs across all samples. Samples are in rows, and DMRs are in columns. The color intensity represents the Z-score scaled from the mean methylation level across samples. Values ranging from higher to lower methylation are shown as purple to green. (C) Percentage DMRs gaining and losing methylation with age

are shown for DMRs overlapping transposable elements (TEs), CpG islands (CGIs), and other DMRs

that do not overlap either TEs or CGIs. (D) Genome browser tracks showing a representative example

of an LTR12C element losing methylation in old samples. (E) A representative example of an intronic

DMR (Other DMRs) at the *NOL4L* locus showing decreased methylation in old LEPs. (F) A representative

example of a DMR overlapping a CpG island at the *LZTS3* locus showing increased methylation in old

LEPs. DMRs are highlighted in brown.

Figure 2

Figure 2: Differentially methylated regions are enriched at distinct chromatin features of mammary epithelial lineages. (A) Methylation levels of shared DMRs across all samples. Samples are

in columns, and DMRs are in rows. (C) Methylation levels of variable DMRs across all samples. The color

intensity represents the Z-score scaled from the mean methylation level across samples. Values ranging

from higher to lower methylation are shown as purple to green. (B) Kernel smoothed line plots of

representative shared and (D) variable DMRs±500bp. Blue and red lines respectively represent young

and old samples. DMRs are highlighted in pink and black ticks mark each CpG position. (E) Percentage

DMRs that overlap various gene features, CGIs, and major repeat classes. Percentage overlaps are

shown for both shared and variable DMRs. (F) The percentage number of shared or variable DMRs

present within 1kb-2Mb of the nearest TSS is shown. (G) Overlap of shared DMRs that lose or (I) gain

methylation with chromHMM features of luminal progenitors, luminal cells, and basal cells (rows) is

shown. The color key indicates the various chromatin states identified from ChIP-seq datasets. (H)

Percentage number of shared DMRs with methylation loss or (J) gain that overlap each chromatin feature

as indicated in luminal progenitors, luminal cells, and basal cells.

Figure 3

Figure 3: Differentially methylated regions show enrichment of lineage-specific transcription

factors. (A) Top ten TF binding sites enriched in the shared DMRs that lose or (E) gain methylation are

shown. Dots in the left panel show -log10(p-value) for the enrichment of the transcription factor binding

site. Dots in the right panel show expression levels (RPKM) of the respective transcription factor in young

myoepithelial (MEP) and luminal (LEP) cells. (B-D) Boxplots showing expression levels of transcription

factors as indicated in young and old LEPs (n=8, *p*-value < 0.01). (F-H) Boxplots showing expression

levels of luminal lineage-specific transcription factors in young and old LEPs (n=8, *p*-value < 0.05). (I)

Volcano plot showing expression levels of all TFs expressed in LEPs and MEPs (RPKM > 0.1). TFs with

motifs enriched in shared DMRs with methylation loss and gain are highlighted in blue and red

respectively. *P*-value < 0.05. (J) Schematic showing the role of myoepithelial-specific transcription factors

in causing loss of methylation. Conversely, loss of expression of luminal-specific transcription factors

leads to unbound sites being methylated, leading to a gain in methylation.

Figure 4

 Figure 4: Aging leads to loss of methylation at young transposable elements. (A) Density plots of

 evolutionary age of transposable elements at variable DMRs with methylation loss (Loss) or gain (Gain).

(B) Evolutionary age of SINE, (C) LINE, and (D) LTR/ERV elements at variable DMRs with methylation

loss or gain. (E) Ranked plots of SINE (F) LINE and (G) LTR/ERV subfamilies enriched in variable DMRs.

E-G. Plots show the number of elements that lose or gain methylation within young and old TE

subfamilies. (H) Percentage number of variable hypomethylated DMRs at specific TE subfamilies

containing transcription factor binding sites as indicated. (I) Genome browser tracks showing

hypomethylation of a HERVH element near the *COX7A1* gene. (J) Expression of *COX7A1* gene in young

and old LEPs, n=8, *p*-value <0.05.

Figure 5

Figure 5: Aging increases methylation heterogeneity at young CpG dense transposons. (A)

Normalized methylation entropy (Entropy) levels at variable DMRs with methylation loss in young and old

individuals. (B) Density plots showing DNA methylation (top panel) and entropy levels (bottom panel) at

variable DMRs with methylation loss (C) As A, but showing variable DMRs with methylation gain. (D) As

B, but showing variable DMRs with methylation gain. (E) Entropy levels at variable DMRs overlapping

TEs and (G) variable DMRs overlapping CGIs with methylation loss (F) Density plots showing DNA

methylation (top) and entropy levels (bottom) at variable DMRs overlapping TEs and (H) variable DMRs

overlapping CGIs with methylation loss. (I) Scatterplots of DNA methylation and entropy levels across

L1PA2, (J) LTR12C, and (K) AluY elements that lose methylation. Marginal density plots are shown to

display the density of points on the X and Y axes. (L) Aggregate CpG density and methylation change (Δ

Methylation) at hypomethylated L1PA2, (M) LTR12C, and (N) AluY elements. Only full-length elements

were used to generate aggregate plots. (Y1: young1, Y2: young2, O1: old1, O2: old2)

Figure 6

Figure 6: Age linked methylation loss at transposable elements is associated with luminal breast

cancer risk. (A) Principal component analysis and (B) hierarchical clustering of young, old, and high-risk

samples using methylation levels at hypomethylated DMRs overlapping TEs. (C) Heatmaps showing

chromatin states identified at hypomethylated L1HS, L1PA2 and SVA_D elements in normal cells,

transformed mammary cell lines and breast cancer cell lines. Each row shows a hypomethylated TE

identified from WGBS and RRBS data. (D) Upregulated genes in DCIS samples (red) within 50kb of a

hypomethylated TE. (E) MSigDb gene sets enriched in genes highlighted in red in D. (F) Expression of

CYB5A in Normal and DCIS samples (p-value < 0.0001) and (G) in five subtypes of breast tumors from

the TCGA BRCA collection (p-value Luminal A (LumA) versus Basal and Luminal B (LumB) versus Basal

$< 2.2 \times 10^{-16}$). (H) Genome browser tracks showing hypomethylation of a HERVH element near the *CYB5A*

gene promoter.